

Coast Conference Championships

Apr 24-29, 2000

MEN

Preliminaries EVENT 1 MEN'S 100 METER DASH

Heat 1: (w: +1.2)

1. Sean Holleman, Chabot 11.08
2. Mike Rodriguez, Hartnell 11.26
3. Brick Knight, Hartnell 11.27
4. David Nesby, Foothill 11.45
5. Joe Tai, DeAnza 11.79
6. Bd Chou, San Mateo 12.05
7. Tyron Booker, Chabot 13.19

Heat 2: (w: +1.5):

1. Hung Nguyen, West Valley 10.94
2. Alrid Paul, Chabot 11.05
3. Sam Wright, Hartnell 11.21
4. Bric Nickisch, West Valley 11.37
5. Marcel Dunn, Chabot 11.47
6. Ian Nomura, DeAnza 11.71
7. Tim Taylor, San Mateo 11.76
8. Nathan Ford, Monterey 12.48

Finals EVENT 1 MEN'S 100 METER DASH (w: +0.8)

1. Alrid Paul, Chabot 10.92
2. Sam Wright, Hartnell 10.95
3. Hung Nguyen, West Valley 10.96
4. Sean Holleman, Chabot 11.02
5. Brick Knight, Hartnell 11.14
6. Mike Rodriguez, Hartnell 11.19
7. Bric Nickisch, West Valley 11.32
8. Marcel Dunn, Chabot 11.39
9. David Nesby, Foothill 11.55

Preliminaries EVENT 2 MEN'S 200 METER DASH

Heat 1: (w:-0.5):

1. Ernesto Salinas, Hartnell 21.87
2. Alrid Paul, Chabot 22.17
3. Mike Rodriguez, Hartnell 22.75
4. Sterling Willis, Hartnell 23.06
5. David Nesby, Foothill 23.93
6. Joe Tai, DeAnza 23.98.

Heat 2: (w: -0.5)

1. Sam Wright, Hartnell 22.43
2. BJ Andrews, CCSF 22.51
3. James Jackson, Chabot 22.85
4. Ian Nomura, DeAnza 24.31
5. Bd Chou, San Mateo 24.88
6. Nathan Ford, Monterey 25.41

Heat 3: (w:-0.5)

1. Hung Nguyen, West Valley 22.51
2. Sean Holleman, Chabot 22.90
3. Chase Harmer, West Valley 23.23
4. Umar Douglas, DeAnza 23.91
5. Jenkins Waita, Foothill 25.51
6. Tyron Booker, Chabot 28.52

Finals EVENT 2 MEN'S 200 METER DASH (w: +1.5)

1. Ernesto Salinas, Hartnell 21.85
2. Alrid Paul, Chabot 21.91
3. Sam Wright, Hartnell 21.96
4. Hung Nguyen, West Valley 22.18
5. Sean Holleman, Chabot 22.48
6. BJ Andrews, CCSF 22.66
7. Sterling Willis, Hartnell 23.03
7. Jamee Jackeon, Chabot 23.03
9. Mike Rodriguez, Hartnell 23.09

MEN

Preliminaries EVENT 3 MEN'S 400 METER DASH

Heat 1:

1. Ernesto Salinas, Hartnell 48.22
2. Ricco Brown, Chabot 49.04
3. James Jackson, Chabot 49.62
4. Sterling Willis, Hartnell 49.72
5. Stuart Norris, West Valley 50.48
6. Umar Douglas, DeAnza 52.24
7. Marcellus Alcatara, San Jose 53.53
8. Ryan Fitzpatrick, Chabot 55.37
9. Jenkins Waita, Foothill 55.48

Heat 2 :

1. BJ Andrews, CCSF 49.47
2. Oleg Voloshko, CCSF 50.51
3. Damian Nelson, CCSF 50.60
4. Chase Harmer, West Valley 51.10
5. Land Adams, CCSF 51.50
6. Nick Cevantes, West Valley 51.60
7. Dan Finlayson, CCSF 53.97

Finals EVENT 3 MEN'S 400 METER DASH

1. Ernesto Salinas, Hartnell 47.76
2. Ricco Brown, Chabot 48.67
3. James Jackson, Chabot 48.81
4. BJ Andrews, CCSF 49.31
5. Sterling Willis, Hartnell 49.68
6. Chase Harmer, West Valley 49.80
7. Oleg Voloshko, CCSF 50.07
8. Stuart Norri, West Valley 50.42
9. Damian Nelson, CCSF 51.67

Preliminaries EVENT 4 MEN'S 800 METER RUN

Heat 1:

1. Anton Asparik, Foothill 1:55.16
2. Joaquin Delgado, Chabot 1:56.49
3. Matt Bashman, CCSF 1:58.92
4. Jamal Bradshaw, CCSF 2:02.69
5. Ryan Blake, Chabot 2:03.60

Heat 2:

1. Darrell Tozier, San Mateo 1:57.92
2. Daniel Ozan, West Valley 1:58.68
3. Grant Guise, West Valley 2:00.10
4. Tony Pinella, Chabot 2:00.16
5. Pablo Viramontes, DeAnza 2:08.00
6. Leonardo Garcia, San Jose 2:14.94

Heat 3:

1. Ryan Preston, Chabot 1:59.88
2. Billye Burke, CCSF 2:01.59
3. Manny Mendoza, San Mateo 2:02.13
4. Matt Fears, Hartnell 2:04.68
5. Jeremy Collier, Chabot 2:04.77
6. Tom Fitzpatrick, Chabot 2:08.69
7. Bric Cote, West Valley 2:09.57

Finals EVENT 4 MEN'S 800 METER RUN

1. Darrell Tozier, San Mateo 1:53.74
2. Anton Gasparik, Foothill 1:53.87
3. Daniel Ozan, West Valley 1:56.04
4. Ryan Preston, Chabot 1:57.56
5. Billye Burke, CCSF 1:57.73
6. Matt Bashman, CCSF 1:57.91
7. Joaquin Delgado, Chabot 1:59.94
8. Grant Guise, West Valley 2:00.93
9. Tony Pinella, Chabot 2:01.71

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Finals EVENT 5 MEN'S 1,500 METER RUN

1. Ryan Preston, Chabot 3:57.55
2. Jules Villanueva, West Valley 3:59.87
3. Daniel Ozan, West Valley 4:00.88
4. Leo Balderas, San Jose 4:01.90
5. Trevor Marca, West Valley 4:06.27
6. Joaquin Delgado, Chabot 4:08.71
7. Manny Mendoza, San Mateo 4:10.63
8. Ryan Blake, Chabot 4:12.50
9. Tony Pinella, Chabot 4:16.05
10. Jesse Plummer, West Valley 4:20.91
11. Matt Fears, Hartnell 4:22.04
12. Pablo Viramontes, DeAnza 4:27.00
13. Bric Cote, West Valley 4:48.86
14. Bric Peterson, Monterey 4:58.96

Finals EVENT 6 MEN'S 3,000 METER STEEPLECHASE

1. Grant Guise, West Valley 10:02.29
2. Jose Acosta, West Valley 10:02.74
3. Ron Selvey, Chabot 10:06.22
4. Brice Pruyne, Chabot 10:08.06
5. J. C. Hernandez, Hartnell 10:15.69
6. Blaine Ashley, San Mateo 10:41.85
7. Boni Ruelas, Hartnell 10:45.41
8. Marc Dyer, CCSF 11:19.08
- Adrien Lebiavant, CCSF DNF

Finals EVENT 7 MEN'S 5,000 METER RUN

1. Leo Balderas, San Jose 15:33.16
2. Trevor Marca, West Valley 15:57.95
3. Jules Villanueva, West Valley 16:08.95
4. Noe Torres, San Jose 16:31.99
5. Brice Pruyne, Chabot 16:55.39
6. Gabe Marquez, Hartnell 17:17.62
7. Sydney Green, CCSF 17:17.63
8. Brandon Drake, Monterey 17:28.32
9. Lui Renteria, Hartnell 17:29.62
10. Jeremy Collier, Chabot 17:53.37
11. Marc Dyer, CCSF 19:04.64
- Josh Morales, Hartnell DNP

Finals EVENT 8 MEN'S 10,000 METER RUN

1. Lui Renteria, Hartnell 35:40.78
2. Gabe Marquez, Hartnell 36:03.22
3. Ken Machado, Chabot 39:44.93

Finals EVENT 9 MEN'S 110 METER HH (+0.2)

1. Donnie Brown, Chabot 15.92
2. Jack Daniels, Chabot 16.28
3. Clarence Salviejo, Hartnell 16.53
4. Vincent Boatright, Chabot 16.72
5. Adrian President, Chabot 16.74
6. Charlie Vonhofen, San Mateo 17.30

Finals EVENT 10 MEN'S 400 METER INT HURDLES

1. Tyrone Ward, Hartnell 53.77
2. Nick Pardo, Monterey 54.78
3. Donnie Brown, Chabot 55.90
4. Adrian President, Chabot 58.42
5. TY Mancuso, San Mateo 59.63
6. Bd Chou, San Mateo 64.50

MEN

Finals EVENT 19 MEN'S 4X100 METER RELAY

1. Hartnell 42.08
2. Chabot 42.21
3. West Valley 43.23
4. DeAnza 45.69

Finals EVENT 20 MEN'S 4X400 METER RELAY

1. Hartnell 3:15.48
2. Chabot 3:17.02
3. CCSF 3:19.31
4. West Valley 3:21.31
5. San Mateo 3:34.82
- DeAnza DNF

Finals EVENT 11 MEN'S HIGH JUMP

1. Vincent Boatright, Chabot 6-05 (1.96m)
2. Damon Gaston, San Jose 6-05 (1.96m)
3. Stephen Moore, Chabot 5-11 (1.80m)
4. Mike Hollis, Chabot 5-11 (1.80m)
5. Brian Rezac, Foothill 5-11 (1.80m)
6. Mike Cordoba, Hartnell 5-11 (1.80m)
7. Josh Lanoie, West Valley 5-11 (1.80m)
8. Kevin Murphy, DeAnza 5-11 (1.80m)
9. John Sherman, DeAnza 5-09 (1.75m)
10. Clarence Salviejo, Hartnell 5-05 (1.65m)

Finals EVENT 12 MEN'S POLE VAULT

1. Brick Knight, Hartnell 15-0 (4.57m)
2. Clarence Salviejo, Hartnell 14-06 (4.42m)
3. Stephen Gubser, Hartnell 14-0 (4.27m)
4. Vincent Boatright, Chabot 12-0 (3.66m)
- Rick Lechleitner, San Mateo NH
- Adam Vohwiller, Hartnell NH

Finals EVENT 13 MEN'S LONG JUMP

1. Tyrone Ward, Hartnell 23-05.50 w:NWI (7.15m)
2. Adrian Dille, San Mateo 22-03.50 w:NWI (6.7m)
3. Brick Knight, Hartnell 22-00.50 w:NWI (6.72m)
4. Jack Daniels, Chabot 21-10.50 w:NWI (6.67m)
5. Damon Gaston, San Jose 21-10.50 w:NWI (6.67m)
6. Stephen Moore, Chabot 21-07 w:NWI (6.58m)
7. Tabu McKnight, Chabot 21-02 w:NWI (6.45m)
8. Robert Walton, Chabot 21-0 w:NWI (6.40m)
9. RJ Jones, CCSP 20-05 w:NWI (6.22m)
10. Jontue Mullins, San Mateo 20-02 w:NWI (6.15m)
11. Mike Hollis, Chabot 20-02 w:NWI (6.15m)
12. Quoc Hoang, CCSP 19-02.50 w:NWI (5.85m)
13. Kevin Murphy, DeAnza 17-04.50 w:NWI (5.30m)
14. TJ Parris, San Mateo 14-01 w:NWI (4.29m)

Finals EVENT 14 MEN'S TRIPLE JUMP

1. Tyrone Ward, Hartnell 47-0 w:NWI (14.33m)
2. Damon Gaston, San Jose 45-09.50 w:NWI (13.96m)
3. Adrian Dille, San Mateo 45-00.50 w:NWI (13.73m)
4. Mike Cordoba, Hartnell 43-04 w:NWI (13.21m)
5. Tabu McKnight, Chabot 41-10.50 w:NWI (12.76m)
6. Mike Hollis, Chabot 41-03 w:NWI (12.57m)
7. RJ Jones, CCSP 40-07 w:NWI (12.37m)
8. Kevin Murphy, DeAnza 34-09 w:NWI (10.59m)
9. TJ Parris, San Mateo 29-07 w:NWI (9.02m)

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Finals EVENT 15 MEN'S SHOT PUT

1. Anthony Bailey, Chabot 46-03 (14.10m)
2. Cheyne Murray, San Mateo 44-04.50 (13.53m)
3. Brandon Goldstein, San Jose 43-11 (13.39m)
4. Mark Cornett, CCSP 42-06.50 (12.97m)
5. TJ Aimonetti, West Valley 41-05.50 (12.64m)
6. Jeff Passamani, Hartnell 40-01 (12.22m)
7. Kimball Bowden, Foothill 39-03.50 (11.98m)
8. Iszik Clarke, Foothill 37-07 (11.46m)
9. Justin Delgadillo, West Valley 31-06 (9.60m)

Finals EVENT 16 MEN'S DISCUS THROW

1. Cheyne Murray, San Mateo 161-02 (49.12m)
2. Ben Fogel, San Mateo 147-08 (45.01m)
3. Jeff Passamani, Hartnell 145-10 (44.45m)
4. Brandon Goldstein, San Jose 138-08 (42.27m)
5. Anthony Bailey, Chabot 135-03 (41.22m)
6. Roman Puentes, West Valley 128-04 (39.12m)
7. Mark Cornett, CCSP 126-03 (38.48m)
8. Randy Rondi, Chabot 124-11 (38.07m)
9. TJ Aimonetti, West Valley 115-06 (35.20m)
10. Golden Ables, Hartnell 111-0 (33.83m)
11. Jeff Burns, Foothill 109-08 (33.43m)
12. Jason Schumacher, San Mateo 102-02 (31.14m)
13. Iszik Clarke, Foothill 100-08 (30.68m)
14. Mike Houlihan, Foothill 97-06 (29.72m)
15. Justin Delgadillo, West Valley 95-07 (29.13m)

Finals EVENT 17 MEN'S JAVELIN THROW

1. Ben Fogel, San Mateo 197-07 (60.22m)
2. David Flores, Hartnell 180-08 (55.07m)
3. Peter Imperial, San Jose 179-02 (54.61m)
4. Jarod Stewart, Hartnell 168-08 (51.41m)
5. Brick Knight, Hartnell 161-05 (49.20m)
6. Doug Murr, San Jose 159-05 (48.59m)
7. Josh Lanoie, West Valley 158-02 (48.21m)
8. Charlie Vonhofen, San Mateo 154-01 (46.96m)
9. John Kaupp, Hartnell 142-02 (43.33m)
10. Kevin Murphy, DeAnza 137-06 (41.91m)
11. Vincent Boatright, Chabot 128-06 (39.17m)

Finals EVENT 18 MEN'S HAMMER THROW

1. Brandon Goldstein, San Jose 166-0 (50.60m)
2. Jeff Passamani, Hartnell 146-02 (44.55m)
3. Cheyne Murray, San Mateo 133-0 (40.54m)
4. Jason Schumacher, San Mateo 126-06 (38.56m)
5. Steve Tucker, Chabot 124-10 (38.05m)
6. John Kaupp, Hartnell 124-03 (37.87m)
7. Mark Cornett, CCSP 118-08 (36.17m)
8. Golden Ables, Hartnell 114-0 (34.75m)
9. TJ Aimonetti, West Valley 106-02 (32.36m)
10. Mike Andrade, West Valley 84-09 (25.83m)
11. Randy Rondi, Chabot 78-07 (23.95m)

WOMEN

Preliminaries EVENT 22 WOMEN'S 100 METER DASH

Heat 1 : (w:0.5)

1. Raanee Mahali, CCSF 12.67
2. Cinty McGowan, DeAnza 12.93
3. Inge Prasetyo, DeAnza 13.36
4. Brin Morse, Chabot 13.99
5. Tasha Farrell, Hartnell 14.22
6. Taryn Hebbert, Foothill 14.75

Heat 2: (w:-0.2)

1. Anita McCallum, CCSF 12.75
2. Akenja Jones, CCSF 13.17
3. Darlene Foster, Hartnell 13.44
4. Kelly Moriyama, CCSF 13.79
5. Terance Ronque, Hartnell 14.19
6. Keisha Pittman, CCSF 14.79

Finals EVENT 22 WOMEN'S 100 METER DASH (w: +1.1)

1. Anita McCallum, CCSF 12.46
2. Raanee Mahali, CCSF 12.47
3. Cinty McGowan, DeAnza 12.56
4. Akenja Jones, CCSF 12.92
5. Inge Prasetyo, DeAnza 12.95
6. Darlene Foster, Hartnell 13.19
7. Terance Ronque, Hartnell 13.49
8. Brin Morse, Chabot 13.98

Preliminaries EVENT 23 WOMEN'S 200 METER DASH

Heat 1 : (w:-0.3)

1. Denniece Cuthbert, Chabot 25.90
2. Cinty McGowan, DeAnza 26.82
3. Brianna Reed, DeAnza 27.30
4. Brin Morse, Chabot 28.64
5. Tasha Farrell, Hartnell 28.89

Heat 2: (w:0.0)

1. Andrea Kincaid, CCSF 26.26
2. Darlene Foster, Hartnell 27.66
3. Akenja Jones, CCSF 27.82
4. Randee Stafford, Chabot 28.71
5. Charity Isom, Monterey 29.20
6. Terance Ronque, Hartnell 29.62

Finals EVENT 23 WOMEN'S 200 METER DASH (w: +1.8)

1. Denniece Cuthbert, Chabot 25.87
2. Cinty McGowan, DeAnza 26.23
3. Akenja Jones, CCSF 27.01
4. Brianna Reed, DeAnza 27.05
5. Darlene Foster, Hartnell 27.44
6. Tasha Farrell, Hartnell 28.19
7. Brin Morse, Chabot 28.58
8. Randee Stafford, Chabot 28.71

Finals EVENT 24 WOMEN'S 400 METER DASH

1. Denniece Cuthbert, Chabot 57.60
2. Brianna Reed, DeAnza 60.18
3. Lina Pimentel, West Valley 61.47
4. Tanya Grow, Chabot 63.86
5. Christina Garza, San Mateo 63.95
6. Randee Stafford, Chabot 65.25
7. Andrea Milligan, Hartnell 65.70
8. Charity Isom, Monterey 65.95

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Finals EVENT 25 WOMEN'S 800 METER RUN

1. Deborah Bleisch, West Valley 2:20.79
2. Brenda Nassaka, Foothill 2:30.85
3. Alecia Rutledge, Chabot 2:36.89
4. Monica Nicholson, Hartnell 2:48.48
5. Ana Guardado, San Jose 2:50.25
6. Aileen Hernandez, Chabot 2:55.08
7. Tiffany Kum, Chabot 3:12.67

Finals EVENT 26 WOMEN'S 1,500 METER RUN

1. Brenda Nassaka, Foothill 5:02.96
2. Amanda Vielbaum, Hartnell 5:04.16
3. Alecia Rutledge, Chabot 5:34.10
4. Pam Ohler, Foothill 5:40.75
5. Monica Nicholson, Hartnell 5:45.88
6. Vanna Nget, Chabot 5:47.26
7. Genevie Handy, Chabot 6:04.9

Finals EVENT 27 WOMEN'S 3,000 METER RUN

1. Deborah Bleisch, West Valley 11:08.30
2. Amanda Vielbaum, Hartnell 11:29.81
3. Angela Yebra, Hartnell 11:41.65
4. Oralial Coon, Chabot 12:54.62
5. Vanna Nget, Chabot 13:05.37
6. Genevie Handy, Chabot 13:53.12

Finals EVENT 28 WOMEN'S 5,000 METER RUN

1. Kathy Lenno, Hartnell 18:06.16
2. Rebekah Harmer, West Valley 18:37.87
3. Oralial Coon, Chabot 20:21.72
4. Jennifer Tunstall, Hartnell 20:53.08

Finals EVENT 29 WOMEN'S 10,000 METER RUN

1. Kathy Lenno, Hartnell 37:53.64
2. Rebekah Harmer, West Valley 39:31.80

Finals EVENT 30 WOMEN'S 100 METER HH (w: +1.0)

1. Kinchen Tan, CCSF 15.34
2. Rachel McDonald, Chabot 15.72
3. Jennifer Johnston, West Valley 17.10
4. Brica Strohmeier, San Mateo 18.21
5. Harriett Garcia, San Mateo 20.42
6. Sarah Guina, DeAnza 20.56

Finals EVENT 31 WOMEN'S 400M LOW HURDLES

1. Kinchen Tan, CCSF 65.42
2. Jennifer Johnston, West Valley 66.76
3. Lina Pimentel, West Valley 67.38
4. Cami Carroll, San Mateo 69.78
5. Brica Strohmeier, San Mateo 74.94
6. Sarah Guina, DeAnza 1:32.28

Finals EVENT 39 WOMEN'S 4X100 METER RELAY

1. DeAnza 50.77
2. Chabot 51.89
3. Hartnell 52.24
4. San Mateo 52.89
5. CCSF 54.76

WOMEN

Finals EVENT 40 WOMEN'S 4X400 METER RELAY

1. Chabot 4:11.91
2. DeAnza 4:19.79
3. San Mateo 4:20.84
4. Hartnell 4:21.44

Finals EVENT 32 WOMEN 'S HIGH JUMP

1. Rachel McDonald, Chabot 5-0 (1.52m)
2. Aliah Abdo, DeAnza 4-10 (1.47m)
2. Kristina Wooten, Chabot 4-10 (1.47m)
4. Lisa Lindow, Chabot 4-10 (1.47m)
5. Latoya Rosario, Hartnell 4-06 (1.37m)
6. Kinchen Tan, CCSF 4-06 (1.37m)
7. Brica Strohmeier, San Mateo 4-06 (1.37m)
8. Vanessa Yebra, Hartnell 4-04 (1.32m)
8. Terance Ronque, Hartnell 4-04 (1.32m)

Finals EVENT 42 WOMEN 'S POLE VAULT

1. Vanessa Yebra, Hartnell 10-06 (3.20m)
2. Katty Baltadano, San Mateo 9-06 (2.90m)
3. Amber Sammons, Chabot 8-06 (2.59m)
4. Katie Glenn, Chabot 8-0 (2.44m)
5. Michelle Castill, Monterey 7-03 (2.21m)
6. Linda Yebra, Hartnell 6-09 (2.06m)

Finals EVENT 33 WOMEN'S LONG JUMP

1. Kinchen Tan, CCSF 16-11 w:NWI (5.16m)
2. Inge Prasetyo, DeAnza 16-10 w:NWI (5.13m)
3. Darlene Foster, Hartnell 16-06 w :NWI (5.03m)
4. Katty Baltadano, San Mateo 15-11 w:NWI (4.85m)
5. Rachel McDonald, Chabot 15-10.50 w:NWI (4.84m)
6. Aliah Abdo, DeAnza 15-01 w :NWI (4.60m)
7. Tracy Hess, DeAnza 15-01 w:NWI (4.60m)
8. Kelly Moriyama, CCSF 14-09 w :NWI (4.50m)
9. Latoya Rosario, Hartnell 14-06 w:NWI (4.42m)

Finals EVENT 34 WOMEN'S TRIPLE JUMP

1. Andrea Kincaid, CCSF 36-02 w :NWI (11.02m)
2. Rachel McDonald, Chabot 35-04 w:NWI (10.77m)
3. Inge Prasetyo, DeAnza 34-03 w:NWI (10.44m)
4. Darlene Foster, Hartnell 33-06 w :NWI (10.21m)
5. Aliah Abdo, DeAnza 30-11 w:NWI (9.42m)
6. Harriett Garcia, San Mateo 28-08 w :NWI (8.74m)

Finals EVENT 35 WOMEN'S SHOT PUT

1. Jenn Santos, Foothill 40-02 (12.24m)
2. Jaleh Donaldson, DeAnza 34-08 (10.57m)
3. Rosie Figueroa, Hartnell 33-08 (10.26m)
4. Bernadette Purtle, Chabot 33-07 (10.24m)
5. Cami Carroll, San Mateo 29-07 (9.02m)
6. Stephanie Mestaz, West Valley 29-02 (8.89m)
7. Jennifer Sisson, Chabot 26-0 (7.92m)
8. Brenda Miranda, Hartnell 16-09 (5.11m)

Finals EVENT 38 WOMEN 'S HAMMER THROW

1. Tammy Conception, Chabot 141-04 (43.08m)
2. Bernadette Purtle, Chabot 114-03 (34.82m)
3. Jennifer Sisson, Chabot 111-10 (34.09m)
4. Rosie Figueroa, Hartnell 92-0 (28.04m)
5. Brenda Miranda, Hartnell 56-07 (17.25m)

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Finals EVENT 36 WOMEN'S DISCUS THROW

1. Cami Carroll, San Mateo 118-07 (36.14m)
2. Bernadette Purtle, Chabot 118-04 (36.07m)
3. Rosie Figueroa, Hartnell 117-03 (35.74m)
4. Tammy Conception, Chabot 109-08 (33.43m)
5. Jenn Santos, Foothill 105-09 (32.23m)
6. Jaleh Donaldson, DeAnza 99-05 (30.30m)
7. Stephanie Mestaz, West Valley 93-11 (28.63m)
8. Jennifer Sisson, Chabot 81-02 (24.74m)
9. Brenda Miranda, Hartnell 49-02 (14.99m)

Finals EVENT 37 WOMEN'S JAVELIN THROW

1. Rosie Figueroa, Hartnell 119-06 (36.42m)
2. Aliah Abdo, DeAnza 115-03 (35.13m)
3. Linda Yebra, Hartnell 113-02 (34.49m)
4. Jaleh Donaldson, DeAnza 107-01 (32.64m)
5. Rachel McDonald, Chabot 107-01 (32.64m)
6. Linda Fanene, Chabot 107-0 (32.61m)
7. Vanessa Yebra, Hartnell 103-09 (31.62m)
8. Terance Ronque, Hartnell 100-05 (30.61m)
9. Kristina Wooten, Chabot 92-09 (28.27m)
10. Tanya Grow, Chabot 80-0 (24.38m)
11. Andrea Milligan, Hartnell 76-11 (23.44m)
12. Ana Guardado, San Jose 48-09 (14.86m)