

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

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**RESULTS****#4 Men's 100 Meters**

|                   |       |                       |                    |      |
|-------------------|-------|-----------------------|--------------------|------|
| % Championship    | 10.43 | Anthony Wright        | Central Washington | 2010 |
| # GNAC            | 10.22 | Alex Donigian         | Western Washington | 2015 |
| \$ McArthur Field | 10.33 | Jean Olivier-Zirignon |                    | 1993 |

**12:10 PM (Day 2):****Finals**

Wind: (-1.5)

| Pl | Name                 | Yr | Team               | Time  | Note | Pts |
|----|----------------------|----|--------------------|-------|------|-----|
| 1  | Donigian, Alex       | SR | Western Washington | 10.66 |      | 10  |
| 2  | Warner, Cody         | SO | Western Oregon     | 11.02 |      | 8   |
| 3  | Ortiz, Carlos        | SO | Concordia (Ore.)   | 11.10 |      | 6   |
| 4  | Ooley, Kyler         | FR | Central Washington | 11.19 |      | 5   |
| 5  | Gray, Darrion        | SO | Alaska Anchorage   | 11.22 |      | 4   |
| 6  | Tsygankov, Vladislav | SO | Simon Fraser       | 11.30 |      | 3   |
| 7  | Swayne, Latrelle     | JR | Saint Martin's     | 11.35 |      | 2   |
| 8  | Thomas, Cody         | SR | Alaska Anchorage   | 11.45 |      | 1   |

**4:20 PM (Day 1): (Top 1 per Heat + next 5 advance)****Prelims**

| Pl | Name                 | Yr | Team               | Time          | Note   | H(Pl) |
|----|----------------------|----|--------------------|---------------|--------|-------|
| 1  | Donigian, Alex       | SR | Western Washington | 10.65Q        | (-1.5) | 3(1)  |
| 2  | Warner, Cody         | SO | Western Oregon     | 10.81Q        | (-2.6) | 2(1)  |
| 3  | Ortiz, Carlos        | SO | Concordia (Ore.)   | 10.98Q        | (-1.6) | 1(1)  |
| 4  | Gray, Darrion        | SO | Alaska Anchorage   | 11.03q        | (-1.5) | 3(2)  |
| 5  | Thomas, Cody         | SR | Alaska Anchorage   | 11.07q        | (-2.6) | 2(2)  |
| 6  | Tsygankov, Vladislav | SO | Simon Fraser       | 11.08q        | (-2.6) | 2(3)  |
| 7  | Swayne, Latrelle     | JR | Saint Martin's     | 11.10q 11.095 | (-1.6) | 1(2)  |
| 8  | Ooley, Kyler         | FR | Central Washington | 11.10q 11.097 | (-1.5) | 3(3)  |
| 9  | Jones, Daniel        | FR | Western Washington | 11.21         | (-2.6) | 2(4)  |
| 10 | Todd, Jordan         | SR | Central Washington | 11.26         | (-1.5) | 3(4)  |
| 11 | Steuk, Garret        | SO | Central Washington | 11.32         | (-1.6) | 1(3)  |
| 12 | He, Jerry            | SR | Simon Fraser       | 11.42         | (-2.6) | 2(5)  |
| 13 | Hand, Jackson        | FR | Saint Martin's     | 11.46         | (-1.6) | 1(4)  |
| 14 | Knox, Stedman        | FR | Western Washington | 11.48         | (-1.6) | 1(5)  |
| 15 | Kelly, Devin         | SO | Central Washington | 11.49         | (-1.5) | 3(5)  |
| 16 | Dildine, Ian         | JR | Central Washington | 11.50         | (-1.6) | 1(6)  |
| 17 | Shay, Kaelen         | FR | MSU-Billings       | 11.55         | (-2.6) | 2(6)  |
| 18 | Manago, Anthony      | SO | Saint Martin's     | 11.63         | (-1.5) | 3(6)  |
| 19 | Jones, Eric          | FR | Alaska Anchorage   | 12.73         | (-1.5) | 3(7)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name             | Yr | Team               | Time          | Note |
|--------------------|------------------|----|--------------------|---------------|------|
| <b>Heat 1 of 3</b> |                  |    |                    |               |      |
| Wind: (-1.6)       |                  |    |                    |               |      |
| 1                  | Ortiz, Carlos    | SO | Concordia (Ore.)   | 10.98Q        |      |
| 2                  | Swayne, Latrelle | JR | Saint Martin's     | 11.10q 11.095 |      |
| 3                  | Steuk, Garret    | SO | Central Washington | 11.32         |      |
| 4                  | Hand, Jackson    | FR | Saint Martin's     | 11.46         |      |
| 5                  | Knox, Stedman    | FR | Western Washington | 11.48         |      |

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**RESULTS****#4 Men's 100 Meters (cont'd)****Prelims**

| Pl | Name         | Yr | Team               | Time  | Note |
|----|--------------|----|--------------------|-------|------|
| 6  | Dildine, Ian | JR | Central Washington | 11.50 |      |

**Heat 2 of 3**

Wind: (-2.6)

|   |                      |    |                    |        |  |
|---|----------------------|----|--------------------|--------|--|
| 1 | Warner, Cody         | SO | Western Oregon     | 10.81Q |  |
| 2 | Thomas, Cody         | SR | Alaska Anchorage   | 11.07q |  |
| 3 | Tsygankov, Vladislav | SO | Simon Fraser       | 11.08q |  |
| 4 | Jones, Daniel        | FR | Western Washington | 11.21  |  |
| 5 | He, Jerry            | SR | Simon Fraser       | 11.42  |  |
| 6 | Shay, Kaelen         | FR | MSU-Billings       | 11.55  |  |

**Heat 3 of 3**

Wind: (-1.5)

|   |                 |    |                    |        |        |
|---|-----------------|----|--------------------|--------|--------|
| 1 | Donigian, Alex  | SR | Western Washington | 10.65Q |        |
| 2 | Gray, Darrion   | SO | Alaska Anchorage   | 11.03q |        |
| 3 | Ooley, Kyler    | FR | Central Washington | 11.10q | 11.097 |
| 4 | Todd, Jordan    | SR | Central Washington | 11.26  |        |
| 5 | Kelly, Devin    | SO | Central Washington | 11.49  |        |
| 6 | Manago, Anthony | SO | Saint Martin's     | 11.63  |        |
| 7 | Jones, Eric     | FR | Alaska Anchorage   | 12.73  |        |

**#6 Men's 200 Meters**

|    |                |       |                 |                    |      |
|----|----------------|-------|-----------------|--------------------|------|
| #  | GNAC           | 20.93 | Alex Donigian   | Western Washington | 2016 |
| \$ | McArthur Field | 21.32 | Tyrell Williams | Western Oregon     | 2014 |
| %  | Championship   | 21.32 | Rimar Christie  | Northwest Nazarene | 2013 |
| %  | Championship   | 21.32 | Tyrell Williams | Western Oregon     | 2014 |

**1:00 PM (Day 2):****Finals**

Wind: (-2.4)

| Pl | Name             | Yr | Team               | Time  | Note | Pts |
|----|------------------|----|--------------------|-------|------|-----|
| 1  | Donigian, Alex   | SR | Western Washington | 21.82 |      | 10  |
| 2  | Ortiz, Carlos    | SO | Concordia (Ore.)   | 22.38 |      | 8   |
| 3  | Gray, Darrion    | SO | Alaska Anchorage   | 22.56 |      | 6   |
| 4  | Hand, Jackson    | FR | Saint Martin's     | 22.70 |      | 5   |
| 5  | Thomas, Cody     | SR | Alaska Anchorage   | 22.86 |      | 4   |
| 6  | Lindsay, Liam    | SO | Alaska Anchorage   | 22.90 |      | 3   |
| 7  | Swayne, Latrelle | JR | Saint Martin's     | 23.40 |      | 2   |
| 8  | Warner, Cody     | SO | Western Oregon     | 23.51 |      | 1   |

**5:50 PM (Day 1): (Top 1 per Heat + next 5 advance)****Prelims**

| Pl | Name             | Yr | Team               | Time   | Note          | H(Pl) |
|----|------------------|----|--------------------|--------|---------------|-------|
| 1  | Donigian, Alex   | SR | Western Washington | 21.44Q | (-1.0)        | 3(1)  |
| 2  | Warner, Cody     | SO | Western Oregon     | 22.01Q | (-3.0)        | 1(1)  |
| 3  | Ortiz, Carlos    | SO | Concordia (Ore.)   | 22.03Q | (-1.8)        | 2(1)  |
| 4  | Thomas, Cody     | SR | Alaska Anchorage   | 22.13q | (-1.8)        | 2(2)  |
| 5  | Gray, Darrion    | SO | Alaska Anchorage   | 22.18q | (-3.0)        | 1(2)  |
| 6  | Lindsay, Liam    | SO | Alaska Anchorage   | 22.27q | (-1.0)        | 3(2)  |
| 7  | Hand, Jackson    | FR | Saint Martin's     | 22.37q | (-1.8)        | 2(3)  |
| 8  | Swayne, Latrelle | JR | Saint Martin's     | 22.45q | (-1.0)        | 3(3)  |
| 9  | Camara, Ebu      | SO | Northwest Nazarene | 22.49  | 22.482 (-1.8) | 2(4)  |

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**RESULTS****#6 Men's 200 Meters (cont'd)**

5:50 PM (Day 1): (Top 1 per Heat + next 5 advance)

**Prelims**

| Pl Name              | Yr Team               | Time  | Note          | H(Pl) |
|----------------------|-----------------------|-------|---------------|-------|
| 10 Jones, Daniel     | FR Western Washington | 22.49 | 22.485 (-1.0) | 3(4)  |
| 11 Todd, Jordan      | SR Central Washington | 22.65 | (-3.0)        | 1(3)  |
| 12 Remington, Daniel | FR Alaska Anchorage   | 22.72 | (-1.8)        | 2(5)  |
| 13 Ooley, Kyler      | FR Central Washington | 22.79 | 22.781 (-1.8) | 2(6)  |
| 14 Kelly, Devin      | SO Central Washington | 22.79 | 22.789 (-3.0) | 1(4)  |
| 15 Knox, Stedman     | FR Western Washington | 22.90 | (-1.8)        | 2(7)  |
| 16 Mason, Zach       | SO Northwest Nazarene | 23.11 | (-1.0)        | 3(5)  |
| 17 Woods, Devonte    | JR Western Oregon     | 23.25 | (-3.0)        | 1(5)  |
| 18 Shay, Kaelen      | FR MSU-Billings       | 23.51 | (-1.0)        | 3(6)  |

**HEAT RESULTS****Prelims**

| Pl Name             | Yr Team               | Time                | Note   |
|---------------------|-----------------------|---------------------|--------|
| <b>Heat 1 of 3</b>  |                       | <b>Wind: (-3.0)</b> |        |
| 1 Warner, Cody      | SO Western Oregon     | 22.01q              |        |
| 2 Gray, Darrion     | SO Alaska Anchorage   | 22.18q              |        |
| 3 Todd, Jordan      | SR Central Washington | 22.65               |        |
| 4 Kelly, Devin      | SO Central Washington | 22.79               | 22.789 |
| 5 Woods, Devonte    | JR Western Oregon     | 23.25               |        |
| <b>Heat 2 of 3</b>  |                       | <b>Wind: (-1.8)</b> |        |
| 1 Ortiz, Carlos     | SO Concordia (Ore.)   | 22.03q              |        |
| 2 Thomas, Cody      | SR Alaska Anchorage   | 22.13q              |        |
| 3 Hand, Jackson     | FR Saint Martin's     | 22.37q              |        |
| 4 Camara, Ebu       | SO Northwest Nazarene | 22.49               | 22.482 |
| 5 Remington, Daniel | FR Alaska Anchorage   | 22.72               |        |
| 6 Ooley, Kyler      | FR Central Washington | 22.79               | 22.781 |
| 7 Knox, Stedman     | FR Western Washington | 22.90               |        |
| <b>Heat 3 of 3</b>  |                       | <b>Wind: (-1.0)</b> |        |
| 1 Donigian, Alex    | SR Western Washington | 21.44q              |        |
| 2 Lindsay, Liam     | SO Alaska Anchorage   | 22.27q              |        |
| 3 Swayne, Latrelle  | JR Saint Martin's     | 22.45q              |        |
| 4 Jones, Daniel     | FR Western Washington | 22.49               | 22.485 |
| 5 Mason, Zach       | SO Northwest Nazarene | 23.11               |        |
| 6 Shay, Kaelen      | FR MSU-Billings       | 23.51               |        |

**#8 Men's 400 Meters**

|                   |       |                |                       |      |
|-------------------|-------|----------------|-----------------------|------|
| % Championship    | 47.55 | Ethan Hewitt   | Alaska Anchorage      | 2012 |
| # GNAC            | 47.51 | Ethan Hewitt   | Alaska Anchorage      | 2011 |
| \$ McArthur Field | 47.23 | Korey Thieleke | High Performance West | 2016 |

12:00 PM (Day 2):

**Finals**

| Pl Name            | Yr Team               | Time  | Note | Pts |
|--------------------|-----------------------|-------|------|-----|
| 1 Kelloway, Daniel | JR Simon Fraser       | 48.02 |      | 10  |
| 2 Whitaker, Aaron  | JR Western Oregon     | 48.26 |      | 8   |
| 3 McArthur, Ryan   | JR Western Washington | 48.54 |      | 6   |

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**RESULTS****#8 Men's 400 Meters (cont'd)**

12:00 PM (Day 2):

**Finals**

| Pl | Name              | Yr | Team             | Time  | Note | Pts |
|----|-------------------|----|------------------|-------|------|-----|
| 4  | Lindsay, Liam     | SO | Alaska Anchorage | 48.66 |      | 5   |
| 5  | Taylor, Nicholas  | FR | Alaska Anchorage | 48.76 |      | 4   |
| 6  | Commandeur, Adam  | JR | Alaska Anchorage | 49.02 |      | 3   |
| 7  | Remington, Daniel | FR | Alaska Anchorage | 49.53 |      | 2   |
| 8  | Ramsey, Justin    | JR | Seattle Pacific  | 50.18 |      | 1   |

3:50 PM (Day 1): (Top 1 per Heat + next 6 advance)

**Prelims**

| Pl | Name                | Yr | Team               | Time  | Note   | H(Pl) |
|----|---------------------|----|--------------------|-------|--------|-------|
| 1  | Lindsay, Liam       | SO | Alaska Anchorage   | 48.05 | Q      | 2(1)  |
| 2  | Kelloway, Daniel    | JR | Simon Fraser       | 48.17 | q      | 2(2)  |
| 3  | Whitaker, Aaron     | JR | Western Oregon     | 48.45 | Q      | 1(1)  |
| 4  | Taylor, Nicholas    | FR | Alaska Anchorage   | 48.57 | q      | 2(3)  |
| 5  | Commandeur, Adam    | JR | Alaska Anchorage   | 48.64 | q      | 1(2)  |
| 6  | McArthur, Ryan      | JR | Western Washington | 48.88 | q      | 1(3)  |
| 7  | Remington, Daniel   | FR | Alaska Anchorage   | 49.37 | q      | 2(4)  |
| 8  | Ramsey, Justin      | JR | Seattle Pacific    | 49.92 | q      | 1(4)  |
| 9  | Hutchinson, Michael | SR | Simon Fraser       | 50.06 |        | 1(5)  |
| 10 | Vettrus, James      | SO | Western Oregon     | 50.31 |        | 1(6)  |
| 11 | Hand, Jackson       | FR | Saint Martin's     | 50.38 |        | 1(7)  |
| 12 | Lovercamp, Reid     | FR | Western Washington | 50.48 | 50.471 | 2(5)  |
| 13 | Vanderby, Nathan    | JR | MSU-Billings       | 50.48 | 50.475 | 2(5)  |
| 14 | Arndt, Darren       | JR | Central Washington | 51.46 |        | 2(7)  |
| 15 | Karamanian, Jacob   | SR | Simon Fraser       | 52.02 |        | 2(8)  |
| 16 | Powers, Tyler       | FR | Concordia (Ore.)   | 52.56 |        | 1(8)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name                | Yr | Team               | Time  | Note   |
|--------------------|---------------------|----|--------------------|-------|--------|
| <b>Heat 1 of 2</b> |                     |    |                    |       |        |
| 1                  | Whitaker, Aaron     | JR | Western Oregon     | 48.45 | Q      |
| 2                  | Commandeur, Adam    | JR | Alaska Anchorage   | 48.64 | q      |
| 3                  | McArthur, Ryan      | JR | Western Washington | 48.88 | q      |
| 4                  | Ramsey, Justin      | JR | Seattle Pacific    | 49.92 | q      |
| 5                  | Hutchinson, Michael | SR | Simon Fraser       | 50.06 |        |
| 6                  | Vettrus, James      | SO | Western Oregon     | 50.31 |        |
| 7                  | Hand, Jackson       | FR | Saint Martin's     | 50.38 |        |
| 8                  | Powers, Tyler       | FR | Concordia (Ore.)   | 52.56 |        |
| <b>Heat 2 of 2</b> |                     |    |                    |       |        |
| 1                  | Lindsay, Liam       | SO | Alaska Anchorage   | 48.05 | Q      |
| 2                  | Kelloway, Daniel    | JR | Simon Fraser       | 48.17 | q      |
| 3                  | Taylor, Nicholas    | FR | Alaska Anchorage   | 48.57 | q      |
| 4                  | Remington, Daniel   | FR | Alaska Anchorage   | 49.37 | q      |
| 5                  | Lovercamp, Reid     | FR | Western Washington | 50.48 | 50.471 |

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**RESULTS****#8 Men's 400 Meters (cont'd)****Prelims**

| Pl | Name              | Yr | Team               | Time  | Note   |
|----|-------------------|----|--------------------|-------|--------|
| 5  | Vanderby, Nathan  | JR | MSU-Billings       | 50.48 | 50.475 |
| 7  | Arndt, Darren     | JR | Central Washington | 51.46 |        |
| 8  | Karamanian, Jacob | SR | Simon Fraser       | 52.02 |        |

**#9 Men's 800 Meters**

|    |                |         |                |                    |      |
|----|----------------|---------|----------------|--------------------|------|
| %  | Championship   | 1:49.31 | Paul Mach      | Seattle Pacific    | 2005 |
| #  | GNAC           | 1:14.31 | Paul Mach      | Seattle Pacific    | 2005 |
| \$ | McArthur Field | 1:49.03 | Shannon Lemora | NIKE International | 1995 |

**12:20 PM (Day 2):****Finals**

| Pl | Name  | Yr | Team             | Time    | Note | Pts |
|----|---|----|------------------|---------|------|-----|
| 1  | Sultessa, Badane<br>58.825 (58.825) 1:54.386 (55.562)   | SR | Western Oregon   | 1:54.39 |      | 10  |
| 2  | Proceviat, Cameron<br>59.489 (59.489) 1:54.556 (55.068) | SR | Simon Fraser     | 1:54.56 |      | 8   |
| 3  | Hanna, Josh<br>59.095 (59.095) 1:54.766 (55.672)        | SR | Western Oregon   | 1:54.77 |      | 6   |
| 4  | Day, Joe<br>59.517 (59.517) 1:54.949 (55.433)           | JR | Alaska Anchorage | 1:54.95 |      | 5   |
| 5  | Kipchumba, Nathan<br>58.832 (58.832) 1:55.652 (56.821)  | SO | Alaska Anchorage | 1:55.66 |      | 4   |
| 6  | Speidel, Paris<br>59.053 (59.053) 1:56.049 (56.997)     | JR | Concordia (Ore.) | 1:56.05 |      | 3   |
| 7  | Vargas, Carlos<br>59.687 (59.687) 1:57.080 (57.394)     | FR | Simon Fraser     | 1:57.08 |      | 2   |
|    | Dempsey, Josh   | JR | Western Oregon   |         | DQ   |     |

**4:50 PM (Day 1): (Top 2 per Heat + next 2 advance)****Prelims**

| Pl | Name   | Yr | Team             | Time     | Note | H(Pl) |
|----|--|----|------------------|----------|------|-------|
| 1  | Sultessa, Badane<br>54.430 (54.430) 1:51.321   | SR | Western Oregon   | 1:51.33Q |      | 3(1)  |
| 2  | Dempsey, Josh<br>57.547 (57.547) 1:53.444      | JR | Western Oregon   | 1:53.45Q |      | 2(1)  |
| 3  | Proceviat, Cameron<br>55.147 (55.147) 1:53.517 | SR | Simon Fraser     | 1:53.52Q |      | 3(2)  |
| 4  | Kipchumba, Nathan<br>56.459 (56.459) 1:53.727  | SO | Alaska Anchorage | 1:53.73Q |      | 1(1)  |
| 5  | Hanna, Josh<br>56.689 (56.689) 1:53.841        | SR | Western Oregon   | 1:53.85Q |      | 1(2)  |
| 6  | Day, Joe<br>58.095 (58.095) 1:53.962           | JR | Alaska Anchorage | 1:53.97Q |      | 2(2)  |
| 7  | Vargas, Carlos<br>58.205 (58.205) 1:54.137     | FR | Simon Fraser     | 1:54.14q |      | 2(3)  |
| 8  | Speidel, Paris<br>56.972 (56.972) 1:54.873     | JR | Concordia (Ore.) | 1:54.88q |      | 1(3)  |

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**RESULTS****#9 Men's 800 Meters (cont'd)**

4:50 PM (Day 1): (Top 2 per Heat + next 2 advance)

**Prelims**

| Pl | Name                                 | Yr | Team                  | Time    | Note | H(Pl) |
|----|--------------------------------------|----|-----------------------|---------|------|-------|
| 9  | Miller, Jesse<br>54.663 (54.663)     |    | SR Alaska Anchorage   | 1:54.93 |      | 3(3)  |
| 10 | Crowell, Ben<br>57.804 (57.804)      |    | FR Western Washington | 1:55.75 |      | 2(4)  |
| 11 | Spiller, Keaton<br>55.785 (55.785)   |    | FR Western Washington | 1:55.82 |      | 3(4)  |
| 12 | Phan, Jesse<br>55.961 (55.961)       |    | FR Seattle Pacific    | 1:56.31 |      | 3(5)  |
| 13 | Leaf, Ron<br>57.444 (57.444)         |    | SO Central Washington | 1:57.24 |      | 1(4)  |
| 14 | Messina, Philip<br>56.937 (56.937)   |    | JR Alaska Anchorage   | 1:57.99 |      | 1(5)  |
| 15 | Soik, Joe<br>57.889 (57.889)         |    | SR Western Oregon     | 1:58.08 |      | 2(5)  |
| 16 | Freinhofer, Dylan<br>58.158 (58.158) |    | JR Simon Fraser       | 1:59.04 |      | 2(6)  |
| 17 | Jones, Tyler<br>58.073 (58.073)      |    | FR Western Oregon     | 1:59.31 |      | 1(6)  |
| 18 | McLeod, David<br>57.824 (57.824)     |    | SO Seattle Pacific    | 2:00.45 |      | 3(6)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name                                 | Yr | Team                  | Time     | Note |
|--------------------|--------------------------------------|----|-----------------------|----------|------|
| <b>Heat 1 of 3</b> |                                      |    |                       |          |      |
| 1                  | Kipchumba, Nathan<br>56.459 (56.459) |    | SO Alaska Anchorage   | 1:53.727 |      |
| 2                  | Hanna, Josh<br>56.689 (56.689)       |    | SR Western Oregon     | 1:53.841 |      |
| 3                  | Speidel, Paris<br>56.972 (56.972)    |    | JR Concordia (Ore.)   | 1:54.88q |      |
| 4                  | Leaf, Ron<br>57.444 (57.444)         |    | SO Central Washington | 1:57.24  |      |
| 5                  | Messina, Philip<br>56.937 (56.937)   |    | JR Alaska Anchorage   | 1:57.99  |      |
| 6                  | Jones, Tyler<br>58.073 (58.073)      |    | FR Western Oregon     | 1:59.31  |      |
| <b>Heat 2 of 3</b> |                                      |    |                       |          |      |
| 1                  | Dempsey, Josh<br>57.547 (57.547)     |    | JR Western Oregon     | 1:53.45Q |      |
| 2                  | Day, Joe<br>58.095 (58.095)          |    | JR Alaska Anchorage   | 1:53.97Q |      |
| 3                  | Vargas, Carlos<br>58.205 (58.205)    |    | FR Simon Fraser       | 1:54.14q |      |

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**RESULTS****#9 Men's 800 Meters (cont'd)****Prelims**

| Pl | Name                                 | Yr | Team                  | Time     | Note |
|----|--------------------------------------|----|-----------------------|----------|------|
| 4  | Crowell, Ben<br>57.804 (57.804)      |    | FR Western Washington | 1:55.745 |      |
| 5  | Soik, Joe<br>57.889 (57.889)         |    | SR Western Oregon     | 1:58.08  |      |
| 6  | Freinhofer, Dylan<br>58.158 (58.158) |    | JR Simon Fraser       | 1:59.04  |      |

**Heat 3 of 3**

|   |                                       |  |                       |          |  |
|---|---------------------------------------|--|-----------------------|----------|--|
| 1 | Sultessa, Badane<br>54.430 (54.430)   |  | SR Western Oregon     | 1:51.321 |  |
| 2 | Proceviat, Cameron<br>55.147 (55.147) |  | SR Simon Fraser       | 1:53.517 |  |
| 3 | Miller, Jesse<br>54.663 (54.663)      |  | SR Alaska Anchorage   | 1:54.922 |  |
| 4 | Spiller, Keaton<br>55.785 (55.785)    |  | FR Western Washington | 1:55.82  |  |
| 5 | Phan, Jesse<br>55.961 (55.961)        |  | FR Seattle Pacific    | 1:56.31  |  |
| 6 | McLeod, David<br>57.824 (57.824)      |  | SO Seattle Pacific    | 2:00.450 |  |

**#11 Men's 1500 Meters**

|    |                |         |                |                  |      |
|----|----------------|---------|----------------|------------------|------|
| %  | Championship   | 3:49.03 | Alfred Kangogo | Alaska Anchorage | 2010 |
| #  | GNAC           | 3:43.61 | David Ribich   | Western Oregon   | 2016 |
| \$ | McArthur Field | 3:46.74 | Jim Howarth    |                  | 1997 |

**11:10 AM (Day 2):**

| Pl | Name                                     | Yr | Team                  | Time    | Note                       | H(Pl) | Pts |
|----|--|----|-----------------------|---------|----------------------------|-------|-----|
| 1  | Ribich, David<br>51.227 (51.227)         |    | SO Western Oregon     | 3:54.18 | 2:55.973 3:54.172 (58.199) | 2(1)  | 10  |
| 2  | Proceviat, Cameron<br>51.047 (51.047)    |    | SR Simon Fraser       | 3:54.38 | 2:56.979 3:54.379 (57.401) | 2(2)  | 8   |
| 3  | Rouleau, Marc-Antoine<br>50.737 (50.737) |    | JR Simon Fraser       | 3:55.26 | 2:55.743 3:55.260 (59.518) | 2(3)  | 6   |
| 4  | Peterson, Robert<br>51.397 (51.397)      |    | SR MSU-Billings       | 3:55.27 | 2:57.348 3:55.267 (57.920) | 2(4)  | 5   |
| 5  | Mitchell, Isaac<br>46.033 (46.033)       |    | SO Northwest Nazarene | 3:57.20 | 2:54.950 3:57.200          | 1(1)  | 4   |
| 6  | Naffziger, Sam<br>51.278 (51.278)        |    | SR Western Oregon     | 3:57.38 | 2:56.449 3:57.371          | 2(5)  | 3   |
| 7  | Mendenhall, Michael<br>50.944 (50.944)   |    | JR Alaska Anchorage   | 3:59.00 | 2:57.718 3:58.994          | 2(6)  | 2   |
| 8  | Brown, Dylan<br>50.270 (50.270)          |    | SR Western Washington | 3:59.10 | 2:56.930 3:59.097          | 2(7)  | 1   |
| 9  | Giese, Logan<br>45.908 (45.908)          |    | SO Western Washington | 3:59.55 | 2:55.246 3:59.542          | 1(2)  |     |
| 10 | Tadesse, Ephraim<br>51.064 (51.064)      |    | SO Simon Fraser       | 4:00.45 | 2:57.300 4:00.444          | 2(8)  |     |

**GNAC CHAMPIONSHIPS**

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**Timing:**

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**RESULTS****#11 Men's 1500 Meters (cont'd)****11:10 AM (Day 2):**

| Pl | Name              |          |          | Yr | Team                | Time    | Note | H(Pl) | Pts |
|----|-------------------|----------|----------|----|---------------------|---------|------|-------|-----|
| 11 | Kipchumba, Nathan |          |          |    | SO Alaska Anchorage | 4:01.10 |      | 2(9)  |     |
|    | 50.507 (50.507)   | 1:55.329 | 2:56.650 |    | 4:01.099            |         |      |       |     |
| 12 | Gravel, Phillipe  |          |          |    | JR Simon Fraser     | 4:02.18 |      | 2(10) |     |
|    | 50.727 (50.727)   | 1:55.493 | 2:56.408 |    | 4:02.175            |         |      |       |     |
| 13 | Cornish, David    |          |          |    | JR Western Oregon   | 4:04.88 |      | 1(3)  |     |
|    | 46.492 (46.492)   | 1:51.653 | 2:59.581 |    | 4:04.880            |         |      |       |     |
| 14 | Avischious, Adam  |          |          |    | SR Seattle Pacific  | 4:10.32 |      | 1(4)  |     |
|    | 46.182 (46.182)   | 1:51.337 | 2:59.870 |    | 4:10.317            |         |      |       |     |
| 15 | Messina, Philip   |          |          |    | JR Alaska Anchorage | 4:11.06 |      | 1(5)  |     |
|    | 46.397 (46.397)   | 1:51.587 | 3:00.127 |    | 4:11.051            |         |      |       |     |
| 16 | Kirkov, Roman     |          |          |    | SR Concordia (Ore.) | 4:18.00 |      | 1(6)  |     |
|    | 46.725 (46.725)   | 1:52.418 | 3:03.452 |    | 4:17.996            |         |      |       |     |
|    | Livermore, Ethan  |          |          |    | JR Concordia (Ore.) | DNF     |      | 1     |     |

**SECTION RESULTS**

| Pl                    | Name                  |          |          | Yr | Team                  | Time    | Note |
|-----------------------|-----------------------|----------|----------|----|-----------------------|---------|------|
| <b>Section 1 of 2</b> |                       |          |          |    |                       |         |      |
| 1                     | Mitchell, Isaac       |          |          |    | SO Northwest Nazarene | 3:57.20 |      |
|                       | 46.033 (46.033)       | 1:50.473 | 2:54.950 |    | 3:57.200              |         |      |
| 2                     | Giese, Logan          |          |          |    | SO Western Washington | 3:59.55 |      |
|                       | 45.908 (45.908)       | 1:50.721 | 2:55.246 |    | 3:59.542              |         |      |
| 3                     | Cornish, David        |          |          |    | JR Western Oregon     | 4:04.88 |      |
|                       | 46.492 (46.492)       | 1:51.653 | 2:59.581 |    | 4:04.880              |         |      |
| 4                     | Avischious, Adam      |          |          |    | SR Seattle Pacific    | 4:10.32 |      |
|                       | 46.182 (46.182)       | 1:51.337 | 2:59.870 |    | 4:10.317              |         |      |
| 5                     | Messina, Philip       |          |          |    | JR Alaska Anchorage   | 4:11.06 |      |
|                       | 46.397 (46.397)       | 1:51.587 | 3:00.127 |    | 4:11.051              |         |      |
| 6                     | Kirkov, Roman         |          |          |    | SR Concordia (Ore.)   | 4:18.00 |      |
|                       | 46.725 (46.725)       | 1:52.418 | 3:03.452 |    | 4:17.996              |         |      |
|                       | Livermore, Ethan      |          |          |    | JR Concordia (Ore.)   | DNF     |      |
| <b>Section 2 of 2</b> |                       |          |          |    |                       |         |      |
| 1                     | Ribich, David         |          |          |    | SO Western Oregon     | 3:54.18 |      |
|                       | 51.227 (51.227)       | 1:55.587 | 2:55.973 |    | 3:54.172              |         |      |
| 2                     | Proceviat, Cameron    |          |          |    | SR Simon Fraser       | 3:54.38 |      |
|                       | 51.047 (51.047)       | 1:55.667 | 2:56.979 |    | 3:54.379              |         |      |
| 3                     | Rouleau, Marc-Antoine |          |          |    | JR Simon Fraser       | 3:55.26 |      |
|                       | 50.737 (50.737)       | 1:55.274 | 2:55.743 |    | 3:55.260              |         |      |
| 4                     | Peterson, Robert      |          |          |    | SR MSU-Billings       | 3:55.27 |      |
|                       | 51.397 (51.397)       | 1:55.431 | 2:57.348 |    | 3:55.267              |         |      |
| 5                     | Naffziger, Sam        |          |          |    | SR Western Oregon     | 3:57.38 |      |
|                       | 51.278 (51.278)       | 1:55.604 | 2:56.449 |    | 3:57.371              |         |      |
| 6                     | Mendenhall, Michael   |          |          |    | JR Alaska Anchorage   | 3:59.00 |      |
|                       | 50.944 (50.944)       | 1:55.656 | 2:57.718 |    | 3:58.994              |         |      |
| 7                     | Brown, Dylan          |          |          |    | SR Western Washington | 3:59.10 |      |
|                       | 50.270 (50.270)       | 1:55.302 | 2:56.930 |    | 3:59.097              |         |      |



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**RESULTS****#11 Men's 1500 Meters (cont'd)**

| Pl | Name              | Yr       | Team                | Time     | Note |
|----|-------------------|----------|---------------------|----------|------|
| 8  | Tadesse, Ephraim  |          | SO Simon Fraser     | 4:00.45  |      |
|    | 51.064 (51.064)   | 1:55.768 | 2:57.300            | 4:00.444 |      |
| 9  | Kipchumba, Nathan |          | SO Alaska Anchorage | 4:01.10  |      |
|    | 50.507 (50.507)   | 1:55.329 | 2:56.650            | 4:01.099 |      |
| 10 | Gravel, Phillipe  |          | JR Simon Fraser     | 4:02.18  |      |
|    | 50.727 (50.727)   | 1:55.493 | 2:56.408            | 4:02.175 |      |

**#13 Men's 5000 Meters**

|    |                |          |               |                  |      |
|----|----------------|----------|---------------|------------------|------|
| %  | Championship   | 14:29.41 | Micah Chelimo | Alaska Anchorage | 2011 |
| #  | GNAC           | 13:41.99 | Micah Chelimo | Alaska Anchorage | 2014 |
| \$ | McArthur Field | 14:29.41 | Micah Chelimo | Alaska Anchorage | 2011 |

**1:10 PM (Day 2):**

| Pl | Name              | Yr        | Team                  | Time      | Note      | Pts       |
|----|-------------------|-----------|-----------------------|-----------|-----------|-----------|
| 1  | Ramirez, Michel   |           | JR Alaska Anchorage   | 14:56.03  |           | 10        |
|    | 34.667 (34.667)   | 1:54.326  | 3:13.759              | 4:25.351  | 5:35.883  | 6:47.802  |
|    | 10:24.634         | 11:35.377 | 12:43.637             | 13:51.193 | 14:56.023 | 8:00.407  |
|    |                   |           |                       |           |           | 9:13.595  |
| 2  | Kangogo, Edwin    |           | SO Alaska Anchorage   | 14:56.04  |           | 8         |
|    | 34.327 (34.327)   | 1:53.821  | 3:13.819              | 4:25.388  | 5:35.659  | 6:47.405  |
|    | 10:24.901         | 11:35.415 | 12:43.612             | 13:51.160 | 14:56.041 | 7:59.983  |
|    |                   |           |                       |           |           | 9:13.180  |
| 3  | Cheseto, Henry    |           | SO Alaska Anchorage   | 14:56.24  |           | 6         |
|    | 34.494 (34.494)   | 1:54.103  | 3:13.745              | 4:25.676  | 5:35.926  | 6:47.660  |
|    | 10:24.879         | 11:35.470 | 12:43.726             | 13:51.302 | 14:56.236 | 8:00.097  |
|    |                   |           |                       |           |           | 9:13.169  |
| 4  | Miller, Sean      |           | FR Simon Fraser       | 14:58.51  |           | 5         |
|    | 34.633 (34.633)   | 1:54.218  | 3:14.229              | 4:25.952  | 5:36.379  | 6:48.319  |
|    | 10:25.379         | 11:35.781 | 12:44.456             | 13:53.979 | 14:58.504 | 8:00.470  |
|    |                   |           |                       |           |           | 9:13.541  |
| 5  | Wiley, Turner     |           | SR Seattle Pacific    | 15:00.68  |           | 4         |
|    | 34.475 (34.475)   | 1:54.020  | 3:13.905              | 4:25.070  | 5:35.713  | 6:47.476  |
|    | 10:24.573         | 12:44.241 | 13:54.614             | 15:00.674 |           | 8:00.167  |
|    |                   |           |                       |           |           | 9:13.333  |
| 6  | Samoei, Victor    |           | SR Alaska Anchorage   | 15:05.34  |           | 3         |
|    | 34.263 (34.263)   | 1:53.862  | 3:14.034              | 4:25.773  | 5:36.142  | 6:47.852  |
|    | 10:25.131         | 11:35.630 | 12:46.685             | 15:05.336 |           | 8:00.337  |
|    |                   |           |                       |           |           | 9:13.352  |
| 7  | Doherty, Rowan    |           | FR Simon Fraser       | 15:05.39  |           | 2         |
|    | 36.202 (36.202)   | 1:54.973  | 3:15.094              | 4:27.137  | 6:48.599  | 8:00.881  |
|    | 11:35.855         | 12:44.683 | 13:55.430             | 15:05.389 |           | 9:13.798  |
|    |                   |           |                       |           |           | 10:25.432 |
| 8  | Holloway, Zach    |           | SR Western Oregon     | 15:08.73  |           | 1         |
|    | 36.002 (36.002)   | 1:54.670  | 3:14.021              | 4:25.555  | 5:36.004  | 6:48.055  |
|    | 10:25.643         | 11:36.138 | 12:47.355             | 15:08.726 |           | 8:00.646  |
|    |                   |           |                       |           |           | 9:13.728  |
| 9  | Mitchell, Isaac   |           | SO Northwest Nazarene | 15:14.32  |           |           |
|    | 35.697 (35.697)   | 1:54.636  | 3:15.154              | 4:26.762  | 5:37.406  | 6:49.683  |
|    | 10:29.375         | 11:43.984 | 12:57.790             | 15:14.311 |           | 8:01.945  |
|    |                   |           |                       |           |           | 9:15.741  |
| 10 | Cunningham, Chase |           | JR Northwest Nazarene | 15:16.04  |           |           |
|    | 35.950 (35.950)   | 1:55.242  | 3:14.552              | 4:26.710  | 5:36.717  | 6:48.958  |
|    | 10:27.208         | 11:41.753 | 12:55.858             | 14:56.041 | 15:16.037 | 8:01.373  |
|    |                   |           |                       |           |           | 9:14.401  |
| 11 | Hayes, Dylan      |           | FR Western Washington | 15:18.13  |           |           |
|    | 35.781 (35.781)   | 1:54.486  | 3:14.652              | 4:26.433  | 5:37.206  | 6:49.330  |
|    | 10:31.804         | 11:46.630 | 13:00.873             | 15:18.128 |           | 8:02.937  |
|    |                   |           |                       |           |           | 9:17.003  |
| 12 | Gibson, Derek     |           | SR Alaska Anchorage   | 15:18.40  |           |           |

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**RESULTS****#13 Men's 5000 Meters (cont'd)****1:10 PM (Day 2):**

| Pl | Name                |           |           | Yr        | Team                  |          | Time      | Note      | Pts |
|----|---------------------|-----------|-----------|-----------|-----------------------|----------|-----------|-----------|-----|
|    | 36.291 (36.291)     | 1:55.504  | 3:15.636  | 4:29.812  | 5:40.931              | 6:54.205 | 8:07.533  | 9:21.024  |     |
|    | 10:34.992           | 11:47.730 | 13:01.690 | 15:18.398 |                       |          |           |           |     |
| 13 | Eustis, Sean        |           |           |           | SO Western Washington |          | 15:22.18  |           |     |
|    | 34.457 (34.457)     | 1:54.088  | 3:14.756  | 4:26.615  | 5:37.030              | 6:49.673 | 8:04.002  | 9:17.714  |     |
|    | 10:32.812           | 11:48.013 | 13:03.670 | 15:22.175 |                       |          |           |           |     |
| 14 | Egeland, Jorey      |           |           |           | SO MSU-Billings       |          | 15:22.54  |           |     |
|    | 37.146 (37.146)     | 1:54.854  | 3:15.227  | 4:29.281  | 5:40.909              | 6:53.813 | 8:06.803  | 9:20.718  |     |
|    | 10:33.771           | 11:46.319 | 13:00.816 | 15:22.535 |                       |          |           |           |     |
| 15 | Wise, Andrew        |           |           |           | JR Western Washington |          | 15:26.10  |           |     |
|    | 34.812 (34.812)     | 1:54.413  | 4:25.042  | 5:35.366  | 6:47.195              | 7:59.916 | 9:13.432  | 10:25.240 |     |
|    | 11:38.241           | 12:56.292 | 15:26.095 |           |                       |          |           |           |     |
| 16 | Seckel, Jared       |           |           |           | JR Concordia (Ore.)   |          | 15:26.21  |           |     |
|    | 35.436 (35.436)     | 1:54.765  | 5:36.229  | 6:48.383  | 8:00.682              | 9:13.970 | 10:27.853 | 11:44.199 |     |
|    | 12:58.934           | 15:26.210 |           |           |                       |          |           |           |     |
| 17 | Mendenhall, Michael |           |           |           | JR Alaska Anchorage   |          | 15:39.65  |           |     |
|    | 35.079 (35.079)     | 1:54.497  | 3:13.986  | 4:26.238  | 5:38.605              | 6:53.715 | 8:05.737  | 9:24.654  |     |
|    | 10:41.066           | 11:58.467 | 13:16.306 | 15:39.642 |                       |          |           |           |     |
| 18 | Love, Garrett       |           |           |           | JR MSU-Billings       |          | 15:40.25  |           |     |
|    | 36.337 (36.337)     | 1:54.727  | 3:14.622  | 4:27.606  | 5:39.459              | 6:53.951 | 8:08.052  | 9:24.407  |     |
|    | 10:39.945           | 11:56.806 | 13:13.224 | 15:40.246 |                       |          |           |           |     |
| 19 | Humphries, Tyler    |           |           |           | FR Central Washington |          | 15:41.41  |           |     |
|    | 36.905 (36.905)     | 1:55.105  | 3:14.906  | 4:28.682  | 5:40.765              | 6:54.937 | 8:09.007  | 9:24.311  |     |
|    | 10:39.742           | 11:57.785 | 13:16.559 | 15:41.402 |                       |          |           |           |     |
| 20 | de Dalmases, Mateo  |           |           |           | SO Simon Fraser       |          | 15:45.46  |           |     |
|    | 36.485 (36.485)     | 1:55.059  | 3:15.335  | 4:28.587  | 5:38.845              | 6:50.573 | 8:03.274  | 9:18.005  |     |
|    | 10:33.973           | 11:52.436 | 13:11.241 | 15:45.458 |                       |          |           |           |     |
| 21 | Lutz, Matthew       |           |           |           | SR Western Washington |          | 15:49.54  |           |     |
|    | 35.381 (35.381)     | 1:54.379  | 3:14.843  | 4:27.329  | 5:36.465              | 6:48.173 | 8:01.013  | 9:16.742  |     |
|    | 10:34.453           | 11:54.529 | 13:15.811 | 15:49.534 |                       |          |           |           |     |
| 22 | Spencer, Nick       |           |           |           | JR Central Washington |          | 15:55.35  |           |     |
|    | 36.991 (36.991)     | 1:55.219  | 3:14.940  | 4:29.435  | 5:42.169              | 6:57.052 | 8:13.400  | 9:31.105  |     |
|    | 10:49.439           | 12:08.421 | 13:28.282 | 15:55.344 |                       |          |           |           |     |
|    | Livermore, Ethan    |           |           |           | JR Concordia (Ore.)   |          | DNF       |           |     |

**#15 Men's 10000 Meters**

|    |                |          |                |                    |      |
|----|----------------|----------|----------------|--------------------|------|
| %  | Championship   | 30:25.75 | Jordan Welling | Western Washington | 2011 |
| #  | GNAC           | 28:37.75 | Micah Chelimo  | Alaska Anchorage   | 2014 |
| \$ | McArthur Field | 30:25.75 | Jordan Welling | Western Washington | 2011 |

**6:20 PM (Day 1):**

| Pl | Name           |           |           | Yr        | Team                |           | Time      | Note      | Pts |
|----|----------------|-----------|-----------|-----------|---------------------|-----------|-----------|-----------|-----|
| 1  | Samoei, Victor |           |           |           | SR Alaska Anchorage |           | 31:38.86  |           | 10  |
|    | 1:13.693       | 2:26.501  | 3:40.126  | 4:54.076  | 6:09.216            | 7:24.558  | 8:40.235  | 9:57.717  |     |
|    | 11:16.493      | 12:36.114 | 13:54.154 | 15:10.518 | 16:26.700           | 17:42.361 | 18:59.731 | 20:18.440 |     |
|    | 21:36.641      | 22:54.313 | 24:11.662 | 25:25.848 | 26:39.770           | 27:41.456 | 29:11.547 | 30:27.641 |     |
|    | 31:38.856      |           |           |           |                     |           |           |           |     |

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**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

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**RESULTS****#15 Men's 10000 Meters (cont'd)****6:20 PM (Day 1):**

| Pl | Name               | Yr Team               |           |           |           |           | Time Note |           |  | Pts |
|----|--------------------|-----------------------|-----------|-----------|-----------|-----------|-----------|-----------|--|-----|
| 2  | Cheseto, Henry     | SO Alaska Anchorage   |           |           |           |           | 31:39.02  | 31:39.01  |  | 8   |
|    | 1:12.595           | 2:25.969              | 3:39.972  | 4:53.900  | 6:09.100  | 7:24.143  | 8:40.742  | 9:58.141  |  |     |
|    | 11:16.288          | 12:35.851             | 13:53.920 | 15:10.280 | 16:26.454 | 17:42.068 | 18:59.433 | 20:18.341 |  |     |
|    | 21:36.849          | 22:54.490             | 24:11.875 | 25:25.944 | 26:39.815 | 27:56.421 | 29:11.351 | 30:27.597 |  |     |
|    | 31:39.015          |                       |           |           |           |           |           |           |  |     |
| 3  | Kangogo, Edwin     | SO Alaska Anchorage   |           |           |           |           | 31:39.02  |           |  | 6   |
|    | 1:13.448           | 2:26.255              | 3:39.841  | 4:53.796  | 6:08.427  | 7:23.910  | 8:40.467  | 9:57.977  |  |     |
|    | 11:16.750          | 12:36.369             | 13:54.434 | 15:10.585 | 16:26.546 | 17:42.244 | 18:59.614 | 20:18.614 |  |     |
|    | 21:37.022          | 22:54.364             | 24:11.714 | 25:25.832 | 26:39.759 | 27:56.379 | 29:11.499 | 30:27.632 |  |     |
|    | 31:39.020          |                       |           |           |           |           |           |           |  |     |
| 4  | Ramirez, Michel    | JR Alaska Anchorage   |           |           |           |           | 31:39.13  |           |  | 5   |
|    | 1:12.116           | 2:25.685              | 3:39.666  | 4:53.666  | 6:08.711  | 7:24.339  | 8:41.051  | 9:58.342  |  |     |
|    | 11:17.064          | 12:36.623             | 13:53.562 | 15:10.095 | 16:26.336 | 17:41.945 | 18:59.334 | 20:18.182 |  |     |
|    | 21:36.967          | 22:54.747             | 24:12.071 | 25:26.143 | 26:40.030 | 27:56.211 | 29:11.328 | 30:27.810 |  |     |
|    | 31:39.129          |                       |           |           |           |           |           |           |  |     |
| 5  | Wiley, Turner      | SR Seattle Pacific    |           |           |           |           | 31:46.77  |           |  | 4   |
|    | 1:11.739           | 2:25.370              | 3:39.391  | 4:53.333  | 6:08.202  | 7:23.674  | 8:40.038  | 9:57.518  |  |     |
|    | 11:16.099          | 12:35.518             | 13:53.283 | 15:09.845 | 16:26.161 | 17:41.831 | 18:59.144 | 20:18.079 |  |     |
|    | 21:36.540          | 22:54.257             | 24:11.890 | 25:26.534 | 26:43.224 | 28:01.188 | 29:17.817 | 30:32.986 |  |     |
|    | 31:46.762          |                       |           |           |           |           |           |           |  |     |
| 6  | Lafferty, Jonathan | FR Central Washington |           |           |           |           | 32:29.55  |           |  | 3   |
|    | 1:21.229           | 2:38.811              | 3:57.231  | 5:16.875  | 6:36.220  | 7:55.424  | 9:13.263  | 10:32.666 |  |     |
|    | 11:51.682          | 13:10.054             | 14:29.579 | 15:48.163 | 17:06.074 | 18:23.103 | 19:40.563 | 20:56.735 |  |     |
|    | 22:12.943          | 23:29.904             | 24:46.579 | 26:04.473 | 27:22.797 | 28:40.853 | 29:59.233 | 31:17.704 |  |     |
|    | 32:29.544          |                       |           |           |           |           |           |           |  |     |
| 7  | Peterson, Ryan     | SR Western Washington |           |           |           |           | 32:30.00  |           |  | 2   |
|    | 1:20.243           | 2:37.197              | 3:51.970  | 5:08.903  | 6:26.303  | 7:44.147  | 9:02.212  | 10:20.601 |  |     |
|    | 11:39.295          | 12:56.379             | 14:15.457 | 15:34.339 | 16:54.296 | 18:11.834 | 19:29.123 | 20:48.249 |  |     |
|    | 22:07.602          | 23:27.319             | 24:47.242 | 26:07.469 | 27:26.798 | 28:47.042 | 30:05.741 | 31:24.183 |  |     |
|    | 32:29.999          |                       |           |           |           |           |           |           |  |     |
| 8  | Butler, Peter      | FR Western Washington |           |           |           |           | 32:30.42  |           |  | 1   |
|    | 1:20.702           | 2:38.015              | 3:52.963  | 5:09.679  | 6:26.766  | 7:44.691  | 9:02.838  | 10:20.753 |  |     |
|    | 11:39.483          | 12:56.661             | 14:15.708 | 15:34.562 | 16:54.482 | 18:12.157 | 19:29.439 | 20:48.430 |  |     |
|    | 22:07.866          | 23:27.523             | 24:47.496 | 26:07.110 | 27:26.336 | 28:46.055 | 30:05.938 | 31:24.532 |  |     |
|    | 32:30.414          |                       |           |           |           |           |           |           |  |     |
| 9  | Boston, Josh       | SO Central Washington |           |           |           |           | 32:45.43  |           |  |     |
|    | 1:20.546           | 2:38.955              | 3:57.501  | 5:17.295  | 6:36.974  | 7:55.817  | 9:14.588  | 10:34.107 |  |     |
|    | 11:54.512          | 13:13.380             | 14:33.597 | 15:52.664 | 17:11.658 | 18:30.419 | 19:49.414 | 21:08.825 |  |     |
|    | 22:27.195          | 23:46.097             | 25:05.541 | 26:25.054 | 27:44.864 | 29:04.323 | 30:21.936 | 31:37.959 |  |     |
|    | 32:45.424          |                       |           |           |           |           |           |           |  |     |
| 10 | Fleenor, Kaleb     | SR Northwest Nazarene |           |           |           |           | 33:01.73  |           |  |     |
|    | 1:20.443           | 2:37.012              | 3:51.801  | 5:08.714  | 6:26.080  | 7:44.291  | 9:02.314  | 10:20.446 |  |     |
|    | 11:39.129          | 12:56.488             | 14:15.430 | 15:34.355 | 16:54.208 | 18:13.067 | 19:33.076 | 20:53.724 |  |     |
|    | 22:14.780          | 23:35.052             | 24:57.032 | 26:18.689 | 27:41.004 | 29:03.362 | 30:26.200 | 31:48.119 |  |     |
|    | 33:01.722          |                       |           |           |           |           |           |           |  |     |

**GNAC CHAMPIONSHIPS**

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Bob Latham

**Timing:**

Christopher Sabato

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**RESULTS****#15 Men's 10000 Meters (cont'd)****6:20 PM (Day 1):**

| PI Name                 | Yr Team               |           |           |           |           | Time Note | Pts       |
|-------------------------|-----------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 11 Love, Garrett        | JR MSU-Billings       |           |           |           |           | 33:07.77  |           |
| 1:20.741                | 2:37.745              | 3:52.694  | 5:09.320  | 6:26.958  | 7:44.831  | 9:02.978  | 10:20.926 |
| 11:39.598               | 12:56.724             | 14:15.731 | 15:34.597 | 16:54.534 | 18:13.161 | 19:31.364 | 20:51.355 |
| 22:12.509               | 23:35.599             | 24:57.731 | 26:19.951 | 27:43.204 | 29:07.745 | 30:32.009 | 31:54.519 |
| 33:07.761               |                       |           |           |           |           |           |           |
| 12 Freshwaters, Cameron | JR Western Washington |           |           |           |           | 33:57.63  |           |
| 1:20.849                | 2:37.425              | 3:52.258  | 5:09.188  | 6:26.501  | 7:44.454  | 9:02.539  | 10:20.896 |
| 11:39.893               | 12:58.709             | 14:21.294 | 15:44.488 | 17:07.540 | 18:30.117 | 19:54.255 | 21:18.262 |
| 22:42.853               | 24:08.177             | 25:34.069 | 26:59.208 | 28:24.305 | 29:50.553 | 31:14.879 | 32:37.382 |
| 33:57.629               |                       |           |           |           |           |           |           |
| 13 Lee, Hanson          | FR Central Washington |           |           |           |           | 34:14.28  |           |
| 1:21.197                | 2:38.785              | 3:57.238  | 5:17.173  | 6:36.562  | 7:55.696  | 9:13.791  | 10:33.991 |
| 11:54.768               | 13:14.394             | 14:35.765 | 15:57.184 | 17:18.877 | 18:41.938 | 20:06.319 | 21:30.164 |
| 22:53.914               | 24:19.233             | 25:46.614 | 27:13.376 | 28:40.861 | 30:06.618 | 31:33.093 | 32:56.387 |
| 34:14.277               |                       |           |           |           |           |           |           |
| 14 Comer, Brian         | JR Seattle Pacific    |           |           |           |           | 34:31.58  |           |
| 1:20.973                | 2:36.694              | 3:50.908  | 5:05.066  | 6:21.055  | 7:38.431  | 8:56.786  | 10:16.495 |
| 11:37.288               | 12:57.616             | 14:19.451 | 15:42.338 | 17:05.859 | 18:30.654 | 19:55.710 | 21:19.855 |
| 22:46.292               | 24:12.906             | 25:38.820 | 27:05.954 | 28:34.311 | 30:05.149 | 31:34.308 | 33:03.447 |
| 34:31.580               |                       |           |           |           |           |           |           |
| 15 Engel, Harry         | SO Central Washington |           |           |           |           | 34:37.38  |           |
| 1:21.270                | 2:39.335              | 3:57.969  | 5:17.748  | 6:40.335  | 8:03.590  | 9:26.903  | 10:51.695 |
| 12:16.074               | 13:38.204             | 15:02.247 | 16:25.304 | 17:47.898 | 19:10.733 | 20:33.514 | 21:58.578 |
| 24:51.387               | 26:16.428             | 29:05.993 | 30:28.470 | 31:51.618 | 33:16.094 | 34:37.371 |           |
|                         |                       |           |           |           |           |           |           |
| 16 Hamilton, Nick       | FR Northwest Nazarene |           |           |           |           | 35:26.05  |           |
| 1:21.106                | 2:37.844              | 3:52.561  | 5:09.433  | 6:27.418  | 7:45.290  | 9:05.242  | 10:28.568 |
| 11:52.538               | 13:14.030             | 14:40.497 | 17:37.875 | 19:06.408 | 20:33.908 | 21:58.965 | 23:23.563 |
| 24:51.847               | 26:19.013             | 27:43.126 | 29:19.078 | 30:53.841 | 32:27.249 | 34:00.003 | 35:26.042 |
|                         |                       |           |           |           |           |           |           |
| 17 Larson, Skyler       | SO Saint Martin's     |           |           |           |           | 35:33.61  |           |
| 1:20.349                | 2:36.955              | 3:51.734  | 5:09.135  | 6:27.085  | 7:46.020  | 9:06.061  | 10:20.753 |
| 10:28.109 (7.357)       | 11:48.304             | 13:10.845 | 14:34.587 | 16:00.433 | 17:27.065 | 18:54.517 | 20:22.500 |
| 21:52.371               | 23:24.373             | 24:58.675 | 26:31.568 | 28:02.175 | 29:32.643 | 31:05.673 | 32:36.927 |
| 35:33.608               |                       |           |           |           |           |           |           |
| Spencer, Nick           | JR Central Washington |           |           |           |           | DNF       |           |

**#18 Men's 110m Hurdles**

|                   |       |                  |                    |      |
|-------------------|-------|------------------|--------------------|------|
| % Championship    | 14.21 | Travis Milbrandt | Western Washington | 2015 |
| # GNAC            | 14.19 | Travis Milbrandt | Western Washington | 2016 |
| \$ McArthur Field | 14.21 | Travis Milbrandt | Western Washington | 2015 |

**11:45 AM (Day 2):****Finals**

Wind: (+0.0)

| PI Name             | Yr Team               | Time Note | Pts |
|---------------------|-----------------------|-----------|-----|
| 1 Milbrandt, Travis | SR Western Washington | 14.38     | 10  |
| 2 Sternen, Bernari  | SR Central Washington | 14.69     | 8   |
| 3 Dobson, Kaleb     | SO Western Oregon     | 15.12     | 6   |

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**Timing:**

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**RESULTS****#18 Men's 110m Hurdles (cont'd)**

11:45 AM (Day 2):

**Finals**

Wind: (+0.0)

| Pl | Name              | Yr | Team               | Time  | Note | Pts |
|----|-------------------|----|--------------------|-------|------|-----|
| 4  | Lewis, Payton     | SO | Northwest Nazarene | 15.22 |      | 5   |
| 5  | McLaughlin, Kyle  | SR | Northwest Nazarene | 15.34 |      | 4   |
| 6  | Thomas, Cody      | SR | Alaska Anchorage   | 15.37 |      | 3   |
| 7  | Harris, Peyton    | SO | Seattle Pacific    | 15.60 |      | 2   |
| 8  | Lindquist, Austin | JR | MSU-Billings       | 16.09 |      | 1   |

3:15 PM (Day 1): (Top 1 per Heat + next 6 advance)

**Prelims**

| Pl | Name              | Yr | Team               | Time   | Note   | H(Pl) |
|----|-------------------|----|--------------------|--------|--------|-------|
| 1  | Milbrandt, Travis | SR | Western Washington | 14.48Q | (+0.8) | 1(1)  |
| 2  | Sternen, Bernari  | SR | Central Washington | 14.84Q | (-2.7) | 2(1)  |
| 3  | Thomas, Cody      | SR | Alaska Anchorage   | 14.93q | (-2.7) | 2(2)  |
| 4  | Lewis, Payton     | SO | Northwest Nazarene | 15.05q | (+0.8) | 1(2)  |
| 5  | Harris, Peyton    | SO | Seattle Pacific    | 15.07q | (+0.8) | 1(3)  |
| 6  | Dobson, Kaleb     | SO | Western Oregon     | 15.21q | (+0.8) | 1(4)  |
| 7  | McLaughlin, Kyle  | SR | Northwest Nazarene | 15.32q | (-2.7) | 2(3)  |
| 8  | Lindquist, Austin | JR | MSU-Billings       | 15.64q | (+0.8) | 1(5)  |
| 9  | Galbraith, Andrew | SR | Northwest Nazarene | 15.71  | (-2.7) | 2(4)  |
| 10 | McIntosh, Max     | JR | Central Washington | 15.84  | (-2.7) | 2(5)  |
| 11 | Gunther, Ryan     | FR | Central Washington | 15.90  | (+0.8) | 1(6)  |
| 12 | Spatz, Micah      | JR | Northwest Nazarene | 15.96  | (-2.7) | 2(6)  |
| 13 | Chism, Ryan       | FR | Northwest Nazarene | 16.11  | (-2.7) | 2(7)  |
| 14 | Scott, Trevaughn  | SO | Central Washington | 16.75  | (+0.8) | 1(7)  |
| 15 | Wittman, Quincy   | FR | MSU-Billings       | 17.84  | (-2.7) | 2(8)  |
| 16 | Forster, Michael  | FR | Central Washington | 19.75  | (+0.8) | 1(8)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name              | Yr | Team               | Time   | Note |
|--------------------|-------------------|----|--------------------|--------|------|
| <b>Heat 1 of 2</b> |                   |    |                    |        |      |
| Wind: (+0.8)       |                   |    |                    |        |      |
| 1                  | Milbrandt, Travis | SR | Western Washington | 14.48Q |      |
| 2                  | Lewis, Payton     | SO | Northwest Nazarene | 15.05q |      |
| 3                  | Harris, Peyton    | SO | Seattle Pacific    | 15.07q |      |
| 4                  | Dobson, Kaleb     | SO | Western Oregon     | 15.21q |      |
| 5                  | Lindquist, Austin | JR | MSU-Billings       | 15.64q |      |
| 6                  | Gunther, Ryan     | FR | Central Washington | 15.90  |      |
| 7                  | Scott, Trevaughn  | SO | Central Washington | 16.75  |      |
| 8                  | Forster, Michael  | FR | Central Washington | 19.75  |      |
| <b>Heat 2 of 2</b> |                   |    |                    |        |      |
| Wind: (-2.7)       |                   |    |                    |        |      |
| 1                  | Sternen, Bernari  | SR | Central Washington | 14.84Q |      |
| 2                  | Thomas, Cody      | SR | Alaska Anchorage   | 14.93q |      |
| 3                  | McLaughlin, Kyle  | SR | Northwest Nazarene | 15.32q |      |
| 4                  | Galbraith, Andrew | SR | Northwest Nazarene | 15.71  |      |
| 5                  | McIntosh, Max     | JR | Central Washington | 15.84  |      |

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**Timing:**

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**RESULTS****#18 Men's 110m Hurdles (cont'd)****Prelims**

| Pl | Name            | Yr | Team               | Time  | Note |
|----|-----------------|----|--------------------|-------|------|
| 6  | Spatz, Micah    | JR | Northwest Nazarene | 15.96 |      |
| 7  | Chism, Ryan     | FR | Northwest Nazarene | 16.11 |      |
| 8  | Wittman, Quincy | FR | MSU-Billings       | 17.84 |      |

**#20 Men's 400m Hurdles**

|    |                |       |               |                      |      |
|----|----------------|-------|---------------|----------------------|------|
| %  | Championship   | 52.23 | Shaun Ward    | Alaska Anchorage     | 2011 |
| #  | GNAC           | 52.00 | Shaun Ward    | Alaska Anchorage     | 2011 |
| \$ | McArthur Field | 51.33 | Keith Stuffle | Oregon International | 1997 |

**12:40 PM (Day 2):****Finals**

| Pl | Name             | Yr | Team               | Time  | Note | Pts |
|----|------------------|----|--------------------|-------|------|-----|
| 1  | Dobson, Kaleb    | SO | Western Oregon     | 53.96 |      | 10  |
| 2  | Scott, Trevaughn | SO | Central Washington | 55.08 |      | 8   |
| 3  | Wilson, Jade     | JR | Western Washington | 55.09 |      | 6   |
| 4  | McLaughlin, Kyle | SR | Northwest Nazarene | 55.16 |      | 5   |
| 5  | Gunther, Ryan    | FR | Central Washington | 57.67 |      | 4   |
| 6  | Adhemar, Joshua  | FR | Simon Fraser       | 58.12 |      | 3   |
| 7  | Durden, David    | JR | Saint Martin's     | 58.97 |      | 2   |
|    | Sternen, Bernari | SR | Central Washington | DNF   |      |     |

**5:20 PM (Day 1): (Top 1 per Heat + next 6 advance)****Prelims**

| Pl | Name             | Yr | Team               | Time    | Note   | H(Pl) |
|----|------------------|----|--------------------|---------|--------|-------|
| 1  | Sternen, Bernari | SR | Central Washington | 53.79Q  |        | 1(1)  |
| 2  | Wilson, Jade     | JR | Western Washington | 55.11q  |        | 1(2)  |
| 3  | McLaughlin, Kyle | SR | Northwest Nazarene | 55.46Q  |        | 2(1)  |
| 4  | Dobson, Kaleb    | SO | Western Oregon     | 55.73q  | 55.726 | 2(2)  |
| 4  | Scott, Trevaughn | SO | Central Washington | 55.73q  | 55.726 | 1(3)  |
| 6  | Gunther, Ryan    | FR | Central Washington | 56.90q  |        | 1(4)  |
| 7  | Adhemar, Joshua  | FR | Simon Fraser       | 57.38q  |        | 2(3)  |
| 8  | Durden, David    | JR | Saint Martin's     | 58.20q  |        | 2(4)  |
| 9  | Conrad, Ben      | SR | Simon Fraser       | 58.34   |        | 2(5)  |
| 10 | Wendling, Justin | FR | Central Washington | 58.43   |        | 2(6)  |
| 11 | Bowen, Brandon   | FR | Concordia (Ore.)   | 59.92   |        | 1(5)  |
| 12 | McIntosh, Max    | JR | Central Washington | 1:00.37 |        | 1(6)  |
| 13 | Chism, Ryan      | FR | Northwest Nazarene | 1:00.72 |        | 1(7)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name             | Yr | Team               | Time   | Note   |
|--------------------|------------------|----|--------------------|--------|--------|
| <b>Heat 1 of 2</b> |                  |    |                    |        |        |
| 1                  | Sternen, Bernari | SR | Central Washington | 53.79Q |        |
| 2                  | Wilson, Jade     | JR | Western Washington | 55.11q |        |
| 3                  | Scott, Trevaughn | SO | Central Washington | 55.73q | 55.726 |
| 4                  | Gunther, Ryan    | FR | Central Washington | 56.90q |        |
| 5                  | Bowen, Brandon   | FR | Concordia (Ore.)   | 59.92  |        |

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**RESULTS****#20 Men's 400m Hurdles (cont'd)****Prelims**

| Pl | Name          | Yr | Team               | Time    | Note |
|----|---------------|----|--------------------|---------|------|
| 6  | McIntosh, Max | JR | Central Washington | 1:00.37 |      |
| 7  | Chism, Ryan   | FR | Northwest Nazarene | 1:00.72 |      |

**Heat 2 of 2**

|   |                  |    |                    |        |        |
|---|------------------|----|--------------------|--------|--------|
| 1 | McLaughlin, Kyle | SR | Northwest Nazarene | 55.46Q |        |
| 2 | Dobson, Kaleb    | SO | Western Oregon     | 55.73q | 55.726 |
| 3 | Adhemar, Joshua  | FR | Simon Fraser       | 57.38q |        |
| 4 | Durden, David    | JR | Saint Martin's     | 58.20q |        |
| 5 | Conrad, Ben      | SR | Simon Fraser       | 58.34  |        |
| 6 | Wendling, Justin | FR | Central Washington | 58.43  |        |

**#21 Men's 3000m Steeple**

|    |                |         |                   |                  |      |
|----|----------------|---------|-------------------|------------------|------|
| %  | Championship   | 8:47.26 | Ryan Brockerville | Simon Fraser     | 2012 |
| #  | GNAC           | 8:45.63 | Micah Chelimo     | Alaska Anchorage | 2012 |
| \$ | McArthur Field | 8:47.26 | Ryan Brockerville | Simon Fraser     | 2012 |

**2:45 PM (Day 1):**

| Pl | Name                                | Yr       | Team             | Time                                       | Note                          | Pts            |
|----|-------------------------------------|----------|------------------|--|-------------------------------|----------------|
| 1  | Peterson, Robert<br>38.260 (38.260) | 1:49.118 | 3:00.227         | SR MSU-Billings<br>4:12.403 5:25.567       | 8:59.23<br>6:38.620 7:50.402  | 10<br>8:59.223 |
| 2  | Wise, Andrew<br>38.639 (38.639)     | 1:49.725 | 3:00.240         | JR Western Washington<br>4:11.658 5:24.529 | 9:05.64<br>6:38.351 7:51.940  | 8<br>9:05.636  |
| 3  | Lutz, Matthew<br>38.475 (38.475)    | 1:50.093 | 1:50.366 (0.273) | SR Western Washington<br>4:11.891 5:25.319 | 9:13.00<br>6:41.400 7:59.389  | 6<br>9:13.000  |
| 4  | Charlton, Braeden<br>3:02.596       | 4:16.448 | 5:31.386         | JR Simon Fraser<br>6:47.343 8:03.116       | 9:13.05<br>9:13.043           | 5              |
| 5  | Holloway, Zach<br>39.508 (39.508)   | 1:51.388 | 3:03.763         | SR Western Oregon<br>4:16.919 5:31.801     | 9:20.60<br>6:46.756 8:03.592  | 4<br>9:20.600  |
| 6  | Ripley, Noah<br>40.340 (40.340)     | 1:52.203 | 3:06.801         | SR Western Washington<br>4:23.285 5:40.004 | 9:22.09<br>6:56.496 8:12.073  | 3<br>9:22.085  |
| 7  | Gibson, Derek<br>38.757 (38.757)    | 1:50.348 | 3:02.382         | SR Alaska Anchorage<br>4:16.416 5:31.489   | 9:34.64<br>6:50.920 8:13.877  | 2<br>9:34.631  |
| 8  | Egeland, Jorey<br>40.894 (40.894)   | 1:57.090 | 3:13.100         | SO MSU-Billings<br>4:29.841 5:49.842       | 9:41.73<br>7:08.919 8:27.446  | 1<br>9:41.723  |
| 9  | Cornish, David<br>40.979 (40.979)   | 1:54.500 | 3:08.209         | JR Western Oregon<br>4:24.148 5:40.189     | 9:44.80<br>6:57.458 8:22.712  | 9:44.796       |
| 10 | Heckman, Jasper<br>38.958 (38.958)  | 1:51.638 | 3:06.847         | JR Saint Martin's<br>4:24.086 5:44.250     | 9:48.12<br>7:06.740 8:28.315  | 9:48.116       |
| 11 | Hamilton, Nick<br>41.267 (41.267)   | 1:57.805 | 3:14.520         | FR Northwest Nazarene<br>4:32.493 5:52.682 | 9:57.63<br>7:13.856 8:38.347  | 9:57.629       |
| 12 | Mendoza, Tyus<br>42.466 (42.466)    | 2:00.889 | 3:18.892         | FR MSU-Billings<br>4:39.005 6:00.551       | 9:59.82<br>7:20.909 8:43.206  | 9:59.815       |
| 13 | Morgan, Nathan<br>40.679 (40.679)   | 1:53.789 | 3:08.224         | JR Saint Martin's<br>4:25.015 5:45.193     | 10:03.21<br>7:08.406 8:37.243 | 10:03.204      |
| 14 | Halladay, Ben<br>39.886 (39.886)    | 1:55.166 | 3:11.102         | SO Seattle Pacific<br>4:29.230 5:50.949    | 10:04.41<br>7:16.006 8:40.390 | 10:04.408      |
| 15 | Boyd, Taryk<br>43.150 (43.150)      | 2:02.556 | 3:23.066         | FR Central Washington<br>4:43.825 6:04.983 | 10:08.55<br>7:27.626 8:49.085 | 10:08.547      |

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Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

printed: 5/14/2016 2:54 PM

**RESULTS****#21 Men's 3000m Steeple (cont'd)**

2:45 PM (Day 1):

| Pl | Name                               | Yr       | Team                  | Time     | Note     | Pts       |
|----|------------------------------------|----------|-----------------------|----------|----------|-----------|
| 16 | Shelman, Josiah<br>40.628 (40.628) |          | JR Saint Martin's     | 10:11.18 |          |           |
|    | 1:58.287                           | 3:16.299 | 4:36.915 5:59.768     | 7:26.658 | 8:51.745 | 10:11.173 |
| 17 | Ruhlin, Kyle<br>43.585 (43.585)    |          | JR Western Oregon     | 10:24.52 |          |           |
|    | 2:04.173                           | 3:26.078 | 4:48.877 6:13.422     | 7:39.185 | 9:04.806 |           |
| 18 | Martinez, Alex<br>41.912 (41.912)  |          | SO Central Washington | 10:30.70 |          |           |
|    | 2:01.197                           | 3:22.621 | 4:45.692 6:11.155     | 7:38.794 |          |           |

**#24 Men's 4 x 100m Relay**

|    |                |       |                                     |                      |      |
|----|----------------|-------|-------------------------------------|----------------------|------|
| %  | Championship   | 41.10 | Bryan Mack, Anthony Wright, Anthony | Central Washington   | 2010 |
| #  | GNAC           | 41.10 |                                     | Central Washington   | 2010 |
| \$ | McArthur Field | 41.00 |                                     | University of Oregon | 1995 |

11:00 AM (Day 2):

| Pl | Team   | Time  | Note  | Pts |
|----|--|-------|---|-----|
| 1  | Western Oregon (A)<br>1) Gray, Wesley SO<br>3) Whitaker, Aaron JR            | 42.02 | 2) Woods, Devonte JR<br>4) Warner, Cody SO            | 10  |
| 2  | Central Washington (A)<br>1) Steuk, Garret SO<br>3) Todd, Jordan SR          | 42.28 | 2) Dildine, Ian JR<br>4) Ooley, Kyler FR              | 8   |
| 3  | Alaska Anchorage (A)<br>1) Taylor, Nicholas FR<br>3) Lindsay, Liam SO        | 42.37 | 42.363<br>2) Gray, Darrion SO<br>4) Thomas, Cody SR   | 6   |
| 4  | Western Washington (A)<br>1) van Tuinen, Nathaniel SR<br>3) Jones, Daniel FR | 42.37 | 42.366<br>2) Knox, Stedman FR<br>4) Donigian, Alex SR | 5   |
| 5  | Northwest Nazarene (A)<br>1) Harris, David SR<br>3) Oswald, Jacob SR         | 42.50 | 2) Camara, Ebu SO<br>4) Lewis, Payton SO              | 4   |
| 6  | Saint Martin's (A)<br>1) Manago, Anthony SO<br>3) Smith, Mikel JR            | 42.69 | 2) Swayne, Latrelle JR<br>4) Hand, Jackson FR         | 3   |
| 7  | MSU-Billings (A)<br>1) Shay, Kaelen FR<br>3) Lindquist, Austin JR            | 43.90 | 2) Vanderby, Nathan JR<br>4) Stanek, Cameron SR       | 2   |

**#26 Men's 4 x 400m Relay**

|    |                |         |                                      |                  |      |
|----|----------------|---------|--------------------------------------|------------------|------|
| %  | Championship   | 3:13.84 | Stuart Ellenwood, Cameron Proceviat, | Simon Fraser     | 2015 |
| #  | GNAC           | 3:10.60 |                                      | Alaska Anchorage | 2016 |
| \$ | McArthur Field | 3:13.84 |                                      | Simon Fraser     | 2015 |



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**Timing:**

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**RESULTS****#26 Men's 4 x 400m Relay (cont'd)**

2:05 PM (Day 2):

| Pl | Team  | Time    | Note   | Pts |
|----|---|---------|--|-----|
| 1  | Simon Fraser (A)<br>1) Hutchinson, Michael SR<br>3) Tsygankov, Vladislav SO | 3:15.61 | 2) Proceviat, Cameron SR<br>4) Kelloway, Daniel JR | 10  |
| 2  | Alaska Anchorage (A)<br>1) Taylor, Nicholas FR<br>3) Gray, Darrion SO       | 3:16.09 | 2) Lindsay, Liam SO<br>4) Commandeur, Adam JR      | 8   |
| 3  | Western Oregon (A)<br>1) Hanna, Josh SR<br>3) Whitaker, Aaron JR            | 3:18.12 | 2) Vettrus, James SO<br>4) Dempsey, Josh JR        | 6   |
| 4  | Western Washington (A)<br>1) Lovercamp, Reid FR<br>3) Knox, Stedman FR      | 3:19.97 | 2) Jones, Daniel FR<br>4) McArthur, Ryan JR        | 5   |
| 5  | Central Washington (A)<br>1) Scott, Trevaughn SO<br>3) McIntosh, Max JR     | 3:19.99 | 2) Walker, Berlie JR<br>4) Arndt, Darren JR        | 4   |
| 6  | Northwest Nazarene (A)<br>1) McLaughlin, Kyle SR<br>3) Mason, Zach SO       | 3:21.29 | 2) Camara, Ebu SO<br>4) Harris, David SR           | 3   |
| 7  | Seattle Pacific (A)<br>1) Harris, Peyton SO<br>3) Avischious, Adam SR       | 3:28.22 | 2) Phan, Jesse FR<br>4) Ramsey, Justin JR          | 2   |
| 8  | MSU-Billings (A)<br>1) Lindquist, Austin JR<br>3) Vanderby, Nathan JR       | 3:28.73 | 2) Stanek, Cameron SR<br>4) Peterson, Robert SR    | 1   |

**#28 Men's High Jump**

Starting: 1.81m / 5cm increments

|    |                |       |              |                    |      |
|----|----------------|-------|--------------|--------------------|------|
| %  | Championship   | 2.07m | Eric Draper  | Alaska Anchorage   | 2006 |
| #  | GNAC           | 2.08m | Brett Watson | Western Washington | 2013 |
| \$ | McArthur Field | 2.25m | Chris Nelson |                    | 1999 |

10:00 AM (Day 2):

| Pl | Name              | Yr | Team           | Mark                                   | 1.81 | 1.86 | 1.91 | 1.96 | 2.01 | 2.06 | 2.11 | Pts |
|----|-------------------|----|----------------|--|------|------|------|------|------|------|------|-----|
| 1  | Hoberg, Cole      | JR | Northwest Na   | 2.01m 6' 7"                            | P    | P    | P    | XO   | XXO  | P    | XXX  | 10  |
| 2  | Smith, Mikel      | JR | Saint Martin's | 1.96m 6' 5"                            | P    | P    | P    | O    | XXX  |      |      | 7   |
| 2  | Thomas, Cody      | SR | Alaska Ancho   | 1.96m 6' 5"                            | P    | P    | O    | O    | XXX  |      |      | 7   |
| 4  | Brake, Chris      | FR | Alaska Ancho   | 1.96m 6' 5"                            | P    | XXO  | O    | O    | XXX  |      |      | 5   |
| 5  | Gladden, Tevin    | JR | Alaska Ancho   | 1.91m 6' 3 <sup>1</sup> / <sub>4</sub> | P    | P    | O    | XXX  |      |      |      | 3.5 |
| 5  | Peterson, Justin  | JR | Central Wash   | 1.91m 6' 3 <sup>1</sup> / <sub>4</sub> | P    | P    | O    | XXX  |      |      |      | 3.5 |
| 7  | Tranch, Micah     | FR | Northwest Na   | 1.91m 6' 3 <sup>1</sup> / <sub>4</sub> | P    | O    | XO   | XXX  |      |      |      | 1.5 |
| 7  | Galbraith, Andrew | SR | Northwest Na   | 1.91m 6' 3 <sup>1</sup> / <sub>4</sub> | P    | O    | XO   | XXX  |      |      |      | 1.5 |
| 9  | McLaughlin, Kyle  | SR | Northwest Na   | 1.86m 6' 1 <sup>1</sup> / <sub>4</sub> | O    | XXO  | XXX  |      |      |      |      |     |
|    | Faust, Louis      | SR | Concordia (O)  | NH                                     | P    | XXX  |      |      |      |      |      |     |

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**Meet Referee:**  
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**Timing:**  
Christopher Sabato



**OFFICIAL MEET REPORT**  
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**RESULTS**

**#28 Men's High Jump (cont'd)**

10:00 AM (Day 2):

| Pl | Name                    | Yr Team           | Mark | 1.81 | 1.86 | 1.91 | 1.96 | 2.01 | 2.06 | 2.11 | Pts |
|----|-------------------------|-------------------|------|------|------|------|------|------|------|------|-----|
|    | Durden, David           | JR Saint Martin's | NH   | XXX  |      |      |      |      |      |      |     |
|    | Walker, Berlie          | JR Central Wash   | NH   | XXX  |      |      |      |      |      |      |     |
|    | Gunther, Ryan           | FR Central Wash   | NH   | XXX  |      |      |      |      |      |      |     |
|    | Whittaker, Zach         | FR Central Wash   | NH   | XXX  |      |      |      |      |      |      |     |
|    | Anderson De-Avila, Kyle | FR Saint Martin's | NH   | XXX  |      |      |      |      |      |      |     |

**#30 Men's Pole Vault**

Starting: 4.36m / 15cm increments

|    |                |       |            |                    |      |
|----|----------------|-------|------------|--------------------|------|
| %  | Championship   | 5.14m | Ryan Brown | Western Washington | 2010 |
| #  | GNAC           | 5.40m | Ryan Brown | Western Washington | 2010 |
| \$ | McArthur Field | 5.85m | Tim Bright | Mizuno Track Club  | 1997 |

3:25 PM (Day 1):

| Pl | Name             | Yr Team           | Mark            | 4.36 | 4.51 | 4.66 | 4.81 | 4.91 | 5.35 | Pts |
|----|------------------|-------------------|-----------------|------|------|------|------|------|------|-----|
| 1  | Lewis, Payton    | SO Northwest Na   | 4.91m 16' 1 1/4 | P    | P    | P    | O    | XXO  | XX   | 10  |
| 2  | McClanahan, Zach | JR Northwest Na   | 4.81m 15' 9 1/4 | P    | O    | O    | XO   | XXX  |      | 8   |
| 3  | Webster, Jared   | SO Northwest Na   | 4.81m 15' 9 1/4 | P    | XO   | O    | XXO  | XXX  |      | 6   |
| 4  | Kordas, Gordon   | JR Western Was    | 4.66m 15' 3 1/2 | O    | O    | O    | XXX  |      |      | 5   |
| 5  | Konrad, J. T.    | SO Western Was    | 4.66m 15' 3 1/2 | P    | O    | XXO  | XXX  |      |      | 4   |
| 6  | Boyle, Craig     | FR Saint Martin's | 4.36m 14' 3 1/2 | O    | XXX  |      |      |      |      | 2.5 |
| 6  | DeHan, Matt      | SO Saint Martin's | 4.36m 14' 3 1/2 | O    | P    | XXX  |      |      |      | 2.5 |
|    | Peterson, Justin | JR Central Wash   | NH              | XXX  |      |      |      |      |      |     |
|    | Daniels, D'Andre | FR Central Wash   | NH              | XXX  |      |      |      |      |      |     |
|    | Landis, Kodiak   | JR Central Wash   | NH              | XXX  |      |      |      |      |      |     |
|    | Gwin, Phillip    | FR Northwest Na   | NH              | XXX  |      |      |      |      |      |     |
|    | Irvine, Zane     | JR Central Wash   | NH              | XXX  |      |      |      |      |      |     |
|    | Hino, Jacob      | JR Western Was    | NH              | XXX  |      |      |      |      |      |     |
|    | Walker, Berlie   | JR Central Wash   | NH              | XXX  |      |      |      |      |      |     |
|    | Coelho, Matt     | FR Western Was    | NH              | XX   | P    | P    | P    | P    | P    |     |
|    | Rickard, Chris   | SO Saint Martin's | NH              | XXX  |      |      |      |      |      |     |

**#32 Men's Long Jump**

|    |                |       |               |                  |      |
|----|----------------|-------|---------------|------------------|------|
| %  | Championship   | 7.52m | David Registe | Alaska Anchorage | 2008 |
| #  | GNAC           | 7.91m | David Registe | Alaska Anchorage | 2009 |
| \$ | McArthur Field | 7.62m | Jon Hill      | Portland State   | 2006 |

3:35 PM (Day 1):

| Pl | Name                  | Yr Team           | Mark                    | Rnd 1       | Rnd 2       | Rnd 3       | Rnd 4       | Rnd 5       | Rnd 6       | F(Pl) | Pts |
|----|-----------------------|-------------------|-------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------|-----|
| 1  | Harris, Peyton        | SO Seattle Pacifi | 7.15m 23' 5 1/2 (-1.7)  | 7.13 (-2.0) | 7.15 (-1.7) | 7.02 (-2.4) | 6.90 (-0.3) | FOUL        | 6.87 (-1.2) | 2(1)  | 10  |
| 2  | Yates, Kevin          | JR Western Was    | 7.14m 23' 5 1/4 (+0.0)  | 6.82 (-1.1) | 6.91 (-1.5) | 7.11 (-0.2) | 6.78 (+0.0) | 7.14 (+0.0) | 7.10 (-0.7) | 2(2)  | 8   |
| 3  | Thomas, Cody          | SR Alaska Ancho   | 7.10m 23' 3 1/2 (+0.0)  | 6.94 (+0.0) | 7.10 (+0.0) | 6.92 (-0.7) | 6.82 (+0.0) | 6.79 (-0.7) | PASS        | 2(3)  | 6   |
| 4  | van Tuinen, Nathaniel | SR Western Was    | 6.86m 22' 6 1/4 (-3.2)  | 6.82 (-1.9) | 6.86 (-3.2) | 6.71 (-1.2) | 6.46 (+0.0) | 6.78 (-1.0) | 6.68 (-1.1) | 2(4)  | 5   |
| 5  | He, Jerry             | SR Simon Fraser   | 6.85m 22' 5 3/4 (-1.1)  | 6.13 (-0.3) | 6.66 (-1.2) | 6.85 (-1.1) | 6.35 (+0.0) | 6.70 (-1.0) | 6.71 (-1.4) | 2(5)  | 4   |
| 6  | Plummer, Luke         | SR Central Wash   | 6.84m 22' 5 1/4 (+0.0)  | 4.90 (+0.0) | 6.74 (-1.3) | 6.81 (-1.2) | FOUL        | FOUL        | 6.84 (+0.0) | 1(1)  | 3   |
| 7  | Kantola, Kody         | SO Western Oreg   | 6.79m 22' 3 1/2 (+0.0)  | 6.66 (-1.9) | 6.79 (+0.0) | FOUL        | 6.31 (-0.7) | FOUL        | FOUL        | 1(2)  | 2   |
| 8  | Moore, Nathan         | SO Northwest Na   | 6.66m 21' 10 1/4 (-2.0) | 6.55 (+0.0) | 6.65 (-1.9) | 6.66 (-2.0) | FOUL        | 6.47 (-0.2) | FOUL        | 1(3)  | 0.5 |

# GNAC CHAMPIONSHIPS

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## MEET OFFICIALS

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**Meet Referee:**  
Bob Latham  
**Timing:**  
Christopher Sabato



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# RESULTS

## #32 Men's Long Jump (cont'd)

3:35 PM (Day 1):

| Pl | Name              | Yr | Team           | Mark  | Rnd 1       | Rnd 2       | Rnd 3       | Rnd 4       | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-------------------|----|----------------|---|-------------|-------------|-------------|-------------|-------|-------|-------|-----|
| 8  | Manago, Anthony   | SO | Saint Martin's | 6.66m 21' 10 <sup>1</sup> / <sub>4</sub> (-2.2) | 6.55 (-1.6) | FOUL        | 6.66 (-2.2) | 5.68 (-0.7) | PASS  | PASS  | 1(3)  | 0.5 |
| 10 | Gladden, Tevin    | JR | Alaska Ancho   | 6.64m 21' 9 <sup>1</sup> / <sub>2</sub> (+0.9)  | 6.64 (+0.9) | FOUL        | 6.01 (-1.3) |             |       |       | 1(5)  |     |
| 11 | Mataya, Rudy      | SO | Western Was    | 6.60m 21' 8" (-1.6)                             | 6.57 (-1.9) | FOUL        | 6.60 (-1.6) |             |       |       | 2(6)  |     |
| 12 | Swayne, Latrelle  | JR | Saint Martin's | 6.59m 21' 7 <sup>1</sup> / <sub>2</sub> (-0.2)  | FOUL        | FOUL        | 6.59 (-0.2) |             |       |       | 2(7)  |     |
| 13 | Lindquist, Austin | JR | MSU-Billings   | 6.55m 21' 6" (+0.0)                             | 6.36 (-1.1) | 6.55 (+0.0) | FOUL        |             |       |       | 2(8)  |     |
| 14 | Whittaker, Zach   | FR | Central Wash   | 6.22m 20' 5" (-1.7)                             | FOUL        | 6.22 (-1.7) | FOUL        |             |       |       | 1(6)  |     |
| 15 | Ringold, Jacob    | FR | Western Was    | 6.18m 20' 3 <sup>1</sup> / <sub>2</sub> (-2.1)  | 6.17 (-0.3) | FOUL        | 6.18 (-2.1) |             |       |       | 1(7)  |     |
| 16 | Steuk, Garret     | SO | Central Wash   | 5.94m 19' 6" (-1.1)                             | 5.93 (-1.9) | 5.94 (-1.1) | 5.81 (-1.6) |             |       |       | 1(8)  |     |
| 17 | Wu, Alex          | JR | Simon Fraser   | 5.54m 18' 2 <sup>1</sup> / <sub>4</sub> (-0.1)  | FOUL        | 5.54 (-0.1) | FOUL        |             |       |       | 2(9)  |     |
| 18 | Dildine, Ian      | JR | Central Wash   | 5.36m 17' 7" (-0.6)                             | FOUL        | 5.36 (-0.6) | 4.67 (+0.0) |             |       |       | 1(9)  |     |
|    | Chhim, Somit      | SO | Western Was    | NM  | FOUL        | FOUL        |             |             |       |       | 1     |     |

## FLIGHT RESULTS

| Pl                   | Name                  | Yr | Team           | Mark  | Rnd 1       | Rnd 2       | Rnd 3       | Rnd 4       | Rnd 5       | Rnd 6       |  |
|----------------------|-----------------------|----|----------------|---|-------------|-------------|-------------|-------------|-------------|-------------|--|
| <b>Flight 1 of 2</b> |                       |    |                |   |             |             |             |             |             |             |  |
| 1                    | Plummer, Luke         | SR | Central Wash   | 6.84m 22' 5 <sup>1</sup> / <sub>4</sub> (+0.0)  | 4.90 (+0.0) | 6.74 (-1.3) | 6.81 (-1.2) | FOUL        | FOUL        | 6.84 (+0.0) |  |
| 2                    | Kantola, Kody         | SO | Western Oreg   | 6.79m 22' 3 <sup>1</sup> / <sub>2</sub> (+0.0)  | 6.66 (-1.9) | 6.79 (+0.0) | FOUL        | 6.31 (-0.7) | FOUL        | FOUL        |  |
| 3                    | Moore, Nathan         | SO | Northwest Na   | 6.66m 21' 10 <sup>1</sup> / <sub>4</sub> (-2.0) | 6.55 (+0.0) | 6.65 (-1.9) | 6.66 (-2.0) | FOUL        | 6.47 (-0.2) | FOUL        |  |
| 3                    | Manago, Anthony       | SO | Saint Martin's | 6.66m 21' 10 <sup>1</sup> / <sub>4</sub> (-2.2) | 6.55 (-1.6) | FOUL        | 6.66 (-2.2) | 5.68 (-0.7) | PASS        | PASS        |  |
| 5                    | Gladden, Tevin        | JR | Alaska Ancho   | 6.64m 21' 9 <sup>1</sup> / <sub>2</sub> (+0.9)  | 6.64 (+0.9) | FOUL        | 6.01 (-1.3) |             |             |             |  |
| 6                    | Whittaker, Zach       | FR | Central Wash   | 6.22m 20' 5" (-1.7)                             | FOUL        | 6.22 (-1.7) | FOUL        |             |             |             |  |
| 7                    | Ringold, Jacob        | FR | Western Was    | 6.18m 20' 3 <sup>1</sup> / <sub>2</sub> (-2.1)  | 6.17 (-0.3) | FOUL        | 6.18 (-2.1) |             |             |             |  |
| 8                    | Steuk, Garret         | SO | Central Wash   | 5.94m 19' 6" (-1.1)                             | 5.93 (-1.9) | 5.94 (-1.1) | 5.81 (-1.6) |             |             |             |  |
| 9                    | Dildine, Ian          | JR | Central Wash   | 5.36m 17' 7" (-0.6)                             | FOUL        | 5.36 (-0.6) | 4.67 (+0.0) |             |             |             |  |
|                      | Chhim, Somit          | SO | Western Was    | NM  | FOUL        | FOUL        |             |             |             |             |  |
| <b>Flight 2 of 2</b> |                       |    |                |   |             |             |             |             |             |             |  |
| 1                    | Harris, Peyton        | SO | Seattle Pacifi | 7.15m 23' 5 <sup>1</sup> / <sub>2</sub> (-1.7)  | 7.13 (-2.0) | 7.15 (-1.7) | 7.02 (-2.4) | 6.90 (-0.3) | FOUL        | 6.87 (-1.2) |  |
| 2                    | Yates, Kevin          | JR | Western Was    | 7.14m 23' 5 <sup>1</sup> / <sub>4</sub> (+0.0)  | 6.82 (-1.1) | 6.91 (-1.5) | 7.11 (-0.2) | 6.78 (+0.0) | 7.14 (+0.0) | 7.10 (-0.7) |  |
| 3                    | Thomas, Cody          | SR | Alaska Ancho   | 7.10m 23' 3 <sup>1</sup> / <sub>2</sub> (+0.0)  | 6.94 (+0.0) | 7.10 (+0.0) | 6.92 (-0.7) | 6.82 (+0.0) | 6.79 (-0.7) | PASS        |  |
| 4                    | van Tuinen, Nathaniel | SR | Western Was    | 6.86m 22' 6 <sup>1</sup> / <sub>4</sub> (-3.2)  | 6.82 (-1.9) | 6.86 (-3.2) | 6.71 (-1.2) | 6.46 (+0.0) | 6.78 (-1.0) | 6.68 (-1.1) |  |
| 5                    | He, Jerry             | SR | Simon Fraser   | 6.85m 22' 5 <sup>3</sup> / <sub>4</sub> (-1.1)  | 6.13 (-0.3) | 6.66 (-1.2) | 6.85 (-1.1) | 6.35 (+0.0) | 6.70 (-1.0) | 6.71 (-1.4) |  |
| 6                    | Mataya, Rudy          | SO | Western Was    | 6.60m 21' 8" (-1.6)                             | 6.57 (-1.9) | FOUL        | 6.60 (-1.6) |             |             |             |  |
| 7                    | Swayne, Latrelle      | JR | Saint Martin's | 6.59m 21' 7 <sup>1</sup> / <sub>2</sub> (-0.2)  | FOUL        | FOUL        | 6.59 (-0.2) |             |             |             |  |
| 8                    | Lindquist, Austin     | JR | MSU-Billings   | 6.55m 21' 6" (+0.0)                             | 6.36 (-1.1) | 6.55 (+0.0) | FOUL        |             |             |             |  |
| 9                    | Wu, Alex              | JR | Simon Fraser   | 5.54m 18' 2 <sup>1</sup> / <sub>4</sub> (-0.1)  | FOUL        | 5.54 (-0.1) | FOUL        |             |             |             |  |

## #34 Men's Triple Jump

|    |                |        |                 |                         |
|----|----------------|--------|-----------------|-------------------------|
| \$ | McArthur Field | 15.60m | Steve Miller    | 1996                    |
| %  | Championship   | 15.00m | Justin Lawrence | Central Washington 2003 |

12:00 PM (Day 2):

| Pl | Name             | Yr | Team          | Mark   | Rnd 1        | Rnd 2        | Rnd 3        | Rnd 4        | Rnd 5        | Rnd 6        | F(Pl) | Pts |
|----|------------------|----|---------------|--|--------------|--------------|--------------|--------------|--------------|--------------|-------|-----|
| 1  | Seely, Mark      | JR | Western Was   | 14.65m 48' 0 <sup>3</sup> / <sub>4</sub> (+1.1)  | 13.94 (+1.0) | FOUL         | 14.63 (+1.1) | FOUL         | 14.65 (+1.1) | FOUL         | 2(1)  | 10  |
| 2  | Plummer, Luke    | SR | Central Wash  | 14.56m 47' 9 <sup>1</sup> / <sub>4</sub> (+2.5)  | 12.29 (+1.6) | 14.41 (+2.4) | 14.38 (+1.9) | FOUL         | FOUL         | 14.56 (+2.5) | 2(2)  | 8   |
| 3  | Gray, Wesley     | SO | Western Oreg  | 14.28m 46' 10 <sup>1</sup> / <sub>4</sub> (+1.5) | FOUL         | 14.23 (+1.6) | 13.85 (+0.6) | FOUL         | FOUL         | 14.28 (+1.5) | 2(3)  | 6   |
| 4  | Wheeler, Jimmy   | JR | Concordia (O) | 14.21m 46' 7 <sup>1</sup> / <sub>2</sub> (+0.7)  | 13.98 (+2.1) | 14.21 (+0.7) | FOUL         | 13.87 (+1.1) | 13.84 (+1.1) | 14.01 (+1.9) | 2(4)  | 5   |
| 5  | Peterson, Justin | JR | Central Wash  | 13.92m 45' 8" (+2.4)                             | 13.55 (+0.9) | 13.74 (+1.4) | 12.80 (+1.4) | 13.59 (+1.1) | 13.92 (+2.4) | 13.62 (+2.3) | 2(5)  | 4   |

# GNAC CHAMPIONSHIPS

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

## MEET OFFICIALS

Meet Director:  
Bridget Johnson Tetteh  
Meet Referee:  
Bob Latham  
Timing:  
Christopher Sabato



OFFICIAL MEET REPORT  
printed: 5/14/2016 2:54 PM

# RESULTS

## #34 Men's Triple Jump (cont'd)

12:00 PM (Day 2):

| Pl | Name              | Yr | Team           | Mark   | Rnd 1        | Rnd 2        | Rnd 3        | Rnd 4        | Rnd 5        | Rnd 6        | F(Pl) | Pts |
|----|-------------------|----|----------------|--|--------------|--------------|--------------|--------------|--------------|--------------|-------|-----|
| 6  | Gladden, Tevin    | JR | Alaska Ancho   | 13.77m 45' 2 <sup>1</sup> / <sub>4</sub> (+0.3)  | 13.77 (+0.3) | FOUL         | 13.23 (+1.5) | 13.09 (+0.8) | FOUL         | 13.04 (+1.3) | 2(6)  | 3   |
| 7  | Chhim, Somit      | SO | Western Was    | 13.64m 44' 9" (+0.6)                             | FOUL         | 13.24 (+0.8) | 13.52 (+0.7) | 13.39 (+1.7) | 13.57 (+2.2) | 13.64 (+0.6) | 1(1)  | 2   |
| 8  | Brake, Chris      | FR | Alaska Ancho   | 13.46m 44' 2" (+0.9)                             | FOUL         | FOUL         | 13.21 (+2.1) | 13.45 (+1.2) | 12.43 (-0.2) | 13.46 (+0.9) | 2(7)  | 1   |
| 9  | Osborne, Jonathan | JR | Central Wash   | 12.99m 42' 7 <sup>1</sup> / <sub>2</sub> (+0.7)  | 12.80 (+1.3) | FOUL         | 12.99 (+0.7) | 12.88 (+1.6) | FOUL         | 12.60 (+0.6) | 1(2)  |     |
| 10 | Ringold, Jacob    | FR | Western Was    | 12.82m 42' 0 <sup>3</sup> / <sub>4</sub> (+1.4)  | FOUL         | 12.56 (+0.6) | 12.82 (+1.4) |              |              |              | 2(8)  |     |
| 11 | Cook, Carson      | JR | Western Ore    | 12.53m 41' 1 <sup>1</sup> / <sub>2</sub> (+1.0)  | 12.53 (+1.0) | FOUL         | FOUL         |              |              |              | 1(3)  |     |
| 12 | Dildine, Ian      | JR | Central Wash   | 12.39m 40' 7 <sup>3</sup> / <sub>4</sub> (+1.7)  | FOUL         | 12.39 (+1.7) | 12.24 (+0.6) |              |              |              | 1(4)  |     |
| 13 | Boyle, Craig      | FR | Saint Martin's | 12.16m 39' 10 <sup>3</sup> / <sub>4</sub> (+1.0) | 11.54 (+1.1) | 11.63 (+0.4) | 12.16 (+1.0) |              |              |              | 1(5)  |     |
| 14 | Moore, Nathan     | SO | Northwest Na   | 12.14m 39' 10" (+1.2)                            | 12.14 (+1.2) | 12.03 (+0.9) | 11.95 (+0.3) |              |              |              | 1(6)  |     |
| 15 | Munoz, Ricky      | JR | Northwest Na   | 11.57m 37' 11 <sup>1</sup> / <sub>2</sub> (+0.9) | FOUL         | 11.57 (+0.9) | 11.40 (+0.6) |              |              |              | 1(7)  |     |
| 16 | Wittman, Quincy   | FR | MSU-Billings   | 11.42m 37' 5 <sup>3</sup> / <sub>4</sub> (+0.5)  | FOUL         | FOUL         | 11.42 (+0.5) |              |              |              | 1(8)  |     |
|    | Faust, Louis      | SR | Concordia (O)  | NM   | FOUL         | FOUL         | FOUL         |              |              |              | 1     |     |
|    | Whittaker, Zach   | FR | Central Wash   | NM   | FOUL         | FOUL         | FOUL         |              |              |              | 2     |     |

## FLIGHT RESULTS

| Pl                   | Name              | Yr | Team           | Mark   | Rnd 1        | Rnd 2        | Rnd 3        | Rnd 4        | Rnd 5        | Rnd 6        |  |
|----------------------|-------------------|----|----------------|--|--------------|--------------|--------------|--------------|--------------|--------------|--|
| <b>Flight 1 of 2</b> |                   |    |                |  |              |              |              |              |              |              |  |
| 1                    | Chhim, Somit      | SO | Western Was    | 13.64m 44' 9" (+0.6)                             | FOUL         | 13.24 (+0.8) | 13.52 (+0.7) | 13.39 (+1.7) | 13.57 (+2.2) | 13.64 (+0.6) |  |
| 2                    | Osborne, Jonathan | JR | Central Wash   | 12.99m 42' 7 <sup>1</sup> / <sub>2</sub> (+0.7)  | 12.80 (+1.3) | FOUL         | 12.99 (+0.7) | 12.88 (+1.6) | FOUL         | 12.60 (+0.6) |  |
| 3                    | Cook, Carson      | JR | Western Ore    | 12.53m 41' 1 <sup>1</sup> / <sub>2</sub> (+1.0)  | 12.53 (+1.0) | FOUL         | FOUL         |              |              |              |  |
| 4                    | Dildine, Ian      | JR | Central Wash   | 12.39m 40' 7 <sup>3</sup> / <sub>4</sub> (+1.7)  | FOUL         | 12.39 (+1.7) | 12.24 (+0.6) |              |              |              |  |
| 5                    | Boyle, Craig      | FR | Saint Martin's | 12.16m 39' 10 <sup>3</sup> / <sub>4</sub> (+1.0) | 11.54 (+1.1) | 11.63 (+0.4) | 12.16 (+1.0) |              |              |              |  |
| 6                    | Moore, Nathan     | SO | Northwest Na   | 12.14m 39' 10" (+1.2)                            | 12.14 (+1.2) | 12.03 (+0.9) | 11.95 (+0.3) |              |              |              |  |
| 7                    | Munoz, Ricky      | JR | Northwest Na   | 11.57m 37' 11 <sup>1</sup> / <sub>2</sub> (+0.9) | FOUL         | 11.57 (+0.9) | 11.40 (+0.6) |              |              |              |  |
| 8                    | Wittman, Quincy   | FR | MSU-Billings   | 11.42m 37' 5 <sup>3</sup> / <sub>4</sub> (+0.5)  | FOUL         | FOUL         | 11.42 (+0.5) |              |              |              |  |
|                      | Faust, Louis      | SR | Concordia (O)  | NM   | FOUL         | FOUL         | FOUL         |              |              |              |  |
| <b>Flight 2 of 2</b> |                   |    |                |  |              |              |              |              |              |              |  |
| 1                    | Seely, Mark       | JR | Western Was    | 14.65m 48' 0 <sup>3</sup> / <sub>4</sub> (+1.1)  | 13.94 (+1.0) | FOUL         | 14.63 (+1.1) | FOUL         | 14.65 (+1.1) | FOUL         |  |
| 2                    | Plummer, Luke     | SR | Central Wash   | 14.56m 47' 9 <sup>1</sup> / <sub>4</sub> (+2.5)  | 12.29 (+1.6) | 14.41 (+2.4) | 14.38 (+1.9) | FOUL         | FOUL         | 14.56 (+2.5) |  |
| 3                    | Gray, Wesley      | SO | Western Ore    | 14.28m 46' 10 <sup>1</sup> / <sub>4</sub> (+1.5) | FOUL         | 14.23 (+1.6) | 13.85 (+0.6) | FOUL         | FOUL         | 14.28 (+1.5) |  |
| 4                    | Wheeler, Jimmy    | JR | Concordia (O)  | 14.21m 46' 7 <sup>1</sup> / <sub>2</sub> (+0.7)  | 13.98 (+2.1) | 14.21 (+0.7) | FOUL         | 13.87 (+1.1) | 13.84 (+1.1) | 14.01 (+1.9) |  |
| 5                    | Peterson, Justin  | JR | Central Wash   | 13.92m 45' 8" (+2.4)                             | 13.55 (+0.9) | 13.74 (+1.4) | 12.80 (+1.4) | 13.59 (+1.1) | 13.92 (+2.4) | 13.62 (+2.3) |  |
| 6                    | Gladden, Tevin    | JR | Alaska Ancho   | 13.77m 45' 2 <sup>1</sup> / <sub>4</sub> (+0.3)  | 13.77 (+0.3) | FOUL         | 13.23 (+1.5) | 13.09 (+0.8) | FOUL         | 13.04 (+1.3) |  |
| 7                    | Brake, Chris      | FR | Alaska Ancho   | 13.46m 44' 2" (+0.9)                             | FOUL         | FOUL         | 13.21 (+2.1) | 13.45 (+1.2) | 12.43 (-0.2) | 13.46 (+0.9) |  |
| 8                    | Ringold, Jacob    | FR | Western Was    | 12.82m 42' 0 <sup>3</sup> / <sub>4</sub> (+1.4)  | FOUL         | 12.56 (+0.6) | 12.82 (+1.4) |              |              |              |  |
|                      | Whittaker, Zach   | FR | Central Wash   | NM   | FOUL         | FOUL         | FOUL         |              |              |              |  |

## #36 Men's Shot Put

|                   |           |               |                    |      |
|-------------------|-----------|---------------|--------------------|------|
| % Championship    | 18.16m    | Frank Cteli   | Western Washington | 2014 |
| # GNAC            | 58' 7.50" | Frank Catelli | Western Washington | 2014 |
| \$ McArthur Field | 19.05m    | Willy Irvin   | Concordia          | 2013 |

4:30 AM (Day 1):

| Pl | Name           | Yr | Team          | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|----------------|----|---------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1  | Koch, Josh     | SO | Concordia (O) | # 18.20m 59' 8 <sup>3</sup> / <sub>4</sub> | 16.37 | 16.34 | 17.15 | 18.15 | FOUL  | 18.20 | 2(1)  | 10  |
| 2  | Watson, Robert | SR | Concordia (O) | 16.37m 53' 8 <sup>3</sup> / <sub>4</sub>   | 16.12 | 15.83 | FOUL  | FOUL  | 16.37 | FOUL  | 2(2)  | 8   |
| 3  | Moore, Jeremy  | SO | Western Ore   | 16.12m 52' 11"                             | FOUL  | 14.90 | 15.50 | 16.12 | FOUL  | FOUL  | 2(3)  | 6   |

# GNAC CHAMPIONSHIPS

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

## MEET OFFICIALS

Meet Director:  
Bridget Johnson Tetteh  
Meet Referee:  
Bob Latham  
Timing:  
Christopher Sabato



OFFICIAL MEET REPORT  
printed: 5/14/2016 2:54 PM

# RESULTS

## #36 Men's Shot Put (cont'd)

4:30 AM (Day 1):

| Pl | Name               | Yr | Team          | Mark              | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|--------------------|----|---------------|-------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 4  | Pless, Brandon     | SO | Western Was   | 15.95m 52' 4 1/4  | 15.54 | 15.54 | 15.93 | 15.95 | FOUL  | 15.29 | 2(4)  | 5   |
| 5  | Tafoya, Armando    | JR | Central Wash  | 15.95m 52' 4 1/4  | 15.50 | 15.51 | FOUL  | 15.95 | FOUL  | FOUL  | 2(4)  | 4   |
| 6  | Ostermiller, Brady | FR | MSU-Billings  | 14.60m 47' 11"    | 14.02 | 14.60 | FOUL  | 13.75 | 13.79 | FOUL  | 2(6)  | 3   |
| 7  | Lamott, Tyler      | JR | Concordia (O) | 14.47m 47' 6"     | 14.38 | FOUL  | FOUL  | 14.17 | 14.47 | FOUL  | 2(7)  | 2   |
| 8  | Brown, Josh        | FR | Western Ore   | 14.05m 46' 1 1/2  | 13.00 | 13.32 | 14.05 | 13.05 | FOUL  | FOUL  | 1(1)  | 1   |
| 9  | VanBeuren, John    | SR | Northwest Na  | 14.02m 46' 0 1/4  | 13.93 | FOUL  | 13.43 | 14.02 | 13.74 | 13.66 | 1(2)  |     |
| 10 | Lehr, James        | JR | Central Wash  | 13.79m 45' 3 1/4  | 13.29 | 12.84 | 13.79 |       |       |       | 1(3)  |     |
| 11 | Klippel, Kenny     | SO | Western Ore   | 13.67m 44' 10 1/2 | 13.13 | 13.64 | 13.67 |       |       |       | 2(8)  |     |
| 12 | Bowen, Brandon     | FR | Western Ore   | 12.96m 42' 6 1/2  | 12.96 | FOUL  | FOUL  |       |       |       | 2(9)  |     |
| 13 | Seul, Stefan       | FR | Western Ore   | 12.60m 41' 4 1/4  | 12.35 | 12.35 | 12.60 |       |       |       | 1(4)  |     |
| 14 | Calzada, Frank     | SR | Western Ore   | 11.82m 38' 9 1/2  | 11.82 | 11.70 | 11.50 |       |       |       | 1(5)  |     |

## FLIGHT RESULTS

| Pl                   | Name               | Yr | Team          | Mark               | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |  |
|----------------------|--------------------|----|---------------|--------------------|-------|-------|-------|-------|-------|-------|--|
| <b>Flight 1 of 2</b> |                    |    |               |                    |       |       |       |       |       |       |  |
| 1                    | Brown, Josh        | FR | Western Ore   | 14.05m 46' 1 1/2   | 13.00 | 13.32 | 14.05 | 13.05 | FOUL  | FOUL  |  |
| 2                    | VanBeuren, John    | SR | Northwest Na  | 14.02m 46' 0 1/4   | 13.93 | FOUL  | 13.43 | 14.02 | 13.74 | 13.66 |  |
| 3                    | Lehr, James        | JR | Central Wash  | 13.79m 45' 3 1/4   | 13.29 | 12.84 | 13.79 |       |       |       |  |
| 4                    | Seul, Stefan       | FR | Western Ore   | 12.60m 41' 4 1/4   | 12.35 | 12.35 | 12.60 |       |       |       |  |
| 5                    | Calzada, Frank     | SR | Western Ore   | 11.82m 38' 9 1/2   | 11.82 | 11.70 | 11.50 |       |       |       |  |
| <b>Flight 2 of 2</b> |                    |    |               |                    |       |       |       |       |       |       |  |
| 1                    | Koch, Josh         | SO | Concordia (O) | # 18.20m 59' 8 3/4 | 16.37 | 16.34 | 17.15 | 18.15 | FOUL  | 18.20 |  |
| 2                    | Watson, Robert     | SR | Concordia (O) | 16.37m 53' 8 3/4   | 16.12 | 15.83 | FOUL  | FOUL  | 16.37 | FOUL  |  |
| 3                    | Moore, Jeremy      | SO | Western Ore   | 16.12m 52' 11"     | FOUL  | 14.90 | 15.50 | 16.12 | FOUL  | FOUL  |  |
| 4                    | Pless, Brandon     | SO | Western Was   | 15.95m 52' 4 1/4   | 15.54 | 15.54 | 15.93 | 15.95 | FOUL  | 15.29 |  |
| 4                    | Tafoya, Armando    | JR | Central Wash  | 15.95m 52' 4 1/4   | 15.50 | 15.51 | FOUL  | 15.95 | FOUL  | FOUL  |  |
| 6                    | Ostermiller, Brady | FR | MSU-Billings  | 14.60m 47' 11"     | 14.02 | 14.60 | FOUL  | 13.75 | 13.79 | FOUL  |  |
| 7                    | Lamott, Tyler      | JR | Concordia (O) | 14.47m 47' 6"      | 14.38 | FOUL  | FOUL  | 14.17 | 14.47 | FOUL  |  |
| 8                    | Klippel, Kenny     | SO | Western Ore   | 13.67m 44' 10 1/2  | 13.13 | 13.64 | 13.67 |       |       |       |  |
| 9                    | Bowen, Brandon     | FR | Western Ore   | 12.96m 42' 6 1/2   | 12.96 | FOUL  | FOUL  |       |       |       |  |

## #38 Men's Discus

|    |                |        |                 |                    |      |
|----|----------------|--------|-----------------|--------------------|------|
| %  | Championship   | 51.67m | Tyler Fischer   | Central Washington | 2008 |
| #  | GNAC           | 53.47m | Cameron Neel    | Central Washington | 2006 |
| \$ | McArthur Field | 59.40m | Nathaniel Moses |                    | 2013 |

2:00 PM (Day 1):

| Pl | Name            | Yr | Team          | Mark               | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|-----------------|----|---------------|--------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1  | Koch, Josh      | SO | Concordia (O) | 50.58m 165' 11 1/2 | 50.10 | FOUL  | 48.64 | 49.63 | 49.58 | 50.58 | 2(1)  | 10  |
| 2  | Tafoya, Armando | JR | Central Wash  | 48.51m 159' 2"     | 47.36 | FOUL  | FOUL  | 48.29 | 48.51 | 48.43 | 2(2)  | 8   |
| 3  | Moore, Jeremy   | SO | Western Ore   | 47.51m 155' 10 3/4 | 46.85 | FOUL  | 44.92 | 45.82 | 46.45 | 47.51 | 2(3)  | 6   |
| 4  | Klippel, Kenny  | SO | Western Ore   | 45.73m 150' 0 3/4  | 38.68 | 43.56 | 45.73 | FOUL  | FOUL  | FOUL  | 1(1)  | 5   |
| 5  | Lehr, James     | JR | Central Wash  | 45.64m 149' 9"     | 42.24 | 44.72 | 44.49 | 45.45 | 45.64 | 44.69 | 1(2)  | 4   |
| 6  | Pless, Brandon  | SO | Western Was   | 45.15m 148' 1 3/4  | 39.67 | 43.00 | 44.19 | 43.81 | 45.15 | 43.49 | 2(4)  | 3   |
| 7  | Brown, Josh     | FR | Western Ore   | 45.02m 147' 8 3/4  | 45.02 | 43.72 | FOUL  | 43.05 | 43.48 | 43.99 | 2(5)  | 2   |
| 8  | Allen, Kegan    | SO | Western Ore   | 43.36m 142' 3 1/4  | FOUL  | 43.36 | FOUL  | 42.36 | 42.18 | FOUL  | 1(3)  | 1   |
| 9  | Bowen, Brandon  | FR | Western Ore   | 43.12m 141' 6"     | 41.66 | 40.01 | 43.12 | 39.53 | 41.96 | FOUL  | 1(4)  |     |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

printed: 5/14/2016 2:54 PM

**RESULTS****#38 Men's Discus (cont'd)**

2:00 PM (Day 1):

| Pl Name               | Yr Team          | Mark                                      | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts  |
|-----------------------|------------------|---|-------|-------|-------|-------|-------|-------|-------|------|
| 10 VanBeuren, John    | SR Northwest Na  | 42.70m 140' 1 <sup>1</sup> / <sub>4</sub> | 42.70 | 41.82 | 42.44 |       |       |       |       | 2(6) |
| 11 Lee, Bryan         | FR Western Was   | 42.08m 138' 1"                            | 41.21 | 41.37 | 42.08 |       |       |       |       | 2(7) |
| 12 Lamott, Tyler      | JR Concordia (O) | 40.98m 134' 5 <sup>3</sup> / <sub>4</sub> | 38.68 | 40.38 | 40.98 |       |       |       |       | 2(8) |
| 13 Seul, Stefan       | FR Western Ore   | 39.82m 130' 8"                            | FOUL  | FOUL  | 39.82 |       |       |       |       | 1(5) |
| 14 Smith, Zach        | FR Western Ore   | 37.86m 124' 2 <sup>3</sup> / <sub>4</sub> | 37.86 | 37.65 | 36.26 |       |       |       |       | 1(6) |
| 15 Ostermiller, Brady | FR MSU-Billings  | 37.72m 123' 9 <sup>1</sup> / <sub>4</sub> | FOUL  | 37.72 | FOUL  |       |       |       |       | 1(7) |
| 16 Williams, Cullen   | FR Concordia (O) | 33.84m 111' 0 <sup>1</sup> / <sub>2</sub> | 32.35 | 33.84 | 33.13 |       |       |       |       | 1(8) |
| Flanagan, Nels        | SO MSU-Billings  | NM  | FOUL  | FOUL  | FOUL  |       |       |       |       | 2    |

**FLIGHT RESULTS**

| Pl Name              | Yr Team          | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |  |
|----------------------|------------------|--|-------|-------|-------|-------|-------|-------|--|
| <b>Flight 1 of 2</b> |                  |  |       |       |       |       |       |       |  |
| 1 Klippel, Kenny     | SO Western Ore   | 45.73m 150' 0 <sup>3</sup> / <sub>4</sub>  | 38.68 | 43.56 | 45.73 | FOUL  | FOUL  | FOUL  |  |
| 2 Lehr, James        | JR Central Wash  | 45.64m 149' 9"                             | 42.24 | 44.72 | 44.49 | 45.45 | 45.64 | 44.69 |  |
| 3 Allen, Kegan       | SO Western Ore   | 43.36m 142' 3 <sup>1</sup> / <sub>4</sub>  | FOUL  | 43.36 | FOUL  | 42.36 | 42.18 | FOUL  |  |
| 4 Bowen, Brandon     | FR Western Ore   | 43.12m 141' 6"                             | 41.66 | 40.01 | 43.12 | 39.53 | 41.96 | FOUL  |  |
| 5 Seul, Stefan       | FR Western Ore   | 39.82m 130' 8"                             | FOUL  | FOUL  | 39.82 |       |       |       |  |
| 6 Smith, Zach        | FR Western Ore   | 37.86m 124' 2 <sup>3</sup> / <sub>4</sub>  | 37.86 | 37.65 | 36.26 |       |       |       |  |
| 7 Ostermiller, Brady | FR MSU-Billings  | 37.72m 123' 9 <sup>1</sup> / <sub>4</sub>  | FOUL  | 37.72 | FOUL  |       |       |       |  |
| 8 Williams, Cullen   | FR Concordia (O) | 33.84m 111' 0 <sup>1</sup> / <sub>2</sub>  | 32.35 | 33.84 | 33.13 |       |       |       |  |
| <b>Flight 2 of 2</b> |                  |  |       |       |       |       |       |       |  |
| 1 Koch, Josh         | SO Concordia (O) | 50.58m 165' 11 <sup>1</sup> / <sub>2</sub> | 50.10 | FOUL  | 48.64 | 49.63 | 49.58 | 50.58 |  |
| 2 Tafoya, Armando    | JR Central Wash  | 48.51m 159' 2"                             | 47.36 | FOUL  | FOUL  | 48.29 | 48.51 | 48.43 |  |
| 3 Moore, Jeremy      | SO Western Ore   | 47.51m 155' 10 <sup>3</sup> / <sub>4</sub> | 46.85 | FOUL  | 44.92 | 45.82 | 46.45 | 47.51 |  |
| 4 Pless, Brandon     | SO Western Was   | 45.15m 148' 1 <sup>3</sup> / <sub>4</sub>  | 39.67 | 43.00 | 44.19 | 43.81 | 45.15 | 43.49 |  |
| 5 Brown, Josh        | FR Western Ore   | 45.02m 147' 8 <sup>3</sup> / <sub>4</sub>  | 45.02 | 43.72 | FOUL  | 43.05 | 43.48 | 43.99 |  |
| 6 VanBeuren, John    | SR Northwest Na  | 42.70m 140' 1 <sup>1</sup> / <sub>4</sub>  | 42.70 | 41.82 | 42.44 |       |       |       |  |
| 7 Lee, Bryan         | FR Western Was   | 42.08m 138' 1"                             | 41.21 | 41.37 | 42.08 |       |       |       |  |
| 8 Lamott, Tyler      | JR Concordia (O) | 40.98m 134' 5 <sup>3</sup> / <sub>4</sub>  | 38.68 | 40.38 | 40.98 |       |       |       |  |
| Flanagan, Nels       | SO MSU-Billings  | NM   | FOUL  | FOUL  | FOUL  |       |       |       |  |

**#39 Men's Hammer**

|                   |        |                 |                    |      |
|-------------------|--------|-----------------|--------------------|------|
| % Championship    | 61.61m | Michael Hoffman | Western Washington | 2012 |
| # GNAC            | 62.89m | Pro Escobedo    | Western Oregon     | 2003 |
| \$ McArthur Field | 69.76m | Scott Boothby   | Club Northwest     | 2004 |

9:00 AM (Day 2):

| Pl Name              | Yr Team           | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----------------------|-------------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 Lamott, Tyler      | JR Concordia (O)  | 58.43m 191' 8 <sup>3</sup> / <sub>4</sub>  | FOUL  | 54.81 | 54.91 | FOUL  | FOUL  | 58.43 | 2(1)  | 10  |
| 2 Tafoya, Armando    | JR Central Wash   | 55.87m 183' 4"                             | FOUL  | 49.95 | 54.71 | FOUL  | 53.94 | 55.87 | 2(2)  | 8   |
| 3 Behncke, Peter     | JR Simon Fraser   | 52.69m 172' 10 <sup>3</sup> / <sub>4</sub> | 50.80 | 52.69 | 50.85 | 51.12 | 51.82 | FOUL  | 2(3)  | 6   |
| 4 Vanderpoel, Kauano | SO Saint Martin's | 51.00m 167' 4 <sup>1</sup> / <sub>4</sub>  | 46.96 | FOUL  | 47.79 | 49.81 | 45.35 | 51.00 | 2(4)  | 5   |
| 5 Wilkens, Mitch     | JR Saint Martin's | 50.80m 166' 8 <sup>1</sup> / <sub>4</sub>  | 47.64 | FOUL  | 47.86 | 50.80 | 50.07 | 47.26 | 2(5)  | 4   |
| 6 Fualefau, Vincent  | JR Saint Martin's | 50.50m 165' 8 <sup>1</sup> / <sub>2</sub>  | FOUL  | 47.26 | 50.50 | 49.40 | 48.51 | 49.16 | 2(6)  | 3   |
| 7 VanBeuren, John    | SR Northwest Na   | 50.33m 165' 1 <sup>3</sup> / <sub>4</sub>  | 48.07 | 42.85 | 50.33 | FOUL  | FOUL  | FOUL  | 1(1)  | 2   |
| 8 Koch, Josh         | SO Concordia (O)  | 50.20m 164' 8 <sup>3</sup> / <sub>4</sub>  | 47.21 | 48.87 | 48.10 | FOUL  | 50.20 | 46.59 | 2(7)  | 1   |
| 9 Lee, Bryan         | FR Western Was    | 47.10m 154' 6 <sup>1</sup> / <sub>2</sub>  | 47.10 | 41.80 | PASS  | FOUL  | FOUL  | FOUL  | 2(8)  |     |

DirectAthletics MeetPro 22

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

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**RESULTS****#39 Men's Hammer (cont'd)**

9:00 AM (Day 2):

| Pl Name            | Yr Team         | Mark                                      | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F (Pl) | Pts   |
|--------------------|-----------------|---|-------|-------|-------|-------|-------|-------|--------|-------|
| 10 Allen, Kegan    | SO Western Ore  | 46.22m 151' 8"                            | 45.17 | 46.21 | 46.22 |       |       |       |        | 1(2)  |
| 11 Eiland, Brayden | FR Northwest Na | 46.14m 151' 4 <sup>3</sup> / <sub>4</sub> | 43.49 | 46.14 | 45.07 |       |       |       |        | 1(3)  |
| 12 Moore, Jeremy   | SO Western Ore  | 44.30m 145' 4 <sup>1</sup> / <sub>4</sub> | 44.30 | FOUL  | FOUL  |       |       |       |        | 1(4)  |
| 13 Watson, Robert  | SR Concordia (O | 44.19m 145' 0"                            | FOUL  | FOUL  | 44.19 |       |       |       |        | 1(5)  |
| 14 Flanagan, Nels  | SO MSU-Billings | 43.70m 143' 4 <sup>3</sup> / <sub>4</sub> | 43.70 | 43.45 | FOUL  |       |       |       |        | 1(6)  |
| 15 Pless, Brandon  | SO Western Was  | 41.45m 136' 0 <sup>1</sup> / <sub>4</sub> | 41.45 | FOUL  | FOUL  |       |       |       |        | 2(9)  |
| 16 Lehr, James     | JR Central Wash | 41.39m 135' 9 <sup>3</sup> / <sub>4</sub> | 40.48 | FOUL  | 41.39 |       |       |       |        | 1(7)  |
| 17 Klippel, Kenny  | SO Western Ore  | 40.68m 133' 5 <sup>3</sup> / <sub>4</sub> | FOUL  | 37.56 | 40.68 |       |       |       |        | 1(8)  |
| 18 Wittman, Quincy | FR MSU-Billings | 40.47m 132' 9 <sup>1</sup> / <sub>2</sub> | 40.47 | 38.81 | FOUL  |       |       |       |        | 1(9)  |
| 19 Brown, Josh     | FR Western Ore  | 39.12m 128' 4 <sup>1</sup> / <sub>2</sub> | 39.12 | 37.91 | FOUL  |       |       |       |        | 1(10) |
| 20 Smith, Zach     | FR Western Ore  | 36.52m 119' 10"                           | 36.52 | 34.94 | 36.35 |       |       |       |        | 1(11) |

**FLIGHT RESULTS**

| Pl Name              | Yr Team           | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |  |
|----------------------|-------------------|--|-------|-------|-------|-------|-------|-------|--|
| <b>Flight 1 of 2</b> |                   |  |       |       |       |       |       |       |  |
| 1 VanBeuren, John    | SR Northwest Na   | 50.33m 165' 1 <sup>3</sup> / <sub>4</sub>  | 48.07 | 42.85 | 50.33 | FOUL  | FOUL  | FOUL  |  |
| 2 Allen, Kegan       | SO Western Ore    | 46.22m 151' 8"                             | 45.17 | 46.21 | 46.22 |       |       |       |  |
| 3 Eiland, Brayden    | FR Northwest Na   | 46.14m 151' 4 <sup>3</sup> / <sub>4</sub>  | 43.49 | 46.14 | 45.07 |       |       |       |  |
| 4 Moore, Jeremy      | SO Western Ore    | 44.30m 145' 4 <sup>1</sup> / <sub>4</sub>  | 44.30 | FOUL  | FOUL  |       |       |       |  |
| 5 Watson, Robert     | SR Concordia (O   | 44.19m 145' 0"                             | FOUL  | FOUL  | 44.19 |       |       |       |  |
| 6 Flanagan, Nels     | SO MSU-Billings   | 43.70m 143' 4 <sup>3</sup> / <sub>4</sub>  | 43.70 | 43.45 | FOUL  |       |       |       |  |
| 7 Lehr, James        | JR Central Wash   | 41.39m 135' 9 <sup>3</sup> / <sub>4</sub>  | 40.48 | FOUL  | 41.39 |       |       |       |  |
| 8 Klippel, Kenny     | SO Western Ore    | 40.68m 133' 5 <sup>3</sup> / <sub>4</sub>  | FOUL  | 37.56 | 40.68 |       |       |       |  |
| 9 Wittman, Quincy    | FR MSU-Billings   | 40.47m 132' 9 <sup>1</sup> / <sub>2</sub>  | 40.47 | 38.81 | FOUL  |       |       |       |  |
| 10 Brown, Josh       | FR Western Ore    | 39.12m 128' 4 <sup>1</sup> / <sub>2</sub>  | 39.12 | 37.91 | FOUL  |       |       |       |  |
| 11 Smith, Zach       | FR Western Ore    | 36.52m 119' 10"                            | 36.52 | 34.94 | 36.35 |       |       |       |  |
| <b>Flight 2 of 2</b> |                   |  |       |       |       |       |       |       |  |
| 1 Lamott, Tyler      | JR Concordia (O   | 58.43m 191' 8 <sup>3</sup> / <sub>4</sub>  | FOUL  | 54.81 | 54.91 | FOUL  | FOUL  | 58.43 |  |
| 2 Tafoya, Armando    | JR Central Wash   | 55.87m 183' 4"                             | FOUL  | 49.95 | 54.71 | FOUL  | 53.94 | 55.87 |  |
| 3 Behncke, Peter     | JR Simon Fraser   | 52.69m 172' 10 <sup>3</sup> / <sub>4</sub> | 50.80 | 52.69 | 50.85 | 51.12 | 51.82 | FOUL  |  |
| 4 Vanderpoel, Kauano | SO Saint Martin's | 51.00m 167' 4 <sup>1</sup> / <sub>4</sub>  | 46.96 | FOUL  | 47.79 | 49.81 | 45.35 | 51.00 |  |
| 5 Wilkens, Mitch     | JR Saint Martin's | 50.80m 166' 8 <sup>1</sup> / <sub>4</sub>  | 47.64 | FOUL  | 47.86 | 50.80 | 50.07 | 47.26 |  |
| 6 Fualefau, Vincent  | JR Saint Martin's | 50.50m 165' 8 <sup>1</sup> / <sub>2</sub>  | FOUL  | 47.26 | 50.50 | 49.40 | 48.51 | 49.16 |  |
| 7 Koch, Josh         | SO Concordia (O   | 50.20m 164' 8 <sup>3</sup> / <sub>4</sub>  | 47.21 | 48.87 | 48.10 | FOUL  | 50.20 | 46.59 |  |
| 8 Lee, Bryan         | FR Western Was    | 47.10m 154' 6 <sup>1</sup> / <sub>2</sub>  | 47.10 | 41.80 | PASS  | FOUL  | FOUL  | FOUL  |  |
| 9 Pless, Brandon     | SO Western Was    | 41.45m 136' 0 <sup>1</sup> / <sub>4</sub>  | 41.45 | FOUL  | FOUL  |       |       |       |  |

**#41 Men's Javelin**

|                   |        |                 |                        |      |
|-------------------|--------|-----------------|------------------------|------|
| % Championship    | 69.49m | Franz Burghagen | Alaska Anchorage       | 2013 |
| # GNAC            | 77.98m | Cody Parker     | Alaska Anchorage       | 2013 |
| \$ McArthur Field | 79.08m | Brian Crouser   | New York Athletic Club | 1990 |

12:00 PM (Day 2):

| Pl Name          | Yr Team         | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Pts |
|------------------|-----------------|--|-------|-------|-------|-------|-------|-------|-----|
| 1 Parker, Cody   | SR Alaska Ancho | 65.30m 214' 3 <sup>1</sup> / <sub>4</sub>  | 57.37 | 65.30 | FOUL  | PASS  | PASS  | PASS  | 10  |
| 2 Haskin, John   | SR Western Was  | 62.44m 204' 10 <sup>1</sup> / <sub>2</sub> | FOUL  | 60.23 | 59.59 | 58.93 | 62.44 | 60.30 | 8   |
| 3 Larson, Justin | SR Western Ore  | 60.30m 197' 10 <sup>1</sup> / <sub>4</sub> | 58.81 | 53.56 | 59.23 | 60.30 | 59.03 | 55.50 | 6   |

DirectAthletics MeetPro 23

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

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**RESULTS****#41 Men's Javelin (cont'd)**

12:00 PM (Day 2):

| Pl | Name                | Yr | Team           | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | Pts |
|----|---------------------|----|----------------|--|-------|-------|-------|-------|-------|-------|-----|
| 4  | Barry, Alex         | FR | Western Was    | 57.85m 189' 9 <sup>3</sup> / <sub>4</sub>  | 55.75 | 57.68 | 53.34 | 53.48 | 57.45 | 57.85 | 5   |
| 5  | Chalkley, Brian     | SO | Saint Martin's | 56.67m 185' 11 <sup>1</sup> / <sub>4</sub> | 54.64 | 53.38 | 54.96 | FOUL  | 56.67 | 55.63 | 4   |
| 6  | Villarreal, Domingo | SO | Central Wash   | 52.73m 173' 0 <sup>1</sup> / <sub>4</sub>  | 52.73 | 49.41 | 45.80 | 52.19 | 48.21 | 47.73 | 3   |
| 7  | Durden, David       | JR | Saint Martin's | 51.05m 167' 6"                             | FOUL  | 51.05 | 41.80 | 50.43 | FOUL  | 47.23 | 2   |
| 8  | Jorgenson, Riley    | SO | Central Wash   | 50.08m 164' 4"                             | 50.08 | 47.83 | 49.28 | 48.23 | 48.47 | 46.52 | 1   |
| 9  | Flanagan, Nels      | SO | MSU-Billings   | 50.06m 164' 3 <sup>1</sup> / <sub>4</sub>  | 50.06 | 47.71 | FOUL  | 45.73 | 48.03 | FOUL  |     |
| 10 | Chavez, Michael     | JR | Central Wash   | 47.79m 156' 9 <sup>3</sup> / <sub>4</sub>  | 47.79 | 45.87 | 44.59 |       |       |       |     |
| 11 | Tranch, Micah       | FR | Northwest Na   | 44.82m 147' 0 <sup>3</sup> / <sub>4</sub>  | 44.82 | 41.22 | 42.06 |       |       |       |     |
| 12 | Karamanian, Jacob   | SR | Simon Fraser   | 43.91m 144' 1"                             | FOUL  | 43.91 | 43.84 |       |       |       |     |
| 13 | David, Costel       | FR | Western Was    | 42.62m 139' 10 <sup>1</sup> / <sub>4</sub> | 41.64 | 42.62 | 42.61 |       |       |       |     |

**#2 Men's Decathlon**

| Pl | Athlete  | Points | 100 Meters             | Long Jump  | Shot Put   | High Jump   | 400 Meters     | 110m Hurdles | Discus  | Pole Vault   | Javelin   | 1500 Meters    |
|----|--|--------|------------------------|--|--|---|----------------|--------------|---|--|---|----------------|
| 1  | Thomas, Cody<br>Alaska Anchorage<br>Team Points: 10      | 7201   | 11.05<br>(-0.1)<br>850 | 6.85m<br>22' 5 <sup>3</sup> / <sub>4</sub><br>778  | 12.09m<br>39' 8 <sup>1</sup> / <sub>4</sub><br>612 | 2.02m<br>6' 7 <sup>1</sup> / <sub>2</sub><br>822  | 48.00<br>909   | 14.81<br>873 | 36.76m<br>120' 7 <sup>1</sup> / <sub>2</sub><br>599 | 3.77m<br>12' 4 <sup>1</sup> / <sub>2</sub><br>554  | 44.89m<br>147' 3 <sup>1</sup> / <sub>2</sub><br>513 | 4:38.38<br>691 |
| 2  | Lewis, Payton<br>Northwest Nazarene<br>Team Points: 8    | 6611   | 11.27<br>(-0.1)<br>801 | 6.71m<br>22' 0 <sup>1</sup> / <sub>4</sub><br>746  | 11.95m<br>39' 2 <sup>3</sup> / <sub>4</sub><br>603 | 1.69m<br>5' 6 <sup>1</sup> / <sub>2</sub><br>536  | 53.38<br>665   | 15.14<br>833 | 38.40m<br>126' 0"<br>632                            | 4.87m<br>15' 11 <sup>3</sup> / <sub>4</sub><br>871 | 39.01m<br>128' 0"<br>428                            | 5:11.37<br>496 |
| 3  | Landis, Kodiak<br>Central Washington<br>Team Points: 6   | 6469   | 11.24<br>(-0.1)<br>808 | 6.52m<br>21' 4 <sup>3</sup> / <sub>4</sub><br>702  | 10.84m<br>35' 7"<br>536                            | 1.81m<br>5' 11 <sup>1</sup> / <sub>4</sub><br>636 | 51.30<br>756   | 16.35<br>694 | 34.25m<br>112' 4 <sup>3</sup> / <sub>4</sub><br>549 | 4.47m<br>14' 8"<br>751                             | 42.40m<br>139' 1 <sup>1</sup> / <sub>2</sub><br>477 | 5:00.02<br>560 |
| 4  | Forster, Michael<br>Central Washington<br>Team Points: 5 | 6011   | 11.64<br>(-0.1)<br>723 | 6.05m<br>19' 10 <sup>1</sup> / <sub>4</sub><br>597 | 10.82m<br>35' 6 <sup>1</sup> / <sub>4</sub><br>535 | 1.72m<br>5' 7 <sup>3</sup> / <sub>4</sub><br>560  | 53.05<br>679   | 16.58<br>669 | 37.26m<br>122' 3 <sup>1</sup> / <sub>4</sub><br>609 | 3.37m<br>11' 0 <sup>3</sup> / <sub>4</sub><br>449  | 43.95m<br>144' 2 <sup>1</sup> / <sub>2</sub><br>500 | 4:38.39<br>690 |
| 5  | Peterson, Justin<br>Central Washington<br>Team Points: 4 | 5942   | 12.08<br>(-0.1)<br>635 | 6.04m<br>19' 9 <sup>3</sup> / <sub>4</sub><br>595  | 11.31m<br>37' 1 <sup>1</sup> / <sub>2</sub><br>565 | 1.96m<br>6' 5"<br>767                             | 53.81<br>647   | 17.10<br>614 | 29.51m<br>96' 10"<br>455                            | 3.57m<br>11' 8 <sup>1</sup> / <sub>2</sub><br>501  | 40.20m<br>131' 11"<br>445                           | 4:34.03<br>718 |
| 6  | Durden, David<br>Saint Martin's<br>Team Points: 3        | 4753   | 11.56<br>(-0.1)<br>740 | 5.97m<br>19' 7"<br>580                             | 9.97m<br>32' 8 <sup>3</sup> / <sub>4</sub><br>484  | 1.81m<br>5' 11 <sup>1</sup> / <sub>4</sub><br>636 | 1:05.06<br>257 | 22.10<br>202 | 27.47m<br>90' 1 <sup>3</sup> / <sub>4</sub><br>415  | 3.67m<br>12' 0 <sup>1</sup> / <sub>2</sub><br>527  | 50.34m<br>165' 2 <sup>1</sup> / <sub>4</sub><br>594 | 5:47.38<br>318 |

**#3 Women's 100 Meters**

|    |                |       |                |                  |      |
|----|----------------|-------|----------------|------------------|------|
| %  | Championship   | 11.81 | Jamie Ashcroft | Alaska Anchorage | 2015 |
| #  | GNAC           | 11.74 | Jamie Ashcroft | Alaska Anchorage | 2014 |
| \$ | McArthur Field | 11.81 | Jamie Ashcrof  | Alaska Anchorage | 2015 |

12:15 PM (Day 2):

**Finals**

Wind: (-1.0)

| Pl | Name            | Yr | Team               | Time  | Note | Pts |
|----|-----------------|----|--------------------|-------|------|-----|
| 1  | Ashcroft, Jamie | JR | Alaska Anchorage   | 12.15 |      | 10  |
| 2  | Deskins, Taylor | JR | Northwest Nazarene | 12.36 |      | 8   |
| 3  | Garcia, Madison | JR | Central Washington | 12.39 |      | 6   |
| 4  | Brannan, Kyra   | JR | Seattle Pacific    | 12.60 |      | 5   |
| 5  | Houk, Becca     | SO | Seattle Pacific    | 12.73 |      | 4   |



**GNAC CHAMPIONSHIPS**

Monmouth, OR

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**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

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**RESULTS****#3 Women's 100 Meters (cont'd)**

12:15 PM (Day 2):

**Finals**

Wind: (-1.0)

| Pl | Name           | Yr | Team             | Time  | Note | Pts |
|----|----------------|----|------------------|-------|------|-----|
| 6  | Johnson, Tori  | FR | Concordia (Ore.) | 12.77 |      | 3   |
| 7  | Kabia, Valda   | FR | Simon Fraser     | 12.81 |      | 2   |
| 8  | Patrick, Laura | JR | Western Oregon   | 12.83 |      | 1   |

4:35 PM (Day 1): (Top 1 per Heat + next 5 advance)

**Prelims**

| Pl | Name              | Yr | Team               | Time   | Note          | H(Pl) |
|----|-------------------|----|--------------------|--------|---------------|-------|
| 1  | Ashcroft, Jamie   | JR | Alaska Anchorage   | 12.24Q | (-3.9)        | 2(1)  |
| 2  | Deskins, Taylor   | JR | Northwest Nazarene | 12.39Q | (-2.5)        | 3(1)  |
| 3  | Garcia, Madison   | JR | Central Washington | 12.41Q | (-1.9)        | 1(1)  |
| 4  | Brannan, Kyra     | JR | Seattle Pacific    | 12.42q | (-1.9)        | 1(2)  |
| 5  | Kabia, Valda      | FR | Simon Fraser       | 12.65q | (-2.5)        | 3(2)  |
| 6  | Houk, Becca       | SO | Seattle Pacific    | 12.83q | (-3.9)        | 2(2)  |
| 7  | Patrick, Laura    | JR | Western Oregon     | 12.84q | (-3.9)        | 2(3)  |
| 8  | Johnson, Tori     | FR | Concordia (Ore.)   | 12.86q | (-1.9)        | 1(3)  |
| 9  | Ivancic, Veronica | SR | Western Washington | 12.89  | (-2.5)        | 3(3)  |
| 10 | Street, Blair     | SR | MSU-Billings       | 12.96  | (-2.5)        | 3(4)  |
| 11 | Ivancic, Rachel   | SR | Western Washington | 12.98  | (-1.9)        | 1(4)  |
| 12 | Brown, Ella       | JR | Simon Fraser       | 13.00  | (-3.9)        | 2(4)  |
| 13 | Seigfreid, Shayli | FR | Northwest Nazarene | 13.05  | 13.045 (-3.9) | 2(5)  |
| 14 | Johnson, Kei Kei  | SR | Concordia (Ore.)   | 13.05  | 13.049 (-2.5) | 3(5)  |
| 15 | Bernard, Maddie   | FR | Western Oregon     | 13.06  | (-1.9)        | 1(5)  |
| 16 | Legras, Natalie   | FR | Western Oregon     | 13.19  | (-2.5)        | 3(6)  |
| 17 | Petersen, Lisa    | SR | Saint Martin's     | 13.41  | (-1.9)        | 1(6)  |
| 18 | Hawley, Katia     | FR | Central Washington | 13.42  | 13.415 (-2.5) | 3(7)  |
| 19 | Martin, Diamond   | SO | Central Washington | 13.42  | (-3.9)        | 2(6)  |
| 20 | Sears, Hailey     | FR | Western Oregon     | 13.50  | (-3.9)        | 2(7)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name              | Yr | Team               | Time   | Note   |
|--------------------|-------------------|----|--------------------|--------|--------|
| <b>Heat 1 of 3</b> |                   |    |                    |        |        |
| Wind: (-1.9)       |                   |    |                    |        |        |
| 1                  | Garcia, Madison   | JR | Central Washington | 12.41Q |        |
| 2                  | Brannan, Kyra     | JR | Seattle Pacific    | 12.42q |        |
| 3                  | Johnson, Tori     | FR | Concordia (Ore.)   | 12.86q |        |
| 4                  | Ivancic, Rachel   | SR | Western Washington | 12.98  |        |
| 5                  | Bernard, Maddie   | FR | Western Oregon     | 13.06  |        |
| 6                  | Petersen, Lisa    | SR | Saint Martin's     | 13.41  |        |
| <b>Heat 2 of 3</b> |                   |    |                    |        |        |
| Wind: (-3.9)       |                   |    |                    |        |        |
| 1                  | Ashcroft, Jamie   | JR | Alaska Anchorage   | 12.24Q |        |
| 2                  | Houk, Becca       | SO | Seattle Pacific    | 12.83q |        |
| 3                  | Patrick, Laura    | JR | Western Oregon     | 12.84q |        |
| 4                  | Brown, Ella       | JR | Simon Fraser       | 13.00  |        |
| 5                  | Seigfreid, Shayli | FR | Northwest Nazarene | 13.05  | 13.045 |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

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**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

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**RESULTS****#3 Women's 100 Meters (cont'd)****Prelims**

| Pl | Name            | Yr | Team               | Time  | Note |
|----|-----------------|----|--------------------|-------|------|
| 6  | Martin, Diamond | SO | Central Washington | 13.42 |      |
| 7  | Sears, Hailey   | FR | Western Oregon     | 13.50 |      |

**Heat 3 of 3**

Wind: (-2.5)

| Pl | Name              | Yr | Team               | Time   | Note   |
|----|-------------------|----|--------------------|--------|--------|
| 1  | Deskins, Taylor   | JR | Northwest Nazarene | 12.39Q |        |
| 2  | Kabia, Valda      | FR | Simon Fraser       | 12.65q |        |
| 3  | Ivancic, Veronica | SR | Western Washington | 12.89  |        |
| 4  | Street, Blair     | SR | MSU-Billings       | 12.96  |        |
| 5  | Johnson, Kei Kei  | SR | Concordia (Ore.)   | 13.05  | 13.049 |
| 6  | Legras, Natalie   | FR | Western Oregon     | 13.19  |        |
| 7  | Hawley, Katia     | FR | Central Washington | 13.42  | 13.415 |

**#5 Women's 200 Meters**

|    |                |       |               |                  |      |
|----|----------------|-------|---------------|------------------|------|
| %  | Championship   | 24.30 | Grace Morgan  | Alaska Anchorage | 2013 |
| #  | GNAC           | 23.99 | NyEma Sims    | Seattle Pacific  | 2007 |
| \$ | McArthur Field | 24.45 | Jamie Ashcrof | Alaska Anchorage | 2015 |

**1:05 PM (Day 2):****Finals**

Wind: (-1.6)

| Pl | Name                 | Yr | Team               | Time  | Note | Pts |
|----|----------------------|----|--------------------|-------|------|-----|
| 1  | Ashcroft, Jamie      | JR | Alaska Anchorage   | 25.01 |      | 10  |
| 2  | Garcia, Madison      | JR | Central Washington | 25.30 |      | 8   |
| 3  | Cross, Mary Kathleen | JR | Alaska Anchorage   | 25.34 |      | 6   |
| 4  | Kabia, Valda         | FR | Simon Fraser       | 25.62 |      | 5   |
| 5  | Brannan, Kyra        | JR | Seattle Pacific    | 25.99 |      | 4   |
| 6  | Ambus, Jahzelle      | SR | Seattle Pacific    | 26.26 |      | 3   |
| 7  | Houk, Becca          | SO | Seattle Pacific    | 26.50 |      | 2   |
| 8  | Deskins, Taylor      | JR | Northwest Nazarene | 26.81 |      | 1   |

**6:05 PM (Day 1): (Top 1 per Heat + next 5 advance)****Prelims**

| Pl | Name                 | Yr | Team               | Time   | Note   | H(Pl) |
|----|----------------------|----|--------------------|--------|--------|-------|
| 1  | Ambus, Jahzelle      | SR | Seattle Pacific    | 24.74Q | (+0.0) | 1(1)  |
| 2  | Ashcroft, Jamie      | JR | Alaska Anchorage   | 24.75Q | (-0.2) | 2(1)  |
| 3  | Cross, Mary Kathleen | JR | Alaska Anchorage   | 24.98Q | (-0.8) | 3(1)  |
| 4  | Kabia, Valda         | FR | Simon Fraser       | 25.07q | (+0.0) | 1(2)  |
| 5  | Garcia, Madison      | JR | Central Washington | 25.24q | (-0.8) | 3(2)  |
| 6  | Brannan, Kyra        | JR | Seattle Pacific    | 25.30q | (+0.0) | 1(3)  |
| 7  | Houk, Becca          | SO | Seattle Pacific    | 25.31q | (+0.0) | 1(4)  |
| 8  | Deskins, Taylor      | JR | Northwest Nazarene | 25.41q | (-0.2) | 2(2)  |
| 9  | Banfro, Tianna       | JR | Central Washington | 25.58  | (-0.8) | 3(3)  |
| 10 | Hong, Cheryl         | JR | Seattle Pacific    | 25.74  | (-0.2) | 2(3)  |
| 11 | Patrick, Laura       | JR | Western Oregon     | 26.01  | (-0.8) | 3(4)  |
| 12 | West, Bryce          | SO | Simon Fraser       | 26.04  | (-0.8) | 3(5)  |
| 13 | Smith, Savannah      | FR | Western Washington | 26.13  | (+0.0) | 1(5)  |
| 14 | Ivancic, Veronica    | SR | Western Washington | 26.37  | (-0.2) | 2(4)  |
| 15 | Konrad, Cheyenne     | FR | Western Washington | 26.43  | (-0.2) | 2(5)  |
| 16 | Hawley, Katia        | FR | Central Washington | 26.67  | (-0.2) | 2(6)  |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

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**RESULTS****#5 Women's 200 Meters (cont'd)**

6:05 PM (Day 1): (Top 1 per Heat + next 5 advance)

**Prelims**

| Pl Name            | Yr Team           | Time  | Note   | H(Pl) |
|--------------------|-------------------|-------|--------|-------|
| 17 Street, Blair   | SR MSU-Billings   | 26.68 | (-0.8) | 3(6)  |
| 18 Sears, Hailey   | FR Western Oregon | 26.86 | (-0.2) | 2(7)  |
| 19 Bernard, Maddie | FR Western Oregon | 26.88 | (-0.8) | 3(7)  |

**HEAT RESULTS****Prelims**

| Pl Name                         | Yr Team               | Time   | Note |
|---------------------------------|-----------------------|--------|------|
| <b>Heat 1 of 3</b> Wind: (+0.0) |                       |        |      |
| 1 Ambus, Jahzelle               | SR Seattle Pacific    | 24.74Q |      |
| 2 Kabia, Valda                  | FR Simon Fraser       | 25.07q |      |
| 3 Brannan, Kyra                 | JR Seattle Pacific    | 25.30q |      |
| 4 Houk, Becca                   | SO Seattle Pacific    | 25.31q |      |
| 5 Smith, Savannah               | FR Western Washington | 26.13  |      |
| <b>Heat 2 of 3</b> Wind: (-0.2) |                       |        |      |
| 1 Ashcroft, Jamie               | JR Alaska Anchorage   | 24.75Q |      |
| 2 Deskins, Taylor               | JR Northwest Nazarene | 25.41q |      |
| 3 Hong, Cheryl                  | JR Seattle Pacific    | 25.74  |      |
| 4 Ivancic, Veronica             | SR Western Washington | 26.37  |      |
| 5 Konrad, Cheyenne              | FR Western Washington | 26.43  |      |
| 6 Hawley, Katia                 | FR Central Washington | 26.67  |      |
| 7 Sears, Hailey                 | FR Western Oregon     | 26.86  |      |
| <b>Heat 3 of 3</b> Wind: (-0.8) |                       |        |      |
| 1 Cross, Mary Kathleen          | JR Alaska Anchorage   | 24.98Q |      |
| 2 Garcia, Madison               | JR Central Washington | 25.24q |      |
| 3 Banfro, Tianna                | JR Central Washington | 25.58  |      |
| 4 Patrick, Laura                | JR Western Oregon     | 26.01  |      |
| 5 West, Bryce                   | SO Simon Fraser       | 26.04  |      |
| 6 Street, Blair                 | SR MSU-Billings       | 26.68  |      |
| 7 Bernard, Maddie               | FR Western Oregon     | 26.88  |      |

**#7 Women's 400 Meters**

|                   |       |              |                  |      |
|-------------------|-------|--------------|------------------|------|
| % Championship    | 54.46 | Helen Crofts | Simon Fraser     | 2013 |
| # GNAC            | 53.56 | Mary Pearce  | Alaska Anchorage | 2007 |
| \$ McArthur Field | 55.10 | Mary Pearce  | Alaska Anchorage | 2006 |

12:05 PM (Day 2):

**Finals**

| Pl Name                       | Yr Team               | Time    | Note | Pts |
|-------------------------------|-----------------------|---------|------|-----|
| 1 Ambus, Jahzelle             | SR Seattle Pacific    | 56.80   |      | 10  |
| 2 Cross, Mary Kathleen        | JR Alaska Anchorage   | 57.06   |      | 8   |
| 3 Rose, Megan                 | SO Western Oregon     | 57.63   |      | 6   |
| 4 Cleveland-Aguirre, Makenzee | SO Concordia (Ore.)   | 57.80   |      | 5   |
| 5 Woods, Olivia               | FR Western Oregon     | 57.99   |      | 4   |
| 6 Hong, Cheryl                | JR Seattle Pacific    | 58.27   |      | 3   |
| 7 Bezanson, Hayley            | JR Alaska Anchorage   | 58.74   |      | 2   |
| 8 Konrad, Cheyenne            | FR Western Washington | 1:01.16 |      | 1   |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

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May 13, 2016

**MEET OFFICIALS****Meet Director:**

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**Meet Referee:**

Bob Latham

**Timing:**

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**RESULTS****#7 Women's 400 Meters (cont'd)**

4:05 PM (Day 1): (Top 1 per Heat + next 5 advance)

**Prelims**

| Pl | Name                        | Yr | Team               | Time    | Note     | H(Pl) |
|----|-----------------------------|----|--------------------|---------|----------|-------|
| 1  | Cross, Mary Kathleen        | JR | Alaska Anchorage   | 55.92   | Q        | 2(1)  |
| 2  | Ambus, Jahzelle             | SR | Seattle Pacific    | 56.17   | Q        | 1(1)  |
| 3  | Rose, Megan                 | SO | Western Oregon     | 56.61   | q        | 2(2)  |
| 4  | Woods, Olivia               | FR | Western Oregon     | 57.00   | Q        | 3(1)  |
| 5  | Bezanson, Hayley            | JR | Alaska Anchorage   | 57.19   | q 57.184 | 2(3)  |
| 6  | Hong, Cheryl                | JR | Seattle Pacific    | 57.19   | q 57.188 | 3(2)  |
| 7  | Cleveland-Aguirre, Makenzee | SO | Concordia (Ore.)   | 57.30   | q        | 1(2)  |
| 8  | Konrad, Cheyenne            | FR | Western Washington | 57.99   | q        | 2(4)  |
| 9  | Smith, Savannah             | FR | Western Washington | 58.65   |          | 2(5)  |
| 10 | Safley, Caitlyn             | SR | Concordia (Ore.)   | 58.86   |          | 3(3)  |
| 11 | West, Bryce                 | SO | Simon Fraser       | 59.22   |          | 3(4)  |
| 12 | Harmon, Ashley              | SR | Central Washington | 59.63   |          | 1(3)  |
| 13 | Paffrath, Leah              | SR | Western Oregon     | 1:00.01 |          | 3(5)  |
| 14 | Page, Raigan                | FR | Western Washington | 1:00.33 |          | 1(4)  |
| 15 | Carssow, Mikeala            | SR | Concordia (Ore.)   | 1:00.39 |          | 3(6)  |
| 16 | Cuddihy, Lauren             | FR | Alaska Anchorage   | 1:01.85 |          | 2(6)  |
| 17 | Carandang, Ashley           | FR | Saint Martin's     | 1:02.91 |          | 1(5)  |

**HEAT RESULTS****Prelims**

| Pl                 | Name                        | Yr | Team               | Time    | Note     |
|--------------------|-----------------------------|----|--------------------|---------|----------|
| <b>Heat 1 of 3</b> |                             |    |                    |         |          |
| 1                  | Ambus, Jahzelle             | SR | Seattle Pacific    | 56.17   | Q        |
| 2                  | Cleveland-Aguirre, Makenzee | SO | Concordia (Ore.)   | 57.30   | q        |
| 3                  | Harmon, Ashley              | SR | Central Washington | 59.63   |          |
| 4                  | Page, Raigan                | FR | Western Washington | 1:00.33 |          |
| 5                  | Carandang, Ashley           | FR | Saint Martin's     | 1:02.91 |          |
| <b>Heat 2 of 3</b> |                             |    |                    |         |          |
| 1                  | Cross, Mary Kathleen        | JR | Alaska Anchorage   | 55.92   | Q        |
| 2                  | Rose, Megan                 | SO | Western Oregon     | 56.61   | q        |
| 3                  | Bezanson, Hayley            | JR | Alaska Anchorage   | 57.19   | q 57.184 |
| 4                  | Konrad, Cheyenne            | FR | Western Washington | 57.99   | q        |
| 5                  | Smith, Savannah             | FR | Western Washington | 58.65   |          |
| 6                  | Cuddihy, Lauren             | FR | Alaska Anchorage   | 1:01.85 |          |
| <b>Heat 3 of 3</b> |                             |    |                    |         |          |
| 1                  | Woods, Olivia               | FR | Western Oregon     | 57.00   | Q        |
| 2                  | Hong, Cheryl                | JR | Seattle Pacific    | 57.19   | q 57.188 |
| 3                  | Safley, Caitlyn             | SR | Concordia (Ore.)   | 58.86   |          |
| 4                  | West, Bryce                 | SO | Simon Fraser       | 59.22   |          |
| 5                  | Paffrath, Leah              | SR | Western Oregon     | 1:00.01 |          |
| 6                  | Carssow, Mikeala            | SR | Concordia (Ore.)   | 1:00.39 |          |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

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Bob Latham

**Timing:**

Christopher Sabato

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**RESULTS****#10 Women's 800 Meters**

|                   |         |                |                 |      |
|-------------------|---------|----------------|-----------------|------|
| % Championship    | 2:06.38 | Jessica Pixler | Seattle Pacific | 2010 |
| # GNAC            | 2:02.10 | Helen Crofts   | Simon Fraser    | 2013 |
| \$ McArthur Field | 2:06.38 | Jessica Pixler | Seattle Pacific | 2010 |

**12:25 PM (Day 2):****Finals**

| Pl | Name                                     | Yr | Team             | Time    | Note | Pts |
|----|--|----|------------------|---------|------|-----|
| 1  | Dodd, Sophie<br>1:06.518 2:11.464        | SO | Simon Fraser     | 2:11.47 |      | 10  |
| 2  | Decker, Lynelle<br>1:06.569 2:11.554     | SR | Seattle Pacific  | 2:11.56 |      | 8   |
| 3  | Van De Grift, Suzie<br>1:06.820 2:11.613 | SO | Western Oregon   | 2:11.62 |      | 6   |
| 4  | Perez, Tamara<br>1:06.676 2:12.019       | SO | Alaska Anchorage | 2:12.02 |      | 5   |
| 5  | McCormick, Danielle<br>1:07.126 2:13.486 | FR | Alaska Anchorage | 2:13.49 |      | 4   |
| 6  | Beeson, Bailey<br>1:06.842 2:14.275      | SR | Western Oregon   | 2:14.28 |      | 3   |
| 7  | Mussatto, Alana<br>1:06.925 2:20.181     | SO | Simon Fraser     | 2:20.19 |      | 2   |
| 8  | Townsend, Addy<br>1:07.365 2:24.043      | FR | Simon Fraser     | 2:24.05 |      | 1   |

**5:05 PM (Day 1): (Top 2 per Heat + next 4 advance)****Prelims**

| Pl | Name                                     | Yr | Team               | Time     | Note     | H(Pl) |
|----|--|----|--------------------|----------|----------|-------|
| 1  | Decker, Lynelle<br>1:06.639 2:10.225     | SR | Seattle Pacific    | 2:10.23Q |          | 2(1)  |
| 2  | Perez, Tamara<br>1:03.937 2:10.936       | SO | Alaska Anchorage   | 2:10.94Q |          | 1(1)  |
| 3  | Mussatto, Alana<br>1:03.596 2:10.979     | SO | Simon Fraser       | 2:10.98Q |          | 1(2)  |
| 4  | Dodd, Sophie<br>1:03.707 2:11.208        | SO | Simon Fraser       | 2:11.21q |          | 1(3)  |
| 5  | McCormick, Danielle<br>1:06.975 2:12.947 | FR | Alaska Anchorage   | 2:12.95Q |          | 2(2)  |
| 6  | Van De Grift, Suzie<br>1:06.785 2:13.124 | SO | Western Oregon     | 2:13.13q | 2:13.124 | 2(3)  |
| 7  | Townsend, Addy<br>1:06.597 2:13.126      | FR | Simon Fraser       | 2:13.13q | 2:13.126 | 2(3)  |
| 8  | Beeson, Bailey<br>1:06.764 2:13.586      | SR | Western Oregon     | 2:13.59q |          | 2(5)  |
| 9  | Pahkala, Jessica<br>1:04.669 2:13.849    | SR | Alaska Anchorage   | 2:13.85  |          | 1(4)  |
| 10 | Phan, Chynna<br>1:04.348 2:13.854        | SO | Seattle Pacific    | 2:13.86  |          | 1(5)  |
| 11 | Inderbitzin, Jayna                       | SR | Central Washington | 2:15.77  |          | 1(6)  |

**GNAC CHAMPIONSHIPS**

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May 13, 2016

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**RESULTS****#10 Women's 800 Meters (cont'd)**

5:05 PM (Day 1): (Top 2 per Heat + next 4 advance)

**Prelims**

| PI Name              | Yr | Team               | Time    | Note | H(PI) |
|----------------------|----|--------------------|---------|------|-------|
| 12 Liebel, Brenna    | FR | Central Washington | 2:19.21 |      | 1(7)  |
| 13 Graham, Taylor    | SR | Western Washington | 2:20.46 |      | 1(8)  |
| 14 Smiedala, Josey   | FR | MSU-Billings       | 2:21.83 |      | 2(6)  |
| 15 Richardson, Dalen | SO | Concordia (Ore.)   | 2:24.26 |      | 2(7)  |

**HEAT RESULTS****Prelims**

| PI Name               | Yr | Team               | Time              | Note |
|-----------------------|----|--------------------|-------------------|------|
| <b>Heat 1 of 2</b>    |    |                    |                   |      |
| 1 Perez, Tamara       | SO | Alaska Anchorage   | 2:10.94Q          |      |
| 2 Mussatto, Alana     | SO | Simon Fraser       | 2:10.98Q          |      |
| 3 Dodd, Sophie        | SO | Simon Fraser       | 2:11.21q          |      |
| 4 Pahkala, Jessica    | SR | Alaska Anchorage   | 2:13.85           |      |
| 5 Phan, Chynna        | SO | Seattle Pacific    | 2:13.86           |      |
| 6 Inderbitzin, Jayna  | SR | Central Washington | 2:15.77           |      |
| 7 Liebel, Brenna      | FR | Central Washington | 2:19.21           |      |
| 8 Graham, Taylor      | SR | Western Washington | 2:20.46           |      |
| <b>Heat 2 of 2</b>    |    |                    |                   |      |
| 1 Decker, Lynelle     | SR | Seattle Pacific    | 2:10.23Q          |      |
| 2 McCormick, Danielle | FR | Alaska Anchorage   | 2:12.95Q          |      |
| 3 Van De Grift, Suzie | SO | Western Oregon     | 2:13.13q 2:13.124 |      |
| 3 Townsend, Addy      | FR | Simon Fraser       | 2:13.13q 2:13.126 |      |
| 5 Beeson, Bailey      | SR | Western Oregon     | 2:13.59q          |      |
| 6 Smiedala, Josey     | FR | MSU-Billings       | 2:21.83           |      |
| 7 Richardson, Dalen   | SO | Concordia (Ore.)   | 2:24.26           |      |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

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**RESULTS****#10 Women's 800 Meters (cont'd)****Prelims**

| Pl | Name   | Yr | Team | Time     | Note |
|----|--------|----|------|----------|------|
| 1  | 07.048 |    |      | 2:24.257 |      |

**#12 Women's 1500 Meters**

|    |                |         |                  |                  |      |
|----|----------------|---------|------------------|------------------|------|
| %  | Championship   | 4:24.01 | Jessica Pixler   | Seattle Pacific  | 2010 |
| #  | GNAC           | 4:11.06 | Jessica Pixler   | Seattle Pacific  | 2010 |
| \$ | McArthur Field | 4:13.81 | Jennifer Bravard | Asics Track Club | 1997 |

**11:25 AM (Day 2):**

| Pl | Name                                  | Yr | Team                              | Time    | Note | H(Pl) | Pts |
|----|---------------------------------------|----|-----------------------------------|---------|------|-------|-----|
| 1  | Decker, Lynelle<br>54.415 (54.415)    |    | SR Seattle Pacific<br>4:29.673    | 4:29.68 |      | 2(1)  | 10  |
| 2  | Porter, Shannon<br>54.636 (54.636)    |    | JR Saint Martin's<br>4:32.941     | 4:32.95 |      | 2(2)  | 8   |
| 3  | Charleson, Mary<br>54.509 (54.509)    |    | SO Seattle Pacific<br>4:34.040    | 4:34.04 |      | 2(3)  | 6   |
| 4  | Kurgat, Caroline<br>54.721 (54.721)   |    | SO Alaska Anchorage<br>4:35.643   | 4:35.65 |      | 2(4)  | 5   |
| 5  | Pahkala, Jessica<br>54.744 (54.744)   |    | SR Alaska Anchorage<br>4:37.722   | 4:37.73 |      | 2(5)  | 4   |
| 6  | Stuckey, Stephanie<br>54.181 (54.181) |    | SR Western Oregon<br>4:37.898     | 4:37.90 |      | 2(6)  | 3   |
| 7  | Maurmann, Nicole<br>53.426 (53.426)   |    | JR Western Oregon<br>4:39.024     | 4:39.03 |      | 1(1)  | 2   |
| 8  | Bassett, Miryam<br>53.703 (53.703)    |    | SO Simon Fraser<br>4:39.819       | 4:39.82 |      | 1(2)  | 1   |
| 9  | Klotz-Brooks, Kali<br>53.364 (53.364) |    | JR Western Washington<br>4:40.094 | 4:40.10 |      | 1(3)  |     |
| 10 | Perez, Tamara<br>54.492 (54.492)      |    | SO Alaska Anchorage<br>4:41.784   | 4:41.79 |      | 2(7)  |     |
| 11 | Howley, Julia<br>54.286 (54.286)      |    | SO Simon Fraser<br>4:42.058       | 4:42.06 |      | 2(8)  |     |
| 12 | Troupe, Shawna<br>54.350 (54.350)     |    | JR Western Washington<br>4:44.857 | 4:44.86 |      | 2(9)  |     |
| 13 | Chelimo, Joyce<br>54.443 (54.443)     |    | SR Alaska Anchorage<br>4:45.864   | 4:45.87 |      | 2(10) |     |
| 14 | Calvert, Hannah<br>53.956 (53.956)    |    | JR Seattle Pacific<br>4:49.520    | 4:49.52 |      | 1(4)  |     |
| 15 | Hutchison, Maddy<br>54.232 (54.232)   |    | SO Western Washington<br>4:50.373 | 4:50.38 |      | 1(5)  |     |
| 16 | Dobie, Reta<br>53.744 (53.744)        |    | JR Simon Fraser<br>4:50.954       | 4:50.96 |      | 1(6)  |     |
| 17 | Bywater, Cia<br>54.106 (54.106)       |    | SR Concordia (Ore.)<br>4:55.981   | 4:55.99 |      | 1(7)  |     |
| 18 | Fristoe, Sara<br>54.763 (54.763)      |    | JR Concordia (Ore.)<br>5:14.396   | 5:14.40 |      | 1(8)  |     |

**SECTION RESULTS**

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

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**RESULTS****#12 Women's 1500 Meters (cont'd)**

| Pl                    | Name               |          |          | Yr | Team               | Time    | Note |
|-----------------------|--------------------|----------|----------|----|--------------------|---------|------|
| <b>Section 1 of 2</b> |                    |          |          |    |                    |         |      |
| 1                     | Maurmann, Nicole   |          |          | JR | Western Oregon     | 4:39.03 |      |
|                       | 53.426 (53.426)    | 2:07.996 | 3:24.581 |    | 4:39.024           |         |      |
| 2                     | Bassett, Miryam    |          |          | SO | Simon Fraser       | 4:39.82 |      |
|                       | 53.703 (53.703)    | 2:08.595 | 3:26.210 |    | 4:39.819           |         |      |
| 3                     | Klotz-Brooks, Kali |          |          | JR | Western Washington | 4:40.10 |      |
|                       | 53.364 (53.364)    | 2:07.789 | 3:23.464 |    | 4:40.094           |         |      |
| 4                     | Calvert, Hannah    |          |          | JR | Seattle Pacific    | 4:49.52 |      |
|                       | 53.956 (53.956)    | 2:09.872 | 3:29.444 |    | 4:49.520           |         |      |
| 5                     | Hutchison, Maddy   |          |          | SO | Western Washington | 4:50.38 |      |
|                       | 54.232 (54.232)    | 2:09.917 | 3:29.648 |    | 4:50.373           |         |      |
| 6                     | Dobie, Reta        |          |          | JR | Simon Fraser       | 4:50.96 |      |
|                       | 53.744 (53.744)    | 2:08.619 | 3:27.896 |    | 4:50.954           |         |      |
| 7                     | Bywater, Cia       |          |          | SR | Concordia (Ore.)   | 4:55.99 |      |
|                       | 54.106 (54.106)    | 2:10.942 | 3:33.068 |    | 4:55.981           |         |      |
| 8                     | Fristoe, Sara      |          |          | JR | Concordia (Ore.)   | 5:14.40 |      |
|                       | 54.763 (54.763)    | 2:15.977 | 3:45.462 |    | 5:14.396           |         |      |
| <b>Section 2 of 2</b> |                    |          |          |    |                    |         |      |
| 1                     | Decker, Lynelle    |          |          | SR | Seattle Pacific    | 4:29.68 |      |
|                       | 54.415 (54.415)    | 2:08.335 | 3:22.676 |    | 4:29.673           |         |      |
| 2                     | Porter, Shannon    |          |          | JR | Saint Martin's     | 4:32.95 |      |
|                       | 54.636 (54.636)    | 2:08.463 | 3:22.749 |    | 4:32.941           |         |      |
| 3                     | Charleson, Mary    |          |          | SO | Seattle Pacific    | 4:34.04 |      |
|                       | 54.509 (54.509)    | 2:08.650 | 3:23.116 |    | 4:34.040           |         |      |
| 4                     | Kurgat, Caroline   |          |          | SO | Alaska Anchorage   | 4:35.65 |      |
|                       | 54.721 (54.721)    | 2:08.514 | 3:23.057 |    | 4:35.643           |         |      |
| 5                     | Pahkala, Jessica   |          |          | SR | Alaska Anchorage   | 4:37.73 |      |
|                       | 54.744 (54.744)    | 2:08.877 | 3:24.311 |    | 4:37.722           |         |      |
| 6                     | Stuckey, Stephanie |          |          | SR | Western Oregon     | 4:37.90 |      |
|                       | 54.181 (54.181)    | 2:08.207 | 3:23.669 |    | 4:37.898           |         |      |
| 7                     | Perez, Tamara      |          |          | SO | Alaska Anchorage   | 4:41.79 |      |
|                       | 54.492 (54.492)    | 2:08.919 | 3:25.174 |    | 4:41.784           |         |      |
| 8                     | Howley, Julia      |          |          | SO | Simon Fraser       | 4:42.06 |      |
|                       | 54.286 (54.286)    | 2:09.024 | 3:25.424 |    | 4:42.058           |         |      |
| 9                     | Troupe, Shawna     |          |          | JR | Western Washington | 4:44.86 |      |
|                       | 54.350 (54.350)    | 2:09.264 | 3:27.963 |    | 4:44.857           |         |      |
| 10                    | Chelimo, Joyce     |          |          | SR | Alaska Anchorage   | 4:45.87 |      |
|                       | 54.443 (54.443)    | 2:09.390 | 3:26.537 |    | 4:45.864           |         |      |

**#14 Women's 5000 Meters**

|    |                |          |                |                    |      |
|----|----------------|----------|----------------|--------------------|------|
| %  | Championship   | 16:39.39 | Sarah Porter   | Western Washington | 2010 |
| #  | GNAC           | 15:44.07 | Jessica Pixler | Seattle Pacific    | 2010 |
| \$ | McArthur Field | 16:39.39 | Sarah Porter   | Western Washington | 2008 |

**1:30 PM (Day 2):**

| Pl | Name            | Yr | Team              | Time     | Note | Pts |
|----|-----------------|----|-------------------|----------|------|-----|
| 1  | Porter, Shannon |    | JR Saint Martin's | 16:42.14 |      | 10  |
|    | 16:42.131       |    |                   |          |      |     |



**GNAC CHAMPIONSHIPS**

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Bob Latham

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**RESULTS****#14 Women's 5000 Meters (cont'd)****1:30 PM (Day 2):**

| Pl | Name                                     | Yr | Team               | Time     | Note | Pts |
|----|--|----|--------------------|----------|------|-----|
| 2  | Chelimo, Joyce<br>16:45.752              | SR | Alaska Anchorage   | 16:45.76 |      | 8   |
| 3  | Grant, Brittany<br>16:46.167             | JR | Western Washington | 16:46.17 |      | 6   |
| 4  | Kurgat, Caroline<br>16:49.149            | SO | Alaska Anchorage   | 16:49.15 |      | 5   |
| 5  | Charleson, Mary<br>16:49.901             | SO | Seattle Pacific    | 16:49.91 |      | 4   |
| 6  | Bassett, Rebecca<br>16:50.374            | JR | Simon Fraser       | 16:50.38 |      | 3   |
| 7  | Lyle, Della<br>16:50.737                 | SR | MSU-Billings       | 16:50.74 |      | 2   |
| 8  | Eggleston, Dani<br>16:58.648             | SR | Central Washington | 16:58.65 |      | 1   |
| 9  | Patti, Anna<br>17:06.296                 | SR | Seattle Pacific    | 17:06.30 |      |     |
| 10 | Guenther, Taylor<br>17:12.664            | JR | Western Washington | 17:12.67 |      |     |
| 11 | Stelling, Lillianna<br>17:17.402         | JR | Western Washington | 17:17.41 |      |     |
| 12 | Macdonald, Sarah<br>17:25.166            | JR | Seattle Pacific    | 17:25.17 |      |     |
| 13 | Jepchumba, Zannah<br>17:31.718           | FR | Alaska Anchorage   | 17:31.72 |      |     |
| 14 | Shindruk, Alexa<br>17:31.749             | FR | Central Washington | 17:31.75 |      |     |
| 15 | Rogers, Megan<br>17:34.798               | SR | Central Washington | 17:34.80 |      |     |
| 16 | Rufener, Kennedy<br>17:42.204            | JR | Western Oregon     | 17:42.21 |      |     |
| 17 | Dowdell, Hannah<br>17:42.702             | JR | Central Washington | 17:42.71 |      |     |
| 18 | Taferre, Sara<br>17:47.087               | JR | Western Washington | 17:47.09 |      |     |
| 19 | Gomez, Elena<br>17:53.530                | FR | Central Washington | 17:53.53 |      |     |
| 20 | Manzer, Anysja<br>17:54.984              | SO | Northwest Nazarene | 17:54.99 |      |     |
| 21 | Rexus, Stephanie<br>17:59.926            | JR | Central Washington | 17:59.93 |      |     |
| 22 | Maker, Kaitlyn<br>17:07.101 18:35.227    | FR | Alaska Anchorage   | 18:35.23 |      |     |
| 23 | Burroughs, Mariah<br>17:24.784 18:52.845 | SO | Alaska Anchorage   | 18:52.85 |      |     |

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**RESULTS****#16 Women's 10000 Meters**

|                   |          |                 |                  |      |
|-------------------|----------|-----------------|------------------|------|
| % Championship    | 35:43.38 | Joyce Kipchumba | Alaska Anchorage | 2014 |
| # GNAC            | 33:14.41 | Joyce Chelimo   | Alaska Anchorage | 2016 |
| \$ McArthur Field | 35:34.05 | Lorene Young    |                  | 2008 |

**7:05 PM (Day 1):**

| Pl | Name              | Yr        | Team                  | Time      | Note      | Pts       |
|----|-------------------|-----------|-----------------------|-----------|-----------|-----------|
| 1  | Chelimo, Joyce    |           | SR Alaska Anchorage   | 36:02.39  |           | 10        |
|    | 1:25.007          | 2:53.635  | 4:20.691              | 5:46.996  | 7:11.466  | 8:36.937  |
|    | 10:04.914         | 11:33.207 | 13:00.730             | 14:24.057 | 15:51.170 | 17:21.158 |
|    | 18:51.609         | 20:19.203 | 21:45.518             | 23:11.933 | 24:39.649 | 26:08.041 |
|    | 27:35.928         | 29:04.891 | 30:34.239             | 32:03.195 | 33:24.448 | 34:43.310 |
|    | 36:02.389         |           |                       |           |           |           |
| 2  | Kurgat, Caroline  |           | SO Alaska Anchorage   | 36:07.59  |           | 8         |
|    | 1:25.602          | 2:54.086  | 4:21.241              | 5:47.847  | 7:12.073  | 8:37.848  |
|    | 10:05.418         | 11:33.636 | 13:01.110             | 14:25.134 | 15:53.041 | 17:21.714 |
|    | 18:51.881         | 20:19.479 | 21:46.599             | 23:12.224 | 24:39.903 | 26:08.341 |
|    | 27:36.234         | 29:05.158 | 30:34.451             | 32:03.453 | 33:25.228 | 34:46.118 |
|    | 36:07.583         |           |                       |           |           |           |
| 3  | Gomez, Elena      |           | FR Central Washington | 36:22.06  |           | 6         |
|    | 1:26.209          | 2:53.973  | 4:20.612              | 5:46.788  | 7:12.660  | 8:39.069  |
|    | 10:06.503         | 11:34.202 | 13:01.699             | 14:27.760 | 15:54.602 | 17:22.181 |
|    | 18:51.266         | 20:18.470 | 21:45.274             | 23:11.703 | 24:39.421 | 26:07.850 |
|    | 27:35.715         | 29:04.621 | 30:34.056             | 32:03.002 | 33:30.694 | 34:58.578 |
|    | 36:22.060         |           |                       |           |           |           |
| 4  | Patti, Anna       |           | SR Seattle Pacific    | 36:36.65  |           | 5         |
|    | 1:25.293          | 2:53.820  | 4:20.942              | 5:47.329  | 7:11.650  | 8:37.129  |
|    | 10:04.769         | 11:33.071 | 13:00.462             | 14:24.872 | 15:52.750 | 17:21.435 |
|    | 18:51.460         | 20:18.969 | 21:46.312             | 23:16.492 | 24:47.297 | 26:20.734 |
|    | 27:50.095         | 29:18.841 | 30:49.552             | 32:17.660 | 33:47.126 | 35:14.273 |
|    | 36:36.642         |           |                       |           |           |           |
| 5  | Rogers, Megan     |           | SR Central Washington | 37:00.32  |           | 4         |
|    | 1:23.470          | 2:52.422  | 4:19.784              | 5:45.682  | 7:11.239  | 8:36.756  |
|    | 10:04.485         | 11:32.776 | 13:00.158             | 14:26.067 | 15:53.733 | 17:21.885 |
|    | 18:51.175         | 20:19.482 | 21:48.683             | 23:19.426 | 24:50.982 | 26:22.656 |
|    | 27:56.220         | 29:29.140 | 31:04.441             | 32:36.923 | 34:10.191 | 35:38.686 |
|    | 37:00.320         |           |                       |           |           |           |
| 6  | Shindruk, Alexa   |           | FR Central Washington | 37:08.97  |           | 3         |
|    | 1:26.886          | 2:55.940  | 4:23.572              | 5:51.737  | 7:19.754  | 8:48.040  |
|    | 10:16.431         | 11:44.807 | 13:14.031             | 14:42.530 | 16:11.383 | 17:40.271 |
|    | 19:09.038         | 20:38.426 | 22:06.997             | 23:36.882 | 25:06.068 | 26:36.344 |
|    | 28:08.099         | 29:40.105 | 31:12.736             | 32:44.636 | 34:17.135 | 35:47.009 |
|    | 37:08.970         |           |                       |           |           |           |
| 7  | Manzer, Sierra    |           | FR Northwest Nazarene | 37:16.13  |           | 2         |
|    | 1:27.156          | 2:55.528  | 4:23.733              | 5:52.058  | 7:20.388  | 8:48.491  |
|    | 10:16.898         | 11:45.297 | 13:14.533             | 14:43.129 | 16:12.019 | 17:40.489 |
|    | 19:09.212         | 20:38.726 | 22:07.253             | 23:37.044 | 25:06.393 | 26:37.944 |
|    | 28:10.136         | 29:42.912 | 31:16.330             | 32:49.640 | 34:21.297 | 35:53.484 |
|    | 37:16.121         |           |                       |           |           |           |
| 8  | Rexus, Stephanie  |           | JR Central Washington | 37:19.93  |           | 1         |
|    | 1:27.297          | 2:55.907  | 4:23.749              | 5:51.880  | 7:19.860  | 8:48.004  |
|    | 10:16.405         | 11:44.795 | 13:14.045             | 14:42.693 | 16:12.252 | 17:41.863 |
|    | 19:11.850         | 20:42.463 | 22:13.387             | 23:44.399 | 25:15.395 | 26:47.647 |
|    | 28:20.620         | 29:54.003 | 31:25.402             | 32:54.533 | 34:25.653 | 35:54.760 |
|    | 37:19.923         |           |                       |           |           |           |
| 9  | Jepchumba, Zannah |           | FR Alaska Anchorage   | 37:51.50  |           |           |

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**RESULTS****#16 Women's 10000 Meters (cont'd)**

7:05 PM (Day 1):

| Pl | Name               |           |           | Yr        | Team                  |           | Time      | Note      | Pts |
|----|--------------------|-----------|-----------|-----------|-----------------------|-----------|-----------|-----------|-----|
|    | 1:25.246           | 2:53.761  | 4:20.799  | 5:47.237  | 7:11.927              | 8:37.594  | 10:05.114 | 11:33.349 |     |
|    | 13:00.785          | 14:25.905 | 15:55.166 | 17:26.338 | 18:58.200             | 20:28.563 | 22:01.408 | 23:38.591 |     |
|    | 25:14.999          | 26:47.179 | 28:18.739 | 29:51.803 | 31:24.734             | 32:58.625 | 34:37.703 | 36:14.220 |     |
|    | 37:51.491          |           |           |           |                       |           |           |           |     |
| 10 | Gordon, Hailey     |           |           |           | SR Northwest Nazarene |           | 38:06.07  |           |     |
|    | 1:26.982           | 2:55.687  | 4:23.947  | 5:52.285  | 7:20.667              | 8:48.587  | 10:17.240 | 11:46.168 |     |
|    | 13:18.480          | 14:52.526 | 16:26.362 | 17:59.799 | 19:33.393             | 21:09.045 | 22:44.934 | 24:18.908 |     |
|    | 25:52.317          | 27:28.259 | 29:04.822 | 30:34.519 | 32:04.224             | 33:36.182 | 35:08.622 | 36:41.925 |     |
|    | 38:06.068          |           |           |           |                       |           |           |           |     |
| 11 | Maker, Kaitlyn     |           |           |           | FR Alaska Anchorage   |           | 38:20.09  |           |     |
|    | 1:25.000           | 2:53.592  | 4:20.305  | 5:47.637  | 7:14.961              | 8:44.876  | 10:15.445 | 11:45.110 |     |
|    | 13:14.342          | 14:42.804 | 16:12.399 | 17:42.170 | 19:15.880             | 20:53.573 | 22:29.683 | 24:07.545 |     |
|    | 25:45.021          | 27:20.151 | 28:56.261 | 30:32.210 | 32:04.762             | 33:39.246 | 35:14.997 | 36:48.970 |     |
|    | 38:20.086          |           |           |           |                       |           |           |           |     |
| 12 | Laiblin, Alexandra |           |           |           | SO Western Washington |           | 38:27.07  |           |     |
|    | 1:28.332           | 2:57.330  | 4:26.972  | 5:57.984  | 7:28.681              | 8:59.850  | 10:30.554 | 12:01.394 |     |
|    | 13:31.640          | 15:02.782 | 16:34.844 | 18:07.877 | 19:40.562             | 21:16.635 | 22:50.100 | 24:24.519 |     |
|    | 25:59.134          | 27:33.982 | 29:08.890 | 30:44.294 | 32:19.178             | 33:53.527 | 35:27.045 | 37:00.037 |     |
|    | 38:27.064          |           |           |           |                       |           |           |           |     |
| 13 | Manzer, Anysja     |           |           |           | SO Northwest Nazarene |           | 38:45.16  |           |     |
|    | 1:26.502           | 2:55.119  | 4:22.965  | 5:51.609  | 7:20.046              | 8:48.251  | 10:16.657 | 11:45.073 |     |
|    | 13:14.329          | 14:42.938 | 16:11.717 | 17:41.393 | 19:12.344             | 20:44.013 | 22:18.574 | 23:56.945 |     |
|    | 25:33.263          | 27:07.631 | 28:46.362 | 30:27.075 | 32:04.583             | 33:43.790 | 35:27.693 | 37:09.737 |     |
|    | 38:45.153          |           |           |           |                       |           |           |           |     |
| 14 | Jalbert, Maddy     |           |           |           | JR Western Washington |           | 39:00.01  |           |     |
|    | 1:27.563           | 2:56.476  | 4:24.906  | 5:54.626  | 7:25.494              | 8:56.175  | 10:27.437 | 11:58.967 |     |
|    | 13:31.860          | 15:03.153 | 16:35.462 | 18:09.128 | 19:43.596             | 21:18.439 | 22:52.966 | 24:30.861 |     |
|    | 26:11.228          | 27:51.179 | 29:30.055 | 31:06.166 | 32:42.831             | 34:20.550 | 35:57.739 | 37:33.002 |     |
|    | 39:00.005          |           |           |           |                       |           |           |           |     |
| 15 | Marikis, Sofia     |           |           |           | JR Western Washington |           | 40:24.82  |           |     |
|    | 1:28.813           | 2:58.535  | 4:29.533  | 6:00.500  | 7:32.889              | 9:06.613  | 10:41.557 | 12:18.417 |     |
|    | 13:55.374          | 15:31.363 | 17:09.739 | 18:49.495 | 20:28.527             | 22:08.026 | 23:48.810 | 25:28.987 |     |
|    | 27:10.026          | 28:49.759 | 30:30.104 | 32:09.011 | 33:49.730             | 35:31.953 | 37:13.782 | 38:51.443 |     |
|    | 40:24.820          |           |           |           |                       |           |           |           |     |
| 16 | Gillett, Emily     |           |           |           | FR Western Oregon     |           | 41:17.48  |           |     |
|    | 1:28.913           | 3:00.676  | 4:33.530  | 6:09.632  | 7:46.498              | 9:22.271  | 10:58.713 | 12:35.565 |     |
|    | 14:12.141          | 15:48.880 | 17:28.014 | 19:08.690 | 20:49.377             | 22:31.658 | 24:13.694 | 25:55.965 |     |
|    | 27:39.230          | 29:21.312 | 31:03.471 | 32:47.162 | 34:30.944             | 36:15.126 | 37:58.679 | 39:40.548 |     |
|    | 41:17.478          |           |           |           |                       |           |           |           |     |

**GNAC CHAMPIONSHIPS**

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**RESULTS****#17 Women's 100m Hurdles**

|                   |       |                        |                  |      |
|-------------------|-------|------------------------|------------------|------|
| % Championship    | 13.82 | Danielle Ayers-Stamper | Seattle Pacific  | 2005 |
| # GNAC            | 13.70 | Danielle Ayers-Stamper | Seattle Pacific  | 2005 |
| \$ McArthur Field | 14.18 | Rosie Smith            | Alaska Anchorage | 2015 |

**11:55 AM (Day 2):****Finals**

Wind: (+0.0)

| PI Name               | Yr Team               | Time     | Note | Pts |
|-----------------------|-----------------------|----------|------|-----|
| 1 Luquin, Maliea      | SR Seattle Pacific    | \$ 14.07 |      | 10  |
| 2 Vongsaveng, Mariyah | FR Central Washington | 14.74    |      | 8   |
| 3 Deck, Allison       | SR Central Washington | 14.84    |      | 6   |
| 4 Tubbs, Lexi         | SO Northwest Nazarene | 15.25    |      | 5   |
| 5 Murata, Tamaki      | FR Central Washington | 15.66    |      | 4   |
| 6 Crawford, Jade      | SO Seattle Pacific    | 15.72    |      | 3   |
| 7 Blalock, Alexia     | JR Alaska Anchorage   | 15.76    |      | 2   |
| 8 Banfro, Tianna      | JR Central Washington | 15.88    |      | 1   |

**3:35 PM (Day 1): (Top 1 per Heat + next 5 advance)****Prelims**

| PI Name               | Yr Team               | Time      | Note   | H(PI) |
|-----------------------|-----------------------|-----------|--------|-------|
| 1 Luquin, Maliea      | SR Seattle Pacific    | \$ 13.97Q | (-0.1) | 3(1)  |
| 2 Vongsaveng, Mariyah | FR Central Washington | \$ 14.04Q | (+0.0) | 1(1)  |
| 3 Tubbs, Lexi         | SO Northwest Nazarene | \$ 14.11Q | (+0.0) | 2(1)  |
| 4 Deck, Allison       | SR Central Washington | 14.83q    | (+0.0) | 2(2)  |
| 5 Banfro, Tianna      | JR Central Washington | 14.86q    | (+0.0) | 2(3)  |
| 6 Murata, Tamaki      | FR Central Washington | 14.90q    | (+0.0) | 1(2)  |
| 7 Blalock, Alexia     | JR Alaska Anchorage   | 15.03q    | (-0.1) | 3(2)  |
| 8 Crawford, Jade      | SO Seattle Pacific    | 15.11q    | (+0.0) | 1(3)  |
| 9 Warren, Kawena      | SO Northwest Nazarene | 15.23     | (+0.0) | 1(4)  |
| 10 Nigro, Kelly       | SR Northwest Nazarene | 15.31     | (-0.1) | 3(3)  |
| 11 Petersen, Lisa     | SR Saint Martin's     | 15.34     | (+0.0) | 1(5)  |
| 12 Logan, Ellie       | FR Northwest Nazarene | 15.45     | (+0.0) | 1(6)  |
| 13 Hunt, Mckenna      | FR Western Washington | 15.55     | (+0.0) | 2(4)  |
| 14 Duval, Lauren      | JR Northwest Nazarene | 15.62     | (+0.0) | 2(5)  |
| 15 Hampton, Elana     | JR Concordia (Ore.)   | 15.74     | (-0.1) | 3(4)  |
| 16 Dyk, Janessa       | SR Northwest Nazarene | 15.78     | (+0.0) | 2(6)  |
| 17 Williams, Janessa  | FR MSU-Billings       | 16.28     | (-0.1) | 3(5)  |
| Knott, Chelsey        | SO Northwest Nazarene | FS        |        | 3     |

**HEAT RESULTS****Prelims**

| PI Name               | Yr Team               | Time      | Note |
|-----------------------|-----------------------|-----------|------|
| <b>Heat 1 of 3</b>    |                       |           |      |
| Wind: (+0.0)          |                       |           |      |
| 1 Vongsaveng, Mariyah | FR Central Washington | \$ 14.04Q |      |
| 2 Murata, Tamaki      | FR Central Washington | 14.90q    |      |
| 3 Crawford, Jade      | SO Seattle Pacific    | 15.11q    |      |
| 4 Warren, Kawena      | SO Northwest Nazarene | 15.23     |      |
| 5 Petersen, Lisa      | SR Saint Martin's     | 15.34     |      |
| 6 Logan, Ellie        | FR Northwest Nazarene | 15.45     |      |

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**RESULTS****#17 Women's 100m Hurdles (cont'd)****Prelims**

| Pl | Name | Yr | Team | Time | Note |
|----|------|----|------|------|------|
|----|------|----|------|------|------|

**Heat 2 of 3**

Wind: (+0.0)

|   |                |  |                       |           |  |
|---|----------------|--|-----------------------|-----------|--|
| 1 | Tubbs, Lexi    |  | SO Northwest Nazarene | \$ 14.11Q |  |
| 2 | Deck, Allison  |  | SR Central Washington | 14.83q    |  |
| 3 | Banfro, Tianna |  | JR Central Washington | 14.86q    |  |
| 4 | Hunt, Mckenna  |  | FR Western Washington | 15.55     |  |
| 5 | Duval, Lauren  |  | JR Northwest Nazarene | 15.62     |  |
| 6 | Dyk, Janessa   |  | SR Northwest Nazarene | 15.78     |  |

**Heat 3 of 3**

Wind: (-0.1)

|   |                   |  |                       |           |  |
|---|-------------------|--|-----------------------|-----------|--|
| 1 | Luquin, Maliea    |  | SR Seattle Pacific    | \$ 13.97Q |  |
| 2 | Blalock, Alexia   |  | JR Alaska Anchorage   | 15.03q    |  |
| 3 | Nigro, Kelly      |  | SR Northwest Nazarene | 15.31     |  |
| 4 | Hampton, Elana    |  | JR Concordia (Ore.)   | 15.74     |  |
| 5 | Williams, Janessa |  | FR MSU-Billings       | 16.28     |  |
|   | Knott, Chelsey    |  | SO Northwest Nazarene | FS        |  |

**#19 Women's 400m Hurdles**

|    |                |         |               |                  |      |
|----|----------------|---------|---------------|------------------|------|
| %  | Championship   | 1:00.29 | Haleigh Lloyd | Alaska Anchorage | 2015 |
| #  | GNAC           | 59.62   | Haleigh Lloyd | Alaska Anchorage | 2012 |
| \$ | McArthur Field | 1:00.23 | Kasey Harwood | Oregon           | 2006 |

**12:50 PM (Day 2):****Finals**

| Pl | Name                | Yr | Team                  | Time    | Note | Pts |
|----|---------------------|----|-----------------------|---------|------|-----|
| 1  | Jeschke, Yvonne     |    | FR Alaska Anchorage   | 1:01.95 |      | 10  |
| 2  | Anderson, Ali       |    | SO Central Washington | 1:03.62 |      | 8   |
| 3  | Luquin, Maliea      |    | SR Seattle Pacific    | 1:03.64 |      | 6   |
| 4  | Dyk, Janessa        |    | SR Northwest Nazarene | 1:04.65 |      | 5   |
| 5  | Svastisalee, Deja   |    | SO Western Washington | 1:04.79 |      | 4   |
| 6  | Madden, Sara        |    | SO Western Oregon     | 1:05.70 |      | 3   |
| 7  | Vongsaveng, Mariyah |    | FR Central Washington | 1:08.43 |      | 2   |
|    | Teigen, Megan       |    | JR Saint Martin's     | DQ      |      |     |

**5:35 PM (Day 1): (Top 1 per Heat + next 5 advance)****Prelims**

| Pl | Name                | Yr | Team                  | Time     | Note | H(Pl) |
|----|---------------------|----|-----------------------|----------|------|-------|
| 1  | Jeschke, Yvonne     |    | FR Alaska Anchorage   | 1:02.78Q |      | 3(1)  |
| 2  | Svastisalee, Deja   |    | SO Western Washington | 1:03.10q |      | 3(2)  |
| 3  | Luquin, Maliea      |    | SR Seattle Pacific    | 1:03.14Q |      | 2(1)  |
| 4  | Anderson, Ali       |    | SO Central Washington | 1:03.93q |      | 3(3)  |
| 5  | Teigen, Megan       |    | JR Saint Martin's     | 1:04.07Q |      | 1(1)  |
| 6  | Vongsaveng, Mariyah |    | FR Central Washington | 1:04.67q |      | 3(4)  |
| 7  | Madden, Sara        |    | SO Western Oregon     | 1:04.71q |      | 2(2)  |
| 8  | Dyk, Janessa        |    | SR Northwest Nazarene | 1:04.73q |      | 1(2)  |
| 9  | Lambert, Emma       |    | FR Seattle Pacific    | 1:04.78  |      | 2(3)  |
| 10 | Murata, Tamaki      |    | FR Central Washington | 1:04.86  |      | 3(5)  |
| 11 | Seymour, Laura      |    | JR Northwest Nazarene | 1:04.99  |      | 2(4)  |
| 12 | Nigro, Kelly        |    | SR Northwest Nazarene | 1:05.61  |      | 1(3)  |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

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**RESULTS****#19 Women's 400m Hurdles (cont'd)**

5:35 PM (Day 1): (Top 1 per Heat + next 5 advance)

**Prelims**

| Pl Name              | Yr Team             | Time Note   | H(Pl) |
|----------------------|---------------------|-------------|-------|
| 13 Covey, Felicia    | SO Western Oregon   | 1:06.17     | 2(5)  |
| 14 Legras, Natalie   | FR Western Oregon   | 1:06.53     | 2(6)  |
| 15 Notting, Megan    | FR Simon Fraser     | 1:06.71     | 1(4)  |
| 16 Curtis, Kathryn   | JR Concordia (Ore.) | 1:08.42     | 1(5)  |
| 17 Williams, Janessa | FR MSU-Billings     | 1:08.87     | 3(6)  |
| 18 Carandang, Alexis | SO Saint Martin's   | 1:13.32     | 2(7)  |
| Hawthorne, Keirnan   | FR Saint Martin's   | DQ Lead Leg | 1     |

**HEAT RESULTS****Prelims**

| Pl Name               | Yr Team               | Time Note   |
|-----------------------|-----------------------|-------------|
| <b>Heat 1 of 3</b>    |                       |             |
| 1 Teigen, Megan       | JR Saint Martin's     | 1:04.07Q    |
| 2 Dyk, Janessa        | SR Northwest Nazarene | 1:04.73q    |
| 3 Nigro, Kelly        | SR Northwest Nazarene | 1:05.61     |
| 4 Notting, Megan      | FR Simon Fraser       | 1:06.71     |
| 5 Curtis, Kathryn     | JR Concordia (Ore.)   | 1:08.42     |
| Hawthorne, Keirnan    | FR Saint Martin's     | DQ Lead Leg |
| <b>Heat 2 of 3</b>    |                       |             |
| 1 Luquin, Maliea      | SR Seattle Pacific    | 1:03.14Q    |
| 2 Madden, Sara        | SO Western Oregon     | 1:04.71q    |
| 3 Lambert, Emma       | FR Seattle Pacific    | 1:04.78     |
| 4 Seymour, Laura      | JR Northwest Nazarene | 1:04.99     |
| 5 Covey, Felicia      | SO Western Oregon     | 1:06.17     |
| 6 Legras, Natalie     | FR Western Oregon     | 1:06.53     |
| 7 Carandang, Alexis   | SO Saint Martin's     | 1:13.32     |
| <b>Heat 3 of 3</b>    |                       |             |
| 1 Jeschke, Yvonne     | FR Alaska Anchorage   | 1:02.78Q    |
| 2 Svastisalee, Deja   | SO Western Washington | 1:03.10q    |
| 3 Anderson, Ali       | SO Central Washington | 1:03.93q    |
| 4 Vongsaveng, Mariyah | FR Central Washington | 1:04.67q    |
| 5 Murata, Tamaki      | FR Central Washington | 1:04.86     |
| 6 Williams, Janessa   | FR MSU-Billings       | 1:08.87     |

**#22 Women's 3000m Steeple**

|                   |          |               |                    |      |
|-------------------|----------|---------------|--------------------|------|
| % Championship    | 10:24.44 | Susan Tanui   | Alaska Anchorage   | 2012 |
| # GNAC            | 10:13.33 | Susan Tanui   | uss,               | 2012 |
| \$ McArthur Field | 10:14.16 | Katelyn Steen | Western Washington | 2015 |

3:00 PM (Day 1):

| Pl Name           | Yr Team               | Time Note  | Pts       |
|-------------------|-----------------------|------------|-----------|
| 1 Eggleston, Dani | SR Central Washington | % 10:23.58 | 10        |
| 42.078 (42.078)   | 2:03.032              | 3:24.841   | 4:47.890  |
|                   |                       |            | 6:11.910  |
|                   |                       |            | 7:36.406  |
|                   |                       |            | 9:01.309  |
|                   |                       |            | 10:23.574 |
| 2 Lyle, Della     | SR MSU-Billings       | 10:29.08   | 8         |
| 44.032 (44.032)   | 2:08.102              | 3:32.991   | 4:56.102  |
|                   |                       |            | 6:18.961  |
|                   |                       |            | 7:42.423  |
|                   |                       |            | 9:06.956  |
|                   |                       |            | 10:29.077 |
| 3 Chinchar, Erin  | SR Central Washington | 10:38.10   | 6         |

**GNAC CHAMPIONSHIPS**

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**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

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**RESULTS****#22 Women's 3000m Steeple (cont'd)****3:00 PM (Day 1):**

| Pl | Name               |          |          | Yr       | Team               |          | Time      | Note      | Pts |
|----|--------------------|----------|----------|----------|--------------------|----------|-----------|-----------|-----|
|    | 43.074 (43.074)    | 2:04.283 | 3:28.595 | 4:52.125 | 6:16.793           | 7:43.186 | 9:11.425  | 10:38.099 |     |
| 4  | Grant, Brittany    |          |          | JR       | Western Washington |          | 10:44.38  |           | 5   |
|    | 43.058 (43.058)    | 2:04.214 | 3:28.547 | 4:54.538 | 6:23.412           | 7:53.371 | 9:23.716  | 10:44.379 |     |
| 5  | Gordon, Hailey     |          |          | SR       | Northwest Nazarene |          | 11:05.72  |           | 4   |
|    | 44.530 (44.530)    | 2:08.255 | 3:34.488 | 5:02.495 | 6:32.504           | 8:03.752 | 9:36.685  | 11:05.717 |     |
| 6  | Knapp, Grace       |          |          | SO       | Western Oregon     |          | 11:13.04  |           | 3   |
|    | 45.890 (45.890)    | 2:10.657 | 3:37.896 | 5:07.027 | 6:37.854           | 8:09.766 | 9:44.463  | 11:13.032 |     |
| 7  | Manzer, Sierra     |          |          | FR       | Northwest Nazarene |          | 11:17.68  |           | 2   |
|    | 44.539 (44.539)    | 2:09.037 | 3:34.925 | 5:05.318 | 6:38.406           | 8:13.804 | 9:47.694  | 11:17.671 |     |
| 8  | Calvert, Hannah    |          |          | JR       | Seattle Pacific    |          | 11:22.74  |           | 1   |
|    | 45.255 (45.255)    | 2:08.708 | 3:35.499 | 5:03.870 | 6:35.654           | 8:10.738 | 9:47.894  | 11:22.740 |     |
| 9  | Townsend, Dana     |          |          | JR       | Simon Fraser       |          | 11:50.64  |           |     |
|    | 43.704 (43.704)    | 2:07.838 | 3:33.471 | 5:01.633 | 6:37.305           | 8:19.627 | 10:07.437 | 11:50.636 |     |
| 10 | Burroughs, Mariah  |          |          | SO       | Alaska Anchorage   |          | 12:00.85  |           |     |
|    | 44.171 (44.171)    | 2:08.437 | 3:35.358 | 5:05.535 | 6:43.812           | 8:30.532 | 10:19.767 | 12:00.849 |     |
| 11 | McKinney, Kaitlyn  |          |          | JR       | Central Washington |          | 12:07.29  |           |     |
|    | 50.395 (50.395)    | 2:22.515 | 3:58.683 | 5:36.013 | 7:16.010           | 8:57.227 | 10:37.523 | 12:07.284 |     |
| 12 | Worobel, Zoe       |          |          | SR       | Concordia (Ore.)   |          | 12:09.96  |           |     |
|    | 46.904 (46.904)    | 2:18.327 | 3:51.445 | 5:26.846 | 7:05.973           | 8:48.979 | 10:34.080 | 12:09.955 |     |
| 13 | Tyburczy, Katie    |          |          | JR       | Western Washington |          | 12:11.41  |           |     |
|    | 44.925 (44.925)    | 2:13.361 | 3:50.124 | 5:29.402 | 7:11.384           | 8:53.966 | 10:36.933 | 12:11.404 |     |
| 14 | Rawlins, Jessica   |          |          | SO       | Seattle Pacific    |          | 12:11.77  |           |     |
|    | 47.576 (47.576)    | 2:15.306 | 3:46.160 | 5:20.065 | 6:59.774           | 8:43.944 | 10:30.756 | 12:11.768 |     |
| 15 | Hammons, Emily     |          |          | FR       | Northwest Nazarene |          | 12:23.39  |           |     |
|    | 50.181 (50.181)    | 2:22.174 | 3:58.647 | 5:37.427 | 7:18.381           | 9:00.036 | 10:45.516 | 12:23.389 |     |
| 16 | McCloskey, Claire  |          |          | JR       | Saint Martin's     |          | 12:27.79  |           |     |
|    | 50.901 (50.901)    | 2:23.367 | 3:57.694 | 5:34.592 | 7:15.666           | 9:01.220 | 10:47.787 | 12:27.783 |     |
| 17 | Bergstrom, Natalie |          |          | SR       | Central Washington |          | 12:36.54  |           |     |
|    | 50.805 (50.805)    | 2:24.435 | 4:01.225 | 5:39.995 | 7:22.907           | 9:06.595 | 10:54.070 | 12:36.531 |     |
| 18 | Gourley, Jadyn     |          |          | SR       | Northwest Nazarene |          | 12:48.75  |           |     |
|    | 50.130 (50.130)    | 2:20.360 | 3:55.339 | 5:34.811 | 7:21.890           | 9:12.430 | 11:02.507 | 12:48.746 |     |
| 19 | Hood, Anna         |          |          | JR       | Central Washington |          | 13:19.68  |           |     |
|    | 51.123 (51.123)    | 2:28.072 | 4:11.696 | 5:58.455 | 7:47.773           | 9:38.925 | 11:32.393 | 13:19.678 |     |

**#23 Women's 4 x 100m Relay**

|    |                |       |  |                  |      |
|----|----------------|-------|--|------------------|------|
| %  | Championship   | 46.68 | (Mackenzie Harsch, Rosie, Smith, Sasha | Alaska Anchorage | 2014 |
| #  | GNAC           | 46.56 |  | Alaska Anchorage | 2014 |
| \$ | McArthur Field | 46.82 |  | Seattle Pacific  | 2015 |

**11:05 AM (Day 2):**

| Pl | Team                      | Time  | Note                  | Pts |
|----|---------------------------|-------|-----------------------|-----|
| 1  | Central Washington (A)    | 47.65 |                       | 10  |
|    | 1) Vongsaveng, Mariyah FR |       | 2) Banfro, Tianna JR  |     |
|    | 3) Harmon, Ashley SR      |       | 4) Garcia, Madison JR |     |

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**Timing:**

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**RESULTS****#23 Women's 4 x 100m Relay (cont'd)**

11:05 AM (Day 2):

| Pl | Team                              | Time  | Note                    | Pts |
|----|-----------------------------------|-------|-------------------------|-----|
| 2  | Simon Fraser (A)                  | 48.42 |                         | 8   |
|    | 1) Lazecki, Natasha JR            |       | 2) West, Bryce SO       |     |
|    | 3) Brown, Ella JR                 |       | 4) Kabia, Valda FR      |     |
| 3  | Seattle Pacific (A)               | 48.49 |                         | 6   |
|    | 1) Houk, Becca SO                 |       | 2) Hong, Cheryl JR      |     |
|    | 3) Brannan, Kyra JR               |       | 4) Ambus, Jahzelle SR   |     |
| 4  | Alaska Anchorage (A)              | 48.68 |                         | 5   |
|    | 1) Cross, Mary Kathleen JR        |       | 2) Bezanson, Hayley JR  |     |
|    | 3) Blalock, Alexia JR             |       | 4) Ashcroft, Jamie JR   |     |
| 5  | Concordia (Ore.) (A)              | 48.76 |                         | 4   |
|    | 1) Hill, Emma JR                  |       | 2) Johnson, Tori FR     |     |
|    | 3) Cleveland-Aguirre, Makenzee SO |       | 4) Safley, Caitlyn SR   |     |
| 6  | Northwest Nazarene (A)            | 48.88 |                         | 3   |
|    | 1) Deskins, Taylor JR             |       | 2) Tubbs, Lexi SO       |     |
|    | 3) Knott, Chelsey SO              |       | 4) Seigfreid, Shayli FR |     |
| 7  | Western Oregon (A)                | 49.74 |                         | 2   |
|    | 1) Patrick, Laura JR              |       | 2) Bernard, Maddie FR   |     |
|    | 3) Fletcher, Lindsey FR           |       | 4) Sears, Hailey FR     |     |
|    | Western Washington (A)            | DNF   |                         |     |
|    | 1) Ivancic, Veronica SR           |       | 2) Konrad, Cheyenne FR  |     |
|    | 3) Ivancic, Rachel SR             |       | 4) Smith, Savannah FR   |     |

**#25 Women's 4 x 400m Relay**

|    |                |         |   |                 |      |
|----|----------------|---------|---|-----------------|------|
| %  | Championship   | 3:44.11 | Kishia Mitchell, Emily Quatier, Jasmine | Seattle Pacific | 2013 |
| #  | GNAC           | 3:42.05 |   | Simon Fraser    | 2011 |
| \$ | McArthur Field | 3:45.64 |   | Simon Fraser    | 2015 |

2:15 PM (Day 2):

| Pl | Team                   | Time    | Note                      | Pts |
|----|------------------------|---------|---------------------------|-----|
| 1  | Simon Fraser (A)       | 3:50.91 |                           | 10  |
|    | 1) West, Bryce SO      |         | 2) Dodd, Sophie SO        |     |
|    | 3) Townsend, Addy FR   |         | 4) Mussatto, Alana SO     |     |
| 2  | Western Oregon (A)     | 3:52.37 |                           | 8   |
|    | 1) Rose, Megan SO      |         | 2) Van De Grift, Suzie SO |     |
|    | 3) Beeson, Bailey SR   |         | 4) Woods, Olivia FR       |     |
| 3  | Central Washington (A) | 3:53.24 |                           | 6   |
|    | 1) Harmon, Ashley SR   |         | 2) Inderbitzin, Julia FR  |     |
|    | 3) Anderson, Ali SO    |         | 4) Inderbitzin, Jayna SR  |     |
| 4  | Seattle Pacific (A)    | 3:54.03 |                           | 5   |
|    | 1) Luquin, Maliea SR   |         | 2) Phan, Chynna SO        |     |
|    | 3) Brannan, Kyra JR    |         | 4) Decker, Lynelle SR     |     |



**GNAC CHAMPIONSHIPS**

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May 13, 2016

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**RESULTS****#25 Women's 4 x 400m Relay (cont'd)**

2:15 PM (Day 2):

| Pl | Team                    | Time    | Note                              | Pts |
|----|-------------------------|---------|-----------------------------------|-----|
| 5  | Alaska Anchorage (A)    | 3:55.24 |                                   | 4   |
|    | 1) Ashcroft, Jamie JR   |         | 2) Jeschke, Yvonne FR             |     |
|    | 3) Bezanson, Hayley JR  |         | 4) Cross, Mary Kathleen JR        |     |
| 6  | Concordia (Ore.) (A)    | 3:58.61 |                                   | 3   |
|    | 1) Safley, Caitlyn SR   |         | 2) Carssow, Mikeala SR            |     |
|    | 3) Johnson, Tori FR     |         | 4) Cleveland-Aguirre, Makenzee SO |     |
| 7  | Western Washington (A)  | 3:59.59 |                                   | 2   |
|    | 1) Ivancic, Veronica SR |         | 2) Smith, Savannah FR             |     |
|    | 3) Ivancic, Rachel SR   |         | 4) Troupe, Shawna JR              |     |
| 8  | Northwest Nazarene (A)  | 4:02.57 |                                   | 1   |
|    | 1) Nigro, Kelly SR      |         | 2) Rodes, Aimee SR                |     |
|    | 3) Seymour, Laura JR    |         | 4) Dyk, Janessa SR                |     |

**#27 Women's High Jump**

Starting: 1.52m / 5cm increments

|    |                |       |                        |                    |      |
|----|----------------|-------|------------------------|--------------------|------|
| #  | GNAC           | 1.78m | Teona Perkins          | Seattle Pacific    | 2007 |
| \$ | McArthur Field | 1.80m | Camile Jampulski       |                    | 1996 |
| %  | Championship   | 1.74m | Danielle Ayers-Stamper | Seattle Pacific    | 2005 |
| %  | Championship   | 1.74m | Taylor Fettig          | Central Washington | 2014 |

3:15 PM (Day 1):

| Pl | Name               | Yr | Team              | Mark                                     | 1.52 | 1.57 | 1.62 | 1.67 | 1.72 | 1.77 | 1.79 | Pts |
|----|--------------------|----|-------------------|--|------|------|------|------|------|------|------|-----|
| 1  | Fettig, Tayler     |    | SR Central Wash   | % 1.77m 5' 9 <sup>3</sup> / <sub>4</sub> | P    | P    | O    | O    | XO   | XXO  | XXX  | 10  |
| 2  | Lehnert, Geneva    |    | FR Seattle Pacifi | 1.72m 5' 7 <sup>3</sup> / <sub>4</sub>   | P    | O    | O    | O    | XO   | XXX  |      | 8   |
| 3  | Johnson, Tori      |    | FR Concordia (O   | 1.62m 5' 3 <sup>3</sup> / <sub>4</sub>   | O    | O    | O    | XXX  |      |      |      | 5.5 |
| 3  | Henry, Bridget     |    | FR Western Was    | 1.62m 5' 3 <sup>3</sup> / <sub>4</sub>   | O    | O    | O    | XXX  |      |      |      | 5.5 |
| 5  | Ward, Naphtali     |    | SO Seattle Pacifi | 1.62m 5' 3 <sup>3</sup> / <sub>4</sub>   | O    | O    | XXO  | XXX  |      |      |      | 3.5 |
| 5  | Warren, Kawena     |    | SO Northwest Na   | 1.62m 5' 3 <sup>3</sup> / <sub>4</sub>   | O    | O    | XXO  | XXX  |      |      |      | 3.5 |
| 7  | Stewart, Mackenzie |    | FR Simon Fraser   | 1.57m 5' 1 <sup>3</sup> / <sub>4</sub>   | XXO  | O    | XXX  |      |      |      |      | 2   |
| 8  | Miller, Rachel     |    | SO Northwest Na   | 1.57m 5' 1 <sup>3</sup> / <sub>4</sub>   | O    | XO   | XXX  |      |      |      |      | 1   |
| 9  | Conklin, Katie     |    | SO Northwest Na   | 1.57m 5' 1 <sup>3</sup> / <sub>4</sub>   | O    | XXO  | XXX  |      |      |      |      |     |
| 9  | Apo, Cassidy       |    | FR Saint Martin's | 1.57m 5' 1 <sup>3</sup> / <sub>4</sub>   | O    | XXO  | XXX  |      |      |      |      |     |
| 11 | Bower, Payton      |    | FR Central Wash   | 1.57m 5' 1 <sup>3</sup> / <sub>4</sub>   | XXO  | XXO  | XXX  |      |      |      |      |     |
| 12 | Crawford, Jade     |    | SO Seattle Pacifi | 1.52m 4' 11 <sup>3</sup> / <sub>4</sub>  | O    | XXX  |      |      |      |      |      |     |
| 12 | Bentley, Moriah    |    | JR Central Wash   | 1.52m 4' 11 <sup>3</sup> / <sub>4</sub>  | O    | XXX  |      |      |      |      |      |     |
| 14 | Duval, Lauren      |    | JR Northwest Na   | 1.52m 4' 11 <sup>3</sup> / <sub>4</sub>  | XO   | XXX  |      |      |      |      |      |     |
|    | Wright, Katelyn    |    | SR Western Was    | NH                                       | P    | XXX  |      |      |      |      |      |     |
|    | Osadchey, Miranda  |    | JR Western Was    | NH                                       | P    | P    | XXX  |      |      |      |      |     |
|    | Johnson, Mikaila   |    | SO Central Wash   | NH                                       | XXX  |      |      |      |      |      |      |     |
|    | Fukumoto, Gabby    |    | FR Concordia (O   | NH                                       | XXX  |      |      |      |      |      |      |     |
|    | Morris, Jordan     |    | FR Northwest Na   | NH                                       | XXX  |      |      |      |      |      |      |     |

**GNAC CHAMPIONSHIPS**

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 Western Oregon  
 Host: Western Oregon University  
 May 13, 2016

**MEET OFFICIALS**

**Meet Director:**  
 Bridget Johnson Tetteh  
**Meet Referee:**  
 Bob Latham  
**Timing:**  
 Christopher Sabato



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**RESULTS****#29 Women's Pole Vault**

Starting: 2.63m / 15cm increments

|                   |       |                |                    |      |
|-------------------|-------|----------------|--------------------|------|
| % Championship    | 3.83m | Karis Anderson | Western Washington | 2012 |
| # GNAC            | 3.85m | Karis Anderson | Western Washington | 2012 |
| \$ McArthur Field | 4.12m | Becky Holliday | Clackamas          | 2001 |

10:30 AM (Day 2):

| Pl Name            | Yr Team           | Mark                                     | 2.63 | 2.78 | 2.93 | 3.08 | 3.23 | 3.38 | 3.53 | 3.70 | Pts |
|--------------------|-------------------|--|------|------|------|------|------|------|------|------|-----|
| 1 Paradee, Anna    | SO Western Was    | 3.53m 11' 7"                             | P    | P    | P    | XXO  | XO   | XO   | XXO  | XXX  | 10  |
| 2 Kahns, Michaela  | JR Seattle Pacifi | 3.38m 11' 1"                             | P    | P    | P    | XO   | XO   | XO   | XXX  |      | 8   |
| 3 Lambert, Emma    | FR Seattle Pacifi | 3.23m 10' 7"                             | P    | P    | XXO  | XXO  | O    | XXX  |      |      | 6   |
| 4 Roberts, Rachael | FR Western Was    | 2.93m 9' 7 <sup>1</sup> / <sub>4</sub> " | O    | O    | O    | XXX  |      |      |      |      | 5   |
| 5 Huey, Leah       | SO Western Was    | 2.78m 9' 1 <sup>1</sup> / <sub>2</sub> " | P    | O    | XXX  |      |      |      |      |      | 3.5 |
| 5 Bower, Payton    | FR Central Wash   | 2.78m 9' 1 <sup>1</sup> / <sub>2</sub> " | O    | O    | XXX  |      |      |      |      |      | 3.5 |
| 7 Webster, Madi    | SR Seattle Pacifi | 2.78m 9' 1 <sup>1</sup> / <sub>2</sub> " | P    | XXO  | XXX  |      |      |      |      |      | 2   |
| Emmert, McKenna    | JR Central Wash   | NH                                       | P    | P    | P    | P    | XXX  |      |      |      |     |
| Calicdan, Darien   | FR Saint Martin's | NH                                       | P    | XXX  |      |      |      |      |      |      |     |

**#31 Women's Long Jump**

|                   |       |                   |                 |      |
|-------------------|-------|-------------------|-----------------|------|
| % Championship    | 5.99m | Ali Worthen       | Seattle Pacific | 2013 |
| # GNAC            | 5.99m | Stephanie Huffman | Seattle Pacific | 2002 |
| \$ McArthur Field | 5.86m | Julie Bright      |                 | 1996 |

4:15 PM (Day 1):

| Pl Name             | Yr Team           | Mark   | Rnd 1       | Rnd 2       | Rnd 3       | Rnd 4       | Rnd 5       | Rnd 6       | F(Pl) | Pts |
|---------------------|-------------------|--|-------------|-------------|-------------|-------------|-------------|-------------|-------|-----|
| 1 Luquin, Maliea    | SR Seattle Pacifi | 5.57m 18' 3 <sup>1</sup> / <sub>4</sub> " (+0.6) | 5.57 (+0.6) | 5.52 (+0.1) | FOUL        | FOUL        | 5.42 (+0.5) | PASS        | 2(1)  | 10  |
| 2 McMullin, Jasmine | JR Western Was    | 5.56m 18' 3" (+0.0)                              | 5.39 (+0.5) | 5.45 (+1.1) | 5.56 (+0.0) | 5.16 (+0.0) | 5.42 (+0.3) | 5.41 (+0.0) | 2(2)  | 8   |
| 3 Anderson, Ali     | SO Central Wash   | 5.52m 18' 1 <sup>1</sup> / <sub>2</sub> " (+0.2) | FOUL        | 5.21 (+0.0) | FOUL        | 5.11 (+1.2) | 5.52 (+0.2) | FOUL        | 2(3)  | 6   |
| 4 Blalock, Alexia   | JR Alaska Ancho   | 5.39m 17' 8 <sup>1</sup> / <sub>4</sub> " (+0.4) | 3.98 (+0.0) | 5.18 (+0.2) | 4.97 (+0.5) | 4.85 (+1.4) | 5.39 (+0.4) | 5.03 (+0.2) | 2(4)  | 5   |
| 5 Hill, Emma        | JR Concordia (O)  | 5.31m 17' 5 <sup>1</sup> / <sub>4</sub> " (+0.6) | 5.12 (+2.6) | 5.02 (+0.7) | 5.29 (+2.4) | 5.31 (+0.6) | 5.10 (+0.2) | 5.26 (+0.7) | 1(1)  | 4   |
| 5 Siltman, Rachel   | JR Concordia (O)  | 5.31m 17' 5 <sup>1</sup> / <sub>4</sub> " (+2.7) | FOUL        | 5.31 (+2.7) | FOUL        | FOUL        | 5.09 (+0.2) | FOUL        | 1(1)  | 3   |
| 7 Fettig, Tayler    | SR Central Wash   | 5.28m 17' 4" (+0.0)                              | 5.01 (+0.7) | 5.15 (+0.5) | 5.25 (+0.5) | 5.02 (+0.2) | 5.28 (+0.0) | FOUL        | 2(5)  | 2   |
| 8 Lazecki, Natasha  | JR Simon Fraser   | 5.25m 17' 2 <sup>3</sup> / <sub>4</sub> " (+0.0) | 5.20 (+0.8) | 4.99 (+0.0) | 5.18 (+0.0) | 5.04 (+0.9) | 5.25 (+0.0) | 5.09 (+0.0) | 2(6)  | 1   |
| 9 Williams, Brooke  | FR Central Wash   | 5.13m 16' 10" (+1.0)                             | 5.13 (+1.0) | 5.07 (+1.8) | 4.95 (+2.2) | 5.08 (+0.2) | 5.11 (+0.2) | 5.03 (+0.0) | 1(3)  |     |
| 10 Morris, Jordan   | FR Northwest Na   | 5.05m 16' 7" (+0.0)                              | 4.95 (+0.4) | 5.05 (+0.0) | 4.83 (+0.1) |             |             |             | 2(7)  |     |
| 11 Lehnert, Geneva  | FR Seattle Pacifi | 5.00m 16' 5" (+0.7)                              | 5.00 (+0.7) | FOUL        | FOUL        |             |             |             | 2(8)  |     |
| 12 Schwend, Shaniah | FR MSU-Billings   | 4.88m 16' 0 <sup>1</sup> / <sub>4</sub> " (+2.7) | 4.88 (+2.7) | 3.33 (+1.6) | 4.85 (+0.9) |             |             |             | 1(4)  |     |
| 13 Bentley, Marinah | JR Central Wash   | 4.85m 15' 11" (+2.5)                             | 4.84 (+1.3) | 4.85 (+2.5) | 4.68 (+0.4) |             |             |             | 1(5)  |     |
| 14 Bentley, Moriah  | JR Central Wash   | 4.74m 15' 6 <sup>3</sup> / <sub>4</sub> " (+2.3) | 4.63 (+0.2) | 4.74 (+2.3) | FOUL        |             |             |             | 1(6)  |     |
| 15 Snyder, Hannah   | SO Central Wash   | 4.51m 14' 9 <sup>3</sup> / <sub>4</sub> " (+0.8) | 4.51 (+0.8) | FOUL        | FOUL        |             |             |             | 1(7)  |     |
| 15 Munoz, Malea     | FR Western Was    | 4.51m 14' 9 <sup>3</sup> / <sub>4</sub> " (+0.9) | 4.51 (+0.9) | FOUL        | FOUL        |             |             |             | 1(7)  |     |
| 17 Brannan, Kyra    | JR Seattle Pacifi | 3.76m 12' 4" (+0.0)                              | 3.76 (+0.0) | FOUL        | FOUL        |             |             |             | 2(9)  |     |

**FLIGHT RESULTS**

| Pl Name              | Yr Team          | Mark   | Rnd 1       | Rnd 2       | Rnd 3       | Rnd 4       | Rnd 5       | Rnd 6       |  |
|----------------------|------------------|--|-------------|-------------|-------------|-------------|-------------|-------------|--|
| <b>Flight 1 of 2</b> |                  |  |             |             |             |             |             |             |  |
| 1 Hill, Emma         | JR Concordia (O) | 5.31m 17' 5 <sup>1</sup> / <sub>4</sub> " (+0.6) | 5.12 (+2.6) | 5.02 (+0.7) | 5.29 (+2.4) | 5.31 (+0.6) | 5.10 (+0.2) | 5.26 (+0.7) |  |
| 1 Siltman, Rachel    | JR Concordia (O) | 5.31m 17' 5 <sup>1</sup> / <sub>4</sub> " (+2.7) | FOUL        | 5.31 (+2.7) | FOUL        | FOUL        | 5.09 (+0.2) | FOUL        |  |
| 3 Williams, Brooke   | FR Central Wash  | 5.13m 16' 10" (+1.0)                             | 5.13 (+1.0) | 5.07 (+1.8) | 4.95 (+2.2) | 5.08 (+0.2) | 5.11 (+0.2) | 5.03 (+0.0) |  |

**GNAC CHAMPIONSHIPS**

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

**MEET OFFICIALS**

**Meet Director:**  
Bridget Johnson Tetteh  
**Meet Referee:**  
Bob Latham  
**Timing:**  
Christopher Sabato



**OFFICIAL MEET REPORT**  
printed: 5/14/2016 2:54 PM

**RESULTS**

**#31 Women's Long Jump (cont'd)**

| Pl                   | Name              | Yr | Team           | Mark   | Rnd 1       | Rnd 2       | Rnd 3       | Rnd 4       | Rnd 5       | Rnd 6       |
|----------------------|-------------------|----|----------------|--|-------------|-------------|-------------|-------------|-------------|-------------|
| 4                    | Schwend, Shaniah  | FR | MSU-Billings   | 4.88m 16' 0 <sup>1</sup> / <sub>4</sub> (+2.7) | 4.88 (+2.7) | 3.33 (+1.6) | 4.85 (+0.9) |             |             |             |
| 5                    | Bentley, Marinah  | JR | Central Wash   | 4.85m 15' 11" (+2.5)                           | 4.84 (+1.3) | 4.85 (+2.5) | 4.68 (+0.4) |             |             |             |
| 6                    | Bentley, Moriah   | JR | Central Wash   | 4.74m 15' 6 <sup>3</sup> / <sub>4</sub> (+2.3) | 4.63 (+0.2) | 4.74 (+2.3) | FOUL        |             |             |             |
| 7                    | Snyder, Hannah    | SO | Central Wash   | 4.51m 14' 9 <sup>3</sup> / <sub>4</sub> (+0.8) | 4.51 (+0.8) | FOUL        | FOUL        |             |             |             |
| 7                    | Munoz, Malea      | FR | Western Was    | 4.51m 14' 9 <sup>3</sup> / <sub>4</sub> (+0.9) | 4.51 (+0.9) | FOUL        | FOUL        |             |             |             |
| <b>Flight 2 of 2</b> |                   |    |                |  |             |             |             |             |             |             |
| 1                    | Luquin, Maliea    | SR | Seattle Pacifi | 5.57m 18' 3 <sup>1</sup> / <sub>4</sub> (+0.6) | 5.57 (+0.6) | 5.52 (+0.1) | FOUL        | FOUL        | 5.42 (+0.5) | PASS        |
| 2                    | McMullin, Jasmine | JR | Western Was    | 5.56m 18' 3" (+0.0)                            | 5.39 (+0.5) | 5.45 (+1.1) | 5.56 (+0.0) | 5.16 (+0.0) | 5.42 (+0.3) | 5.41 (+0.0) |
| 3                    | Anderson, Ali     | SO | Central Wash   | 5.52m 18' 1 <sup>1</sup> / <sub>2</sub> (+0.2) | FOUL        | 5.21 (+0.0) | FOUL        | 5.11 (+1.2) | 5.52 (+0.2) | FOUL        |
| 4                    | Blalock, Alexia   | JR | Alaska Ancho   | 5.39m 17' 8 <sup>1</sup> / <sub>4</sub> (+0.4) | 3.98 (+0.0) | 5.18 (+0.2) | 4.97 (+0.5) | 4.85 (+1.4) | 5.39 (+0.4) | 5.03 (+0.2) |
| 5                    | Fettig, Tayler    | SR | Central Wash   | 5.28m 17' 4" (+0.0)                            | 5.01 (+0.7) | 5.15 (+0.5) | 5.25 (+0.5) | 5.02 (+0.2) | 5.28 (+0.0) | FOUL        |
| 6                    | Lazecki, Natasha  | JR | Simon Fraser   | 5.25m 17' 2 <sup>3</sup> / <sub>4</sub> (+0.0) | 5.20 (+0.8) | 4.99 (+0.0) | 5.18 (+0.0) | 5.04 (+0.9) | 5.25 (+0.0) | 5.09 (+0.0) |
| 7                    | Morris, Jordan    | FR | Northwest Na   | 5.05m 16' 7" (+0.0)                            | 4.95 (+0.4) | 5.05 (+0.0) | 4.83 (+0.1) |             |             |             |
| 8                    | Lehnert, Geneva   | FR | Seattle Pacifi | 5.00m 16' 5" (+0.7)                            | 5.00 (+0.7) | FOUL        | FOUL        |             |             |             |
| 9                    | Brannan, Kyra     | JR | Seattle Pacifi | 3.76m 12' 4" (+0.0)                            | 3.76 (+0.0) | FOUL        | FOUL        |             |             |             |

**#33 Women's Triple Jump**

|    |                |        |               |                |      |
|----|----------------|--------|---------------|----------------|------|
| #  | GNAC           | 12.42m | Ashley Potter | Western Oregon | 2012 |
| \$ | McArthur Field | 12.42m | Lavern Clark  |                | 1992 |
| \$ | McArthur Field | 12.42m | Ashley Potter | Western Oregon | 2012 |
| %  | Championship   | 12.42m | Ashley Potter | Western Oregon | 2012 |

**11:00 AM (Day 2):**

| Pl | Name              | Yr | Team          | Mark   | Rnd 1        | Rnd 2        | Rnd 3        | Rnd 4        | Rnd 5        | Rnd 6        | F(Pl) | Pts |
|----|-------------------|----|---------------|--|--------------|--------------|--------------|--------------|--------------|--------------|-------|-----|
| 1  | McMullin, Jasmine | JR | Western Was   | 11.83m 38' 9 <sup>3</sup> / <sub>4</sub> (+0.0)  | 11.49 (+1.3) | FOUL         | FOUL         | 1.66 (+0.0)  | FOUL         | 11.83 (+0.0) | 2(1)  | 10  |
| 2  | Brown, Ella       | JR | Simon Fraser  | 11.58m 38' 0" (+0.4)                             | 11.58 (+0.4) | FOUL         | FOUL         | FOUL         | 11.51 (+1.5) | FOUL         | 2(2)  | 8   |
| 3  | Blalock, Alexia   | JR | Alaska Ancho  | 11.17m 36' 7 <sup>3</sup> / <sub>4</sub> (+1.0)  | 10.72 (+0.0) | 11.17 (+1.0) | 10.73 (+1.5) | 10.87 (+1.9) | 10.99 (+1.5) | 10.97 (+0.0) | 2(3)  | 6   |
| 4  | Hill, Emma        | JR | Concordia (O) | 11.12m 36' 5 <sup>3</sup> / <sub>4</sub> (+1.6)  | 10.86 (+0.3) | 10.60 (+1.9) | 11.12 (+1.6) | 10.63 (+1.0) | 11.01 (+2.0) | 10.86 (+0.8) | 2(4)  | 5   |
| 5  | Siltman, Rachel   | JR | Concordia (O) | 10.89m 35' 8 <sup>3</sup> / <sub>4</sub> (+0.7)  | 10.89 (+0.7) | FOUL         | FOUL         | FOUL         | 10.83 (+0.8) | 10.79 (+1.6) | 2(5)  | 4   |
| 6  | Cronic, Kelly     | JR | Central Wash  | 10.85m 35' 7 <sup>1</sup> / <sub>4</sub> (+1.7)  | 10.85 (+1.7) | FOUL         | 10.60 (+0.7) | FOUL         | FOUL         | FOUL         | 2(6)  | 3   |
| 7  | Bentley, Marinah  | JR | Central Wash  | 10.81m 35' 5 <sup>3</sup> / <sub>4</sub> (+0.1)  | 10.60 (+0.8) | FOUL         | FOUL         | 10.80 (+0.4) | 10.81 (+0.1) | FOUL         | 2(7)  | 2   |
| 8  | Conklin, Katie    | SO | Northwest Na  | 10.65m 34' 11 <sup>1</sup> / <sub>4</sub> (+1.4) | FOUL         | 10.40 (+1.1) | 10.65 (+1.4) | 10.13 (+0.0) | 10.58 (+1.6) | 10.42 (+0.0) | 1(1)  | 1   |
| 9  | Snyder, Hannah    | SO | Central Wash  | 10.61m 34' 9 <sup>3</sup> / <sub>4</sub> (+0.3)  | FOUL         | 10.41 (+0.7) | 10.61 (+0.3) | 10.34 (+0.4) | 10.26 (+1.2) | 10.59 (+1.1) | 1(2)  |     |
| 10 | Williams, Brooke  | FR | Central Wash  | 10.52m 34' 6 <sup>1</sup> / <sub>4</sub> (+1.5)  | 10.31 (+0.9) | FOUL         | 10.52 (+1.5) |              |              |              | 2(8)  |     |
| 11 | Schwend, Shaniah  | FR | MSU-Billings  | 10.44m 34' 3" (+0.0)                             | 10.44 (+0.0) | 10.33 (+0.9) | 10.11 (+2.2) |              |              |              | 1(3)  |     |
| 12 | Bentley, Moriah   | JR | Central Wash  | 10.38m 34' 0 <sup>3</sup> / <sub>4</sub> (+0.0)  | FOUL         | 10.14 (+1.5) | 10.38 (+0.0) |              |              |              | 1(4)  |     |
| 13 | Williams, Janessa | FR | MSU-Billings  | 10.33m 33' 10 <sup>3</sup> / <sub>4</sub> (+1.1) | 10.33 (+1.1) | FOUL         | 10.33 (+1.2) |              |              |              | 2(9)  |     |
| 14 | Pitts, Kathryn    | JR | Western Oreg  | 10.25m 33' 7 <sup>1</sup> / <sub>2</sub> (+1.6)  | FOUL         | FOUL         | 10.25 (+1.6) |              |              |              | 1(5)  |     |

**FLIGHT RESULTS**

| Pl                   | Name             | Yr | Team         | Mark   | Rnd 1        | Rnd 2        | Rnd 3        | Rnd 4        | Rnd 5        | Rnd 6        |
|----------------------|------------------|----|--------------|--|--------------|--------------|--------------|--------------|--------------|--------------|
| <b>Flight 1 of 2</b> |                  |    |              |  |              |              |              |              |              |              |
| 1                    | Conklin, Katie   | SO | Northwest Na | 10.65m 34' 11 <sup>1</sup> / <sub>4</sub> (+1.4) | FOUL         | 10.40 (+1.1) | 10.65 (+1.4) | 10.13 (+0.0) | 10.58 (+1.6) | 10.42 (+0.0) |
| 2                    | Snyder, Hannah   | SO | Central Wash | 10.61m 34' 9 <sup>3</sup> / <sub>4</sub> (+0.3)  | FOUL         | 10.41 (+0.7) | 10.61 (+0.3) | 10.34 (+0.4) | 10.26 (+1.2) | 10.59 (+1.1) |
| 3                    | Schwend, Shaniah | FR | MSU-Billings | 10.44m 34' 3" (+0.0)                             | 10.44 (+0.0) | 10.33 (+0.9) | 10.11 (+2.2) |              |              |              |
| 4                    | Bentley, Moriah  | JR | Central Wash | 10.38m 34' 0 <sup>3</sup> / <sub>4</sub> (+0.0)  | FOUL         | 10.14 (+1.5) | 10.38 (+0.0) |              |              |              |
| 5                    | Pitts, Kathryn   | JR | Western Oreg | 10.25m 33' 7 <sup>1</sup> / <sub>2</sub> (+1.6)  | FOUL         | FOUL         | 10.25 (+1.6) |              |              |              |
| <b>Flight 2 of 2</b> |                  |    |              |  |              |              |              |              |              |              |

# GNAC CHAMPIONSHIPS

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

## MEET OFFICIALS

**Meet Director:**  
Bridget Johnson Tetteh  
**Meet Referee:**  
Bob Latham  
**Timing:**  
Christopher Sabato



**OFFICIAL MEET REPORT**  
printed: 5/14/2016 2:54 PM

# RESULTS

## #33 Women's Triple Jump (cont'd)

| Pl | Name              | Yr Team          | Mark   | Rnd 1        | Rnd 2        | Rnd 3        | Rnd 4        | Rnd 5        | Rnd 6        |
|----|-------------------|------------------|--|--------------|--------------|--------------|--------------|--------------|--------------|
| 1  | McMullin, Jasmine | JR Western Was   | 11.83m 38' 9 <sup>3</sup> / <sub>4</sub> (+0.0)  | 11.49 (+1.3) | FOUL         | FOUL         | 1.66 (+0.0)  | FOUL         | 11.83 (+0.0) |
| 2  | Brown, Ella       | JR Simon Fraser  | 11.58m 38' 0" (+0.4)                             | 11.58 (+0.4) | FOUL         | FOUL         | FOUL         | 11.51 (+1.5) | FOUL         |
| 3  | Blalock, Alexia   | JR Alaska Ancho  | 11.17m 36' 7 <sup>3</sup> / <sub>4</sub> (+1.0)  | 10.72 (+0.0) | 11.17 (+1.0) | 10.73 (+1.5) | 10.87 (+1.9) | 10.99 (+1.5) | 10.97 (+0.0) |
| 4  | Hill, Emma        | JR Concordia (O) | 11.12m 36' 5 <sup>3</sup> / <sub>4</sub> (+1.6)  | 10.86 (+0.3) | 10.60 (+1.9) | 11.12 (+1.6) | 10.63 (+1.0) | 11.01 (+2.0) | 10.86 (+0.8) |
| 5  | Siltman, Rachel   | JR Concordia (O) | 10.89m 35' 8 <sup>3</sup> / <sub>4</sub> (+0.7)  | 10.89 (+0.7) | FOUL         | FOUL         | FOUL         | 10.83 (+0.8) | 10.79 (+1.6) |
| 6  | Cronic, Kelly     | JR Central Wash  | 10.85m 35' 7 <sup>1</sup> / <sub>4</sub> (+1.7)  | 10.85 (+1.7) | FOUL         | 10.60 (+0.7) | FOUL         | FOUL         | FOUL         |
| 7  | Bentley, Marinah  | JR Central Wash  | 10.81m 35' 5 <sup>3</sup> / <sub>4</sub> (+0.1)  | 10.60 (+0.8) | FOUL         | FOUL         | 10.80 (+0.4) | 10.81 (+0.1) | FOUL         |
| 8  | Williams, Brooke  | FR Central Wash  | 10.52m 34' 6 <sup>1</sup> / <sub>4</sub> (+1.5)  | 10.31 (+0.9) | FOUL         | 10.52 (+1.5) |              |              |              |
| 9  | Williams, Janessa | FR MSU-Billings  | 10.33m 33' 10 <sup>3</sup> / <sub>4</sub> (+1.1) | 10.33 (+1.1) | FOUL         | 10.33 (+1.2) |              |              |              |

## #35 Women's Shot Put

|                   |        |                 |                        |      |
|-------------------|--------|-----------------|------------------------|------|
| % Championship    | 14.04m | Anica Knispel   | Montana State Billings | 2011 |
| # GNAC            | 14.94m | Krissy Tandle   | Central Washington     | 2009 |
| \$ McArthur Field | 15.96m | McKenzie Warren |                        | 2016 |

### 2:00 PM (Day 1):

| Pl | Name                 | Yr Team           | Mark                                      | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|----------------------|-------------------|---|-------|-------|-------|-------|-------|-------|-------|-----|
| 1  | Collier, Emmi        | SR Western Oreg   | 13.81m 45' 4"                             | 13.63 | 12.30 | 13.17 | 13.36 | 12.38 | 13.81 | 2(1)  | 10  |
| 2  | Linenko, Katrina     | FR Concordia (O)  | 13.61m 44' 8"                             | 12.84 | 13.52 | 13.15 | 13.44 | FOUL  | 13.61 | 2(2)  | 8   |
| 3  | MacDonald, Christina | SO Concordia (O)  | 13.44m 44' 1 <sup>1</sup> / <sub>2</sub>  | 13.31 | 13.28 | 13.44 | 13.35 | FOUL  | 13.25 | 2(3)  | 6   |
| 4  | Youngers, Amanda     | SR Central Wash   | 13.17m 43' 2 <sup>3</sup> / <sub>4</sub>  | 12.80 | 12.76 | 12.99 | 12.61 | 13.17 | 13.12 | 2(4)  | 5   |
| 5  | Mortensen, Megan     | JR Western Was    | 12.95m 42' 6"                             | 12.67 | 12.95 | 12.30 | 12.34 | 12.27 | 12.52 | 1(1)  | 4   |
| 6  | McKinnis, Rachel     | JR Concordia (O)  | 12.82m 42' 1"                             | 12.50 | FOUL  | FOUL  | 12.45 | 12.82 | 12.34 | 2(5)  | 3   |
| 7  | Jones, Saidee        | FR Concordia (O)  | 12.66m 41' 6 <sup>3</sup> / <sub>4</sub>  | 12.66 | 12.48 | 12.06 | FOUL  | 12.09 | 12.00 | 2(6)  | 2   |
| 8  | Moore, Dorothy       | SR Central Wash   | 12.53m 41' 1 <sup>1</sup> / <sub>2</sub>  | 11.21 | 12.53 | 11.98 | FOUL  | FOUL  | FOUL  | 1(2)  | 1   |
| 9  | Cryderman, Katrina   | SR Northwest Na   | 12.41m 40' 8 <sup>3</sup> / <sub>4</sub>  | 12.08 | 12.22 | 12.33 | 12.27 | 12.41 | 11.90 | 2(7)  |     |
| 10 | Vernoy, Megan        | FR Saint Martin's | 12.32m 40' 5 <sup>1</sup> / <sub>4</sub>  | 10.34 | FOUL  | 12.32 |       |       |       | 1(3)  |     |
| 11 | Neale, Kirby         | JR Saint Martin's | 12.26m 40' 3"                             | FOUL  | 12.26 | FOUL  |       |       |       | 2(8)  |     |
| 12 | Markham, Sammi       | JR Seattle Pacifi | 12.19m 40' 0 <sup>1</sup> / <sub>4</sub>  | 12.19 | 10.44 | 11.98 |       |       |       | 1(4)  |     |
| 13 | Homer, Aiyana        | SO Central Wash   | 12.16m 39' 11"                            | 12.16 | 11.87 | 12.05 |       |       |       | 1(5)  |     |
| 13 | Johns, Jessica       | SR Northwest Na   | 12.16m 39' 11"                            | FOUL  | 12.16 | FOUL  |       |       |       | 1(5)  |     |
| 15 | VanValey, Taylor     | SR Northwest Na   | 12.14m 39' 10 <sup>1</sup> / <sub>4</sub> | FOUL  | 12.14 | 11.91 |       |       |       | 2(9)  |     |
| 16 | Huffman, Rachael     | JR Western Oreg   | 11.40m 37' 5"                             | 10.89 | 11.37 | 11.40 |       |       |       | 1(7)  |     |
| 17 | Larson, Liz          | FR Saint Martin's | 11.25m 36' 11 <sup>1</sup> / <sub>4</sub> | FOUL  | 11.25 | FOUL  |       |       |       | 1(8)  |     |
| 18 | Daylong, Brooklyn    | FR Northwest Na   | 11.02m 36' 2 <sup>1</sup> / <sub>4</sub>  | 10.80 | 11.02 | 10.85 |       |       |       | 1(9)  |     |
| 19 | Mayerl, April        | JR Saint Martin's | 10.56m 34' 8"                             | FOUL  | 10.52 | 10.56 |       |       |       | 1(10) |     |

## FLIGHT RESULTS

| Pl                   | Name             | Yr Team           | Mark                                      | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|------------------|-------------------|---|-------|-------|-------|-------|-------|-------|
| <b>Flight 1 of 2</b> |                  |                   |   |       |       |       |       |       |       |
| 1                    | Mortensen, Megan | JR Western Was    | 12.95m 42' 6"                             | 12.67 | 12.95 | 12.30 | 12.34 | 12.27 | 12.52 |
| 2                    | Moore, Dorothy   | SR Central Wash   | 12.53m 41' 1 <sup>1</sup> / <sub>2</sub>  | 11.21 | 12.53 | 11.98 | FOUL  | FOUL  | FOUL  |
| 3                    | Vernoy, Megan    | FR Saint Martin's | 12.32m 40' 5 <sup>1</sup> / <sub>4</sub>  | 10.34 | FOUL  | 12.32 |       |       |       |
| 4                    | Markham, Sammi   | JR Seattle Pacifi | 12.19m 40' 0 <sup>1</sup> / <sub>4</sub>  | 12.19 | 10.44 | 11.98 |       |       |       |
| 5                    | Homer, Aiyana    | SO Central Wash   | 12.16m 39' 11"                            | 12.16 | 11.87 | 12.05 |       |       |       |
| 5                    | Johns, Jessica   | SR Northwest Na   | 12.16m 39' 11"                            | FOUL  | 12.16 | FOUL  |       |       |       |
| 7                    | Huffman, Rachael | JR Western Oreg   | 11.40m 37' 5"                             | 10.89 | 11.37 | 11.40 |       |       |       |
| 8                    | Larson, Liz      | FR Saint Martin's | 11.25m 36' 11 <sup>1</sup> / <sub>4</sub> | FOUL  | 11.25 | FOUL  |       |       |       |

# GNAC CHAMPIONSHIPS

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

## MEET OFFICIALS

**Meet Director:**  
Bridget Johnson Tetteh  
**Meet Referee:**  
Bob Latham  
**Timing:**  
Christopher Sabato



**OFFICIAL MEET REPORT**  
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# RESULTS

## #35 Women's Shot Put (cont'd)

| Pl                   | Name                 | Yr Team           | Mark  | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|----------------------|-------------------|---|-------|-------|-------|-------|-------|-------|
| 9                    | Daylong, Brooklyn    | FR Northwest Na   | 11.02m 36' 2 <sup>1</sup> / <sub>4</sub> "  | 10.80 | 11.02 | 10.85 |       |       |       |
| 10                   | Mayerl, April        | JR Saint Martin's | 10.56m 34' 8"                               | FOUL  | 10.52 | 10.56 |       |       |       |
| <b>Flight 2 of 2</b> |                      |                   |   |       |       |       |       |       |       |
| 1                    | Collier, Emmi        | SR Western Oreg   | 13.81m 45' 4"                               | 13.63 | 12.30 | 13.17 | 13.36 | 12.38 | 13.81 |
| 2                    | Linenko, Katrina     | FR Concordia (O   | 13.61m 44' 8"                               | 12.84 | 13.52 | 13.15 | 13.44 | FOUL  | 13.61 |
| 3                    | MacDonald, Christina | SO Concordia (O   | 13.44m 44' 1 <sup>1</sup> / <sub>2</sub> "  | 13.31 | 13.28 | 13.44 | 13.35 | FOUL  | 13.25 |
| 4                    | Youngers, Amanda     | SR Central Wash   | 13.17m 43' 2 <sup>3</sup> / <sub>4</sub> "  | 12.80 | 12.76 | 12.99 | 12.61 | 13.17 | 13.12 |
| 5                    | McKinnis, Rachel     | JR Concordia (O   | 12.82m 42' 1"                               | 12.50 | FOUL  | FOUL  | 12.45 | 12.82 | 12.34 |
| 6                    | Jones, Saidee        | FR Concordia (O   | 12.66m 41' 6 <sup>3</sup> / <sub>4</sub> "  | 12.66 | 12.48 | 12.06 | FOUL  | 12.09 | 12.00 |
| 7                    | Cryderman, Katrina   | SR Northwest Na   | 12.41m 40' 8 <sup>3</sup> / <sub>4</sub> "  | 12.08 | 12.22 | 12.33 | 12.27 | 12.41 | 11.90 |
| 8                    | Neale, Kirby         | JR Saint Martin's | 12.26m 40' 3"                               | FOUL  | 12.26 | FOUL  |       |       |       |
| 9                    | VanValey, Taylor     | SR Northwest Na   | 12.14m 39' 10 <sup>1</sup> / <sub>4</sub> " | FOUL  | 12.14 | 11.91 |       |       |       |

## #37 Women's Discus

|    |                |        |                  |                    |      |
|----|----------------|--------|------------------|--------------------|------|
| %  | Championship   | 45.52m | Jessica Telleria | Western Washington | 2006 |
| #  | GNAC           | 50.52m | Jessica Houston  | Alaska Anchorage   | 2005 |
| \$ | McArthur Field | 54.76m | Annie Hess       | Concordia          | 2008 |

### 4:30 PM (Day 1):

| Pl | Name               | Yr Team           | Mark  | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|--------------------|-------------------|---|-------|-------|-------|-------|-------|-------|-------|-----|
| 1  | Mortensen, Megan   | JR Western Was    | % 46.08m 151' 2 <sup>1</sup> / <sub>2</sub> " | FOUL  | FOUL  | 43.33 | 43.88 | 46.08 | 42.50 | 2(1)  | 10  |
| 2  | Daylong, Brooklyn  | FR Northwest Na   | 42.40m 139' 1 <sup>1</sup> / <sub>2</sub> "   | FOUL  | 41.67 | 42.40 | 42.16 | FOUL  | FOUL  | 2(2)  | 8   |
| 3  | Johns, Jessica     | SR Northwest Na   | 41.24m 135' 4"                                | 37.67 | FOUL  | 41.24 | 40.23 | FOUL  | FOUL  | 2(3)  | 6   |
| 4  | Homer, Aiyana      | SO Central Wash   | 40.44m 132' 8 <sup>1</sup> / <sub>2</sub> "   | 38.45 | 40.44 | FOUL  | 37.48 | 35.85 | FOUL  | 2(4)  | 5   |
| 5  | Cryderman, Katrina | SR Northwest Na   | 39.92m 131' 0"                                | 39.92 | FOUL  | 38.19 | 36.68 | 37.96 | FOUL  | 2(5)  | 4   |
| 6  | Markham, Sammi     | JR Seattle Pacifi | 39.09m 128' 3 <sup>1</sup> / <sub>4</sub> "   | 34.43 | FOUL  | 39.02 | 39.09 | 32.72 | 34.77 | 1(1)  | 3   |
| 7  | Huffman, Rachael   | JR Western Oreg   | 38.86m 127' 6 <sup>1</sup> / <sub>4</sub> "   | FOUL  | FOUL  | 38.86 | 37.01 | 35.63 | 32.01 | 2(6)  | 2   |
| 8  | Jones, Saidee      | FR Concordia (O   | 38.37m 125' 11"                               | 37.37 | FOUL  | 38.37 | 38.22 | 35.60 | 36.89 | 1(2)  | 1   |
| 9  | Auchard, Cheyanne  | FR Western Oreg   | 37.76m 123' 11"                               | 35.67 | 37.76 | 31.59 | FOUL  | 34.84 | 32.72 | 1(3)  |     |
| 10 | Neale, Kirby       | JR Saint Martin's | 37.66m 123' 7"                                | 30.33 | 37.66 | FOUL  |       |       |       | 2(7)  |     |
| 11 | Mayerl, April      | JR Saint Martin's | 37.41m 122' 9"                                | 37.41 | 33.96 | 26.59 |       |       |       | 1(4)  |     |
| 12 | Walters, Dakayla   | SO Alaska Ancho   | 37.18m 122' 0"                                | 37.18 | 35.69 | 35.93 |       |       |       | 1(5)  |     |
| 13 | Thomas, Hannah     | SO Northwest Na   | 36.82m 120' 10"                               | FOUL  | 33.21 | 36.82 |       |       |       | 1(6)  |     |
| 14 | Vernoy, Megan      | FR Saint Martin's | 35.78m 117' 5"                                | 35.78 | 32.23 | FOUL  |       |       |       | 2(8)  |     |
| 15 | Linenko, Katrina   | FR Concordia (O   | 35.75m 117' 3 <sup>3</sup> / <sub>4</sub> "   | 35.75 | FOUL  | 35.02 |       |       |       | 1(7)  |     |
| 16 | Collier, Emmi      | SR Western Oreg   | 33.67m 110' 5 <sup>3</sup> / <sub>4</sub> "   | FOUL  | 33.67 | 28.49 |       |       |       | 1(8)  |     |
| 17 | Roberts, Sophia    | FR Western Was    | 33.32m 109' 4"                                | 32.83 | 33.32 | FOUL  |       |       |       | 1(9)  |     |
| 18 | Falck, Alecia      | SO Western Oreg   | 31.67m 103' 11"                               | 30.78 | 31.67 | 30.44 |       |       |       | 1(10) |     |
|    | Sarver, Lexi       | SR Northwest Na   | NM  | FOUL  | FOUL  | FOUL  |       |       |       |       | 2   |

## FLIGHT RESULTS

| Pl                   | Name              | Yr Team           | Mark  | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|-------------------|-------------------|---|-------|-------|-------|-------|-------|-------|
| <b>Flight 1 of 2</b> |                   |                   |   |       |       |       |       |       |       |
| 1                    | Markham, Sammi    | JR Seattle Pacifi | 39.09m 128' 3 <sup>1</sup> / <sub>4</sub> " | 34.43 | FOUL  | 39.02 | 39.09 | 32.72 | 34.77 |
| 2                    | Jones, Saidee     | FR Concordia (O   | 38.37m 125' 11"                             | 37.37 | FOUL  | 38.37 | 38.22 | 35.60 | 36.89 |
| 3                    | Auchard, Cheyanne | FR Western Oreg   | 37.76m 123' 11"                             | 35.67 | 37.76 | 31.59 | FOUL  | 34.84 | 32.72 |
| 4                    | Mayerl, April     | JR Saint Martin's | 37.41m 122' 9"                              | 37.41 | 33.96 | 26.59 |       |       |       |
| 5                    | Walters, Dakayla  | SO Alaska Ancho   | 37.18m 122' 0"                              | 37.18 | 35.69 | 35.93 |       |       |       |

**GNAC CHAMPIONSHIPS**

Monmouth, OR

Western Oregon

Host: Western Oregon University

May 13, 2016

**MEET OFFICIALS****Meet Director:**

Bridget Johnson Tetteh

**Meet Referee:**

Bob Latham

**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

printed: 5/14/2016 2:54 PM

**RESULTS****#37 Women's Discus (cont'd)**

| Pl                   | Name               | Yr | Team              | Mark  | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|--------------------|----|-------------------|---|-------|-------|-------|-------|-------|-------|
| 6                    | Thomas, Hannah     |    | SO Northwest Na   | 36.82m 120' 10"                             | FOUL  | 33.21 | 36.82 |       |       |       |
| 7                    | Linenko, Katrina   |    | FR Concordia (O   | 35.75m 117' 3 <sup>3</sup> / <sub>4</sub>   | 35.75 | FOUL  | 35.02 |       |       |       |
| 8                    | Collier, Emmi      |    | SR Western Oreg   | 33.67m 110' 5 <sup>3</sup> / <sub>4</sub>   | FOUL  | 33.67 | 28.49 |       |       |       |
| 9                    | Roberts, Sophia    |    | FR Western Was    | 33.32m 109' 4"                              | 32.83 | 33.32 | FOUL  |       |       |       |
| 10                   | Falck, Alecia      |    | SO Western Oreg   | 31.67m 103' 11"                             | 30.78 | 31.67 | 30.44 |       |       |       |
| <b>Flight 2 of 2</b> |                    |    |                   |   |       |       |       |       |       |       |
| 1                    | Mortensen, Megan   |    | JR Western Was    | % 46.08m 151' 2 <sup>1</sup> / <sub>2</sub> | FOUL  | FOUL  | 43.33 | 43.88 | 46.08 | 42.50 |
| 2                    | Daylong, Brooklyn  |    | FR Northwest Na   | 42.40m 139' 1 <sup>1</sup> / <sub>2</sub>   | FOUL  | 41.67 | 42.40 | 42.16 | FOUL  | FOUL  |
| 3                    | Johns, Jessica     |    | SR Northwest Na   | 41.24m 135' 4"                              | 37.67 | FOUL  | 41.24 | 40.23 | FOUL  | FOUL  |
| 4                    | Homer, Aiyana      |    | SO Central Wash   | 40.44m 132' 8 <sup>1</sup> / <sub>2</sub>   | 38.45 | 40.44 | FOUL  | 37.48 | 35.85 | FOUL  |
| 5                    | Cryderman, Katrina |    | SR Northwest Na   | 39.92m 131' 0"                              | 39.92 | FOUL  | 38.19 | 36.68 | 37.96 | FOUL  |
| 6                    | Huffman, Rachael   |    | JR Western Oreg   | 38.86m 127' 6 <sup>1</sup> / <sub>4</sub>   | FOUL  | FOUL  | 38.86 | 37.01 | 35.63 | 32.01 |
| 7                    | Neale, Kirby       |    | JR Saint Martin's | 37.66m 123' 7"                              | 30.33 | 37.66 | FOUL  |       |       |       |
| 8                    | Vernoy, Megan      |    | FR Saint Martin's | 35.78m 117' 5"                              | 35.78 | 32.23 | FOUL  |       |       |       |
|                      | Sarver, Lexi       |    | SR Northwest Na   | NM  | FOUL  | FOUL  | FOUL  |       |       |       |

**#40 Women's Hammer**

|    |                |        |                 |                |      |
|----|----------------|--------|-----------------|----------------|------|
| %  | Championship   | 54.51m | Audrey Oswald   | Humboldt State | 2006 |
| #  | GNAC           | 56.27m | Jennifer Dunkin | Western Oregon | 2003 |
| \$ | McArthur Field | 59.31m | Cari Soong      | Team XO        | 2007 |

**12:00 PM (Day 2):**

| Pl | Name                 | Yr | Team              | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|----------------------|----|-------------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1  | Neale, Kirby         |    | JR Saint Martin's | 49.81m 163' 5 <sup>1</sup> / <sub>4</sub>  | 45.71 | 49.81 | FOUL  | FOUL  | FOUL  | 49.30 | 2(1)  | 10  |
| 2  | McKinnis, Rachel     |    | JR Concordia (O   | 48.83m 160' 2 <sup>3</sup> / <sub>4</sub>  | 45.24 | FOUL  | 48.83 | 46.73 | 48.73 | 43.18 | 1(1)  | 8   |
| 3  | MacDonald, Christina |    | SO Concordia (O   | 47.24m 155' 0"                             | 43.42 | 43.41 | 44.57 | 47.23 | 47.24 | FOUL  | 2(2)  | 6   |
| 4  | Homer, Aiyana        |    | SO Central Wash   | 46.51m 152' 7 <sup>1</sup> / <sub>4</sub>  | 45.02 | 46.51 | 40.13 | 45.02 | FOUL  | 42.55 | 2(3)  | 5   |
| 5  | Youngers, Amanda     |    | SR Central Wash   | 46.25m 151' 9 <sup>1</sup> / <sub>4</sub>  | 45.05 | 45.77 | 46.25 | 41.97 | 45.78 | 41.81 | 2(4)  | 4   |
| 6  | Collier, Emmi        |    | SR Western Oreg   | 45.91m 150' 7 <sup>3</sup> / <sub>4</sub>  | FOUL  | 45.43 | 45.91 | 43.40 | 44.50 | 43.61 | 2(5)  | 3   |
| 7  | Johns, Jessica       |    | SR Northwest Na   | 45.72m 150' 0 <sup>1</sup> / <sub>4</sub>  | 45.44 | 45.72 | FOUL  | 43.55 | 42.71 | FOUL  | 2(6)  | 2   |
| 8  | VanValey, Taylor     |    | SR Northwest Na   | 45.31m 148' 8 <sup>1</sup> / <sub>4</sub>  | 41.13 | 43.70 | 42.76 | 44.97 | 45.31 | FOUL  | 1(2)  | 1   |
| 9  | Dean, Sylvia         |    | JR Western Oreg   | 43.75m 143' 6 <sup>3</sup> / <sub>4</sub>  | 37.77 | 42.37 | 43.75 | 33.62 | 35.56 | 39.31 | 1(3)  |     |
| 10 | Larson, Liz          |    | FR Saint Martin's | 43.69m 143' 4 <sup>1</sup> / <sub>4</sub>  | FOUL  | 43.69 | FOUL  |       |       |       | 2(7)  |     |
| 11 | Moore, Dorothy       |    | SR Central Wash   | 43.63m 143' 2"                             | 43.63 | 40.82 | FOUL  |       |       |       | 2(8)  |     |
| 12 | Falck, Alecia        |    | SO Western Oreg   | 43.29m 142' 0 <sup>1</sup> / <sub>2</sub>  | 42.59 | 43.00 | 43.29 |       |       |       | 1(4)  |     |
| 13 | Daylong, Brooklyn    |    | FR Northwest Na   | 41.93m 137' 7"                             | 41.93 | FOUL  | FOUL  |       |       |       | 1(5)  |     |
| 14 | Wetherell, Emily     |    | SR Western Oreg   | 41.15m 135' 0 <sup>1</sup> / <sub>4</sub>  | 41.15 | FOUL  | FOUL  |       |       |       | 2(9)  |     |
| 15 | Cryderman, Katrina   |    | SR Northwest Na   | 41.06m 134' 8 <sup>3</sup> / <sub>4</sub>  | 40.10 | 39.66 | 41.06 |       |       |       | 1(6)  |     |
| 15 | Thomas, Hannah       |    | SO Northwest Na   | 41.06m 134' 8 <sup>3</sup> / <sub>4</sub>  | 39.92 | FOUL  | 41.06 |       |       |       | 1(6)  |     |
| 17 | Wade, Cassandra      |    | JR Northwest Na   | 40.95m 134' 4 <sup>1</sup> / <sub>2</sub>  | 40.95 | FOUL  | 40.81 |       |       |       | 1(8)  |     |
| 18 | Jones, Saidee        |    | FR Concordia (O   | 40.02m 131' 3 <sup>3</sup> / <sub>4</sub>  | 40.02 | FOUL  | FOUL  |       |       |       | 1(9)  |     |
| 19 | Roberts, Sophia      |    | FR Western Was    | 39.81m 130' 7 <sup>1</sup> / <sub>2</sub>  | 39.81 | 39.48 | FOUL  |       |       |       | 1(10) |     |
| 20 | Sarver, Lexi         |    | SR Northwest Na   | 36.55m 119' 11 <sup>1</sup> / <sub>4</sub> | FOUL  | 36.55 | FOUL  |       |       |       | 1(11) |     |
|    | Mortensen, Megan     |    | JR Western Was    | NM   | FOUL  | FOUL  | FOUL  |       |       |       | 1     |     |

**FLIGHT RESULTS**

| Pl                   | Name | Yr | Team | Mark | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|------|----|------|------|-------|-------|-------|-------|-------|-------|
| <b>Flight 1 of 2</b> |      |    |      |      |       |       |       |       |       |       |

# GNAC CHAMPIONSHIPS

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

## MEET OFFICIALS

**Meet Director:**  
Bridget Johnson Tetteh  
**Meet Referee:**  
Bob Latham  
**Timing:**  
Christopher Sabato



**OFFICIAL MEET REPORT**  
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# RESULTS

## #40 Women's Hammer (cont'd)

| Pl | Name               | Yr Team          | Mark                                       | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----|--------------------|------------------|--|-------|-------|-------|-------|-------|-------|
| 1  | McKinnis, Rachel   | JR Concordia (O) | 48.83m 160' 2 <sup>3</sup> / <sub>4</sub>  | 45.24 | FOUL  | 48.83 | 46.73 | 48.73 | 43.18 |
| 2  | VanValey, Taylor   | SR Northwest Na  | 45.31m 148' 8 <sup>1</sup> / <sub>4</sub>  | 41.13 | 43.70 | 42.76 | 44.97 | 45.31 | FOUL  |
| 3  | Dean, Sylvia       | JR Western Oreg  | 43.75m 143' 6 <sup>3</sup> / <sub>4</sub>  | 37.77 | 42.37 | 43.75 | 33.62 | 35.56 | 39.31 |
| 4  | Falck, Alecia      | SO Western Oreg  | 43.29m 142' 0 <sup>1</sup> / <sub>2</sub>  | 42.59 | 43.00 | 43.29 |       |       |       |
| 5  | Daylong, Brooklyn  | FR Northwest Na  | 41.93m 137' 7"                             | 41.93 | FOUL  | FOUL  |       |       |       |
| 6  | Cryderman, Katrina | SR Northwest Na  | 41.06m 134' 8 <sup>3</sup> / <sub>4</sub>  | 40.10 | 39.66 | 41.06 |       |       |       |
| 6  | Thomas, Hannah     | SO Northwest Na  | 41.06m 134' 8 <sup>3</sup> / <sub>4</sub>  | 39.92 | FOUL  | 41.06 |       |       |       |
| 8  | Wade, Cassandra    | JR Northwest Na  | 40.95m 134' 4 <sup>1</sup> / <sub>2</sub>  | 40.95 | FOUL  | 40.81 |       |       |       |
| 9  | Jones, Saidee      | FR Concordia (O) | 40.02m 131' 3 <sup>3</sup> / <sub>4</sub>  | 40.02 | FOUL  | FOUL  |       |       |       |
| 10 | Roberts, Sophia    | FR Western Was   | 39.81m 130' 7 <sup>1</sup> / <sub>2</sub>  | 39.81 | 39.48 | FOUL  |       |       |       |
| 11 | Sarver, Lexi       | SR Northwest Na  | 36.55m 119' 11 <sup>1</sup> / <sub>4</sub> | FOUL  | 36.55 | FOUL  |       |       |       |
|    | Mortensen, Megan   | JR Western Was   | NM   | FOUL  | FOUL  | FOUL  |       |       |       |

### Flight 2 of 2

|   |                      |                   |   |       |       |       |       |       |       |
|---|----------------------|-------------------|---|-------|-------|-------|-------|-------|-------|
| 1 | Neale, Kirby         | JR Saint Martin's | 49.81m 163' 5 <sup>1</sup> / <sub>4</sub> | 45.71 | 49.81 | FOUL  | FOUL  | FOUL  | 49.30 |
| 2 | MacDonald, Christina | SO Concordia (O)  | 47.24m 155' 0"                            | 43.42 | 43.41 | 44.57 | 47.23 | 47.24 | FOUL  |
| 3 | Homer, Aiyana        | SO Central Wash   | 46.51m 152' 7 <sup>1</sup> / <sub>4</sub> | 45.02 | 46.51 | 40.13 | 45.02 | FOUL  | 42.55 |
| 4 | Youngers, Amanda     | SR Central Wash   | 46.25m 151' 9 <sup>1</sup> / <sub>4</sub> | 45.05 | 45.77 | 46.25 | 41.97 | 45.78 | 41.81 |
| 5 | Collier, Emmi        | SR Western Oreg   | 45.91m 150' 7 <sup>3</sup> / <sub>4</sub> | FOUL  | 45.43 | 45.91 | 43.40 | 44.50 | 43.61 |
| 6 | Johns, Jessica       | SR Northwest Na   | 45.72m 150' 0 <sup>1</sup> / <sub>4</sub> | 45.44 | 45.72 | FOUL  | 43.55 | 42.71 | FOUL  |
| 7 | Larson, Liz          | FR Saint Martin's | 43.69m 143' 4 <sup>1</sup> / <sub>4</sub> | FOUL  | 43.69 | FOUL  |       |       |       |
| 8 | Moore, Dorothy       | SR Central Wash   | 43.63m 143' 2"                            | 43.63 | 40.82 | FOUL  |       |       |       |
| 9 | Wetherell, Emily     | SR Western Oreg   | 41.15m 135' 0 <sup>1</sup> / <sub>4</sub> | 41.15 | FOUL  | FOUL  |       |       |       |

## #42 Women's Javelin

|                   |        |                  |                    |      |
|-------------------|--------|------------------|--------------------|------|
| % Championship    | 47.83m | Monika Gruszecki | Western Washington | 2011 |
| # GNAC            | 52.29m | Bethany Drake    | Western Washington | 2016 |
| \$ McArthur Field | 51.26m | Kelsey Stellick  | Oregon             | 1995 |

### 9:45 AM (Day 2):

| Pl | Name                     | Yr Team           | Mark   | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 | F(Pl) | Pts |
|----|--------------------------|-------------------|--|-------|-------|-------|-------|-------|-------|-------|-----|
| 1  | Reichert, Katie          | SR Western Was    | % 50.19m 164' 8 <sup>1</sup> / <sub>4</sub>  | 41.90 | 42.37 | 48.83 | 47.05 | 47.34 | 50.19 | 2(1)  | 10  |
| 2  | Drake, Bethany           | JR Western Was    | % 49.34m 161' 10 <sup>3</sup> / <sub>4</sub> | 49.34 | 44.05 | 45.95 | FOUL  | 46.92 | 48.52 | 2(2)  | 8   |
| 3  | Laupola, Anosi           | FR Western Was    | 44.34m 145' 6"                               | 42.94 | 44.34 | 43.16 | FOUL  | 39.44 | FOUL  | 2(3)  | 6   |
| 4  | Spiller, Jona            | FR Saint Martin's | 42.86m 140' 7 <sup>3</sup> / <sub>4</sub>    | 40.43 | 42.26 | 38.30 | 40.39 | 41.24 | 42.86 | 1(1)  | 5   |
| 5  | Logan, Ellie             | FR Northwest Na   | 42.00m 137' 9 <sup>3</sup> / <sub>4</sub>    | 36.18 | 39.12 | 40.57 | 38.14 | 41.19 | 42.00 | 2(4)  | 4   |
| 6  | Horton, Mariah           | FR Western Was    | 41.56m 136' 4 <sup>1</sup> / <sub>2</sub>    | 39.55 | 38.37 | 41.17 | 37.47 | 37.34 | 41.56 | 2(5)  | 3   |
| 7  | Avalos, Deanna           | SO Saint Martin's | 39.36m 129' 2"                               | 38.87 | 39.29 | 37.70 | 39.36 | 37.20 | 37.67 | 2(6)  | 2   |
| 8  | Whistocken, Angelique    | JR Central Wash   | 38.98m 127' 11"                              | 38.05 | 38.98 | 38.70 | 33.77 | 36.24 | 36.06 | 2(7)  | 1   |
| 9  | MacDonald, Christina     | SO Concordia (O)  | 38.97m 127' 10 <sup>1</sup> / <sub>2</sub>   | 38.33 | 38.97 | FOUL  | FOUL  | 38.66 | FOUL  | 2(8)  |     |
| 10 | Huffman, Rachael         | JR Western Oreg   | 38.55m 126' 6"                               | 38.55 | 36.05 | 36.19 |       |       |       | 1(2)  |     |
| 11 | Byer, Selina             | SR Simon Fraser   | 38.48m 126' 3 <sup>1</sup> / <sub>4</sub>    | 37.41 | 38.48 | 37.00 |       |       |       | 1(3)  |     |
| 12 | Limas De La Cruz, Sheila | SO Western Oreg   | 37.90m 124' 4 <sup>1</sup> / <sub>2</sub>    | 34.20 | 37.87 | 37.90 |       |       |       | 1(4)  |     |
| 13 | Forza, AnnaMarie         | SR Northwest Na   | 37.79m 124' 0"                               | 36.93 | 37.79 | FOUL  |       |       |       | 1(5)  |     |
| 14 | Nobbs, Nicole            | FR Northwest Na   | 36.25m 118' 11 <sup>1</sup> / <sub>2</sub>   | 36.25 | FOUL  | 34.35 |       |       |       | 1(6)  |     |
| 15 | Lombard-Chappell, Sayana | SO Central Wash   | 35.29m 115' 9 <sup>3</sup> / <sub>4</sub>    | 32.60 | 31.40 | 35.29 |       |       |       | 1(7)  |     |
| 16 | Lebesis, Victoria        | SO Central Wash   | 33.55m 110' 1 <sup>1</sup> / <sub>4</sub>    | 33.44 | 33.55 | 31.85 |       |       |       | 1(8)  |     |
| 17 | Walker, Kathryn          | JR Saint Martin's | 32.96m 108' 2"                               | 32.96 | 27.55 | FOUL  |       |       |       | 2(9)  |     |
| 18 | Silbernagel, Emilee      | FR Western Oreg   | 31.71m 104' 0 <sup>3</sup> / <sub>4</sub>    | 31.71 | 27.91 | FOUL  |       |       |       | 1(9)  |     |

# GNAC CHAMPIONSHIPS

Monmouth, OR  
Western Oregon  
Host: Western Oregon University  
May 13, 2016

## MEET OFFICIALS

**Meet Director:**  
Bridget Johnson Tetteh  
**Meet Referee:**  
Bob Latham  
**Timing:**  
Christopher Sabato



**OFFICIAL MEET REPORT**  
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# RESULTS

## #42 Women's Javelin (cont'd)

### FLIGHT RESULTS

| Pl                   | Name                     | Yr | Team           | Mark   | Rnd 1 | Rnd 2 | Rnd 3 | Rnd 4 | Rnd 5 | Rnd 6 |
|----------------------|--------------------------|----|----------------|--|-------|-------|-------|-------|-------|-------|
| <b>Flight 1 of 2</b> |                          |    |                |  |       |       |       |       |       |       |
| 1                    | Spiller, Jona            | FR | Saint Martin's | 42.86m 140' 7 <sup>3</sup> / <sub>4</sub> "    | 40.43 | 42.26 | 38.30 | 40.39 | 41.24 | 42.86 |
| 2                    | Huffman, Rachael         | JR | Western Oreg   | 38.55m 126' 6"                                 | 38.55 | 36.05 | 36.19 |       |       |       |
| 3                    | Byer, Selina             | SR | Simon Fraser   | 38.48m 126' 3 <sup>1</sup> / <sub>4</sub> "    | 37.41 | 38.48 | 37.00 |       |       |       |
| 4                    | Limas De La Cruz, Sheila | SO | Western Oreg   | 37.90m 124' 4 <sup>1</sup> / <sub>2</sub> "    | 34.20 | 37.87 | 37.90 |       |       |       |
| 5                    | Forza, AnnaMarie         | SR | Northwest Na   | 37.79m 124' 0"                                 | 36.93 | 37.79 | FOUL  |       |       |       |
| 6                    | Nobbs, Nicole            | FR | Northwest Na   | 36.25m 118' 11 <sup>1</sup> / <sub>2</sub> "   | 36.25 | FOUL  | 34.35 |       |       |       |
| 7                    | Lombard-Chappell, Sayana | SO | Central Wash   | 35.29m 115' 9 <sup>3</sup> / <sub>4</sub> "    | 32.60 | 31.40 | 35.29 |       |       |       |
| 8                    | Lebesis, Victoria        | SO | Central Wash   | 33.55m 110' 1 <sup>1</sup> / <sub>4</sub> "    | 33.44 | 33.55 | 31.85 |       |       |       |
| 9                    | Silbernagel, Emilee      | FR | Western Oreg   | 31.71m 104' 0 <sup>3</sup> / <sub>4</sub> "    | 31.71 | 27.91 | FOUL  |       |       |       |
| <b>Flight 2 of 2</b> |                          |    |                |  |       |       |       |       |       |       |
| 1                    | Reichert, Katie          | SR | Western Was    | % 50.19m 164' 8 <sup>1</sup> / <sub>4</sub> "  | 41.90 | 42.37 | 48.83 | 47.05 | 47.34 | 50.19 |
| 2                    | Drake, Bethany           | JR | Western Was    | % 49.34m 161' 10 <sup>3</sup> / <sub>4</sub> " | 49.34 | 44.05 | 45.95 | FOUL  | 46.92 | 48.52 |
| 3                    | Laupola, Anosi           | FR | Western Was    | 44.34m 145' 6"                                 | 42.94 | 44.34 | 43.16 | FOUL  | 39.44 | FOUL  |
| 4                    | Logan, Ellie             | FR | Northwest Na   | 42.00m 137' 9 <sup>3</sup> / <sub>4</sub> "    | 36.18 | 39.12 | 40.57 | 38.14 | 41.19 | 42.00 |
| 5                    | Horton, Mariah           | FR | Western Was    | 41.56m 136' 4 <sup>1</sup> / <sub>2</sub> "    | 39.55 | 38.37 | 41.17 | 37.47 | 37.34 | 41.56 |
| 6                    | Avalos, Deanna           | SO | Saint Martin's | 39.36m 129' 2"                                 | 38.87 | 39.29 | 37.70 | 39.36 | 37.20 | 37.67 |
| 7                    | Whistocken, Angelique    | JR | Central Wash   | 38.98m 127' 11"                                | 38.05 | 38.98 | 38.70 | 33.77 | 36.24 | 36.06 |
| 8                    | MacDonald, Christina     | SO | Concordia (O   | 38.97m 127' 10 <sup>1</sup> / <sub>2</sub> "   | 38.33 | 38.97 | FOUL  | FOUL  | 38.66 | FOUL  |
| 9                    | Walker, Kathryn          | JR | Saint Martin's | 32.96m 108' 2"                                 | 32.96 | 27.55 | FOUL  |       |       |       |

## #1 Women's Outdoor Heptathlon

| Pl | Athlete  | Points | 100m Hurdles | High Jump                                    | Shot Put                                       | 200 Meters | Long Jump                                    | Javelin  | 800 Meters |
|----|--|--------|--------------|--|--|------------|--|--|------------|
| 1  | Luquin, Maliea<br>Seattle Pacific<br>Team Points: 10   | 4738   | 14.17        | 1.51m<br>4' 11 <sup>1</sup> / <sub>2</sub> " | 8.60m<br>28' 2 <sup>3</sup> / <sub>4</sub> "   | 24.94      | 5.31m<br>17' 5 <sup>1</sup> / <sub>4</sub> " | 25.11m<br>82' 4 <sup>3</sup> / <sub>4</sub> "  | 2:22.25    |
| 2  | Logan, Ellie<br>Northwest Nazarene<br>Team Points: 8   | 4541   | 15.60        | 1.48m<br>4' 10 <sup>1</sup> / <sub>4</sub> " | 10.31m<br>33' 10 <sup>1</sup> / <sub>4</sub> " | 26.26      | 4.75m<br>15' 7"                              | 44.87m<br>147' 2 <sup>3</sup> / <sub>4</sub> " | 2:37.68    |
| 3  | Anderson, Ali<br>Central Washington<br>Team Points: 6  | 4372   | 17.24        | 1.39m<br>4' 6 <sup>3</sup> / <sub>4</sub> "  | 10.10m<br>33' 2"                               | 25.59      | 5.55m<br>18' 2 <sup>1</sup> / <sub>2</sub> " | 25.59m<br>83' 11 <sup>3</sup> / <sub>4</sub> " | 2:20.01    |
| 4  | Warren, Kawena<br>Northwest Nazarene<br>Team Points: 5 | 4105   | 15.81        | 1.57m<br>5' 1 <sup>3</sup> / <sub>4</sub> "  | 10.65m<br>34' 11 <sup>1</sup> / <sub>2</sub> " | 27.41      | 4.69m<br>15' 4 <sup>3</sup> / <sub>4</sub> " | 29.79m<br>97' 9"                               | 2:49.72    |
| 5  | Morris, Jordan<br>Northwest Nazarene<br>Team Points: 4 | 4065   | 16.32        | 1.48m<br>4' 10 <sup>1</sup> / <sub>4</sub> " | 8.52m<br>27' 11 <sup>3</sup> / <sub>4</sub> "  | 27.43      | 5.12m<br>16' 9 <sup>3</sup> / <sub>4</sub> " | 29.91m<br>98' 1 <sup>3</sup> / <sub>4</sub> "  | 2:36.50    |
| 6  | Crawford, Jade<br>Seattle Pacific<br>Team Points: 3    | 3721   | 15.76        | 1.57m<br>5' 1 <sup>3</sup> / <sub>4</sub> "  | 7.36m<br>24' 2"                                | 28.76      | 5.05m<br>16' 7"                              | 15.62m<br>51' 3 <sup>1</sup> / <sub>4</sub> "  | 2:40.69    |
| 7  | Smith, Rosie<br>Alaska Anchorage<br>Team Points: 2     | 3711   | 15.48        | 1.39m<br>4' 6 <sup>3</sup> / <sub>4</sub> "  | 9.25m<br>30' 4 <sup>1</sup> / <sub>2</sub> "   | 27.38      | 4.74m<br>15' 6 <sup>3</sup> / <sub>4</sub> " | 27.57m<br>90' 5 <sup>3</sup> / <sub>4</sub> "  | 3:01.91    |



**GNAC CHAMPIONSHIPS**

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**MEET OFFICIALS****Meet Director:**

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**Timing:**

Christopher Sabato

**OFFICIAL MEET REPORT**

printed: 5/14/2016 2:54 PM

**RESULTS****#1 Women's Outdoor Heptathlon (continued)**

| PI | Athlete                             | Points | 100m Hurdles | High Jump                                 | Shot Put                                    | 200 Meters | Long Jump                                   | Javelin                                      | 800 Meters |
|----|-------------------------------------|--------|--------------|---|---|------------|---|--|------------|
| 8  | Duval, Lauren<br>Northwest Nazarene | 3710   | 16.58        | 1.54m<br>5' 0 <sup>1</sup> / <sub>2</sub> | 6.56m<br>21' 6 <sup>1</sup> / <sub>2</sub>  | 28.42      | 4.79m<br>15' 8 <sup>3</sup> / <sub>4</sub>  | 22.82m<br>74' 10 <sup>3</sup> / <sub>4</sub> | 2:33.48    |
|    | Team Points: 1                      |        | 645          | 666                                       | 307   | 598        | 503   | 341  | 650        |
| 9  | Hampton, Elana<br>Concordia (Ore.)  | 3634   | 15.96        | 1.36m<br>4' 5 <sup>1</sup> / <sub>2</sub> | 9.44m<br>31' 0"                             | 28.51      | 4.32m<br>14' 2 <sup>1</sup> / <sub>4</sub>  | 30.62m<br>100' 5 <sup>3</sup> / <sub>4</sub> | 2:47.57    |
|    |                                     |        | 719          | 470                                       | 493   | 591        | 384   | 488  | 489        |
| 10 | Curtis, Kathryn<br>Concordia (Ore.) | 3314   | 18.18        | 1.39m<br>4' 6 <sup>3</sup> / <sub>4</sub> | 7.90m<br>25' 11 <sup>1</sup> / <sub>4</sub> | 28.32      | 3.92m<br>12' 10 <sup>1</sup> / <sub>2</sub> | 24.13m<br>79' 2 <sup>1</sup> / <sub>4</sub>  | 2:30.44    |
|    |                                     |        | 470          | 502                                       | 393   | 606        | 290   | 366  | 687        |

**Men's Scores**

| PI | Team               | Code | Score |
|----|--------------------|------|-------|
| 1  | Alaska Anchorage   | ALKA | 163.5 |
| 2  | Western Washington | WWU  | 128   |
| 3  | Western Oregon     | WOR  | 118   |
| 4  | Central Washington | CWU  | 101.5 |
| 5  | Northwest Nazarene | NWN  | 72.5  |
| 6  | Simon Fraser       | SFU  | 72    |
| 7  | Concordia (Ore.)   | CU   | 63    |
| 8  | Saint Martin's     | STMU | 47.5  |
| 9  | MSU-Billings       | MSUB | 23    |
| 9  | Seattle Pacific    | SPU  | 23    |

**Women's Scores**

| PI | Team               | Code | Score |
|----|--------------------|------|-------|
| 1  | Seattle Pacific    | SPU  | 148.5 |
| 2  | Central Washington | CWU  | 143.5 |
| 3  | Alaska Anchorage   | ALKA | 119   |
| 4  | Western Washington | WWU  | 101   |
| 5  | Northwest Nazarene | NWN  | 79.5  |
| 6  | Concordia (Ore.)   | CU   | 70.5  |
| 7  | Western Oregon     | WOR  | 56    |
| 8  | Simon Fraser       | SFU  | 53    |
| 9  | Saint Martin's     | STMU | 35    |
| 10 | MSU-Billings       | MSUB | 10    |