four titles up for grabs Saturday at the 15th annual Mid-Eastern the 15th annual Mid-Eastern Athletic Conference spring championships. The State behind eight behind eight first place finishes, amassed a team total of 155 points to outdistance second place Delaware State, which had 129 for had 122 for the con-or Track and Field ti-fifth straight title for ference Outdoor tie. It was the

and Bethune-Cookland with 1. State's Darry Simmons, whithe 100 meters (10.6) and the y Simmons, who won 's (10.6) and the 200 was named the most erformer in the men's meters (21.3). division.

In the women

the men. North Carolina A&T finished fourth with 76 points followed by Howard 74, Maryland-Eastern Shore 20, Morgan State 12,

In the women's division, State, behind three first place finishes by Colette Williams and one by Della Wilson, compiled 169 points to 122 for Delaware State to claim their sixth

Delaware State to claim their sixth consecutive championship. Howard and Morgan State finished third and fourth with 78 and 56 points, respectively. Rounding out the field was Maryland-Eastern Shore with 35 followed by North Carolina A&T with and Bethune-Cookland with 1. Williams, who captured the long jump (19-2), high jump (5-4) and the first leaves (19-5).

jump (19-2), high jump (3-4) and the triple jump (40-5); was selected the outstanding women performer. The men's tennis team won five of six singles matches to roll up 26 points to earn their third straight MEAC title. Howard was second with 19 points followed by North Carolina A&T and Delaware State with nine points each.

The women also captured five singles titles enroute to amassing 76 points to capture the MEAC's first oints to captur tennis championship. ook second place with 16 women's Howard took second points to out distance

The Bulldogs' James Standfield and Michelle Johnson was selected most outstanding in the tennis divi-

np-1st, Dexter Martin, (SCSC), 6 1st, Howard Lee, (NC ABT),

Track scores:
Men's division
High jump
1. Dexter Martin (SCSC)
2. Edward Smith (NCA&T)
* 3. James Cowans (DSC) 62"
Discus
* 1. Howard Lee (NCA9T)
* 2. Chris Borden (SCSC)
* 3. Franz Kappel (DSC)
Pole vault
* 1. John Carson (DSC)
- I. Juliet Geraum (Gray)

Long jump • 1. Melvin Ballard (NCAGT)		22'10'5"
 2. Howard Lindsay (UMES) 		22'8"
 3. Ben Thomas (NCA&T) 		21'10%"
Team Scores	- N	
* 1. NCABT		35
* 2. DSC		
* 3. SCSC		22
	-	
Women's division		
Long jump		
 1. Collette Williams (SCSC) 		19'2"
* 2. Teresa Allen (HU)		
• 3. Tangela Mitchell (SCSC	1	18'5%"
Discus		
. 1. Judy Green (UMES)		. 128'6 % "
* 2. Della Wilson (SCSC)		
* 3. Gayle Greaves (DSC)		
High jump		
 1. Collette Williams (SCSC) 		5'4"
 2. Tangela Mitchell (SCSC) 		
* 3. Jackie Carmichael (DSC	1	57"
Team Scores		
• 1. SCSC		46
* 2. DSC		
• 3. UMES		
- 4. UMES		16