

440 Relay

1. Citrus 42.7. 2. San Diego CC 43.1. 3. Grossmont 43.3. 4. Chaffey 43.6. 5. San Bernardino VC 44.3. 6. Riverside 44.8.

Mile

1. Bob Wilson (gr) 4:11.2. 2. George Pullen (gr) 4:11.7. 3. Lee Dick (Pal) 4:17.0. 4. Craig Weber (Ch) 4:19.8. 5. Mike Ayon (Cit) 4:22.5. 6. Steve Laird (Pal) 4:23.2.

120 High Hurdles

1. Willie McLaurin (Cit) 14.5. 2. Chris Hallman (Gr) 14.7. 3. Randy Davis (Gr) 15.1. 4. Dave Begin (Riv) 15.5. 5. Mark Richardson (Gr) 15.8. 6. Larry Mink (Riv) 16.5.

440

1. Eric West (gr) 48.9. 2. Mark Wagner (Ch) 49.2. 3. Mike Nau (Ch) 49.3. 4. Rick Bridges (Gr) 50.4. 5. Glenn Bradley (Sad) 51.0. 6. Mark Renck (Riv) 51.2.

100

1. Rich Wilmoth (Cit) 9.7. 2. Browning Allen (Cit) 9.8. 3. Dwane Burgess (SB) 9.8.

4. Dewitt Milton (SD) 9.9. 5. (tie) James Rosin (Gr) and Jerry Johnson (SD) 9.9.
880

1. Dave Mills (Gr) 1:56.9. 2. Dave Groff (Cit) 1:57.4. 3. Bob Cass (Cit) 1:57.8. 4. Kevin Smith (SD) 1:58.2. 5. Ferny Oliva (Ch) 1:59.4. 6. Bob Wilson (Gr) 2:00.3.

440 Intermediate Hurdles

1. David Hoover (SW) 55.4. 2. Paul Nelson (Cit) 56.3. 3. Gary Trask (gr) 57.1. 4. Ross Adcock (SW) 57.3. 5. Tito Beltran (Cit) 57.7. 6. Chuck Highlander (Ch) 58.0.
220

1. Rick Wilmoth (Cit) 22.2. 2. Browning Allen (Cit) 22.4. 3. Eric West (Gr) 22.4. 4. George Rosin (Gr) 22.5. 5. Willie McLaurin (Cit) 22.6. 6. Jerry Johnson (SD) 22.8.

3 Mile

1. Gary Close (Gr) 14:31.0. 2. Tom Ashcraft (Cit) 14:38.9. 3. Mike Breen (Gr) 14:42.3. 4. Rich Jimenez (Ch) 14:44.0. 5. Greg Morrison (Cit) 14:51.8. 6. Paul Martinez (SD) 15:07.0.

Mile Relay

1. Chaffey 3:20.8. 2. Grossmont 3:22.3. 3. San Diego 3:23.6. 4. Citrus 3:25.6. 5. Riverside 3:29.0. 6. Southwestern 3:31.0.

High Jump

1. Tony Lewis (Ch) 6'6". 2. Doug Baldwin (Gr) 6'6". 3. Bob Proctor (Cit) 6'4". 4. Jeff Russell (Cit) 6'4". 5. Mike Brown (Cit) 6'4". 6. Rob Thurnburg (Pal) 6'4".

Pole Vault

1. Matt Wagner (Ch) 14'6". 2. Ron Burghall (Gr) 14'0". 3. John Pitteroff (Ch) 13'6". 4. Rick Swetnam (Cit) 13'6". 5. Bill Jorgenson (Pal) 13'6". 6. (tie) Will Wright (Ch), Keith Green (Gr) and Bill Clare (Pal) 13'6".

Long Jump

1. Berky McDonald (Gr) 23'5". 2. John Tigner (Ch) 23'4". 3. Doug Baldwin (Gr) 23'1³/₄". 4. Glenn Bradley (Sad) 23'1¹/₂". 5. Harold Lawrence (Cit) 22'9¹/₂". 6. Mike Damewood (Pal) 22'4¹/₄".

Shot Put

1. Cary Cotton (Pal) 51'10¹/₄". 2. Greg Baer (Gr) 51'3³/₄". 3. Bill Breisacher (Pal) 47'5". 4. Ray Chambers (Cit) 46'10¹/₂". 5. Jeff Phister (Riv) 46'7¹/₂". 6. Glen Tenove (Cit) 44'11¹/₄".

Javelin

1. Steve Jarvis (Cit) 216'5". 2. Jeff Russell (Cit) 209'0". 3. Dave Nugent (Ch) 207'0". 4. Phil Garrity (Cit) 192'0". 5. Gary Salesberry (Gr) 190'0". 6. Dave Newman (SD) 183'8".

Triple Jump

1. Tony Lewis (Ch) 47'7". 2. Doug Baldwin (Gr) 46'10". 3. Al McClure (Pal) 46'1¹/₄". 4. Berkey McDonald (Gr) 44'7". 5. Rob Stark (Ch) 43'9¹/₂". 6. Lee Jackson (SB) 43'7¹/₂".

Discus

1. Greg Baer (Gr) 153'8". 2. Gary Costello (Cit) 148'5". 3. Cary Cotton (Pal) 148'4". 4. Chris Armstrong (Gr) 145'6". 5. Dan Pahnka (Sad) 142'2¹/₂". 6. Ed Tyler (Cit) 139'9".

3,000 Meter Steeplechase

(New event, non-scoring)

1. Steve Laird (Pal) 9:47.9. 2. Paul Martinez (SW) 10:04.1. 3. David Contreras (SB) 10:09.3. 4. Tom Barrett (Cit) 10:09.9. 5. Jeff Clark (Cit) 10:37.3.

Final scores: Grossmont 175¹/₂, Citrus 152³/₄, Chaffey 92, Palomar 40¹/₂, San Diego 26¹/₂, Southwestern 15, Riverside 11, San Bernardino 9, Saddleback 8.

Legend: Gr-Grossmont; Cit-Citrus; Ch-Chaffey; Pal-Palomar; SD-San Diego; SW-Southwestern; Riv-Riverside; SB-San Bernardino; Sad-Sadlleback.