

## Illinois Wesleyan University Track &amp; Field - 2/24/2017 to 2/25/2017

## CCIW Indoor Championships

## Shirk Center

## Results

## Women 60 Meter Dash

Shirk Center: 7.65 @ 2000 Rhondale Jones

CCIW: 7.76 C 2012 Ariel Robinson

Name	School	Prelims
<b>Preliminaries</b>		
1	Runyon, Jill	Illinois Wes 7.84Q
2	Gant, Sade	North Centra 7.86Q
3	Glueck, Amelia	Illinois Wes 8.00Q
4	Ezewuzie, Favor	Wheaton (Ill) 8.01Q
5	Gunnarsson, Elina	North Park 7.93q
6	Anderson, Rebecca	Illinois Wes 8.02q
7	Newingham, Isabella	Millikin 8.03q
8	Willhite, Hannah	Augustana (I) 8.09q
9	Mehlert, Kimmy	Carroll 8.20
10	Brown, Natasha	Wheaton (Ill) 8.20
11	Taylor, Janelle	Carthage 8.22
12	Bartel, Samantha	Carroll 8.23
13	Vicik, Kyley	North Centra 8.24
14	Nelson, Sarah	Wheaton (Ill) 8.34
15	Kramer, Brianna	North Centra 8.40
16	Absher, Devyn	Augustana (I) 8.51
17	Soriano, Samantha	North Park 8.52
18	Tilmon, Dezi	Carthage 8.55
19	Thomas, Jade	Illinois Wes 8.60
20	Kennedy, Mackenzie	Wheaton (Ill) 8.60
21	Knurek, Emily	Carthage 8.64
22	Daghfal, Melody	Wheaton (Ill) 8.69
23	Asselmeier, Emily	Illinois Wes 8.74
24	Hudson, Zakisha	Elmhurst 8.76

## Women 60 Meter Dash

Shirk Center: 7.65 @ 2000 Rhondale Jones

CCIW: 7.76 C 2012 Ariel Robinson

Name	School	Finals
<b>Finals</b>		
1	Gunnarsson, Elina	North Park 7.79 10
2	Runyon, Jill	Illinois Wes 7.80 8
3	Gant, Sade	North Centra 7.88 6
4	Glueck, Amelia	Illinois Wes 7.92 5
5	Ezewuzie, Favor	Wheaton (Ill) 7.96 4
6	Anderson, Rebecca	Illinois Wes 8.07 3
7	Newingham, Isabella	Millikin 8.08 2
8	Willhite, Hannah	Augustana (I) 8.10 1

## Women 200 Meter Dash

Shirk Center: 24.86 @ 2004 Rachel Anderson

CCIW: 25.02 C 2010 Shavantay Thomas

Name	School	Finals
<b>Finals</b>		
1	Gunnarsson, Elina	North Park 25.57 10
2	Oltman, Liz	Illinois Wes 25.98 8
3	Elwing, Alissa	Carroll 25.98 6
4	Heath, Marissa	Wheaton (Ill) 26.29 5
5	Runyon, Jill	Illinois Wes 26.34 4

6	Willhite, Hannah	Augustana (I) 26.45 3
7	Lukens, Erin	Millikin 26.54 2
8	Coggins, Meghan	North Centra 26.59 1
9	Anderson, Rebecca	Illinois Wes 26.60
10	Spencer, Raissa	Carroll 26.71
11	Brown, Natasha	Wheaton (Ill) 26.75
12	Vicik, Kyley	North Centra 27.05
13	Zaragoza, Sydney	Augustana (I) 27.14
14	Wendtland, Marissa	Carroll 27.18
15	Gant, Sade	North Centra 27.22
16	Bartel, Samantha	Carroll 27.23
17	Mehlert, Kimmy	Carroll 27.34
18	Walton, Hanna	Wheaton (Ill) 27.35
19	Taylor, Janelle	Carthage 27.66
20	Nelson, Sarah	Wheaton (Ill) 27.99
21	Bushman, Alyssa	Augustana (I) 28.10
22	Absher, Devyn	Augustana (I) 28.35
23	Hawthorne, Paige	Wheaton (Ill) 28.36
24	Thomas, Jade	Illinois Wes 28.68
25	Knurek, Emily	Carthage 28.87
26	Soriano, Samantha	North Park 29.39
27	Hudson, Zakisha	Elmhurst 29.53
28	Tilmon, Dezi	Carthage 29.67
29	Marr, Caitlyn	Carthage 31.52
30	Kvistab, Abby	North Park 36.42

## Women 400 Meter Dash

Shirk Center: 56.09 @ 2/7/2004 Gena Rawlins

CCIW: 56.54 C 2003 Gina Rawlins

Name	School	Finals
<b>Finals</b>		
1	Zimmer, Maddison	Illinois Wes 57.37 10
2	Heath, Marissa	Wheaton (Ill) 58.68 8
3	Oltman, Liz	Illinois Wes 59.35 6
4	Thomson, Rachel	Wheaton (Ill) 59.99 5
5	Lukens, Erin	Millikin 1:00.09 4
6	Wajner, Sofia	Augustana (I) 1:00.21 3
7	Clevenger, Dallas	Carthage 1:00.26 2
8	Diaz, Emily	Illinois Wes 1:00.32 1
9	Spencer, Raissa	Carroll 1:00.37
10	McGee, Abby Grace	Wheaton (Ill) 1:00.56
10	Zaragoza, Sydney	Augustana (I) 1:00.56
12	Coggins, Meghan	North Centra 1:00.64
13	Elwing, Alissa	Carroll 1:01.73
14	Buado, Ashley	North Centra 1:01.84
15	Bachman, Bethany	North Centra 1:01.96
16	Jackson, Challen	North Centra 1:02.32
17	Medina, Isabella	Carthage 1:02.35
18	Tenca, Taylor	Carthage 1:02.51
19	Walton, Hanna	Wheaton (Ill) 1:02.83
20	Glatz, Madi	Augustana (I) 1:03.17
21	Johnson, Taylor	Millikin 1:03.23
22	Bushman, Alyssa	Augustana (I) 1:03.77
23	Peters, Jayne	North Centra 1:04.47
24	Boron, Davida	Illinois Wes 1:04.59

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## Finals ... (Women 400 Meter Dash)

Name	School	Finals
25 Caldwell, Claire	Millikin	1:04.68
26 Schmidt, Chelsea	Carthage	1:04.90
27 Matzal, Charlotte	Wheaton (Ill)	1:05.80
28 McEnroe, Morgan	Augustana (I)	1:06.63
29 Asselmeier, Emily	Illinois Wes	1:07.54
30 Marr, Caitlyn	Carthage	1:08.67

## Women 800 Meter Run

Shirk Center: 2:12.15 @ 2000 Caitlin Murphy  
 CCIW: 2:12.92 C 2007 Amber Druen

Name	School	Finals
<b>Finals</b>		
1 Zimmer, Maddison	Illinois Wes	2:20.54 10
2 Thomson, Rachel	Wheaton (Ill)	2:21.85 8
3 Schwartz, Maddy	Carthage	2:22.33 6
4 Capozziello, Victoria	North Centra	2:22.79 5
5 Hartman, Allison	North Centra	2:23.01 4
6 Thrans, Abby	Carroll	2:23.65 3
7 Frey, Sarah	Wheaton (Ill)	2:24.56 2
8 Melo, Valeria	Augustana (I)	2:24.57 1
9 Dammeier, Hailey	North Centra	2:25.31
10 Trent, Emily	North Centra	2:26.93
11 McQueeney, Molly	Carthage	2:27.04
12 Johnson, Erika	Wheaton (Ill)	2:27.11
13 Johnson, Amber	Millikin	2:27.31
14 Reese, Megan	Carroll	2:27.68
15 Kelly, Rebecca	Illinois Wes	2:28.22
16 Alexander, Elise	Wheaton (Ill)	2:29.02
17 Powers, Morgan	Millikin	2:29.40
18 Humecke, Jill	Augustana (I)	2:29.58
19 Nelson, Amanda	Augustana (I)	2:30.30
20 Krol, Natalie	Millikin	2:30.86
21 Olson, Halle	North Centra	2:32.01
22 Lemke, Calli	Carroll	2:32.43
23 Thornburg, Cassidy	Wheaton (Ill)	2:33.40
24 Everts, Kendra	Carthage	2:35.92
25 Drake, Elle	Millikin	2:36.93
26 Drake, Michaela	Illinois Wes	2:37.21
27 Dziewior, Jaclyn	Illinois Wes	2:37.74
28 Conover, Indi	Carthage	2:37.98
29 Mallary, Lexie	Carthage	2:41.14
30 Murdoch, Gabrielle	Elmhurst	2:41.95
31 Galvan, Cecelia	Illinois Wes	2:43.55
32 Vallejo, Isabel	Augustana (I)	2:46.86
33 Davis, Hannah	Elmhurst	2:53.15
34 Garcia, Becky	Elmhurst	2:54.28
35 Delgado, Liz	Elmhurst	2:55.14
36 Lading, Haylie	Millikin	3:06.46

## Women 1 Mile Run

Shirk Center: 5:06.81 @ 3/1/2014 Alyssa Poremba  
 CCIW: 4:56.86 C 2012 Krista Cota

Name	School	Finals
<b>Finals</b>		
1 Capozziello, Victoria	North Centra	5:13.50 10
2 Hawthorne, Ellie	Wheaton (Ill)	5:18.71 8
3 Majer, Helen	North Centra	5:18.80 6
4 Nelson, Amanda	Augustana (I)	5:21.54 5
5 Scopp, Madelyn	North Centra	5:22.18 4
6 Kraus, Emily	Carroll	5:22.20 3
7 Varnas, Alanna	Carthage	5:22.99 2
8 Marcotte, Rebecca	Wheaton (Ill)	5:23.95 1
9 DeArmond, Michelle	Augustana (I)	5:26.83
10 Smith, Jacqueline	Wheaton (Ill)	5:27.21
11 Trent, Emily	North Centra	5:27.35
12 Pridemore, Alyssa	Illinois Wes	5:28.46
13 Barnes, Laura	Wheaton (Ill)	5:29.88
14 Garcia, Carol	Augustana (I)	5:30.97
15 Dulin, Maddie	Illinois Wes	5:31.51
16 O'Donnell, Clare	Illinois Wes	5:32.07
17 Johnson, Amber	Millikin	5:34.78
18 Larson, Karlee	Carroll	5:34.81
19 Kaefering, Rebecca	North Centra	5:35.13
20 Quinn, Kenzie	Wheaton (Ill)	5:36.04
21 Cadagin, Shannon	Carthage	5:36.29
22 Dague, Katerina	North Park	5:39.93
23 McKenna, Tessa	Carthage	5:44.54
24 Schoenecker, Rachel	Illinois Wes	5:44.86
25 Lechtenberg, Jessica	Augustana (I)	5:45.51
26 Gompers, Sarah	Millikin	5:46.47
27 Kloster, Brianna	Carthage	5:47.63
28 Budd, Rachel	Illinois Wes	5:48.81
29 McKinnon, Kathryn	Carthage	5:50.26
30 Casey, Abby	Augustana (I)	5:53.14
31 Metz, Liesel	Elmhurst	6:18.64
32 Maya, Karina	North Park	6:20.91
33 McSpadden, Emma	Elmhurst	6:22.60

## Women 3000 Meter Run

Shirk Center: 10:02.94 @ 3/1/2014 Alyssa Poremba  
 CCIW: 10:16.92 C 2013 Sarahbeth Jones

Name	School	Finals
<b>Finals</b>		
1 Majer, Helen	North Centra	10:34.56 10
2 Hawthorne, Ellie	Wheaton (Ill)	10:37.16 8
3 Embretson, Aryn	Wheaton (Ill)	10:46.75 6
4 Stapleton, Ally	Wheaton (Ill)	10:50.35 5
5 Trujillo, Anna	Wheaton (Ill)	10:52.34 4
6 Scopp, Madelyn	North Centra	10:55.21 3
7 Lamp, Rebecca	Carthage	10:57.70 2
8 Garcia, Carol	Augustana (I)	10:58.12 1
9 Stapleton, Catherine	Wheaton (Ill)	11:02.75
10 Moccogni, Monica	Illinois Wes	11:03.47

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## Finals ... (Women 3000 Meter Run)

Name	School	Finals
11 Gomez, Miranda	North Park	11:06.15
12 DeArmond, Michelle	Augustana (I	11:10.22
13 Nunez, Yazmin	North Centra	11:10.38
14 Swietlik, Clare	Carroll	11:11.70
15 Penn, Hannah	Augustana (I	11:12.08
16 Miner, Johnelle	Carthage	11:12.82
17 Manning, Annika	North Park	11:23.60
18 Kaefring, Rebecca	North Centra	11:24.10
19 Cline, Kylie	Augustana (I	11:29.33
20 Dagen, Carly	North Centra	11:29.73
21 Kelsh, Elena	Carthage	11:34.31
22 Lassen, Ida	North Park	11:51.53
23 Monbrod, Marisa	Carthage	11:51.65
24 Walden, Emily	Carthage	11:51.86
25 Kremer, Lexi	Illinois Wes	12:23.13
26 Delfin, Lori	North Park	12:35.03
27 Coppe, Elaine	Illinois Wes	12:36.59
28 Smith, Madilyn	Illinois Wes	12:39.08
--- Jepson, Brianna	Augustana (I	DNF

## Women 5000 Meter Run

Shirk Center: 16:41.49 @ 2000

Rhaina Echols

CCIW: 17:16.02 C 2011

Amanda Laesch

Name	School	Finals
1 Embretson, Aryn	Wheaton (III)	18:32.82 10
2 Majer, Helen	North Centra	18:38.68 8
3 Lamp, Rebecca	Carthage	18:48.80 6
4 Stapleton, Ally	Wheaton (III)	18:50.71 5
5 Stapleton, Catherine	Wheaton (III)	19:10.23 4
6 Trujillo, Anna	Wheaton (III)	19:11.83 3
7 Gomez, Miranda	North Park	19:13.13 2
8 McNair, Laura	Augustana (I	19:20.50 1
9 Mocogni, Monica	Illinois Wes	19:24.13
10 Swietlik, Clare	Carroll	19:27.85
11 Vanord, Kaylie	Carthage	19:31.46
12 Nunez, Yazmin	North Centra	19:41.12
13 Reamer, Rachel	Wheaton (III)	19:46.80
14 Penn, Hannah	Augustana (I	19:51.13
15 Whisler, Brenna	Augustana (I	19:53.40
16 Nunez, Yesenia	North Centra	19:53.43
17 Ries, Sophia	Augustana (I	20:01.99
18 Jepson, Brianna	Augustana (I	20:09.93
19 Scull, Kaelyn	Carthage	21:19.18

## Women 60 Meter Hurdles

Shirk Center: 8.33 @ 2/5/2005

Perdita Felicien

CCIW: 9.31 C 2012

Jocelyn Redlinski

Name	School	Prelims
1 Wajner, Sofia	Augustana (I	C 9.09Q
2 Ezewuzie, Favor	Wheaton (III)	C 9.28Q
3 McGee, Abby Grace	Wheaton (III)	C 9.30Q

4 Wendtland, Marissa	Carroll	9.36q
5 Harden, Markesha	Augustana (I	9.48q
6 Evans, Tabitha	Wheaton (III)	9.70q
7 Lukens, Erin	Millikin	9.78q
8 Kitchen, Nicole	Wheaton (III)	9.91q
9 Sanders, Makenna	Wheaton (III)	9.99
10 Kramer, Brianna	North Centra	10.04
11 Dolan, Dani	Carthage	10.07
12 Castellanos, Kayla	North Centra	10.22
13 Edington, Flower	Illinois Wes	10.58
14 Dinglasan, Samantha	Augustana (I	10.59
15 Roschi, Rachel	Carthage	10.59
16 DeMille, Theresa	Carroll	10.87
17 Rolon, Melanie	North Park	12.73
--- Ruud, Elise	North Park	DQ

## Women 60 Meter Hurdles

Shirk Center: 8.33 @ 2/5/2005

Perdita Felicien

CCIW: 9.31 C 2012

Jocelyn Redlinski

Name	School	Finals
1 Wajner, Sofia	Augustana (I	8.94C 10
2 Ezewuzie, Favor	Wheaton (III)	9.25C 8
3 McGee, Abby Grace	Wheaton (III)	9.29C 6
4 Wendtland, Marissa	Carroll	9.35 5
5 Evans, Tabitha	Wheaton (III)	9.65 4
6 Harden, Markesha	Augustana (I	9.80 3
7 Lukens, Erin	Millikin	9.82 2
8 Kitchen, Nicole	Wheaton (III)	9.94 1

## Women 4x400 Meter Relay

Shirk Center: 3:50.63 @ 2000

Wheaton College

CCIW: 3:52.54 C 2012

Illinois Wesleyan

## Alpert, Rock, Clemens, Christy

Team	Relay	Finals
1 Wheaton (III.)		3:58.49 10
1) Brown, Natasha	2) Evans, Tabitha	
3) Heath, Marissa	4) Thomson, Rachel	
2 Illinois Wesleyan		4:02.15 8
1) Zimmer, Maddison	2) Anderson, Rebecca	
3) Diaz, Emily	4) Glueck, Amelia	
3 Augustana (III.)		4:04.08 6
1) Zaragoza, Sydney	2) Melo, Valeria	
3) Glatz, Madi	4) Wajner, Sofia	
4 North Central (III.)		4:05.54 5
1) Buado, Ashley	2) Coggins, Meghan	
3) Hartman, Allison	4) Bachman, Bethany	
5 Carroll		4:08.65 4
1) Wendtland, Marissa	2) Spencer, Raissa	
3) Thrans, Abby	4) Elwing, Alissa	
6 Carthage		4:08.90 3
1) Tenca, Taylor	2) Clevenger, Dallas	
3) Schwartz, Maddy	4) Medina, Isabella	

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## Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
7 Millikin		4:12.72 2
1) Lukens, Erin	2) Caldwell, Claire	
3) Krol, Natalie	4) Johnson, Taylor	
8 North Park		4:40.57 1
1) Ruud, Elise	2) Dague, Katerina	
3) Manning, Annika	4) Gunnarsson, Elina	

## Women Distance Medley

Shirk Center: 11:59.46 @ 2000 Williams College  
 CCIW: 11:56.35 C 2009 Illinois Wesleyan

## Christy, Clemens, Heilingoetter, Devitt

Team	Relay	Finals
<b>Finals</b>		
1 North Central (Ill.)		12:37.74 10
1) Trent, Emily	2) Buado, Ashley	
3) Hartman, Allison	4) Capozziello, Victoria	
2 Wheaton (Ill.)		12:47.98 8
1) Smith, Jacqueline	2) Marcotte, Rebecca	
3) McGee, Abby Grace	4) Frey, Sarah	
3 Illinois Wesleyan		12:55.56 6
1) Pridemore, Alyssa	2) Boron, Davida	
3) Kelly, Rebecca	4) O'Donnell, Clare	
4 Carroll		12:56.92 5
1) Larson, Karlee	2) Thrans, Abby	
3) Lemke, Calli	4) Kraus, Emily	
5 Augustana (Ill.)		13:05.25 4
1) Nelson, Amanda	2) Zaragoza, Sydney	
3) Melo, Valeria	4) DeArmond, Michelle	
6 Carthage		13:13.26 3
1) Schmidt, Chelsea	2) Miner, Johnelle	
3) Schwartz, Maddy	4) McQueeny, Molly	
7 Millikin		13:13.33 2
1) Krol, Natalie	2) Johnson, Taylor	
3) Powers, Morgan	4) Johnson, Amber	
8 North Park		13:42.72 1
1) Dague, Katerina	2) Morales, Berenice	
3) Lassen, Ida	4) Manning, Annika	

## Women High Jump

Shirk Center: 1.80m @ 2000 Kristy Laramee  
 CCIW: 1.74m C 2007 Kapricia Poulos

Name	School	Finals
<b>Finals</b>		
1 Slowek, Elanta	Carthage	1.69m 10
2 Lindquist, Katie	Wheaton (Ill)	1.61m 8
3 Hertogs, Sydney	Carthage	J1.61m 6
4 Kitchen, Nicole	Wheaton (Ill)	1.56m 5
5 Ramming, Veronica	North Centra	J1.56m 4
6 Gallisath, Taiah	North Centra	1.51m 2
6 Hogenkamp, Audrey	Augustana (I	1.51m 2
6 Harmon, Brooke	Augustana (I	1.51m 2
9 Dammeyer, Hailey	North Centra	J1.51m
10 Sanders, Makenna	Wheaton (Ill)	1.46m

11 Matzal, Charlotte Wheaton (Ill) J1.46m

## Women Pole Vault

Shirk Center: 3.76m @ 2000 Laura Rosenberger  
 CCIW: 3.84m C 2009 Rachel Secrest

Name	School	Finals
<b>Finals</b>		
1 Butcher, Mackenzie	Augustana (I	3.66m 10
2 Schneider, Isabella	Illinois Wes	3.56m 8
3 Meyer, Courtney	North Centra	J3.56m 6
4 Glassman, Courtney	Carthage	J3.56m 5
5 Robb, Zoe	Augustana (I	3.41m 4
6 Flanagan, Leah	Augustana (I	3.11m 2.5
6 Horack, Madissyn	Illinois Wes	3.11m 2.5
8 Laue, Mikayla	Carroll	J3.11m 1
9 Schirmacher, Jacki	Illinois Wes	2.96m
10 Talken, Ashley	Augustana (I	J2.96m
11 Kampert, Courtney	Augustana (I	2.81m
12 Wilcox, Leeann	North Centra	2.66m
13 Kennedy, Mackenzie	Wheaton (Ill)	J2.66m
--- Baker, Renee	North Park	NH
--- Becker, Ivy	Carthage	NH
--- Gradishar, Jamie	Illinois Wes	NH
--- Gatliff, Rachel	Illinois Wes	NH

## Women Long Jump

Shirk Center: 5.81m @ 2000 Muncerah Malik  
 CCIW: 5.76m C 2012 Lauren Alpert

Name	School	Finals
<b>Finals</b>		
1 Gunnarsson, Elina	North Park	5.67m 10
2 Glueck, Amelia	Illinois Wes	5.66m 8
3 Diaz, Emily	Illinois Wes	5.19m 6
4 Osoba, Rachel	Illinois Wes	5.05m 5
5 Willhite, Hannah	Augustana (I	5.04m 4
6 Foxhoven, Cassidy	Wheaton (Ill)	5.01m 3
7 Harden, Markesha	Augustana (I	4.98m 2
8 Gallisath, Taiah	North Centra	4.94m 1
9 Ezewuzie, Favor	Wheaton (Ill)	4.87m
10 Jackson, Challen	North Centra	4.80m
11 Wilkinson, Alexandra	North Centra	J4.80m
12 Reese, Megan	Carroll	4.75m
13 Blake, Renee	Augustana (I	4.74m
14 Williams, Shante	Illinois Wes	J4.74m
15 Thompson, Lexie	Carroll	4.71m
16 Kitchen, Nicole	Wheaton (Ill)	4.45m
17 Harmon, Brooke	Augustana (I	4.42m
18 Hudson, Shontana	North Centra	4.38m
19 Marsan, Noelle	Wheaton (Ill)	3.82m
--- Dolan, Dani	Carthage	FOUL

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## Women Triple Jump

Shirk Center: 11.93m @ 3/1/2014 Kelsey Cunningham

CCIW: 11.61m C 2003 Angie Hawk

Name	School	Finals
<b>Finals</b>		
1 Cunningham, Kelsey	Augustana (I	11.44m 10
2 Williams, Shante	Illinois Wes	11.40m 8
3 Evans, Tabitha	Wheaton (Ill	11.28m 6
4 Diaz, Emily	Illinois Wes	10.88m 5
5 Ifft, Anna	Wheaton (Ill	10.67m 4
6 Harden, Markesha	Augustana (I	10.57m 3
7 Wilkinson, Alexandra	North Centra	10.42m 2
8 Osoba, Rachel	Illinois Wes	10.11m 1
9 Newingham, Isabella	Millikin	10.04m
10 Blake, Renee	Augustana (I	10.02m
11 Happold, McKenna	Carroll	9.96m
12 Mason, Morgan	North Centra	9.94m
13 Squier, Kaitlin	Carroll	9.75m
14 Glatz, Madi	Augustana (I	9.34m
15 Thompson, Lexie	Carroll	9.29m
16 Tallman, Jordan	Carthage	9.07m
--- Toney, Kennedy	Wheaton (Ill	FOUL

## Women Shot Put

Shirk Center: 13.47m @ 3/1/2014 Ebony Stallworth

CCIW: 14.53m C 2013 Leann Spesard

Name	School	Finals
<b>Finals</b>		
1 Willis, Elizabeth	Carthage	13.74m@ 10
2 Young, Morgan	Carthage	13.69m@ 8
3 Bennett, Mia	Carthage	13.64m@ 6
4 Goodman, Karly	Illinois Wes	13.09m 5
5 Webster, Emily	Augustana (I	12.26m 4
6 Riccolo, Mia	North Park	12.18m 3
7 Etherton, Kayla	North Centra	12.01m 2
8 Dunnam, Erika	Carroll	11.85m 1
9 Hoyer, Emma	Millikin	11.78m
10 Smith, Monica	North Centra	11.37m
11 Yamane, Naomi	North Centra	11.26m
12 Roman, Angela	Illinois Wes	11.18m
13 Schmidt, Sarah	Carthage	J11.18m
14 Nicolau, Alicia	Carthage	11.15m
15 Thomas, Darian	Carroll	11.01m
16 Kats, Hannah	North Centra	10.67m
17 Obermeyer, Alexis	Millikin	10.37m
18 Reinders, Tori	Carroll	10.00m
19 Cebulski, Jenna	Millikin	9.08m
20 Toney, Kennedy	Wheaton (Ill	8.08m
21 Papke, Amanda	North Park	7.06m
--- Sikora, Taylor	North Centra	FOUL

## Women Weight Throw

Shirk Center: 17.24m @ 2000

April Felt

CCIW: 18.10m C 2010

Mindy Harrington

Name	School	Finals
<b>Finals</b>		
1 Bennett, Mia	Carthage	18.39mC 10
2 Etherton, Kayla	North Centra	17.13m 8
3 Young, Morgan	Carthage	16.19m 6
4 Nicolau, Alicia	Carthage	15.59m 5
5 Schmidt, Sarah	Carthage	15.34m 4
6 Goodman, Karly	Illinois Wes	14.79m 3
7 Yamane, Naomi	North Centra	14.53m 2
8 Webster, Emily	Augustana (I	13.92m 1
9 Reynolds, Caitlin	Carthage	13.72m
10 Obermeyer, Alexis	Millikin	13.43m
11 Roman, Angela	Illinois Wes	13.20m
12 Rotert, Haley	Millikin	13.01m
13 Riccolo, Mia	North Park	12.57m
14 Reinders, Tori	Carroll	12.46m
15 Uitenbroek, Emily	Carroll	12.38m
16 Hoyer, Emma	Millikin	12.12m
17 Sikora, Taylor	North Centra	12.11m
18 Smith, Monica	North Centra	12.10m
19 Thomas, Darian	Carroll	12.03m
20 Schultz, Brittany	North Centra	11.30m
21 Henry, Michelle	Augustana (I	10.09m

## Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Shirk Center: 2:17.83 @ 2/28/2014 Allie Boudreau

CCIW: 2:17.83 C 2/28/2014 Allie Boudreau

Name	School	Finals
<b>Finals</b>		
1 Dammeyer, Hailey	North Centra	2:26.54 737
2 Buell, Katie	Wheaton (Ill	2:28.42 713
3 Kitchen, Nicole	Wheaton (Ill	2:29.93 694
4 Collins, Allison	Wheaton (Ill	2:30.79 683
5 Dolan, Dani	Carthage	2:33.05 655
6 Sanders, Makenna	Wheaton (Ill	2:34.89 633
7 Hartwig, Jessi	Carroll	2:35.01 631
8 Ruud, Elise	North Park	2:39.38 580
9 Hartman, Isabella	Augustana (I	2:41.55 555
10 Garcia, Trisha	Carthage	2:42.63 543
11 Foxhoven, Cassidy	Wheaton (Ill	2:46.99 495
12 Fischer, Sierra	Carroll	2:54.14 422
13 Roschi, Rachel	Carthage	2:57.91 385
14 Lam, Corinne	North Centra	3:06.17 310
15 Trimuel, Brianna	Millikin	3:23.75 176

## Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Shirk Center: 8.97 @ 2/28/2014 Jocelyn Redlinski

CCIW: 8.97 C 2/28/2014 Jocelyn Redlinski

Name	School	Finals
<b>Finals</b>		
1 Ruud, Elise	North Park	9.56 796

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## Shirk Center

## Results

## Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Penta

Name	School	Finals	
2 Kitchen, Nicole	Wheaton (Ill)	9.83	744
3 Sanders, Makenna	Wheaton (Ill)	10.12	690
4 Dolan, Dani	Carthage	10.16	682
5 Foxhoven, Cassidy	Wheaton (Ill)	10.17	681
6 Roschi, Rachel	Carthage	10.39	641
7 Garcia, Trisha	Carthage	10.50	621
8 Fischer, Sierra	Carroll	10.55	613
9 Trimuel, Brianna	Millikin	10.58	607
10 Dammeyer, Hailey	North Centra	10.83	565
11 Buell, Katie	Wheaton (Ill)	11.26	495
12 Hartman, Isabella	Augustana (I)	11.35	480
13 Collins, Allison	Wheaton (Ill)	11.55	450
14 Hartwig, Jessi	Carroll	11.77	417
15 Lam, Corinne	North Centra	12.44	324

## Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Shirk Center: 1.64m @ 2/28/2014 Jocelyn Redlinski

CCIW: 1.64m C 2/28/2014 Jocelyn Redlinski

Name	School	Finals	
1 Kitchen, Nicole	Wheaton (Ill)	1.59m	724
2 Dammeyer, Hailey	North Centra	1.56m	689
3 Sanders, Makenna	Wheaton (Ill)	1.44m	555
4 Dolan, Dani	Carthage	1.41m	523
4 Fischer, Sierra	Carroll	1.41m	523
6 Ruud, Elise	North Park	1.38m	491
6 Foxhoven, Cassidy	Wheaton (Ill)	1.38m	491
8 Buell, Katie	Wheaton (Ill)	1.32m	429
9 Hartwig, Jessi	Carroll	1.29m	399
9 Garcia, Trisha	Carthage	1.29m	399
11 Hartman, Isabella	Augustana (I)	1.26m	369
12 Roschi, Rachel	Carthage	1.23m	340
12 Trimuel, Brianna	Millikin	1.23m	340
12 Collins, Allison	Wheaton (Ill)	1.23m	340
15 Lam, Corinne	North Centra	1.11m	231

## Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Shirk Center: 5.36m @ 2/28/2014 Jocelyn Redlinski

CCIW: 5.36m C 2/28/2014 Jocelyn Redlinski

Name	School	Finals	
1 Foxhoven, Cassidy	Wheaton (Ill)	5.07m	578
2 Dolan, Dani	Carthage	5.06m	576
3 Garcia, Trisha	Carthage	4.92m	538
4 Kitchen, Nicole	Wheaton (Ill)	4.85m	519
5 Sanders, Makenna	Wheaton (Ill)	4.79m	503
6 Ruud, Elise	North Park	4.63m	461
7 Dammeyer, Hailey	North Centra	4.55m	441
8 Hartwig, Jessi	Carroll	4.46m	418
9 Trimuel, Brianna	Millikin	4.43m	411
10 Roschi, Rachel	Carthage	4.42m	408
11 Buell, Katie	Wheaton (Ill)	4.28m	374
12 Fischer, Sierra	Carroll	3.99m	306

13 Collins, Allison	Wheaton (Ill)	3.92m	290
14 Lam, Corinne	North Centra	3.73m	248
15 Hartman, Isabella	Augustana (I)	3.53m	206

## Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Shirk Center: 10.99m @ 2/28/2014 Allie Boudreau

CCIW: 10.99m C 2/28/2014 Allie Boudreau

Name	School	Finals	
1 Ruud, Elise	North Park	9.75m	513
2 Dammeyer, Hailey	North Centra	9.73m	512
3 Dolan, Dani	Carthage	9.15m	474
4 Hartwig, Jessi	Carroll	9.06m	468
5 Lam, Corinne	North Centra	8.49m	431
6 Fischer, Sierra	Carroll	8.23m	414
7 Kitchen, Nicole	Wheaton (Ill)	7.99m	399
8 Garcia, Trisha	Carthage	7.98m	398
9 Sanders, Makenna	Wheaton (Ill)	7.96m	397
10 Hartman, Isabella	Augustana (I)	7.34m	357
11 Buell, Katie	Wheaton (Ill)	7.29m	354
12 Roschi, Rachel	Carthage	7.07m	340
13 Trimuel, Brianna	Millikin	6.87m	327
14 Foxhoven, Cassidy	Wheaton (Ill)	6.84m	325
15 Collins, Allison	Wheaton (Ill)	6.17m	282

## Women Indoor Pentathlon

Shirk Center: 3587 @ 2/28/2014 Allie Boudreau

CCIW: 3587 C 2/28/2014 Allie Boudreau

Name	School	Finals	
1 Kitchen, Nicole	Wheaton (Ill)	3080	10
2 Dammeyer, Hailey	North Centra	2944	8
3 Dolan, Dani	Carthage	2910	6
4 Ruud, Elise	North Park	2841	5
5 Sanders, Makenna	Wheaton (Ill)	2778	4
6 Foxhoven, Cassidy	Wheaton (Ill)	2570	3
7 Garcia, Trisha	Carthage	2499	2
8 Buell, Katie	Wheaton (Ill)	2365	1
9 Hartwig, Jessi	Carroll	2333	
10 Fischer, Sierra	Carroll	2278	
11 Roschi, Rachel	Carthage	2114	
12 Collins, Allison	Wheaton (Ill)	2045	
13 Hartman, Isabella	Augustana (I)	1967	
14 Trimuel, Brianna	Millikin	1861	
15 Lam, Corinne	North Centra	1544	

## Men 60 Meter Dash Qualifying

Name	School	Prelims
1 Bloss, Michael	Wheaton (Ill)	7.35q
2 Fitch, Sam	North Centra	7.55q
3 Johnson, Alex	Millikin	7.59q
4 Hand, Austin	North Centra	7.61q
5 Riley, Tyreese	Elmhurst	7.66q
6 Annala, Jacob	Elmhurst	7.70q

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## Preliminaries ... (Men 60 Meter Dash Qualifying)

Name	School	Prelims
7 Bergman, Niklas	North Park	7.80q
8 Kolb, Jimmy	Elmhurst	7.85q
9 Rattani, Mizan	Elmhurst	8.05

## Men 60 Meter Dash

Shirk Center: 6.64 @ 1999 James Duncan  
 CCIW: 6.95 C 2012 C Acres/A Rindone

Name	School	Prelims
<b>Preliminaries</b>		
1 Townsend, London	Carthage	7.08Q
2 McComb, Grayson	Wheaton (Ill)	7.11Q
3 Zenon, Christian	Millikin	7.13Q
4 Ojumu, Mark	North Park	7.22Q
5 Cruz, Brandon	North Centra	7.13q
6 Ogbebor, Victor	Elmhurst	7.13q
7 Findlay, Maceo	North Centra	7.14q
8 Segrest, Jacob	Millikin	7.17q
9 Rogalski, Albert	Carthage	7.21
10 Aldridge, Travon	Augustana (I)	7.23
11 Lidinsky, Alec	Augustana (I)	7.24
12 Kallien, Robert	North Centra	7.24
13 Hunt, Jamir	Carthage	7.25
14 Duarte, Camilo	Augustana (I)	7.28
15 Siaw, Whitaker	Augustana (I)	7.29
16 Smith, Marcus	Wheaton (Ill)	7.30
17 Bloss, Michael	Wheaton (Ill)	7.34
18 Young, Virgil	Carthage	7.35
19 Koenig, Jesse	Carroll	7.35
20 Williams, Bemajedareki	Millikin	7.38
21 Grey, Jerome	Wheaton (Ill)	7.50
22 Enstrom, Logan	Augustana (I)	7.57
23 Hoshino, Alex	Wheaton (Ill)	7.62
24 Riley, Tyreese	Elmhurst	7.63
25 Fitch, Sam	North Centra	7.64
26 Hand, Austin	North Centra	7.67
27 King, KJ	Millikin	7.67
28 Bergman, Niklas	North Park	7.73
29 Johnson, Alex	Millikin	7.75
30 Annala, Jacob	Elmhurst	7.77
31 Kolb, Jimmy	Elmhurst	7.93

## Men 60 Meter Dash

Shirk Center: 6.64 @ 1999 James Duncan  
 CCIW: 6.95 C 2012 C Acres/A Rindone

Name	School	Finals
<b>Finals</b>		
1 Ogbebor, Victor	Elmhurst	6.96 10
2 Ojumu, Mark	North Park	7.06 8
3 Townsend, London	Carthage	7.07 6
4 Findlay, Maceo	North Centra	7.07 5
5 Segrest, Jacob	Millikin	7.18 4
6 McComb, Grayson	Wheaton (Ill)	7.20 3
7 Zenon, Christian	Millikin	7.21 2

8 Cruz, Brandon North Centra 13.82 1

## Men 200 Meter Dash

Shirk Center: 21.97 @ 1999 James Duncan  
 CCIW: 21.93 C 2008 Segun Olopo

Name	School	Finals
<b>Finals</b>		
1 Smith, Isaac	Augustana (I)	22.30 10
2 Spaccapaniccia, Daniel	North Centra	22.51 8
3 Findlay, Maceo	North Centra	22.60 6
4 Cole, Tommy	Wheaton (Ill)	22.76 5
5 Segrest, Jacob	Millikin	22.80 4
6 Cotton, Gabe	Carthage	22.98 3
7 Ojumu, Mark	North Park	23.06 2
8 LaMendola, Alex	Augustana (I)	23.08 1
9 Koenig, Jesse	Carroll	23.13
10 Kayle, Quade	Carthage	23.39
11 Duarte, Camilo	Augustana (I)	23.48
12 Hunt, Jamir	Carthage	23.52
13 Ogbebor, Victor	Elmhurst	23.54
14 Lidinsky, Alec	Augustana (I)	23.67
15 Zenon, Christian	Millikin	23.67
16 Cernek, Gavin	North Centra	23.77
17 Williams, Bemajedareki	Millikin	23.82
18 Smith, Kamren	Carthage	23.86
19 Hilton, Kyle	North Centra	23.93
20 Hones, Michael	Illinois Wes	24.11
21 Hoshino, Alex	Wheaton (Ill)	24.27
22 Smith, Marcus	Wheaton (Ill)	24.27
23 Castro, Gus	Illinois Wes	24.75
24 Annen, Nate	Wheaton (Ill)	25.01
25 Johnson, Alex	Millikin	25.02
26 Riley, Tyreese	Elmhurst	25.20
27 Kolb, Jimmy	Elmhurst	25.23
28 Annala, Jacob	Elmhurst	25.69
29 Bergman, Niklas	North Park	25.97
30 Rattani, Mizan	Elmhurst	26.84

## Men 400 Meter Dash

Shirk Center: 48.68 @ 2000 Rich Dixon  
 CCIW: 48.69 C 2007 M Harden/D Benton

Name	School	Finals
<b>Finals</b>		
1 Smith, Isaac	Augustana (I)	48.64@ 10
2 Piron, Peyton	North Centra	49.61 8
3 Terrini, Adam	Wheaton (Ill)	49.95 6
4 Spaccapaniccia, Daniel	North Centra	49.99 5
5 LaMendola, Alex	Augustana (I)	50.97 4
6 Schantek, Michael	Carthage	51.04 3
7 Martin, Josh	North Centra	51.06 2
8 Rasmussen, Dane	Carthage	51.11 1
9 Kirby, Zach	North Centra	51.48
10 Bertram, Sam	Wheaton (Ill)	51.63
11 Nordman, Ben	North Centra	51.64
12 Kimbrough, Tyler	Millikin	51.64

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## Finals ... (Men 400 Meter Dash)

Name	School	Finals
13 Wheeler, Austin	Augustana (I	51.80
14 Dowell, Bradley	Wheaton (III	52.86
15 Walker, Johnathan	Wheaton (III	53.50
16 Gualandri, Steven	Illinois Wes	54.10
17 Ruble, Nate	Wheaton (III	54.13
18 Campbell, Lucas	Augustana (I	54.23
19 Triplett, Herb	Carthage	55.13
20 Livingston, Joseph	Carthage	55.29
21 Vasquez, Luis	Millikin	55.75
22 Castro, Gus	Illinois Wes	55.85
23 Zenon, Christian	Millikin	57.22
24 Graham, Dante	Carthage	59.14

## Men 800 Meter Run

Shirk Center: 1:51.89 @ 2000 Matt Byington  
 CCIW: 1:52.40 C 2013 Luke Vance

Name	School	Finals
<b>Finals</b>		
1 Marton, Grant	Carroll	1:53.22 10
2 Kulling, Kevin	Carthage	1:56.85 8
3 Lee, Chris	Wheaton (III	1:56.86 6
4 Gray, Zachary	Augustana (I	1:57.66 5
5 Penningroth, Jonah	North Centra	1:57.78 4
6 Harvey, Nick	Augustana (I	1:58.18 3
7 Sanchez, Juan	Carthage	1:58.41 2
8 McQuality, James	North Centra	1:58.58 1
9 Collins, Bryan	Carthage	1:59.18
10 York, Mike	Carthage	1:59.27
11 Jaskowiak, Jacob	North Centra	1:59.54
12 Glickman, Jeremy	Illinois Wes	1:59.62
13 Wantland, Jacob	North Centra	2:00.42
14 Collins, Dalton	Millikin	2:01.35
15 Ambrose, Nathan	Augustana (I	2:01.75
16 Dischinger, David	Wheaton (III	2:01.83
17 Nosewicz, Aleks	Wheaton (III	2:02.33
18 Pinkerton, Logan	Wheaton (III	2:03.15
19 McElroy, Timee	Millikin	2:03.30
20 Daghfal, Andrew	Wheaton (III	2:03.56
21 O'Brien, Tommy	Millikin	2:03.65
22 O'Donnell, Bernie	Illinois Wes	2:03.84
23 Hubbard, Jacob	Elmhurst	2:04.04
24 Wade, Trey	Millikin	2:04.52
25 Sander, Lester	Augustana (I	2:05.52
26 Sand, Mitch	Augustana (I	2:06.44
27 Matlock, Junious	North Park	2:06.82
28 Berggren, Jon	North Park	2:11.73
29 Otte, Kevin	Elmhurst	2:13.02
30 Taylor, Zach	Elmhurst	2:15.38
31 Robles, Ricardo	Elmhurst	2:28.58
32 Sustaita, Raul	Illinois Wes	2:33.31
33 Delgado, Ricardo	North Park	2:42.70

## Men 1 Mile Run

Shirk Center: 4:15.75 @ 3/1/2014 Brett Haffner  
 CCIW: 4:10.70 C 2009 Brian McConnell

Name	School	Finals
<b>Finals</b>		
1 DeGroot, Kieran	Carroll	4:19.92 10
2 Buechner, Chris	North Centra	4:19.96 8
3 Howard, Camren	Carthage	4:22.01 6
4 Patel, Dhruvil	North Centra	4:22.80 5
5 Johnson, Mitchell	Augustana (I	4:23.43 4
6 Bailon, Argeni	North Centra	4:23.89 3
7 McElroy, Timee	Millikin	4:24.04 2
8 Thomas, Hudson	Wheaton (III	4:26.96 1
9 Gomez, Omar	North Centra	4:28.10
10 Powers, Sam	Illinois Wes	4:29.82
11 Ducharme, Jeremy	North Centra	4:29.83
12 Wendt, Nate	Augustana (I	4:32.75
13 Wills, Trevor	Carthage	4:34.16
14 Rivas, Joe	Elmhurst	4:36.39
15 Brase, Noah	Wheaton (III	4:37.01
16 Wurtz, Scott	Wheaton (III	4:37.08
17 Verlinden, Justin	Augustana (I	4:37.93
18 Labatore, Jacob	Carthage	4:40.75
19 Wiggan, Dan	Elmhurst	4:41.63
20 Hoffmann, Kelly	Illinois Wes	4:42.63
21 Larkin, Michael	Wheaton (III	4:43.75
22 Smith, Mitchell	Wheaton (III	4:45.84
23 Gray, Brandon	Carthage	4:45.86
24 Borrowman, Seth	Illinois Wes	4:46.55
25 Mankowski, Michael	Augustana (I	4:51.28
26 Minda, Zac	Carthage	4:55.71
27 Schulberg, Nick	Elmhurst	5:01.83
28 Barnard, Luke	Elmhurst	5:03.09
29 Chaidez, Eric	Elmhurst	5:04.70
30 Durr, Jonathan	Illinois Wes	5:31.80

## Men 3000 Meter Run

Shirk Center: 8:20.09 @ 3/1/2014 John Crain  
 CCIW: 8:25.84 C 2009 Mike Spain

Name	School	Finals
<b>Finals</b>		
1 Osing, Tanner	Augustana (I	8:23.80C 10
2 Adlfinger, Ethan	North Centra	8:27.18 8
3 Hird, Zach	North Centra	8:34.37 6
4 McKenna, Nolan	North Centra	8:38.48 5
5 Herrera, Zachary	North Centra	8:43.30 4
6 Kuenneth, Tanner	Illinois Wes	8:46.63 3
7 Massot, Seth	Wheaton (III	8:47.92 2
8 Claus, Kevin	Augustana (I	8:49.41 1
9 Lavelle, Stephen	Augustana (I	8:53.11
10 Peterson, Simon	Wheaton (III	8:56.73
11 Andersen, Luke	Wheaton (III	9:01.48
12 August, Matt	Carthage	9:04.99
13 Trujillo, Miles	Wheaton (III	9:10.90



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## Finals ... (Men 3000 Meter Run)

Name	School	Finals
14 Crowninshield, Max	Illinois Wes	9:14.04
15 Dorsey, Ronan	Illinois Wes	9:14.23
16 Spykstra, Seth	Wheaton (Ill	9:16.43
17 Bernard, Thomas	Augustana (I	9:19.59
18 Schwartz, Zakry	Carthage	9:23.43
19 Saladin, Chris	Augustana (I	9:25.23
20 Blaszak, Scott	Elmhurst	9:35.26
21 Castaneda, Juan	Elmhurst	9:38.10
22 Raybould, Steven	Illinois Wes	9:40.10
23 Tomich, Trevor	Carthage	9:48.30
24 O'Connell, William	Elmhurst	9:48.50
25 Edwards, Thomas	Carthage	9:54.74
26 Rowe, Donald	Carthage	9:59.79
27 Aguilera, Antonio	Elmhurst	10:08.85
28 Avalos, Anthony	Elmhurst	10:29.50

## Men 5000 Meter Run

Shirk Center: 14:33.43 @ 2000

Dan Schwamberger

CCIW: 14:34.94 C 2011

Dan Kerley

Name	School	Finals
<b>Finals</b>		
1 Patel, Dhruvil	North Centra	14:38.22 10
2 Plank, Zach	North Centra	14:42.24 8
3 O'Keefe, Dan	North Centra	15:08.87 6
4 Norvell, Matthew	North Centra	15:09.53 5
5 Rangel, Carlitos	North Centra	15:11.62 4
6 Von Borstel, Michael	Carthage	15:17.74 3
7 Kuenneth, Tanner	Illinois Wes	15:19.12 2
8 Massot, Seth	Wheaton (Ill	15:19.21 1
9 Ahmed, Suneed	Carthage	15:30.05
10 Claus, Kevin	Augustana (I	15:32.99
11 Engberg, Logan	Carthage	15:46.81
12 Andersen, Luke	Wheaton (Ill	16:01.41
13 Crowninshield, Max	Illinois Wes	16:01.82
14 Dorsey, Ronan	Illinois Wes	16:02.02
15 Bernard, Thomas	Augustana (I	16:03.24
16 White, Paul	Carthage	16:17.71
17 Raybould, Steven	Illinois Wes	16:27.85
18 Saladin, Chris	Augustana (I	16:30.12
19 Diamond, James	Carthage	16:35.16
20 Contreras, Matthew	Augustana (I	16:36.54
21 Joyce, Michael	Wheaton (Ill	16:40.83
22 Jones, Tyler	Wheaton (Ill	16:46.29
23 Vines, Jonathan	Wheaton (Ill	16:49.34
24 Shotton, Cameron	Augustana (I	17:29.65

## Men 60 Meter Hurdles

Shirk Center: 7.92 @ 2000

Christopher Cobbs

CCIW: 8.34 C 2012

Greg Davis

Name	School	Prelims
<b>Preliminaries</b>		
1 Cole, Tommy	Wheaton (Ill	8.47Q
2 Mason, Zion	North Centra	8.58Q

3 Hilton, Kyle	North Centra	8.72Q
4 Stuttle, Nick	North Centra	8.70q
5 Henry, Matthew	Augustana (I	8.76q
6 Rubarts, Tyler	Augustana (I	8.77q
7 Feula, Antonio	Illinois Wes	8.78q
8 Povilaitis, Rashawn	North Centra	8.89q
9 Sommers, Clayton	Augustana (I	8.95
10 Margason, Andy	Wheaton (Ill	9.01
11 Collins, Dalton	Millikin	9.01
12 Barrio, Jose	North Park	9.13
13 Zeller, James	Wheaton (Ill	9.55
14 Cervantes, Nic	Augustana (I	9.90
15 Medina, Omar	Augustana (I	9.91
16 Riley, Jack	North Centra	9.97

## Men 60 Meter Hurdles

Shirk Center: 7.92 @ 2000

Christopher Cobbs

CCIW: 8.34 C 2012

Greg Davis

Name	School	Finals
<b>Finals</b>		
1 Cole, Tommy	Wheaton (Ill	8.30C 10
2 Mason, Zion	North Centra	8.51 8
3 Hilton, Kyle	North Centra	8.58 6
4 Henry, Matthew	Augustana (I	8.69 5
5 Stuttle, Nick	North Centra	8.70 4
6 Rubarts, Tyler	Augustana (I	8.81 3
7 Feula, Antonio	Illinois Wes	8.87 2
8 Povilaitis, Rashawn	North Centra	8.97 1

## Men 4x400 Meter Relay

Shirk Center: 3:16.97 @ 2000

Nebraska Wesleyan

CCIW: 3:18.18 C 2012

North Central

## Hackler,Caron,Hamilton,Benton

Team	Relay	Finals
<b>Finals</b>		
1 North Central (Ill.)		3:20.50 10
1) Spaccapaniccia, Daniel	2) Kirby, Zach	
3) Nordman, Ben	4) Piron, Peyton	
2 Wheaton (Ill.)		3:22.39 8
1) Bertram, Sam	2) Cole, Tommy	
3) Terrini, Adam	4) Pinkerton, Logan	
3 Carthage		3:22.91 6
1) Rasmussen, Dane	2) Schantek, Michael	
3) Kayle, Quade	4) Kulling, Kevin	
4 Augustana (Ill.)		3:23.32 5
1) LaMendola, Alex	2) Swanson, Jeffrey	
3) Sommers, Clayton	4) Smith, Isaac	
5 Millikin		3:25.20 4
1) Segrest, Jacob	2) Meyer, Ethan	
3) Kimbrough, Tyler	4) Collins, Dalton	
6 Carroll		3:28.88 3
1) Marton, Sean	2) Marton, Grant	
3) DeGroot, Kieran	4) Koenig, Jesse	

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## Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
7 Illinois Wesleyan		3:32.97 2
1) Carlisle, Seth	2) Worby, Bryan	
3) Gualandri, Steven	4) Powers, Sam	
8 North Park		3:35.04 1
1) Barrio, Jose	2) Matlock, Junious	
3) Alsing, Nicklas	4) Ojomu, Mark	
9 Elmhurst		3:46.90
1) Rivas, Joe	2) Barnard, Luke	
3) Otte, Kevin	4) Wiggin, Dan	

## Men Distance Medley

Shirk Center: 10:00.13 @ 2000 North Central College  
 CCIW: 9:58.89 C 2013 North Central

Lodi, Hackler, Hamilton, Crane

Team	Relay	Finals
1 Augustana (Ill.)		10:24.87 10
1) Osing, Tanner	2) Swanson, Jeffrey	
3) Gray, Zachary	4) Johnson, Mitchell	
2 North Central (Ill.)		10:26.71 8
1) Sismelich, Steven	2) Martin, Josh	
3) Buechner, Chris	4) Marcuccelli, Samuel	
3 Wheaton (Ill.)		10:35.79 6
1) Dischinger, David	2) Lee, Chris	
3) Thomas, Hudson	4) Wurtz, Scott	
4 Millikin		10:36.76 5
1) O'Brien, Tommy	2) Meyer, Ethan	
3) Collins, Dalton	4) McElroy, Timee	
5 Illinois Wesleyan		10:44.13 4
1) Tweedy, Nolan	2) Gualandri, Steven	
3) Glickman, Jeremy	4) Powers, Sam	
6 Carthage		10:56.90 3
1) Wills, Trevor	2) Graham, Dante	
3) Labatore, Jacob	4) August, Matt	
7 Elmhurst		11:06.53 2
1) Wiggin, Dan	2) Taylor, Zach	
3) Hubbard, Jacob	4) Rivas, Joe	
8 North Park		11:36.78 1
1) Matlock, Junious	2) Barrio, Jose	
3) Berggren, Jon	4) Clifton, Joe	

## Men High Jump

Shirk Center: 2.13m @ 1999 Steve Adams  
 CCIW: 2.07m C 2009 Ted McMillan

Name	School	Finals
1 Gray, Collin	Wheaton (Ill)	2.02m 10
2 Poklop, Adam	North Centra	2.00m 8
3 Lembke, David	Carroll	J2.00m 6
4 Henderson, Laurence	Illinois Wes	1.95m 5
5 Rydell, Eric	Illinois Wes	J1.95m 3.5
5 Olesen, Kyle	North Centra	J1.95m 3.5
7 Foster, Patrick	Illinois Wes	1.90m 2

8 Sommers, Clayton	Augustana (I	J1.90m 1
9 LeBlanc, Michael	North Centra	J1.90m
9 Haag, Austin	Carthage	J1.90m
11 Mathew, Stephen	Wheaton (Ill	1.85m
12 Hughes, Tyler	North Park	J1.85m
13 Sears, Gage	Augustana (I	J1.85m
14 Cernek, Gavin	North Centra	1.80m
14 Burns, Tyler	Augustana (I	1.80m
16 Malec, Peter	North Park	J1.80m
17 Mansfield, Ross	Millikin	1.75m
17 DeBord, Rashaun	Augustana (I	1.75m
--- Rintelman, Brian	Carthage	NH

## Men Pole Vault

Shirk Center: 5.15m @ 2000 Brad Paris  
 CCIW: 5.31m C 2012 John Wood

Name	School	Finals
1 Winder, Luke	North Centra	5.32mC 10
2 LaHaye, Spencer	North Centra	4.82m 8
3 Atwell, Arthur	Augustana (I	4.72m 6
4 Kuipers, Dylan	North Centra	4.62m 5
5 Webb, Izaiah	North Centra	4.47m 3.5
5 Wood, Casey	North Centra	4.47m 3.5
7 Marton, Sean	Carroll	4.32m 2
8 Crompton, Patrick	Augustana (I	J4.32m 1
9 Vanderheyden, Mark	Augustana (I	4.17m
10 DeMattia, Eric	Augustana (I	J4.17m
11 Stubblefield, Kameron	Carthage	4.02m
12 Smith, Sebastian	Millikin	J4.02m
13 Kett, Ethan	Illinois Wes	J4.02m
14 Ward, Cameron	Illinois Wes	3.87m
15 Bradley, Peter	Wheaton (Ill	3.72m

## Men Long Jump

Shirk Center: 7.38m @ 2000 Martez Clark  
 CCIW: 7.19m C 2013 Matt Souvannaing

Name	School	Finals
1 Segrest, Jacob	Millikin	7.10m 10
2 Garner, Shawntrel	Carthage	6.74m 8
3 Smith, Jordan	Millikin	6.68m 6
4 Stewart, Jake	Illinois Wes	6.67m 5
5 Ogbemor, Victor	Elmhurst	J6.67m 4
6 Brown, Isaiah	Carthage	6.58m 3
7 Aldridge, Travon	Augustana (I	6.53m 2
8 Stuttle, Nick	North Centra	6.50m 1
9 Worby, Bryan	Illinois Wes	6.40m
10 Rogalski, Albert	Carthage	6.38m
11 McQuaid, Wesley	North Centra	6.36m
12 Rubarts, Tyler	Augustana (I	6.33m
13 Alsing, Nicklas	North Park	6.31m
14 Armstead, Danny	Carthage	6.12m
15 Gieson, Jonathan	North Centra	6.06m
16 Murphy, Evan	Augustana (I	5.98m

## Illinois Wesleyan University Track &amp; Field - 2/24/2017 to 2/25/2017

## CCIW Indoor Championships

## Shirk Center

## Results

## Finals ... (Men Long Jump)

Name	School	Finals
17 King, KJ	Millikin	5.86m
18 Burns, Tyler	Augustana (I)	5.84m
19 DeBord, Rashaun	Augustana (I)	5.84m
20 Fitch, Sam	North Centra	5.82m
21 Jones, Mike	Carthage	5.79m
22 Foley, Nick	North Centra	5.60m
23 Annala, Jacob	Elmhurst	5.29m
24 Kitchen, Michael	Wheaton (Ill)	5.20m
25 Grey, Jerome	Wheaton (Ill)	5.13m
26 Riley, Tyreese	Elmhurst	4.96m
27 Kolb, Jimmy	Elmhurst	4.87m

## Men Triple Jump

Shirk Center: 15.42m @ 1999 Dion Simmons  
 CCIW: 14.68m C 2011 Patrick Zuenick

Name	School	Finals
1 Aldridge, Travon	Augustana (I)	13.93m 10
2 Murphy, Evan	Augustana (I)	13.69m 8
3 Olateju, Sola	Wheaton (Ill)	13.68m 6
4 Meyer, Ethan	Millikin	13.39m 5
5 Webb, Izaiah	North Centra	13.38m 4
6 Alsing, Nicklas	North Park	13.33m 3
7 Brown, Isaiah	Carthage	13.19m 2
8 Lembke, David	Carroll	13.15m 1
9 Rubarts, Tyler	Augustana (I)	13.02m
10 Smith, Jordan	Millikin	12.93m
11 Burant, Austin	Augustana (I)	12.88m
12 Daniels, Kadarius	North Park	12.62m
13 Segrest, Jacob	Millikin	12.53m
14 Lyle, Garret	North Centra	12.48m
15 Buechner, Max	Carroll	12.42m
16 Henderson, Laurence	Illinois Wes	12.42m
17 Cornelius, Kendric	Carthage	12.22m
18 Carlisle, Seth	Illinois Wes	12.16m
19 Bolton, Chaka	North Centra	11.52m
20 Cervantes, Nic	Augustana (I)	11.47m
21 Kitchen, Michael	Wheaton (Ill)	11.11m
22 Eiring, Kevin	Carthage	10.72m
--- McQuaid, Wesley	North Centra	FOUL

## Men Shot Put

Shirk Center: 17.57m @ 2000 Jason Dennis  
 CCIW: 16.96m C 2002 Justine Rapp

Name	School	Finals
1 Menard, Jacob	Carthage	15.31m 10
2 Barbian, Kevin	Augustana (I)	15.23m 8
3 Ehlers, Ethan	Augustana (I)	15.15m 6
4 King, Keith Jr.	Augustana (I)	14.39m 5
5 Anderson, Zach	Illinois Wes	14.00m 4
6 Mitchell, Scott	Illinois Wes	13.91m 3
7 Michaels, David	Elmhurst	13.49m 2

8 Manikham, Andrew	Carroll	12.76m 1
9 Lundquist, Caleb	North Centra	12.62m
10 Hays, Caleb	Carthage	12.50m
11 Long, Dalton	Millikin	12.45m
12 Orchard, Colin	Illinois Wes	12.20m
13 Perkins, Ian	Elmhurst	11.96m
14 Olenjiczak, Vince	North Centra	11.71m
15 Thompson, Tucker	Carthage	11.62m
16 LeClaire, PJ	Carroll	11.46m
17 Ritter, Tex	Wheaton (Ill)	11.39m
18 Smith, Clayton	Elmhurst	11.35m
19 Mora, Ricardo	Elmhurst	11.28m
20 Rodriguez, Angel	North Park	11.00m
21 Ciesla, Andy	Elmhurst	9.98m

## Men Weight Throw

Shirk Center: 17.82m @ 2000 Colin Smith  
 CCIW: 18.87m C 2011 Darien West

Name	School	Finals
1 Simmons, Marckus	Augustana (I)	17.97m@ 10
2 Anderson, Zach	Illinois Wes	16.02m 8
3 Menard, Jacob	Carthage	15.88m 6
4 Wheeler, Cody	Augustana (I)	15.72m 5
5 Barbian, Kevin	Augustana (I)	15.39m 4
6 Hurlburt, Jacob	Carthage	14.24m 3
7 Mitchell, Scott	Illinois Wes	13.93m 2
8 LeClaire, PJ	Carroll	13.78m 1
9 Szyszka, Ken	Carroll	13.35m
10 Olenjiczak, Vince	North Centra	13.02m
11 Bellafiore, Joe	Augustana (I)	12.97m
12 Williams, Jake	Illinois Wes	12.95m
13 Hays, Caleb	Carthage	11.84m
14 Thompson, Tucker	Carthage	11.81m
15 Rodriguez, Angel	North Park	11.37m
16 Shafer, Jon	Millikin	11.32m
17 Mora, Ricardo	Elmhurst	11.12m
18 Orchard, Colin	Illinois Wes	10.99m
19 Ciesla, Andy	Elmhurst	10.79m
20 Long, Dalton	Millikin	10.67m
21 Diaz, Myles	North Centra	10.03m
22 Ritter, Tex	Wheaton (Ill)	9.94m
--- Perkins, Ian	Elmhurst	FOUL
--- Manikham, Andrew	Carroll	FOUL
--- Jackson, Jamal	Illinois Wes	FOUL

## Heptathlon: #1 Men 60 Meter Dash Heptathlon

Shirk Center: 7.28 @ 2/28/2014 Joshua Eisenberg  
 CCIW: 7.28 C 2/28/2014 Joshua Eisenberg

Name	School	Finals
1 Elfgaard, Rasmus	North Park	7.32 772
2 Van Grinsven, Leif	Wheaton (Ill)	7.34 765
3 Potter, Max	North Park	7.36 759
4 Krueger, Brad	Carthage	7.39 749

## Illinois Wesleyan University Track &amp; Field - 2/24/2017 to 2/25/2017

## CCIW Indoor Championships

## Shirk Center

## Results

## Finals ... (Heptathlon: #1 Men 60 Meter Dash Heptathlon)

Name	School	Finals		
5 Harris, David	Wheaton (Ill)	7.51	710	
6 Braun, David	Millikin	7.54	700	
7 Adams, Andrew	Augustana (I)	7.59	684	
8 O'Carroll, Sean	Illinois Wes	7.61	678	
9 Dorsen, Nick	Carthage	7.64	668	
10 Smith, Robert	Wheaton (Ill)	7.74	637	
11 Lee, Sam	North Centra	7.80	619	
12 Donovan, Kevin	Augustana (I)	7.85	604	

## Heptathlon: #7 Men 1000 Meter Dash Heptathlon

Shirk Center: 2:45.31 @ 2/28/2014 Joshua Eisenberg

Name	School	Finals		
1 Adams, Andrew	Augustana (I)	2:49.35	772	
2 Van Grinsven, Leif	Wheaton (Ill)	2:51.04	755	
3 Harris, David	Wheaton (Ill)	2:52.85	736	
4 Donovan, Kevin	Augustana (I)	2:53.60	728	
5 Dorsen, Nick	Carthage	2:53.81	726	
6 Smith, Robert	Wheaton (Ill)	2:57.64	688	
7 Krueger, Brad	Carthage	2:59.30	671	
8 Elfgaard, Rasmus	North Park	3:00.65	658	
9 Braun, David	Millikin	3:09.32	576	
10 O'Carroll, Sean	Illinois Wes	3:12.85	544	
11 Potter, Max	North Park	3:17.26	505	
12 Lee, Sam	North Centra	3:20.64	476	

## Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Shirk Center: 8.49 @ 2/28/2014 Jeff Toraason

CCIW: 8.49 C 2/28/2014 Jeff Toraason

Name	School	Finals		
1 Van Grinsven, Leif	Wheaton (Ill)	8.67	820	
2 Elfgaard, Rasmus	North Park	8.68	818	
3 Krueger, Brad	Carthage	8.92	764	
4 Adams, Andrew	Augustana (I)	9.17	709	
5 Harris, David	Wheaton (Ill)	9.45	650	
6 O'Carroll, Sean	Illinois Wes	9.50	639	
7 Smith, Robert	Wheaton (Ill)	9.73	593	
8 Donovan, Kevin	Augustana (I)	9.75	589	
9 Lee, Sam	North Centra	9.78	583	
10 Potter, Max	North Park	9.96	549	
11 Dorsen, Nick	Carthage	10.22	500	
12 Braun, David	Millikin	10.25	495	

## Heptathlon: #4 Men High Jump Heptathlon

Shirk Center: 1.91m @ 2/28/2014 Jeff Toraason

CCIW: 1.91m C 2/28/2014 Jeff Toraason

Name	School	Finals		
1 Van Grinsven, Leif	Wheaton (Ill)	1.86m	679	
1 Elfgaard, Rasmus	North Park	1.86m	679	
3 Dorsen, Nick	Carthage	1.74m	577	
4 Adams, Andrew	Augustana (I)	1.71m	552	

5 Donovan, Kevin	Augustana (I)	1.62m	480
5 O'Carroll, Sean	Illinois Wes	1.62m	480
5 Smith, Robert	Wheaton (Ill)	1.62m	480
8 Harris, David	Wheaton (Ill)	1.59m	457
9 Lee, Sam	North Centra	1.56m	434
10 Potter, Max	North Park	1.53m	411
--- Braun, David	Millikin	NH	
--- Krueger, Brad	Carthage	X1.71m	552

## Heptathlon: #6 Men Pole Vault Heptathlon

Shirk Center: 4.58m @ 2/28/2014 Brendan Cole

Name	School	Finals		
1 O'Carroll, Sean	Illinois Wes	4.24m	685	
1 Potter, Max	North Park	4.24m	685	
1 Krueger, Brad	Carthage	4.24m	685	
4 Elfgaard, Rasmus	North Park	4.04m	628	
5 Donovan, Kevin	Augustana (I)	3.84m	573	
6 Van Grinsven, Leif	Wheaton (Ill)	3.74m	546	
7 Harris, David	Wheaton (Ill)	3.54m	493	
8 Lee, Sam	North Centra	3.44m	467	
9 Adams, Andrew	Augustana (I)	3.34m	441	
10 Smith, Robert	Wheaton (Ill)	3.24m	416	
11 Dorsen, Nick	Carthage	3.14m	391	
12 Braun, David	Millikin	2.94m	342	

## Heptathlon: #2 Men Long Jump Heptathlon

Shirk Center: 6.45m @ 2/28/2014 Joshua Eisenberg

CCIW: 6.45m C 2/28/2014 Joshua Eisenberg

Name	School	Finals		
1 Elfgaard, Rasmus	North Park	6.47m@	691	
2 Van Grinsven, Leif	Wheaton (Ill)	6.45m@	686	
3 Potter, Max	North Park	6.33m	659	
4 Krueger, Brad	Carthage	6.16m	621	
5 Dorsen, Nick	Carthage	6.11m	610	
6 O'Carroll, Sean	Illinois Wes	5.93m	571	
7 Adams, Andrew	Augustana (I)	5.90m	565	
8 Braun, David	Millikin	5.83m	550	
9 Harris, David	Wheaton (Ill)	5.74m	531	
10 Donovan, Kevin	Augustana (I)	5.59m	500	
11 Lee, Sam	North Centra	5.41m	463	
12 Smith, Robert	Wheaton (Ill)	5.33m	447	

## Heptathlon: #3 Men Shot Put Heptathlon

Shirk Center: 12.73m @ 2/28/2014 Quenten Austin

CCIW: 12.73m C 2/28/2014 Quenten Austin

Name	School	Finals		
1 Krueger, Brad	Carthage	11.80m	594	
2 Elfgaard, Rasmus	North Park	11.60m	582	
3 Van Grinsven, Leif	Wheaton (Ill)	10.96m	543	
4 Dorsen, Nick	Carthage	10.40m	510	
5 Harris, David	Wheaton (Ill)	10.23m	499	
6 Adams, Andrew	Augustana (I)	9.98m	484	

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## CCIW Indoor Championships

## Shirk Center

## Results

**Finals ... (Heptathlon: #3 Men Shot Put Heptathlon)**

	Name	School	Finals
7	Potter, Max	North Park	9.69m 467
8	Smith, Robert	Wheaton (Ill)	9.35m 447
9	Braun, David	Millikin	8.91m 420
10	Donovan, Kevin	Augustana (I)	8.75m 411
11	Lee, Sam	North Centra	8.63m 404
12	O'Carroll, Sean	Illinois Wes	8.49m 395

**Men Heptathlon**

Shirk Center: 4908 @ 2/28/2014 Joshua Eisenberg

CCIW: 4655 C 2013 Joseph Heiko

	Name	School	Finals
1	Elfgaard, Rasmus	North Park	4828C 10
2	Van Grinsven, Leif	Wheaton (Ill)	4794C 8
3	Krueger, Brad	Carthage	4636 6
4	Adams, Andrew	Augustana (I)	4207 5
5	Harris, David	Wheaton (Ill)	4076 4
6	Potter, Max	North Park	4035 3
7	O'Carroll, Sean	Illinois Wes	3992 2
8	Dorsen, Nick	Carthage	3982 1
9	Donovan, Kevin	Augustana (I)	3885
10	Smith, Robert	Wheaton (Ill)	3708
11	Lee, Sam	North Centra	3446
12	Braun, David	Millikin	3083

**Women - Team Rankings - 17 Events Scored**

1)	Wheaton (Ill.)	167
2)	Illinois Wesleyan	120.5
3)	North Central (Ill.)	107
4)	Carthage	102
5)	Augustana (Ill.)	82.5
6)	North Park	42
7)	Carroll	28
8)	Millikin	14

**Men - Team Rankings - 17 Events Scored**

1)	North Central (Ill.)	195.5
2)	Augustana (Ill.)	142
3)	Carthage	80
4)	Wheaton (Ill.)	76
5)	Illinois Wesleyan	47.5
6)	Millikin	42
7)	Carroll	34
8)	North Park	28
9)	Elmhurst	18