

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Women 60 Meter Dash****Meet Record:** 7.87 M 2/23/2013 Amanda Laurito, Ursinus**Conference:** 7.69 C 1/16/2004 Chioma Nwaneshiudu, Haverford

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Thompson, Naji	SR	Dickinson	8.04	7.89 Q	2
2 Lopez, Jessica	SO	Haverford	7.96	7.95 Q	3
3 Terry, Jennica	SO	Bryn Mawr	8.23	8.08 Q	1
4 Hunt, Kate	FR	Ursinus	8.18	8.10 q	1
5 Nwankpa, Chinaza	FR	Johns Hopkins	8.25	8.15 q	2
6 Raymond, Seye	SR	Johns Hopkins	8.33	8.16 q	3
7 Speranza, Gianna	SO	Ursinus	8.39	8.25 q	2
8 Rodebaugh, Molly	SO	Ursinus	8.42	8.33 q	1
9 Camacho, Kayla	SR	Swarthmore	8.34	8.33	3
10 Ayuso, Marina	SO	Johns Hopkins	8.44	8.38	3
11 Bothwell, Haley	FR	Johns Hopkins	8.41	8.40	1
12 Neiman, Rachel	SR	Johns Hopkins	8.54	8.42	3
13 Khanna, Simran	SR	Swarthmore	8.44	8.44	2
14 Ruvo, Holly	FR	Gettysburg	8.62	8.47	1
15 Torres, Daniela	SO	Johns Hopkins	8.80	8.47	3
16 Bonwin, Wrutoe	JR	Dickinson	8.55	8.53	2
17 Ljoka, Lana	FR	Dickinson	9.00	8.79	1
18 Andrews, Dana	FR	Johns Hopkins	8.71	8.82	1
19 Billings, Katie	SR	Bryn Mawr	8.75	8.85	2
20 Kerprich, Alexa	SO	Gettysburg	8.87	8.88	1
21 Dixon, Rachel	FR	McDaniel	8.86	8.99	2

Women 60 Meter Dash**Meet Record:** 7.87 M 2/23/2013 Amanda Laurito, Ursinus**Conference:** 7.69 C 1/16/2004 Chioma Nwaneshiudu, Haverford

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Thompson, Naji	SR	Dickinson	7.89	7.89	10
2 Lopez, Jessica	SO	Haverford	7.95	7.98	8
3 Terry, Jennica	SO	Bryn Mawr	8.08	8.11	6
4 Nwankpa, Chinaza	FR	Johns Hopkins	8.15	8.16	5
5 Hunt, Kate	FR	Ursinus	8.10	8.17	4
6 Raymond, Seye	SR	Johns Hopkins	8.16	8.19	3
7 Speranza, Gianna	SO	Ursinus	8.25	8.31	2
8 Rodebaugh, Molly	SO	Ursinus	8.33	8.37	1

Women 200 Meter Dash**Meet Record:** 25.51 M 2/23/2002 Imo Akpan, Swarthmore**Conference:** 25.51 C 2/23/2002 Imo Akpan, Swarthmore

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Hammonds, Maya	SR	Johns Hopkins	26.35	26.07	5	10
2 Lopez, Jessica	SO	Haverford	27.36	26.26	4	8
3 Nwankpa, Chinaza	FR	Johns Hopkins	26.85	26.79	5	6
4 Camacho, Kayla	SR	Swarthmore	26.81	26.93	5	5
5 Wojcik, Kass	FR	Bryn Mawr	27.49	26.99	4	4

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Women 200 Meter Dash)**

Name	Yr	School	Seed	Finals	H#	Points
6 Thompson, Naji	SR	Dickinson	27.54	27.14	4	3
7 Hunt, Kate	FR	Ursinus	27.01	27.46	5	2
8 Ayuso, Marina	SO	Johns Hopkins	27.67	27.60	3	1
9 Jimoh, Zainab	SO	Johns Hopkins	27.74	27.70	3	
10 Bothwell, Haley	FR	Johns Hopkins	27.54	27.90	4	
11 Neiman, Rachel	SR	Johns Hopkins	27.81	28.00	3	
12 Tabtiang, Liana	JR	Dickinson	28.77	28.01	1	
13 Raymond, Seye	SR	Johns Hopkins	27.96	28.09	3	
14 Khanna, Simran	SR	Swarthmore	28.64	28.21	2	
15 Colby, Alexandra	FR	Dickinson	28.69	28.39	2	
16 Ruvo, Holly	FR	Gettysburg	29.16	28.58	1	
17 Nelson, Eryn	SR	Dickinson	28.73	28.64	1	
18 Andrews, Dana	FR	Johns Hopkins	28.41	28.90	2	

Women 400 Meter Dash

Meet Record: 58.25 M 2/28/2016 **Megan McDonald, Johns Hopkins**

Conference: 57.05 C 3/8/2002 **Imo Akpan, Swarthmore**

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Damron, Alexandra	SO	Johns Hopkins	1:00.00	59.74	4	10
2 Muccio, Kaitlin	SR	Franklin & Marshall	1:01.48	1:00.35	4	8
3 Holt, Lauren	SO	Swarthmore	1:02.03	1:00.54	3	6
4 Coleman, Michela	SO	Ursinus	1:01.22	1:00.74	4	5
5 Tyburski, Ashley	FR	Johns Hopkins	1:00.66	1:01.07	4	4
6 Sheppell, Hailey	SO	Johns Hopkins	1:01.59	1:01.33	4	3
7 Wojcik, Kass	FR	Bryn Mawr	1:02.34	1:01.65	3	2
8 Coleman, Rachel	SO	Ursinus	1:03.32	1:01.88	3	1
9 Rieger, Jackie	FR	Johns Hopkins	1:02.63	1:02.75	3	
10 Miller, Hannah	SR	Johns Hopkins	1:02.17	1:03.02	3	
11 Factora, Cassandra	SO	Johns Hopkins	1:04.44	1:03.37	2	
12 Small, Ruanna	FR	Haverford	1:03.50	1:03.40	2	
13 Martinez, Mirayda	JR	Swarthmore	1:05.55	1:03.77	1	
14 Tabtiang, Liana	JR	Dickinson	1:05.77	1:03.82	1	
15 Jimoh, Zainab	SO	Johns Hopkins	1:04.94	1:03.83	2	
16 Natoli, Emily	SO	Franklin & Marshall	1:06.32	1:05.46	1	
17 Suess, Natalie	JR	Dickinson	1:04.92	1:05.64	2	

Women 800 Meter Run

Meet Record: 2:14.86 M 2/25/2012 **Sheena Crawley, Franklin & Marshall**

Conference: 2:08.94 C 3/15/2014 **Maggie Shelton, Johns Hopkins**

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Brush, Erin	SR	Johns Hopkins	2:16.66	2:17.84	2	10
2 Yanega, Allyson	SO	Dickinson	2:19.01	2:19.18	2	8
3 Summitt, Arielle	FR	Johns Hopkins	2:17.77	2:20.43	2	6
4 Yanega, Sarah	SO	Dickinson	2:23.29	2:20.88	2	5
5 Gasser, Brittany	SR	Ursinus	2:18.78	2:21.82	2	4
6 Teszler, Rose	FR	Swarthmore	2:29.48	2:22.50	2	3
7 DeMichael, Danielle	SR	Gettysburg	2:26.22	2:26.77	2	2
8 Axinn, Amalia	SO	Haverford	2:31.22	2:28.31	1	1

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Women 800 Meter Run)**

Name	Yr	School	Seed	Finals	H#	Points
9 Matala, Lilianna	FR	Dickinson	2:37.81	2:29.68	1	
10 Cabellos, Victoria	JR	Muhlenberg	2:25.49	2:29.89	2	
11 Pinkerton, Abby	FR	Johns Hopkins	2:32.48	2:30.75	1	
12 Ramirez, Mariana	JR	Haverford	2:37.29	2:35.52	1	
13 Watson, Olivia	SR	Dickinson	2:34.50	2:35.96	1	
14 Santos, Sydney	FR	Johns Hopkins	2:29.84	2:36.57	1	
15 Farber, Madeline	FR	Swarthmore	2:37.35	2:37.77	1	
16 Ulian, Annie	SO	Dickinson	2:35.03	2:38.55	1	
17 Connors, Claire	SR	Dickinson	2:36.84	2:40.06	1	

Women 1 Mile Run

Meet Record: 4:55.28 M 3/1/2015 Frances Loeb, Johns Hopkins

Conference: 4:49.45 C 3/8/2013 Sheena Crawley, Franklin & Marshall

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Olshanski, Therese	SO	Johns Hopkins	5:01.06	5:02.22	2	10
2 Cardí, Isabel	SO	Dickinson	5:10.73	5:05.28	2	8
3 Keklak, Ariel	SO	Johns Hopkins	5:10.66	5:08.27	2	6
4 Drew, Sophie	SR	Haverford	5:11.90	5:09.34	2	5
5 Spjut, Lina	FR	Johns Hopkins	5:41.09	5:28.75	1	4
6 Privitere, Caylie	SO	Franklin & Marshall	5:39.36	5:37.63	2	3
7 Newman-Rivera, Andrea	FR	Johns Hopkins	5:35.42	5:39.30	2	2
8 Harkins, Kinkela	SR	Johns Hopkins	5:45.08	5:39.32	1	1
9 Cassell, Elizabeth	FR	Dickinson	5:42.04	5:40.28	1	
10 Webster, Maisy	SO	Johns Hopkins	5:45.07	5:42.39	1	
11 Hamelin, Amber	FR	Johns Hopkins	5:39.95	5:45.01	2	
12 Shalala, Kylie	SO	Dickinson	5:44.91	5:45.52	1	
13 Kos, Libby	FR	Johns Hopkins	5:36.29	5:45.57	2	

Women 3000 Meter Run

Meet Record: 9:50.50 M 2/24/2018 Tasha Freed, Johns Hopkins

Conference: 9:24.34 C 2/10/2017 Felicia Koerner, Johns Hopkins

Name	Yr	School	Seed	Finals	Points
Finals					
1 Reilly, Caelyn	JR	Johns Hopkins	9:42.67	9:58.47	10
2 House, Sarah	JR	Dickinson	10:09.96	9:59.75	8
3 Stahl, Emily	SR	Johns Hopkins	10:09.26	10:10.34	6
4 Levy, Sam	JR	Johns Hopkins	10:10.46	10:17.34	5
5 Johnston, Emma	SO	Dickinson	10:17.13	10:17.50	4
6 Cassidy, Tessa	JR	Dickinson	10:42.06	10:35.86	3
7 Palmer, Shaina	SR	Johns Hopkins	10:30.94	10:37.19	2
8 Kelley, Ava	SO	Johns Hopkins	11:03.71	10:44.70	1
9 Kyle, Anna	JR	Bryn Mawr	10:51.86	10:55.21	
10 Chang, Julia	SR	Johns Hopkins	10:48.22	11:24.36	
11 Ionescu, Lucile	SR	Dickinson	11:04.56	11:38.38	
12 Webster, Maisy	SO	Johns Hopkins	11:08.60	12:00.76	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Women 5000 Meter Run**

Meet Record: 17:06.85 M 2/25/2017 Felicia Koerner, Johns Hopkins

Conference: 16:41.95 C 1/27/2017 Felicia Koerner, Johns Hopkins

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1	Reilly, Caelyn	JR Johns Hopkins	16:53.45	17:14.73	2	10
2	Clawson, Ellie	SR Johns Hopkins	17:26.95	17:21.21	2	8
3	Levy, Sam	JR Johns Hopkins	17:29.91	17:26.58	2	6
4	Johnston, Emma	SO Dickinson	17:44.72	17:31.09	2	5
5	House, Sarah	JR Dickinson	17:36.94	17:40.79	2	4
6	Palmer, Shaina	SR Johns Hopkins	17:52.92	18:09.48	2	3
7	Cassidy, Tessa	JR Dickinson	18:35.47	18:12.64	2	2
8	Lazzari, Julianna	FR Johns Hopkins	17:52.04	18:13.05	2	1
9	Ross, Alex	FR Johns Hopkins	17:57.31	18:30.07	2	
10	Martin, Leigha	SO Johns Hopkins	19:18.13	18:54.48	2	
11	Petrichenko, Angelina	SO Haverford	19:18.24	19:05.09	2	
12	Ionescu, Lucile	SR Dickinson	19:41.41	19:07.02	1	
13	Miller, Isabella	FR Haverford	19:18.41	19:17.84	2	
14	Cassell, Elizabeth	FR Dickinson	20:10.35	19:30.81	1	
15	Smith, Julia	SR Haverford	18:55.74	19:31.39	2	
16	O'Brien, Kathrin	FR Gettysburg	19:41.35	19:31.54	1	
17	Wijeratna, Aishanee	FR Johns Hopkins	19:36.90	19:34.13	1	
18	Gryzb, Chloe	JR Johns Hopkins	19:41.47	19:42.36	1	
19	Krall, McKenna	JR Haverford	20:08.24	19:57.32	1	
20	Gottlieb, Bridget	SR Johns Hopkins	19:30.86	19:59.42	1	
21	Porrás, Sofia	SO Dickinson	20:20.37	20:06.25	1	
22	Booher, Ashlyn	FR Gettysburg	20:18.31	20:37.41	1	
---	Charest, Eve	SO Dickinson	19:18.99	DNF	2	
---	Ionescu, Candice	SR Dickinson	20:08.87	DNF	1	

Women 60 Meter Hurdles

Meet Record: 8.83 M 2/28/2016 Katherine Cavanaugh, Gettysburg

Conference: 8.78 C 3/11/2016 Katherine Cavanaugh, Gettysburg

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1	Terry, Jennica	SO Bryn Mawr	9.29	9.29 Q	1
2	Hammonds, Maya	SR Johns Hopkins	9.22	9.50 Q	2
3	Oberholtzer, Tess	JR Haverford	9.82	9.56 q	1
4	Wylie, Rachel	JR Franklin & Marshall	9.75	9.64 q	2
5	Gutierrez, Annie	SO Johns Hopkins	9.52	9.70 q	1
6	Torres, Daniela	SO Johns Hopkins	9.81	9.87 q	2
7	Colby, Alexandra	FR Dickinson	9.83	9.93 q	1
8	Durning, Kayleigh	FR Muhlenberg	9.99	10.05 q	2
9	Cuomo, Rosie	FR Ursinus	10.20	10.08	1
10	Hayashi, Scout	FR Swarthmore	10.18	10.21	2
11	Bearden, Tori	FR Ursinus	10.40	10.22	2
12	Cooperstein, Emily	JR Muhlenberg	10.54	10.49	1
13	Gonzales, Julie	SR Bryn Mawr	11.04	10.83	1
14	Nelson, Eryn	SR Dickinson	10.37	10.94	2

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019

Alumni Sports & Fitness Center

Results

Women 60 Meter Hurdles

Meet Record: 8.83 M 2/28/2016 Katherine Cavanaugh, Gettysburg

Conference: 8.78 C 3/11/2016 Katherine Cavanaugh, Gettysburg

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Terry, Jennica	SO	Bryn Mawr	9.29	9.23	10
2 Wylie, Rachel	JR	Franklin & Marshall	9.64	9.31	8
3 Hammonds, Maya	SR	Johns Hopkins	9.50	9.44	6
4 Torres, Daniela	SO	Johns Hopkins	9.87	9.67	5
5 Gutierrez, Annie	SO	Johns Hopkins	9.70	9.74	4
6 Durning, Kayleigh	FR	Muhlenberg	10.05	9.91	3
7 Colby, Alexandra	FR	Dickinson	9.93	9.98	2
8 Oberholtzer, Tess	JR	Haverford	9.56	10.04	1

Women 4x200 Meter Relay

Meet Record: 1:45.70 M 2/28/2009 , Haverford

Belden, Neilson, Welch, Reiss

Conference: 1:45.70 C 2/28/2009 , Haverford

Belden, Neilson, Welch, Reiss

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Ursinus	A	1:51.37	1:48.92	2	10
1) Hunt, Kate FR	2) Coleman, Michela SO	3) Speranza, Gianna SO	4) Coleman, Rachel SO		
2 Haverford	A	1:51.53	1:49.04	2	8
1) Oberholtzer, Tess JR	2) Lopez, Jessica SO	3) Fukuda, Naomi FR	4) Reed, Jasmine FR		
3 Johns Hopkins	A		1:49.28	1	6
1) Bothwell, Haley FR	2) Ayuso, Marina SO	3) Neiman, Rachel SR	4) Nwankpa, Chinaza FR		
4 Dickinson	A	1:53.00	1:50.10	2	5
1) Thompson, Naji SR	2) Nelson, Eryn SR	3) Colby, Alexandra FR	4) Tabtiang, Liana JR		
5 Franklin & Marshall	A		1:50.42	1	4
1) Muccio, Kaitlin SR	2) Wylie, Rachel JR	3) Natoli, Emily SO	4) Piccinini, Sabrina JR		
6 Muhlenberg	A		1:54.47	1	3
1) Ferrizzi, Corrin FR	2) Durning, Kayleigh FR	3) Cooperstein, Emily JR	4) Mitchell, Emily SO		
7 Gettysburg	A	2:00.33	1:58.38	1	2
1) Kerprich, Alexa SO	2) Wielk, Emily JR	3) Seccafico, Katie FR	4) Ruvo, Holly FR		
8 Bryn Mawr	A	1:58.68	2:13.91	2	1
1) Billings, Katie SR	2) Mshvidobadze, Mariam FR	3) Patodia, Ritvika SO	4) Gonzales, Julie SR		
--- Swarthmore	A	1:50.12	DQ	2	
1) Holt, Lauren SO	2) Khanna, Simran SR	3) Covitz, Sydney JR	4) Camacho, Kayla SR		

Women 4x400 Meter Relay

Meet Record: 4:01.40 M 2/28/2016 , Johns Hopkins

Nordquist, Miller, Cheu, McDonald

Conference: 3:54.83 C 3/8/2014 , Johns Hopkins

McDonald, Nordquist, Johnson, Shelton

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Johns Hopkins	A	4:06.11	4:03.74	2	10
1) Miller, Hannah SR	2) Tyburski, Ashley FR	3) Sheppell, Hailey SO	4) Damron, Alexandra SO		
2 Ursinus	A	4:09.15	4:05.69	2	8
1) Coleman, Michela SO	2) Coleman, Rachel SO	3) Manto, Gabrielle SR	4) Gasser, Brittany SR		
3 Dickinson	A	4:17.43	4:11.87	2	6
1) Suess, Natalie JR	2) Watson, Olivia SR	3) Matala, Lilianna FR	4) Tabtiang, Liana JR		

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Women 4x400 Meter Relay)**

Team	Relay	Seed	Finals	H#	Points
4 Haverford	A	4:16.94	4:15.07	2	5
1) Reed, Jasmine FR	2) Lopez, Jessica SO	3) Small, Ruanna FR	4) Coletti, Julia FR		
5 Swarthmore	A	4:16.97	4:15.89	2	4
1) Martinez, Mirayda JR	2) Camacho, Kayla SR	3) Hayashi, Scout FR	4) Holt, Lauren SO		
6 Franklin & Marshall	A	4:15.87	4:24.43	2	3
1) Natoli, Emily SO	2) Frazier, Emma SO	3) Wylie, Rachel JR	4) Privitere, Caylie SO		
7 Gettysburg	A	4:32.07	4:34.04	1	2
1) DeMichael, Danielle SR	2) Kerprich, Alexa SO	3) Wielk, Emily JR	4) Hill, Leah JR		
8 Bryn Mawr	A		4:38.18	1	1
1) Wojcik, Kass FR	2) McDonnell, Amelia FR	3) Keane, Sarah FR	4) Kyle, Anna JR		

Women 4x800 Meter Relay

Meet Record: 9:30.42 M 2/22/2013 , Swarthmore

Neilsen, Painter, Hammond, McMenamin

Conference: 9:30.42 C 2/22/2013 , Swarthmore

Neilsen, Painter, Hammond, McMenamin

Team	Relay	Seed	Finals	Points
Finals				
1 Swarthmore	A		9:38.33	10
1) Himelein-Wachowiak, Kenzi	2) Blodgett, Nora FR	3) Covitz, Sydney JR	4) Price, Lilly JR	
2 Haverford	A		9:40.70	8
1) Hawkins, Molly SO	2) Kaulbach, Griffin SO	3) Jaycobs, Jolie JR	4) Drew, Sophie SR	
3 Dickinson	A		9:43.61	6
1) Cardi, Isabel SO	2) Yanega, Sarah SO	3) Fox, Macallan JR	4) Yanega, Allyson SO	
4 Franklin & Marshall	A		9:51.94	5
1) Muccio, Kaitlin SR	2) Wylie, Rachel JR	3) Huelbig, Madeline FR	4) Greene, Laura FR	
5 Johns Hopkins	A		9:52.34	4
1) Summitt, Arielle FR	2) Factora, Cassandra SO	3) D'Addario, Gina SR	4) Brush, Erin SR	
6 Muhlenberg	A		10:08.63	3
1) Cabellos, Victoria JR	2) Avola, Mari FR	3) Gibki, Nicole JR	4) Dalton, Abby FR	
7 Ursinus	A	10:47.31	10:12.95	2
1) Manto, Gabrielle SR	2) Steele, Meredith SO	3) Tillmann, Madison FR	4) Conhoff, Rachel FR	
8 Gettysburg	A	10:42.51	10:20.06	1
1) DeMichael, Danielle SR	2) Booher, Ashlyn FR	3) Corcoran, Grace FR	4) Campbell, Colleen SR	
9 Bryn Mawr	A		10:44.57	
1) McDonnell, Amelia FR	2) Varnum, Haley SR	3) Wham, Allegra SR	4) Kyle, Anna JR	
10 McDaniel	A	11:56.72	11:32.92	
1) Mesick, Megan FR	2) O'Hara, Riley FR	3) Meyer, Mackenzie SO	4) Chapman, Bailey SO	

Women Distance Medley

Meet Record: 12:00.19 M 2/23/2013 , Johns Hopkins

Monagle, McDonald, Shelton, Oneda

Conference: 11:40.86 C 3/8/2013 , Johns Hopkins

Johnson, McDonald, Shelton, Monagle

Team	Relay	Seed	Finals	Points
Finals				
1 Dickinson	A	13:07.80	12:29.66	10
1) Yanega, Allyson SO	2) Suess, Natalie JR	3) Yanega, Sarah SO	4) Cardi, Isabel SO	
2 Swarthmore	A		12:36.46	8
1) Covitz, Sydney JR	2) Teszler, Rose FR	3) Novak, Emma SO	4) Price, Lilly JR	
3 Haverford	A	13:02.98	12:37.08	6
1) Kaulbach, Griffin SO	2) Coletti, Julia FR	3) Yeakey, Hannah SO	4) Drew, Sophie SR	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Women Distance Medley)**

Team	Relay	Seed	Finals	Points
4 Ursinus 1) Gasser, Brittany SR	A 2) Durrwachter, Neve SO	13:37.46 3) Tillmann, Madison FR	12:52.71 4) Manto, Gabrielle SR	5
5 Johns Hopkins 1) Kelley, Ava SO	A 2) Rieger, Jackie FR	12:02.67 3) Pinkerton, Abby FR	12:53.17 4) D'Addario, Gina SR	4
6 Muhlenberg 1) Avola, Mari FR	A 2) Gibki, Nicole JR		13:02.50 4) Dalton, Abby FR	3
7 Franklin & Marshall 1) Greene, Laura FR	A 2) Frazier, Emma SO	14:32.31 3) Huelbig, Madeline FR	13:09.74 4) Privitere, Caylie SO	2
8 Gettysburg 1) DeMichael, Danielle SR	A 2) Wielk, Emily JR		13:33.85 4) Corcoran, Grace FR	1
9 Bryn Mawr 1) Haller, Emily SO	A 2) Mshvidobadze, Mariam FR		14:59.04 4) Keane, Sarah FR	
10 McDaniel 1) Mesick, Megan FR	A 2) O'Hara, Riley FR		15:23.44 4) Chapman, Bailey SO	

Women High Jump

Meet Record: 5-06 M 1997 Beth Castagno, Gettysburg

Conference: 5-06.50 C 1998 Beth Castagno, Gettysburg

Name	Yr	School	Finals	Points
Finals				
1 Bronkema, Naomi	JR	Swarthmore	1.52m 4-11.75	10
2 Hammonds, Maya	SR	Johns Hopkins	J1.52m 4-11.75	8
3 Noehrenberg, Alana	SO	Muhlenberg	1.47m 4-09.75	6
4 Ireland, Jill	SO	Franklin & Marshall	J1.47m 4-09.75	5
5 Speranza, Gianna	SO	Ursinus	J1.47m 4-09.75	4
6 Gutierrez, Annie	SO	Johns Hopkins	1.42m 4-07.75	2
6 Brown, Faith	JR	Johns Hopkins	1.42m 4-07.75	2
6 Mangaroo, Nicole	FR	Gettysburg	1.42m 4-07.75	2
9 Wain, Cat	SR	Johns Hopkins	J1.42m 4-07.75	
10 Stouffer, Alison	JR	Muhlenberg	1.37m 4-06.00	
10 Pienkos, Anna	FR	Gettysburg	1.37m 4-06.00	
12 Zimmerman, Maya	SO	Swarthmore	J1.37m 4-06.00	
13 Seccafico, Katie	FR	Gettysburg	J1.37m 4-06.00	
14 Eaglin, Rachel	FR	Bryn Mawr	1.32m 4-04.00	

Women Pole Vault

Meet Record: 12-05.50 M 2/27/2010 Alex Faust, Muhlenberg

Conference: 12-07.50 C 1/29/2010 Alexandra Faust, Muhlenberg

Name	Yr	School	Finals	Points
Finals				
1 Gutierrez, Annie	SO	Johns Hopkins	3.52m 11-06.50	10
2 Cortazzo, Sophia	JR	Johns Hopkins	3.37m 11-00.75	8
3 Gonzales, Julie	SR	Bryn Mawr	3.22m 10-06.75	6
4 Cope, Morgan	SR	Ursinus	3.07m 10-00.75	5
5 Mathis, Grace	SR	Haverford	J3.07m 10-00.75	4
6 Wain, Cat	SR	Johns Hopkins	2.77m 9-01.00	3
7 Yap, Caitlin	FR	Gettysburg	2.62m 8-07.00	1.50
7 Li, Penny	SR	Johns Hopkins	2.62m 8-07.00	1.50
9 Piccinini, Sabrina	JR	Franklin & Marshall	J2.62m 8-07.00	
10 Colby, Alexandra	FR	Dickinson	J2.62m 8-07.00	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Women Long Jump****Meet Record: 18-01.75 M 3/1/2003 Cheron Walker, Gettysburg****Conference: 19-10.50 C 1/12/2019 Maya Hammonds, John Hopkins**

Name	Yr	School	Finals		H#	Points
Finals						
1	SR	Johns Hopkins	5.32m	17-05.50	2	10
2	FR	Muhlenberg	5.09m	16-08.50	2	8
3	FR	Haverford	4.97m	16-03.75	2	6
4	SR	Johns Hopkins	4.92m	16-01.75	2	5
5	SO	Muhlenberg	4.87m	15-11.75	2	4
6	SR	Ursinus	4.75m	15-07.00	2	3
7	FR	Johns Hopkins	4.74m	15-06.75	2	2
8	SO	Johns Hopkins	4.71m	15-05.50	2	1
9	SR	Haverford	4.60m	15-01.25	1	
10	SO	Swarthmore	4.59m	15-00.75	1	
11	FR	Dickinson	4.46m	14-07.75	1	
12	SO	Johns Hopkins	4.42m	14-06.00	2	
13	JR	Haverford	4.41m	14-05.75	1	
14	FR	Ursinus	4.39m	14-05.00	1	
15	SO	Haverford	4.35m	14-03.25	1	
16	SO	Ursinus	4.33m	14-02.50	1	
17	SR	Johns Hopkins	4.27m	14-00.25	1	
18	FR	Haverford	4.13m	13-06.75	2	
19	SO	Franklin & Marshall	4.04m	13-03.25	1	

Women Triple Jump**Meet Record: 38-08.25 M 1997 Catherine Laine, Swarthmore****Conference: 38-08.25 C 1997 Laine & Peterkin, Swarthmore**

Name	Yr	School	Finals		Points
Finals					
1	FR	Muhlenberg	11.40m	37-05.00	10
2	SO	Haverford	11.00m	36-01.25	8
3	FR	Johns Hopkins	10.67m	35-00.25	6
4	SR	Ursinus	10.48m	34-04.75	5
5	SO	Muhlenberg	10.09m	33-01.25	4
6	SR	Swarthmore	9.79m	32-01.50	3
7	FR	Gettysburg	9.76m	32-00.25	2
8	FR	Dickinson	9.72m	31-10.75	1
9	SR	Haverford	9.49m	31-01.75	
10	SO	Johns Hopkins	9.15m	30-00.25	
11	FR	Ursinus	9.03m	29-07.50	

Women Shot Put**Meet Record: 44-08.25 M 3/1/2015 Osazenoriuwa Ebose, Swarthmore****Conference: 44-08.75 C 3/6/2014 Emily Swenson, Johns Hopkins**

Name	Yr	School	Finals		H#	Points
Finals						
1	JR	Swarthmore	13.98m	45-10.50	2	10
2	JR	Swarthmore	12.06m	39-07.00	2	8
3	FR	Johns Hopkins	11.85m	38-10.50	2	6
4	SR	Franklin & Marshall	11.66m	38-03.25	2	5

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Women Shot Put)**

Name	Yr	School	Finals		H#	Points
5 Tuberville, Unique	JR	Haverford	10.71m	35-01.75	2	4
6 Simoes, Sophia	JR	Ursinus	10.70m	35-01.25	2	3
7 Horton, Marite	SO	Haverford	10.58m	34-08.50	2	2
8 Montane, Veronica	SO	Johns Hopkins	10.57m	34-08.25	2	1
9 Vresilovic, Rachel	JR	Swarthmore	10.54m	34-07.00	2	
10 Ayoh, Christine	SO	Swarthmore	10.48m	34-04.75	1	
11 Mangaroo, Nicole	FR	Gettysburg	10.28m	33-08.75	1	
12 Mangione, Katherine	FR	Gettysburg	10.18m	33-04.75	2	
13 Reynolds, Charlese	FR	Dickinson	9.90m	32-05.75	1	
14 Bordonaro, Mikaela	SR	Ursinus	9.86m	32-04.25	1	
15 Bianco Riley, Diana	SO	Gettysburg	9.84m	32-03.50	1	
16 Nazih, Kamilyah	FR	Ursinus	9.74m	31-11.50	1	
17 Case, Sarah	FR	McDaniel	9.71m	31-10.25	1	
18 Steffan, Emma	FR	Franklin & Marshall	9.67m	31-08.75	2	
19 Smith, Mary	JR	Dickinson	9.65m	31-08.00	1	
20 Yanoff, Zenya	FR	Ursinus	9.26m	30-04.75	1	
21 Beck, Jenny	SO	Dickinson	9.20m	30-02.25	1	
22 Adeoye, Simi	SO	McDaniel	9.04m	29-08.00	1	
23 Alessi, Jessica	FR	Gettysburg	8.65m	28-04.50	1	
--- Rueda-Juarez, Vikki	SO	Ursinus	FOUL		2	

Women Weight Throw

Conference: 55-05.75 C 2/21/2009 Alyssa Catalano, Frankin & Marshall

Name	Yr	School	Finals		H#	Points
Finals						
1 Conley, Clay	JR	Swarthmore	14.83m	48-08.00	2	10
2 Bordonaro, Mikaela	SR	Ursinus	12.91m	42-04.25	2	8
3 Tuberville, Unique	JR	Haverford	12.90m	42-04.00	2	6
4 Simoes, Sophia	JR	Ursinus	12.75m	41-10.00	2	5
5 Bronkema, Naomi	JR	Swarthmore	12.69m	41-07.75	2	4
6 Posta, Abigail	JR	Swarthmore	12.67m	41-07.00	1	3
7 Smith, Mary	JR	Dickinson	12.18m	39-11.50	2	2
8 Bianco Riley, Diana	SO	Gettysburg	12.14m	39-10.00	2	1
9 Adeoye, Simi	SO	McDaniel	11.01m	36-01.50	1	
10 Alessi, Jessica	FR	Gettysburg	10.75m	35-03.25	1	
11 Steffan, Emma	FR	Franklin & Marshall	10.59m	34-09.00	1	
12 Yanoff, Zenya	FR	Ursinus	10.28m	33-08.75	1	
13 Beck, Jenny	SO	Dickinson	9.96m	32-08.25	2	
14 Neff, Kelsey	FR	Johns Hopkins	9.91m	32-06.25	1	
15 Messer, Emily	JR	Dickinson	8.30m	27-02.75	1	
16 Reynolds, Charlese	FR	Dickinson	6.37m	20-10.75	1	
17 Groble, Analisa	FR	Dickinson	5.42m	17-09.50	1	

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Yr	School	Finals	Points
Finals				
1 Hammonds, Maya	SR	Johns Hopkins	2:33.89	645
2 Chiao, Emma	FR	Swarthmore	2:36.91	609
3 Zimmerman, Maya	SO	Swarthmore	2:42.17	548
4 Bednarik, Louise	SR	Haverford	2:56.31	400

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon)**

Name	Yr	School	Finals	Points
5 Case, Sarah	FR	McDaniel	3:02.08	346
6 Eaglin, Rachel	FR	Bryn Mawr	3:05.15	319
--- Wain, Cat	SR	Johns Hopkins	DNF	

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Yr	School	Finals	H#	Points
Finals					
1 Hammonds, Maya	SR	Johns Hopkins	9.37	1	834
2 Eaglin, Rachel	FR	Bryn Mawr	10.06	2	701
3 Zimmerman, Maya	SO	Swarthmore	10.48	1	625
4 Wain, Cat	SR	Johns Hopkins	10.60	2	604
5 Bednarik, Louise	SR	Haverford	11.46	2	463
6 Case, Sarah	FR	McDaniel	11.66	1	433
7 Chiao, Emma	FR	Swarthmore	11.77	2	417

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Yr	School	Finals	Points
Finals				
1 Hammonds, Maya	SR	Johns Hopkins	1.62m	759
2 Eaglin, Rachel	FR	Bryn Mawr	1.47m	588
3 Wain, Cat	SR	Johns Hopkins	1.41m	523
4 Zimmerman, Maya	SO	Swarthmore	1.35m	460
4 Chiao, Emma	FR	Swarthmore	1.35m	460
6 Bednarik, Louise	SR	Haverford	1.26m	369
7 Case, Sarah	FR	McDaniel	1.23m	340

Indoor Pentathlon: #3 Women Long Jump Indoor Pentathlon

Name	Yr	School	Finals	Points
Finals				
1 Hammonds, Maya	SR	Johns Hopkins	5.63m	738
2 Zimmerman, Maya	SO	Swarthmore	4.73m	487
3 Chiao, Emma	FR	Swarthmore	4.67m	472
4 Eaglin, Rachel	FR	Bryn Mawr	4.25m	367
5 Case, Sarah	FR	McDaniel	4.15m	343
6 Bednarik, Louise	SR	Haverford	3.84m	272
--- Wain, Cat	SR	Johns Hopkins	FOUL	

Indoor Pentathlon: #4 Women Shot Put Indoor Pentathlon

Name	Yr	School	Finals	Points
Finals				
1 Case, Sarah	FR	McDaniel	9.97m	527
2 Zimmerman, Maya	SO	Swarthmore	9.13m	473
3 Hammonds, Maya	SR	Johns Hopkins	8.43m	427
4 Chiao, Emma	FR	Swarthmore	8.04m	402
5 Eaglin, Rachel	FR	Bryn Mawr	7.94m	395
6 Wain, Cat	SR	Johns Hopkins	7.76m	384
7 Bednarik, Louise	SR	Haverford	6.08m	276

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Women Indoor Pentathlon****Meet Record:** 3344 M 2/24/2018 Jenn Su, Johns Hopkins**Conference:** 3497 C 3/13/2009 Jessie Belden, Haverford

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1	SR	Johns Hopkins	3133	3403 M		10
2	SO	Swarthmore	2395	2593		8
3	FR	Bryn Mawr		2370		6
4	FR	Swarthmore	2104	2360		5
5	FR	McDaniel		1989		4
6	SR	Haverford	1793	1780		3
7	SR	Johns Hopkins	2654	1511		2

Men 60 Meter Dash**Meet Record:** 6.87 M 3/1/2014 Aaron Pannell, Dickinson**Conference:** 6.86 C 1/19/2013 Aaron Pannell, Dickinson

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1	SR	Johns Hopkins	7.00	6.97 Q	3
2	FR	Johns Hopkins	7.02	7.02 Q	2
3	JR	Johns Hopkins	7.04	7.11 Q	1
4	FR	Ursinus	7.09	7.12 q	1
5	SR	Johns Hopkins	7.11	7.13 q	2
6	SR	Haverford	7.23	7.20 q	3
7	SO	Johns Hopkins	7.24	7.20 q	3
8	JR	Swarthmore	7.38	7.34 q	2
9	JR	McDaniel	7.36	7.35	1
10	FR	Gettysburg	7.44	7.36	3
11	SO	McDaniel	7.36	7.36	2
12	FR	Muhlenberg	7.37	7.41	1
13	SO	Dickinson	7.51	7.44	1
14	FR	Gettysburg	7.51	7.47	1
15	SO	Gettysburg	7.50	7.49	3
16	SR	Haverford	7.50	7.53	2
17	SO	Swarthmore	7.62	7.55	1
18	JR	Gettysburg	7.59	7.58	3
19	FR	Dickinson	7.61	7.60	2
20	FR	Ursinus	7.57	7.60	2
21	FR	Franklin & Marshall	7.66	7.75	1

Men 60 Meter Dash**Meet Record:** 6.87 M 3/1/2014 Aaron Pannell, Dickinson**Conference:** 6.86 C 1/19/2013 Aaron Pannell, Dickinson

Name	Yr	School	Prelims	Finals	Points
Finals					
1	FR	Johns Hopkins	7.02	6.99	10
2	SR	Johns Hopkins	6.97	7.01	8
3	JR	Johns Hopkins	7.11	7.03	6
4	FR	Ursinus	7.12	7.08	5
5	SO	Johns Hopkins	7.20	7.16	4
6	SR	Johns Hopkins	7.13	7.17	3

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Men 60 Meter Dash)**

Name	Yr	School	Prelims	Finals	Points
7 Acheampong, Kofi	SR	Haverford	7.20	7.28	2
8 Belgaumi, Adil	JR	Swarthmore	7.34	7.38	1

Men 200 Meter Dash

Meet Record: 22.15 M 2/28/2016 **Evan Friend, Franklin & Marshall**

Conference: 22.15 C 2/28/2016 **Evan Friend, Franklin & Marshall**

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Mollick, Alexander	SR	Johns Hopkins	22.87	22.44	5	10
2 Reilly, Tyler	FR	Ursinus	23.57	23.11	5	8
3 Lynch, Liam	SR	Haverford	23.62	23.16	4	6
4 Imery, Ian	SO	Johns Hopkins	23.54	23.29	5	5
5 Belgaumi, Adil	JR	Swarthmore	23.87	23.51	4	4
6 Brick, Aaron	FR	Dickinson	23.92	23.51	3	3
7 Acheampong, Kofi	SR	Haverford	23.58	23.58	4	2
8 Grigas, Scott	FR	Muhlenberg	23.96	23.70	3	1
9 Bessette, Mike	SR	Muhlenberg	23.87	23.91	4	
10 Rzempoluch, Kacper	SO	Dickinson	24.30	23.98	3	
11 Moran, Christian	SO	Dickinson	25.01	24.08	1	
12 Stango, Zach	FR	McDaniel	24.81	24.19	2	
13 Morales, Jose	FR	Ursinus	24.71	24.28	2	
14 Motill, Colin	SO	Gettysburg	24.50	24.29	2	
15 O'Brien, Cael	SO	Gettysburg	24.83	24.35	1	
16 Cwiklinski, Thaddeus	SR	Gettysburg	24.44	24.78	3	
17 Cozad, Skye	FR	Franklin & Marshall	24.91	24.92	1	
--- Carter, Octavious	FR	Ursinus	23.19	DQ	5	
--- Alston, Tristan	FR	Swarthmore	25.00	DQ	1	

Men 400 Meter Dash

Meet Record: 49.43 M 2/25/2012 **Peter Rice, Muhlenberg**

Conference: 48.67 C 2/19/2011 **Peter Rice, Muhlenberg**

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Lynch, Liam	SR	Haverford	51.38	50.51	4	10
2 Brown, Jonathon	SO	Johns Hopkins	51.57	50.62	4	8
3 Kelly, Andre	JR	Ursinus	52.22	51.70	4	6
4 Brandeis, Ben	FR	Dickinson	52.81	51.76	3	5
5 Duncan-Taylor, Bradley	FR	Ursinus	52.10	52.11	4	4
6 Bittenbender, Austin	JR	Ursinus	52.78	52.26	3	3
7 Kisi, Mikyas	JR	McDaniel	53.87	52.38	2	2
8 Gallagher, Michael	JR	McDaniel	52.75	52.47	4	1
9 Riordan, Thomas	JR	Dickinson	54.14	52.64	1	
10 Cwiklinski, Thaddeus	SR	Gettysburg	52.92	52.74	3	
11 Kurtz, Peter	SR	Haverford	53.35	53.01	3	
12 Samuels, Kai	SO	McDaniel	53.54	53.81	2	
13 Mollin, Sam	SO	Johns Hopkins	53.71	54.03	2	
14 Slaboda, Brandon	FR	Ursinus	53.34	54.21	3	
15 Yoquinto, Logan	FR	Ursinus	53.89	54.36	2	
16 Williams-Jackson, Tyree	FR	Ursinus	55.37	54.67	1	
17 Stango, Zach	FR	McDaniel	55.64	55.27	1	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Men 800 Meter Run****Meet Record: 1:52.36 M 3/2/2014 Andrew Carey, Johns Hopkins****Conference: 1:48.66 C 1/31/1997 Karl Paranya, Haverford**

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Gibson, Gavin	SR	McDaniel	1:58.05	1:55.94	4	10
2 Petrecca, Alex	SR	Gettysburg	1:58.24	1:57.34	4	8
3 Armand, Jack	JR	Johns Hopkins	1:58.64	1:57.45	4	6
4 Lyman, Spencer	SR	Franklin & Marshall	1:58.48	1:57.70	4	5
5 Morgan, Sam	FR	Muhlenberg	1:58.84	1:57.89	4	4
6 Goings, Chris	SR	Haverford	1:57.96	1:58.90	4	3
7 Ullmann, Luke	SO	Muhlenberg	2:00.25	1:59.55	3	2
8 Taylor, Giacomo	SR	Johns Hopkins	2:01.14	2:00.12	3	1
9 Braun, Ryan	SO	Franklin & Marshall	2:00.86	2:00.84	3	
10 Ozbolt, Alex	FR	Johns Hopkins	1:58.01	2:01.23	4	
11 Robinson, Matthew	SR	Gettysburg	2:00.02	2:02.15	3	
12 Funge, Chris	SR	Muhlenberg	2:04.36	2:02.97	3	
13 Duarte, John	FR	Swarthmore	2:04.79	2:03.54	3	
14 Rodriguez, Christian	SO	Gettysburg	2:09.74	2:04.77	2	
15 Baker, Evan	JR	Swarthmore	2:05.22	2:04.84	3	
16 Brandt, Chris	FR	Swarthmore	2:07.38	2:05.28	3	
17 Crosby, Owen	SO	Gettysburg	2:10.30	2:06.02	2	
18 Miller, Michael	SR	Gettysburg	2:11.20	2:06.02	2	
19 Voyack, Andrew	JR	Ursinus	2:11.33	2:06.90	2	
20 Heinzerling, Lucas	JR	Swarthmore	2:10.31	2:08.20	2	
21 Shavegan, Keyan	FR	Swarthmore	2:11.69	2:08.70	1	
22 Allen, Jeffrey	FR	Haverford	2:11.40	2:09.31	1	
23 Cope, Jonathan	SR	Ursinus	2:07.91	2:09.46	2	
24 Riley, Colin	FR	Haverford	2:09.73	2:09.58	2	
25 Wun, Jesse	FR	Ursinus	2:11.73	2:10.09	1	
26 Berardi, Kyle	SO	Ursinus	2:09.53	2:12.30	2	
27 Hillegas, Will	JR	Haverford	2:11.97	2:13.00	1	
28 Kenyon, Jack	SO	Gettysburg	2:11.57	2:16.92	1	

Men 1 Mile Run**Meet Record: 4:14.03 M 3/2/2014 Charlie Marquardt, Haverford****Conference: 4:00.96 C 1/25/1997 Karl Paranya, Haverford**

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Morgan, Greg	SR	Haverford	4:08.15	4:16.70	2	10
2 Herrmann, Eric	SR	Dickinson	4:20.31	4:20.03	2	8
3 Mullins, Corey	SR	Muhlenberg	4:22.78	4:20.86	2	6
4 McDaid, James	JR	Ursinus	4:28.75	4:24.04	2	5
5 Katz, Matt	SO	Haverford	4:24.85	4:24.27	2	4
6 Bhat, Vipul	JR	Johns Hopkins	4:20.18	4:25.02	2	3
7 Peters, Kevin	SR	Johns Hopkins	4:26.71	4:25.62	2	2
8 Tripeny, Nico	FR	Haverford	4:28.65	4:27.05	2	1
9 Pourshalchi, Scott	SR	Johns Hopkins	4:20.03	4:28.76	2	
10 Saxon, Jacob	SR	Muhlenberg	4:26.36	4:29.39	2	
11 Penfold, Brendan	FR	Swarthmore	4:34.69	4:33.99	2	
12 Walkush, Declan	SO	Muhlenberg	4:41.78	4:36.46	1	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Men 1 Mile Run)**

Name	Yr	School	Seed	Finals	H#	Points
13 Condotti, Alex	SR	Johns Hopkins	4:29.28	4:37.82	2	
14 Ring, Jonah	FR	Swarthmore	4:38.58	4:39.15	1	
15 Bibeau, Stuart	SR	Muhlenberg	4:36.85	4:39.79	1	
16 Brandt, Chris	FR	Swarthmore	4:42.82	4:39.92	1	
17 Berardi, Kyle	SO	Ursinus	4:40.58	4:40.92	1	
18 Mazullo, Logan	JR	Ursinus	4:43.43	4:41.89	1	
19 Kaiser, Scott	FR	Haverford	4:40.71	4:45.27	1	
20 McCarty, Colin	FR	Ursinus	4:43.58	4:46.23	1	
21 Meyer, Jacob	JR	Johns Hopkins	4:36.23	4:47.20	1	
22 Kenyon, Jack	SO	Gettysburg	4:42.00	4:57.53	1	

Men 3000 Meter Run

Meet Record: 8:31.84 M 2/26/2017 Dylan Gearinger, Haverford

Conference: 8:06.56 C 2/6/2016 Charlie Marquardt, Haverford

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Peet, Graham	SR	Haverford	8:34.04	8:37.48	2	10
2 Descavish, Bryce	JR	Dickinson	8:45.24	8:40.86	2	8
3 Doran, Alex	SR	Johns Hopkins	8:32.78	8:44.95	2	6
4 Richwall, Jason	JR	Muhlenberg	8:43.05	8:45.34	2	5
5 Herlihy, Ryan	SR	Haverford	8:46.49	8:46.25	2	4
6 Hopkins, Duncan	SR	Dickinson	8:46.17	8:48.02	2	3
7 King, Andrew	JR	Johns Hopkins	8:42.22	8:50.15	2	2
8 Dye, Patrick	SO	Johns Hopkins	8:46.13	8:52.75	2	1
9 Parts, Vaughn	JR	Swarthmore	8:49.37	8:57.81	2	
10 Buckley, Peter	FR	Haverford	8:48.11	9:02.95	2	
11 Perales, Simon	SO	Haverford	9:07.95	9:04.52	1	
12 Howe, Will	SO	Johns Hopkins	8:51.99	9:04.99	2	
13 Joshi, Aditya	JR	Johns Hopkins	9:06.49	9:08.50	1	
14 Karlsen, Amos	FR	Haverford	9:09.97	9:16.34	1	
15 Bules, Odin	SO	Dickinson	9:06.55	9:33.82	1	
16 Brelig, Max	FR	Haverford	9:07.30	9:36.37	1	
17 Wall, Liam	SR	Johns Hopkins	8:56.90	9:50.82	2	

Men 5000 Meter Run

Meet Record: 14:33.59 M 3/1/2014 Chris Stadler, Haverford

Conference: 14:12.77 C 1/27/2012 Jordan Schilit, Haverford

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Peet, Graham	SR	Haverford	14:52.39	14:45.11	2	10
2 Descavish, Bryce	JR	Dickinson	15:13.48	14:45.13	2	8
3 Hickson, Oliver	SR	Johns Hopkins	14:50.11	15:00.71	2	6
4 Murray, PJ	JR	Johns Hopkins	14:54.58	15:01.57	2	5
5 Herlihy, Ryan	SR	Haverford	15:14.82	15:03.46	2	4
6 Pangallozzi, Jared	SO	Johns Hopkins	14:48.09	15:09.29	2	3
7 Patel, Panth	SR	Johns Hopkins	14:56.12	15:14.40	2	2
8 Delahanty, Connor	SO	Johns Hopkins	15:04.75	15:14.72	2	1
9 Hopkins, Duncan	SR	Dickinson	15:20.95	15:32.95	2	
10 Madden, Conor	JR	Haverford	15:29.15	15:33.47	2	
11 Doran, Alex	SR	Johns Hopkins	14:59.14	15:33.50	2	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Men 5000 Meter Run)**

	Name	Yr	School	Seed	Finals	H#	Points
12	Braun, Jeff	SR	Johns Hopkins	15:40.08	15:36.26	1	
13	Watt, David	JR	Haverford	15:48.59	15:43.22	1	
14	Joshi, Aditya	JR	Johns Hopkins	15:59.65	15:54.22	1	
15	Hunter, Jack	SO	Haverford	15:37.37	16:01.01	2	
16	Penfold, Brendan	FR	Swarthmore	15:53.51	16:05.23	1	
17	Scharf, Christopher	FR	Dickinson	15:50.82	16:08.43	1	
18	Miller, Michael	SR	Gettysburg	16:38.63	16:11.58	1	
19	Amos, Tyler	FR	Johns Hopkins	15:37.17	16:11.84	2	
20	Scharf, Charles	FR	Dickinson	16:13.17	16:17.39	1	
21	Mears, Isaac	JR	Johns Hopkins	16:21.19	16:24.07	1	
22	Pitt, Garrett	SO	Johns Hopkins	15:50.20	16:29.81	1	
23	Bules, Odin	SO	Dickinson	16:02.44	16:39.05	1	
24	Pollack, Jakob	SO	Johns Hopkins	16:36.15	16:49.52	1	
25	Smurla, Pat	FR	Muhlenberg	16:42.38	16:55.12	1	

Men 60 Meter Hurdles

Meet Record: 8.33 M 3/1/2015 Jeff Ainsley, Haverford

Conference: 8.33 C 3/1/2015 Jeff Ainsley, Haverford

	Name	Yr	School	Seed	Prelims	H#
Preliminaries						
1	Eppley, Robert	SR	Swarthmore	8.91	8.77 Q	1
2	Su, Matthew	JR	Johns Hopkins	8.69	8.89 Q	2
3	Brandeis, Ben	FR	Dickinson	9.10	8.92 q	1
4	Canedy, Justin	FR	Johns Hopkins	8.92	8.97 q	1
5	Stambaugh, Nevin	JR	McDaniel	8.98	9.13 q	2
6	White, Caleb	JR	McDaniel	9.19	9.33 q	2
7	Montina, Kem	JR	Muhlenberg	9.03	9.46 q	2
8	Beavers, Zack	SO	Ursinus	9.33	9.50 q	2
9	Simmers, Matthew	SO	Gettysburg	9.69	9.74	1
10	DiGregorio, Aaron	SO	Franklin & Marshall	10.17	10.11	1
11	Oji, Zach	SR	Haverford	10.22	10.44	2
12	Harrison, Chris	SO	Dickinson	10.38	12.54	2

Men 60 Meter Hurdles

Meet Record: 8.33 M 3/1/2015 Jeff Ainsley, Haverford

Conference: 8.33 C 3/1/2015 Jeff Ainsley, Haverford

	Name	Yr	School	Prelims	Finals	Points
Finals						
1	Su, Matthew	JR	Johns Hopkins	8.89	8.71	10
2	Canedy, Justin	FR	Johns Hopkins	8.97	8.76	8
3	Eppley, Robert	SR	Swarthmore	8.77	8.83	6
4	Stambaugh, Nevin	JR	McDaniel	9.13	8.94	5
5	Montina, Kem	JR	Muhlenberg	9.46	9.00	4
6	White, Caleb	JR	McDaniel	9.33	9.18	3
7	Brandeis, Ben	FR	Dickinson	8.92	9.24	2
8	Beavers, Zack	SO	Ursinus	9.50	9.33	1

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019

Alumni Sports & Fitness Center

Results

Men 4x200 Meter Relay

Meet Record: 1:31.07 M 2/25/2012 , Muhlenberg
Vaughn, Sullivan, Reinhart, Rice

Conference: 1:30.71 C 3/7/2008 , Gettysburg
Van Arsdale, Keane, Hastings, Mavraganis

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Ursinus	A		1:33.00	1	10
1) Carter, Octavious FR	2) Reilly, Tyler FR	3) Bittenbender, Austin JR	4) Duncan-Taylor, Bradley FR		
2 McDaniel	A		1:33.83	1	8
1) White, Caleb JR	2) Kisi, Mikyas JR	3) Mintz, Jamie SO	4) Gallagher, Michael JR		
3 Dickinson	A	1:36.21	1:33.88	2	6
1) Brick, Aaron FR	2) Rzempoluch, Kacper SO	3) Moran, Christian SO	4) Brandeis, Ben FR		
4 Swarthmore	A	1:35.93	1:34.45	2	5
1) Belgaumi, Adil JR	2) Eppley, Robert SR	3) Raab, Judah SO	4) Hejna, Benjamin SR		
5 Haverford	A	1:37.00	1:34.63	2	4
1) Lynch, Liam SR	2) Acheampong, Kofi SR	3) Huang, Oscar SR	4) Kurtz, Peter SR		
6 Johns Hopkins	A		1:34.85	1	3
1) Mollick, Alexander SR	2) Imery, Ian SO	3) Boussouf, Elias FR	4) Mollin, Sam SO		
7 Gettysburg	A	1:40.20	1:37.14	2	2
1) Motill, Colin SO	2) O'Brien, Cael SO	3) O'Neil, Dylan JR	4) Musgrove, Kevon FR		
8 Muhlenberg	A		1:37.81	1	1
1) Grigas, Scott FR	2) Alvarez, Jeffrey SO	3) Bessette, Mike SR	4) Montina, Kem JR		
9 Franklin & Marshall	A		1:38.73	1	
1) Farkas, Jacob JR	2) DiGregorio, Aaron SO	3) O'Hern, Drew SO	4) Cozad, Skye FR		

Men 4x400 Meter Relay

Meet Record: 3:23.88 M 2/23/2002 , Gettysburg

Conference: 3:19.99 C 2/10/1996 , Haverford
Sykora, Coulston, Grant, Mahaniah

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Ursinus	A	3:33.09	3:26.05	2	10
1) Reilly, Tyler FR	2) Duncan-Taylor, Bradley FR	3) Yoquinto, Logan FR	4) Kelly, Andre JR		
2 Johns Hopkins	A	3:30.19	3:27.64	2	8
1) Brown, Jonathon SO	2) Armand, Jack JR	3) Ozbolt, Alex FR	4) Taylor, Giacomo SR		
3 Haverford	A	3:35.42	3:28.08	2	6
1) Kurtz, Peter SR	2) Huang, Oscar SR	3) Goings, Chris SR	4) Lynch, Liam SR		
4 Swarthmore	A	3:33.45	3:30.81	2	5
1) Warren, Benjamin SR	2) Snyder, Justin SO	3) Reyes, Jordan SR	4) Belkin, Daniel SR		
5 McDaniel	A	3:29.51	3:30.89	2	4
1) White, Caleb JR	2) Kisi, Mikyas JR	3) Samuels, Kai SO	4) Gibson, Gavin SR		
6 Muhlenberg	A	3:37.58	3:36.69	1	3
1) Shanahan, Gregory SO	2) Montina, Kem JR	3) Walkush, Declan SO	4) Bessette, Mike SR		
7 Gettysburg	A	3:35.84	3:39.82	2	2
1) Brouillard, Angus FR	2) Weller, Matthew FR	3) O'Brien, Cael SO	4) Cwiklinski, Thaddeus SR		
8 Dickinson	A	3:40.60	3:41.85	1	1
1) Brandeis, Ben FR	2) Moran, Christian SO	3) Riordan, Thomas JR	4) Brick, Aaron FR		

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019

Alumni Sports & Fitness Center

Results

Men 4x800 Meter Relay

**Meet Record: 7:55.59 M 3/1/2014 , Haverford
Keny, Rada, Rasmussen, Marquardt**
**Conference: 7:43.72 C 1/28/1996 , Haverford
Loutrel, Davis, Ntusi, Paranya**

Team	Relay	Seed	Finals	Points
Finals				
1 Johns Hopkins 1) Dembinski, Robert SR	A 2) Condotti, Alex SR	3) Dixon, Alex FR	7:56.60 4) Oh, Ted JR	10
2 Haverford 1) Barker, James JR	A 2) Kawakatsu, Hiro JR	3) Woodhouse, Ian SR	7:59.70 4) Morgan, Greg SR	8
3 Dickinson 1) Chandler, William SR	A 2) Descavish, Bryce JR	3) Scharf, Christopher FR	8:01.82 4) Herrmann, Eric SR	6
4 Gettysburg 1) Robinson, Matthew SR	A 2) McKeever, Dylan SO	8:59.13 3) Sheldon, Samuel JR	8:03.26 4) Petrecca, Alex SR	5
5 Swarthmore 1) Garba, Saadiq SR	A 2) Mick, Grayson SO	3) Kenny, Frank JR	8:07.15 4) Rothenberg, Ethan FR	4
6 Muhlenberg 1) Ullmann, Luke SO	A 2) Saxon, Jacob SR	3) Morgan, Sam FR	8:09.13 4) Mullins, Corey SR	3
7 Ursinus 1) DeLia, John JR	A 2) Martinez, Edward FR	8:39.25 3) McDaid, James JR	8:12.18 4) Maciel, Marcos FR	2
8 Franklin & Marshall 1) Lyman, Spencer SR	A 2) Braun, Ryan SO	3) O'Hern, Drew SO	8:16.94 4) DeLince, William SO	1
9 McDaniel 1) Thompson, Shaun JR	A 2) Gallagher, Michael JR	8:31.20 3) Porembski, Stephen SO	8:58.66 4) Stango, Zach FR	

Men Distance Medley

**Meet Record: 10:03.21 M 2/26/2017 , Muhlenberg
Mullins,Bessette,Calatoni,Flank**
**Conference: 9:56.01 C 2/21/2011 , Haverford
Arnold, Golato, Schoch, Milic-Strkalj**

Team	Relay	Seed	Finals	Points
Finals				
1 Haverford 1) Goings, Chris SR	A 2) Kawakatsu, Hiro JR	3) Woodhouse, Ian SR	10:15.87 4) Morgan, Greg SR	10
2 Johns Hopkins 1) Oh, Ted JR	A 2) Brown, Jonathon SO	10:23.42 3) Dixon, Alex FR	10:19.31 4) Bhat, Vipul JR	8
3 Dickinson 1) Chandler, William SR	A 2) Brandeis, Ben FR	11:21.60 3) Riordan, Thomas JR	10:27.47 4) Herrmann, Eric SR	6
4 Gettysburg 1) Sheldon, Samuel JR	A 2) Cwiklinski, Thaddeus SR	11:11.73 3) Robinson, Matthew SR	10:29.07 4) Petrecca, Alex SR	5
5 Swarthmore 1) Kenny, Frank JR	A 2) Reyes, Jordan SR	3) Warren, Benjamin SR	10:31.94 4) Rothenberg, Ethan FR	4
6 Ursinus 1) McDaid, James JR	A 2) Slaboda, Brandon FR	10:53.44 3) Kelly, Andre JR	10:33.16 4) Maciel, Marcos FR	3
7 McDaniel 1) Gibson, Gavin SR	A 2) Gallagher, Michael JR	3) Samuels, Kai SO	10:50.98 4) Thompson, Shaun JR	2
8 Muhlenberg 1) Walkush, Declan SO	A 2) Shanahan, Gregory SO	3) Funge, Chris SR	10:55.49 4) Bibeau, Stuart SR	1

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Men High Jump**

Meet Record: 6-09 M 1998 Steve Dawson, Swarthmore
 Conference: 6-10.75 C 2009 Ryan Bobko, Johns Hopkins

Name	Yr	School	Finals	Points
Finals				
1 Belkin, Daniel	SR	Swarthmore	1.95m 6-04.75	10
2 Canedy, Justin	FR	Johns Hopkins	J1.95m 6-04.75	8
3 Crebbin, Zachary	FR	Ursinus	J1.95m 6-04.75	5.50
3 Brower, Jack	SR	Haverford	J1.95m 6-04.75	5.50
5 Hejna, Benjamin	SR	Swarthmore	1.90m 6-02.75	4
6 Palazzolo, Corey	FR	Gettysburg	1.85m 6-00.75	3
7 Porter, Mitchell	FR	Johns Hopkins	1.80m 5-10.75	2
8 Su, Matthew	JR	Johns Hopkins	J1.80m 5-10.75	1
9 Arehart, Ben	FR	Muhlenberg	J1.80m 5-10.75	
10 Clark, Titus	FR	Dickinson	1.75m 5-08.75	
11 Snyder, Justin	SO	Swarthmore	J1.75m 5-08.75	
12 Weller, Matthew	FR	Gettysburg	1.70m 5-07.00	
13 Sobel, Ben	SO	Dickinson	J1.70m 5-07.00	
14 Glazer, Chris	SR	Haverford	J1.70m 5-07.00	
15 Sooksatan, Silvan	SO	Haverford	J1.70m 5-07.00	
--- Albrecht, Cameron	JR	Haverford	NH	

Men Pole Vault

Meet Record: 16-04.75 M 2/28/2016 Andrew Bartnett, Johns Hopkins
 Conference: 17-02.75 C 3/11/2016 Andrew Bartnett, Johns Hopkins

Name	Yr	School	Finals	Points
Finals				
1 Gamber, Adam	JR	Dickinson	4.40m 14-05.25	10
2 Lill, Zachary	SO	Muhlenberg	4.25m 13-11.25	8
3 Gadra, Ethan	FR	Haverford	J4.25m 13-11.25	6
4 Flowers, Alex	SO	Swarthmore	4.10m 13-05.25	5
5 Braun, Andrew	JR	Muhlenberg	3.95m 12-11.50	4
6 Ford, Jarred	FR	Muhlenberg	3.80m 12-05.50	3
7 Wood, Gavin	SO	Dickinson	J3.80m 12-05.50	2
8 Park, Max	SO	Swarthmore	J3.80m 12-05.50	1
9 Grissinger, Nicholas	SO	Gettysburg	3.65m 11-11.75	
10 Farkas, Jacob	JR	Franklin & Marshall	3.50m 11-05.75	
11 Bale, Noah	JR	Gettysburg	J3.50m 11-05.75	
12 Derr, Tyler	SO	Muhlenberg	3.35m 10-11.75	
13 Karaman, Thaddeus	FR	Gettysburg	3.20m 10-06.00	
14 Sprankle, Kenyon	FR	Ursinus	J3.20m 10-06.00	
--- Van Aken, Greg	SR	Haverford	NH	
--- Huang, Benjamin	SR	Johns Hopkins	NH	
--- Heinbaugh, Steven	FR	Gettysburg	NH	

Men Long Jump

Meet Record: 23-05.25 M 3/1/2009 Anno & Maybank, F&M - McDaniel
 Conference: 23-09 C 1/12/2019 Mathew Su, Johns Hopkins

Name	Yr	School	Finals	H#	Points
Finals					
1 Su, Matthew	JR	Johns Hopkins	6.95m 22-09.75	2	10

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Men Long Jump)**

Name	Yr	School	Finals		H#	Points
2 Canedy, Justin	FR	Johns Hopkins	6.73m	22-01.00	2	8
3 Belkin, Daniel	SR	Swarthmore	6.72m	22-00.75	2	6
4 Hejna, Benjamin	SR	Swarthmore	6.40m	21-00.00	2	5
5 Clark, Titus	FR	Dickinson	J6.40m	21-00.00	2	4
6 Barnes, Kenneth	JR	Gettysburg	6.29m	20-07.75	2	3
7 Palazzolo, Corey	FR	Gettysburg	6.17m	20-03.00	1	2
8 Bittenbender, Austin	JR	Ursinus	6.16m	20-02.50	2	1
9 Covitz, Jonah	FR	Swarthmore	5.99m	19-08.00	2	
10 White, Caleb	JR	McDaniel	5.91m	19-04.75	2	
11 Smith, Patrick	SO	McDaniel	5.89m	19-04.00	1	
12 Crebbin, Zachary	FR	Ursinus	5.85m	19-02.50	1	
13 Snyder, Justin	SO	Swarthmore	5.78m	18-11.75	1	
14 Sooksatan, Silvan	SO	Haverford	5.66m	18-07.00	1	
15 Tubula, Frederick	FR	Gettysburg	5.49m	18-00.25	2	
16 Glazer, Chris	SR	Haverford	5.37m	17-07.50	1	
17 Shukla, Rohan	SR	Haverford	5.22m	17-01.50	1	
--- Ford, Cameron	JR	Muhlenberg	FOUL		1	

Men Triple Jump

Meet Record: 49-04.50 M 2/22/2002 Ifeanyi Ani, McDaniel

Conference: 49-04.50 C 2/22/2002 Ifeanyi Ani, McDaniel

Name	Yr	School	Finals		Points
Finals					
1 Belkin, Daniel	SR	Swarthmore	13.54m	44-05.25	10
2 Hejna, Benjamin	SR	Swarthmore	13.53m	44-04.75	8
3 Palazzolo, Corey	FR	Gettysburg	12.87m	42-02.75	6
4 Su, Matthew	JR	Johns Hopkins	12.65m	41-06.00	5
5 Ford, Cameron	JR	Muhlenberg	12.62m	41-05.00	4
6 Smith, Patrick	SO	McDaniel	12.47m	40-11.00	3
7 Tubula, Frederick	FR	Gettysburg	12.14m	39-10.00	2
8 Oji, Zach	SR	Haverford	12.00m	39-04.50	1
9 Shukla, Rohan	SR	Haverford	11.98m	39-03.75	
10 Alston, Tristan	FR	Swarthmore	11.86m	38-11.00	
11 Covitz, Jonah	FR	Swarthmore	11.74m	38-06.25	

Men Shot Put

Meet Record: 52-06 M 2/28/2017 Logan Lewis, Franklin & Marshall

Conference: 53-09.75 C 2016 Logan Lewis, Franklin & Marshall

Name	Yr	School	Finals		Points
Finals					
1 Hunt, Jared	SR	Swarthmore	16.03m	52-07.25	10
2 Emerson, Billy	SR	McDaniel	15.67m	51-05.00	8
3 Marrone, Ryan	SR	Swarthmore	15.20m	49-10.50	6
4 McMann, Griffin	SO	Ursinus	14.40m	47-03.00	5
5 Galbraith, Nick	FR	Ursinus	12.33m	40-05.50	4
6 Moye, James	SO	McDaniel	12.09m	39-08.00	3
7 Canedy, Justin	FR	Johns Hopkins	11.72m	38-05.50	2
8 Hartman, Brock	FR	Dickinson	11.65m	38-02.75	1
9 West, Alex	JR	McDaniel	11.61m	38-01.25	
10 Villarreal, Francisco	SR	Dickinson	11.23m	36-10.25	

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Men Weight Throw**

Conference: 56-08 C 2/19/2010 Anthony Abbate, Dickinson

Name	Yr	School	Finals		Points
Finals					
1 Galbraith, Nick	FR	Ursinus	13.85m	45-05.25	10
2 Villarreal, Francisco	SR	Dickinson	13.41m	44-00.00	8
3 Cortese, Michael	SR	Gettysburg	13.22m	43-04.50	6
4 Lotz, James	SO	Dickinson	11.71m	38-05.00	5
5 Hartman, Brock	FR	Dickinson	11.26m	36-11.50	4
6 Davis, Brandon	SR	Franklin & Marshall	11.09m	36-04.75	3
7 Psaradakis, George	SO	Ursinus	10.48m	34-04.75	2
8 Becker, Sean	FR	Johns Hopkins	8.91m	29-02.75	1
9 Kimmel, Ellis	JR	Dickinson	8.01m	26-03.50	
10 Urrutia, Joshua	FR	Franklin & Marshall	7.99m	26-02.75	
--- Licht, Jake	FR	Dickinson	FOUL		
--- Villareal, Nick	FR	McDaniel	FOUL		

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals	Points
Finals				
1 Porter, Mitchell	FR	Johns Hopkins	7.56	694
2 Stambaugh, Nevin	JR	McDaniel	7.56	694
3 Johnson, Brody	JR	Ursinus	7.63	671
4 Heinbaugh, Steven	FR	Gettysburg	7.66	662
5 West, Alex	JR	McDaniel	7.68	656
6 Grissinger, Nicholas	SO	Gettysburg	7.72	643
7 Albrecht, Cameron	JR	Haverford	7.83	610

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Yr	School	Finals	Points
Finals				
1 Grissinger, Nicholas	SO	Gettysburg	2:53.54	729
2 Heinbaugh, Steven	FR	Gettysburg	2:54.16	723
3 Stambaugh, Nevin	JR	McDaniel	2:56.89	695
4 Porter, Mitchell	FR	Johns Hopkins	2:58.74	677
5 Johnson, Brody	JR	Ursinus	3:07.21	595
6 Albrecht, Cameron	JR	Haverford	3:09.39	575
7 West, Alex	JR	McDaniel	3:11.03	560

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Yr	School	Finals	H#	Points
Finals					
1 Stambaugh, Nevin	JR	McDaniel	9.02	1	741
2 Porter, Mitchell	FR	Johns Hopkins	9.30	2	681
3 West, Alex	JR	McDaniel	9.85	2	570
4 Heinbaugh, Steven	FR	Gettysburg	10.17	1	509
5 Grissinger, Nicholas	SO	Gettysburg	10.32	2	482
6 Albrecht, Cameron	JR	Haverford	10.99	1	369
7 Johnson, Brody	JR	Ursinus	11.27	1	327

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Heptathlon: #4 Men High Jump Heptathlon**

Name	Yr	School	Finals		Points	
Finals						
1	Porter, Mitchell	FR	Johns Hopkins	1.94m	6-04.25	749
2	Grissinger, Nicholas	SO	Gettysburg	1.79m	5-10.50	619
3	Albrecht, Cameron	JR	Haverford	1.70m	5-07.00	544
4	Stambaugh, Nevin	JR	McDaniel	1.58m	5-02.25	449
4	West, Alex	JR	McDaniel	1.58m	5-02.25	449
6	Johnson, Brody	JR	Ursinus	1.52m	4-11.75	404
---	Heinbaugh, Steven	FR	Gettysburg		NH	

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals		Points	
Finals						
1	Heinbaugh, Steven	FR	Gettysburg	3.95m	12-11.50	603
2	Grissinger, Nicholas	SO	Gettysburg	3.75m	12-03.50	549
3	Stambaugh, Nevin	JR	McDaniel	3.25m	10-08.00	418
4	Porter, Mitchell	FR	Johns Hopkins	3.05m	10-00.00	369
5	Albrecht, Cameron	JR	Haverford	2.75m	9-00.25	298
5	West, Alex	JR	McDaniel	2.75m	9-00.25	298
7	Johnson, Brody	JR	Ursinus	2.35m	7-08.50	210

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals		Points	
Finals						
1	Stambaugh, Nevin	JR	McDaniel	6.16m	20-02.50	621
2	Porter, Mitchell	FR	Johns Hopkins	5.77m	18-11.25	537
3	Heinbaugh, Steven	FR	Gettysburg	5.70m	18-08.50	523
4	West, Alex	JR	McDaniel	5.41m	17-09.00	463
5	Johnson, Brody	JR	Ursinus	5.35m	17-06.75	451
6	Albrecht, Cameron	JR	Haverford	5.20m	17-00.75	421
7	Grissinger, Nicholas	SO	Gettysburg	4.89m	16-00.50	361

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals		Points	
Finals						
1	West, Alex	JR	McDaniel	11.70m	38-04.75	588
2	Porter, Mitchell	FR	Johns Hopkins	10.04m	32-11.25	488
3	Stambaugh, Nevin	JR	McDaniel	9.42m	30-11.00	451
4	Grissinger, Nicholas	SO	Gettysburg	8.85m	29-00.50	417
5	Albrecht, Cameron	JR	Haverford	8.44m	27-08.25	392
6	Heinbaugh, Steven	FR	Gettysburg	8.31m	27-03.25	385
7	Johnson, Brody	JR	Ursinus	8.11m	26-07.25	373

Men Heptathlon

Meet Record: 4710 M 2/26/2017 Grant Mosser, Johns Hopkins
Conference: 5238 C 3/11/2014 Andrew Barnett, Johns Hopkins

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1	Porter, Mitchell	FR	Johns Hopkins	4096	4195	10
2	Stambaugh, Nevin	JR	McDaniel		4069	8
3	Grissinger, Nicholas	SO	Gettysburg		3800	6

2019 Centennial Conference Indoor Championships - 2/23/2019 to 2/24/2019**Alumni Sports & Fitness Center****Results****Finals ... (Men Heptathlon)**

Name	Yr	School	Seed	Finals	H#	Points
4 West, Alex	JR	McDaniel		3584		5
5 Heinbaugh, Steven	FR	Gettysburg		3405		4
6 Albrecht, Cameron	JR	Haverford	2912	3209		3
7 Johnson, Brody	JR	Ursinus		3031		2

Women - Team Rankings - 19 Events Scored

1) Johns Hopkins	249.5	2) Swarthmore	97
3) Dickinson	92	4) Haverford	83
5) Ursinus	77	6) Muhlenberg	44
7) Franklin & Marshall	43	8) Bryn Mawr	36
9) Gettysburg	14.5	10) McDaniel	4

Men - Team Rankings - 19 Events Scored

1) Johns Hopkins	186	2) Haverford	109.5
3) Swarthmore	94	4) Dickinson	90
5) Ursinus	86.5	6) McDaniel	62
7) Gettysburg	54	8) Muhlenberg	49
9) Franklin & Marshall	9		