

CIF SS

MILE

1913	Clarence Beebe, Anaheim	4:35.0	Sam Berry, Redlands	----- Walker, Pomona			
1914	Clarence Beebe, Anaheim	4:39.4	Ray Yerkes, Manual Arts	Art Lester, San Diego			
1915	Reid Crippen, Poly	4:40.6	Wes Frost, Redlands	G---- Walker, Pomona	----- Martin, Riverside Poly		
1916	Cyril Cooper, Pasadena	4:39.2	Ken Strickfaden, Santa Monica	----- Walker, Pasadena	W---- Kitts, Hollywood		
1917	Grant Swann, Lincoln	4:35.4	West Frost, Redlands	Whitney Reeves, Pasadena	----- Silvas, Pasadena		
1918	----- Knight, LB Poly	4:46.2	Arvine Marvin, Lincoln	----- Strang, Redlands	----- Knowlton, Redlands		
1919	Arvine Marvin, Lincoln	4:42.8	Atwood Scovel, San Bern	----- Knowlton, Redlands	Bill McIntosh, Santa Monica		
1920	Atwood Scovel, Manual Arts	4:42.4	Bill Garner, San Bernardino	M---- Price, Pasadena	----- Keech, Santa Ana		
1921	Bill Kerr, Huntington Beach	4:36.4	----- Landis, Bonita	Nick Carter, Lompoc	Bill Garner, San Bernardino		
1922	Bill Kerr, Huntington beach	4:36.0	Les Heilman, San Diego	----- Cypher, Monrovia	Carl Plate, Poly	Bill Garner, San Bernardino	
1923	Carl Plate, Poly Charley Mitchell, Poly	4:40.0		Edwin Worrell, Covina	Al Stevens, Santa Barbara	----- Lemm, Riverside Poly	
1924	Dillard Carnahan, Riverside Poly	4:34.3	Charles Carlstrom, San Diego	Lee Hansen, Manual Arts	Gordon Newell, Franklin	----- Adams, El Monte	
1925	Chesley Unruh, El Monte	4:29.6	Dillard Carnahan, Riv Poly	----- Schuer, Puente	Jack Ferguson, Inglewood	----- Stewart, LB Poly	
1926	Jack Ferguson, Inglewood	4:33.8	Harold Breeding, Santa Ana	Ellsworth Patterson, Poly	Linwood Brown, San Diego	Gus Searcy, Lincoln	
1927	Harold Breeding, Santa Ana	4:32.2	----- Boyer, Chaffey	Bob Martinez, Chino	Earl Callahan, Manual Arts	Allan Storms, Hollywood	
1928	Wally Minch, Inglewood	4:32.2	Dick Brooks, Redlands	Almon Lockaby, San Bern	Dick Learned, Redondo	Johnny Tatar, Garfield	
1929	Evans Dowers, San Diego	4:32.6	----- Roberts, El Monte	John Baker, Hunt.Park	J.C. Smith, Hollywood	Tom Donahue, Santa Ana	
1930	Evans Dowers, San Diego	4:32.6	Jim Lawrence, Manual Arts	Lester Cline, Whittier	Claude Lindsay, Manual Arts	Robert Smith, LB Wilson	
1931	Glen Hotchkiss, Washington	4:33.0	Virgil Hooper, Ant.Valley	Francis Benavidez, Manual Arts	----- Schneider, San Fern.	----- Valley, Harvard	
1932	Virgil Hooper, Ant.Valley	4:33.8	Johnny Wall, Roosevelt	Barry Wartenberg, Venice	Bill Comerford, Manual Arts	Chuck Nimmo, Hollywood	
1933	Virgil Hooper, Ant.Valley	4:30.8	Bob Jordan, Whittier	Bill Comerford, Manual Arts	Lorenz Waldthausen, LA	Gaylord Mercer, Hoover	
1934	Louie Zamperini, Torrance	4:21.3	Gaylord Mercer, Hoover	Seward Mounday, Jefferson	Fabian Elloriaga, Roosevelt	Ned Jenson, Manual Arts	
1935	Louie Zamperini, Torrance	4:27.2	Elmer Bayer, Paso Robles	Dale Schuyler, Carpinteria	Bobby Madrid, Belmont	Frank Millan, Roosevelt	
1936	Larry Valero, Valencia	4:35.3	George Fuerstinger, Inglewood	Elmer Smith, Compton	Mack Stevens, Inglewood	Otto Miller, Glendale	

1937	Doug Meadowcraft, Santa Monica	4:40.1	Tom Cowger, Ventura	Herschel Whitney, Santa Ana	Phil Olds, Carpinteria	Lou Pritchard, San Diego	
1938	Eddie Bahle, Sherman Indian	4:30.4	Doug Meadowcraft, Santa Monica	Cecil Flores, San Bernardino	Herman Stanfill, Montebelo	Paul Alexander, SD Hoover	
1939	Al Heredia, San Diego	4:29.3	Herman Stanfill, Montebello	Arthur Heston, Paso Robles	Don Graney, LB Poly	----- Augustine, Compton	
1940	Gil Webb, Redlands	4:31.5	Al Salmon, San Diego	Murillo Amaya, Montebello	Jess Flores, Santa Paula	Ken Owens, Sweetwater	
1941	Jess Flores, Santa Paula	4:30.7	Cecil Flores, San Bernardino	Louis Aguilera, Compton	Dick Woolsey, Hoover	Oscar Diaz, Capistrano	
1942	Roland Sink, South Pasadena	4:34.0	Oscar Diaz, Capistrano	James Gamble, Santa Maria	Preston Lane, Santa Monica	Minter, Brawley	
1943	Roland Sink, South Pasadena	4:21.4	Hilary Partridge, Redondo	Ed Hall, San Diego	Roy Jones, Pomona	Arthur Leroy, Alhambra	
1944	John Cherry, Colton	4:30.5	Case Bradford, South Pasadena 4:37.2	Tony Ramirez, Keppel 4:38.0	Don Jones, Santa Monica	Cruz Gonzales, Compton 4:39.0	
1945	John Cherry, Colton	4:36.2	Roger Bryson, LB Poly 4:37.2	----- Barrett, Beaumont	Larry Boerner, Grossmont	Ted Simpson, San Diego	
1946	Chuck Kohl, Compton	4:30.7	Bob McMillen, Cathedral	Charles Shaw, Cathedral	Paul Juette, SD Hoover	Ed Dardeene, Inglewood	
1947	Chuck Kohl, Compton	4:28.6	Charles Shaw, Cathedral	Joe Fisher, Santa Monica	Bob Hougeland, Santa Ana	Chuck Phillips, SD Hoover	
1948	Jerome Walter, Compton	4:26.9	Herb Morrison, Antelope Valley 4:31.7	Bill Dexter, Antelope Valley 4:32.1	Benny Wilson, Imperial	Marty Donahue, Grossmont	
1949	Bob Simon, Pomona	4:30.6	Larry Carter, Glendale	Eddie Davis, Chula Vista	Marty Hicks, St.Anthony	Herb Morrison, Antelope Valley	
1950	Larry Carter, Glendale	4:32.4	Paul Southgate, LB Wilson	Marty Montgomery, Chaffey	Adolfo Maya, Garden Grove	Bob Rumney, Coronado	
1951	Fernando Ledesma, Compton	4:34.1	Ron Flora, La Puente	Adolfo Maya, Garden Grove	Ed Higgins, St.Anthony	Bob Sheldon, Glendale	
1952	Fernando Ledesma, Compton	4:25.3	Pat Delgado, Chino	George Holland, St.Monica	Ed Denbow, Orange	Chuck Strong, Compton	
1953	Dan Schweikart, Whittier	4:32.9	Art Andrew, Compton	Larry Wray, Bellflower	Jim Giyer, Grossmont	Burt Stokesbury, Alhambra	
1954	Ty Hadley, Bellflower	4:25.8	Jim Weir, Kearny	George Barnes, Fullerton	Manuel Flores, Whittier	Bob Wright, Riverside Poly	
1955	Tod White, Newport Harbor	4:23.2	Rene Rogers, Grossmont	Eddie Strauss, Culver City	Doug Martin, Loyola	Larry Ward, Redlands	
1956	Grady Neal, Fullerton	4:22.1	Bob Monzingo, SD Hoover 4:27.2	Bob Holland, St.Monica 4:28.0	Ken Riding, La Puente 4:28.2	Arvid Lindholm, Pasadena 4:28.5	
1957	Jim McGowan, Morningside	4:23.4	Bill Marks, LB Wilson 4:24.8	Alan Gaylord, Paso Robles 4:25.5	Woody Covington, Compton 4:25.5	Jim Schultz, Bellflower 4:36.4	
1958	Woody Covington, Compton	4:22.1	Jack Hudson, El Camino 4:24.5	Leroy Neal, Fullerton 4:24.7	Dale Story, Orange	Sal Ramirez, El Rancho	
1959	Dale Story, Orange	4:17.2	Jack Hudson, El Cajon 4:24.1	Jim Pederson, Arcadia 4:27.1	Furman Marsh, Morningside 4:27.8	Dennis Hansen, Torrance 4:31.0	
1960	Bruce Bess, La Habra	4:25.9	Mike Thornton, Torrance	Gene Gurule, Artesia	Woody Moore, Mira Costa	Mel Salazar, Colton	
1961	Bruce Bess, La Habra	4:15.1	Mike Thornton, Torrance	Doug Calhoun, Culver City	Jim Peeso, Santa Fe	Bill Crain, Anaheim	
1962	Bruce Bess, La Habra	4:15.8	Bob Day, San Marino 4:16.0	Dennis Carr, Lowell	Bob Goodson, Downey	Tracy Smith, Arcadia	

1963	Tracy Smith, Arcadia	4:12.6	Hill Daughtry, Glendale 4:16.2	Jim Jordan, Crescenta Valley 4:16.3	Bill Delaney, Orange 4:17.7	Bill Cockerham, Duarte 4:18.0	
1964	Rick Romero, Burbank	4:14.0	Sal Mendoza, Santa Ana 4:15.4	Chuck Webb, Millikan 4:15.4	Hill Daughtry, Glendale 4:15.5	Rick Bergstrom, Mangolia 4:16.6	
1965	Cart Trentadue, Westminster	4:08.5	Bill Schabram, San Marcos 4:11.9	Dennis Savage, San Marcos 4:11.9	Ron Pettigrew, West Torrance 4:15.5	Dave Saykally, Crepi 4:16.3	
1966	Richard Serros, Oxnard	4:13.5	Wally Mattingly, Loyola 4:13.8	Mike Solomon, Westminster 4:14.5	Ed "Chip" Minnick, Pius X 4:14.5	Larry Conrad, Corona 4:16.1	
1967	Mike Solomon, Westminster	4:09.2	Keith Strodl, Orange 4:17.0	Jim Mosher, Notre Dame 4:18.0	Gary Berthiaume, Antelope Valley 4:18.7	John Casso, Channel Islands 4:18.8	
1968	Maury Greer, Lakewood	4:12.8	Decker Underwood, So Torrance 4:14.8	Doug Thompson, Whittier 4:16.8	Art Manjarrez, Redondo 4:16.8	Pat Palazzolo, Alemany 4:17.5	
1969	Terry Lamb, Bolsa Grande	4:10.4	Bob Somesan, Lakewood 4:12.5	Decker Underwood, So Torrance 4:12.6	Steve Hungerford, Channel Is 4:12.7	Al Manjarrez, Redondo 4:13.6	
1970	Bill Murray, Mira Costa	4:16.5	Angus Gordon, Loyola 4:16.9	Rich Walker, Arroyo 4:17.5	Lew Patterson, Bishop Mont 4:17.8	Mark Rafferty, Loyola 4:17.9	Larry Hildenbrand, Lompoc 4:18.3
1971	Paul Cummings, Righetti	4:11.8	Charles Harris, South Torrance 4:12.9	Harold Marshall, Redondo 4:12.9	Mark Schilling, Garden Grove 4:13.2	Larry Lawson, Redlands 4:13.4	Don Barbray, North Torrance 4:16.2
1972	Mark Schilling, Garden Grove	4:10.6	Barrie Williams, No Torrance 4:11.1	Eddie Arriola, Gahr 4:12.4	Alvin Gilmore, Lompoc 4:13.1	Al Browning, Lakewood 4:13.7	Bob O'Brien, Bellflower 4:13.6

MASTERS MEET (renamed State Qualifying meet in 1976)

1973	Barrie Williams, No. Torrance	4:09.8	Alvin Gilmore, Lompoc 4:11.3	Bob O'Brien, Bellflower 4:11.6	Andy Clifford, Sunny Hills 4:12.2	Ralph Serna, Loara 4:13.2	Randy Mysliviec, No. Torr. 4:16.1
1974	Andy Clifford, Sunny Hills	4:10.1	Ray Wicksell, West Covina 4:10.8	Tom Colley, San Gorgonio 4:10.8	Ralph Serna, Loara 4:12.0	Matt Bell, Foothill 4:12.5	
1975	Ralph Serna, Loara	4:08.3	Robert Angel, Hunt. Beach 4:09.7	Eric Hulst, Laguna Beach 4:10.2	Jim Arriola, Gahr 4:11.0	Matt Bell, Foothill 4:11.0	Scott Blackburn, Royal 4:11.1
1976	Jim Arriola, Gahr	4:10.9	Don Moses, Crescenta Valley 4:11.3	Dave Daniels, San Gorgonio 4:11.9	Sal Peralta, Santa Fe 4:12.1	Joel Hope, Alta Loma 4:13.9	
1977	Mark Fricker, Hemet	4:10.7	Jon Stormo, Agoura 4:11.2	Charles Christensen, Edison 4:12.5	John Gerhart, Costa Mesa 4:15.0	Jesse Mitchell, Arroyo Grande 4:15.0	
1978	Ron Bahara, Hart	4:09.4	Mark Fricker, Hemet 4:10.6	Jon Stormo, Agoura 4:11.4	Frank Assumma, Eisenhower 4:11.4	Burt Shirley, Notre Dame 4:12.0	
1979	Dave Cangelosi, Villa Park	4:11.2	Dennis Arriola, Gahr 4:12.1	Eric Sappenfield, Santa Barb 4:13.8	Mike Parkinson, South Pas 4:14.4	Steve Fairman, Thousand Oaks	NOTE: Borbon (Upland) interfered with by Shirley (ND). Borbon and Fairman (1000 Oaks) run off for fifth won by Fairman

4-A MEET

1973	Barrie Williams, No Torrance	4:14.4	Andy Clifford, Sunny Hills 4:14.5	Ken Martyn, Marina 4:16.4	Ralph Serna, Loara 4:16.5	Randy Mysliviec, No Torrance 4:16.9	
1974	Andy Clifford, Sunny Hills	4:10.8	Ralph Serna, Loara 4:12.3	Tom Colley, San Gorgonio 4:12.4	Ray Wicksell, West Covina 4:12.6	Matt Bell, Foothill 4:15.5	
1975	Ralph Serna, Loara	4:12.7	Robert Angel, Hunt Beach 4:13.3	Scott Blackburn, Royal 4:14.7	Matt Bell, Foothill 4:15.4	Don Moses, Crescenta Valley 4:17.4	Tillford, Morningside 4:19.4
1976	Don Moses, Crescenta Valley	4:10.9	Sal Peralta, Santa Fe 4:12.2	Dave Daniels, San Gorgonio 4:14.4	Drew Trujillo, Crescenta Valley 4:16.2	Clark Cox, LB Wilson 4:16.6	Mark Wyman, Palos Verdes 4:19.3
1977	Charles Christensen, Edison	4:17.9	Jeff Coffman, Dos Pueblos 4:19.7	Tom Hethmon, Canyon Saugus 4:22.3	Frank Gonzalez, San Gabriel 4:23.9	--- Herrera, Hueneme 4:26.9	Phillip Baca, Alhambra 4:27.2
1978	Frank Assumma, Eisenhower	4:16.3	Dennis Arriola, Gahr 4:18.9	Ray Knerr, Simi Valley 4:19.8	Mike Lansdon, Edison 4:20.5	--- Jackson, San Marcos 4:26.6	Brian Appell, Fountain Valley 4:31.9
1979	Dave Cangelosi, Villa Park	4:14.4	Dennis Arriola, Gahr 4:16.5	Eric Sappenfield, Santa Barb 4:17.1	Steve Fairman, Thousand Oaks 4:18.4	Mike Landsdon, Edison 4:20.4	Frank Assumma, Eisenhower 4:22.2

3-A MEET

1973	Terry Williams, Lompoc	4:08.4	Bob O'Brien, Bellflower 4:08.8	Alvin Gilmore, Lompoc 4:09.4	David Judy, Righetti 4:21.8	Al Vallellejos, Barstow 4:25.7	
1974	Jim Schankel, Lompoc	4:15.5	David Judy, Righetti 4:15.5	Ed Ahimeyer, San Bern 4:15.5	Larry Hayden, La Serna 4:15.5	Roger Fabing, Lompoc 4:17.0	
1975	Jeff Adams, Palmdale	4:20.4	Mark Fessenden, Lowell 4:21.5	Joe Baker, Cantwell 4:21.9	Kip Yeutter, Arroyo 4:22.6	Kim Ormdoff, Azusa 4:27.8	Bob Zorich, Cabrillo 4:28.2
1976	Barry Boettcher, Pomona	4:17.8	Bill Ryan, Sunny Hills 4:17.8	Tony Guerra, North Torrance 4:18.0	Everett Pacheco, Mountain View 4:20.8	Steve Ortiz, Kennedy Barstow 4:25.6	Don Wielenga, Bellflower 4:26.8
1977	Jesse Mitchell, Arroyo Grande	4:18.5	Sal Peralta, Santa Fe 4:19.5	John Gerhart, Costa Mesa 4:21.3	Art Cendejas, Buena Park 4:23.5	Mark LaBonte, Mission Viejo 4:25.2	--- Wheeler, South Torrance 4:28.7
1978	Ron Bahara, Hart	4:12.0	Burt Shirley, Notre Dame 4:17.1	John Gerhart, Costa Mesa 4:19.6	Scott Mayfield, Righetti 4:24.3	Winston Armstrong, Damien 4:24.3	Tony Reyes, Damien 4:25.1
1979	Linn Whatcott, Burbank	4:16.9	Gary Borbon, Upland 4:18.3	Tony Reyes, Damien 4:19.4	--- Leetch, Redondo 4:20.8	--- Dunn, Arroyo Grande 4:21.1	Dave DeLong, Burroughs 4:22.0

2-A MEET

1973	Pat Dutzi, El Dorado	4:16.4	Ivan Porto, San Marino 4:17.0	Mike Flint, Agoura 4:17.8	Miguel Santizo, Carpinteria 4:18.2	Joe Sherburn, La Canada 4:20.2	
1974	Eric Hulst, Laguna Beach	4:13.4	Mark Washburn, Bloomington 4:14.5	Jon Koningh, La Canada 4:17.9	Miguel Santizo, Carpinteria 4:19.3	Joe Sherburn, La Canada 4:19.4	
1975	Eric Hulst, Laguna Beach	4:13.9	Jim Arriola, Gahr 4:18.4	Mike Walterhouse, Mission Viejo 4:19.2	Eric Rogers, Aviation 4:19.2	Matt MacLaren, San Marino 4:27.5	Allan Benchman, La Canada 4:30.0
1976	Eric Hulst, Laguna Beach	4:11.3	Jim Arriola, Gahr 4:15.7	Joel Hope, Alta Loma 4:18.0	--- Adamaitis, San Clemente 4:20.7	--- Torres, Rio Mesa 4:22.4	--- Koenig, San Marino 4:23.2
1977	Mark Fricker, Hemet	4:08.2	Jon Stormo, Agoura 4:10.2	Joel Hope, Alta Loma 4:15.7	--- Jones, San Marino 4:15.8	--- LeCour, Salesian 4:17.1	--- Porter, Chaminade 4:21.4
1978	Mark Fricker, Hemet	4:14.1	Jon Stormo, Agoura 4:18.3	Brad Kester, Artesia 4:25.8	Rick Cisneros, Valencia 4:26.5	--- Benavidez, Bassett 4:27.3	--- Sopp, Esperanza 4:33.1
1979	Mike Parkinson, South Pasadena	4:15.8	Phil Shirley, Notre Dame 4:17.2	Andy DiConti, La Canada 4:17.9	Burt Shirley, Notre Dame 4:21.2	--- Vent, Mission Viejo 4:26.2	--- Brown, San Marino 4:27.5

1-A MEET

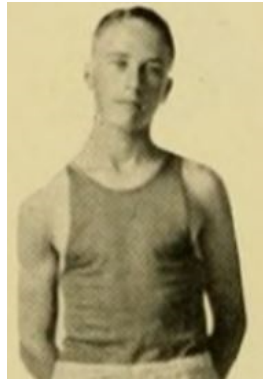
1977	Steve Peters, Bishop	4:27.8	John Yee, Bishop Diego 4:31.5	--- Barrington, LA Baptist 4:36.0	Francisco Robles, Fillmore 4:41.3	Charles Rednick, Sherman Indian 4:42.9	Ted Lopez, Riv.Notre Dame 4:44.1
1978	Steve Peters, Bishop	4:22.1	Charles Rednick, Sherman Indian 4:26.8	--- McCormick, San Jacinto 4:29.2	--- Fogarty, Capistrano Valley 4:32.3	--- Ross, Twentynine Palms 4:35.2	Russell Huckaba, Barstow 4:37.7
1979	Mike Trujillo, St.Bernard	4:24.9	--- Ross, Twentynine Palms 4:26.3	--- Blum, Carpinteria 4:27.2	--- Richter, LA Lutheran 4:28.1	--- Torres, Alemany 4:30.3	--- Webb, Aquinas 4:34.4



CLARENCE BEEBE
 1913, 1914 CIF SS 880 champ
 1913, 1914 CIF SS mile champ
 1913 SPA AAU mile champ



BILL KERR
 1921, 1922 CIF SS mile champ
 1921 State mile champ
 1922 State mile runnerup



EVANS DOWERS
 1929, 1930 CIF SS mile champ



VIRGIL HOOPER
 1932, 1933 CIF SS mile champ
 1932, 1933 State mile champ
 1931 CIF SS mile 2nd place



LOUIE ZAMPERINI
 1934, 1935 CIF SS mile champ
 1935 nat'l record 4:21.2
 1936 Olympian



ROLAND SINK
 1942, 1943 CIF SS mile champ
 1945 AAU 1500m champ
 1948 Olympian



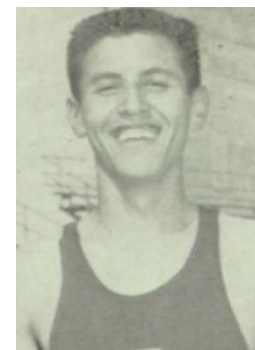
JOHN CHERRY
 1944, 1945 CIF SS mile champ



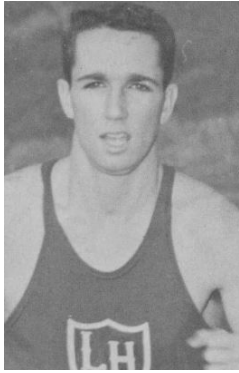
BOB McMILLEN
 1946 CIF SS mile 2nd place
 1946 State mile champ
 1948, 1952 Olympian
 1952 Olympic 1500m silver medal



CHUCK KOHL
 1946, 1947 CIF SS mile champ
 1947 State mile champ
 1950, 1951 CCA mile champ



FERNANDO LEDESMA
 1951, 1952 CIF SS mile champ
 1952 State mile champ



BRUCE BESS

3-time champ – 1960, 1961, 1962
1961 State mile champ
1966 AAWU mile champ



PAUL CUMMINGS

1971 CIF SS mile champ
1971 State mile champ
1984 Olympian



ERIC HULST

1974, 1975, 1976 CIF 2-A champ
won 1974, 1975, 1976 CIF 2-A 2-mile
1975, 1976 State 2-mile champ