

2019 Southern California Regional Cross Country Championships

November 8, 2019 |

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Women's 5k Team Results (5k)

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PL	Team	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	Glendale	1:40:42	20:08	58	3	8	9	12	26	51	54
2	Saddleback	1:43:22	20:40	107	11	22	23	24	27	130	169
3	Riverside	1:44:20	20:52	131	15	17	28	35	36	38	43
4	Mt. SAC	1:45:30	21:06	152	13	31	32	37	39	55	73
5	LA Harbor	1:46:26	21:17	191	6	16	30	57	82	105	129
6	Moorpark	1:46:26	21:17	197	2	25	50	59	61	103	170
7	Ventura	1:46:57	21:23	213	1	21	46	66	79	124	140
8	Palomar	1:47:56	21:35	227	10	18	40	62	97	144	146
9	Oxnard	1:49:32	21:54	271	20	47	52	75	77	90	122
10	Orange Coast	1:50:54	22:10	297	29	53	65	70	80	87	126
11	Chaffey	1:51:00	22:12	310	14	48	58	83	107	120	
12	Cuesta	1:52:58	22:35	361	4	44	100	101	112	121	
13	San Diego Mesa College	1:53:18	22:39	375	5	60	64	119	127		
14	Canyons	1:54:05	22:49	386	34	56	63	108	125	166	
15	San Bernardino Valley	1:54:18	22:51	397	7	68	72	115	135	150	167
16	Long Beach	1:55:48	23:09	441	49	78	85	113	116	139	145
17	Santa Ana	1:56:16	23:15	446	33	84	102	109	118		
18	Pasadena	1:58:26	23:41	456	19	67	69	141	160		
19	Cerritos	1:58:33	23:42	472	41	88	93	95	155	165	
20	Desert	2:00:02	24:00	498	45	76	81	137	159	168	176
21	San Diego City College	1:58:19	23:39	500	74	86	91	117	132	156	162
22	Santiago Canyon	2:03:27	24:41	528	42	71	89	154	172		
23	Fullerton	2:02:33	24:30	581	96	98	104	131	152		
24	Cuyamaca	2:02:44	24:32	599	99	110	114	134	142	163	
25	Southwestern	2:10:04	26:00	678	92	111	143	157	175		
26	Imperial Valley	2:12:30	26:30	700	94	123	136	173	174		
27	Allan Hancock	2:09:39	25:55	702	106	128	151	153	164	171	
28	Bakersfield	2:10:08	26:01	715	133	138	147	148	149	158	161

Women's 5k Individual Results (5k)

Top ↑

PL	NAME	YEAR	TEAM	Avg. Mile	TIME	SCORE
1	Olivia Burton	2022	Ventura	06:13.8	19:21.6	1
2	Sophia Cortina	2022	Moorpark	06:14.6	19:23.9	2
3	Yajaira Calderon	2023	Glendale	06:20.3	19:41.7	3
4	Leza Cassidy	2022	Cuesta	06:21.1	19:44.2	4
5	Yahaira Zuniga	2023	San Diego Mesa College	06:21.7	19:45.9	5
6	Marai Atanacio	2023	LA Harbor	06:22.8	19:49.3	6
7	Kimberly Pena	2023	San Bernardino Valley	06:23.3	19:51.0	7
8	Jamie Levin	2023	Glendale	06:24.6	19:54.9	8
9	Phoebe Forsyth	2022	Glendale	06:27.0	20:02.4	9
10	Alexia Delgadillo	2023	Palomar	06:28.7	20:07.7	10
11	Dana McGrath	2022	Saddleback	06:29.0	20:08.6	11
12	Bianca Biel	2023	Glendale	06:29.1	20:09.1	12
13	Sadie Encinas	2022	Mt. SAC	06:29.4	20:09.9	13
14	Svetlana Martin	Sophomore	Chaffey	06:30.3	20:12.8	14
15	Emiliana Merida Cano	2022	Riverside	06:30.4	20:13.0	15
16	Angie Fajardo	2023	LA Harbor	06:32.9	20:20.9	16

17	Ariel Martinez	2022	Riverside	06:34.4	20:25.5	17
18	Addison Rose	2023	Palomar	06:34.7	20:26.6	18
19	Olivia Ruiz	2023	Pasadena	06:35.6	20:29.2	19
20	Angelica Alcala	2023	Oxnard	06:37.4	20:34.9	20
21	Brieanna Tafoya	2022	Ventura	06:37.7	20:35.7	21
22	Nayelli Hernandez	2023	Saddleback	06:39.0	20:39.7	22
23	Holly Morales	2022	Saddleback	06:41.6	20:47.8	23
24	Cayla Porter	2022	Saddleback	06:41.9	20:48.9	24
25	Natalie Aynilian	2023	Moorpark	06:42.6	20:51.1	25
26	Lydia Forsyth	2023	Glendale	06:43.7	20:54.4	26
27	Alexis Park	2022	Saddleback	06:44.7	20:57.4	27
28	Aliy Camacho	2022	Riverside	06:46.0	21:01.6	28
29	Skyler Madrid	2023	Orange Coast	06:47.1	21:05.1	29
30	Linnssy Munoz	2023	LA Harbor	06:48.3	21:08.7	30
31	Yesenia Flores	2023	Mt. SAC	06:48.4	21:09.1	31
32	Kaitlyn Atkinson	2023	Mt. SAC	06:49.9	21:13.8	32
33	Maria Marroquin	2022	Santa Ana	06:50.3	21:14.9	33
34	Diana Perez	2023	Canyons	06:50.4	21:15.2	34
35	Briana Rodriguez	2023	Riverside	06:51.5	21:18.7	35
36	Aeriel Madrigal	2023	Riverside	06:52.4	21:21.5	36
37	Daniela De La Torre Garcia	2023	Mt. SAC	06:53.5	21:24.8	37
38	Maria Rojas	2023	Riverside	06:55.3	21:30.4	38
39	Janiah Brown	2023	Mt. SAC	06:56.2	21:33.2	39
40	Jolie Beentjes	2022	Palomar	06:56.3	21:33.6	40
41	Valeria Guerra	2023	Cerritos	06:56.7	21:34.9	41
42	Megan Lindenmuth	2023	Santiago Canyon	06:56.8	21:35.1	42
43	Helena Valdez	2023	Riverside	06:58.6	21:40.7	43
44	Kylee Dismuke-Rodriguez	2023	Cuesta	06:59.0	21:42.0	44
45	Naibe Ruelas	2022	Desert	06:59.5	21:43.4	45
46	Gisele Ortega	2023	Ventura	07:00.0	21:45.0	46
47	Melody Salazar	2023	Oxnard	07:00.0	21:45.2	47
48	Audrie Torres	Freshman	Chaffey	07:00.1	21:45.2	48
49	Dasani Zavala	2022	Long Beach	07:00.3	21:45.9	49
50	Adriana Perez	2022	Moorpark	07:00.6	21:46.8	50
51	Viviana Martin Del Campo	2023	Glendale	07:00.6	21:46.9	51
52	Nataly Rosales	2023	Santa Monica	07:01.7	21:50.2	
53	Araceli Rodriguez	2023	Oxnard	07:03.1	21:54.8	52
54	Kaila Gindlesperger	2023	Orange Coast	07:05.6	22:02.4	53
55	Jasmine Corralejo	2023	Glendale	07:05.6	22:02.5	54
56	Julianne Ibarra	2022	Mt. SAC	07:05.9	22:03.5	55
57	Paris Camacho	2023	Canyons	07:06.5	22:05.1	56
58	Aleta Fields	2023	LA Harbor	07:08.1	22:10.3	57
59	Mixtli Aguilar Guzman	Sophomore	Chaffey	07:08.2	22:10.4	58
60	Elizabeth Hsu	2023	Moorpark	07:08.8	22:12.3	59
61	Grace Calegari	2023	San Diego Mesa College	07:08.8	22:12.5	60
62	Estefania De Los Santos	2023	Moorpark	07:08.8	22:12.5	61
63	Ruth Cobieya	SO-2	Los Angeles Mission	07:09.2	22:13.7	
64	Brianna Frain	2022	Palomar	07:10.9	22:18.8	62
65	Lauren Franco	2023	Canyons	07:12.0	22:22.3	63
66	Adriana Leal	2023	San Diego Mesa College	07:12.4	22:23.6	64
67	Emily Olson	2023	Orange Coast	07:13.0	22:25.5	65
68	Michelle Meugniot	2023	Ventura	07:13.2	22:26.1	66
69	Meline Minasian	2023	Pasadena	07:13.4	22:26.7	67
70	Jayda Martinez	2022	San Bernardino Valley	07:13.5	22:27.1	68
71	Julia Reyes	2022	Pasadena	07:14.2	22:29.1	69
72	Carmen Hernandez	2022	El Camino	07:14.2	22:29.2	

73	Gabby Delgado	2023	Orange Coast	07:14.4	22:29.8	70
74	Rhiannon Tracey	2022	Santa Monica	07:14.5	22:30.1	
75	Michelle Torres-Ruiz	2022	Santiago Canyon	07:14.8	22:31.0	71
76	Jessica Aguilera	2022	San Bernardino Valley	07:14.9	22:31.2	72
77	Evelyn Peralta	2022	Mt. SAC	07:15.5	22:33.2	73
78	Joanna Lopez	2022	San Diego City College	07:16.5	22:36.3	74
79	Kimberly Acosta	2023	Oxnard	07:16.6	22:36.5	75
80	Jasmin J Gallegos	2022	Desert	07:18.0	22:40.9	76
81	Esther Gomez	2023	Oxnard	07:18.1	22:41.3	77
82	Amaya Ferris	2023	Long Beach	07:18.5	22:42.6	78
83	Alisann Tolosa	2023	Ventura	07:20.8	22:49.6	79
84	Meagan Silves	2022	Orange Coast	07:21.6	22:52.3	80
85	Stephany Ramirez-Lopez	2023	Desert	07:22.4	22:54.7	81
86	Janice Salazar	FR-1	Los Angeles Mission	07:22.6	22:55.3	
87	Laura Hernandez	2023	LA Harbor	07:23.4	22:57.7	82
88	Sonia Tuia	Sophomore	Chaffey	07:24.4	23:00.7	83
89	Irlanda Hernandez	2023	Santa Ana	07:24.8	23:02.0	84
90	Vanessa Washington	2023	Long Beach	07:25.1	23:02.9	85
91	Yesenia Huerta	2023	San Diego City College	07:27.0	23:09.1	86
92	Kelsey Withers	2023	Orange Coast	07:28.2	23:12.7	87
93	Charlotte Barrera-Montero	2023	Cerritos	07:28.9	23:15.0	88
94	Kayli Sergott	2023	Santiago Canyon	07:29.3	23:16.2	89
95	Fiona Rodriguez	2022	Oxnard	07:29.6	23:17.2	90
96	Nayeli Villarreal	2023	San Diego City College	07:30.2	23:19.0	91
97	Jordan Bellama	2023	Southwestern	07:30.6	23:20.0	92
98	Xitlali Pulido	2023	Cerritos	07:32.3	23:25.4	93
99	Johanna Collins	2023	Imperial Valley	07:32.4	23:25.8	94
100	Yvonne Villalba	2023	Cerritos	07:32.7	23:26.8	95
101	Sophie Abe	2023	El Camino	07:33.2	23:28.2	
102	Diana Vazquez	2023	Fullerton	07:33.6	23:29.4	96
103	Mila Beentjes	2022	Palomar	07:33.7	23:29.9	97
104	Christina Rasmus	2023	Citrus	07:34.4	23:32.1	
105	Poornima Somaiah	2023	Fullerton	07:37.0	23:39.9	98
106	Jade Morillo	2023	Cuyamaca	07:37.7	23:42.1	99
107	Casey Shaw	2022	Cuesta	07:38.5	23:44.8	100
108	Kayla Shaw	2022	Cuesta	07:38.9	23:46.1	101
109	Paula Alvarez	2023	Santa Ana	07:39.2	23:46.8	102
110	Venus Venegas	2023	Moorpark	07:39.3	23:47.0	103
111	Diana Muneton	2023	Fullerton	07:39.6	23:48.2	104
112	Nichol Trigo	2023	LA Harbor	07:40.4	23:50.5	105
113	Sierra Skinner	2023	Allan Hancock	07:40.6	23:51.3	106
114	Stephanie Tovar	Freshman	Chaffey	07:40.9	23:52.0	107
115	Sarah Zamudio	2023	Canyons	07:41.7	23:54.5	108
116	Daisy Tellez	2022	Santa Ana	07:42.2	23:56.3	109
117	Natalie Smith	2023	Cuyamaca	07:42.6	23:57.4	110
118	Faith Stevens	2023	Southwestern	07:43.3	23:59.6	111
119	Mattie Lindsey	2022	Cuesta	07:44.1	24:02.1	112
120	Cassie Henderson	2023	Long Beach	07:44.5	24:03.4	113
121	Ashley Prus	2023	Cuyamaca	07:44.7	24:04.0	114
122	Ximena Martinez	2023	San Bernardino Valley	07:45.7	24:07.0	115
123	Jena Diaz	2023	Long Beach	07:47.9	24:13.8	116
124	Emma Teresko	2023	San Diego City College	07:48.5	24:15.9	117
125	Giselle Arenas	2023	Santa Ana	07:48.8	24:16.7	118
126	Mykenzie Belliotti	2023	San Diego Mesa College	07:50.2	24:20.9	119
127	Ashley Payan	Freshman	Chaffey	07:51.0	24:23.4	120
128	Shannon Farrell	2023	Cuesta	07:51.9	24:26.2	121

129	Laura Carmona	2023	Oxnard	07:52.1	24:26.9	122
130	Ayram Pesqueira	2023	Imperial Valley	07:52.2	24:27.3	123
131	Cristina Cortes	2023	Ventura	07:52.3	24:27.5	124
132	Jisselle Lomeli	2023	Canyons	07:52.5	24:28.0	125
133	Angie Mateo	2023	Orange Coast	07:53.4	24:30.9	126
134	Beyonce Wright	2023	San Diego Mesa College	07:54.8	24:35.4	127
135	Michele Marceleno	2022	Allan Hancock	07:55.2	24:36.6	128
136	Jocelyn Osorio	2023	LA Harbor	07:56.2	24:39.6	129
137	Amairani Sanchez	2023	Saddleback	08:00.0	24:51.4	130
138	Jordan Montgomery	2022	Fullerton	08:00.3	24:52.5	131
139	Calysta Lopez	2023	San Diego City College	08:02.6	24:59.7	132
140	Andrea Sotelo	2022	Bakersfield	08:02.7	24:59.8	133
141	Lisset Dominguez	2022	Cuyamaca	08:04.6	25:05.9	134
142	Emily Lopez	2023	San Bernardino Valley	08:10.0	25:22.4	135
143	Caitlin Brown	2023	Imperial Valley	08:13.1	25:32.3	136
144	Natalia Johnson	2023	Desert	08:14.6	25:36.9	137
145	Gabriela Ramos	2023	Bakersfield	08:17.1	25:44.6	138
146	Mariah Macias	2023	Long Beach	08:18.0	25:47.6	139
147	Alexandra Sanchez	2023	Ventura	08:18.4	25:48.7	140
148	Nathalia Caramaschi	2023	Pasadena	08:20.1	25:54.1	141
149	Venecia Murrilo	2023	Cuyamaca	08:20.4	25:55.0	142
150	Anna Kerry	2023	Southwestern	08:20.6	25:55.5	143
151	Mckenna Brown	2023	Palomar	08:25.0	26:09.0	144
152	Sauriyanna Harrison	2023	Long Beach	08:25.0	26:09.2	145
153	Lessli Maldonado	2022	Palomar	08:25.4	26:10.4	146
154	Shibboleth Rodriguez	2022	Bakersfield	08:30.0	26:24.6	147
155	Eve Ramirez	2023	Bakersfield	08:31.1	26:28.1	148
156	ABIGAIL GARCIA	2023	Bakersfield	08:32.3	26:31.9	149
157	Megan Knox	2023	San Bernardino Valley	08:33.8	26:36.5	150
158	Mireya Martinez	2022	Allan Hancock	08:35.0	26:40.3	151
159	Lorena Tapia Ceballos	2023	Fullerton	08:36.0	26:43.4	152
160	Yasmin Mendez	2023	Allan Hancock	08:37.4	26:47.6	153
161	Marisa Garcia	2023	Santiago Canyon	08:38.4	26:50.9	154
162	Glenn Nance	2022	Cerritos	08:38.8	26:52.0	155
163	Joann Murray	2022	San Diego City College	08:39.8	26:55.0	156
164	Ana Healy	2023	Southwestern	08:41.2	26:59.5	157
165	Vivien Becerra	2023	Bakersfield	08:42.5	27:03.5	158
166	Christina Peters	2023	Desert	08:43.4	27:06.4	159
167	Wafa Kasim	2023	Pasadena	08:43.8	27:07.5	160
168	Dulce Escudeo-Mendoza	2023	Bakersfield	08:45.3	27:12.1	161
169	Barbara Saucedo	2022	San Diego City College	08:47.3	27:18.5	162
170	Anna Vydra	2023	Cuyamaca	08:53.7	27:38.2	163
171	Rachel Mallory	2023	Allan Hancock	08:55.5	27:43.9	164
172	Tyshay Johnson	2023	Cerritos	08:58.0	27:51.9	165
173	Megan Carbajal	2023	Canyons	09:00.9	28:00.8	166
174	Angela O'Campo	2022	San Bernardino Valley	09:01.6	28:03.0	167
175	Jacqueline Garcia Rodriguez	2023	Desert	09:11.4	28:33.2	168
176	Amber Park	2023	Saddleback	09:13.1	28:38.5	169
177	Talia Kokonian	2023	Moorpark	09:16.2	28:48.3	170
178	Cristal Sanchez	2023	Allan Hancock	09:23.7	29:11.6	171
179	Erin Haggerty	2023	Santiago Canyon	09:24.7	29:14.8	172
180	Belen Leon	2023	Imperial Valley	09:27.8	29:24.3	173
181	Analy Valle	2023	Imperial Valley	09:33.2	29:41.2	174
182	Cassandra Gamino	2023	Southwestern	09:36.1	29:50.1	175
183	Jennifer Avila	2023	Desert	10:59.8	34:10.1	176

Men's 4 Mile Run Team Results (4 Mile)

Top ↑

PL	Team	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	San Diego Mesa College	1:47:04	21:24	30	1	2	6	7	14	82	92
2	Mt. SAC	1:49:30	21:54	100	4	8	24	29	35	50	67
3	Glendale	1:50:12	22:02	113	10	20	25	27	31	63	79
4	Riverside	1:51:46	22:21	181	18	33	38	44	48	56	86
5	El Camino	1:51:59	22:23	192	9	13	26	66	78	108	113
6	Orange Coast	1:51:53	22:22	201	3	32	40	61	65	90	110
7	San Bernardino Valley	1:52:42	22:32	219	19	39	42	57	62	96	102
8	LA Harbor	1:52:43	22:32	227	34	41	47	51	54	74	115
9	Bakersfield	1:53:12	22:38	248	12	49	53	64	70	75	111
10	Moorpark	1:53:30	22:42	273	5	17	58	89	104		
11	Cerritos	1:54:03	22:48	288	15	46	52	84	91	103	134
12	Canyons	1:55:25	23:05	339	16	43	68	105	107	148	169
13	San Diego City College	1:55:32	23:06	348	30	45	76	81	116	123	145
14	Cuyamaca	1:56:05	23:13	386	59	69	71	87	100	120	131
15	Oxnard	2:03:42	24:44	396	11	23	36	160	166	170	
16	Long Beach	1:56:42	23:20	401	22	60	101	106	112	124	125
17	Fullerton	2:00:27	24:05	422	21	28	94	117	162		
18	West Los Angeles	1:57:41	23:32	437	37	55	98	121	126		
19	Pasadena	1:58:18	23:39	469	77	83	88	93	128	140	149
20	Palomar	1:59:37	23:55	506	72	73	114	118	129	136	139
21	Cuesta	2:02:00	24:24	582	80	97	127	137	141	147	155
22	Desert	2:06:25	25:17	646	95	119	122	154	156	159	168
23	Santiago Canyon	2:04:39	24:55	655	99	132	138	142	144	150	152
24	Santa Monica	2:09:37	25:55	679	85	133	143	157	161	165	
25	Ventura	2:08:01	25:36	715	130	135	146	151	153		
26	Norco College	2:19:14	27:50	761	109	158	163	164	167		

Men's 4 Mile Run Individual Results (4 Mile)

Top ↑

PL	NAME	YEAR	TEAM	Avg. Mile	TIME	SCORE
1	Stefen Rasmuson	2022	San Diego Mesa College	05:12.3	20:49.2	1
2	Isaiah Labra	2022	San Diego Mesa College	05:17.6	21:10.1	2
3	Brian Soriano-Guzman	2023	Orange Coast	05:19.7	21:18.6	3
4	Daniel Abdala	2023	Mt. SAC	05:19.7	21:18.6	4
5	Drake Nienow	2023	Moorpark	05:20.2	21:20.7	5
6	Barajas-Ramirez Giovanni	2022	Santa Ana	05:20.6	21:22.3	
7	Cristian Alcantar	2022	San Diego Mesa College	05:23.2	21:32.6	6
8	Bobby Brana	2022	San Diego Mesa College	05:24.6	21:38.1	7
9	Lorenzo Orozco	2023	Mt. SAC	05:24.9	21:39.3	8
10	Michael Yaskowitz	2022	El Camino	05:26.3	21:45.1	9
11	Spencer Geck	2022	Glendale	05:26.5	21:46.0	10
12	Eric Rios	2023	Oxnard	05:26.8	21:46.9	11
13	Bryan Gaxiola	2023	Bakersfield	05:27.2	21:48.5	12
14	Manny Gil	2022	El Camino	05:28.0	21:51.8	13
15	Medhane Woldu	2022	San Diego Mesa College	05:28.7	21:54.5	14
16	Pablo Calderon	2022	Cerritos	05:29.1	21:56.2	15
17	David Salazar	2023	Canyons	05:29.7	21:58.8	16
18	Andrew Teasdale	2022	Moorpark	05:30.3	22:01.0	17
19	Jordan Wilson	2023	Riverside	05:30.4	22:01.3	18
20	Kevin Quinteros	2023	San Bernardino Valley	05:30.6	22:02.2	19
21	Ameer Mohammed	2023	Glendale	05:30.6	22:02.4	20
22	Ian Rusk	2022	Fullerton	05:30.8	22:03.1	21
23	Donovan Zavala	2022	Long Beach	05:31.0	22:04.0	22
24	Juan Martinez	2022	Oxnard	05:31.2	22:04.7	23
25	Zackary Alexander	2023	Mt. SAC	05:31.4	22:05.3	24

26	Kevin Keller	2022	Glendale	05:31.5	22:06.0	25
27	Farooq Tariq	2023	El Camino	05:31.7	22:06.6	26
28	Albert Serrano	2022	Glendale	05:31.8	22:07.2	27
29	Mauro Rosales	2022	Fullerton	05:31.9	22:07.5	28
30	Isaiah Wilson	2022	Mt. SAC	05:32.0	22:08.0	29
31	Omar Jimenez	2023	San Diego City College	05:32.1	22:08.3	30
32	Marvin Guardado	2023	Glendale	05:32.8	22:11.0	31
33	Andrew Lopez	2023	Orange Coast	05:33.4	22:13.6	32
34	Cody Patrick	2023	Riverside	05:33.5	22:13.7	33
35	David Reyes	2023	LA Harbor	05:34.4	22:17.3	34
36	Bryce Butler	2022	Mt. SAC	05:34.9	22:19.3	35
37	Ricardo Torres	2022	Oxnard	05:35.0	22:19.9	36
38	Ciro Benitez	2023	West Los Angeles	05:35.9	22:23.6	37
39	Jared Mallon	2023	Riverside	05:36.0	22:24.0	38
40	Elvis Rojas King	2023	San Bernardino Valley	05:36.3	22:25.0	39
41	Yuki Watanabe	2023	Orange Coast	05:36.6	22:26.1	40
42	Roberto Morales	2023	LA Harbor	05:37.1	22:28.1	41
43	Jeffory Phelps	2022	San Bernardino Valley	05:37.2	22:28.8	42
44	Tarek Khezri	2023	Canyons	05:37.2	22:28.8	43
45	Ricardo Cruz	2022	Riverside	05:38.0	22:32.0	44
46	Anthony Orduno	2022	San Diego City College	05:38.3	22:33.2	45
47	Jaime Quinones	2022	Cerritos	05:38.9	22:35.3	46
48	Angel Perez	2023	LA Harbor	05:38.9	22:35.5	47
49	Joshua Briscoe	2022	Riverside	05:39.1	22:36.2	48
50	Juan Cadena	2023	Bakersfield	05:39.2	22:36.8	49
51	David Bazaldua	2023	Mt. SAC	05:39.4	22:37.6	50
52	Oscar Zepeda	2023	LA Harbor	05:39.6	22:38.4	51
53	Antonio Calderon	2023	Cerritos	05:39.8	22:38.9	52
54	Rashad Prince	2023	Southwestern	05:40.6	22:42.2	
55	Elias Arteaga	2023	Bakersfield	05:40.7	22:42.6	53
56	Israel Haik	2022	LA Harbor	05:41.2	22:44.8	54
57	Nathan Torres	2022	West Los Angeles	05:41.7	22:46.7	55
58	Jason Morse	2023	Riverside	05:42.1	22:48.2	56
59	Jose Escalante	2022	San Bernardino Valley	05:42.3	22:49.1	57
60	Robby Riggs	2022	Moorpark	05:42.6	22:50.4	58
61	David Sweigart	Sophomore	Chaffey	05:43.2	22:52.8	
62	Jason Smith	2022	Cuyamaca	05:43.3	22:52.9	59
63	Jonathan Ruiz	2023	Long Beach	05:43.3	22:53.0	60
64	Ty Savely	2023	Orange Coast	05:44.1	22:56.1	61
65	Alvaro Heredia	2022	San Bernardino Valley	05:44.5	22:57.8	62
66	Abraham Martinez	2022	Glendale	05:44.6	22:58.3	63
67	Jacob Shroder	2023	Santa Barbara	05:44.7	22:58.5	
68	Harrison Wykoff	2023	Bakersfield	05:44.8	22:59.2	64
69	Justin Dominguez	2022	Orange Coast	05:44.9	22:59.4	65
70	Jonathan Cruz	2023	El Camino	05:44.9	22:59.5	66
71	Vicente Huerta	2023	Mt. SAC	05:45.4	23:01.4	67
72	Mathew Liebmann	2023	Canyons	05:45.8	23:02.9	68
73	Elijah Jordan	2023	Cuyamaca	05:46.0	23:04.0	69
74	Joshua Sobarzo	2023	Bakersfield	05:46.4	23:05.4	70
75	Mario Barone	2023	Cuyamaca	05:46.5	23:05.9	71
76	Miguel Velasquez Campos	2023	Palomar	05:46.6	23:06.1	72
77	Yxtzae Enriquez	2023	Santa Barbara	05:46.8	23:07.0	
78	Julian Lasting	2022	Saddleback	05:47.0	23:07.7	
79	Maximus Collier	2023	Palomar	05:48.1	23:12.3	73
80	Jose Azpeitiamarquez	2023	LA Harbor	05:48.8	23:15.0	74
81	Elias Martinez	2023	Bakersfield	05:48.9	23:15.5	75

82	Cisco Gonzalez	2023	San Diego City College	05:49.1	23:16.1	76
83	Mohammad Halim	2023	Pasadena	05:49.1	23:16.2	77
84	Brian Huang	2022	El Camino	05:49.2	23:16.5	78
85	Usiel Ulloa	2022	Glendale	05:49.2	23:16.8	79
86	Colby Ratzat	2023	Cuesta	05:49.3	23:17.0	80
87	Dylan Arreola	Sophomore	Chaffey	05:49.8	23:19.1	
88	Sebastian Luna	2022	San Diego City College	05:50.1	23:20.2	81
89	Carson Sanchez	2023	San Diego Mesa College	05:50.2	23:20.8	82
90	Giovanni Guajardo	2022	Pasadena	05:50.5	23:21.7	83
91	Jordy Mazariegos	2023	Cerritos	05:50.9	23:23.4	84
92	Baltimore Montes	2022	Santa Monica	05:51.0	23:23.8	85
93	Brendon Lopez	Freshman	Riverside	05:51.4	23:25.4	86
94	Beau Murray	2022	Cuyamaca	05:51.5	23:25.8	87
95	Asa Barton	2023	Pasadena	05:51.6	23:26.2	88
96	Zach Leith	2023	Moorpark	05:51.9	23:27.6	89
97	Adam Angel	2022	Orange Coast	05:52.1	23:28.2	90
98	Daniel Alonzo	2023	Cerritos	05:52.6	23:30.4	91
99	Gus Stephanos	2022	San Diego Mesa College	05:52.7	23:30.6	92
100	Alec Fernandez	2023	Pasadena	05:52.8	23:31.0	93
101	Sean Wing	2022	Fullerton	05:53.0	23:31.7	94
102	Leonel Benitez	2023	Desert	05:53.2	23:32.8	95
103	Eddie Perez Sandoval	2023	San Bernardino Valley	05:53.3	23:33.2	96
104	Melecio Gonzalez	2022	Cuesta	05:53.7	23:34.5	97
105	Max Jordan	2022	West Los Angeles	05:53.8	23:34.9	98
106	Diego Madrid	2022	Santiago Canyon	05:54.3	23:37.0	99
107	Matthew Musa	2023	Cuyamaca	05:54.4	23:37.3	100
108	Brian Espinoza	2022	Long Beach	05:54.6	23:38.1	101
109	Fernando Duenas	2022	San Bernardino Valley	05:55.8	23:43.1	102
110	Alberto Serrano	2023	Cerritos	05:56.2	23:44.6	103
111	Connor Ahl	2023	Moorpark	05:57.9	23:51.5	104
112	Mauricio Abrego	2022	Canyons	05:58.4	23:53.5	105
113	Evan Ridgeway	2022	Long Beach	05:59.1	23:56.4	106
114	Brannon Barber	2022	Canyons	06:00.6	24:02.1	107
115	Christian Moreno	2022	El Camino	06:00.8	24:03.0	108
116	Devin Mansfield	FR-1	Norco College	06:01.9	24:07.6	109
117	Peter Antunez	2023	Orange Coast	06:02.7	24:10.8	110
118	Justin Frando	2022	Bakersfield	06:02.8	24:11.1	111
119	Jason Tolentino	2022	Long Beach	06:02.8	24:11.1	112
120	Faizan Darsot	2023	El Camino	06:03.0	24:12.0	113
121	Christian Tobin	2023	Palomar	06:03.4	24:13.3	114
122	Tucker Meyer	2023	LA Harbor	06:03.4	24:13.6	115
123	Aturo Sandoval	2023	San Diego City College	06:03.7	24:14.6	116
124	William Gerard	2022	Fullerton	06:04.8	24:18.9	117
125	Patrick Zimbelmann	2023	Palomar	06:04.9	24:19.5	118
126	Ethan Clark	2023	Santa Barbara	06:05.2	24:20.6	
127	Jeremiah Gomez	2022	Imperial Valley	06:05.3	24:21.2	
128	Dominick Jahnig	2023	Desert	06:05.5	24:21.9	119
129	Jose Jaques	2023	Cuyamaca	06:06.0	24:23.7	120
130	Matthew Kauthen	2023	West Los Angeles	06:06.0	24:23.8	121
131	David Hernandez	2022	Desert	06:07.2	24:28.6	122
132	Adolfo Cisneros	2023	San Diego City College	06:07.2	24:28.8	123
133	Dominic Logan	2022	Long Beach	06:07.3	24:29.2	124
134	Ivan Lozano	2023	Long Beach	06:08.0	24:32.0	125
135	Gabriel Garcia	2023	West Los Angeles	06:08.3	24:33.1	126
136	Josh Smith	2023	Saddleback	06:08.7	24:34.7	
137	Francisco Avila	2023	Santa Ana	06:09.9	24:39.3	

138	Jose Rodriguez	2023	Cuesta	06:09.9	24:39.6	127
139	Jose Campos	2022	Pasadena	06:10.9	24:43.3	128
140	Robert Carney	2023	Palomar	06:11.7	24:46.7	129
141	Michael Sanchez	2023	Ventura	06:12.3	24:49.0	130
142	Ramon Owens	2023	Cuyamaca	06:12.7	24:50.8	131
143	Zachary Barry	2023	Santiago Canyon	06:12.8	24:51.2	132
144	Stanzik Hayes	2023	Santa Monica	06:13.2	24:52.5	133
145	Eliab Ruiz	2023	Cerritos	06:13.4	24:53.4	134
146	Jake Turville	2023	Ventura	06:14.3	24:57.2	135
147	Isaiah Ralph	2023	Palomar	06:15.2	25:00.8	136
148	Nate Pumphrey	2022	Cuesta	06:15.8	25:03.1	137
149	Eder Diaz	2023	Santa Ana	06:16.9	25:07.6	
150	Jesus Bervera	2023	Santiago Canyon	06:17.0	25:07.9	138
151	Marcus Cummiskey	2022	Palomar	06:18.7	25:14.5	139
152	Jose Fuentes	2023	Pasadena	06:18.7	25:14.7	140
153	Anthony Estevane	2023	Southwestern	06:20.2	25:20.6	
154	Justin Rapplepe	2022	Cuesta	06:21.6	25:26.1	141
155	Jonah Keller	2022	Santiago Canyon	06:22.0	25:27.9	142
156	Finn Cawley	2022	Santa Monica	06:23.7	25:34.6	143
157	Anthony Kontaratos	2023	Santiago Canyon	06:23.9	25:35.4	144
158	Andres Ramirez	2023	Santa Ana	06:24.6	25:38.3	
159	Jose Resendiz	2022	San Diego City College	06:24.9	25:39.4	145
160	Pierson Reynolds	2023	Ventura	06:26.1	25:44.4	146
161	Samuel Recuenco	2023	Cuesta	06:26.4	25:45.6	147
162	Brandon Lucas-Sanchez	2023	Canyons	06:26.9	25:47.5	148
163	Jordan Jiang	2023	Pasadena	06:28.8	25:55.1	149
164	Francisco Munoz	2023	Santiago Canyon	06:29.1	25:56.4	150
165	Noah Perez	2023	Ventura	06:31.3	26:05.1	151
166	Javier Morales	2023	Santiago Canyon	06:32.3	26:09.2	152
167	Luis Duran	2023	Ventura	06:36.6	26:26.2	153
168	Esahi Bravo	2023	Desert	06:39.3	26:37.1	154
169	Gerardo Lopez	Sophomore	Chaffey	06:47.7	27:10.6	
170	Brenden Niller	2023	Cuesta	06:50.3	27:20.9	155
171	Bron M Olson	2022	Desert	06:51.3	27:25.0	156
172	Gabriel Lodato	2022	Santa Monica	06:56.0	27:43.7	157
173	Michael Pacanins	FR-1	Norco College	06:57.6	27:50.3	158
174	Ezekiel Alvarez	2023	Desert	06:58.8	27:55.2	159
175	Jonathan Juarez	2023	Oxnard	06:59.0	27:55.9	160
176	Eric Montelongo	2022	Santa Monica	07:00.9	28:03.5	161
177	David Chairunas	2023	Fullerton	07:06.7	28:26.7	162
178	Evan Wechwerth	FR-1	Norco College	07:07.4	28:29.5	163
179	Chandler Van Kouwenberg	Freshman	Chaffey	07:11.0	28:43.8	
180	Eric Romero	FR-1	Norco College	07:14.3	28:57.2	164
181	Edwin Dominguez	2022	Santa Monica	07:19.2	29:16.6	165
182	Sonny Lopez	2023	Oxnard	07:23.8	29:34.9	166
183	Jose Salgado	FR-1	Norco College	07:27.6	29:50.3	167
184	Albert Salomon	2023	Desert	07:30.1	30:00.3	168
185	Daniel Lazo	2023	Canyons	07:37.3	30:29.0	169
186	Pedro Martin	2022	Oxnard	08:23.9	33:35.6	170

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