

# GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS

Nampa, ID  
Ford Idaho Center Jacksons Track  
2/15/2019 - 2/16/2019



OFFICIAL MEET REPORT  
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## RESULTS

### Women's 60 Meters

#### Finals

PI Name	Team	Time	Pts
1 ALLEN, Macie	Concordia (Ore.)	7.58	10
2 IGBONAGWAM, Peace	Seattle Pacific	7.70	8
3 MEYER, Renick	Seattle Pacific	7.78	6
4 BRADLEY, Hannah	Western Washington	7.80	5
5 BOUYER, Jenna	Seattle Pacific	7.82	4
6 QUAYNOR, Meyer	Simon Fraser	7.84	3
7 STEPPER, Julia	Seattle Pacific	7.87	2
8 NICKELSON, Artresa	Saint Martin's	8.13	1

#### Prelims

PI Name	Team	Time	H(PI)
1 ALLEN, Macie	Concordia (Ore.)	7.63q	1(1)
2 BOUYER, Jenna	Seattle Pacific	7.69q	2(1)
3 MEYER, Renick	Seattle Pacific	7.73q	2(2)
4 STEPPER, Julia	Seattle Pacific	7.75q	1(2)
5 IGBONAGWAM, Peace	Seattle Pacific	7.81q	3(1)
6 BRADLEY, Hannah	Western Washington	7.84q	2(3)
7 QUAYNOR, Meyer	Simon Fraser	7.87q	3(2)
8 NICKELSON, Artresa	Saint Martin's	7.97q	3(3)
9 DOSS, Aujanique	Central Washington	8.03	1(3)
9 LINDSAY, Emily	Simon Fraser	8.03	2(4)
11 VONGSAVENG, Mariyah	Central Washington	8.04	3(4)
12 FARNER, Anna	Seattle Pacific	8.07	2(5)
13 MCLEAN, Kelsey	Western Washington	8.11	1(4)
14 YUEN, Camryn	Simon Fraser	8.20	1(5)
15 KENDRICK, Ariya	Saint Martin's	8.21	3(5)
16 VILLERS, Tommi	Concordia (Ore.)	8.22	2(6)
17 LEGRAS, Natalie	Western Oregon	8.26	2(7)
18 SEARS, Hailey	Western Oregon	8.33	3(6)
19 LEAVITT, Beth	Concordia (Ore.)	8.49	1(6)
20 TANDECKI, Taylor	Saint Martin's	8.51	1(7)

### Women's 200 Meters

#### Finals

PI Name	Team	Time	H(PI)	Pts
1 BLEY, Grace	Seattle Pacific	24.86	2(1)	10
2 BOUYER, Jenna	Seattle Pacific	24.91	1(1)	8
3 IGBONAGWAM, Peace	Seattle Pacific	25.00	2(2)	6
4 SMITH, Savannah	Western Washington	25.07	2(3)	5
5 ALLEN, Macie	Concordia (Ore.)	25.47	1(2)	4
6 WEST, Bryce	Simon Fraser	25.58	1(3)	3
7 WEEMS, Erykah	Central Washington	25.68	2(4)	2
MEYER, Renick	Seattle Pacific	DQ	1	

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### Prelims

Pl	Name	Team	Time	H(Pl)
1	IGBONAGWAM, Peace	Seattle Pacific	25.11q	6(1)
2	BLEY, Grace	Seattle Pacific	25.14q	2(1)
3	WEEMS, Erykah	Central Washington	25.29q	3(1)
4	SMITH, Savannah	Western Washington	25.33q	5(1)
5	BOUYER, Jenna	Seattle Pacific	25.46q	1(1)
6	MEYER, Renick	Seattle Pacific	25.48q	8(1)
7	ALLEN, Macie	Concordia (Ore.)	25.56q	6(2)
8	WEST, Bryce	Simon Fraser	25.68q	3(2)
9	LINDSAY, Emily	Simon Fraser	25.76	5(2)
10	STEPPER, Julia	Seattle Pacific	25.79	4(1)
11	HURLEY, Karlie	Concordia (Ore.)	25.92	1(2)
12	DOSS, Aujanique	Central Washington	25.93	7(1)
13	QUAYNOR, Meyer	Simon Fraser	26.04	4(2)
14	NICKELSON, Artresa	Saint Martin's	26.23	1(3)
14	VANZANT, Ronni	Concordia (Ore.)	26.23	2(2)
16	WILSON, Taryn	Western Oregon	26.26	5(3)
17	FARNER, Anna	Seattle Pacific	26.51	3(3)
18	MISI, Maddie	Concordia (Ore.)	26.54	6(3)
19	SEARS, Hailey	Western Oregon	26.75	4(3)
20	HAMRE, Grace	Saint Martin's	27.00	1(4)
21	BROOKS, Ashley	Concordia (Ore.)	27.10	7(2)
22	KENDRICK, Ariya	Saint Martin's	27.26	2(3)
23	PORTER, Breann	Northwest Nazarene	27.69	8(2)
24	JACKSON, Logan	Western Oregon	27.89	7(3)
25	VILLERS, Tommi	Concordia (Ore.)	28.13	6(4)
26	TANDECKI, Taylor	Saint Martin's	28.16	8(3)
27	LEAVITT, Beth	Concordia (Ore.)	28.31	5(4)
	BRADLEY, Hannah	Western Washington	FS	7
	VONGSAVENG, Mariyah	Central Washington	DNS	8

## Women's 400 Meters

### Finals

Pl	Name	Team	Time	H(Pl)	Pts
1	WEEMS, Erykah	Central Washington	56.24	2(1)	10
2	TRINIDAD, Sidney	Central Washington	56.99	2(2)	8
3	ANITEYE, Vanessa	Alaska Anchorage	57.07	2(3)	6
4	BLUSCHKE, Renate	Simon Fraser	57.13	2(4)	5
5	DODD, Sophie	Simon Fraser	57.14	1(1)	4
6	BLEY, Grace	Seattle Pacific	58.21	1(2)	3
7	BURKE, Grayson	Western Oregon	58.28	1(3)	2
8	SMITH, Savannah	Western Washington	1:01.71	1(4)	1

### Prelims

Pl	Name	Team	Time	H(Pl)
1	ANITEYE, Vanessa	Alaska Anchorage	56.62q	6(1)

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PI	Name	Team	Time	H(PI)
2	WEEMS, Erykah	Central Washington	57.00q	2(1)
3	BLUSCHKE, Renate	Simon Fraser	57.33q	1(1)
4	TRINIDAD, Sidney	Central Washington	57.55q	4(1)
5	DODD, Sophie	Simon Fraser	57.77q	5(1)
6	BLEY, Grace	Seattle Pacific	58.03q	5(2)
7	SMITH, Savannah	Western Washington	58.05q	3(1)
8	BURKE, Grayson	Western Oregon	58.14q	6(2)
9	WEST, Bryce	Simon Fraser	58.38	5(3)
10	ALTAMIRANO, Bethanie	Western Oregon	58.61	3(2)
11	TROESCHER, Rebecca	Seattle Pacific	58.85	6(3)
12	HURLEY, Karlie	Concordia (Ore.)	59.25	2(2)
13	LINDSAY, Nicole	Simon Fraser	59.67	4(2)
14	MISI, Maddie	Concordia (Ore.)	1:00.34	1(2)
14	OMAR, Shakila	Western Washington	1:00.34	3(3)
16	BLAND, Emily	Central Washington	1:00.84	1(3)
17	ALSTON, D'Rhema	Alaska Anchorage	1:01.04	2(3)
18	SOLADEY, Sarra	Western Oregon	1:01.10	4(3)
19	NISKANEN, Nicole	Western Oregon	1:03.01	5(4)
20	CONLEY, MaKenna	Northwest Nazarene	1:03.02	6(4)

## Women's 800 Meters

### Finals

PI	Name	Team	Time	Pts
1	TOWNSEND, Addy	Simon Fraser	2:10.12	10
2	WOODS, Olivia	Western Oregon	2:10.13	8
3	NOCK, Paige	Simon Fraser	2:16.09	6
4	SHIELDS-BROWN, Mairin	Simon Fraser	2:16.24	5
5	NISLY, Heidi	Northwest Nazarene	2:18.30	4
6	KONRAD, Shawnee	Western Washington	2:19.28	3
7	ROXBY, Megan	Simon Fraser	2:19.70	2
8	DODD, Sophie	Simon Fraser	2:30.74	1

### Prelims

PI	Name	Team	Time	H(PI)
1	TOWNSEND, Addy	Simon Fraser	2:14.55Q	1(1)
2	NOCK, Paige	Simon Fraser	2:14.78Q	1(2)
3	SHIELDS-BROWN, Mairin	Simon Fraser	2:15.04q	1(3)
4	ROXBY, Megan	Simon Fraser	2:16.58q	1(4)
5	KONRAD, Shawnee	Western Washington	2:17.95q	1(5)
6	NISLY, Heidi	Northwest Nazarene	2:18.42q	1(6)
7	WOODS, Olivia	Western Oregon	2:18.72Q	2(1)
8	CHILTON, Emily	Simon Fraser	2:18.84	1(7)
9	DODD, Sophie	Simon Fraser	2:19.04Q	2(2)
10	KLASSEN, Adrianna	Simon Fraser	2:20.09	2(3)
11	KAUFMAN, Krystal	Seattle Pacific	2:20.32	2(4)

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### Prelims

Pl	Name	Team	Time	H(Pl)
12	DURBIN, Sierra	MSU-Billings	2:25.63	2(5)
13	STOPPEL, Kailee	MSU-Billings	2:28.75	2(6)
	LINDSAY, Nicole	Simon Fraser	DNS	2

## Women's 1 Mile Run

Pl	Name	Team	Time	Pts
1	KURGAT, Caroline	Alaska Anchorage	4:47.86	10
2	LILLY, Kate	Seattle Pacific	4:57.85	8
3	MITCHELL, Kaylee	Seattle Pacific	5:05.84	6
4	TYRRELL, Lily	Central Washington	5:11.03	5
5	MCCORMICK, Danielle	Alaska Anchorage	5:11.31	4
6	TOWNSEND, Addy	Simon Fraser	5:11.68	3
7	WASHENBERGER, Kelsey	Seattle Pacific	5:13.66	2
8	LEHMAN, Rebecca	Western Washington	5:14.48	1
9	CVANCARA, Ruth	Alaska Anchorage	5:20.29	
10	MCGRAW, Amber	Seattle Pacific	5:20.36	
11	HAMILTON, Annalisa	Northwest Nazarene	5:22.58	
12	ROXBY, Megan	Simon Fraser	5:23.31	
13	KNAPP, Grace	Western Oregon	5:24.36	
14	NOCK, Paige	Simon Fraser	5:33.94	
15	ZIMMERDAHL, Kendra	Western Oregon	5:55.05	

## Women's 3000 Meters

Pl	Name	Team	Time	H(Pl)	Pts
1	KURGAT, Caroline	Alaska Anchorage	9:54.40	2(1)	10
2	SHINDRUK, Alexa	Central Washington	10:00.38	2(2)	8
3	JEPTOO, Nancy	Alaska Anchorage	10:06.11	2(3)	6
4	LILLY, Kate	Seattle Pacific	10:11.12	2(4)	5
5	MITCHELL, Kaylee	Seattle Pacific	10:15.41	2(5)	4
6	RIBEIRO, Chelsea	Simon Fraser	10:19.88	2(6)	3
7	WASHENBERGER, Kelsey	Seattle Pacific	10:25.41	2(7)	2
8	GALVEZ, Sophia	Western Washington	10:34.08	2(8)	1
9	MATTSON, Molly	Central Washington	10:38.20	1(1)	
10	WILLETT, Olivia	Simon Fraser	10:40.59	2(9)	
11	DANNER, Bethany	Northwest Nazarene	10:41.06	2(10)	
12	CANTU, Kaylin	Western Oregon	10:41.16	1(2)	
13	MCNERNEY, Sedona	Seattle Pacific	10:50.34	1(3)	
14	AIKEN, Nikki	MSU-Billings	10:53.45	1(4)	
15	TYRRELL, Lily	Central Washington	10:55.40	1(5)	
16	MORRIS, Amy	Simon Fraser	10:58.52	1(6)	
17	BURROUGHS, Riley	Alaska Anchorage	11:01.70	1(7)	
18	GANNON, Grace	Alaska Anchorage	11:06.58	1(8)	
19	MANZER, Sierra	Northwest Nazarene	11:13.74	1(9)	
20	HOBSON, Gabby	Concordia (Ore.)	11:21.13	1(10)	
21	HAMMONS, Emily	Northwest Nazarene	11:30.15	1(11)	

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PI	Name	Team	Time	H(PI)	Pts
22	HIMELBLOOM, Arielle	Alaska Anchorage	12:23.90	1(12)	
	COSCIA, Kimberly	Alaska Anchorage	DNS	1	
	CRONIN, Theresa	Alaska Anchorage	DNS	1	
	CHARLTON, Calli	Simon Fraser	DNS	1	

## Women's 5000 Meters

PI	Name	Team	Time	Pts
1	JEPTOO, Nancy	Alaska Anchorage	17:48.46	10
2	GALVEZ, Sophia	Western Washington	18:15.80	8
3	WILLETT, Olivia	Simon Fraser	18:21.58	6
4	WALTER, Katherine	Seattle Pacific	18:33.47	5
5	MATTSON, Molly	Central Washington	18:42.01	4
6	MORRIS, Amy	Simon Fraser	18:47.67	3
7	MCNERNEY, Sedona	Seattle Pacific	18:53.07	2
8	GANNON, Grace	Alaska Anchorage	18:57.59	1
9	MCKINNEY, Cassie	Western Oregon	19:16.67	
10	BURROUGHES, Riley	Alaska Anchorage	19:21.81	
11	AIKEN, Nikki	MSU-Billings	19:22.24	
12	CHARLTON, Calli	Simon Fraser	19:54.76	

## Women's 60m Hurdles

### Finals

PI	Name	Team	Time	Pts
1	TUBBS, Lexi	Northwest Nazarene	8.63	10
2	WEEMS, Erykah	Central Washington	8.74	8
3	MEYER, Renick	Seattle Pacific	8.80	6
4	TRINIDAD, Sidney	Central Washington	8.86	5
5	STEPHENS, Chase	Concordia (Ore.)	9.03	4
6	CANO, Elena	Alaska Anchorage	9.05	3
7	KENDRICK, Ariya	Saint Martin's	9.25	2
8	ORTEGA, HarLee	Central Washington	9.59	1

### Prelims

PI	Name	Team	Time	H(PI)
1	TUBBS, Lexi	Northwest Nazarene	8.82q	3(1)
2	MEYER, Renick	Seattle Pacific	8.83q	2(1)
3	WEEMS, Erykah	Central Washington	8.91q	2(2)
4	STEPHENS, Chase	Concordia (Ore.)	8.94q	3(2)
5	TRINIDAD, Sidney	Central Washington	9.14q	1(1)
6	KENDRICK, Ariya	Saint Martin's	9.16q	2(3)
7	CANO, Elena	Alaska Anchorage	9.23q	3(3)
8	ORTEGA, HarLee	Central Washington	9.27q	1(2)
9	MIRAN, Ally	Northwest Nazarene	9.30	3(4)
10	BLAND, Emily	Central Washington	9.38	2(4)
11	POPCHOCK, Anna	Western Oregon	9.40	1(3)
12	KIBBEE, Leanne	Western Washington	9.51	1(4)

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## Women's 60m Hurdles (cont'd)

### Prelims

PI	Name	Team	Time	H(PI)
13	BROOKS, Ashley	Concordia (Ore.)	9.60	3(5)
14	WILSON, Darian	Western Oregon	9.61	3(6)
15	CONKLIN, Katie	Northwest Nazarene	9.62	2(5)
16	DITTER, Kaitlyn	Central Washington	9.64	2(6)
17	YONKMAN, Michaela	Western Oregon	9.71	1(5)
17	LEGRAS, Natalie	Western Oregon	9.71	2(7)
19	VONGSAVENG, Mariyah	Central Washington	9.73	1(6)
19	DEPEW, Anna	Northwest Nazarene	9.73	3(7)
21	KIRBY, Kate	Alaska Anchorage	9.95	1(7)
22	HAMILTON, Rachelle	Central Washington	10.57	3(8)

## Women's 4 x 400m Relay

PI	Team	Time	H(PI)	Pts
1	Simon Fraser (A) 1) WEST, Bryce 2) DODD, Sophie 3) TOWNSEND, Addy 4) BLUSCHKE, Renate	3:49.99	2(1)	10
2	Central Washington (A) 1) TRINIDAD, Sidney 2) NERIA, Jasmyne 3) ORTEGA, HarLee 4) WEEMS, Erykah	3:50.41	2(2)	8
3	Western Oregon (A) 1) BURKE, Grayson 2) ALTAMIRANO, Bethanie 3) WILSON, Taryn 4) WOODS, Olivia	3:54.61	2(3)	6
4	Alaska Anchorage (A) 1) ANITEYE, Vanessa 2) CANO, Elena 3) CVANCARA, Ruth 4) RIES, Marie	3:55.88	2(4)	5
5	Seattle Pacific (A) 1) TROESCHER, Rebecca 2) BOUYER, Jenna 3) IGBONAGWAM, Peace 4) BLEY, Grace	3:56.16	2(5)	4
6	Concordia (Ore.) (A) 1) HURLEY, Karlie 2) BONE, Chelsea 3) MISI, Maddie 4) VANZANT, Ronni	3:58.99	2(6)	3
7	Western Washington (A) 1) FOOS, Isabella 2) SMITH, Savannah 3) SHULMAN, Mirannda 4) KOGER, Aundrea	4:07.41	1(1)	2
8	Northwest Nazarene (A) 1) PORTER, Breann 2) MIRAN, Ally 3) NISLY, Heidi 4) CONLEY, MaKenna	4:08.85	1(2)	1
9	Saint Martin's (A) 1) HAMRE, Grace 2) TANDECKI, Taylor 3) KENDRICK, Ariya 4) NICKELSON, Artresa	4:12.23	1(3)	

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**RESULTS****Women's 4000m DMR**

Pl	Team		Time	Pts
1	Alaska Anchorage (A)		11:23.47	10
	1) CVANCARA, Ruth	2) ANITEYE, Vanessa		
	3) MCCORMICK, Danielle	4) KURGAT, Caroline		
2	Seattle Pacific (A)		12:01.45	8
	1) LILLY, Kate	2) TROESCHER, Rebecca		
	3) MITCHELL, Kaylee	4) WASHENBERGER, Kelsey		
3	Simon Fraser (A)		12:12.95	6
	1) NOCK, Paige	2) BLUSCHKE, Renate		
	3) DODD, Sophie	4) TOWNSEND, Addy		
4	Central Washington (A)		12:14.35	5
	1) CHILD, Madison	2) NERIA, Jasmyne		
	3) TYRRELL, Lily	4) SHINDRUK, Alexa		
5	Western Washington (A)		12:22.87	4
	1) LEHMAN, Rebecca	2) FOOS, Isabella		
	3) KONRAD, Shawnee	4) KOGER, Aundrea		
6	Northwest Nazarene (A)		12:49.61	3
	1) HAMILTON, Annalisa	2) EARNEST, Sage		
	3) NISLY, Heidi	4) DANNER, Bethany		
7	Western Oregon (A)		12:57.24	2
	1) SOLOMON, Shayla	2) ALTAMIRANO, Bethanie		
	3) ZIMMERDAHL, Kendra	4) KNAPP, Grace		
8	Concordia (Ore.) (A)		13:09.43	1
	1) RICHARDSON, Dalen	2) BROOKS, Ashley		
	3) BAILLY, Kaitlyn	4) PEDERSON, Nicole		

**Women's High Jump**

Pl	Name	Team	Mark	1.49	1.54	1.59	1.64	1.69	1.74	Pts
1	TAYLOR, Maddie	Western Washingto	1.69m 5' 6½"	PPP	PPP	PPP	O	O	XXX	10
2	FARETTA, Heather	Western Washingto	1.64m 5' 4½"	PPP	XO	XXO	XO	XXX		8
3	ORTEGA, HarLee	Central Washingto	1.64m 5' 4½"	PPP	O	XXO	XXO	XXX		6
4	CONKLIN, Katie	Northwest Nazare	1.59m 5' 2½"	PPP	XO	O	XXX			5
5	CAI, Scout	Seattle Pacific	1.59m 5' 2½"	PPP	O	XO	XXX			3.5
5	LEHNERT, Geneva	Seattle Pacific	1.59m 5' 2½"	PPP	O	XO	XXX			3.5
7	HAMILTON, Rachelle	Central Washingto	1.59m 5' 2½"	O	O	XXO	XXX			2
8	DAWKINS, Aliyah	Western Washingto	1.59m 5' 2½"	PPP	XO	XXO	XXX			1
9	VONBRETHORST, Madison	Northwest Nazare	1.59m 5' 2½"	O	XXO	XXO	XXX			
10	OCHOA, Yareli	Central Washingto	1.54m 5' 0½"	XXO	O	XXX				
11	DITTER, Kaitlyn	Central Washingto	1.54m 5' 0½"	O	XO	XXX				
11	MEADOWS, Shaddia	Central Washingto	1.54m 5' 0½"	PPP	XO	XXX				
13	VEST, Ashley	Saint Martin's	1.54m 5' 0½"	XO	XO	XXX				
14	STEPHENS, Chase	Concordia (Ore.)	1.54m 5' 0½"	XO	XXO	XXX				
15	RETTET, Sarah	Western Washingto	1.49m 4' 10½"	O	XXX					
16	FORTUNE, Erin	Simon Fraser	1.49m 4' 10½"	XO	XXX					



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### Women's High Jump (cont'd)

16 COLLINS, Katie	Central Washingto	1.49m 4' 10 <sup>1</sup> / <sub>2</sub> "	XO	XXX
TUBBS, Lexi	Northwest Nazare	NH	XXX	
APO, Cassidy	Saint Martin's	NH	XXX	
POTT, Tiffany	Saint Martin's	NH	XXX	

### Women's Pole Vault

Pl	Name	Team	Mark	2.99	3.14	3.29	3.44	3.59	3.74	3.89	4.04	Pts
1	PARADEE, Anna	Western Washingto	3.89m 12' 9"	PPP	PPP	PPP	PPP	XO	O	O	XXX	10
2	IRVINE, Halle	Central Washingto	3.89m 12' 9"	PPP	PPP	PPP	PPP	XO	O	XXO	XXX	8
3	CAI, Scout	Seattle Pacific	3.59m 11' 9 <sup>1</sup> / <sub>4</sub> "	PPP	PPP	PPP	XO	O	XXX			6
4	ROBERTS, Rachael	Western Washingto	3.44m 11' 3 <sup>1</sup> / <sub>2</sub> "	PPP	PPP	O	O	XXX				5
5	LICARI, Madison	Seattle Pacific	3.44m 11' 3 <sup>1</sup> / <sub>2</sub> "	PPP	O	O	XXO	XXX				4
6	OLQUIANO, Jewels	Western Washingto	3.44m 11' 3 <sup>1</sup> / <sub>2</sub> "	PPP	XXO	XO	XXO	XXX				3
7	PERRY, Lexi	Western Washingto	3.29m 10' 9 <sup>1</sup> / <sub>2</sub> "	PPP	O	XO	XXX					1
7	GWIN, Kourtney	Northwest Nazare	3.29m 10' 9 <sup>1</sup> / <sub>2</sub> "	PPP	O	XO	XXX					1
7	LAMBERT, Emma	Seattle Pacific	3.29m 10' 9 <sup>1</sup> / <sub>2</sub> "	O	O	XO	XXX					1
10	BLANKENSHIP, Tawni	Central Washingto	3.29m 10' 9 <sup>1</sup> / <sub>2</sub> "	O	XO	XO	XXX					
11	WYATT, Kayla	Central Washingto	3.29m 10' 9 <sup>1</sup> / <sub>2</sub> "	XO	XXO	XO	XXX					
12	ANDERSEN, Amanda	Western Washingto	3.14m 10' 3 <sup>1</sup> / <sub>2</sub> "	PPP	O	XXX						
13	EISWALD, Erin	Central Washingto	3.14m 10' 3 <sup>1</sup> / <sub>2</sub> "	O	XO	XXX						
13	GRAHAM, Cierra	Western Washingto	3.14m 10' 3 <sup>1</sup> / <sub>2</sub> "	O	XO	XXX						
15	DODSON, Hannah	Western Washingto	3.14m 10' 3 <sup>1</sup> / <sub>2</sub> "	PPP	XXO	XXX						
16	PARADIS, Sophie	Western Washingto	2.99m 9' 9 <sup>3</sup> / <sub>4</sub> "	XO	XXX							
17	CABRERA, Brianna	Saint Martin's	2.99m 9' 9 <sup>3</sup> / <sub>4</sub> "	XXO	XXX							
17	ELLIS, Sarah	Western Washingto	2.99m 9' 9 <sup>3</sup> / <sub>4</sub> "	XXO	XXX							

### Women's Long Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	IGBONAGWAM, Peace	Seattle Pacific	5.98m 19' 7 <sup>1</sup> / <sub>2</sub> "	5.63 (+0.0)	5.66 (+0.0)	5.69 (+0.0)	5.67 (+0.0)	5.98 (+0.0)	5.79 (+0.0)	2(1)	10
2	MEYER, Renick	Seattle Pacific	5.78m 18' 11 <sup>3</sup> / <sub>4</sub> "	5.61 (+0.0)	5.75 (+0.0)	5.72 (+0.0)	FOUL	5.78 (+0.0)	FOUL	2(2)	8
3	JOHNSON, Chrisalyn	Alaska Anchorage	5.68m 18' 7 <sup>3</sup> / <sub>4</sub> "	5.21 (+0.0)	5.68 (+0.0)	5.50 (+0.0)	5.46 (+0.0)	5.60 (+0.0)	FOUL	2(3)	6
4	WILLIAMS, Brooke	Central Washingto	5.61m 18' 5"	5.40 (+0.0)	FOUL	5.41 (+0.0)	5.36 (+0.0)	5.46 (+0.0)	5.61 (+0.0)	2(4)	5
5	ROMAIN, Keshara	Saint Martin's	5.59m 18' 4 <sup>1</sup> / <sub>4</sub> "	4.88 (+0.0)	FOUL	5.30 (+0.0)	5.33 (+0.0)	5.28 (+0.0)	5.59 (+0.0)	2(5)	4
6	ORTEGA, HarLee	Central Washingto	5.57m 18' 3 <sup>1</sup> / <sub>4</sub> "	5.57 (+0.0)	FOUL	FOUL	FOUL	FOUL	FOUL	2(6)	3
7	WALTS, Rose	Central Washingto	5.48m 17' 11 <sup>3</sup> / <sub>4</sub> "	5.46 (+0.0)	5.09 (+0.0)	5.26 (+0.0)	FOUL	5.01 (+0.0)	5.48 (+0.0)	2(7)	2
8	IRVINE, Halle	Central Washingto	5.39m 17' 8 <sup>1</sup> / <sub>4</sub> "	FOUL	5.39 (+0.0)	FOUL	FOUL	5.39 (+0.0)	FOUL	2(8)	1
9	STEPHENS, Chase	Concordia (Ore.)	5.36m 17' 7"	5.25 (+0.0)	5.36 (+0.0)	5.18 (+0.0)	5.33 (+0.0)	5.15 (+0.0)	FOUL	2(9)	
10	MAY, Kellie	Seattle Pacific	5.13m 16' 10"	FOUL	5.13 (+0.0)	FOUL				2(10)	
11	OCHOA, Yareli	Central Washingto	5.11m 16' 9 <sup>1</sup> / <sub>4</sub> "	4.83 (+0.0)	5.11 (+0.0)	4.94 (+0.0)				1(1)	
12	OLSON, Devon	Western Washingto	5.06m 16' 7 <sup>1</sup> / <sub>4</sub> "	5.05 (+0.0)	5.04 (+0.0)	5.06 (+0.0)				1(2)	
13	VANZANT, Ronni	Concordia (Ore.)	5.06m 16' 7 <sup>1</sup> / <sub>4</sub> "	4.66 (+0.0)	5.00 (+0.0)	5.06 (+0.0)				1(2)	
14	TRINIDAD, Sidney	Central Washingto	5.04m 16' 6 <sup>1</sup> / <sub>2</sub> "	4.83 (+0.0)	5.04 (+0.0)	4.93 (+0.0)				1(4)	
15	DEPEW, Anna	Northwest Nazare	5.01m 16' 5 <sup>1</sup> / <sub>4</sub> "	5.01 (+0.0)	4.89 (+0.0)	4.89 (+0.0)				2(11)	
16	DAWKINS, Aliyah	Western Washingto	4.95m 16' 3"	4.81 (+0.0)	4.78 (+0.0)	4.95 (+0.0)				1(5)	
17	BERRY, Lauren	Western Oregon	4.80m 15' 9"	4.80 (+0.0)	FOUL	4.75 (+0.0)				1(6)	
18	SANFORD, Jamie	Western Washingto	4.79m 15' 8 <sup>3</sup> / <sub>4</sub> "	4.79 (+0.0)	4.79 (+0.0)	FOUL				1(7)	
19	FORTUNE, Erin	Simon Fraser	4.66m 15' 3 <sup>1</sup> / <sub>2</sub> "	4.41 (+0.0)	4.66 (+0.0)	4.49 (+0.0)				1(8)	



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### Women's Long Jump (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
20	HAMILTON, Rachelle	Central Washingto	4.54m 14' 10 <sup>3</sup> / <sub>4</sub>	4.41 (+0.0)	FOUL	4.54 (+0.0)				1(9)	
	MARTIN, Kailey	Saint Martin's	NM							1	
	WILSON, Darian	Western Oregon	NM	FOUL	FOUL	FOUL				1	
	KIBBEE, Leanne	Western Washingto	NM	FOUL	FOUL	FOUL				1	
	BONE, Chelsea	Concordia (Ore.)	NM	FOUL	FOUL	PASS				2	

### Women's Triple Jump

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	ORTEGA, HarLee	Central Washingto	11.98m 39' 3 <sup>3</sup> / <sub>4</sub>	11.41 (+0.0)	FOUL	11.50 (+0.0)	FOUL	FOUL	11.98 (+0.0)	2(1)	10
2	JOHNSON, Chrisalyn	Alaska Anchorage	11.96m 39' 3"	11.96 (+0.0)	11.42 (+0.0)	FOUL	11.93 (+0.0)	11.77 (+0.0)	FOUL	1(1)	7
2	WILLIAMS, Brooke	Central Washingto	11.96m 39' 3"	FOUL	11.96 (+0.0)	FOUL	11.51 (+0.0)	FOUL	FOUL	2(2)	7
4	ROMAIN, Keshara	Saint Martin's	11.78m 38' 7 <sup>3</sup> / <sub>4</sub>	FOUL	11.78 (+0.0)	FOUL	FOUL	11.44 (+0.0)	FOUL	2(3)	5
5	MAHOWALD, Jackie	Northwest Nazare	11.74m 38' 6 <sup>1</sup> / <sub>4</sub>	11.38 (+0.0)	FOUL	11.43 (+0.0)	11.34 (+0.0)	FOUL	11.74 (+0.0)	2(4)	4
6	MAY, Kellie	Seattle Pacific	11.59m 38' 0 <sup>1</sup> / <sub>4</sub>	FOUL	11.59 (+0.0)	11.56 (+0.0)	FOUL	FOUL	FOUL	2(5)	3
7	IGBONAGWAM, Peace	Seattle Pacific	11.47m 37' 7 <sup>3</sup> / <sub>4</sub>	11.29 (+0.0)	11.42 (+0.0)	11.31 (+0.0)	11.47 (+0.0)	FOUL	FOUL	2(6)	2
8	WALTS, Rose	Central Washingto	11.46m 37' 7 <sup>1</sup> / <sub>4</sub>	11.07 (+0.0)	10.99 (+0.0)	FOUL	FOUL	10.89 (+0.0)	11.46 (+0.0)	1(2)	1
9	STEPHENS, Chase	Concordia (Ore.)	11.22m 36' 9 <sup>3</sup> / <sub>4</sub>	11.07 (+0.0)	11.22 (+0.0)	FOUL	PASS	PASS	PASS	2(7)	
10	POPCHOCK, Anna	Western Oregon	10.77m 35' 4"	10.67 (+0.0)	10.77 (+0.0)	10.75 (+0.0)				2(8)	
11	OLSON, Devon	Western Washingto	10.73m 35' 2 <sup>1</sup> / <sub>2</sub>	10.48 (+0.0)	10.63 (+0.0)	10.73 (+0.0)				1(3)	
12	CONKLIN, Katie	Northwest Nazare	10.49m 34' 5"	FOUL	10.49 (+0.0)	FOUL				2(9)	
13	HECKATHORN, Katie	Northwest Nazare	10.42m 34' 2 <sup>1</sup> / <sub>4</sub>	10.00 (+0.0)	10.42 (+0.0)	9.99 (+0.0)				1(4)	
14	HUTTON-KING, Dakota	Northwest Nazare	10.32m 33' 10 <sup>1</sup> / <sub>4</sub>	10.08 (+0.0)	9.97 (+0.0)	10.32 (+0.0)				1(5)	
15	SANFORD, Jamie	Western Washingto	10.21m 33' 6"	9.34 (+0.0)	10.21 (+0.0)	10.18 (+0.0)				1(6)	
16	WILSON, Darian	Western Oregon	10.16m 33' 4"	FOUL	10.16 (+0.0)	9.81 (+0.0)				1(7)	
17	KIBBEE, Leanne	Western Washingto	9.85m 32' 3 <sup>3</sup> / <sub>4</sub>	FOUL	9.85 (+0.0)	9.63 (+0.0)				1(8)	
	VONBRETHORST, Madison	Northwest Nazare	NM	NM	NM	NM				1	

### Women's Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	LA RUE, Samantha	Central Washingto	12.92m 42' 4 <sup>3</sup> / <sub>4</sub>	12.92	12.74	12.74	12.23	12.32	12.09	2(1)	10
2	TENSLEY, Joselynn	Concordia (Ore.)	12.15m 39' 10 <sup>1</sup> / <sub>2</sub>	11.64	12.15	NM	NM	NM	NM	2(2)	8
3	EDDY, Chanelle	Western Washingto	11.91m 39' 1"	10.09	11.91	11.09	11.25	NM	10.96	2(3)	6
4	MCFADDEN, Maya	Western Washingto	11.84m 38' 10 <sup>1</sup> / <sub>4</sub>	11.03	11.36	11.69	10.83	11.84	NM	2(4)	5
5	DODGE, Brittany	Central Washingto	11.79m 38' 8 <sup>1</sup> / <sub>4</sub>	10.78	11.61	11.73	11.21	11.78	11.79	1(1)	4
6	STRINGARI, Taylor	MSU-Billings	11.68m 38' 4"	11.59	11.29	11.54	11.67	11.68	11.63	1(2)	3
7	FISK, Avery	Central Washingto	11.66m 38' 3 <sup>1</sup> / <sub>4</sub>	11.27	NM	11.59	NM	11.41	11.66	2(5)	2
8	SPRAGUE, Kori	Concordia (Ore.)	11.58m 38' 0"	NM	11.27	11.21	11.58	NM	11.33	2(6)	1
9	GIANOTTI, Moana	Western Oregon	11.44m 37' 6 <sup>1</sup> / <sub>2</sub>	11.28	10.95	NM	NM	NM	11.44	2(7)	
10	STEINBEISSER, Hailey	MSU-Billings	11.18m 36' 8 <sup>1</sup> / <sub>4</sub>	11.18	NM	10.77				2(8)	
11	NESSAN, Hannah	MSU-Billings	11.03m 36' 2 <sup>1</sup> / <sub>4</sub>	10.35	10.93	11.03				1(3)	
12	KORFF, Halie	Western Oregon	10.77m 35' 4"	10.77	10.63	10.19				1(4)	
13	WILLENBROCK, Kendal	Northwest Nazare	10.51m 34' 5 <sup>3</sup> / <sub>4</sub>	10.51	9.67	NM				1(5)	
14	GRONBACH, Mariah	Western Oregon	10.44m 34' 3"	9.75	10.44	9.91				1(6)	
15	MOELLER, Katerina	Northwest Nazare	10.39m 34' 1 <sup>1</sup> / <sub>4</sub>	9.57	NM	10.39				1(7)	
16	ORTEGA, HarLee	Central Washingto	10.05m 32' 11 <sup>3</sup> / <sub>4</sub>	10.05	9.60	NM				2(9)	

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## RESULTS

### Women's Weight Throw

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1	SPRAGUE, Kori	Concordia (Ore.)	16.62m 54' 6 1/2"	FOUL	16.26	16.62	FOUL	15.59	FOUL	2(1)	10
2	GRONBACH, Mariah	Western Oregon	15.93m 52' 3 1/4"	14.11	FOUL	14.09	14.34	15.93	14.29	2(2)	8
3	LA RUE, Samantha	Central Washingto	15.71m 51' 6 1/2"	15.18	14.70	FOUL	13.97	15.71	15.70	2(3)	6
4	LARSON, Liz	Saint Martin's	15.04m 49' 4 1/4"	15.03	FOUL	15.04	FOUL	13.41	14.82	2(4)	5
5	SMALLBECK, Meagan	Central Washingto	14.81m 48' 7 1/4"	FOUL	14.05	14.00	FOUL	14.54	14.81	2(5)	4
6	GIANOTTI, Moana	Western Oregon	14.74m 48' 4 1/2"	FOUL	14.33	14.43	14.74	14.73	14.53	2(6)	3
7	TENSLEY, Joselynn	Concordia (Ore.)	14.45m 47' 5"	12.54	14.45	13.80	FOUL	FOUL	FOUL	2(7)	2
8	DODGE, Brittany	Central Washingto	14.02m 46' 0"	12.77	14.02	FOUL	13.33	13.49	FOUL	1(1)	1
9	STEINBEISSER, Hailey	MSU-Billings	14.00m 45' 11 1/4"	13.99	13.55	13.05	14.00	FOUL	13.10	2(8)	
10	JONES, Mariah	Central Washingto	13.90m 45' 7 1/4"	13.09	13.90	12.85				1(2)	
11	KORFF, Halie	Western Oregon	13.17m 43' 2 1/2"	12.81	13.17	13.10				1(3)	
12	HAGADORN, Miranda	Northwest Nazare	13.01m 42' 8 1/4"	13.01	12.57	12.64				1(4)	
13	NESSAN, Hannah	MSU-Billings	12.95m 42' 6"	12.21	12.95	12.78				2(9)	
14	STRINGARI, Taylor	MSU-Billings	12.92m 42' 4 3/4"	11.60	11.93	12.92				1(5)	
15	WILLENBROCK, Kendal	Northwest Nazare	12.69m 41' 7 3/4"	12.01	11.98	12.69				1(6)	
16	EDDY, Chanelle	Western Washingto	12.29m 40' 4"	12.11	12.29	12.09				1(7)	
17	NOBBS, Nicole	Northwest Nazare	11.94m 39' 2 1/4"	11.93	11.94	11.73				1(8)	
18	MOELLER, Katerina	Northwest Nazare	10.25m 33' 7 1/2"	9.26	10.25	FOUL				1(9)	

### #34 Women's Indoor Pentathlon

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
1	CAI, Scout Seattle Pacific	3815	9.15	1.69m 5' 6 1/2"	11.39m 37' 4 1/2"	5.39m 17' 8 1/4"	2:21.38
	Team Points: 10		879	842	621	668	805
2	ORTEGA, HarLee Central Washington	3664	9.16	1.60m 5' 3"	11.05m 36' 3"	5.36m 17' 7"	2:22.30
	Team Points: 8		877	736	598	660	793
3	BONE, Chelsea Concordia (Ore.)	3607	9.51	1.66m 5' 5 1/4"	10.86m 35' 7 3/4"	5.42m 17' 9 1/2"	2:26.93
	Team Points: 6		806	806	586	677	732
4	TRINIDAD, Sidney Central Washington	3334	8.94	1.48m 4' 10 1/4"	7.69m 25' 2 3/4"	5.04m 16' 6 1/2"	2:17.06
	Team Points: 5		922	599	379	570	864
5	MAY, Kellie Seattle Pacific	3246	9.50	1.45m 4' 9"	10.77m 35' 4"	5.41m 17' 9"	2:36.14
	Team Points: 4		808	566	580	674	618
6	CANO, Elena Alaska Anchorage	3229	9.15	1.51m 4' 11 1/2"	8.21m 26' 11 1/4"	5.21m 17' 1 1/4"	2:30.35
	Team Points: 3		879	632	413	617	688
7	JESCHKE, Yvonne Alaska Anchorage	3217	10.09	1.60m 5' 3"	8.03m 26' 4 1/4"	5.00m 16' 5"	2:19.79
	Team Points: 2		695	736	401	559	826
8	COLLINS, Katie Central Washington	2995	9.92	1.51m 4' 11 1/2"	9.29m 30' 5 3/4"	4.38m 14' 4 1/2"	2:25.11
	Team Points: 1		727	632	483	398	755

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# RESULTS

## #34 Women's Indoor Pentathlon (cont'd)

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
9	POTT, Tiffany Saint Martin's	2914	9.69	1.60m 5' 3"	9.01m 29' 6 <sup>3</sup> / <sub>4</sub>	4.77m 15' 7 <sup>3</sup> / <sub>4</sub>	2:51.92
			771	736	465	498	444
10	DAWKINS, Aliyah Western Washingto	2767	10.01	1.57m 5' 1 <sup>3</sup> / <sub>4</sub>	7.89m 25' 10 <sup>3</sup> / <sub>4</sub>	4.82m 15' 9 <sup>3</sup> / <sub>4</sub>	2:51.00
			710	701	392	511	453
11	VANZANT, Ronni Concordia (Ore.)	2744	10.08	1.45m 4' 9"	8.72m 28' 7 <sup>1</sup> / <sub>2</sub>	4.98m 16' 4 <sup>1</sup> / <sub>4</sub>	2:48.31
			697	566	446	554	481
12	KIRBY, Kate Alaska Anchorage	2588	9.93	1.33m 4' 4 <sup>1</sup> / <sub>4</sub>	7.04m 23' 1 <sup>1</sup> / <sub>4</sub>	4.67m 15' 4"	2:36.44
			725	439	338	472	614
13	MARTIN, Kailey Saint Martin's	DNF		NH	NM	NM	

## Women's Indoor Pentathlon 60m Hurdles

Pl	Name	Team	Time	H(Pl)	Pts
1	TRINIDAD, Sidney	Central Washington	8.94	1(1)	922
2	CAI, Scout	Seattle Pacific	9.15	1(2)	879
2	CANO, Elena	Alaska Anchorage	9.15	1(2)	879
4	ORTEGA, HarLee	Central Washington	9.16	1(4)	877
5	MAY, Kellie	Seattle Pacific	9.50	2(1)	808
6	BONE, Chelsea	Concordia (Ore.)	9.51	2(2)	806
7	POTT, Tiffany	Saint Martin's	9.69	3(1)	771
8	COLLINS, Katie	Central Washington	9.92	2(3)	727
9	KIRBY, Kate	Alaska Anchorage	9.93	2(4)	725
10	DAWKINS, Aliyah	Western Washington	10.01	3(2)	710
11	VANZANT, Ronni	Concordia (Ore.)	10.08	3(3)	697
12	JESCHKE, Yvonne	Alaska Anchorage	10.09	3(4)	695

## Women's Indoor Pentathlon After 1 Events

Pl	Athlete	Team	Points
1	TRINIDAD, Sidney	Central Washington	922
2	CAI, Scout	Seattle Pacific	879
2	CANO, Elena	Alaska Anchorage	879
4	ORTEGA, HarLee	Central Washington	877
5	MAY, Kellie	Seattle Pacific	808
6	BONE, Chelsea	Concordia (Ore.)	806
7	POTT, Tiffany	Saint Martin's	771
8	COLLINS, Katie	Central Washington	727
9	KIRBY, Kate	Alaska Anchorage	725
10	DAWKINS, Aliyah	Western Washington	710
11	VANZANT, Ronni	Concordia (Ore.)	697
12	JESCHKE, Yvonne	Alaska Anchorage	695

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### Women's Indoor Pentathlon High Jump

Pl	Name	Team	Mark	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	Pts
1	CAI, Scout	Seattle Pacific	1.69m 5' 6 1/2"	PPP	PPP	O	PPP	O	O	O	XO	XXO	XXX	842
2	BONE, Chelsea	Concordia (Ore.)	1.66m 5' 5 1/4"	O	PPP	XO	O	XXO	XO	O	XO	XXX		806
3	ORTEGA, HarLee	Central Washingto	1.60m 5' 3"	PPP	PPP	XO	O	PPP	XO	XXX				736
4	POTT, Tiffany	Saint Martin's	1.60m 5' 3"	O	O	O	XO	O	XXO	XXX				736
5	JESCHKE, Yvonne	Alaska Anchorage	1.60m 5' 3"	O	O	XO	XXO	XO	XXO	XXX				736
6	DAWKINS, Aliyah	Western Washingto	1.57m 5' 1 3/4"	PPP	PPP	O	PPP	O	PPP	XXX				701
7	COLLINS, Katie	Central Washingto	1.51m 4' 11 1/2"	O	O	O	XXX							632
8	CANO, Elena	Alaska Anchorage	1.51m 4' 11 1/2"	PPP	XXO	O	XXX							632
9	TRINIDAD, Sidney	Central Washingto	1.48m 4' 10 1/4"	XO	XXO	XXX								599
10	VANZANT, Ronni	Concordia (Ore.)	1.45m 4' 9"	O	XXX									566
11	MAY, Kellie	Seattle Pacific	1.45m 4' 9"	XXO	XXX									566

Pl	Name	Team	Mark	1.30	1.33	1.36	1.39	1.42	Pts
5	JESCHKE, Yvonne	Alaska Anchorage	(cont'd)	PPP	PPP	PPP	O	O	736
7	COLLINS, Katie	Central Washingto	(cont'd)	PPP	PPP	PPP	PPP	O	632
8	CANO, Elena	Alaska Anchorage	(cont'd)	PPP	PPP	PPP	O	O	632
9	TRINIDAD, Sidney	Central Washingto	(cont'd)	PPP	PPP	PPP	O	O	599
10	VANZANT, Ronni	Concordia (Ore.)	(cont'd)	PPP	O	O	O	O	566
11	MAY, Kellie	Seattle Pacific	(cont'd)	PPP	O	O	XO	O	566
12	KIRBY, Kate	Alaska Anchorage	1.33m 4' 4 1/4"	XO	XXO	XXX			439

### Women's Indoor Pentathlon After 2 Events

Pl	Athlete	Team	Points
1	CAI, Scout	Seattle Pacific	1721
2	ORTEGA, HarLee	Central Washington	1613
3	BONE, Chelsea	Concordia (Ore.)	1612
4	TRINIDAD, Sidney	Central Washington	1521
5	CANO, Elena	Alaska Anchorage	1511
6	POTT, Tiffany	Saint Martin's	1507
7	JESCHKE, Yvonne	Alaska Anchorage	1431
8	DAWKINS, Aliyah	Western Washington	1411
9	MAY, Kellie	Seattle Pacific	1374
10	COLLINS, Katie	Central Washington	1359
11	VANZANT, Ronni	Concordia (Ore.)	1263
12	KIRBY, Kate	Alaska Anchorage	1164
13	MARTIN, Kailey	Saint Martin's	

### Women's Indoor Pentathlon Shot Put

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	CAI, Scout	Seattle Pacific	11.39m 37' 4 1/2"	11.16	11.39	10.80				621
2	ORTEGA, HarLee	Central Washingto	11.05m 36' 3"	10.23	11.05	10.11				598
3	BONE, Chelsea	Concordia (Ore.)	10.86m 35' 7 3/4"	10.86	10.56	10.72				586
4	MAY, Kellie	Seattle Pacific	10.77m 35' 4"	10.77	9.85	10.31				580
5	COLLINS, Katie	Central Washingto	9.29m 30' 5 3/4"	9.29	8.13	8.55				483
6	POTT, Tiffany	Saint Martin's	9.01m 29' 6 3/4"	8.94	9.01	9.01				465
7	VANZANT, Ronni	Concordia (Ore.)	8.72m 28' 7 1/2"	8.34	8.54	8.72				446
8	CANO, Elena	Alaska Anchorage	8.21m 26' 11 1/4"	8.03	8.21	7.93				413

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### Women's Indoor Pentathlon Shot Put (cont'd)

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
9	JESCHKE, Yvonne	Alaska Anchorage	8.03m 26' 4 <sup>1</sup> / <sub>4</sub>	7.71	8.03	7.49				401
10	DAWKINS, Aliyah	Western Washingto	7.89m 25' 10 <sup>3</sup> / <sub>4</sub>	4.93	7.89	5.76				392
11	TRINIDAD, Sidney	Central Washingto	7.69m 25' 2 <sup>3</sup> / <sub>4</sub>	7.69	7.54	7.68				379
12	KIRBY, Kate	Alaska Anchorage	7.04m 23' 1 <sup>1</sup> / <sub>4</sub>	6.28	6.53	7.04				338
	MARTIN, Kailey	Saint Martin's	NM							

### Women's Indoor Pentathlon After 3 Events

PI	Athlete	Team	Points
1	CAI, Scout	Seattle Pacific	2342
2	ORTEGA, HarLee	Central Washington	2211
3	BONE, Chelsea	Concordia (Ore.)	2198
4	POTT, Tiffany	Saint Martin's	1972
5	MAY, Kellie	Seattle Pacific	1954
6	CANO, Elena	Alaska Anchorage	1924
7	TRINIDAD, Sidney	Central Washington	1900
8	COLLINS, Katie	Central Washington	1842
9	JESCHKE, Yvonne	Alaska Anchorage	1832
10	DAWKINS, Aliyah	Western Washington	1803
11	VANZANT, Ronni	Concordia (Ore.)	1709
12	KIRBY, Kate	Alaska Anchorage	1502
13	MARTIN, Kailey	Saint Martin's	

### Women's Indoor Pentathlon Long Jump

PI	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BONE, Chelsea	Concordia (Ore.)	5.42m 17' 9 <sup>1</sup> / <sub>2</sub>	5.39 (+0.0)	5.42 (+0.0)	FOUL				677
2	MAY, Kellie	Seattle Pacific	5.41m 17' 9"	FOUL	5.29 (+0.0)	5.41 (+0.0)				674
3	CAI, Scout	Seattle Pacific	5.39m 17' 8 <sup>1</sup> / <sub>4</sub>	5.39 (+0.0)	5.19 (+0.0)	5.22 (+0.0)				668
4	ORTEGA, HarLee	Central Washingto	5.36m 17' 7"	FOUL	5.22 (+0.0)	5.36 (+0.0)				660
5	CANO, Elena	Alaska Anchorage	5.21m 17' 1 <sup>1</sup> / <sub>4</sub>	5.05 (+0.0)	5.16 (+0.0)	5.21 (+0.0)				617
6	TRINIDAD, Sidney	Central Washingto	5.04m 16' 6 <sup>1</sup> / <sub>2</sub>	4.97 (+0.0)	4.98 (+0.0)	5.04 (+0.0)				570
7	JESCHKE, Yvonne	Alaska Anchorage	5.00m 16' 5"	4.52 (+0.0)	4.75 (+0.0)	5.00 (+0.0)				559
8	VANZANT, Ronni	Concordia (Ore.)	4.98m 16' 4 <sup>1</sup> / <sub>4</sub>	4.51 (+0.0)	4.84 (+0.0)	4.98 (+0.0)				554
9	DAWKINS, Aliyah	Western Washingto	4.82m 15' 9 <sup>3</sup> / <sub>4</sub>	4.69 (+0.0)	4.80 (+0.0)	4.82 (+0.0)				511
10	POTT, Tiffany	Saint Martin's	4.77m 15' 7 <sup>3</sup> / <sub>4</sub>	4.70 (+0.0)	4.77 (+0.0)	4.40 (+0.0)				498
11	KIRBY, Kate	Alaska Anchorage	4.67m 15' 4"	4.63 (+0.0)	4.65 (+0.0)	4.67 (+0.0)				472
12	COLLINS, Katie	Central Washingto	4.38m 14' 4 <sup>1</sup> / <sub>2</sub>	4.38 (+0.0)	4.37 (+0.0)	4.25 (+0.0)				398
	MARTIN, Kailey	Saint Martin's	NM							

### Women's Indoor Pentathlon After 4 Events

PI	Athlete	Team	Points
1	CAI, Scout	Seattle Pacific	3010
2	BONE, Chelsea	Concordia (Ore.)	2875
3	ORTEGA, HarLee	Central Washington	2871
4	MAY, Kellie	Seattle Pacific	2628
5	CANO, Elena	Alaska Anchorage	2541
6	POTT, Tiffany	Saint Martin's	2470
6	TRINIDAD, Sidney	Central Washington	2470

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## Women's Indoor Pentathlon After 4 Events (cont'd)

PI	Athlete	Team	Points
8	JESCHKE, Yvonne	Alaska Anchorage	2391
9	DAWKINS, Aliyah	Western Washington	2314
10	VANZANT, Ronni	Concordia (Ore.)	2263
11	COLLINS, Katie	Central Washington	2240
12	KIRBY, Kate	Alaska Anchorage	1974
13	MARTIN, Kailey	Saint Martin's	

## Women's Indoor Pentathlon 800 Meters

PI	Name	Team	Time	Pts
1	TRINIDAD, Sidney	Central Washington	2:17.06	864
2	JESCHKE, Yvonne	Alaska Anchorage	2:19.79	826
3	CAI, Scout	Seattle Pacific	2:21.38	805
4	ORTEGA, HarLee	Central Washington	2:22.30	793
5	COLLINS, Katie	Central Washington	2:25.11	755
6	BONE, Chelsea	Concordia (Ore.)	2:26.93	732
7	CANO, Elena	Alaska Anchorage	2:30.35	688
8	MAY, Kellie	Seattle Pacific	2:36.14	618
9	KIRBY, Kate	Alaska Anchorage	2:36.44	614
10	VANZANT, Ronni	Concordia (Ore.)	2:48.31	481
11	DAWKINS, Aliyah	Western Washington	2:51.00	453
12	POTT, Tiffany	Saint Martin's	2:51.92	444

## Women's Indoor Pentathlon After 5 Events

PI	Athlete	Team	Points
1	CAI, Scout	Seattle Pacific	3815
2	ORTEGA, HarLee	Central Washington	3664
3	BONE, Chelsea	Concordia (Ore.)	3607
4	TRINIDAD, Sidney	Central Washington	3334
5	MAY, Kellie	Seattle Pacific	3246
6	CANO, Elena	Alaska Anchorage	3229
7	JESCHKE, Yvonne	Alaska Anchorage	3217
8	COLLINS, Katie	Central Washington	2995
9	POTT, Tiffany	Saint Martin's	2914
10	DAWKINS, Aliyah	Western Washington	2767
11	VANZANT, Ronni	Concordia (Ore.)	2744
12	KIRBY, Kate	Alaska Anchorage	2588

## Men's 60 Meters

### Finals

PI	Name	Team	Time	Pts
1	WARNER, Cody	Western Oregon	7.01	10
2	MAH, Nathan	Simon Fraser	7.05	8
3	CAMPBELL, Enrique	Alaska Anchorage	7.07	6
4	OKEZIE, Koby	Western Washington	7.12	5
5	SCHRAM, Mason	MSU-Billings	7.13	4
6	PATELIS, Kyle	MSU-Billings	7.15	3
7	LANDIS, Kodiak	Central Washington	7.19	2
8	BLODGETT, Codi	Western Oregon	7.20	1



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## Men's 60 Meters (cont'd)

### Prelims

Pl	Name	Team	Time	H(Pl)
1	WARNER, Cody	Western Oregon	7.01q	2(1)
2	CAMPBELL, Enrique	Alaska Anchorage	7.05q	1(1)
3	MAH, Nathan	Simon Fraser	7.06q	2(2)
4	LANDIS, Kodiak	Central Washington	7.08q	1(2)
5	SCHRAM, Mason	MSU-Billings	7.09q	1(3)
6	PATELIS, Kyle	MSU-Billings	7.10q	1(4)
7	BLODGETT, Codi	Western Oregon	7.11q	2(3)
8	OKEZIE, Koby	Western Washington	7.12q	2(4)
9	WILLEY, Cameron	Northwest Nazarene	7.12	2(5)
10	ARMSTRONG, Logan	Saint Martin's	7.16	1(5)
11	JONES, Daniel	Western Washington	7.16	1(6)
12	TRAN, David	Western Washington	7.20	1(7)
12	FORTIER, Devon	Western Oregon	7.20	2(6)
14	CARPENTER, Shayne	Seattle Pacific	7.32	2(7)
15	POWERS, Tyler	Concordia (Ore.)	7.33	2(8)
16	WONG, Christian	Seattle Pacific	7.39	1(8)

## Men's 200 Meters

### Finals

Pl	Name	Team	Time	H(Pl)	Pts
1	HAND, Jackson	Saint Martin's	21.93	2(1)	10
2	MAH, Nathan	Simon Fraser	22.04	2(2)	8
3	WELCH, Bryant	Western Washington	22.21	2(3)	6
4	RUSSELL, Michael	Saint Martin's	22.25	2(4)	5
5	BLAKE, Logan	Northwest Nazarene	22.31	1(1)	4
6	SMITH, Myles	Western Washington	22.34	1(2)	3
7	CAMPBELL, Enrique	Alaska Anchorage	22.57	1(3)	2
	BROWN, Adam	Concordia (Ore.)	DQ	1	

### Prelims

Pl	Name	Team	Time	H(Pl)
1	HAND, Jackson	Saint Martin's	21.92q	5(1)
2	RUSSELL, Michael	Saint Martin's	22.12q	4(1)
3	MAH, Nathan	Simon Fraser	22.17q	1(1)
3	WELCH, Bryant	Western Washington	22.17q	7(1)
5	BLAKE, Logan	Northwest Nazarene	22.23q	3(1)
6	BROWN, Adam	Concordia (Ore.)	22.28q	2(1)
7	CAMPBELL, Enrique	Alaska Anchorage	22.48q	7(2)
8	SMITH, Myles	Western Washington	22.56q	5(2)
9	SCOTT, Trevaughn	Central Washington	22.62	3(2)
10	SCHRAM, Mason	MSU-Billings	22.65	8(1)
11	OKEZIE, Koby	Western Washington	22.73	4(2)
12	MAGEE, Zachary	Northwest Nazarene	22.80	6(1)
13	BLODGETT, Codi	Western Oregon	22.83	1(2)
14	PATELIS, Kyle	MSU-Billings	22.88	6(2)



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## Men's 200 Meters (cont'd)

### Prelims

PI	Name	Team	Time	H(PI)
15	CAMPOS-DAVIS, Gabriel	Western Oregon	22.90	2(2)
16	BRUNETT, Nathaniel	Alaska Anchorage	22.94	1(3)
17	FORTIER, Devon	Western Oregon	22.98	7(3)
18	POWERS, Tyler	Concordia (Ore.)	23.00	5(3)
19	ARMSTRONG, Logan	Saint Martin's	23.06	8(2)
20	WILLEY, Cameron	Northwest Nazarene	23.08	4(3)
21	TAGAD, Travis	Western Oregon	23.55	2(3)
22	CONRAD, Ben	Simon Fraser	23.67	6(3)
23	ANGUAY, Zach	Saint Martin's	23.81	3(3)
24	LENTON, Jorin	Simon Fraser	24.09	8(3)
25	WONG, Christian	Seattle Pacific	24.46	4(4)
26	MCMILLIAN-THOMAS, Brandon	Saint Martin's	24.76	5(4)
27	BALL, Nick	Concordia (Ore.)	25.51	8(4)
	BUSHNELL, Daryl	Alaska Anchorage	DNS	6
	JONES, Daniel	Western Washington	DNS	7

## Men's 400 Meters

### Finals

PI	Name	Team	Time	H(PI)	Pts
1	BROWN, Adam	Concordia (Ore.)	49.03	2(1)	10
2	MAGEE, Zachary	Northwest Nazarene	49.14	2(2)	8
3	BLAKE, Logan	Northwest Nazarene	49.24	1(1)	6
4	CUMMINGS, Cordell	Western Washington	50.05	1(2)	5
5	CALDERON, Daniel	Central Washington	50.06	1(3)	4
6	ARCE-TORRES, Gabe	Western Oregon	50.19	2(3)	3
7	DANIELS, Mark	Western Washington	50.23	2(4)	2
8	PORTER, Doc	Central Washington	50.45	1(4)	1

### Prelims

PI	Name	Team	Time	H(PI)
1	BROWN, Adam	Concordia (Ore.)	49.21q	1(1)
2	MAGEE, Zachary	Northwest Nazarene	49.36q	5(1)
3	ARCE-TORRES, Gabe	Western Oregon	49.60q	4(1)
4	DANIELS, Mark	Western Washington	49.65q	5(2)
5	BLAKE, Logan	Northwest Nazarene	49.70q	2(1)
6	PORTER, Doc	Central Washington	49.71q	1(2)
7	CALDERON, Daniel	Central Washington	49.89q	4(2)
8	CUMMINGS, Cordell	Western Washington	50.12q	3(1)
9	BRUNETT, Nathaniel	Alaska Anchorage	50.19	1(3)
10	ST. ROMAIN, Nate	Simon Fraser	50.22	3(2)
11	REMINGTON, Daniel	Alaska Anchorage	50.47	2(2)
12	SCOTT, Trevaughn	Central Washington	50.61	2(3)
13	EMILE, Lashaun	Western Oregon	50.63	4(3)
14	WELCH, Bryant	Western Washington	50.69	6(1)
15	ADHEMAR, Joshua	Simon Fraser	50.73	3(3)

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## Men's 400 Meters (cont'd)

### Prelims

PI Name	Team	Time	H(PI)
16 SMITH, Myles	Western Washington	51.15	6(2)
17 CONRAD, Ben	Simon Fraser	52.55	6(3)
18 BIERLY, Robert	Concordia (Ore.)	52.97	6(4)
JACKMAN, Joshua	Alaska Anchorage	DNS	4
BUSHNELL, Daryl	Alaska Anchorage	DNS	5
LENTON, Jorrin	Simon Fraser	DNS	5

## Men's 800 Meters

### Finals

PI Name	Team	Time	Pts
1 SAGER, Kyler	Western Washington	1:53.29	10
2 KNOTT, Curt	Western Oregon	1:55.06	8
3 PHAN, Jesse	Seattle Pacific	1:55.90	6
4 CARMONA, Max	Western Oregon	1:56.00	5
5 VARGAS, Carlos	Simon Fraser	1:56.29	4
6 TORRES, Richard	Simon Fraser	1:57.93	3
7 OROZCO, Eduardo	Alaska Anchorage	2:03.06	2
8 AHL, Aaron	Simon Fraser	2:05.13	1

### Prelims

PI Name	Team	Time	H(PI)
1 KNOTT, Curt	Western Oregon	1:53.89Q	2(1)
2 OROZCO, Eduardo	Alaska Anchorage	1:54.58Q	1(1)
3 VARGAS, Carlos	Simon Fraser	1:54.59Q	2(2)
4 TORRES, Richard	Simon Fraser	1:55.16q	2(3)
5 SAGER, Kyler	Western Washington	1:55.17Q	1(2)
6 PHAN, Jesse	Seattle Pacific	1:55.18q	2(4)
7 AHL, Aaron	Simon Fraser	1:55.27q	2(5)
8 CARMONA, Max	Western Oregon	1:55.57q	2(6)
9 CRANSTON, Neal	Western Oregon	1:55.85	1(3)
10 KANELIS, Zach	Western Oregon	1:56.19	1(4)
11 ALNAZER, Adam	Western Oregon	1:56.64	1(5)
12 BAUERNSCHMITT, Nick	Simon Fraser	1:57.42	1(6)
13 REED, Trey	Western Oregon	1:58.61	1(7)
14 WALSH, Simon	Western Oregon	2:00.13	2(7)
15 MCLAUGHLIN, Kyle	MSU-Billings	2:00.77	2(8)
16 PAULSEN, Sean	Simon Fraser	2:01.59	1(8)
17 ABDALLA, Ryan	Northwest Nazarene	2:01.93	2(9)
18 FEY, Stephen	Western Oregon	2:05.74	1(9)

## Men's 1 Mile Run

PI Name	Team	Time	H(PI)	Pts
1 CROSSWHITE, Justin	Western Oregon	4:13.86	2(1)	10
2 JOHNSON, Drew	Alaska Anchorage	4:14.45	2(2)	8
3 AHL, Aaron	Simon Fraser	4:16.85	2(3)	6

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## Men's 1 Mile Run (cont'd)

Pl	Name	Team	Time	H(Pl)	Pts
4	JASPERSON, James	Western Washington	4:17.71	2(4)	5
5	KEMBOI, Felix	Alaska Anchorage	4:17.77	1(1)	4
6	HUTTON, Hunter	Western Oregon	4:19.32	1(2)	3
7	JONES, Tyler	Western Oregon	4:19.69	1(3)	2
8	COSSETTE, Liam	Western Washington	4:21.00	2(5)	1
9	GALLAGHER, Thomas	Simon Fraser	4:22.06	2(6)	
10	MOSMAN, Hunter	Western Oregon	4:24.34	1(4)	
11	OTERO, Colby	Seattle Pacific	4:25.13	2(7)	
12	SHEA, Tyler	Northwest Nazarene	4:26.24	1(5)	
13	KEMBOI, Godfrey	Northwest Nazarene	4:26.56	2(8)	
14	GRAFF, Elius	Seattle Pacific	4:27.03	2(9)	
15	IBRAHIM, Faisal	Alaska Anchorage	4:28.24	1(6)	
16	HOVLAND, Mark	MSU-Billings	4:29.85	2(10)	
17	FEY, Stephen	Western Oregon	4:29.88	1(7)	
18	SCHULTZ, Brayden	Seattle Pacific	4:30.13	1(8)	
19	LEWIS, Judd	Concordia (Ore.)	4:30.19	1(9)	
20	GARCIA, Royce	Seattle Pacific	4:33.68	1(10)	
21	HANSEN, Ben	Seattle Pacific	4:35.29	1(11)	
22	WILSON, Jordan	Simon Fraser	4:42.63	1(12)	
23	GIORDANO, Dominic	Concordia (Ore.)	4:45.66	1(13)	
24	ROTAR, Max	Concordia (Ore.)	4:49.20	1(14)	
	KIRUI, Wesley	Alaska Anchorage	DNS		1

## Men's 3000 Meters

Pl	Name	Team	Time	H(Pl)	Pts
1	DOHERTY, Rowan	Simon Fraser	8:31.30	2(1)	10
2	DETOURBE, Pierre-Louis	Simon Fraser	8:33.43	2(2)	8
3	KANGOGO, Edwin	Alaska Anchorage	8:41.34	2(3)	6
4	KEMBOI, Felix	Alaska Anchorage	8:43.22	2(4)	5
5	HAYES, Dylan	Western Washington	8:46.84	2(5)	4
6	SANCHEZ, Jorge	Alaska Anchorage	8:47.28	1(1)	3
7	KOECH, Nickson	Alaska Anchorage	8:50.08	1(2)	2
8	JASPERSON, James	Western Washington	8:51.15	2(6)	1
9	HAMILTON, Nick	Northwest Nazarene	8:55.17	1(3)	
10	VARGAS, Carlos	Simon Fraser	8:57.92	2(7)	
11	GALLOWAY, Shad	Seattle Pacific	8:59.69	1(4)	
12	ALLEN, Trevor	Central Washington	9:01.92	1(5)	
13	OTERO, Colby	Seattle Pacific	9:03.15	2(8)	
14	SOBCZAK, Chris	Simon Fraser	9:05.05	2(9)	
15	ACKERMAN, Ase	MSU-Billings	9:05.61	1(6)	
16	PUTNEY, Jared	Seattle Pacific	9:07.02	1(7)	
17	MOATS, Josh	Concordia (Ore.)	9:07.17	1(8)	
18	BOUTIN, Colin	Seattle Pacific	9:19.72	1(9)	
19	LEWIS, Levi	Northwest Nazarene	9:21.38	1(10)	
20	HANSEN, Ben	Seattle Pacific	9:24.72	1(11)	
21	GARCIA, Royce	Seattle Pacific	9:37.97	1(12)	

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**Men's 3000 Meters (cont'd)**

PI	Name	Team	Time	H(PI)	Pts
22	SCHULTZ, Brayden	Seattle Pacific	9:44.81	1(13)	
	CONLEY, Treyson	Northwest Nazarene	DQ	1	
	GRAFF, Elius	Seattle Pacific	DNS	1	
	CARLTON, Corbin	Central Washington	DNS	2	
	KIRUI, Wesley	Alaska Anchorage	DNS	2	
	JONES, Tyler	Western Oregon	DNS	2	

**Men's 5000 Meters**

PI	Name	Team	Time	Pts
1	KIRUI, Wesley	Alaska Anchorage	14:55.66	10
2	KEMBOI, Felix	Alaska Anchorage	14:57.57	8
3	KANGOGO, Edwin	Alaska Anchorage	15:07.57	6
4	SANCHEZ, Jorge	Alaska Anchorage	15:10.99	5
5	KOECH, Nickson	Alaska Anchorage	15:11.48	4
6	HAYES, Dylan	Western Washington	15:16.90	3
7	SOBCZAK, Chris	Simon Fraser	15:33.38	2
8	HECKARD, Sawyer	Western Oregon	15:37.32	1
9	GALLOWAY, Shad	Seattle Pacific	15:44.01	
10	HAMILTON, Nick	Northwest Nazarene	15:49.39	
11	PUTNEY, Jared	Seattle Pacific	15:55.18	
12	MOATS, Josh	Concordia (Ore.)	15:59.31	
13	PERKINS, Joseph	Seattle Pacific	16:05.26	
14	BOUTIN, Colin	Seattle Pacific	16:14.15	

**Men's 60m Hurdles****Finals**

PI	Name	Team	Time	Pts
1	CUMMINGS, Cordell	Western Washington	8.33	10
2	CASTRO, Elijah	Northwest Nazarene	8.40	8
3	BROWN, Giovanni	Concordia (Ore.)	8.42	6
4	GALGAN, Skyler	Northwest Nazarene	8.50	5
5	MAIER, Braydon	Central Washington	8.51	4
6	OKEZIE, Koby	Western Washington	8.53	3
7	FORSTER, Michael	Central Washington	8.83	2
8	DANCES, Seren	Western Washington	9.03	1

**Prelims**

PI	Name	Team	Time	H(PI)
1	GALGAN, Skyler	Northwest Nazarene	8.41q	2(1)
2	CUMMINGS, Cordell	Western Washington	8.42q	2(2)
3	BROWN, Giovanni	Concordia (Ore.)	8.45q	2(3)
4	MAIER, Braydon	Central Washington	8.48q	1(1)
5	OKEZIE, Koby	Western Washington	8.52q	1(2)
6	DANCES, Seren	Western Washington	8.58q	1(3)
6	CASTRO, Elijah	Northwest Nazarene	8.58q	2(4)
8	FORSTER, Michael	Central Washington	8.66q	1(4)

**GNAC INDOOR TRACK & FIELD CHAMPIONSHIPS**

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# RESULTS

## Men's 60m Hurdles (cont'd)

### Prelims

Pl	Name	Team	Time	H(Pl)
9	SCOTT, Trevaughn	Central Washington	8.71	2(5)
10	CARPENTER, Shayne	Seattle Pacific	8.94	1(5)
11	CHISM, Ryan	Northwest Nazarene	8.99	2(6)
12	GAMZA, Andrey	Concordia (Ore.)	9.01	2(7)
13	MCMILLIAN-THOMAS, Brandon	Saint Martin's	9.02	1(6)
14	GUNTHER, Ryan	Central Washington	9.15	1(7)

## Men's 4 x 400m Relay

Pl	Team	Time	H(Pl)	Pts
1	Central Washington (A) 1) CALDERON, Daniel 2) SCOTT, Trevaughn 3) PORTER, Doc 4) LANDIS, Kodiak	3:19.67	2(1)	10
2	Western Washington (A) 1) SMITH, Myles 2) CUMMINGS, Cordell 3) OKEZIE, Koby 4) WELCH, Bryant	3:20.13	2(2)	8
3	Western Oregon (A) 1) ARCE-TORRES, Gabe 2) EMILE, Lashaun 3) REED, Trey 4) KNOTT, Curt	3:20.66	2(3)	6
4	Simon Fraser (A) 1) ADHEMAR, Joshua 2) BAUERNSCHMITT, Nick 3) TORRES, Richard 4) ST. ROMAIN, Nate	3:21.26	2(4)	5
5	Northwest Nazarene (A) 1) MAGEE, Zachary 2) FAIRBANKS, Jeff 3) KREUTZ, Blaine 4) BLAKE, Logan	3:25.84	2(5)	4
6	Alaska Anchorage (A) 1) BRUNETT, Nathaniel 2) REMINGTON, Daniel 3) JOHNSON, Drew 4) OROZCO, Eduardo	3:26.00	1(1)	3
7	Saint Martin's (A) 1) RUSSELL, Michael 2) SCHULZ, Josh 3) ANGUAY, Zach 4) HAND, Jackson	3:26.12	1(2)	2
8	Concordia (Ore.) (A) 1) BROWN, Giovanni 2) POWERS, Tyler 3) BIERLY, Robert 4) SEIFERT, Peter	3:30.71	1(3)	1

## Men's 4000m DMR

Pl	Team	Time	Pts
1	Simon Fraser (A) 1) DETOURBE, Pierre-Louis 2) ST. ROMAIN, Nate 3) AHL, Aaron 4) DOHERTY, Rowan	9:58.18	10
2	Western Washington (A) 1) COSSETTE, Liam 2) DANIELS, Mark 3) FRANKS, Macauley 4) HOGGARTH, Colton	10:19.33	8

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### Men's 4000m DMR (cont'd)

Pl	Team		Time	Pts
3	Alaska Anchorage (A)		10:21.08	6
	1) JOHNSON, Drew	2) BRUNETT, Nathaniel		
	3) OROZCO, Eduardo	4) IBRAHIM, Faisal		
4	Seattle Pacific (A)		10:23.59	5
	1) OTERO, Colby	2) LLAMAS, Alec		
	3) PHAN, Jesse	4) GRAFF, Elius		
5	Central Washington (A)		10:26.53	4
	1) ALLEN, Trevor	2) CALDERON, Daniel		
	3) PORTER, Doc	4) CARLTON, Corbin		
6	Western Oregon (A)		10:39.25	3
	1) HUTTON, Hunter	2) BURGETT, Issac		
	3) ALNAZER, Adam	4) MOSMAN, Hunter		
7	Northwest Nazarene (A)		10:44.51	2
	1) KEMBOI, Godfrey	2) BROTHERS, Peyton		
	3) BORGER, Aaron	4) SHEA, Tyler		
8	Concordia (Ore.) (A)		10:51.60	1
	1) GIORDANO, Dominic	2) POWERS, Tyler		
	3) SEIFERT, Peter	4) LEWIS, Judd		

### Men's High Jump

Pl	Name	Team	Mark	1.73	1.78	1.83	1.88	1.93	1.98	2.03	2.08	2.15	2.21	Pts	
1	CRONK, Tyler	Saint Martin's	2.15m 7' 0 1/2"	PPP	PPP	PPP	PPP	PPP	XO	O	O	O	XXP	10	
2	WICKLIFF, Tupre	Western Washing	2.03m 6' 7 3/4"	PPP	PPP	PPP	PPP	O	O	O	XXX			8	
3	BRAKE, Chris	Alaska Anchorage	2.03m 6' 7 3/4"	PPP	PPP	PPP	O	XO	O	XXO	XXX			6	
4	NICHOLSON, Brandon	Alaska Anchorage	1.98m 6' 6"	PPP	O	O	O	O	O	XXX				4.5	
4	GIRARD, Isaiah	MSU-Billings	1.98m 6' 6"	PPP	PPP	PPP	PPP	O	O	XXX				4.5	
6	MAKRAKIS, Nick	Western Washing	1.93m 6' 4"	PPP	PPP	O	XO	O	XXX					2.5	
6	TRANCH, Micah	Northwest Nazare	1.93m 6' 4"	PPP	PPP	PPP	XO	O	XXX					2.5	
8	STERKEL, Ethan	Western Washing	1.93m 6' 4"	PPP	PPP	XO	XO	XXO	XXX					1	
9	DANCES, Seren	Western Washing	1.93m 6' 4"	PPP	PPP	O	O	XO	XXX						
10	DAVIES, Garrett	Western Washing	1.88m 6' 2"	PPP	PPP	PPP	O	XXX							
11	KUZYK, Zackary	Simon Fraser	1.83m 6' 0"	PPP	PPP	XXO	XXX								
11	CARRIZALES, Emmy	Concordia (Ore.)	1.83m 6' 0"	PPP	O	XXO	XXX								
13	GUNTHER, Ryan	Central Washingto	1.68m 5' 6"	XXX											
Pl	Name	Team	Mark	1.68											Pts
13	GUNTHER, Ryan	Central Washingto	1.68m 5' 6"	XO											

### Men's Pole Vault

Pl	Name	Team	Mark	3.58	3.73	3.88	4.03	4.18	4.33	4.48	4.63	4.78	4.93	Pts
1	KONRAD, J. T.	Western Washing	4.78m 15' 8 1/4"	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XO	XXX	10
2	MAIER, Braydon	Central Washingto	4.78m 15' 8 1/4"	PPP	PPP	PPP	PPP	PPP	O	O	O	XXO	XXX	8
3	HOPKINS, Spencer	Northwest Nazare	4.63m 15' 2 1/4"	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XXX		5.5
3	BOYLE, Craig	Saint Martin's	4.63m 15' 2 1/4"	PPP	PPP	PPP	PPP	O	O	O	O	XXX		5.5
5	LANDIS, Kodiak	Central Washingto	4.63m 15' 2 1/4"	PPP	PPP	PPP	PPP	PPP	O	O	XXO	XXX		4





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**RESULTS****Men's Shot Put**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	KOCH, Josh	Concordia (Ore.)	17.26m 56' 7 <sup>1</sup> / <sub>2</sub>	16.85	NM	17.26	NM	NM	NM	2(1)	10
2	KNIGHT, Jake	Northwest Nazare	17.03m 55' 10 <sup>1</sup> / <sub>2</sub>	16.70	16.66	16.83	NM	17.03	NM	2(2)	8
3	TONDER, Ethan	Central Washingto	16.12m 52' 10 <sup>3</sup> / <sub>4</sub>	15.83	15.89	15.44	16.12	14.93	15.53	2(3)	6
4	ELDER, Brett	Concordia (Ore.)	15.47m 50' 9 <sup>1</sup> / <sub>4</sub>	15.38	15.00	14.46	15.40	15.47	15.39	1(1)	5
5	CAIN, Aidan	Central Washingto	15.33m 50' 3 <sup>1</sup> / <sub>2</sub>	NM	15.33	14.72	NM	NM	NM	2(4)	4
6	MALQUIST, Ben	Western Washingto	15.29m 50' 2"	14.41	14.75	15.29	15.09	14.87	15.15	2(5)	3
7	BRIDGE, Caleb	Concordia (Ore.)	14.93m 48' 11 <sup>3</sup> / <sub>4</sub>	14.63	14.93	14.48	NM	NM	NM	2(6)	2
8	BRIDGE, Seth	Concordia (Ore.)	14.86m 48' 9"	NM	NM	14.85	NM	14.86	NM	2(7)	1
9	JENSEN, Connor	Concordia (Ore.)	14.81m 48' 7 <sup>1</sup> / <sub>4</sub>	13.97	14.81	NM	14.29	14.17	NM	1(2)	
10	NICHOLS, Sam	Concordia (Ore.)	14.72m 48' 3 <sup>1</sup> / <sub>2</sub>	14.65	14.72	NM				2(8)	
11	CROSS, Forrest	MSU-Billings	14.50m 47' 7"	14.50	NM	NM				2(9)	
12	ANDERSON, Canyon	Northwest Nazare	14.13m 46' 4 <sup>1</sup> / <sub>4</sub>	13.78	14.13	14.09				1(3)	
13	COLE, Sam	Western Oregon	13.91m 45' 7 <sup>3</sup> / <sub>4</sub>	13.91	13.05	NM				1(4)	
14	ROBBINS, Cody	Northwest Nazare	13.72m 45' 0 <sup>1</sup> / <sub>4</sub>	12.07	13.72	13.65				1(5)	
15	BURR, Colton	Northwest Nazare	13.61m 44' 8"	13.18	13.55	13.61				1(6)	
16	COLLINS, Owen	Western Oregon	13.52m 44' 4 <sup>1</sup> / <sub>4</sub>	13.49	13.52	13.50				1(7)	
17	CHILD, Mont	Western Oregon	13.41m 44' 0"	12.48	NM	13.41				1(8)	
18	AU-HAUPUA, Micah	Saint Martin's	13.21m 43' 4 <sup>1</sup> / <sub>4</sub>	12.54	13.21	NM				1(9)	
19	COLLINS, Karsten	Western Oregon	12.82m 42' 0 <sup>3</sup> / <sub>4</sub>	12.61	12.82	NM				1(10)	
20	YATES, Coby	Northwest Nazare	11.68m 38' 4"	11.45	11.68	NM				1(11)	

**Men's Weight Throw**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	VANDERPOEL, Kauano	Saint Martin's	17.28m 56' 8 <sup>1</sup> / <sub>2</sub>	17.28	16.60	17.19	15.54	FOUL	15.97	2(1)	10
2	CAIN, Aidan	Central Washingto	17.05m 55' 11 <sup>1</sup> / <sub>4</sub>	FOUL	17.05	16.37	16.24	16.72	16.41	2(2)	8
3	ANDERSON, Canyon	Northwest Nazare	16.68m 54' 8 <sup>3</sup> / <sub>4</sub>	16.68	FOUL	16.26	15.42	FOUL	FOUL	2(3)	6
4	LUX, Avery	Western Washingto	16.32m 53' 6 <sup>1</sup> / <sub>2</sub>	16.03	16.32	15.80	FOUL	14.82	14.74	2(4)	5
5	EILAND, Brayden	Northwest Nazare	16.18m 53' 1"	15.94	16.18	15.76	15.06	FOUL	FOUL	2(5)	4
6	CHILD, Mont	Western Oregon	15.98m 52' 5 <sup>1</sup> / <sub>4</sub>	15.63	FOUL	15.48	FOUL	15.98	FOUL	1(1)	3
7	DENNISTON, Joe	Concordia (Ore.)	15.89m 52' 1 <sup>3</sup> / <sub>4</sub>	14.85	15.79	15.53	15.62	14.60	15.89	2(6)	2
8	KOCH, Josh	Concordia (Ore.)	15.64m 51' 3 <sup>3</sup> / <sub>4</sub>	FOUL	15.64	15.27	FOUL	14.96	FOUL	2(7)	1
9	COLE, Sam	Western Oregon	15.56m 51' 0 <sup>3</sup> / <sub>4</sub>	15.50	15.55	15.56	14.08	14.69	14.89	1(2)	
10	TONDER, Ethan	Central Washingto	15.46m 50' 8 <sup>3</sup> / <sub>4</sub>	FOUL	15.46	FOUL				2(8)	
11	CROSS, Forrest	MSU-Billings	14.92m 48' 11 <sup>1</sup> / <sub>2</sub>	14.03	14.35	14.92				2(9)	
12	NICHOLS, Sam	Concordia (Ore.)	14.68m 48' 2"	14.68	FOUL	14.54				1(3)	
13	COLLINS, Karsten	Western Oregon	14.56m 47' 9 <sup>1</sup> / <sub>4</sub>	FOUL	FOUL	14.56				1(4)	
14	COLLINS, Owen	Western Oregon	14.27m 46' 10"	FOUL	14.27	FOUL				1(5)	
15	JENSEN, Connor	Concordia (Ore.)	13.96m 45' 9 <sup>3</sup> / <sub>4</sub>	13.96	12.94	13.76				1(6)	
16	YATES, Coby	Northwest Nazare	13.68m 44' 10 <sup>3</sup> / <sub>4</sub>	13.30	13.68	13.36				1(7)	
17	BRIDGE, Seth	Concordia (Ore.)	13.38m 43' 10 <sup>3</sup> / <sub>4</sub>	FOUL	12.89	13.38				1(8)	
18	BRIDGE, Caleb	Concordia (Ore.)	13.36m 43' 10"	FOUL	13.36	NM				1(9)	
19	MALQUIST, Ben	Western Washingto	12.82m 42' 0 <sup>3</sup> / <sub>4</sub>	12.82	FOUL	FOUL				1(10)	
20	ROBBINS, Cody	Northwest Nazare	12.81m 42' 0 <sup>1</sup> / <sub>2</sub>	12.21	12.81	FOUL				1(11)	

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**RESULTS****#33 Men's Indoor Heptathlon**

Pl	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
1	LANDIS, Kodiak Central Washington	5228	7.13	6.95m 22' 9 <sup>3</sup> / <sub>4</sub>	12.45m 40' 10 <sup>1</sup> / <sub>4</sub>	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	8.62	4.65m 15' 3"	2:49.89
	Team Points: 10		837	802	634	552	832	804	767
2	MAIER, Braydon Central Washington	5198	7.41	6.47m 21' 2 <sup>3</sup> / <sub>4</sub>	11.03m 36' 2 <sup>1</sup> / <sub>4</sub>	1.92m 6' 3 <sup>1</sup> / <sub>2</sub>	8.55	4.75m 15' 7"	2:46.38
	Team Points: 8		742	691	548	731	848	834	804
3	BROWN, Giovanni Concordia (Ore.)	4987	7.61	6.21m 20' 4 <sup>1</sup> / <sub>2</sub>	13.69m 44' 11"	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>	8.67	4.25m 13' 11 <sup>1</sup> / <sub>4</sub>	2:41.39
	Team Points: 6		678	632	709	602	820	688	858
4	SRAMEK, David Alaska Anchorage	4913	7.26	6.67m 21' 10 <sup>3</sup> / <sub>4</sub>	8.96m 29' 4 <sup>3</sup> / <sub>4</sub>	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	9.18	4.65m 15' 3"	2:44.54
	Team Points: 5		792	736	423	627	707	804	824
5	FORSTER, Michael Central Washington	4678	7.40	6.41m 21' 0 <sup>1</sup> / <sub>2</sub>	11.15m 36' 7"	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	8.68	3.65m 11' 11 <sup>3</sup> / <sub>4</sub>	2:45.88
	Team Points: 4		745	677	555	552	818	522	809
6	RINEFORT, Ian Western Washingto	4644	7.37	6.17m 20' 3"	10.08m 33' 1"	1.83m 6' 0"	9.20	3.85m 12' 7 <sup>1</sup> / <sub>2</sub>	2:42.71
	Team Points: 3		755	624	490	653	702	576	844
7	TIDWELL, Dakota Northwest Nazarene	4610	7.36	6.09m 19' 11 <sup>3</sup> / <sub>4</sub>	9.61m 31' 6 <sup>1</sup> / <sub>2</sub>	1.77m 5' 9 <sup>3</sup> / <sub>4</sub>	8.86	4.25m 13' 11 <sup>1</sup> / <sub>4</sub>	2:54.83
	Team Points: 2		759	606	462	602	777	688	716
8	SCHULZ, Josh Saint Martin's	4527	7.20	6.83m 22' 5"	9.89m 32' 5 <sup>1</sup> / <sub>2</sub>	1.83m 6' 0"	9.76	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>	2:53.94
	Team Points: 1		813	774	479	653	587	496	725
9	CUMMINGS, Coope Western Washingto	4240	7.61	6.19m 20' 3 <sup>3</sup> / <sub>4</sub>	8.67m 28' 5 <sup>1</sup> / <sub>2</sub>	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	9.56	4.05m 13' 3 <sup>1</sup> / <sub>2</sub>	2:57.13
			678	628	406	577	627	631	693
10	KRUSE, Mitch Western Oregon	3833	7.82	5.72m 18' 9 <sup>1</sup> / <sub>4</sub>	9.22m 30' 3"	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	10.00	3.25m 10' 8"	2:52.20
			613	527	439	552	541	418	743

**Men's Indoor Heptathlon 60 Meters**

Pl	Name	Team	Time	H(Pl)	Pts
1	LANDIS, Kodiak	Central Washington	7.13	2(1)	837
2	SCHULZ, Josh	Saint Martin's	7.20	2(2)	813
3	SRAMEK, David	Alaska Anchorage	7.26	1(1)	792
4	TIDWELL, Dakota	Northwest Nazarene	7.36	2(3)	759
5	RINEFORT, Ian	Western Washington	7.37	2(4)	755
6	FORSTER, Michael	Central Washington	7.40	1(2)	745
7	MAIER, Braydon	Central Washington	7.41	2(5)	742
8	CUMMINGS, Cooper	Western Washington	7.61	1(3)	678
8	BROWN, Giovanni	Concordia (Ore.)	7.61	1(3)	678
10	KRUSE, Mitch	Western Oregon	7.82	1(5)	613

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**RESULTS****Men's Indoor Heptathlon After 1 Events**

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	837
2	SCHULZ, Josh	Saint Martin's	813
3	SRAMEK, David	Alaska Anchorage	792
4	TIDWELL, Dakota	Northwest Nazarene	759
5	RINEFORT, Ian	Western Washington	755
6	FORSTER, Michael	Central Washington	745
7	MAIER, Braydon	Central Washington	742
8	CUMMINGS, Coope	Western Washington	678
8	BROWN, Giovanni	Concordia (Ore.)	678
10	KRUSE, Mitch	Western Oregon	613

**Men's Indoor Heptathlon Long Jump**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LANDIS, Kodiak	Central Washington	6.95m 22' 9 <sup>3</sup> / <sub>4</sub> "	6.89 (+0.0)	6.95 (+0.0)	FOUL				802
2	SCHULZ, Josh	Saint Martin's	6.83m 22' 5"	6.19 (+0.0)	6.83 (+0.0)	6.60 (+0.0)				774
3	SRAMEK, David	Alaska Anchorage	6.67m 21' 10 <sup>3</sup> / <sub>4</sub> "	6.53 (+0.0)	6.67 (+0.0)	FOUL				736
4	MAIER, Braydon	Central Washington	6.47m 21' 2 <sup>3</sup> / <sub>4</sub> "	6.47 (+0.0)	6.38 (+0.0)	6.38 (+0.0)				691
5	FORSTER, Michael	Central Washington	6.41m 21' 0 <sup>1</sup> / <sub>2</sub> "	6.15 (+0.0)	6.41 (+0.0)	6.32 (+0.0)				677
6	BROWN, Giovanni	Concordia (Ore.)	6.21m 20' 4 <sup>1</sup> / <sub>2</sub> "	6.21 (+0.0)	FOUL	FOUL				632
7	CUMMINGS, Cooper	Western Washington	6.19m 20' 3 <sup>3</sup> / <sub>4</sub> "	5.90 (+0.0)	FOUL	6.19 (+0.0)				628
8	RINEFORT, Ian	Western Washington	6.17m 20' 3"	6.09 (+0.0)	6.17 (+0.0)	6.02 (+0.0)				624
9	TIDWELL, Dakota	Northwest Nazarene	6.09m 19' 11 <sup>3</sup> / <sub>4</sub> "	5.87 (+0.0)	FOUL	6.09 (+0.0)				606
10	KRUSE, Mitch	Western Oregon	5.72m 18' 9 <sup>1</sup> / <sub>4</sub> "	FOUL	FOUL	5.72 (+0.0)				527

**Men's Indoor Heptathlon After 2 Events**

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	1639
2	SCHULZ, Josh	Saint Martin's	1587
3	SRAMEK, David	Alaska Anchorage	1528
4	MAIER, Braydon	Central Washington	1433
5	FORSTER, Michael	Central Washington	1422
6	RINEFORT, Ian	Western Washington	1379
7	TIDWELL, Dakota	Northwest Nazarene	1365
8	BROWN, Giovanni	Concordia (Ore.)	1310
9	CUMMINGS, Coope	Western Washington	1306
10	KRUSE, Mitch	Western Oregon	1140

**Men's Indoor Heptathlon Shot Put**

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BROWN, Giovanni	Concordia (Ore.)	13.69m 44' 11"	11.97	12.88	13.69				709
2	LANDIS, Kodiak	Central Washington	12.45m 40' 10 <sup>1</sup> / <sub>4</sub> "	12.39	12.45	12.19				634
3	FORSTER, Michael	Central Washington	11.15m 36' 7"	11.15	9.89	10.66				555
4	MAIER, Braydon	Central Washington	11.03m 36' 2 <sup>1</sup> / <sub>4</sub> "	10.14	11.03	10.88				548
5	RINEFORT, Ian	Western Washington	10.08m 33' 1"	9.49	10.08	9.71				490
6	SCHULZ, Josh	Saint Martin's	9.89m 32' 5 <sup>1</sup> / <sub>2</sub> "	9.89	8.75	9.75				479
7	TIDWELL, Dakota	Northwest Nazarene	9.61m 31' 6 <sup>1</sup> / <sub>2</sub> "	FOUL	FOUL	9.61				462
8	KRUSE, Mitch	Western Oregon	9.22m 30' 3"	9.04	9.22	FOUL				439
9	SRAMEK, David	Alaska Anchorage	8.96m 29' 4 <sup>3</sup> / <sub>4</sub> "	8.16	8.96	FOUL				423

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## RESULTS

### Men's Indoor Heptathlon Shot Put (cont'd)

Pl	Name	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
10	CUMMINGS, Cooper	Western Washingto	8.67m 28' 5 1/2"	8.65	8.42	8.67				406

### Men's Indoor Heptathlon After 3 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	2273
2	SCHULZ, Josh	Saint Martin's	2066
3	BROWN, Giovanni	Concordia (Ore.)	2019
4	MAIER, Braydon	Central Washington	1981
5	FORSTER, Michael	Central Washington	1977
6	SRAMEK, David	Alaska Anchorage	1951
7	RINEFORT, Ian	Western Washington	1869
8	TIDWELL, Dakota	Northwest Nazarene	1827
9	CUMMINGS, Coope	Western Washington	1712
10	KRUSE, Mitch	Western Oregon	1579

### Men's Indoor Heptathlon High Jump

Pl	Name	Team	Mark	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95	Pts
1	MAIER, Braydon	Central Washingto	1.92m 6' 3 1/2"	PPP	PPP	O	XO	O	O	XO	O	O	XXX	731
2	RINEFORT, Ian	Western Washingto	1.83m 6' 0"	PPP	O	O	O	O	O	XXX				653
3	SCHULZ, Josh	Saint Martin's	1.83m 6' 0"	PPP	O	XO	O	O	O	XXX				653
4	SRAMEK, David	Alaska Anchorage	1.80m 5' 10 3/4"	PPP	O	O	XO	O	XXX					627
5	TIDWELL, Dakota	Northwest Nazare	1.77m 5' 9 3/4"	PPP	O	XO	O	XXX						602
6	BROWN, Giovanni	Concordia (Ore.)	1.77m 5' 9 3/4"	PPP	O	XXO	XO	XXX						602
7	CUMMINGS, Cooper	Western Washingto	1.74m 5' 8 1/2"	PPP	O	O	XXX							577
8	KRUSE, Mitch	Western Oregon	1.71m 5' 7 1/4"	XO	O	XXX								552
9	LANDIS, Kodiak	Central Washingto	1.71m 5' 7 1/4"	O	XO	XXX								552
9	FORSTER, Michael	Central Washingto	1.71m 5' 7 1/4"	PPP	XO	XXX								552
Pl	Name	Team	Mark	1.65										Pts
8	KRUSE, Mitch	Western Oregon	(cont'd)	XO										552

### Men's Indoor Heptathlon After 4 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	2825
2	SCHULZ, Josh	Saint Martin's	2719
3	MAIER, Braydon	Central Washington	2712
4	BROWN, Giovanni	Concordia (Ore.)	2621
5	SRAMEK, David	Alaska Anchorage	2578
6	FORSTER, Michael	Central Washington	2529
7	RINEFORT, Ian	Western Washington	2522
8	TIDWELL, Dakota	Northwest Nazarene	2429
9	CUMMINGS, Coope	Western Washington	2289
10	KRUSE, Mitch	Western Oregon	2131

### Men's Indoor Heptathlon 60m Hurdles

Pl	Name	Team	Time	H(Pl)	Pts
1	MAIER, Braydon	Central Washington	8.55	2(1)	848
2	LANDIS, Kodiak	Central Washington	8.62	2(2)	832

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### Men's Indoor Heptathlon 60m Hurdles (cont'd)

Pl	Name	Team	Time	H(Pl)	Pts
3	BROWN, Giovanni	Concordia (Ore.)	8.67	1(1)	820
4	FORSTER, Michael	Central Washington	8.68	1(2)	818
5	TIDWELL, Dakota	Northwest Nazarene	8.86	2(3)	777
6	SRAMEK, David	Alaska Anchorage	9.18	3(1)	707
7	RINEFORT, Ian	Western Washington	9.20	3(2)	702
8	CUMMINGS, Cooper	Western Washington	9.56	1(3)	627
9	SCHULZ, Josh	Saint Martin's	9.76	3(3)	587
10	KRUSE, Mitch	Western Oregon	10.00	1(4)	541

### Men's Indoor Heptathlon After 5 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	3657
2	MAIER, Braydon	Central Washington	3560
3	BROWN, Giovanni	Concordia (Ore.)	3441
4	FORSTER, Michael	Central Washington	3347
5	SCHULZ, Josh	Saint Martin's	3306
6	SRAMEK, David	Alaska Anchorage	3285
7	RINEFORT, Ian	Western Washington	3224
8	TIDWELL, Dakota	Northwest Nazarene	3206
9	CUMMINGS, Coope	Western Washington	2916
10	KRUSE, Mitch	Western Oregon	2672

### Men's Indoor Heptathlon Pole Vault

Pl	Name	Team	Mark	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65	4.75	4.85	Pts
1	MAIER, Braydon	Central Washingto	4.75m 15' 7"	PPP	PPP	PPP	O	PPP	O	PPP	XO	XO	XXX	834
2	LANDIS, Kodiak	Central Washingto	4.65m 15' 3"	PPP	PPP	PPP	O	PPP	O	PPP	O	XXX		804
3	SRAMEK, David	Alaska Anchorage	4.65m 15' 3"	PPP	PPP	PPP	XO	O	O	O	O	XXX		804
4	TIDWELL, Dakota	Northwest Nazare	4.25m 13' 11 <sup>1</sup> / <sub>4</sub>	PPP	XO	PPP	O	PPP	XXX					688
5	BROWN, Giovanni	Concordia (Ore.)	4.25m 13' 11 <sup>1</sup> / <sub>4</sub>	O	XXO	XO	O	XXX						688
6	CUMMINGS, Cooper	Western Washingto	4.05m 13' 3 <sup>1</sup> / <sub>2</sub>	XO	XXO	XXX								631
7	RINEFORT, Ian	Western Washingto	3.85m 12' 7 <sup>1</sup> / <sub>2</sub>	XXX										576
Pl	Name	Team	Mark	2.95	3.05	3.15	3.25	3.35	3.45	3.55	3.65	3.75	3.85	Pts
5	BROWN, Giovanni	Concordia (Ore.)	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	688
6	CUMMINGS, Cooper	Western Washingto	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	O	XO	631
7	RINEFORT, Ian	Western Washingto	3.85m 12' 7 <sup>1</sup> / <sub>2</sub>	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	O	576
8	FORSTER, Michael	Central Washingto	3.65m 11' 11 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	PPP	XO	O	O	XXX		522
9	SCHULZ, Josh	Saint Martin's	3.55m 11' 7 <sup>3</sup> / <sub>4</sub>	O	PPP	O	O	O	O	XXO	XXX			496
10	KRUSE, Mitch	Western Oregon	3.25m 10' 8"	PPP	O	O	O	XXX						418
Pl	Name	Team	Mark	2.75	2.85									Pts
9	SCHULZ, Josh	Saint Martin's	(cont'd)	O	PPP									496
10	KRUSE, Mitch	Western Oregon	(cont'd)	O	PPP									418

### Men's Indoor Heptathlon After 6 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	4461
2	MAIER, Braydon	Central Washington	4394

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### Men's Indoor Heptathlon After 6 Events (cont'd)

Pl	Athlete	Team	Points
3	BROWN, Giovanni	Concordia (Ore.)	4129
4	SRAMEK, David	Alaska Anchorage	4089
5	TIDWELL, Dakota	Northwest Nazarene	3894
6	FORSTER, Michael	Central Washington	3869
7	SCHULZ, Josh	Saint Martin's	3802
8	RINEFORT, Ian	Western Washington	3800
9	CUMMINGS, Coope	Western Washington	3547
10	KRUSE, Mitch	Western Oregon	3090

### Men's Indoor Heptathlon 1000 Meters

Pl	Name	Team	Time	Pts
1	BROWN, Giovanni	Concordia (Ore.)	2:41.39	858
2	RINEFORT, Ian	Western Washington	2:42.71	844
3	SRAMEK, David	Alaska Anchorage	2:44.54	824
4	FORSTER, Michael	Central Washington	2:45.88	809
5	MAIER, Braydon	Central Washington	2:46.38	804
6	LANDIS, Kodiak	Central Washington	2:49.89	767
7	KRUSE, Mitch	Western Oregon	2:52.20	743
8	SCHULZ, Josh	Saint Martin's	2:53.94	725
9	TIDWELL, Dakota	Northwest Nazarene	2:54.83	716
10	CUMMINGS, Cooper	Western Washington	2:57.13	693

### Men's Indoor Heptathlon After 7 Events

Pl	Athlete	Team	Points
1	LANDIS, Kodiak	Central Washington	5228
2	MAIER, Braydon	Central Washington	5198
3	BROWN, Giovanni	Concordia (Ore.)	4987
4	SRAMEK, David	Alaska Anchorage	4913
5	FORSTER, Michael	Central Washington	4678
6	RINEFORT, Ian	Western Washington	4644
7	TIDWELL, Dakota	Northwest Nazarene	4610
8	SCHULZ, Josh	Saint Martin's	4527
9	CUMMINGS, Coope	Western Washington	4240
10	KRUSE, Mitch	Western Oregon	3833

### Men's Scores

Pl	Team	Code	Score
1	Western Washington	WEWA	138.5
2	Alaska Anchorage	ALAN	114.5
3	Central Washington	CEWA	97
4	Northwest Nazarene	NONA	71
5	Simon Fraser	SIMO	66
6	Western Oregon	WEOR	55
7	Saint Martin's	STMA	49.5
8	Concordia (Ore.)	COOR	45
9	MSU-Billings	MSUB	14.5
10	Seattle Pacific	SEPA	11

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### Women's Scores

Pl	Team	Code	Score
1	Seattle Pacific	SEPA	154
2	Central Washington	CEWA	150
3	Alaska Anchorage	ALAN	83
4	Western Washington	WEWA	79
5	Simon Fraser	SIMO	70
6	Concordia (Ore.)	COOR	49
7	Western Oregon	WEOR	29
8	Northwest Nazarene	NONA	28
9	Saint Martin's	STMA	17
10	MSU-Billings	MSUB	3