

Men's track

MEAC INDOOR TRACK AND FIELD CHAMPIONSHIPS

Team scores – South Carolina St. 76, North Carolina A&T 73, Florida A&M 58, Coppin St. 54, Norfolk St. 49, Bethune-Cookman 35, Maryland-Eastern Shore 29, Hampton University 27, Morgan St. 14, Howard 11, Delaware St. 7.

HAMPTON STANDOUTS: 55 meter hurdles – Willie Powell 7.61 (first place). **High jump** – James Cunningham 6-4.25 (second place). **Shot put** – Isaac Hilton 15.94 meters (second place).

NORFOLK STATE STANDOUTS: 400 meter dash – Dontae Lucas 48.97 (second place). **800 meter run** – Wycliffe Rotich 1:53.22 (third place). **5000 meter run** – Joseph Teran 15:35.89 (third place). **Distance medley** – (Wycliffe Rotich, Nicholas Brown, Geoffrey Carter, William Keown) 10:16.85 (third place). **Triple jump** – Desmond Kapofu 15.36 meters (first place).

Tournament Outstanding Performer – Nickie Peters, Coppin St. **Tournament Outstanding Coach** – Ernest Tane, South Carolina St.

Women's Track

MEAC INDOOR TRACK AND FIELD CHAMPIONSHIPS

Team scores – Delaware St. 75, Hampton University 63, Morgan St. 54, Norfolk St. 51, Florida A&M 48, South Carolina St, Maryland-Eastern Shore 33, Bethune-Cookman 29, North Carolina A&T 13, Coppin St. 12, Howard 9.

HAMPTON STANDOUTS: 1600 meter relay – (Jennifer Sims, Chloe Davis, Maisha Pinkard, Lenka Ostravska) 3:48.23 (first place). **55 meter hurdles** – Lakeema Lewis 7.84 (second place). **One mile run** – Jade Fisher 5:12.09 (second place). **Shot put** – Tracee Cheek 13.73 meters (second place). **Distance medley** – (Yetunde Mase, Denise Ricks, Danelle Gee, Jade Fisher) 12:35.63 (third place). **Long jump** – Cynthia Nicholls 5.74 (second place)

NORFOLK STATE STANDOUTS: **Long jump** – Tiaona Goldring (third place) 5.66. **55 meter dash** – Amanda Scullark 7.07 (first place). **800 meter run** – Agatha Gitudndu 12:12.95 (first place). **3000 meter run** – Agatha Gitudndu 2:11.76 (first place). **One mile run** – Agatha Gitudndu 5:04.08 (first place).

Tournament Outstanding Performer – Agatha Gitudndu, Norfolk State. **Tournament Outstanding Coach** – Constancia Hayes, Delaware State.