

# NCAC Championships

## Men's results

**400-meter hurdles** — 1, Hastings, SF, 52.79; 2, Defty, UCD, 53.58; 3, Tamme, UCD, 54.23; 4, Carter, Hayward, 54.96; 5, Johnson, Hayward, 54.98; 6, Daniels, Sac, 55.24.

**TJ** — 1, Trammel, Hayward, 48-7; 2, Grissett, CSU, 47-10; 3, Lebherz, Hayward, 47-9; 4, Justice, Hayward, 47-7; 5, Indelicato, CSU, 47-6; 6, Hunter, Stanislaus, 47-0.

**200** — 1, McNeil, Hayward, 21.32; 2, Moore, Humboldt, 21.40; 3, Christmas, SF, 21.70; 4, Gee, CSU, 21.87; 5, Rogers, UCD, 22.27; 6, Peters, SF, 22.32.

**J** — 1, Roller, Hayward, 242-1; 2, Walker, Hayward, 225-2; 3, Hailey, CSU, 212-11; 4, Koel, SF, 210-0; 5, Lister, Hayward, 209-11; 6, Miller, Sac, 200-4.

**PV** — 1, Lines, CSU, 16-6; 2, McClanahan, SF, 16-0; 3, Nemeth, Humboldt, 15-6; 4, Thorp, Sac, 15-0; 5, Huntington, CSU, 14-6; 6, Sullivan, UCD, 14-6.

**800** — 1, Hill, UCD, 1:51.10; 2, Russell, Sac, 1:51.67; 3, Roberts, CSU, 1:52.10; 4, Lewis, Hayward, 1:52.64; 5, Robinson, UCD, 1:53.52; 6, O'Hair, Sac, 1:55.4.

**1600** — 1, McNeil, Hayward, 10.56; 2, Moore, Humboldt, 10.61; 3, Taylor, Humboldt, 10.72; 4, Gee, CSU, 10.76; 5, Justice, Hayward, 10.93; 6, Cantu, Hayward, 11.03.

**HJ** — 1, Lucas, Humboldt, 6-10; 2, Moran, Hayward, 6-10; 3, Patterson, Sac, 6-10; 4, Kahan, UCD, 6-10; 5, Lee, CSU and Budge, Hayward, 6-8.

**400** — 1, Christmas, SF, 47.3; 2, Green, Hayward, 47.9; 3, Farrell, SF, 48.5; 4, Wattenburg, CSU, 48.8; 5, Day, UCD, 48.9; 6, Green, CSU, 49.3.

**110 mH** — 1, Hill, UCD, 14.1; 2, Miller, Sac, 14.3; 3, Laney, CSU, 14.8; 4, Dixon, Sac, 14.7; 5, Dibley, UCD, 15.1; 6, Dodd, CSU, 15.4.

**1600** — 1, Maldonado, Sac, 3:52.61; 2, Palmer, CSU, 3:53.44; 3, Smallwood, UCD, 3:53.60; 4, O. Morales, Humboldt, 3:55.07; 5, Morales, Humboldt, 3:57.24; 6, Antone, CSU, 3:57.52.

**D** — 1, Jones, CSU, 169-5; 2, Debus, Hayward, 166-6; 3, Millemann, CSU, 159-2; 4, Morris, CSU, 150-6; 5, Roller, Hayward, 147-2; 6, Cuccutelli, Hayward, 145-9.

**Steeplechase** — 1, Gruber, Humboldt, 8:56.03; 2, Webb, Humboldt, 9:07.56; 3, Parkhurst, Sac, 9:10.44; 4, Young, Sac, 9:13.16; 5, Thylin, Hayward, 9:17.80; 6, Pattis, SF, 9:24.42.

**440 relay** — 1, Humboldt, 41.22; 2, Hayward, 41.29; 3, Chico, 41.64; 4, San Francisco, 41.68; 5, UC, Davis, 43.22; 6, Sacramento, 43.67.

**5000** — 1, Conover, Humboldt, 14:15.87; 2, Gruber, Humboldt, 14:43.0; 3, Smallwood, UCD, 14:48.02; 4, Gary, Sac, 14:53.31; 5, Williams,

Humboldt, 14:54.34; 6, Grimes, UCD, 14:56.28.

**Mile relay** — 1, San Francisco, 3:16.20; 2, Hayward, 3:17.42; 3, Chico, 3:17.61; 4, Sacramento, 3:20.07; 5, Humboldt, 3:22.14; 6, Davis, 3:23.0.

**Final team results:** 1, Hayward State, 151.5; 2, Chico, 139; 3, Humboldt State, 114; 4, UC Davis, 103.5; 5, Sacramento State, 78; 6, San Francisco State, 64; 7, Stanislaus State, 1.

SP—1. Milleman, Chico St., 16.51; 2. Debus, Hayward St., 16.27; 3. Roller, Hayward St., 15.59. LJ—1. Taylor, Humboldt St., 7.42; 2. Abaston, UC Davis, 7.10; 3. Lebhertz, Hayward St., 7.08; 5. Fernandez, UC Davis, 6.97. Hammer—1. Debus, Hayward St., 58.12; 2. Dalton, UC Davis, 54.60; 3. Benvenuti, UC Davis, 54.28. 10,000—Conover, Humboldt St., 30:33.70; 2. Grimes, UC Davis, 30:59.33; 3. Barrett, UC Davis, 31.04.6; 4. Ostenberg, CSU-Sacramento, 31:11.14; 5. Kaspari, UC Davis, 31:24.11; 6. Jenkins, CSU-Sacramento, 31:31.04.

## Women's Individual Results

J—1. Marsh, UC Davis, 48.78; 2. Miller, CSU-Sacramento, 43.98; 3. Trobaugh, Stanislaus St., 43.90; 8. Moreley, CSU-Sacramento, 34.30.

SP—1. Mitchell, CSU-Sacramento, 13.87; 2. Oswald, Hayward St., 13.60; 3. Ford, Hayward St., 13.02; 4. Townsell, CSU-Sacramento, 11.62; 5. Thompson, UC Davis, 1.62; 6. Hartwig, UC Davis, 11.56; 7. Dentinger, CSU-Sacramento, 11.42.

HJ—1. Barber, CSU-Sacramento, 5-5½; 2. Malvino, Sonoma St., 5-5½; 3. Baumgardner, Chico St., 5-4; 4. Sorenson, UC Davis, 5-1½; 5. Philyaw, CSU-Sacramento, 5-1½; 6. Brown, UC Davis, 5-0.

Sommers, UC Davis, 34:36.3; 2. Way, Hayward St., 36:28.2; 3. McHale, CSU-Sacramento, 36:43.7; 6. Farynierz, UC Davis.

## Women results

**400-meter hurdles** — 1, Sizemore, CSU, 63.94; 2, Green, CSU, 64.53; 3, Upshaw, Hayward, 64.56; 4, Sorrensen, UCD, 65.56; 5, Kemp, UCD, 66.05; 6, Paton, CSU, 67.16.

**200** — 1, Carleyn, Sac, 23.66; 2, Banks, Hayward, 24.07; 3, Ward, Hayward, 24.75; 4, Byrd, Hayward, 24.92; 5, Sullivan, Hayward, 24.98; 6, Thompson, Sac, 25.49.

**800** — 1, Figliomeni, Sac, 2:14.79; 2, Barnes, Sac, 2:16.13; 3, Manning, Hayward, 2:16.19; 4, Morris, Hayward, 2:16.83; 5, Miller, Hayward, 2:16.93; 6, Gunn, CSU, 2:18.20.

**100** — 1, Carley, Sac, 11.5; 2, Ward, Hayward, 11.6; 3, Sullivan, Hayward, 12.2; 4, Owens, SF, 12.2; 5, Byrd, Hayward, 12.3; 6, Sizemore, CSU, 13.2.

**400** — 1, Banks, Hayward, 53.09; 2, Schwartz, CSU, 57.17; 3, Thompson, Sac, 57.17; 4, Wilder, Humboldt, 58.14; 5, Voss, UCD, 58.6; 6, Halpin, Hayward, 59.31.

**Discus** — 1, Oswalt, Hayward, 169-9; 2, Ford, Hayward, 163-8; 3, Dentinger, Sac, 143-4; 4, Hughes, Stanislaus, 131-2; 5, Claing, Humboldt, 128-10; 6, Townsel, Sac, 127-0.

**100 hurdles** — 1, Byrd, Hayward, 14.8; 2, Simon, Hayward, 15.2; 3, Upshaw, Hayward, 15.7; 4, Deese, CSU, 15.4; 5, Sorrensen, UCD, 15.8; 6, Mummy, Sac, 15.5.

**1,500** — 1, Figliomeni, Sac, 4:31.05; 2, Morris, Hayward, 4:31.63; 3, Manning, Hayward, 4:32.04; 4, Rameriz, Humboldt, 4:40.0; 5, Martinez, Sac, 4:45.9; 6, Leal, SF, 4:47.38.

**Long jump** — 1, Simon, Hayward, 18-0; 2, Malvino, Sonoma, 17-7; 3, Smith, UCD, 16-11; 4, Upshaw, Hayward, 16-9; 5, Philyaw, Sac, 16-8; 6, O'Rourke, Hayward, 16-7.

**5,000** — 1, Gray, UCD, 16:52.5; 2, Koudela, Hayward, 16:57.34; 3, Felix, Hayward, 17:53.5; 4, McHale, Sac, 17:57.7; 5, Pappas, UCD, 18:12.9; 6, Peltier, Humboldt, 18:17.19.

**Sprint relay** — 1, Hayward, 45.7; 2, Chico, 48.56; 3, Davis, 48.78; 4, Humboldt, 49.56; 5, San Francisco, 49.68; 6, Sacramento, 55.08.

**3,000** — 1, Gray, UCD, 9:48.07; 2, Anderson, Sonoma, 9:49.04; 3, Phipps, Hayward, 9:56.38; 4, Way, Hayward, 9:57.41; 5, Sanchez, Chico, 9:59.06; 6, Riedel, UCD, 10:05.67.

**Mile relay** — 1, Hayward, 3:52.98; 2, Sacramento, 3:59.37; 3, Chico, 4:02.10; 4, Davis, 4:04.90; 5, Humboldt, 4:06.40.

**Final team results:** 1, Hayward State, 205; 2, Sacramento State, 114; 3, Chico State, 83; 4, UC Davis, 82; 5, Sonoma State, 31; 6, Humboldt State, 21; 7, Stanislaus State, 10; 8, San Francisco State, 9.