

GOLDEN GATE CONFERENCE TRACK AND FIELD CHAMPIONSHIPS

The first six places in each event will qualify
for the Northern California Trials. Placers
must have met qualifying standards during the
season.

April 29, 1977

JAVELIN	1.	Tom Giles	DeAnza	193'4"	
	2.	Lee Foster	DeAnza	191'3"	
	3.	Kevin Hurd	DeAnza	190'11"	
	4.	Robert Juntz	Chabot	188'6"	
	5.	Rod Harrison	San Jose	188'3"	
	6.	Doug Hart	San Jose	187'8"	
	7.	John Costa	Foothill	181'9"	
	8.	Mark Preston	Chabot	179'11"	
	9.	Tony Abate	West Valley	177'7"	
	10.	Mike Taylor	Diablo Valley	174'9"	
STEEPLECHASE	1.	Dave Hull	San Mateo	9:18.8	N.M.R.
	2.	Mike Smith	Chabot	9:25.0	
	3.	Kevin Searls	Diablo Valley	9:33.2	
	4.	Bill Joseph	San Jose	9:39.2	
	5.	Luis Hidalgo	Foothill	9:43.6	
	6.	Rich Pincombe	San Mateo	9:44.6	
	7.	Steve Nelson	DeAnza	9:47.4	
440 RELAY	1.	San Jose City College *		40.7	N.M.R.
	2.	City College of San Francisco		41.3	
	3.	Chabot College		41.4	
	4.	Diablo Valley College		41.5	
	5.	Laney College		42.4	
	6.	San Mateo College		42.4	
HIGH JUMP	1.	Thurlis Gibbs	San Jose	7'0"	N.M.R.
	2.	Bob Peterson	Chabot	6'10"	
	3.	Larry Wright	San Mateo	6'8"	
	4.	Mike Jett	San Mateo	6'8"	
	5.	Kevin Harding	West Valley	6'6"	
	6.	Don Kinman	Chabot	6'4"	
	6.	Andy Pecota	DeAnza	6'4"	
	8.	Bob Dillard	San Mateo	6'4"	
SHOT PUT	1.	Dave Laut	San Jose	60'5 $\frac{1}{4}$ "	N.M.R.
	2.	Mike Gough	DeAnza	52'1 $\frac{2}{3}$ "	
	3.	Roy Schabaske	DeAnza	51'5 $\frac{3}{4}$ "	
	4.	Howard Stuart	DeAnza	51'5 $\frac{1}{2}$ "	
	5.	Greg Tafralis	San Mateo	50'10"	
	6.	Lee Foster	DeAnza	50' $\frac{3}{4}$ "	
	7.	Bill Traugher	San Jose	49'4"	
	8.	Mark Robinson	Chabot	48'3"	

SAN JOSE 440 RELAY: Horace Berry - Eugene Rachal
Sherman Jones - Ken Meriwether

110 METER HIGH HURDLES ^{1.9}

1.	Scott Monroy	San Jose	13.7	N.M.R.
2.	Charles Hatch	San Francisco	14.5	
3.	Greg Veatch	Chabot	14.7	
4.	Don Reed	San Jose	14.7	
5.	Gordon Bliss	San Mateo	14.8	
6.	Larry Jackson	Chabot	15.0	
7.	Tom Nelson	San Mateo	15.1	

1500 METERS

1.	Tom Smith	Chabot	3:51.6	N.M.R.
2.	Mike McQueeney	DeAnza	3:52.8	
3.	Mitch Kingery	San Mateo	3:55.2	
4.	Matt Dowling	Diablo Valley	3:57.1	
5.	Tim Chain	DeAnza	3:59.9	
6.	Eric Benson	San Mateo	4:00.9	
7.	Kurt Dicus	San Mateo	4:01.6	

LONG JUMP

1.	Mike McRae	Chabot	24'5 3/4"
2.	Wayne Gray	West Valley	23' 3/4"
3.	Mike Martin	Chabot	22'10 3/4"
4.	Dan Young	San Mateo	22'8"
5.	Ken Tate	San Jose	22'4 3/4"
6.	Joe Fleimat	Diablo Valley	22'4 1/2"
7.	Andy Gustafson	San Mateo	22' 3/4"
8.	Nathan Craney	San Francisco	22'2 1/4"

400 METERS

1.	Steve Chepkovny ^{Kan}	Foothill	47.1
2.	Fred Harvey	San Jose	48.1
3.	Bob Foulke	San Mateo	48.3
4.	Ron Haynes	San Francisco	48.6
5.	Chris Menninger	Foothill	48.6
6.	Greg Johnson	San Jose	48.7
7.	Rich Judy	Chabot	48.8

800 METERS

1.	Russell Harris	San Jose	1:52.5
2.	David Emery	Chabot	1:52.8
3.	Clay Taylor	San Jose	1:53.5
4.	Mark Molina	Chabot	1:54.1
5.	Brian Hurdal	San Mateo	1:55.0
6.	Ron Sherrin	San Mateo	1:56.0
7.	Bruce Sterling	Laney	1:59.6

100 METERS ^{0.0}

1.	Ernest Lewis	Diablo Valley	10.2	N.M.R.
2.	Mike McRae	Chabot	10.5	
3.	Elson Walker	Laney	10.5	
4.	Sherman Jones	San Jose	10.5	
5.	Tuquail Willis	San Francisco	10.5	
6.	Ken Meriwether	San Jose	10.6	
7.	Horace Berry	San Jose	10.6	

400 METER INTERMEDIATE HURDLES	1.	Scott Monroy	San Jose	53.7
	2.	Keith Anderson	San Mateo	53.8
	3.	Mike Johnson	San Jose	54.5
	4.	Rod Palon	Diablo Valley	54.7
	5.	Don Reed	San Jose	54.9
	6.	Rick Howell	West Valley	55.8
	7.	Craig Anderson	San Jose	57.3

200 METERS	1.	Ernest Lewis	Diablo Valley	21.1	WIND 1.2 MPH
	2.	Sherman Jones	San Jose	21.4	
	3.	Eugene Rachal	San Jose	21.4	
	4.	Mike McRae	Chabot	21.5	
	5.	Mark Kent	Laney	21.7	
	6.	Horace Berry	San Jose	21.8	
	7.	Mike Creggins	San Mateo	21.8	

POLE VAULT	1.	Steve Oravetz	West Valley	16'6"	N.M.R.
	2.	Kevin Stevenson	San Mateo	16'0"	
	3.	Rick Vasquez	West Valley	16'0"	
	4.	Bob Dillard	San Mateo	15'6"	
	5.	Kim Black	San Mateo	15'6"	
	6.	Mark McGourty	Foothill	14'6"	

DISCUS	1.	Kurt Vonogas	Foothill	161'5"
	2.	Greg Tafralis	San Mateo	161'3"
	3.	Neil Berquist	Foothill	159'6"
	4.	Mike Gough	DeAnza	154'0"
	5.	Bill Perry	DeAnza	152'10"
	6.	Dave Rogers	Diablo Valley	150'1"
	7.	Rick Green	Foothill	149'3"
	8.	Mike McClinton	San Francisco	148'10"

MILE RELAY	1.	Foothill College *	Chapkwony 46.5	3:14.2	N.M.R.
	2.	City College of San Francisco		3:16.0	
	3.	College of San Mateo		3:16.0	
	4.	Chabot College		3:16.3	
	5.	San Jose City College		3:18.5	
	6.	West Valley College		3:20.5	
	7.	Laney College		3:22.0	

5000 METER	1.	Mitch Kingery	San Mateo	14:43.2
	2.	Tom Smith	Chabot	15:05.6
	3.	Wally Montenegro	San Jose	15:08.4
	4.	Russell Black	Foothill	15:08.4
	5.	Paul Mello	San Mateo	15:10.0
	6.	Bob Paulin	West Valley	15:20.8
	7.	Mike Smith	Chabot	15:31.8
	8.	Dave Parrish	San Jose	15:33.6
	9.	Kurt Dicus	San Mateo	15:46.3
	10.	Rick O'Dell	DeAnza	15:47.2

FOOTHILL MILE RELAY:	Chris Menninger	49.4	Leonard DeNux	50.3
	Dave Jakle	47.9	Stephen Chepkwony	46.5

NOTES:

Long Jump - only wind-aided entry - #7 Andy Gustafson

110 High Hurdles - Wind 1.9 MPH

100 Meters - Wind 0

TRIPLE JUMP	1.	Pete Moreno	San Jose	50'11"	
	2.	Mike McRae	Chabot	50'3 $\frac{1}{2}$ "	
	3.	Junior Rojas	San Jose	48'6"	
	4.	Steve Scott	Foothill	48' 3 3/4"	
	5.	Mike Haynes	San Francisco	47' 11 3/4"	W
	6.	Larry Jackson	Chabot	47' 7 $\frac{1}{2}$ "	
	7.	George Francis	Diablo Valley	47' 3 3/4"	
	8.	Mike Willis	West Valley	45'7 3/4"	

FINAL SCORE:

1.	San Jose City College	140
2.	Chabot College	104 $\frac{1}{2}$
3.	College of San Mateo	94
4.	DeAnza College	59 $\frac{1}{4}$
5.	Foothill College	49
6.	Diablo Valley College	40
7.	City College of San Francisco	32
8.	West Valley College	29
9.	Laney College	10