

MIAC INDOOR CHAMPIONSHIPS
March 4 & 5, National Sports Center, Blaine

Men's Results

55 Meter Dash

Round 1, Heat 1

1	Leonard Jones, StTh	6.60
2	Travis P. Zorn, StOl	6.71
3	James E. Lehnhoff, Conc	6.93
4	Justin Butler, Maca	6.95
5	Ryan Callahan, StTh	7.01
6	Brian C. Tri, StOl	7.33

Round 1, Heat 2

1	Tony Moses, Beth	6.60
2	Jason Meek, Gust	6.74
3	Tontrell Jackson, Gust	6.75
4	Greg McMichael, Beth	6.82
5	Quentin Ballard, StTh	6.85
6	Brian Jones, StTh	6.97
7	Eric Johnson, Haml	7.05
8	Keith Allen, Augs	7.24

Round 1, Heat 3

1	Robert N. Glover, StOl	6.47
NCAA Provisional Qualifier		
2	Glenn Stewart, Beth	6.69
3	Christian Johnson, Beth	6.72
4	Max Larson, SaJo	6.81
5	Steve Rittgers, Beth	6.90
6	Gary Stevenson, Beth	6.96
7	Andy Schroepfer, SaJo	7.07
8	John Yankey, Maca	7.14

Round 1, Heat 4

1	Dennis Williams, Haml	6.62
2	Richmond Sarpong, Maca	6.70
3	Nathaniel R. Chiappa, Carl	6.80
4	Joey Orrey, Haml	6.97
5	Carl Swan, StTh	6.99
6	Bill Riser, StTh	7.02
7	Nate Mathews, SaJo	7.05

Final

1	Tony Moses, Beth	6.48
NCAA Provisional Qualifier		
2	Robert N. Glover, StOl	6.54
NCAA Provisional Qualifier		
3	Leonard Jones, StTh	6.58
4	Dennis Williams, Haml	6.59
5	Richmond Sarpong, Maca	6.61
6	Christian Johnson, Beth	6.68
7	Travis P. Zorn, StOl	6.71
8	Glenn Stewart, Beth	6.78

200 Meter Dash

1	Robert N. Glover, StOl	22.42
2	Tony Moses, Beth	22.54
3	Jason Boatman, Beth	22.82

4	Glenn Stewart, Beth	23.06
5	Steve Rittgers, Beth	23.07
6	Dennis Williams, Haml	23.19
6	Chris Link, Maca	23.19
8	David Bogie, StTh	23.47
9	Christian Johnson, Beth	23.62
10	Benjy Kiehne, Gust	23.65
11	Ryan Callahan, StTh	24.16
12	Carl Swan, StTh	24.33
13	Tontrell Jackson, Gust	24.36
13	Matt Conrad, Beth	24.36
15	Brian L. Walsh, StOl	24.77
16	Scott Fitchet, Haml	24.86
17	Brent M. Zwiers, StOl	24.87
18	Chris Dardis, SaJo	24.97
19	Bill Riser, StTh	25.17
20	Scott Colbert, Gust	25.26

400 Meter Dash

1	Robert N. Glover, StOl	49.26
NCAA Provisional Qualifier		
2	Mike Malmgren, Haml	50.05
3	Jason Boatman, Beth	50.12
4	Chris Link, Maca	50.47
5	Kyle J. Odermann, Conc	51.15
6	Christopher Schmidt, StOl	51.43
7	Owen King, Haml	51.75
8	Robert W. Early, Carl	51.99
9	John D. Holland, StOl	52.09
10	Jeremy Craker, SaJo	52.82
11	Chad Carr, Beth	53.11
12	Mark Ohlmann, Gust	53.17
13	Atsu Tanaka, Maca	53.64
14	Erik L. Lindouist, Conc	53.68
15	Yashua Gustafson, StTh	53.72

600 Yard Dash

1	Eric Hudson, StTh	1:13.20
2	David A. Boardman, Carl	1:13.67
3	Chris Allen, Haml	1:13.67
4	Benjamin F. Danielson, StOl	1:14.00
5	Ryan J. Beil, Conc	1:14.77
6	Pat Foley, SaJo	1:15.12
7	Andrew Smith, StTh	1:15.19
8	James Kilibarda, StTh	1:15.27
9	John D. Renneke, Conc	1:16.19
10	Ed West, Maca	1:16.44
11	Andrew H. Jensen, StOl	1:16.62
12	Jeff A. Louk, Conc	1:16.92
13	David J Gallagher, StOl	1:17.34
14	Aric Katterhagen, SaJo	1:17.52
15	Jericho F. Tabor, StOl	1:18.18
16	Arturo Martinez, Maca	1:18.83
17	Steve Doherty, Haml	1:16:37

800 Meter Run			11	Brian E. Grove, Conc	4:09.62
1	Eric Hudson, StTh	1:54.16	12	J McClelland, Gust	4:10.08
	NCAA Provisional Qualifier		13	Brad Bauer, SaJo	4:10.77
2	Daniel J. Virnig, Carl	1:56.94	14	Tom Goeltl, Haml	4:10.97
3	Chris Allen, Haml	1:57.18	15	William J. Keating, StOl	4:11.50
4	Benjamin F. Danielson, StOl	1:57.69	16	Chris Babcock, StTh	4:15.16
5	John D. Renneke, Conc	1:58.23	17	Daniel B. Bucknam, StOl	4:15.69
6	James Kilibarda, StTh	1:58.98	18	Phil Sheridan, Haml	4:16.07
7	David J Gallagher, StOl	1:59.00	19	Jeb Myers, SaJo	4:16.52
8	Pat Foley, SaJo	1:59.33	20	LeRoy Popowski, SaJo	4:17.65
9	Jasper Simon, Maca	2:00.09	21	Jon Koch, SaJo	4:18.28
10	Mike Mason, Gust	2:00.80	22	Matt Waletzke, SaJo	4:18.98
11	Ben Hadden, Gust	2:01.02	23	Toby Selix, Haml	4:19.13
12	Matt Drewitz, Gust	2:01.33	24	Kevin O. Phillips, StOl	4:19.35
13	LeRoy Popowski, SaJo	2:02.23	25	Sean P. Foley, Carl	4:21.25
14	Andrew H. Jensen, StOl	2:02.35	26	Michael D. Beach, Carl	4:24.72
15	Jericho F. Tabor, StOl	2:03.02	27	Peter Nichol, Carl	4:26.96
16	Andy Gilbertson, SaJo	2:03.06	Two Mile Run		
17	Vaughan O'Brien, SaJo	2:03.81	1	Jeff Renlund, StTh	9:07.00
18	Dan Louvar, StTh	2:05.01	2	Rauha Rahkola, Gust	9:20.13
19	Jonathan Breitbarth, SaJo	2:05.10	3	Paul Chestovich, SaJo	9:21.14
20	Ian G. Taylor, Carl	2:07.07	4	Tom McCarthy, SaJo	9:22.32
21	Eric A. Stephens, StOl	2:08.18	5	Dimitri Drekonja, Gust	9:22.35
1000 Meter Run			6	Jonathan L. Bougie, Carl	9:24.23
1	Jim Miklausich, StTh	2:32.40	7	Derek O. Phillips, StOl	9:25.80
2	Mark R. Flaherty, Carl	2:33.78	8	Kevin M. Theissen, Carl	9:29.50
3	Colby Linneman, StTh	2:33.80	9	J McClelland, Gust	9:31.30
4	Kent Anderson, Haml	2:34.37	10	Dan Deuhs, SaJo	9:35.44
5	Erik Bunce, StTh	2:35.14	11	Tony Sommars, Beth	9:43.41
6	Brian E. Grove, Conc	2:35.87	12	Adam Sparks, SaJo	9:44.10
7	Jeff A. Louk, Conc	2:36.05	13	Robert T. Kuehl, StOl	9:50.23
8	Daniel B. Bucknam, StOl	2:36.09	14	Ben Tri, StTh	9:51.99
9	Mike Novotny, Beth	2:36.15	15	Tim Hogan, SaJo	9:53.85
10	Aric Katterhagen, SaJo	2:36.58	16	Timothy B. Cotts, StOl	9:54.42
11	William J. Keating, StOl	2:37.96	17	Steve Pasche, SaJo	9:54.91
12	Alec Walker, Gust	2:39.39	18	Frederick Simmons, Carl	9:55.19
13	Thomas A. Cram, StOl	2:41.71	19	Dan Bergan, StTh	9:57.55
14	Jon Koch, SaJo	2:41.96	20	David A. Pipho, Conc	9:58.13
15	Randall S. Niemiec, Carl	2:42.21	21	Aaron Drevlow, StTh	9:59.44
16	Kaare Festvog, StTh	2:43.40	22	Matthew Flory, StOl	10:01.18
17	Jonathon Bentley, Gust	2:48.02	23	Andy Taylor, StTh	10:01.70
18	Nels Pierson, Gust	2:48.22	24	Matt Legas, Haml	10:03.01
19	J. Carey Bronstein, StOl	2:48.67	25	Lindsay Drangeid, StOl	10:18.96
20	Glen Tautges, SaJo	2:49.31	26	Chad Whipple, Beth	10:19.00
1500 Meter Run			27	Jason Cochran, StTh	10:22.77
1	Jeff Renlund, StTh	3:57.33	5000 Meter Run		
	NCAA Provisional Qualifier		1	Derek O. Phillips, StOl	15:00.00
2	Paul Chestovich, SaJo	3:58.13	2	Tom McCarthy, SaJo	15:00.05
3	Daniel J. Virnig, Carl	4:00.73	3	Jonathan L. Bougie, Carl	15:08.24
4	Jasper Simon, Maca	4:03.35	4	Justin Simon, Maca	15:13.36
5	Jim Miklausich, StTh	4:04.33	5	Dimitri Drekonja, Gust	15:15.23
6	Joel D. Wegener, Carl	4:04.72	6	Kevin M. Theissen, Carl	15:24.87
7	Rauha Rahkola, Gust	4:05.29	7	Dan Deuhs, SaJo	15:28.66
8	Kent Anderson, Haml	4:06.26	8	Robert T. Kuehl, StOl	15:39.67
9	Mark R. Flaherty, Carl	4:06.75	9	Colby Linneman, StTh	15:49.82
10	Erik J. Dahl, StOl	4:08.24	10	David A. Pipho, Conc	16:21.28

11	Mark Paske, StTh S. Daniel Kusch, Carl	16:40.15 DNF
55M High Hurdles		
Round 1, Heat 1		
1	Mike Cihlar, SaJo	8.14
2	Brian Schrader, Beth	8.26
3	David Bogie, StTh	8.33
4	Jason Jacobs, Gust	8.38
5	Adam A. Johnson, StTh	8.54
6	Jake Moerschel, Maca	8.59
7	Jeff Hammer, SaJo	8.64
8	Ben Ramaker, Beth	8.68
Round 1, Heat 2		
1	Erik Rosenkranz, StTh	7.71
NCAA Provisional Qualifier		
2	Mark Ohlmann, Gust	8.10
3	Brian L. Walsh, StOl	8.33
4	Brent M. Zwiers, StOl	8.41
5	Dan Vacura, Haml	8.63
6	Brent Hoppe, Haml Emry A. McAlear, Conc	8.95 DNF
Round 1, Heat 3		
1	Michael Lutz, StTh	8.12
2	Jason Boatman, Beth	8.14
3	Jason Meek, Gust	8.17
4	Keith Moran, StTh	8.39
5	Vincent Hooper, Beth	8.44
6	Nick Strauss, StTh	8.66
7	Peter T. Imle, Carl	8.79
8	Daniel D. Sobel, Carl	9.21
Final		
1	Erik Rosenkranz, StTh	7.76
NCAA Provisional Qualifier		
2	Jason Boatman, Beth	7.90
3	Brian Schrader, Beth	7.91
4	Mark Ohlmann, Gust	8.03
5	Jason Meek, Gust	8.05
6	Mike Cihlar, SaJo	8.06
7	David Bogie, StTh	8.13
8	Brian L. Walsh, StOl	8.20
9	Michael Lutz, StTh	8.21
800 Meter Relay		
1	Bethel (Tony Moses, Jason Boatman, Steve Rittgers, Glenn Stewart)	1:28.81
MIAC record		
2	Hamline (Dennis Williams, Mike Malmgren, Owen King, Eric Johnson)	1:31.29
3	St. Thomas (Erik Rosenkranz, Quentin Ballard, Brian Jones, David Bogie)	1:32.97
4	St. Olaf (Travis P. Zorn, Christopher Schmidt, Bryan E. Bass, John D. Holland)	1:33.51
4X400 Meter Relay		
1	St. Olaf (John D. Holland, Benjamin F. Danielson, Christopher Schmidt, Robert N. Glover)	3:23.30

2	Hamline (Owen King, Chris Allen, Steve Doherty, Mike Malmgren)	3:23.47
3	Bethel (Jason Boatman, Christian Johnson, Chad Carr, Brian Schrader)	3:26.49
4	Saint John's (Pat Foley, Mike Sabers, Max Larson, Jeremy Craker)	3:28.84
5	Gustavus (Benjy Kiehne, Ken Boyum, Jason Meek, Mark Ohlmann)	3:29.34
6	Macalester (Arturo Martinez, Atsu Tanaka, Omar Field-Ridley, Chris Link)	3:30.91
7	Concordia (Erik L. Lindouist, Emry A. McAlear, John E. Opgrande, Rory Beil)	3:31.19
8	St. Thomas (Chris Powers, Aron Kramer, Yashua Gustafson, Brian Jones)	3:33.35
9	Carleton (Robert W. Early, Trung V. Quach, T. Daniel Feiveson, Edward G. Shannon)	3:36.92
4X800 Meter Relay		
1	St. Thomas (Erik Bunce, Andrew Smith, James Kilibarda, Eric Hudson)	7:51.88
2	Carleton (Mark R. Flaherty, Daniel J. Virnig, Joel D. Wegener, David A. Boardman)	7:56.48
3	Concordia (John D. Renneke, Jeff A. Louk, Brian E. Grove, Kyle J. Odermann)	8:05.76
4	Macalester (Ed West, Justin Simon, Bob Elsinger, Jasper Simon)	8:07.59
5	Saint John's (Nick Andrea, Matt Waletzke, Brad Bauer, Mickey Meckna)	8:09.41
6	St. Olaf (Andrew H. Jensen, Jason M. Gallagher, Erik J. Dahl, Daniel B. Bucknam)	8:09.93
7	Bethel (Mike Novotny, Aaron Matzke, Tony Sommars, Rob Stephens)	8:18.77
8	Hamline (Chad Lindeen, Corey Heikkla, Tom Goeltl, Phil Sheridan)	8:22.06
9	Gustavus (Ben Hadden, Nels Pierson, Matt Drewitz, Alec Walker)	8:27.63
Long Jump		
Round 1, Flight 1		
1	Dietric Williams, Haml	22-3 1/2
2	Erik Rosenkranz, StTh	21-6 1/4
3	James Lehnhoff, Conc	21-1 1/4
4	Nathaniel R. Chiappa, Carl	20-8
5	Brian Schrader, Beth	20-5
6	Brian Erola, Gust	20-1
7	Tim Feine, StTh	19-11
8	Travis P. Zorn, StOl	19-10 3/4
9	Pete Griffith, SaJo	19-6 3/4
Round 1, Flight 2		
1	Leonard Jones, StTh	24-2 1/2
MIAC record		
NCAA Automatic Qualifier		
2	Adam A. Johnson, StTh	21-8 1/4
3	Dan Besemann, SaJo	21-3 1/4
4	Brian C. Tri, StOl	21-2 1/2
5	Christian Johnson, Beth	21-1 1/4
6	Josh Vande Berg, SaJo	20-10 3/4

7	Jason Meek, Gust	20-9 1/4
8	Justin Butler, Maca	19-9 1/2
9	Vincent Hooper, Beth	19-1 1/4

Final

1	Leonard Jones, StTh	24-2 1/2
		MIAC record
		NCAA Automatic Qualifier
2	Dietric Williams, Haml	22-3 1/2
3	Christian Johnson, Beth	21-8 3/4
4	Adam A. Johnson, StTh	21-8 1/4
5	Erik Rosenkranz, StTh	21-6 1/4
6	Dan Besemann, SaJo	21-3 1/4
7	Brian C. Tri, StOl	21-2 3/4
8	James Lehnhoff, Conc	21-1 1/4

Triple Jump

Round 1, Flight 1

1	Dietric Williams, Haml	47-4 1/2
		NCAA Provisional Qualifier
2	Adam A. Johnson, StTh	43-2 1/2
3	Ryan B. Williams, Conc	42-9 3/4
4	Michael Lutz, StTh	40-11 1/2
5	Jason Jacobs, Gust	40-9
6	Tim Feine, StTh	40-7 1/2
7	Michael K. Morris, StOl	39-5 1/4
8	Jessie J. Jerabek, Conc	37-1 3/4
	Jake Froehle, SaJo	ND

Round 1, Flight 2

1	Leonard Jones, StTh	46-10
		NCAA Provisional Qualifier
2	Robert Drobinski, Conc	44-4 1/4
3	David Boardman, Carl	42-10 1/4
4	Brian C. Tri, StOl	42-7 1/2
5	Ian Lawrow-Svedvik, Haml	42-2 3/4
6	Shannon Roepke, Haml	41-0 1/4
7	Josh Vande Berg, SaJo	40-5
8	Jason Quam, Gust	40-0 1/2
9	Nathaniel Chiappa, Carl	39-4 1/2

Final

1	Leonard Jones, StTh	47-8
		NCAA Provisional Qualifier
2	Dietric Williams, Haml	47-4 1/2
		NCAA Provisional Qualifier
3	Robert Drobinski, Conc	44-9 3/4
4	David Boardman, Carl	44-8 3/4
5	Ryan B. Williams, Conc	43-6
6	Adam A. Johnson, StTh	43-2 1/2
7	Brian C. Tri, StOl	42-7 1/2
8	Ian Lawrow-Svedvik, Haml	42-2 3/4

Shot Put

Round 1, Flight 1

1	Aaron L. Banks, Conc	52-11 1/2
		NCAA Automatic Qualifier
2	Dave Berg, Gust	44-7 1/2
3	Aaron Crandall, Haml	42-0 1/2
4	Andy Graham, Beth	41-6
5	Joshua D. Augst, Carl	40-9

6	Dan Woody, Maca	32-1 1/2
---	-----------------	----------

Round 1, Flight 2

1	Mike Paone, StTh	46-7 1/2
2	Eric H. Jenson, Carl	41-8 3/4
3	Alec Jordan, Maca	38-5 1/2
4	Mike McCabe, Haml	38-1 1/4
5	Paul Youngblood, Maca	38-0 1/4
6	Jess Quam, StTh	37-3 1/4

Round 1, Flight 3

1	Brett Gross, Gust	46-9
2	Dan Jost, SaJo	46-2
3	Robert Rosenthal, Maca	40-3 1/4
4	Mike Lovestrand, Beth	38-1 1/4
5	Ben Lindquist, SaJo	35-9 1/4
6	Chad Oakleaf, Beth	31-11 1/2

Final

1	Aaron L. Banks, Conc	53-9
		NCAA Automatic Qualifier
2	Brett Gross, Gust	47-6 1/4
3	Mike Paone, StTh	46-7 1/2
4	Dan Jost, SaJo	46-2
5	Dave Berg, Gust	44-7 1/2
6	Aaron Crandall, Haml	42-9
7	Eric H. Jenson, Carl	41-8 3/4
8	Andy Graham, Beth	41-6

High Jump

1	Leonard Jones, StTh	7-1
		MIAC record
		NCAA Automatic Qualifier
2	Mike Cihlar, SaJo	6-6 3/4
2	Bryan E. Bass, StOl	6-6 3/4
4	Michael Lutz, StTh	6-4 1/4
5	Aaron Oliver, StTh	6-4 1/4
6	Pat Sullivan, StTh	6-3 1/4
6	Matt Sweetman, SaJo	6-3 1/4
8	Mike Zender, SaJo	6-3 1/4
9	Jeff Hammer, SaJo	6-3 1/4
10	Matthew J. Karl, Conc	6-0 3/4
11	Jeff Ayer, SaJo	6-0 3/4
12	Brad Erbes, SaJo	5-11 1/2
	Eric Woller, Haml	NH
	Jason M. Gallagher, StOl	NH
	Emry A. McAlear, Conc	NH

Pole Vault

1	Josh Berlin, StTh	15-7
		NCAA Automatic Qualifier
2	Cory Brown, Haml	15-7
		NCAA Automatic Qualifier
3	Jay Schmitt, StTh	14-11
4	Jamie Stahle, Haml	14-3 1/4
5	Dan Sobiech, StTh	13-7 1/4
6	Emry A. McAlear, Conc	13-3 1/2
7	Jonathan Doane, StTh	13-3 1/2
8	Jon Wendlandt, SaJo	13-3 1/2
9	Nick L. Compton, Conc	12-11 1/2
9	Aaron M. Koski, Carl	12-11 1/2

11	Terry McCord, SaJo	12-11 1/2
12	Steve Kjar, Haml	12-1 1/2
35 Pound Weight Throw		
Round 1, Flight 1		
1	Anthony R. Moore, Carl	46-7 1/4
2	Dan Miller, StTh	44-2 1/2
3	Chad Peterson, Haml	42-5 1/4
4	Bryan Pavlish, Gust	41-6
5	Jon Andrews, Maca	39-0 1/4
6	Joseph L. Bilek, Conc	36-7
7	Mike McCabe, Haml	34-6 3/4
Round 1, Flight 2		
1	Dan Jost, SaJo	49-7
2	Jess Quam, StTh	46-6
3	Dan Odenbach, StTh	43-6
4	Allen D. Schulte, StOl	43-1
5	Mitch Larson, StTh	36-8 1/2
6	Joshua D. Augst, Carl	36-3
Round 1, Flight 3		
1	Aaron L. Banks, Conc	48-8
2	Sean D. Anderson, Carl	47-3 1/2
3	Joe Langel, StTh	44-7 1/2
4	Mike Lovestrand, Beth	44-4 3/4
5	Aaron Harper, StTh	38-1 1/2
6	Gabriel Caron, Gust	37-4 1/2
Final		
1	Dan Jost, SaJo	50-6
NCAA Provisional Qualifier		
2	Anthony Moore, Carl	48-10 1/4
3	Aaron L. Banks, Conc	48-8
4	Sean D. Anderson, Carl	47-3 1/2
5	Jess Quam, StTh	46-6
6	Dan Miller, StTh	46-2 3/4
7	Joe Langel, StTh	46-0 3/4
8	Mike Lovestrand, Beth	44-4 3/4
Pentathlon		
1	Erik Rosenkranz, StTh	3504
2	Bryan E. Bass, StOl	3405
3	Jason Meek, Gust	3356
4	Vincent Hooper, Beth	3288
5	Jason M. Gallagher, StOl	3253
6	Emry A. McAlear, Conc	3226
7	Dan Besemann, SaJo	3208
8	Shannon Roepke, Haml	3184
9	Dan Sobiech, StTh	3157
10	Ryan B. Williams, Conc	3031
11	Eric Woller, Haml	3018
12	Ben Ramaker, Beth	2965
13	Trung V. Quach, Carl	2874
	Carl E. Mueller, Carl	ND
TEAM SCORES		
1	St. Thomas	206.5
2	St. Olaf	101.0
3	Bethel	88.0
4	Hamline	86.5
5	Saint John's	76.5

6	Carleton	75.0
7	Concordia	58.0
8	Gustavus	49.0
9	Macalester	29.5

Women's Results

55 Meter Dash		
Round 1, Heat 1		
1	Aminah Ricks, Carl	7.32
NCAA Automatic Qualifier		
2	Megan Wilson, StOl	7.77
3	Astrid Larssen, Augs	7.78
4	Kristi Berger, Conc	7.80
5	Sara Lindquist, SaBe	7.87
6	Ann Fiechtner, Carl	7.93
7	MaryDee Cich, SaBe	8.23
Round 1, Heat 2		
1	Anita Paulino, StTh	7.57
2	Celeste Carnpo, StTh	7.62
3	Sara Chapo, Gust	7.66
4	Erin Biehm, Beth	7.67
5	Sara Ramquist, StOl	7.78
6	Lani Ulwelling, SaBe	8.03
7	Stacy Gustafson, Haml	8.16
8	Erin Miller, StOl	8.46
Round 1, Heat 3		
1	Megan Pfeiffer, StTh	7.54
2	Colleen Goggins, SaBe	7.79
3	Laura LaFrombois, Beth	7.81
3	Kris Hansen, StOl	7.81
5	Kris Ann Schmitz, StTh	7.83
6	Zoe Fanner, Maca	8.03
7	Martha Sarpong, Maca	8.04
Final		
1	Aminah Ricks, Carl	7.29
NCAA Automatic Qualifier		
2	Megan Pfeiffer, StTh	7.46
NCAA Provisional Qualifier		
3	Anita Paulino, StTh	7.54
4	Celeste Carnpo, StTh	7.63
5	Sara Chapo, Gust	7.68
6	Megan Wilson, StOl	7.69
7	Erin Biehm, Beth	7.71
8	Astrid Larssen, Augs	7.81
9	Sara Ramquist, StOl	7.83
200 Meter Dash		
1	Aminah Ricks, Carl	25.76
2	Anita Paulino, StTh	26.89
3	Tracy Berntsen, Conc	27.04
4	Kris Hansen, StOl	27.06
5	Erin Biehm, Beth	27.40
6	Megan Pfeiffer, StTh	27.43
7	Megan Wilson, StOl	27.62
8	Alysia Zielske, StTh	27.78
9	Celeste Carnpo, StTh	27.94

10	Sara Chapo, Gust	28.10	5	Kate Ainsworth, Carl	2:22.08
11	Jill Holbrook, SaBe	28.34	6	Jessica Dease, StTh	2:22.88
12	Sonja Glumich, Gust	28.54	7	Becky Logan, Beth	2:26.35
13	Laura LaFrombois, Beth	28.56	8	Nicole Hines, StTh	2:26.76
14	Emily Zender, SaBe	28.63	9	Alberta Anderson, StOl	2:27.38
15	Catherine Sydow, StCa	28.82	10	Jenny Carnell, Maca	2:28.72
16	Sara Lindquist, SaBe	28.85	11	Amy Decker, StTh	2:29.82
17	Lani Ulwelling, SaBe	29.31	12	Jen Hartz, StOl	2:32.40
18	Nichole Fontaine, SaBe	29.35	13	Kirsten Hestdalen, Conc	2:33.95
19	Meeghen O'Donnell, StTh	29.44	14	Tricia Herald, StOl	2:33.99
20	Tracy Johnson, Conc	29.50	15	Catherine Taubel, SaMa	2:34.45
21	Angela Norton, StOl	29.91	16	Brenda Bushie, Haml	2:35.92
22	Julie Fitzke, Gust	30.10	17	Karianne Sheevel, Gust	2:41.08
23	MaryDee Cich, SaBe	30.41	18	Ann Nemitz, StCa	2:42.36
24	Sara Reichert, Maca	31.44	19	Jennifer Wevley, SaBe	2:43.29
400 Meter Dash			20	Jodi Dauffenbach, SaBe	2:45.04
1	Anita Paulino, StTh	59.29	1000 Meter Run		
NCAA Provisional Qualifier			1	Rena Brown, StOl	3:02.67
2	Kris Hansen, StOl	59.87	2	Andrea Ekerholm, StOl	3:03.92
NCAA Provisional Qualifier			3	Sarah Roth, Carl	3:04.75
3	Aminah Ricks, Carl	60.71	4	Kara Bloomquist, Gust	3:05.40
4	Steph Schmitt, StTh	60.74	5	Laura Sloan, Beth	3:05.99
5	Sara Will, Beth	60.76	6	Karen Kreul, Maca	3:07.79
6	Tracy Berntsen, Conc	60.87	7	Patty Colvin, StTh	3:08.37
7	Taria Heinen, Conc	61.36	8	Margaret King, StOl	3:08.69
8	Michele Haugen, Conc	62.71	9	Jody Brinkman, StCa	3:09.56
9	Kris Ann Schmitz, StTh	63.25	10	Jeannie Stangler, SaBe	3:10.00
10	Karla Lorence, StOl	63.46	11	Kimberly Moss, StOl	3:12.88
11	Marisa Nivatvongs, StOl	64.31	12	Rebecca McCarrier, Maca	3:14.94
12	Mandy Aamot, Haml	65.07	13	Jen Severson, StTh	3:16.48
13	Kristi Berger, Conc	65.17	14	Leah Carlson, Beth	3:17.92
14	Catherine Sydow, StCa	65.47	15	Tammy Saukkola, Haml	3:18.55
15	Sara Reichert, Maca	66.99	16	Laura Turriffin, StOl	3:27.64
16	Nadine Wetzell, SaBe	67.41	17	Hanne Stadler, Conc	3:28.26
17	Leigh Ann Powell, StTh	67.44	18	Rebekah Kirmsse, StOl	3:31.35
600 Yard Dash			19	Sarah Jorgensen, SaMa	3:38.05
1	Stephanie Johnson, StOl	1:28.54	20	Stephanie Byrnes, StTh	3:49.90
2	Brenda Suttles, StTh	1:29.26	1500 Meter Run		
3	Tarah Mattson, StOl	1:31.61	1	Rena Brown, StOl	4:46.99
3	Jen Olson, SaBe	1:31.61	NCAA Provisional Qualifier		
5	Kate Ainsworth, Carl	1:31.93	2	Andrea Ekerholm, StOl	4:48.97
6	Patty Colvin, StTh	1:32.28	NCAA Provisional Qualifier		
7	Leah Carlson, Beth	1:34.69	3	Sarah Roth, Carl	4:49.16
8	Katie Walter, StTh	1:34.80	NCAA Provisional Qualifier		
9	Jen Hartz, StOl	1:35.06	4	Kara Bloomquist, Gust	4:52.11
10	Lisa Worden, SaBe	1:35.85	5	Jennifer Keeley, Carl	4:56.46
11	Tracy Johnson, Conc	1:37.07	6	Laura Sloan, Beth	4:56.60
12	Laura Turriffin, StOl	1:37.81	7	Michelle Mencke, SaBe	5:00.22
13	Jana Woods, Conc	1:41.32	8	Rebecca McCarrier, Maca	5:01.55
14	Theresa Ledermann, SaBe	1:42.89	9	Nicole Hines, StTh	5:02.45
800 Meter Run			10	Jody Brinkman, StCa	5:02.79
1	Stephanie Johnson, StOl	2:19.59	11	Alberta Anderson, StOl	5:04.90
NCAA Provisional Qualifier			12	Becky Logan, Beth	5:07.12
2	Taria Heinen, Conc	2:21.09	13	Jenny Carnell, Maca	5:13.11
3	Jen Olson, SaBe	2:21.88	14	Betsy Dobbins, StTh	5:15.17
4	Tarah Mattson, StOl	2:22.01	15	Margaret Hoyt, Carl	5:16.30

16	Sarah Read, Carl	5:18.59
17	Jill Funk, SaBe	5:18.96
18	Elizabeth Painter, StOl	5:20.55
19	Kirsten Hestdalen, Conc	5:21.00
20	Wendy Rose, StOl	5:21.62
21	Becky Pulju, StTh	5:22.11
22	Holly VandeWall, Maca	5:23.56
23	Shelly Orvis, Beth	5:28.57
24	Hanne Stadler, Conc	5:37.01
25	Rebecca Olson, Conc	5:44.65
26	Stephanie Byrnes, StTh	5:56.13
27	Corry Assink, StOl	5:56.48

3000 Meter Run

1	Kelly Copps, StTh	10:18.53
2	Jennifer Keeley, Carl	10:43.47
3	Renae Brown, StOl	10:53.13
4	Liisa Johnson, StTh	10:56.35
5	Aleta Gilbertson, Gust	10:58.70
6	Andrea Ekerholm, StOl	11:02.27
7	Dana Peterson, Gust	11:03.15
8	Aimee Schaefer, SaBe	11:18.87
9	Kirsten Trandem, StOl	11:19.22
10	Lara Brewer, StOl	11:20.11
11	Abigail Watras, StOl	11:32.20
12	Rachel Free, Carl	11:32.41
13	Betsy Dobbins, StTh	11:40.2
14	Jean Mundahl, StOl	11:41.9
15	Elizabeth Painter, StOl	11:51.16
16	Erica Johnson, StTh	11:55.16
17	Jordan Aitchison, Carl	11:56.88
18	Sarah Meyer, Conc	11:58.05
18	Becky Pulju, StTh	11:58.05
20	Mora Cervenka, StTh	12:00.30
21	Sarah Janson, SaMa	12:07.54
22	Jill Hartnett, Beth	12:08.81
23	Corry Assink, StOl	12:15.65
24	Hannah Wise, Carl	12:47.0
25	Julie Fiorelli, Carl	13:50.00

5000 Meter Run

1	Kelly Copps, StTh	17:37.15
		MIAC Record
		NCAA Automatic Qualifier
2	Rebekah Ormsby, Augs	18:27.87
3	Aleta Gilbertson, Gust	18:55.34
4	Amy Mettner, StOl	19:26.33
5	Kirsten Trandem, StOl	19:27.28
6	Aimee Schaefer, SaBe	19:37.40
7	Abigail Watras, StOl	19:41.86
8	Sarah Meyer, Conc	19:43.04
9	Molly Cooper, SaBe	19:56.17
10	Erin Block, StTh	19:57.16
11	Jean Mundahl, StOl	20:12.86
12	Erica Johnson, StTh	20:21.31

55M High Hurdles

Round 1, Heat 1		
1	Lydia Kabaka, Conc	8.93
		NCAA Provisional Qualifier
2	Molly Staeheli, StOl	9.23
3	Amy Doherty, StTh	9.26
4	Carrie Goffin, StOl	9.45
5	Sara Haag, Haml	10.20
6	Karen Schug, SaBe	10.32

Round 1, Heat 2

1	Kristen Donato, Gust	9.01
2	Sonja Glumich, Gust	9.03
3	Alysia Zielske, StTh	9.03
4	Nicolle Mahoney, Haml	9.45
5	Gretchen Spader, Maca	9.91
6	Meeghen O'Donnell, StTh	9.96

Round 1, Heat 3

1	Tracy Berntsen, Conc	8.79
		NCAA Provisional Qualifier
2	Melonie Hill, StTh	9.09
3	Colleen Landwehr, StTh	9.42
4	Emily Bratt, StOl	9.59
5	Joani Chalman, StOl	9.61
6	Sonya Smith, Maca	9.96
7	Eva Farkas, Maca	10.65

Final

1	Tracy Berntsen, Conc	8.70
		NCAA Provisional Qualifier
2	Sonja Glumich, Gust	8.82
		NCAA Provisional Qualifier
3	Lydia Kabaka, Conc	8.92
		NCAA Provisional Qualifier
4	Kristen Donato, Gust	8.97
5	Alysia Zielske, StTh	9.00
6	Melonie Hill, StTh	9.07
7	Molly Staeheli, StOl	9.13
8	Amy Doherty, StTh	11.12

800 Meter Relay

1	St. Thomas (Steph Schmitt, Brenda Suttles, Kris Ann Schmitz, Anita Paulino)	1:48.26
2	Bethel (Laura LaFrombois, Erin Biehm, Sara Will, Rachel Beebe)	1:51.45
3	St. Olaf (Marisa Nivatvongs, Joani Chalman, Joy Quaidoo, Sara Ramquist)	1:51.73
4	Concordia (Jana Woods, Michele Haugen, Kristi Berger, Taria Heinen)	1:52.03
5	Carleton (Toni Moe, April Patterson, Jolene Beitz, Ann Fiechtner)	1:54.55
6	Hamline (Sara Haag, Emily Risch, Mandy Aamot, Brenda Bushie)	1:55.70

4X400 Meter Relay

1	St. Thomas (Steph Schmitt, Brenda Suttles, Alysia Zielske, Anita Paulino)	4:02.82
		NCAA Provisional Qualifier
2	St. Olaf (Megan Wilson, Stephanie Johnson, Renae Brown, Kris Hansen)	4:06.42

3	Concordia (Taria Heinen, Kristi Berger, Michele Haugen, Tracy Berntsen)	4:06.97
4	Gustavus (Sara Chapo, Kristen Donato, Kara Bloomquistnja Glumich)	4:14.85
5	Bethel (Sara Will, Erin Biehm, Tricia Kooiman, Rachel Beebe)	4:17.05
6	Carleton (Jolene Beitz, Lauren Persha, Kate Ainsworth, Aminah Ricks)	4:18.89
7	Saint Benedict (Colleen Goggins, Molly Cooper, Nichole Fontaine, Nadine Wetzel)	4:25.26
8	Hamline (Tammy Saukkola, Mandy Aamot, Emily Risch, Brenda Bushie)	4:28.67
9	Macalester (Eva Farkas, Cassie Dendurent, Gretchen Farkas, Sara Reichert)	4:35.83
4X800 Meter Relay		
1	St. Thomas (Jill Wolverton, Patty Colvin, Nicole Hines, Jessica Dease)	9:46.43
2	St. Olaf (Alberta Anderson, Kimberly Moss, Margaret King, Tarah Mattson)	9:49.54
3	Bethel (Laura Sloan, Leah Carlson, Shelly Orvis, Becky Logan)	10:00.38
4	Saint Benedict (Lisa Worden, Jeannie Stangler, Jen Olson, Michelle Mencke)	10:09.36
5	Macalester (Jenny Carnell, Rebecca McCarrier, Holly VandeWall, Karen Kreul)	10:12.66
6	Carleton (Sarah Read, Jordan Aitchison, Margaret Hoyt, Sarah Roth)	10:32.85
7	Concordia (Kirsten Hestdalen, Hanne Stadler, Rebecca Olson, Sarah Meyer)	10:44.89
8	Saint Mary's (Catherine Taubel, Sarah Janson, Sarah Jorgensen, Jeanne Coleman)	11:18.74
9	Augsburg (Megan Boeckman, Rachel Johnson, Sara Niemiec, Cheryl Dahle)	11:53.01
Long Jump		
Round 1, Flight 1		
1	Megan Pfeiffer, StTh	16-10
2	Alysia Zielske, StTh	16-7
3	Martha Sarpong, Maca	15-9 1/2
4	Kerry Lynch, SaBe	15-6
4	Jill Wolverton, StTh	15-6
6	Zoe Fanner, Maca	14-6 1/2
7	Carrie Goffin, StOl	14-2 1/2
8	Emily Bratt, StOl	13-5
Round 1, Flight 2		
1	Joy Quaidoo, StOl	17-2 1/4
2	Beth Stone, Conc	16-11 1/4
3	Lydia Kabaka, Conc	16-7 3/4
4	Tina Liimatta, StOl	16-3
5	Kristen Donato, Gust	15-7 3/4
6	Jill Holbrook, SaBe	15-7 1/2
7	Colleen Landwehr, StTh	15-1 1/4
8	Celeste Carnpo, StTh	14-11 1/4
9	Angela Norton, StOl	14-5 1/4
Final		
1	Joy Quaidoo, StOl	17-2 1/4

2	Beth Stone, Conc	16-11 1/4
3	Megan Pfeiffer, StTh	16-10 3/4
4	Lydia Kabaka, Conc	16-7 3/4
5	Alysia Zielske, StTh	16-7
6	Tina Liimatta, StOl	16-3
7	Martha Sarpong, Maca	15-9 1/2
8	Kristen Donato, Gust	15-7 3/4
Triple Jump		
Round 1, Flight 1		
1	Lydia Kabaka, Conc	36-6 3/4
NCAA Provisional Qualifier		
2	Joy Quaidoo, StOl	33-4
3	Sonja Glumich, Gust	32-8 1/4
4	Molly Staeheli, StOl	32-6 1/2
5	Melonie Hill, StTh	32-1 1/2
6	Heidi Mueller, Maca	30-5 1/2
7	Sara Haag, Haml	30-2 3/4
8	Jana Woods, Conc	29-6 1/2
9	Julie Knoll, Maca	28-5 1/2
Round 1, Flight 2		
1	Megan Pfeiffer, StTh	36-9 3/4
MIAC Record		
NCAA Provisional Qualifier		
2	Jill Wolverton, StTh	34-9 3/4
3	Martha Sarpong, Maca	33-4 1/2
4	Meredith Holden, StTh	32-11 1/4
5	Nina Grossman, StTh	32-2 3/4
6	Carrie Mathias, StTh	31-6 1/2
7	Tracy Johnson, Conc	31-4 1/2
8	Kerry Lynch, SaBe	31-2 1/2
Final		
1	Megan Pfeiffer, StTh	37-4 1/2
MIAC Record		
NCAA Automatic Qualifier		
2	Lydia Kabaka, Conc	36-11 1/2
MIAC Record		
NCAA Provisional Qualifier		
3	Joy Quaidoo, StOl	35-11 1/4
NCAA Provisional Qualifier		
4	Jill Wolverton, StTh	34-9 3/4
5	Molly Staeheli, StOl	33-5 1/4
6	Martha Sarpong, Maca	33-4 1/2
7	Meredith Holden, StTh	33-1 3/4
8	Sonja Glumich, Gust	32-8 1/4
Shot Put		
Round 1, Flight 1		
1	Michelle Eisenreich, Carl	42-0
NCAA Provisional Qualifier		
2	Eryn Anderson, Conc	39-8 3/4
NCAA Provisional Qualifier		
3	Jennelle Jacobson, SaBe	39-4 1/2
NCAA Provisional Qualifier		
4	Brenda Magoba, Gust	38-10 1/2
5	Jennifer Mull, Gust	35-0 1/4
Round 1, Flight 2		
1	Andi Christensen, Haml	35-2

2	Tonsha McPherson, Gust	34-2	10	Jill Holbrook, SaBe	2177
3	Angela Rath, Augs	32-9 3/4	11	Emily Bratt, StOl	2060
4	Susan Posch, SaBe	31-7 1/2	12	Toni Moe, Carl	1948
5	Kasey Keiser, SaBe	31-6 1/2	13	Jana Woods, Conc	1702
6	DeAnne Doty, Haml	29-8 1/4	TEAM SCORES		
Round 1, Flight 3			1	St. Thomas	179.0
1	Julia Musolf, StOl	41-3	2	St. Olaf	177.5
NCAA Provisional Qualifier			3	Concordia	82.0
2	Angie Ortiz, Maca	37-6 3/4	4	Carleton	78.0
3	Jeanette Stai, StTh	37-1 3/4	5	Gustavus	77.0
4	Kara Ortenblad, Gust	35-7 1/4	6	Bethel	39.0
5	Janna Powell, Beth	33-4 3/4	7	Saint Benedict	31.5
6	Jessi Kingston, Maca	33-1 3/4	8	Macalester	15.0
Final			9	Augsburg	9.0
1	Michelle Eisenreich, Carl	42-0	10	Saint Mary's	7.0
NCAA Provisional Qualifier			11	Hamline	4.0
2	Julia Musolf, StOl	41-4 1/4			
NCAA Provisional Qualifier					
3	Brenda Magoba, Gust	40-2 3/4			
NCAA Provisional Qualifier					
4	Eryn Anderson, Conc	39-8 3/4			
NCAA Provisional Qualifier					
5	Jennelle Jacobson, SaBe	39-4 1/2			
Ties NCAA Provisional Qualifier					
6	Jeanette Stai, StTh	38-2			
7	Angie Ortiz, Maca	37-6 3/4			
8	Kara Ortenblad, Gust	35-7 1/4			
High Jump					
1	Nina Grossman, StTh	5-5 1/4			
MIAC Record					
NCAA Provisional Qualifier					
2	Heidi Schillinger, StOl	5-2 1/2			
3	Anna Thibault, SaMa	5-2 1/2			
4	Colleen Landwehr, StTh	5-2 1/2			
5	Sonja Glumich, Gust	5-1 1/4			
6	Colleen Goggins, SaBe	5-1 1/4			
7	Karen Felger, Gust	5-0 1/4			
8	Karla Lorence, StOl	5-0 1/4			
9	Carrie Goffin, StOl	4-11			
9	Becky Johnson, Gust	4-11			
11	Amy Swart, Gust	4-11			
12	Kristen Donato, Gust	4-11			
12	Sara Spohr, Conc	4-11			
14	Rachel Hanson, Maca	4-9 3/4			
15	Sara Haag, Haml	4-9 3/4			
16	Carrie Mathias, StTh	4-8 3/4			
Pentathlon					
1	Kristen Donato, Gust	3036			
2	Sonja Glumich, Gust	2866			
3	Tracy Berntsen, Conc	2802			
4	Molly Staeheli, StOl	2728			
5	Alysia Zielske, StTh	2646			
6	Carrie Goffin, StOl	2631			
7	Jill Wolverton, StTh	2613			
8	Colleen Landwehr, StTh	2539			
9	Michelle Eisenreich, Carl	2406			