

MIAC CHAMPIONSHIPS

March 2, National Sports Center, Blaine

MEN			
55 Meter Dash		5	Shanti Rainey, StTh 6.67
Round 1, Heat 1		6	Trell Jackson, Gust 6.68
1	Shannon Rainey, StTh 6.49	7	Joel Drew, Beth 6.72
	NCAA Provisional Qualifier	8	Darrick Cornelius, StTh 7.16
2	Shanti Rainey, StTh 6.61	200 Meter Dash	
3	Adam Lovehaug, Conc 6.79	1	Rob Glover, StOl 22.52
4	Joey Orrey, Haml 6.81	2	Shannon Rainey, StTh 22.91
5	Gavin Bady, StOl 6.84	3	Mark Ohlmann, Gust 23.04
6	Chad Carda, Gust 6.99	4	Chris Link, Maca 23.06
7	Jerry Krolak, StTh 7.01	5	Zach Jones, Carl 23.08
8	Matt Maas, Carl 7.02	6	Glenn Stewart, Beth 23.09
Round 1, Heat 2		7	Shanti Rainey, StTh 23.24
1	Jevone Williams, SaJo 6.54	8	Darrick Cornelius, StTh 23.36
	NCAA Provisional Qualifier	8	Christian Johnson, Beth 23.36
2	Richmond Sarpong, Maca 6.55	10	Richmond Sarpong, Maca 23.37
	NCAA Provisional Qualifier	11	Bryan Bass, StOl 23.61
3	Travis Zorn, StOl 6.71	12	Trell Jackson, Gust 23.69
4	Nate Chiappa, Carl 6.74	13	Jason Boatman, Beth 23.71
5	Corey Houger, Beth 6.84	14	Chad Jackson, Augs 23.77
6	Glenn Stewart, Beth 6.85	15	Dave Bogie, StTh 23.86
7	Scott Colbert, Gust 7.01	16	Larry Semann, Gust 24.04
8	Tim Tutwiler, Augs 7.08	17	Jerry Krolak, StTh 24.16
Round 1, Heat 3		18	Chris Carda, SaJo 24.41
1	Rob Glover, StOl 6.50	19	Mike Sabers, SaJo 24.63
	NCAA Provisional Qualifier	20	Ryan Callahan, StTh 24.71
2	Joel Drew, Beth 6.70	20	Jeremy Adam, Carl 24.71
3	Jason Bezdichek, SaJo 6.80	22	Kirk Koudelka, Haml 24.79
4	Ben Buck, Haml 6.82	23	Brent Zwiers, StOl 25.06
5	Jason Meek, Gust 6.92	400 Meter Dash	
6	Chad Jackson, Augs 6.94	1	Rob Glover, StOl 49.27
7	Paul Jones, SaJo 6.97		NCAA Provisional Qualifier
8	Jeremy Adam, Carl 7.01	2	Mike Malmgren, Haml 49.74
Round 1, Heat 4			NCAA Provisional Qualifier
1	Darrick Cornelius, StTh 6.63	3	Zach Jones, Carl 50.16
2	Trell Jackson, Gust 6.67	4	John Wahlstrom, Beth 50.56
3	Christian Johnson, Beth 6.73	5	Jason Boatman, Beth 50.86
4	Bryan Bass, StOl 6.87	6	Chris Link, Maca 51.12
5	Sean McGee, Conc 6.92	7	Ryan Moore, StOl 51.67
6	Ryan Callahan, StTh 6.93	8	Kyle Odermann, Conc 51.88
7	James Lehnhoff, Conc 6.98	9	Gavin Bady, StOl 51.92
8	Bob Fossum, Gust 7.03	10	Chris Bergren, StTh 51.95
Final		11	Ed West, Maca 52.29
1	Rob Glover, StOl 6.41	12	Paul LeTendre, SaJo 52.84
	MIAC Record	13	Erik Brown, SaJo 52.93
	NCAA Automatic Qualifier	14	Chris Carda, SaJo 53.06
2	Shannon Rainey, StTh 6.47	600 Yard Dash	
	NCAA Provisional Qualifier	1	Ben Danielson, StOl 1:13.01
3	Jevone Williams, SaJo 6.52		MIAC Record
	NCAA Provisional Qualifier	2	Eric Hudson, StTh 1:13.06
4	Richmond Sarpong, Maca 6.57	3	Erik Lindquist, Conc 1:15.41
		4	Steve Doherty, Haml 1:15.42
		5	James Kilibarda, StTh 1:15.75
		6	Bob Elsinger, Maca 1:16.06

7	Andy Smith, StTh	1:16.26	23	Jake Froehle, SaJo	2:51.03
8	Josh Bookin, Carl	1:16.91	24	Luke Saunders, StOl	2:53.85
9	Dan Bucknam, StOl	1:16.97	1500 Meter Run		
10	Jon Cutler, Carl	1:17.09	1	Colby Linnemen, StTh	3:58.00
11	Nick Andrea, SaJo	1:17.34	2	Dan Virnig, Carl	3:59.27
12	Ryan Holt, Gust	1:18.42	3	Roba Bati, Augs	4:01.72
13	Cory Heikkila, Haml	1:18.82	4	Brad Bauer, SaJo	4:02.15
14	Andy Jensen, StOl	1:19.29	5	Tom Goeltl, Haml	4:03.12
15	Dan Feiveson, Carl	1:19.56	6	Doug Cowles, Gust	4:03.39
16	Gabe Semenza, Conc	1:19.74	7	Alec Walker, Gust	4:07.76
17	Michael Berkland, StOl	1:20.55	8	Kevin Theissen, Carl	4:07.93
800 Meter Run			9	Jon Koch, SaJo	4:09.55
1	Eric Hudson, StTh	1:54.68	10	Vaughan O'Brien, SaJo	4:10.45
NCAA Provisional Qualifier			11	Jasper Simon, Maca	4:10.49
2	Roba Bati, Augs	1:56.65	12	Toby Selix, Haml	4:10.62
3	Steve Doherty, Haml	1:59.45	13	Eric Wegmann, StTh	4:11.85
4	James Kilibarda, StTh	1:59.57	14	Lindsay Drangeid, StOl	4:12.89
5	Mike Mason, Gust	1:59.60	15	Nick Knuth, StTh	4:14.79
6	Nick Andrea, SaJo	2:00.98	16	Bill Keating, Conc	4:15.19
7	Josh Bookin, Carl	2:01.07	17	Jason Warren, Augs	4:15.35
8	Ben Hadden, Gust	2:01.57	18	Justin Sands, Maca	4:16.61
9	Ben Danielson, StOl	2:02.25	19	Jonathan Breitbarth, SaJo	4:18.07
10	Dan Louvar, StTh	2:02.86	20	Tony Kinzley, SaJo	4:18.35
11	Jericho Tabor, StOl	2:04.01	21	Scott Pierce, Haml	4:18.92
12	Bryan Chang, Carl	2:04.51	22	Mike Ewasiuk, StTh	4:18.94
13	Andy Gilbertson, SaJo	2:04.84	23	Jason Cochran, StTh	4:22.90
14	Neal Tousen, Haml	2:05.21	24	Joel Kram, SaJo	4:27.54
15	Justin Sands, Maca	2:05.52	25	Jesse Murray, StMa	4:28.94
16	Jason Cochran, StTh	2:05.92	Two Mile Run		
17	Matt Gifford, SaJo	2:05.96	1	Lindsay Drangeid, StOl	9:26.65
18	Michael Berkland, StOl	2:06.76	2	Jon Bougie, Carl	9:27.92
19	Luke Saunders, StOl	2:07.63	3	Dmitri Drekonja, Gust	9:31.30
20	Travis Glanzer, Beth	2:08.69	4	Kevin Theissen, Carl	9:33.69
1000 Meter Run			5	Jasper Simon, Maca	9:35.39
1	Colby Linnemen, StTh	2:32.94	6	Doug Cowles, Gust	9:40.25
2	Dan Virnig, Carl	2:33.08	7	Derek Phillips, StOl	9:40.43
3	Brad Bauer, SaJo	2:34.76	8	Jason Warren, Augs	9:42.91
4	Tom Goeltl, Haml	2:35.95	9	Jeb Myers, SaJo	9:45.06
5	Bill Martin, Carl	2:36.03	10	Ben Tri, StTh	9:45.35
6	Brian Grove, Conc	2:36.96	11	Jon Hastings, Carl	9:47.67
7	Dan Bucknam, StOl	2:37.12	12	Mike Ewasiuk, StTh	9:51.07
8	Eric Bunce, StTh	2:37.25	13	Alec Walker, Gust	9:52.17
9	Bill Keating, Conc	2:38.08	14	Kevin Phillips, StOl	9:56.39
10	Jon Bentley, Gust	2:38.09	15	Mark Paske, StTh	9:57.84
11	Joel Kram, SaJo	2:41.52	16	Nick Knuth, StTh	9:58.59
12	Brian Knutson, SaJo	2:42.07	17	Dan Simmons, SaJo	9:59.83
13	Jonathan Breitbarth, SaJo	2:42.11	18	Nels Pretson, Gust	10:06.57
14	Kyle Nolan, SaJo	2:43.23	19	Scott Pierce, Haml	10:09.54
15	Willy Arend, SaJo	2:44.93	20	Peter Nichol, Carl	10:14.99
16	Tony Kinzley, SaJo	2:45.34	21	Sean Campanella, Maca	10:15.94
17	David Gallagher, StOl	2:45.96	22	Sedge Freeman, Gust	10:18.76
18	Tim Schwecke, StOl	2:45.99	23	Josh Hoyle, Carl	10:22.36
19	Trent Sperber, Gust	2:46.83	24	Brian Jazdewski, StTh	10:23.23
20	Mike Kallenberg, Beth	2:46.98	25	Eli Levitt, Carl	10:24.42
21	Jesse Murray, StMa	2:47.08	26	Matt Flory, StOl	10:25.00
22	Eric Stephens, StOl	2:47.66	27	Jeremy Beuch, SaJo	10:33.36

5000 Meter Run

1	Jon Bougie, Carl	15:13.63
2	Dmitri Drekonja, Gust	15:23.48
3	Derek Phillips, StOl	15:28.21
4	Ben Tri, StTh	15:28.59
5	Joel Wegener, Carl	15:35.63
6	LeRoy Popowski, SaJo	15:43.97
7	Jon Hastings, Carl	15:46.98
8	Ryan Steines, SaJo	16:02.98
9	Mark Paske, StTh	16:04.63
10	Jens Strand, Carl	16:13.83
11	Kevin Phillips, StOl	16:20.91

55M High Hurdles

Round 1, Heat 1

1	Jevone Williams, SaJo	7.96
2	Dave Bogie, StTh	8.16
3	Brian Walsh, StOl	8.28
4	Mike Sabers, SaJo	8.36
5	Jason Boatman, Beth	8.38
6	Brent Zwiers, StOl	8.50
7	Eric Starkweather, Maca	9.06
8	Joe Guenther, StMa	9.28

Round 1, Heat 2

1	Keith Moran, StTh	8.14
2	Dan Vacura, Haml	8.22
3	Lance Ahlers, Gust	8.37
4	Brent Hoppe, Haml	8.38
5	Jason Meek, Gust	8.49
6	Mitch Odland, Conc	8.80
	Jason Jacobs, Gust	DQ

Round 1, Heat 3

1	Joel Drew, Beth	7.96
2	Mark Ohlmann, Gust	8.01
3	John Holland, StOl	8.28
4	Larry Semann, Gust	8.46
5	Nick Strauss, StTh	8.63
6	Craig Madsen, Beth	8.68
7	Carl Mueller, Carl	10.48

Final

1	Jevone Williams, SaJo	7.86
2	Dave Bogie, StTh	8.05
3	Keith Moran, StTh	8.19
4	Mark Ohlmann, Gust	8.21
5	John Holland, StOl	8.26
6	Dan Vacura, Haml	8.37
7	Brian Walsh, StOl	8.39
	Joel Drew, Beth	DQ

800 Meter Relay

1	Bethel (Joel Drew, Christian Johnson, Steve Leonard, John Wahlstrom)	1:30.77
2	Hamline (Mike Malmgren, Josh Arneson, Erik Johnson, Darin Dutcher)	1:31.77
3	St. Olaf (Gavin Bady, John Holland, Moses Koch, Ryan Moore)	1:32.69
4	Concordia (Sean McGee, Kyle Odermann, Erik Lindquist, Adam Lovehaug)	1:33.67

5	Gustavus (Trell Jackson, Lance Ahlers, Larry Semann, Scott Colbert)	1:33.71
6	Carleton (Nate Chiappa, Peter Imle, Jeremy Adam, Paul Dosh)	1:33.96
7	Macalester (Mike Heise, Atsu Tanaka, Kent Hedtke, Chris Mrema)	1:36.75
8	St. Mary's (Adam Meyer, Joe Guenther, Mike Day, Richard Hand)	1:41.62
9	Augsburg (Marl Goetz, James Mungai, Keith Allen, Tim Tutwiler)	1:42.23

4X400 Meter Relay

1	St. Olaf (Bryan Bass, Ben Danielson, John Holland, Rob Glover)	3:23.57
2	Bethel (Glenn Stewart, Jason Boatman, Steve Leonard, John Wahlstrom)	3:24.48
3	St. Thomas (Shanti Rainey, Erik Rosenkranz, Chris Bergren, Eric Hudson)	3:25.11
4	Hamline (Josh Arneson, Darin Dutcher, Brent Hoppe, Mike Malmgren)	3:27.01
5	Gustavus (Jason Meek, Larry Semann, Jason Jacobs, Mark Ohlmann)	3:27.33
6	Carleton (Carl Mueller, Zach Jones, Dan Virnig, Peter Imle)	3:28.68
7	Saint John's (Paul LeTendre, Erik Brown, Mike Sabers, Paul Jones)	3:30.61
8	Concordia (Adam Lovehaug, Gabe Semenza, Zach Brumbach, Bob Drobinski)	3:45.88

4X800 Meter Relay

1	Saint John's (Mickey Meckna, Jon Koch, Vaughan O'Brien, Aric Katterhagen)	8:02.90
2	Hamline (Tom Goeltl, Mike Clauson, Toby Selix, Steve Doherty)	8:04.37
3	St. Thomas (Dan Louvar, Colby Linnemen, James Kilibarda, Eric Bunce)	8:08.14
4	Carleton (Josh Bookin, Joel Wegener, Dan Feiveson, Bill Martin)	8:08.46
5	Concordia (Bill Keating, Kyle Odermann, Erik Lindquist, Brian Grove)	8:11.78
6	St. Olaf (Andy Jensen, David Gallagher, Jericho Tabor, Dan Bucknam)	8:12.13
7	Gustavus (Ryan Holt, Ben Hadden, Jon Bentley, Mike Mason)	8:16.40
8	Bethel (Mike Novotny, Aaron Matzke, Robb Stephens, Ian Bronson)	8:16.75
	St. Mary's (Joe Guenther, Adam Meyer, John Heille, Richard Hand)	DQ

Long Jump

Round 1, Flight 1

1	Erik Rosenkranz, StTh	22-3 3/4
2	Steve Wenzel, StTh	20-7 1/4
3	Christian Johnson, Beth	20-5 1/4
4	Travis Zorn, StOl	20-2 1/4
5	Paul LeTendre, SaJo	19-11 1/2
6	Joel Drew, Beth	19-8 1/4
7	Austin Sherwood, SaJo	19-7
8	Justin Butler, Maca	19-4

Round 1, Flight 2		
1	James Lehnhoff, Conc	21-8
2	Adam Johnson, StTh	21-6 3/4
3	Nate Chiappa, Carl	21-6 1/4
4	Dan Krenzel, StTh	20-8 1/2
5	Dan Vacura, Haml	20-1
6	Chad Carda, Gust	19-11 3/4
7	Marty Barry, SaJo	19-8 3/4
8	Dean Haugo, Conc	19-8
9	Jesse Jerabek, Conc	17-4

Final		
1	Erik Rosenkranz, StTh	22-3 3/4
2	Nate Chiappa, Carl	22-0 3/4
3	Christian Johnson, Beth	22-0 1/4
4	James Lehnhoff, Conc	21-8
5	Adam Johnson, StTh	21-6 3/4
6	Dan Krenzel, StTh	21-4 3/4
7	Travis Zorn, StOl	21-0
8	Steve Wenzel, StTh	20-7 1/4

Triple Jump		
Round 1, Flight 1		
1	John Fenger, SaJo	43-3 3/4
2	Ryan Williams, Conc	42-6 3/4
3	Ian Lawrow-Svedvik, Haml	41-9 1/4
4	Dan Krenzel, StTh	40-9 3/4
5	Austin Sherwood, SaJo	38-9 1/2
6	Sean Granner, Carl	35-1 3/4
	Chad Carda, Gust	ND

Round 1, Flight 2		
1	Bob Drobinski, Conc	44-8 1/4
2	Steve Wenzel, StTh	44-0
3	Adam Johnson, StTh	43-3 1/4
4	Kenneth Hoffmann, StOl	42-10 3/4
5	Nate Chiappa, Carl	42-2 3/4
6	Mike Morris, StOl	40-4
7	Jon Cutler, Carl	38-11 3/4
8	Jesse Jerabek, Conc	37-11 1/2

Final		
1	Bob Drobinski, Conc	44-8 1/4
2	Steve Wenzel, StTh	44-0
3	Ryan Williams, Conc	43-7
4	Nate Chiappa, Carl	43-7
5	Ian Lawrow-Svedvik, Haml	43-4 1/2
6	John Fenger, SaJo	43-3 3/4
7	Adam Johnson, StTh	43-3 1/4
8	Kenneth Hoffmann, StOl	42-10 3/4

Shot Put		
Round 1, Flight 1		
1	Mike Paone, StTh	49-4 1/4
2	Dave Berg, Gust	48-6 1/4
3	Josh Augst, Carl	47-4 1/2
4	Brian Vaughn, StTh	39-8
5	Joe Bilek, StTh	39-3 1/4

Round 1, Flight 2		
1	Aaron Banks, Conc	52-2 1/2
	NCAA Automatic Qualifier	

2	Brett Gross, Gust	48-5 1/4
3	Dan Jost, SaJo	45-6 1/2
4	Robert Rosenthal, Maca	43-5 1/4
5	Shawn Growe, Haml	39-10 1/2
6	Jason Skramstad, SaJo	37-9 1/2

Round 1, Flight 3		
1	Aaron Crandall, Haml	50-7 1/4
	NCAA Provisional Qualifier	
2	Tony Kauck, StTh	42-9 3/4
3	Eric Jensen, Carl	41-11 1/2
4	Eric Tomaszewski, StMa	36-11 1/2
5	John Tobin, StMa	35-10
6	Nate Schutta, SaJo	28-0

Final		
1	Aaron Banks, Conc	52-11
	NCAA Automatic Qualifier	
2	Brett Gross, Gust	50-9 1/2
	NCAA Provisional Qualifier	
3	Aaron Crandall, Haml	50-7 1/4
	NCAA Provisional Qualifier	
4	Mike Paone, StTh	49-4 1/4
5	Dave Berg, Gust	48-6 1/4
6	Josh Augst, Carl	47-4 1/2
7	Dan Jost, SaJo	45-6 1/2
8	Robert Rosenthal, Maca	43-5 1/4

High Jump		
1	Kenneth Hoffmann, StOl	7-1 1/2
	MIAC Record	
	NCAA Automatic Qualifier	
2	Aaron Oliver, StTh	6-6 3/4
2	Eric Peterson, StOl	6-6 3/4
4	John Fenger, SaJo	6-4 3/4
5	Mike Zender, SaJo	6-4 3/4
6	Mike Hammer, SaJo	6-4 3/4
7	Jeff Ayer, SaJo	6-2 3/4
8	Mike Criswell, SaJo	6-2 3/4
8	Erik Peterson, Gust	6-2 3/4
10	Craig Madsen, Beth	6-0 3/4
11	Dan Kreft, SaJo	6-0 3/4
12	Matt Meents, StTh	5-10 3/4
	Jason Meek, Gust	NH
	Eric Starkweather, Maca	NH

Pole Vault		
1	Jay Schmitt, StTh	15-7 3/4
	NCAA Automatic Qualifier	
2	Cory Brown, Haml	15-3 3/4
	NCAA Provisional Qualifier	
3	Jamie Stahle, Haml	14-4
4	Steve Kjor, Haml	14-4
5	Terry McCord, SaJo	14-4
6	Jon Doane, StTh	14-4
7	Josh Rhode, Conc	12-10 1/4
8	Skye Flanagan, Carl	12-4 1/2
9	Nick Hayes, Gust	12-4 1/2
	Marty Barry, SaJo	NH

35 Pound Weight Throw		
Round 1, Flight 1		
1	Dan Jost, SaJo	50-11 1/2
NCAA Provisional Qualifier		
2	Joe Bilek, StTh	49-9
3	Tony Moore, Carl	47-10 1/2
4	Chad Peterson, Haml	46-8 3/4
5	Aaron Harper, StTh	38-3 1/2
6	Eric Norsted, StOl	36-4 3/4
Round 1, Flight 2		
1	Aaron Banks, Conc	52-1 3/4
NCAA Provisional Qualifier		
2	Gabe Caron, Gust	48-6 1/4
3	Shawn Growe, Haml	43-7 1/4
4	Jerod Reiter, SaJo	41-11 1/4
5	Jason Skramstad, SaJo	37-2 1/4
6	Nate Schutta, SaJo	30-11 1/4
Round 1, Flight 3		
1	Dan Miller, StTh	46-8 3/4
2	Josh Augst, Carl	45-1
3	Dan Odenbach, StTh	43-0 1/4
4	Ian McWilliams, Haml	40-0 3/4
5	Andy Jelishek, Gust	38-1 1/4
6	Eric Kronback, Gust	36-0 1/4
Final		
1	Dan Jost, SaJo	52-9 1/4
NCAA Provisional Qualifier		
2	Aaron Banks, Conc	52-1 3/4
NCAA Provisional Qualifier		
3	Gabe Caron, Gust	51-7 3/4
NCAA Provisional Qualifier		
4	Joe Bilek, StTh	49-9
5	Tony Moore, Carl	47-10 1/2
6	Chad Peterson, Haml	46-8 3/4
7	Dan Miller, StTh	46-8 3/4
8	Josh Augst, Carl	45-9
Pentathlon		
1	Erik Rosenkranz, StTh	3669
2	Jason Meek, Gust	3342
3	Bryan Bass, StOl	3214
4	Jason Jacobs, Gust	3104
5	Aaron Oliver, StTh	3023
6	Carl Mueller, Carl	2855
7	Craig Madsen, Beth	2808
8	Torrey Quella, StTh	2729
9	Eric Starkweather, Maca	2639
10	Joe Guenther, StMa	2423
TEAM SCORES		
1	St. Thomas	179.5
2	St. Olaf	113.0
3	Carleton	99.0
4	Hamline	84.0
5	Gustavus	82.5
6	Saint John's	79.5
7	Concordia	61.0
8	Bethel	41.5

9	Macalester	23.0
10	Augsburg	15.0
11	St. Mary's	1.0

WOMEN

55 Meter Dash		
Round 1, Heat 1		
1	Kara Seibel, Augs	7.78
2	Rachel Beebe, Beth	7.79
3	Nicole Miley, StOl	7.98
4	Angie Norton, StOl	8.11
5	Sharie Hamilton, StMa	8.13
6	Tina Liimatta, StOl	8.23
Round 1, Heat 2		
1	Mandy Magadan, Beth	7.62
2	Anne Fiechtner, Carl	7.74
3	Stacy Gulbranson, Beth	7.87
4	Marisa Nivatvongs, StOl	7.96
5	Alexis Phillips, Maca	8.14
6	Andrea Eeg, Conc	8.24
Round 1, Heat 3		
1	Andrea Budig, StTh	7.46
NCAA Provisional Qualifier		
2	Britt Jacobson, Conc	7.76
3	Kris Ann Schmitz, StTh	7.94
4	Martha Sarpong, Maca	7.96
5	Carolyn Walske, Haml	8.06
6	Catie Taubel, StMa	8.38
7	Lori Stoltz, StMa	8.67
Round 1, Heat 4		
1	Megan Pfeiffer, StTh	7.65
2	Sara Chapo, Gust	7.81
3	Erin Kennedy, Carl	7.88
4	Shelly Gregorich, StOl	7.99
5	Kristi Berger, Conc	8.06
6	Bridget Anderson, Maca	8.18
Final		
1	Andrea Budig, StTh	7.44
NCAA Provisional Qualifier		
2	Megan Pfeiffer, StTh	7.58
3	Mandy Magadan, Beth	7.63
4	Anne Fiechtner, Carl	7.68
5	Kara Seibel, Augs	7.76
6	Rachel Beebe, Beth	7.78
7	Sara Chapo, Gust	7.81
8	Britt Jacobson, Conc	7.84
200 Meter Dash		
1	Andrea Budig, StTh	25.92
2	Anita Paulino, StTh	26.54
3	Jamie Lubitz, StTh	26.64
4	Tracy Berntsen, Conc	26.67
5	Mandy Magadan, Beth	27.32
6	Melonie Hill, StTh	27.38
7	Kris Hansen, StOl	27.81
8	Anne Fiechtner, Carl	27.90

9	Sara Ridge, Gust	28.15
10	Marisa Nivatvongs, StOl	28.48
11	Shawna Bradlich, StOl	28.50
12	Erin Kennedy, Carl	28.55
13	Sara Hunt, Conc	28.60
14	Sara Chapo, Gust	28.62
15	Kara Seibel, Augs	28.81
16	Kelsi Johnson, Augs	29.19
17	Angie Norton, StOl	29.34
18	Sharie Hamilton, StMa	29.55
19	Andrea Eeg, Conc	30.27
20	Molly Herald, StOl	30.30
21	Tina Liimatta, StOl	30.41
22	Carrie Loftus, Haml	30.73
23	Lori Stoltz, StMa	31.78

400 Meter Dash

1	Anita Paulino, StTh	59.39
	NCAA Provisional Qualifier	
2	Tracy Berntsens, Conc	59.59
	NCAA Provisional Qualifier	
3	Jamie Lubitz, StTh	60.39
4	Michele Haugen, Conc	60.59
5	Alysia Zielske, StTh	61.44
6	Kris Hansen, StOl	61.77
7	Amy Doherty, StTh	61.97
8	Sara Ridge, Gust	62.31
9	Britt Jacobson, Conc	63.19
10	Kristi Berger, Conc	63.49
11	Rachel Beebe, Beth	63.51
12	Toni Moe, Carl	63.62
13	Karna Anderson, StOl	63.81
14	Tyshawn Henry, Carl	64.51
15	Kelsi Johnson, Augs	64.57
16	Michelle Puppe, StOl	64.62
17	Marisa Nivatvongs, StOl	65.12
18	Malia Ireland, Carl	67.05

600 Meter Dash

1	Mollee Ludtke, Conc	1:37.71
2	Stephanie Johnson, StOl	1:38.68
3	Amy Thornquist, StTh	1:41.08
4	Kate Ainsworth, Carl	1:41.66
5	Mehghan Holton, StOl	1:42.47
6	Patty Colvin, StTh	1:42.58
7	Tracy Johnson, Conc	1:43.43
8	Laura Sloan, Beth	1:44.36
9	Catie Taubel, StMa	1:44.52
10	Karla Lorence, StOl	1:45.03
11	Krista Bergren, Conc	1:45.05
12	Patty Paulino, StTh	1:45.76
13	Tammy Saukkola, Haml	1:47.08
14	Shannon Hill, StCa	1:47.67
15	Molly Herald, StOl	1:48.48
16	Brenda Bushie, Haml	1:48.78
17	Liz Loughren, Haml	1:49.03
18	Melonie Hill, StTh	1:51.50

800 Meter Run

1	Stephanie Johnson, StOl	2:18.57
	NCAA Provisional Qualifier	
2	Mollee Ludtke, Conc	2:19.81
	NCAA Provisional Qualifier	
3	Amy Thornquist, StTh	2:20.24
4	Kate Ainsworth, Carl	2:23.74
5	Alberta Anderson, StOl	2:29.20
6	Tammy Saukkola, Haml	2:30.85
7	Brenda Bushie, Haml	2:35.12
8	Shannon Hill, StCa	2:35.64
9	Amy Decker, StTh	2:35.81
10	Sarah Roeder, SaBe	2:36.60
11	Jeni Wevley, SaBe	2:37.26
12	Katie Walter, StTh	2:38.58
13	Liz Salmela, Maca	2:39.08
14	Nadine Wetzel, SaBe	2:39.69
15	Haley Marconett, Haml	2:41.34
16	Cheryl Dahle, Augs	2:41.38
17	Melissa Schultz, StOl	2:42.64
18	Tricia Herald, StOl	2:43.06
19	Erin Brown, StTh	2:46.08

1000 Meter Run

1	Heidi Sickler, Carl	2:59.61
2	Kara Bloomquist, Gust	2:59.84
3	Rena Brown, StOl	3:01.06
4	Jody Brinkman, StCa	3:02.51
5	Jessy Dease, StTh	3:03.96
6	Karen Kreul, Maca	3:04.93
7	Andrea Ekerholm, StOl	3:05.83
8	Becky Logan, Beth	3:06.26
9	Valerie Graeve, StTh	3:06.65
10	Lisa Scott, Carl	3:07.91
11	Laura Sloan, Beth	3:08.37
12	LaDawn Osmundson, Gust	3:11.05
13	Amaza Liefert, Haml	3:12.87
14	Sara Frykman, Gust	3:12.89
15	Barb Snow, Maca	3:13.49
16	Katie Vanselow, SaBe	3:14.29
17	Deb Winters, Gust	3:14.80
18	Jessi Johnson, StTh	3:17.11
19	Kirsten Hestdalen, Conc	3:19.91
20	Ann Gremel, StOl	3:20.38
21	Jen Severson, StTh	3:22.96
22	Amanda Lightstone, StTh	3:23.09
23	Joy McClain, Beth	3:23.33
24	Laura Richards, Beth	3:37.09

1500 Meter Run

1	Kara Bloomquist, Gust	4:44.5
2	Rena Brown, StOl	4:46.0
3	Jody Brinkman, StCa	4:47.1
4	Lisa Scott, Carl	4:47.8
5	Karen Kreul, Maca	4:48.4
6	Heidi Sickler, Carl	4:49.3
7	Andrea Ekerholm, StOl	4:55.06
8	Jessy Dease, StTh	4:55.74

9	Becky Logan, Beth	4:57.05	6	Keri Gunderson, Haml	19:16.69
10	Laura Sloan, Beth	5:01.55	7	Lisa Rensenbrink, Beth	19:27.32
11	Jennifer Keeley, Carl	5:07.96	8	Laura Olson, StOl	19:31.37
12	Shannon Stroschein, Carl	5:11.78	9	Meg Hoyt, Carl	19:50.49
13	Leah Johnson, Augs	5:11.84	10	Molly Cooper, SaBe	20:09.47
14	Mary Grossman, SaBe	5:12.53	11	Sarah Berg, Conc	20:25.02
15	Ann Gremel, StOl	5:13.81	55M High Hurdles		
16	Jessi Johnson, StTh	5:17.75	Round 1, Heat 1		
17	Emilie Miller, Maca	5:19.83	1	Colleen Landwehr, StTh	8.54
18	Katie O'Day, StOl	5:21.94	NCAA Automatic Qualifier		
19	Marie Keller, StTh	5:22.15	2	Busola Akinwale, Carl	9.02
20	Holly Vandewall, Maca	5:22.69	3	Sunny Glumich, Gust	9.17
21	Gena Edwards, SaBe	5:23.57	4	Susanna Wilson, Haml	9.52
22	Sarah Read, Carl	5:25.04	5	Sarah Severson, Conc	9.54
23	Shelly Orvis, Beth	5:27.73	6	Andrea Eeg, Conc	9.77
24	Jeanne Coleman, StMa	5:32.38	7	Molly Staeheli, StOl	10.09
25	Krista Ostrom, Haml	5:41.34	Round 1, Heat 2		
26	Hannah Wise, Carl	5:46.34	1	Jolene Beitz, Carl	8.75
3000 Meter Run			NCAA Provisional Qualifier		
1	Kelly Copps, StTh	10:21.65	2	Emily Bratt, StOl	9.12
2	Rebekah Ormsby, Augs	10:33.73	3	Doreen Bechtold, StTh	9.15
3	Liisa Johnson, StTh	10:37.00	4	Renee Olson, Beth	9.25
4	Tara Schneider, StTh	10:45.39	5	Adina Miller, Gust	9.44
5	Dana Peterson, Gust	10:52.98	6	Joani Chalman, StOl	9.91
6	Sheila Eldred, SaBe	10:54.15	7	Ann Koenig, StMa	12.38
7	Keri Gunderson, Haml	10:54.20	Alissa Haller, SaBe DQ		
8	Jennifer Keeley, Carl	10:56.20	Round 1, Heat 3		
9	Kirsten Trandem, StOl	10:56.74	1	Amy Doherty, StTh	8.76
10	Lisa Rensenbrink, Beth	11:01.73	NCAA Provisional Qualifier		
11	Anna Leighton, StOl	11:02.84	2	Tracy Berntsen, Conc	8.96
12	Laura Sloan, Beth	11:06.48	3	Robin Roettger, StCa	9.12
13	Rachel Free, Carl	11:16.61	4	Melonie Hill, StTh	9.24
14	Shannon Stroschein, Carl	11:20.55	5	Erika Halvorsen, Conc	9.84
15	Laura Olson, StOl	11:27.27	6	Lori Garlock, SaBe	9.86
16	Tess Pulju, StTh	11:31.95	7	Catie Taubel, StMa	10.19
17	Mora Cervenka, StTh	11:33.32	8	Lori Stoltz, StMa	11.03
18	Leah Johnson, Augs	11:36.06	Final		
19	Jill Hartnett, Beth	11:41.29	1	Colleen Landwehr, StTh	8.39
20	Michelle Capistrant, StTh	11:46.23	MIAC record		
21	Lara Reller, StOl	11:47.43	NCAA Automatic Qualifier		
22	Becky Pulju, StTh	11:49.91	2	Jolene Beitz, Carl	8.59
23	Krista Ostrom, Haml	11:52.89	NCAA Provisional Qualifier		
24	Tricia Wandrey, StOl	11:54.61	3	Tracy Berntsen, Conc	8.81
25	Sarah Janson, StMa	11:56.81	NCAA Provisional Qualifier		
26	Elizabeth Painter, StOl	12:23.87	4	Amy Doherty, StTh	8.91
27	Hannah Wise, Carl	12:33.55	NCAA Provisional Qualifier		
28	Melissa Bollinger, Beth	12:48.06	5	Robin Roettger, StCa	9.08
29	Gretchen Brekke, SaBe	13:02.83	6	Emily Bratt, StOl	9.14
5000 Meter Run			7	Busola Akinwale, Carl	9.28
1	Kelly Copps, StTh	17:24.77	8	Doreen Bechtold, StTh	9.49
MIAC record			800 Meter Relay		
NCAA Automatic Qualifier			1	St. Olaf (Nicole Miley, Shelly Gregorich, Michelle Puppe, Mehghan Holton)	1:50.95
2	Rebekah Ormsby, Augs	18:27.36	2	Concordia (Britt Jacobson, Kristi Berger, Michele Haugen, Sarah Severson)	1:51.46
3	Dana Peterson, Gust	18:42.15			
4	Kirsten Trandem, StOl	18:57.20			
5	Anna Leighton, StOl	19:08.49			

3	Bethel (Mandy Magadan, Rachel Beebe, Stacy Gulbranson, Renee Olson)	1:53.85
4	Saint Benedict (Katie Pattyn, Kerry Lynch, Emily Zender, Alissa Haller)	1:55.32
5	Macalester (Martha Sarpong, Rachel Hanson, Bridget Anderson, Alexis Phillips)	1:56.01
6	Hamline (Susanna Wilson, Carolyn Walske, Amy Simpson, Carrie Loftus)	1:56.93
7	St. Catherine (Robin Roettger, Becky Christian, Ann Totzke, Shannon Hill)	1:58.24
8	St. Mary's (Sharie Hamilton, Catie Taubel, Lori Stoltz, Carrie Humestar)	2:00.02
4X400 Meter Relay		
1	Concordia (Britt Jacobson, Michele Haugen, Mollee Ludtke, Tracy Berntsen)	4:00.98
MIAC record		
NCAA Automatic Qualifier		
2	St. Thomas (Jamie Lubitz, Alysia Zielske, Amy Doherty, Anita Paulino)	4:04.50
NCAA Provisional Qualifier		
3	St. Olaf (Karna Anderson, Stephanie Johnson, Mehghan Holton, Kris Hansen)	4:10.51
4	Gustavus (Sara Ridge, Sunny Glumich, Sara Chapo, Kara Bloomquist)	4:12.66
5	Bethel (Mandy Magadan, Rachel Beebe, Stacy Gulbranson, Renee Olson)	4:16.42
6	Carleton (Jolene Beitz, Toni Moe, Malia Ireland, Tyshawn Henry)	4:19.85
7	Hamline (Susanna Wilson, Tammy Saukkola, Brenda Bushie, Carolyn Walske)	4:28.07
8	Saint Benedict (Emily Zender, Katie Pattyn, Alissa Haller, Jill Holbrook)	4:31.04
9	Macalester (Karen Kreul, Rachel Hanson, Emilie Miller, Barb Snow)	4:31.52
10	St. Mary's (Sharie Hamilton, Lori Stoltz, Tina Tomaszewski, Carrie Humestar)	4:52.11
4X800 Meter Relay		
1	St. Thomas (Patty Colvin, Amy Thornquist, Valerie Graeve, Krista Johnson)	9:40.54
2	Carleton (Lisa Scott, Lauren Persha, Heidi Sickler, Kate Ainsworth)	9:51.64
3	St. Olaf (Alberta Anderson, Kim Moss, Andrea Ekerholm, Renae Brown)	9:57.88
4	Bethel (Becky Logan, Lisa Rensenbrink, Shelly Orvis, Laura Sloan)	10:11.84
5	Concordia (Kirsten Hestdalen, Sarah Berg, Tracy Johnson, Krista Bergren)	10:17.25
6	Saint Benedict (Katie Vanselow, Sarah Roeder, Nicole Wiltse, Jeni Wevley)	10:22.28
7	Gustavus (Dawn Dahlke, Sara Frykman, Deb Winters, LaDawn Osmundson)	10:22.60
8	St. Mary's (Catie Taubel, Sarah Janson, Jeanne Coleman, Sarah Jorgensen)	10:32.13
9	Hamline (Liz Loughren, Amaza Lieffort, Jill Kokesh, Haley Marconett)	11:06.31

Long Jump		
Round 1, Flight 1		
1	Colleen Landwehr, StTh	16-11 1/2
2	Megan Pfeiffer, StTh	16-8
3	Sarah Severson, Conc	15-11 3/4
4	Kerry Lynch, SaBe	15-4 1/4
5	Alysia Zielske, StTh	15-2 1/4
6	Angie Norton, StOl	15-2
7	Mandy Magadan, Beth	14-5 1/4
8	Bridget Anderson, Maca	14-1
9	Becky Crosbie, Gust	13-5 1/2
Round 1, Flight 2		
1	Christa Lawler, StTh	16-9 1/4
2	Busola Akinwale, Carl	16-6
3	Martha Sarpong, Maca	16-5 1/4
4	Jill Wolverton, StTh	15-10 1/4
5	Tina Liimatta, StOl	15-8 1/4
6	Stacia Fey, Conc	13-5
7	Catie Taubel, StMa	12-6
8	Stacy Ferraro, Augs	11-9 3/4
Final		
1	Colleen Landwehr, StTh	17-1 1/2
2	Sarah Severson, Conc	16-9 1/4
3	Christa Lawler, StTh	16-9 1/4
4	Megan Pfeiffer, StTh	16-8
5	Busola Akinwale, Carl	16-6
6	Martha Sarpong, Maca	16-5 1/4
7	Jill Wolverton, StTh	16-5 1/4
8	Tina Liimatta, StOl	15-8 1/4
Triple Jump		
Round 1, Flight 1		
1	Tracy Johnson, Conc	33-3 1/4
2	Angela Peterson, StCa	32-8 1/2
3	Jill Wolverton, StTh	32-8 1/4
4	Erika Halvorsen, Conc	31-9 1/2
5	Adina Miller, Gust	31-4
6	Laura Slaikew, Beth	30-11 1/4
7	Lori Garlock, SaBe	30-7 1/2
8	Aimee Anderson, StTh	28-1 1/2
Round 1, Flight 2		
1	Megan Pfeiffer, StTh	36-1 1/2
NCAA Provisional Qualifier		
2	Martha Sarpong, Maca	33-11 1/4
3	Christa Lawler, StTh	33-9 1/2
4	Busola Akinwale, Carl	33-2
5	Sarah Severson, Conc	32-11
6	Molly Staeheli, StOl	32-1 1/2
7	Nina Grossman, StTh	32-0
8	Sunny Glumich, Gust	31-10 1/4
9	Heidi Schillinger, StOl	29-2 1/2
Final		
1	Megan Pfeiffer, StTh	36-10 1/2
NCAA Provisional Qualifier		
2	Jill Wolverton, StTh	35-1 3/4
3	Christa Lawler, StTh	33-11 1/4
4	Martha Sarpong, Maca	33-11 1/4

5	Tracy Johnson, Conc	33-3 1/4
6	Busola Akinwale, Carl	33-2
7	Sarah Severson, Conc	32-11
8	Angela Peterson, StCa	32-8 1/2

Shot Put

Round 1, Flight 1

1	Jeanette Stai, StTh	36-7
2	Andi Christensen, Haml	35-7 1/4
3	Jennelle Jacobson, SaBe	35-6
4	Becky Kearns, Conc	34-7 1/2
5	Shannon Frey, Conc	33-3 1/4
6	Jenni Lehmann, SaBe	32-11 1/4

Round 1, Flight 2

1	Brenda Magaba, Gust	40-6
NCAA Provisional Qualifier		
2	Janna Powell, Beth	37-5 1/4
3	Tonsha McPherson, Gust	37-0 1/4
4	Renee Erickson, Conc	34-11 3/4
5	Tina Tomaszewski, StMa	33-11 1/2
6	Ruth Awantang, Maca	33-6 1/2

Round 1, Flight 3

1	Michelle Eisenreich, Carl	40-8 1/4
NCAA Provisional Qualifier		
2	Misty Bahr, Haml	39-0 1/2
3	Jessica Waldeck, Gust	34-5 1/2
4	Jennifer Mull, Gust	33-8
5	Susan Posch, SaBe	28-10 1/2
6	Andrea Eeg, Conc	28-1

Final

1	Michelle Eisenreich, Carl	40-8 1/4
NCAA Provisional Qualifier		
2	Brenda Magaba, Gust	40-6
NCAA Provisional Qualifier		
3	Misty Bahr, Haml	39-0 1/2
4	Janna Powell, Beth	37-5 1/4
5	Andi Christensen, Haml	37-3
6	Tonsha McPherson, Gust	37-0 1/4
7	Jeanette Stai, StTh	36-7
8	Jennelle Jacobson, SaBe	35-8 1/2

20 Pound Weight Throw

Round 1, Flight 1

1	Andi Christensen, Haml	36-2 3/4
2	Susan Posch, SaBe	33-9 1/4
3	Katy Napgezek, Haml	32-11
4	Jeanette Stai, StTh	32-11
5	Renee Erickson, Conc	32-11

Round 1, Flight 2

1	Janna Powell, Beth	35-1 1/4
2	Shawna Bradlich, StOl	33-9 1/2
3	Angie Norton, StOl	33-4
4	Andrea Eeg, Conc	32-6 1/2
5	Tessa Johnson, SaBe	25-8 3/4

Round 1, Flight 3

1	Misty Bahr, Haml	45-5
2	Shannon Frey, Conc	40-7
3	Shannon Manders, Conc	33-3 3/4

4	Becky Kearns, Conc	30-3 3/4
5	Signe Harriday, StOl	28-11 1/4
6	Debbie Cork, Haml	23-6 3/4

Final

1	Misty Bahr, Haml	45-5
2	Shannon Frey, Conc	40-7
3	Andi Christensen, Haml	37-3 3/4
4	Janna Powell, Beth	35-3
5	Shawna Bradlich, StOl	34-4
6	Susan Posch, SaBe	33-9 1/4
7	Angie Norton, StOl	33-6 1/2
8	Shannon Manders, Conc	33-4 1/2

High Jump

1	Nina Grossman, StTh	5-5 3/4
MIAC record		
NCAA Provisional Qualifier		
2	Karen Felger, Gust	5-4 1/2
3	Colleen Landwehr, StTh	5-4 1/2
4	Heidi Schillinger, StOl	5-2 1/4
5	Becky Johnson, Gust	5-1
6	Sara Spohr, Conc	4-11 3/4
7	Meg Dahlen, SaBe	4-11 3/4
8	Karla Lorence, StOl	4-10 1/2
9	Carrie Goffin, StOl	4-10 1/2
10	Brittan Bacon, Haml	4-10 1/2
11	Kristen Prescott, StOl	4-10 1/2
12	Becky Houck, Gust	4-10 1/2
13	Amy Swart, Gust	4-8 1/4
14	Jeanne Coleman, StMa	4-8 1/4
15	Katie Mack, Conc	4-7

Pentathlon

1	Colleen Landwehr, StTh	3274
MIAC record		
2	Sunny Glumich, Gust	2896
3	Jill Wolverton, StTh	2839
4	Doreen Bechtold, StTh	2752
5	Michelle Eisenreich, Carl	2678
6	Jill Holbrook, SaBe	2610
7	Emily Bratt, StOl	2558
8	Molly Staeheli, StOl	2532
9	Katie Pattyn, SaBe	2386
10	Renee Olson, Beth	2338
11	Catie Taubel, StMa	2240
12	Laura Slaikew, Beth	1920
13	Aimee Anderson, StTh	1436

TEAM SCORES

1	St. Thomas	238.0
2	St. Olaf	94.0
3	Concordia	84.0
4	Carleton	77.0
5	Gustavus	69.0
6	Bethel	37.0
7	Hamline	25.0
8	Augsburg	20.0
9	Macalester	19.0
9	St. Catherine	19.0

11	Saint Benedict	18.0
12	St. Mary's	2.0