

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 1 Women High Jump**

Name	Year	School	Finals	Alternate
Finals				
1 # 13 Morrison, Quamech	SR	Bethune-Cookman	1.78m	5-10.00
1.58 1.63 1.68 1.73 1.78 1.83				
PPP XO O XO XO XXX				
2 # 213 Salmon, Paula	FR	N. Carolina A&T	1.73m	5-08.00
1.58 1.63 1.68 1.73 1.78				
PPP XO O O XXX				
3 # 245 Crenshaw, Bhrandi	SO	N.C. Central	1.68m	5-06.00
1.58 1.63 1.68 1.73				
O O O XXX				
3 # 209 Reddick, Nazah	SO	N. Carolina A&T	1.68m	5-06.00
1.58 1.63 1.68 1.73				
PPP O O XXX				
5 # 16 Roberts, Dana	SR	Bethune-Cookman	1.68m	5-06.00
1.58 1.63 1.68 1.73				
O XO XXO XXX				
5 # 1 Battle, Moena	SO	Bethune-Cookman	1.68m	5-06.00
1.58 1.63 1.68 1.73				
XO O XXO XXX				
7 # 108 Robertson, Rachel	FR	Florida A&M	1.63m	5-04.25
1.58 1.63 1.68				
O XO XXX				
8 # 185 Moore, Diamond	FR	Morgan State	1.63m	5-04.25
1.58 1.63 1.68				
XO XO XXX				
8 # 91 Alvin, Ed'Quisha	JR	Florida A&M	1.63m	5-04.25
1.58 1.63 1.68				
XO XO XXX				
10 # 300 Pellington, Toni	FR	Savannah State	1.58m	5-02.25
1.58 1.63				
XXO XXX				
10 # 71 Robinson, Tiajah	SO	Delaware State	1.58m	5-02.25
1.58 1.63				
XXO XXX				
-- # 316 Space, Wykasha	FR	South Carolina St.	NH	
1.58				
XXX				
-- # 150 Lovett, Jelisa	FR	Maryland-Eas	NH	
1.58				
XXX				
-- # 92 Bryant, Catherine	SR	Florida A&M	NH	
1.58				
XXX				

Event 2 Men High Jump

Name	Year	School	Finals	Alternate
1 # 291 Milton, Jacob	JR	Norfolk State	2.13m	6-11.75
1.88 1.93 1.98 2.03 2.08 2.13 2.17				
PPP PPP PPP O O XXO XXX				

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....Event 2 Men High Jump

2 #	41 Williams, Kelton	SR Bethune-Cookman	2.08m	6-09.75
	1.88 1.93 1.98 2.03 2.08 2.13			
	PPP O O O O XXX			
3 #	265 Smalls, Omega	JR N.C. Central	2.08m	6-09.75
	1.88 1.93 1.98 2.03 2.08 2.13			
	PPP PPP XO O O XXX			
4 #	259 Jones, Marvin	SO N.C. Central	2.08m	6-09.75
	1.88 1.93 1.98 2.03 2.08 2.13			
	PPP PPP O XO XO XXX			
5 #	26 Galloway, Isaiah	SO Bethune-Cookman	2.03m	6-08.00
	1.88 1.93 1.98 2.03 2.08			
	O O XO O XXX			
6 #	195 Rhooms, Kobe-Jord	SO Morgan State	1.98m	6-06.00
	1.88 1.93 1.98 2.03			
	PPP O O XXX			
6 #	288 Henley, Kequan	JR Norfolk State	1.98m	6-06.00
	1.88 1.93 1.98 2.03			
	PPP O O XXX			
8 #	295 Warner, Garth	JR Norfolk State	1.98m	6-06.00
	1.88 1.93 1.98 2.03			
	PPP PPP XO XXX			
9 #	305 Bozeman, Ny'em	FR Savannah State	1.93m	6-04.00
	1.88 1.93 1.98			
	XO O XXX			
10 #	322 Kemp, Austin	FR South Carolina St.	1.88m	6-02.00
	1.88 1.93			
	O XXX			
-- #	193 Pressley, Daenah	SO Morgan State	NH	
	1.88 1.93			
	PPP XXX			
-- #	163 Goslee, Joshua	FR Maryland-Eas	NH	
	1.88			
	XXX			

Event 3 Women Pole Vault

Name	Year School	Finals	Alternate
1 # 210 Roberts, Jayne	JR N. Carolina A&T	3.59m 11-09.25	
		2.29 2.39 2.49 2.59 2.69 2.79 2.89 2.99 3.09 3.19 3.29 3.39 3.49 3.59 3.69	
		PPP PPP PPP PPP PPP PPP PPP PPP PPP O O O PPP XXO XXX	
2 # 90 Alvarez, DiCaria	SR Florida A&M	3.29m 10-09.50	
		2.29 2.39 2.49 2.59 2.69 2.79 2.89 2.99 3.09 3.19 3.29 3.39	
		PPP PPP PPP PPP PPP PPP O O O O O XXX	
3 # 100 Ivy, Kiara	FR Florida A&M	3.19m 10-05.50	
		2.29 2.39 2.49 2.59 2.69 2.79 2.89 2.99 3.09 3.19 3.29	
		PPP PPP PPP PPP PPP PPP O O O O XXX	
4 # 7 Harris, Alexus	SR Bethune-Cookman	2.69m 8-09.75	
		2.29 2.39 2.49 2.59 2.69 2.79	
		PPP XXO O XXO O XXX	
5 # 115 Wood, Alahni	JR Florida A&M	2.49m 8-02.00	
		2.29 2.39 2.49 2.59	
		O O XO XXX	

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....Event 3 Women Pole Vault

6 #	92 Bryant, Catherine	SR Florida A&M	2.39m	7-10.00
	2.29 2.39 2.49			
	XO XXO XXX			
-- #	42 Alston, Aidan	JR Coppin State	NH	
	2.29 2.39 2.49 2.59 2.69 2.79 2.89 2.99 3.09 3.19 3.29 3.39 3.49 3.59 3.69 3.79 3.89 3.99			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP			
-- #	94 Dennis, Jazmyn	SO Florida A&M	NH	
	2.29 2.39 2.49 2.59 2.69 2.79 2.89 2.99 3.09 3.19 3.29 3.39 3.49 3.59			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX			

Event 4 Men Pole Vault

Name	Year School	Finals	Alternate
1 # 27 Harper, Dominic	SR Bethune-Cookman	4.47m 14-08.00	
	3.52 3.62 3.72 3.82 3.92 4.02 4.12 4.22 4.32 4.47 4.88		
	PPP PPP PPP PPP PPP PPP PPP O XO XXX		
2 # 163 Goslee, Joshua	FR Maryland-Eas	4.12m 13-06.25	
	3.52 3.62 3.72 3.82 3.92 4.02 4.12 4.22		
	PPP XO O XO XXO XXO XXO XXX		
3 # 31 Nelson, Raquan	SO Bethune-Cookman	4.02m 13-02.25	
	3.52 3.62 3.72 3.82 3.92 4.02 4.12		
	PPP PPP XO O O XO XXX		
4 # 169 Parker, Shemar	FR Maryland-Eas	3.52m 11-06.50	
	3.52 3.62		
	XO XXX		
-- # 283 Booker, Patrick	SO Norfolk State	NH	
	3.52 3.62		
	PPP XXX		
-- # 133 Are, Nathaniel	SO Howard	NH	
	3.52		
	XXX		

Event 5 Women Long Jump

Name	Year School	Finals	Wind	Alternate
1 # 197 Akobundu, Madelei	JR N. Carolina A&T	6.21m 1.3 20-04.50		
	5.43m(1.3) 5.80m(0.2) 6.09m(2.9) 5.82m(1.2) 6.19m(2.5) 6.21m(1.3)			
2 # 2 Collins, Gabriell	JR Bethune-Cookman	6.20m 1.6 20-04.25		
	5.86m(2.9) 6.19m(2.1) FOUL 6.20m(1.6) 5.13m(0.6) 6.04m(1.4)			
3 # 14 Nichols, Monae'	SO Bethune-Cookman	6.04m 0.8 19-09.75		
	6.02m(1.7) 6.04m(0.8) FOUL 5.77m(1.7) FOUL 6.02m(1.9)			
4 # 11 McKenzie, Jasmine	SR Bethune-Cookman	5.78m 2.2 18-11.75		
	5.47m(1.9) 5.52m(2.5) FOUL FOUL 5.78m(2.2) 5.61m(1.6)			
5 # 12 McNeal, Christine	SO Bethune-Cookman	5.77m 1.7 18-11.25		
	5.46m(1.7) 5.72m(2.8) 5.72m(1.2) 5.59m(1.2) 5.77m(1.7) 5.41m(1.9)			
6 # 93 Corbett, Tiara	JR Florida A&M	5.67m 0.8 18-07.25		
	5.32m(1.6) 5.58m(2.4) 5.57m(1.3) FOUL 5.67m(0.8) 4.33m(2.7)			
7 # 251 Seabrook, Kiana	SR N.C. Central	5.66m -0.1 18-07.00		
	5.33m(1.5) 5.66m(-0.1) 5.43m(1.4) 5.60m(2.6) 5.50m(1.8) 5.13m(0.6)			
8 # 18 Thomas, Jacquelin	SO Bethune-Cookman	5.65m 1.3 18-06.50		
	5.59m(1.6) 5.65m(1.3) FOUL FOUL 5.63m(2.0) 5.51m(1.4)			
9 # 205 Johnson, Royce	SO N. Carolina A&T	5.60m 1.7 18-04.50		
	5.38m(-2.4) 5.52m(1.2) 5.60m(1.7) 5.53m(1.4) 5.53m(1.2) 5.38m(3.1)			

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10 #	43 Bohler, Randi	SR Coppin State	5.46m	1.9	17-11.00
	5.44m(1.6) 5.46m(1.9) 5.27m(1.5)				
11 #	147 English, Naomi	FR Maryland-Eas	5.42m	1.6	17-09.50
	5.40m(1.8) FOUL 5.42m(1.6)				
12 #	317 Tyler, Ars'Breana	JR South Carolina St.	5.38m	2.1	17-08.00
	5.38m(2.1) 5.38m(1.9) 5.37m(0.9)				
13 #	118 Edler, Rachel	SO Howard	5.36m	0.6	17-07.00
	5.36m(0.6) FOUL 4.86m(2.3)				
14 #	185 Moore, Diamond	FR Morgan State	5.26m	2.9	17-03.25
	5.19m(1.3) 5.20m(1.4) 5.26m(2.9)				
15 #	300 Pellington, Toni	FR Savannah State	5.25m	1.3	17-02.75
	5.25m(1.3) 5.02m(2.0) PASS				
16 #	69 McCaskill, Ahnrea	SO Delaware State	5.22m	2.1	17-01.50
	4.97m(0.7) 5.21m(3.4) 5.22m(2.1)				

Event 6 Men Long Jump

Name	Year School	Finals	Wind	Alternate
1 # 293 Price, Bobby	JR Norfolk State	7.88m	1.9	25-10.25
	7.28m(2.4) 7.64m(3.1) 7.70m(1.9) 7.17m(2.5) FOUL	7.88m(1.9)		
2 # 226 Hicklin, Brandon	FR N. Carolina A&T	7.79m	2.7	25-06.75
	7.24m(1.3) 7.33m(2.4) 7.75m(2.3) 7.51m(1.9) 7.53m(2.7) 7.79m(2.7)			
3 # 329 Seawright, Daniel	SO South Carolina St.	7.51m	3.4	24-07.75
	7.22m(2.5) 7.26m(2.4) 7.51m(3.4) 7.12m(2.0) 7.51m(0.8) FOUL			
4 # 25 Earls, JaiQuan	SO Bethune-Cookman	7.38m	2.1	24-02.50
	7.05m(2.6) 7.11m(1.9) 7.38m(2.1) 6.98m(2.7) 7.10m(1.5) 7.12m(1.1)			
5 # 238 Strozier, Lasheon	SR N. Carolina A&T	7.29m	2.2	23-11.00
	FOUL 7.29m(2.2) FOUL FOUL 7.29m(2.1) 7.13m(1.3)			
6 # 64 Scott, Michael	JR Coppin State	7.07m	2.9	23-02.50
	7.07m(2.9) 6.76m(1.8) 6.79m(2.2) 6.67m(1.9) 5.39m(+0.0) FOUL			
7 # 195 Rhooms, Kobe-Jord	SO Morgan State	6.96m	1.5	22-10.00
	FOUL 6.96m(1.5) 6.89m(2.3) 6.65m(3.4) 6.90m(0.9) FOUL			
8 # 35 Sampson, Joel	SR Bethune-Cookman	6.73m	0.8	22-01.00
	FOUL FOUL 6.65m(2.0) 6.73m(0.8) FOUL FOUL			
9 # 79 Brown, Roderick	SR Delaware State	6.70m	2.5	21-11.75
	6.70m(2.5) FOUL 6.31m(1.2) 6.68m(2.3) 6.29m(1.4) PASS			
10 # 133 Are, Nathaniel	SO Howard	5.99m	1.4	19-08.00
	FOUL FOUL 5.99m(1.4)			

Event 7 Women Triple Jump

Name	Year School	Finals	Wind	Alternate
1 # 245 Crenshaw, Bhrandi	SO N.C. Central	12.51m	1.1	41-00.50
	12.03m(1.1) 12.51m(1.1) 12.49m(0.3) FOUL	12.15m(1.4) 12.48m(1.4)		
2 # 155 Shittu, Attinuke	FR Maryland-Eas	12.43m	-0.4	40-09.50
	11.68m(1.5) FOUL 12.43m(-0.4) 12.25m(4.7) 12.17m(1.5) 12.09m(0.8)			
3 # 250 Robertson, Keila	SO N.C. Central	12.20m	0.9	40-00.50
	11.72m(1.7) 11.77m(0.6) 11.93m(1.4) 11.99m(2.3) FOUL	12.20m(0.9)		
4 # 12 McNeal, Christine	SO Bethune-Cookman	12.16m	1.0	39-10.75
	12.16m(1.0) 12.04m(1.4) 12.06m(-0.7) FOUL FOUL	11.51m(0.5)		
5 # 93 Corbett, Tiara	JR Florida A&M	12.08m	1.1	39-07.75
	FOUL 11.75m(1.6) FOUL 12.00m(1.2) 12.03m(0.9) 12.08m(1.1)			

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6 #	118 Edler, Rachel	SO Howard	12.01m	1.6	39-05.00
	12.00m(-1.0)	12.01m(1.6)	FOUL	FOUL	11.57m(1.4) 11.67m(0.8)
7 #	215 Toppin, Anisa	SR N. Carolina A&T	12.01m	1.2	39-05.00
	FOUL	FOUL	11.90m(0.7)	11.60m(1.6)	11.92m(1.8) 12.01m(1.2)
8 #	184 Mines, Alantra	SO Morgan State	12.01m	-0.8	39-05.00
	FOUL	FOUL	12.01m(-0.8)	11.82m(0.5)	FOUL 11.69m(0.7)
9 #	94 Dennis, Jazmyn	SO Florida A&M	11.99m	3.3	39-04.00
	FOUL	11.80m(0.9)	11.99m(3.3)	FOUL	11.78m(1.1) 11.77m(1.1)
10 #	180 Henry, Ayanna	FR Morgan State	11.61m	-0.7	38-01.25
	11.55m(1.2)	11.45m(0.6)	11.61m(-0.7)		
-- #	14 Nichols, Monae'	SO Bethune-Cookman	FOUL		
	FOUL	FOUL	FOUL		

Event 8 Men Triple Jump

Name	Year School	Finals	Wind	Alternate
1 #	238 Strozier, Lasheon	SR N. Carolina A&T	15.36m	0.9 50-04.75
	14.41m(-1.0)	FOUL	15.36m(0.9)	15.16m(0.3) 14.00m(-0.4) 15.23m(-1.2)
2 #	195 Rhooms, Kobe-Jord	SO Morgan State	14.99m	1.3 49-02.25
	14.35m(-0.4)	14.37m(-0.7)	14.99m(1.3)	13.94m(+0.0) 14.48m(-1.4) FOUL
3 #	25 Earls, JaiQuan	SO Bethune-Cookman	14.83m	+0.0 48-08.00
	14.17m(1.2)	13.41m(-0.1)	14.15m(0.4)	14.83m(+0.0) 14.78m(+0.0) 14.81m(-1.1)
4 #	30 McCoy, Marc	JR Bethune-Cookman	14.71m	0.6 48-03.25
	14.09m(-0.0)	14.56m(0.8)	14.71m(0.6)	14.40m(0.3) FOUL 14.66m(-2.0)
5 #	226 Hicklin, Brandon	FR N. Carolina A&T	14.56m	-0.1 47-09.25
	FOUL	FOUL	14.56m(-0.1)	FOUL FOUL 13.02m(-0.5)
6 #	35 Sampson, Joel	SR Bethune-Cookman	14.28m	-1.2 46-10.25
	13.77m(-1.6)	13.49m(0.4)	14.07m(-0.0)	14.25m(0.5) FOUL 14.28m(-1.2)
7 #	77 Booker, Forrest	FR Delaware State	13.86m	0.5 45-05.75
	13.21m(0.1)	13.86m(0.5)	13.28m(0.4)	13.00m(0.6) FOUL 13.65m(-0.4)
8 #	133 Are, Nathaniel	SO Howard	13.17m	-1.4 43-02.50
	12.92m(-0.0)	FOUL	FOUL	FOUL FOUL 13.17m(-1.4)
-- #	328 Sanford, Jalen	FR South Carolina St.	FOUL	
	FOUL	FOUL	PASS	
-- #	61 Noel, Elijah	SR Coppin State	FOUL	
	FOUL	FOUL	FOUL	

Event 9 Women Discus Throw

Name	Year School	Finals	Alternate
1 #	97 Gorum, Taylor	SO Florida A&M	53.43m 175-03
	50.94m	FOUL	53.43m FOUL FOUL FOUL
2 #	268 Burrell, Daiysa	JR Norfolk State	43.57m 142-11
	41.91m	43.57m	37.41m 35.89m 40.57m 39.37m
3 #	104 Lewis, Markeisha	SO Florida A&M	42.52m 139-06
	41.72m	42.52m	42.23m FOUL FOUL FOUL
4 #	204 James, Loren	SO N. Carolina A&T	41.57m 136-05
	39.76m	39.35m	41.57m FOUL FOUL FOUL
5 #	117 Clark, Kaylah	SO Howard	41.35m 135-08
	40.32m	FOUL	39.82m 41.35m FOUL 38.58m
6 #	113 Simpson, Georgett	FR Florida A&M	41.11m 134-10
	FOUL	38.63m	41.11m FOUL FOUL 40.71m

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7 #	114 Solomon, Dorian	SO Florida A&M	39.85m	130-09
	38.30m FOUL 36.74m	38.51m 37.91m 39.85m		
8 #	49 Newby, Alanna	JR Coppin State	39.27m	128-10
	38.66m 39.27m FOUL	35.62m 36.58m 34.52m		
9 #	110 Scott, Onnika	SR Florida A&M	36.67m	120-04
	FOUL FOUL 36.67m FOUL	FOUL 36.18m		
10 #	313 Guthrie, Taylor	SO South Carolina St.	36.67m	120-04
	36.67m FOUL 31.65m	31.49m 33.18m FOUL		
11 #	8 Hill, Jayla	FR Bethune-Cookman	35.51m	116-06
	FOUL 33.95m 35.51m			
12 #	174 D'Antignac, Eve	FR Morgan State	35.22m	115-07
	35.22m FOUL 33.12m			
13 #	154 Shakwi, Sanaa	FR Maryland-Eas	34.73m	113-11
	FOUL 34.73m 33.93m			
14 #	299 Lodge, Kanani	SR Savannah State	33.81m	110-11
	FOUL 33.81m FOUL			
15 #	19 Tillman, Precious	FR Bethune-Cookman	25.75m	84-06
	25.75m FOUL FOUL			

Event 10 Men Discus Throw

Name	Year School	Finals	Alternate
1 # 33 Peters, Jeremiah	SR Bethune-Cookman	50.16m	164-07
	50.16m FOUL 48.40m FOUL	44.86m FOUL	
2 # 222 Faison, Joshua	FR N. Carolina A&T	48.68m	159-08
	45.75m 47.22m 48.68m	47.21m 47.58m 43.00m	
3 # 82 Duncan, Robert	JR Delaware State	47.18m	154-09
	43.46m 45.41m 43.67m	47.18m 45.86m FOUL	
4 # 190 Goodlitt, Kurt	JR Morgan State	46.53m	152-08
	43.28m 46.53m FOUL	39.83m FOUL 42.55m	
5 # 239 Taylor, Obie	FR N. Carolina A&T	46.39m	152-02
	45.47m FOUL 46.39m	45.76m 45.35m FOUL	
6 # 63 Richards, Balvin	SO Coppin State	45.54m	149-05
	41.79m 45.54m FOUL	43.11m 37.12m FOUL	
7 # 196 Smith, Joshua	SO Morgan State	44.43m	145-09
	38.52m FOUL 42.95m	43.03m 42.08m 44.43m	
8 # 167 Nottage, Kyle	SO Maryland-Eas	42.75m	140-03
	42.75m 39.15m FOUL	FOUL 38.75m FOUL	
9 # 161 Dabipi, Tamunoibi	JR Maryland-Eas	42.04m	137-11
	34.82m 41.70m 25.08m	41.37m 42.04m 39.23m	
10 # 241 Wilkerson, Aaron	SO N. Carolina A&T	41.52m	136-03
	41.52m 39.59m FOUL		
11 # 332 Williams, Matthia	SR South Carolina St.	37.85m	124-02
	37.85m FOUL FOUL		
12 # 134 Brown, Tyler	FR Howard	36.87m	120-11
	36.87m FOUL FOUL		

Event 11 Women Hammer Throw

Name	Year School	Finals	Alternate
1 # 95 Figueroa, Alelee	JR Florida A&M	50.42m	165-05
	FOUL 49.34m FOUL	48.01m 50.42m FOUL	

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2 #	110 Scott, Onnika	SR Florida A&M	50.34m	165-02
	48.37m 50.34m FOUL FOUL 46.17m FOUL			
3 #	97 Gorum, Taylor	SO Florida A&M	49.83m	163-06
	FOUL FOUL 49.83m 48.00m FOUL FOUL			
4 #	204 James, Loren	SO N. Carolina A&T	48.66m	159-08
	48.30m 48.66m FOUL 45.35m 48.28m 47.54m			
5 #	128 Watkins, Mi-ah	SR Howard	46.49m	152-06
	44.84m 43.21m FOUL FOUL 45.11m 46.49m			
6 #	44 Deacon, Kristen	SR Coppin State	46.20m	151-07
	42.84m 46.20m FOUL 44.81m 40.56m 39.84m			
7 #	183 McLean, Nikelene	SR Morgan State	45.40m	148-11
	FOUL 44.60m 45.40m FOUL FOUL FOUL			
8 #	113 Simpson, Georgett	FR Florida A&M	42.41m	139-02
	42.41m 41.82m 17.67m 37.57m FOUL FOUL			
9 #	268 Burrell, Daiysa	JR Norfolk State	42.29m	138-09
	42.24m 42.29m 42.17m 41.84m FOUL FOUL			
10 #	117 Clark, Kaylah	SO Howard	41.64m	136-07
	41.64m 39.43m FOUL			
11 #	199 Brown, Kayla	FR N. Carolina A&T	40.61m	133-03
	FOUL 40.61m FOUL			
12 #	22 Williams, Runeshi	SO Bethune-Cookman	39.53m	129-08
	37.92m 39.53m FOUL			
13 #	114 Solomon, Dorian	SO Florida A&M	39.33m	129-00
	39.33m FOUL FOUL			
14 #	314 Hunter, Keturah	SO South Carolina St.	38.42m	126-00
	FOUL 38.42m FOUL			
15 #	111 Simmons, Olivia	JR Florida A&M	38.00m	124-08
	38.00m 31.64m FOUL			
16 #	104 Lewis, Markeisha	SO Florida A&M	37.51m	123-01
	37.16m 37.51m FOUL			
17 #	19 Tillman, Precious	FR Bethune-Cookman	36.57m	120-00
	36.57m FOUL FOUL			
18 #	276 Sally, PreAsia	FR Norfolk State	35.90m	117-09
	FOUL 35.90m FOUL			
19 #	299 Lodge, Kanani	SR Savannah State	35.66m	117-00
	FOUL 35.66m FOUL			
20 #	4 Egalite, Kimilya	FR Bethune-Cookman	34.56m	113-05
	34.56m 34.06m FOUL			
-- #	154 Shakwi, Sanaa	FR Maryland-Eas	FOUL	
	FOUL FOUL FOUL			
-- #	119 Effiom, Diana	FR Howard	FOUL	
	FOUL FOUL FOUL			
-- #	8 Hill, Jayla	FR Bethune-Cookman	FOUL	
	FOUL FOUL FOUL			

Event 12 Men Hammer Throw

Name	Year School	Finals	Alternate
1 # 240 Wheeler, Derrick	SR N. Carolina A&T	54.30m	178-02
	52.68m 54.21m 53.97m 53.14m 54.30m FOUL		
2 # 224 Fofanah, Kevin	SO N. Carolina A&T	50.45m	165-06
	FOUL 46.33m 50.11m 48.60m 50.45m FOUL		
3 # 36 Tate, Keno	JR Bethune-Cookman	48.43m	158-11
	45.82m 48.43m FOUL 46.51m FOUL FOUL		

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT
Results****....Event 12 Men Hammer Throw**

4 #	189 Elliott, Vikarie	JR Morgan State	45.46m	149-02
	41.71m 45.46m FOUL	FOUL 43.24m PASS		
5 #	33 Peters, Jeremiah	SR Bethune-Cookman	43.77m	143-07
	41.82m FOUL FOUL	41.20m 43.77m 42.92m		
6 #	82 Duncan, Robert	JR Delaware State	42.49m	139-05
	37.20m FOUL	42.49m FOUL FOUL	39.97m	
7 #	138 Codrington, Micha	FR Howard	41.21m	135-02
	37.63m FOUL	38.42m 36.21m 37.52m 41.21m		
8 #	167 Nottage, Kyle	SO Maryland-Eas	40.62m	133-03
	34.55m 37.05m 36.31m	38.25m 40.62m 36.69m		
9 #	241 Wilkerson, Aaron	SO N. Carolina A&T	40.37m	132-05
	39.29m FOUL	37.33m 37.69m FOUL	40.37m	

Event 13 Women Javelin Throw

Name	Year School	Finals	Alternate
1 # 120 Galloway, Lauryn	SR Howard	41.83m	137-03
	37.66m 36.10m 41.83m 39.33m 36.98m 37.33m		
2 # 92 Bryant, Catherine	SR Florida A&M	35.45m	116-04
	33.63m 33.46m FOUL	31.57m FOUL 35.45m	
3 # 299 Lodge, Kanani	SR Savannah State	35.43m	116-03
	33.58m 33.32m 35.43m	FOUL FOUL FOUL	
4 # 212 Ryan, Gabrielle	FR N. Carolina A&T	31.80m	104-04
	31.80m FOUL	26.86m 26.11m FOUL	26.23m
5 # 74 Smith, Jolena	JR Delaware State	30.22m	99-02
	FOUL 27.28m 28.54m	27.09m 30.22m FOUL	
6 # 268 Burrell, Daiysa	JR Norfolk State	30.10m	98-09
	FOUL 27.72m 29.35m	28.36m 30.10m 28.72m	
7 # 178 Field, Rachel	FR Morgan State	29.11m	95-06
	FOUL 28.71m FOUL FOUL	FOUL 29.11m	
8 # 312 Gillespie, Ariyon	SO South Carolina St.	28.89m	94-09
	FOUL FOUL 28.89m	24.69m 26.85m 25.14m	
9 # 20 Torres, Kalista	JR Bethune-Cookman	27.51m	90-03
	27.51m FOUL	26.11m 27.02m 24.13m FOUL	
10 # 144 Akil, Anu	FR Maryland-Eas	25.47m	83-07
	24.57m FOUL	25.47m	

Event 14 Men Javelin Throw

Name	Year School	Finals	Alternate
1 # 131 Abbott, Mekhi	FR Howard	56.70m	186-00
	FOUL 46.83m 56.70m	FOUL 43.42m 50.28m	
2 # 282 Bett, Festus	JR Norfolk State	51.96m	170-06
	48.98m 51.96m 47.08m	41.68m 45.27m 49.61m	
3 # 190 Goodlitt, Kurt	JR Morgan State	50.45m	165-06
	47.97m FOUL	49.96m 46.87m 50.45m 50.15m	
4 # 160 Corriette, Judah	SR Maryland-Eas	50.11m	164-05
	38.79m 44.31m 49.42m	50.11m 42.17m 42.90m	
5 # 55 Hanson, Jona	SO Coppin State	49.89m	163-08
	49.89m 45.16m 40.04m	FOUL FOUL 46.77m	
6 # 141 Hudson, David	SR Howard	49.27m	161-08
	44.63m 49.27m 49.23m	FOUL 48.79m FOUL	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 14 Men Javelin Throw**

7 #	30 McCoy, Marc	JR Bethune-Cookman	47.69m	156-05
	47.69m FOUL 38.73m 46.76m 44.22m 37.65m			
8 #	32 Okwaraji, Caleb	SO Bethune-Cookman	47.23m	154-11
	47.23m 39.49m 37.00m 39.36m 40.48m 42.09m			
9 #	168 Onukwugha, Chisom	SO Maryland-Eas	47.06m	154-05
	46.03m FOUL FOUL 47.06m PASS 45.81m			
10 #	27 Harper, Dominic	SR Bethune-Cookman	45.32m	148-08
	FOUL 40.17m 45.32m			
11 #	325 McReynolds, Jeffr	JR South Carolina St.	45.00m	147-08
	45.00m FOUL 42.17m			
12 #	228 Kintai, Regan	FR N. Carolina A&T	44.26m	145-02
	FOUL 44.26m 41.07m			
13 #	332 Williams, Matthia	SR South Carolina St.	39.94m	131-00
	FOUL 39.94m FOUL			

Event 15 Women Shot Put

Name	Year School	Finals	Alternate
1 # 97 Gorum, Taylor	SO Florida A&M	14.87m	48-09.50
	13.38m 14.13m FOUL FOUL 14.87m FOUL		
2 # 204 James, Loren	SO N. Carolina A&T	14.66m	48-01.25
	13.78m 14.66m 14.45m 14.33m 13.92m FOUL		
3 # 6 Hall, Letrice	FR Bethune-Cookman	14.02m	46-00.00
	14.02m 13.48m 13.47m 12.34m 13.39m 12.92m		
4 # 114 Solomon, Dorian	SO Florida A&M	13.29m	43-07.25
	FOUL 13.29m 12.67m 13.15m 13.13m FOUL		
5 # 49 Newby, Alanna	JR Coppin State	13.14m	43-01.50
	12.84m 13.14m 13.00m 12.98m FOUL 12.68m		
6 # 278 Simms, Tiara	FR Norfolk State	12.77m	41-10.75
	11.76m 12.05m 11.93m FOUL 12.77m 12.72m		
7 # 117 Clark, Kaylah	SO Howard	12.57m	41-03.00
	12.24m 12.25m 12.00m 12.36m FOUL 12.57m		
8 # 187 West, Jaida	SO Morgan State	12.00m	39-04.50
	FOUL FOUL 12.00m 11.77m 11.87m FOUL		
9 # 313 Guthrie, Taylor	SO South Carolina St.	11.49m	37-08.50
	11.01m 11.18m 11.49m 11.32m 11.17m 11.26m		
10 # 144 Akil, Anu	FR Maryland-Eas	10.58m	34-08.50
	9.76m 9.42m 10.58m		

Event 16 Men Shot Put

Name	Year School	Finals	Alternate
1 # 241 Wilkerson, Aaron	SO N. Carolina A&T	16.60m	54-05.50
	15.84m 16.31m 16.60m 15.35m 15.33m 14.86m		
2 # 33 Peters, Jeremiah	SR Bethune-Cookman	16.33m	53-07.00
	16.33m 16.31m FOUL FOUL FOUL 15.22m		
3 # 190 Goodlitt, Kurt	JR Morgan State	16.03m	52-07.25
	FOUL 14.34m 15.50m FOUL 16.03m FOUL		
4 # 63 Richards, Balvin	SO Coppin State	15.58m	51-01.50
	15.08m FOUL FOUL 15.58m 14.95m 14.58m		
5 # 141 Hudson, David	SR Howard	15.17m	49-09.25
	14.59m 15.05m 15.03m 14.63m 15.17m 14.99m		

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 16 Men Shot Put**

6 #	239 Taylor, Obie	FR N. Carolina A&T	14.96m	49-01.00
	14.85m 13.96m FOUL 14.96m 14.93m FOUL			
7 #	320 Neal-Watson, Nasi	FR Maryland-Eas	14.49m	47-06.50
	12.44m 13.84m 14.49m 14.06m 13.59m 13.83m			
8 #	281 Barnes, Zaire	SO Norfolk State	13.92m	45-08.00
	13.43m FOUL 13.32m 13.92m 12.66m 13.74m			

Event 17 Women 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Prelims	Wind	H#	Alternate
Preliminaries					
1 #	269 Grant, Kiara	SO Norfolk State	11.07Q	3.4	2
2 #	217 White, Kayla	SR N. Carolina A&T	11.16Q	0.6	1
3 #	214 Sturgis, Cambrea	FR N. Carolina A&T	11.19Q	1.0	3
4 #	10 McCreath-Tardiel,	SR Bethune-Cookman	11.33q	3.4	2
5 #	202 Debose-Epps, Kama	FR N. Carolina A&T	11.43q	0.6	1
6 #	253 White, Bethany	SR N.C. Central	11.45q	1.0	3
7 #	273 Lee, Tyrika	SR Norfolk State	11.50q	3.4	2
8 #	216 Townsend, Taliyah	JR N. Carolina A&T	11.56q	3.4	2 11.553
9 #	274 Parker_love, Daja	FR Norfolk State	11.56	0.6	1 11.558
10 #	203 Florence, Nilaja	FR N. Carolina A&T	11.76	0.6	1
11 #	13 Morrison, Quamech	SR Bethune-Cookman	11.91	1.0	3
12 #	101 Johns, Ilyria	FR Florida A&M	11.98	0.6	1
13 #	125 Saalih, Ameenah	SO Howard	12.00	3.4	2
14 #	181 Jones, Kevena	SR Morgan State	12.16	1.0	3
15 #	68 Macklin, T'Keyah	SO Delaware State	12.48	1.0	3 12.475
16 #	146 Cropper, Christin	SO Maryland-Eas	12.48	3.4	2 12.477
17 #	48 Lane, Cathryn	FR Coppin State	12.49	0.6	1
-- #	218 Williams, Sun-Sar	JR N. Carolina A&T	FS	1.0	3

Event 17 Women 100 Meter Dash

Name	Year School	Finals	Wind	Alternate
Finals				
1 #	217 White, Kayla	SR N. Carolina A&T	10.96	1.5
2 #	269 Grant, Kiara	SO Norfolk State	11.11	1.5
3 #	214 Sturgis, Cambrea	FR N. Carolina A&T	11.22	1.5
4 #	253 White, Bethany	SR N.C. Central	11.28	1.5
5 #	202 Debose-Epps, Kama	FR N. Carolina A&T	11.32	1.5
6 #	10 McCreath-Tardiel,	SR Bethune-Cookman	11.47	1.5
7 #	273 Lee, Tyrika	SR Norfolk State	11.70	1.5
-- #	216 Townsend, Taliyah	JR N. Carolina A&T	DNF	1.5
Preliminaries				
9 #	274 Parker_love, Daja	FR Norfolk State		
10 #	203 Florence, Nilaja	FR N. Carolina A&T		
11 #	13 Morrison, Quamech	SR Bethune-Cookman		
12 #	101 Johns, Ilyria	FR Florida A&M		
13 #	125 Saalih, Ameenah	SO Howard		
14 #	181 Jones, Kevena	SR Morgan State		
15 #	68 Macklin, T'Keyah	SO Delaware State		
16 #	146 Cropper, Christin	SO Maryland-Eas		
17 #	48 Lane, Cathryn	FR Coppin State		

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 17 Women 100 Meter Dash**

-- # 218 Williams, Sun-Sar JR N. Carolina A&T

Event 18 Men 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	Wind	H#	Alternate
1 # 235 Rowe, Rodney	SR	N. Carolina A&T	10.08Q	2.9	2	
2 # 323 Kemp, Demek	SR	South Carolina St.	10.34Q	1.1	1	
3 # 53 Amoah, Joseph	JR	Coppin State	10.09q	2.9	2	
4 # 37 Thomas, Curtis	JR	Bethune-Cookman	10.32q	2.9	2	
5 # 60 Manu, Joseph	SO	Coppin State	10.39q	1.1	1	
6 # 188 Cofield, Jordan	FR	Morgan State	10.44q	2.9	2	
7 # 329 Seawright, Daniel	SO	South Carolina St.	10.47q	2.9	2	
8 # 221 Dickson, Michael	SR	N. Carolina A&T	10.49q	1.1	1	
9 # 284 Brown, Keith	SO	Norfolk State	10.52	1.1	1	10.517
10 # 220 Croom-McFadden, M	SO	N. Carolina A&T	10.52	2.9	2	10.519
11 # 264 Roberts, Issac	SR	N.C. Central	10.64	2.9	2	
12 # 142 Lombard, Korey	SR	Howard	10.75	2.9	2	
13 # 75 Allen, Julius	SR	Delaware State	10.78	1.1	1	
14 # 304 Bartee, Carlous	SO	Savannah State	10.83	1.1	1	
15 # 162 Gordon, Chislon	FR	Maryland-Eas	10.86	1.1	1	

Event 18 Men 100 Meter Dash

Name	Year	School	Finals	Wind	Alternate
Finals					
1 # 235 Rowe, Rodney	SR	N. Carolina A&T	10.05	1.2	
2 # 323 Kemp, Demek	SR	South Carolina St.	10.15	1.2	
3 # 53 Amoah, Joseph	JR	Coppin State	10.18	1.2	
4 # 37 Thomas, Curtis	JR	Bethune-Cookman	10.42	1.2	
5 # 60 Manu, Joseph	SO	Coppin State	10.43	1.2	
6 # 221 Dickson, Michael	SR	N. Carolina A&T	10.50	1.2	
7 # 329 Seawright, Daniel	SO	South Carolina St.	10.54	1.2	
8 # 188 Cofield, Jordan	FR	Morgan State	10.61	1.2	
Preliminaries					
9 # 284 Brown, Keith	SO	Norfolk State			
10 # 220 Croom-McFadden, M	SO	N. Carolina A&T			
11 # 264 Roberts, Issac	SR	N.C. Central			
12 # 142 Lombard, Korey	SR	Howard			
13 # 75 Allen, Julius	SR	Delaware State			
14 # 304 Bartee, Carlous	SO	Savannah State			
15 # 162 Gordon, Chislon	FR	Maryland-Eas			

Event 19 Women 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	Wind	H#	Alternate
1 # 217 White, Kayla	SR	N. Carolina A&T	22.62Q	2.4	2	
2 # 214 Sturgis, Cambrea	FR	N. Carolina A&T	22.65Q	2.8	1	
3 # 121 Gbai, Jessika	SO	Howard	23.51Q	2.7	4	
4 # 269 Grant, Kiara	SO	Norfolk State	23.54Q	3.6	3	
5 # 202 Debose-Epps, Kama	FR	N. Carolina A&T	23.25q	2.4	2	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 19 Women 200 Meter Dash**

6 #	253 White, Bethany	SR N.C. Central	23.65q	3.6	3
7 #	216 Townsend, Taliyah	JR N. Carolina A&T	23.66q	3.6	3
8 #	273 Lee, Tyrika	SR Norfolk State	23.72q	2.8	1
9 #	275 Pride, Malika	SO Norfolk State	23.74	2.7	4
10 #	10 McCreath-Tardiel,	SR Bethune-Cookman	23.75	2.4	2
11 #	208 Ray, Tori	JR N. Carolina A&T	23.76	2.7	4
12 #	274 Parker_love, Daja	FR Norfolk State	23.79	2.4	2
13 #	173 Barham, Annastaci	SR Morgan State	23.93	2.7	4
14 #	218 Williams, Sun-Sar	JR N. Carolina A&T	24.01	3.6	3
15 #	13 Morrison, Quamech	SR Bethune-Cookman	24.45	2.8	1
16 #	101 Johns, Ilyria	FR Florida A&M	24.68	3.6	3
17 #	9 Joe, Asia	SR Bethune-Cookman	24.73	2.4	2
18 #	177 Denis, Dinedye	FR Morgan State	24.79	2.8	1
19 #	347 Chambers, Daniell	FR Savannah State	24.83	2.8	1
20 #	46 Hoskins, Ivonna	SO Coppin State	25.39	2.7	4
21 #	69 McCaskill, Ahnrea	SO Delaware State	25.88	3.6	3
22 #	146 Cropper, Christin	SO Maryland-Eas	26.01	2.7	4

Event 19 Women 200 Meter Dash

Name	Year School	Finals	Wind	Alternate
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Finals

1 #	217 White, Kayla	SR N. Carolina A&T	22.52	-1.0
2 #	214 Sturgis, Cambrea	FR N. Carolina A&T	22.62	-1.0
3 #	202 Debose-Epps, Kama	FR N. Carolina A&T	23.14	-1.0
4 #	253 White, Bethany	SR N.C. Central	23.40	-1.0
5 #	121 Gbai, Jessika	SO Howard	23.68	-1.0
6 #	273 Lee, Tyrika	SR Norfolk State	23.71	-1.0
7 #	269 Grant, Kiara	SO Norfolk State	24.09	-1.0

Preliminaries

7 #	216 Townsend, Taliyah	JR N. Carolina A&T
9 #	275 Pride, Malika	SO Norfolk State
10 #	10 McCreath-Tardiel,	SR Bethune-Cookman
11 #	208 Ray, Tori	JR N. Carolina A&T
12 #	274 Parker_love, Daja	FR Norfolk State
13 #	173 Barham, Annastaci	SR Morgan State
14 #	218 Williams, Sun-Sar	JR N. Carolina A&T
15 #	13 Morrison, Quamech	SR Bethune-Cookman
16 #	101 Johns, Ilyria	FR Florida A&M
17 #	9 Joe, Asia	SR Bethune-Cookman
18 #	177 Denis, Dinedye	FR Morgan State
19 #	347 Chambers, Daniell	FR Savannah State
20 #	46 Hoskins, Ivonna	SO Coppin State
21 #	69 McCaskill, Ahnrea	SO Delaware State
22 #	146 Cropper, Christin	SO Maryland-Eas

Event 20 Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Prelims	Wind	H#	Alternate
1 #	53 Amoah, Joseph	JR Coppin State	20.27Q	2.0	1 20.261
2 #	235 Rowe, Rodney	SR N. Carolina A&T	20.31Q	2.0	3
3 #	236 Sirleaf, Akeem	JR N. Carolina A&T	20.58Q	1.2	2

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 20 Men 200 Meter Dash**

4 #	40 Williams, Jordan	JR Bethune-Cookman	20.75Q	0.4	4	
5 #	237 Stewart, Trevor	JR N. Carolina A&T	20.27q	2.0	1	20.270
6 #	221 Dickson, Michael	SR N. Carolina A&T	20.80q	1.2	2	
7 #	225 Hamilton, Justin	SR N. Carolina A&T	20.81q	0.4	4	
8 #	194 Rantin, Keon	SO Morgan State	20.89q	2.0	3	
9 #	323 Kemp, Demek	SR South Carolina St.	21.04	2.0	3	
10 #	37 Thomas, Curtis	JR Bethune-Cookman	21.13	1.2	2	
11 #	192 James, Brandon	FR Morgan State	21.14	0.4	4	
12 #	260 Lewis, Gordon	SO N.C. Central	21.15	0.4	4	
13 #	329 Seawright, Daniel	SO South Carolina St.	21.18	2.0	1	
14 #	280 Barnes, Trequan	SO Norfolk State	21.23	2.0	3	
15 #	57 John, Malik	JR Coppin State	21.30	2.0	3	
16 #	60 Manu, Joseph	SO Coppin State	21.32	1.2	2	
17 #	188 Cofield, Jordan	FR Morgan State	21.33	2.0	3	
18 #	39 Watson, Mario	FR Bethune-Cookman	21.47	1.2	2	
19 #	331 Watson, Malik	FR South Carolina St.	21.69	2.0	1	
20 #	158 Brown, Janoi	SO Maryland-Eas	21.73	2.0	1	
21 #	142 Lombard, Korey	SR Howard	21.82	2.0	1	
22 #	304 Bartee, Carlous	SO Savannah State	21.83	1.2	2	
23 #	139 Daniel, Ashton	FR Howard	22.06	0.4	4	
24 #	75 Allen, Julius	SR Delaware State	22.35	2.0	1	
25 #	327 Richard, Tyrell	SR South Carolina St.	31.35	0.4	4	

Event 20 Men 200 Meter Dash

Name	Year	School	Finals	Wind	Alternate
=====					
Finals					
1 #	235	Rowe, Rodney	SR N. Carolina A&T	20.12	0.4
2 #	53	Amoah, Joseph	JR Coppin State	20.20	0.4
3 #	236	Sirleaf, Akeem	JR N. Carolina A&T	20.37	0.4
4 #	237	Stewart, Trevor	JR N. Carolina A&T	20.51	0.4
5 #	194	Rantin, Keon	SO Morgan State	20.87	0.4
6 #	40	Williams, Jordan	JR Bethune-Cookman	20.94	0.4
7 #	225	Hamilton, Justin	SR N. Carolina A&T	21.26	0.4
8 #	221	Dickson, Michael	SR N. Carolina A&T	21.42	0.4
Preliminaries					
9 #	323	Kemp, Demek	SR South Carolina St.		
10 #	37	Thomas, Curtis	JR Bethune-Cookman		
11 #	192	James, Brandon	FR Morgan State		
12 #	260	Lewis, Gordon	SO N.C. Central		
13 #	329	Seawright, Daniel	SO South Carolina St.		
14 #	280	Barnes, Trequan	SO Norfolk State		
15 #	57	John, Malik	JR Coppin State		
16 #	60	Manu, Joseph	SO Coppin State		
17 #	188	Cofield, Jordan	FR Morgan State		
18 #	39	Watson, Mario	FR Bethune-Cookman		
19 #	331	Watson, Malik	FR South Carolina St.		
20 #	158	Brown, Janoi	SO Maryland-Eas		
21 #	142	Lombard, Korey	SR Howard		
22 #	304	Bartee, Carlous	SO Savannah State		
23 #	139	Daniel, Ashton	FR Howard		
24 #	75	Allen, Julius	SR Delaware State		
25 #	327	Richard, Tyrell	SR South Carolina St.		

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 21 Women 400 Meter Dash****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#	Alternate
1 # 208 Ray, Tori	JR	N. Carolina A&T	52.89Q	1	
2 # 218 Williams, Sun-Sar	JR	N. Carolina A&T	53.95Q	2	
3 # 173 Barham, Annastaci	SR	Morgan State	54.00q	2	
4 # 275 Pride, Malika	SO	Norfolk State	54.55q	1	
5 # 126 Scott, Ozioma	SO	Howard	55.34q	1	
6 # 244 Andrews, Olivia	FR	N.C. Central	55.57q	1	
7 # 9 Joe, Asia	SR	Bethune-Cookman	55.68q	2	
8 # 177 Denis, Dinedye	FR	Morgan State	56.35q	2	
9 # 298 Jones, Carlandra	SO	Savannah State	56.58	1	
10 # 297 Fuller, Oneillia	SO	Savannah State	56.79	2	
11 # 112 Simpkins, Lonzett	FR	Florida A&M	57.46	2	
12 # 51 Quailes, Janee	FR	Coppin State	58.71	1	
13 # 66 Harpe, Lakendra	FR	Delaware State	59.21	2	
14 # 151 Mitchell, Lauren	FR	Maryland-Eas	1:02.41	1	

Event 21 Women 400 Meter Dash

Name	Year	School	Finals	Alternate
Finals				
1 # 208 Ray, Tori	JR	N. Carolina A&T	52.73	
2 # 173 Barham, Annastaci	SR	Morgan State	53.05	
3 # 218 Williams, Sun-Sar	JR	N. Carolina A&T	53.45	
4 # 275 Pride, Malika	SO	Norfolk State	53.50	
5 # 126 Scott, Ozioma	SO	Howard	53.57	
6 # 244 Andrews, Olivia	FR	N.C. Central	55.06	
7 # 177 Denis, Dinedye	FR	Morgan State	56.40	
Preliminaries				
7 # 9 Joe, Asia	SR	Bethune-Cookman		
9 # 298 Jones, Carlandra	SO	Savannah State		
10 # 297 Fuller, Oneillia	SO	Savannah State		
11 # 112 Simpkins, Lonzett	FR	Florida A&M		
12 # 51 Quailes, Janee	FR	Coppin State		
13 # 66 Harpe, Lakendra	FR	Delaware State		
14 # 151 Mitchell, Lauren	FR	Maryland-Eas		

Event 22 Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	H#	Alternate
1 # 237 Stewart, Trevor	JR	N. Carolina A&T	44.40Q	1	HT
2 # 236 Sirleaf, Akeem	JR	N. Carolina A&T	45.91Q	3	
3 # 280 Barnes, Trequan	SO	Norfolk State	46.97Q	2	
4 # 40 Williams, Jordan	JR	Bethune-Cookman	45.97q	3	
5 # 225 Hamilton, Justin	SR	N. Carolina A&T	46.60q	3	
6 # 260 Lewis, Gordon	SO	N.C. Central	46.86q	3	
7 # 194 Rantin, Keon	SO	Morgan State	46.90q	1	HT
8 # 232 Mighty, Kemarni	JR	N. Carolina A&T	47.20q	1	HT
9 # 62 Opuni, Abayie	SO	Coppin State	47.30	1	HT
10 # 292 Pinder, Justin	SR	Norfolk State	47.50	2	
11 # 158 Brown, Janoi	SO	Maryland-Eas	47.97	2	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 22 Men 400 Meter Dash**

12 #	39 Watson, Mario	FR Bethune-Cookman	48.40	1 HT
13 #	137 Closson, Mekhi	SO Howard	49.08	3
14 #	86 Leach, Kendall	JR Delaware State	49.33	2
15 #	311 Valcin, Andre	FR Savannah State	49.53	2
-- #	192 James, Brandon	FR Morgan State	DNF	3

Event 22 Men 400 Meter Dash

Name	Year	School	Finals	Alternate
Finals				
1 #	237	Stewart, Trevor	JR N. Carolina A&T	44.38
2 #	236	Sirleaf, Akeem	JR N. Carolina A&T	45.42
3 #	40	Williams, Jordan	JR Bethune-Cookman	45.60
4 #	280	Barnes, Trequan	SO Norfolk State	46.15
5 #	260	Lewis, Gordon	SO N.C. Central	46.28
6 #	225	Hamilton, Justin	SR N. Carolina A&T	46.55
7 #	194	Rantin, Keon	SO Morgan State	46.78
8 #	232	Mighty, Kemarni	JR N. Carolina A&T	46.92
Preliminaries				
9 #	62	Opuni, Abayie	SO Coppin State	
10 #	292	Pinder, Justin	SR Norfolk State	
11 #	158	Brown, Janoi	SO Maryland-Eas	
12 #	39	Watson, Mario	FR Bethune-Cookman	
13 #	137	Closson, Mekhi	SO Howard	
14 #	86	Leach, Kendall	JR Delaware State	
15 #	311	Valcin, Andre	FR Savannah State	
-- #	192	James, Brandon	FR Morgan State	

Event 23 Women 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	Wind H#	Alternate
1 #	197	Akobundu, Madelei	JR N. Carolina A&T	12.87Q	4.4 1
2 #	211	Robinson, TeJyric	JR N. Carolina A&T	13.23Q	1.9 2
3 #	213	Salmon, Paula	FR N. Carolina A&T	13.51q	1.9 2
4 #	115	Wood, Alahni	JR Florida A&M	13.60q	1.9 2
5 #	13	Morrison, Quamech	SR Bethune-Cookman	13.63q	1.9 2
6 #	124	Onuoha, Uchechi	JR Howard	13.69q	4.4 1
7 #	14	Nichols, Monae'	SO Bethune-Cookman	14.07q	4.4 1
8 #	43	Bohler, Randi	SR Coppin State	14.18q	4.4 1
9 #	21	Whitfield, Najah	JR Bethune-Cookman	14.54	1.9 2
10 #	172	Adeyemi, Nofisat	FR Morgan State	14.72	1.9 2
11 #	301	Sewell, Jaylen	SO Savannah State	14.78	4.4 1
12 #	252	Stevenson, Deja	JR N.C. Central	14.99	4.4 1
13 #	69	McCaskill, Ahnrea	SO Delaware State	15.05	1.9 2
14 #	153	Roney, Jessica	SO Maryland-Eas	15.90	4.4 1

Event 23 Women 100 Meter Hurdles

Name	Year	School	Finals	Wind	Alternate
Finals					
1 #	197	Akobundu, Madelei	JR N. Carolina A&T	12.81	1.4

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 23 Women 100 Meter Hurdles**

2 #	211 Robinson, TeJyric	JR N. Carolina A&T	12.98	1.4
3 #	213 Salmon, Paula	FR N. Carolina A&T	13.35	1.4
4 #	115 Wood, Alahni	JR Florida A&M	13.46	1.4
5 #	13 Morrison, Quamech	SR Bethune-Cookman	13.54	1.4
6 #	124 Onuoha, Uchechi	JR Howard	13.74	1.4
7 #	43 Bohler, Randi	SR Coppin State	13.93	1.4
8 #	14 Nichols, Monae'	SO Bethune-Cookman	14.69	1.4

Preliminaries

9 #	21 Whitfield, Najah	JR Bethune-Cookman
10 #	172 Adeyemi, Nofisat	FR Morgan State
11 #	301 Sewell, Jaylen	SO Savannah State
12 #	252 Stevenson, Deja	JR N.C. Central
13 #	69 McCaskill, Ahnrea	SO Delaware State
14 #	153 Roney, Jessica	SO Maryland-Eas

Event 24 Men 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	Wind	H#	Alternate
1 #	221 Dickson, Michael	SR N. Carolina A&T	13.79Q	0.4	1	
2 #	59 Lewis, Aaron	JR Coppin State	13.94Q	3.2	2	
3 #	279 Banks, Jaylen	JR Norfolk State	14.05q	0.4	1	
4 #	233 Miller, Robert	JR N. Carolina A&T	14.16q	3.2	2	
5 #	135 Byrd, Jermanie	FR Howard	14.42q	3.2	2	
6 #	80 Dawson, Kavante	SO Delaware State	14.61q	0.4	1	14.603
7 #	307 Ellis-Foster, Mor	SR Savannah State	14.61q	3.2	2	14.607
8 #	168 Onukwugha, Chisom	SO Maryland-Eas	14.77q	0.4	1	
9 #	255 Dennis, Brian	SO N.C. Central	15.17	0.4	1	
10 #	32 Okwaraji, Caleb	SO Bethune-Cookman	15.35	3.2	2	

Event 24 Men 110 Meter Hurdles

Name	Year	School	Finals	Wind	Alternate
1 #	221 Dickson, Michael	SR N. Carolina A&T	13.82	1.0	
2 #	59 Lewis, Aaron	JR Coppin State	13.87	1.0	
3 #	279 Banks, Jaylen	JR Norfolk State	14.03	1.0	
4 #	233 Miller, Robert	JR N. Carolina A&T	14.04	1.0	
5 #	135 Byrd, Jermanie	FR Howard	14.33	1.0	
6 #	80 Dawson, Kavante	SO Delaware State	14.56	1.0	
7 #	307 Ellis-Foster, Mor	SR Savannah State	14.61	1.0	
8 #	168 Onukwugha, Chisom	SO Maryland-Eas	14.67	1.0	

Preliminaries

9 #	255 Dennis, Brian	SO N.C. Central
10 #	32 Okwaraji, Caleb	SO Bethune-Cookman

Event 25 Women 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year	School	Prelims	H#	Alternate
1 #	122 Ike, Oluchi	JR Howard	59.81Q	1	
2 #	175 Davis, Kimani	SO Morgan State	1:00.85Q	2	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 25 Women 400 Meter Hurdles**

3 #	203 Florence, Nilaja	FR N. Carolina A&T	1:01.73Q	3
4 #	176 Davis-Hines, Daij	SR Morgan State	1:01.83q	3
5 #	124 Onuoha, Uchechi	JR Howard	1:01.98q	1
6 #	213 Salmon, Paula	FR N. Carolina A&T	1:02.24q	1
7 #	21 Whitfield, Najah	JR Bethune-Cookman	1:02.25q	2
8 #	211 Robinson, TeJyric	JR N. Carolina A&T	1:02.54q	2
9 #	254 Witherspoon, Auri	SO N.C. Central	1:03.22	3
10 #	45 Henery, Jasmine	JR Coppin State	1:04.82	1
11 #	301 Sewell, Jaylen	SO Savannah State	1:05.12	2
12 #	73 Shelton, Donyae	SO Delaware State	1:06.66	3
13 #	270 Green, Crystal	SR Norfolk State	1:08.91	2
14 #	153 Roney, Jessica	SO Maryland-Eas	1:10.51	3
15 #	99 Harris, Jonae	FR Florida A&M	1:12.87	1

Event 25 Women 400 Meter Hurdles

Name	Year	School	Finals	Alternate
=====				
Finals				
1 #	122	Ike, Oluchi	JR Howard	58.28
2 #	213	Salmon, Paula	FR N. Carolina A&T	58.60
3 #	203	Florence, Nilaja	FR N. Carolina A&T	59.96
4 #	175	Davis, Kimani	SO Morgan State	1:00.29
5 #	21	Whitfield, Najah	JR Bethune-Cookman	1:01.96
6 #	211	Robinson, TeJyric	JR N. Carolina A&T	1:02.33
7 #	176	Davis-Hines, Daij	SR Morgan State	1:04.39
8 #	124	Onuoha, Uchechi	JR Howard	1:04.63
Preliminaries				
9 #	254	Witherspoon, Auri	SO N.C. Central	
10 #	45	Henery, Jasmine	JR Coppin State	
11 #	301	Sewell, Jaylen	SO Savannah State	
12 #	73	Shelton, Donyae	SO Delaware State	
13 #	270	Green, Crystal	SR Norfolk State	
14 #	153	Roney, Jessica	SO Maryland-Eas	
15 #	99	Harris, Jonae	FR Florida A&M	

Event 26 Men 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#	Alternate
=====					
1 #	279	Banks, Jaylen	JR Norfolk State	51.08Q	1
2 #	219	Bonham, Chase	JR N. Carolina A&T	51.81Q	2
3 #	229	Lindo, Akeem	FR N. Carolina A&T	51.37q	1
4 #	307	Ellis-Foster, Mor	SR Savannah State	52.21q	2
5 #	223	Felix, Brandy	JR N. Carolina A&T	52.36q	1
6 #	78	Brown, Julian	SO Delaware State	55.16q	2
7 #	159	Chewning, Chauncy	FR Maryland-Eas	55.24q	1
8 #	32	Okwaraji, Caleb	SO Bethune-Cookman	55.93q	1
-- #	58	Johnson, Cheyenne	SO Coppin State	FS	2

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 26 Men 400 Meter Hurdles**

Name	Year	School	Finals	Alternate
Finals				
1 #	279	Banks, Jaylen	JR Norfolk State	50.43
2 #	229	Lindo, Akeem	FR N. Carolina A&T	50.76
3 #	307	Ellis-Foster, Mor	SR Savannah State	50.95
4 #	219	Bonham, Chase	JR N. Carolina A&T	50.97
5 #	223	Felix, Brandy	JR N. Carolina A&T	52.15
6 #	78	Brown, Julian	SO Delaware State	54.12
7 #	32	Okwaraji, Caleb	SO Bethune-Cookman	54.88
8 #	159	Chewning, Chauncy	FR Maryland-Eas	55.64
Preliminaries				
-- #	58	Johnson, Cheyenne	SO Coppin State	

Event 27 Women 4x100 Meter Relay

School	Finals	H#	Alternate
Finals			
1 N. Carolina A&T 'A'	43.45	2	
1) #214 Sturgis, Cambrea FR			2) #217 White, Kayla SR
3) #216 Townsend, Taliyah JR			4) #202 Debose-Epps, Kamaya FR
2 Bethune-Cookman 'A'	45.44	2	
1) #13 Morrison, Quamecha SR			2) #14 Nichols, Monae' SO
3) #9 Joe, Asia SR			4) #10 McCreath-Tardiel, Sade SR
3 N.C. Central 'A'	45.84	2	
1) #243 Alexander, Tyresha SO			2) #253 White, Bethany SR
3) #249 Johnson, Erin SO			4) #244 Andrews, Olivia FR
4 Morgan State 'A'	46.13	2	
1) #181 Jones, Kevena SR			2) #184 Mines, Alantra SO
3) #177 Denis, Dinedye FR			4) #173 Barham, Anastacia SR
5 Howard 'A'	46.41	2	
1) #125 Saalih, Ameenah SO			2) #124 Onuoha, Uchechi JR
3) #123 Lewis, Kennedy FR			4) #121 Gbai, Jessika SO
6 Florida A&M 'A'	46.50	2	
1) #96 Frett, Zahkaria FR			2) #101 Johns, Ilyria FR
3) #115 Wood, Alahni JR			4) #93 Corbett, Tiara JR
7 Coppin State 'A'	47.37	1	
1) #43 Bohler, Randi SR			2) #46 Hoskins, Ivonna SO
3) #45 Henery, Jasmine JR			4) #48 Lane, Cathryn FR
8 Savannah State 'A'	48.05	2	
1) #301 Sewell, Jaylen SO			2) #297 Fuller, Oneillia SO
3) #298 Jones, Carlandra SO			4) #347 Chambers, Danielle FR
9 Maryland-Eastern Shore 'A'	48.51	1	
1) #146 Cropper, Christina SO			2) #147 English, Naomi FR
3) #149 Krcik, Arianna FR			4) #151 Mitchell, Lauren FR
10 Delaware State 'A'	48.61	1	
1) #69 McCaskill, Ahnrea SO			2) #68 Macklin, T'Keyah SO
3) #67 Igwebuikwe, Precious JR			4) #73 Shelton, Donyae SO

Event 28 Men 4x100 Meter Relay

School	Finals	H#	Alternate
1 N. Carolina A&T 'A'	39.14	2	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 28 Men 4x100 Meter Relay**

1) #220 Croom-McFadden, Malcolm SO	2) #236 Sirleaf, Akeem JR		
3) #221 Dickson, Michael SR	4) #235 Rowe, Rodney SR		
2 Coppin State 'A'		39.41	2
1) #56 Hodges, Kashaun SR	2) #53 Amoah, Joseph JR		
3) #65 Westcarr, Theodore SO	4) #60 Manu, Joseph SO		
3 South Carolina St. 'A'		39.78	2
1) #334 Hammond, Kameron JR	2) #323 Kemp, Demek SR		
3) #331 Watson, Malik FR	4) #329 Seawright, Daniel SO		
4 Bethune-Cookman 'A'		40.23	2
1) #25 Earls, JaiQuan SO	2) #37 Thomas, Curtis JR		
3) #40 Williams, Jordan JR	4) #39 Watson, Mario FR		
5 N.C. Central 'A'		40.29	2
1) #264 Roberts, Issac SR	2) #263 Polk, Joshua FR		
3) #257 Hartsfield, Blake JR	4) #260 Lewis, Gordon SO		
6 Norfolk State 'A'		40.70	1
1) #289 Kemp, Joseph SO	2) #284 Brown, Keith SO		
3) #292 Pinder, Justin SR	4) #280 Barnes, Trequan SO		
7 Morgan State 'A'		40.80	2
1) #195 Rhooms, Kobe-Jordan SO	2) #188 Cofield, Jordan FR		
3) #191 Henry, Shindell SR	4) #194 Rantin, Keon SO		
8 Howard 'A'		41.53	2
1) #142 Lombard, Korey SR	2) #136 Chigbue, Kenneth SR		
3) #137 Closson, Mekhi SO	4) #135 Byrd, Jermanie FR		
9 Delaware State 'A'		42.10	2
1) #81 Doward, DeVonte JR	2) #75 Allen, Julius SR		
3) #80 Dawson, Kavante SO	4) #86 Leach, Kendall JR		
10 Maryland-Eastern Shore 'A'		42.17	1
1) #162 Gordon, Chislon FR	2) #158 Brown, Janoi SO		
3) #163 Goslee, Joshua FR	4) #166 Nelson, Jaylin FR		
-- Savannah State 'A'		DNF	1
1) #304 Barteel, Carlous SO	2) #308 Lawrence, Kymani JR		
3) #306 Darius, Iverson SO	4) #307 Ellis-Foster, Morgan SR		

Event 29 Women 4x400 Meter Relay

School	Finals	H#	Alternate
1 N. Carolina A&T 'A'	3:35.59	2	
1) #208 Ray, Tori JR	2) #218 Williams, Sun-Sara JR		
3) #198 Barnes, Kristoni JR	4) #203 Florence, Nilaja FR		
2 Howard 'A'	3:37.38	2	
1) #126 Scott, Ozioma SO	2) #122 Ike, Oluchi JR		
3) #116 Benson, Sydney JR	4) #121 Gbai, Jessika SO		
3 Morgan State 'A'	3:37.80	2	
1) #177 Denis, Dinedye FR	2) #182 McDowell, Valencia JR		
3) #186 Rowe, Infinnatie SO	4) #173 Barham, Annastacia SR		
4 N.C. Central 'A'	3:48.50	1	
1) #244 Andrews, Olivia FR	2) #243 Alexander, Tyresha SO		
3) #253 White, Bethany SR	4) #251 Seabrook, Kiana SR		
5 Coppin State 'A'	3:50.55	2	
1) #48 Lane, Cathryn FR	2) #51 Quailles, Janee FR		
3) #46 Hoskins, Ivonna SO	4) #50 Ogundeko, Tatiana JR		
6 Florida A&M 'A'	3:52.87	1	
1) #112 Simpkins, Lonzetta FR	2) #99 Harris, Jonae FR		
3) #98 Grant, Ashley JR	4) #89 Alvarez, Asha SR		

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 29 Women 4x400 Meter Relay**

7 Norfolk State 'A'		3:54.47	2
1) #275 Pride, Malika SO	2) #267 Bissah, Martha JR		
3) #273 Lee, Tyrika SR	4) #269 Grant, Kiara SO		
8 Maryland-Eastern Shore 'A'		3:56.18	2
1) #151 Mitchell, Lauren FR	2) #147 English, Naomi FR		
3) #149 Krcik, Arianna FR	4) #148 Jones, Amirah JR		
9 Delaware State 'A'		3:58.09	1
1) #70 Okafor, Sylvia JR	2) #69 McCaskill, Ahnrea SO		
3) #73 Shelton, Donyae SO	4) #66 Harpe, Lakendra FR		

Event 30 Men 4x400 Meter Relay

School		Finals	H#	Alternate
1 N. Carolina A&T 'A'		3:09.15	2	
1) #229 Lindo, Akeem FR	2) #223 Felix, Brandy JR			
3) #219 Bonham, Chase JR	4) #232 Mighty, Kemarni JR			
2 Savannah State 'A'		3:13.09	1	3:13.083
1) #311 Valcin, Andre FR	2) #326 Abbkar, Abbas JR			
3) #307 Ellis-Foster, Morgan SR	4) #310 Sessoms, Terrance SO			
3 Bethune-Cookman 'A'		3:13.09	2	3:13.084
1) #39 Watson, Mario FR	2) #335 Petty, DeAndre JR			
3) #32 Okwaraji, Caleb SO	4) #40 Williams, Jordan JR			
4 Norfolk State 'A'		3:13.24	2	
1) #280 Barnes, Trequan SO	2) #279 Banks, Jaylen JR			
3) #292 Pinder, Justin SR	4) #284 Brown, Keith SO			
5 Delaware State 'A'		3:13.39	2	
1) #78 Brown, Julian SO	2) #88 Rolley-Williams, Donte JR			
3) #86 Leach, Kendall JR	4) #76 Amobi, Gerald JR			
6 Howard 'A'		3:13.56	1	
1) #142 Lombard, Corey SR	2) #137 Closson, Mekhi SO			
3) #136 Chigbue, Kenneth SR	4) #135 Byrd, Jermanie FR			
7 N.C. Central 'A'		3:14.96	1	
1) #261 McLean, Joshua FR	2) #262 Miles, Malik SO			
3) #266 Yrelus, Mackenson FR	4) #260 Lewis, Gordon SO			
8 Maryland-Eastern Shore 'A'		3:17.37	2	
1) #166 Nelson, Jaylin FR	2) #158 Brown, Janoi SO			
3) #170 Robertson, Jonathan SO	4) #171 Wauchope, Duvaire FR			
9 Morgan State 'A'		3:17.72	2	
1) #195 Rhooms, Kobe-Jordan SO	2) #194 Rantin, Keon SO			
3) #191 Henry, Shindell SR	4) #193 Pressley, Daenah SO			
-- Coppin State 'A'		DNF	2	
1) #62 Opuni, Abayie SO	2) #53 Amoah, Joseph JR			
3) #57 John, Malik JR	4) #52 Addison, Anija SR			

Event 31 Women 800 Meter Run**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#	Alternate
Preliminaries					
1 # 267 Bissah, Martha	JR	Norfolk State	2:04.82Q	1	
2 # 198 Barnes, Kristoni	JR	N. Carolina A&T	2:07.82Q	2	
3 # 182 McDowell, Valenci	JR	Morgan State	2:08.19q	1	
4 # 186 Rowe, Infinnatie	SO	Morgan State	2:08.93q	2	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 31 Women 800 Meter Run**

5 #	50	Ogundeko, Tatiana	JR Coppin State	2:10.62q	1
6 #	116	Benson, Sydney	JR Howard	2:10.79q	2
7 #	152	Quinonero, Neus	SR Maryland-Eas	2:12.33q	1
8 #	129	White, Melanie	FR Howard	2:13.27q	2
9 #	201	Creary, Monzerad	FR N. Carolina A&T	2:14.72	2
10 #	200	Butler, G'Jasmyne	JR N. Carolina A&T	2:15.47	1
11 #	15	Pinckney, Kaliece	FR Bethune-Cookman	2:16.31	1
12 #	70	Okafor, Sylvia	JR Delaware State	2:22.04	1
-- #	207	Means, Shalah	FR N. Carolina A&T	DNF	2

Event 31 Women 800 Meter Run

Name	Year	School	Finals	Alternate
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Finals

1 #	267	Bissah, Martha	JR Norfolk State	2:03.13
2 #	198	Barnes, Kristoni	JR N. Carolina A&T	2:07.18
3 #	182	McDowell, Valenci	JR Morgan State	2:07.81
4 #	186	Rowe, Infinnatie	SO Morgan State	2:11.38
5 #	116	Benson, Sydney	JR Howard	2:11.64
6 #	50	Ogundeko, Tatiana	JR Coppin State	2:16.59
7 #	129	White, Melanie	FR Howard	2:16.63
8 #	152	Quinonero, Neus	SR Maryland-Eas	2:18.78

Preliminaries

9 #	201	Creary, Monzerad	FR N. Carolina A&T
10 #	200	Butler, G'Jasmyne	JR N. Carolina A&T
11 #	15	Pinckney, Kaliece	FR Bethune-Cookman
12 #	70	Okafor, Sylvia	JR Delaware State
-- #	207	Means, Shalah	FR N. Carolina A&T

Event 32 Men 800 Meter Run**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#	Alternate
------	------	--------	---------	----	-----------

1 #	228	Kimtai, Regan	FR N. Carolina A&T	1:51.31Q	2
2 #	326	Abbkar, Abbas	JR Savannah State	1:51.82Q	1
3 #	52	Addison, Anija	SR Coppin State	1:52.23q	2
4 #	321	Jeffers, Tyler	FR South Carolina St.	1:52.41q	2
5 #	143	Nixon, Aariq	FR Howard	1:52.76q	2
6 #	170	Robertson, Jonath	SO Maryland-Eas	1:53.23q	1
7 #	23	Berryhill, Camero	JR Bethune-Cookman	1:53.47q	1
8 #	266	Yrelus, Mackenson	FR N.C. Central	1:54.70q	1
9 #	231	McGee, Mar'Quise	JR N. Carolina A&T	1:55.19	2
10 #	310	Sessoms, Terrance	SO Savannah State	1:55.99	1
11 #	88	Rolley-Williams,	JR Delaware State	1:58.01	2

Event 32 Men 800 Meter Run

Name	Year	School	Finals	Alternate
------	------	--------	--------	-----------

Finals

1 #	326	Abbkar, Abbas	JR Savannah State	1:51.26
2 #	228	Kimtai, Regan	FR N. Carolina A&T	1:52.52
3 #	170	Robertson, Jonath	SO Maryland-Eas	1:52.84

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 32 Men 800 Meter Run**

4 #	52 Addison, Anija	SR Coppin State	1:53.13
5 #	23 Berryhill, Camero	JR Bethune-Cookman	1:55.45
6 #	143 Nixon, Aariq	FR Howard	1:55.51
7 #	266 Yrelus, Mackenson	FR N.C. Central	1:55.95
8 #	321 Jeffers, Tyler	FR South Carolina St.	1:57.63

Preliminaries

9 #	231 McGee, Mar'Quise	JR N. Carolina A&T
10 #	310 Sessoms, Terrance	SO Savannah State
11 #	88 Rolley-Williams,	JR Delaware State

Event 33 Women 1500 Meter Run

Name	Year	School	Finals	Alternate
Finals				
1 #	267	Bissah, Martha	JR Norfolk State	4:28.62
2 #	152	Quinonero, Neus	SR Maryland-Eas	4:33.12
3 #	50	Ogundeko, Tatiana	JR Coppin State	4:34.11
4 #	109	Rotich, Mercy	SO Florida A&M	4:37.68
5 #	127	Stanford, Destiny	SO Howard	4:38.30
6 #	186	Rowe, Infinnatie	SO Morgan State	4:41.70
7 #	3	Davis, Deja	SR Bethune-Cookman	4:43.67
8 #	200	Butler, G'Jasmyne	JR N. Carolina A&T	4:44.33
9 #	129	White, Melanie	FR Howard	4:52.14
10 #	207	Means, Shalah	FR N. Carolina A&T	5:16.64
11 #	103	Kiplagat, Emmax	JR Florida A&M	6:49.49

Event 34 Men 1500 Meter Run

Name	Year	School	Finals	Alternate
1 #	228	Kimtai, Regan	FR N. Carolina A&T	3:55.00
2 #	24	Berryhill, Carlin	SO Bethune-Cookman	3:56.40
3 #	294	Too, Lelei	SO Norfolk State	3:57.68
4 #	29	Kiptoo, Daniel	SR Bethune-Cookman	4:00.72
5 #	310	Sessoms, Terrance	SO Savannah State	4:05.44
6 #	319	Duncan, Tyler	FR South Carolina St.	4:09.40
7 #	171	Wauchope, Duvaire	FR Maryland-Eas	4:16.04
8 #	140	Fullerton, Tariq	SR Howard	4:19.27
9 #	87	McGhie, Corey	SO Delaware State	4:26.87

Event 35 Women 5000 Meter Run

Name	Year	School	Finals	Alternate
1 #	103	Kiplagat, Emmax	JR Florida A&M	17:47.75
2 #	3	Davis, Deja	SR Bethune-Cookman	17:53.14
3 #	105	Mitei, Shalet	FR Florida A&M	17:56.71
4 #	152	Quinonero, Neus	SR Maryland-Eas	18:43.21
5 #	106	Murgor, Nancy	JR Florida A&M	18:45.98
6 #	145	Chemutai, Mercy	FR Maryland-Eas	18:48.30
7 #	277	Samoei, Caroline	JR Norfolk State	19:06.47
8 #	5	Gill, Brittany	SO Bethune-Cookman	19:17.78
9 #	127	Stanford, Destiny	SO Howard	19:49.46
10 #	178	Field, Rachel	FR Morgan State	19:54.48

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 35 Women 5000 Meter Run**

11 #	156 Wooten, Nikyia	FR Maryland-Eas	20:06.05
12 #	271 Koech, Ashah	JR Norfolk State	20:23.86
-- #	272 Koech, Fridah	FR Norfolk State	DNF
-- #	206 Martin, Camille	JR N. Carolina A&T	DNF
-- #	72 Rosikon, Katarzyn	JR Delaware State	DNF

Event 36 Men 5000 Meter Run

Name	Year	School	Finals	Alternate
1 #	286 Cheruiyot, Evans	FR Norfolk State	15:00.80	
2 #	290 Kipchirchir, Mesh	SO Norfolk State	15:02.14	
3 #	287 Girma, Anteneh	SR Norfolk State	15:18.38	
4 #	24 Berryhill, Carlin	SO Bethune-Cookman	15:39.83	
5 #	294 Too, Lelei	SO Norfolk State	15:50.82	
6 #	29 Kiptoo, Daniel	SR Bethune-Cookman	15:53.15	
7 #	38 Walton, Xavier	SR Bethune-Cookman	15:58.37	
8 #	227 Kimble, Morris	FR N. Carolina A&T	16:00.42	
9 #	303 Atakilti, Sahlu	JR Savannah State	16:01.13	
10 #	330 Shropshire, Jalen	FR South Carolina St.	17:53.26	
-- #	157 Akakeya, John	SR Maryland-Eas	DNF	
-- #	84 Gill, Hasan	JR Delaware State	DNF	

Event 37 Women 3000 Meter Steeplechase

Name	Year	School	Finals	Alternate
1 #	200 Butler, G'Jasmyne	JR N. Carolina A&T	11:23.22	
2 #	106 Murgor, Nancy	JR Florida A&M	11:41.03	
3 #	102 Kibiwott, Sharon	JR Florida A&M	11:57.50	
4 #	5 Gill, Brittany	SO Bethune-Cookman	12:19.08	
5 #	272 Koech, Fridah	FR Norfolk State	12:27.76	

Event 38 Men 3000 Meter Steeplechase

Name	Year	School	Finals	Alternate
1 #	24 Berryhill, Carlin	SO Bethune-Cookman	9:29.06	
2 #	286 Cheruiyot, Evans	FR Norfolk State	9:29.25	
3 #	228 Kimtai, Regan	FR N. Carolina A&T	9:37.16	
4 #	290 Kipchirchir, Mesh	SO Norfolk State	9:37.75	
5 #	242 Williams, Devon	SO N. Carolina A&T	9:44.84	
6 #	29 Kiptoo, Daniel	SR Bethune-Cookman	9:49.37	
7 #	38 Walton, Xavier	SR Bethune-Cookman	9:55.34	
8 #	256 Drake, Ashton	FR N.C. Central	9:58.70	
9 #	164 Kipruto, Edwin	FR Maryland-Eas	10:01.72	
10 #	230 Maddox, Daquan	SR N. Carolina A&T	10:04.44	
11 #	319 Duncan, Tyler	FR South Carolina St.	10:04.57	
12 #	282 Bett, Festus	JR Norfolk State	10:24.80	
13 #	132 Adebiyi, Ayoade	FR Howard	11:07.98	
14 #	310 Sessoms, Terrance	SO Savannah State	11:34.03	
-- #	234 Mustafaa, Hakeem	SR N. Carolina A&T	DNF	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 39 Women 10000 Meter Run**

Name	Year	School	Finals	Alternate
1 # 105 Mitei, Shalet	FR	Florida A&M	37:36.10	
2 # 103 Kiplagat, Emmax	JR	Florida A&M	37:49.46	
3 # 106 Murgor, Nancy	JR	Florida A&M	39:06.14	
4 # 109 Rotich, Mercy	SO	Florida A&M	39:23.70	
5 # 3 Davis, Deja	SR	Bethune-Cookman	39:28.63	
6 # 145 Chemutai, Mercy	FR	Maryland-Eas	39:57.22	
7 # 277 Samoei, Caroline	JR	Norfolk State	40:30.06	
8 # 272 Koech, Fridah	FR	Norfolk State	41:26.27	

Event 40 Men 10000 Meter Run

Name	Year	School	Finals	Alternate
1 # 286 Cheruiyot, Evans	FR	Norfolk State	31:19.23	
2 # 290 Kipchirchir, Mesh	SO	Norfolk State	31:28.24	
3 # 287 Girma, Anteneh	SR	Norfolk State	32:17.33	
4 # 24 Berryhill, Carlin	SO	Bethune-Cookman	32:27.83	
5 # 38 Walton, Xavier	SR	Bethune-Cookman	32:56.23	
6 # 29 Kiptoo, Daniel	SR	Bethune-Cookman	32:58.96	
7 # 227 Kimble, Morris	FR	N. Carolina A&T	33:13.78	
8 # 164 Kipruto, Edwin	FR	Maryland-Eas	33:25.07	
9 # 309 Mohamed, Suhieb	SO	Savannah State	35:20.83	
-- # 282 Bett, Festus	JR	Norfolk State	DNF	

Event 41 Women Heptathlon

Name	Year	School	Finals	Alternate
1 # 13 Morrison, Quamech	SR	Bethune-Cookman	4610	
2 # 91 Alvin, Ed'Quisha	JR	Florida A&M	4575	
3 # 67 Igwebuike, Precio	JR	Delaware State	4425	
4 # 20 Torres, Kalista	JR	Bethune-Cookman	4157	
5 # 16 Roberts, Dana	SR	Bethune-Cookman	4139	
6 # 92 Bryant, Catherine	SR	Florida A&M	4001	
7 # 248 Hale, Nateja	SR	N.C. Central	3924	
8 # 247 Fisher, Destinee	SO	N.C. Central	3251	

Event 41 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points	Alternate
1 # 13 Morrison, Quamech	SR	Bethune-Cookman	14.20	-1.9	2	950	
2 # 67 Igwebuike, Precio	JR	Delaware State	14.97	-3.0	1	846	
3 # 248 Hale, Nateja	SR	N.C. Central	15.08	-3.0	1	831	
4 # 247 Fisher, Destinee	SO	N.C. Central	15.18	-1.9	2	818	
5 # 91 Alvin, Ed'Quisha	JR	Florida A&M	15.35	-1.9	2	796	
6 # 20 Torres, Kalista	JR	Bethune-Cookman	15.45	-3.0	1	783	
7 # 16 Roberts, Dana	SR	Bethune-Cookman	16.01	-1.9	2	713	
8 # 92 Bryant, Catherine	SR	Florida A&M	16.45	-3.0	1	660	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 41 Heptathlon: #2 Women High Jump Heptathlon**

Name	Year School	Finals	Points	Alternate
1 # 91 Alvin, Ed'Quisha	JR Florida A&M	1.67m	5-05.75	818
1.55 1.58 1.61 1.64 1.67 1.70				
O O O O O XXX				
1 # 13 Morrison, Quamech	SR Bethune-Cookman	1.67m	5-05.75	818
1.55 1.58 1.61 1.64 1.67 1.70				
O P P O XO XXX				
3 # 16 Roberts, Dana	SR Bethune-Cookman	1.61m	5-03.25	747
1.46 1.49 1.52 1.55 1.58 1.61 1.64				
O P O O O O XXX				
4 # 67 Igwebuike, Precio	JR Delaware State	1.58m	5-02.25	712
1.46 1.49 1.52 1.55 1.58 1.61				
O O O O XO XXX				
5 # 92 Bryant, Catherine	SR Florida A&M	1.55m	5-01.00	678
1.52 1.55 1.58				
XO XO XXX				
6 # 247 Fisher, Destinee	SO N.C. Central	1.46m	4-09.50	577
1.40 1.43 1.46 1.49				
XO O XO XXX				
6 # 20 Torres, Kalista	JR Bethune-Cookman	1.46m	4-09.50	577
1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49				
O P O O O P O XO XXX				
8 # 248 Hale, Nateja	SR N.C. Central	1.40m	4-07.00	512
1.28 1.31 1.34 1.37 1.40 1.43				
O O O O XO XXX				

Event 41 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points	Alternate
1 # 67 Igwebuike, Precio	JR Delaware State	10.77m	35-04.00	580
10.69m 10.77m 10.75m				
2 # 92 Bryant, Catherine	SR Florida A&M	10.69m	35-01.00	575
9.82m 10.64m 10.69m				
3 # 91 Alvin, Ed'Quisha	JR Florida A&M	10.29m	33-09.25	548
FOUL 9.64m 10.29m				
4 # 13 Morrison, Quamech	SR Bethune-Cookman	9.99m	32-09.50	529
9.96m 9.24m 9.99m				
5 # 20 Torres, Kalista	JR Bethune-Cookman	9.94m	32-07.50	526
9.12m 8.90m 9.94m				
6 # 247 Fisher, Destinee	SO N.C. Central	8.27m	27-01.75	417
7.59m 8.27m 8.13m				
7 # 248 Hale, Nateja	SR N.C. Central	8.07m	26-05.75	404
8.07m 7.09m 7.41m				
8 # 16 Roberts, Dana	SR Bethune-Cookman	8.01m	26-03.50	400
8.01m 7.61m 7.79m				

Event 41 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	Points	Alternate
1 # 13 Morrison, Quamech	SR Bethune-Cookman	24.59	-1.8	925	
2 # 248 Hale, Nateja	SR N.C. Central	26.04	-1.8	794	
3 # 247 Fisher, Destinee	SO N.C. Central	26.24	-1.8	776	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 41 Heptathlon: #4 Women 200 Meter Dash Heptathlon**

4 #	16 Roberts, Dana	SR Bethune-Cookman	26.43	-1.8	760
5 #	67 Igwebuike, Precio	JR Delaware State	26.98	-1.8	713
6 #	20 Torres, Kalista	JR Bethune-Cookman	27.00	-1.8	712
7 #	91 Alvin, Ed'Quisha	JR Florida A&M	27.01	-1.8	711
8 #	92 Bryant, Catherine	SR Florida A&M	29.14	-1.8	544

Event 41 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	Points	Alternat
1 # 67 Igwebuike, Precio	JR Delaware State	5.46m	1.5	17-11.00	688
5.46m(1.5) FOUL	5.27m(1.8)				
2 # 13 Morrison, Quamech	SR Bethune-Cookman	5.09m	1.4	16-08.50	584
5.09m(1.4) FOUL	FOUL				
3 # 91 Alvin, Ed'Quisha	JR Florida A&M	5.06m	1.3	16-07.25	576
4.86m(1.1) FOUL	5.06m(1.3)				
4 # 16 Roberts, Dana	SR Bethune-Cookman	4.96m	1.0	16-03.25	548
FOUL	4.96m(1.0) FOUL				
5 # 92 Bryant, Catherine	SR Florida A&M	4.81m	0.4	15-09.50	508
4.64m(0.9)	4.81m(0.4)	4.72m(2.2)			
6 # 248 Hale, Nateja	SR N.C. Central	4.74m	2.2	15-06.75	490
FOUL	4.74m(2.2)	4.71m(0.6)			
7 # 247 Fisher, Destinee	SO N.C. Central	4.72m	1.8	15-06.00	485
4.72m(1.8)	4.51m(1.2)	4.33m(1.0)			
8 # 20 Torres, Kalista	JR Bethune-Cookman	4.70m	1.5	15-05.00	479
4.57m(1.4)	4.68m(3.0)	4.70m(1.5)			

Event 41 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points	Alternate
1 # 92 Bryant, Catherine	SR Florida A&M	32.63m	107-01	527
FOUL FOUL	32.63m			
2 # 20 Torres, Kalista	JR Bethune-Cookman	28.95m	95-00	457
28.95m	27.06m	26.11m		
3 # 91 Alvin, Ed'Quisha	JR Florida A&M	27.38m	89-10	427
24.92m	FOUL	27.38m		
4 # 13 Morrison, Quamech	SR Bethune-Cookman	24.24m	79-06	368
FOUL	24.24m	21.47m		
5 # 248 Hale, Nateja	SR N.C. Central	23.87m	78-04	361
19.92m	23.87m	FOUL		
6 # 67 Igwebuike, Precio	JR Delaware State	21.27m	69-09	313
21.27m	FOUL	16.80m		
7 # 16 Roberts, Dana	SR Bethune-Cookman	18.45m	60-06	260
FOUL	18.45m	18.22m		
8 # 247 Fisher, Destinee	SO N.C. Central	14.00m	45-11	178
14.00m	FOUL	FOUL		

Event 41 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points	Alternate
1 # 16 Roberts, Dana	SR Bethune-Cookman	2:28.53	711	
2 # 91 Alvin, Ed'Quisha	JR Florida A&M	2:29.50	699	
3 # 20 Torres, Kalista	JR Bethune-Cookman	2:35.75	623	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 41 Heptathlon: #7 Women 800 Meter Run Heptathlon**

4 #	67 Igwebuike, Precio	JR Delaware State	2:40.03	573
5 #	248 Hale, Nateja	SR N.C. Central	2:43.59	532
6 #	92 Bryant, Catherine	SR Florida A&M	2:45.72	509
7 #	13 Morrison, Quamech	SR Bethune-Cookman	2:52.70	436
-- #	247 Fisher, Destinee	SO N.C. Central	DQ	Rule 5.5.3e

Event 42 Men Decathlon

Name	Year	School	Finals	Alternate
1 # 30 McCoy, Marc	JR	Bethune-Cookman	5941	
2 # 28 Heholt, Brent	JR	Bethune-Cookman	5899	
3 # 169 Parker, Shemar	FR	Maryland-Eas	5482	
4 # 258 Johnson, James	SR	N.C. Central	5244	
5 # 54 Goy, Tyrek	SO	Coppin State	5061	
6 # 285 Carson, Byron	FR	Norfolk State	2594	

Event 42 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	Points	Alternate
1 # 285 Carson, Byron	FR	Norfolk State	11.02	+0.0	856	
2 # 30 McCoy, Marc	JR	Bethune-Cookman	11.33	+0.0	789	
3 # 258 Johnson, James	SR	N.C. Central	11.45	+0.0	763	
4 # 169 Parker, Shemar	FR	Maryland-Eas	11.47	+0.0	759	
5 # 28 Heholt, Brent	JR	Bethune-Cookman	11.56	+0.0	740	
6 # 54 Goy, Tyrek	SO	Coppin State	12.10	+0.0	631	

Event 42 Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind	Points	Alternate
1 # 30 McCoy, Marc	JR	Bethune-Cookman	6.87m	2.6	22-06.50	783
6.27m(0.4) 6.76m(2.4) 6.87m(2.6)						
2 # 28 Heholt, Brent	JR	Bethune-Cookman	6.81m	3.9	22-04.25	769
FOUL(1.7) FOUL(-0.5) 6.81m(3.9)						
3 # 54 Goy, Tyrek	SO	Coppin State	6.14m	1.6	20-01.75	617
6.04m(1.2) 6.14m(1.6) 5.94m(3.4)						
4 # 258 Johnson, James	SR	N.C. Central	6.13m	2.4	20-01.50	615
5.08m(1.3) 6.13m(2.4) 5.87m(2.8)						
5 # 285 Carson, Byron	FR	Norfolk State	6.00m	3.2	19-08.25	587
6.00m(3.2) FOUL(0.8) PASS						
6 # 169 Parker, Shemar	FR	Maryland-Eas	5.65m	0.5	18-06.50	512
5.65m(0.5) 3.98m(1.8) 5.51m(2.1)						

Event 42 Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points	Alternate
1 # 30 McCoy, Marc	JR	Bethune-Cookman	11.08m	36-04.25	551
10.39m 10.99m 11.08m					
2 # 28 Heholt, Brent	JR	Bethune-Cookman	10.10m	33-01.75	492
9.73m 9.98m 10.10m					
3 # 54 Goy, Tyrek	SO	Coppin State	9.57m	31-04.75	460
9.41m 9.35m 9.57m					

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****....Event 42 Decathlon: #3 Men Shot Put Decathlon**

4 #	169 Parker, Shemar	FR Maryland-Eas	9.40m	30-10.25	450
	9.40m 9.35m 9.29m				
5 #	258 Johnson, James	SR N.C. Central	8.45m	27-08.75	393
	8.45m 8.40m 8.14m				
6 #	285 Carson, Byron	FR Norfolk State	7.76m	25-05.50	352
	6.74m 7.76m 7.43m				

Event 42 Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points	Alternate
1 # 30 McCoy, Marc	JR Bethune-Cookman	2.00m	6-06.75	803
	1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03			
	O P O O XO P O XXX			
2 # 28 Heholt, Brent	JR Bethune-Cookman	1.85m	6-00.75	670
	1.79 1.82 1.85 1.88			
	O P O XXX			
2 # 54 Goy, Tyrek	SO Coppin State	1.85m	6-00.75	670
	1.79 1.82 1.85 1.88 1.91			
	XO XO XXO P XXX			
4 # 169 Parker, Shemar	FR Maryland-Eas	1.73m	5-08.00	569
	1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76			
	O P P O O O XO XO XXX			
5 # 258 Johnson, James	SR N.C. Central	1.67m	5-05.75	520
	1.61 1.64 1.67 1.70			
	O O O XXX			
6 # 285 Carson, Byron	FR Norfolk State	1.37m	4-06.00	297
	1.37 1.40			
	O XXX			

Event 42 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points	Alternate
1 # 169 Parker, Shemar	FR Maryland-Eas	51.36	753	
2 # 28 Heholt, Brent	JR Bethune-Cookman	51.69	738	
3 # 258 Johnson, James	SR N.C. Central	51.85	731	
4 # 30 McCoy, Marc	JR Bethune-Cookman	53.80	648	
5 # 54 Goy, Tyrek	SO Coppin State	54.91	602	
6 # 285 Carson, Byron	FR Norfolk State	1:40.12		

Event 42 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind H#	Points	Alternate
1 # 28 Heholt, Brent	JR Bethune-Cookman	16.06	-3.1 2	726	
2 # 169 Parker, Shemar	FR Maryland-Eas	16.57	-3.7 1	670	
3 # 258 Johnson, James	SR N.C. Central	16.58	-3.7 1	669	
4 # 30 McCoy, Marc	JR Bethune-Cookman	17.17	-3.7 1	607	
5 # 54 Goy, Tyrek	SO Coppin State	17.27	-3.1 2	596	
6 # 285 Carson, Byron	FR Norfolk State	25.57	-3.1 2	45	

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 42 Decathlon: #7 Men Discus Throw Decathlon**

Name	Year	School	Finals	Points	Alternate
1 # 30 McCoy, Marc	JR	Bethune-Cookman	30.45m	99-11	473
27.22m 30.45m 25.44m					
2 # 169 Parker, Shemar	FR	Maryland-Eas	29.82m	97-10	461
29.82m 29.01m 24.41m					
3 # 54 Goy, Tyrek	SO	Coppin State	24.74m	81-02	362
22.82m FOUL 24.74m					
4 # 28 Heholt, Brent	JR	Bethune-Cookman	22.34m	73-03	316
FOUL 22.34m 21.50m					
5 # 258 Johnson, James	SR	N.C. Central	19.35m	63-06	260
19.35m FOUL FOUL					
6 # 285 Carson, Byron	FR	Norfolk State	18.65m	61-02	247
18.65m PASS PASS					

Event 42 Decathlon: #8 Men Pole Vault Decathlon

Name	Year	School	Finals	Points	Alternate
1 # 169 Parker, Shemar	FR	Maryland-Eas	3.65m 11-11.75	522	
2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75					
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP PPP O PPP XO O XXX					
2 # 28 Heholt, Brent	JR	Bethune-Cookman	3.15m 10-04.00	393	
1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25					
PPP PPP PPP PPP PPP PPP OPP O PPP O O XO XXO XXO XXX					
3 # 30 McCoy, Marc	JR	Bethune-Cookman	2.95m 9-08.00	345	
1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95 3.05					
PPP PPP PPP PPP PPP PPP PPP O O O PPP XXO XXX					
4 # 54 Goy, Tyrek	SO	Coppin State	2.85m 9-04.25	321	
1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55 2.65 2.75 2.85 2.95					
PPP PPP PPP XO PPP XO PPP O O O XO XXX					
5 # 258 Johnson, James	SR	N.C. Central	2.45m 8-00.50	231	
1.85 1.95 2.05 2.15 2.25 2.35 2.45 2.55					
PPP PPP O O XXO O XO XXX					
-- # 285 Carson, Byron	FR	Norfolk State	NH		
1.85					
XXX					

Event 42 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points	Alternate
1 # 30 McCoy, Marc	JR	Bethune-Cookman	45.85m	150-05	527
45.85m 44.54m 40.16m					
2 # 258 Johnson, James	SR	N.C. Central	40.67m	133-05	452
40.67m FOUL 39.20m					
3 # 28 Heholt, Brent	JR	Bethune-Cookman	39.79m	130-06	439
39.79m FOUL 28.51m					
4 # 169 Parker, Shemar	FR	Maryland-Eas	32.88m	107-10	340
27.44m 32.88m 30.23m					
5 # 54 Goy, Tyrek	SO	Coppin State	30.45m	99-11	306
25.82m 26.84m 30.45m					
6 # 285 Carson, Byron	FR	Norfolk State	23.55m	77-03	210
23.55m PASS PASS					

MEAC Outdoor Championships - 5/2/2019 to 5/4/2019**NCAT****Results****Event 42 Decathlon: #10 Men 1500 Meter Run Decathlon**

Name	Year	School	Finals	Points	Alternate
1 # 28 Heholt, Brent	JR	Bethune-Cookman	4:50.49	616	
2 # 258 Johnson, James	SR	N.C. Central	4:51.42	610	
3 # 54 Goy, Tyrek	SO	Coppin State	5:11.35	496	
4 # 169 Parker, Shemar	FR	Maryland-Eas	5:20.79	446	
5 # 30 McCoy, Marc	JR	Bethune-Cookman	5:26.80	415	
6 # 285 Carson, Byron	FR	Norfolk State	8:03.61		

Women - Team Rankings - 21 Events Scored

1) N. Carolina A&T	198.50	2) Florida A&M	189.50
3) Bethune-Cookman	116	4) Howard	67
5) Norfolk State	65	6) N.C. Central	50.50
7) Morgan State	48.50	8) Maryland-Eastern Shore	29
9) Coppin State	25	10) Delaware State	10
11) Savannah State	7	12) South Carolina St.	1

Men - Team Rankings - 21 Events Scored

1) N. Carolina A&T	211	2) Bethune-Cookman	178
3) Norfolk State	135.50	4) Coppin State	58
5) Morgan State	45.50	6) Maryland-Eastern Shore	40
7) Howard	32	8) Savannah State	30
9) N.C. Central	29	10) South Carolina St.	26
11) Delaware State	21		