

Long Bch Relays

March 6, Cal State Long Beach: 42nd Annual Long Beach Relays.

MEN'S EVENTS:

10,000: 1. Dan Capriollo (Unat) 30:22; 2. Bob Marcias (Unat) 30:40; 3. Brock Vaughn (CPP) 32:26. **Hammer:** 1. Bill Green (CSULB) 220-7; 2. Steve Rohovit (CSULB) 206-11. **3000 Steeplechase:** 1. Paul Croft (Westmont) 9:20; 2. Raul Aquero (Unat) 9:33. **Shuttle Hurdle Relay:** 1. Long Beach CC 60.4; 2. All American TC 60.6; 3. Palomar JC 62.0. **400 Meter Relay:** 1. Long Beach CC 42.0; 2. All American TC 42.4; Saturn TC 42.5. **Long Jump:** 1. Zawinel (AATC) 23-9; 2. McGuirro (Unat) 23-7½; 3. Torres (Ven) 23-3½. **Shot Put:** 1. Kraychir (LBCC) 63-0; 2. Smith (Unat) 62-4; 3. Greg Tafari (Unat) 61-0; 4. Otrando (Taunton TC) 58-0½. **Sprint Medley Relay:** 1. El Camino CC 3:22.3; 2. Palomar JC 3:23.3; 3. Venezuela 3:26.2. **2 Mile Relay:** 1. Cal Poly Pomona 7:52.9; 2. CSU Long Beach 8:00.3. **Javelin:** 1. Ralph Howe (Wt. City) 226-11; 2. Fernandez (Ven) 223-3. **880 Relay:** 1. Long Beach CC 1:26.9; 2. Long Beach CC "B" 1:28.1; 2. Saturn TC 1:28.6. **Discus:** 1. Overton (Los Altos) 193-7; 2. Mills (Unat) 185-8; 3. Binley (AATC) 181-1; 4. McSeveney (CSULB) 179-9; 5. Tafardio (Unat) 179-4. **4 Mile Relay:** 1. UC San Diego 17:35.9. **Mile Relay:** 1. El Camino CC 3:12.8; 2. Palomar JC 3:13.4; 3. Venezuela 3:16.0; 4. Long Beach CC 3:18.2. **Triple Jump:** 1. Thompson (Unat) 48-6¾. **Pole Vault:** 1. Hintanus (Unat) 17-6 & Carney (CSULB) 17-6; 3. Lawry (AATC) 17-0. **High Jump:** 1. Mel Baker (CSULB) 7-2½; 2. Valentine (AATC) 7-0 & Gordien (CSULB) 7-0; Francis (Palomar JC), Wicker (LBCC), Franz (AATC), Arnudine (CPP), & Sims (CSULB) all 6-10. **5000 Meter Walk:** 1. Larry Walker (SCS) 21:14.53; 2. Jim Coore (SA) 25:49.54.

WOMEN'S EVENTS:

High Jump: 1. Nichols (CPP) 5-4. **Long Jump:** Sabrina Brown (SAC) 18-4. **Discus:** 1. Pagel (CSULB) 150-0; 2. Branson (LAN) 148-0. **Javelin:** 1. Pollack (CSULB) 137-0. **440 Relay:** 1. Cerritos JC 49.0. **Sprint Medley Relay:** 1. El Camino 4:14.9; 2. Cal Poly Pomona 4:19.2. **2 Mile Relay:** 1. El Camino 9:37.0; 2. Cerritos 9:49.4. **Shot Put:** 1. Pagel (CSULB) 51-8. **Mile Relay:** 1. Cerritos 3:58.1. **5000 Meter Walk:** 1. Eva Linsfon (Unat) 25:40.60.