

Long Beach Relays

March 1. Long Beach.

Community College Division - Men
3000m Steeplechase: 1. Flunan Cronin, C.A.Z. 9:24.0, 2. Phillip Coolie, C.A.Z. 9:31.5, 3. Jamie Legrand, Full. 9:35.8.

110m HH: 1. Kenny Hall, Mt.Sac, 14.57, 2. Everett White, LB, 14.74, 3. Ken Thompson, C.A.Z. 15.11.

4 x 100m Relay: 1. Long Beach 40.63, 2. Taft 40.84, 3. Central Arizona 41.14, 4. Pasadena 41.51, 5. Grossmont 42.37.

Distance Medley: 1. Long Beach 10:08.0, 2. Santa Ana 10:08.9, 3. Central Arizona 10:11.5, 4. Fullerton 10:19.1, 5. Sequoias 10:25.8.

Sprint Medley: 1. Taft 3:25.5, 2. Glendale 3:32.3, 3. Grossmont 3:35.0, 4. Cerritos 3:36.0, 5. Orange Coast 3:37.8.

4 x 880y Relay: 1. Taft 7:47.8, 2. Mira Costa 7:52.4, 3. Grossmont 8:04.6, 4. Saddleback 8:06.8, 5. Merced 8:11.8.

400 Int.Hurdles: 1. Aaron Wallace, LBCC, 52.99, 2. Kenny Hall, Mt.Sac, 53.33, 3. Brian Lumpkin, Mt.Sac, 54.33.

4 x 220y Relay: 1. Central Arizona 1:23.9, 2. Taft 1:24.7, 3. Long Beach 1:24.9, 4. Pasadena 1:27.8, 5. Grossmont 1:31.4.

4 x Mile Relay: 1. Central Arizona 17:21.8, 2. Santa Ana 17:53.3, 3. Glendale 17:55.7, 4. Grossmont 17:58.8, 5. Fullerton 18:04.5.

4 x 440y Relay: 1. Central Arizona 3:12.7, 2. Taft 3:15.7, 3. Santa Ana 3:20.6, 4. Glendale 3:21.7, 5. Fullerton 3:23.9.

5000m: 1. Lamont Yazzie, C.A.Z. 15:21.0, 2. Pete Nunez, Sequoias, 15:24.1, 3. Reginald Greene, LBCC, 15:27.5.

Long Jump: 1. Everett White, LBCC, 23-10, 2. Billy Coleman, Taft, 22-8½, 3. Sean Sawyer, Santa Ana, 22-7¼.

Triple Jump: 1. Mike Howard, Mira Costa, 48-4¼, 2. Mark Willis, El Camino, 47-2, 3. Lorenzo Demyers, Gold.W, 46-11½.

High Jump: 1. Lorenzo Demyers, Gold.W, 6-8¼, 2. John Harris, LBCC, 6-6¼, 3. Leland Farrar, LBCC, 6-6¼.

Pole Vault: 1. Jeff Mulligan, LBCC, 16-0¼, 2. Stuart Lui, Orange C, 14-5¼, 3. Shannon Stripling, MiraC, 14-5¼.

Shot Put: 1. Tambi Wenji, LBCC, 55-10, 2. Mike Nishanian, LBCC, 53-3½, 3. Pat Kyle, Santa Ana, 51-4¼.

Discus: 1. Tambi Wenji, LBCC, 173-4, 2. Mike McIvot, C.A.Z. 161-5, 3. Bill Charette, Seq., 145-10.

Javelin: 1. Reggie Malveaux, Taft, 189-1, 2. Richard Wilhelm, Taft, 181-10, 3. Kevin Cummings, Saddle., 179-11.

Community College Division - Women
3000m: 1. Pauline Stehly, MiraC, 10:35.5, 2. Joyce Cheruyiot, SMCC, 10:42.9, 3. Mich Arteaga, SMCC, 10:58.7.

100m Hurdles: 1. Sara Morton, Saddle., 15:39, 2. Richelle Frazier, ECC, 16:24, 3. Patricia Blackwell, SMCC, 16:27.

4 x 100m Relay: 1. Santa Monica 49:04, 2. Saddleback 51:77, 3. Glendale 51:96, 4. Mira Costa 54:26, 5. Long Beach 54:59.

Distance Medley: 1. East L.A. 12:05.4, 2. Mira Costa 12:38.2, 3. Orange Coast 12:45.7, 4. Chaffey 13:46.9, 5. Cerritos 13:47.9.

Sprint Medley: 1. Santa Monica 1:48.9, 2. Saddleback 1:56.6, 3. El Camino 1:58.8, 4. Mira Costa 1:59.8, 5. Long Beach 2:02.2.

4 x 880y Relay: 1. East L.A. 8:31.5, 2. El Camino 9:57.1, 3. Mira Costa 10:02.4, 4. Orange Coast 10:43.9, 5. Santa Monica 11:38.7.

400m Hurdles: 1. Vida Heard, El Camino 88:50, 2. Kimbra Macaulay, Glendale, 88:60, 3. Kimberly Lynk, Cerritos, 89:09.

4 x 220y Relay: 1. El Camino 1:45.9, 2. Saddleback 1:50.3, 3. Santa Monica 1:50.9, 4. Riverside 2:00.4.

4 x Mile Relay: 1. East L.A. 21:15.8, 2. Orange Coast 22:00.3.

4 x 440y Relay: 1. El Camino "A" 4:03.8, 2. El Camino "B" 4:07.8, 3. Cerritos 4:10.0, 4. East L.A. 4:10.8, 5. Orange Coast 4:34.7.

5000m: 1. Chavez, GoldenW, 15:21.0.

Long Jump: 1. Kim Taylor, Full. 18-2, 2. Renita Robinson, El Camino, 18-1¼, 3. Sara Morton, Saddleback 17-1¼.

Triple Jump: 1. Kim Taylor, Full. 38-5½, 2. Renita Robinson, El Camino 38-4, 3. Demetrius Newman, El Camino 36-0½.

High Jump: 1. Patricia Blackwell, SMCC, 5-5, 2. Kim Fluegel, Merced, 5-1, 3. Kelly Smith, Grossmont, 5-1.

Shot Put: 1. Shawn Roy, Santa Monica, 41-0½, 2. Tonia Barnes, El Camino, 40-7¼, 3. Cheryl Jefferson, Mt.Sac., 38-0.

Discus: 1. Tonia Barnes, El Camino, 135-1, 2. Chris Barboza, Glendale, 134-5, 3. Kelley Wilson, Saddleback, 132-0.

Javelin: 1. Tricia Lunberg, Grossmont, 131-7, 2. Tonia Barnes, El Camino, 123-5, 3. Cheri Slater, Mt.Sac, 122-4.

Long Beach Relays

March 2. Long Beach.

University/Open Division - Men
10,000m: 1. Jody Fisher, Taft, 31:07, 2. Marco Ochoa, Santa Ana, 31:09, 3. Mike Scott, Claremont, 31:53.

3000m Steeplechase: 1. Steve Cubillas, Full, 8:59.5, 2. Tom Nohilly, Taft, 9:11.2, 3. Gary Daily, CSUF, 9:29.5.

110m HH: 1. Chris Branham, LATC, 14.84, 2. Dave Johnson, AP, 14.94, 3. Art Simms, CSLA, 15.15.

4 x 100m Relay: 1. CSLB 41.82, 2. All-American TC 42.65, 3. CSLA 42.67, 4. LaVerne 43.66, 5. UCSD 43.94.

Distance Medley: 1. CSLA 10:06.7, 2. CSLB 10:09.9, 3. CSLA TC 10:26.8, 4. UCSD 11:34.2.

Sprint Medley: 1. CSLB 3:26.1, 2. All-American TC 3:26.7, 3. CSUN 3:28.2, 4. Beyond Athletics 3:29.6, 5. CSLA TC 3:40.6.

4 x 880y Relay: 1. USC 7:55.5, 2. Mission Viejo TC 8:06.8.

400m Hurdles: 1. Oswaldo Zea, CSLB, 51.70, 2. James Ferreira, CSLB, 52.14, 3. James Knowles, USC, 53.26.

4 x 220y Relay: 1. SC Striders 1:27.5, 2. CSLB 1:28.1, 3. Claremont 1:32.7, 4. LaVerne 1:34.1, 5. CSUN 1:34.2.

4 Mile Relay: 1. Running Experience TC 17:10.2, 2. Club X 17:49.5, 3. Claremont 18:16.6.

4 x 440y Relay: 1. CSLB 3:14.4, 2. CSUN 3:16.7, 3. UCLA 3:17.4, 4. Beyond Athletics 3:21.0, 5. Stars & Stripes TC 3:21.1.

5000m: 1. Jim Triplett, Unat. 14:45.4, 2. Gary Daily, CSUF, 14:48.4, 3. Dean Miller, SC Cheetahs, 14:51.6.

Long Jump: 1. Craig Stewart, Unat., 24-10, 2. Barry Tyler, LaVerne, 23-4, 3. Mike Grissett, Unat., 23-1¼.

Triple Jump: 1. Stan Oporski, CSLA, 52-8¼, 2. Ralph Milton, Unat., 49-8½, 3. Mike Grissett, Unat., 49-2½.

High Jump: 1. Brent Harken, Unat., 7-0½, 2. Anthony Caire, CSLA TC, 6-10¼, 3. Frank Eatmon, Unat., 6-10¼.

Pole Vault: 1. Jerry Mulligan, BA, 17-10¼, 2. Bill Thifken, MX TC, 15-11, 3. Brad Nachtgeal, BA, 15-11.

Shot Put: 1. Arnold Campbell, Taft, 60-3, 2. Jay Kovar, WC, 55-8¼, 3. Mike Boldin, CSLA, 54-8¼.

Discus: 1. Jay Kovar, WC, 190-8, 2. Arnold Campbell, Taft, 166-7, 3. Glenn Klein, WW, 161-6.

Javelin: 1. Ernie Fradella, AIA, 186-0, 2. Carl McMahon, UCLA, 192-1, 3. Scott Pitel, AA TC, 189-1.

Hammer: 1. Bill Green, Mazda TC, 238-4, 2. Jim Thiss, Unat., 207-7, 3. Casey Balleway, AA TC, 192-7.

University/Open Division - Women
10,000: 1. Barbara Rohman, CSUF, 38:23, 2. Judy Mazowiecki, CSUF, 40:31, 3. Jinny Angling, CSUF, 41:32.

3000m: 1. Beth McGrann, UCI, 9:48.7, 2. Magdalena Manriquez, CSN, 9:59.7, 3. Kelly King, UCI, 10:14.3.

100m Hurdles: 1. Nikki Williams, UCLA, 14.89, 2. Princess Cooper, Coast, 14.83, 3. Nicole Thompson, UCLA, 14.99.

4 x 100m Relay: 1. CSUN 50.45, 2. LaVerne 53.96, 3. UCSD 54.34, 4. Whittier 55.69.

Distance Medley: 1. UCLA 12:04.2, 2. CSUN 12:16.4, 3. CSUF 12:25.9, 4. UCSD 13:07.9, 5. Claremont 13:23.0.

Sprint Medley: 1. LaVerne 2:03.5, 2. UCSD 2:04.3, 3. Whittier 2:06.9.

4 x 880y Relay: 1. Coast Athletics, 9:00.8, 2. UCLA "A" 9:09.2, 3. UCLA "B" 9:26.2, 4. CSUF 10:03.1.

400m Hurdles: 1. Jacque Joyner, WCTC, 56.27, 2. ChooChoo Knighton, UCLA, 64.29, 3. Leslie Saito, CSLB, 64.89.

4 x 220y Relay: 1. CSUN 1:45.5, 2. CSUF 1:46.1, 3. LaVerne 1:57.8.

4 Mile Relay: 1. UCLA 21:20.0.

4 x 440y Relay: 1. CSLB 3:55.9, 2. CSUN 4:03.3, 3. CSUF 4:05.4, 4. UCSD 4:20.3.

5000m: 1. Marie Rollins, Unat., 16:51.7, 2. Alexandra Aguilera, CSN, 17:08.1, 3. Jenni Scott, CSUF, 17:53.4.

Long Jump: 1. Lori Smith, CatAth, 19-6¼, 2. Maureen Wiley, CatAth, 19-6¼, 3. Penny Franklin, CSUN, 18-3¼.

Triple Jump: 1. Rhondolyn Bradshaw, CSLB, 36-9, 2. Cindy Johnson, CSUF, 36-0¼, 3. Penny Franklin, CSUN, 35-7¼.

High Jump: 1. Vance Cassandra, CSUN, 5-5, 2. Keri Bell, CatAth, 5-5, 3. Bedell, Oxy, 5-1.

Shot Put: 1. Jackie Joyner, WCTC, 47-4¼, 2. Toni Lutjens, UCLA, 45-6½, 3. Kris Larson, UCLA, 45-4¼.

Discus: 1. Jacque Norton, CSLB, 174-3, 2. Kris Larson, UCLA, 169-8, 3. Toni Lutjens, UCLA, 167-3.

Javelin: 1. Jacque Norton, CSLB, 155-4, 2. Michelle Oliveira, CSLA, 147-0, 3. Sheila Beuler, CSLB, 142-0.