

# Central Valley Conference Championship Meet

Saturday at Sunkist Stadium

## Men

**Team scores:** Modesto 117, COS 108, Fresno City 85, Reedley 3, Merced 0

**100:** Josh Norman (FC) 10.62, James Johnson (COS) 10.66, Corky Stark (COS) 10.77

**200:** Josh Norman (FC) 21.49, Corky Stark (COS) 21.66/Jacques Ieffall (FC) 21.66

**400:** David Patterson (Mo) 48.52, Giovanni Miles (FC) 48.79, Jeremy Williams (FC) 49.19

**800:** Rick Turner (COS) 1:56.70, Ryan Stepp (FC) 1:55.96, Jose Palacios (COS) 1:57.53

**1500:** Rick Turner (COS) 3:58.88, Jose Palacios (COS) 4:00.00, Clinton DiChoso (Mo) 4:02.87

**5000:** Rick Turner (COS) 15:43.39, Jose Palacios (COS) 15:45.09, Ben Sanchez (COS) 15:50.27

**110 hh:** Jesse White (FC) 14.60, James Starling (COS) 14.63, Brian Brogdon (Mo) 15.09

**400 ih:** Jesse White (FC) 55.75, Eric Peters (Mo) 56.60, Brian Brogdon (Mo) 57.97

**3000 steeple chase:** George Wymenga (COS) 10:20.8, Ozzy Fuentes (Mo) 10:36.6, Mike Azevero (COS) 10:38.5

**4x100:** Fresno City 41.17, COS 41.89, Modesto 42.14

**4x400:** Fresno City 3:19.85, Modesto 3:23.35, COS 3:24.39

**High jump:** Herman Gill (Mo) 6-4, Tyrone Banks (Mo) 6-4, Hans Mangellssen (Mo) 6-4

**Pole vault:** Eldwin Chappell (Mo) 15-3, Zack Folmer (FC) 14-0, Beau Beavers (Mo) 13-0

**Long jump:** Josh Norman (FC) 22-8, Viry Tun (Mo) 21-5, Andre Mitchell (COS) 20-11

**Triple jump:** Viry Tun (Mo) 42-10, Andre Mitchell (COS) 45-4, Frankie Rosa (COS) 40-8

**Shot put:** Jacob Curtiss (Mo) 46-4, Jared Casey (Mo) 46-4, Jeff Engstrom (COS) 45-0

**Discus:** Jeff Engstrom (COS) 150-4, Richard Brazil (FC) 141-2, Jacob Curtiss (Mo) 129-10

**Hammer:** Robert Rubio (Mo) 179-2, Jacob Curtiss (Mo) 157-1, Steven Verver (Mo) 144-9

**10000:** Rick Turner (COS) 33:12.6, Antonio Estrada (FC) 33:13.6, Ben Sanchez (COS) 33:17.5

## Women

**Team scores:** COS 117, Modesto 111½, Fresno City 53, Reedley 32, Merced 19½

**100:** Sarah Yanes (FC) 12.69, Amanda Fossen (R) 13.01, Stephanie Parmer (COS) 13.10

**200:** Laura Avila (Me) 26.58, Lupe Aguilar (Mo) 26.99, Sarah Yanes (FC) 27.02

**400:** Karen Rich (Mo) 59.80, Laura Avila (Me) 59.98, Lupe Aguilar (Mo) 1:00.60

**800:** Stacy Esquivel (COS) 2:26.87, Melina Brambila (COS) 2:30.22, Kristie Gonzalez (COS) 2:30.79

**1500:** Stacy Esquivel (COS) 5:04.29; Kristie Gonzalez (COS) 5:11.42; Valerie Lawrence (FC) 5:14.69.

**3000:** Stacy Esquivel (COS) 11:05.30; Melina Brambila (COS) 11:15.30; Valerie Lawrence (FC) 11:32.27.

**100 hh:** Zahra Alabanza (Mo) 16.98; Lisa Higgins (COS) 17.35; Christina Shamass (Mo) 17.62.

**400 lh:** Zahra Alabanza (Mo) 1:09.49; Christina Shamass (Mo) 1:10.25; Bergann Montes (Mo) 1:14.73.

**4x100:** Modesto 50.63; COS 51.86; Fresno City 52.66.

**4x400:** Modesto 4:13.08; COS 4:31.11; Fresno City 5:09.52.

**High jump:** Melissa Villasana (R) 5-2; Amanda Fossen (R) 5-0; Monique Armstrong (Mo) 4-6.

**Pole vault:** Sarah Harcrow (Mo) 10-0; Michelle Phipps (Mo) 9-0; Mindy Murphy (FC) 9-0.

**Long jump:** Sarah Yanes (FC) 17-2<sup>1</sup>; Marie Byrd (R) 17-2<sup>1</sup>; Stephanie Parmer (COS) 17-2.

**Triple jump:** Stephanie Parmer (COS) 34-11; Sarah Yanes (FC) 33-8<sup>1</sup>; Marie Byrd (R) 33-3<sup>1</sup>.

**Shot put:** Kym Washington (COS) 37-4<sup>1</sup>; Lisa Krauter (FC) 34-5; Amanda Koostria (Mo) 31-9<sup>1</sup>.

**Discus:** Kym Washington (COS) 122-3; Theresa Guadarrama (Mo) 119-6; Lisa Krauter (FC) 116-11.

**Hammer:** Kym Washington (COS) 138-8; Amanda Koostria (Mo) 128-1; Jennifer Price (Me) 126-6.

**Javelin:** Theresa Guadarrama (Mo) 101-2; Keri Guillemi (FC) 97-11; Melissa Villasana (R) 88-3<sup>1</sup>.

**5000:** Melina Brambila (COS) 19:51.37; Veronica (Mo) 20:45.59; Araceli Garica (COS) 21:09.60; Janet Anderson (FC) 22:40.48.

**10000:** Melina Brambila (COS) 43:44.4; Stacy Esquivel (COS) 43:44.4; Michelle Phipps (Mo) 44:53.9.