

Coast Conference Championships • Saratoga, CA • Apr 24-26, 2003

WOMEN: 1. West Valley 183; 2. De Anza 137; 3. San Mateo 99; 4. Hartnell 97; 5. San Jose 65; 6. CCSF 48; 7. Chabot 27; 8. Monterey 18.

MEN: 1. Hartnell 177; 2. CCSF 154½; 3. West Valley 127; 4. Chabot 103½; 5. San Jose 60; 6. De Anza 57; 7. San Mateo 49; 8. Monterey 8.

WOMEN

Finals EVENT 1 WOMEN'S 100 METER DASH (w: +0.6)

1. Christina Hardeman	De Anza	12.08
2. CarieKnox	San Jose	12.22
3. Lorraine Swaby	West Valley	12.30
4. Jennifer Brown	De Anza	12.84
5. Antoinette Adams	West Valley	13.07
6. Alexis Bonilla	Monterey	13.50
7. Gail Barnett	San Jose	14.96

Finals EVENT 3 WOMEN'S 200 METER DASH (w: +0.5)

1. Christina Hardeman	De Anza	25.10
2. Natalie Beck	De Anza	25.24
3. Deirdre Reese	West Valley	25.33
4. Jennifer Brown	De Anza	26.77
5. Deidre Grace	De Anza	29.95

Finals EVENT 5 WOMEN'S 400 METER DASH

1. Natalie Beck	De Anza	56.63
2. Angel Brown	De Anza	56.79
3. Deirdre Reese	West Valley	56.98
4. Klanice Harvey	CCSF	61.33
5. Deidre Grace	De Anza	62.60
6. Tanya Wheeler	San Jose	65.76
7. Azudeh Gharib	Chabot	67.05
8. Neila Bradford	CCSF	68.48

Finals EVENT 7 WOMEN'S 800 METER RUN

1. Christina Hardeman	De Anza	2:22.97
2. Janet Yiu	West Valley	2:25.81
3. Monica Eklund	CCSF	2:29.69
4. Elena Lopez	West Valley	2:48.61
5. Megan Sainsbury	West Valley	2:54.40

Finals EVENT 9 WOMEN'S 1,500 METER RUN

1. Janet Yiu	West Valley	5:10.62
2. Elena Lopez	West Valley	5:16.49
3. Rebekah Harmer	West Valley	5:26.45
4. Akina Umemoto	Monterey	5:30.32
5. Erica Topete	San Jose	5:50.90

Finals EVENT 13 WOMEN'S 5,000 METER RUN

1. Elena Lopez	West Valley	18:04.80
2. Rebekah Harmer	West Valley	18:51.78
3. Janet Yiu	West Valley	19:12.18
4. Hilda Ramirez	Hartnell	19:37.80
5. Megan Sainsbury	West Valley	19:57.79

Finals EVENT 15 WOMEN'S 10,000 METER RUN

1. Elena Lopez	West Valley	43:06.41
2. Rebekah Harmer	West Valley	44:44.13
3. Hilda Ramirez	Hartnell	45:18.32
4. Janet Yiu	West Valley	46:19.59
5. Megan Sainsbury	West Valley	47:02.02

WOMEN

Finals EVENT 17 WOMEN'S 100 METER HH (w: +0.3)

1. Lorraine Swaby	West Valley	15.92
2. Ashley Mamola	West Valley	16.38
3. Maria Diaz	San Jose	16.75
4. Charolette Gauge	CCSF	17.01
5. Antoinette Adams	West Valley	18.01
6. Stefani Alameda	Hartnell	19.44
7. Brenda Varella	Hartnell	19.49
8. Beth Alvarez	San Mateo	20.31

Finals EVENT 19 WOMEN'S 400M HURDLES

1. Lorraine Swaby	West Valley	65.42
2. Leanne Slater	San Jose	66.76
3. Veronica Lewis	CCSF	67.38
4. Maria Diaz	San Jose	69.78
5. Charolette Gauge	CCSF	74.94
6. Brenda Varella	Hartnell	71.38
7. Ashley Mamola	West Valley	75.30
8. Stefani Alameda	Hartnell	82.42

Finals EVENT 11 WOMEN'S 3,000M STEEPLECHASE

1. Megan Sainsbury	West Valley	12:51.20
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Finals EVENT 21 WOMEN'S 4X100 METER RELAY

1. De Anza	48.20
2. West Valley	48.35
3. CCSF	51.05

Finals EVENT 23 WOMEN'S 4X400 METER RELAY

1. De Anza	4:03.06
2. CCSF	4:16.70
3. San Jose	4:30.79

Finals EVENT 25 WOMEN 'S HIGH JUMP

1. Antoinette Adams	West Valley	5-00	(1.52m)
2. Vanessa Phillips	Chabot	4-10	(1.47m)
3. Monica Eklund	CCSF	4-06	(1.37m)
4. Amy Rosen	San Mateo	4-06	(1.37m)
5. Brenda Varella	Hartnell	4-04	(1.32m)
8. Stefani Alameda	Hartnell	4-0	(1.32m)

Finals EVENT 27 WOMEN 'S POLE VAULT

1. Melissa Taing	De Anza	10-00	(3.04m)
2. Jillian Browy	Hartnell	9-06	(2.89m)
3. Savannah Tikotsky	Chabot	9-00	(2.74m)
4. Sandra Ferreira	De Anza	8-06	(2.59m)

- Lauren Alexander - Chabot - NH

- Kimberly Shelton - De Anza - NH

Finals EVENT 29 WOMEN'S LONG JUMP (NWT)

1. Deidre Grace	De Anza	16-03½	(5.16m)
2. Amy Rosen	San Mateo	15-04	(5.13m)
3. Jennifer Brown	De Anza	15-03¼	(5.03m)
4. Amanda Foxworthy	Hartnell	14-10	(4.85m)
5. Tanya Wheeler	San Jose	14-06	(4.84m)
6. Stefani Alameda	Hartnell	14-02	(4.60m)
7. Brenda Varella	Hartnell	13-06	(4.60m)
8. Remy Hereford	CCSF	12-10½	(4.50m)
9. Gail Barnett	San Jose	12-04½	(4.42m)

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WOMEN

Finals EVENT 31 WOMEN'S TRIPLE JUMP (NWT)

1. Amanda Foxworthy	Hartnell	31-08	(9.65m)
2. Brenda Varella	Hartnell	31-07	(9.62m)
3. Beth Alvarez	San Mateo	31-04	(9.55m)
4. Amy Rosen	San Mateo	31-01	(9.49m)
5. Stefani Alameda	Hartnell	30-00	(9.14m)
6. Melissa Taing	De Anza	29-02	(8.89m)

Finals EVENT 35 WOMEN'S SHOT PUT

1. Katie Isola	San Mateo	40-03½	(12.28m)
2. Stephanie Gustus	Hartnell	39-06½	(12.05m)
3. Joan Brennan	San Mateo	33-11¼	(10.35m)
4. Jennifer Hardeman	De Anza	30-06¼	(9.30m)
5. Amy Rosen	San Mateo	28-11½	(8.82m)
6. Alexandria Lose	San Jose	27-10¼	(8.48m)
7. Katrina Stewart	San Jose	25-05½	(7.75m)
8. Shavonne Scott	De Anza	24-11	(7.59m)

- Nola Vehikite - San Mateo - ND

Finals EVENT 33 WOMEN'S DISCUS THROW

1. Stephanie Gustus	Hartnell	134-05	(40.97m)
2. Katie Isola	San Mateo	128-07	(39.19m)
3. Nola Vehikite	San Mateo	112-02	(34.18m)
4. Joan Brennan	San Mateo	111-07	(34.01m)
5. Katrina Stewart	San Jose	82-02	(25.04m)
6. Alexandria Lose	San Jose	77-08	(23.67m)
7. Shavonne Scott	De Anza	68-01	(20.75m)
8. Vianey Barrios	De Anza	59-05	(18.11m)
9. Jennifer Hardeman	De Anza	59-01	(18.00m)

Finals EVENT 35 WOMEN'S HAMMER THROW

1. Joan Brennan	San Mateo	152-04	(46.43m)
2. Nola Vehikite	San Mateo	137-05	(41.88m)
3. Stephanie Gustus	Hartnell	133-01	(40.56m)
4. Katie Isola	San Mateo	126-11	(38.68m)
5. Alexandria Lose	San Jose	104-09	(31.92m)
6. Lani Tuitavuki	Chabot	99-05	(30.30m)
7. Katrina Stewart	San Jose	89-10	(27.38m)
8. Latoria Williams	San Jose	84-00	(25.60m)

Finals EVENT 37 WOMEN'S JAVELIN THROW

1. Alexis Bonilla	Monterey	130-00	(39.62m)
2. Michelle Beebee	Chabot	129-07	(39.49m)
3. Sarah Faulkner	San Mateo	126-01	(38.43m)
4. Amy Rosen	San Mateo	92-03	(28.11m)
5. Stephanie Gustus	Hartnell	92-02	(28.09m)
6. Katrina Vinson	West Valley	91-06	(25.22m)
7. Brenda Varella	Hartnell	82-09	(22.80m)
8. Joan Brennan	San Mateo	74-10	(22.73m)
9. Kim Stolkowski	Chabot	74-07	(22.27m)
10. Nola Vehikite	San Mateo	67-01	(20.44m)
11. Amanda Foxworthy	Hartnell	66-07	(20.29m)
12. Latoria Williams	San Jose	64-01	(19.53m)
13. Katrina Stewart	San Jose	62-11	(19.17m)
14. Vianey Barrios	De Anza	60-00	(18.28m)

- Lani Tuitavuki - Chabot - FOUL

MEN

Finals EVENT 2 MEN'S 100 METER DASH (w: +1.6)

1. Guy McGowan	San Jose	10.27
2. Van-Tonio Fraley	Monterey	10.58
3. Antwan Sherman	CCSF	10.61
4. Julian Keyes	CCSF	10.82
4. Donnell Ross	Chabot	10.82
6. Torrance Green	Hartnell	10.94
7. Steve Nichols	De Anza	10.97
8. Jamal Liggin	CCSF	11.03

Finals EVENT 4 MEN'S 200 METER DASH (w: +1.3)

1. Joshua McBride	CCSF	21.60
2. Donnell Ross	Chabot	21.97
3. Julian Keyes	CCSF	22.04
4. James McGuigan	Chabot	22.41
5. Damon Britton	San Mateo	22.65
6. Douglas McCullough	Hartnell	23.17

Antwan Sherman - CCSF - DNF

Finals EVENT 6 MEN'S 400 METER DASH

1. Joshua McBride	CCSF	46.92
2. Oscar Lopez	San Mateo	48.36
3. Everett Savoy	CCSF	48.46
4. Daniel Mollo	West Valley	49.32
5. Richard Turner	De Anza	49.98
6. Dennis Bishop	CCSF	50.03
7. David Johnson	Chabot	50.90
8. Damon Britton	San Mateo	51.05

Finals EVENT 8 MEN'S 800 METER RUN

1. Josh Campbell	Hartnell	1:59.38
2. Emmanuel Johnson	CCSF	2:00.19
3. Hector Figueroa	Hartnell	2:00.83
4. Vicente Moreno	Chabot	2:01.38
5. Ivan Rodriguez	Hartnell	2:01.39
6. Joe Enright	Hartnell	2:01.52
7. Jim Flynn	San Mateo	2:01.71
8. James Gustafson	CCSF	2:01.80
9. Tomas Viramontes	West Valley	2:02.13

Finals EVENT 10 MEN'S 1,500 METER RUN

1. Josh Campbell	Hartnell	4:03.48
2. Samuel Burkholder	CCSF	4:05.64
3. Andrew Parsel	Hartnell	4:06.68
4. James Gustafson	CCSF	4:08.48
5. Tomas Viramontes	West Valley	4:09.08
6. Chris Butterick	De Anza	4:10.38
7. Justin Chaudoin	West Valley	4:13.07
8. Shawn Magzhi	San Mateo	4:14.02

Finals EVENT 12 MEN'S 3,000 METER STEEPLECHASE

1. Michael Buttery	West Valley	9:55.00
2. Will Kraemer	West Valley	9:58.80
3. Hector Rodriguez	CCSF	10:00.00
4. Kashing Lau	West Valley	10:11.60
5. Ivan Rodriguez	Hartnell	10:14.50
6. Ivan Navarro	San Jose	10:18.90
7. Oscar Avila	CCSF	10:28.00
8. Michael Loftus	West Valley	10:29.30

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MEN

Finals EVENT 14 MEN'S 5,000 METER RUN

1. Josh Babiak	CCSF	15:59.08
2. Rigo Ramirez	San Jose	16:08.11
3. Jeff Gehringer	CCSF	16:09.49
4. Samuel Burkholder	CCSF	16:09.96
5. Chikara Omine	CCSF	16:12.73
6. Andrew Parsel	Hartnell	16:23.73
7. Tomas Viramontes	West Valley	16:33.01
8. Chris Butterick	De Anza	16:34.78

Finals EVENT 16 MEN'S 10,000 METER RUN

1. Chikara Omine	CCSF	34:27.75
2. Shaun Gallagher	CCSF	34:34.91
3. Victor Saldana	Hartnell	35:22.30
4. Mike Burcker	Hartnell	35:32.40

Francisco Gomez - Chabot - DNF

Finals EVENT 9 MEN'S 110 METER HH (+1.2)

1. Guy McGowan	San Jose	14.60
2. Brandon Mazikowski	West Valley	15.56
3. Jacob Sanderson	Hartnell	15.63
4. A.J Wojcicki	Hartnell	16.51
5. Dan Rimmer	West Valley	16.56
6. Jose Magana	Hartnell	18.28

- Chris Stracuzzi - Hartnell - DNF

Finals EVENT 20 MEN'S 400 METER INT HURDLES

1. Billy Hall	West Valley	55.35
2. Aaron Oravillo	De Anza	56.30
3. Jacob Sanderson	Hartnell	56.60
4. Brandon Mazikowski	West Valley	59.07
5. Jose Magana	Hartnell	65.08

- Chris Stracuzzi - Hartnell - DNF

Finals EVENT 22 MEN'S 4X100 METER RELAY

1. CCSF	41.28
2. Chabot	42.46
3. Hartnell	42.82
4. San Jose	43.09
5. De Anza	43.48
6. San Mateo	44.48

Finals EVENT 24 MEN'S 4X400 METER RELAY

1. CCSF	3:18.07
2. Chabot	3:21.17
3. De Anza	3:22.35
4. West Valley	3:27.42
5. Hartnell	3:27.88
6. San Jose	3:38.46
7. San Mateo	3:50.18

Finals EVENT 26 MEN'S HIGH JUMP

1. LaShaun Green	Chabot	6-04 (1.93m)
2. Robert McCoy	De Anza	6-02 (1.87m)
3. Dan Rimmer	West Valley	6-02 (1.87m)
4. Kevin Bull	De Anza	5-08 (1.72m)
5. Chris Stracuzzi	Hartnell	5-00 (1.52m)
6. A.J Wojcicki	Hartnell	5-00 (1.52m)

MEN

Finals EVENT 28 MEN'S POLE VAULT

1. William Snyder	Hartnell	14-06 (4.41m)
2. Casey Condon	Hartnell	13-06 (4.11m)
3. A.J Wojcicki	Hartnell	13-06 (4.11m)
4. Adrian Carbajal	San Jose	13-07 (4.11m)
5. Kevin Bull	De Anza	13-00 (3.96m)
6. Ryan Davidson	Chabot	12-00 (3.65m)
6. Mike Gomez	Chabot	12-00 (3.65m)
8. Shawn Magzhi	San Mateo	12-00 (3.65m)

Finals EVENT 30 MEN'S LONG JUMP (NWI)

1. Derick Cicero	West Valley	22-03½ (6.79m)
2. Steve Baker	De Anza	22-00½ (6.71m)
3. LaShaun Green	Chabot	21-11¾ (6.69m)
4. Damon Britton	San Mateo	21-01½ (6.43m)
5. A.J Wojcicki	Hartnell	20-11½ (6.38m)
6. Joel Hernandez	Hartnell	20-09½ (6.33m)
7. Torrance Green	Hartnell	19-11½ (6.08m)
8. Steve Nichols	De Anza	19-09½ (6.03m)

Finals EVENT 32 MEN'S TRIPLE JUMP (NWI)

1. LaShaun Green	Chabot	45-09¾ (14.33m)
2. Joel Hernandez	Hartnell	44-01¼ (13.96m)
3. Derick Cicero	West Valley	42-11 (13.73m)

Finals EVENT 40 MEN'S SHOT PUT

1. Brian Laupua	CCSF	48-10¾ (14.90m)
2. Jesus Guerrero	San Jose	44-09½ (13.65m)
3. Charlie Griffin	Chabot	44-04¾ (13.53m)
4. Ladislav Pataki	West Valley	43-07¾ (13.30m)
5. Chris Schwacofer	West Valley	42-00¼ (12.80m)
6. Anthony Cotti	Hartnell	41-00¼ (12.50m)
7. Chris Hill	San Mateo	40-06½ (12.35m)
8. Ryan Lionberger	CCSF	40-03¾ (12.28m)

Finals EVENT 34 MEN'S DISCUS THROW

1. Ezra Kwong	San Mateo	149-09 (45.64m)
2. Ladislav Pataki	West Valley	147-07 (44.98m)
3. Chris Schwacofer	West Valley	146-04 (44.60m)
4. Charlie Griffin	Chabot	145-07 (44.37m)
5. Brian Laupua	CCSF	141-04 (43.07m)
6. Chris Aimonetti	West Valley	138-02 (42.11m)
7. Chris Hill	San Mateo	137-02 (41.80m)
8. Jeff Brongiel	San Jose	135-04 (41.24m)

Finals EVENT 36 MEN'S HAMMER THROW

1. Ladislav Pataki	West Valley	152-11 (50.60m)
2. Angellero Session	Chabot	151-10 (44.55m)
3. Jeff Brongiel	San Jose	144-11 (40.54m)
4. Charlie Griffin	Chabot	143-10 (38.56m)
5. Jonathon Hoffman	Hartnell	123-09 (38.05m)
6. Anthony Cotti	Hartnell	123-04 (37.87m)
7. Ezra Kwong	San Mateo	117-02 (36.17m)
8. Matt Conlin	Chabot	96-02 (34.75m)

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MEN

Finals EVENT 17 MEN'S JAVELIN THROW

1. Jacob Sanderson	Hartnell	179-11	(60.22m)
2. Marcos Siaca	Hartnell	169-10	(55.07m)
3. Chris Hill	San Mateo	168-09	(54.61m)
4. Angellero Session	Chabot	154-01	(51.41m)
5. Jonathon Hoffman	Hartnell	150-02	(49.20m)
6. Paul Fuller	De Anza	146-08	(48.59m)
7. Roland Kim	Chabot	138-06	(48.21m)
8. Adrian Carbajal	San Jose	137-05	(46.96m)