# Hampton, Norfolk St. take titles

Staff report

The Hampton women and Norfolk State men won the 2006 MEAC Outdoor Track & Field Championships at N.C. A&T on Saturday.

Hampton's Yvette Lewis was named the Outstanding Performer for the second consecutive year, while Norfolk State's David Kemboi captured the title for the men.

With 160 points, the Pirates won their fourth MEAC title in five years. The Spartans won their third MEAC title and first since 2001.

Pirates coach Maurice Pierce was named the 2006 Outstanding Coach.

Pierce led the women's team to a sweep of both the MEAC indoor and outdoor titles this season.

Norfok State coach Kenneth Giles was named the MEAC Outstanding Coach for the men. Giles guided his team to a sweep of the track titles (cross country, indoor, and

### MEAC TRACK AND FIELD

outdoor). Norfolk State was the last team to sweep the titles in 2001.

The N.C. A&T women finished seventh with 45 points and the men finished third with 95

The Aggies' Gordon Smith won the 400-meter hurdles in 51.76.2 seconds. Smith was also part of N.C. A&T's thirdplace 4x400 relay team.

Courtney Clark placed first in the 400 hurdles for the Aggies, who also took first place in the 4x400 relay, which Clark ran on.

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Hampton 160, Maryland-Eastern Shore 107, Morgan State 95, Norfolk State 76, Florida A&M 49, Howard 45, N.C. A&T 45, Delaware State 32, Coppin State 31, Bethune-Cookman 28, S.C. State 24

200 – 1. Lewis (Ham) 23.5; 2. Tanesha Wisdom (UMES) 23.67; 3. Wells (Ham) 23.72; 800 – 1. Krystle Medlin (Ham) 2:10.43; 2. Nichelle Gibbs (MS) 2:10.45; 3. Lindsey Thomas (FAMU) 2:

11.77: 5,000 - 1. Janeth Chelangat (UMFS) 18: 28.85; 2. Medlin (Ham) 18:38.6; Denisha Hudson (NS) 18:58.26: 100 hurdles - 1. Lewis (Ham) 13.16; 2. Lauren Taylor (NCAT) 13.60; 3. Lavonne Idlette (Ham) 13.9: 400 hurdles - 1. Courtney Clark (NCAT) 57.73; 2. Janice Smythe (MS) 59.96; 3. Cuquie Meliville (DS) 1:00.73; 4x100 relay - 1. Maryland-Eastern Shore (Shakira Robinson. Pryce, Wisdom, Cierra Layne) 45.32; 2. Hampton (Wells, Y. Lewis, Rachel Lewis, Christina Dewitt) 45.45; 3. N.C. A&T (Taylor, Phykesha Blackmon, Clark, Carmenta Mitchell) 46.17; 4x400 relay - 1. N.C. A&T (Michell, Alexandria Spruiel, Blackmon, Clark) 3:36.83; 2. Morgan State (Kathryne Carter, Mariama Gondo, Smythe, Gibbs) 3:41.22; 3. S.C. State (Tempest Vance, Natalee Allen, Natlie Dixon, Shari Sampson) 3:42.70; triple jump - 1. Y. Lewis (Ham) 13.26; 2. Moorman (NS) 12.77; 3. R. Lewis (Ham) 12.46; shot put - 1. Dionne Wright (UMES) 14.63; 2. Leltawsha Bronson (MS) 14.10; 3. Catherine Stoute (MS) 13.71; javelin - 1. Wright (UMES) 41.82; 2. Sherita Harriot (UMES) 41.54; 3. Stoute (MS) 39.10: heptathlon - 1. Harriot (UMES) 4894; 2. Natoya Baird (CS) 4543; 3. Kelsi Russell (MS) 4530.

### Men

Norfolk State 140, Hampton 127, N.C. A&T 95, Morgan State 74, Florida A&M, Maryland-Eastern Shore 57, Bethune-Cookman 44, Delaware State 43, Coppin State 43, S.C. State - 35, Howard 24

100 meters – 1. Chris Hargett (FAMU) 10.41; 2. Derrick Baker (NS) 10.55; 3. Trayman Hill (NS) 10.68; 200 – 1. Chris Hargett (FAMU) 21.11; 2.

Baker (NS) 21.38; 3. Troy Wilkerson (NS) 21.43; 400 - 1. Terry Thorton (Ham) 46.88; 2. Terrance Burton (Ham) 47.20; 3. Herbert Nicholls (MS) 47.33; 800 - 1. Bradon Lynch (Ham) 1:51.55; 2. Nigel Leonce (CS) 1:51.95; 3. Dominic Luka (NS) 1: 51.97; 1,500 - 1. David Kemboi (NS) 3:56.15; 2. Dominic Luka (NS) 3:55; 3. Alfred Singoei (UMES) 4:00.18; 15. Rashad Burnette (N.C. A&T) 4:04; DNF, Travanni (N.C. A&T) 4:09; 5,000 - 1. David Kemboi (NS) 14:54.61; 2. Alfred Singoei (UMES) 15:20.21; 3. Francis Kirong (NS) 15:26.66: 110 hurdles - 1, Thorton (Ham) 13.82; 2, Jacoby DuBose (How) 13.84; 3. Dwayne Robinson (UMES) 13.95: 400 hurdles - 1. Gordon Smith (NCAT) 51.67; 2. Andrew Peresta (Ham) 52.05; 3. Nicholas Wright (How) 52.27; 3,000 steeplechase - 1. Kemboi (NS) 9:34.51; 2. Kirong (NS) 9:49.31; 3. Anthony Littlejohn (CS) 9:53.92; 4x100 relay - 1. Florida A&M (Derek Cason, LaJarvis Cook, Todd ( Brigman, Hargertt) 40.57; 2. Hampton (Travarous Bain, Thorton, Kevin Teel, Terrance Burton) 40.71: 3. Norfolk State (Baker, Trayman Hill, Jamall Bloomfield, Wilkerson) 41.03; 4x400 relay - Hampton (Burton, Peresta, Phillip Baldwin, Thorton) 3:09.40; Delaware State (Douglas Bell. Andre Easton, Brandon Reeves, Daeshan Davidson) 3:10.16; 3. N.C. A&T (Jerrecolm Wyatt, Antonio Lee, Thomas Funderburk, Gordon Smith) 3:10.50); triple jump - 1. Via (NCAT) 15.79; 2. Cerone Burnette (NCAT) 15.61; Jermond Smith (FAMU) 15.53; Javelin - 1. Arlon Morrison (CS) 53.86: 2. Alan Mitchell (MS) 53.75; 3. Christopher Morrison (UMES) 52.15; decathlon - 1. Harold Rose (BC) 6245; 2. Christian Siegmund (Ham) 6086; 3. Mitchell (MS) 5961.

# N.C. A&T track's Caryle DeCruise makes regionals

Staff Reports

The Norfolk State men's team was in first place Friday after the second day of the MEAC outdoor track & field championships, while Hampton led the women's competition.

Day two of the track & field championships saw 12 more athletes qualify for the NCAA east regional, which will be held at N.C. A&T in

late May.

Caryle DeCruise of N.C.
A&T (100 meter hurdles),
Yvette Lewis of Hampton
(100 meters), Danieth Pryce
of Maryland-Eastern Shore
(100 meters), Alyssa Johnson of Howard (100 meter
hurdles) and Shantrice
Green of Florida A&M (100
meter hurdles) qualified on
the women's side.

Terry Thornton of Hampton (400 meters), Herbert Nicholls of Morgan State (400 meters), Daniel Kinney of Howard (110 meter hurdles), Andrew Peresta of Hampton (110 meter hurdles), Derrick Baker of Norfolk State (200 meters) and Florida A&M's Chris Hargrett (200 meters) were the men's qualifiers.

The championships end today, beginning with the men's discus final at 10 a.m. The women's 100 meter hurdles finals begin at 11 a.m.

# Men

Norfolk State 76, Hampton 56, Morgan State 40, N.C. A&T 39, Maryland-Eastern Shore 31, Coppin State 22, Bethune-Cookman 21, S.C. State 20, Delaware State 20, Florida A&M 20, Howard 5

# **MEACTRACK AND FIELD**

100 meters - 1. Chris Hargett (FAM) 10.41; 2. Derrick Baker (NS) 10.55; 3. Trayman Hill (NS) 10.68; 400 - 1. Terry Thorton (H) 46.88; 2. Terrance Burton (H) 47.20; 3. Herbert Nicholls (MS) 47.33; 1,500 - 1. David Kemboi (NS) 3:56.15; 2. Dominic Luka (NS) 3:55; 3. Alfred Singoel (UMES) 4:00.18; 15. Rashad Burnette (N.C. A&T) 4:04; DNF. Travanni (N.C. A&T) 4:09; high jump - 1: James White (MS) 2.10 meters; 2. Gordon Smith (N.C. A&T) 2.05 meters; 3. Jamahl Strachan (UMES) 2.00 meters; 4. Dominique Camm (N.C. A&T) 2.00 meters; long jump - 1. Brandon Via (N.C. A&T) 7.27 meters; 2. Johann Criclow (SC) 7.25 meters; 3. Kendrick Brathwaite (NS) 7.17 meters; 6. Tarrish Alexander (N.C. A&T) 6.97 meters; 7. Ron Buchanon (N.C. A&T) 6.94 meters; 10. Cerone Burnett (N.C. A&T) 6.82 meters; 11. Jimmy Fields (N.C. A&T) 6.81 meters; shot put - 1. Lonnie Phifer (N.C. A&T) 15.74 meters; 2. Shawn Thomas (DS) 15.66 meters; 3. Tyron Benjamin(MS) 15.36 meters.

### Women

Hampton 75, Maryland-Eastern Shore 69, Norfolk State 58, Morgan State 42, Horda 32, Florida & M. 27, Coppin State 24, Bethune-Cookman 22, Delaware State 16, S.C. State 10, N.C. & A.T. 5

100 meters - 1. Kellie Wells (H) 11.58; 2. Yvette Lewis (H) 11.59; 3. Danieth Pryce (UMES) 11.60;400 meters - 1. Lauren Mcnary (H) 52.91; 2. Tanesh Wisdom (UMES) 53.44; 3. Romona Modeste (MS) 54.51; 1,500 - 1 Krystle Medlin (H) 4:44,49; 2. Cetera Bunche (H) 4:45.62; 3. Nichelle Gibbs (MS) 4:48.56; high jump - 1, Brittany Robinson (MS) 1,80m; 2 Imani Moorman (NS) 1.75m; 3. Ashley Maddox (SC) 1.70m; 7. Anene Wynn (N.C. A&T) 1.65m; Atir Carter (N.C. A&T) NH; pole vault - 1 Cristina Zungia (NS) 2.95m; 2. Darah Valville (FAM) 2.95m; 3. Delores Kersey (NS) 2.55m; Lilliam Galloway (N.C. A&T) NH: long jump - 1. Ledaire Carter (HW) 6.13m; 2. Yvette Lewis (H) 5.92; 3. Rachel Lewis (H) 5.75m; 6. Lauren Taylor (N.C. A&T) 5.68; 12. Kendra Newton (N.C. A&T) 5.28m; 18. Shayla Jemmott (N.C. A&T) 4.91m; discus - 1. Sasha Wilson (NS) 44.51; Dionne Wright (UMES) 41.54; Natalee Pessoa (BC) 43.23.