

MIAC CHAMPIONSHIPS

May 8 & 9, O'Shaughnessy Stadium, University of St. Thomas, St. Paul

Men's Results

100 Meter Dash

Heat 1

1	Jeff Scherer, Sr, Carl	10.78
	MIAC Record	
2	Ryan Murray, So, StJo	10.99
3	Robert N Glover, Fr, StOl	11.19
4	Max Larson, So, StJo	11.51
5	Brian P Hoover, So, StOl	12.07
6	James Bradford, Sr, Carl	12.12
7	Greg Short, So, Carl	12.43

Heat 2

1	Leonard Jones, So, StTh	10.79
2	Tony Moses, Fr, Bet	11.00
3	Tony Roemer, Sr, StJo	11.39
4	Roger Taylor, Fr, Ham	11.42
5	John Devney, Jr, StJo	11.60
6	Rob Knight, Jr, Aug	11.69
7	Aaron Knopf, So, Carl	12.06
8	Jeff Glover, So, StJo	12.27

Heat 3

1	Dennis Williams, So, Ham	10.95
2	Richmond Sarpong, Fr, Mac	11.26
3	Pete Buck, Jr, Ham	11.58
4	Joe Gaugler, Fr, Gus	11.85
5	Anthony B Halstead, Jr, StOl	11.95
6	Jim Lamm, So, StJo	12.07
7	Bryan Byer, So, Bet	12.12

Heat 4

1	Michael S Mercer, Sr, StOl	10.89
2	Jeff Diedrich, Jr, Ham	11.25
3	Ken Organ, Sr, Gus	11.27
4	Rob Gag, Jr, StJo	11.30
5	Scott Colbert, Fr, Gus	11.69
6	Doug Turner, So, Aug	11.85
7	Garrett Weagant, Fr, Gus	12.39

Final

1	Leonard Jones, So, StTh	10.64
	MIAC Record NCAA Qualifier	
2	Jeff Scherer, Sr, Carl	10.82
3	Dennis Williams, So, Ham	10.92
4	Ryan Murray, So, StJo	11.01
5	Michael S Mercer, Sr, StOl	11.08
6	Tony Moses, Fr, Bet	11.09
7	Robert N Glover, Fr, StOl	11.23
8	Jeff Diedrich, Jr, Ham	11.41

200 Meter Dash

Heat 1

1	Gerard Cote, So, Carl	22.32
2	Eric Johnson, Sr, StTh	22.36

3	Adam Henry, So, Carl	22.73
4	Ken Organ, Sr, Gus	23.09
5	Lindsey T Emerson, Sr, StOl	23.34
6	Christoph J Welsh, So, StOl	23.79
7	Joe Gaugler, Fr, Gus	24.09

Heat 2

1	Ryan Murray, So, StJo	22.06
2	Paul Blomgren, Sr, Carl	22.11
3	Dennis Williams, So, Ham	22.54
4	Jeff Diedrich, Jr, Ham	22.88
5	Max Larson, So, StJo	23.28
6	Steve Rittgers, Fr, Bet	23.41
7	Todd Cina, Sr, Aug	23.48
8	Mike Winters, Fr, Aug	23.68

Heat 3

1	Jeff Scherer, Sr, Carl	21.97
2	Chris Link, Fr, Mac	22.74
3	Josh Arneson, Fr, Ham	23.30
4	Richmond Sarpong, Fr, Mac	23.35
5	Dave Lupafya, Fr, Ham	23.39
6	Eddie West, Fr, Mac	23.59
7	Luke Mahowald, Sr, StTh	23.70

Heat 4

1	Shawn Ellingson, Jr, StTh	22.30
2	Robert N Glover, Fr, StOl	22.60
3	Tony Moses, Fr, Bet	22.76
4	Nelson Jumbe, So, Mac	23.36
5	Rob Love, Fr, Ham	23.49
6	Roger Taylor, Fr, Ham	23.71
7	Steve Mix, Fr, Gus	23.99

Final

1	Jeff Scherer, Sr, Carl	21.93
2	Paul Blomgren, Sr, Carl	22.12
3	Gerard Cote, So, Carl	22.13
4	Ryan Murray, So, StJo	22.16
5	Shawn Ellingson, Jr, StTh	22.39
6	Eric Johnson, Sr, StTh	22.46
7	Dennis Williams, So, Ham	22.83
8	Robert N Glover, Fr, StOl	23.06

400 Meter Dash

Heat 1

1	Pat Murphy, Sr, StTh	48.79
2	Darin Zielsdorf, Sr, Gus	49.36
3	Adam Solano, Sr, StJo	49.66
4	Jay Conzemius, Sr, StJo	50.41
5	Brian Gullickson, Jr, Ham	50.77
6	Adam Henry, So, Carl	50.81
7	Mike Winters, Fr, Aug	53.58
8	Rob Olsen, So, Gus	54.14

Heat 2

1	Paul Blomgren, Sr, Carl	49.74
2	David Pagel, Jr, Ham	50.09

3	John Strukel, Jr, StJo	50.26
4	Dan Nelson, So, Bet	50.72
5	Joel Carufel, Sr, Bet	51.44
6	Rob Love, Fr, Ham	51.60
7	James Bradford, Sr, Carl	53.49
8	Todd Cina, Sr, Aug	54.32

Heat 3

1	Gerard Cote, So, Carl	49.06
2	Chris Link, Fr, Mac	49.23
3	Jeff Gelo, Sr, StTh	49.81
4	Lindsey T Emerson, Sr, StOl	50.95
5	Christoph J Welsh, So, StOl	50.98
6	Collin Beachy, Jr, Con	51.23
7	Eddie West, Fr, Mac	51.62
8	Scott Quick, Sr, Gus	54.42

Final

1	Gerard Cote, So, Carl	48.05
NCAA Qualifier		
2	Paul Blomgren, Sr, Carl	48.85
3	Adam Solano, Sr, StJo	49.25
4	Darin Zielsdorf, Sr, Gus	49.42
5	Chris Link, Fr, Mac	49.47
6	Jeff Gelo, Sr, StTh	50.47
	Pat Murphy, Sr, StTh	DNF
	David Pagel, Jr, Ham	DQ

800 Meter Run

Heat 1

1	Collin Beachy, Jr, Con	1:56.57
2	Vince Boyer, Sr, Ham	1:56.89
3	Jay Lawton, Fr, StTh	1:56.99
4	Jason Day, Jr, Con	1:57.68
5	Matt Ogle, So, StJo	2:01.40
6	Michael Casper, Sr, Carl	2:02.40
7	John Renneke, So, Con	2:04.13
8	Brian Grove, Fr, Con	2:05.22

Heat 2

1	Eric Hudson, Fr, StTh	1:53.82
2	Mike Mason, Fr, Gus	1:54.36
3	Kirk J Swanson, Jr, StOl	1:59.76
4	Jonathan Hasleiet, Sr, StTh	2:00.38
5	Sean Sundberg, So, Ham	2:01.20
6	Thomas A Cram, So, StOl	2:01.85
7	Matt Drewitz, So, Gus	2:05.17
8	Sean Foley, So, Carl	2:14.21

Heat 3

1	Kyle Johnson, Jr, Con	1:58.42
2	Pat Foley, So, StJo	1:58.47
3	Paul W Thornton, Jr, StOl	1:58.76
4	Eric Paumen, Fr, StTh	1:59.58
5	Matt Wickman, Fr, Bet	2:00.84
6	Andrew H Jensen, Fr, StOl	2:01.39
7	Chris Allen, Fr, Ham	2:01.79
8	Tom Auger, Fr, StTh	2:04.88

Final

1	Collin Beachy, Jr, Con	1:53.53
2	Eric Hudson, Fr, StTh	1:53.83

3	Mike Mason, Fr, Gus	1:54.07
4	Jay Lawton, Fr, StTh	1:55.95
5	Jason Day, Jr, Con	1:56.97
6	Vince Boyer, Sr, Ham	1:58.27
7	Kyle Johnson, Jr, Con	1:58.28
8	Pat Foley, So, StJo	1:59.61

1500 Meter Run

Heat 1

1	Jim Miklausich, So, StTh	4:08.14
2	Tim Bollom, So, StTh	4:09.07
3	Chad Lindeen, So, Ham	4:09.28
4	Eric Brooks, So, Carl	4:11.26
5	John Renneke, So, Con	4:13.09
6	Daniel B Bucknam, Fr, StOl	4:20.48
7	David Rocchio, Fr, StJo	4:21.51
8	Bradley R Lindberg, So, StOl	4:23.39
9	Sean Foley, So, Carl	4:25.04
10	Chris Borgmeier, Fr, StJo	4:27.06
11	Mike Beach, So, Carl	4:34.15

Heat 2

1	Jim Blanchard, Sr, Ham	4:17.34
2	Glenn Williams, Sr, StTh	4:17.47
3	Chris Babcock, So, StTh	4:17.68
4	Joel Kram, Fr, StJo	4:17.79
5	Mark Nordberg, Jr, Gus	4:18.02
6	Bob Bauck, Jr, Con	4:23.93
7	Kevin O Phillips, Fr, StOl	4:27.05
8	Matt Drewitz, So, Gus	4:31.50
9	Chris Tomczik, Fr, StTh	4:34.18
10	Jay Mellstrom, So, Carl	4:38.15
11	Carl Mueller, Carl	4:45.23
12	Robert Hawkes, Fr, Carl	5:10.01

Heat 3

1	Mark Flaherty, So, Carl	4:10.10
2	Erik J Dahl, So, StOl	4:10.93
3	Kyle Johnson, Jr, Con	4:12.51
4	Michael Casper, Sr, Carl	4:13.22
5	Chad Heer, Fr, StTh	4:15.82
6	Brian Grove, Fr, Con	4:19.00
7	Steve King, Sr, StJo	4:24.20
8	Chris Repinski, Jr, Ham	4:25.97
9	Alec Walker, Fr, Gus	4:29.41
10	Kevin Peyman, Sr, Gus	4:37.79
11	Kevin Schooler, Jr, StJo	4:44.71
12	Ben Marcus, Carl	4:50.47

Final

1	Jim Miklausich, So, StTh	4:00.75
2	Glenn Williams, Sr, StTh	4:01.28
3	Kyle Johnson, Jr, Con	4:06.32
4	Tim Bollom, So, StTh	4:06.36
5	Mark Flaherty, So, Carl	4:06.91
6	Eric Brooks, So, Carl	4:08.83
7	Jim Blanchard, Sr, Ham	4:09.34
8	Chris Babcock, So, StTh	4:09.75
9	Michael Casper, Sr, Carl	4:10.75
10	Chad Lindeen, So, Ham	4:12.90

11	Erik J Dahl, So, StOl	4:14.97	5	Jason M Gallagher, So, StOl	16.92
12	John Renneke, So, Con	4:17.15	6	Brian Brekke, Fr, Gus	16.94
5000 Meter Run			7	Peter J Wold, Sr, StOl	18.17
1	Rory Matter, Sr, StTh	15:20.75	Heat 2		
2	Jason Trichlar, Jr, Con	15:29.05	1	Eric Rosenkranz, Fr, StTh	15.32
3	Bob Simmons, Jr, StJo	15:31.61	2	Joel Drew, Fr, Bet	15.35
4	Eric Jones, Sr, Ham	15:33.08	3	Emry McAlear, So, Con	16.29
5	Peter Gerenz, So, StTh	15:37.08	4	Kurt Motschenbacher, Fr, Con	16.35
6	Dan Deuhs, So, StJo	15:37.36	5	Joel R Dixon, So, StOl	16.44
7	Dean Broadhead, Jr, StTh	15:45.74	6	Shannon Roepke, Fr, Ham	18.42
8	Mike Nordberg, Jr, Gus	15:56.78	Heat 3		
9	Eric Newhouse, StTh	16:01.25	1	Matt Arbeiter, Jr, StJo	14.94
10	Brian Gross, Jr, StJo	16:02.85	2	Mike Cihlar, Fr, StJo	15.41
11	Mark Engebretson, Sr, Con	16:03.31	3	Rich Jorgenson, Sr, Con	15.48
12	Chad Bell, Fr, StTh	16:05.67	4	Ryan Steffenhagen, So, Gus	15.60
13	Dave Schroeder, Sr, Gus	16:21.02	5	Mike Ludwig, Fr, StJo	17.34
14	Robert T Kuehl, So, StOl	16:22.31	6	Gregory Thomson, Sr, Carl	18.09
15	Tim Hogan, So, StJo	16:22.64	Final		
16	Brian Lenzmeier, Sr, StJo	16:25.69	1	Matt Arbeiter, Jr, StJo	15.04
17	Timothy B Cotts, So, StOl	16:30.32	2	Michael S Mercer, Sr, StOl	15.13
18	Andy Taylor, Fr, StTh	16:40.31	3	Eric Rosenkranz, Fr, StTh	15.18
19	David Rocchio, Fr, StJo	16:41.29	4	Gregory S Kugler, Sr, StOl	15.36
20	Andrew Bove, So, Carl	16:44.95	5	Mike Cihlar, Fr, StJo	15.46
21	Dan Kusch, Fr, Carl	16:47.58	6	Rich Jorgenson, Sr, Con	15.54
22	Darrin Haagenson, Fr, Con	16:50.49	7	Mike Lutz, So, StTh	15.68
23	Dave Knauer, Jr, Gus	16:52.49		Joel Drew, Fr, Bet	DQ
24	Steve Zwach, Sr, StTh	16:54.81	400 Meter Hurdles		
25	Erik J Dahl, So, StOl	16:56.34	Heat 1		
26	Jeff Corey, Jr, StJo	16:56.63	1	Michael S Mercer, Sr, StOl	55.08
27	Kevin Peyman, Sr, Gus	17:05.83	2	Eric Rosenkranz, Fr, StTh	55.20
28	Kevin O Phillips, Fr, StOl	17:09.54	3	Christopher J Schmidt, So, StOl	55.55
29	Bob Bauck, Jr, Con	17:23.67	4	Joel Drew, Fr, Bet	55.91
10000 Meter Run			5	Brett C Lillemoe, Sr, StOl	57.17
1	Bob Klindworth, Jr, Gus	32:07.83	6	Chris Palmer, Jr, StTh	57.81
2	William Kemper, Jr, Carl	32:24.90	7	James Umbanhowar, So, Carl	1:00.00
3	Eric Jones, Sr, Ham	32:31.19	Heat 2		
4	Dean Broadhead, Jr, StTh	32:41.25	1	David Boardman, Fr, Carl	54.72
5	Dan Deuhs, So, StJo	32:48.00	2	Vincent Paduano, Jr, StTh	54.77
6	Bob Simmons, Jr, StJo	33:17.92	3	Gregory S Kugler, Sr, StOl	55.17
7	Joe Wren, Jr, StTh	33:34.07	4	Ken Barlage, Fr, StJo	55.41
8	Derek O Phillips, Fr, StOl	33:50.48	5	Ryan Beil, So, Con	56.44
9	Robert T Kuehl, So, StOl	34:02.13	6	Craig Thompson, Fr, StTh	57.32
10	Mark Engebretson, Sr, Con	34:12.39	7	Jack Schwinghammer, Sr, StJo	1:00.61
11	Steve Murray, Sr, Ham	34:22.55	8	Peter J Wold, Sr, StOl	1:04.33
12	Dave Knauer, Jr, Gus	34:52.88	Final		
13	Dave Schroeder, Sr, Gus	35:05.76	1	Michael S Mercer, Sr, StOl	53.63
14	Kevin Brenner, So, StJo	35:08.36	2	David Boardman, Fr, Carl	53.67
15	Dan Bergan, So, StTh	35:18.58	3	Vincent Paduano, Jr, StTh	54.65
16	Peter Nichol, Fr, Carl	35:34.39	4	Eric Rosenkranz, Fr, StTh	54.66
17	Mike Kelly, Gus	36:00.98	5	Ken Barlage, Fr, StJo	55.11
110 Meter Hurdles			6	Gregory S Kugler, Sr, StOl	55.66
Heat 1			7	Christopher J Schmidt, So, StOl	56.33
1	Michael S Mercer, Sr, StOl	15.28	8	Joel Drew, Fr, Bet	57.63
2	Gregory S Kugler, Sr, StOl	15.40			
3	Mike Lutz, So, StTh	15.44			
4	Christopher J Schmidt, So, StOl	16.21			

4x100 Meter Relay		6	Bet (Joel Carufel, James Strait, Joel Drew, Dan Nelson)	3:22.32
Heat 1		7	Con (Ryan Beil, Kyle Johnson, Collin Beachy, Emry McAlear)	3:25.18
1	Carl (Gerard Cote, Paul Blomgren, Adam Henry, Jeff Scherer)	8	Mac (Nelson Jumbe, Dan Bonniwell, Eddie West, Chris Link)	3:26.60
	41.73	9	Ham (Jon Crowson, Jeff Diedrich, Brian Gullickson, David Pagel)	3:27.75
	MIAC Record	3000 Meter Steeplchase		
	NCAA Qualifier	1	Jason Trichlar, Jr, Con	9:09.44
2	Bet (Steve Rittgers, Dan Nelson, Joel Drew, Tony Moses)			NCAA Qualifier
	42.87	2	Bob Klindworth, Jr, Gus	9:19.31
3	StJo (John Devney, Tony Roemer, Rob Gag, Max Larson)	3	William Kemper, Jr, Carl	9:20.83
	43.27	4	Jason Day, Jr, Con	9:43.37
4	Gus (Joe Gaugler, Ken Organ, Darin Zielsdorf, Andy Voorhees)	5	Steven Kramer, So, StOl	9:45.14
	43.62	6	Gaio Lakin, Fr, Carl	9:46.55
5	Aug (Rob Knight, Todd Cina, Doug Turner, Mike Winters)	7	Aaron Drevlow, Fr, StTh	9:48.89
	44.43	8	Ryan Hagan, Jr, StJo	10:04.36
Heat 2		9	Tom McCarthy, So, StJo	10:05.79
1	StTh (Pat Murphy, Matt Monarski, Shawn Ellingson, Eric Johnson)	10	Bobby Anderson, Jr, StJo	10:14.52
	42.04	11	Andrew Bove, So, Carl	10:35.14
	NCAA Qualifier	12	Bradley R Lindberg, So, StOl	11:17.13
2	StOl (Bryan E Bass, Robert N Glover, Christopher J Schmidt, Michael S Mercer)	Long Jump		
	42.90	Flight 1		
3	Ham (Roger Taylor, Dennis Williams, Pete Buck, Jeff Diedrich)	1	Leonard Jones, So, StTh	25-0
	43.03			NCAA Qualifier
4	Mac (Richmond Sarpong, Chris Link, Eddie West, Nelson Jumbe)	2	Matt Monarski, Sr, StTh	22-9 3/4
	43.20	3	Brian C Tri, So, StOl	21-8 1/4
Final		4	Anthony B Halstead, Jr, StOl	20-4 1/2
1	Carl (Gerard Cote, Paul Blomgren, Adam Henry, Jeff Scherer)	5	Lindsey T Emerson, Sr, StOl	19-4
	41.54	Flight 2		
	MIAC Record	1	Ken Organ, Sr, Gus	22-1 3/4
	NCAA Qualifier	2	Dan Lynch, Jr, StTh	21-7 1/4
2	StTh (Pat Murphy, Matt Monarski, Shawn Ellingson, Eric Johnson)	3	Josh Vande Berg, Fr, StJo	21-0
	41.89	4	Dan Sobiech, Jr, StTh	20-5
	NCAA Qualifier	5	Heath B Rasmussen, Jr, StOl	20-4 1/4
3	Ham (Roger Taylor, Dennis Williams, Pete Buck, Jeff Diedrich)	6	Rich Jorgenson, Sr, Con	10-0 1/2
	42.06	Flight 3		
	NCAA Qualifier	1	Nelson Jumbe, So, Mac	24-4 1/2
4	StJo (John Devney, Tony Roemer, Rob Gag, Max Larson)			NCAA Qualifier
	42.44	2	Todd Cina, Sr, Aug	21-11
5	Bet (Steve Rittgers, Dan Nelson, Joel Drew, Tony Moses)	3	Jason Wallace, So, StJo	21-6
	42.64	4	Kurt Motschenbacher, Fr, Con	20-11 1/4
6	StOl (Bryan E Bass, Robert N Glover, Christopher J Schmidt, Michael S Mercer)	5	Bryan E Bass, Fr, StOl	20-0 1/2
	43.31	6	Brian Erola, So, Gus	18-0 1/4
7	Gus (Joe Gaugler, Ken Organ, Darin Zielsdorf, Andy Voorhees)	Final		
	43.56	1	Leonard Jones, So, StTh	25-1 3/4
8	Mac (Richmond Sarpong, Chris Link, Eddie West, Nelson Jumbe)			NCAA Qualifier
	43.60	2	Nelson Jumbe, So, Mac	24-4 1/2
4x400 Meter Relay				NCAA Qualifier
1	Carl (Gerard Cote, Jeff Scherer, David Boardman, Paul Blomgren)	3	Matt Monarski, Sr, StTh	22-9
	3:16.78	4	Ken Organ, Sr, Gus	22-1 3/4
2	StJo (Adam Solano, Ryan Murray, John Strukel, Jay Conzemius)	5	Dan Lynch, Jr, StTh	22-0 3/4
	3:17.96	6	Todd Cina, Sr, Aug	21-11
3	StOl (Lindsey T Emerson, Robert N Glover, Christopher J Schmidt, Michael S Mercer)	7	Brian C Tri, So, StOl	21-8 1/4
	3:20.84	8	Jason Wallace, So, StJo	21-6
4	StTh (Shawn Ellingson, Eric Johnson, Jeff Gelo, Vincent Paduano)			
	3:21.06			
5	Gus (Andy Voorhees, Dave Jeffers, Mike Mason, Darin Zielsdorf)			
	3:21.39			

Triple Jump

Flight 1

1	Dan Lynch, Jr, StTh	46-0 1/2
2	David Boardman, Fr, Carl	44-3 1/4
3	James E Frye, Jr, StOl	42-7
4	Ken Barlage, Fr, StJo	42-2
5	Kurt Motschenbacher, Fr, Con	40-5 1/2
6	Troy Hatlevig, So, Carl	39-1 1/4
	Rich Jorgenson, Sr, Con	ND

Flight 2

1	Nelson Jumbe, So, Mac	50-1 1/4
	NCAA Qualifier	
2	Jim Hennig, Sr, StJo	43-6 1/2
3	Josh Vande Berg, Fr, StJo	43-4 1/4
4	Dietrick Williams, So, Ham	42-4 1/4
5	Bryan E Bass, Fr, StOl	40-6 3/4
	Rob Kubat, Jr, StJo	ND

Flight 3

1	Jeff Savolainen, Sr, Ham	45-1 3/4
2	Shannon Roepke, Fr, Ham	43-7
3	Jay Cline, Sr, Mac	42-6
4	Brian Erola, So, Gus	38-6

Final

1	Nelson Jumbe, So, Mac	50-1 1/4
	NCAA Qualifier	
2	Dan Lynch, Jr, StTh	47-7 3/4
3	Jeff Savolainen, Sr, Ham	45-2 1/2
4	David Boardman, Fr, Carl	44-3 1/4
5	Jim Hennig, Sr, StJo	43-11 1/4
6	Shannon Roepke, Fr, Ham	43-7
7	Josh Vande Berg, Fr, StJo	43-6
8	James E Frye, Jr, StOl	42-7

Shot Put

Flight 1

1	Shannon Whitworth, Sr, Mac	47-6 1/4
2	Dan Jost, Fr, StJo	46-10 1/4
3	John Berg, Sr, Gus	45-8
4	Scott Mensen, Sr, StJo	44-0
5	Erik Sorenson, Jr, StJo	41-2 1/4
6	Sam Preston, Fr, StJo	39-0 1/4

Flight 2

1	Jon Ault, Sr, Con	47-3 1/2
2	Dave Berg, Fr, Gus	46-1 1/2
3	Gary Haugo, Jr, Con	44-3 1/4
4	Eric Fenech-Pace, Mac	40-7 1/2
5	Eric Klein, Jr, Carl	39-3 1/4
6	Erik Aho, So, Aug	38-8 1/4

Flight 3

1	Dave Giehtbrock, Sr, Ham	53-1
	NCAA Qualifier	
2	Neil Volker, Jr, Carl	47-11
3	Neil Sherman, Sr, StJo	43-0 1/2
4	Warren Bostrom, Fr, StJo	38-7
	Matt Robinson, Fr, StTh	ND

Final

1	Dave Giehtbrock, Sr, Ham	54-5 1/4
	NCAA Qualifier	
2	Jon Ault, Sr, Con	49-9
3	John Berg, Sr, Gus	48-11 1/2
4	Shannon Whitworth, Sr, Mac	48-2
5	Neil Volker, Jr, Carl	47-11
6	Dan Jost, Fr, StJo	46-10 1/4
7	Dave Berg, Fr, Gus	46-8
8	Gary Haugo, Jr, Con	44-11 1/2

Discus Throw

Flight 1

1	Jason Mekelberg, So, Bet	154-6
2	Matt Robinson, Fr, StTh	145-2
3	Scott Mensen, Sr, StJo	140-3
4	Matt Paar, Jr, StTh	133-2
5	Jason Banks, Jr, Con	131-11
6	Jeff Peterson, Sr, Gus	127-11

Flight 2

1	Patrick Ahern, Jr, StTh	181-2
	NCAA Qualifier	
2	Erik Sorenson, Jr, StJo	147-4
3	Sam Preston, Fr, StJo	146-1
4	Jon Ault, Sr, Con	145-9
5	Dave Berg, Fr, Gus	140-10
6	Joel Langel, Fr, StTh	124-9

Flight 3

1	Dave Giehtbrock, Sr, Ham	169-9
	NCAA Qualifier	
2	Gary Haugo, Jr, Con	143-10
3	Mark Omodt, Sr, Mac	140-3
4	Jerry Blumhoefer, Fr, Carl	136-3
5	Neil Christensen, Sr, Ham	123-7

Final

1	Patrick Ahern, Jr, StTh	181-2
	NCAA Qualifier	
2	Dave Giehtbrock, Sr, Ham	169-9
	NCAA Qualifier	
3	Jason Mekelberg, So, Bet	154-6
4	Erik Sorenson, Jr, StJo	149-1
5	Jon Ault, Sr, Con	147-2
6	Matt Robinson, Fr, StTh	147-0
7	Sam Preston, Fr, StJo	146-1
8	Gary Haugo, Jr, Con	143-10

Hammer Throw

Flight 1

1	Jon Huseth, Sr, Gus	180-8
	MIAC Record	
	NCAA Qualifier	
2	Erik Sorenson, Jr, StJo	156-4
3	Eric Klein, Jr, Carl	156-4
4	Dan Miller, So, StTh	151-6
5	Jess Quam, So, StTh	143-5
6	Ryan Mines, Fr, Gus	127-2

Flight 2			6	Mark C Anderson, Sr, Gus	157-6
1	Patrick Ahern, Jr, StTh	178-7	7	Travis Paul, Fr, Con	157-3
		NCAA Qualifier	8	Alex Siskos, Jr, Mac	155-0
2	Doug Barland, Jr, StTh	131-4	High Jump		
3	Matthew Borkow, Jr, Carl	122-2	1	Mike Lutz, So, StTh	6-10 1/4
4	Jerry Blumhoefer, Fr, Carl	121-7			MIAC Record
5	Jason Schlepp, Jr, Con	120-2			NCAA Qualifier
6	Allen D Schulte, So, StOl	107-6	2	Leonard Jones, So, StTh	6-10 1/4
Flight 3					MIAC Record
1	Jon Ault, Sr, Con	171-5			NCAA Qualifier
2	Neil Christensen, Sr, Ham	140-1	3	Aaron Oliver, Fr, StTh	6-6 1/4
3	Sean Anderson, So, Carl	139-2	4	David Cox, Sr, Carl	6-6 1/4
4	Dan Jost, Fr, StJo	131-6	4	Mike Zender, Fr, StJo	6-6 1/4
5	Anthony Moore, Fr, Carl	113-1	6	Mike Cihlar, Fr, StJo	6-6 1/4
6	Mike Madigan, Jr, Mac	106-11	7	Jim Huseby, Fr, Ham	6-2 3/4
Final			8	Greg Vacura, Sr, Ham	6-4 1/4
1	Patrick Ahern, Jr, StTh	184-5	9	Mike Warmuth, Sr, Ham	6-4 1/4
		MIAC Record	9	Pat Sullivan, So, StTh	6-4 1/4
		NCAA Qualifier	11	Kenneth J Hoffmann, Fr, StOl	6-4 1/4
2	Jon Huseth, Sr, Gus	180-8	12	Josh Behl, So, Con	6-4 1/4
		MIAC Record	13	Bryan E Bass, Fr, StOl	6-2 1/4
		NCAA Qualifier	14	Rich Jorgenson, Sr, Con	6-0 1/2
3	Jon Ault, Sr, Con	174-11	15	Jim McDonough, Fr, StJo	5-10 1/2
		NCAA Qualifier	15	Jason M Gallagher, So, StOl	5-10 1/2
4	Eric Klein, Jr, Carl	158-9	Pole Vault		
5	Erik Sorenson, Jr, StJo	156-4	1	Cory Brown, Fr, Ham	15-2 1/4
6	Dan Miller, So, StTh	152-11	2	Brian Oppeneer, Jr, StOl	14-10 1/4
7	Jess Quam, So, StTh	143-5	3	Richard L Hansen, Sr, StOl	14-2 1/2
8	Neil Christensen, Sr, Ham	142-6	4	Kevin Mosely, Jr, Bet	14-2 1/2
Javelin Throw			5	Brian Dyke, So, StTh	13-10 1/2
Flight 1			6	Stacey Nelson, Sr, Bet	13-10 1/2
1	Eric Rosenkranz, Fr, StTh	169-6	7	Steve Dolan, Sr, StTh	13-2 1/2
2	Mark C Anderson, Sr, Gus	157-6	8	John Butler, Jr, StJo	13-2 1/2
3	Mark Wallace, So, StTh	153-9	9	Emry McAlear, So, Con	12-6 3/4
4	Gabe Berntson, So, StTh	150-8		Jamie Stahle, Fr, Ham	NH
5	Gregory S Kugler, Sr, StOl	145-2		Ryan Beachy, Fr, Con	DNC
6	Emry McAlear, So, Con	136-8		Steve Mix, Fr, Gus	NH
Flight 2				Matt Hayden, StTh	NH
1	Erik Sorenson, Jr, StJo	175-5		Dave Jeffers, Jr, Gus	NH
2	Daniel R Calhoun, Sr, StOl	173-9	Decathlon		
3	Alex Siskos, Jr, Mac	155-0	1	Steve Dolan, Sr, StTh	6841
4	Jess Quam, So, StTh	149-5			MIAC Record
5	Gregory Thomson, Sr, Carl	142-5			NCAA Qualifier
6	Scott Quick, Sr, Gus	136-9	2	Emry McAlear, So, Con	6081
Flight 3			3	Gregory S Kugler, Sr, StOl	5870
1	Steve Dolan, Sr, StTh	175-9	4	Dan Sobiech, Jr, StTh	5727
2	Travis Paul, Fr, Con	157-3	5	Kurt Motschenbacher, Fr, Con	5615
3	Steve King, Sr, StJo	154-11	6	Gregory Thomson, Sr, Carl	5585
4	Mark Moeller, Jr, Gus	142-2	7	Rich Jorgenson, Sr, Con	5537
5	Kirk Carlson, Fr, Gus	140-2	8	Neil Sherman, Sr, StJo	5304
Final			9	Jim Hennig, Sr, StJo	4893
1	Eric Rosenkranz, Fr, StTh	179-0	10	Ryan Beachy, Fr, Con	4856
2	Steve Dolan, Sr, StTh	175-9	FINAL TEAM SCORES		
3	Erik Sorenson, Jr, StJo	175-5	1	St. Thomas	233.0
4	Daniel R Calhoun, Sr, StOl	173-9	2	Carleton	123.5
5	Steve King, Sr, StJo	166-7	3	St. John's	105.5

4	Concordia	86.0
5	St. Olaf	77.0
6	Hamline	72.0
7	Gustavus Adolphus	60.0
8	Macalester	30.0
9	Bethel	25.0
10	Augsburg	3.0

Women's Results

100 Meter Dash

Heat 1

1	Aminah Ricks, So, Carl	12.39
2	Holly Larsen, Fr, Bet	13.01
3	Catie Stillman, Fr, Carl	13.31
4	Angela Carlson, Fr, Gus	13.45
5	Kelli J O'Neill, Sr, StOl	14.06
6	Sharon Hanifl, Sr, Gus	14.34

Heat 2

1	Anita Paulino, Fr, StTh	12.67
2	Kaylene Peterson, Jr, Ham	12.93
3	Pam Freeman, So, StTh	13.39
4	Lesley Anderson, Jr, Carl	13.45
5	Jenny Bennett, Jr, StTh	13.87
6	Robin Eddy, Jr, Gus	14.53

Heat 3

1	Tara Wetzel, Sr, StTh	12.53
2	Heather Hammond, Sr, Ham	12.84
3	Catherine Rehkamp, Sr, StBe	13.19
4	Laurie Littlehales, Sr, Mac	13.46
5	Angela Borland, Jr, Gus	13.56
6	Mai Loan Graham, Fr, Gus	13.65
7	Sue Tyrriver, Ham	15.00

Heat 4

1	Jackie Moe, Jr, Bet	12.64
2	Wendy Toenies, Sr, Con	12.81
3	Nicole L Miley, Fr, StOl	13.35
4	Jill Holbrook, Fr, StBe	13.40
5	Sherry Corrington, Ham	13.60
6	Deb Thomas, Jr, Gus	13.74

Final

1	Aminah Ricks, So, Carl	12.48
2	Tara Wetzel, Sr, StTh	12.56
3	Wendy Toenies, Sr, Con	12.78
4	Anita Paulino, Fr, StTh	12.79
5	Jackie Moe, Jr, Bet	12.80
6	Heather Hammond, Sr, Ham	13.01
7	Kaylene Peterson, Jr, Ham	13.04
8	Holly Larsen, Fr, Bet	13.37

200 Meter Dash

Heat 1

1	Aminah Ricks, So, Carl	25.76
2	Chrishelle Bakken, Sr, Bet	26.56
3	Heather Hammond, Sr, Ham	27.09
4	Catherine Rehkamp, Sr, StBe	27.42
5	Nicole L Miley, Fr, StOl	27.92

6	Ronda Elnes, Jr, Con	28.38
7	Cami Longstreet, Jr, StBe	28.95
8	Laurie Littlehales, Sr, Mac	29.00

Heat 2

1	Anita Paulino, Fr, StTh	26.02
2	Tara Wetzel, Sr, StTh	26.44
3	Jill Palokangas, Sr, Ham	26.89
4	Kaylene Peterson, Jr, Ham	27.02
5	Pam Freeman, So, StTh	28.07
6	Megan L Wilson, So, StOl	28.40
7	Sue Boeder, Fr, Gus	28.49
8	Mai Loan Graham, Fr, Gus	28.80

Heat 3

1	Sara Gorder, Jr, StTh	26.66
2	Wendy Toenies, Sr, Con	26.67
3	Andrea Thomas, Jr, StBe	27.63
4	Jennifer Simonds, Sr, Mac	27.92
5	Catie Stillman, Fr, Carl	28.05
6	Julie Fitzke, Fr, Gus	28.51
7	Jenny Bennett, Jr, StTh	29.34
8	Mary Thomas, Fr, StBe	29.47

Heat 4

1	Jackie Moe, Jr, Bet	25.99
2	Gretchen Terhaar, Sr, StBe	27.04
3	Jodi Curella, Sr, StTh	27.29
4	Nancee Yaggie, So, Con	27.72
5	Lesley Anderson, Jr, Carl	27.89
6	Jill Holbrook, Fr, StBe	28.07
7	Amanda Shobe, Fr, Ham	28.08
8	Nancy Flury, Ham	29.46

Final

1	Anita Paulino, Fr, StTh	25.74
2	Aminah Ricks, So, Carl	25.99
3	Tara Wetzel, Sr, StTh	26.47
4	Jackie Moe, Jr, Bet	26.48
5	Wendy Toenies, Sr, Con	26.80
6	Chrishelle Bakken, Sr, Bet	26.81
7	Sara Gorder, Jr, StTh	27.09
8	Jill Palokangas, Sr, Ham	27.14

400 Meter Dash

Heat 1

1	Gretchen Terhaar, Sr, StBe	59.72
2	Sara Gorder, Jr, StTh	59.80
3	Jennifer Simonds, Sr, Mac	1:02.50
4	Sue Boeder, Fr, Gus	1:02.89
5	Deb Quanbeck, Jr, Carl	1:07.22
6	Mary Thomas, Fr, StBe	1:07.33
7	Sue Tyrriver, Ham	1:10.39

Heat 2

1	Jill Palokangas, Sr, Ham	1:00.04
2	Stephanie Schmitt, So, StTh	1:00.62
3	Amanda Shobe, Fr, Ham	1:02.92
4	Megan L Wilson, So, StOl	1:03.81
5	Julie Fitzke, Fr, Gus	1:05.27
6	Heather N Nydahl, Sr, StOl	1:07.54
7	Janna Kottke, So, Carl	1:08.23

8	Lisa Gephart, So, Ham	1:11.13	2	Stacia L Shiffler, Jr, StOl	5:01.04
Heat 3			3	Tara Schneider, Fr, StTh	5:05.68
1	Anita Paulino, Fr, StTh	59.63	4	Ellen Nodland, Sr, Ham	5:11.85
2	Chrishelle Bakken, Sr, Bet	59.78	5	Kari Bisbee, Fr, Gus	5:23.00
3	Andrea Thomas, Jr, StBe	1:00.45	6	Barbara Cox, StOl	5:24.00
4	Karna L Anderson, Fr, StOl	1:03.18	7	Wendy L Rose, Fr, StOl	5:29.33
5	Ronda Elnes, Jr, Con	1:04.10	8	Anamarie Monkemier, Fr, Bet	6:07.71
6	Robin Eddy, Jr, Gus	1:06.40	Heat 2		
7	Jennifer S Schultz, So, StOl	1:06.54	1	Moira A Petit, Sr, StOl	4:55.83
Final			2	Renae J Brown, Fr, StOl	4:56.05
1	Anita Paulino, Fr, StTh	58.31	3	Tami Perry, Sr, StTh	4:56.16
2	Jill Palokangas, Sr, Ham	59.06	4	Andrea L Ekerholm, Fr, StOl	4:56.30
3	Gretchen Terhaar, Sr, StBe	59.11	5	Laura Sloan, Fr, Bet	4:57.97
4	Chrishelle Bakken, Sr, Bet	59.21	6	Josie Raney, So, Carl	5:28.53
5	Sara Gorder, Jr, StTh	59.87	7	Kirsten Maue, Fr, Gus	5:35.58
6	Stephanie Schmitt, So, StTh	60.35	8	Erica Kragerud, Sr, Ham	5:43.16
7	Andrea Thomas, Jr, StBe	60.56	9	Jill Hartnett, So, Bet	5:54.37
8	Jennifer Simonds, Sr, Mac	62.51	Heat 3		
800 Meter Run			1	Michelle Mencke, So, StBe	4:58.76
Heat 1			2	Karen Kreul, Fr, Mac	4:59.17
1	Nicole Hines, Fr, StTh	2:21.66	3	Jodi Divinski, Fr, Aug	4:59.38
2	Tarah L Mattson, So, StOl	2:21.81	4	Kristen Cotts, Sr, Carl	5:07.22
3	Stephanie J Johnson, Fr, StOl	2:22.03	5	Meg Hoyt, Fr, Carl	5:08.99
4	Lisa Worden, So, StBe	2:25.42	6	Lisa Scott, Fr, Carl	5:22.87
5	Ellen Nodland, Sr, Ham	2:33.37	7	Rebecca McCarrier, So, Mac	5:29.36
6	Laura Sloan, Fr, Bet	2:36.83	8	Beth Bartkowski, Fr, Carl	5:38.84
Heat 2			9	Andrea Mowery, Jr, Ham	6:09.54
1	Moira A Petit, Sr, StOl	2:21.62	Final		
2	Julie Igel, Jr, StTh	2:22.12	1	Moira A Petit, Sr, StOl	4:42.85
3	Margaret King, So, StOl	2:23.35	2	Sarah Roth, So, Carl	4:46.73
4	Renae J Brown, Fr, StOl	2:24.47	3	Renae J Brown, Fr, StOl	4:49.95
5	Maria E Schilling, Fr, StOl	2:24.99	4	Stacia L Shiffler, Jr, StOl	4:50.85
6	Emily Beardsley, Fr, Carl	2:27.51	5	Tara Schneider, Fr, StTh	4:51.42
7	Barbara Cox, StOl	2:41.86	6	Tami Perry, Sr, StTh	4:52.29
Heat 3			7	Michelle Mencke, So, StBe	4:55.29
1	Stacia L Shiffler, Jr, StOl	2:22.42	8	Karen Kreul, Fr, Mac	5:00.56
2	Katy Deignan, Jr, StBe	2:22.77	9	Jodi Divinski, Fr, Aug	5:00.61
3	Taria Heinen, So, Con	2:23.59	10	Laura Sloan, Fr, Bet	5:03.35
4	Jeannie Stangler, So, StBe	2:25.48	11	Andrea L Ekerholm, Fr, StOl	5:03.80
5	Amy Thornquist, Fr, StTh	2:25.54	12	Kristen Cotts, Sr, Carl	5:17.86
6	Eithne Barton, Jr, Carl	2:27.33	3000 Meter Run		
7	Andi Mathieu, Fr, Aug	2:27.74	1	Moira A Petit, Sr, StOl	10:31.03
8	Josie Raney, So, Carl	2:39.94	2	Kari Pederson, Jr, StTh	10:31.53
Final			3	Katy Deignan, Jr, StBe	10:37.23
1	Katy Deignan, Jr, StBe	2:18.49	4	Tara Schneider, Fr, StTh	10:50.91
2	Moira A Petit, Sr, StOl	2:20.61	5	Christine Quimby, Fr, Carl	10:51.85
3	Nicole Hines, Fr, StTh	2:21.38	6	Kelly Copps, Fr, StTh	10:52.03
4	Julie Igel, Jr, StTh	2:22.16	7	Jodi Divinski, Fr, Aug	11:03.94
5	Tarah L Mattson, So, StOl	2:22.54	8	Sarah Roth, So, Carl	11:06.11
6	Stacia L Shiffler, Jr, StOl	2:22.72	9	Andrea L Ekerholm, Fr, StOl	11:07.91
7	Margaret King, So, StOl	2:23.74	10	Aleta Gilbertson, So, Gus	11:18.63
8	Stephanie J Johnson, Fr, StOl	2:26.85	11	Sarah Meyer, Fr, Con	11:35.89
1500 Meter Run			12	Wendy L Rose, Fr, StOl	11:52.25
Heat 1			13	Andrea Mowery, Jr, Ham	13:12.40
1	Sarah Roth, So, Carl	4:58.35	5000 Meter Run		
			1	Kari Pederson, Jr, StTh	18:20.92

2	Kelly Copps, Fr, StTh	18:23.98
3	Jennifer Tonkin, Jr, Mac	18:37.23
4	Tina Shirek, Jr, StBe	19:10.69
5	Samie Reck-Peterson, Jr, Carl	19:21.73
6	Sarah Meyer, Fr, Con	19:39.40
7	Aimee Schaefer, So, StBe	19:45.50
8	Margo M Rusovick, Jr, StOl	19:55.67
9	Amy Colombo, So, StBe	19:56.43
10	Michelle Stauffacher, So, StBe	20:17.32
11	Heather A Louis, Sr, StOl	20:26.01
12	Emily Johnson, So, Carl	21:03.02
13	Jennifer A Breitholz, Jr, StOl	21:15.29
14	Gail Peters, Jr, StBe	21:22.02
15	Alyson A Krafve, Sr, StOl	22:09.48
16	Karen Sedivy, So, Carl	22:14.45
17	Kelli Jewel, Ham	23:10.23
18	Jennifer Coon, Fr, Carl	25:31.83

10000 Meter Run

1	Jennifer Tonkin, Jr, Mac	37:21.15
2	Kelly Copps, Fr, StTh	37:23.59
3	Samie Reck-Peterson, Jr, Carl	39:17.50
4	Aimee Schaefer, So, StBe	39:37.72
5	Heather A Louis, Sr, StOl	40:28.00
6	Michelle Stauffacher, So, StBe	40:56.76
7	Margo M Rusovick, Jr, StOl	40:57.42
8	Jennifer A Breitholz, Jr, StOl	41:07.73
9	Renee Tomasula, Jr, StTh	42:03.19
10	Ruth Schneider, Sr, StTh	42:27.29
11	Alyson A Krafve, Sr, StOl	42:33.32
12	Patty Shannon, Jr, StBe	42:53.56
13	Missee Rentz, So, StBe	43:20.30
14	Stephanie Gozum, Jr, StCa	43:45.90
15	Kelli Jewel, Ham	47:17.43

100 Meter Hurdles

Heat 1

1	Heidi Teske, Jr, StTh	14.96
	NCAA Qualifier	
2	Julie Stepan, Sr, Aug	15.54
3	Lydia Kabaka, So, Con	16.63
4	Jenni Holzcamp, Ham	17.22
5	Molly M Staeheli, Fr, StOl	17.33
6	Melissa Tietz, Fr, StCa	17.63

Heat 2

1	Patty Severson, Sr, Ham	15.88
2	Jodi Woyke, Fr, Aug	16.70
3	Sarah Louvar, Fr, StTh	17.15
4	Julie E Andrews, Jr, StOl	17.53
5	Toni Moe, Fr, Carl	20.80
6	Erin K Miller, Fr, StOl	20.93
	Karen Goodrich, Sr, Mac	DNF

Heat 3

1	Jodi Curella, Sr, StTh	15.02
	NCAA Qualifier	
2	Julie A Rademacher, Sr, StOl	15.97
3	Leigh Solberg, Sr, StBe	16.96
4	Nancy Flury, Ham	17.09

5	Tracy Sterk, So, StBe	17.28
6	Lisa McCall, Jr, Ham	19.12

Final

1	Jodi Curella, Sr, StTh	14.91
	NCAA Qualifier	
2	Heidi Teske, Jr, StTh	14.98
	NCAA Qualifier	
3	Julie Stepan, Sr, Aug	15.58
4	Patty Severson, Sr, Ham	16.08
5	Julie A Rademacher, Sr, StOl	16.13
6	Lydia Kabaka, So, Con	16.18
7	Jodi Woyke, Fr, Aug	16.63
8	Leigh Solberg, Sr, StBe	17.36

400 Meter Hurdles

Heat 1

1	Tracy Berntsen, Fr, Con	1:04.02
2	Julie Stepan, Sr, Aug	1:05.45
3	Julie A Rademacher, Sr, StOl	1:07.07
4	Jennifer S Hartz, Fr, StOl	1:09.21
5	Martha Villalba, Jr, Carl	1:13.06
6	Janna Kottke, So, Carl	1:16.98

Heat 2

1	Karen Goodrich, Sr, Mac	1:05.17
2	Katie Colvin, Fr, StTh	1:05.32
3	Julie Ames, So, StBe	1:06.91
4	Julie E Andrews, Jr, StOl	1:09.23
5	Lisa Smith, Fr, Bet	1:11.71
6	Leigh Solberg, Sr, StBe	1:19.54

Heat 3

1	Heidi Teske, Jr, StTh	1:06.50
2	Patty Severson, Sr, Ham	1:07.30
3	Maggie O'Connor, Fr, StTh	1:08.42
4	Melanie Orme, Bet	1:09.67
5	Tracy Sterk, So, StBe	1:13.59

Final

1	Tracy Berntsen, Fr, Con	63.33
	NCAA Qualifier	
2	Karen Goodrich, Sr, Mac	64.12
3	Julie Stepan, Sr, Aug	65.77
4	Heidi Teske, Jr, StTh	65.88
5	Patty Severson, Sr, Ham	65.98
6	Katie Colvin, Fr, StTh	66.81
7	Julie A Rademacher, Sr, StOl	67.54
8	Julie Ames, So, StBe	67.92

4x100 Meter Relay

1	StTh (Jodi Curella, Tara Wetzels, Sara Gorder, Anita Paulino)	48.68
	MIAC Record	
	NCAA Qualifier	
2	Con (Wendy Toenies, Nancee Yaggie, Tracy Berntsen, Melissa Plante)	50.10
3	Bet (Holly Larsen, Chrishelle Bakken, Sara Will, Jackie Moe)	50.18
4	Carl (Catie Stillman, Lesley Anderson, Aminah Ricks, Martha Villalba)	50.45

5	Ham (Kaylene Peterson, Alison Deviny, Amanda Shobe, Heather Hammond)	51.38
6	StOl (Nicole L Miley, Julie A Rademacher, Heather Kitzmann, Julie E Andrews)	51.75
7	StBe (Mary Thomas, Cami Longstreet, Julie Ames, Catherine Rehkamp)	52.20
8	Gus (Deb Thomas, Angela Carlson, Mai Loan Graham, Angela Borland)	52.95
4x400 Meter Relay		
1	StTh (Sara Gorder, Heidi Teske, Katie Colvin, Anita Paulino)	3:57.50
NCAA Qualifier		
2	Ham (Jill Palokangas, Heather Hammond, Amanda Shobe, Patty Severson)	4:03.65
3	Bet (Holly Larsen, Jackie Moe, Sara Will, Chrishelle Bakken)	4:04.00
4	StBe (Andrea Thomas, Julie Ames, Lisa Worden, Gretchen Terhaar)	4:04.30
5	Con (Tracy Berntsen, Nancee Yaggie, Wendy Toenies, Taria Heinen)	4:06.47
6	StOl (Karna L Anderson, Tarah L Mattson, Nicole L Miley, Stacia L Shiffler)	4:14.53
7	Carl (Aminah Ricks, Emily Beardsley, Eithne Barton, Martha Villalba)	4:16.38
Long Jump		
Flight 1		
1	Melissa Plante, Con	16-2 1/4
2	Heidi Teske, Jr, StTh	15-11
3	Cami Longstreet, Jr, StBe	15-7 3/4
4	Missy Herbst, So, StBe	15-7 1/2
5	Maria E Schilling, Fr, StOl	15-6
6	Julie Stepan, Sr, Aug	15-5
Flight 2		
1	Lydia Kabaka, So, Con	16-4 1/2
2	Julie E Andrews, Jr, StOl	15-9 3/4
3	Heather Hammond, Sr, Ham	15-6 3/4
4	Annelies M Nef, Sr, StOl	15-4 3/4
5	Heidi Nelson, So, Con	15-3 1/4
6	Julie Igel, Jr, StTh	15-2 1/4
Flight 3		
1	Julie A Rademacher, Sr, StOl	17-2 1/4
2	Alison Deviny, Sr, Ham	16-7 1/4
3	Jill Holbrook, Fr, StBe	16-5 1/4
4	Holly Larsen, Fr, Bet	15-10 1/4
5	Nancy Flury, Ham	15-2 3/4
6	Kaylene Peterson, Jr, Ham	15-1 1/2
Final		
1	Julie A Rademacher, Sr, StOl	17-9
2	Alison Deviny, Sr, Ham	16-7 1/4
3	Jill Holbrook, Fr, StBe	16-5 1/4
4	Lydia Kabaka, So, Con	16-4 1/2
5	Melissa Plante, Con	16-2 1/4
6	Heidi Teske, Jr, StTh	15-11 3/4
7	Holly Larsen, Fr, Bet	15-11
8	Julie E Andrews, Jr, StOl	15-9 3/4

Triple Jump		
Flight 1		
1	Alison Deviny, Sr, Ham	33-9 1/2
2	Angela Borland, Jr, Gus	33-3
3	Cami Longstreet, Jr, StBe	32-5 1/2
4	Eithne Barton, Jr, Carl	31-10 1/4
5	Annelies M Nef, Sr, StOl	31-7 1/2
Flight 2		
1	Lydia Kabaka, So, Con	35-7 1/4
2	Jodi Curella, Sr, StTh	35-0 1/2
3	Emily Beardsley, Fr, Carl	32-5 3/4
4	Molly M Staeheli, Fr, StOl	31-3 3/4
5	Julie Igel, Jr, StTh	31-1 3/4
6	Nancy Flury, Ham	29-11 1/4
Flight 3		
1	Julie A Rademacher, Sr, StOl	35-7 1/4
2	Missy Herbst, So, StBe	32-8 1/4
3	Laurie Littlehales, Sr, Mac	32-7
4	Melissa Tietz, Fr, StCa	30-11 3/4
5	Katrin L Maehle, So, StOl	28-5 3/4
Final		
1	Julie A Rademacher, Sr, StOl	36-4 3/4
2	Lydia Kabaka, So, Con	35-7 1/4
3	Jodi Curella, Sr, StTh	35-0 1/2
4	Laurie Littlehales, Sr, Mac	33-11 1/4
5	Alison Deviny, Sr, Ham	33-9 1/2
6	Angela Borland, Jr, Gus	33-3
7	Missy Herbst, So, StBe	32-8 1/4
8	Emily Beardsley, Fr, Carl	32-5 3/4
Shot Put		
Flight 1		
1	Doreen N Dumonceaux, Jr, StOl	39-11 1/4
2	Lisa O'Groske, Sr, Gus	38-11 3/4
3	Joan Bowes, Jr, Gus	37-7 1/4
4	Cindy Zamlynski, Jr, StTh	36-7 1/2
5	Julia E Kline, Sr, StOl	35-6 3/4
6	Missy Schlagel, Sr, Gus	33-1 3/4
Flight 2		
1	Eryn Anderson, So, Con	39-7
2	Sarah Cremer, Sr, StBe	38-7
3	Heather Herron, Jr, StBe	33-8
4	Jessi Kingston, So, Mac	33-4
5	Jeanette Stai, So, StTh	31-2
Flight 3		
1	Kris Kuehl, Sr, Con	41-4 1/4
2	Kristi Farver, Sr, Con	41-1 3/4
3	Becky Bliley, Fr, StBe	35-2
4	DeAnne Doty, So, Ham	31-3 3/4
5	Joan Clark, So, StCa	31-1 1/4
6	Amy Waldorf, Fr, StTh	28-9 3/4
Final		
1	Kris Kuehl, Sr, Con	43-7 3/4
NCAA Qualifier		
2	Kristi Farver, Sr, Con	41-1 3/4
3	Doreen N Dumonceaux, Jr, StOl	39-11 1/4
4	Eryn Anderson, So, Con	39-7

5	Sarah Cremer, Sr, StBe	39-2 1/4
6	Lisa O'Groske, Sr, Gus	38-11 3/4
7	Joan Bowes, Jr, Gus	37-7 1/4
8	Cindy Zamlynski, Jr, StTh	36-7 1/2

Discus Throw

Flight 1

1	Angie White, Sr, Gus	151-3
NCAA Qualifier		
2	Kristi Farver, Sr, Con	118-0
3	Kelly Schmitt, Jr, StBe	116-4
4	Doreen N Dumonceaux, Jr, StOl	109-1
5	Joan Clark, So, StCa	102-0
6	Jessi Kingston, So, Mac	100-5

Flight 2

1	Kris Kuehl, Sr, Con	177-9
MIAC Record NCAA Qualifier		
2	Joan Bowes, Jr, Gus	116-8
3	Julia E Kline, Sr, StOl	115-3
4	Sarah Cremer, Sr, StBe	111-6
5	Jeanette Stai, So, StTh	105-4
6	Julie Wenschlag, Jr, Gus	96-4

Flight 3

1	Eryn Anderson, So, Con	129-1
2	Missy Schlagel, Sr, Gus	114-0
3	Disa Wahlstrand, Sr, Gus	110-1
4	Janelle Peterson, Fr, Gus	108-5
5	Cindy Zamlynski, Jr, StTh	107-3
6	Jen Hall, So, Bet	106-11

Final

1	Kris Kuehl, Sr, Con	177-9
MIAC Record O'Shaughnessy Stadium Record NCAA Qualifier		
2	Angie White, Sr, Gus	151-3
NCAA Qualifier		
3	Eryn Anderson, So, Con	129-1
4	Kristi Farver, Sr, Con	120-0
5	Joan Bowes, Jr, Gus	116-8
6	Kelly Schmitt, Jr, StBe	116-4
7	Julia E Kline, Sr, StOl	115-3
8	Missy Schlagel, Sr, Gus	114-0

Javelin Throw

Flight 1

1	Doreen N Dumonceaux, Jr, StOl	115-4
2	Heather Herron, Jr, StBe	82-11
3	Patti Peterson, Fr, Gus	80-10 1/4
4	Disa Wahlstrand, Sr, Gus	77-8
5	Toni Moe, Fr, Carl	77-5 1/2
6	Lisa McCall, Jr, Ham	74-4 1/2

Flight 2

1	Julie A Rademacher, Sr, StOl	115-1
2	Lisa O'Groske, Sr, Gus	109-3
3	Merri Stebbins, Fr, Con	103-3
4	Jodi Woyke, Fr, Aug	101-3
5	Angie White, Sr, Gus	91-2

6	Jill Brannigan, Fr, StTh	86-0
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Flight 3

1	Merrilee Rutherford, Fr, Con	118-4
2	Kristi Farver, Sr, Con	111-8
3	Julie Stepan, Sr, Aug	108-2
4	Sherry Corrington, Ham	89-3
5	Kristin A Bentle, Jr, StOl	84-3
6	Jill Hageman, Jr, StTh	82-3

Final

1	Julie A Rademacher, Sr, StOl	125-5
2	Merrilee Rutherford, Fr, Con	118-4
3	Doreen N Dumonceaux, Jr, StOl	115-4
4	Kristi Farver, Sr, Con	111-8
5	Lisa O'Groske, Sr, Gus	109-3
6	Julie Stepan, Sr, Aug	108-2
7	Merri Stebbins, Fr, Con	103-3
8	Jodi Woyke, Fr, Aug	101-3

High Jump

1	Kellie Johnson, So, Gus	5-4 1/4
2	Colleen Landwehr, Fr, StTh	5-4 1/4
3	Karen Felger, Fr, Gus	5-2 1/4
3	Julie A Rademacher, Sr, StOl	5-2 1/4
5	Annelies M Nef, Sr, StOl	5-2 1/4
6	Julie Stepan, Sr, Aug	5-2 1/4
7	Amy Tartaglia, Fr, Gus	5-2 1/4
8	Cathy Buechele, So, Aug	5-0 1/4
9	Kim Carlson, Fr, Bet	5-0 1/4
10	Leigh Solberg, Sr, StBe	4-8 1/4
11	Heather Hammond, Sr, Ham	4-6 1/4
12	Meg Hoyt, Fr, Carl	4-4 1/4
13	Jenni Holzcamp, Ham	4-4 1/4
14	Katrin L Maehle, So, StOl	4-4 1/4

Heptathlon

1	Julie Rademacher, Sr, StOl	4582
MIAC Record NCAA Qualifier		
2	Julie Stepan, Sr, Aug	4329
NCAA Qualifier		
3	Patty Severson, Sr, Ham	3787
4	Annelies M Nef, Sr, StOl	3564
5	Julie E Andrews, Jr, StOl	3451
6	Julie Igel, Jr, StTh	3364
7	Nancy Flury, Ham	2948
8	Joelle Bichelmeyer, Jr, StBe	2742
9	Lisa McCall, Jr, Ham	2628
10	Toni Moe, Fr, Carl	2535

TEAM SCORES

1	St. Thomas	175.0
2	St. Olaf	142.5
3	Concordia	114.0
4	St. Benedict's	66.0
5	Hamline	55.0
6	Carleton	49.0
7	Gustavus	43.5
8	Augsburg	32.0
8	Bethel	32.0

