

## Men's Results

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**Team Scoring:** 1, Haverford (H) 235; 2, Western Maryland (WM) 153; 3, F. and M (FM) 87; 4, Gettysburg (G) 75; 5, Johns Hopkins (JH) 57; 6, Swarthmore (S) 49; 7, Dickinson (D) 47; 8, Ursinus (U) 38, 9, Muhlenberg (M) 23.

**4x100-Meter Relay:** 1, Western Maryland (Rob Johnson, Billy Tyrrell, Donte Abron, Kevin Wong), 42.8; 2, Gettysburg, 43.3; 3, Haverford, 43.7; 4, Johns Hopkins, 44.1; 5, Swarthmore, 44.5; 6, Dickinson, 45.1; 7, Franklin & Marshall, 45.7

**Long Jump:** 1, Al Welch, WM, 21 feet-1 1/2 inches; 2, Donte Abron, WM, 21-1 1/4; 3, Masilo Grant, H, 20-5; 4, Troy Sheaffer, H, 19-7; 5, Sam Paschel, S, 19-5; 6, Shan Sutherland, S, 19-0; 7, Carey Closson, JH, 18-11 1/2; 8, Tim Collins, WM, 18-4

**Shot Put:** 1, Victor Carter-Bey, JH, 47-3 1/4; 2, Damian Guelakis, FM, 45-10 3/4; 3, T J Siggelakis, U, 42-7; 4, Charlie Kind, G, 40-5 3/4; 5, Jeff Smith, FM, 39-4 3/4; 6, Mike Vagner, S, 38-5; 7, Pat O'Brien, JH, 38-1; Ted Zobian, H, 37-2 1/2.

1,500 Meters: 1, Aaron Curry, H, 3:58.00; 2, Luke Kiskaddon, FM, 3:58.81; 3, Chip Lalrel, H, 4:01.78; 4, Ian Fraser, H, 4:02.33; 5, Craig Arnold, H, 4:03.38; 6, Greg Davis, WM, 4:07.48; 7, Bryce Lindemoor, H, 4:09.83; 8, Nate Brown, H, 4:10.75.

110-Meter Hurdles: 1, Billy Tynell, WM, 14.80; 2, Russell Hay, FM, 15.83; 3, Pat Polinski, H, 15.73; 4, Mark Demodol, D, 15.75; 5, Kevin Sinton, U, 16.12; 6, Brett Young, WM, 16.70; 7, Nathan Barbour, S, 16.82; 8, James Hill, U, 17.77.

400 Meters: 1, Kent Lightbourn, WM, 48.33; 2, Eric Widmaier, U, 48.88; 3, Jeff Stock, G, 50.24; 4, Chad Vorbeck, G, 50.28; 5, Derek VanDerBryen, G, 50.33; 6, Wakengo Mahanah, H, 50.72; 7, Jake Stone, JH, 52.01; 8, Rooby Birdsell, WM, 52.73.

100 Meters: 1, Chris Hall, M, 11.17; 2, Kyle Floss, FM, 11.20; 3, Kevin Wong, WM, 11.20; 4, Dante Abron, WM, 11.25; 5, Mark Page, H, 11.37; 6, Mark Page, H, 11.45; 7, Billy Tynell, WM, 11.57; 8, Rob Johnson, WM, no time.

800 Meters: 1, Karl Paranya, H, 1:56.83; 2, Aaron Curry, H, 1:57.37; 3, Bill Gray, G, 1:57.85; 4, Pat Hecker, FM, 1:57.92; 5, Kris Gawan, FM, 1:58.52; 6, Chip Lalrel, H, 1:59.37; 7, Jim Clarus, WM, 2:00.50; 8, Joe Sullivan, M, 2:00.74.

Javelin: 1, Carl VanTobel, WM, 183-10; 2, Neil Gutkunst, D, 180-4; 3, Bill Poczniak, H, 162-5; 4, Troy Gehret, U, 162-2; 5, Brian Kaywork, WM, 154-5 1/2; 6, Eric Walton, S, 149-5; 7, Dave Miller, WM, 148-6; 8, Steve Hamilton, JH, 143-7.

400-Meter Hurdles: 1, Kent Lightbourn, WM, 53.92; 2, Eric Pakurar, S, 56.78; 3, Ron Miller, WM, 58.09; 4, Pat Polinski, H, 58.85; 5, Matt Cain, U, 59.83; 6, Nathan Barbour, S, 1:00.10; 7, Adam Cole, S, 1:00.16; 8, Al Molnar, S, 1:03.61.

200 Meters: 1, Chris Hall, M, 22.73; 2, Kevin Wong, WM, 22.83; 3, Jeff Stock, G, 23.08; 4, Eric Widmaier, U, 23.47; 5, Mark Page, H, 23.77; 6, Bill Tynell, WM, 23.80; 7, Kyle Floss, FM, 23.89.

5,000 Meters: 1, Nathan Suter, H, 15:20.53; 2, Pre Gupta, H, 15:29.81; 3, Anthony Belber, H, 15:30.45; 4, Mark Gyandoh, H, 15:42.50; 5, Dan Zabara, H, 15:44.88; 6, Brian Todd, FM, 15:53.81; 7, Greg Davis, WM, 15:57.86; 8, Dan Rafferty, 16:00.35.

4x400-Meter Relay: 1, Haverford (Wakengo Mahanah, Jason Kitchen, Mark Page, Karl Paranya), 3:23.28; 2, Gettysburg, 3:23.43; 3, Western Maryland, 3:23.49.

10,000 Meters: 1, Anthony Belber, H, 32:47.79; 2, Marc Baker, H, 32:51.48; 3, Jason Trapp, H, 33:13.20; 4, Chris Hood, H, 33:15.18; 5, Jay Grunden, G, 33:27.88; 6, Dan Rafferty, H, 33:36.98; 7, Kipp Clark, G, 33:56.24; Peter Srales, H, 34:07.47.

Pole Vault: 1, Brett Myers, D, 13-1 1/2; 2, Stephen Powell, D, 12-3 1/2; 3, Farrokh Farrokh, JH, 11-11 3/4; 4, Shan Sutherland, S, 11-7 3/4; 5, Jamie Hunsberger, G, 10-0.

3,000-Meter Steeplechase: 1, Nathan Suter, H, 9:25.28; 2, Ian Fraser, H, 9:38.79; 3, Luke Kiskaddon, FM, 9:42.60; 4, Dan Zabara, H, 9:45.28; 5, Dave Rihimaki, G, 9:51.74; 6, Craig Arnold, H, 10:00.17; 7, Bryce Lindemoor, H, 10:18.75; 8, Kipp Clark, G, 11:01.33.

Triple Jump: 1, Masie Grant, H, 43-8; 2, Al Welch, WM, 42-0; 3, Dante Abron, WM, 41-9 1/4; 4, John Liaser, FM, 40-11 3/4; 5, Chris Gaetano, D, 39-6 3/4; 6, Troy Sheaffer, H, 39-4 3/4; 7, Matt Bruce, H, 38-9; 8, Eric Pakurar, S, 38-2.

High Jump: 1, Troy Gehret, U, 6-5 1/2; 2, Ryan Bobbs, JH, 6-4 1/2; 3, Matt Bruce, H, 6-2; 4, Al Welch, WM, 6-0 3/4; 5, Noel Watson, H, 5-10 1/2; 6, Tim Collins, WM, 5-9 1/4; 7, Josh Lovell, D, 5-9 1/4; 8, Jim Manning, G, 5-7.

Discus: 1, Jeff Smith, FM, 137-9 1/2; 2, Charlie Kind, G, 126-8; 3, Neil Gutkunst, D, 116-9; 4, Victor Carter-Bey, JH, 115-2; 5, Damian Guelius, FM, 110-0 1/2; 6, Demick Wood, JH, 107-9; 7, Ted Zebian, H, 107-4; 8, T.J. Siggelakis, U, 106-1.

4x800 Relay: 1, Haverford (Aaron Davis, Karl Paranya, Wakengo Mahanah, Aaron Curry), 8:02.2; 2, Western Maryland 8:09.0; 3, Swarthmore 8:11.9; 4, Franklin & Marshall 8:22.5; 5, Johns Hopkins 8:35.8; 6, Gettysburg 8:45.3.

### Women's Results

Team Scoring: 1 (tie), Gettysburg (G) and Western Maryland (WM), 136; 3, Haverford (H), 120; 4, Swarthmore (S), 91; 5, Franklin & Marshall (FM), 65.5; 6, Dickinson (D), 55.5; 7, Ursinus (U), 50; 8, Johns Hopkins (JH), 42; 9, Muhlenberg (M), 34.

4x100-Meter Relay: 1, Western Maryland (Julie Cox, Erin Murphey, Tuffy Newsome, Dawn O'Neal), 51.96; 2, Gettysburg, 52.81; 3, Haverford, 53.48; 4, Johns Hopkins, 53.88; 5, Dickinson, 54.30; 6, Ursinus, 55.81; 7, Franklin & Marshall, 56.51.

1,500 Meters: 1, Zoe Alsop, H, 4:54.81; 2, Janine DeVito, G, 4:58.72; 3, Meredith Unger, H, 5:00.21; 4, Amy Klosterman, S, 5:02.39; 5, Jackie Loh, H, 5:09.92; 6, Darby Riley, 5:15.80; 7, Danielle Wolfram, H, 5:20.20; 8, Kim Bogden, FM, 5:57.56.

100-Meter Hurdles: 1, Julie Cox, WM, 15.16; 2, Timka Lightfoot, U, 16.49; 3, Holly Hill, D, 16.51; 4, Alica Smith, JH, 16.65; 5, Christy Parkhurst, D, 17.41; 6, Lisa Sawicki, G, 17.55; 7, Dawn O'Neal, WM, 17.75; 8, Vasudha Bhavarsu, FM, 17.79.

Javelin: 1, Sherry Albright, WM, 117-1; 2, Lisi Cochran-Bond, S, 106-7; 3, Kirsten Bergeson, WM, 105-3; 4, Jenny Wills, S, 99-9; 5, Melane Phipps, WM, 99-4 1/4; 6, Annie Guzek, D, 98-5 1/4; 7, Valerie Sorgen, JH, 97-0 1/2; 8, Meggan

Nolan, G, 96-2 1/4.

**400 Meters:** 1, Ruth Kline, D, 1:01.09; 2, Stephanie Galloway, JH, 1:02.00; 3, Erin Murphey, WM, 1:02.36; 4, Hilary Smith, H, 1:03.50; 5, Adrienne Brown, FM, 1:03.90; 6, Rita Lee, JH, 1:04.98; 7, Frances Bourne, H, 1:06.16.

**100 Meters:** 1, Stacy Spencer, G, 12.15; 2, Julie Cox, WM, 12.53; 3, Alca Smith, JH, 13.08; 4, Andrea Vegara-Wilson, H, 13.12; 5, Ruth Kline, D, 13.13; 6, Adrienne Brown, FM, 13.30; 7, Joanna Mayer, G, 13.36; 8, Erin Murphey, WM, 13.53.

**Long Jump:** 1, Stacy Spencer, G, 16-3; 2, Samantha Caggiano, U, 16-1 1/4; 3, Julie Cox, WM, 16-1; 4, Tina Shepardson, S, 15-11; 5, Brenda Bissell, 15-8 1/2; 6, Joanna Vondrasek, S, 15-5; 7, Kathy Kavulak, S, 15-4 1/4; 8, Yolanda Laird, G, 15-4.

**800 Meters:** 1, Kate Dempsey, S, 2:28.06; 2, Sarin Wiede, G, 2:28.55; 3, Zoe Alsop, H, 2:30.34; 4, Laura Gilin, H, 2:30.94; 5, Meredith Unger, H, 2:32.98; 6, Andrea McPherson, FM, 2:34.22; 7, Jenny Baubitz, FM, 2:35.58; 8, Mary Ann Conarro, G, 2:49.31.

**400-Meter Hurdles:** 1, Julie Cox, WM, 1:07.36; 2, Vasudha Bhavaraju, FM, 1:09.31; 3, Megan Cunningham, S, 1:10.67; 4, Danielle May, H, 1:11.55; 5, Dawn O'Neal, WM, 1:12.43; 6, Rebecca Galigher, D, 1:12.92; 7, Stephanie Galloway, JH, 1:14.28; 8, Laurie Zipper, FM, 1:14.93.

**200 Meters:** 1, Stacy Spencer, G, 25.83; 2, Andrea Vegara-Wilson, H, 27.36; 3, Ruth Kline, D, 27.37; 4, Alca Smith, JH, 27.82; 5, Erin Murphey, WM, 28.07; 6, Adrienne Brown, FM, 28.13; 7, Joanna Mayer, G, 28.15; 8, Jill Wildonger, S, 28.68.

**Shot Put:** 1, Rachell Pecovsky, U, 40-8 1/2; 2, Julie Cox, WM, 35-8 1/4; 3, Christine Wtulich, M, 34-6 1/4; 4, Sherry Albright, WM, 32-3; 5, Erin Breitigan, G, 30-5 1/2; 6, Meggan Nolan, G, 30-5; 7, A.J. Sherff, WM, 30-3 3/4; 8, Jenny Wills, S, 29-11.

**5,000 Meters:** 1, Jamie Kendig, FM, 18:28.80; 2, Kate Terry, H, 18:50.61; 3, Amanda Wachter, M, 19:03.62; 4, Kendra Weible, WM, 19:12.80; 5, Toni Smith, WM, 19:23.00; 6, Robyn Trenner, G, 19:33.12; 7, Danielle Groce, FM, 19:46.26; 8, Amy Phillips, G, 19:57.64.

**4x400-Meter Relay:** 1, Swarthmore (Kate Dempsey, Megan Cunningham, Tina Shepardson, Jill Wildonger), 4:11.92; 2, Gettysburg, 4:14.02; 3, Johns Hopkins, 4:15.72; 4, Haverford, 4:17.95; 5, Western Maryland, 4:19.37; 6, Dickinson, 4:28.28.

**10,000 Meters:** 1, Jamie Kendig, FM, 38:33.73; 2, Amanda Wachter, M, 40:01.67; 3, Kate Terry, H, 40:13.13; 4, Jen Maranzano, H, 40:44.38; 5, Kendra Weible, WM, 41:20.56; 6, Amy Phillips, G, 42:29.35; 7, Kate Carte, H, 45:26.72; 8, Nan Park, H, 45:43.79.

**3,000 Meters:** 1, Zoe Alsop, H, 10:23.69; 2, Janine DeVito, G, 10:30.71; 3, Meredith Unger, H, 10:52.12; 4, Toni Smith, WM, 11:04.08; 5, Robyn Trenner, G, 11:06.37; 6, Darby Kiley, G, 11:14.27; 7, Alison Schirmer, S, 11:24.57; 8, Jacki Losi, H, 11:35.41.

**High Jump:** 1, Yolanda Laird, G, 5-3; 2, Brenda Bissell, M, 5-1 3/4; 3, Anne Guzek, D, 5-0 3/4; 4, Mak Green, G, 4-11 1/2; 5 (tie), Holly Hill, D, and Kathy Kavulak, FM, 4-10 1/4; 7, Joanna Vondrasek, S, 4-10 1/4; 8, Pauline McAloonan, WM, 4-8.

**Discus:** 1, Meggan Nolan, G, 111-4; 2, Rachell Pecovsky, U, 110-10; 3, Sherry Albright, WM, 110-8; 4, Christine Wtulich, M, 97-8 1/2; 5, Jenny Wills, S, 96-5 1/2; 6, Maria Mateyak, M, 90-1 1/4; 7, Lucy Hunt, S, 89-3 3/4; 8, Meather Mateyak, S, 87-1 3/4.

**Triple Jump:** 1, Tina Shepardson, S, 34-4 1/4; 2, Samantha Caggiano, U, 32-11 3/4; 3, Joanna Vondrasek, S, 31-4 1/2; 4, Rachell Pecovsky, U, 31-4 1/2; 5, Julie Cox, WM, 30-10 1/2; 6, Reyne Gilin, D, 30-8 1/2; 7, Pauline McAloonan, WM, 30-8 1/2; 8, Gretchen Myers, G, 30-8 1/4.

**4x800-Meter Relay:** 1, Swarthmore (Megan Cunningham, Amy Klosterman, Clare Farel, Kate Dempsey) 10:00.36; 2, Haverford 10:02.44; 3, Gettysburg 10:44.77; 4, Western Maryland 10:57.87; 5, Franklin & Marshall 11:18.10