Jr. AAU Summary

FINALS

HAMMER: 1—Manual Silderia (Guttenberg, N.J.) 180-0; 2—Gene Mancino (Guttenberg) 178-70; 3—Fred Breidenbach Jr. (Kent State) 157-10; 4—Erik Kilnoff (N. Britain, Conn.) 151-9; 5— Steve Sheely (Penn State) 151-6.

SHOT PUT: 1—Mark Chew (Mesa, Ariz.) 56-10; 2—David Kurrasch (Newport Harbor, Calif.) 55-1; 3—Robert Will (Lynboro, N.Y.) 52-10; 4—Raymond Sahadi (Clemson) 52-2; 5—Ken Currie (W. Penn Track Club) 51-8.

JAVELIN: 1—Stewart Ralph (Clemson) 228-2; 2—Tom Sinclair (Tacoma, Wash.) 225-0; 3—Phil Robinson (Dequoias) 204-9; 4—Robert Roggy (S. III.) 198-7; 5—Dennis Morris (LSU) 190-2.

LONG JUMP: 1-Larry Myricks (Miss. College) 25-4; 2-James Lotton (Los Angeles) 24-8; 3-Paul Jordan (Tenn.) 24-7; 4-Bob Jones (Morehead St.) 24-6; 5-Jay Reardon (Kansas City) 23-8.

POLE VAULT: 1-Gary Hunter (S. III.) 16-6; 2-Jim Knaub (Lakewood, Calif.) 16-0; 3-Jim Stokes (Burton, Mich.) 16-0; 4-David Lipinski (Wm. & Mary) 16-0; 5-Brian Kimball (Ft. Wayne, Ind.) 16-0.

TRACK SEMIFINALS

100-METER DASH: First Heat—Houston McTear (Baker, Fla) 9.96 (betters meet record of 10.4 by Cal Poly's Clancy Edwards, 1974; betters track record of 10.5 by Memphis State's Ed Hammonds, 1972), Lamar Prevor (Dayton, O.) 10.3, Bob Jones (Morehead St.) 10.4. Second Heat—Joel Andrews (W. Bakerstield, Calif.) 10.3, James Weal (Bridgeville, Del.) 10.5, Kevin Johnson (Brandon, Fla.) 10.5. Third Heat—Harvey Glanse (Phenix City, Ala.) 10.3, Dwayne Strozier (Flint, Mich.) 10.4, Jeff Phillips (Whitehall, O.) 10.4.

400-METER DASH SEMIS: First Heat

-Ronnie Harris (Charlottesville, Va.) 46.65, Tony Darden (Norristown, Pa.) 46.8, Brian Theriot (Newport Beach, Calif.) 47.0, Jerome Morgan (Tenn.) 47.2. Second Heat—Anthony Blair (Alliance, O.) 47.0, Sandy Lawrence (Philadelphia) 47.1, Palmer Simmons (Hilton Head Is-Iand, S.C.) 47.3, Richard Massey (New York) 47.4.

1500-METER RUN: First Heat-Steven Scott (Cal-Irvine) 3:54.6, Don Paige (Baldwinsville, N.Y.) 3:54.7, Paul Buttermark (N.C. State) 3:55.4, Phil Barker (Furman) 3:56.6. Second Heat-Steve Elliot (Pontiac, Mich.) 3:48.15, James Peterson (Georgetown) 3:48.15, Steve Lacy (Wisconsin) 3:48.3, Gene McCarthy (Bronx, N.Y.) 3:49.0.

800-METER RUN: First Heat-Mark Belger (Villanova) 1:51.5, Phil Rolle (Miami, Fla.) 1:51.6, Donald Paige (Baldwinville, N.Y.) 1:51.8. Second Heat --Steve Schnellenberger (Peoria, III.) 1:15.6, Charles White (Illinois) 1:51.7, Jay Miranda (Cleveland, O.) 1:51.7. Third Heat-Allen Schultz (Brigham Young) 1:50.0, Rod Lewis (Oakland, Calif.) 1:50.3, Mark Martin (Mt. St. Mary's College) 1:50.3.

110-METER HIGH HURDLES: First Heat—James Triplett (Louisville) 14.45, Dan Oliver (Shreve, O.) 14.7, Jarvis White (Southern U.) 14.7, Michael Chriss (Oregon) 14.7. Second Heat—Greg Robertson (South Bend, Ind.) 14.4, Greg Rumple (Drake) 14.5, Dennis Rock (Penn State) 14.8, Mike Bolin (Florissant Valley, Mo.) 14.8.

200-METER DASH: First Heat-Dwayne Evans (Phoenix, Ariz.) 21.1, Ronnie Harris (Charlottesville, Va.) 21.3, Mike Roberson (Winter Park, Fla.) 21.3, Second Heat-Jerome Morgan (Tenn.) 21.2, Harvey Glance (Phenix City, Ala.) 21.4, Willie Smith (Auburn) 21.4. Third Heat-Dwayne Strozier (Flint, Mich.) 20.9, Lamar Preyor (Dayton, O.) 21.5, Tim Dale (Absecon, N.J.) 21.7.

AAU Junior Track

Winners in the National Junior AAU Track and Field Championships Saturday night at Knoxville:

100-meter dash—1. Houston McTear, Florida, 10.2; 2. Dwayne Stozler, Flint, Mich., 10.5; 3. Joel Andrews, Bakersfield, Calif. 10.5

Triple jump-1. Paul Jordan, Tennessee, 52-8 (meet record); 2. Jerome Hutchings, Macon, Ga., 52-1; 3. Mike Marlow, Cosumnes River College, 51-10.

800-meter run—1. Mark Belger, Villanova, 1:47.5 (meet record); 2. Charles White, Illinois, 1:47.9; Philip Rolle, Miami, Fla., 1:48.2.

Discus—1. Darell Elder, Southern Cal, 183-3 (meet record); 2. Scott Genter, Tennessee, 181-4; 3. Mark Chew, Mesa, Ariz., 166-11.

400-meter intermediate hurdles—1. Howard Neely, Michigan State, 51.2; 2. Rich Graybehl, Southern Cal, 51.6; 3. Rhan Sheffield, East Los Angeles College, 51.6.

5,000-meter run—1. Ralph King, Atlanta, 14:11.7 (meet record); 2. Alberta Salazar, Wayland, Mass., 14:14.5; 3. Tom Hunt, San Diego, Calif., 14:18.9.

3,000-meter steeplechase—1. Henry Perez, San Joaquin Delta College, 8:48.2 (meet record): 2. John Wright, Tennessee, 8:52.1; 3. Larry Hurst, Oregon, 8:57.1.

200-meter dash—1. Dwayne Evans, Phoenix, Ariz., 20.9; 2. Dwayne Stazier, Flint, Mich., 20.9; 3. Willie Smith, Auburn, 21.0.

110-meter high hurdles—1. Greg Robertson, South Bend, Ind., 14.2; 2. Greg Rumple, Drake, 14.3; 3. James Tripleti, Louisville, Ky.

400-meter dash—1. Tony Darden, Norristown, Pa., 46.2; 2. Richard Massey, New York City, 46.4; 3. Sandy Lawrence, Philadelphia, 46.7.

1.500-meter run—1. Steve Lacy, Wisconsin, 3:45.2; 2. Paul Buttermark, North Carolina State, 3:45.4; 3. Scott Stevens, California-Irvine 3:47.5.

10-kllometer walk—1. Rudy Chapa, Hammond, Ind., 29:11.2; 2. Eric Hulst, Laguna Beach, Calif., 29:11.2; 3. Mark Finucane, East Tennessee State, 29:23.2.

10,000-meter run-1. Rudy Chapa, Hammond, Ind., 29:11.1 (meet record); 2. Eric Hulst, Laguna Beach, Calif., 29:11.1; 3. Mark Finucane, East Tennessee State, 29:23.2.

400MH (Continued)

Six heats, three to qualify for semi-finals: <u>lst Heat</u>, 1-Betty Deveson, Unatt. 64.1. 2-Patty Cape, Long Beach Comets, 64.3. 3-Danette Wilson, Boulder Cinderbelles, 65.3. 4-Robin Lowe, Groton TC, 66.5. 5-Sandy Bloomfield, Delaware Sports Club, 66.5 2nd Heat, 1-Chris Rassel, Peoria Pacettes, 63.6. 2-Susan White Sports International, 63.7. 3-Melinda Obey, Atoms TC, 63.9. 4-Penny Fales, Central Jersey TC, 65.7. 5-Sylvia Floyd, Keystone Klub, NT. 6-Kim Gehring, Blue Ribbon TC, NT. <u>3rd Heat</u>, 1-Debbie Vetter, Blue Ribbon TC, 62.1 (Jr. Women's record, old record 62.3 by Clydine Crowder, 1973). 2-Vanessa Landis, Mal-lory Chargers, 65.3. 3-Laura Kutsa, West Suburban TC, 65.5. 4-Linda Hightower, San Antonio League, 66.9. 5-Sherri Moore, Peoria Pacettes, 67.5. 6-Lisa Thomas, Boulder Cinderbelles, 68.4. 4th Heat, 1-Carolyn Bing, San Jose Cindergals, 63.9. 2-Nancy Robinson, Falmouth TC, 64.1. 3-Jeanette Chapman, Klub Keystone, 64.3. 4-Erica Hagenlocher, Syracuse Chargers, 65.3. 5th Heat, 1-Tonetta Rumph, Atoms TC, 61.9 (Jr. Women's record betters Vetter's time in 3rd heat). 2-Betty Spencer, Indianola TC, 64.1. 3-Vicki Amstutz, Fort Wayne PAL, 64.4. 4-Carol Burkland, Long Beach Comets, 67.4. 5-Diane Vetter, Blue Ribbon TC, 68.7. <u>6th Heat</u>, 1-Linda Wright, Glendale Gauchos, 63.8. 2-Lauri Gilliland, Albquerque Olympette, 65.1. 3-Lori Rutherford, Colorado Gold, 66.3. 4-Donna Argo, Duke City Dashers, 68.3. 5-Jill South, Phoenix TC, 69.0.

Semi-finals (Three to qualify from each to final).

Semi 1, 1-Tonetta Rumph, AtomsTC, 61.5(Jr. American and meet Semi 1, 1-Ionecta Kumph, Atomsto, 61.9(61. American and meet record; old record, Clydine Crowder in 1973). 2-Linda Wright, Glendale Gauchos, 62.8. 3-Carolyn Bing, San Jose Cindergals, 63.2. 4-Nancy Robinson, Falmouth TC, 64.0. 5-Laurie Gilli-land, Albquerque Oly. Club, 66.4. 6-Betty Spencer, Indianola TC, 66.8.

Semi 2, 1-Debbie Vetter, Blue Ribbon TC, 61.5(ties American Jr. and meet record set by Rumph in 1st semi). 2-Susan White, Sports Int., 61.6. 3-Patty Cape, Long Beach Comets, 62.2. 4-Cris Rassel, Peoria Pacettes, 62.2. 5-Betty Deveseon, unatt. 64.2. 6-Vanessa Landis, Mallory Challengers, 70.7. Final:

1-Tonetta Rumph, Atoms TC, 59.8 (meet record: old record 61.9 set by Rumph in trial heats). 2-Debbie Vetter, Blue Ribbon TC, 60.9. 3-Sue White, Sports International TC, 61.7. 4-Patty Cape, Long Beach Comets, 62.6. 5-Carolyn Bing, San Jose Cindergals, 62.6 4 Linds Wright Clendale Cauches 65.6 63.5. 6-Linda Wright, Glendale Gauchos, 65.6.

440 yd relay

Tennessee State rattled off the first of its two relay victories here with a convincing 45.8 effort. The mark eclipsed the old record of 46.6 set by the Atoms TC in 1971. The Millbrae Lions of California also bettered the old record in finishing second.

Many competitors found this to be their last chance to run, + as only the winner in each heat advanced to the final. The New York PAL, Colorado Flyers and Gazelle TC all posted times in their heats worthy of running in the final

Heats (Winners only to final) Heat 1, 1-Long Beach Comets, 47.7. 2-Groton TC, 47.8. 3-Klub Keystone, 47.9. 4-Mt. Vernon H.S., 48.2. 5-Fredrick TC, 48.2. 6-Washington TC, 49.6.

Heat 2, 1-New Orleans Superdames, 47.1. 2-Mayor Hatchor YF, 48.1. 3-Klub Keystone 'B', 48.5. 4-None. Heat 3, 1-Millbrae LionsTC, 46.6. 2-Falmouth TC, 47.9. 3-

Metroplex Striders, 48.4. 4-Cavalette TC, 48.8. 5-Atoms TC,

Heat 4, 1-Tennessee State TC, 46.8. 2-Gazelle TC, 47.3. 3-Boulder Cinderbelles, 48.1. 4-Community Youth Club, 48.7. 5-None.

Heat 5, 1-Mayor Daley YF, 46.7. 2-Colorado Flyers, 47.6. 3-Inter Community TC, 49.4. 4-Liberty AC, 49.9. 5-Madison Badger Jettes, 50.0.

Heat 6, 1-Sports International, 47.0. 2-New York PAL, 47.2. 3-Crescent TC, 47.8. 4-North Side Optimists TC, 48.5. 5-Nugent TC, 49.0.

1. Tennessee State, 45.8 (meet record: old record, Atoms TC,

Final:

1500m

Some new names and faces gathered for the 1500, but all should become household names in track circles in years to come. Doreen Ennis and Hilary Noden made it a 'Garden State' mile as the two New Jerseyites rushed the tape in 4:23.1 and 4:23.4 respectively. Margaret Groos from Nashville, who enjoyed a very successful cross-country season in the Girls' Division placing in the top three nationally, outkicked Portland's Eryn Forbes for third. Eryn has just recently turned 14 and has run extremely good miles at the 12-13 level. 5th placer Lalani Kelley is another 'rough edged diamond'; who should, in the future, make waves among distance competitors. Rounding out the top six was UCLA bound Carol Flournoy of the Southern California Cheetahs.

Heats (Six qualify from each to final) Heat 1, 1-Margaret Groos, Nashville Whippets, 4:29.5. 2-Doreen Ennis, Nutley TC, 4:30.4. 3-Hilary Noden, Shore Athletic, NT. 4-Lalani Kelly, Pioneer AC, 4:35.0. 5-Ann Forshee, Michigammes, 4:35.1. 6-Mary Rawe, unatt. 4:37.5. Heat 2, 1-Eryn Forbes, Portland TC, 4:31.7. 2-Carol Flournoy, So Cal Cheetahs, 4:32.0. 3-Debbie Quatier, Falcon TC, 4:32.2. 4-Donna Campbell, Sports Int., 4:32.4. 5-Suzanne Keith, R, Roadrunners, 4:32.9. 6-Marie Kastrup, Kettering Striders, 4:33.1.

Final:

1-Doreen Ennis, Nutley TC, 4:23.1. 2-Hilary Noden, Shore Athletic, 4:23.4. 3-Margaret Groos, Nashville Whippets,4:24.8. 4-Eryn Forbes, Portland TC, 4:25.8 5-Lalani Kelley, Pioneer Athletic Club 4:28.1. 6-Carol Flournoy, So Cal Cheetahs, 4:29.4

Others: 7-Debbie Quatier, Falcon TC, 4:29.7. 8-Donna Campbell, SITC, 4:32.3. 9-Suzzane Keith, Rialto Road Runners, 4:44.0. 10-Ann Forshee, Michigan, 4:46.6. 11-Kathy Adams, Will's Spikettes, nt. 12- Mary Rawe, Un. , nt.

100m

Tennessee Staters Brenda Morehead and Chandra Cheeseborough piled up more points for the Tigerbelles with a 1-2 sweep. Morehead's time of 11.4 was a new US Jr. record. Newcomer Sandra Howard, Long Beach Comets, came on the scene in much the same way as Angel Doyle in 1974. Sandra is in her first year of serious competition and managed a 4th place in the Long Jump to go with her third place 11.5 here. The first three finishers recorded better marks than the Senior Division speedsters.

Quarter-finals (Four Quarters with two to qualify for semi) Quarter 1, 1-Chandra Cheeseborough, Tennessee State TC, 11.5. 2-Rosettta Birt, Lakewood Int., 11.8. 3-C. Hawkins, Comm. Youth Club, 12.0. 4-LaRoya Huff, Sports International, 12.0. 5-J.White, Colorado Flyers, NT.

Quarter 2, 1-E. Parker, Millbrae Lions, 11.5. 2-Brenda Morehead, Tennessee State TC, 11.6. 3-Penny Slaughter, Lakewood Int., 11.7. 4-D. Wilson, New York PAL, 11.8.

Quarter 3, 1-Evelyn Ashford, Will's Spikettes, 11.7. 2-Mary LeBalnc, Concord City TC, 11.9. 3-Freida Cobbs, Berkeley East Bay TC, 12.0. 4-Gail Douglas, Long Beach Comets, 12.0. 5-P.James, Ocean Hill TC, NT.

Quarter 4, 1-L. Maxwell, Paducah TC, 11.8. 2-Sandra Howard, Long Beach Comets, 11.9. 3-Dolly Fleetwood, So Cal Cheetahs, 12.0. 4-B. Calhoun, Gateway TC, 12.1. 5-Karen Elmore, Millbrae Lions, NT.

Semi-finals, (Two semi-finals, three to qualify from each) Semi 1, 1-Chandra Cheeseborough, Tennessee State TC, 11.6. 2-Sandra Howard, Long Beach Comets, 11.7. 3-L.Maxwell, Paducah TC, 11.7. 4-Rosetta Birt, Lakewood Int., 11.9. 5-Freida Cobbs, Berkeley East Bay TC, 11.9. 6-C. Hawkins, Comm. Youth Center, 12.0.

Semi 2, 1-Brenda Morehead, Tennessee State TC, 11.6. 2-Evelyn Ashford, Millbrae Lions TC, 11.6. 3-Penny Slaughter, Lakewood International, 11.6. 4-Mary LeBlanc, Concord City TC, 11.7. 5-Dolly Fleetwood, So Cal Cheetahs, 11.9. 6-E. Parker, Millbrae Lions TC, 11.9.

Final:

1. Brenda Morehead, Tennesse State, 11.4 (ties US jr. record set 6/24/75 by Brenda Morehead in trial heats); 2. Chandra Cheeseborough, Tenn. State, 11.5; 3. Sandra Horard, Long Beach Comets, 11.5; 4. Evelyn Ashford, Will's Spikettes, 11.7; Lynn Maxwell, Paducah TC, 11.9; 6. Penny Slaughter, Lakewood International, 11.9.

1971, 46.6) 2. Millbrae Lions TC, 46.4; 3. Mayor Daley Youth Foundation, 46.7; 4. Long Beach Comets, 47.3; 5. Sports In-ternational TC, 47.5; 6. New Orleans Superdames, 47.7.

800m

This event has shown more advancement in terms of depth of quality marks than perhaps any other event in the competition. Three heats of qualifying were used here with three from each advancing to the final. In each case it took at least a 2:10 effort to make the big race. Last year, as an example, Mary Decker won the final in 2:07.5, and 2:13.5 placed! This year's 800 saw several girls running in the 2:11's and not making the final.

Jan Merrill ran an excellent tactical race, with Johanna Forman Leading the way to the 400 meters as she had done in her qualifying heat. With Merrill's winning time of 2:06.1, through sixth place at 2:09.4, this race compares favorably with last year's women's competition!

Heats (Three heats, three in each to qualify for final) Heat 1, 1-Jan Merrill, Age Group AA, 2:08.3. 2-Chris Caldwell, Peoria Pacettes, 2:08.9. 3-Paula Rose, Blue Angels, 2:09.2. 4-Margaret Groos, Nashville Whippets, 2:10.3. 5-Cathie Twomey, Track America, 2:11.0. 6-E. Brewster, Madison Badger-Jettes, 2:11.1.

Heat 2, 1-Cheryl Roulier, Falcon TC, 2:07.5. 2-Debbie Vetter, Blue Ribbon TC, 2:08.2. 3-Johanna Forman, Falmouth TC, 2:08.5 4-Laurie Mullins, LATC, 2:11.7. 5-Kathy Keyes, Patriots-USA, 2:11.7. 6-Theresa Caudillo, Long Beach Comets, 2:12.6. Heat 3, 1-Kathy Costello, Orinda TC, 2:09.9. 2-Susan Vigil, Duke City Dashers, 2:10.4. 3-Carol Flournoy, So Cal Cheetahs, 2:10.6. 4-Sue Deppe, Iowa State, 2:11.5. 5-Roma Antoniewicz, LATC, 2:11.5. 6-Cindy Ashby, Albquerque Oly. Club, 2:12.6.

Final:

1. Jan Merrill, Age Group Athletic Assn., 2:06.1 (new jr. meet record); 2. Debbie Vetter, Blue Ribbon TC, 2:06.9; 3. Johanna Forman, Falmouth TC, 2:07.7; 4. Susan Vigil, Duke City Dashers, 2:08.3; 5.Cheryl Roulier, Falcon TC, 2:09.4; 6. Chris Caldwell, Peoria Pacettes, 2:09.4.

100mH

Rhonda Brady of Gary, Indiana's, Mayor Hatcher Youth Foundation, set a new American Jr. record clocking 13.8, while preracevfavorite, Sonja Hardy from Boulder, Colorado, edged Jeannie Shepherd for 2nd in 13.9. 1975 Jr. Pentathlon Champ, Nancy Kindig of the Nebraksa TC, rounded out the top six with a time of 14.5.

Semi-finals (Three semi-finals, two from each to final.) Semi 1, 1-Jeanine Shephard, Gazelle TC, 14.1. 2-Deborah Jacobson, Crescent City TC, 14.4. 3-Julie Smithers, unatt., 14.5. 4-Rosalyn Anderson, Fredrick TC, 14.6. 5- Tami Essington, Peoria Pacettes, NT. 6-Sandy Bloomfield, Delaware Sports Club, 15.1.

Semi 2, 1-Sonja Hardy, Boulder Cinderbelles, 14.1. 2-Nancy Kindig, Nebraska TC, 14.6. 3-Anita Lee, unatt., 14.6. 4-Yvette Hyman, Groton TC, 15.1. 5-Yvonne Smith, Central Jersey TC, 15.4. 6-Jackie Quinn, Alvin TC, 15.5. Semi3, 1-Rhonda Brady, Mayor Hatchor YF, 14.0. 2-Kim Herman, Delaware Sports Club, 14.4. 3-Susan White, Sports Int., 14.4. 4-Chris Rassel, Peoria Pacettes, 14.8. 5-Sharon Clarke, Cleveland TC, 15.7. 6-Rochelle Toudahl, Flathead Valley TC, 15.7.

Final:

1-Rhonda Brady, Mayor Hatchor YF, 13.8 (new American Jr. record, old record Sonja Hardy, 1974, 13.9). 3-Jeanine Shepherd, Gazelle TC 13.9. 4-Deborah Jacobson, Crescent City TC, 14.3. 5-Kim Herman, Delaware Sports Club, 14.3. 6-Nancy Kindig, Nebraska TC, 14.5

400m

Robin Campbell toyed with the field over the first 200 meters here, but uncorked a strong finish to win going away in a time of 53.4. The real excitement was after Pat Helms and Sharon Dabney, who had finished second and third, crossed the line. Suddenly Debbie Pastel, Wanda Nicholson and Mary Decker had all pulled together with only meters left before the finish. But that's how it ended, all three were credited with 55.3, as Debbie Pastel of Sports International, the defending champion, outleaned Nicholoson and Decker to gain fourth.

Semi-final-(Three semi-finals, two to qualify for final in each)

Semi 1, 1-Robin Campbell, Sports Int., 53.8. 2-Wanda Nicholson, New Orleans Superdames, 55.5. 3-Rochelle Collins, Motor City TC, 55.9. 4-Kathy Kirschner, Delaware Sports Club, 55.9 5-Jodi Anderson, Premier TC, 58.3. 6-Mary Williams, Tennessee State TC, 61.6.

Semi 2,1-Pat Helms, Klub Keystone, 54.5. 2-Debbie Pastel, Sports Int., 55.1. 3-Janis Vetter, Blue Ribbon TC, 56.2. 4-Constancia Simpson, New York PAL, 57.8. 5-Trudi Rebsamen, Peoria Pacettes, 58.4. 6-Sharon Dill, Lakewood Int., 59.2. Semi 3, 1-Sharon Dabney, ClippersTC, 54.9. 2-Mary Decker, Lakewood Int., 55.3. 3-Sherry James, Sports Int., 55.4. 4-Pam Greene, So Cal Cheetahs, 58.2. 5-Yolanda Rich, Long Beach Comets, 58.2. 6-Geneva Stark, New Orleans Superdames, 58.3.

Final:

1-Robin Campbell, Sports International TC, 53.4. 2-Pat Helms, Klub Keystone, 54.2. 3-Sharon Dabney, Clippers TC, 54.9. 4-Debbi Pastel, Sports International TC, 55.3. 5-Wanda Nicholson, New Orleans Superdames, 55.3. 6-Mary Decker, Lakewood Int. TC, 55.3.

200m

This race looked much like a dual meet between the Tennessee State TC and the New Orleans Superdames. Once again Brenda Morehead and Chandra Cheeseborough did all the damage, zipping to a 23.3 and 23.4 combination for first and second. Morehead's time was also a new US Jr. record. Third and fourth were nailed down by a pair of Superdames, Bernadine Givens and Isabel Hartford. Their marks of 24.0 and 24.2, although well back of the winners, were still in excess of the wining mark of 24.3 posted last year. Granted, this year's race was meters and last year it was yards, but sixth was 24.6, while in 1974, 25.6 placed!

(continued on next page)



MERRILL EVERYWHERE - Jan Merrill of the Age Group Athletic Association set a new meet record in the Jr.Women's 800 meters with a time of 2:06.1, then followed this performance by finishing 2nd in the Sr. Women's 1500 clocking 4:14.4 and 9:19.8 in the 3000 meters while landing 5th. Jeff Johnson photo

JUNIOR WOMEN (Continued)

Semi-finals, (Three semi-finals, two advance to final from each)

Semi 1, 1-Chandra Cheeseborough, Tennessee State TC, 23.8. 2-Brenda Calhoun, Gateway TC,

2-Bernadine Givens, New Orleans Superdames, 24.2. 3-Rosetta Birt, Lakewood Int., 24.3. 4-Denise Pemberton, Millbrae Lions TC, 24.6. 5-Kathy McMillan, unatt., 25.1. 6-Elizabeth Young, Central Jersey TC, 27.7.

Semi 2, 1-Brenda Morehead, Tennessee State TC, 23.8. 2-Brenda Calhoun, Gateway TC, 24.6. 3-Valery Milan, Mayor Daley YF, 24.7. 4-Murrlin Councel, Klub Keystone, 24.9. 5-Patty Frost, Norseheads TC, 25.8. 6-Freida Cobbs, Berkeley East Bay TC, 26.8.

Semi 3, 1-Isabel Hartford, New Orleans Superdames, 24.0. 2-IaRoya Huff, Sports Int. 24.4. 3-Lynn Maxwell, Paducah TC, 24.4. 4-Freda Hancock, Colorado Flyers, 24.4. 5-Theresa Baugh, Tennessee State TC, 24.9. 6-Julie Seaton, Peoria Pacettes, 25.8.

Final:

1. Brenda Morehead, Tennessee State, 23.3 (new US jr. record); 2. Chandra Cheeseborough, Tennessee State, 23.4; 3. Bernadine Given, New Orleans Superdames, 24.0; 4. Isabel Hartford, New Orleans Superdames, 24.2; 5 LaRoya Huff, Sports International TC, 24.4; 6. Brenda Calhoun, Gateway TC, 24.6.

3000 METERS

Lynn Bjorklund had rarely been seen or heard from during the season, but when she comes down from the heights of Los Alamos, she does things in a big way. The Duke City Dasher reduced the competition to a battle for second after 1500 meters and finished the race with ever present 'Mona-Lisa' like smile in 9:29.4. Machine-like Syracuse Charger, Cathy Mills, the New York State H.S. two-mile record holder, overtook Doreen Ennis with 3 laps to go and finished strongly for 2nd in 9:48.6. Rialto added the remainder of their team points as Suzzane Keith finished a close third in 9:49.0.

Final:

Lynn Bjorkland, Duke City Dashers, 9:29.4;
 Cathy Mills, Syracuse Chargers, 9:48.6; 3. Suzanne Keith, Rialto Roadrunners, 9:49.0; 4. Doreen Ennis, Nutley TC 9:50.2; 5. Marjorie Kaput, Phoenix TC, 9:51.0; 6. Karen Cramond, Albuquerque Olympettes, 9:52.2.

Others: 7-Joan Benoit, Unatt., 10:00.0. 8-Kathy Estes, Flathead Valley Timberettes, 10:01.0. 9-Suzanne Greenburg, San Jose Cindergals, 10:02. 10-Melody Miller, West Suburban TC, 10:03. 11-Kathy Adams, Will's Spikettes, 10:18.6. 12-Laurie Jewell, Long Beach Comets, 10:19.8. Second Flight: 1-Paula Driscoll, Unatt. 9:59.2. 2-Kathy Jewell

Second Flight: 1-Paula Driscoll, Unatt. 9:59.2. 2-Kathy Jewell Long Beach Comets, 10:14.4. 3-Melisa Fry, Track America, 10: 18.6. 4-Nancy Frank, LI Golden Spikes, 10:23.6. 5-Pam Adams, So Jersey Chargers, 10:24.6. 6-Molly O'Neil, Falcon TC, 10:27 .4. 7-Bev Roland, Peoria Pacettes, 10:29.6. 8-Mary Ann Persan Tyrone Pannell TC, 10:39.8. 9-Julie Andrews, Duke City Dashers 10:42.0. 10-Carol Conlon, Nutley TC, 10:43.

1500 WALK

The Rialto Road Runners manufactured the only 1-2-3 sweep of the competition here with Sue Brodock, the World Champion, breezing to a 13 second victory. Misfortune fell on Teri Teagarden, Blue Angels, who would have placed in the top six, but was disqualified for a running violation.

Final:

1-Susan Brodock, Rialto Roadrunners, 6:50.4. 2-Lisa Metheny, Rialto Roadrunners, 7:03.9. 3-Linda Brodock Rialto Roadrunners, 7:16.5. 4-Cynthia Johnson, Blue Angels, 7:24.2. 5-Cristy Dotseth, UN, Orland, Ill. 7:28.0. 6-Chris Sakelarios, Redwood City Flyers, 7:37.2

Others: 7-Mary Beth Harwick, West Penn TC, 7:48.0. 8-Cindy Luebben, Kettering Stirders, 7:49.0. 9-Rebecca Villavalzo, Rialto Road Runners, 8:01.0. 10-Mary deVries, Kettering Striders, 8:02.0. 11-Julie Partridge, New York PAL, 8:04.0. 12-Ilene Smith, New York PAL, 8:05.0.

2 MILE RELAY

They were to become a familiar set of names over the four day competition and rightfully so. Vetter, Vetter, Vetter, and Stibbe, which sounds more like your local law offices than a girls' two mile relay team, literally ran away from the field in this event, clocking 8:50.8. It was a new American record, the first of two that they would set in this event. Their splits (2:12.2-2:18.0-2:10.5-2:09.2) were tough and they never trailed from the opening gun. The race was, however, for places 2 through 6, as Sports International, with Robin Campbell running a strong 2:07.1 leg, finished second at 9:01.4. Following SITC, the San Jose Cindergals and the Madison Badger-Jettes went to the wire together with San Jose getting the nod. Both were timed in 9:02.2. Then immediately following that crash finish were the Duke City Dashers and Syracuse Chargers, clocking 9:04.4 and 9:04.6 respectively. Quite a competition!

Final:

1-Blue Ribbon TC (Vetter, Stibbe, Vetter, Vetter)8:50.8 2-Sports International, 9:01.4. 3-San Jose Cindergals 9:02.2. 4-Madison Badger Jets, 9:02.2. 5-Duke City Dashers, 9:04.4. 6-Syracuse Chargers, 9:04.6.

Others:7-Kettering Striders, 9:05.0. 8-Iowa State TC, 9:09.6. 9-Gazelle TC, 9:15.6. 10-Klub Keystone, 9:16.0. 11-Albuquerque Olympette Club, 9:18.0.

4x440 RELAY

A very strong New Orleans team upset the New York apple cart here with a sterling 3:43.7 clocking. However, it took this type of effort ot stay ahead of the Atoms TC and New York PAL as both clubs surpassed the old mark. Nebraska TC, which could garner no better than 4th, raced to a record equalling 3:45.3, as Debbie Esser zipped her anchor leg in 53.5!

Heats (Six Heats, winners advance to finals) Heat 1, 1-New Orleans Superdames, 3:52.1. 2-Madison Badgerjettes, 3:55.0. 3-Orinda TC, 3:55.7. 4-San Jose Cindergals, 3:58.3. Heat 2, 1-Atoms "A", 3:47.9. 2-Peoria Pacettes, 3:50.4. 3-Metroplex Striders, 3:58.2. Heat 3, 1-Long Beach Comets, 3:48.2. 2-Cavalette TC, 3:49.8. 3-Atoms "B", 3:55.7. 4-Gazelle, 4:01.4. Heat 4, 1-New York PAL "A", 3:52.7, 2-Charlotte Athletes Footwear, 3:58.8. 3-Colorado Flyers, 3:59.2. Klub Keystone, dnf. Heat 5, 1-Falmouth TC, 3:49.1. 2-New York PAL "B", 3:55.7. 3-Mayor Hatcher Youth Foundation, 4:12.9. Heat 6, 1-Nebraska TC, 3:49.3. 2-Nugent TC, 4:00.1. 3-West Suburban TC, 4:00.7. 4-Inter-Community Youth Association, 4:03.1 Final:

1-New Orleans Superdames, 3:43.7 (new US Jr. record old record 3:45.3, Sports Int. 1974). 2-Atoms TC "A"team, 3:44.3. 3-New York PAL, 3:45.0. 4-Nebraska TC, 3:45.3. 5-Long Beach Comets, 3:45.7. 6-Falmouth TC, 3:49.6.

JAVELIN THROW

Cathy Sulinski of Millbrae waited until her last throw to erase 3-time national champion Karin Smith's meet mark of 177'. Her throw which surpassed the old mark by 3 inches also defeated last year's returning champion Nadine Bowers in 2nd at 163'3". Kelly Fuiks with a lifetime best of 159'3", Lisa Kirk, and Marilyn White all went over the 150' mark.

Javelin Throw, No trials necessary, all entrants advance to final.

Final:

1. Cathy Sulinski, Millbrae Lions TC, 177-3, (meet record, old record, 177-0, Karen Smith, 1973); 2. Nadine Bowere, San Jose Cindergals, 163-3; 3. Kelly Fuiks, Cactus Wrens, 145-2; 4. Lisa Kirk, Central Point, Ore., 156-3; 5. Marilyn White, Mesa TC, 152-5; 6. Connie Gasson, LATC, 142-4.

Others: 7-Gwyneth Brown, Waterville, 139'4". 8-Radean Rona, Patriots, 126'4". 9-Debbie Leeper, Duke City Dashers, 123'2". 10, Bonna Schibret, Un, 123'2" (poorer 2nd best than Leeper). 11, Becky Welch, Falmouth, 119'11". 12-Sonia Bennett, Gazelle TC, 118'8".

JUNIOR WOMEN (Continued)

Final:

1. Tenn. State, 1:42.2 (new US jr. record, old record Sports International, 1974, 1:43.2); 2.Sports International, 1:43.1; 3. Peoria Pacettes, 1:46.9; 4. Atoms TC (Team A), 1:47.1; 5. Frederick TC, 1:47:8; 6. Boulder Cindergals, 1:49.4.

SHOT PUT

An event that last year could at best be termed as disappointing, turned into a good competition here. Last year's winning mark of 40'8%" would not have placed this year and was due in part to the Gainesville qualifying fiasco last year. However, Emily Dole of Lakewood TC and Kathy Devine, San Diego Lancerettes, were both on hand for this one. Each had missed last year because of the Florida meet. But the winner, a strong, agile athlete from Gilly's Gym in Winslow, Maine, came out on top with a heave of 48'1". She had established herself early in the rounds, but it was not until her last throw that she put away the competition. With the increased acceptance of women's weight training and lifting this event should improve greatly.

Shot Put Qualifying, the following 13 qualified for the final: Ann Turbyne, Gilly's Gym, 48'4 3/4". Kathy Devine, San Diego Lancerettes, 45'll". Karen Marshall, Oregon TC, 44'7". Marcia Mecklenberg, Gazelle TC, 44'2". Denise Holloway, San Jose Cindergals, 42'7%". Emily Dole, Lakewood International TC, 42'4". Vera Peco, Long Beach Comets, 42'3". Sharon Redvit, Central Jersey TC, 42'24". Lisa Kinamaka, San Jose Cindergals, 41'4½". Pamela Porter, Great Plains Striders, 41'1". Fran Hoogestraat; Lennox, 41'1". Judy Lane, Will's Spikettes, 40'2½" Mary Ann Johnson, Peoria Pacettes, 40'2".

Final:

1. Ann Turbyne, Gilly's Gym, 48'1"; 2. Emily Dole, Lakewood International, 47'5 3/4"; 3. Marcia Mecklenburg, Gazelle TC, 46' $2\frac{1}{4}$ "; 4. Kathy Devine, San Diego Lancerettes, 46' $1\frac{1}{2}$ "; 5. Karen Marshall, Oregon TC, 45' 10 3/4"; 6. Pamela Porter, Great Plains Striders, 41'11 $\frac{1}{4}$ ".

Others: 7-Vera Peco, Long Beach Comets, 41'94". 8-Denise Holloway, San Jose Cindergals, 40'8%". 9-Fran Hoogestraat, Lennox, 40'4 3/4". 10-Judy Lane, Will's Spikettes, 38'64". 11-Mary Ann Johnson, Peoria Pacettes, 37'104". 12-Lisa Kinamaka, San Jose Cindergals, 37'8 3/4". (continued on page 18)

CHAMPIONSHIPS PRELUDE TO PAN AMS

NATIONAL WOMEN"S 10,000 METER RUN CHAMPIONSHIP at Drake Stadium, UCLA August 29,1975 6:00 P.M. Deadline for entries is August 22nd. Mail entries to: Dave Japs 835 Oakdale Rialto, CA. 92376 (714) 875-8047 NATIONAL AAU SENIOR WOMEN'S INDIVIDUAL AND TEAM 10,000 METER RACE WALK CHAMPIONSHIP August 29, 1975 4:30 B.M. 13&UNDER 3000 METER INDIVIDUAL AND TEÂM RACE WALK CHAMPIONSHIP August 29,1975 4:00 P.M. Both meets at Drake Stadium, UCLA Deadline for entries is August 22nd Mail entries to : Bob Whitman 972-W. 14th St., Apt.4 San Pedro, CA. 90731 (213) 547-2921

 Martha Watson, Lakewood International, 21'3".
 Kathy McMillan, unatt. Raeford, N.C., 20'6¹/₂".
 Sharron Walker, Falcon TC, 20'5¹/₂". 4- Jodi Anderson, Premier TC, 19'11 3/4". 5- Nancy Kindig, Nebraska TC, 19'3/4". 6- Kathy Newman, Iowa State, 19'¹/₄".

Others: 7-Karen Elmore, Millbrae Lions, 18'8 1/4". 8-Beatrice Emodi, New Orleans Superdames, 18'5 3/4". 9-Vicki Sturn, Un., 17'8 3/4". 10-Roxanne Keating, Cactus Wrens, 17'**5** 1/2.

SENIOR WOMEN (Continued)

Final:

1- Maren Seidler, Mayor Daley YF, 53'2½". 2- Denise Wood, unatt.Haledon, N.J., 49'1½". 3- Mary Jacobson, unatt. Osawatomie, Kansas, 49'1". 4- Emily Dole, Lakewood International, 48'11 3/4". 5- Jane Frederick, Los Angeles TC, 48'9½". 6- Ann Turbyne, Gilly's Gym, 48'4½".

Others: 7-Marcia Mecklenberg, Gazelle, 48' 1/2". 8-Cel Rutledge, Millbrae, 47'8 1/4". 9-Kathy Devine, San Diego Lanceretted, 45'11". 10-Karen Marshall, Oregon TC, 45'6 1/4". 11-Michelle Willis, New Orleans Superdames, 42'7 1/2". 12-Olga Aranda, TWU, 41'4 3/4".

DISCUS THROW

The Senior Women's discus had an unusally bad year as far as the final results were concerned. Jean Roberts, who won this same event in 1973 with a throw of 173-3 could do no better than 159-7, although it was good enough for the win. Last year's winner, Joan Pavelich, dropped to third at 154-11, and Joan's teammate Jan Svendsen grabbed 2nd at 155-9. It was the first itme the winning discus mark had dropped below 160 feet since 1967. The first 8 competitors were, however, or the 143 foot mark.

Final:

1-Jean Roberts, Delaware SC, 159'7". 2-Jan Svendsen, Wilt's Wonder Women, 155"9". 3-Joan Pavelich, Wilt's Wonder Women, 154'11". 4-Linda Langford, Mayor Daley's Youth Foundation, 151'6". 5-Monette Driscoll, LATC, 149'10". 6-Teri Sabol, LATC, 147'10".

Others: 7-Karen Marshall, Oregon TC, 145'11". 8-Lynne Wimbigler, Oregon TC, 143'10". 9-Denise Wood, Un., 143'10" (poorer second best than Wimbigler). 10-Lorna Griffin, Flathead Valley Timberettes, 137'6". 11-Olga Aranda, TWU, 135'. 12-Suzie Snider, Baylor University, 132'3".

JAVELIN THROW

It took just one throw, her first effort, to lock up the Javelin throw again for Kathy Schmidt. Coming off a very fine 209'3" at the Southern Pacific Association District Championship, Kathy added 4 inches to her still pending American record. Positions 2-4, however, took somewhat longer to decide. Olympian and many times internationalist Sherry Calvert speared the 178'10" mark with Karin Smith just 8 inches back in third place at 178'2". Last year's runnerup Lynn Cannon fell to 4th this year with a throw of 176'4". Cathy Sulinski was not able to duplicate her throw from the Jr. Women's competition and finished 6th at 164'11". Final:

1- Kathy Schmidt, Los Angeles TC, 209'7" (New American record, old record 208'1", also new meet rec.)
2- Sherry Calvert, Lakewood International, 178'10".
3- Karin Smith, Los Angeles TC, 178'2". 4- Lynn Cannon, Millbrae Lions, 176'4". 5- Barbara Friedrich, Shore Athletic, 168'4". 6- Cathy Sulinski, Millbrae Lions, 164'11".

Others: 7-Nadine Bowers, San Jose Cindergals, 164'6". 8-Susan Norton, Kansas State, 152'1". 9-Kelly Fuiks, Cactus Wrens, 149'. 10-Lisa Kirk, Un., 144'9". 11-Marilyn White, Mesa TC, 144'8". 12-Connie Gasson, LATC, 142'11".

LONG JUMP

This event ran almost in carbon copy fashion to last year's results. Only the names have been changed, with one exception of course, Martha Watson. Her winning mark this year was but 1/2 inch behind her winning margin in 1974. 2nd Placer Kathy McMillan from Raeford, N.C. brought impressive credentials into the competition and fimally hit with some consistency in the Sr. Women's. McMillan is young, but when her erratic take-offs are smoothed out she should become a threat to anyone in the country. The Hoke High Schooler finished second to Watson with a leap of 20'6 1/2".

Final:

(continued in left-hand column)