

SSU Women's Track Team Runs Third

Special to the Bee

CHICO — Led by Laura Lyons and Joy Gipson, the Sacramento State University women's track team set nine school records and finished third in the Golden State Conference Championships Saturday.

Lyons finished second in the 400 meters and fourth in the long jump while Gipson took a second in the 800 meters and sixth in the long jump. Both girls then teamed with Jan Foster and Rosa Vais to win the sprint medley relay, take second in the mile relay and third in the 400 meter relay.

SSU's coach Jerry Colman was named coach of the year.

Team Scores: 1, Hayward 147; 2, Chico 125; 3, SSU 108; 4, Davis 99; 5, Humboldt 78.

All distances in meters unless otherwise noted: 1500 — 1, Crowen, Humboldt 4:45.0; 2, Sprague, Chico 4:46.1; 3, Foy, SSU, 4:49.0. 400 — 1, Winlock, Hayward, 54.9; 2, Lyons, SSU 58.7; 3, Thornton, UCD 59.8. 5000 — 1, Anex, UCD 18:40.7; 2, Gazafy, Hayward, 18:58.35; 3, Grigsby, Humboldt 19:06.8. 100 — 1, Nickson, Hayward 11.8; 2, Compagnin, Hayward 12.5; 3, Carter, Chico 12.8. 100 H — 1, Ray, Hayward 15.0; 2, Snyder, UCD 15.3; 3, Foster, SSU 15.6. 400 H — 1, Snyder, UCD 1:03.6; 2, Dugan, Chico 1:05.7; 3, Blankenship, Chico 1:07.0. 800 — 1, Graven, UCD 2:16.3; 2, Gipson, SSU 2:18.6; 3, Davis, Chico 2:21.0. 200 — 1, Nickson, Hayward 23.4; 2, Winlock, Hayward, 24.3; 3, Compagnin, Hayward 25.7. Javelin (in feet) — 1, Sulinski, Hayward 171; 2, Laverman, Chico 126.4; 3, Blankenship, Chico 122.9. Shot — 1, Beetham, Humboldt 13.59; 2, Dolsby, SSU 12.22; 3, Sulinski, Hayward 12.06. Long Jump — 1, Winlock, Hayward 5.42; 2, Compagnin, Hayward 5.34; 3, Voss, UCD 5.19. Sprint Medley Relay — 1, SSU 1:53.2; 2, Hayward 1:56.1; 3, Humboldt 1:58.7. High Jump — 1, McQuillan, Chico 1.66; 2, Ray, Hayward 1.63; 3, Herigstad, UCD 1.56. 400 Relay — 1, Hayward 47.5; 2, Chico 49.4; 3, SSU 49.6. Discus — 1, Roberts, UCD 36.93; 2, Blankenship, Chico 36.53; 3, Dolsby, SSU 36.46. 3000 — 1, Craven, Humboldt 10.28; 2, Aubuchon, Chico 10.30; 3, Foy, SSU 10.44. 2 Mile Relay — 1, Chico 9:44; 2, Humboldt 9:48.1; 3, UCD 10:09. Mile Relay — 1, Hayward 3:56.6; 2, SSU 4:02.3; 3, Chico 4:13.3.