

MIAC Championships

Men

Team scores — 1. St. Thomas 203; 2. St. Olaf 158½; 3. Carleton 108; 4. St. John's 85; 5. (tie) Concordia and Gustavus 71; 7. Bethel 61; 8. Hamline 41½; 9. Macalester 17; 10. Augsburg 2.

400 relay — 1. Carleton 41.91; 4. St. John's (Dale Szymborski, Matt Arbeiter, Jim Geroux, Jay Conzemius) 43.23.

High jump — 1. Steve Hallstrom (Bethel) 6-8.

Javelin — 1. Garrick Larson (Olaf) 189-10.

3,000 steeplechase — 1. Paul Hathaway (CST) 9:23.18; 2. Scott Lindell (SJU) 9:25.44; 3. Steve Viner (SJU) 9:37.52.

1,500 — 1. Mike Brown (CST) 3:52.60; 3. Kraig Runquist (SJU) 3:53.21.

110 hurdles — 1. Steve Mathre (Olaf) 14.81; 2. Arbeiter (SJU) 15.50.

400 — 1. John Schwartz (CST) 48.75; 6. Adam Solano (SJU) 50.29.

100 — 1. Jeff Scherer (Carle) 10.86; 6. Szymborski (SJU) 11.25.

800 — 1. Brown (CST) 1:53.53; 3. Paul Chestovich (SJU) 1:56.14; 6. Glenn Necklen (SJU) 1:56.71.

Shot put — 1. Mark Olson (Conc) 52-8¼; 8. Scott Mensen (SJU) 45-5.

400 hurdles — 1. Mathre (Olaf) 52.28.

200 — 1. Scherer (Carle) 21.78 (meet record).

5,000 — 1. Craig Miller (Gust) 15:14.43; 2. Jim Gillich (SJU) 15:15.93; 5. Larry Lillwitz (SJU) 15:27.0; 7. John Bohlke (SJU) 15:32.37.

Triple jump — 1. Steve Luzum (CST) 47-3¾; 8. Jim Hennig (SJU) 43-3.

1,600 relay — 1. St. Olaf 3:17.29; 6. St. John's (Solano, Kevin Vick, Conzemius, Runquist) 3:22.23.

MIAC DECATHLON

Final/Northfield

1. Gary Gillard, St. Thomas, 6,390 points; 2. Ken Hanks, Bethel, 6,239; 3. Steve Burch, Carleton, 6,063; 4. Garrick Larson, St. Olaf, 5,960; 5. Curt Watson, Bethel, 5,900; 6. Joe Cole, St. Thomas, 5,773; 7. Matt Hausman, Carleton, 5,729; 8. Greg Kugler, St. Olaf, 5,569.

Long jump—1. Mike Ackerman, Bethel, 22-11 $\frac{3}{4}$; 2. Dan Lynch, St. Thomas, 22-7; 3. Leim Le, Carleton 21-11.

Discus—1. Pat Ahern, St. Thomas, 48.90 meters (160-5); 2. Jason Benson, Hamline, 46.59; 3. Tom Miller, St. Olaf, 44.58.

Hammer—1. Jim Schuldt, Carleton, 53.20 meters (174-6); 2. Ben Bautsch, St. Thomas, 53.06; 3. Gary Carlson, Macalester, 49.95.

Pole vault—1. Rich Hanson, St. Olaf, 14-3 $\frac{1}{2}$; 2. Dave Jeffers, Gustavus, 14-3; 3. Matt Redding, Gustavus, 13-11.

10,000—1. Scott Lindell, St. John's, 31:37.04; 2. Craig Miller, Gustavus, 31:42.59; 3. Jim Gillach, St. John's 32:00.6.

Women

Team scores — 1. St. Thomas 200; 2. St. Olaf 158; 3. Concordia 97; 4. Carleton 88; 5. Gustavus 64; 6. Hamline 55; 7. Bethel 27; 8. Macalester 20; 9. St. Benedict 15; 10. Augsburg 8; 11. St. Catherine 0.

1,600 meter relay — 1. St. Thomas 4:00.09.

3,000 — 1. Gretchen Farkas (CST) 10:00.03.

800 — 1. Betsy Hansen (H) 2:14.05.

100 — 1. Kelly McGinley (CST) 12.75.

400 — 1. Trish Tinucci (CST) 58.30.

Triple jump — 1. Missy Wiltzius (Olaf) 34-4³/₄.

100 hurdles — 1. Jodi Curella (CST) 15.03; 7. Heidi Hubel (CSB) 16.14.

1,500 — 1. Jenny Larson (Olaf) 4:36.26.

400 relay — 1. St. Thomas 49.07; 5. St. Benedict (Jona Turner, Joelle Dichelmeyer, Catherine Rehkamp, Hubel) 53.12.

5,000 — 1. Farkas (CST) 17:11.18; 11. Mary Horner (CSB) 19:28.54.

400 hurdles — 1. Tinucci (CST) 1:04.54.

200 — 1. Jennifer Streefland (Conc) 26.19.

High jump — 1. Alison Fairchild (CST) 5-2¹/₄.

Discus — 1. Kris Kuehl (Con) 149-1; 6. Kelly Schmitt (CSB) 118-9¹/₂; 8. Jamie Courier (CSB) 117.7¹/₂.

10,000 — 1. Tammy Schoen (CST) 37:52.44; 4. Robin Balder (CSB) 40:09.5.

Javelin — 1. Karla Daleske (G) 129-4; 12. Carla West (GSB) 97-7.

Shot put — 1. Kelly Newman (B) 45-4¹/₂.

Long jump — 1. Tricia Krenik (H) 17-4.

Javelin—1. Karla Daleske, Gustavus, 129-4; 2. Allison Keeley, Carleton, 115-8; 3. Tricia Krenik, Hamline 114-1.

Shot put—1. Kelly Newman, Bethel, 45-4½; 2. Kris Kuehl, Concordia, 40-11; 3. Lisa O'Groske, Gustavus, 40-2½; 4. Daleske, 40-1; 5. Paule Helfman, Gustavus, 39-6½; 6. Missy Schlagel, Gustavus, 39-6.

Long jump—1. Tricia Krenik, Hamline, 17-4; 2. Missy Wiltzius, St. Olaf, 16-11; 3. Allison Keeley, Carleton, 16-6¼.

10,000—1. Tammy Schoen, St. Thomas, 37:52.2; 2. Therese Swanstrom, St. Olaf, 37:55.78; 3. Rachel Lansing, St. Thomas, 39:56.9.

MIAC HEPTATHLON

Final/Northfield

1. Jennifer Streefland, Carleton, 4,350 points;
2. Allison Keeley, Carleton, 4,200;
3. Missy Wiltzius, St. Olaf, 3,969;
4. Julie Stepan, Augsburg, 3,652;
5. Patty Severson, Hamline, 3,520;
6. Laura Strathman, St. Thomas, 2,695.