

Licensed to Western Oregon University HY-TEK's Meet Manager 5/14/2011 03:35 PM  
 2011 GNAC Outdoor Track & Field Championships - 5/13/2011 to 5/14/2011  
 hosted by Western Oregon University  
 Monmouth, OR (McArthur Field)  
 Results

Men 100 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Registe, David	SR Alaska Ancho	10.68	10.78q	1.0	1
2 Tilley, Alex	JR Western Wash	10.92	10.98q	0.9	2
3 Nicolas, Dennis	JR Simon Fraser	11.37	11.06q	1.0	1
4 McFadden, Donavan	FR Western Oreg	11.16	11.11q	1.0	1
5 Alexander, Bobby	SO Western Oreg	11.14	11.14q	1.0	1
6 Allen, AJ	SO Alaska Ancho	11.14	11.21q	0.9	2
7 Cho, James	JR Central Wash	11.15	11.22q	1.0	1
8 Grounds, Micah	SR Seattle Paci	11.09	11.28q	1.0	1
9 Seel, Matt	SO Central Wash	11.20	11.31	0.9	2
10 Brown, Edd	SO St. Martin's	11.22	11.32	0.9	2
11 Bratten, Dustin	FR Seattle Paci	11.14	11.43	0.9	2
12 Henderson, Cody	FR Northwest Na	11.34	11.48	1.0	1

Men 100 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Registe, David	SR Alaska Ancho	10.78	10.76	-1.2	10
2 Tilley, Alex	JR Western Wash	10.98	11.07	-1.2	8
3 Alexander, Bobby	SO Western Oreg	11.14	11.25	-1.2	6
4 Nicolas, Dennis	JR Simon Fraser	11.06	11.28	-1.2	5
5 McFadden, Donavan	FR Western Oreg	11.11	11.32	-1.2	4
6 Cho, James	JR Central Wash	11.22	11.38	-1.2	3
7 Allen, AJ	SO Alaska Ancho	11.21	11.38	-1.2	2
8 Grounds, Micah	SR Seattle Paci	11.28	11.39	-1.2	1

Men 200 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Registe, David	SR Alaska Ancho	21.44	21.93q	-0.3	2
2 Curtis, Andrew	SO Northwest Na	21.97	22.03q	-0.3	2
3 Boss, Andrew	SR Simon Fraser	21.61	22.13q	-1.1	1
4 Morrison, Scott	SO Central Wash	22.05	22.14q	-1.1	1
5 Tilley, Alex	JR Western Wash	22.57	22.30q	-1.1	1
6 Kaino, Matt	SO Western Oreg	22.15	22.40q	-0.3	2
7 Moore, Josh	SO Western Oreg	22.34	22.59q	-0.3	2
8 Thomas, Tyler	FR Western Oreg	22.12	22.62q	-1.1	1
9 Grounds, Micah	SR Seattle Paci	22.66	22.96	-1.1	1
10 McFadden, Donavan	FR Western Oreg	22.81	23.03	-0.3	2
11 Fremd, Kyle	SO Central Wash	22.85	23.10	-0.3	2

Men 200 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Registe, David	SR Alaska Ancho	21.93	21.69	-2.1	10
2 Curtis, Andrew	SO Northwest Na	22.03	21.82	-2.1	8
3 Boss, Andrew	SR Simon Fraser	22.13	22.16	-2.1	6
4 Tilley, Alex	JR Western Wash	22.30	22.45	-2.1	5
5 Moore, Josh	SO Western Oreg	22.59	22.51	-2.1	4
6 Kaino, Matt	SO Western Oreg	22.40	22.53	-2.1	3
7 Thomas, Tyler	FR Western Oreg	22.62	22.55	-2.1	2
8 Morrison, Scott	SO Central Wash	22.14	22.59	-2.1	1

Men 400 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Boss, Andrew	SR Simon Fraser	48.21	48.96q	1
2 Morrison, Scott	SO Central Wash	48.38	49.53q	2
3 Kaino, Matt	SO Western Oreg	48.44	49.70q	2
4 Alexander, Colin	JR Central Wash	49.71	49.86q	1
5 David, Toby	SR Western Wash	50.36	50.01q	2
6 Montrose, Brett	JR Simon Fraser	49.54	50.09q	2
7 Thomas, Tyler	FR Western Oreg	49.78	50.13q	2
8 Fremd, Kyle	SO Central Wash	50.52	50.14q	1
9 Duncan, Dusty	FR Seattle Paci	49.22	50.17	1
10 Sutton, Levi	SR Alaska Ancho	49.89	50.70	1
11 Hill, Dan	SR Northwest Na	50.44	51.11	2
12 Mossey, Logan	SO Msu Billings	50.59	51.48	1
13 Truax, Bradley	SO Alaska Ancho	50.77	52.12	2

Men 400 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1 Kaino, Matt	SO Western Oreg	49.70	48.48	10
2 Boss, Andrew	SR Simon Fraser	48.96	48.52	8
3 Morrison, Scott	SO Central Wash	49.53	48.61	6
4 Thomas, Tyler	FR Western Oreg	50.13	49.82	5
5 Alexander, Colin	JR Central Wash	49.86	49.96	4
6 Montrose, Brett	JR Simon Fraser	50.09	50.34	3
7 David, Toby	SR Western Wash	50.01	50.66	2
8 Fremd, Kyle	SO Central Wash	50.14	50.75	1

Men 800 Meter Run 6back 4front

Name	Year School	Seed	Prelims
Preliminaries			
1 Kangogo, Alfred	JR Alaska Ancho	1:53.60	1:52.12q
2 Stark, Matt	SR Northwest Na	1:54.40	1:53.03q
3 Hansen, Ryan	FR Western Oreg	1:55.54	1:53.06q
4 Seeley, Nathan	SO Seattle Paci	1:54.15	1:53.17q
5 Massari, Zach	JR Western Oreg	1:55.54	1:53.40q
6 Abraham, Nick	JR Western Wash	1:55.26	1:53.49q
7 Larson, Kyle	SR Western Oreg	1:55.57	1:53.55q
8 Kasler, Connor	SO Western Oreg	1:51.74	1:53.59q
9 Hopper, Dylan	FR Western Wash	1:55.20	1:53.95q
10 Kiefer, Billy	FR Alaska Ancho	1:54.29	1:54.13
11 Vugteveen, Travis	FR Simon Fraser	1:52.76	1:54.24
12 Power, Nathan	FR Central Wash	1:56.33	1:54.76
13 Reid, Adam	JR Simon Fraser	1:53.87	1:54.89
14 Patti, Joseph	SO St. Martin's	1:55.64	1:54.91
15 Robinson, Chase	FR Msu Billings	1:57.28	1:55.68
16 DeMoss, Devon	FR St. Martin's	1:58.60	1:56.02
17 Timpe, Braden	FR Western Wash	1:55.76	1:56.24
18 Hill, Thomas	JR Alaska Ancho	1:55.75	1:56.82
19 Vanderby, Tyson	JR Msu Billings	1:56.68	1:56.87
20 Liu, Yubai	JR Simon Fraser	1:54.63	1:58.34

## Men 800 Meter Run 6back 4front

Name	Year School	Prelims	Finals	Points
Finals				
1 Larson, Kyle	SR Western Oreg	1:53.55	1:56.09	10
2 Hopper, Dylan	FR Western Wash	1:53.95	1:56.12	8
3 Stark, Matt	SR Northwest Na	1:53.03	1:56.25	6
4 Kasler, Connor	SO Western Oreg	1:53.59	1:56.28	5
5 Seeley, Nathan	SO Seattle Paci	1:53.17	1:56.72	4
6 Abraham, Nick	JR Western Wash	1:53.49	1:56.84	3
7 Kangogo, Alfred	JR Alaska Ancho	1:52.12	1:57.06	2
8 Hansen, Ryan	FR Western Oreg	1:53.06	1:57.11	1
9 Massari, Zach	JR Western Oreg	1:53.40	1:59.97	

## Men 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Brockerville, Ryan	JR Simon Fraser	3:53.97	3:52.79	10
2 Kangogo, Alfred	JR Alaska Ancho	3:44.67	3:52.97	8
3 Reed, Chris	SR Western Oreg	3:50.47	3:53.93	6
4 Larson, Kyle	SR Western Oreg	3:52.14	3:55.56	5
5 Chapman, Ryan	SO Western Oreg	4:00.14	3:55.91	4
6 Stark, Matt	SR Northwest Na	3:53.01	3:57.31	3
7 Bradford, Evan	FR Seattle Paci	3:57.50	3:57.81	2
8 Hunt, Spencer	JR St. Martin's	3:57.72	4:00.23	1
9 Wakefield, Brett	SR Simon Fraser	3:58.68	4:00.98	
10 Watson, Barak	JR Northwest Na	3:54.83	4:01.08	
11 Potter, Brian	JR Msu Billings	3:59.38	4:01.85	
12 Snook, Brandon	SR Western Oreg	3:56.03	4:03.91	
13 Young, James	JR Simon Fraser	4:05.73	4:05.22	
14 Webb, Justin	JR Northwest Na	3:58.27	4:06.02	
15 Wahlenmaier, Jacob	SR Seattle Paci	4:02.91	4:06.88	
16 Hill, Thomas	JR Alaska Ancho	3:55.83	4:07.82	
17 Fenley, Lukas	JR Western Oreg	3:59.73	4:08.71	
18 Massari, Zach	JR Western Oreg	3:58.03	4:14.14	

## Men 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Chelimo, Micah	SO Alaska Ancho	14:30.21	14:29.41	10
2 Welling, Jordan	SR Western Wash	14:10.43	14:35.36	8
3 Grimes, Bennett	SR Western Wash	14:17.12	14:47.56	6
4 Reed, Chris	SR Western Oreg	14:21.14	14:54.38	5
5 Watson, Barak	JR Northwest Na	14:45.12	14:59.56	4
6 Medhaug, Blake	SR Western Wash	15:24.41	15:13.75	3
7 Yilma, Yonatan	SO Alaska Ancho	15:12.04	15:14.81	2
8 Shogren, Michael	FR Western Oreg	15:18.51	15:20.17	1
9 Brill, Eric	JR Western Wash	15:24.72	15:23.68	
10 Jackson, Chip	SO Western Wash	15:06.84	15:26.07	
11 Santos, Manuel	SO Central Wash	15:25.16	15:28.17	
12 Baggenstos, Jesse	SO Northwest Na	15:34.16	15:34.96	
13 Boyd, Tanner	SO Western Wash	15:21.78	15:36.12	
14 Peterson, Dylan	FR Western Wash	15:33.49	15:39.86	
15 Karr, Justin	SR Western Oreg	15:18.28	15:43.99	

## Men 10000 Meter Run

Name	Year School	Seed	Finals	Points
1 Welling, Jordan	SR Western Wash	29:56.65	30:25.75	10
2 Grimes, Bennett	SR Western Wash	29:54.94	30:34.41	8
3 Van Santen, Kyle	JR St. Martin's	30:55.15	31:15.84	6
4 Santos, Manuel	SO Central Wash	32:44.04	31:41.94	5
5 Baggenstos, Jesse	SO Northwest Na	33:33.16	31:42.75	4
6 Karr, Justin	SR Western Oreg	32:27.88	31:42.93	3
7 Yilma, Yonatan	SO Alaska Ancho	31:34.34	32:34.27	2
8 Boyd, Tanner	SO Western Wash	32:31.60	32:34.73	1
9 Schmidt, Otto	FR Western Wash	33:11.49	33:03.35	
10 Harrison, Will	SO Seattle Paci		33:13.64	
11 Fuhrmeister, Marc	FR Western Wash	33:13.74	33:15.47	
12 Jackson, Chip	SO Western Wash	32:28.94	33:24.01	
13 Fenley, Lukas	JR Western Oreg		33:25.37	
14 Medhaug, Blake	SR Western Wash	31:17.63	33:42.53	
15 Minor, Nathan	FR Central Wash	33:56.21	34:37.33	

## Men 110 Meter Hurdles

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Werner, Jordan	SR Western Oreg	15.44	15.26q	0.7	1
2 Campbell, Brett	FR Western Oreg	15.35	15.37q	NWI	2
3 Venema, Andrew	SO Central Wash	15.33	15.42q	NWI	2
4 Hope, Maurus	SR Northwest Na	15.92	15.43q	0.7	1
5 Okazaki, Cory	FR Western Wash	15.20	15.46q	0.7	1
6 Rhodes, Kody	FR Western Oreg	15.64	15.48q	NWI	2
7 Loscutoff, Andy	SR Western Oreg	15.50	15.54q	NWI	2
8 Johnson, Nate	SO Seattle Paci	15.75	15.60q	0.7	1
9 Harris, Darnell	SO Central Wash	15.48	15.74	0.7	1
10 Roddewig, Brandon	SO Central Wash	15.73	15.93	0.7	1
11 Schick, Karsten	FR Western Wash	15.86	16.03	NWI	2
12 Wilson, Travis	FR Alaska Ancho	15.85	16.04	NWI	2
13 Morgan, Wyatt	JR Alaska Ancho	16.26	16.18	0.7	1
14 Easterling, Reece	FR Msu Billings	16.06	16.34	NWI	2
15 McCurdy, Kevin	FR Western Oreg	16.05	16.45	0.7	1
16 Gray, Andrew	JR Western Wash	16.18	16.81	NWI	2

## Men 110 Meter Hurdles

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Campbell, Brett	FR Western Oreg	15.37	15.49	-1.9	10
2 Okazaki, Cory	FR Western Wash	15.46	15.50	-1.9	8
3 Venema, Andrew	SO Central Wash	15.42	15.58	-1.9	6
4 Hope, Maurus	SR Northwest Na	15.43	15.58	-1.9	5
5 Loscutoff, Andy	SR Western Oreg	15.54	15.63	-1.9	4
6 Rhodes, Kody	FR Western Oreg	15.48	15.95	-1.9	3
7 Johnson, Nate	SO Seattle Paci	15.60	16.04	-1.9	2
8 Werner, Jordan	SR Western Oreg	15.26	17.63	-1.9	1

Men 400 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Ward, Shaun	JR Alaska Ancho	52.82	53.04q	2
2 Hope, Maurus	SR Northwest Na	53.94	53.69q	1
3 Endresen, Ryan	SO Seattle Paci	54.21	54.30q	1
4 McCurdy, Kevin	FR Western Oreg	54.98	55.31q	2
5 Loscutoff, Andy	SR Western Oreg	55.27	55.39q	1
6 Rhodes, Kody	FR Western Oreg	55.43	55.71q	1
7 Villanueva, Phillip	SR Western Wash	55.12	55.86q	2
8 Morales, Gabriel	SR Western Wash	56.12	56.00q	2
9 Polkow, Lewis	FR Msu Billings	57.04	56.36	2
10 Wilson, Travis	FR Alaska Ancho	56.84	57.02	1
11 Okazaki, Cory	FR Western Wash	58.76	57.15	2
12 Morgan, Wyatt	JR Alaska Ancho	57.02	57.25	1
13 Schick, Karsten	FR Western Wash	57.41	58.26	1
14 Alexander, Colin	JR Central Wash	56.68	59.27	2

Men 400 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1 Ward, Shaun	JR Alaska Ancho	53.04	52.23	10
2 Endresen, Ryan	SO Seattle Paci	54.30	53.78	8
3 Hope, Maurus	SR Northwest Na	53.69	54.67	6
4 Villanueva, Phillip	SR Western Wash	55.86	54.76	5
5 Loscutoff, Andy	SR Western Oreg	55.39	54.82	4
6 Rhodes, Kody	FR Western Oreg	55.71	54.86	3
7 McCurdy, Kevin	FR Western Oreg	55.31	55.97	2
8 Morales, Gabriel	SR Western Wash	56.00	56.04	1

Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Chelimo, Micah	SO Alaska Ancho	8:52.41	9:03.22	10
2 Snook, Brandon	SR Western Oreg	9:11.11	9:12.90	8
3 Baker, AJ	SO Seattle Paci	9:26.95	9:12.98	6
4 Watson, Barak	JR Northwest Na	9:28.78	9:13.61	5
5 Sprinkle, Dan	JR Western Oreg	9:19.30	9:14.40	4
6 Chapman, Ryan	SO Western Oreg	9:12.74	9:18.42	3
7 Hetrick, Luke	SR Northwest Na	9:57.33	9:38.44	2
8 Reiter, Joshua	FR Western Wash	9:45.86	9:41.10	1
9 Johnson, Kyle	JR Western Wash	9:48.22	9:44.66	
10 Beagley, Brady	FR Western Oreg	9:33.82	9:46.03	
11 Brill, Eric	JR Western Wash	9:29.19	9:46.05	
12 Peterson, Dylan	FR Western Wash	9:39.74	9:52.25	
13 Power, Scott	JR Central Wash	9:52.34	9:52.48	
14 Canfield, Taylor	JR Msu Billings	10:00.49	10:07.29	

## Men 4x100 Meter Relay

School	Seed	Finals	Points
1 Alaska Anchorage 'A'	41.91	42.20	10
1) Allen, AJ SO	2) Kiefer, Billy FR		
3) Ward, Shaun JR	4) Registe, David SR		
2 Central Washington 'A'	42.78	42.38	8
1) Harris, Darnell SO	2) Morrison, Scott SO		
3) Cho, James JR	4) Seel, Matt SO		
3 Western Oregon 'A'	42.61	42.40	6
1) Alexander, Bobby SO	2) Campbell, Brett FR		
3) Moore, Josh SO	4) Kaino, Matt SO		
4 Seattle Pacific 'A'	42.80	42.78	5
1) Duncan, Dusty FR	2) Endresen, Ryan SO		
3) Grounds, Micah SR	4) Bratten, Dustin FR		
5 Western Washington 'A'	43.29	42.83	4
1) Pangilinan, Mark FR	2) Okazaki, Cory FR		
3) Villanueva, Phillip SR	4) Tilley, Alex JR		
6 Northwest Nazarene 'A'	42.84	42.99	3
1) Sepe, Derek SR	2) Colby, Cameron JR		
3) Curtis, Andrew SO	4) Henderson, Cody FR		
7 Simon Fraser 'A'	43.47	43.12	2
1) Conard, Zach JR	2) Boss, Andrew SR		
3) Montrose, Brett JR	4) Nicolas, Dennis JR		
8 Montana State Billings 'A'	43.49	44.24	1
1) Smartt, Casey FR	2) Lewis, Deshawn JR		
3) Polkow, Lewis FR	4) Prevost, Adam SO		

## Men 4x400 Meter Relay

School	Seed	Finals	Points
1 Alaska Anchorage 'A'	3:14.74	3:17.93	10
1) Sutton, Levi SR	2) Kangogo, Alfred JR		
3) Registe, David SR	4) Ward, Shaun JR		
2 Western Oregon 'A'	3:17.76	3:19.19	8
1) Kaino, Matt SO	2) Moore, Josh SO		
3) Thomas, Tyler FR	4) Yakovich, Anthony SO		
3 Northwest Nazarene 'A'	3:17.45	3:19.60	6
1) Hill, Dan SR	2) Curtis, Andrew SO		
3) Hope, Maurus SR	4) Heidegger, Ben JR		
4 Central Washington 'A'	3:19.32	3:20.03	5
1) Alexander, Colin JR	2) Armstrong, Zach SO		
3) Fremd, Kyle SO	4) Morrison, Scott SO		
5 Western Washington 'A'	3:22.84	3:20.07	4
1) Tilley, Alex JR	2) Morales, Gabriel SR		
3) Hopper, Dylan FR	4) David, Toby SR		
6 Montana State Billings 'A'	3:25.00	3:23.46	3
1) Iverson, Jake FR	2) Galahan, Drew FR		
3) Mossey, Logan SO	4) Blomback, Ryan SO		
7 Simon Fraser 'A'	3:23.04	3:25.67	2
1) Boss, Andrew SR	2) Conard, Zach JR		
3) Montrose, Brett JR	4) Liu, Yubai JR		
8 Seattle Pacific 'A'	3:25.34	3:30.12	1
1) Bratten, Dustin FR	2) Seely, Nathan SO		
3) Endresen, Ryan SO	4) Sleight, Nathanael JR		

## Men High Jump

Name	Year School	Seed	Finals	Points
1 Boyes, Brennan	SO Central Wash	2.03m	2.01m 6-07.00	10
2 Meyers, Lewis	SO Central Wash	1.95m	2.01m 6-07.00	8
3 Roddewig, Brandon	SO Central Wash	1.96m	1.91m 6-03.25	6
4 Sheriff, Tommy	JR Central Wash	1.95m	1.86m 6-01.25	4.50
4 Meikle, Ethan	FR Central Wash	1.88m	1.86m 6-01.25	4.50
6 Berkman, Elrycc	FR Western Oreg	1.80m	1.86m 6-01.25	3
7 Schick, Karsten	FR Western Wash	1.86m	1.86m 6-01.25	2
8 Larson, Josh	SR Western Wash	1.88m	1.81m 5-11.25	0.50
8 Brown, Ryan	SR Western Wash	1.81m	1.81m 5-11.25	0.50
-- Gaines, Eric	FR Western Oreg	1.84m	NH	
-- Caryl, Jason	SO Central Wash	1.84m	NH	
-- Venema, Andrew	SO Central Wash	1.84m	NH	
-- Mendenhall, Gabe	FR Western Oreg	1.88m	NH	
-- Beaty, Bryan	FR Northwest Na	1.83m	NH	

## Men Pole Vault

Name	Year School	Seed	Finals	Points
1 Zoellick, Ray	NA Seattle Paci	4.40m	4.55m 14-11.00	10
2 Rosenberg, Cal	SO Western Wash	4.55m	4.55m 14-11.00	8
3 Will, Tyler	FR Western Wash	4.25m	4.25m 13-11.25	6
4 Winters, Josh	SR Western Wash	4.40m	4.25m 13-11.25	5
5 Roddewig, Brandon	SO Central Wash	4.45m	4.25m 13-11.25	4
6 Johnson, Nate	SO Seattle Paci	4.35m	4.25m 13-11.25	3
7 Komoto, Keenan	FR Western Wash	4.50m	4.10m 13-05.25	2
8 Millson, Michael	SR Western Wash	4.17m	4.10m 13-05.25	0.50
8 Zwiefelhofer, Eric	SR Northwest Na	4.10m	4.10m 13-05.25	0.50
10 Martinez, Branden	SR Msu Billings	4.30m	4.10m 13-05.25	
-- Brown, Ryan	SR Western Wash	5.25m	NH	
-- Steinke, Thomas	SO Central Wash	4.20m	NH	
-- Hunter, Scott	SO Central Wash	4.50m	NH	
-- Guidon, Thomas	SO Western Wash	4.35m	NH	
-- Lundy, Tim	SR Western Oreg	4.70m	NH	

## Men Long Jump

Name	Year School	Seed	Finals	Wind	Points
1 Registe, David	SR Alaska Ancho	7.89m	7.47m 1.1	24-06.25	10
2 Lane, Kyle	FR Western Oreg	7.01m	6.92m +0.0	22-08.50	8
3 Melo, Manny	SO Central Wash	6.68m	6.80m 0.5	22-03.75	6
4 Nicolas, Dennis	JR Simon Fraser	6.79m	6.72m 0.9	22-00.75	5
5 Hyde, Jake	SO Western Oreg	6.90m	6.70m 1.3	21-11.75	4
6 Mukai, Mickey	SO Western Wash	6.54m	6.61m 1.0	21-08.25	3
7 Bennett, Devin	FR Central Wash	6.70m	6.58m +0.0	21-07.25	2
8 Kamagata, Sakae	FR Central Wash	6.63m	6.47m -0.7	21-02.75	1
9 Caryl, Jason	SO Central Wash	6.66m	6.43m -0.9	21-01.25	
10 Moldanov, Sviatoslav	JR Simon Fraser	6.73m	6.35m +0.0	20-10.00	
11 Clendaniel, Tim	JR Western Wash	6.52m	6.21m 0.4	20-04.50	
12 Gaines, Eric	FR Western Oreg	6.52m	6.19m -1.8	20-03.75	
13 Cho, James	JR Central Wash	6.58m	6.05m -1.0	19-10.25	
14 Hunter, Scott	SO Central Wash	6.39m	5.88m -0.6	19-03.50	
15 Roddewig, Brandon	SO Central Wash	6.38m	5.83m -0.7	19-01.50	
16 Stein, Shae	FR Msu Billings	6.83m	5.72m +0.0	18-09.25	

## Men Triple Jump

Name	Year School	Seed	Finals	Wind	Points
1 Clendaniel, Tim	JR Western Wash	14.21m	14.65m	2.0 48-00.75	10
2 Moldanov, Sviatoslav	JR Simon Fraser	13.60m	14.01m	3.4 45-11.75	7
2 Melo, Manny	SO Central Wash	13.73m	14.01m	3.6 45-11.75	7
4 Cho, James	JR Central Wash	14.08m	13.93m	2.1 45-08.50	5
5 Larlee, Stephen	SO Northwest Na	14.39m	13.90m	2.0 45-07.25	4
6 Hyde, Jake	SO Western Oreg	13.70m	13.75m	3.3 45-01.50	3
7 Lane, Kyle	FR Western Oreg	13.04m	13.72m	1.1 45-00.25	2
8 Bennett, Devin	FR Central Wash	13.22m	13.66m	4.0 44-09.75	1
9 Kamagata, Sakae	FR Central Wash	13.73m	13.38m	1.0 43-10.75	
10 Mukai, Mickey	SO Western Wash	13.20m	13.01m	1.8 42-08.25	
11 Freed, Andrew	SO Alaska Ancho	12.71m	12.86m	1.2 42-02.25	
-- Greene, Tim	SR Northwest Na	12.74m	FOUL		

## Men Shot Put

Name	Year School	Seed	Finals	Points
1 Slowey, Jason	SR Western Oreg	16.81m	16.28m 53-05.00	10
2 Jensen, Mike	SO Central Wash	15.41m	15.83m 51-11.25	8
3 Elder, Ben	SR Western Wash	15.55m	15.66m 51-04.50	6
4 Miller, Grant	SR Northwest Na	15.43m	15.36m 50-04.75	5
5 Rottrup, Tanner	SO Msu Billings	14.68m	15.07m 49-05.50	4
6 Gilbert, Jacob	SO Western Wash	14.79m	14.82m 48-07.50	3
7 Ramirez, Daniel	SR Central Wash	13.58m	14.72m 48-03.50	2
8 Westlin, Nelson	SO Western Wash	14.85m	14.63m 48-00.00	1
9 Hoffman, Michael	SR Western Wash	13.83m	14.18m 46-06.25	
10 Holmstrom, Eric	FR Central Wash	13.61m	13.20m 43-03.75	
11 Knight, Andrew	SO Western Wash	13.50m	13.08m 42-11.00	
12 Holland, Gabe	FR Alaska Ancho	13.09m	12.77m 41-10.75	
13 Korb, Jesse	SO Northwest Na	14.13m	12.75m 41-10.00	
14 Allen, Ian	FR Central Wash	13.26m	12.01m 39-05.00	
-- Jensen, Bryce	SR Msu Billings	13.36m	FOUL	

## Men Discus Throw

Name	Year School	Seed	Finals	Points
1 Elder, Ben	SR Western Wash	50.36m	50.92m 167-01	10
2 Slowey, Jason	SR Western Oreg	51.41m	50.44m 165-06	8
3 Rima, Kevin	SO Northwest Na	44.66m	48.83m 160-02	6
4 Hoffman, Michael	SR Western Wash	49.64m	48.57m 159-04	5
5 Holland, Gabe	FR Alaska Ancho	49.39m	47.35m 155-04	4
6 Miller, Grant	SR Northwest Na	47.35m	47.14m 154-08	3
7 Westlin, Nelson	SO Western Wash	46.21m	46.59m 152-10	2
8 Cruise, Greg	FR Western Oreg	47.78m	46.11m 151-03	1
9 Boone, Dylan	FR St. Martin's	42.38m	44.15m 144-10	
10 Jensen, Mike	SO Central Wash	42.59m	43.62m 143-01	
11 Ramirez, Daniel	SR Central Wash	44.08m	43.36m 142-03	
12 Chue, Samuel	FR Western Wash	43.62m	43.22m 141-09	
13 Holmstrom, Eric	FR Central Wash	43.32m	41.26m 135-04	
14 Korb, Jesse	SO Northwest Na	42.37m	41.23m 135-03	
15 Gilbert, Jacob	SO Western Wash	44.06m	38.74m 127-01	



Men Hammer Throw

Name	Year School	Seed	Finals	Points
1 Hoffman, Michael	SR Western Wash	62.87m	54.78m	179-09 10
2 Miller, Grant	SR Northwest Na	51.32m	53.86m	176-08 8
3 Slowey, Jason	SR Western Oreg	49.19m	51.18m	167-11 6
4 Jensen, Mike	SO Central Wash	51.97m	50.55m	165-10 5
5 Elder, Ben	SR Western Wash	47.35m	48.52m	159-02 4
6 Holland, Gabe	FR Alaska Ancho	42.40m	46.75m	153-04 3
7 Nichols, Tyler	JR Western Wash	48.06m	46.02m	151-00 2
8 Korb, Jesse	SO Northwest Na	43.48m	45.30m	148-07 1
9 Sheriff, Tommy	JR Central Wash	49.76m	45.20m	148-03
10 Oursland, Paul	FR Central Wash	41.92m	44.76m	146-10
11 Estrada, Diego	SR Northwest Na	44.30m	42.92m	140-10
12 Ramirez, Daniel	SR Central Wash	45.11m	42.80m	140-05
13 Martin, Billy	SO Seattle Paci	43.45m	40.91m	134-03
14 White, Reid	SO Northwest Na	41.78m	40.53m	133-00
15 Williams, Elmer	JR Northwest Na	45.43m	38.81m	127-04
-- Reavis, Kody	SR Western Oreg	42.91m	FOUL	

Men Javelin Throw

Name	Year School	Seed	Finals	Points
1 Crook, Will	SO Western Oreg	62.49m	59.78m	196-01 10
2 Reavis, Kody	SR Western Oreg	56.38m	57.94m	190-01 8
3 Martin, Billy	SO Seattle Paci	57.61m	57.67m	189-02 6
4 Derwin, Jace	SR Seattle Paci	57.19m	56.08m	184-00 5
5 Zwiefelhofer, Eric	SR Northwest Na	53.16m	55.72m	182-10 4
6 Mitchell, Chris	SO Western Wash	53.15m	55.57m	182-04 3
7 Mayberry, Colby	JR Western Wash	55.46m	54.04m	177-03 2
8 Sheriff, Tommy	JR Central Wash	53.83m	52.69m	172-10 1
9 Player, Anthony	SO St. Martin's	52.10m	51.93m	170-04
10 Nicola, Jacob	JR Western Oreg	51.99m	50.48m	165-07
11 Coles, Ben	JR Simon Fraser	52.07m	49.62m	162-09
12 Steingruber, Brock	FR Msu Billings	52.50m	49.15m	161-03
13 Roddewig, Brandon	SO Central Wash	50.47m	45.92m	150-08
14 Melo, Manny	SO Central Wash	53.41m	45.74m	150-01

Team Scores

- |                            |                             |
|----------------------------|-----------------------------|
| 1. Western Oregon 203      | 2. Western Washington 173.5 |
| 3. Central Washington 130  | 4. Alaska Anchorage 103     |
| 5. Northwest Nazarene 83.5 | 6. Seattle Pacific 63       |
| 7. Simon Fraser 48         | 8. Montana State Billings 8 |
| 9. Saint Martin's 7        |                             |

Licensed to Western Oregon University HY-TEK's Meet Manager 5/14/2011 03:35 PM  
 2011 GNAC Outdoor Track & Field Championships - 5/13/2011 to 5/14/2011  
 hosted by Western Oregon University  
 Monmouth, OR (McArthur Field)  
 Results

Women 100 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
7 Bjornsson, Tanya	SO Western Wash		12.71q	0.4	2
8 Zukowski, Megan	SR Western Wash	12.45	12.72q	0.4	2
9 Coffey, Sydney	FR Western Wash	12.65	12.73	0.4	2
10 Grammer, Melissa	SO Northwest Na	12.67	12.78	-0.9	1
11 Takayoshi, Sarah	SO Central Wash	12.67	12.93	0.4	2
12 Kathrein, Sarah	SO Western Oreg	12.79	13.13	-0.9	1

Women 100 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Mitchell, Kishia	FR Seattle Paci	12.24	12.39	-1.6	10
2 Sims, Crystal	SR Seattle Paci	12.36	12.52	-1.6	8
3 McClung, Madison	FR Western Oreg	12.58	12.61	-1.6	6
4 Meusec, Lacey	SR Western Oreg	12.48	12.73	-1.6	5
5 Zukowski, Megan	SR Western Wash	12.72	12.91	-1.6	4
6 Leonce, Christabel	JR Northwest Na	12.66	13.00	-1.6	3
7 Bjornsson, Tanya	SO Western Wash	12.71	13.27	-1.6	2
8 Genther, Chelsea	FR Central Wash	12.62	32.25	-1.6	1

Women 200 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Pola, Lexi	SO Western Oreg	25.37	25.33q	-1.0	2
2 McClung, Madison	FR Western Oreg	25.39	25.47q	-1.3	1
3 Mitchell, Kishia	FR Seattle Paci	25.21	25.64q	-1.0	2
4 Meusec, Lacey	SR Western Oreg	25.59	25.71q	-1.0	2
5 Sims, Crystal	SR Seattle Paci	25.16	25.80q	-1.3	1
6 Siler, Eleanor	JR Western Wash	25.55	25.84q	-1.3	1
7 Leonce, Christabel	JR Northwest Na	25.90	26.03q	-1.0	2
8 Valentine, Myisha	JR Seattle Paci	25.97	26.11q	-1.3	1
9 Zukowski, Megan	SR Western Wash	25.92	26.17	-1.0	2
10 Grammer, Melissa	SO Northwest Na	25.99	26.27	-1.3	1

Women 100 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
1 Mitchell, Kishia	FR Seattle Paci	12.10	12.24q	0.4	2
2 Sims, Crystal	SR Seattle Paci	12.37	12.36q	-0.9	1
3 Meusec, Lacey	SR Western Oreg	12.54	12.48q	-0.9	1
4 McClung, Madison	FR Western Oreg	12.21	12.58q	-0.9	1
5 Genther, Chelsea	FR Central Wash	12.40	12.62q	0.4	2
6 Leonce, Christabel	JR Northwest Na	12.62	12.66q	-0.9	1

Women 200 Meter Dash

Name	Year School	Seed	Prelims	Wind	H#
11 Halle, Erika	SR Msu Billings	25.75	26.44	-1.3	1
12 Simons, Justine	SR Msu Billings	25.74	26.45	-1.3	1
13 Wochnick, BryAnne	SO Seattle Paci	25.67	26.46	-1.0	2
14 Ledtke, Valle	SO Western Wash	26.12	26.48	-1.0	2
15 Coffey, Sydney	FR Western Wash	26.31	26.90	-1.3	1
16 Kathrein, Sarah	SO Western Oreg	26.03	34.75	-1.0	2

Women 200 Meter Dash

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Mitchell, Kishia	FR Seattle Paci	25.64	25.52	-1.3	10
2 Sims, Crystal	SR Seattle Paci	25.80	25.58	-1.3	8
3 Pola, Lexi	SO Western Oreg	25.33	25.70	-1.3	6
4 McClung, Madison	FR Western Oreg	25.47	25.93	-1.3	5
5 Siler, Eleanor	JR Western Wash	25.84	26.15	-1.3	4
6 Meusec, Lacey	SR Western Oreg	25.71	26.29	-1.3	3
7 Leonce, Christabel	JR Northwest Na	26.03	26.41	-1.3	2
8 Valentine, Myisha	JR Seattle Paci	26.11	26.65	-1.3	1

Women 400 Meter Dash

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Crofts, Helen	JR Simon Fraser	56.76	55.78q	1
2 Siler, Eleanor	JR Western Wash	57.11	56.34q	2
3 Pola, Lexi	SO Western Oreg	56.99	56.54q	2
4 Kane, Brianna	SR Simon Fraser	58.88	56.83q	2
5 Quatier, Emily	SO Seattle Paci	57.29	56.96q	1
6 Hayward, Annie	SR Western Oreg	57.13	57.56q	1
7 Valentine, Myisha	JR Seattle Paci	58.71	58.29q	1
8 Ledtke, Valle	SO Western Wash	58.17	58.38q	1
9 Wochnick, BryAnne	SO Seattle Paci	57.74	59.11	2
10 Rippy, Shanna	SO Northwest Na	57.54	59.68	2
11 Pitassi, Seanna	FR Central Wash	59.85	59.90	1
12 Sincraugh, Ashlee	FR Central Wash	59.39	1:00.48	2
13 Butcher, Meryl	JR Western Oreg	1:01.28	1:01.25	2
14 Halfyard, Sasha	FR Alaska Ancho	59.90	1:02.24	1

Women 400 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1 Crofts, Helen	JR Simon Fraser	55.78	55.25	10
2 Pola, Lexi	SO Western Oreg	56.54	56.53	8
3 Kane, Brianna	SR Simon Fraser	56.83	56.76	6
4 Quatier, Emily	SO Seattle Paci	56.96	57.14	5
5 Hayward, Annie	SR Western Oreg	57.56	57.75	4
6 Ledtke, Valle	SO Western Wash	58.38	59.01	3
7 Siler, Eleanor	JR Western Wash	56.34	59.28	2
8 Valentine, Myisha	JR Seattle Paci	58.29	59.35	1

Women 800 Meter Run 5back 4front

Name	Year School	Seed	Prelims
Preliminaries			
1 Smith, Jessica	SR Simon Fraser	2:04.34	2:10.61q
2 Bick, Susan	FR Alaska Ancho	2:10.87	2:11.30q
3 Kane, Brianna	SR Simon Fraser	2:07.67	2:11.35q
4 O'Guinn, Ivy	FR Alaska Ancho	2:12.30	2:11.74q
5 Sawatzky, Sarah	FR Simon Fraser	2:13.03	2:12.80q
6 Applebee, Annan	JR Western Oreg	2:11.21	2:13.13q
7 Johnson, Rachael	SR Western Wash	2:11.45	2:13.20q
8 Everetts, Janelle	SO Western Oreg	2:12.05	2:13.79q
9 Kane, Michaela	JR Simon Fraser	2:14.16	2:15.06q
10 Vogt, Emma	JR Simon Fraser	2:16.38	2:16.46
11 Brennan, Olivia	SR Simon Fraser	2:15.32	2:16.50
12 Jackson, Sarah	SR Msu Billings	2:18.38	2:17.17
13 Morgan, Connie	FR Central Wash	2:20.09	2:17.48
14 Watson, Cheri	SR Western Wash	2:19.39	2:17.87
15 Fricker, McKayla	FR Seattle Paci	2:18.90	2:19.36
16 Leaf, Jenny	FR Western Oreg	2:19.85	2:20.55
17 Everetts, Megan	SO Western Oreg	2:18.25	2:21.53
18 Dell, Caitlin	FR Simon Fraser	2:19.88	2:25.08

Women 800 Meter Run 5back 4front

Name	Year School	Prelims	Finals	Points
Finals				
1 Smith, Jessica	SR Simon Fraser	2:10.61	2:09.21	10
2 Johnson, Rachael	SR Western Wash	2:13.20	2:11.71	8
3 Applebee, Annan	JR Western Oreg	2:13.13	2:12.46	6
4 Bick, Susan	FR Alaska Ancho	2:11.30	2:13.59	5
5 Everetts, Janelle	SO Western Oreg	2:13.79	2:14.06	4
6 Sawatzky, Sarah	FR Simon Fraser	2:12.80	2:14.38	3
7 Kane, Michaela	JR Simon Fraser	2:15.06	2:14.72	2
8 Kane, Brianna	SR Simon Fraser	2:11.35	2:15.29	1
9 O'Guinn, Ivy	FR Alaska Ancho	2:11.74	2:15.48	

Women 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Crofts, Helen	JR Simon Fraser	4:20.83	4:25.80	10
2 Porter, Sarah	SR Western Wash		4:30.32	8
3 Butterworth, Lindsey	FR Simon Fraser	4:39.48	4:34.00	6
4 Keino, Ruth	SO Alaska Ancho	4:35.51	4:34.31	5
5 Kipng'eno, Miriam	JR Alaska Ancho	4:32.20	4:34.52	4
6 Puga, Jaclyn	SR Northwest Na	4:37.64	4:35.28	3
7 Minton, Joscelyn	SO St. Martin's	4:40.84	4:36.15	2
8 O'Guinn, Ivy	FR Alaska Ancho	4:31.86	4:37.31	1
9 Snawder, Erika	SR Western Oreg	4:39.59	4:38.53	
10 Bohman, Emma	SR Alaska Ancho	4:41.45	4:39.01	
11 Evans, Natalie	FR Northwest Na	4:48.25	4:42.68	
12 Cutting, Allison	SO Seattle Paci	4:41.48	4:46.80	
13 Thiel, Katie	SR Msu Billings	4:49.04	4:50.22	
14 Krehlik, Katie	SO Alaska Ancho	4:40.88	4:52.38	
15 Swenson, Meagan	SO Northwest Na	4:53.33	4:53.28	
16 Wald, Shena	SR Msu Billings	5:02.19	4:54.29	
17 Copeland, Erika	FR St. Martin's	4:50.57	4:54.81	
18 Laweryson, Annie	SR St. Martin's	4:46.92	4:57.11	

Women 5000 Meter Run

Name	Year School	Seed	Finals	Points
1 Keino, Ruth	SO Alaska Ancho	16:38.24	17:23.81	10
2 Kipng'eno, Miriam	JR Alaska Ancho	16:36.66	17:29.78	8
3 Breihof, Lauren	SR Western Wash	17:32.01	17:58.11	6
4 Keegan, Shoshana	JR Alaska Ancho	17:26.52	18:06.96	5
5 Mendoza, Adriana	JR Central Wash	18:51.64	18:19.05	4
6 Fairbanks, Kristi	SO Western Wash	18:47.54	18:30.74	3
7 Hartnett, Phoebe	JR Western Wash	18:41.02	18:32.59	2
8 Zeidler, Robin	SO Seattle Paci	18:34.65	18:33.53	1
9 Laabs-Johnson, Heidi	JR Seattle Paci	18:27.54	18:34.17	
10 Morrison, Tricia	JR Western Oreg	18:43.96	18:53.65	
11 Pecha, Kaitlynn	JR St. Martin's	18:53.94	19:11.35	
12 Brisky, Sierra	JR Western Wash	18:44.65	19:16.26	
13 Cutting, Allison	SO Seattle Paci	18:37.16	19:51.44	
14 Wright, Amanda	JR Western Oreg	18:15.24	19:59.55	
-- Snawder, Erika	SR Western Oreg	18:05.25	DNF	

Women 10000 Meter Run

Name	Year School	Seed	Finals	Points
1 Porter, Sarah	SR Western Wash	33:48.12	36:33.87	10
2 Plunkett, Natty	SR Seattle Paci		36:42.08	8
3 Breihof, Lauren	SR Western Wash	36:15.12	37:00.55	6
4 Keegan, Shoshana	JR Alaska Ancho		37:03.19	5
5 Brisky, Sierra	JR Western Wash	39:14.94	37:34.64	4
6 Krehlik, Katie	SO Alaska Ancho		38:31.56	3
7 Wright, Amanda	JR Western Oreg		38:46.05	2
8 Hartnett, Phoebe	JR Western Wash	39:21.00	38:54.61	1
9 Cecchi, KayAnna	JR Western Oreg	39:34.18	39:37.90	
10 Hedges, Kendra	SO Western Wash	40:49.65	39:47.97	
11 Doerksen, Kim	SO Simon Fraser	39:37.14	40:04.55	
12 Rendahl, Ashley	SR Northwest Na	40:31.89	40:44.59	
13 Valera, Amanda	JR Central Wash		42:59.71	

Women 100 Meter Hurdles

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Bjornsson, Tanya	SO Western Wash	14.69	14.51q	0.6	1
2 Everett, Ardrienna	SR Alaska Ancho	15.13	14.58q	0.6	1
3 Genther, Chelsea	FR Central Wash	14.78	14.67q	-0.2	2
4 Schumacher, Terra	JR Seattle Paci	14.80	14.70q	0.6	1
5 Sims, Crystal	SR Seattle Paci	14.81	14.71q	0.6	1
6 Lloyd, Haleigh	FR Alaska Ancho	14.54	14.71q	-0.2	2
7 Worthen, Ali	SO Seattle Paci	14.71	14.81q	0.6	1
8 Smith, Marie	FR Northwest Na	14.94	14.91q	0.6	1
9 Vander Meulen, Janna	JR Western Oreg	14.82	14.95	-0.2	2
10 Gross, Katy	SO Seattle Paci	15.14	15.07	-0.2	2
11 Reid, Kaitlyn	SR Western Oreg	14.88	15.19	-0.2	2
12 Mosher, Ali	JR Western Oreg	15.44	15.40	0.6	1
13 Abrahms, Andrea	JR Simon Fraser	14.80	15.50	-0.2	2
14 Pike, Jennifer	SR Seattle Paci	15.17	15.56	-0.2	2
15 McDonald, Alexandra	SO Western Wash	15.37	15.57	0.6	1
16 Johnson, Kelsea	JR Alaska Ancho	15.61	15.57	-0.2	2

Women 100 Meter Hurdles

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Sims, Crystal	SR Seattle Paci	14.71	14.73	0.7	10
2 Schumacher, Terra	JR Seattle Paci	14.70	14.78	0.7	8
3 Worthen, Ali	SO Seattle Paci	14.81	14.95	0.7	6
4 Lloyd, Haleigh	FR Alaska Ancho	14.71	15.03	0.7	5
5 Smith, Marie	FR Northwest Na	14.91	15.16	0.7	4
6 Bjornsson, Tanya	SO Western Wash	14.51	15.16	0.7	3
7 Genther, Chelsea	FR Central Wash	14.67	15.33	0.7	2
8 Everett, Ardrienna	SR Alaska Ancho	14.58	15.39	0.7	1

Women 400 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Everett, Ardrienna	SR Alaska Ancho	1:02.29	1:02.60q	2
2 Lloyd, Haleigh	FR Alaska Ancho	1:00.96	1:02.92q	1
3 Reid, Kaitlyn	SR Western Oreg	1:02.53	1:03.74q	2
4 Pike, Jennifer	SR Seattle Paci	1:04.69	1:04.17q	1
5 Mosher, Ali	JR Western Oreg	1:05.82	1:05.03q	2
6 O'Connell, Megan	SR Western Wash	1:07.38	1:05.80q	2
7 Dodd, Amber	FR Western Wash	1:06.54	1:06.35q	1
8 Larlee, Annie	SR Northwest Na	1:08.11	1:06.60q	1
9 McDonald, Alexandra	SO Western Wash	1:05.88	1:07.15	2
10 Nobbs, Natalie	JR Seattle Paci	1:05.41	1:07.31	1
11 Lahman, Miranda	FR Western Wash	1:07.87	1:07.68	2
12 Vander Meulen, Janna	JR Western Oreg	1:06.27	1:09.16	1
13 Ciaccio, Amy	SR Northwest Na	1:09.34	1:10.75	2
14 Smith, Marie	FR Northwest Na	1:07.88	1:10.81	1
15 Garner, Dani	FR Msu Billings	1:15.07	1:13.79	2

Women 400 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1 Reid, Kaitlyn	SR Western Oreg	1:03.74	1:02.94	10
2 Everett, Ardrienna	SR Alaska Ancho	1:02.60	1:03.07	8
3 Mosher, Ali	JR Western Oreg	1:05.03	1:03.82	6
4 Pike, Jennifer	SR Seattle Paci	1:04.17	1:05.28	5
5 O'Connell, Megan	SR Western Wash	1:05.80	1:05.58	4
6 Lloyd, Haleigh	FR Alaska Ancho	1:02.92	1:05.73	3
7 Dodd, Amber	FR Western Wash	1:06.35	1:06.74	2
8 Larlee, Annie	SR Northwest Na	1:06.60	1:07.17	1

Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals	Points
1 Puga, Jaclyn	SR Northwest Na	11:05.05	10:59.37	10
2 Bohman, Emma	SR Alaska Ancho	11:03.67	11:14.17	8
3 Mendoza, Adriana	JR Central Wash	11:23.52	11:18.42	6
4 Hartnett, Phoebe	JR Western Wash	11:30.76	11:25.95	5
5 Fairbanks, Kristi	SO Western Wash	11:46.19	11:36.38	4
6 Swenson, Meagan	SO Northwest Na	11:35.78	11:40.28	3
7 Everetts, Megan	SO Western Oreg	11:47.76	11:44.30	2
8 Boyer, Jessica	SR Western Wash	11:58.55	11:50.87	1
9 Carrick, Krysta	JR Seattle Paci	11:59.53	11:53.11	
10 Wilkins, Kayla	SR Seattle Paci	11:56.37	12:03.28	
11 Becker, Josie	SO Seattle Paci	12:18.55	12:05.29	
12 Lawson, Danika	FR St. Martin's	12:17.84	12:10.90	
13 Rice, Ashley	SO Central Wash	12:29.22	13:10.86	

Women 4x100 Meter Relay

School	Seed	Finals	Points
1 Seattle Pacific 'A' 1) Mitchell, Kishia FR 3) Quatier, Emily SO	47.57	47.23	10
2 Western Oregon 'A' 1) McClung, Madison FR 3) Reid, Kaitlyn SR	47.72	47.76	8
3 Western Washington 'A' 1) Siler, Eleanor JR 3) Bjornsson, Tanya SO	48.66	48.22	6
4 Central Washington 'A' 1) Ramos, Alexis FR 3) Pitassi, Seanna FR	48.50	48.29	5
5 Alaska Anchorage 'A' 1) Chong, Dianne JR 3) Halfyard, Sasha FR	48.75	48.54	4
6 Northwest Nazarene 'A' 1) Leonce, Christabel JR 3) Reid, Molly JR	51.63	48.68	3
7 Simon Fraser 'A' 1) Abrahms, Andrea JR 3) Kane, Brianna SR	52.53	49.71	2
8 Montana State Billings 'A' 1) Berry, Leah FR 3) Simons, Justine SR	49.86	50.32	1

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Simon Fraser 'A' 1) Crofts, Helen JR 3) Kane, Brianna SR	3:59.94	3:46.17	10
2 Seattle Pacific 'A' 1) Mitchell, Kishia FR 3) Wochnick, BryAnne SO	3:50.64	3:50.73	8
3 Western Oregon 'A' 1) Everetts, Janelle SO 3) Pola, Lexi SO	3:51.07	3:51.72	6
4 Western Washington 'A' 1) Siler, Eleanor JR 3) O'Connell, Megan SR	4:00.20	3:53.71	5
5 Alaska Anchorage 'A' 1) Halfyard, Sasha FR 3) Bick, Susan FR	3:50.28	3:55.65	4
6 Northwest Nazarene 'A' 1) Grammer, Melissa SO 3) Decker, Elisa SR	4:02.21	3:59.15	3
7 Central Washington 'A' 1) Sincaugh, Ashlee FR 3) Lotze, Katharine SO	4:02.06	4:01.84	2
8 Montana State Billings 'A' 1) Jackson, Sarah SR 3) Simons, Justine SR	4:05.19	4:02.55	1

Women High Jump

Name	Year School	Seed	Finals	Points
1 Worthen, Ali	SO Seattle Paci	1.70m	1.67m	5-05.75 10
2 Gross, Katy	SO Seattle Paci	1.67m	1.62m	5-03.75 7
2 Pelchar, Katie	FR Western Oreg	1.65m	1.62m	5-03.75 7
4 Aanstad, Brittany	JR Seattle Paci	1.56m	1.62m	5-03.75 5
5 Barnett, Rachelle	SR Simon Fraser	1.70m	1.62m	5-03.75 4
6 Berg, Siri	JR Central Wash	1.53m	1.52m	4-11.75 2.50
6 Napiontek, Shelby	SO Central Wash	1.53m	1.52m	4-11.75 2.50
8 Johnson, Kelsea	JR Alaska Ancho	1.58m	1.52m	4-11.75 1
9 Tri, Brittany	SR Seattle Paci	1.54m	1.52m	4-11.75
9 Yoro, Taylor	FR St. Martin's	1.55m	1.52m	4-11.75
9 Overdick, Amanda	SO Western Wash	1.59m	1.52m	4-11.75
12 Ramsey, Tara	FR Western Wash	1.53m	1.52m	4-11.75
12 Pitt, Stacey	FR Msu Billings	1.66m	1.52m	4-11.75
14 Jewett, Jasmyn	SO Northwest Na	1.53m	1.47m	4-09.75
14 Iworima, Diepiriye	SR Simon Fraser	1.60m	1.47m	4-09.75
-- Berry, Leah	FR Msu Billings	1.53m	NH	
-- Holton, Brooklyn	SO Western Wash	1.53m	NH	

Women Pole Vault

Name	Year School	Seed	Finals	Points
1 Davis, Kati	JR Central Wash	3.73m	3.65m	11-11.75 10
2 Anderson, Karis	SO Western Wash	3.63m	3.65m	11-11.75 8
3 Peaslee, Melissa	SR Seattle Paci	3.83m	3.50m	11-05.75 5.50
3 Clark, Becca	FR Central Wash	3.63m	3.50m	11-05.75 5.50
5 Schumacher, Terra	JR Seattle Paci	3.73m	3.35m	10-11.75 4
6 Pitt, Stacey	FR Msu Billings	3.40m	3.35m	10-11.75 3
7 Swigart, Hannah	SO Central Wash	3.05m	3.20m	10-06.00 2
8 Winlow, Loreah	SO Western Wash	3.43m	3.20m	10-06.00 1
9 Larsen, Jamie	SO Central Wash	3.23m	3.05m	10-00.00
10 Johnson, Jennifer	JR St. Martin's	2.95m	2.90m	9-06.25
10 Koenes, Miranda	FR Msu Billings	3.15m	2.90m	9-06.25
12 DiMarco, Diana	SR Western Wash	2.95m	2.90m	9-06.25
-- Puckett, Amy Jo	FR Western Wash	3.03m	NH	
-- Thomas, Tiffany	JR Msu Billings	2.95m	NH	
-- Howe, Elizabeth	FR Western Wash	3.36m	NH	
-- Egger, Ashley	SR Northwest Na	3.20m	NH	
-- Hull, Samantha	SO St. Martin's	3.25m	NH	

Women Long Jump

Name	Year School	Seed	Finals	Wind	Points
1 Worthen, Ali	SO Seattle Paci	5.98m	5.61m	+0.0 18-05.00	10
2 Gross, Katy	SO Seattle Paci	5.44m	5.55m	0.4 18-02.50	8
3 Sims, Crystal	SR Seattle Paci	5.44m	5.41m	+0.0 17-09.00	6
4 Iworima, Diepiriye	SR Simon Fraser	5.85m	5.40m	+0.0 17-08.75	5
5 Miranda, Trinna	JR Seattle Paci	5.64m	5.38m	+0.0 17-08.00	4
6 Reid, Molly	JR Northwest Na	5.49m	5.35m	0.2 17-06.75	3
7 Chong, Dianne	JR Alaska Ancho	5.50m	5.30m	0.9 17-04.75	2
8 Bjornsson, Tanya	SO Western Wash	5.38m	5.25m	-1.2 17-02.75	1
9 Cook-Mackenzie, April	SR Simon Fraser	5.63m	5.16m	2.5 16-11.25	
10 Jewett, Jasmyn	SO Northwest Na	5.32m	5.08m	-0.9 16-08.00	
11 Barnett, Rachelle	SR Simon Fraser	5.27m	5.06m	-0.1 16-07.25	
12 Johnson, Kelsea	JR Alaska Ancho	5.30m	5.04m	-0.5 16-06.50	
13 Crombeen, Charlotte	FR Simon Fraser	5.31m	4.95m	-2.5 16-03.00	
14 Smith, Marie	FR Northwest Na	5.35m	4.93m	-1.2 16-02.25	
15 Holton, Brooklyn	SO Western Wash	5.27m	4.62m	-0.1 15-02.00	
16 Lotze, Katharine	SO Central Wash	5.33m	4.44m	-0.6 14-07.00	



Women Triple Jump

Name	Year School	Seed	Finals	Wind	Points
1 Potter, Ashley	JR Western Oreg	11.99m	11.82m	2.6 38-09.50	10
2 Jewett, Jasmyn	SO Northwest Na	11.91m	11.78m	1.6 38-07.75	8
3 Lotze, Katharine	SO Central Wash	11.80m	11.74m	2.1 38-06.25	6
4 Bekkedahl, Maycee	SR Northwest Na	11.47m	11.43m	2.1 37-06.00	5
5 Reid, Molly	JR Northwest Na	11.35m	11.23m	2.5 36-10.25	4
6 Worthen, Ali	SO Seattle Paci	11.35m	11.15m	1.8 36-07.00	3
7 Miranda, Trinna	JR Seattle Paci	11.51m	11.13m	1.9 36-06.25	2
8 Sackeyfio, Julianna	SO St. Martin's	10.91m	11.10m	1.2 36-05.00	1
9 Chong, Dianne	JR Alaska Ancho	11.55m	11.09m	1.0 36-04.75	
10 Larlee, Annie	SR Northwest Na	10.88m	11.04m	2.2 36-02.75	
11 Vonarx, Laura	SR Northwest Na	11.16m	11.01m	1.8 36-01.50	
12 Nye, Athena	JR Seattle Paci	10.74m	10.80m	1.4 35-05.25	
13 Bennett, Jill	JR Northwest Na	10.77m	10.69m	1.4 35-01.00	
-- Yanney, Shandel	FR Western Wash	10.80m	FOUL		

Women Shot Put

Name	Year School	Seed	Finals	Points
1 Knispel, Anica	FR Msu Billings	13.25m	14.04m	46-00.75 10
2 Warrington, Joy	JR Northwest Na	13.62m	13.69m	44-11.00 8
3 Afoa, Shaina	SR Central Wash	13.52m	13.35m	43-09.75 6
4 Self, Torrie	SR Central Wash	13.19m	12.77m	41-10.75 5
5 Stueckle, Jordan	SR Central Wash	12.53m	12.26m	40-02.75 4
6 Baumstark, Kaylee	SO Central Wash	12.57m	12.00m	39-04.50 2.50
6 Shute, Shayna	SR Northwest Na	12.10m	12.00m	39-04.50 2.50
8 Berg, Brook	JR Msu Billings	12.09m	11.85m	38-10.50 1
9 Martinez, Annie	FR Central Wash	11.45m	11.45m	37-06.75
10 Dzhidzhieshvil, Alla	SO Northwest Na	11.33m	10.76m	35-03.75
11 Richardson, Jade	FR Simon Fraser	11.73m	10.75m	35-03.25
12 Thatcher, Elizabeth	FR St. Martin's	11.16m	10.30m	33-09.50
13 Smith, Marie	SR Northwest Na	11.13m	9.69m	31-09.50
-- Kujala, Morgan	FR Msu Billings	11.93m	FOUL	

Women Discus Throw

Name	Year School	Seed	Finals	Points
1 Self, Torrie	SR Central Wash	43.96m	43.78m	143-08 10
2 Thatcher, Elizabeth	FR St. Martin's	43.48m	42.83m	140-06 8
3 Afoa, Shaina	SR Central Wash	41.51m	41.67m	136-08 6
4 Warrington, Joy	JR Northwest Na	39.25m	40.99m	134-06 5
5 Richardson, Jade	FR Simon Fraser	46.53m	39.74m	130-04 4
6 Knispel, Anica	FR Msu Billings	38.75m	38.65m	126-10 3
7 Baumstark, Kaylee	SO Central Wash	39.70m	38.15m	125-02 2
8 Shute, Shayna	SR Northwest Na	36.64m	37.83m	124-01 1
9 Roe, Maggie	FR Western Wash	37.90m	36.71m	120-05
10 Dranginis, Carly	SO Northwest Na	38.69m	36.25m	118-11
11 Kittelmann, Jamilea	SO Msu Billings	36.95m	35.87m	117-08
12 Dzhidzhieshvil, Alla	SO Northwest Na	36.19m	35.72m	117-02
13 Smith, Marie	SR Northwest Na	36.26m	32.81m	107-08
14 Stueckle, Jordan	SR Central Wash	36.44m	31.39m	103-00
-- Halvorson, Alexi	SR Msu Billings	41.01m	FOUL	

Women Hammer Throw

Name	Year School	Seed	Finals	Points
1 Self, Torrie	SR Central Wash	55.58m	53.48m	175-05 10
2 Wells, Lindsay	FR Western Wash	47.17m	50.00m	164-00 8
3 Dranginis, Carly	SO Northwest Na	46.73m	48.62m	159-06 6
4 Shute, Shayna	SR Northwest Na	46.34m	47.78m	156-09 5
5 Warrington, Joy	JR Northwest Na	42.84m	46.77m	153-05 4
6 Stueckle, Jordan	SR Central Wash	47.01m	46.40m	152-03 3
7 Knispel, Anica	FR Msu Billings	45.02m	43.83m	143-09 2
8 Hedrick, Alicia	SO Northwest Na	42.30m	42.99m	141-00 1
9 Baumstark, Kaylee	SO Central Wash	42.05m	41.61m	136-06
10 Korn, Jacque	FR Central Wash	40.49m	29.72m	97-06

Women Javelin Throw

Name	Year School	Seed	Finals	Points
1 Gruszecki, Monika	SR Western Wash	45.87m	47.83m	156-11 10
2 Aanstad, Brittany	JR Seattle Paci	48.58m	45.55m	149-05 8
3 Schumaker, Amanda	SO Western Oreg	44.45m	44.99m	147-07 6
4 Andrews, Carly	JR Seattle Paci	43.85m	41.66m	136-08 5
5 Stuart, Michelle	SO Simon Fraser	40.53m	40.36m	132-05 4
6 Mosher, Justine	FR Western Oreg	37.92m	40.00m	131-03 3
7 Church, Seabre	FR Western Oreg	38.45m	39.94m	131-00 2
8 Gross, Katy	SO Seattle Paci	38.23m	39.01m	128-00 1
9 Tri, Brittany	SR Seattle Paci	38.07m	38.86m	127-06
10 Hull, Samantha	SO St. Martin's	41.41m	37.92m	124-05
11 Pike, Jennifer	SR Seattle Paci	37.43m	36.26m	118-11
12 Vonarx, Laura	SR Northwest Na	34.59m	32.75m	107-05

Team Scores

1. Seattle Pacific 206.5	2. Western Washington 121
3. Western Oregon 109	4. Central Washington 97
5. Northwest Nazarene 88.5	6. Alaska Anchorage 86
7. Simon Fraser 79	8. Montana State Billings 21
9. Saint Martin's 15	