CHAPEL HILL - South Carolina State College's men and the Delaware State College women won th Eighth Annual Mid-Eastern Athletic Conference Indoor Track and Field Championships held at the "Tin Can" at the University of North Carolina campus.

Maryland Eastern Shore's Howard Lindsay accumulated a MEAC record 28.5 points and was named the men's Outstanding Performer. Lindsay anchored the winning mile relay team, finished first in the 440yard dash and was second in the long jump. Robert Johnson, who diagrammed the strategy to end Delaware State's two-year title streak, was named the Most Outstanding Male Coach.

Tanya McCray of Delaware State won the mile run and totalled 26 points en route to being named the women's Outstanding Performer. Fred Sowerby guided the Hornets to their fifth straight MEAC Indoor Track title and was tabbed the Most Outstanding Female Coach for as many years.

MEN

S.C. State 120, Florida A & M 114, Maryland Eastern Shore 48, Deleware State 441/2, N.C. A&T 40, Howard 341/2,

Morgan 3, Coppin St. 0.

Pole vault-Brent Vanderpool (DS) 15-7; Two-mile relay-Florida A & M (Smith, McEachine, Banks, Jamison) 8:02.24; 60 dash- Howard Huckabey (FAMU) 6.36; High 8:02.24; 60 dash— Howard Huckabey (FAMU) 6.36; High imp—Walter Bufford (A&T) 65"; 60 high hurdles—John Givens (SC) 7.38; Long iump—Robert Clark (FAMU) 23'11\4; 440 dash— Howard Lindsey (UMES) 49.97; Shotput—Chris Borden (SC) 51-5\4; 880 dash—Raw Mitchell (DS) 1:59.31; 220 dash—Keith Chestnut (SC) 23.02; Two-mile run—Chiphus Vilakazi (DS) 9:47:5; Mile relay—UMES (Carpenter, Ellerby, Grant, Lindsey) 3:22.93

WOMEN

WOMEN

Deleware St. 116. S.C. State 84. Florida A&M 63, Howard S1, N.C. A&T 35, Maryland ES 26, Morgan 22.

High lump—Stacey McKnight (FAMU) 5-4; Long jump—Dorothy Vareen (DS) 19-¼; Two-mile relay—Howard (Kelly, Barnett, Johnson, Ford) 9:42.06; Shot—Della Wilson (SC) 40-11; 60 high hurdles—Keshia King (FAMU) 7.57; 60 dash—Tiffany McDaniel (SC) 7.05; 440 dash—Michell Felder (H) 56.33; Mile run—Tanya McCray (DS) 5:28;9; 880 dash—Alfreida Parker (FAMU) 2:7.65; 220 dash—Valencia Tutson (SC) 25.26; Triple jump—Stacey McKnight (FAMU) 38-11; Two-mile run—Malkevia Honesty (DS) 12:14.27; One-mile relay—Howard (Johnson, Cotton, Kelly, Felder) 3.50:62. ton, Kelly, Felder) 3.50:62.