

Men

Team score — 1, Shasta College 133; 2, College of the Siskiyous 77½; 3, Butte College 70; 4, College of the Redwoods 23; 5, Lassen College 13½.

Individuals

Steeplechase — 1, Dykstra, COS, 9:55.6; 2, Van Camp, COS, 10:11.9; 3, Barraco, COS, 10:15.8.

400 relay — 1, Shasta 42.7; 2, COR 43.3; 3, Lassen 43.7.

1,500 — 1, Luna, B, 4:04.0; 2, Todd, COS, 4:04.5; 3, Haugen, COR, 4:05.5.

High jump — 1, Leggett, S, 6-4; 2, Langston, S, 6-2; 3, Avrit, B, 6-0.

Shot put — 1, James, S, 48-9½; 2, Thornhill, S, 46-3; 3, Huser, COS, 44-4.

110 high hurdles — 1, Murray, COS, 14.6; 2, Hatt, S, 14.7; 3, Poitevint, COS, 14.9.

Long jump — 1, Lee, S, 21-9¾; 2, North, B, 21-7½; 3, Langston, S, 21-4¾.

400 — 1, Zimmerman, B, 49.0; 2, Sharp, S, 49.4; 3, Shammatt, COR, 50.3.

100 — 1, North, B, 10.8; 2, Hatt, S, 10.9; 3, Taylor, L, 10.9.

800 — 1, Ames, COS, 1:58.2; 2, Luna, B, 1:58.7; 3, Brodmerkle, COS, 2:00.3.

400 intermediate hurdles — 1, Poitevint, COS, 53.2; 2, Hatt, S, 55.7; 3, Almgren, S, 57.7.

Pole vault — 1, Dooley, S, 15-2; 2, Fehlman, S, 13-6; 3, Langston, S, 13-0.

200 — 1, (tie) Zimmerman, B, and Lee, S, 21.9; 3, Sharp, S, 22.5.

5,000 — 1, Haugen, COR, 15:28.2; 2, Dykstra, COS, 15:33.2; 3, Phillips, S, 16:13.7.

Mile relay — 1, Shasta 3:25.2; 2, Butte 3:25.2; 3, COS 3:26.3.

Discus — 1, James, S, 148-4; 2, North, B, 146-1; 3, Connell, B, 130-2.

Girls

Team score — 1, Shasta College 118; 2, Butte College 40; 3, Lassen College 35; 4, College of the Redwoods 32; 5, College of the Siskiyous 21.

Individuals

400 relay — 1, Butte 52.3; 2, COR 52.5; 3, Shasta 53.0.

1,500 — 1, Oliveira, S, 5:07.0; 2, Sheehy, S, 5:12.8; 3, Hall, S, 5:19.0.

100 low hurdles — 1, Taylor, L, 17.4; 2, Anderson, S, 17.9; 3, Thomas, S, 18.5.

400 — 1, Smith, S, 59.6; 2, Mallard, S, 64.0; 3, Haines, B, 66.5.

100 — 1, Putnam, B, 12.1; 2, Kerns, COR, 12.6; 3, Yeths, COR, 13.0.

800 — 1, Sheldon, COS, 2:23.5; 2, LaPorte, COS, 2:26.2; 3, Zediker, COS, 2:29.1.

400 hurdles — 1, Thomas, S, 1:15.6; 2, Lee, S, 1:17.6.

200 — 1, Putnam, B, 24.8; 2, Smith, S, 25.6; 3, Kerns, COR, 26.4.

3,000 — 1, Sheehy, S, 11:25.0; 2, Sherve, L, 13:15.2.

Triple jump — 1, Mallard, S, 36-11; 2, Campau, B, 33-11.

Mile relay — 1, Shasta 4:15.9; 2, COS 4:17.8; 3, Butte 4:36.7.

EUREKA — Results after first day of Golden Valley Conference track and field championships held Friday at College of the Redwoods:

Men

Team scores — 1, Shasta College 33; 2, College of the Siskiyous 17; 3, Butte College 14; 4, Lassen College and College of the Redwoods 0.

Individuals

10,000 — 1, Dykstra, COS, 33:24.0; 2, Phillips, S, 33:36.5; 3, Barraco, COS, 34:26.6.

Triple jump — 1, Fehlman, S, 44-6½; 2, Langston, S, 43-6¾; 3, Almgren, S, 42-½.

Javelin — 1, North, B, 192-5; 2, Bartelme, COS, 187-4; 3, Jacona, S, 182-5.

Hammer — 1, James, S, 172-2; 2, Thornhill, S, 152-3; 3, Miller, COS, 143-2.

Women

Team scores — 1, Shasta College 47; 2, College of the Redwoods 18; 3, Lassen College 16; 4, Butte College 13; 5, College of the Siskiyous 2.

Individuals

Javelin — 1, Catron, L, 124-5; 2, Olocco, COR, 114-4; 3, Mello, S, 100-9.

High jump — 1, Campau, B, 5-0; 2, Kerns, COR, 5-0; 3, Monique Edwards, B, 4-8.

5,000 — 1, Sheehy, S, 20:08.8; 2, Oliveira, S, 20:22.6; 3, Hall, S, 20:50.9.

Shot put — 1, Wissmath, S, 35-8; 2, Mello, S, 34-6; 3, Olocco, COR, 34-5.

Discus — 1, Wissmath, S, 122-10; 2, Mello, S, 118-1; 3, Law, L, 117-7.

Long jump — 1, Kerns, COR, 16-6¾; 2, Mallard, S, 15-5½; 3, Taylor, L, 15-5.