

1983
National Community College Leaders

Top 10 Lists

MEN		MEN		MEN	
100m		5K		400 RELAY	
1. Al Miller (Mt. SAC)	10.16w	1. Agapius Amo (Ranger, TX)	14:12.9	1. Long Beach	39.92
2. Bernie Jackson (Mesa, AZ)	10.28	2. Gary Lewis (San Jose)	14:34.1	2. Pasadena	39.94
3. Andre Freeman (El Camino)	10.28w	3. Marco Ibarra (San Francisco)	14:34.3	3. Merritt	40.00
4. Kelvin Jackson (Long Beach)	10.33w	4. Jesse Torres (San Jose)	14:36.7	4. Taft	40.05
5. Kelley Jackson (LA Valley)	10.1	5. Gonzalo Huggins (Long Beach)	14:36.76	5. El Camino	40.60
6. Fabian Cooper (Pasadena)	10.37w	6. Shawn Gallagher (Orange Coast)	14:36.8	6. Central, AZ	40.66
7. Kipper Bell (San Diego)	10.42w	7. Gogl (Clackamas, OR)	14:42.2	7. Odessa, TX	40.69
8. Ken Sutton (Odessa, TX)	10.2w	8. Rich Dodson (El Camino)	14:42.9	8. Mt. SAC	40.79
9. Prince Fields (Taft)	10.46	9. Steve Koech (Ranger TX)	14:44.1	9. SJ Delta	41.0
10. Laing (Central, AZ)	10.48	10. Brent Griffiths (El Camino)	14:45.73	10. Sacramento	41.14
200		10K		800 RELAY	
1. Bernie Jackson (Mesa, AZ)	20.50	1. Agapius Amo (Ranger TX)	29:00.0	1. Pasadena	1:23.66
2. Al Miller (Mt. SAC)	21.80	2. Richard Brownberger (Grossmont)	30:36.1	2. Mesa, AZ	1:24.56
3. Kelvin Jackson (Long Beach)	21.90	3. Joe Rubio (West Valley)	30:37.0	3. Long Beach	1:24.82
4. Mike Dexter (Taft)	21.7	4. Frank Jewett (San Bernard)	30:38.3	4. Taft	1:24.92
5. Greg Washington (Long Beach)	20.7	5. Tyrus Deminter (Long Beach)	30:40.1	5. El Camino	1:25.1
6. Kipper Bell (San Diego)	21.02	6. Jesse Torres (San Jose)	30:43.8	6. Merritt	1:25.79
7. Ricky Schell (Taft)	21.04	7. Joel Hope (Chaffey)	30:48.9	7. Central, AZ	1:25.90
8. Howard Hawkins (Long Beach)	20.8	8. Al Dehlinger (Antelope Valley)	30:57.3	8. Mt. SAC	1:26.25
9. Fabian Cooper (Pasadena)	21.10	9. Bob Adams (Orange Coast)	31:10.3	9. Fresno	1:26.97
10. Young (Riverside)	21.24	10. Tom Laythe (Foothill)	31:45.0	10. LA Harbor	1:27.07
400		110H		1600 RELAY	
1. Marshall Wyatt (Odessa, TX)	46.83	1. Bryan Bolton (Sacramento)	14.00	1. Pasadena	3:09.39y
2. Fabian Cooper (Pasadena)	46.8	2. Curtis Johnson (Delta)	14.0w	2. Odessa, TX	3:08.32
3. Ken Spencer (Odessa, TX)	46.99	3. Nelson Rodriguez (Long Beach)	14.28	3. Long Beach	3:10.34y
4. Vince Pettus (Sacramento)	47.02	4. Ed Cooper (El Camino)	14.37	4. Mt. SAC	3:10.5
5. Kevin Stockdale (San Jose)	47.10	5. Ron Gaskill (Glendale)	14.42	5. Merritt	3:12.63y
6. Robert Kimble (Ranger, TX)	47.0	6. Ed Riley (Long Beach)	14.53	6. Sacramento	3:12.75y
7. Leonard Graham (Pasadena)	47.19	7. Venegas (Glendale)	14.55	7. Ranger, TX	3:11.78
8. Vince Bostic (Pasadena)	47.20	8. Bryan Knight (Bakersfield)	14.55w	8. El Camino	3:11.8
9. Angelo Bryant (Taft)	47.2	9. Steve Roberts (Foothill)	14.62w	9. New Mexico JC	3:12.09
10. Jack Armour (Southwest)	47.4	10. Steve Daniels (LA Trade Tech)	14.3w	10. Taft	3:14.18y
800		400H		DISTANCE MEDLEY	
1. Luis Lizardi (Long Beach)	1:50.74	1. Ed Cooper (El Camino)	50.94	1. Long Beach	9:44.0
2. Howard Gardner (West LA)	1:51.85	2. Ladrick Trusty (New Mexico)	52.00	2. Moorpark	9:50.4
3. Angel Roman (Long Beach)	1:51.9	3. Kevin Lyons (So. Plains, TX)	52.17	3. Lane, OR	10:03.36
4. Darryl Richie (Long Beach)	1:52.00	4. Ed Riley (Long Beach)	52.27	4. Bellevue, WA	10:05.42
5. Eric Behring (Fullerton)	1:52.2	5. Jose Davis (Long Beach)	52.2	5. Pasadena	10:09.7y
6. Terry Popp (Bakersfield)	1:52.34	6. Gil Wheeler (American River)	52.41	6. El Camino	10:07.9
7. John Langerston (Mt. SAC)	1:52.3	7. Tom Hoban (Chabot)	52.54	7. Citrus	10:13.53y
8. Mark Guest (Orange Coast)	1:52.67	8. Bryan Bolton (Sacramento)	52.58	8. Fullerton	10:10.25
9. Alfonso Averhart (Taft)	1:53.23	9. Oswaldo Zea (Long Beach)	52.58	9. Pima, AZ	10:16.0y
10. Tracey Dryden (SJ Delta)	1:53.2	10. Kelly (Pima, AZ)	52.61	10. Glendale	10:17.4
1500		STEEPLECHASE		2 MILE RELAY	
1. Angel Roman (Long Beach)	3:48.63	1. Jesse Torres (San Jose)	8:59.6	1. Long Beach	7:29.1y
2. Fernando Velasquez (Citrus)	3:50.57	2. Kevin Kieser (Central, AZ)	9:09.5	2. Bellevue, WA	7:33.55
3. Gary Lewis (San Jose)	3:51.1	3. Steve Strevell (DuPage, IL)	9:13.89	3. Moorpark	7:34.15
4. Agapius Amo (Ranger, TX)	3:51.58	4. Rick Dillon (Marin)	9:15.7	4. Bakersfield	7:35.2
5. Cesario Marquez (Long Beach)	3:51.84	5. Tony Macey (Clackamas, OR)	9:18.2	5. Mt. Hood, OR	7:40.64
6. Steve Fairman (Moorpark)	3:52.1	6. Danilo Perez (Hancock)	9:20.8	6. Spokane, WA	7:42.22
7. Gus Mosarro (Pasadena)	3:52.22	7. Osmar Escobar (Long Beach)	9:23.6	7. Saddleback	7:45.97y
8. Joe Rubio (West Valley)	3:53.0	8. Steve Barlow (Hancock)	9:23.7	8. Glendale	7:49.56
9. Todd Johnson (Bellevue, WA)	3:53.2	9. Leroy Rivera (Fresno)	9:24.1	9. Pasadena	7:54.7
10. Gonzalo Huggins (Long Beach)	3:53.41	10. John Singhded (West Valley)	9:24.4	10. LA Valley	7:58.4

Times listed in tenths are hand-times
Times listed in hundredths are electronic

Names without a State designation are from Calif.

W = Wind-aided marks
Y = race run in yards

1983
National Community College Leaders

Top 10 Lists

MEN

HIGH JUMP

1. Ron Lee (Pasadena)	7-4
2. Greg Gonsalves (Sacramento)	7-1¼
3. Mark LaBrew (Santa Monica)	7-0
4. Dave Swanson (Santa Rosa)	7-0
5. Francel Jones (Pasadena)	6-10½
6. Ron Kamaka (Santa Rosa)	6-10½
7. Jody King (Mt. Hood, OR)	6-10
8. Lorenzo DeMyers (Orange Coast)	6-10
9. Rich Johnson (Oxnard)	6-10
10. Frank Eaton (LA Trade Tech)	6-10

POLE VAULT

1. Toby Bell (Odessa, TX)	16-7
2. Doug Wicks (Bakersfield)	16-6
3. Toby Hatfield (Mt. SAC)	16-0
4. Mitch Wolfe (Linn-Benton, OR)	16-0
5. Canfield (Linn-Benton, OR)	16-0
6. Jerry Nelson (Golden West)	16-0
7. Tyrone Frazier (Eastern, OK)	16-0
8. Dion Giulliano (Glendale)	15-9
9. Mike McQuaid (Mt. SAC)	15-9
10. Bill Malins (Mt. SAC)	15-9

LONG JUMP

1. Eric Thomas (Pasadena)	24-7¾
2. Foster (Pima, AZ)	24-4w
3. Mike Harris (Santa Monica)	24-3w
4. Kevin Knight (Bakersfield)	24-2¼
5. Aaron Mosely (Antelope Valley)	24-2¼
6. Tracy Mitchell (Saddleback)	24-2w
7. Clay Hall (Desert)	24-1½w
8. Powell (Oxnard)	24-1w
9. Chastang (Compton)	24-0½w
10. Terrell Jones (Santa Monica)	23-11

TRIPLE JUMP

1. Jose Salazar (Long Beach)	53-2¾
2. Oscar Harris (Long Beach)	50-9
3. Clay Hall (Desert)	50-8½w
4. Garwell Taylor (Fresno)	50-4¾
5. John McDaniels (Bakersfield)	50-0½w
6. Trent Willis (Mt. SAC)	49-11w
7. Aaron Mosely (Antelope Valley)	49-10
8. Dennis Trotter (So. Plains, TX)	49-9w
9. Richard Osborn (Grossmont)	49-6½
10. Barry Mosley (Southwestern)	49-6w

SHOT PUT

1. Jim Doehring (Saddleback)	59-2½
2. Curt Denny (Lane, OR)	58-0
3. Todd Kauffman (San Jose)	57-3
4. Chris Sweeney (Saddleback)	56-4
5. Rick Meyers (Foothill)	56-4
6. Pat Neal (Taft)	55-10
7. Leroy Spears (Fresno)	55-2½
8. Eric Martin (Bakersfield)	55-1
9. Troy Tarbert (Spokane, WA)	54-3½
10. Kenny Matney (So. Plains, TX)	54-0½

MEN

DISCUS

1. Todd Kauffman (San Jose)	192-1
2. Goran Bergquist (Ricks, ID)	184-2
3. Olar Jensen (Ranger TX)	175-11
4. Jim Doehring (Saddleback)	173-2
5. Bo Hendrickson (Ricks, ID)	171-9
6. Marty Davenport (Odessa, TX)	171-0
7. Chris Sweeney (Saddleback)	170-6
8. Antonio Dobbins (Glendale)	167-9
9. Rick Meyers (Foothill)	167-7
10. Kevin Jeffreis (Glendale)	165-5

HAMMER

1. Lennart Bodell (Ricks, ID)	212-11
2. Todd Kauffman (San Jose)	161-8
3. Stan Mataele (Sacramento)	158-2
4. Kevin Jeffreis (Glendale)	150-5
5. Neal Johnson (Glendale, AZ)	148-8
6. Ed Hotz (Fresno)	146-3
7. Rick Meyers (Foothill)	145-2
8. Antonio Dobbins (Glendale)	144-0

JAVELIN

1. Zak Kelly (Ranger, TX)	251-7
2. Roger Barnhurst (Clackamas, OR)	245-10
3. Mike Schmidt (Foothill)	228-0
4. Nate Oliverson (Linn-Benton, OR)	227-0
5. Chris Peterson (Citrus)	220-5
6. Rick Kauffman (San Jose)	219-9
7. Shawn Denton (Odessa, TX)	219-3
8. Doug Fernandez (Long Beach)	218-1½
9. Babich (Mt. Hood, OR)	218-1
10. Craig Holbrook (Siskiyou)	214-2

WOMEN

100M

1. Zelda Johnson (Mt. SAC)	11.59
2. Gervaise McCraw (Mt. SAC)	11.4w
3. Patricia Carpenter (Contra Costa)	11.81w
4. Cheryl Brown (Pasadena)	11.81w
5. Aladrian Hunter (West LA)	11.86w
6. Ronda Robinson (San Mateo)	11.87w
7. Gayle Watkins (Long Beach)	11.94
8. Michelle Hallie (Pasadena)	11.94w
9. Shelia Nicks (Sequoias)	12.02w
10. Tammy Ortiz (Cerritos)	12.04w

200

1. Gervaise McCraw (Mt. SAC)	23.59
2. Zelda Johnson (Mt. SAC)	23.69
3. Aladrian Hunter (West LA)	24.20w
4. Michelle Hallie (Pasadena)	24.28w
5. Ronda Robinson (San Mateo)	24.49w
6. Patricia Carpenter (Contra Costa)	24.54w
7. Cheryl Brown (Pasadena)	24.64w
8. Felicia Saville (El Camino)	24.79w
9. Brenda Brewer (San Mateo)	24.82w
10. Shelia Nicks (Sequoias)	24.88w

WOMEN

400

1. Gervaise McCraw (Mt. SAC)	54.72
2. Brenda Brewer (San Mateo)	55.40
3. Devy Sanders (SJ Delta)	55.75
4. Tina Walls (Santa Fe, FL)	55.76
5. Loretta Jordan (Cerritos)	55.98
6. Sherrill Miller (Foothill)	56.52
7. Jill Moss (American River)	56.61
8. Cathie Wilson (Bakersfield)	56.93
9. Dianna Turner (Mira Costa)	57.15
10. Tracet Raade (Bellevue, WA)	57.20

800

1. Jill Moss (American River)	2:11.10
2. Linda Spaargaren (Skyline)	2:12.07
3. Tammy Anderson (Modesto)	2:12.43
4. Cathy Pedroza (East LA)	2:12.56
5. Pam Lee (Ventura)	2:14.46
6. Sherrill Miller (Foothill)	2:14.77
7. Julia Hawks (Mira Costa)	2:15.60
8. Janine Dube (Orange Coast)	2:15.64
9. Gina Castagna (Bellevue, WA)	2:15.5
10. Ellie Carrie (Golden West)	2:16.01

1500

1. Julie Thomas (Bellevue, WA)	4:33.33
2. Linda Spaargaren (Skyline)	4:35.5
3. Tammy Anderson (Modesto)	4:36.7
4. Mawinga Sote (Mt. SAC)	4:37.0
5. Cathy Pedroza (East LA)	4:37.4
6. Mara Lazdans (Mira Costa)	4:40.57
7. Lorraine Mercado (Ventura)	4:41.2
8. Sharon Powers (Santa Rosa)	4:41.4
9. Kim DeVetis (Orange Coast)	4:41.61
10. Ruthie Truscott (Grossmont)	4:50.9

3,000

1. Sharon Powers (Santa Rosa)	9:54.7
2. Janie Regis (Florida JC)	9:59.4
3. Kim DeVetis (Orange Coast)	10:00.07
4. C. Rogers (Orange Coast)	10:02.0
5. Mara Lazdans (Mira Costa)	10:02.6
6. Mawinga Sote (Mt. SAC)	10:02.90
7. S. Hartsford (Phoenix, AZ)	10:05.6
8. Bridget Devins (Bellevue, WA)	10:06.7
9. Julie Thomas (Bellevue, WA)	10:06.8
10. Adrian Lilburn (Florida JC)	10:07.2

100H

1. Aladrian Hunter (West LA)	14.08
2. Tina Walls (Santa Fe, FL)	14.29
3. Deifre Fields (Chabot)	14.50w
4. Angie Regis (Santa Monica)	14.55w
5. Teri Haynes (West LA)	14.66w
6. Yolanda Hughes (Saddleback)	14.5
7. Kelly Hunt (SJ Delta)	14.82w
8. Janice Giza (Chemeketa, OR)	15.00w
9. Sherry Yost (Mt. Hood, OR)	15.03w
10. Rhona Oswald (Mira Costa)	15.03w

1983

National Community College Leaders

Top 10 Lists

WOMEN

400H

1. Eileen Cunningham (Chabot)	63.25
2. Kelly Hunt (SJ Delta)	64.01
3. Annie Kiing (San Diego Mesa)	64.08
4. Linda Bell (Santa Monica)	64.30
5. Charlene Schalk (Diablo Valley)	64.36
6. Sue Patterson (LA Valley)	64.41
7. Becky Strong (El Camino)	64.65
8. Karen Turpgin (Foothill)	64.94
9. Teresa Chavez (Modesto)	64.8
10. Angie Regis (Santa Monica)	65.05

400 RELAY

1. Mt. SAC	46.24
2. Pasadena	46.91
3. Bellevue, WA	47.17
4. El Camino	47.64
5. Ranger, TX	47.79
6. San Bernardino	47.80
7. Cerritos	47.81
8. West LA	47.85
9. Ventura	47.8
10. San Jose	48.05

800 MEDLEY RELAY

1. Mt. SAC	1:39.45y
2. Bellevue, WA	1:41.99
3. Pasadena	1:42.44y
4. El Camino	1:43.8
5. San Bernardino	1:44.99y
6. West LA	1:45.9y
7. Cerritos	1:45.4

1600 RELAY

1. Mt. SAC	3:46.29
2. Bellevue, WA	3:47.40
3. Cerritos	3:50.5
4. El Camino	3:53.3
5. Mira Costa	3:54.05y
6. San Mateo	3:55.38
7. Chabot	3:56.1
8. Santa Monica	3:56.78
9. West LA	3:57.15
10. Fullerton	3:57.54

DISTANCE MEDLEY

1. Orange Coast	12:19.0
2. Grossmont	12:27.0
3. East LA	12:40.14
4. Mt. SAC	12:43.3
5. El Camino	12:43.9
6. Fullerton	12:55.1
7. Glendale	13:27.1

WOMEN

HIGH JUMP

1. Yvette Maufas (LA Valley)	5-8
2. Sue Patterson (LA Valley)	5-8
3. Chan (Cuesta)	5-8
4. E. Ratliff (Modesto)	5-7¼
5. Lisa Sary (Long Beach)	5-6½
6. Shelly Schrader (Green)	5-6½
7. Jennifer Mercer (Cerritos)	5-4
8. Vanegmond (LA Valley)	5-4
9. Anne Dietrich (Moorpark)	5-4
10. Natalie Irving (San Diego Mesa)	5-4

LONG JUMP

1. Shelia Nicks (Sequoias)	20-5½w
2. Joanna Harper (Antelope Valley)	19-1w
3. Mary Carroll (Desert)	19-0w
4. Gervaise McCraw (Mt. SAC)	18-11½w
5. Shelia Frye (Cerritos)	18-9½
6. Yolanda Hughes (Saddleback)	18-7½w
7. Darlene Pennie (Pasadena)	18-6½w
8. C. Sheppard (San Bernardino)	18-4¼w
9. Lizzie Knox (Bellevue, WA)	18-3¼w
10. Darlene Jones (Mesa, AZ)	18-3

SHOT PUT

1. Dot Jones (Modesto)	51-0½
2. Diana Clements (Saddleback)	50-0¾
3. Lynn Graham (Fresno)	47-3
4. Tori Lawrence (Mesa, AZ)	46-6¼
5. Stephanie Baker (Cerritos)	44-11½
6. Jill Crisley (Foothill)	44-6
7. Celeste Carrington (Cerritos)	43-9¾
8. R. Edmonston (Diablo Valley)	41-3½
9. D. Munsell (American River)	41-1
10. A. Phillips (American River)	40-6

DISCUS

1. Diana Clements (Saddleback)	157-11
2. Carol Unger (Spokane, WA)	151-5½
3. Karen Woodbeck (DeAnza)	150-8
4. Anna Nilsson (Ricks, ID)	150-6
5. Sharon Pierson (Fresno)	146-0
6. B. Westbrook (Contra Costa)	144-11
7. Ingrid Bailey (West Valley)	142-2
8. Jill Schultz (Yuba)	141-11
9. L. Mize (SJ Delta)	140-5
10. Jill Crisley (Foothill)	138-9

JAVELIN

1. Sonya Smith (So. Idaho)	163-9
2. Deena Bernstein (Moorpark)	162-8
3. Nadine Bowers (Hartnell)	153-11
4. Shaney Coe (Spokane, WA)	152-5
5. Cathie Wilson (Bakersfield)	152-2
6. Sue Frank (Clackamas, OR)	147-3
7. Kathy Duly (Yakima, WA)	147-2
8. Debbie Koffel (Clackamas, OR)	142-10½
9. Colleen Kevany (El Camino)	141-11
10. Lee Plevney (Santa Rosa)	139-7

WOMEN

HEPTATHLON

1. Catharina Anderson (Ricks, ID)	4,822
2. Brenda Bertillion (Chabot)	4,665
3. E. Ratliff (Modesto)	4,616
4. Sherry Yost (Mt. Hood, OR)	4,565
5. Shari Hilton (Clackamas, OR)	4,563
6. Sandi Singhose (Linn-Benton, OR)	4,527
7. Stephanie Mundt (Modesto)	4,483
8. Eileen Cunningham (Chabot)	4,473
9. Renee Gerbich (San Jacinto)	4,398
10. Gay Gandee (Ranger TX)	4,369