

TAC/USA Junior National Track & Field Championships

June 28-July 1. Fresno.

By DOUG SPECK

During the last weekend in July the TAC Junior Nationals, the Meet that has become the biggest and most competitive in the nation for teen-age athletes, came into Fresno at Ratcliffe Stadium. The action on the track was about as hot as the local Central Valley weather as nearly 600 athletes from forty-eight different states competed for the right to make the U.S. Junior National (athletes 19 & Under) team that would compete in a series of international meets and later this summer in the Third World Junior Championships in Bulgaria. The blend of a qualifying time or distance standard and opening up the meet to athletes of any grade age 19 or younger gives this meet an exciting flair. Fields are typically made up of 15-25 athletes with an interesting mixture of grade levels and the issue of who is best settled on the track with qualifying heats usually up through the 800 meters.

Californians were very, very prominent in a number of areas. If one would have to come up with an athlete of the meet, one who so dominated the competition at a very high level, it would have to have been James Stallworth, who will resume his competitive career next year at Fresno State. In Saturday evening's Long Jump James would be meeting Dion Bentley (now a frosh ath-

lete at University of Florida). The match-up of the two 26 foot jumpers would be special. Stallworth opened the competition with a monster foul, then followed it up with a 26-9 3/4 (wind 0.0) effort (originally measured at 27-1 3/4). Bentley did get out to 26-0 3/4 (+1.0), but Stallworth added a 26-9 1/4 (+0.2) that put the issue away totally. James was as impressive in the 200 on the track, where he cranked a 20.48w (+3.4 mps) heat, then easily took the Finals by three meters at 20.51w (+5.1). As someone in the stands mentioned, the tall, powerful Stallworth will be a real hit in Europe this summer with the events that he has chosen.

Juiana Yendork (Walnut HS) continued her fine season. She was the Long Jump winner by over a foot at 20-7 3/4 (wind +1.8 mps), with her 43-4 1/4 Triple Jump win the longest Prep leap ever under any conditions, with 2.4 meters per second of wind spoiling the effort for record possibilities. Yendork did have a legal 42-5 1/2 (+1.9), with the Walnut 11th grader difficult to argue with for Prep Athlete of the Year in the sport.

The UCLA weight program had one heck of a meet. Coach Art Venegas had to leave here rubbing his hands in anticipation of the future. Former All-Southern Section prep water polo star, Joe Bailey, has concentrated totally on the weights his first year at Bruinville, with an amazing 58-10 3/4 Shot Put winning effort here with the 16 pound ball. Next year's Discus recruit for

UCLA, John Godina (Central HS, Cheyenne, Wyoming), who has thrown over 210 feet with the prep implement, blasted a 175-9 winning effort with the collegiate weight platter, the #6 high school mark ever with that heavier Disc. Erik Smith, a frosh at UCLA, added a Javelin win on the Men's side at 208-5. Over on the Women's side it was the Bakersfield recruits for UCLAville looking good. Melisa Weis threw 170-9 in the relatively calm winds of Saturday (Godina had the benefit of some pretty good right quartering gales on Sunday), to take the Discus overs teammate Dawn Dumble (161-5), with Dumble (47-5 3/4) reversing the order (Weis 46-8) in the Shot as the twosome placed 2-3 behind Texan Stevanie Wadsworth (49-7 1/4). As you can see Coach Venegas has a few to work with in the paragraph described above, with the cupboard not bare at home of upper classmen.

Allison Franke, fine all-rounder from Canyon HS of Anaheim, and now at Southern Methodist University, was the Women's Javelin winner at 155-11, with Celeste McVey (So. Cal Roadrunners, Redlands HS) 4th at a fine 139-10. Kevin McMahon (Explorer Post #813, Bellarmine HS, San Jose) threw the #6 prep effort ever with the 12 pound high school hammer implement in taking an exhibition event at 219-2.

California Women were very prominent in the Heptathlon. Melanie Clark (Valley JC, Van Nuys) moved into the lead with two events to go (javelin and 800 me-

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ters), with 1:21.1 and 2:24.11 efforts respectively insuring her 5080 point win. Edwina Ammonds (Kings River Community College) raced 2:24.77 in the final 800 meter run to edge into second place at 4958.

Back on the track the action was hot and heavy. Kim Toney (Atascadero HS) continued her mastery of teen age two lappers. In the 800 meter event, Kim took things out a 29.7 (200) and 62.8 (400) before 2:07.5 star Irene Ruopoli (Villanova) edged past on the way to a 1:36.7 600 time. With 150 meters to go Toney put it into passing gear and moved wide on the way to a five meter triumph at 2:10.06. Spectators had their first look at Shalynn Carr (Orange Co. Blue Angels, La Verne), who has raced some very quick 400 and 800 age-group times the last couple of years. Here she looked very poised in racing a 2:11.66 pr to qualify from her heat into the finals. She showed up with an ace bandage around her calf for the Finals, and did not finish. But stay tuned for much calf for the Finals, and did not finish. But stay tuned for much more from this fourteen year old with five more years in this Junior Age program.

Californians did well in the one-lap hurdle events. Versatile Rostyn Mack (Golden Eagles TC) has found her event as a UC Berkeley frosh, racing a poised Finals run that had her race in ahead over the last hurdle of National JUCO champ, Indira Hamilton 59.32-59.41. Rocky Morris (Hill HS, San Jose) had always looked so good in the 300 Hurdles that one had the feeling he could move up to the one lap barriers with a minimum of difficulty. He certainly showed it here, racing a 53.21 in Saturday's Heats and a very strong 52.33 for 3rd in Saturday's Finals, one of the fastest times ever run by a California prep in the event. Former St. Ignatius HS

of San Francisco star Tom McGuirk, now a frosh at Cal Poly SLO, was 6th at 53.06. Doing a good job in the Women's 100 Meter High Hurdles, raced at the 33" height, 3" higher than California preps are used to running at, were Kwani Stewart (Yuba City HS) 14.19 for 5th (after a 14.15 heat), and Kim Dill (Poway HS) 14.62 for 8th (after a 14.54 heat).

Louie Quintana (Arroyo Grande HS) came to do battle with a good 1500 meter group. After good 60.7-2:03.8 and 3:04.5 lap splits, with Louie taking the lead at the 1200 with 300 meters to go it looked as if really good things were going to happen. The traffic became really heavy with a half a lap to go, and with the Arroyo Grande star no longer in the lead he was tripped, lost all momentum, and came in at 7th in 3:54.84. Becky Spies (Livermore HS) was part of a curiously flat Women's 1500 during Sunday's breezy evening, following the 70.0-2:24.7 and 3:37.4 lap splits, then not finding what she hoped for when she dug down during the final 300 meters in finishing 6th at 4:35.60. David Haskell (El Camino College by way of Elsinore HS) showed real promise in the Steeplechase this season, racing 9:10.64 during the regular season and placing 3rd here at 9:32.74.

In the 5000 Meter Walk, twins Jennifer (2nd 25:33.77) and Jeanne (3rd 26:10.52) Formosa, 8th graders from Huntington Beach representing the Blue



JENNIFER and JEANNE FORMOSA

Photo by Bill Cockerham

Angels TC, shocked a bit with their very high placings.

A number of the other headlining prep and first year collegiate stars were in attendance. Eleventh grader Curtis Johnson (13th Ave TC, Palmetto HS,

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FL) took down a sterling national 100 Meter sprint field with a super 10.27 (wind +1.6 mps). The Florida eleventh grader tied Henry Thomas's National grade best with the effort here. If you saw the ESPN coverage of April's Arcadia Invitational, Zundra Feagin



JAMES STALLWORTH

Photo by Bill Cockerham

(Track Florida, Cocoa HS) finished the show with an interview in which she indicated that after her third place sprint finishes there she would be ready for big-

ger things on her next trip west. She certainly was here! The eleventh grader blew the doors off the top young group of sprinters gathered nationally thus far this year in the 100 at 11.35 (wind +0.5), the #6 prep clocking ever in the event. Marion Jones (Rio Mesa HS, Oxnard) had suffered a stress fracture in early June and Inger Miller had obvious ankle woes by State Meet time which made their presence here out of the question. Over 200 Meters Feagin showed the same "quick feet" that had her edge away from the pack in the 100, moving away over the final half of the event in taking the 200 Finals at 23.64 (wind +0.9) by three meters.

The sprint gatherings on both the Men's and Women's sides are typical of what makes this meet so interesting. Each event features athletes from all around the country and from a variety of ages and grades. Some have had the benefits of good weather, some bad, with everything mixed together on the track to be sorted out during the heats that lead to always exciting finals. It was a lot of fun! Chris Nelloms (Dunbar HS, Dayton, Ohio), the most explosive prep athlete on the track this spring, came into race the flat 400 here. Cruising a comfortable 46.79 heat, Chris followed that up with an even-paced finals run of 46.18. Nelloms certainly brings to mind the great junior male one-lappers of recent years, such as William Reed, Steve Lewis, and Danny Everett, with the Ohioan appearing as talented as any one of those athletes. Marvin Samuels (Chabot College) was 4th in the 400 at 47.42. Stephen Adderley (Track Florida, Delray Beach HS) was another who came west for the Arcadia Invitational and met defeat (he was third in the 800 to Coley Candaele and eventual State Champion Craig Magness). Stephen really points to the summer junior season each year. Here, he qualified on Saturday with a 1:50.60 heat win,

with Coley also moving on with a 1:51.90 effort. In an exciting Finals run Adderley charged through the 400 interestingly with the Arcadia winner from two years ago, Scott Peters (then of Gainesville HS, now a frosh at the University of Florida), at 52.4. Candaele was still a part of a tight pack at the front end of the race, looking strong. At the 600 at 1:20.6 Peters, Adderley, and Lewis Lacy, another University of Florida star (as Adderley will be next year when he joins the Gators squad) were abreast. As the event reached the final straightaway Adderley edged by, with Peters fading over the final 50. The Delray HS star handled Lacy on the run-in and was thus another winner on his second trip to California in a fine 1:49.99. Candaele finished strongly in 4th at 1:51.56. With Peters, who has run 1:48.42, Lacy at 1:48.50, and Adderley at 1:49.60 (he won the Golden South in late May in that time), plus grad Mark Everett for a workout partner the University of Florida should be able to dig up a fourth body to do some real damage in the 4x800 meter event in the next couple of years. In the Women's 400 Janice Nichols (Bakersfield HS) looked sharp in a Saturday 54.39 heat win, with at least a relay U.S. Junior team position seemingly assured with a good effort in Sunday's Finals, but for some reason the Central Section star did not show to start in the Finals.

Men's Results

100m (a) (wind +1.6 mps) 1. Johnson (13th Ave TC, FL) 10.27 (equal US Prep Eleventh Grade record), 7. Bennett (Long Beach CC) 10.50. (Semis) (a) III-(+0.3) 2. Bennett 10.51.

200m (b) (+5.1) 1. Stallworth (Unat. Tulare) 20.51w, 3. Bennett 21.00. (Semis) (a) I-(+3.4) 1. Stallworth 20.48, 6. Marvin Samuels (Chabot College) 21.61w. III-(+2.3) 2. Bennett 21.21w, 4. Bivins (Unat. Glendale-UCLA) 21.64w.

400 (b) 1. Nelloms (Unat, Dunbar HS, Dayton, OH) 46.18,

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4. Marvin Samuels (Chabot College) 47.42, 8. Merrill Samuels (Chabot College--Calif. School Deaf Fremont) 49.41. (Semis) (b) I-3. Marvin Samuels 47.65, 8. Newson (Cal State Hayward) 49.55. II-3. Merrill Samuels 48.15 (dq) McCladdie (Compton TC, Centennial HS) 48.59.

800 (b) 1. Addereley (Track Florida) 1:49.99, 4. Candaele (Unat., Carpinteria HS) 1:51.56, 5. Johnson (Big Dog RC, Piedmont) 1:51.73. (Semis) (a) II-2. Johnson 1:51.87, 3. Candaele 1:51.90, 5. Smith (Sun Reporter TC, San Francisco) 1:54.63.

1500m: 1. Murphy (Boston College) 3:48.44, 7. Quintana (Unat., Nipomo, CA-Arroyo Grande HS) 3:54.84, 12. S. Hempel (CPSLO) 4:07.7.

3000m Steeplechase: (b) 1. Moritz (Georgia Tech TC) 9:15.35, 3. Haskell (El Camino College) 9:32.74.

5000m (b) 1. Herd (Univ. of Iowa) 14:29.61, 3. Welsh (Univ., of Arkansas/former Jesuit HS) 14:40.90.

10,000m (b) 1. Mykytok (U of Florida TC) 30:06.25, 8. Romero (Bakersfield College) 32:32.49, 10. Polivka (Unat., Clovis) 33:46.88.

110m HH: (b) (wind +3.5) 1. Terry (Nike Indiana) 13.5wh, 8. Morris (Unat., San Jose--Hill HS) 14.97w.

400m IH (b) 1. McLemore (Dallas Athletics Int'l (HS) 50.97, 3. Morris 53.33, 6. McGuirk (Cal Poly SLO) 53.06. (Semis) (a) I 3. McGuirk 53.28. II 3. Morris 53.21.

10,000m Walk (b) 1. Seaman (North Babylon TC) 49:36.14, 5. Hilsabeck (So Cal Roadrunners) 51:18.70, 6. Tomasulo (So Cal Roadrunners) 53:43.13.

HJ: (b) 1. Taylor-Perry (Unat., Montclair, NJ) 7-1 3/4, 7. Wilson (UCLA) 6-9 1/2, 9. (tie) Rucks (Milpitas TC) 6-8, 12. (tie) Thompson (Contra Costa College) 6-8.

PV: (b) 1. Deering (Univ. of Miami) 17-0 3/4, 8. Lasquette (San Jose, CA-Mt. Pleasant HS) 15-7, 9. Burnett (Manteca) 15-3 1/4.

LJ: (a) 1. Stallworth (Unat. Tulare) 26-9 3/4 (wind 0.0), 7. Anthony (Cerritos College) 23-11 1/2 (0.0), 13. Balina (Mt.

Carmel HS, San Diego) 23-0 3/4 (0.0).

TJ: (b) 1. Walkder (Alabama HS) 52-10 1/4w (+2.5 mps aiding wind), 10. Brown (Contra Costa College) 49-6 1/4w (+4.4), 11. Scott (Long Beach CC) 49-5w (+3.3), 13. Morrison (Hartnell College) 49-1 3/4w (+2.6), 15. McCoy (Riverside CC) 46-8w (+2.4) Rogers (Mt. SAC) 3 fouls.

SP: (b) 1. Bailey (Westwood TC), Long Beach, CA-UCLA) 58-10 3/4, Kirksey (Bakersfield College) 54-7 1/2, 11. Jones (Fresno St. Univ) 49-1, 12. (tie) Wright (Mesa College, San Diego) and Underwood (Fullerton College) 47-6 1/4, 14. Parlin (Esperanza HS, Yorba Linda) 47-3 3/4, 15. Kinney (Esperanza HS, Yorba Linda) 45-4 1/4, 16. Bustamonte (Schurr HS, Montebello) 43-3 1/4.

DT: (b) 1. Godina (Cheyenne Hawks, WY) 175-9, 4. Buckey (Bakersfield HS) 156-10, 7. Fowler (Stanford Univ.) 149-10, 8. Powell (Redwood HS, Woodlake) 147-3, 11. Bustamonte 134-1, 12. Karsevar (Clovis HS) 129-5, 13. Duffley (Aragon HS, San Mateo) 123-6.

Hammer: (a) 1. Cyr (Georgetown Univ) 185-11, 7. McMahon (Explorer's Post 813, San Jose) 164-7, 11. Willis (Fresno St Univ.) 151-10, 12. Popejoy (Explorer's 813) 151-0, 13. Wilson (Bakersfield College) 147-0, 14. Bustamonte 144-3, 15. Felice (Explorer's 813) 140-3, 16. Conrad (Bakersfield College) 136-8, 17. Jamison (Explorer's 813) 136-5, 19. Whitney (Fresno State Univ) 121-9. (HS Exhibition 12# Hammer) (a) 1. McMahon 219-2, 2. Popejoy 192-5, 3. Felice 174-2, 4. Dose (Bullard HS, Fresno) 139-11, 5. Kim (Explorer's 813) 138-3, 6. Robinson (Unat., San Jose) 106-1.

Javelin (b) 1. Smith (UCLA) 208-5, 6. Johnson (Unat., Woodside-Menlo Atherton HS) 188-8.

Decathlon (6/28-29) 1. Clements (Track Florida--Flagler Palm Coast HS) 7095.

Women's Results

100m (a) (wind +0.5 mps) 1. Feagin (Track Florida-Cocoa HS) 11.35, 3. Burnham (UCLA) 11.66. (Semis) (a) I-(0.0) 7. Hill

(Fresno St Univ) 12.60, 8. Conwright (So Cal TC) 12.69. II (+0.2) 4. Jackson (Unat. Bakersfield HS) 12.12, 6. Bradfield (So Ca TC) 12.33, 8. Howard (So Cal TC) 12.75. III-(0.0) 4. Bracey (UC Irvine) 12.08, 6. Kimmey (Unat., San Diego- University City HS) 12.19, 7. Johnson (Sacramento TC-Burbank HS) 12.34, 8. Criswell (Unat., Fresno HS) 12.37, 9. Moxley (Super Sonic TC-St. Bernard HS) 12.41. IV-(+1.5) 1. Burnham 11.76, 3. J. Mack (Golden Eagles TC-UC Berk) 12.20, 7. Jackson (Taft College) 12.39.

200m (b) (+0.9) 1. Feagin 23.64, 5. Burnham 24.08, 9. L. Jones (So Cal TC) 24.46. (Semis) I-(+2.4) 1. Burnham 24.18w, 3. J. Mack 24.88w, 4. Bradfield 25.33w, 6. Kimmey 25.77w. II-(+9.7) 2. L. Jones 24.11w. IV-(+2.9) 3. Jackson (Unat., Bakersfield HS) 24.54w, 4. Campbell (Unat., Rancho Cucamonga-Alta Loma HS) 24.55w.

400m (b) 1. Smith (Georgetown Univ) 53.36. Nichols (Unat. Bakersfield HS) did not start. (Semis) I 4. Dring (Unat., San Diego-Mt. Carmel HS) 55.98, 5. Campbell 56.46. II 5. L. Jones 55.46. III 1. Nichols 54.39, 5. Dooley (Sacramento TC-Bret Harte HS) 56.94.

800m (b) 1. Toney (Unat., Atascadero HS) 2:10.06, 5. Polk (Unat. Hamilton HS) 2:12.75, 7. Teter (Sacto TC-West Valley HS) 2:14.49. Carr (Or Co Blue Angels) did not finish. (Semis) (a) I 1. Toney 2:11.78, 2. Polk 2:13.51, 3. Teter 2:13.94, 4. Buchanan (Nor Cal Cheetahs-Mitty HS) 2:14.21. II 4. Carr (Or Co Blue Angels) 2:11.66, 7. Stowell (Unat., Mt. Carmel HS, San Diego) 2:16.74.

1500m (b) 1. Lynch (Villanova) 4:30.03, 6. Spies (Unat. Livermore HS) 4:35.60, 14. Freberg (Unat., San Ramon-California HS) 4:45.2, 16. Davison (Sacramento TC-Bret Harte HS) 4:52.3.

3000m (b) 1. Slay (Yale Univ) 9:57.23, 8. Spies 10:27.42, 11. Look (Unat., Shasta-Redding HS) 10:47.71, 13. Sweeney (Unat., San Jose-Leigh HS) 10:53.7.

10,000 (b) 1. Sloan (Weber State Univ) 37:13.78.

TAC/Junior, continued

100m HH: (b) (wind +0.5) 1. Taylor (Univ. of Florida) 13.31 (Meet Record), 5. Stewart (Sacramento TC-Yuba City HS) 14.19, 8. Dill (Unat., Poway HS) 14.62. (Semi's) (a) I (+1.3) 4. Stewart 14.15. II-(1.1) 4. Dill 14.54, 8. Patil (Track West) 15.74.

400m H (b) 1. R. Mack (Golden Eagles/UC Berkeley) 59.32. (Semi's) (a) I 6. Pacheco (Quicksilver TC/Glenn HS, Norwalk) 77.71. II 2. R. Mack 61.88, 7. Keffer (Unat/Woodbridge HS, Irvine) 66.91.

5000m Walk: (a) 1. Zalewski (Univ. of Wisc/Parkside) 24:51.60MR, 2. Jennifer Formosa (Or Co Blue Angels TC) 25:33.77, 3. Jeanne Formosa (Or Co Blue Angels TC) 26:10.52, 6. Denisha Bendz (Pegasus TC/Costa Mesa HS) 29:09.57.

HJ: (b) 1. Hughes (St. Mary's TC, Md) 5-11 1/4, 7. Svoboda (Cal St Long Beach) 5-5, 8. Clarke (LA Valley College) 5-5.

LJ: (a) 1. Yendork (SoCal Cheetahs/Walnut HS) 20-7 3/4 (+1.8 mps), 9. Peterson (Dos Pueblos HS, Goleta) 18-6 3/4 (+1.2).

TJ (b): 1. Yendork (SoCal Cheetahs) 43-4 1/4w (+2.4) (Longest Triple Jump by American HS under any conditions) (42-5 1/2 wind +1.9 best legal jump), 5. Burnett (Lynwood Lightning, Lynwood HS) 38-9 3/4w (+4.3) (37-11 1/2 best legal), 6. Ammonds (Kings River CC, Reedley) 38-6.3/4w (+2.8) (no non-windy efforts). . .9. Carver (Sun Reporter TC, San



EDWINA AMMONDS

Photo by Bill Cockerham

Francisco) 38-2 1/4w (+3.6) (37-2 1/4 legal best), 10. Sims (Oceanside HS) 37-10 1/2w (+3.1) (37-10 legal best).

SP (a) 1. Wadsworth (Texas HS) 49-7 1/4, 2. Dumble (Unat. Bakersfield HS) 47-5 3/4, 3. Weis (Unat., Bakersfield HS) 46-8.

DT (a) 1. Weis (Unat., Bakersfield HS) 170-9, 2. Dumble (Unat., Bakersfield HS) 161-5, 4. Franke (SMU/former Canyon HS of Anaheim) 151-11, 7. Peters (Unat/former Gunn HS) 138-11, 10. McVey (SoCal Roadrunners/Redlands HS) 134-8, 13. Phillips (Unat/former Walnut HS) 130-0, 14. Hargrove (Estancia HS, Costa Mesa) 129-7, 16. Malachowski (Unat/former Hesperia HS) 126-0, 17. Warr (Ribidoux HS, Riverside) 117-4, 19. Dumas (Cal Golden Eagles, San Jose) 113-1.

Javelin (b) 1. Franke (SMU/former Canyon HS of Anaheim) 155-10, 4. McVey (SoCal Roadrunners/Redlands HS) 139-10.

Heptathlon: (6/28-29) 1. Clarke (LA Valley College) 5080, 2. Ammonds (Kings River CC) 4958, 9. Haynes (Quicksilver TC/Bishop Montgomery HS) 4449, 12. Tingle (CPSLO) 4209, 13. Burnett (Lynwood Lightning/Lynwood HS) 4110, 14. Smith (Unat/San Marcos HS) 4087.