

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
Hosted by Augustana College

## Results

## Women 100 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Joiner, Nia	IWU	11.93Q4.0
2 Gant, Sade	NCC	12.32Q1.4
3 Owens, Erin	Millikin	12.34Q2.3
4 Gunnarsson, Elina	NPU	12.17q 4.0
5 Glueck, Amelia	IWU	12.37q 2.3
6 Dansdill, Maggie	Wheaton	12.38q 4.0
7 Herrmann, Angela	IWU	12.40q 1.4
8 Breite, Leah	Carthage	12.54q 4.0
9 Whipple, Mayson	NCC	12.59q 1.4
10 Brown, Natasha	Wheaton	12.60 2.3
11 Anderson, Rebecca	IWU	12.70 1.4
12 Kramer, Brianna	NCC	12.75 4.0
13 Briza, Kailie	NCC	12.79 1.4
14 Francois, Kiki	Wheaton	12.91 2.3
15 Knurek, Emily	Carthage	13.04 2.3
16 Nelson, Sarah	Wheaton	13.10 1.4
17 Tilmon, Dezi	Carthage	13.15 4.0
18 Klewinski, Elisa	Augustana	13.23 4.0
19 Absher, Devyn	Augustana	13.29 2.3
20 Lacy, Kyla	Carthage	13.52 1.4
21 Hudson, Zakisha	Elmhurst	13.66 2.3
22 Daghfal, Melody	Wheaton	13.73 2.3
23 Metrou, Eleni	Augustana	13.79 2.3
24 Morales, Berenice	NPU	13.95 1.4
25 Dizdarevic, Azra	NPU	14.42 4.0
26 Raymond, Kasey	Carthage	14.79 4.0
27 Ferguson, Laura	NPU	16.52 1.4

## Women 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Joiner, Nia	IWU	12.26 10
2 Gunnarsson, Elina	NPU	12.56 8
3 Gant, Sade	NCC	12.74 6
4 Owens, Erin	Millikin	12.79 5
5 Herrmann, Angela	IWU	12.80 4
6 Glueck, Amelia	IWU	12.81 3
7 Dansdill, Maggie	Wheaton	12.85 2
8 Whipple, Mayson	NCC	12.99 1
9 Breite, Leah	Carthage	13.05 -2.1

## Women 200 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Zimmer, Maddison	IWU	24.97Q2.3
2 Dansdill, Maggie	Wheaton	25.45Q2.2
3 Glueck, Amelia	IWU	25.53Q1.7
4 Gunnarsson, Elina	NPU	25.54Q1.6
5 Owens, Erin	Millikin	25.12q 2.3
6 Brown, Natasha	Wheaton	25.32q 2.3
7 Joiner, Nia	IWU	25.52q 2.2

8 Herrmann, Angela	IWU	25.76q 1.6
9 Whipple, Mayson	NCC	25.83q 2.3
10 Hartman, Allison	NCC	26.15 1.7
11 Anderson, Rebecca	IWU	26.31 1.7
12 Gant, Sade	NCC	26.36 2.2
13 Akmakjian, Rachel	Augustana	26.40 1.6
14 Lukens, Erin	Millikin	26.54 2.2
15 Zaragoza, Sydney	Augustana	26.78 1.6
16 Nelson, Sarah	Wheaton	27.07 1.7
17 Schuetz, Rachel	NCC	27.11 2.3
18 Knurek, Emily	Carthage	27.37 1.7
19 Absher, Devyn	Augustana	27.53 1.6
20 Hudson, Zakisha	Elmhurst	28.21 2.3
21 Daghfal, Melody	Wheaton	28.34 1.7
22 Buell, Katie	Wheaton	28.48 1.6
23 Tilmon, Dezi	Carthage	28.58 2.2
24 Lacy, Kyla	Carthage	28.63 2.2
25 Yoo, Hynsoo	NPU	29.00 1.6
26 Marr, Caitlyn	Carthage	29.89 2.3
27 Dizdarevic, Azra	NPU	30.85 1.7
28 Raymond, Kasey	Carthage	31.50 2.2
29 Davis, Hannah	Elmhurst	32.25 1.7
30 Baker, Renee	NPU	33.82 2.2

## Women 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Gunnarsson, Elina	NPU	24.61 10
2 Joiner, Nia	IWU	25.23 8
3 Zimmer, Maddison	IWU	25.25 6
4 Brown, Natasha	Wheaton	25.39 5
5 Owens, Erin	Millikin	25.42 4
6 Glueck, Amelia	IWU	25.52 3
7 Dansdill, Maggie	Wheaton	25.57 2
8 Herrmann, Angela	IWU	25.69 1
9 Whipple, Mayson	NCC	26.02 -0.5

## Women 400 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Zimmer, Maddison	IWU	56.47Q
2 Mock, Erin	Wheaton	58.12Q
3 Hartman, Allison	NCC	59.54Q
4 Akmakjian, Rachel	Augustana	59.67q
5 Medina, Isabella	Carthage	59.70q
6 Zaragoza, Sydney	Augustana	59.99q
7 Diaz, Emily	IWU	1:00.21q
8 Tenca, Taylor	Carthage	1:00.36q
9 Bachman, Bethany	NCC	1:00.78q
10 Lyles, Lorticia	Millikin	1:01.08
11 Schmidt, Chelsea	Carthage	1:01.60
12 Schuetz, Rachel	NCC	1:01.69
13 Kuiper, Paula	Carthage	1:02.31
14 Buell, Katie	Wheaton	1:02.59
15 Walton, Hanna	Wheaton	1:03.06

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**Preliminaries ... (Women 400 Meter Dash)**

Name	School	Prelims
16 Draghi, Kyle	NCC	1:06.22
17 Scott, Krista	Millikin	1:06.34
18 Tallman, Jordan	Carthage	1:06.45
19 Crown, CeCi	Augustana	1:07.50
20 Gerdemann, LuAnna	Augustana	1:07.95
21 Emroski, Albulena	NCC	1:08.19
22 Davis, Hannah	Elmhurst	1:10.21

**Women 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Zimmer, Maddison	IWU	55.84 10
2 Mock, Erin	Wheaton	56.24 8
3 Akmakjian, Rachel	Augustana	57.56 6
4 Hartman, Allison	NCC	58.45 5
5 Zaragoza, Sydney	Augustana	58.49 4
6 Medina, Isabella	Carthage	58.79 3
7 Tenca, Taylor	Carthage	58.82 2
8 Diaz, Emily	IWU	59.65 1
9 Bachman, Bethany	NCC	1:00.32

**Women 800 Meter Run**

Name	School	Prelims
<b>Preliminaries</b>		
1 Michl, Jamie	Millikin	2:14.84Q
2 Thomson, Rachel	Wheaton	2:18.69Q
3 Capozziello, Victoria	NCC	2:15.74Q
4 Colon, Priscilla	NCC	2:19.32Q
5 Schwartz, Maddy	Carthage	2:19.94q
6 Johnson, Erika	Wheaton	2:20.96q
7 Dammeier, Hailey	NCC	2:21.67q
8 Miller, Ashley	IWU	2:22.54q
9 Melo, Valeria	Augustana	2:22.63q
10 Reiley, Corrin	Augustana	2:23.37
11 Trent, Emily	NCC	2:23.54
12 Kerschietter, Bailey	Augustana	2:25.24
13 Wingerd, Cassidy	Augustana	2:27.24
14 Quinn, Kenzie	Wheaton	2:30.94
15 Lanois, Madeline	Wheaton	2:31.64
16 Cahill, Maddie	IWU	2:31.74
17 Olson, Halle	NCC	2:35.40
18 Utgaard, Margaret	Augustana	2:37.99
19 Conover, Indi	Carthage	2:38.84
20 Jacobs, Sarah	Wheaton	2:43.45
21 Davis, Hannah	Elmhurst	2:45.18
22 Gordon, Erika	Carthage	2:45.34
23 Mallary, Lexie	Carthage	2:49.37

**Women 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Michl, Jamie	Millikin	2:13.40 10
2 Colon, Priscilla	NCC	2:15.40 8

3 Thomson, Rachel	Wheaton	2:16.37 6
4 Schwartz, Maddy	Carthage	2:20.01 5
5 Melo, Valeria	Augustana	2:20.75 4
6 Capozziello, Victoria	NCC	2:21.76 3
7 Dammeier, Hailey	NCC	2:21.96 2
8 Miller, Ashley	IWU	2:22.44 1
9 Johnson, Erika	Wheaton	2:24.54

**Women 1500 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 McCarey, Erin	IWU	4:35.84 10
2 Tuin, Jordan	Wheaton	4:39.91 8
3 Costanzo, Megan	NCC	4:42.72 6
4 Capozziello, Victoria	NCC	4:44.54 5
5 Jagrowski, Rachel	Wheaton	4:45.82 4
6 Kerschietter, Bailey	Augustana	4:46.72 3
7 Kaeffring, Rebecca	NCC	4:48.53 2
8 Cortese, Amanda	NCC	4:49.08 1
9 Johnson, Erika	Wheaton	4:50.55
10 Pridemore, Alyssa	IWU	4:52.52
11 Fiore, Antoinette	NCC	4:58.84
12 Varnas, Alanna	Carthage	5:01.95
13 DeArmond, Michelle	Augustana	5:06.00
14 Smith, Jacqueline	Wheaton	5:07.35
15 Peterson, Christine	IWU	5:08.91
16 Dziejwior, Jaclyn	IWU	5:09.73
17 Everts, Kendra	Carthage	5:12.38
18 Dulin, Maddie	IWU	5:12.67
19 Manning, Annika	NPU	5:14.15
20 Fuster, Hannah	Wheaton	5:14.91
21 Kelsh, Elena	Carthage	5:16.53
22 Stanley, Kaitlyn	Augustana	5:17.38
23 McKenna, Tessa	Carthage	5:18.77
24 Cline, Kylie	Augustana	5:20.81
25 Monbrod, Marisa	Carthage	5:22.60
26 Metz, Liesel	Elmhurst	5:50.82
27 Bradley, Sarah	Millikin	6:44.61
--- LaRusso, Erin	Augustana	DNS
--- Maya, Karina	NPU	DNS
--- Dague, Katerina	NPU	DNS

**Women 5000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Costanzo, Megan	NCC	17:46.20 10
2 McCarey, Erin	IWU	18:15.71 8
3 Tuin, Jordan	Wheaton	18:18.51 6
4 Macuiba, Amanda	IWU	18:26.84 5
5 Lamp, Rebecca	Carthage	18:28.63 4
6 Cortese, Amanda	NCC	18:30.83 3
7 Lobsinger, Hana	Augustana	18:33.17 2
8 Rudd, Lydia	IWU	18:41.97 1
9 Barbour, Hannah	Wheaton	18:49.10
10 Kaeffring, Rebecca	NCC	19:04.06

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## Finals ... (Women 5000 Meter Run)

Name	School	Finals
11 Majer, Helen	NCC	19:09.26
12 Trujillo, Anna	Wheaton	19:19.45
13 Bailey, Megan	Wheaton	19:28.80
14 Fiore, Antoinette	NCC	19:29.50
15 Brashler, Suzie	Augustana	19:41.25
16 Reamer, Rachel	Wheaton	19:56.62
17 North, Rachel	Carthage	20:15.16
18 Goecke, Amanda	Carthage	20:28.77
19 Konecki, Kaila	Elmhurst	20:30.35
20 Ries, Sophia	Augustana	20:32.50
21 Whisler, Brenna	Augustana	20:37.47
22 Scull, Kaelyn	Carthage	20:51.34
23 Rosenthal, Lauren	Augustana	21:04.95
24 Walden, Emily	Carthage	21:26.20
--- Bradley, Sarah	Millikin	DNS

## Women 10000 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Costanzo, Megan	NCC	37:18.51 10
2 Rudd, Lydia	IWU	38:51.24 8
3 Cortese, Amanda	NCC	39:31.24 6
4 Majer, Helen	NCC	39:31.27 5
5 Trujillo, Anna	Wheaton	39:40.97 4
6 Garcia, Carol	Augustana	39:55.93 3
7 Jepson, Brianna	Augustana	39:57.98 2
8 Penn, Hannah	Augustana	40:01.71 1
9 McNair, Laura	Augustana	40:33.83
10 O'Donnell, Clare	IWU	40:41.84
11 Cole, Jillian	IWU	40:54.79
12 VanOrd, Kaylie	Carthage	40:58.10
13 Mocogni, Monica	IWU	42:03.21
14 Friedrich, Katrina	Augustana	42:09.06
15 Blom, Emily	Wheaton	42:58.40
16 Nunez, Yesenia	NCC	43:06.88
17 Amstutz, Abby	Wheaton	43:48.11
18 Derrenbacher, Chloe	Wheaton	47:08.41

## Women 100 Meter Hurdles

Name	School	Prelims
<b>Preliminaries</b>		
1 Renfro, Madison	NCC	13.91Q1.7
2 Harmon, Jill	IWU	14.46Q-0.4
3 Sutfin, Jessica	NCC	15.31q-0.4
4 Harden, Markesha	Augustana	15.35q 1.7
5 Martines, Annie	Augustana	15.84q-0.4
6 McGee, Abby Grace	Wheaton	15.91q 1.7
7 Owusu, Abena	NCC	16.14q 1.7
8 Evans, Tabitha	Wheaton	16.16q-0.4
9 Lukens, Erin	Millikin	16.24q-0.4
10 Shelman, Jennifer	Carthage	16.35 -0.4
11 Cunningham, Kelsey	Augustana	16.72 1.7
12 Pleau, Erica	Millikin	16.84 1.7

13 Kramer, Brianna	NCC	17.33 -0.4
14 Williams, Alyssa	Wheaton	17.57 1.7

## Women 100 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 Renfro, Madison	NCC	14.04 10
2 Harmon, Jill	IWU	14.59 8
3 Harden, Markesha	Augustana	15.57 6
4 Martines, Annie	Augustana	15.71 5
5 Sutfin, Jessica	NCC	15.96 4
6 McGee, Abby Grace	Wheaton	16.03 3
7 Lukens, Erin	Millikin	16.27 2
8 Owusu, Abena	NCC	16.31 1
9 Evans, Tabitha	Wheaton	16.34 0.1

## Women 400 Meter Hurdles

Name	School	Prelims
<b>Preliminaries</b>		
1 Renfro, Madison	NCC	1:02.62Q
2 Sutfin, Jessica	NCC	1:04.86Q
3 Oltman, Liz	IWU	1:05.34q
4 Ponstein, Michaela	Millikin	1:07.53q
5 McGee, Abby Grace	Wheaton	1:07.56q
6 Martines, Annie	Augustana	1:07.77q
7 Papke, Amanda	NPU	1:07.85q
8 Evans, Tabitha	Wheaton	1:07.86q
9 Kirk, Kelsey	NCC	1:08.15q
10 Arcangelo, Dana	NCC	1:11.80
11 Gustafson, Hannah	NPU	1:14.12

## Women 400 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 Renfro, Madison	NCC	1:01.70 10
2 Martines, Annie	Augustana	1:02.48 8
3 Oltman, Liz	IWU	1:03.12 6
4 Ponstein, Michaela	Millikin	1:05.71 5
5 Sutfin, Jessica	NCC	1:06.04 4
6 Papke, Amanda	NPU	1:06.06 3
7 Evans, Tabitha	Wheaton	1:06.34 2
8 McGee, Abby Grace	Wheaton	1:07.25 1
9 Kirk, Kelsey	NCC	1:09.27

## Women 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1 Tuin, Jordan	Wheaton	10:47.97 10
2 Macuiuba, Amanda	IWU	11:12.79 8
3 Barbour, Hannah	Wheaton	11:42.37 6
4 Hawthorne, Ellie	Wheaton	11:49.86 5
5 Howard, Hannah	NCC	11:54.96 4
6 Brashler, Suzie	Augustana	12:05.77 3
7 Nelson, Amanda	Augustana	12:08.25 2
8 Everts, Kendra	Carthage	12:18.25 1

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## Finals ... (Women 3000 Meter Steeplechase)

Name	School	Finals
9 Cadagin, Shannon	Carthage	12:30.79
10 Barnes, Laura	Wheaton	12:35.50
11 Smith, Kaylin	NCC	12:43.91
12 Manning, Annika	NPU	12:47.39
13 Lechtenberg, Jessica	Augustana	13:43.50
--- Hawthorne, Jessica	Wheaton	DNS

## Women 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Illinois Wesleyan	A	46.95 10
2 North Central (Ill.)	A	48.13 8
3 Wheaton (Ill.)	A	48.55 6
4 Augustana (Ill.)	A	48.81 5
5 Carthage	A	49.03 4
6 North Park	A	50.13 3
7 Millikin	A	50.15 2

## Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Wheaton (Ill.)	A	3:55.02 10
2 Illinois Wesleyan	A	3:55.21 8
3 Augustana (Ill.)	A	3:57.95 6
4 Millikin	A	3:58.34 5
5 North Central (Ill.)	A	3:58.84 4
6 Carthage	A	4:03.77 3
7 North Park	A	4:10.18 2

## Women High Jump

Name	School	Finals
<b>Finals</b>		
1 Slowek, Elanta	Carthage	1.62m 10
2 Lindquist, Katie	Wheaton	J1.62m 8
3 McGraw, Molly	IWU	1.57m 5.5
3 Kirk, Kelsey	NCC	1.57m 5.5
5 Hertogs, Sydney	Carthage	J1.57m 4
6 Ramming, Veronica	NCC	J1.57m 3
7 George, Lillian	Carthage	J1.57m 2
8 Hodge, Hannah	Wheaton	1.52m 0.5
8 Hogenkamp, Audrey	Augustana	1.52m 0.5
10 Papke, Amanda	NPU	J1.52m
10 Battle, Samantha	Millikin	J1.52m
12 Dammeier, Hailey	NCC	1.47m
13 McKay, Chelsea	Carthage	J1.47m
14 Leigh, Emalee	Augustana	J1.47m
--- Blecha, Comet	Augustana	NH

## Women Pole Vault

Name	School	Finals
<b>Finals</b>		
1 Gradishar, Jamie	IWU	3.66m 10
2 Meyer, Courtney	NCC	3.56m 8

3 Robb, Zoe	Augustana	J3.56m 5.5
3 Kaht, Elizabeth	Carthage	J3.56m 5.5
5 Schneider, Isabella	IWU	J3.56m 3.5
5 Butcher, Mackenzie	Augustana	J3.56m 3.5
7 Glassman, Courtney	Carthage	3.41m 2
8 Nelson, Alexis	NCC	3.26m 1
9 Horack, Madissyn	IWU	3.11m
9 Talken, Ashley	Augustana	3.11m
11 Kampert, Courtney	Augustana	J3.11m
12 Leigh, Emalee	Augustana	J3.11m
13 Schirmacher, Jacki	IWU	J3.11m
14 Wilcox, Leeann	NCC	2.96m
15 Colberg, Emily	Carthage	2.66m

## Women Long Jump

Name	School	Finals
<b>Finals</b>		
1 Glueck, Amelia	IWU	5.88m 10
2 Joiner, Nia	IWU	5.78m 8
3 Harmon, Jill	IWU	5.73m 6
4 Gunnarsson, Elina	NPU	5.52m 5
5 Harden, Markesha	Augustana	J5.52m 4
6 McKay, Chelsea	Carthage	5.49m 3
7 Dolan, Dani	Carthage	5.14m 2
8 McClung, Hailey	Carthage	5.08m 1
9 Briza, Kailie	NCC	5.07m 3.2
10 Bachman, Annalise	Wheaton	5.06m 1.9
11 Wilkinson, Alexandra	NCC	5.00m 3.1
12 Papke, Amanda	NPU	4.93m 4.9
13 Battle, Samantha	Millikin	4.76m 1.4
14 Urbanczyk, Anna	Augustana	4.65m 4.0
15 Trimuel, Brianna	Millikin	4.53m 1.2
16 Hudson, Shontana	NCC	4.48m 1.8
17 Williams, Alyssa	Wheaton	4.42m 3.2
18 Klewinski, Elisa	Augustana	4.40m 1.3
19 Combs, Kathryn	Wheaton	4.23m 3.7

## Women Triple Jump

Name	School	Finals
<b>Finals</b>		
1 Harmon, Jill	IWU	11.83m 10
2 Renk, Ellen	IWU	11.48m 8
3 Bachman, Annalise	Wheaton	11.33m 6
4 Harden, Markesha	Augustana	11.27m 5
5 Diaz, Emily	IWU	10.96m 4
6 Williams, Shante	IWU	10.83m 3
7 Evans, Tabitha	Wheaton	10.75m 2
8 Bushey, Kayla	Augustana	10.72m 1
9 Osoba, Rachel	IWU	10.48m +0.0
10 Wilkinson, Alexandra	NCC	10.33m 2.4
11 McClung, Hailey	Carthage	10.30m -0.6
12 Mason, Morgan	NCC	9.85m +0.0
13 Williams, Alyssa	Wheaton	9.79m 1.2
14 Battle, Samantha	Millikin	9.56m -0.1
15 Combs, Kathryn	Wheaton	9.27m 0.9

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## Finals ... (Women Triple Jump)

Name	School	Finals
16 Tallman, Jordan	Carthage	9.24m -0.8
--- Cunningham, Kelsey	Augustana	FOUL

## Women Shot Put

Name	School	Finals
<b>Finals</b>		
1 Young, Morgan	Carthage	13.62m 10
2 Yamane, Naomi	NCC	13.32m 8
3 Goodman, Karly	IWU	12.51m 6
4 Riccolo, Mia	NPU	12.41m 5
5 Considine, Hannah	Wheaton	12.08m 4
6 Bennett, Mia	Carthage	12.07m 3
7 Swanson, Natalie	NPU	11.95m 2
8 Nicolau, Alicia	Carthage	11.77m 1
9 Webster, Emily	Augustana	11.43m
10 Etherton, Kayla	NCC	11.06m
11 Obermeyer, Alexis	Millikin	10.78m
12 Hoyer, Emma	Millikin	10.77m
13 Kats, Hannah	NCC	10.26m
14 Reynolds, Caitlin	Carthage	9.31m
15 Brenner, Carina	Millikin	7.94m
--- Herrera, Lili	Elmhurst	DNS
--- Lentsch, Anna	Augustana	DNS

## Women Discus Throw

Name	School	Finals
<b>Finals</b>		
1 Young, Morgan	Carthage	48.33m 10
2 Slowek, Elanta	Carthage	47.95m 8
3 Considine, Hannah	Wheaton	43.18m 6
4 Nicolau, Alicia	Carthage	41.06m 5
5 Yamane, Naomi	NCC	40.83m 4
6 Bennett, Mia	Carthage	39.82m 3
7 Swanson, Natalie	NPU	39.68m 2
8 Gahart, Megan	Carthage	38.04m 1
9 Webster, Emily	Augustana	37.92m
10 Koenig, Kayla	NCC	37.31m
11 Henzel, Alyssa	IWU	35.30m
12 Goodman, Karly	IWU	34.88m
13 Ramming, Veronica	NCC	32.08m
14 Gallegos, Guadalupe	Augustana	32.03m
15 Obermeyer, Alexis	Millikin	31.39m
16 Sikora, Taylor	NCC	31.33m
17 Brenner, Carina	Millikin	30.66m
18 Riccolo, Mia	NPU	29.73m
19 Davis, Hannah	Elmhurst	18.92m
--- Hoyer, Emma	Millikin	FOUL
--- Herrera, Lili	Elmhurst	DNS

## Women Hammer Throw

Name	School	Finals
<b>Finals</b>		
1 Etherton, Kayla	NCC	54.13m 10

2 Bennett, Mia	Carthage	49.22m 8
3 Young, Morgan	Carthage	48.15m 6
4 Gahart, Megan	Carthage	47.08m 5
5 Considine, Hannah	Wheaton	46.89m 4
6 Yamane, Naomi	NCC	44.77m 3
7 Gallegos, Guadalupe	Augustana	43.28m 2
8 Reynolds, Caitlin	Carthage	42.45m 1
9 Shulski, Allison	NCC	42.10m
10 Nicolau, Alicia	Carthage	42.04m
11 Swanson, Natalie	NPU	40.20m
12 Obermeyer, Alexis	Millikin	39.51m
13 Brenner, Carina	Millikin	37.91m
14 Ester, Keyaira	NCC	37.76m
15 Webster, Emily	Augustana	37.27m
16 Williams, Shante	IWU	36.12m
17 Andrews, Rachel	IWU	35.89m
18 Goodman, Karly	IWU	J35.89m
19 Riccolo, Mia	NPU	35.61m
20 Koenig, Kayla	NCC	34.49m
--- Renk, Ellen	IWU	FOUL

## Women Javelin Throw

Name	School	Finals
<b>Finals</b>		
1 Slowek, Elanta	Carthage	41.45m 10
2 Renk, Ellen	IWU	41.23m 8
3 Falzarano, Hayley	NCC	41.09m 6
4 Schumacher, Kienna	IWU	36.22m 5
5 Brown, Tyler	IWU	35.70m 4
6 McGregor, Kathryn	Wheaton	35.01m 3
7 Goodman, Karly	IWU	34.77m 2
8 Gahart, Megan	Carthage	32.90m 1
9 Bushey, Kayla	Augustana	32.40m
10 Etherton, Kayla	NCC	31.83m
11 Riccolo, Mia	NPU	31.44m
12 Ehresman, Rebekah	IWU	29.55m
13 Pleau, Erica	Millikin	27.99m
14 Lindquist, Katie	Wheaton	26.61m
15 Shulski, Allison	NCC	26.60m
16 Kats, Hannah	NCC	24.60m
17 Breault, Rachel	Millikin	24.54m
18 Reynolds, Caitlin	Carthage	22.15m
19 Baker, Renee	NPU	22.10m
20 Cryder, Rebekah	Wheaton	19.00m
21 Brenner, Carina	Millikin	18.60m

## Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	School	Finals
<b>Finals</b>		
1 Harmon, Jill	IWU	26.05 793
2 McKay, Chelsea	Carthage	26.26 775
3 Sutfin, Jessica	NCC	26.39 763
4 Dolan, Dani	Carthage	27.24 692
5 Kitchen, Nicole	Wheaton	27.55 667
6 Sanders, Makenna	Wheaton	27.75 651

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
Hosted by Augustana College

## Results

**Finals ... (Heptathlon: #4 Women 200 Meter Dash Heptathlon)**

Name	School	Finals	
7 Mithelman, Taylor	NCC	28.31	607
8 Foxhoven, Cassidy	Wheaton	28.41	599
9 Hogenkamp, Audrey	Augustana	29.59	511
10 Breault, Rachel	Millikin	29.73	501
11 Klauba, Haley	NCC	30.27	463
12 Hartman, Isabella	Augustana	30.57	443
13 Trimuel, Brianna	Millikin	30.64	438

**Heptathlon: #7 Women 800 Meter Run Heptathlon**

Name	School	Finals	
1 Sutfin, Jessica	NCC	2:21.18	808
2 Kitchen, Nicole	Wheaton	2:29.79	696
3 Mithelman, Taylor	NCC	2:30.46	687
4 Dolan, Dani	Carthage	2:30.75	684
5 Hartman, Isabella	Augustana	2:31.40	675
6 Sanders, Makenna	Wheaton	2:32.42	663
7 Hogenkamp, Audrey	Augustana	2:33.20	653
8 Harmon, Jill	IWU	2:33.85	645
9 McKay, Chelsea	Carthage	2:37.10	607
10 Breault, Rachel	Millikin	2:37.46	602
11 Foxhoven, Cassidy	Wheaton	2:46.46	501
12 Klauba, Haley	NCC	2:49.92	464
13 Trimuel, Brianna	Millikin	2:58.56	379

**Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

Name	School	Finals	
1 Harmon, Jill	IWU	14.34	931
2 Sutfin, Jessica	NCC	15.58	767
3 McKay, Chelsea	Carthage	16.29	679
4 Kitchen, Nicole	Wheaton	16.37	670
5 Sanders, Makenna	Wheaton	17.31	562
6 Foxhoven, Cassidy	Wheaton	17.32	561
7 Dolan, Dani	Carthage	17.32	561
8 Klauba, Haley	NCC	17.77	512
9 Trimuel, Brianna	Millikin	18.18	470
10 Hogenkamp, Audrey	Augustana	18.24	464
11 Hartman, Isabella	Augustana	18.94	396
12 Mithelman, Taylor	NCC	19.07	384
13 Breault, Rachel	Millikin	19.60	336

**Heptathlon: #3 Women High Jump Heptathlon**

Name	School	Finals	
1 Kitchen, Nicole	Wheaton	1.59m	724
2 Harmon, Jill	IWU	1.56m	689
3 Sanders, Makenna	Wheaton	1.53m	655
4 Sutfin, Jessica	NCC	1.50m	621
4 McKay, Chelsea	Carthage	1.50m	621
6 Hogenkamp, Audrey	Augustana	1.47m	588
7 Dolan, Dani	Carthage	1.38m	491
7 Foxhoven, Cassidy	Wheaton	1.38m	491

9 Klauba, Haley	NCC	1.29m	399
10 Hartman, Isabella	Augustana	1.23m	340
10 Mithelman, Taylor	NCC	1.23m	340
12 Breault, Rachel	Millikin	1.20m	312
12 Trimuel, Brianna	Millikin	1.20m	312

**Heptathlon: #5 Women Long Jump Heptathlon**

Name	School	Finals	
1 Harmon, Jill	IWU	5.52m	706
2 McKay, Chelsea	Carthage	5.38m	665
3 Sutfin, Jessica	NCC	5.04m	570
4 Foxhoven, Cassidy	Wheaton	4.95m	546
5 Sanders, Makenna	Wheaton	4.90m	532
6 Dolan, Dani	Carthage	4.86m	522
7 Kitchen, Nicole	Wheaton	4.83m	514
8 Hogenkamp, Audrey	Augustana	4.58m	448
9 Trimuel, Brianna	Millikin	4.50m	428
10 Mithelman, Taylor	NCC	4.26m	369
11 Klauba, Haley	NCC	4.10m	331
12 Hartman, Isabella	Augustana	3.67m	235
13 Breault, Rachel	Millikin	3.48m	196

**Heptathlon: #2 Women Shot Put Heptathlon**

Name	School	Finals	
1 Harmon, Jill	IWU	10.72m	577
2 McKay, Chelsea	Carthage	9.31m	484
3 Klauba, Haley	NCC	8.62m	440
4 Sanders, Makenna	Wheaton	8.56m	436
5 Dolan, Dani	Carthage	8.29m	418
5 Sutfin, Jessica	NCC	8.29m	418
7 Kitchen, Nicole	Wheaton	8.26m	416
8 Hogenkamp, Audrey	Augustana	8.18m	411
9 Mithelman, Taylor	NCC	7.96m	397
10 Hartman, Isabella	Augustana	7.92m	394
11 Breault, Rachel	Millikin	7.91m	394
12 Trimuel, Brianna	Millikin	7.42m	362
13 Foxhoven, Cassidy	Wheaton	7.01m	336

**Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	School	Finals	
1 Dolan, Dani	Carthage	29.03m	458
2 Harmon, Jill	IWU	28.54m	449
3 Klauba, Haley	NCC	28.26m	444
4 Sanders, Makenna	Wheaton	27.13m	422
5 McKay, Chelsea	Carthage	27.05m	421
6 Hartman, Isabella	Augustana	26.02m	401
7 Breault, Rachel	Millikin	26.01m	401
8 Kitchen, Nicole	Wheaton	24.52m	373
9 Hogenkamp, Audrey	Augustana	24.17m	367
10 Mithelman, Taylor	NCC	21.58m	318
10 Foxhoven, Cassidy	Wheaton	21.58m	318
12 Sutfin, Jessica	NCC	19.78m	285

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
Hosted by Augustana College

## Results

Finals ... (Heptathlon: #6 Women Javelin Throw Heptathlon)				
Name	School	Finals		
13 Trimuel, Brianna	Millikin	14.28m	183	

## Women Heptathlon

Name	School	Finals		
<b>Finals</b>				
1 Harmon, Jill	IWU	4790	10	
2 McKay, Chelsea	Carthage	4252	8	
3 Sutfin, Jessica	NCC	4232	6	
4 Kitchen, Nicole	Wheaton	4060	5	
5 Sanders, Makenna	Wheaton	3921	4	
6 Dolan, Dani	Carthage	3826	3	
7 Hogenkamp, Audrey	Augustana	3442	2	
8 Foxhoven, Cassidy	Wheaton	3352	1	
9 Mithelman, Taylor	NCC	3102		
10 Klauba, Haley	NCC	3053		
11 Hartman, Isabella	Augustana	2884		
12 Breault, Rachel	Millikin	2742		
13 Trimuel, Brianna	Millikin	2572		

## Men 100 Meter Dash

Name	School	Prelims		
<b>Preliminaries</b>				
1 Garner, Shawntrel	Carthage	10.74Q1.8		
2 Cornelius, Kendric	Carthage	10.88Q1.6		
3 Johnson, Michael	Augustana	10.90Q2.4		
4 Ojomu, Mark	NPU	10.99q 2.4		
5 O'Connor, Richard	Millikin	11.01q 1.8		
6 Ogbebor, Victor	Elmhurst	11.02q 2.4		
6 Lidinsky, Alec	Augustana	11.02q 2.4		
8 Kallien, Robert	NCC	11.02q 2.4		
9 Aldridge, Travon	Augustana	11.07q 1.6		
10 Segrest, Jacob	Millikin	11.09 1.6		
11 Duarte, Camilo	Augustana	11.15 1.8		
12 Enstrom, Logan	Augustana	11.32 1.6		
13 Fox, Tristan	IWU	11.51 1.6		
14 Romero, Eleazar	Millikin	11.54 2.4		
15 Jaskolski, Andrew	Carthage	11.56 1.6		
16 Hones, Michael	IWU	11.60 1.8		
17 Robley, Jim	Elmhurst	11.61 2.4		
18 Smith, Marcus	Wheaton	11.66 2.4		
19 Livingston, Joseph	Carthage	11.73 1.8		
20 Cotton, Gabe	Carthage	11.74 1.8		
21 Romero, Jazper	Millikin	11.74 1.8		
22 Techentin, Dillon	Elmhurst	11.85 1.6		
23 Annala, Jacob	Elmhurst	11.86 1.6		
24 Hernandez, Orlando	Elmhurst	11.89 2.4		
25 Hoshino, Alex	Wheaton	11.94 1.8		
26 Wagner, J.C.	Millikin	12.12 1.8		
27 Duarte, Abraham	Wheaton	12.19 1.6		

## Men 100 Meter Dash

Name	School	Finals		
<b>Finals</b>				
1 Cornelius, Kendric	Carthage	11.03	10	
2 Aldridge, Travon	Augustana	11.05	8	
3 Garner, Shawntrel	Carthage	11.06	6	
4 Johnson, Michael	Augustana	11.06	5	
5 O'Connor, Richard	Millikin	11.12	4	
6 Kallien, Robert	NCC	11.22	3	
7 Ojomu, Mark	NPU	11.25	2	
8 Lidinsky, Alec	Augustana	11.46	1	
9 Ogbebor, Victor	Elmhurst	11.77	0.5	

## Men 200 Meter Dash

Name	School	Prelims		
<b>Preliminaries</b>				
1 Cornelius, Kendric	Carthage	21.80Q1.3		
2 Smith, Isaac	Augustana	21.91Q2.0		
3 Swanson, Jeffrey	Augustana	21.92Q2.8		
4 Ojomu, Mark	NPU	22.06Q2.6		
5 Spaccapaniccia, Daniel	NCC	22.07q 2.6		
6 Segrest, Jacob	Millikin	22.17q 2.0		
7 O'Connor, Richard	Millikin	22.27q 2.8		
8 LaMendola, Alex	Augustana	22.38q 2.8		
9 Duarte, Camilo	Augustana	22.43q 1.3		
10 Hoffman, Dan	Carthage	22.44 2.6		
11 Moore, J	Wheaton	22.48 1.3		
12 Lidinsky, Alec	Augustana	22.58 1.3		
13 McCall, Jordan	Millikin	22.58 2.0		
14 Cotton, Gabe	Carthage	22.63 2.0		
15 Ogbebor, Victor	Elmhurst	22.85 2.6		
16 Worby, Bryan	IWU	22.91 1.3		
17 Fox, Tristan	IWU	22.95 2.8		
18 Robley, Jim	Elmhurst	23.38 2.8		
19 Kayle, Quade	Carthage	23.39 2.8		
20 Booker, Nate	Elmhurst	23.42 1.3		
21 Romero, Eleazar	Millikin	23.44 2.8		
22 Dowell, Bradley	Wheaton	23.47 1.3		
23 Singleton, Carlos	Carthage	23.63 2.6		
24 Kirby, Zach	NCC	23.71 2.6		
25 Romero, Jazper	Millikin	24.03 2.0		
26 Kolb, Jimmy	Elmhurst	24.06 1.3		
27 Hoshino, Alex	Wheaton	24.22 2.6		
28 Annala, Jacob	Elmhurst	24.46 2.6		
29 Duarte, Abraham	Wheaton	24.66 2.0		
--- Smith, Marcus	Wheaton	DNS	2.0	
--- Barragan, Saul	NPU	DNS	2.0	

## Men 200 Meter Dash

Name	School	Finals		
<b>Finals</b>				
1 Cornelius, Kendric	Carthage	22.06	10	
2 Swanson, Jeffrey	Augustana	22.12	8	
3 Spaccapaniccia, Daniel	NCC	22.19	6	

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
Hosted by Augustana College

## Results

## Finals ... (Men 200 Meter Dash)

Name	School	Finals
4 Smith, Isaac	Augustana	22.23 5
5 Ojomu, Mark	NPU	22.47 4
6 Segrest, Jacob	Millikin	22.62 3
7 LaMendola, Alex	Augustana	22.62 2
8 Duarte, Camilo	Augustana	22.74 1
9 O'Connor, Richard	Millikin	22.82 -0.1

## Men 400 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Eastburg, Nils	Wheaton	48.34Q
2 Smith, Isaac	Augustana	48.57Q
3 Swanson, Jeffrey	Augustana	48.68Q
4 Spaccapaniccia, Daniel	NCC	48.96q
5 Kirby, Zach	NCC	49.07q
6 Martin, Josh	NCC	49.73q
7 McCall, Jordan	Millikin	49.78q
8 Hucker, Kyle	Augustana	50.17q
9 LaMendola, Alex	Augustana	50.55q
10 Rasmussen, Dane	Carthage	51.01
11 Nordman, Ben	NCC	51.43
12 Spaccapaniccia, Adam	NCC	51.50
13 Lidinsky, Marc	Augustana	52.25
14 Dowell, Bradley	Wheaton	52.76
15 Kayle, Quade	Carthage	53.00
16 Booker, Nate	Elmhurst	53.09
17 Ruble, Nate	Wheaton	53.85
18 Triplett, Herb	Carthage	55.20
19 Kent, Kyle	Wheaton	55.44
20 Elliot, Brandon	Carthage	55.56
21 Kolb, Jimmy	Elmhurst	55.91
22 Vasquez, Luis	Millikin	56.24
23 Edinger, Rob	Elmhurst	1:05.16
--- Gulik, Mike	Carthage	DNS
--- Penycad, Matt	Wheaton	DNS

## Men 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Swanson, Jeffrey	Augustana	47.56 10
2 Smith, Isaac	Augustana	47.67 8
3 Eastburg, Nils	Wheaton	47.86 6
4 Spaccapaniccia, Daniel	NCC	48.28 5
5 Kirby, Zach	NCC	48.70 4
6 Hucker, Kyle	Augustana	49.01 3
7 Martin, Josh	NCC	49.17 2
8 LaMendola, Alex	Augustana	49.61 1
9 McCall, Jordan	Millikin	49.66

## Men 800 Meter Run

Name	School	Prelims
<b>Preliminaries</b>		
1 DeBolt, Andrew	Elmhurst	1:54.83Q

2 Sebhat, Aron	NCC	1:56.03Q
3 Popek, Dan	Augustana	1:56.44Q
4 Gray, Zachary	Augustana	1:56.47Q
5 Wantland, Jacob	NCC	1:57.06Q
6 Sand, Mitch	Augustana	1:57.19Q
7 Kulling, Kevin	Carthage	1:56.78q
8 McQuality, James	NCC	1:57.90q
9 Abbott, Jeff	Elmhurst	1:58.55q
10 Krob, Dan	IWU	1:58.62
11 Erickson, Alexander	Millikin	1:58.68
12 Midgley, Jordan	Augustana	1:58.89
13 Lee, Chris	Wheaton	1:59.00
14 York, Mike	Carthage	1:59.59
15 Collins, Bryan	Carthage	1:59.69
16 Walker, Johnathan	Wheaton	1:59.86
17 Anderson, Carl	IWU	1:59.92
18 Brase, Noah	Wheaton	2:00.05
19 Matlock, Junious	NPU	2:00.36
20 Jaskowiak, Jacob	NCC	2:00.65
21 Sanchez, Juan	Carthage	2:01.31
22 McElroy, Timee	Millikin	2:02.01
23 Holley, Nathan	NCC	2:02.67
24 Daghfal, Andrew	Wheaton	2:02.68
25 Albin, Kenneth	Millikin	2:03.55
26 Klawitter, Joey	Carthage	2:05.10
27 Van Os, Andrew	Wheaton	2:09.53
28 Schulberg, Nick	Elmhurst	2:10.28
29 Barr, Jacob	Augustana	2:12.73
30 Kemp, Nicholas	Millikin	2:15.92
31 DeLuca, Nick	Elmhurst	2:18.05
32 DeGuzman, Joshua	Elmhurst	2:21.88
33 Delgado, Ricardo	NPU	2:36.87

## Men 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Popek, Dan	Augustana	1:51.24 10
2 Sebhat, Aron	NCC	1:52.33 8
3 DeBolt, Andrew	Elmhurst	1:52.54 6
4 Gray, Zachary	Augustana	1:55.40 5
5 McQuality, James	NCC	1:55.79 4
6 Wantland, Jacob	NCC	1:55.86 3
7 Kulling, Kevin	Carthage	1:55.95 2
8 Sand, Mitch	Augustana	1:57.19 1
9 Abbott, Jeff	Elmhurst	2:08.98

## Men 1500 Meter Run

Name	School	Finals
<b>Finals</b>		
1 Sebhat, Aron	NCC	3:53.24 10
2 Hoffman, Ken	NCC	3:54.34 8
3 Anderson, Michael	NCC	3:55.39 6
4 Tweedy, Nolan	IWU	3:56.03 5
5 O'Keefe, Dan	NCC	3:56.25 4
6 Howard, Camren	Carthage	3:56.45 3



## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
Hosted by Augustana College

## Results

## Finals ... (Men 1500 Meter Run)

Name	School	Finals	
7 Ducharme, Jeremy	NCC	3:56.59	2
8 Johnson, Mitchell	Augustana	3:56.90	1
9 Hyde, Tim	Augustana	3:58.84	
10 Wendt, Nate	Augustana	4:01.42	
11 Erickson, Alexander	Millikin	4:04.58	
12 Powers, Sam	IWU	4:05.04	
13 McElroy, Timee	Millikin	4:08.30	
14 Mackenzie, Quinn	Carthage	4:08.88	
15 Boggs, Garrett	Wheaton	4:09.74	
16 Rivas, Joe	Elmhurst	4:10.31	
17 Lavelle, Stephen	Augustana	4:12.12	
18 Thomas, Hudson	Wheaton	4:13.47	
19 Andersen, Derek	IWU	4:14.29	
20 Sweatman, Alex	Wheaton	4:15.16	
21 Albin, Kenneth	Millikin	4:16.01	
22 Hoffmann, Kelly	IWU	4:19.27	
23 Bennis, Tristan	Augustana	4:22.29	
24 Heneghan, Andrew	Carthage	4:24.90	
25 Engberg, Logan	Carthage	4:25.77	
26 Walhout, Jacob	Wheaton	4:28.95	
27 Larkin, Jimmy	Wheaton	4:33.54	
28 Taylor, Zach	Elmhurst	4:37.00	
29 Chaidez, Eric	Elmhurst	4:42.26	
30 Robles, Ricardo	Elmhurst	4:57.70	
31 Schousen, David	Elmhurst	5:18.10	
--- O'Connell, Patrick	NPU	DNS	
--- Cotton, Dan	Carthage	DNS	

## Men 5000 Meter Run

Name	School	Finals	
1 Vazquez, Tim	NCC	14:46.70	10
2 Plank, Zach	NCC	14:47.30	8
3 Sands, Keith	Augustana	14:50.13	6
4 Patel, Dhruvil	NCC	14:51.86	5
5 Hird, Zach	NCC	14:53.94	4
6 Gomez, Omar	NCC	14:54.52	3
7 Koch, Ethan	Augustana	14:59.81	2
8 Von Borstel, Michael	Carthage	15:03.23	1
9 Holle, Alex	Wheaton	15:08.01	
10 Claus, Kevin	Augustana	15:27.60	
11 Lovejoy, Brian	Augustana	15:34.75	
12 Spykstra, Seth	Wheaton	15:55.61	
13 Vahle, Jacob	Wheaton	16:03.85	
14 Lundine, Mark	Augustana	16:06.03	
15 August, Matt	Carthage	16:12.16	
16 Griffith, Jacob	Millikin	16:17.55	
17 Wheeler III, Erlan	Carthage	16:19.83	
18 Jones, Tyler	Wheaton	16:20.14	
19 Castaneda, Juan	Elmhurst	16:26.37	
20 Clifton, Joe	NPU	16:33.73	
21 Blaszak, Scott	Elmhurst	16:48.65	
22 Diamond, James	Carthage	16:51.34	

23 Joyce, Michael	Wheaton	16:55.08
24 Nelson, Charlie	Carthage	17:09.80

## Men 10000 Meter Run

Name	School	Finals	
1 Vazquez, Tim	NCC	30:44.77	10
2 Plank, Zach	NCC	31:21.80	8
3 Koch, Ethan	Augustana	31:55.07	6
4 Spivey, Aaron	NCC	32:03.68	5
5 Norvell, Matthew	NCC	32:05.14	4
6 Lovejoy, Brian	Augustana	32:07.56	3
7 Rangel, Carlitos	NCC	32:22.69	2
8 Puetz, Joe	Augustana	33:12.50	1
9 Williams, Rob	Augustana	33:33.65	
10 Saladin, Chris	Augustana	34:14.59	
11 Jenks, Caleb	Carthage	34:19.53	
12 White, Paul	Carthage	34:41.71	
13 Ahmed, Suneed	Carthage	35:20.85	
14 Griffith, Jacob	Millikin	36:43.68	
15 Rowe, Donald	Carthage	37:55.23	
--- Woodcock, Dereck	Wheaton	DNF	

## Men 110 Meter Hurdles

Name	School	Finals	
1 Lundquist, Adam	NCC	14.67	10
2 Hilton, Kyle	NCC	15.10	8
3 Henry, Matthew	Augustana	15.53	6
4 Piron, Peyton	NCC	15.95	5
5 Sommers, Clayton	Augustana	15.99	4
6 Vasquez, Luis	NCC	16.06	3
7 Goodwin, Travis	Augustana	16.08	2
8 Rubarts, Tyler	Augustana	16.18	1
--- Mason, Zion	NCC	FS	0.2

## Men 400 Meter Hurdles

Name	School	Prelims
1 Cole, Tommy	Wheaton	54.21Q
2 Yamamoto, Josh	Augustana	54.56Q
3 Sommers, Clayton	Augustana	54.44q
4 Goodwin, Travis	Augustana	54.60q
5 Piron, Peyton	NCC	54.73q
6 Henry, Matthew	Augustana	55.28q
7 Hilton, Kyle	NCC	55.82q
8 Lundquist, Adam	NCC	56.63q
9 Simms, Anton	NCC	59.29q
10 Morton, John	Carthage	59.46
11 Medina, Omar	Augustana	1:00.10
12 Povilaitis, Rashawn	NCC	1:00.69
13 Plazak, Kevin	Carthage	1:02.33
--- Immke, Josh	IWU	DNS

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
Hosted by Augustana College

## Results

**Men 400 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Yamamoto, Josh	Augustana	53.31 10
2 Piron, Peyton	NCC	53.58 8
3 Goodwin, Travis	Augustana	54.10 6
4 Sommers, Clayton	Augustana	54.13 5
5 Hilton, Kyle	NCC	54.68 4
6 Henry, Matthew	Augustana	55.96 3
7 Lundquist, Adam	NCC	56.65 2
8 Simms, Anton	NCC	58.31 1
9 Cole, Tommy	Wheaton	1:28.28

**Men 3000 Meter Steeplechase**

Name	School	Finals
<b>Finals</b>		
1 Sands, Keith	Augustana	9:02.56 10
2 Adlfinger, Ethan	NCC	9:02.64 8
3 Hoffman, Ken	NCC	9:16.16 6
4 O'Keefe, Dan	NCC	9:17.68 5
5 Boggs, Garrett	Wheaton	9:34.65 4
6 Marcuccelli, Samuel	NCC	9:42.16 3
7 Wilkerson, Brandon	Augustana	9:45.32 2
8 Spykstra, Seth	Wheaton	9:49.82 1
9 Santana, David	NCC	9:54.37
10 Daly, Alan	Augustana	10:02.71
11 Andersen, Luke	Wheaton	10:03.94
12 Trujillo, Miles	Wheaton	10:12.96
13 Lopez, Saul	NPU	10:15.09
14 Bernard, Thomas	Augustana	10:16.63
15 Fish, David	Carthage	10:23.29
16 Borrowman, Seth	IWU	10:25.40
17 O'Connell, William	Elmhurst	10:54.53
18 Ditsch, Jacob	Carthage	11:35.52
--- Cotton, Dan	Carthage	DNS

**Men 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Augustana (Ill.)	A	42.15 10
2 Carthage	A	42.28 8
3 Wheaton (Ill.)	A	42.44 6
4 Millikin	A	42.69 5
5 North Central (Ill.)	A	43.01 4
6 North Park	A	43.80 3
7 Elmhurst	A	44.15 2
8 Illinois Wesleyan	A	45.14 1

**Men 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Augustana (Ill.)	A	3:12.82 10
2 Wheaton (Ill.)	A	3:13.84 8
3 Carthage	A	3:20.40 6

4 Illinois Wesleyan	A	3:26.51 5
5 North Park	A	3:30.08 4
6 Millikin	A	3:32.41 3
7 Elmhurst	A	3:34.82 2
--- North Central (Ill.)	A	DNF

**Men High Jump**

Name	School	Finals
<b>Finals</b>		
1 Gray, Collin	Wheaton	2.01m 10
2 Rydell, Eric	IWU	J2.01m 8
3 Johnson, Tayvian	Augustana	1.91m 6
4 Haag, Austin	Carthage	J1.91m 5
5 Poklop, Adam	NCC	J1.91m 4
6 Olesen, Kyle	NCC	1.86m 3
7 Foster, Patrick	IWU	J1.86m 1.5
7 Sommers, Clayton	Augustana	J1.86m 1.5
9 Burns, Tyler	Augustana	J1.86m
10 Sears, Gage	Augustana	1.76m
--- Rintelman, Brian	Carthage	NH

**Men Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Winder, Luke	NCC	5.51m 10
2 Kuipers, Dylan	NCC	5.06m 8
3 Cole, Brendan	Wheaton	J5.06m 6
4 LaHaye, Spencer	NCC	4.86m 5
5 Crompton, Patrick	Augustana	4.56m 4
6 Hunecke, Hans	Augustana	J4.56m 3
7 DeMattia, Eric	Augustana	4.41m 2
8 Wood, Casey	NCC	J4.41m 1
9 Strain, Joseph	Augustana	4.26m
10 Ward, Cameron	IWU	3.96m
11 Cruz, Nathan	Wheaton	J3.96m
--- Hartmann, Bennett	Augustana	NH
--- Wilkinson, Alec	Carthage	NH

**Men Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Cole, Brendan	Wheaton	7.16m 10
2 Garner, Shawntrel	Carthage	6.98m 8
3 Segrest, Jacob	Millikin	6.75m 6
4 Murphy, Evan	Augustana	6.72m 5
5 Cornelius, Kendric	Carthage	6.67m 4
6 Worby, Bryan	IWU	6.59m 3
7 Rubarts, Tyler	Augustana	6.53m 2
8 Ogbemor, Victor	Elmhurst	6.49m 1
9 Robley, Jim	Elmhurst	6.44m 2.1
10 Aldridge, Travon	Augustana	6.42m 2.5
11 Rogalski, Albert	Carthage	6.35m 1.0
12 McQuaid, Wesley	NCC	6.34m 1.8
13 Poklop, Adam	NCC	J6.34m 2.3
14 Hoffman, Dan	Carthage	6.29m 3.0

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
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## Results

## Finals ... (Men Long Jump)

Name	School	Finals
15 Fitch, Sam	NCC	6.18m 1.0
16 Burns, Tyler	Augustana	6.14m 3.2
17 Copher, Jack	Augustana	6.08m 3.1
18 Auger, Zach	NPU	6.01m 0.4
19 Hones, Michael	IWU	5.80m 1.1
20 Jones, Corey	Carthage	5.72m 1.4
21 Annala, Jacob	Elmhurst	5.69m 0.7
22 Braun, David	Millikin	5.36m 1.5
23 Cruz, Nathan	Wheaton	4.87m 1.3

## Men Triple Jump

Name	School	Finals
1 Aldridge, Travon	Augustana	14.02m 10
2 Jones, Corey	Carthage	13.64m 8
3 Olateju, Sola	Wheaton	13.53m 6
4 Murphy, Evan	Augustana	13.28m 5
5 Johnson, Tayvian	Augustana	12.98m 4
6 Hoffman, Dan	Carthage	12.82m 3
7 Rubarts, Tyler	Augustana	12.78m 2
8 Auger, Zach	NPU	12.62m 1
9 McQuaid, Wesley	NCC	12.16m 0.5
10 Morton, John	Carthage	12.08m -0.7
11 Newbill, Nate	Carthage	11.52m +0.0
--- Eiring, Kevin	Carthage	FOUL
--- Segrest, Jacob	Millikin	FOUL

## Men Shot Put

Name	School	Finals
1 Boesso, Nicholas	NCC	15.97m 10
2 King, Keith Jr.	Augustana	15.79m 8
3 Hollinger, Christian	Wheaton	15.67m 6
4 Leonard, Max	IWU	15.41m 5
5 Menard, Jacob	Carthage	15.21m 4
6 Barbian, Kevin	Augustana	15.10m 3
7 Ehlers, Ethan	Augustana	14.83m 2
8 Balmes, Mark	Carthage	14.20m 1
9 Escudero, Alek	NPU	13.80m
10 Wheeler, Cody	Augustana	13.24m
11 Goodalis, David	Carthage	12.70m
12 McDonald, Ryan	Millikin	12.60m
13 Michaels, David	Elmhurst	12.25m
14 McNamara, Matt	NPU	12.14m
15 Ritter, Tex	Wheaton	12.07m
16 Avila, Chandler	NPU	11.31m
17 Basham, Christopher	IWU	10.56m
18 Thelusme, Widlert	NCC	10.09m
19 Diaz, Myles	NCC	8.28m
--- Mitchell, Scott	IWU	FOUL
--- Rettig, Tony	Elmhurst	DNS

## Men Discus Throw

Name	School	Finals
1 Leonard, Max	IWU	52.84m 10
2 Balmes, Mark	Carthage	50.27m 8
3 Barbian, Kevin	Augustana	48.66m 6
4 Boesso, Nicholas	NCC	47.92m 5
5 Hollinger, Christian	Wheaton	46.20m 4
6 McNamara, Matt	NPU	45.13m 3
7 Steichmann, Nick	Augustana	45.08m 2
8 Lundquist, Caleb	NCC	44.68m 1
9 Ehlers, Ethan	Augustana	43.58m
10 Menard, Jacob	Carthage	42.07m
11 Basham, Christopher	IWU	42.04m
12 Wassilak, Clayton	Augustana	42.03m
13 Goodalis, David	Carthage	41.57m
14 Hurlburt, Jacob	Carthage	39.94m
15 Escudero, Alek	NPU	37.86m
16 Michaels, David	Elmhurst	37.24m
17 Ritter, Tex	Wheaton	37.22m
18 King, Keith Jr.	Augustana	35.46m
19 McDonald, Ryan	Millikin	33.32m
20 Williams, Jake	IWU	32.50m
21 Thelusme, Widlert	NCC	30.95m
22 Diaz, Myles	NCC	25.38m
--- Rettig, Tony	Elmhurst	DNS

## Men Hammer Throw

Name	School	Finals
1 Simmons, Marckus	Augustana	54.91m 10
2 Goodalis, David	Carthage	54.60m 8
3 Deets, Kyle	Augustana	51.01m 6
4 Hurlburt, Jacob	Carthage	49.69m 5
5 Boesso, Nicholas	NCC	49.43m 4
6 Balmes, Mark	Carthage	45.95m 3
7 Menard, Jacob	Carthage	45.20m 2
8 Hollinger, Christian	Wheaton	45.04m 1
9 Steichmann, Nick	Augustana	42.70m
10 McDonald, Ryan	Millikin	41.51m
11 Avila, Chandler	NPU	39.55m
12 Mitchell, Scott	IWU	38.52m
13 McNamara, Matt	NPU	38.06m
14 Escudero, Alek	NPU	36.90m
15 Williams, Jake	IWU	34.70m
16 Ritter, Tex	Wheaton	33.54m
17 Diaz, Myles	NCC	29.01m
--- Wheeler, Cody	Augustana	FOUL
--- Leonard, Max	IWU	FOUL

## Men Javelin Throw

Name	School	Finals
1 Elfgaard, Rasmus	NPU	58.67m 10

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
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## Results

## Finals ... (Men Javelin Throw)

Name	School	Finals
2 Ems, Michael	Augustana	53.18m 8
3 Lundquist, Caleb	NCC	52.80m 6
4 Wilson, Jacob	Elmhurst	49.63m 5
5 Blair, Jesse	Millikin	49.35m 4
6 Krueger, Brad	Carthage	48.57m 3
7 Norris, Phillip	NCC	45.25m 2
8 Escudero, Alek	NPU	45.02m 1
9 Fitch, Sam	NCC	44.42m
10 Harcar, Nick	IWU	43.98m
11 Vorobiev, Brendan	Augustana	42.95m
12 Zinn, Connor	Augustana	42.16m
13 Taylor, Zach	Elmhurst	40.09m
14 Eiring, Kevin	Carthage	39.96m
15 Pajich, James	Wheaton	39.80m
16 Twohill, Brett	NCC	38.25m
17 Avila, Chandler	NPU	37.74m
18 Ruble, Nate	Wheaton	36.62m
19 McQuaid, Wesley	NCC	34.45m
20 Braun, David	Millikin	32.09m
21 Wagner, J.C.	Millikin	31.05m
22 Schousen, David	Elmhurst	24.59m
--- French, Nic	NPU	FOUL

## Decathlon: #1 Men 100 Meter Dash Decathlon

Name	School	Finals
1 Elfgaard, Rasmus	NPU	11.15 827
2 Cluver, Kyle	Augustana	11.59 734
3 Potter, Max	NPU	11.69 713
4 Adams, Andrew	Augustana	11.85 681
5 Van Grinsven, Leif	Wheaton	11.86 679
6 Harris, David	Wheaton	11.90 671
7 Krueger, Brad	Carthage	11.96 659
8 O'Carroll, Sean	IWU	12.04 643
9 Young, Vesper	Millikin	12.13 626
10 Harcar, Nick	IWU	12.17 618
11 Lee, Sam	NCC	12.61 536
--- DeBord, Rashaun	Augustana	DNF 0.5

## Decathlon: #5 Men 400 Meter Dash Decathlon

Name	School	Finals
1 Elfgaard, Rasmus	NPU	50.44 794
2 Cluver, Kyle	Augustana	51.48 748
3 Adams, Andrew	Augustana	52.08 721
4 Van Grinsven, Leif	Wheaton	52.44 706
5 Harris, David	Wheaton	52.79 691
6 Potter, Max	NPU	54.31 627
7 Young, Vesper	Millikin	54.92 602
8 Krueger, Brad	Carthage	54.99 599
9 O'Carroll, Sean	IWU	57.44 504
10 Lee, Sam	NCC	1:00.94 382
--- DeBord, Rashaun	Augustana	DNS

--- Harcar, Nick IWU DNS

## Decathlon: #10 Men 1500 Meter Run Decathlon

Name	School	Finals
1 Adams, Andrew	Augustana	4:41.93 668
2 Cluver, Kyle	Augustana	4:42.93 662
3 Van Grinsven, Leif	Wheaton	4:47.08 636
4 Harris, David	Wheaton	4:47.58 633
5 Krueger, Brad	Carthage	5:00.85 555
6 Young, Vesper	Millikin	5:07.12 519
7 Elfgaard, Rasmus	NPU	5:13.24 486
8 O'Carroll, Sean	IWU	5:13.74 483
9 Lee, Sam	NCC	5:29.59 401
10 Potter, Max	NPU	5:35.61 372
--- DeBord, Rashaun	Augustana	DNS
--- Harcar, Nick	IWU	DNS

## Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	School	Finals
1 Van Grinsven, Leif	Wheaton	15.52 788
2 Elfgaard, Rasmus	NPU	15.77 759
3 Krueger, Brad	Carthage	16.62 665
4 Adams, Andrew	Augustana	16.89 636
5 Cluver, Kyle	Augustana	16.94 631
6 Harris, David	Wheaton	17.53 570
7 O'Carroll, Sean	IWU	18.39 487
8 Potter, Max	NPU	18.44 483
9 Lee, Sam	NCC	19.97 352
10 Young, Vesper	Millikin	20.73 294
--- Harcar, Nick	IWU	DNS +0.0
--- DeBord, Rashaun	Augustana	DNS 1.5

## Decathlon: #4 Men High Jump Decathlon

Name	School	Finals
1 Van Grinsven, Leif	Wheaton	1.86m 679
2 Elfgaard, Rasmus	NPU	1.83m 653
3 Young, Vesper	Millikin	1.65m 504
3 Adams, Andrew	Augustana	1.65m 504
3 Cluver, Kyle	Augustana	1.65m 504
3 Krueger, Brad	Carthage	1.65m 504
3 Harris, David	Wheaton	1.65m 504
8 Potter, Max	NPU	1.62m 480
9 O'Carroll, Sean	IWU	1.59m 457
10 Lee, Sam	NCC	1.50m 389
--- Harcar, Nick	IWU	NH
--- DeBord, Rashaun	Augustana	DNS

## Decathlon: #8 Men Pole Vault Decathlon

Name	School	Finals
1 Elfgaard, Rasmus	NPU	4.40m 731
1 Krueger, Brad	Carthage	4.40m 731

## CCIW Outdoor Track &amp; Field - 5/6/2016 to 5/7/2016

Conference Championships  
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## Results

**Finals ... (Decathlon: #8 Men Pole Vault Decathlon)**

Name	School	Finals
3 Potter, Max	NPU	4.00m 617
4 Van Grinsven, Leif	Wheaton	3.80m 562
4 Harris, David	Wheaton	3.80m 562
4 Lee, Sam	NCC	3.80m 562
7 Cluver, Kyle	Augustana	3.70m 535
8 Adams, Andrew	Augustana	3.10m 381
9 Young, Vesper	Millikin	2.20m 179
--- O'Carroll, Sean	IWU	NH
--- Harcar, Nick	IWU	DNS
--- DeBord, Rashaun	Augustana	DNS

**Decathlon: #2 Men Long Jump Decathlon**

Name	School	Finals
1 Potter, Max	NPU	6.63m 727
2 Elfgaard, Rasmus	NPU	6.46m 688
3 Adams, Andrew	Augustana	6.30m 652
4 Van Grinsven, Leif	Wheaton	6.02m 591
5 Harcar, Nick	IWU	6.01m 589
6 Krueger, Brad	Carthage	5.99m 584
7 Harris, David	Wheaton	5.62m 506
8 Cluver, Kyle	Augustana	5.55m 492
9 O'Carroll, Sean	IWU	5.50m 481
10 Young, Vesper	Millikin	5.32m 445
11 Lee, Sam	NCC	5.25m 431
--- DeBord, Rashaun	Augustana	DNS NWI

**Decathlon: #3 Men Shot Put Decathlon**

Name	School	Finals
1 Elfgaard, Rasmus	NPU	12.19m 618
2 Van Grinsven, Leif	Wheaton	11.48m 575
3 Harris, David	Wheaton	11.30m 564
4 Harcar, Nick	IWU	11.09m 551
4 Krueger, Brad	Carthage	11.09m 551
6 Potter, Max	NPU	9.93m 481
7 Young, Vesper	Millikin	9.71m 468
8 Cluver, Kyle	Augustana	9.55m 459
9 Adams, Andrew	Augustana	9.29m 443
10 Lee, Sam	NCC	7.44m 333
11 O'Carroll, Sean	IWU	6.95m 304
--- DeBord, Rashaun	Augustana	DNS

**Decathlon: #7 Men Discus Throw Decathlon**

Name	School	Finals
1 Elfgaard, Rasmus	NPU	36.80m 600
2 Krueger, Brad	Carthage	33.87m 541
3 Van Grinsven, Leif	Wheaton	33.52m 534
4 Harris, David	Wheaton	31.82m 500
5 Cluver, Kyle	Augustana	29.54m 455
6 Potter, Max	NPU	27.41m 414
7 Young, Vesper	Millikin	27.11m 408

8 O'Carroll, Sean	IWU	25.61m 379
9 Adams, Andrew	Augustana	24.05m 349
10 Lee, Sam	NCC	20.24m 277
--- Harcar, Nick	IWU	DNS
--- DeBord, Rashaun	Augustana	DNS

**Decathlon: #9 Men Javelin Throw Decathlon**

Name	School	Finals
1 Elfgaard, Rasmus	NPU	55.75m 674
2 Krueger, Brad	Carthage	48.25m 563
3 O'Carroll, Sean	IWU	45.18m 518
4 Adams, Andrew	Augustana	43.33m 491
5 Van Grinsven, Leif	Wheaton	41.65m 466
6 Potter, Max	NPU	39.78m 439
7 Cluver, Kyle	Augustana	37.60m 407
8 Harris, David	Wheaton	34.12m 358
9 Lee, Sam	NCC	26.89m 256
10 Young, Vesper	Millikin	18.60m 143
--- DeBord, Rashaun	Augustana	DNS
--- Harcar, Nick	IWU	DNS

**Men Decathlon**

Name	School	Finals
1 Elfgaard, Rasmus	NPU	6830 10
2 Van Grinsven, Leif	Wheaton	6216 8
3 Krueger, Brad	Carthage	5952 6
4 Cluver, Kyle	Augustana	5627 5
5 Harris, David	Wheaton	5559 4
6 Adams, Andrew	Augustana	5526 3
7 Potter, Max	NPU	5353 2
8 O'Carroll, Sean	IWU	4256 1
9 Young, Vesper	Millikin	4188
10 Lee, Sam	NCC	3919

**Women - Team Rankings - 21 Events Scored**

1) Illinois Wesleyan	222
2) North Central (Ill.)	172.5
3) Carthage	134.5
4) Wheaton (Ill.)	131.5
5) Augustana (Ill.)	83.5
6) North Park	40
7) Millikin	33

**Men - Team Rankings - 21 Events Scored**

1) Augustana (Ill.)	253.5
2) North Central (Ill.)	250
3) Carthage	114
4) Wheaton (Ill.)	80
5) North Park	40
6) Illinois Wesleyan	39.5
7) Millikin	25
8) Elmhurst	16