

Two Break Disc Mark For Chabot

Chabot College teammates Ken Cowl and Henry Mago got off the nation's two longest junior college discus throws of the year last night as host Diablo Valley rolled up 123 points to win its first-ever title in the 10th Golden Gate Conference track and field championships.

Cowl tossed the platter 19-8, beating Mago by 19 inches, as both bettered the season's previous best of 165-2 by Phil Beguhl of Santa Barbara.

Quarter-mile defending champion Marvin Jefferson of Merritt beat Laney's Floyd Malone by four-tenths of a second in 48-flat, both Northern California bests. Malone's time is a school record.

Jack Bentz of DVC came from behind in the 880 to upset San Francisco's Cirilo Morgan, who set a conference record in the trials Wednesday, and won the mile to join sprinter Jared Butler as a double winner.

The Vikings swept the first three places and also got a sixth in the high jump.



JACK BENTZ
Upset 880 winner

Shot put — 1. Ron Bragg (Laney) 52-6½; 2. Charles Montgomery (Merritt) 51-8; 3. Isalah Spears (Diablo Valley) 51-3½; 4. Ray Fogg (Foothill) 50-10¾; 5. Tim Hankins (Chabot) 48-10; 6. Mike Wilkman (C) 46-9½.

440 relay — 1. San Francisco (Joe Jones, Bill Wilder, Ron Ruffin, Willie Daigle) 41.6; 2. Diablo Valley 42.0; 3. San Jose 42.2; 4. Merritt 42.4; 5. Laney 42.7; 6. Chabot 42.8.

Discus — 1. Ken Cowl (C) 169-8; 2. Henry Mago (C) 168-1; 3. Tauoa Falo (SF) 161-0; 4. Arnold Kirkman (DV) 160-1; 5. Steve Buss (F) 157-5; 6. Mike Wilkman (C) 150-6.

Mile — 1. Jack Bentz (DV) 4:16.2; 2. Ron Genschmer (C) 4:20.3; 3. Rich Milan (C) 4:22.7; 4. Randy Teraberry (DV) 4:24.8; 5. Ron Ramirez (SJ) 4:27.2; 6. Dave Muela (SF) 4:28.3.

Long jump — 1. Curtis Davis (SF) 23-7½ (wind-aided); 2. Danny Johnson (M) 23-3½w; 3. Tony Butler (DV) 23-0w; 4. Fred Ross (SJ) 22-8½w; 5. Paul Fabian (C) 22-0½w; 6. Dave Disalvo (SJ) 21-10¼w.

High hurdles — 1. Al Hall (SJ) 14.1 (aiding wind 8.0 m.p.h.); 2. Milt Turner (M) 14.5; 3. Ray Pope (M) 14.8; 4. Jared Butler (DV) 14.8; 5. Todd Skinner (DV) 14.8; 6. Glenn Chambers (DV) 15.1.

440 — 1. Marvin Jefferson (M) 48.0; 2. Floyd Malone (L) 48.4; 3. Thad Cooper (SJ) 48.6; 4. Karl Wilson (C) 48.8; 5. Andy Alexander (San Mateo) 49.3; 6. Paul Sanchez (SJ) 49.7.

100 — 1. Jared Butler (DV) 9.7 (aiding wind 6.0 m.p.h.); 2. Ron Ruffin (SF) 9.7; 3. Bill Wilder (SF) 9.8; 4. Reggie Jackson (C) 9.8; 5. Joe Jones (SF) 9.9; 6. Milt Turner (M) 9.9.

880 — 1. Jack Bentz (DV) 1:52.0; 2. Cirilo Morgan (SF) 1:52.3; 3. George Guichard (DV) 1:54.0; 4. Ken Wiegardt (C) 1:55.4; 5. Bob See (DV) 1:55.4; 6. Ron Drummond (C) 1:55.4.

High jump — 1. Greg Redmond (DV) 6-8¼ (GGC meet record; old, 6-8, Dave Fishbaugh, Chabot, 1970); 2. Ed Miller (DV) 6-6; 3. Al Sanderson (DV) 6-6; 4. Mark Pleich (F) 6-6; 5. Cezar Oravillo (SM) 6-4; 6. John Cox (DV) 6-4.

440 hurdles — 1. Todd Skinner (DV) 54.2; 2. Al Hall (SJ) 54.7; 3. Ken Phelps (SM) 54.9; 4. Marty Lydster (F) 54.9; 5. Will Fields (SF) 56.2; 6. Mike Fisher (SJ) 56.5.

220 — 1. Jared Butler (DV) 21.8; 2. Marvin Jefferson (M) 21.9; 3. Ron Ruffin (SF) 22.0; 4. Bill Wilder (SF) 22.0; 5. Floyd Malone (L) 22.1; 6. Reggie Jackson (C) 22.5.

Three-mile — 1. Bob Smith (F) 14:29.2 (GGC meet record; old, 14:31.8, Jack Bush, San Jose, 1971); 2. Jose Cortez (SM) 14:37.0; 3. Ron Genschmer (C) 14:43.8; 4. Rich Milan (C) 14:47.0; 5. Vic Massa (SM) 14:48.0; 6. Scott Carvey (SM) 14:48.0.

Pole vault — 1. Joe Verstrepren (SJ) 14-6; 2. Jim Lee (SJ) 13-6; 3. Paul McGehee (M) 13-6; 4. Tie, Tim Garbarino (DV) and Keith Anderson (C) 13-0; 6. Ron Self (DV) 12-6.

Triple jump — 1. Danny Johnson (M) 49-0 (wind-aided); 2. Ralph Byrd (C) 48-6¼w; 3. Dale Krebs (F) 46-9¼w; 4. Rick Gaudinler (C) 45-7¼; 5. Dave Disalvo (SJ) 45-4; 6. Ed Miller (DV) 44-8¼w.

Mile relay — 1. San Francisco (William Fields 50.0, Don Hatley 49.5, Will Daigle 48.8, Cirilo Morgan 48.2) 3:16.5; 2. San Jose 3:19.0; 3. Merritt 3:19.0; 4. Chabot 3:21.7; 5. Foothill 3:22.0; 6. Laney 3:22.9.

Team scores — Diablo Valley 123; Chabot 82; Merritt 75; San Francisco 73; San Jose 67; Foothill 32; Laney 23; San Mateo 21.