

**GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS**

Nampa, ID  
 Ford Sports Center-Jackson's Track  
 Weather: Indoors  
 Host: Great Northwest Athletic Conference  
 February 19, 2016

**MEET OFFICIALS**

**Meet Director:**  
 Bridget Johnson  
**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

**OFFICIAL MEET REPORT**  
 printed: 2/20/2016 4:19 PM

**RESULTS****#2 Men's 60 Meters****Final**

| Pl | Name          | Team               | Time  | Pts |
|----|---------------|--------------------|-------|-----|
| 1  | Kent MCKINNEY | Central Washington | 6.91  | 10  |
| 2  | Cody WARNER   | Western Oregon     | 6.95  | 8   |
| 3  | Cody THOMAS   | Alaska Anchorage   | 7.03  | 6   |
| 4  | Darrion GRAY  | Alaska Anchorage   | 7.04  | 5   |
| 5  | Carlos ORTIZ  | Concordia (Ore.)   | 7.07  | 4   |
| 6  | Glen FELIX    | Concordia (Ore.)   | 7.07  | 3   |
| 7  | Tre'Von POWE  | Western Washington | 7.11  | 2   |
| 8  | Eric JONES    | Alaska Anchorage   | 15.73 | 1   |

**Prelim**

| Pl | Name           | Team               | Time              | H (Pl) |
|----|----------------|--------------------|-------------------|--------|
| 1  | Cody WARNER    | Western Oregon     | 6.91 <sup>q</sup> | 1 (1)  |
| 2  | Kent MCKINNEY  | Central Washington | 6.94 <sup>q</sup> | 3 (1)  |
| 3  | Carlos ORTIZ   | Concordia (Ore.)   | 6.95 <sup>q</sup> | 3 (2)  |
| 4  | Cody THOMAS    | Alaska Anchorage   | 6.99 <sup>q</sup> | 2 (1)  |
| 5  | Darrion GRAY   | Alaska Anchorage   | 7.00 <sup>q</sup> | 2 (2)  |
| 6  | Glen FELIX     | Concordia (Ore.)   | 7.04 <sup>q</sup> | 1 (2)  |
| 7  | Eric JONES     | Alaska Anchorage   | 7.07 <sup>q</sup> | 1 (3)  |
| 8  | Tre'Von POWE   | Western Washington | 7.08 <sup>q</sup> | 3 (3)  |
| 9  | Latrell SWAYNE | Saint Martins      | 7.09              | 1 (4)  |
| 10 | Saeed SHOKOYA  | Simon Fraser       | 7.14              | 2 (3)  |
| 11 | Ebu CAMARA     | Northwest Nazarene | 7.16              | 3 (4)  |
| 12 | Garret STEUK   | Central Washington | 7.19              | 1 (5)  |
| 13 | Stedman KNOX   | Western Washington | 7.20              | 2 (4)  |
| 14 | Wesley GRAY    | Western Oregon     | 7.21              | 3 (5)  |
| 15 | Jerry HE       | Simon Fraser       | 7.28              | 1 (6)  |
| 16 | Kaelen SHAY    | MSU-Billings       | 7.29              | 3 (6)  |
| 17 | Gavin BASUEL   | Saint Martins      | 7.39              | 2 (5)  |
| 18 | Gibran ZAMAN   | Saint Martins      | 7.82              | 2 (6)  |

**#4 Men's 200 Meters****Final**

| Pl | Name         | Team               | Time  | H (Pl) | Pts |
|----|--------------|--------------------|-------|--------|-----|
| 1  | Cody WARNER  | Western Oregon     | 21.78 | 2 (1)  | 10  |
| 2  | Carlos ORTIZ | Concordia (Ore.)   | 21.89 | 2 (2)  | 8   |
| 3  | Cody THOMAS  | Alaska Anchorage   | 21.99 | 2 (3)  | 6   |
| 4  | Ebu CAMARA   | Northwest Nazarene | 22.01 | 2 (4)  | 5   |
| 5  | Darrion GRAY | Alaska Anchorage   | 22.10 | 1 (1)  | 4   |
| 6  | Daniel JONES | Western Washington | 22.52 | 1 (2)  | 3   |
| 7  | Stedman KNOX | Western Washington | 22.54 | 1 (3)  | 2   |
| 8  | Liam LINDSAY | Alaska Anchorage   | 22.60 | 1 (4)  | 1   |

**Prelim**

| Pl | Name        | Team           | Time               | H (Pl) |
|----|-------------|----------------|--------------------|--------|
| 1  | Cody WARNER | Western Oregon | 21.89 <sup>q</sup> | 3 (1)  |

**#4 Men's 200 Meters (cont'd)****Prelim**

| Pl | Name            | Team               | Time               | H (Pl) |
|----|-----------------|--------------------|--------------------|--------|
| 2  | Cody THOMAS     | Alaska Anchorage   | 21.99 <sup>q</sup> | 2 (1)  |
| 3  | Carlos ORTIZ    | Concordia (Ore.)   | 22.06 <sup>q</sup> | 1 (1)  |
| 4  | Ebu CAMARA      | Northwest Nazarene | 22.10 <sup>q</sup> | 4 (1)  |
| 5  | Darrion GRAY    | Alaska Anchorage   | 22.28 <sup>q</sup> | 5 (1)  |
| 6  | Stedman KNOX    | Western Washington | 22.38 <sup>q</sup> | 4 (2)  |
| 7  | Liam LINDSAY    | Alaska Anchorage   | 22.44 <sup>q</sup> | 1 (2)  |
| 8  | Daniel JONES    | Western Washington | 22.46 <sup>q</sup> | 2 (2)  |
| 9  | Aaron WHITAKER  | Western Oregon     | 22.49              | 3 (2)  |
| 10 | Glen FELIX      | Concordia (Ore.)   | 22.55              | 4 (3)  |
| 11 | Latrell SWAYNE  | Saint Martins      | 22.75              | 5 (2)  |
| 12 | Max MCINTOSH    | Central Washington | 22.85              | 2 (3)  |
| 13 | Cameron STANEK  | MSU-Billings       | 22.91              | 2 (4)  |
| 14 | Darren ARNDT    | Central Washington | 23.22              | 3 (3)  |
| 15 | Kent MCKINNEY   | Central Washington | 23.31              | 1 (3)  |
| 16 | Kaelen SHAY     | MSU-Billings       | 23.71              | 4 (4)  |
| 17 | Jacob CONTRERAS | Western Oregon     | 24.61              | 5 (3)  |
| 18 | Eric JONES      | Alaska Anchorage   | 26.64              | 1 (4)  |
|    | Jackson HAND    | Saint Martins      | DQ                 | 5      |

**#6 Men's 400 Meters****Final**

| Pl | Name            | Team               | Time  | H (Pl) | Pts |
|----|-----------------|--------------------|-------|--------|-----|
| 1  | Joel WEBSTER    | Simon Fraser       | 47.80 | 2 (1)  | 10  |
| 2  | Liam LINDSAY    | Alaska Anchorage   | 48.44 | 2 (2)  | 8   |
| 3  | Aaron WHITAKER  | Western Oregon     | 48.53 | 2 (3)  | 6   |
| 4  | Jackson HAND    | Saint Martins      | 48.82 | 2 (4)  | 5   |
| 5  | Adam COMMANDEUR | Alaska Anchorage   | 49.38 | 1 (1)  | 4   |
| 6  | Nicholas TAYLOR | Alaska Anchorage   | 49.45 | 1 (2)  | 3   |
| 7  | AJ HOLMBERG     | Western Oregon     | 49.99 | 1 (3)  | 2   |
| 8  | Ryan MCARTHUR   | Western Washington | 50.04 | 1 (4)  | 1   |

**Prelim**

| Pl | Name             | Team               | Time               | H (Pl) |
|----|------------------|--------------------|--------------------|--------|
| 1  | Joel WEBSTER     | Simon Fraser       | 48.62 <sup>q</sup> | 1 (1)  |
| 2  | Aaron WHITAKER   | Western Oregon     | 49.09 <sup>q</sup> | 4 (1)  |
| 3  | Liam LINDSAY     | Alaska Anchorage   | 49.11 <sup>q</sup> | 5 (1)  |
| 4  | Jackson HAND     | Saint Martins      | 49.34 <sup>q</sup> | 2 (1)  |
| 5  | Nicholas TAYLOR  | Alaska Anchorage   | 49.38 <sup>q</sup> | 2 (2)  |
| 6  | AJ HOLMBERG      | Western Oregon     | 49.43 <sup>q</sup> | 4 (2)  |
| 7  | Adam COMMANDEUR  | Alaska Anchorage   | 49.74 <sup>q</sup> | 3 (1)  |
| 8  | Ryan MCARTHUR    | Western Washington | 49.78 <sup>q</sup> | 5 (2)  |
| 9  | Darren ARNDT     | Central Washington | 50.44              | 2 (3)  |
| 10 | Daniel REMINGTON | Alaska Anchorage   | 50.50              | 1 (2)  |
| 11 | Justin RAMSEY    | Seattle Pacific    | 50.71              | 1 (3)  |
| 11 | James VETRUS     | Western Oregon     | 50.71              | 4 (3)  |

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**RESULTS****#6 Men's 400 Meters (cont'd)****Prelim**

| Pl Name             | Team               | Time  | H (Pl) |
|---------------------|--------------------|-------|--------|
| 13 Reid LOVERCAMP   | Western Washington | 51.10 | 3 (2)  |
| 14 Zach MASON       | Northwest Nazarene | 51.24 | 5 (3)  |
| 15 Landon POLKOW    | MSU-Billings       | 51.40 | 5 (4)  |
| 16 Daniel JONES     | Western Washington | 51.56 | 2 (4)  |
| 17 Joshua ADHEMAR   | Simon Fraser       | 51.80 | 3 (3)  |
| 18 Jacob KARAMANIAN | Simon Fraser       | 52.41 | 4 (4)  |
| 19 Eric GILLESPIE   | Concordia (Ore.)   | 55.78 | 3 (4)  |

**#8 Men's 800 Meters****Final**

| Pl Name             | Team             | Time    | Pts |
|---------------------|------------------|---------|-----|
| 1 Cameron PROCEVIAT | Simon Fraser     | 1:55.86 | 10  |
| 2 Badane SULTESSA   | Western Oregon   | 1:55.95 | 8   |
| 3 Josh DEMPSEY      | Western Oregon   | 1:56.68 | 6   |
| 4 Nathan KIPCHUMBA  | Alaska Anchorage | 1:56.95 | 5   |
| 5 Sam NAFFZIGER     | Western Oregon   | 1:56.97 | 4   |
| 6 Josh HANNA        | Western Oregon   | 1:58.08 | 3   |
| 7 David RIBICH      | Western Oregon   | 1:58.24 | 2   |
| 8 Austin COLLINS    | Concordia (Ore.) | 1:58.59 | 1   |

**Prelim**

| Pl Name             | Team               | Time                 | H (Pl) |
|---------------------|--------------------|----------------------|--------|
| 1 Cameron PROCEVIAT | Simon Fraser       | 1:51.72 <sup>Q</sup> | 1 (1)  |
| 2 Badane SULTESSA   | Western Oregon     | 1:53.56 <sup>Q</sup> | 2 (1)  |
| 5 Nathan KIPCHUMBA  | Alaska Anchorage   | 1:53.98 <sup>Q</sup> | 3 (1)  |
| 3 Josh DEMPSEY      | Western Oregon     | 1:53.84 <sup>Q</sup> | 2 (2)  |
| 6 Sam NAFFZIGER     | Western Oregon     | 1:53.99 <sup>Q</sup> | 1 (2)  |
| 7 David RIBICH      | Western Oregon     | 1:54.09 <sup>Q</sup> | 3 (2)  |
| 4 Austin COLLINS    | Concordia (Ore.)   | 1:53.92 <sup>q</sup> | 2 (3)  |
| 8 Josh HANNA        | Western Oregon     | 1:54.49 <sup>q</sup> | 3 (3)  |
| 9 Carlos VARGAS     | Simon Fraser       | 1:55.54              | 3 (4)  |
| 10 Trevaughn SCOTT  | Central Washington | 1:56.40              | 2 (4)  |
| 11 Paris SPEIDEL    | Concordia (Ore.)   | 1:56.51              | 1 (3)  |
| 12 Jesse MILLER     | Alaska Anchorage   | 1:57.41              | 3 (5)  |
| 13 Dylan FREINHOFER | Simon Fraser       | 1:59.10              | 1 (4)  |
| 14 Joe DAY          | Alaska Anchorage   | 1:59.30              | 1 (5)  |
| 16 Brandon GRAUE    | Seattle Pacific    | 1:59.57              | 3 (6)  |
| 17 Jacob BUSALD     | Seattle Pacific    | 2:00.40              | 2 (5)  |
| 18 David MCLEOD     | Seattle Pacific    | 2:01.36              | 2 (6)  |
| 19 Mitchell HUGHEY  | Saint Martins      | 2:02.88              | 1 (7)  |
| 20 Clark STERLING   | Seattle Pacific    | 2:04.32              | 3 (7)  |
| 21 Lorenzo SMITH    | Simon Fraser       | 2:06.34              | 2 (7)  |
| 22 Ben CONRAD       | Simon Fraser       | 2:06.45              | 3 (8)  |
| 23 Ka'eo LINDSEY    | Seattle Pacific    | 2:10.30              | 1 (8)  |

**#10 Men's 1 Mile Run**

| Pl Name              | Team               | Time    | H (Pl) | Pts |
|----------------------|--------------------|---------|--------|-----|
| 1 Robert PETERSON    | MSU-Billings       | 4:10.13 | 2 (1)  | 10  |
| 2 David RIBICH       | Western Oregon     | 4:10.14 | 2 (2)  | 8   |
| 3 Michel RAMIREZ     | Alaska Anchorage   | 4:13.36 | 1 (1)  | 6   |
| 4 Sam NAFFZIGER      | Western Oregon     | 4:16.06 | 2 (3)  | 5   |
| 5 Michael MENDENHALL | Alaska Anchorage   | 4:18.92 | 2 (4)  | 4   |
| 6 Isaac MITCHELL     | Northwest Nazarene | 4:20.13 | 2 (5)  | 3   |
| 7 Philip MESSINA     | Alaska Anchorage   | 4:20.63 | 1 (2)  | 2   |
| 8 Cody MCCRANIE      | Western Washington | 4:21.16 | 2 (6)  | 1   |
| 9 Josh PANASUK       | MSU-Billings       | 4:21.66 | 2 (7)  |     |
| 10 Ephraim TADESSE   | Simon Fraser       | 4:25.14 | 2 (8)  |     |
| 11 Marc-Antoine      | Simon Fraser       | 4:26.03 | 1 (3)  |     |
| 12 Roman KIRKOV      | Concordia (Ore.)   | 4:31.04 | 2 (9)  |     |
| 13 Kaleb JAVIER      | Central Washington | 4:31.15 | 1 (4)  |     |
| 14 Adam AVISCHIOUS   | Seattle Pacific    | 4:31.75 | 1 (5)  |     |
| 15 Ben HALLADAY      | Seattle Pacific    | 4:31.83 | 1 (6)  |     |
| 16 Jared SECKEL      | Concordia (Ore.)   | 4:36.99 | 1 (7)  |     |
| 17 Tyler JONES       | Western Oregon     | 4:38.29 | 1 (8)  |     |
| 18 Brysten JAMES     | Seattle Pacific    | 4:39.99 | 1 (9)  |     |
| 19 Joseph WALKER     | Seattle Pacific    | 4:40.82 | 1 (10) |     |
| 20 David MCLEOD      | Seattle Pacific    | 4:44.95 | 1 (11) |     |
| Ethan LIVERMORE      | Concordia (Ore.)   | DNF     | 2      |     |

**#12 Men's 3000 Meters**

| Pl Name               | Team               | Time    | H (Pl) | Pts |
|-----------------------|--------------------|---------|--------|-----|
| 1 Dominik NOTZ        | Alaska Anchorage   | 8:31.91 | 2 (1)  | 10  |
| 2 Henry CHESETO       | Alaska Anchorage   | 8:32.07 | 2 (2)  | 8   |
| 3 Robert PETERSON     | MSU-Billings       | 8:33.39 | 2 (3)  | 6   |
| 4 Edwin KANGOGO       | Alaska Anchorage   | 8:37.28 | 2 (4)  | 5   |
| 5 Michel RAMIREZ      | Alaska Anchorage   | 8:39.79 | 2 (5)  | 4   |
| 6 Andrew WISE         | Western Washington | 8:42.85 | 2 (6)  | 3   |
| 7 Mateo DE DALMASES   | Simon Fraser       | 8:47.36 | 2 (7)  | 2   |
| 8 Jasper HECKMAN      | Saint Martins      | 8:48.69 | 1 (1)  | 1   |
| 9 Zach HOLLOWAY       | Western Oregon     | 8:49.75 | 2 (8)  |     |
| 10 Jorey EGELAND      | MSU-Billings       | 8:49.93 | 1 (2)  |     |
| 11 Sean MILLER        | Simon Fraser       | 8:50.06 | 1 (3)  |     |
| 12 Isaac MITCHELL     | Northwest Nazarene | 8:52.04 | 1 (4)  |     |
| 13 Dylan HAYES        | Western Washington | 8:52.14 | 1 (5)  |     |
| 14 Derek GIBSON       | Alaska Anchorage   | 8:52.67 | 1 (6)  |     |
| 15 Isaac DERLINE      | Western Washington | 8:52.84 | 2 (9)  |     |
| 16 Victor SAMOEI      | Alaska Anchorage   | 8:53.13 | 2 (10) |     |
| 17 Skyler LARSON      | Saint Martins      | 8:54.55 | 1 (7)  |     |
| 18 Garrett LOVE       | MSU-Billings       | 8:58.02 | 1 (8)  |     |
| 19 Turner WILEY       | Seattle Pacific    | 8:58.04 | 2 (11) |     |
| 20 David CORNISH      | Western Oregon     | 9:00.88 | 2 (12) |     |
| 21 Sean EUSTIS        | Western Washington | 9:02.44 | 2 (13) |     |
| 22 Michael MENDENHALL | Alaska Anchorage   | 9:03.27 | 1 (9)  |     |

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**RESULTS****#12 Men's 3000 Meters (cont'd)**

| PI | Name             | Team               | Time    | H (PI) | Pts |
|----|------------------|--------------------|---------|--------|-----|
| 23 | Chase CUNNINGHAM | Northwest Nazarene | 9:07.86 | 1 (10) |     |
| 24 | Philip MESSINA   | Alaska Anchorage   | 9:15.06 | 1 (11) |     |
| 25 | Ben HALLADAY     | Seattle Pacific    | 9:20.48 | 1 (12) |     |
| 26 | Joe SOIK         | Western Oregon     | 9:21.99 | 1 (13) |     |
| 27 | Kaleb JAVIER     | Central Washington | 9:27.29 | 1 (14) |     |
| 28 | Joe EDGECOMB     | Saint Martins      | 9:33.39 | 1 (15) |     |
|    | Josh PANASUK     | MSU-Billings       | DNS     | 2      |     |
|    | Tyus MENDOZA     | MSU-Billings       | DNS     | 1      |     |
|    | Ivan COLMENERO   | MSU-Billings       | DNF     | 1      |     |

**#14 Men's 5000 Meters**

| PI | Name             | Team               | Time     | Pts |
|----|------------------|--------------------|----------|-----|
| 1  | Dominik NOTZ     | Alaska Anchorage   | 14:36.46 | 10  |
| 2  | Henry CHESETO    | Alaska Anchorage   | 14:36.51 | 8   |
| 3  | Edwin KANGOGO    | Alaska Anchorage   | 14:57.63 | 6   |
| 4  | Michel RAMIREZ   | Alaska Anchorage   | 15:00.16 | 5   |
| 5  | Victor SAMOEI    | Alaska Anchorage   | 15:07.50 | 4   |
| 6  | Turner WILEY     | Seattle Pacific    | 15:10.32 | 3   |
| 7  | Sean EUSTIS      | Western Washington | 15:12.10 | 2   |
| 8  | Andrew WISE      | Western Washington | 15:13.86 | 1   |
| 9  | Isaac DERLINE    | Western Washington | 15:22.00 |     |
| 10 | Dylan HAYES      | Western Washington | 15:25.49 |     |
| 11 | Garrett LOVE     | MSU-Billings       | 15:33.56 |     |
| 12 | Derek GIBSON     | Alaska Anchorage   | 15:39.24 |     |
| 13 | Brendan WONG     | Simon Fraser       | 15:48.68 |     |
| 14 | Chase CUNNINGHAM | Northwest Nazarene | 15:50.08 |     |
| 15 | Ivan COLMENERO   | MSU-Billings       | 16:07.30 |     |
| 16 | Tyus MENDOZA     | MSU-Billings       | 16:07.46 |     |
| 17 | Brian COMER      | Seattle Pacific    | 16:15.46 |     |

**#16 Men's 60m Hurdle****Final**

| PI | Name             | Team               | Time | Pts |
|----|------------------|--------------------|------|-----|
| 1  | Travis MILBRANDT | Western Washington | 8.09 | 10  |
| 2  | Kaleb DOBSON     | Western Oregon     | 8.33 | 8   |
| 3  | Kyle MCLAUGHLIN  | Northwest Nazarene | 8.37 | 6   |
| 4  | Travis TURNER    | Alaska Anchorage   | 8.40 | 5   |
| 5  | Tre'Von POWE     | Western Washington | 8.43 | 4   |
| 6  | Max MCINTOSH     | Central Washington | 8.44 | 3   |
| 7  | Peyton HARRIS    | Seattle Pacific    | 8.61 | 2   |
| 8  | Jade WILSON      | Western Washington | 8.66 | 1   |

**Prelim**

| PI | Name             | Team               | Time              | H (PI) |
|----|------------------|--------------------|-------------------|--------|
| 1  | Travis MILBRANDT | Western Washington | 8.25 <sup>q</sup> | 2 (1)  |
| 2  | Kaleb DOBSON     | Western Oregon     | 8.31 <sup>q</sup> | 1 (1)  |
| 3  | Travis TURNER    | Alaska Anchorage   | 8.35 <sup>q</sup> | 1 (2)  |

**#16 Men's 60m Hurdle (cont'd)****Prelim**

| PI | Name            | Team               | Time              | H (PI) |
|----|-----------------|--------------------|-------------------|--------|
| 3  | Travis TURNER   | Alaska Anchorage   | 8.35              | 1 (2)  |
| 5  | Tre'Von POWE    | Western Washington | 8.40 <sup>q</sup> | 2 (2)  |
| 6  | Jade WILSON     | Western Washington | 8.43 <sup>q</sup> | 2 (3)  |
| 7  | Max MCINTOSH    | Central Washington | 8.44 <sup>q</sup> | 1 (4)  |
| 8  | Kyle MCLAUGHLIN | Northwest Nazarene | 8.51 <sup>q</sup> | 2 (4)  |
| 9  | Ryan GUNTHER    | Central Washington | 8.70              | 2 (5)  |
| 10 | Ryan CHISM      | Northwest Nazarene | 8.96              | 1 (5)  |
| 11 | Quincy WITTMAN  | MSU-Billings       | 9.09              | 1 (6)  |
|    | Daniel ECHTLE   | Saint Martins      | FS                | 2      |

**#18 Men's 4 x 400m Relay**

| PI | Team                   | Time    | H (PI) | Pts |
|----|------------------------|---------|--------|-----|
| 1  | Alaska Anchorage (A)   | 3:16.76 | 2 (1)  | 10  |
| 2  | Western Oregon (A)     | 3:16.93 | 2 (2)  | 8   |
| 3  | Northwest Nazarene (A) | 3:20.88 | 1 (1)  | 6   |
| 4  | Western Washington (A) | 3:21.29 | 2 (3)  | 5   |
| 5  | Concordia (Ore.) (A)   | 3:21.79 | 1 (2)  | 4   |
| 6  | Simon Fraser (A)       | 3:22.31 | 2 (4)  | 3   |
| 7  | Central Washington (A) | 3:22.77 | 2 (5)  | 2   |
| 8  | Seattle Pacific (A)    | 3:26.04 | 1 (3)  | 1   |
| 9  | Saint Martins (A)      | 3:26.77 | 1 (4)  |     |
| 10 | MSU-Billings (A)       | 3:29.68 | 1 (5)  |     |

**#20 Men's 4000m DMR**

| PI | Team                   | Time     | Pts |
|----|------------------------|----------|-----|
| 1  | MSU-Billings (A)       | 10:06.41 | 10  |
| 2  | Simon Fraser (A)       | 10:07.70 | 8   |
| 3  | Alaska Anchorage (A)   | 10:08.67 | 6   |
| 4  | Western Washington (A) | 10:09.93 | 5   |
| 5  | Concordia (Ore.) (A)   | 10:19.57 | 4   |
| 6  | Western Oregon (A)     | 10:32.66 | 3   |
| 7  | Seattle Pacific (A)    | 10:51.17 | 2   |
| 8  | Northwest Nazarene (A) | 10:54.14 | 1   |
| 9  | Saint Martins (A)      | 11:00.85 |     |

**#1 Women's 60 Meters****Final**

| PI | Name             | Team               | Time | Pts |
|----|------------------|--------------------|------|-----|
| 1  | Jamie ASHCROFT   | Alaska Anchorage   | 7.61 | 10  |
| 2  | Valda KABIA      | Simon Fraser       | 7.63 | 8   |
| 3  | Taylor DESKINS   | Northwest Nazarene | 7.80 | 6   |
| 4  | Becca HOUK       | Seattle Pacific    | 7.80 | 5   |
| 5  | Madison GARCIA   | Central Washington | 7.81 | 4   |
| 6  | Kyra BRANNAN     | Seattle Pacific    | 7.93 | 3   |
| 7  | Veronica IVANCIC | Western Washington | 7.99 | 2   |

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**RESULTS****#1 Women's 60 Meters (cont'd)****Final**

| Pl | Name                | Team             | Time | Pts |
|----|---------------------|------------------|------|-----|
| 8  | Mary Kathleen CROSS | Alaska Anchorage | 8.16 | 1   |

**Prelim**

| Pl | Name                | Team               | Time              | H (Pl) |
|----|---------------------|--------------------|-------------------|--------|
| 1  | Jamie ASHCROFT      | Alaska Anchorage   | 7.65 <sup>q</sup> | 3 (1)  |
| 2  | Taylor DESKINS      | Northwest Nazarene | 7.73 <sup>q</sup> | 1 (1)  |
| 3  | Valda KABIA         | Simon Fraser       | 7.77 <sup>q</sup> | 2 (1)  |
| 4  | Madison GARCIA      | Central Washington | 7.81 <sup>q</sup> | 1 (2)  |
| 5  | Mary Kathleen CROSS | Alaska Anchorage   | 7.84 <sup>q</sup> | 1 (3)  |
| 6  | Becca HOUK          | Seattle Pacific    | 7.88 <sup>q</sup> | 2 (2)  |
| 7  | Kyra BRANNAN        | Seattle Pacific    | 7.92 <sup>q</sup> | 3 (2)  |
| 8  | Veronica IVANCIC    | Western Washington | 7.98 <sup>q</sup> | 1 (4)  |
| 9  | Rachel IVANCIC      | Western Washington | 8.00              | 2 (3)  |
| 10 | Lisa PETERSEN       | Saint Martins      | 8.02              | 3 (3)  |
| 11 | Tori JOHNSON        | Concordia (Ore.)   | 8.03              | 1 (5)  |
| 12 | Diamond MARTIN      | Central Washington | 8.04              | 2 (4)  |
| 13 | Laura PATRICK       | Western Oregon     | 8.05              | 3 (4)  |
| 14 | Shayli SEIGFREID    | Northwest Nazarene | 8.07              | 2 (5)  |
| 15 | Mariyah             | Central Washington | 8.09              | 1 (6)  |
| 15 | Emma HILL           | Concordia (Ore.)   | 8.09              | 3 (5)  |
| 15 | Rosie SMITH         | Alaska Anchorage   | 8.09              | 3 (5)  |
| 18 | Blair STREET        | MSU-Billings       | 8.15              | 2 (6)  |
| 19 | Maddie BERNARD      | Western Oregon     | 8.19              | 3 (7)  |
| 20 | Kei Kei JOHNSON     | Concordia (Ore.)   | 8.23              | 1 (7)  |
| 21 | Natasha FRIEDMANN   | Simon Fraser       | 8.30              | 1 (8)  |
| 22 | Lindsey FLETCHER    | Western Oregon     | 8.46              | 2 (7)  |
| 23 | Hailey SEARS        | Western Oregon     | 8.52              | 2 (8)  |

**#3 Women's 200 Meters****Final**

| Pl | Name                | Team               | Time  | H (Pl) | Pts |
|----|---------------------|--------------------|-------|--------|-----|
| 1  | Jahzelle AMBUS      | Seattle Pacific    | 24.35 | 2 (1)  | 10  |
| 2  | Jamie ASHCROFT      | Alaska Anchorage   | 24.37 | 2 (2)  | 8   |
| 3  | Valda KABIA         | Simon Fraser       | 24.91 | 2 (3)  | 6   |
| 4  | Mary Kathleen CROSS | Alaska Anchorage   | 25.01 | 1 (1)  | 5   |
| 5  | Madison GARCIA      | Central Washington | 25.23 | 1 (2)  | 4   |
| 6  | Kyra BRANNAN        | Seattle Pacific    | 25.31 | 2 (4)  | 3   |
| 7  | Becca HOUK          | Seattle Pacific    | 25.32 | 1 (3)  | 2   |
| 8  | Jalen TIMS          | Seattle Pacific    | 25.68 | 1 (4)  | 1   |

**Prelim**

| Pl | Name           | Team             | Time               | H (Pl) |
|----|----------------|------------------|--------------------|--------|
| 1  | Jamie ASHCROFT | Alaska Anchorage | 24.74 <sup>q</sup> | 3 (1)  |
| 2  | Jahzelle AMBUS | Seattle Pacific  | 25.03 <sup>q</sup> | 1 (1)  |
| 3  | Kyra BRANNAN   | Seattle Pacific  | 25.08 <sup>q</sup> | 5 (1)  |

**#3 Women's 200 Meters (cont'd)****Prelim**

| Pl | Name                | Team               | Time               | H (Pl) |
|----|---------------------|--------------------|--------------------|--------|
| 4  | Valda KABIA         | Simon Fraser       | 25.10 <sup>q</sup> | 2 (1)  |
| 5  | Becca HOUK          | Seattle Pacific    | 25.22 <sup>q</sup> | 7 (1)  |
| 6  | Madison GARCIA      | Central Washington | 25.28 <sup>q</sup> | 5 (2)  |
| 7  | Mary Kathleen CROSS | Alaska Anchorage   | 25.31 <sup>q</sup> | 4 (1)  |
| 8  | Jalen TIMS          | Seattle Pacific    | 25.49 <sup>q</sup> | 7 (2)  |
| 9  | Savannah SMITH      | Western Washington | 25.54              | 2 (2)  |
| 10 | Tamaki MURATA       | Central Washington | 25.71              | 3 (2)  |
| 11 | Cheyenne KONRAD     | Western Washington | 25.76              | 2 (3)  |
| 12 | Taylor DESKINS      | Northwest Nazarene | 25.79              | 6 (1)  |
| 13 | Tianna BANFRO       | Central Washington | 25.80              | 3 (3)  |
| 14 | Cheryl HONG         | Seattle Pacific    | 25.82              | 6 (2)  |
| 15 | Ashley HARMON       | Central Washington | 25.84              | 4 (2)  |
| 16 | Caitlyn SAFLEY      | Concordia (Ore.)   | 26.13              | 1 (2)  |
| 17 | Rosie SMITH         | Alaska Anchorage   | 26.34              | 1 (3)  |
| 17 | Bryce WEST          | Simon Fraser       | 26.34              | 4 (3)  |
| 19 | Laura PATRICK       | Western Oregon     | 26.40              | 6 (3)  |
| 20 | Tori JOHNSON        | Concordia (Ore.)   | 26.69              | 5 (3)  |
| 21 | Natasha FRIEDMANN   | Simon Fraser       | 26.70              | 7 (3)  |
| 22 | Kei Kei JOHNSON     | Concordia (Ore.)   | 26.85              | 6 (4)  |
| 23 | Maggie BOLES        | Western Oregon     | 26.96              | 5 (4)  |
| 24 | Diamond MARTIN      | Central Washington | 27.20              | 7 (4)  |
| 25 | Blair STREET        | MSU-Billings       | 27.43              | 4 (4)  |

**#5 Women's 400 Meters****Final**

| Pl | Name                | Team               | Time    | H (Pl) | Pts |
|----|---------------------|--------------------|---------|--------|-----|
| 1  | Jahzelle AMBUS      | Seattle Pacific    | 54.87   | 2 (1)  | 10  |
| 2  | Jalen TIMS          | Seattle Pacific    | 55.21   | 2 (2)  | 8   |
| 3  | Chantel DESCH       | Simon Fraser       | 56.01   | 2 (3)  | 6   |
| 4  | Mary Kathleen CROSS | Alaska Anchorage   | 56.79   | 2 (4)  | 5   |
| 5  | Monique LISEK       | Simon Fraser       | 56.97   | 1 (1)  | 4   |
| 6  | Cheryl HONG         | Seattle Pacific    | 57.43   | 1 (2)  | 3   |
| 7  | Olivia WOODS        | Western Oregon     | 57.91   | 1 (3)  | 2   |
| 8  | Gracia REYNOLDS     | Western Washington | 58.28   | 1 (4)  | 1   |
| 9  | Megan ROSE          | Western Oregon     | 58.70   | 1 (5)  |     |
| 10 | Keirman HAWTHORNE   | Saint Martins      | 1:01.36 | 2 (5)  |     |

**Prelim**

| Pl | Name                | Team             | Time               | H (Pl) |
|----|---------------------|------------------|--------------------|--------|
| 1  | Jahzelle AMBUS      | Seattle Pacific  | 55.56 <sup>q</sup> | 5 (1)  |
| 2  | Chantel DESCH       | Simon Fraser     | 56.94 <sup>q</sup> | 4 (1)  |
| 3  | Jalen TIMS          | Seattle Pacific  | 57.37 <sup>q</sup> | 2 (1)  |
| 4  | Mary Kathleen CROSS | Alaska Anchorage | 57.45 <sup>q</sup> | 6 (1)  |
| 5  | Monique LISEK       | Simon Fraser     | 57.46 <sup>q</sup> | 3 (1)  |
| 6  | Olivia WOODS        | Western Oregon   | 57.54 <sup>q</sup> | 2 (2)  |

**GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS**

Nampa, ID  
 Ford Sports Center-Jackson's Track  
 Weather: Indoors  
 Host: Great Northwest Athletic Conference  
 February 19, 2016

**MEET OFFICIALS**

**Meet Director:**  
 Bridget Johnson  
**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

**OFFICIAL MEET REPORT**  
 printed: 2/20/2016 4:19 PM

**RESULTS****#5 Women's 400 Meters (cont'd)****Prelim**

| PI | Name              | Team               | Time               | H (PI) |
|----|-------------------|--------------------|--------------------|--------|
| 7  | Cheryl HONG       | Seattle Pacific    | 58.11 <sup>q</sup> | 7 (1)  |
| 8  | Gracia REYNOLDS   | Western Washington | 58.44 <sup>q</sup> | 3 (2)  |
| 9  | Hayley BEZANSON   | Alaska Anchorage   | 58.70              | 2 (3)  |
| 9  | Cheyenne KONRAD   | Western Washington | 58.70              | 7 (2)  |
| 11 | Caitlyn SAFLEY    | Concordia (Ore.)   | 58.73              | 1 (1)  |
| 12 | Savannah SMITH    | Western Washington | 58.88              | 5 (2)  |
| 13 | Keana FINE        | Seattle Pacific    | 59.16              | 1 (2)  |
| 14 | Ashley HARMON     | Central Washington | 59.26              | 1 (3)  |
| 15 | Deja SVASTISALEE  | Western Washington | 59.41              | 4 (2)  |
| 16 | Jayna INDERBITZIN | Central Washington | 1:00.05            | 3 (3)  |
| 17 | Leah PAFFRATH     | Western Oregon     | 1:00.72            | 1 (4)  |
| 18 | Samantha          | Concordia (Ore.)   | 1:00.92            | 7 (3)  |
| 19 | Josey SMIEDALA    | MSU-Billings       | 1:00.96            | 4 (3)  |
| 20 | Makenzee          | Concordia (Ore.)   | 1:01.00            | 5 (3)  |
| 21 | Ashley CARANDANG  | Saint Martins      | 1:01.41            | 7 (4)  |
| 22 | Megan ROSE        | Western Oregon     | 1:02.48            | 6 (2)  |
| 23 | Keirnan HAWTHRONE | Saint Martins      | 1:03.05            | 6 (3)  |
| 24 | Megan TEIGEN      | Saint Martins      | 1:03.18            | 2 (4)  |
| 25 | Bryce WEST        | Simon Fraser       | 1:03.28            | 6 (4)  |

**#7 Women's 800 Meters****Final**

| PI | Name               | Team             | Time    | Pts |
|----|--------------------|------------------|---------|-----|
| 1  | Addy TOWNSEND      | Simon Fraser     | 2:11.54 | 10  |
| 2  | Lynelle DECKER     | Seattle Pacific  | 2:11.59 | 8   |
| 3  | Tamara PEREZ       | Alaska Anchorage | 2:11.71 | 6   |
| 4  | Alana MUSSATTO     | Simon Fraser     | 2:12.73 | 5   |
| 5  | Jessica PAHKALA    | Alaska Anchorage | 2:13.90 | 4   |
| 6  | Chynna PHAN        | Seattle Pacific  | 2:13.92 | 3   |
| 7  | Suzie VAN DE GRIFT | Western Oregon   | 2:15.39 | 2   |
| 8  | Sophie DODD        | Simon Fraser     | 2:19.97 | 1   |

**Prelim**

| PI | Name               | Team             | Time                 | H (PI) |
|----|--------------------|------------------|----------------------|--------|
| 1  | Lynelle DECKER     | Seattle Pacific  | 2:13.77 <sup>Q</sup> | 1 (1)  |
| 2  | Tamara PEREZ       | Alaska Anchorage | 2:14.43 <sup>Q</sup> | 2 (1)  |
| 3  | Addy TOWNSEND      | Simon Fraser     | 2:14.64 <sup>Q</sup> | 1 (2)  |
| 4  | Jessica PAHKALA    | Alaska Anchorage | 2:15.09 <sup>Q</sup> | 2 (2)  |
| 5  | Alana MUSSATTO     | Simon Fraser     | 2:15.12 <sup>q</sup> | 2 (3)  |
| 6  | Chynna PHAN        | Seattle Pacific  | 2:15.34 <sup>q</sup> | 1 (3)  |
| 7  | Sophie DODD        | Simon Fraser     | 2:15.51 <sup>q</sup> | 2 (4)  |
| 8  | Suzie VAN DE GRIFT | Western Oregon   | 2:18.03 <sup>q</sup> | 2 (5)  |
| 9  | Miryam BASSETT     | Simon Fraser     | 2:18.64              | 1 (4)  |
| 10 | Danielle MCCORMICK | Alaska Anchorage | 2:18.72              | 1 (5)  |
| 11 | Julia HOWLEY       | Simon Fraser     | 2:19.83              | 2 (6)  |

**#7 Women's 800 Meters (cont'd)****Prelim**

| PI | Name              | Team             | Time    | H (PI) |
|----|-------------------|------------------|---------|--------|
| 12 | Reta DOBIE        | Simon Fraser     | 2:21.31 | 1 (6)  |
| 13 | Cia BYWATER       | Concordia (Ore.) | 2:26.92 | 1 (7)  |
| 14 | Kendra ZIMMERDAHL | Western Oregon   | 2:27.70 | 1 (8)  |
| 15 | Kiley ZEITLER     | Seattle Pacific  | 2:29.94 | 2 (7)  |
| 16 | Kayla LENNEA      | Simon Fraser     | 2:30.12 | 2 (8)  |
| 17 | Lauren KANGAS     | Western Oregon   | 2:34.02 | 2 (9)  |
| 18 | Dalen RICHARDSON  | Concordia (Ore.) | 2:34.25 | 1 (9)  |

**#9 Women's 1 Mile Run**

| PI | Name              | Team               | Time    | H (PI) | Pts |
|----|-------------------|--------------------|---------|--------|-----|
| 1  | Joyce CHELIMO     | Alaska Anchorage   | 5:00.28 | 1 (1)  | 10  |
| 2  | Lynelle DECKER    | Seattle Pacific    | 5:03.86 | 2 (1)  | 8   |
| 3  | Caroline KURGAT   | Alaska Anchorage   | 5:04.63 | 2 (2)  | 6   |
| 4  | Anna PATTI        | Seattle Pacific    | 5:06.37 | 1 (2)  | 5   |
| 5  | Stephanie STUCKEY | Western Oregon     | 5:08.05 | 2 (3)  | 4   |
| 6  | Shawna TROUPE     | Western Washington | 5:09.61 | 2 (4)  | 3   |
| 7  | Kali KLOTZ-BROOKS | Western Washington | 5:09.91 | 2 (5)  | 2   |
| 8  | Miryam BASSETT    | Simon Fraser       | 5:10.18 | 2 (6)  | 1   |
| 9  | Nicole MAURMANN   | Western Oregon     | 5:13.04 | 2 (7)  |     |
| 10 | Julia HOWLEY      | Simon Fraser       | 5:13.70 | 2 (8)  |     |
| 11 | Mariah BURROUGHS  | Alaska Anchorage   | 5:14.20 | 1 (3)  |     |
| 12 | Mary CHARLESON    | Seattle Pacific    | 5:15.76 | 2 (9)  |     |
| 13 | Megan FRISTOE     | Concordia (Ore.)   | 5:21.13 | 2 (10) |     |
| 14 | Reta DOBIE        | Simon Fraser       | 5:21.67 | 1 (4)  |     |
| 15 | Sara FRISTOE      | Concordia (Ore.)   | 5:25.43 | 1 (5)  |     |
| 16 | Zoe WOROBEL       | Concordia (Ore.)   | 5:27.68 | 1 (6)  |     |
| 17 | Nicole PEDERSON   | Concordia (Ore.)   | 5:27.84 | 1 (7)  |     |
| 18 | Dana TOWNSEND     | Simon Fraser       | 5:41.96 | 1 (8)  |     |
| 19 | Claire MCCLOSKEY  | Saint Martins      | 5:49.00 | 1 (9)  |     |
|    | Hailey KETTEL     | Seattle Pacific    | DQ      | 1      |     |

**#11 Women's 3000 Meters**

| PI | Name            | Team               | Time     | H (PI) | Pts |
|----|-----------------|--------------------|----------|--------|-----|
| 1  | Joyce CHELIMO   | Alaska Anchorage   | 9:50.70  | 2 (1)  | 10  |
| 2  | Caroline KURGAT | Alaska Anchorage   | 9:51.98  | 2 (2)  | 8   |
| 3  | Dani EGGLESTON  | Central Washington | 9:53.27  | 2 (3)  | 6   |
| 4  | Rebecca BASSETT | Simon Fraser       | 9:56.77  | 2 (4)  | 5   |
| 5  | Shannon PORTER  | Saint Martins      | 9:57.88  | 2 (5)  | 4   |
| 6  | Anna PATTI      | Seattle Pacific    | 10:01.29 | 2 (6)  | 3   |
| 7  | Brittany GRANT  | Western Washington | 10:03.00 | 2 (7)  | 2   |
| 8  | Della LYLE      | MSU-Billings       | 10:07.26 | 2 (8)  | 1   |
| 9  | Nicole MAURMANN | Western Oregon     | 10:12.56 | 2 (9)  |     |
| 10 | Tracy MELVILLE  | Western Washington | 10:16.74 | 2 (10) |     |
| 11 | Sarah MACDONALD | Seattle Pacific    | 10:25.43 | 2 (11) |     |
| 12 | Alexa SHINDRUK  | Central Washington | 10:25.55 | 1 (1)  |     |

**GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS**

Nampa, ID  
 Ford Sports Center-Jackson's Track  
 Weather: Indoors  
 Host: Great Northwest Athletic Conference  
 February 19, 2016

**MEET OFFICIALS**

**Meet Director:**  
 Bridget Johnson  
**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

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**RESULTS****#11 Women's 3000 Meters (cont'd)**

| Pl | Name               | Team               | Time     | H (Pl) | Pts |
|----|--------------------|--------------------|----------|--------|-----|
| 13 | Megan ROGERS       | Central Washington | 10:27.11 | 2 (12) |     |
| 14 | Sierra MANZER      | Northwest Nazarene | 10:28.42 | 1 (2)  |     |
| 15 | Hannah DOWDELL     | Central Washington | 10:29.72 | 1 (3)  |     |
| 16 | Mariah BURROUGHES  | Alaska Anchorage   | 10:33.73 | 2 (13) |     |
| 17 | Larissa KOLASINSKI | Saint Martins      | 10:38.53 | 1 (4)  |     |
| 18 | Grace KNAPP        | Western Oregon     | 10:39.99 | 1 (5)  |     |
| 19 | Rio FRAME          | MSU-Billings       | 10:40.00 | 1 (6)  |     |
| 20 | Mary CHARLESON     | Seattle Pacific    | 10:41.46 | 1 (7)  |     |
| 21 | Lillianna STELLING | Western Washington | 10:44.63 | 1 (8)  |     |
| 22 | Hannah CALVERT     | Seattle Pacific    | 10:48.34 | 1 (9)  |     |
| 23 | Kennedy RUFENER    | Western Oregon     | 10:56.17 | 1 (10) |     |
| 24 | Kaitlyn MAKER      | Alaska Anchorage   | 10:57.25 | 2 (14) |     |
| 25 | Emma CHADSEY       | Simon Fraser       | 11:01.14 | 1 (11) |     |
|    | Stephanie REXUS    | Central Washington | DNS      | 1      |     |
|    | Taylor GUENTHER    | Western Washington | DNS      | 1      |     |

**#13 Women's 5000 Meters**

| Pl | Name               | Team               | Time     | Pts |
|----|--------------------|--------------------|----------|-----|
| 1  | Joyce CHELIMO      | Alaska Anchorage   | 17:05.05 | 10  |
| 2  | Caroline KURGAT    | Alaska Anchorage   | 17:06.20 | 8   |
| 3  | Shannon PORTER     | Saint Martins      | 17:15.87 | 6   |
| 4  | Della LYLE         | MSU-Billings       | 17:41.12 | 5   |
| 5  | Sarah MACDONALD    | Seattle Pacific    | 17:58.62 | 4   |
| 6  | Brittany GRANT     | Western Washington | 18:00.79 | 3   |
| 7  | Stephanie REXUS    | Central Washington | 18:14.70 | 2   |
| 8  | Hannah DOWDELL     | Central Washington | 18:20.83 | 1   |
| 9  | Megan ROGERS       | Central Washington | 18:22.98 |     |
| 10 | Lillianna STELLING | Western Washington | 18:25.26 |     |
| 11 | Sierra MANZER      | Northwest Nazarene | 18:27.59 |     |
| 12 | Kaitlyn MAKER      | Alaska Anchorage   | 18:39.79 |     |
| 13 | Anysja MANZER      | Northwest Nazarene | 18:45.16 |     |
| 14 | Hannah CALVERT     | Seattle Pacific    | 19:05.57 |     |
| 15 | Bailey BOMAR       | MSU-Billings       | 20:02.21 |     |
| 16 | Jinise TRUEBLOOD   | MSU-Billings       | 20:39.72 |     |
| 17 | Erina CHO          | Simon Fraser       | 20:52.58 |     |

**#15 Women's 60m Hurdle**

| <b>Final</b> |                |                    |      |     |
|--------------|----------------|--------------------|------|-----|
| Pl           | Name           | Team               | Time | Pts |
| 1            | Mariyah        | Central Washington | 8.72 | 10  |
| 2            | Rosie SMITH    | Alaska Anchorage   | 8.72 | 8   |
| 3            | Maliea LUQUIN  | Seattle Pacific    | 8.72 | 6   |
| 4            | Lexi TUBBS     | Northwest Nazarene | 8.75 | 5   |
| 5            | Chelsey KNOTT  | Northwest Nazarene | 9.01 | 4   |
| 6            | Alexia BLALOCK | Alaska Anchorage   | 9.18 | 3   |
| 7            | Lisa PETERSEN  | Saint Martins      | 9.20 | 2   |

**#15 Women's 60m Hurdle (cont'd)**

| <b>Final</b> |              |                    |      |     |
|--------------|--------------|--------------------|------|-----|
| Pl           | Name         | Team               | Time | Pts |
| 8            | Allison DECK | Central Washington | 9.20 | 1   |

  

| <b>Prelim</b> |                  |                    |                   |        |
|---------------|------------------|--------------------|-------------------|--------|
| Pl            | Name             | Team               | Time              | H (Pl) |
| 1             | Rosie SMITH      | Alaska Anchorage   | 8.79 <sup>a</sup> | 3 (1)  |
| 2             | Maliea LUQUIN    | Seattle Pacific    | 8.79 <sup>a</sup> | 1 (1)  |
| 3             | Mariyah          | Central Washington | 8.88 <sup>a</sup> | 1 (2)  |
| 4             | Lexi TUBBS       | Northwest Nazarene | 8.92 <sup>a</sup> | 2 (1)  |
| 5             | Lisa PETERSEN    | Saint Martins      | 9.07 <sup>a</sup> | 3 (2)  |
| 6             | Chelsey KNOTT    | Northwest Nazarene | 9.08 <sup>a</sup> | 2 (2)  |
| 7             | Alexia BLALOCK   | Alaska Anchorage   | 9.17 <sup>a</sup> | 1 (3)  |
| 8             | Allison DECK     | Central Washington | 9.20 <sup>a</sup> | 3 (3)  |
| 9             | Mckenna HUNT     | Western Washington | 9.20              | 2 (3)  |
| 10            | Tianna BANFRO    | Central Washington | 9.21              | 3 (4)  |
| 11            | Tamaki MURATA    | Central Washington | 9.25              | 2 (4)  |
| 12            | Karolin ANDERS   | Alaska Anchorage   | 9.26              | 2 (5)  |
| 13            | Kelly NIGRO      | Northwest Nazarene | 9.32              | 1 (4)  |
| 14            | Jordan MORRIS    | Northwest Nazarene | 9.63              | 1 (5)  |
| 15            | Jade CRAWFORD    | Seattle Pacific    | 9.67              | 3 (5)  |
| 16            | Janessa WILLIAMS | MSU-Billings       | 9.83              | 1 (6)  |
| 17            | Geneva ALVAREZ   | Concordia (Ore.)   | 9.96              | 2 (6)  |
| 18            | Sara MADDEN      | Western Oregon     | 10.02             | 3 (6)  |
| 19            | Natalie LEGRAS   | Western Oregon     | 10.35             | 3 (7)  |

**#17 Women's 4 x 400m Relay**

| Pl | Team                   | Time    | H (Pl) | Pts |
|----|------------------------|---------|--------|-----|
| 1  | Simon Fraser (A)       | 3:46.31 | 2 (1)  | 10  |
| 2  | Seattle Pacific (A)    | 3:46.40 | 2 (2)  | 8   |
| 3  | Alaska Anchorage (A)   | 3:51.56 | 2 (3)  | 6   |
| 4  | Western Washington (A) | 3:55.08 | 2 (4)  | 5   |
| 5  | Central Washington (A) | 3:58.17 | 1 (1)  | 4   |
| 6  | Western Oregon (A)     | 4:00.28 | 2 (5)  | 3   |
| 7  | Concordia (Ore.) (A)   | 4:01.10 | 1 (2)  | 2   |
| 8  | Northwest Nazarene (A) | 4:06.20 | 1 (3)  | 1   |
| 9  | MSU-Billings (A)       | 4:19.25 | 1 (4)  |     |
|    | Saint Martins (A)      | DNS     | 1      |     |

**#19 Women's 4000m DMR**

| Pl | Team                   | Time     | Pts |
|----|------------------------|----------|-----|
| 1  | Simon Fraser (A)       | 11:58.28 | 10  |
| 2  | Central Washington (A) | 12:08.56 | 8   |
| 3  | Western Washington (A) | 12:11.69 | 6   |
| 4  | Alaska Anchorage (A)   | 12:16.83 | 5   |
| 5  | Seattle Pacific (A)    | 12:21.66 | 4   |
| 6  | Western Oregon (A)     | 12:33.77 | 3   |

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 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

**OFFICIAL MEET REPORT**  
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**RESULTS****#19 Women's 4000m DMR (cont'd)**

| Pl | Team                   | Time     | Pts |
|----|------------------------|----------|-----|
| 7  | MSU-Billings (A)       | 12:46.88 | 2   |
| 8  | Saint Martins (A)      | 12:51.44 | 1   |
| 9  | Concordia (Ore.) (A)   | 12:57.02 |     |
| 10 | Northwest Nazarene (A) | 13:59.42 |     |

**Men's Scores**

| Pl | Team               | Code | Score |
|----|--------------------|------|-------|
| 1  | Alaska Anchorage   | ALAN | 164   |
| 2  | Western Oregon     | WEOR | 93    |
| 3  | Western Washington | WEWA | 92    |
| 4  | Northwest Nazarene | NONA | 77    |
| 5  | Concordia (Ore.)   | COOR | 64    |
| 6  | Central Washington | CEWA | 63    |
| 7  | Simon Fraser       | SIMO | 46    |
| 8  | MSU-Billings       | MSUB | 30    |
| 9  | Saint Martins      | STMA | 24    |
| 10 | Seattle Pacific    | SEPA | 12    |

**Women's Scores**

| Pl | Team               | Code | Score |
|----|--------------------|------|-------|
| 1  | Alaska Anchorage   | ALAN | 164   |
| 2  | Seattle Pacific    | SEPA | 136   |
| 3  | Simon Fraser       | SIMO | 82.5  |
| 4  | Western Washington | WEWA | 64.5  |
| 5  | Concordia (Ore.)   | COOR | 59    |
| 5  | Central Washington | CEWA | 59    |
| 7  | Northwest Nazarene | NONA | 36    |
| 8  | Western Oregon     | WEOR | 29    |
| 9  | Saint Martins      | STMA | 25    |
| 10 | MSU-Billings       | MSUB | 11    |

# GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS

Nampa, ID  
 Ford Sports Center-Jackson's Track  
 Weather: Indoors  
 Host: Great Northwest Athletic Conference  
 February 19, 2016

## MEET OFFICIALS

**Meet Director:**  
 Bridget Johnson  
**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

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# RESULTS

## #22 Men's High Jump

| Pl | Name            | Team               | Mark                                   | 1.86 | 1.91 | 1.96 | 2.01 | 2.06 | 2.11 | Pts |
|----|-----------------|--------------------|--|------|------|------|------|------|------|-----|
| 1  | Mikel SMITH     | Saint Martins      | 2.06m 6' 9"                            | PPP  | PPP  | PPP  | O    | O    | XXX  | 10  |
| 2  | Cole HOBERG     | Northwest Nazarene | 2.06m 6' 9"                            | PPP  | O    | O    | XO   | XXO  | XXX  | 8   |
| 3  | Louis FAUST     | Concordia (Ore.)   | 2.01m 6' 7"                            | O    | O    | O    | O    | XXX  |      | 6   |
| 4  | Tevin GLADDEN   | Alaska Anchorage   | 2.01m 6' 7"                            | O    | XO   | O    | XO   | XXX  |      | 5   |
| 4  | Chris BRAKE     | Alaska Anchorage   | 2.01m 6' 7"                            | O    | O    | XO   | XO   | XXX  |      | 5   |
| 6  | Zach MILLIGAN   | Western Oregon     | 1.96m 6' 5"                            | O    | O    | O    | XXX  |      |      | 3   |
| 7  | Micah TRANCH    | Northwest Nazarene | 1.96m 6' 5"                            | O    | XO   | XXO  | XXX  |      |      | 2   |
| 8  | Justin PETERSON | Central Washington | 1.91m 6' 3 <sup>1</sup> / <sub>4</sub> | O    | O    | XXX  |      |      |      | 1   |
| 8  | Kyle MCLAUGHLIN | Northwest Nazarene | 1.91m 6' 3 <sup>1</sup> / <sub>4</sub> | O    | O    | XXX  |      |      |      | 1   |
|    | Kevin YATES     | Western Washington | NH                                     | PPP  | XXP  |      |      |      |      |     |
|    | Nick MAKRAKIS   | Western Washington | NH                                     | XXX  |      |      |      |      |      |     |

## #24 Men's Pole Vault

| Pl | Name            | Team               | Mark                                    | 4.18 | 4.33 | 4.48 | 4.63 | 4.73 | 4.83 | 4.93 | 5.03 | 5.20 | Pts |
|----|-----------------|--------------------|---|------|------|------|------|------|------|------|------|------|-----|
| 1  | Payton LEWIS    | Northwest Nazarene | 4.83m 15' 10"                           | PPP  | PPP  | PPP  | PPP  | XO   | XXO  | PPP  | PPP  | XXX  | 10  |
| 2  | J. T. KONRAD    | Western Washington | 4.73m 15' 6 <sup>1</sup> / <sub>4</sub> | PPP  | O    | O    | O    | XXO  | XXX  |      |      |      | 8   |
| 3  | Gordon KORDAS   | Western Washington | 4.73m 15' 6 <sup>1</sup> / <sub>4</sub> | PPP  | XO   | XO   | XO   | XXO  | XXX  |      |      |      | 6   |
| 4  | Zach MCCLANAHAN | Northwest Nazarene | 4.63m 15' 2 <sup>1</sup> / <sub>4</sub> | PPP  | PPP  | O    | O    | XXX  |      |      |      |      | 5   |
| 5  | Jared WEBSTER   | Northwest Nazarene | 4.63m 15' 2 <sup>1</sup> / <sub>4</sub> | PPP  | O    | XXO  | XO   | XXX  |      |      |      |      | 4   |
| 6  | Zane IRVINE     | Central Washington | 4.48m 14' 8 <sup>1</sup> / <sub>4</sub> | XO   | O    | O    | XXX  |      |      |      |      |      | 3   |
| 7  | Phillip GWIN    | Northwest Nazarene | 4.48m 14' 8 <sup>1</sup> / <sub>4</sub> | PPP  | O    | XO   | XXX  |      |      |      |      |      | 2   |
| 8  | Jacob HINO      | Western Washington | 4.48m 14' 8 <sup>1</sup> / <sub>4</sub> | XO   | O    | XXO  | XXX  |      |      |      |      |      | 1   |
| 9  | Cole CAMPBELL   | MSU-Billings       | 4.33m 14' 2 <sup>1</sup> / <sub>2</sub> | O    | O    | XXX  |      |      |      |      |      |      |     |
| 10 | Chris RICKARD   | Saint Martins      | 4.33m 14' 2 <sup>1</sup> / <sub>2</sub> | O    | XO   | XXX  |      |      |      |      |      |      |     |
| 11 | Matt COELHO     | Western Washington | 4.18m 13' 8 <sup>1</sup> / <sub>2</sub> | XXO  | XXX  |      |      |      |      |      |      |      |     |
| 11 | Craig BOYLE     | Saint Martins      | 4.18m 13' 8 <sup>1</sup> / <sub>2</sub> | XXO  | XXX  |      |      |      |      |      |      |      |     |
|    | Austin HAYS     | Seattle Pacific    | NH                                      | XXX  |      |      |      |      |      |      |      |      |     |
|    | Quincy WITTMAN  | MSU-Billings       | NH                                      | XXX  |      |      |      |      |      |      |      |      |     |
|    | Kodiak LANDIS   | Central Washington | NH                                      | XXX  |      |      |      |      |      |      |      |      |     |

## #26 Men's Long Jump

| Pl | Name                 | Team               | Mark                                     | Attempts  |           |           | F (Pl)    |           |           | Pts      |
|----|----------------------|--------------------|--|-----------|-----------|-----------|-----------|-----------|-----------|----------|
| 1  | Vladislav TSYGANKOV  | Simon Fraser       | 7.38m 24' 2 <sup>1</sup> / <sub>2</sub>  | 7.31 (NW) | 7.21 (NW) | 7.38 (NW) | FOUL      | 7.26 (NW) | PASS      | 2 (1) 10 |
| 2  | Nathaniel VAN TUINEN | Western Washington | 7.08m 23' 2 <sup>3</sup> / <sub>4</sub>  | 7.04 (NW) | FOUL      | 6.74 (NW) | 6.68 (NW) | 7.08 (NW) | FOUL      | 2 (2) 8  |
| 3  | Luke PLUMMER         | Central Washington | 6.99m 22' 11 <sup>1</sup> / <sub>4</sub> | FOUL      | FOUL      | 6.88 (NW) | FOUL      | 6.99 (NW) | FOUL      | 2 (3) 6  |
| 4  | Kevin YATES          | Western Washington | 6.92m 22' 8 <sup>1</sup> / <sub>2</sub>  | 6.92 (NW) | 6.82 (NW) | 6.92 (NW) | 6.81 (NW) | 6.86 (NW) | 6.92 (NW) | 2 (4) 5  |
| 5  | Peyton HARRIS        | Seattle Pacific    | 6.90m 22' 7 <sup>3</sup> / <sub>4</sub>  | 6.90 (NW) | 6.79 (NW) | FOUL      | FOUL      | 6.81 (NW) | FOUL      | 2 (5) 4  |
| 6  | Jerry HE             | Simon Fraser       | 6.90m 22' 7 <sup>3</sup> / <sub>4</sub>  | FOUL      | FOUL      | 6.74 (NW) | 5.12 (NW) | 6.81 (NW) | 6.90 (NW) | 2 (5) 3  |
| 7  | Rudy MATAYA          | Western Washington | 6.86m 22' 6 <sup>1</sup> / <sub>4</sub>  | 6.53 (NW) | 6.84 (NW) | 6.64 (NW) | 6.64 (NW) | 6.86 (NW) | 6.83 (NW) | 2 (7) 2  |
| 8  | Somit CHHIM          | Western Washington | 6.81m 22' 4 <sup>1</sup> / <sub>4</sub>  | FOUL      | 6.81 (NW) | 6.68 (NW) | FOUL      | 6.56 (NW) | 6.61 (NW) | 1 (1) 1  |
| 9  | Tevin GLADDEN        | Alaska Anchorage   | 6.72m 22' 0 <sup>3</sup> / <sub>4</sub>  | 6.59 (NW) | 6.70 (NW) | 6.57 (NW) | 6.72 (NW) | 6.35 (NW) | 6.50 (NW) | 1 (2)    |
| 10 | Nick MAKRAKIS        | Western Washington | 6.63m 21' 9"                             | 6.36 (NW) | FOUL      | 6.63 (NW) |           |           |           | 1 (3)    |
| 11 | Chris BRAKE          | Alaska Anchorage   | 6.57m 21' 6 <sup>3</sup> / <sub>4</sub>  | 6.57 (NW) | FOUL      | 6.53 (NW) |           |           |           | 2 (8)    |
| 12 | Jacob RINGOLD        | Western Washington | 6.56m 21' 6 <sup>1</sup> / <sub>4</sub>  | 6.13 (NW) | 6.56 (NW) | FOUL      |           |           |           | 1 (4)    |
| 13 | Cody THOMAS          | Alaska Anchorage   | 6.47m 21' 2 <sup>3</sup> / <sub>4</sub>  | PASS      | 6.43 (NW) | 6.47 (NW) |           |           |           | 2 (9)    |
| 14 | David HARRIS         | Northwest Nazarene | 6.34m 20' 9 <sup>3</sup> / <sub>4</sub>  | 6.17 (NW) | 6.21 (NW) | 6.34 (NW) |           |           |           | 1 (5)    |



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**Timing:**  
 George Ragan

# Snake River Timing

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## RESULTS

### #26 Men's Long Jump (cont'd)

| Pl | Name           | Team               | Mark             | Attempts | F (Pl)         | Pts   |
|----|----------------|--------------------|------------------|----------|----------------|-------|
| 15 | Garret STEUK   | Central Washington | 4.89m 16' 0 1/2" | FOUL     | 4.89 (NW) FOUL | 1 (6) |
|    | Zach WHITTAKER | Central Washington | NM               | FOUL     | FOUL           | 1     |

### #28 Men's Triple Jump

| Pl | Name                 | Team               | Mark              | Attempts   | F (Pl)                           | Pts                                      |                    |                    |            |         |
|----|----------------------|--------------------|-------------------|------------|----------------------------------|--|--------------------|--------------------|------------|---------|
| 1  | Luke PLUMMER         | Central Washington | 14.99m 49' 2 1/4" | FOUL       | FOUL 14.30 (NW) FOUL             | 14.55 (NW) 14.99 (NW) 2 (1) 10           |                    |                    |            |         |
| 2  | Mark SEELY           | Western Washington | 14.41m 47' 3 1/2" | FOUL       | 14.24 (NW) 14.17 (NW) 14.37 (NW) | 14.18 (NW) 14.41 (NW) 2 (2) 8            |                    |                    |            |         |
| 3  | Wesley GRAY          | Western Oregon     | 14.08m 46' 2 1/2" | 14.08 (NW) | 13.51 (NW) FOUL                  | 13.69 (NW) 13.87 (NW) 13.75 (NW) 1 (1) 6 |                    |                    |            |         |
| 4  | Chris BRAKE          | Alaska Anchorage   | 14.06m 46' 1 1/2" | 13.45 (NW) | FOUL                             | 13.74 (NW) 13.58 (NW) FOUL               | 14.06 (NW) 2 (3) 5 |                    |            |         |
| 5  | Jimmy WHEELER        | Concordia (Ore.)   | 13.84m 45' 5"     | 13.53 (NW) | 13.84 (NW) 13.52 (NW)            | 13.32 (NW) FOUL                          | 13.73 (NW) 2 (4) 4 |                    |            |         |
| 6  | Tevin GLADDEN        | Alaska Anchorage   | 13.83m 45' 4 1/2" | FOUL       | FOUL                             | 13.83 (NW) FOUL                          | FOUL               | 13.38 (NW) 2 (5) 3 |            |         |
| 7  | Travis TURNER        | Alaska Anchorage   | 13.73m 45' 0 1/2" | 13.16 (NW) | 13.73 (NW)                       | PASS                                     | FOUL               | FOUL               | FOUL       | 1 (2) 2 |
| 8  | Louis FAUST          | Concordia (Ore.)   | 13.54m 44' 5 1/4" | 13.41 (NW) | 13.54 (NW)                       | FOUL                                     | 13.06 (NW)         | 13.18 (NW)         | 13.49 (NW) | 2 (6) 1 |
| 9  | Nathaniel VAN TUINEN | Western Washington | 13.36m 43' 10"    | 12.38 (NW) | 13.36 (NW)                       | 12.69 (NW)                               | 12.97 (NW)         | FOUL               | 13.15 (NW) | 1 (3)   |
| 10 | Nick MAKRAKIS        | Western Washington | 13.22m 43' 4 1/2" | 13.22 (NW) | 12.83 (NW)                       | FOUL                                     |                    |                    |            | 2 (7)   |
| 11 | Somit CHHIM          | Western Washington | 13.14m 43' 1 1/2" | 13.14 (NW) | 13.03 (NW)                       | 13.08 (NW)                               |                    |                    |            | 2 (8)   |
| 12 | Jacob RINGOLD        | Western Washington | 12.82m 42' 0 3/4" | FOUL       | 12.82 (NW)                       | 12.61 (NW)                               |                    |                    |            | 1 (4)   |
| 13 | Kevin YATES          | Western Washington | 12.71m 41' 8 1/2" | 12.71 (NW) | FOUL                             | FOUL                                     |                    |                    |            | 1 (5)   |
| 14 | Carson COOK          | Western Oregon     | 12.38m 40' 7 1/2" | FOUL       | 12.17 (NW)                       | 12.38 (NW)                               |                    |                    |            | 1 (6)   |
| 15 | Craig BOYLE          | Saint Martins      | 12.30m 40' 4 1/4" | FOUL       | 12.30 (NW)                       | FOUL                                     |                    |                    |            | 1 (7)   |
|    | Zach WHITTAKER       | Central Washington | NM                | FOUL       | FOUL                             | FOUL                                     |                    |                    |            | 2       |

### #30 Men's Shot Put

| Pl | Name              | Team               | Mark              | Attempts                         | F (Pl)                | Pts        |                     |                    |       |
|----|-------------------|--------------------|-------------------|----------------------------------|-----------------------|------------|---------------------|--------------------|-------|
| 1  | Josh KOCH         | Concordia (Ore.)   | 16.34m 53' 7 1/2" | 16.30 (NW) 15.99 (NW) 16.25 (NW) | FOUL                  | FOUL       | 16.34 (NW) 2 (1) 10 |                    |       |
| 2  | Armando TAFOYA    | Central Washington | 16.15m 53' 0"     | 14.44 (NW) FOUL                  | 15.10 (NW)            | FOUL       | FOUL                | 16.15 (NW) 2 (2) 8 |       |
| 3  | Brandon PLESS     | Western Washington | 15.31m 50' 3"     | 15.25 (NW) 15.22 (NW) 15.15 (NW) | 15.31 (NW)            | 15.28 (NW) | 14.42 (NW)          | 2 (3) 6            |       |
| 4  | Tyler LAMOTT      | Concordia (Ore.)   | 14.76m 48' 5 1/4" | 14.03 (NW) FOUL                  | 14.27 (NW)            | FOUL       | 14.19 (NW)          | 14.76 (NW) 2 (4) 5 |       |
| 5  | Brady OSTERMILLER | MSU-Billings       | 14.46m 47' 5 1/2" | 14.32 (NW) 13.76 (NW) 13.90 (NW) | FOUL                  | 14.46 (NW) | FOUL                | 2 (5) 4            |       |
| 6  | John VANBEUREN    | Northwest Nazarene | 14.19m 46' 7"     | 13.40 (NW) 13.08 (NW) 13.63 (NW) | 13.69 (NW)            | 13.91 (NW) | 14.19 (NW)          | 2 (6) 3            |       |
| 7  | Kenny KLIPPEL     | Western Oregon     | 14.11m 46' 3 3/4" | 13.77 (NW) 14.07 (NW)            | 14.11 (NW)            | FOUL       | FOUL                | 13.40 (NW) 2 (7) 2 |       |
| 8  | James SHUMATE     | Central Washington | 13.80m 45' 3 1/2" | 13.05 (NW) 13.80 (NW) 13.76 (NW) | 13.36 (NW)            | 13.53 (NW) | 13.18 (NW)          | 1 (1) 1            |       |
| 9  | Stefan SEUL       | Western Oregon     | 13.73m 45' 0 3/4" | 12.67 (NW) 13.62 (NW) 13.73 (NW) | 12.50 (NW)            | 12.88 (NW) | 13.65 (NW)          | 1 (2)              |       |
| 10 | Jeremy MOORE      | Western Oregon     | 13.63m 44' 9"     | FOUL                             | 12.52 (NW) 13.63 (NW) | 13.43 (NW) | FOUL                | FOUL               | 2 (8) |
| 11 | Robert WATSON     | Concordia (Ore.)   | 13.51m 44' 4 1/4" | 13.42 (NW) 13.51 (NW)            | FOUL                  |            |                     |                    | 2 (9) |
| 12 | Bryan LEE         | Western Washington | 13.03m 42' 9 1/4" | 13.03 (NW)                       | FOUL                  | FOUL       |                     |                    | 1 (3) |
| 13 | Josh BROWN        | Western Oregon     | 12.88m 42' 3 1/4" | 12.26 (NW) 12.38 (NW)            | 12.88 (NW)            |            |                     |                    | 1 (4) |
| 14 | Zach SMITH        | Western Oregon     | 11.94m 39' 2 1/4" | 11.94 (NW)                       | 11.34 (NW)            | 11.35 (NW) |                     |                    | 1 (5) |
| 15 | Jacob KARAMANIAN  | Simon Fraser       | 11.37m 37' 4"     | FOUL                             | 11.37 (NW)            | FOUL       |                     |                    | 1 (6) |

### #32 Men's Weight Throw

| Pl | Name           | Team               | Mark              | Attempts              | F (Pl)     | Pts             |            |          |         |         |
|----|----------------|--------------------|-------------------|-----------------------|------------|-----------------|------------|----------|---------|---------|
| 1  | Tyler LAMOTT   | Concordia (Ore.)   | 18.63m 61' 1 3/4" | 17.18 (NW) 17.86 (NW) | FOUL       | 18.63 (NW) FOUL | FOUL       | 2 (1) 10 |         |         |
| 2  | Armando TAFOYA | Central Washington | 17.24m 56' 7"     | 15.91 (NW) FOUL       | 16.16 (NW) | 16.37 (NW)      | 17.24 (NW) | FOUL     | 2 (2) 8 |         |
| 3  | John VANBEUREN | Northwest Nazarene | 17.00m 55' 9 1/2" | 17.00 (NW)            | 16.59 (NW) | FOUL            | FOUL       | FOUL     | 2 (3) 6 |         |
| 4  | Brandon PLESS  | Western Washington | 16.98m 55' 8 3/4" | 15.53 (NW) 16.24 (NW) | FOUL       | 16.98 (NW)      | 16.64 (NW) | FOUL     | 2 (4) 5 |         |
| 5  | Josh KOCH      | Concordia (Ore.)   | 16.76m 55' 0"     | 16.03 (NW)            | 16.76 (NW) | FOUL            | 15.53 (NW) | FOUL     | FOUL    | 2 (5) 4 |

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## RESULTS

### #32 Men's Weight Throw (cont'd)

| Pl | Name             | Team               | Mark                                      | Attempts   |            |            |            |            |            | F (Pl) | Pts |
|----|------------------|--------------------|---|------------|------------|------------|------------|------------|------------|--------|-----|
| 6  | Vincent FUALEFAU | Saint Martins      | 16.15m 53' 0"                             | FOUL       | 14.91 (NW) | 15.38 (NW) | 15.17 (NW) | 15.12 (NW) | 16.15 (NW) | 2 (6)  | 3   |
| 7  | Bryan LEE        | Western Washington | 16.09m 52' 9 <sup>3</sup> / <sub>4</sub>  | 15.47 (NW) | FOUL       | 15.97 (NW) | 15.76 (NW) | 16.09 (NW) | 15.61 (NW) | 2 (7)  | 2   |
| 8  | Kegan ALLEN      | Western Oregon     | 15.85m 52' 0 <sup>1</sup> / <sub>4</sub>  | 14.68 (NW) | 15.30 (NW) | 13.32 (NW) | 15.08 (NW) | 15.30 (NW) | 15.85 (NW) | 1 (1)  | 1   |
| 9  | Mitch WILKENS    | Saint Martins      | 15.64m 51' 4"                             | 15.38 (NW) | FOUL       | FOUL       | 15.46 (NW) | FOUL       | 15.64 (NW) | 2 (8)  |     |
| 10 | Jeremy MOORE     | Western Oregon     | 14.23m 46' 8 <sup>1</sup> / <sub>2</sub>  | 13.77 (NW) | 14.23 (NW) | 13.98 (NW) |            |            |            | 1 (2)  |     |
| 11 | Brayden EILAND   | Northwest Nazarene | 13.95m 45' 9 <sup>1</sup> / <sub>2</sub>  | 13.37 (NW) | FOUL       | 13.95 (NW) |            |            |            | 1 (3)  |     |
| 12 | Robert WATSON    | Concordia (Ore.)   | 13.69m 44' 11 <sup>1</sup> / <sub>4</sub> | 13.69 (NW) | 13.46 (NW) | FOUL       |            |            |            | 1 (4)  |     |
| 13 | Luca MOLINARI    | Simon Fraser       | 13.64m 44' 9 <sup>1</sup> / <sub>4</sub>  | 13.36 (NW) | FOUL       | 13.64 (NW) |            |            |            | 1 (5)  |     |
| 14 | Kenny KLIPPEL    | Western Oregon     | 13.51m 44' 4 <sup>1</sup> / <sub>4</sub>  | 13.51 (NW) | 12.82 (NW) | FOUL       |            |            |            | 1 (6)  |     |
| 15 | Kauano           | Saint Martins      | 13.35m 43' 9 <sup>3</sup> / <sub>4</sub>  | 13.35 (NW) | 12.86 (NW) | 13.02 (NW) |            |            |            | 1 (7)  |     |
| 16 | James SHUMATE    | Central Washington | 13.25m 43' 6"                             | 13.25 (NW) | FOUL       | 13.18 (NW) |            |            |            | 1 (8)  |     |
| 17 | Zach SMITH       | Western Oregon     | 11.62m 38' 1 <sup>3</sup> / <sub>4</sub>  | FOUL       | 11.62 (NW) | 11.10 (NW) |            |            |            | 1 (9)  |     |
| 18 | Stefan SEUL      | Western Oregon     | 10.92m 35' 10 <sup>1</sup> / <sub>4</sub> | 10.92 (NW) | 10.62 (NW) | 10.81 (NW) |            |            |            | 1 (10) |     |
|    | Nels FLANAGAN    | MSU-Billings       | NM  | FOUL       | FOUL       | FOUL       |            |            |            | 2      |     |

### #21 Women's High Jump

| Pl | Name                | Team               | Mark                                    | 1.51 | 1.56 | 1.61 | 1.66 | 1.71 | 1.76 | Pts |
|----|---------------------|--------------------|---|------|------|------|------|------|------|-----|
| 1  | Tori JOHNSON        | Concordia (Ore.)   | 1.71m 5' 7 <sup>1</sup> / <sub>4</sub>  | O    | O    | O    | O    | O    | XXX  | 10  |
| 2  | Miranda OSADCHEY    | Western Washington | 1.71m 5' 7 <sup>1</sup> / <sub>4</sub>  | PPP  | PPP  | O    | XO   | O    | XXX  | 8   |
| 3  | Geneva LEHNERT      | Seattle Pacific    | 1.71m 5' 7 <sup>1</sup> / <sub>4</sub>  | PPP  | O    | O    | XXO  | XO   | XXX  | 6   |
| 4  | Karolin ANDERS      | Alaska Anchorage   | 1.66m 5' 5 <sup>1</sup> / <sub>4</sub>  | PPP  | O    | O    | O    | XXX  |      | 5   |
| 5  | Rachel MILLER       | Northwest Nazarene | 1.61m 5' 3 <sup>1</sup> / <sub>4</sub>  | XO   | XO   | XXO  | XXX  |      |      | 4   |
| 6  | Naphtali WARD       | Seattle Pacific    | 1.56m 5' 1 <sup>1</sup> / <sub>4</sub>  | PPP  | O    | XXX  |      |      |      | 3   |
| 6  | Katelyn WRIGHT      | Western Washington | 1.56m 5' 1 <sup>1</sup> / <sub>4</sub>  | PPP  | O    | XXX  |      |      |      | 2.5 |
| 6  | Mackenzie STEWART   | Simon Fraser       | 1.56m 5' 1 <sup>1</sup> / <sub>4</sub>  | O    | O    | XXX  |      |      |      | 2.5 |
| 9  | Kawena WARREN       | Northwest Nazarene | 1.56m 5' 1 <sup>1</sup> / <sub>4</sub>  | PPP  | XO   | XXX  |      |      |      |     |
| 10 | Kim NEVILLE-        | Simon Fraser       | 1.56m 5' 1 <sup>1</sup> / <sub>4</sub>  | XO   | XO   | XXX  |      |      |      |     |
| 11 | Cassidy APO         | Saint Martins      | 1.56m 5' 1 <sup>1</sup> / <sub>4</sub>  | XXO  | XO   | XXX  |      |      |      |     |
| 12 | Moriah BENTLEY      | Central Washington | 1.51m 4' 11 <sup>1</sup> / <sub>2</sub> | O    | XXX  |      |      |      |      |     |
| 12 | Katie CONKLIN       | Northwest Nazarene | 1.51m 4' 11 <sup>1</sup> / <sub>2</sub> | O    | XXX  |      |      |      |      |     |
| 12 | Lexi SARVER         | Northwest Nazarene | 1.51m 4' 11 <sup>1</sup> / <sub>2</sub> | O    | XXX  |      |      |      |      |     |
| 15 | Gabby FUKUMOTO      | Concordia (Ore.)   | 1.51m 4' 11 <sup>1</sup> / <sub>2</sub> | XO   | XXX  |      |      |      |      |     |
| 16 | Amy PETZ            | Simon Fraser       | 1.51m 4' 11 <sup>1</sup> / <sub>2</sub> | XXO  | XXX  |      |      |      |      |     |
|    | Kaylie GRENINGER    | Western Washington | NH                                      | XXX  |      |      |      |      |      |     |
|    | Cherise KIRKPATRICK | Western Oregon     | NH                                      | XXX  |      |      |      |      |      |     |

### #23 Women's Pole Vault

| Pl | Name            | Team               | Mark                                    | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | 3.26 | 3.41 | 3.51 | 3.61 | Pts |
|----|-----------------|--------------------|---|------|------|------|------|------|------|------|------|------|-----|
| 1  | Michaella KAHNS | Seattle Pacific    | 3.51m 11' 6 <sup>1</sup> / <sub>4</sub> | PPP  | PPP  | PPP  | PPP  | O    | O    | O    | O    | XXX  | 10  |
| 2  | McKenna EMMERT  | Central Washington | 3.51m 11' 6 <sup>1</sup> / <sub>4</sub> | PPP  | PPP  | PPP  | PPP  | PPP  | O    | O    | XXO  | XXX  | 8   |
| 3  | Anna PARADEE    | Western Washington | 3.41m 11' 2 <sup>1</sup> / <sub>4</sub> | PPP  | PPP  | PPP  | PPP  | XXO  | XO   | O    | XXX  |      | 6   |
| 4  | Emma LAMBERT    | Seattle Pacific    | 3.26m 10' 8 <sup>1</sup> / <sub>4</sub> | PPP  | PPP  | PPP  | PPP  | O    | XXO  | XXX  |      |      | 5   |
| 5  | Leah HUEY       | Western Washington | 3.26m 10' 8 <sup>1</sup> / <sub>4</sub> | XO   | O    | O    | O    | O    | XXO  | XXX  |      |      | 4   |
| 6  | Amanda NICHOLS  | MSU-Billings       | 3.11m 10' 2 <sup>1</sup> / <sub>2</sub> | PPP  | PPP  | O    | O    | O    | XXX  |      |      |      | 3   |
| 7  | Darien CALICDAN | Saint Martins      | 2.96m 9' 8 <sup>1</sup> / <sub>2</sub>  | PPP  | O    | O    | O    | XXX  |      |      |      |      | 2   |
| 7  | Madi WEBSTER    | Seattle Pacific    | 2.96m 9' 8 <sup>1</sup> / <sub>2</sub>  | PPP  | PPP  | PPP  | O    | XXX  |      |      |      |      | 2   |

# GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS

Nampa, ID  
 Ford Sports Center-Jackson's Track  
 Weather: Indoors  
 Host: Great Northwest Athletic Conference  
 February 19, 2016

## MEET OFFICIALS

**Meet Director:**  
 Bridget Johnson  
**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

# Snake River Timing

**OFFICIAL MEET REPORT**  
 printed: 2/20/2016 4:19 PM

## RESULTS

### #23 Women's Pole Vault (cont'd)

| Pl | Name           | Team               | Mark                                   | 2.51 | 2.66 | 2.81 | 2.96 | 3.11 | 3.26 | 3.41 | 3.51 | 3.61 | Pts |
|----|----------------|--------------------|--|------|------|------|------|------|------|------|------|------|-----|
| 9  | Kristen KASEL  | Central Washington | 2.81m 9' 2 <sup>1</sup> / <sub>2</sub> | XXO  | O    | XXO  | XXX  |      |      |      |      |      |     |
| 10 | Morgan ANNABLE | Western Washington | 2.51m 8' 2 <sup>3</sup> / <sub>4</sub> | O    | XXX  |      |      |      |      |      |      |      |     |

### #25 Women's Long Jump

| Pl | Name              | Team               | Mark                                     | Attempts                      | F (Pl)                        | Pts      |
|----|-------------------|--------------------|--|-------------------------------|-------------------------------|----------|
| 1  | Karolin ANDERS    | Alaska Anchorage   | 5.63m 18' 5 <sup>3</sup> / <sub>4</sub>  | FOUL 5.42 (NW) 5.50 (NW)      | FOUL 5.47 (NW) 5.63 (NW)      | 2 (1) 10 |
| 2  | Rosie SMITH       | Alaska Anchorage   | 5.57m 18' 3 <sup>1</sup> / <sub>4</sub>  | 5.57 (NW) FOUL PASS           | 5.29 (NW) 5.44 (NW) PASS      | 2 (2) 8  |
| 3  | Kyra BRANNAN      | Seattle Pacific    | 5.56m 18' 3"                             | 5.08 (NW) 5.53 (NW) 5.55 (NW) | FOUL 5.52 (NW) 5.56 (NW)      | 2 (3) 6  |
| 4  | Jasmine MCMULLIN  | Western Washington | 5.48m 17' 11 <sup>3</sup> / <sub>4</sub> | 5.29 (NW) FOUL 5.48 (NW)      | 5.16 (NW) 5.39 (NW) 5.17 (NW) | 2 (4) 5  |
| 5  | Natasha LAZECKI   | Simon Fraser       | 5.38m 17' 8"                             | 5.26 (NW) 5.08 (NW) 5.18 (NW) | 5.38 (NW) 5.27 (NW) 5.18 (NW) | 1 (1) 4  |
| 6  | Geneva LEHNERT    | Seattle Pacific    | 5.37m 17' 7 <sup>1</sup> / <sub>2</sub>  | 5.03 (NW) 5.27 (NW) 5.15 (NW) | 5.02 (NW) FOUL 5.37 (NW)      | 2 (5) 3  |
| 7  | Monique LISEK     | Simon Fraser       | 5.34m 17' 6 <sup>1</sup> / <sub>4</sub>  | 5.34 (NW) 5.21 (NW) 5.09 (NW) | 5.29 (NW) 5.18 (NW) 5.12 (NW) | 2 (6) 2  |
| 8  | Maliea LUQUIN     | Seattle Pacific    | 5.30m 17' 4 <sup>3</sup> / <sub>4</sub>  | 5.12 (NW) 5.20 (NW) 5.21 (NW) | 5.11 (NW) 4.77 (NW) 5.30 (NW) | 2 (7) 1  |
| 9  | Kaylie GRENINGER  | Western Washington | 5.25m 17' 2 <sup>3</sup> / <sub>4</sub>  | 5.04 (NW) 5.11 (NW) 5.25 (NW) | 4.86 (NW) 4.95 (NW) 5.10 (NW) | 1 (2)    |
| 10 | Emma HILL         | Concordia (Ore.)   | 5.19m 17' 0 <sup>1</sup> / <sub>2</sub>  | 5.06 (NW) 5.17 (NW) 5.19 (NW) |                               | 2 (8)    |
| 11 | Ali ANDERSON      | Central Washington | 5.13m 16' 10"                            | FOUL FOUL 5.13 (NW)           |                               | 2 (9)    |
| 12 | Brooke WILLIAMS   | Central Washington | 5.07m 16' 7 <sup>3</sup> / <sub>4</sub>  | FOUL 5.07 (NW) 5.06 (NW)      |                               | 1 (3)    |
| 13 | Jordan MORRIS     | Northwest Nazarene | 5.05m 16' 7"                             | 4.58 (NW) FOUL 5.05 (NW)      |                               | 2 (10)   |
| 14 | Alexia BLALOCK    | Alaska Anchorage   | 4.99m 16' 4 <sup>1</sup> / <sub>2</sub>  | 4.69 (NW) 4.99 (NW) 4.84 (NW) |                               | 1 (4)    |
| 15 | Mackenzie STEWART | Simon Fraser       | 4.89m 16' 0 <sup>1</sup> / <sub>2</sub>  | 4.89 (NW) 4.73 (NW) 4.69 (NW) |                               | 1 (5)    |
| 16 | Moriah BENTLEY    | Central Washington | 4.82m 15' 9 <sup>3</sup> / <sub>4</sub>  | 4.82 (NW) 4.71 (NW) FOUL      |                               | 1 (6)    |
| 17 | Marinah BENTLEY   | Central Washington | 4.81m 15' 9 <sup>1</sup> / <sub>2</sub>  | 4.81 (NW) 4.72 (NW) 4.57 (NW) |                               | 1 (7)    |
| 18 | Naphtali WARD     | Seattle Pacific    | 4.80m 15' 9"                             | 4.80 (NW) 4.79 (NW) 4.79 (NW) |                               | 1 (8)    |
| 19 | Shaniah SCHWEND   | MSU-Billings       | 4.71m 15' 5 <sup>1</sup> / <sub>2</sub>  | 4.71 (NW) 4.43 (NW) 4.49 (NW) |                               | 1 (9)    |
| 20 | Janessa WILLIAMS  | MSU-Billings       | 4.66m 15' 3 <sup>1</sup> / <sub>2</sub>  | 4.58 (NW) 4.56 (NW) 4.66 (NW) |                               | 1 (10)   |
| 21 | Hannah SNYDER     | Central Washington | 4.64m 15' 2 <sup>3</sup> / <sub>4</sub>  | 4.64 (NW) 4.64 (NW) 4.64 (NW) |                               | 1 (11)   |
| 22 | Viktoriya VASINA  | Central Washington | 4.59m 15' 0 <sup>3</sup> / <sub>4</sub>  | FOUL 4.59 (NW) FOUL           |                               | 1 (12)   |
|    | Rachel SILTMAN    | Concordia (Ore.)   | NM                                       | FOUL FOUL FOUL                |                               | 1        |

### #27 Women's Triple Jump

| Pl | Name             | Team               | Mark                                      | Attempts                         | F (Pl)                           | Pts      |
|----|------------------|--------------------|---|----------------------------------|----------------------------------|----------|
| 1  | Jasmine MCMULLIN | Western Washington | 12.22m 40' 1 <sup>1</sup> / <sub>4</sub>  | FOUL 11.81 (NW) 12.22 (NW)       | 11.73 (NW) FOUL 11.70 (NW)       | 2 (1) 10 |
| 2  | Ella BROWN       | Simon Fraser       | 11.74m 38' 6 <sup>1</sup> / <sub>4</sub>  | FOUL FOUL 11.24 (NW)             | 11.35 (NW) 11.74 (NW) 11.64 (NW) | 2 (2) 8  |
| 3  | Karolin ANDERS   | Alaska Anchorage   | 11.58m 38' 0"                             | 11.48 (NW) 11.08 (NW) FOUL       | 11.58 (NW) FOUL 11.39 (NW)       | 2 (3) 6  |
| 4  | Emma HILL        | Concordia (Ore.)   | 11.42m 37' 5 <sup>3</sup> / <sub>4</sub>  | 11.25 (NW) 11.12 (NW) 11.42 (NW) | 11.08 (NW) 11.42 (NW) 10.39 (NW) | 2 (4) 5  |
| 5  | Alexia BLALOCK   | Alaska Anchorage   | 11.09m 36' 4 <sup>3</sup> / <sub>4</sub>  | 10.93 (NW) 11.09 (NW) 10.89 (NW) | 10.77 (NW) 10.79 (NW) 10.66 (NW) | 2 (5) 4  |
| 6  | Allyssa MARZANO  | Central Washington | 11.05m 36' 3"                             | FOUL FOUL 10.80 (NW)             | 10.87 (NW) 10.87 (NW) 11.05 (NW) | 2 (6) 3  |
| 7  | Kathryn PITTS    | Western Oregon     | 10.87m 35' 8"                             | 9.97 (NW) 10.39 (NW) FOUL        | 10.52 (NW) 10.87 (NW) 10.29 (NW) | 1 (1) 2  |
| 8  | Brooke WILLIAMS  | Central Washington | 10.64m 34' 11"                            | 10.44 (NW) FOUL 10.60 (NW)       | 10.64 (NW) 10.55 (NW) 10.58 (NW) | 1 (2) 1  |
| 9  | Hannah SNYDER    | Central Washington | 10.51m 34' 5 <sup>3</sup> / <sub>4</sub>  | FOUL 10.49 (NW) 10.17 (NW)       | 10.51 (NW) 10.35 (NW) FOUL       | 1 (3)    |
| 10 | Janessa WILLIAMS | MSU-Billings       | 10.44m 34' 3"                             | 10.39 (NW) 10.29 (NW) FOUL       | 9.99 (NW) 10.44 (NW) 10.35 (NW)  | 2 (7)    |
| 11 | Katie CONKLIN    | Northwest Nazarene | 10.37m 34' 0 <sup>1</sup> / <sub>4</sub>  | 9.92 (NW) FOUL 10.37 (NW)        |                                  | 1 (4)    |
| 12 | Viktoriya VASINA | Central Washington | 10.32m 33' 10 <sup>1</sup> / <sub>4</sub> | FOUL FOUL 10.32 (NW)             |                                  | 1 (5)    |
| 13 | Carli SHAUL      | Northwest Nazarene | 10.29m 33' 9 <sup>1</sup> / <sub>4</sub>  | FOUL FOUL 10.29 (NW)             |                                  | 1 (6)    |
| 14 | Marinah BENTLEY  | Central Washington | 10.21m 33' 6"                             | 10.13 (NW) 10.14 (NW) 10.21 (NW) |                                  | 1 (7)    |
| 15 | Shaniah SCHWEND  | MSU-Billings       | 9.89m 32' 5 <sup>1</sup> / <sub>2</sub>   | 9.89 (NW) 9.79 (NW) FOUL         |                                  | 1 (8)    |

# GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS

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 February 19, 2016

## MEET OFFICIALS

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**Timing:**  
 George Ragan

# Snake River Timing

**OFFICIAL MEET REPORT**  
 printed: 2/20/2016 4:19 PM

## RESULTS

### #27 Women's Triple Jump (cont'd)

| Pl | Name           | Team               | Mark | Attempts |      |      |  | F (Pl) | Pts |
|----|----------------|--------------------|------|----------|------|------|--|--------|-----|
|    | Kelly CRONIC   | Central Washington | NM   | FOUL     | FOUL | FOUL |  | 2      |     |
|    | Rachel SILTMAN | Concordia (Ore.)   | NM   | FOUL     | FOUL | FOUL |  | 2      |     |

### #29 Women's Shot Put

| Pl | Name                | Team               | Mark                                      | Attempts   |            |            |            |            |            |        | F (Pl) | Pts |
|----|---------------------|--------------------|---|------------|------------|------------|------------|------------|------------|--------|--------|-----|
| 1  | McKenzie WARREN     | Concordia (Ore.)   | 16.34m 53' 7 <sup>1</sup> / <sub>2</sub>  | 15.46 (NW) | 15.69 (NW) | 16.34 (NW) | 15.50 (NW) | FOUL       | 15.73 (NW) | 2 (1)  | 10     |     |
| 2  | Emmi COLLIER        | Western Oregon     | 14.38m 47' 2 <sup>1</sup> / <sub>2</sub>  | 13.84 (NW) | 14.38 (NW) | 13.95 (NW) | 11.54 (NW) | 13.98 (NW) | 12.13 (NW) | 2 (2)  | 8      |     |
| 3  | Christina MACDONALD | Concordia (Ore.)   | 13.88m 45' 6 <sup>3</sup> / <sub>4</sub>  | 13.54 (NW) | 13.57 (NW) | 13.88 (NW) | FOUL       | 13.41 (NW) | 13.42 (NW) | 2 (3)  | 6      |     |
| 4  | Taylor VANVALEY     | Northwest Nazarene | 13.48m 44' 3"                             | FOUL       | 13.48 (NW) | 12.90 (NW) | FOUL       | FOUL       | FOUL       | 2 (4)  | 5      |     |
| 5  | Katrina LINENKO     | Concordia (Ore.)   | 13.36m 43' 10 <sup>1</sup> / <sub>4</sub> | 13.34 (NW) | 13.36 (NW) | 13.25 (NW) | FOUL       | 12.78 (NW) | FOUL       | 1 (1)  | 4      |     |
| 6  | Taylor DARDEN       | Concordia (Ore.)   | 13.19m 43' 3 <sup>1</sup> / <sub>2</sub>  | 13.05 (NW) | 12.24 (NW) | 11.86 (NW) | 12.18 (NW) | 12.29 (NW) | 13.19 (NW) | 1 (2)  | 3      |     |
| 7  | Kirby NEALE         | Saint Martins      | 13.18m 43' 3 <sup>1</sup> / <sub>4</sub>  | 12.53 (NW) | 13.18 (NW) | FOUL       | FOUL       | 12.46 (NW) | 12.14 (NW) | 2 (5)  | 2      |     |
| 8  | Amanda YOUNGERS     | Central Washington | 12.99m 42' 7 <sup>3</sup> / <sub>4</sub>  | 12.72 (NW) | 12.29 (NW) | 12.99 (NW) | 12.93 (NW) | FOUL       | 12.93 (NW) | 2 (6)  | 1      |     |
| 9  | Jessica MATTOS      | Concordia (Ore.)   | 12.92m 42' 5"                             | 12.62 (NW) | 12.11 (NW) | 12.92 (NW) | 12.40 (NW) | FOUL       | FOUL       | 2 (7)  |        |     |
| 10 | Saidee JONES        | Concordia (Ore.)   | 12.70m 41' 8 <sup>1</sup> / <sub>4</sub>  | 12.23 (NW) | FOUL       | 12.70 (NW) |            |            |            | 1 (3)  |        |     |
| 11 | Megan MORTENSEN     | Western Washington | 12.58m 41' 3 <sup>1</sup> / <sub>2</sub>  | 12.17 (NW) | 12.58 (NW) | FOUL       |            |            |            | 2 (8)  |        |     |
| 12 | Rachael HUFFMAN     | Western Oregon     | 12.35m 40' 6 <sup>1</sup> / <sub>2</sub>  | 12.35 (NW) | 11.71 (NW) | FOUL       |            |            |            | 1 (4)  |        |     |
| 13 | Dorothy MOORE       | Central Washington | 12.11m 39' 9"                             | 11.96 (NW) | 12.11 (NW) | 12.00 (NW) |            |            |            | 1 (5)  |        |     |
| 14 | Sammi MARKHAM       | Seattle Pacific    | 11.94m 39' 2 <sup>1</sup> / <sub>4</sub>  | 11.27 (NW) | 10.73 (NW) | 11.94 (NW) |            |            |            | 1 (6)  |        |     |
| 15 | Katrina CRYDERMAN   | Northwest Nazarene | 11.79m 38' 8 <sup>1</sup> / <sub>2</sub>  | 10.80 (NW) | FOUL       | 11.79 (NW) |            |            |            | 1 (7)  |        |     |
| 16 | Jessica JOHNS       | Northwest Nazarene | 11.67m 38' 3 <sup>3</sup> / <sub>4</sub>  | 11.67 (NW) | FOUL       | FOUL       |            |            |            | 2 (9)  |        |     |
| 17 | Megan VERNON        | Saint Martins      | 11.29m 37' 0 <sup>3</sup> / <sub>4</sub>  | 11.29 (NW) | 11.06 (NW) | FOUL       |            |            |            | 1 (8)  |        |     |
| 18 | Brooklyn DAYLONG    | Northwest Nazarene | 11.14m 36' 6 <sup>3</sup> / <sub>4</sub>  | 10.14 (NW) | 10.20 (NW) | 11.14 (NW) |            |            |            | 1 (9)  |        |     |
| 19 | Becky GERST         | MSU-Billings       | 11.00m 36' 1 <sup>1</sup> / <sub>4</sub>  | 11.00 (NW) | FOUL       | 10.45 (NW) |            |            |            | 1 (10) |        |     |
| 20 | Rachel MCKINNIS     | Concordia (Ore.)   | 10.95m 35' 11 <sup>1</sup> / <sub>4</sub> | FOUL       | 10.82 (NW) | 10.95 (NW) |            |            |            | 2 (10) |        |     |
| 21 | Mackenzie STEWART   | Simon Fraser       | 10.50m 34' 5 <sup>3</sup> / <sub>4</sub>  | FOUL       | 10.15 (NW) | 10.50 (NW) |            |            |            | 1 (11) |        |     |
| 22 | Sylvia DEAN         | Western Oregon     | 10.49m 34' 5 <sup>1</sup> / <sub>4</sub>  | 9.28 (NW)  | 10.49 (NW) | FOUL       |            |            |            | 1 (12) |        |     |
| 23 | Ashley LOGAN        | Alaska Anchorage   | 10.41m 34' 2"                             | 10.40 (NW) | 9.79 (NW)  | 10.41 (NW) |            |            |            | 1 (13) |        |     |
| 24 | Dakayla WALTERS     | Alaska Anchorage   | 9.47m 31' 1"                              | 8.16 (NW)  | 9.47 (NW)  | 8.57 (NW)  |            |            |            | 1 (14) |        |     |

### #31 Women's Weight Throw

| Pl | Name                | Team               | Mark                                      | Attempts   |            |            |            |            |            |       | F (Pl) | Pts |
|----|---------------------|--------------------|---|------------|------------|------------|------------|------------|------------|-------|--------|-----|
| 1  | McKenzie WARREN     | Concordia (Ore.)   | 17.35m 56' 11 <sup>1</sup> / <sub>4</sub> | 16.76 (NW) | 16.49 (NW) | 17.35 (NW) | 16.09 (NW) | FOUL       | 16.49 (NW) | 2 (1) | 10     |     |
| 2  | Kirby NEALE         | Saint Martins      | 15.76m 51' 8 <sup>3</sup> / <sub>4</sub>  | 15.72 (NW) | 15.76 (NW) | 15.28 (NW) | FOUL       | FOUL       | FOUL       | 2 (2) | 8      |     |
| 3  | Jessica MATTOS      | Concordia (Ore.)   | 15.67m 51' 5 <sup>1</sup> / <sub>4</sub>  | FOUL       | FOUL       | 15.57 (NW) | 15.39 (NW) | 15.67 (NW) | 15.64 (NW) | 2 (3) | 6      |     |
| 4  | Emmi COLLIER        | Western Oregon     | 15.53m 50' 11 <sup>3</sup> / <sub>4</sub> | 15.53 (NW) | FOUL       | 15.31 (NW) | 15.36 (NW) | 15.35 (NW) | FOUL       | 2 (4) | 5      |     |
| 5  | Taylor VANVALEY     | Northwest Nazarene | 15.42m 50' 7 <sup>1</sup> / <sub>4</sub>  | 15.42 (NW) | 14.93 (NW) | FOUL       | FOUL       | 15.07 (NW) | 15.22 (NW) | 2 (5) | 4      |     |
| 6  | Rachel MCKINNIS     | Concordia (Ore.)   | 15.33m 50' 3 <sup>3</sup> / <sub>4</sub>  | 13.73 (NW) | 13.93 (NW) | FOUL       | 14.16 (NW) | 14.72 (NW) | 15.33 (NW) | 1 (1) | 3      |     |
| 7  | Amanda YOUNGERS     | Central Washington | 15.19m 49' 10 <sup>1</sup> / <sub>4</sub> | 13.93 (NW) | 13.36 (NW) | FOUL       | 14.68 (NW) | 15.19 (NW) | FOUL       | 2 (6) | 2      |     |
| 8  | Jessica JOHNS       | Northwest Nazarene | 15.17m 49' 9 <sup>1</sup> / <sub>2</sub>  | 14.23 (NW) | FOUL       | FOUL       | 14.54 (NW) | 13.37 (NW) | 15.17 (NW) | 2 (7) | 1      |     |
| 9  | Emily WETHERELL     | Western Oregon     | 14.65m 48' 1"                             | FOUL       | 13.98 (NW) | FOUL       | 14.65 (NW) | 14.56 (NW) | FOUL       | 2 (8) |        |     |
| 10 | Christina MACDONALD | Concordia (Ore.)   | 14.41m 47' 3 <sup>1</sup> / <sub>2</sub>  | FOUL       | 14.41 (NW) | FOUL       | FOUL       | FOUL       | FOUL       | 2 (9) |        |     |
| 11 | Dorothy MOORE       | Central Washington | 13.88m 45' 6 <sup>3</sup> / <sub>4</sub>  | 12.81 (NW) | 12.59 (NW) | 13.88 (NW) |            |            |            | 1 (2) |        |     |
| 12 | Taylor DARDEN       | Concordia (Ore.)   | 13.83m 45' 4 <sup>3</sup> / <sub>4</sub>  | 13.83 (NW) | 12.95 (NW) | FOUL       |            |            |            | 1 (3) |        |     |
| 13 | Megan MORTENSEN     | Western Washington | 13.56m 44' 6 <sup>1</sup> / <sub>4</sub>  | 13.43 (NW) | 13.56 (NW) | 12.56 (NW) |            |            |            | 1 (4) |        |     |
| 14 | Rachael HUFFMAN     | Western Oregon     | 13.02m 42' 8 <sup>3</sup> / <sub>4</sub>  | FOUL       | 13.02 (NW) | 11.06 (NW) |            |            |            | 1 (5) |        |     |
| 15 | Alecia FALCK        | Western Oregon     | 12.61m 41' 4 <sup>3</sup> / <sub>4</sub>  | 10.95 (NW) | 11.83 (NW) | 12.61 (NW) |            |            |            | 1 (6) |        |     |

**GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS**

Nampa, ID  
 Ford Sports Center-Jackson's Track  
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 February 19, 2016

**MEET OFFICIALS**

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**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

**OFFICIAL MEET REPORT**  
 printed: 2/20/2016 4:19 PM

**RESULTS****#31 Women's Weight Throw (cont'd)**

| PI | Name             | Team               | Mark                                       | Attempts                         | F (PI) | Pts    |
|----|------------------|--------------------|--|----------------------------------|--------|--------|
| 15 | Alecia FALCK     | Western Oregon     | 12.61m 41' 4 <sup>3</sup> / <sub>4</sub> " |                                  |        | 1 (6)  |
| 17 | Cassandra WADE   | Northwest Nazarene | 12.34m 40' 6"                              | 12.34 (NW) FOUL FOUL             |        | 1 (8)  |
| 18 | Sylvia DEAN      | Western Oregon     | 11.91m 39' 1 <sup>1</sup> / <sub>4</sub> " | 11.79 (NW) 11.91 (NW) 11.39 (NW) |        | 1 (9)  |
| 19 | Hannah THOMAS    | Northwest Nazarene | 11.78m 38' 8"                              | FOUL 11.78 (NW) FOUL             |        | 1 (10) |
| 20 | Miranda HAGADORN | Northwest Nazarene | 11.49m 37' 8 <sup>3</sup> / <sub>4</sub> " | 11.13 (NW) FOUL 11.49 (NW)       |        | 1 (11) |
| 21 | Becky GERST      | MSU-Billings       | 11.22m 36' 10"                             | 11.16 (NW) 11.22 (NW) 11.05 (NW) |        | 1 (12) |

**Men's Scores**

| PI | Team               | Code | Score |
|----|--------------------|------|-------|
| 1  | Alaska Anchorage   | ALAN | 164   |
| 2  | Western Oregon     | WEOR | 93    |
| 3  | Western Washington | WEWA | 92    |
| 4  | Northwest Nazarene | NONA | 77    |
| 5  | Concordia (Ore.)   | COOR | 64    |
| 6  | Central Washington | CEWA | 63    |
| 7  | Simon Fraser       | SIMO | 46    |
| 8  | MSU-Billings       | MSUB | 30    |
| 9  | Saint Martins      | STMA | 24    |
| 10 | Seattle Pacific    | SEPA | 12    |

**Women's Scores**

| PI | Team               | Code | Score |
|----|--------------------|------|-------|
| 1  | Alaska Anchorage   | ALAN | 164   |
| 2  | Seattle Pacific    | SEPA | 136   |
| 3  | Simon Fraser       | SIMO | 82.5  |
| 4  | Western Washington | WEWA | 64.5  |
| 5  | Concordia (Ore.)   | COOR | 59    |
| 5  | Central Washington | CEWA | 59    |
| 7  | Northwest Nazarene | NONA | 36    |
| 8  | Western Oregon     | WEOR | 29    |
| 9  | Saint Martins      | STMA | 25    |
| 10 | MSU-Billings       | MSUB | 11    |

**GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS**

Nampa, ID  
 Ford Sports Center-Jackson's Track  
 Weather: Indoors  
 Host: Great Northwest Athletic Conference  
 February 19, 2016

**MEET OFFICIALS**

**Meet Director:**  
 Bridget Johnson  
**Meet Referee:**  
 Dave Mills  
**Timing:**  
 George Ragan

**Snake River Timing**

**OFFICIAL MEET REPORT**  
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**RESULTS****#33 Men's Indoor Heptathlon**

| PI | Athlete                                | Points | 60m  | LJ  | SP   | HJ   | 60m H | PV  | 1000m   |
|----|--|--------|------|---|--|--|-------|---|---------|
| 1  | Payton LEWIS<br>Northwest Nazarene     | 5163   | 7.28 | 6.67m<br>21' 10 <sup>3</sup> / <sub>4</sub> | 11.80m<br>38' 8 <sup>3</sup> / <sub>4</sub>  | 1.77m<br>5' 9 <sup>3</sup> / <sub>4</sub>  | 8.46  | 5.05m<br>16' 6 <sup>3</sup> / <sub>4</sub>  | 3:01.32 |
|    | Team Points: 10                        |        | 785  | 736   | 594  | 602  | 869   | 926   | 651     |
| 2  | Travis TURNER<br>Alaska Anchorage      | 4983   | 7.32 | 6.42m<br>21' 0 <sup>3</sup> / <sub>4</sub>  | 11.49m<br>37' 8 <sup>3</sup> / <sub>4</sub>  | 1.89m<br>6' 2 <sup>1</sup> / <sub>4</sub>  | 8.34  | 3.95m<br>12' 11 <sup>1</sup> / <sub>2</sub> | 2:51.44 |
|    | Team Points: 8                         |        | 772  | 679   | 575  | 705  | 898   | 603   | 751     |
| 3  | Kodiak LANDIS<br>Central Washington    | 4741   | 7.19 | 6.65m<br>21' 10"                            | 10.05m<br>33' 0"                             | 1.77m<br>5' 9 <sup>3</sup> / <sub>4</sub>  | 8.97  | 4.25m<br>13' 11 <sup>1</sup> / <sub>4</sub> | 3:00.24 |
|    | Team Points: 6                         |        | 816  | 732   | 489  | 602  | 752   | 688   | 662     |
| 4  | David DURDEN<br>Saint Martins          | 4549   | 7.38 | 6.03m<br>19' 9 <sup>1</sup> / <sub>2</sub>  | 10.48m<br>34' 4 <sup>3</sup> / <sub>4</sub>  | 1.80m<br>5' 10 <sup>3</sup> / <sub>4</sub> | 8.64  | 3.85m<br>12' 7 <sup>1</sup> / <sub>2</sub>  | 3:00.58 |
|    | Team Points: 5                         |        | 752  | 593   | 515  | 627  | 827   | 576   | 659     |
| 5  | Justin PETERSON<br>Central Washington  | 4548   | 7.71 | 6.12m<br>20' 1"                             | 11.29m<br>37' 0 <sup>3</sup> / <sub>4</sub>  | 1.92m<br>6' 3 <sup>1</sup> / <sub>2</sub>  | 9.24  | 3.85m<br>12' 7 <sup>1</sup> / <sub>2</sub>  | 2:53.97 |
|    | Team Points: 4                         |        | 646  | 613   | 563  | 731  | 694   | 576   | 725     |
| 6  | Micah SPATZ<br>Northwest Nazarene      | 4477   | 7.57 | 5.89m<br>19' 4"                             | 11.87m<br>38' 11 <sup>1</sup> / <sub>2</sub> | 1.74m<br>5' 8 <sup>1</sup> / <sub>2</sub>  | 8.65  | 3.75m<br>12' 3 <sup>1</sup> / <sub>2</sub>  | 2:59.01 |
|    | Team Points: 3                         |        | 690  | 563   | 599  | 577  | 825   | 549   | 674     |
| 7  | Andrew GALBRAITH<br>Northwest Nazarene | 4189   | 7.53 | 5.46m<br>17' 11"                            | 10.56m<br>34' 8"                             | 1.89m<br>6' 2 <sup>1</sup> / <sub>4</sub>  | 9.04  | 3.75m<br>12' 3 <sup>1</sup> / <sub>2</sub>  | 3:17.53 |
|    | Team Points: 2                         |        | 703  | 473   | 519  | 705  | 737   | 549   | 503     |
| 8  | Ryan GUNTHER<br>Central Washington     | 3685   | 7.57 | 4.47m<br>14' 8"                             | 8.47m<br>27' 9 <sup>3</sup> / <sub>4</sub>   | 1.74m<br>5' 8 <sup>1</sup> / <sub>2</sub>  | 8.65  | 3.05m<br>10' 0"                             | 3:12.68 |
|    | Team Points: 1                         |        | 690  | 285   | 394  | 577  | 825   | 369   | 545     |
| 9  | Brandon BOWEN<br>Concordia (Ore.)      | 3316   | 7.60 | 6.09m<br>19' 11 <sup>3</sup> / <sub>4</sub> | 8.13m<br>26' 8 <sup>1</sup> / <sub>4</sub>   | 1.65m<br>5' 5"                             | 10.04 |   | 3:04.85 |
|    |  |        | 681  | 606   | 374  | 504  | 533   |   | 618     |

**#34 Women's Indoor Pentathlon**

| PI | Athlete                                | Points | 60m H | HJ  | SP   | LJ   | 800m    |
|----|--|--------|-------|---|--|--|---------|
| 1  | Karolin ANDERS<br>Alaska Anchorage     | 3711   | 9.28  | 1.62m<br>5' 3 <sup>3</sup> / <sub>4</sub> | 11.68m<br>38' 4"                           | 5.68m<br>18' 7 <sup>3</sup> / <sub>4</sub> | 2:28.87 |
|    | Team Points: 10                        |        | 852   | 759                                       | 640  | 753  | 707     |
| 2  | Rosie SMITH<br>Alaska Anchorage        | 3483   | 8.75  | 1.56m<br>5' 1 <sup>1</sup> / <sub>4</sub> | 9.38m<br>30' 9 <sup>1</sup> / <sub>2</sub> | 5.34m<br>17' 6 <sup>1</sup> / <sub>4</sub> | 2:30.36 |
|    | Team Points: 8                         |        | 963   | 689                                       | 489  | 654  | 688     |
| 3  | Maliea LUQUIN<br>Seattle Pacific       | 3468   | 8.79  | 1.47m<br>4' 9 <sup>3</sup> / <sub>4</sub> | 8.54m<br>28' 0 <sup>1</sup> / <sub>2</sub> | 5.65m<br>18' 6 <sup>1</sup> / <sub>2</sub> | 2:25.68 |
|    | Team Points: 6                         |        | 954   | 588                                       | 434  | 744  | 748     |
| 4  | Kaylie GRENINGER<br>Western Washington | 3098   | 10.21 | 1.47m<br>4' 9 <sup>3</sup> / <sub>4</sub> | 10.13m<br>33' 3"                           | 5.02m<br>16' 5 <sup>3</sup> / <sub>4</sub> | 2:26.73 |
|    | Team Points: 5                         |        | 673   | 588                                       | 538  | 565  | 734     |
| 5  | Ali ANDERSON<br>Central Washington     | 3073   | 9.84  | 1.38m<br>4' 6 <sup>1</sup> / <sub>4</sub> | 8.44m<br>27' 8 <sup>1</sup> / <sub>2</sub> | 5.21m<br>17' 1 <sup>1</sup> / <sub>4</sub> | 2:22.15 |
|    | Team Points: 4                         |        | 742   | 491                                       | 428  | 617  | 795     |

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**Snake River Timing**

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**RESULTS****#34 Women's Indoor Pentathlon (continued)**

| Pl | Athlete                             | Points | 60m H | HJ  | SP   | LJ  | 800m    |
|----|-------------------------------------|--------|-------|---|--|---|---------|
| 6  | Janessa DYK<br>Northwest Nazarene   | 3065   | 9.96  | 1.50m<br>4' 11"                           | 9.22m<br>30' 3 <sup>1</sup> / <sub>4</sub>   | 4.95m<br>16' 3"                             | 2:29.52 |
|    | Team Points: 3                      |        | 720   | 621                                       | 479  | 546   | 699     |
| 7  | Kawena WARREN<br>Northwest Nazarene | 3042   | 9.44  | 1.59m<br>5' 2 <sup>1</sup> / <sub>2</sub> | 10.96m<br>35' 11 <sup>3</sup> / <sub>4</sub> | 4.83m<br>15' 10 <sup>1</sup> / <sub>4</sub> | 2:57.13 |
|    | Team Points: 2                      |        | 820   | 724                                       | 592  | 514   | 392     |
| 8  | Lauren DUVAL<br>Northwest Nazarene  | 2885   | 9.43  | 1.56m<br>5' 1 <sup>1</sup> / <sub>4</sub> | 6.23m<br>20' 5 <sup>1</sup> / <sub>2</sub>   | 4.67m<br>15' 4"                             | 2:36.29 |
|    | Team Points: 1                      |        | 822   | 689                                       | 286  | 472   | 616     |
| 9  | Jade CRAWFORD<br>Seattle Pacific    | 2880   | 9.55  | 1.50m<br>4' 11"                           | 7.95m<br>26' 1 <sup>1</sup> / <sub>4</sub>   | 4.75m<br>15' 7"                             | 2:39.99 |
|    |                                     |        | 798   | 621                                       | 396  | 492   | 573     |
| 10 | Elana HAMPTON<br>Concordia (Ore.)   | 2752   | 9.50  | 1.41m<br>4' 7 <sup>1</sup> / <sub>2</sub> | 10.31m<br>33' 10 <sup>1</sup> / <sub>4</sub> | 4.73m<br>15' 6 <sup>1</sup> / <sub>4</sub>  | 2:57.95 |
|    |                                     |        | 808   | 523                                       | 550  | 487   | 384     |
| 11 | Kathryn CURTIS<br>Concordia (Ore.)  | 2499   | 10.59 | 1.38m<br>4' 6 <sup>1</sup> / <sub>4</sub> | 7.51m<br>24' 8"                              | 4.15m<br>13' 7 <sup>1</sup> / <sub>2</sub>  | 2:30.13 |
|    |                                     |        | 606   | 491                                       | 368  | 343   | 691     |
| 12 | Natalie LEGRAS<br>Western Oregon    | 2445   | 10.43 | 1.32m<br>4' 4"                            | 7.40m<br>24' 3 <sup>1</sup> / <sub>2</sub>   | 4.53m<br>14' 10 <sup>1</sup> / <sub>2</sub> | 2:38.97 |
|    |                                     |        | 634   | 429                                       | 361  | 436   | 585     |