

Golden Gate Conference Track & Field Championship • San Jose, CA • May 3, 1963

1. San Mateo 119½; 2. Foothill 77; 3. Contra Costa 62; 4. CCSF 55; 6. Oakland 46; 7. San Jose 40; 8. Diablo Valley 34½.

<u>100y</u>			<u>220 LH</u>		
1. Booth	Contra Costa	9.7	1. Miller	Diablo Valley	23.5
2. Evans	Oakland	9.7	2. Smith	San Mateo	24.3
3. Firenze	San Mateo	9.9	3. McCormick	Oakland	24.4
4. Gardner	CCSF	9.9	4. Ganes	Contra Costa	24.6
5. Corino	San Jose	9.9	5. Hector	CCSF	25.0
6. Ganes	Contra Costa	nt	6. Hunt	Foothill	25.1
<u>220</u>			<u>Mile Relay</u>		
1. Evans	Oakland	20.9	1. San Mateo	3:18.7	
2. Booth	Contra Costa	21.4	(Benson, Firenze, Sheldon, Smith)		
3. Firenze	San Mateo	21.4	2. Foothill	3:21.3	
4. Gardner	CCSF	21.5	3. San Jose	3:21.9	
5. Williams	Oakland	22.1	4. Oakland	3:23.3	
6. Shipp	CCSF	22.3	5. Contra Costa	3:23.4	
<u>440</u>			6. CCSF 3:25.5		
1. Benson	San Mateo	47.5	<u>High Jump</u>		
2. Rogers	Contra Costa	47.9	1. Toner	Diablo Valley	6-3¾
3. King	Oakland	48.0	2. Winfield	San Mateo	6-3¾
4. Pierce	Foothill	48.2	3. Walker	Contra Costa	6-2
5. Sheldon	San Mateo	49.9	4. Hicks	Contra Costa	6-2
6. Shilts	Foothill	nt	5. Wynne	San Mateo	6-0
<u>880</u>			6. Ramus	San Mateo	5-10
1. Noel	San Jose	1:52.4	6. Anderson	Diablo Valley	5-10
2. Benson	San Mateo	1:54.2	<u>Pole Vault</u>		
3. Purrington	San Jose	1:55.1	1. Brunelle	Diablo Valley	13-0
4. Green	Contra Costa	1:55.4	2. Chase	San Mateo	13-0
5. Rugan	San Mateo	1:58.4	3. Andreasen	San Mateo	12-6
6. Burton	Foothill	2:00.0	4. Hempler	Contra Costa	12-6
<u>Mile</u>			5. Doval	Oakland	12-0
1. Kamrar	San Mateo	4:20.1	6. Sneo	Oakland	11-6
2. Plotkin	CCSF	4:25.6	<u>Long Jump</u>		
3. Parson	Foothill	4:28.6	1. Booth	Contra Costa	24-6
4. Greenig`	Foothill	4:28.9	2. Brandley	CCSF	24-1
5. Procelin	San Mateo	4:30.8	3. Sequeira	San Jose	22-6
6. Proven	Foothill	nyt	4. McIrerney	Diablo Valley	22-5
<u>2 Mile</u>			5. Shinn	San Mateo	22-1
1. Huff	San Mateo	9:26.6	6. Walker	Contra Costa	21-10
2. Kamrar	San Mateo	9:34.0	<u>Shot Put</u>		
3. Plotkin	CCSF	9:38.6	1. Castle	Foothill	59-11
4. Nelson	San Jose	9:46.7	2. Mills	Foothill	56-9½
5. Sullivan	San Jose	9:48.3	3. Headley	Foothill	51-2¾
6. Fanucchi	San Mateo	9:50.1	4. Lewis	CCSF	49-10¾
<u>120 HH</u>			5. Ross	Oakland	46-6¼
1. Hector	CCSF	14.7	6. Wiseman	Oakland	45-2
2. Rockwell	San Mateo	15.0	<u>Discus</u>		
3. Owen	Foothill	15.2	1. Mills	Foothill	187-3
4. Bains	Oakland	15.4	2. Castle	Foothill	163-4
5. Jamison	San Mateo	15.6	3. Lewis	CCSF	151-3
6. Pigano	CCSF	15.7	4. Linsley	San Jose	144-6
			5. Headley	Foothill	143-2
			6. Kennedy	Foothill	139-4