

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MIAC Record: # 6.81 2018 Emmanuel Egbujor, Augsburg						
Name	Year	School	Seed	Prelims	H#	
<b>Preliminaries</b>						
1 Drew Schoenbauer	SR	St. John's (Minn.)	7.00	6.94Q	3	
2 Ryan Miller	SO	St. John's (Minn.)	6.93	6.96Q	1	
3 Eric Douville	FR	St. Thomas	7.03	7.00Q	2	
4 Conor White	SR	St. Thomas	7.10	7.08q	1	
5 Kyle Lichttenegger	SR	Saint Mary's	7.06	7.11q	2	
6 Bryan Richter	JR	Carleton	7.14	7.12q	3	
7 Nic Jones	FR	Bethel (Minn.)	7.22	7.17q	1	
8 Jack Young	FR	St. John's (Minn.)	7.15	7.18q	2	7.173
9 Malachi Lossow	SO	Bethel (Minn.)	7.08	7.18	3	7.175
10 Colin Duellman	SR	St. Thomas	7.24	7.21	1	
11 Nicholas Spann	SR	St. Thomas	7.17	7.22	2	
12 Kaleb Keener	FR	St. Thomas	7.12	7.24	1	
13 Jack Blaney	SR	Gustavus Adolphus	7.29	7.26	1	
14 Randall Clintsman	JR	St. John's (Minn.)	7.30	7.28	1	
15 Miracle Adebajo	JR	Augsburg	7.33	7.29	2	
16 Harrison Grandgenett	FR	St. Thomas	7.27	7.30	2	7.293
17 Matt Gish	FR	St. John's (Minn.)	7.25	7.30	3	7.298
18 Sam Rosario	JR	Augsburg	7.29	7.31	3	
19 Matthew Boone	SO	Saint Mary's	7.31	7.33	3	
20 Jackson Devereaux	SO	St. John's (Minn.)	7.27	7.39	2	
21 Kyle Stichman	SR	Bethel (Minn.)	7.36	7.42	2	
22 Raul Varela	FR	Bethel (Minn.)	7.39	7.43	3	
23 Remington Brisbois	SO	Hamline	7.40	7.54	1	

**Men 60 Meter Dash**

MIAC Record: # 6.81 2018 Emmanuel Egbujor, Augsburg						
Name	Year	School	Seed	Prelims	Finals	
<b>Finals</b>						
1 Ryan Miller	SO	St. John's (Minn.)	6.96	6.96		
2 Drew Schoenbauer	SR	St. John's (Minn.)	6.94	6.99	6.981	
3 Eric Douville	FR	St. Thomas	7.00	6.99	6.986	
4 Kyle Lichttenegger	SR	Saint Mary's	7.11	7.02		
5 Bryan Richter	JR	Carleton	7.12	7.09		
6 Nic Jones	FR	Bethel (Minn.)	7.17	7.13		
7 Conor White	SR	St. Thomas	7.08	7.14		
8 Jack Young	FR	St. John's (Minn.)	7.18	7.20		

**Men 200 Meter Dash**

MIAC Record: # 21.96 2009 Joe DeFrance, St. Thomas						
Name	Year	School	Seed	Finals	H#	
1 Drew Schoenbauer	SR	St. John's (Minn.)	22.52	22.19	4	
2 Eric Douville	FR	St. Thomas	22.67	22.45	4	
3 Omavi Collison	FR	St. John's (Minn.)	23.03	22.52	2	
4 Cal Wright	FR	Concordia-Moorhead	22.55	22.54	4	
5 Malachi Lossow	SO	Bethel (Minn.)	23.06	22.55	1	

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men 200 Meter Dash**

6	Kyle Lichttenegger	SR	Saint Mary's	23.04	22.60	2	
7	Ryan Miller	SO	St. John's (Minn.)	22.86	22.74	3	22.733
8	Ben Schwartz	JR	Carleton	22.79	22.74	3	22.740
9	Jack Young	FR	St. John's (Minn.)	22.81	22.82	3	
10	Bryan Richter	JR	Carleton	23.12	22.83	1	
11	Nolan Metz	FR	Bethel (Minn.)	22.89	23.24	2	
12	Zach Kulstad	SO	Carleton	23.08	23.29	1	
13	Jack Blaney	SR	Gustavus Adolphus	23.77	23.31	1	
14	Miracle Adebanjo	JR	Augsburg	23.79	23.34	4	
15	Matthew Boone	SO	Saint Mary's	23.24	23.46	4	
16	Matt Gish	FR	St. John's (Minn.)	23.64	23.66	2	
17	Seth Cattoor	FR	St. John's (Minn.)	23.63	23.69	3	
18	Matthew Montplaisir	JR	Gustavus Adolphus	23.93	23.70	1	
19	Tom Whiting	JR	Concordia-Moorhead	23.90	24.01	2	
20	Harrison Grandgenett	FR	St. Thomas	24.32	24.24	2	24.237
21	Micah Smith	FR	Bethel (Minn.)	23.89	24.24	3	24.238
22	Trokon Karngar	FR	Bethel (Minn.)	24.35	24.46	1	
23	Remington Brisbois	SO	Hamline	24.15	24.67	4	

**Men 400 Meter Dash**

=====							
MIAC Record: # 48.78		2004	Matt Shannon, Augsburg				
Name	Year	School	Seed	Finals	H#		
=====							
1	Carl Klamm	SR	Bethel (Minn.)	49.50	49.07	3	
2	Shawn Monroe	JR	Bethel (Minn.)	50.53	49.95	3	
3	Isaac Erickson	JR	Bethel (Minn.)	50.34	49.97	3	
4	Cal Wright	FR	Concordia-Moorhead	50.25	50.34	3	
5	Nolan Metz	FR	Bethel (Minn.)	50.90	50.46	2	
6	Omavi Collison	FR	St. John's (Minn.)	50.64	50.67	2	
7	Mason Thedens	FR	St. Thomas	51.05	50.92	2	
8	Zach Kulstad	SO	Carleton	51.54	51.02	1	
9	Joshua Prater	JR	St. Thomas	51.76	51.29	1	
10	Ben Sorenson	JR	Hamline	51.57	51.32	1	
11	Brandon Loverude	SO	Bethel (Minn.)	51.82	51.55	3	
12	David Palmer	JR	Macalester	51.43	51.65	1	
13	Keegan Greaney	SO	Macalester	52.02	51.67	3	
14	Brady Labine	SO	St. John's (Minn.)	50.59	52.22	2	
15	Tyler Johnson	SO	St. John's (Minn.)	52.16	52.52	2	
16	Micah Smith	FR	Bethel (Minn.)	53.42	52.59	1	
17	Jack Schugel	SR	Gustavus Adolphus	53.12	53.12	2	
18	Ben Frederickson	SR	St. John's (Minn.)	53.39	53.94	1	

**Men 600 Meter Run**

=====							
MIAC Record: # 1:20.19		2017	Carl Klamm, Bethel (Minn)				
Name	Year	School	Seed	Finals	H#		
=====							
1	Carl Klamm	SR	Bethel (Minn.)	1:23.03	1:20.36	3	
2	Joey Cook-Gallardo	JR	Carleton	1:22.81	1:21.94	3	
3	Brian Carl	SO	St. Thomas	1:22.84	1:22.02	3	
4	Noah Johnson	FR	Gustavus Adolphus	1:23.90	1:23.35	2	
5	David Palmer	JR	Macalester	1:23.13	1:23.84	3	1:23.835
6	Keegan Greaney	SO	Macalester	1:24.71	1:23.84	2	1:23.839

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men 600 Meter Run**

7	Cooper Hitt	FR	Bethel (Minn.)	1:25.15	1:24.05	2
8	Brady Labine	SO	St. John's (Minn.)	1:23.23	1:24.38	3
9	Nick Brusilow	SO	Carleton	1:26.55	1:24.76	1
10	Dan Wilson	FR	Concordia-Moorhead	1:27.85	1:25.16	1
11	Zach Herman	JR	St. Olaf	1:26.59	1:25.29	1
12	Max Bauer	SR	Gustavus Adolphus	1:26.82	1:25.56	1
13	Spencer Grant	SR	Macalester	1:26.78	1:25.58	1
14	Benjamin Scott	JR	St. Olaf	1:24.47	1:25.95	2
15	Ben Borash	JR	Saint Mary's	1:26.34	1:26.43	2
16	Mason Thedens	FR	St. Thomas	1:23.42	1:26.65	3
17	Landon Javens	FR	St. Thomas	1:26.74	1:26.82	1

**Men 800 Meter Run**

=====  
 Comp# 1-3 in Alley 1; #4-5 in Alley 2; 6-7 in Alley 3

MIAC Record: # 1:52.54 2010 Max Hanson, Gustavus

Name	Year	School	Seed	Finals	H#	
1	Carl Kozlowski	SO	St. Thomas	1:54.52	1:55.04	3
2	Jesse Middendorf	FR	Concordia-Moorhead	1:57.71	1:56.73	3
3	Joey Cook-Gallardo	JR	Carleton	1:58.11	1:56.74	3
4	Noah Johnson	FR	Gustavus Adolphus	1:58.82	1:57.68	3
5	Kevin Lamb	SR	St. John's (Minn.)	1:59.27	1:58.21	3
6	Ben Roen	SO	Hamline	1:58.17	1:58.24	3
7	Evan Hatton	SR	Bethel (Minn.)	1:58.71	1:58.62	3
8	Ezekiel Lelinga	SO	Bethel (Minn.)	1:59.31	1:59.05	2
9	Spencer Grant	SR	Macalester	2:00.70	2:00.00	2
10	Jack Osborne	FR	St. Thomas	2:01.84	2:00.85	2
11	Connor Haugrud	SO	Concordia-Moorhead	2:03.66	2:01.65	2
12	Peter Aehl	JR	St. Olaf	2:04.06	2:02.54	2
13	Luke Malek	FR	St. Olaf	2:04.12	2:02.96	2
14	Aidan Tollefson	SR	Bethel (Minn.)	2:05.09	2:04.34	1
15	Tony Smith	JR	St. Thomas	2:05.91	2:04.53	1
16	Gabe Segura	SO	Bethel (Minn.)	2:05.82	2:05.53	1
17	Spencer McNall	FR	Macalester	2:04.99	2:05.63	1
18	Bailey LaChance	SR	St. Thomas	2:04.59	2:05.74	1
19	Ryan Houseman	SO	St. John's (Minn.)	2:05.86	2:06.22	1
20	Nick Olfert	FR	Gustavus Adolphus	2:04.48	2:07.74	1
21	Samuel Karlson	SR	St. Thomas	2:00.64	2:10.46	2

**Men 1000 Meter Run**

=====  
 Comp. 1-3 in Alley 1; 4-6 in Alley 2; 7-8 in Alley 3

2nd Sect. at 3:40

MIAC Record: # 2:26.02 2017 Donson Cook-Gallardo, Carleton

Name	Year	School	Seed	Finals	H#	
1	Carl Kozlowski	SO	St. Thomas	2:28.95	2:28.59	3
2	Sean Lonergan	JR	St. Olaf	2:30.36	2:28.73	3
3	Lucas Mueller	SO	Carleton	2:29.39	2:29.01	3
4	Frank Gustafson	JR	Hamline	2:31.98	2:29.50	3
5	Evan Hatton	SR	Bethel (Minn.)	2:31.74	2:33.09	3
6	Kevin Lamb	SR	St. John's (Minn.)	2:34.38	2:33.59	3
7	Ezekiel Lelinga	SO	Bethel (Minn.)	2:36.68	2:33.99	2

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men 1000 Meter Run**

8	Jesse Middendorf	FR	Concordia-Moorhead	2:37.28	2:34.73	2
9	Ben Roen	SO	Hamline	2:37.73	2:36.17	2
10	Stephen Lavey	FR	Carleton	2:38.14	2:38.10	2
11	Ben Santos	FR	Carleton	2:40.76	2:38.24	1
12	Connor Haugrud	SO	Concordia-Moorhead	2:40.66	2:38.32	1
13	William Anderson	SR	St. Olaf	2:35.69	2:38.37	3
14	Justin Brecheisen	SR	Bethel (Minn.)	2:40.91	2:39.18	1
15	Erik Sworski	SO	St. Thomas	2:39.04	2:39.39	2
16	Bridger Pavelka	JR	Gustavus Adolphus	2:40.42	2:39.71	1
17	Josh Willard	SO	St. Thomas	2:40.13	2:40.06	1
18	Seth Jackson	SO	St. John's (Minn.)	2:40.52	2:40.43	1
19	Justus Fast	FR	St. John's (Minn.)	2:38.14	2:41.54	2
20	Sam Primozich	SO	St. Olaf	2:36.39	2:41.68	3
21	Bridger Rives	FR	Carleton	2:40.39	2:42.45	1
22	Chase Graff	JR	St. Thomas	2:39.75	2:42.75	2
23	Aric Brodie	FR	Hamline	2:39.97	2:44.33	1

**Men 1 Mile Run**

Waterfall Start

MIAC Record: # 4:11.94 2014 Grant Wintheiser, St. Olaf

Name	Year	School	Seed	Finals	H#	
1	Lucas Mueller	SO	Carleton	4:14.62	4:12.82	3
2	Karl Wachter	JR	St. Thomas	4:16.08	4:16.77	3
3	Frank Gustafson	JR	Hamline	4:18.80	4:17.74	3
4	Sean Lonergan	JR	St. Olaf	4:23.76	4:21.16	3
5	Parker Rosenau	FR	St. Thomas	4:24.78	4:21.95	3
6	Mohamed Salad	FR	Augsburg	4:33.62	4:27.39	2
7	Evan David	SO	Carleton	4:33.32	4:29.31	2
8	Bridger Pavelka	JR	Gustavus Adolphus	4:29.55	4:29.57	2
9	Biel Wiel	FR	St. Thomas	4:22.85	4:29.62	3
10	Ben Perry	FR	Carleton	4:33.09	4:29.63	2
11	Liam Getzloff	SR	St. Olaf	4:33.31	4:31.10	2
12	Ben Santos	FR	Carleton	4:28.03	4:31.16	3
13	Elliott Cassidy	FR	St. Olaf	4:34.82	4:31.45	2
14	Stephen Lavey	FR	Carleton	4:30.92	4:34.09	2
15	Collin Kiley	JR	St. Thomas	4:35.90	4:34.70	1
16	Owen Wright	JR	St. Olaf	4:33.65	4:35.78	2
17	Justin Brecheisen	SR	Bethel (Minn.)	4:34.98	4:36.04	1
18	Andrew Wischnack	JR	Gustavus Adolphus	4:36.14	4:37.82	1
19	William Anderson	SR	St. Olaf	4:20.49	4:38.59	3
20	Jake Lepak	JR	Macalester	4:28.47	4:38.85	2
21	Josh Willard	SO	St. Thomas	4:39.07	4:39.53	1
22	Jacob Czech	SO	St. John's (Minn.)	4:40.76	4:39.57	1
23	Tanner Moris	SO	Saint Mary's	4:44.62	4:39.77	1
24	Nathan Scruggs	SO	Gustavus Adolphus	4:43.23	4:39.87	1
25	Clay Tydings	SO	Carleton	4:40.80	4:40.26	1
26	Reuben Kosche	FR	St. Olaf	4:25.97	4:51.21	3
27	Michael Kraimer	FR	Concordia-Moorhead	4:43.44	4:53.85	1

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Men 3000 Meter Run**

=====  
 Athletes 1-12 in 1st row. Athletes 13-15 in 2nd row.  
 2nd Sect. at 3:25p.m.

MIAC Record: # 8:19.65 2016 Jake Campbell, St. Olaf

Name	Year School	Seed	Finals	H#
1 Lucas Mueller	SO Carleton	8:22.74	8:26.88	2
2 Karl Wachter	JR St. Thomas	8:34.77	8:30.20	2
3 Matthew Wilkinson	SO Carleton	8:38.48	8:33.68	2
4 Andy Barnhart	JR Bethel (Minn.)	8:47.35	8:35.56	2
5 Christopher Brenk	JR St. Olaf	8:53.09	8:39.05	2
6 Tris Dodge	SR Carleton	8:35.97	8:39.47	2
7 Biel Wiel	FR St. Thomas	8:51.15	8:39.61	2
8 Cameron Meikle	JR Carleton	8:49.14	8:45.68	2
9 Elliot Kadrofske	JR St. Olaf	8:47.48	8:47.93	2
10 Alex Wischnack	SR Gustavus Adolphus	8:51.66	8:48.93	2
11 Thomas Lerdall	SR St. Olaf	8:44.11	8:49.57	2
12 Ike Mendel	FR Bethel (Minn.)	8:59.28	8:54.12	1
13 James Doherty	SR Macalester	8:57.55	8:54.32	2
14 Parker Rosenau	FR St. Thomas	9:09.98	8:55.36	1
15 Kyle Mehrhof	SR Hamline	8:56.37	8:55.95	2
16 Justin Furcich	SR St. Olaf	8:45.26	8:56.14	2
17 George McGivern	JR St. Thomas	9:05.08	8:56.87	1
18 Eric Wicklund	JR Concordia-Moorhead	8:58.74	8:59.13	2
19 Andrew Plumb	SR St. Olaf	8:58.94	8:59.77	1
20 Nick Kerbeshian	SO Gustavus Adolphus	9:07.82	9:02.61	1
21 Collin Kiley	JR St. Thomas	9:11.38	9:04.55	1
22 Anders Rasmussen	SR Bethel (Minn.)	9:08.18	9:05.76	1
23 Adam Nakasaka	FR Carleton	9:03.52	9:07.91	1
24 Garet Grant	FR Gustavus Adolphus	9:08.23	9:09.01	1
25 Adrian Johnson	SO Macalester	9:05.10	9:10.07	1
26 Jonah Herzog	SO St. Olaf	9:12.93	9:12.74	1
27 Evan David	SO Carleton	8:59.17	9:15.46	1
28 Dan Allen	SR St. John's (Minn.)	9:06.97	9:16.02	1
-- James Mathison	SR St. John's (Minn.)	9:04.62	DNF	1

**Men 5000 Meter Run**

=====  
 Athletes 1-12 in 1st row, 13-18 in 2nd row.

MIAC Record: # 14:26.70 1983 Nick Manciu, St. Thomas

Name	Year School	Seed	Finals
1 Matthew Wilkinson	SO Carleton	15:03.60	14:38.93
2 Tris Dodge	SR Carleton	14:57.77	14:52.58
3 Thomas Lerdall	SR St. Olaf	14:56.20	14:52.67
4 Elliot Kadrofske	JR St. Olaf	15:16.37	15:07.31
5 Andrew Stumbo	SO Gustavus Adolphus	15:49.00	15:10.21
6 James Mathison	SR St. John's (Minn.)	15:22.74	15:14.72
7 George McGivern	JR St. Thomas	15:33.74	15:16.70
8 Cameron Meikle	JR Carleton	15:09.87	15:19.63
9 Christopher Brenk	JR St. Olaf	15:33.39	15:39.88
10 Eric Wicklund	JR Concordia-Moorhead	15:48.08	15:43.68
11 Garet Grant	FR Gustavus Adolphus	15:49.07	15:44.93
12 Kyle Mehrhof	SR Hamline	15:45.05	15:45.98
13 Jonah Herzog	SO St. Olaf	15:54.71	15:46.02

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men 5000 Meter Run**

14 Noah Kneeskern	SO Concordia-Moorhead	15:59.17	15:56.81
15 Keenan Ronayne	SR Carleton	15:57.13	15:58.14
16 Tyler Bethke	SR Bethel (Minn.)	15:56.50	16:04.37
17 Andrew Plumb	SR St. Olaf	15:43.44	16:06.74
18 Matt Payne	FR Gustavus Adolphus	15:56.14	16:24.81

**Men 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MIAC Record: # 8.14 2/22/2019 Taylor Rooney, Gustavus Ado						
Name	Year	School	Seed	Prelims	H#	
<b>Preliminaries</b>						
1 Taylor Rooney	SO	Gustavus Adolphus	8.14	# 8.14Q	2	
2 Erik Anderson	FR	St. Thomas	8.53	8.53Q	1	
3 Max Martin	SR	St. John's (Minn.)	8.51	8.71Q	3	
4 Willie Julkes	JR	Concordia-Moorhead	9.22	8.74q	3	
5 Dylan Olson	SR	Hamline	8.87	8.75q	2	
6 Jonah Schoenfelder	JR	St. Thomas	8.80	8.88q	2	8.874
7 Austin Coates	JR	St. Thomas	8.60	8.88q	1	8.876
8 Joel Smith	FR	Bethel (Minn.)	8.72	8.90q	3	
9 Benjamin Scott	JR	St. Olaf	8.93	8.99	1	
10 Drew Probst	FR	St. Thomas	9.02	9.21	3	
11 Danny Welshons	FR	St. John's (Minn.)	9.04	9.22	2	
12 Brady Thompson	FR	Macalester	9.24	9.24	1	
13 Ben Nelson	FR	St. Thomas	9.51	9.36	2	9.355
13 Tyler Adler	SO	St. Thomas	8.96	9.36	1	9.355
15 Jake Probst	SR	Concordia-Moorhead	9.40	9.38	3	
16 Jett Hutton-Lau	FR	Bethel (Minn.)	9.49	9.64	2	
17 McKail Hertzog	SO	Hamline	9.26	9.67	1	
18 Joel Peterson	FR	Hamline	10.08	9.92	3	
19 Brendan Baker	JR	St. John's (Minn.)	10.50	10.43	1	
20 Kevyn Perkins	FR	St. Thomas	9.14	11.73	2	

**Men 60 Meter Hurdles**

MIAC Record: # 8.14 2/22/2019 Taylor Rooney, Gustavus Ado				
Name	Year	School	Prelims	Finals
<b>Finals</b>				
1 Taylor Rooney	SO	Gustavus Adolphus	8.14	8.19
2 Max Martin	SR	St. John's (Minn.)	8.71	8.56
3 Erik Anderson	FR	St. Thomas	8.53	8.58
4 Joel Smith	FR	Bethel (Minn.)	8.90	8.72
5 Willie Julkes	JR	Concordia-Moorhead	8.74	8.74
6 Austin Coates	JR	St. Thomas	8.88	8.76
7 Jonah Schoenfelder	JR	St. Thomas	8.88	8.82
8 Dylan Olson	SR	Hamline	8.75	8.85

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Men 4x200 Meter Relay**

MIAC Record: # 1:27.87 2000 St. Thomas Stahly, Hall, Heckman, Cress			
School	Seed	Finals	H#
1 St. John's (Minn.)	1:31.35	1:29.06	2
1) Drew Schoenbauer SR	2) Max Martin SR		
3) Jack Young FR	4) Ryan Miller SO		
2 Bethel (Minn.)	1:31.13	1:29.44	3
1) Malachi Lossow SO	2) Brandon Loverude SO		
3) Nic Jones FR	4) Isaac Erickson JR		
3 Carleton	1:31.29	1:30.39	3
1) Liam Sullivan JR	2) Zach Kulstad SO		
3) Bryan Richter JR	4) Ben Schwartz JR		
4 Gustavus Adolphus	1:39.93	1:31.54	1
1) Jack Blaney SR	2) Alexander DuMoulin FR		
3) Matthew Montplaisir JR	4) Wyatt Quiring FR		
5 Concordia-Moorhead	1:34.35	1:31.61	1
1) Tom Whiting JR	2) Cal Wright FR		
3) Hayden Gagnon FR	4) Jake Svenby FR		
6 Saint Mary's (Minn.)	1:34.48	1:31.63	1
1) Kyle Lichttenegger SR	2) Matthew Boone SO		
3) Andrew Allemann SR	4) Desmond Steward SR		
7 Hamline	1:33.45	1:32.65	2
1) Ben Sorenson JR	2) Remington Brisbois SO		
3) Harrison Jones SR	4) Alberto Mendez SR		
8 St. Olaf	1:35.29	1:35.44	2
1) Adam Kaiser SR	2) Duncan Forbes FR		
3) Aidan Checkett FR	4) Derrick Lincoln FR		
9 Augsburg	1:38.77	1:35.59	2
1) Evan Bergemann FR	2) Alex Pruitt SO		
3) Parker Blake FR	4) Miracle Adebanjo JR		
10 Macalester	1:36.31	1:36.69	1
1) Ryan Kinnucan FR	2) Brady Thompson FR		
3) Alex Shevchenko FR	4) J.J. Arimi SO		
-- St. Thomas	1:34.81	DQ	3 received out zone2-3
1) Eric Douville FR	2) Jonah Schoenfelder JR		
3) Joshua Prater JR	4) Mason Thedens FR		

**Men 4x400 Meter Relay**

MIAC Record: # 3:18.99 2010 Bethel Ferda, LeMay, Schlegal, Rhode			
School	Seed	Finals	H#
1 Bethel (Minn.)	3:18.98	3:20.52	2
1) Shawn Monroe JR	2) Joel Smith FR		
3) Nolan Metz FR	4) Isaac Erickson JR		
2 St. John's (Minn.)	3:26.48	3:23.65	2
1) Omavi Collison FR	2) Tyler Johnson SO		
3) Jackson Devereaux SO	4) David Russell SO		
3 Concordia-Moorhead	3:27.03	3:24.06	2
1) Cal Wright FR	2) Jesse Middendorf FR		
3) Jake Svenby FR	4) Hayden Gagnon FR		
4 Carleton	3:25.96	3:26.43	2

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men 4x400 Meter Relay**

1) Bryan Richter JR	2) Zach Kulstad SO			
3) Ben Schwartz JR	4) Joey Cook-Gallardo JR			
5 Gustavus Adolphus		3:31.75	3:27.25	1
1) Noah Johnson FR	2) Ben Madigan JR			
3) Jack Schugel SR	4) Wyatt Quiring FR			
6 Macalester		3:28.60	3:27.26	1
1) Keegan Greaney SO	2) Edwin Reyes Herrera JR			
3) Ryan Kinnucan FR	4) David Palmer JR			
7 St. Thomas		3:26.34	3:27.85	2
1) Mason Thedens FR	2) Jonah Schoenfelder JR			
3) Brian Carl SO	4) Joshua Prater JR			
8 St. Olaf		3:27.18	3:28.53	1
1) Benjamin Scott JR	2) Duncan Forbes FR			
3) Stephen Peper FR	4) Sean Lonergan JR			
9 Hamline		3:29.53	3:33.37	1
1) Alberto Mendez SR	2) Harrison Jones SR			
3) Christian Velishek FR	4) Ben Roen SO			

**Men Distance Medley**

=====				
MIAC Record: # 10:15.58	2017	Carleton		
		W Edstrom, M Hicks, C Sikes, D Cook-Gallardo		
School		Seed		Finals
=====				
1 Carleton				10:25.53
1) Adam Nakasaka FR	2) Nick Brusilow SO			
3) Bridger Rives FR	4) Lucas Mueller SO			
2 Bethel (Minn.)		11:27.36		10:30.47
1) Andy Barnhart JR	2) Joel Smith FR			
3) Cooper Hitt FR	4) Ike Mendel FR			
3 St. Olaf				10:36.59
1) Sam Primozich SO	2) Benjamin Scott JR			
3) Zach Herman JR	4) Justin Furcich SR			
4 Hamline				10:39.51
1) Aric Brodie FR	2) Alberto Mendez SR			
3) Matt Lorah SO	4) Frank Gustafson JR			
5 Gustavus Adolphus				10:44.20
1) Nick Kerbeshian SO	2) Wyatt Quiring FR			
3) Ben Madigan JR	4) Alex Wischnack SR			
6 St. John's (Minn.)				10:47.53
1) Justus Fast FR	2) David Russell SO			
3) Christopher Stanek SO	4) Seth Jackson SO			
7 Macalester				10:47.54
1) Edwin Reyes Herrera JR	2) Brett Hunsanger FR			
3) Chris Boranian SR	4) Fred Kerr FR			
8 St. Thomas				10:50.36
1) Erik Sworski SO	2) Jonah Schoenfelder JR			
3) Landon Javens FR	4) Chase Graff JR			
9 Saint Mary's (Minn.)				10:51.40
1) Jordan Malikowski SO	2) Andrew Allemann SR			
3) Ben Borash JR	4) Isaiah Olsem SO			
10 Concordia-Moorhead				11:01.90
1) Munir Isahak SO	2) Jake Svenby FR			
3) Justin Kringler FR	4) Nolan Christenson FR			



**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men Distance Medley**

11 Augsburg 11:22.36  
 1) Mohamed Salad FR                      2) Parker Blake FR  
 3) Jackson Gerber JR                      4) Greg Miller SO

**Men High Jump**

MIAC Record: # 2.17m 1995 Kenneth Hoffmann, St. Olaf

Name	Year	School	Seed	Finals
1 Taylor Rooney	SO	Gustavus Adolphus	2.00m	1.98m 6-06.00
1.75 1.80 1.85 1.90 1.95 1.98 2.09				
P P P O O XO XXX				
2 Andrew Smith	SR	Macalester	2.00m	1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 1.98				
P P P O XO XXX				
2 Stephen Peper	FR	St. Olaf	1.91m	1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 1.98				
P O O O XO XXX				
4 Christian Velishek	FR	Hamline	2.00m	J1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 1.98				
P P O O XXO XXX				
5 Christian Beamer	SO	Saint Mary's	1.95m	1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95				
P O XO XXO XXX				
6 Zach Kulstad	SO	Carleton	1.88m	J1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95				
O XO XO XXO XXX				
7 Noah Steward	FR	St. Thomas	1.86m	1.85m 6-00.75
1.75 1.80 1.85 1.90				
O O XO XXX				
8 Jarick Rieffer	SO	Hamline	1.79m	J1.85m 6-00.75
1.75 1.80 1.85 1.90				
O XO XO XXX				
8 Hayden Gagnon	FR	Concordia-Moorhead	1.85m	J1.85m 6-00.75
1.75 1.80 1.85 1.90				
O XO XO XXX				
10 Sam Rademacher	FR	St. John's (Minn.)	1.79m	1.80m 5-10.75
1.75 1.80 1.85				
O O XXX				
10 Conor White	SR	St. Thomas	1.86m	1.80m 5-10.75
1.75 1.80 1.85				
P O XXX				
12 Alex Bailey	SO	Augsburg	1.83m	J1.80m 5-10.75
1.75 1.80 1.85				
XO O XXX				
13 Kyle Lichttenegger	SR	Saint Mary's	1.83m	J1.80m 5-10.75
1.75 1.80 1.85				
P XO XXX				
14 Joe Anyasike	FR	St. John's (Minn.)	1.83m	1.75m 5-08.75
1.75 1.80				
O XXX				
-- Drew Probst	FR	St. Thomas	1.85m	NH
1.75				
XXX				



**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men Pole Vault**

15	Cole Guzman	JR Concordia-Moorhead	3.63m	J3.72m	12-02.50
	3.57 3.72 3.87				
	XO XXO XXX				
16	Abe Schegel	FR Bethel (Minn.)	3.54m	3.57m	11-08.50
	3.57 3.72				
	O XXX				
--	Nelson Finne	SR Gustavus Adolphus	3.68m	NH	
	3.57				
	XXX				
--	Luke Hulshizer	JR Hamline	3.70m	NH	
	3.57 3.72 3.87				
	P P XXX				

**Men Long Jump**

=====									
MIAC Record: # 7.38m 1994 Leonard Jones, St. Thomas									
	Name	Year	School	Seed	Finals	H#			
=====									
1	Conor White	SR	St. Thomas	7.10m	7.21m	23-08.00	2		
	FOUL 7.03m 6.96m 7.14m 7.06m 7.21m								
2	Nicholas Spann	SR	St. Thomas	7.00m	7.06m	23-02.00	2		
	6.81m FOUL 4.77m FOUL 6.97m 7.06m								
3	Desmond Steward	SR	Saint Mary's	6.86m	6.69m	21-11.50	1		
	5.98m 6.35m 6.68m FOUL 6.69m FOUL								
4	J.J. Arimi	SO	Macalester	6.70m	6.54m	21-05.50	2		
	6.54m 6.44m 6.49m 6.53m 6.34m 6.29m								
5	Bill Lichliter	JR	St. Thomas	6.60m	J6.54m	21-05.50	2		
	6.39m 6.38m FOUL FOUL 6.51m 6.54m								
6	Jake Kelly	SO	St. Thomas	6.59m	6.48m	21-03.25	1		
	6.48m 6.35m PASS PASS PASS PASS								
7	Alexander DuMoulin	FR	Gustavus Adolphus	6.65m	6.47m	21-02.75	2		
	6.37m 6.43m 6.47m 5.89m 6.01m 6.17m								
8	Michael Wallace	FR	St. John's (Minn.)	6.40m	6.45m	21-02.00	1		
	6.45m 6.07m 5.87m FOUL 6.25m 6.10m								
9	Christian Velishek	FR	Hamline	6.48m	6.43m	21-01.25	1		
	6.43m PASS PASS PASS PASS PASS								
10	Adam Ridders	JR	St. Thomas	6.54m	6.36m	20-10.50	2		
	5.87m 6.16m 6.36m								
11	Nic Jones	FR	Bethel (Minn.)	6.17m	6.35m	20-10.00	1		
	FOUL 6.35m 6.31m								
12	Kyle Lichttenegger	SR	Saint Mary's	6.69m	6.33m	20-09.25	2		
	FOUL 6.11m 6.33m								
13	Peter Keel	JR	Carleton	6.69m	6.29m	20-07.75	2		
	FOUL 6.29m 6.28m								
14	Matthew Montplaisir	JR	Gustavus Adolphus	6.13m	6.26m	20-06.50	1		
	FOUL 6.26m FOUL								
15	Collin Trout	JR	St. John's (Minn.)	6.31m	6.20m	20-04.25	2		
	6.20m 4.47m FOUL								
16	Kaleb Keener	FR	St. Thomas	6.35m	6.15m	20-02.25	1		
	5.13m FOUL 6.15m								
17	Sean Bjork	FR	Bethel (Minn.)	6.32m	6.13m	20-01.50	1		
	6.12m 6.13m 6.09m								
18	Chris Frick	SR	St. Olaf	6.17m	J6.13m	20-01.50	1		
	5.72m 6.13m 5.88m								

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men Long Jump**

19	Landon Mitteness	FR	Augsburg	5.81m	5.94m	19-06.00	1
	FOUL 5.70m 5.94m						
20	Jake LePard	SO	Concordia-Moorhead	5.84m	5.76m	18-10.75	2
	5.76m FOUL 5.09m						

**Men Triple Jump**

MIAC Record: # 15.26m 1993 Leonard Jones, St. Thomas							
Name	Year	School	Seed	Finals	H#		
1	Nicholas Spann	SR	St. Thomas	12.97m	14.36m	47-01.50	1
	FOUL 13.66m FOUL 12.96m		14.12m 14.36m				
2	Collin Trout	JR	St. John's (Minn.)	13.56m	14.10m	46-03.25	2
	13.69m 13.34m 13.72m		13.76m 13.93m 14.10m				
3	Desmond Steward	SR	Saint Mary's	14.00m	14.07m	46-02.00	2
	14.00m FOUL 13.92m		FOUL FOUL 14.07m				
4	Michael Wallace	FR	St. John's (Minn.)	13.75m	13.84m	45-05.00	1
	13.40m 13.37m 13.71m		13.52m 13.56m 13.84m				
5	Peter Keel	JR	Carleton	13.40m	13.75m	45-01.50	1
	FOUL FOUL 13.57m 13.75m		FOUL FOUL				
6	Conor White	SR	St. Thomas	12.70m	13.68m	44-10.75	2
	FOUL FOUL 13.64m		PASS 13.67m 13.68m				
7	Alexander DuMoulin	FR	Gustavus Adolphus	12.86m	13.55m	44-05.50	1
	13.55m 13.44m 13.05m		13.42m 13.20m FOUL				
8	Joshua Prater	JR	St. Thomas	13.25m	13.09m	42-11.50	1
	13.09m 13.02m 12.59m		12.63m 12.92m 12.94m				
9	Hunter Westman	FR	St. John's (Minn.)	12.47m	12.94m	42-05.50	1
	11.90m FOUL 12.94m		12.79m 12.44m FOUL				
10	Bill Lichliter	JR	St. Thomas	12.48m	12.88m	42-03.25	1
	FOUL 12.58m 12.88m						
11	John Klun	SR	St. Thomas	12.86m	12.87m	42-02.75	1
	12.36m 12.87m 12.72m						
12	Jake Probst	SR	Concordia-Moorhead	12.95m	12.57m	41-03.00	1
	12.55m 12.42m 12.57m						
13	Troy Ektnitphong	SR	Gustavus Adolphus	12.53m	12.51m	41-00.50	2
	12.51m 12.31m FOUL						
14	Stephen Peper	FR	St. Olaf	12.70m	12.32m	40-05.00	2
	12.17m 12.32m 12.29m						
15	Dean Marlin	JR	Saint Mary's	12.04m	12.23m	40-01.50	2
	FOUL FOUL 12.23m						
16	Adam Kaiser	SR	St. Olaf	12.48m	12.20m	40-00.50	2
	11.99m 12.20m FOUL						
17	Matthew Montplaisir	JR	Gustavus Adolphus	12.00m	12.10m	39-08.50	1
	12.00m 12.10m FOUL						
--	Yuren Pang	JR	Macalester	12.43m	FOUL		2
	FOUL FOUL FOUL						
--	Thomas Amberg	FR	Hamline	12.89m	FOUL		2
	FOUL FOUL PASS						

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Men Shot Put**

MIAC Record: # 17.60m 1996 Aaron Banks, Concordia-Mo											
Name	Year	School	Seed	Finals	H#						
1 Eric Dols		SR Hamline	15.95m	16.91m	55-05.75	2					
	16.02m	16.44m	15.56m	15.55m	15.92m	16.91m					
2 Gage O'Brien		JR St. Thomas	16.35m	16.44m	53-11.25	2					
	FOUL	15.74m	16.44m	FOUL	FOUL	15.56m					
3 Michael Hensch		SR Gustavus Adolphus	16.39m	16.35m	53-07.75	2					
	16.02m	15.77m	16.34m	15.68m	16.34m	16.35m					
4 David Danhauer		SR St. Thomas	16.57m	16.25m	53-03.75	2					
	15.77m	16.25m	15.90m	14.66m	15.91m	15.85m					
5 Kai Barber		SO St. John's (Minn.)	15.94m	15.90m	52-02.00	2					
	15.44m	15.88m	15.90m	15.48m	15.51m	FOUL					
6 Mitchell Maday		SR Hamline	15.39m	15.68m	51-05.50	2					
	15.13m	15.68m	14.83m	FOUL	FOUL	FOUL					
7 Nathan Kurtz-Enko		SR St. Olaf	15.99m	15.60m	51-02.25	2					
	15.60m	FOUL	FOUL	FOUL	14.77m	14.86m					
8 Jake Steiner		SO Concordia-Moorhead	15.72m	15.56m	51-00.75	2					
	FOUL	15.56m	FOUL	15.25m	15.24m	FOUL					
9 Parker Feuerborn		FR St. Thomas	15.80m	15.41m	50-06.75	2					
	15.18m	14.99m	15.41m	14.95m	14.31m	15.11m					
10 Steven Orzolek		FR Gustavus Adolphus	15.09m	15.00m	49-02.50	2					
	13.51m	15.00m	14.40m								
11 Dylan Larson		JR Hamline	13.59m	14.24m	46-08.75	1					
	14.14m	14.24m	13.95m								
12 Eric Holst		SR St. Thomas	14.04m	14.12m	46-04.00	1					
	13.97m	14.12m	FOUL								
13 Garrett Prentis		SO St. Thomas	13.38m	13.63m	44-08.75	1					
	13.51m	12.82m	13.63m								
14 Gabe Irons		FR Bethel (Minn.)	13.36m	13.36m	43-10.00	1					
	12.96m	13.06m	13.36m								
15 Tyler Amy		JR Saint Mary's	12.99m	13.19m	43-03.25	1					
	12.61m	FOUL	13.19m								
16 Cameron Murphy		FR St. John's (Minn.)	12.65m	12.80m	42-00.00	1					
	11.69m	12.80m	12.40m								
17 Ben Schelske		SO Concordia-Moorhead	13.04m	12.76m	41-10.50	1					
	12.52m	12.32m	12.76m								
18 Ryan Murphy		SO St. John's (Minn.)	12.78m	12.74m	41-09.75	1					
	12.74m	FOUL	FOUL								
19 Kevin Wolfe		JR Concordia-Moorhead	13.21m	12.58m	41-03.25	1					
	12.58m	FOUL	12.48m								
20 Wes Nelson		SR Bethel (Minn.)	13.19m	12.55m	41-02.25	1					
	12.24m	12.55m	12.28m								

**Men Weight Throw**

MIAC Record: # 19.68m 2011 Andrew Brueggen, Saint Mary's										
Name	Year	School	Seed	Finals	H#					
1 Eric Holst		SR St. Thomas	20.16m	19.57m	64-02.50	2				
	18.97m	18.97m	19.57m	18.67m	FOUL	19.13m				
2 Eric Dols		SR Hamline	19.21m	19.18m	62-11.25	2				
	18.23m	19.04m	17.92m	19.18m	18.92m	18.20m				

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men Weight Throw**

3	Michael Hensch	SR Gustavus Adolphus	18.42m	18.19m	59-08.25	2
	16.01m 16.66m 18.07m 17.91m 18.19m 18.17m					
4	Mitchell Maday	SR Hamline	17.64m	17.63m	57-10.25	2
	16.44m 17.63m FOUL 16.17m FOUL FOUL					
5	David Danhauer	SR St. Thomas	16.89m	16.50m	54-01.75	2
	16.50m 16.13m 16.16m 16.00m 16.01m FOUL					
6	Kai Barber	SO St. John's (Minn.)	16.15m	16.38m	53-09.00	2
	FOUL 15.27m 16.38m 16.09m FOUL FOUL					
7	Gage O'Brien	JR St. Thomas	16.16m	16.16m	53-00.25	2
	16.06m FOUL 16.01m 15.83m 16.16m FOUL					
8	Jake Steiner	SO Concordia-Moorhead	15.91m	15.66m	51-04.50	2
	FOUL 15.47m FOUL 15.66m FOUL FOUL					
9	Dylan Larson	JR Hamline	14.70m	15.65m	51-04.25	1
	15.56m 15.26m 14.97m 15.65m 15.51m 15.24m					
10	Ben Schelske	SO Concordia-Moorhead	15.00m	14.69m	48-02.50	2
	14.69m FOUL 13.84m					
11	Odera Onwualu	SO Bethel (Minn.)	14.64m	14.38m	47-02.25	1
	14.38m FOUL FOUL					
12	Gabe Irons	FR Bethel (Minn.)	13.52m	14.33m	47-00.25	1
	13.91m 14.33m 14.27m					
13	Wes Nelson	SR Bethel (Minn.)	14.35m	14.32m	46-11.75	1
	14.32m 13.84m 13.90m					
14	Garrett Prentis	SO St. Thomas	14.43m	14.28m	46-10.25	1
	11.90m 13.74m 14.28m					
15	Jay Hendrycks	SR Hamline	13.79m	14.01m	45-11.75	1
	13.90m 13.77m 14.01m					
16	Ryan Murphy	SO St. John's (Minn.)	13.48m	13.95m	45-09.25	1
	13.51m 13.94m 13.95m					
17	Kiefer Miller	JR Concordia-Moorhead	14.74m	13.91m	45-07.75	1
	FOUL 13.91m FOUL					
18	Parker Feuerborn	FR St. Thomas	15.07m	13.69m	44-11.00	2
	13.41m FOUL 13.69m					
19	Eli Mollet	FR St. John's (Minn.)	14.47m	13.17m	43-02.50	1
	FOUL 13.17m FOUL					
20	Ryan Reiter	SR St. John's (Minn.)	13.68m	12.46m	40-10.50	1
	FOUL FOUL 12.46m					

**Heptathlon: #1 Men 60 Meter Dash Heptathlon**

=====						
MIAC Record: # 7.24 2/21/2019 Jordan Johnson, St. Thomas						
Name	Year	School	Finals	H#	Points	
=====						
1	Jordan Johnson	JR St. Thomas	7.24#	3	799	
2	Liam Sullivan	JR Carleton	7.40	2	745	7.396
3	Tyler Adler	SO St. Thomas	7.40	3	745	7.397
4	Matt Bye	JR Concordia-Moorhead	7.46	3	726	7.453
5	Phil Donnelly	FR Carleton	7.46	2	726	7.459
6	Kyle Stichman	SR Bethel (Minn.)	7.47	3	723	7.461
7	Mack Maroushek	FR St. John's (Minn.)	7.47	2	723	7.465
8	Ryan Thompson	SO St. John's (Minn.)	7.48	3	719	
9	Drew Probst	FR St. Thomas	7.52	2	706	
10	Tyler Cullen	FR St. Thomas	7.60	3	681	7.592
11	Dan Wilson	FR Concordia-Moorhead	7.60	1	681	7.597
12	Lukas Walton	FR Bethel (Minn.)	7.60	2	681	7.600

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Heptathlon: #1 Men 60 Meter Dash Heptathlon**

13	Nelson Finne	SR	Gustavus Adolphus	7.61	1	678
14	Zach Paustian	SO	Concordia-Moorhead	7.63	1	671
15	Chris Frick	SR	St. Olaf	7.67	1	659
16	Eli Knutson	SR	St. Olaf	7.72	1	643
17	Billy Retza	JR	Macalester	7.85	2	604
18	Christian Beamer	SO	Saint Mary's	7.92	1	583

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

1000m. will be reseeded following event 6: Pole Vault

MIAC Record: # 2:40.82 2/21/2019 Dan Wilson, Concordia-Mo

Name	Year	School	Finals	Points	
1	Dan Wilson	FR	Concordia-Moorhead	2:40.82#	864
2	Lukas Walton	FR	Bethel (Minn.)	2:44.60	823
3	Kyle Stichman	SR	Bethel (Minn.)	2:50.05	765
4	Tyler Adler	SO	St. Thomas	2:52.47	740
5	Nelson Finne	SR	Gustavus Adolphus	2:53.22	732
6	Eli Knutson	SR	St. Olaf	2:54.41	720
7	Chris Frick	SR	St. Olaf	2:54.74	717
8	Ryan Thompson	SO	St. John's (Minn.)	2:54.87	715
9	Jordan Johnson	JR	St. Thomas	2:55.43	710
10	Matt Bye	JR	Concordia-Moorhead	2:55.47	709
11	Drew Probst	FR	St. Thomas	2:55.93	705
12	Liam Sullivan	JR	Carleton	2:58.19	682
13	Billy Retza	JR	Macalester	2:58.37	680
14	Phil Donnelly	FR	Carleton	2:59.16	673
15	Tyler Cullen	FR	St. Thomas	3:01.62	648
16	Christian Beamer	SO	Saint Mary's	3:13.18	541
17	Mack Maroushek	FR	St. John's (Minn.)	3:16.81	509
18	Zach Paustian	SO	Concordia-Moorhead	3:18.61	493

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

MIAC Record: # 8.66 2/21/2019 Matt Bye, Concordia-Mo

Name	Year	School	Finals	H#	Points	
1	Matt Bye	JR	Concordia-Moorhead	8.66#	6	823
2	Jordan Johnson	JR	St. Thomas	8.67	5	820
3	Tyler Adler	SO	St. Thomas	8.97	6	752
4	Drew Probst	FR	St. Thomas	9.10	6	724
5	Ryan Thompson	SO	St. John's (Minn.)	9.19	4	704
6	Lukas Walton	FR	Bethel (Minn.)	9.20	5	702
7	Kyle Stichman	SR	Bethel (Minn.)	9.28	4	685
8	Phil Donnelly	FR	Carleton	9.39	5	662
9	Eli Knutson	SR	St. Olaf	9.56	4	627
10	Nelson Finne	SR	Gustavus Adolphus	9.58	3	623
11	Dan Wilson	FR	Concordia-Moorhead	9.66	3	607
12	Liam Sullivan	JR	Carleton	9.74	2	591
13	Billy Retza	JR	Macalester	9.89	1	562
14	Tyler Cullen	FR	St. Thomas	9.97	2	547
15	Chris Frick	SR	St. Olaf	10.02	1	537
16	Christian Beamer	SO	Saint Mary's	10.09	3	524
17	Mack Maroushek	FR	St. John's (Minn.)	10.66	2	423

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

18 Zach Paustian SO Concordia-Moorhead 10.98 1 371

**Heptathlon: #4 Men High Jump Heptathlon**

MIAC Record: # 1.96m 2/21/2019 Christian Beamer, Saint Mary's

Name	Year	School	Finals	Points
1 Christian Beamer	SO	Saint Mary's	1.96m#	6-05.00 767
1.48 1.51 1.54 1.57 1.60	1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99	P P P P P P P P P O P O P XO O O XO XO XXX		
2 Matt Bye	JR	Concordia-Moorhead	1.90m	6-02.75 714
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93	P P P P P P P P O O O XO O XXX		
3 Lukas Walton	FR	Bethel (Minn.)	1.84m	6-00.50 661
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87	P P P P P P P P O P O XO XXO O XXX		
4 Nelson Finne	SR	Gustavus Adolphus	1.78m	5-10.00 610
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81	P P O O XO O O XXO XXX		
5 Drew Probst	FR	St. Thomas	1.75m	5-08.75 585
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72 1.75 1.78	P XO P O XO O XXX		
6 Jordan Johnson	JR	St. Thomas	1.72m	5-07.75 560
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72 1.75	P O O O O XXO XXX		
6 Tyler Adler	SO	St. Thomas	1.72m	5-07.75 560
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72 1.75	P P O O O XXO XXX		
8 Ryan Thompson	SO	St. John's (Minn.)	1.69m	5-06.50 536
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72	P P P O P O O O O XXX		
8 Phil Donnelly	FR	Carleton	1.69m	5-06.50 536
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69 1.72	P P P O P O O XO XO XXX		
10 Billy Retza	JR	Macalester	1.66m	5-05.25 512
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69	P O O O XO O XXO O XXX		
10 Chris Frick	SR	St. Olaf	1.66m	5-05.25 512
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69	P P P O P O XXO XO XXX		
10 Eli Knutson	SR	St. Olaf	1.66m	5-05.25 512
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66 1.69	P P P O P O O XXO XXX		
13 Tyler Cullen	FR	St. Thomas	1.63m	5-04.25 488
1.45 1.48 1.51 1.54 1.57	1.60 1.63 1.66	P P O XO O XO XXO XXX		
14 Liam Sullivan	JR	Carleton	1.60m	5-03.00 464
1.45 1.48 1.51 1.54 1.57	1.60 1.63	O O O XXO XO O XXX		
14 Dan Wilson	FR	Concordia-Moorhead	1.60m	5-03.00 464
1.45 1.48 1.51 1.54 1.57	1.60 1.63	P P P XO O O XXX		



**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Heptathlon: #4 Men High Jump Heptathlon**

16 Zach Paustian	SO Concordia-Moorhead	1.51m	4-11.50	396
1.45 1.48 1.51 1.54				
P P O XXX				
16 Kyle Stichman	SR Bethel (Minn.)	1.51m	4-11.50	396
1.45 1.48 1.51 1.54				
XO XXO O XXX				
18 Mack Maroushek	FR St. John's (Minn.)	1.45m	4-09.00	352
1.45 1.48				
O XXX				

**Heptathlon: #6 Men Pole Vault Heptathlon**

MIAC Record: # 4.10m 2/21/2019 Tyler Cullen, St. Thomas

Name	Year School	Finals	Points
1 Tyler Cullen	FR St. Thomas	4.10m# 13-05.25	645
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20			
P P P P P P P P P P P P P O P XO O XXX			
2 Matt Bye	JR Concordia-Moorhead	3.90m 12-09.50	590
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			
P P P P P P P O P O P XO O XO XXX			
3 Eli Knutson	SR St. Olaf	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			
P P P P P P P P P P P P O P XXX			
3 Nelson Finne	SR Gustavus Adolphus	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
P P P P P P P P P O O O O XXX			
3 Tyler Adler	SO St. Thomas	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
P P P P P O P O O XO O XO XO XXX			
6 Jordan Johnson	JR St. Thomas	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			
P P P P P O P O XO XXO XXO O XXX			
6 Phil Donnelly	FR Carleton	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			
P P P P O P P XO XXO O XXO O XXX			
8 Chris Frick	SR St. Olaf	3.60m 11-09.75	509
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			
P P P P O P O XO XO O XO XXX			
9 Lukas Walton	FR Bethel (Minn.)	3.50m 11-05.75	482
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
P O O O O O O O XO XXO XXX			
9 Dan Wilson	FR Concordia-Moorhead	3.50m 11-05.75	482
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
P P O O P XO O XO O O XXX			
11 Zach Paustian	SO Concordia-Moorhead	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
P P P P P P O O XXX			
12 Christian Beamer	SO Saint Mary's	3.30m 10-10.00	431
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			
P P O O XO O O XXO XXX			
12 Billy Retza	JR Macalester	3.30m 10-10.00	431
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			
O P O O O O XO XO XXX			

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Heptathlon: #6 Men Pole Vault Heptathlon**

14	Liam Sullivan	JR Carleton	3.20m	10-06.00	406
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30				
	P P O P XO O XO XXX				
14	Kyle Stichman	SR Bethel (Minn.)	3.20m	10-06.00	406
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30				
	P P O P O XO XO XXX				
16	Mack Maroushek	FR St. John's (Minn.)	3.00m	9-10.00	357
	2.60 2.70 2.80 2.90 3.00 3.10				
	XO O XXO O XO XXX				
17	Drew Probst	FR St. Thomas	2.90m	9-06.25	333
	2.60 2.70 2.80 2.90 3.00				
	O O O XXO XXX				
17	Ryan Thompson	SO St. John's (Minn.)	2.90m	9-06.25	333
	2.60 2.70 2.80 2.90 3.00				
	P P XXO XO XXX				

**Heptathlon: #2 Men Long Jump Heptathlon**

=====						
MIAC Record: # 6.43m 2/21/2019 Matt Bye, Concordia-Mo						
Name	Year	School	Finals		Points	
=====						
1	Matt Bye	JR Concordia-Moorhead	6.43m#	21-01.25	682	
	FOUL FOUL 6.43m					
2	Kyle Stichman	SR Bethel (Minn.)	6.35m	20-10.00	664	
	6.35m 6.11m 6.31m					
3	Jordan Johnson	JR St. Thomas	6.26m	20-06.50	644	
	5.90m 6.26m 6.15m					
4	Chris Frick	SR St. Olaf	6.21m	20-04.50	632	
	FOUL 5.72m 6.21m					
5	Lukas Walton	FR Bethel (Minn.)	6.18m	20-03.50	626	
	6.18m FOUL 5.73m					
6	Ryan Thompson	SO St. John's (Minn.)	6.10m	20-00.25	608	
	6.10m FOUL FOUL					
7	Tyler Adler	SO St. Thomas	6.04m	19-09.75	595	
	6.04m 5.98m 5.90m					
8	Eli Knutson	SR St. Olaf	5.94m	19-06.00	574	
	5.94m 5.72m 5.88m					
9	Phil Donnelly	FR Carleton	5.91m	19-04.75	567	
	5.43m 5.41m 5.91m					
10	Nelson Finne	SR Gustavus Adolphus	5.82m	19-01.25	548	
	5.77m 5.82m 5.76m					
11	Tyler Cullen	FR St. Thomas	5.75m	18-10.50	533	
	FOUL 5.59m 5.75m					
12	Christian Beamer	SO Saint Mary's	5.69m	18-08.00	521	
	5.69m 5.67m 5.37m					
13	Zach Paustian	SO Concordia-Moorhead	5.62m	18-05.25	506	
	5.62m 5.59m 5.54m					
14	Dan Wilson	FR Concordia-Moorhead	5.56m	18-03.00	494	
	5.54m 5.56m 5.51m					
15	Billy Retza	JR Macalester	5.55m	18-02.50	492	
	FOUL 5.55m FOUL					
15	Liam Sullivan	JR Carleton	5.55m	18-02.50	492	
	5.55m 5.35m 5.45m					

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Heptathlon: #2 Men Long Jump Heptathlon**

17 Drew Probst	FR St. Thomas	5.25m	17-02.75	431
5.19m 5.25m FOUL				
18 Mack Maroushek	FR St. John's (Minn.)	5.21m	17-01.25	423
4.74m 5.21m 4.79m				

**Heptathlon: #3 Men Shot Put Heptathlon**

MIAC Record: # 12.10m 2/21/2019 Matt Bye, Concordia-Mo				
Name	Year School	Finals	Points	
1 Matt Bye	JR Concordia-Moorhead	12.10m#	39-08.50	612
12.10m FOUL 11.46m				
2 Jordan Johnson	JR St. Thomas	11.96m	39-03.00	604
11.96m FOUL FOUL				
3 Eli Knutson	SR St. Olaf	11.25m	36-11.00	561
FOUL 10.73m 11.25m				
4 Liam Sullivan	JR Carleton	10.90m	35-09.25	540
10.59m 10.90m 10.16m				
5 Ryan Thompson	SO St. John's (Minn.)	10.67m	35-00.25	526
10.02m 10.67m 10.26m				
6 Dan Wilson	FR Concordia-Moorhead	10.10m	33-01.75	492
9.82m 9.73m 10.10m				
7 Drew Probst	FR St. Thomas	10.06m	33-00.25	489
9.82m 10.06m 9.49m				
8 Kyle Stichman	SR Bethel (Minn.)	9.97m	32-08.50	484
9.97m 8.98m 9.29m				
9 Chris Frick	SR St. Olaf	9.89m	32-05.50	479
8.50m 9.89m 9.54m				
10 Tyler Cullen	FR St. Thomas	9.71m	31-10.25	468
9.62m 9.71m 9.42m				
11 Nelson Finne	SR Gustavus Adolphus	9.70m	31-10.00	468
FOUL 9.70m 9.63m				
12 Tyler Adler	SO St. Thomas	9.68m	31-09.25	466
9.68m FOUL FOUL				
13 Billy Retza	JR Macalester	9.61m	31-06.50	462
9.27m 9.30m 9.61m				
14 Lukas Walton	FR Bethel (Minn.)	8.99m	29-06.00	425
8.47m 8.99m 8.55m				
15 Zach Paustian	SO Concordia-Moorhead	8.95m	29-04.50	423
8.57m 8.95m 8.49m				
16 Phil Donnelly	FR Carleton	8.71m	28-07.00	408
8.71m 8.63m 7.60m				
17 Christian Beamer	SO Saint Mary's	8.29m	27-02.50	384
8.29m 7.81m 7.38m				
18 Mack Maroushek	FR St. John's (Minn.)	8.24m	27-00.50	381
6.76m 7.47m 8.24m				

**Men Heptathlon**

MIAC Record: # 5088 2014 Cameron Clause, Gustavus				
Name	Year School	Seed	Finals	H#
1 Matt Bye	JR Concordia-Moorhead		4856	
2 Jordan Johnson	JR St. Thomas		4672	

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Men Heptathlon**

3 Tyler Adler	SO St. Thomas	4420
4 Lukas Walton	FR Bethel (Minn.)	4400
5 Nelson Finne	SR Gustavus Adolphus	4221
6 Eli Knutson	SR St. Olaf	4199
7 Ryan Thompson	SO St. John's (Minn.)	4141
8 Kyle Stichman	SR Bethel (Minn.)	4123
9 Phil Donnelly	FR Carleton	4107
10 Dan Wilson	FR Concordia-Moorhead	4084
11 Chris Frick	SR St. Olaf	4045
12 Tyler Cullen	FR St. Thomas	4010
13 Drew Probst	FR St. Thomas	3973
14 Liam Sullivan	JR Carleton	3920
15 Christian Beamer	SO Saint Mary's	3751
16 Billy Retza	JR Macalester	3743
17 Zach Paustian	SO Concordia-Moorhead	3317
18 Mack Maroushek	FR St. John's (Minn.)	3168

=====

Men - Team Rankings - 20 Events Scored

=====

1) St. Thomas	185	2) Carleton	105.50
3) St. John's (Minn.)	103	4) Bethel (Minn.)	98
5) Gustavus Adolphus	68	6) Hamline	53.50
6) Concordia-Moorhead	53.50	8) St. Olaf	50
9) Saint Mary's (Minn.)	33	10) Macalester	27.50
11) Augsburg	3		

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MIAC Record: # 7.62 2014 Mallory Burnham, St. Thomas						
Name	Year	School	Seed	Prelims	H#	
<b>Preliminaries</b>						
1	Jailyn	Robinson	FR Hamline	7.81	7.87Q	3
2	Jada	Lewis	SO Augsburg	7.72	7.91Q	1
3	Briana	Berninghaus	JR Hamline	7.95	7.94Q	2
4	Matilda	McFerson	JR St. Thomas	8.08	7.96q	1
5	Gabrielle	Brown	SR Hamline	7.97	8.00q	2
6	Katelyn	Marciniak	SR St. Thomas	8.19	8.10q	3 9.093
7	Madison	Brown	SO St. Benedict	8.21	8.10q	1 8.099
7	Anna	Smith	JR St. Thomas	8.11	8.10q	2 9.098
9	Delaney	McLoone	SO St. Thomas	8.17	8.14	2
10	Sydney	Klausler	FR Saint Mary's	8.11	8.16	1
11	Grace	Scott	FR Bethel (Minn.)	8.11	8.20	3
12	Liliana	Olson	FR Hamline	8.26	8.24	3
13	Grace	Zdechlik	FR St. Benedict	8.33	8.30	2
14	Kelby	Olson-Rodel	SO Bethel (Minn.)	8.52	8.35	2
15	Reilee	Schepper	FR St. Catherine	8.28	8.38	2
16	Zahra	Banks	SO Concordia-Moorhead	8.24	8.39	1
17	Alica	Schurrer	FR Saint Mary's	8.39	8.42	3
18	Brittney	Johnson	FR Gustavus Adolphus	8.44	8.45	1
19	Adonya	Gray	JR Gustavus Adolphus	8.40	8.50	1
20	Lauren	Santl	SR Concordia-Moorhead	8.45	8.53	3
21	Samantha	Mellin	JR St. Thomas	8.59	8.67	2
22	Hannah	Detlaff	JR Macalester	8.71	8.75	3

**Women 60 Meter Dash**

MIAC Record: # 7.62 2014 Mallory Burnham, St. Thomas					
Name	Year	School	Prelims	Finals	
<b>Finals</b>					
1	Jada	Lewis	SO Augsburg	7.91	7.80
2	Briana	Berninghaus	JR Hamline	7.94	7.84
3	Jailyn	Robinson	FR Hamline	7.87	7.89
4	Gabrielle	Brown	SR Hamline	8.00	7.93
5	Katelyn	Marciniak	SR St. Thomas	8.10	8.07
6	Matilda	McFerson	JR St. Thomas	7.96	8.08
7	Anna	Smith	JR St. Thomas	8.10	8.09
8	Madison	Brown	SO St. Benedict	8.10	8.16

**Women 200 Meter Dash**

MIAC Record: # 25.25 2010 Shanek Telphia, Augsburg						
Name	Year	School	Seed	Finals	H#	
1	Briana	Berninghaus	JR Hamline	26.12	25.51	4
2	Matilda	McFerson	JR St. Thomas	26.37	25.85	3
3	Claire	Chell	FR St. Thomas	25.99	26.03	4
4	Delia	Labatt	JR Bethel (Minn.)	26.19	26.03	3
5	Katelyn	Marciniak	SR St. Thomas	26.33	26.27	3
6	Jada	Lewis	SO Augsburg	26.71	26.36	2

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women 200 Meter Dash**

7	Sydney Klausler	FR Saint Mary's	26.88	26.55	2
8	Delaney McLoone	SO St. Thomas	27.57	26.90	1 26.895
9	Lily Schlieman	JR Macalester	27.00	26.90	2 26.896
10	Madison Brown	SO St. Benedict	27.62	27.37	4
11	Zahra Banks	SO Concordia-Moorhead	27.53	27.38	1
12	Alica Schurrer	FR Saint Mary's	27.37	27.40	1
13	Karissa Gregory	SO St. Thomas	28.02	27.60	1
14	Grace Scott	FR Bethel (Minn.)	27.80	27.88	3
15	Liliana Olson	FR Hamline	27.85	27.90	2
16	Lauren Santl	SR Concordia-Moorhead	28.21	28.36	3
17	Erin Teichroew	SO Gustavus Adolphus	28.22	28.37	2
18	Karley DeKnikker	SO Gustavus Adolphus	28.25	28.50	1
19	Lauren Conradi	FR Bethel (Minn.)	28.07	28.61	4
20	Kelby Olson-Rodel	SO Bethel (Minn.)	28.42	28.67	3
21	Samantha Mellin	JR St. Thomas	28.32	28.70	4
22	Grace Zdechlik	FR St. Benedict	28.76	29.11	2

**Women 400 Meter Dash**

MIAC Record: # 56.80 2017 Alexa Feeney, Carleton					
Name	Year	School	Seed	Finals	H#
1	Delia Labatt	JR Bethel (Minn.)	58.23	58.05	3
2	Johanna Glaaser	JR St. Olaf	58.60	58.06	3
3	Hannah Sankey	SO Bethel (Minn.)	58.53	58.41	3
4	Matilda McFerson	JR St. Thomas	1:00.51	59.20	2
5	AddieKay Johnson	SR Bethel (Minn.)	59.68	59.23	2
6	Mallory Adamson	SR St. Thomas	59.50	59.57	3
7	Lily Schlieman	JR Macalester	1:01.08	1:00.80	2
8	Kelly Klingelhutz	SO St. Benedict	1:01.14	1:00.90	2
9	Paige Cater	SO St. Thomas	1:02.74	1:01.43	1
10	Anna Smith	JR St. Thomas	1:01.17	1:02.35	1
11	Taylor Finnes	FR Bethel (Minn.)	1:03.80	1:03.28	3
12	Megan Hill	JR Gustavus Adolphus	1:03.78	1:03.72	1
13	Laura Mitch	FR St. Benedict	1:03.72	1:04.11	1
14	Karley DeKnikker	SO Gustavus Adolphus	1:06.07	1:04.95	1
15	Sara Wegner	JR Bethel (Minn.)	1:04.58	1:05.51	2
16	Lauren Conradi	FR Bethel (Minn.)	1:04.40	1:05.75	2
17	Cathryn Kuhn	FR St. Benedict	1:04.30	1:05.98	3
18	Sophia Kintop	FR St. Thomas	1:07.00	1:07.21	1

**Women 600 Meter Run**

MIAC Record: # 1:31.68 2/23/2019 Phoebe Aguiar, Macalester					
Name	Year	School	Seed	Finals	H#
1	Phoebe Aguiar	SR Macalester	1:34.38	1:31.68#	3
2	Johanna Glaaser	JR St. Olaf	1:40.06	1:35.40	3
3	Mallory Adamson	SR St. Thomas	1:38.11	1:36.10	3
4	AddieKay Johnson	SR Bethel (Minn.)	1:39.13	1:37.12	3
5	Paige Cater	SO St. Thomas	1:39.07	1:38.50	3
6	Elsa Sandeno	SR Carleton	1:39.84	1:38.54	3
7	Christine Rohlf	SR St. Thomas	1:40.46	1:41.51	2
8	Miriah Forness	JR Concordia-Moorhead	1:42.33	1:41.54	2

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women 600 Meter Run**

9	Isabel Fredrickson	FR	Concordia-Moorhead	1:42.83	1:41.93	2
10	Amy Kropp	FR	Carleton	1:41.77	1:41.97	2
11	Kelly Klingelhutz	SO	St. Benedict	1:43.71	1:42.07	1
12	Quinn O'Connor	SO	St. Thomas	1:43.83	1:42.36	1
13	Juliette Martin	SO	St. Catherine	1:44.18	1:43.18	1
14	Samantha Manz	SR	Macalester	1:46.24	1:43.22	1
15	Morgan Dammann	JR	St. Thomas	1:43.18	1:43.73	2
16	Ashlyn Arett	FR	St. Thomas	1:45.59	1:44.64	1
17	Marie Morrier	SR	St. Catherine	1:42.81	1:47.09	2
18	Ciara Williams	SO	Macalester	1:47.78	1:50.92	1

**Women 800 Meter Run**

=====  
 Comp# 1-3 in Alley 1; #4-5 in Alley 2; 6-7 in Alley 3

Section 2 will run at 3:40 p.m.

MIAC Record: # 2:12.67 2/22/2019 Phoebe Aguiar, Macalester

Name	Year	School	Seed	Finals	H#	
1	Phoebe Aguiar	SR	Macalester	2:11.24	2:12.67#	3
2	Josie Herrmann	SO	Concordia-Moorhead	2:19.26	2:17.60	3
3	Helen Dolan	SO	Hamline	2:21.64	2:18.78	3
4	Carly Scheuerman	SO	St. Thomas	2:21.22	2:19.04	3
5	Abigail Schnabel	SR	Gustavus Adolphus	2:19.86	2:19.08	3
6	Natalie Marsh	SO	Carleton	2:22.93	2:20.61	2
7	Elsa Sandeno	SR	Carleton	2:23.15	2:21.31	2
8	Alia Benedict	SR	Macalester	2:22.61	2:21.57	3
9	Taylor Santangelo	FR	St. Benedict	2:24.61	2:26.84	2
10	Maddy Kennard	SO	Macalester	2:25.36	2:28.19	2
11	Ashlyn Arett	FR	St. Thomas	2:36.41	2:29.75	1
12	Lily Jenssen	SO	Macalester	2:32.99	2:31.42	1
13	Lydia Hatton	SR	Bethel (Minn.)	2:32.96	2:31.72	2
14	Elizabeth Vought	SR	Concordia-Moorhead	2:32.35	2:33.67	2
15	Lauren Pitts	FR	Carleton	2:33.51	2:34.27	1
16	Olivia Thielen	JR	St. Thomas	2:33.56	2:35.95	1
17	Augie Witkowski	SR	St. Benedict	2:34.98	2:36.04	1
18	Colleen Vought	SR	Concordia-Moorhead	2:34.67	2:36.39	1
19	Nora Doyle	FR	St. Benedict	2:36.38	2:45.87	1
--	Jena Hauch	SO	St. Olaf	2:21.23	DNF	3

**Women 1000 Meter Run**

=====  
 Comp. 1-3 in Alley 1; 4-6 in Alley 2; 7-8 in Alley 3

MIAC Record: # 2:51.48 2016 Emily Gapinski, St. Thomas

Name	Year	School	Seed	Finals	H#	
1	Josie Herrmann	SO	Concordia-Moorhead	3:05.14	3:01.85	3
2	Helen Dolan	SO	Hamline	3:04.94	3:02.00	3
3	Abigail Schnabel	SR	Gustavus Adolphus	3:07.02	3:02.19	3
4	Alia Benedict	SR	Macalester	3:11.08	3:02.69	1
5	Natalie Marsh	SO	Carleton	3:08.20	3:04.28	2
6	Helen Schuda	JR	Carleton	3:06.97	3:04.29	3
7	Carly Scheuerman	SO	St. Thomas	3:05.16	3:04.56	3
8	Josie Blake	SO	Gustavus Adolphus	3:05.89	3:05.84	3
9	Holly Ellingson	SR	Macalester	3:08.19	3:06.57	2

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women 1000 Meter Run**

10	Haley Anderson	JR Gustavus Adolphus	3:13.68	3:07.61	1
11	Alexandra Maddux	FR Hamline	3:09.42	3:07.78	2
12	Anna Kroll	SO St. Thomas	3:12.23	3:09.39	1
13	Meritt Miller	SO Concordia-Moorhead	3:10.00	3:09.96	2
14	Maddy Kennard	SO Macalester	3:10.89	3:10.22	2
15	Taylor Santangelo	FR St. Benedict	3:07.66	3:10.50	2
16	Elizabeth Zimmerma	SO Carleton	3:13.36	3:10.91	1
17	Tierney Winter	JR Gustavus Adolphus	3:07.03	3:11.89	3
18	Grace Cole	FR Bethel (Minn.)	3:14.28	3:12.22	1
19	Jena Hauch	SO St. Olaf	3:04.58	3:12.47	3
20	Malakai Holloway	FR Bethel (Minn.)	3:10.30	3:14.07	2
21	Elizabeth Vought	SR Concordia-Moorhead	3:17.56	3:15.04	1
22	Kelly Segura	SR Bethel (Minn.)	3:13.76	3:17.81	1
23	Emily Rugloski	FR Concordia-Moorhead	3:18.42	3:19.76	1

**Women 1 Mile Run**

Waterfall Start

MIAC Record: # 4:54.44 2010 Marie Borner, Bethel

Name	Year	School	Seed	Finals	H#
1	Tierney Winter	JR Gustavus Adolphus	5:15.26	5:11.69	3
2	Helen Schuda	JR Carleton	5:17.03	5:15.07	3
3	Riley McMahon	SO St. Catherine	5:19.32	5:15.51	3
4	Sara Ness	JR St. Thomas	5:22.27	5:16.37	3
5	Abby Goff	FR St. Benedict	5:16.76	5:19.43	3
6	Amanda Mosborg	SO Carleton	5:14.58	5:20.20	3
7	Haley Anderson	JR Gustavus Adolphus	5:23.94	5:21.28	3
8	Meritt Miller	SO Concordia-Moorhead	5:22.19	5:30.15	3
9	Grace Leslie	SO Carleton	5:32.35	5:32.28	2
10	Grace Cole	FR Bethel (Minn.)	5:38.03	5:34.41	2
11	Emily Rugloski	FR Concordia-Moorhead	5:37.71	5:37.80	2
12	Brennan Drake	FR Macalester	5:43.53	5:38.47	2
13	Estelle Timar-Wilc	FR Macalester	5:43.38	5:38.58	2
14	Ann Sheely	SO Augsburg	5:53.45	5:41.57	1
15	Marie Morrier	SR St. Catherine	5:23.77	5:42.98	3
16	Julia Clark	SO St. Catherine	5:45.22	5:44.17	2
17	Ellen Kemp	SO St. Olaf	5:47.13	5:44.75	2
18	Caroline Johnson	FR St. Thomas	5:48.75	5:45.72	2
19	Kyla Porter	SR St. Benedict	5:42.98	5:46.46	2
20	Meg Thorison	JR Bethel (Minn.)	5:50.49	5:47.92	1
21	Emma Mader	FR Hamline	5:53.66	5:51.41	1
22	Grace Hartman	FR Augsburg	5:56.85	5:53.17	1
23	Katie Murney	SR St. Olaf	5:51.77	5:53.99	1
24	Laura Luttio	SR Bethel (Minn.)	5:56.57	5:54.74	1
25	Laura Votava	SR St. Olaf	5:53.74	5:56.26	1
26	Ingrid Harbo	SO Concordia-Moorhead	5:59.30	5:59.81	1
27	Emily Kathman	FR Hamline	6:00.38	6:08.59	1



**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Women 3000 Meter Run**

=====  
 Athletes 1-12 in 1st row. Athletes 13-15 in 2nd row.

2nd Section at 3:40 p.m.

MIAC Record: # 9:46.75 1987 Julia Kirtland, Macalester

Name	Year	School	Seed	Finals	H#
1	Amanda Mosborg	SO Carleton	10:17.14	10:19.25	2
2	Martha Hubell	JR St. Thomas	10:24.37	10:27.30	2
3	Sara Ness	JR St. Thomas	10:37.15	10:27.66	2
4	Emma Greenlee	SO Carleton	10:26.43	10:27.85	2
5	Morgan Pierce	SR St. Benedict	10:29.58	10:28.88	2
6	Madeline Dopp	SR Hamline	10:44.14	10:28.89	2
7	Riley McMahon	SO St. Catherine	10:34.38	10:30.45	2
8	Kourtney Kulseth	SO Gustavus Adolphus	10:29.57	10:31.20	2
9	Abby Goff	FR St. Benedict	10:33.05	10:34.79	2
10	Samantha Schnirrin	SR Carleton	10:26.60	10:36.77	2
11	Gabriela Passmore	JR Gustavus Adolphus	10:38.91	10:43.97	2
12	Olivia Moll	FR St. Thomas	10:43.28	10:47.30	2
13	Amber Matzoll	SR St. Thomas	10:55.73	10:49.26	1
14	Marlee Yost-Wolff	SR Macalester	10:51.12	10:50.22	1
15	Mary Naas	SR St. Olaf	10:47.84	10:50.39	1
16	Kara Andersen	JR Concordia-Moorhead	10:36.21	10:52.66	2
17	Bernadette Hayden	JR Hamline	10:45.03	10:53.90	2
18	Meredith Moore	JR St. Olaf	10:50.87	10:56.89	1
19	Berit Hudson Rasmu	JR Carleton	10:57.99	10:57.25	1
20	Molly Clarke	JR St. Thomas	10:56.83	10:57.59	1
21	Kathleen Miles	SR Hamline	10:49.96	10:58.82	1
22	Sara Miller	SO St. Thomas	10:52.30	11:01.38	1
23	Grace Leslie	SO Carleton	11:02.00	11:02.35	1
24	Sarah Anderson	JR Gustavus Adolphus	11:06.04	11:06.02	1
25	Iliana Ramon	FR Gustavus Adolphus	11:16.34	11:07.42	1
26	Tarja Nelsen	SR Concordia-Moorhead	11:01.00	11:10.00	1
27	Brianna Gruenberg	SR Concordia-Moorhead	11:00.84	11:14.25	1
28	Mackinzee Miest	FR Gustavus Adolphus	11:10.65	11:16.60	1
--	Lisa Fisher	JR St. Olaf	10:33.27	DNF	2

**Women 5000 Meter Run**

=====  
 Athletes 1-12 in 1st row, 13-18 in 2nd row.

MIAC Record: # 17:13.63 2011 Simone Childs-Walker, Carleton

Name	Year	School	Seed	Finals
1	Morgan Pierce	SR St. Benedict	18:10.27	17:57.89
2	Emma Greenlee	SO Carleton	18:32.84	18:01.98
3	Samantha Schnirrin	SR Carleton	18:23.88	18:04.87
4	Martha Hubell	JR St. Thomas	18:13.09	18:23.60
5	Kara Andersen	JR Concordia-Moorhead	18:54.93	18:25.59
6	Kathleen Miles	SR Hamline	19:00.84	18:28.28
7	Katie Breuckman	JR St. Thomas	19:26.18	18:48.47
8	Molly Clarke	JR St. Thomas	18:57.38	18:48.78
9	Mary Naas	SR St. Olaf	19:07.49	18:59.03
10	Sarah Nazarino	SR Carleton	18:52.73	18:59.84
11	Iliana Ramon	FR Gustavus Adolphus	19:29.86	19:04.24
12	Ellie Nelson	SO Bethel (Minn.)	19:25.81	19:05.32
13	Bernadette Hayden	JR Hamline	18:48.36	19:10.60

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women 5000 Meter Run**

14	Tarja Nelsen	SR	Concordia-Moorhead	19:21.61	19:16.05
15	Brianna Gruenberg	SR	Concordia-Moorhead	19:27.03	19:20.53
16	Sarah Anderson	JR	Gustavus Adolphus	19:27.30	19:28.65
17	Jena Wachowiak	SO	St. Benedict	19:30.46	20:12.19
--	Lisa Fisher	JR	St. Olaf	18:23.02	DQ Inside curve

**Women 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====						
MIAC Record: # 8.66 2014 Mallory Burnham, St. Thomas						
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Gabrielle Brown	SR	Hamline	8.76	8.84Q	3
2	Chelsea Smith	SO	St. Benedict	9.47	9.40Q	1
3	Corin McKinstrey	JR	Bethel (Minn.)	9.47	9.47Q	2
4	Claire Chell	FR	St. Thomas	9.25	9.46q	1
5	Mackenzie Schoustr	JR	St. Olaf	9.58	9.48q	3
6	Jenna Degen	SR	St. Benedict	9.42	9.49q	2
7	Elsie Lundquist	SO	St. Catherine	9.70	9.62q	3
8	Laura Kammer	JR	St. Olaf	9.71	9.69q	1
9	Elizabeth Peterson	SO	Hamline	9.84	9.75	2
10	Syri Williams	SO	Bethel (Minn.)	9.81	9.76	2
11	Paige Woldt	SO	St. Olaf	9.86	9.82	3
12	Nicole Lilleberg	FR	Concordia-Moorhead	10.18	9.86	2
13	Rachel Studer	SO	Gustavus Adolphus	10.02	9.87	1
14	Lori Erlandson	SR	St. Olaf	10.02	10.00	2
15	Tonya Piergies	SR	Carleton	9.86	10.03	1
16	Ashley Shimek	SO	St. Thomas	10.07	10.07	3
17	Aoife Zamacona	FR	Hamline	10.26	10.12	2
18	Megan Grimes	SR	St. Olaf	9.86	10.22	3
19	Cecelia Miller	FR	Hamline	10.06	10.23	1
20	Grace Baker	SO	St. Benedict	10.35	10.27	3
21	Kayla Ende	FR	Bethel (Minn.)	10.17	10.29	3
22	Beth Parlin	JR	Hamline	10.18	10.30	1
23	Karley DeKnikker	SO	Gustavus Adolphus	10.29	10.36	1
24	Kynzie Smedsrud	SR	Saint Mary's	10.02	10.47	2

**Women 60 Meter Hurdles**

=====						
MIAC Record: # 8.66 2014 Mallory Burnham, St. Thomas						
Name	Year	School		Prelims	Finals	
=====						
Finals						
1	Gabrielle Brown	SR	Hamline	8.84	8.89	
2	Chelsea Smith	SO	St. Benedict	9.40	9.28	
3	Claire Chell	FR	St. Thomas	9.46	9.34	
4	Corin McKinstrey	JR	Bethel (Minn.)	9.47	9.40	
5	Jenna Degen	SR	St. Benedict	9.49	9.64	
6	Mackenzie Schoustr	JR	St. Olaf	9.48	9.66	
7	Laura Kammer	JR	St. Olaf	9.69	9.78	
8	Elsie Lundquist	SO	St. Catherine	9.62	9.84	

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Women 4x200 Meter Relay**

MIAC Record: # 1:42.50 2011 Augsburg Telphia, Carney, Flowers, Vrieze			
School	Seed	Finals	H#
1 St. Thomas	1:46.01	1:43.18	3
1) Claire Chell FR	2) Katelyn Marciniak SR		
3) Matilda McFerson JR	4) Anna Smith JR		
2 Bethel (Minn.)	1:44.57	1:45.88	3
1) Hannah Sankey SO	2) Grace Perrenoud FR		
3) Grace Scott FR	4) Corin McKinstrey JR		
3 Hamline	1:49.57	1:46.10	2
1) Jailyyn Robinson FR	2) Gabrielle Brown SR		
3) Liliana Olson FR	4) Briana Berninghaus JR		
4 St. Olaf	1:52.15	1:47.78	1
1) Johanna Glaaser JR	2) Katie Elstad SO		
3) Ann Jansen FR	4) Makenna Ash SR		
5 Saint Mary's (Minn.)	1:50.89	1:48.29	1
1) Sydney Klausler FR	2) Alica Schurrer FR		
3) Hannah Crowe SO	4) Kynzie Smedsrud SR		
6 St. Benedict	1:52.74	1:51.31	3
1) Madison Brown SO	2) Laura Mitch FR		
3) Grace Zdechlik FR	4) Chelsea Smith SO		
7 Gustavus Adolphus	1:50.50	1:51.46	2
1) Megan Hill JR	2) Tess Olinger JR		
3) Erin Teichroew SO	4) Karley DeKnikker SO		
8 Concordia-Moorhead	1:52.31	1:51.50	2
1) Zahra Banks SO	2) Lauren Santl SR		
3) Nicole Lilleberg FR	4) Shelby Gelinske SR		
9 Carleton	1:59.81	1:54.32	1
1) Ineke Cordova FR	2) Tonya Piergies SR		
3) Keyra English FR	4) Maggy Osha SO		
10 Macalester		1:57.93	1
1) Hannah Detlaff JR	2) Addie Brooke-Pike FR		
3) Ciara Williams SO	4) Samantha Manz SR		

**Women 4x400 Meter Relay**

MIAC Record: # 3:56.50 2/23/2019 Bethel (Minn.), Bethel (Minn) H Sankey, D Labatt, C McKinstrey, A Johnson			
School	Seed	Finals	H#
1 Bethel (Minn.)	3:53.36	3:56.50#	2
1) Hannah Sankey SO	2) Delia Labatt JR		
3) Corin McKinstrey JR	4) AddieKay Johnson SR		
2 St. Thomas	4:01.41	4:00.82	2
1) Matilda McFerson JR	2) Claire Chell FR		
3) Anna Smith JR	4) Mallory Adamson SR		
3 St. Olaf	4:11.85	4:04.04	1
1) Ann Jansen FR	2) Makenna Ash SR		
3) Katie Elstad SO	4) Johanna Glaaser JR		
4 Concordia-Moorhead	4:11.48	4:07.73	2
1) Isabel Fredrickson FR	2) Carly Fornshell SO		
3) Miriah Forness JR	4) Josie Herrmann SO		
5 Macalester	4:11.63	4:09.18	2

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women 4x400 Meter Relay**

1) Lily Schlieman JR	2) Alia Benedict SR		
3) Holly Ellingson SR	4) Phoebe Aguiar SR		
6 Gustavus Adolphus	4:08.74	4:10.26	2
1) Sara Moen SO	2) Tierney Winter JR		
3) Megan Hill JR	4) Abigail Schnabel SR		
7 Saint Mary's (Minn.)	4:15.05	4:12.58	1
1) Sydney Klausler FR	2) Hannah Crowe SO		
3) Kynzie Smedsrud SR	4) Alica Schurrer FR		
8 Hamline	4:13.44	4:13.41	1
1) Briana Berninghaus JR	2) Gabrielle Brown SR		
3) Alexandra Maddux FR	4) Helen Dolan SO		
9 Carleton	4:13.91	4:13.83	1
1) Eva Airoidi FR	2) Amy Kropp FR		
3) Natalie Marsh SO	4) Elsa Sandeno SR		
10 St. Benedict	4:16.00	4:17.34	1
1) Chelsea Smith SO	2) Laura Mitch FR		
3) Taylor Santangelo FR	4) Kelly Klingelhutz SO		

**Women Distance Medley**

=====			
MIAC Record: # 12:23.37	2012	St. Olaf	
	Novacinski, Stets, Mosel, Westby		
School	Seed	Finals	
=====			
1 Gustavus Adolphus		12:34.69	
1) Josie Blake SO	2) Sara Moen SO		
3) Abigail Schnabel SR	4) Tierney Winter JR		
2 St. Thomas		12:47.90	
1) Anna Kroll SO	2) Karissa Gregory SO		
3) Morgan Dammann JR	4) Olivia Moll FR		
3 Carleton		12:51.52	
1) Elizabeth Zimmerman SO	2) Annalise Peebles JR		
3) Amy Kropp FR	4) Berit Hudson Rasmussen JR		
4 Hamline		12:55.00	
1) Alexandra Maddux FR	2) Lindsay Steiger JR		
3) Helen Dolan SO	4) Madeline Dopp SR		
5 Concordia-Moorhead		12:55.52	
1) Miriah Forness JR	2) Carly Fornshell SO		
3) Isabel Fredrickson FR	4) Meritt Miller SO		
6 St. Olaf		13:01.24	
1) Ellen Mickelson FR	2) Ann Jansen FR		
3) Lauren Herland SR	4) Meredith Moore JR		
7 Bethel (Minn.)	13:40.68	13:05.46	
1) Kelly Segura SR	2) Taylor Finnes FR		
3) Grace Cole FR	4) Malakai Holloway FR		
8 St. Catherine	13:50.84	13:09.34	
1) Anya Swanson FR	2) Megan Perkins FR		
3) Juliette Martin SO	4) Riley McMahon SO		
9 St. Benedict		13:09.95	
1) Johanna Merten SO	2) Kelly Klingelhutz SO		
3) Taylor Santangelo FR	4)		
10 Macalester		13:10.02	
1) Lena Stern FR	2) Samantha Manz SR		
3) Holly Ellingson SR	4) Marlee Yost-Wolff SR		

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women Distance Medley**

11 Saint Mary's (Minn.)		13:47.11
1) Anna Marinc FR	2) Kynzie Smedsrud SR	
3) Hannah Crowe SO	4) Danielle Franke JR	
12 Augsburg		15:42.44
1) Ann Sheely SO	2) Kazuho Shinohara SO	
3) Grace Hartman FR	4) Allison Mangan SO	

**Women High Jump**

=====									
MIAC Record: # 1.72m 2017 Emma Peterson, Concordia-Mo									
Name	Year	School	Seed	Finals					
=====									
1	Grace Bordson	SR St. Thomas	1.68m	1.70m	5-07.00				
	1.46 1.51 1.56 1.59 1.62 1.65 1.68 1.70 1.73								
	P P XO O XO O O O XXX								
2	Rachel Ohde	SO Saint Mary's	1.66m	1.65m	5-05.00				
	1.46 1.51 1.56 1.59 1.62 1.65 1.68								
	P P O O XXO O XXX								
3	Elsie Lundquist	SO St. Catherine	1.55m	J1.65m	5-05.00				
	1.46 1.51 1.56 1.59 1.62 1.65 1.68								
	O O O XO XXO XO XXX								
4	Sidney Severson	SR St. Thomas	1.62m	1.62m	5-03.75				
	1.46 1.51 1.56 1.59 1.62 1.65								
	P O O XO O XXX								
5	Matilda McFerson	JR St. Thomas	1.62m	1.59m	5-02.50				
	1.46 1.51 1.56 1.59 1.62								
	P O XO XO XXX								
6	Mackenzie Schoustr	JR St. Olaf	1.57m	1.56m	5-01.25				
	1.46 1.51 1.56 1.59								
	O O XO XXX								
7	Elizabeth Peterson	SO Hamline	1.58m	J1.56m	5-01.25				
	1.46 1.51 1.56 1.59								
	O XO XO XXX								
7	Erica Blackett-Tho	SO Carleton	1.58m	J1.56m	5-01.25				
	1.46 1.51 1.56 1.59								
	O XO XO XXX								
9	Halley Brocker	FR Gustavus Adolphus	1.52m	1.51m	4-11.50				
	1.46 1.51 1.56								
	O O XXX								
9	Gabby Renelt	FR Concordia-Moorhead	1.55m	1.51m	4-11.50				
	1.46 1.51 1.56								
	O O XXX								
11	Alexandra Anderson	JR Gustavus Adolphus	1.55m	J1.51m	4-11.50				
	1.46 1.51 1.56								
	O XO XXX								
11	Mariah Terhaar	JR St. Thomas	1.58m	J1.51m	4-11.50				
	1.46 1.51 1.56								
	O XO XXX								
13	Anna Grove	SO Carleton	1.57m	J1.51m	4-11.50				
	1.46 1.51 1.56								
	XXO XXO XXX								
14	Johna Radke	SR St. Catherine	1.52m	1.46m	4-09.50				
	1.46 1.51								
	XO XXX								

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women High Jump**

14	Emily Bohlig	JR St. Olaf	1.57m	1.46m	4-09.50
	1.46 1.51				
	XO XXX				
16	Jenna Degen	SR St. Benedict	1.57m	J1.46m	4-09.50
	1.46 1.51				
	XXO XXX				
--	Eve Farrell	FR Carleton	1.52m	NH	
	1.46				
	XXX				

**Women Pole Vault**

MIAC Record: # 3.83m 2017 London Stelten, St. Benedict

Name	Year	School	Seed	Finals	
1 Kendall Novak	SR	St. Thomas	3.70m	3.57m	11-08.50
2.67 2.82 2.97 3.12 3.27 3.37 3.47 3.57 3.67					
P P P P O O O O XXX					
2 Mariah Terhaar	JR	St. Thomas	3.40m	3.47m	11-04.50
2.67 2.82 2.97 3.12 3.27 3.37 3.47 3.57					
P P P O O XXO XXO XXX					
3 Jordan Sifferle	JR	St. Thomas	3.26m	3.27m	10-08.75
2.67 2.82 2.97 3.12 3.27 3.37					
P P XO O XXO XXX					
4 Elisabeth Dalki	SO	St. Benedict	3.13m	3.12m	10-02.75
2.67 2.82 2.97 3.12 3.27					
P P P O XXX					
5 Gabrielle Evans	FR	Carleton	3.05m	J3.12m	10-02.75
2.67 2.82 2.97 3.12 3.27					
XO O O O XXX					
6 Mallory Butchko	SR	Gustavus Adolphus	3.11m	J3.12m	10-02.75
2.67 2.82 2.97 3.12 3.27					
P P O XO XXX					
6 Jordan Walls	SR	Hamline	3.10m	J3.12m	10-02.75
2.67 2.82 2.97 3.12 3.27					
P O O XO XXX					
8 Lee Stelten	JR	St. Benedict	3.05m	J3.12m	10-02.75
2.67 2.82 2.97 3.12 3.27					
O O O XXO XXX					
8 Elizabeth Peterson	SO	Hamline	3.10m	J3.12m	10-02.75
2.67 2.82 2.97 3.12 3.27					
P O O XXO XXX					
10 Sadie Koelz	SO	Bethel (Minn.)	3.25m	2.97m	9-09.00
2.67 2.82 2.97 3.12					
P P O XXX					
11 Tierza Engen	JR	Concordia-Moorhead	3.00m	J2.97m	9-09.00
2.67 2.82 2.97 3.12					
O XO O XXX					
12 Chelsea Schaffer	SO	St. Benedict	2.95m	J2.97m	9-09.00
2.67 2.82 2.97 3.12					
O O XO XXX					
13 Ashley Haxton	FR	Gustavus Adolphus	2.98m	2.82m	9-03.00
2.67 2.82 2.97					
O O XXX					



**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women Long Jump**

17	Taylor Quandt	SR St. Thomas	4.87m	4.69m	15-04.75	2
	4.62m 4.69m FOUL					
18	Rachel Studer	SO Gustavus Adolphus	4.74m	4.49m	14-08.75	1
	FOUL 4.49m 4.38m					
19	DeAnna Giles	SO Gustavus Adolphus	4.63m	4.43m	14-06.50	1
	FOUL 3.16m 4.43m					
20	Jordan Terry	FR Augsburg	4.66m	4.34m	14-03.00	2
	4.22m 4.21m 4.34m					

**Women Triple Jump**

=====						
MIAC Record: # 11.83m 2017 Emma Peterson, Concordia-Mo						
Name	Year	School	Seed	Finals	H#	
=====						
1	Elsie Lundquist	SO St. Catherine	11.07m	11.21m	36-09.50	1
	10.70m 10.87m 11.04m			11.21m 10.45m 11.21m		
2	Grace Perrenoud	FR Bethel (Minn.)	10.68m	10.88m	35-08.50	2
	10.86m 10.88m 10.55m			10.79m 10.59m 10.60m		
3	Abigail Van Goethe	JR Hamline	10.87m	10.84m	35-06.75	2
	10.66m 10.40m 10.58m			10.84m 10.18m 10.72m		
4	DeAnna Giles	SO Gustavus Adolphus	10.74m	10.78m	35-04.50	2
	10.20m 10.22m 10.35m			10.64m 10.73m 10.78m		
5	Paige Woldt	SO St. Olaf	10.99m	10.74m	35-03.00	2
	10.52m 10.46m 10.50m			10.62m FOUL 10.74m		
6	Taylor Quandt	SR St. Thomas	10.60m	10.70m	35-01.25	1
	10.31m 10.52m FOUL			10.45m 10.37m 10.70m		
7	Reilee Schepper	FR St. Catherine	10.60m	10.65m	34-11.25	2
	10.35m FOUL 10.33m			10.18m 10.47m 10.65m		
8	Sally Paul	SO Bethel (Minn.)	10.43m	10.60m	34-09.50	1
	9.97m 10.12m 10.51m			10.37m 10.30m 10.60m		
9	Shelby Gelinske	SR Concordia-Moorhead	10.02m	10.42m	34-02.25	2
	10.04m 10.12m 10.42m			10.27m 10.16m 10.11m		
10	Megan Zurbay	SO St. Thomas	10.48m	10.35m	33-11.50	1
	10.35m 10.09m 10.19m			FOUL 10.35m 9.88m		
11	Corrie Ethen	SO Concordia-Moorhead	10.19m	10.20m	33-05.75	1
	9.99m FOUL 10.20m					
12	Sarah Bruess	SR St. Thomas	10.43m	10.14m	33-03.25	2
	FOUL 10.14m 10.10m					
13	Steph Kretlow	JR St. Thomas	10.12m	10.10m	33-01.75	1
	9.62m 10.10m 10.08m					
14	Stephanie Pickthor	FR St. Benedict	10.28m	10.09m	33-01.25	1
	9.74m FOUL 10.09m					
15	Hannah Nelson	SO Bethel (Minn.)	10.00m	9.81m	32-02.25	2
	FOUL 9.81m 9.25m					
16	Kierra Carter	FR St. Olaf	9.41m	9.65m	31-08.00	1
	FOUL 9.65m FOUL					
17	Aoife Zamacona	FR Hamline	9.40m	9.64m	31-07.50	2
	9.52m 9.52m 9.64m					
18	Jordan Sifferle	JR St. Thomas	10.35m	9.62m	31-06.75	2
	9.62m FOUL FOUL					
19	Mellissa Clarke	JR Hamline	9.60m	9.19m	30-02.00	1
	FOUL 9.19m 8.88m					
20	Madison Dorn	FR Bethel (Minn.)	9.91m	9.18m	30-01.50	1
	9.18m FOUL 8.76m					



**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Women Shot Put**

MIAC Record: # 14.58m 2014 Cherae Reeves, Concordia-Mo										
Name	Year	School	Seed	Finals	H#					
1	Megan Gehrke	FR St. Thomas	13.98m	13.38m	43-10.75	2				
	13.29m	13.38m	FOUL	13.05m	FOUL	FOUL				
2	Cayle Hovland	FR Concordia-Moorhead	13.26m	12.95m	42-06.00	2				
	12.22m	12.95m	12.75m	FOUL	12.45m	FOUL				
3	Jacey Schlosser	FR Concordia-Moorhead	12.35m	12.73m	41-09.25	2				
	12.19m	12.46m	FOUL	FOUL	12.73m	FOUL				
4	Jessie Juenemann	JR Hamline	12.60m	12.55m	41-02.25	2				
	12.08m	12.55m	12.36m	11.39m	12.47m	11.89m				
5	Savanna Keiser	JR Hamline	12.44m	12.37m	40-07.00	2				
	12.14m	10.98m	10.53m	12.37m	12.05m	FOUL				
6	Lena Wilson	SO St. Thomas	12.31m	11.96m	39-03.00	2				
	11.46m	FOUL	FOUL	11.96m	FOUL	FOUL				
7	Allyson Kangas	FR Concordia-Moorhead	12.34m	11.94m	39-02.25	2				
	11.38m	11.02m	11.29m	11.94m	11.62m	11.77m				
8	Haley Anderson	SR St. Benedict	11.74m	11.88m	38-11.75	1				
	11.02m	11.44m	11.54m	11.88m	11.40m	11.25m				
9	Berit Borstad	SO St. Thomas	11.36m	11.68m	38-04.00	1				
	11.21m	11.37m	FOUL	11.15m	11.57m	11.68m				
10	Kenna Bannister	SO Augsburg	10.99m	11.33m	37-02.25	1				
	11.32m	11.33m	10.71m							
10	Kelsey Rajewsky	JR Concordia-Moorhead	12.11m	11.33m	37-02.25	2				
	10.70m	11.32m	11.33m							
12	Claire Baker	SR St. Benedict	10.94m	11.13m	36-06.25	1				
	10.70m	11.02m	11.13m							
12	Jaiden McCollum	FR St. Benedict	11.82m	11.13m	36-06.25	2				
	11.13m	10.57m	10.40m							
14	Isabella Klabough	SO Gustavus Adolphus	10.83m	11.07m	36-04.00	1				
	10.57m	11.07m	10.53m							
15	Alex Jagler	FR St. Thomas	11.26m	10.99m	36-00.75	1				
	10.48m	10.55m	10.99m							
15	Alexandra Kolstad	FR Hamline	10.99m	10.99m	36-00.75	1				
	10.99m	10.65m	10.88m							
17	Annalee Olson-Sola	FR Gustavus Adolphus	12.14m	10.84m	35-06.75	2				
	10.84m	10.76m	10.08m							
18	Sarah Gigstad	JR St. Benedict	11.03m	10.60m	34-09.50	1				
	10.13m	10.60m	10.44m							
19	Megan Grimes	SR St. Olaf	10.81m	10.52m	34-06.25	1				
	9.62m	10.43m	10.52m							
20	Lauren Isaacson	FR St. Catherine	11.31m	10.48m	34-04.75	1				
	10.30m	10.48m	10.16m							

**Women Weight Throw**

MIAC Record: # 17.66m 2000 April Felt, Hamline										
Name	Year	School	Seed	Finals	H#					
1	Nyjah Willis	SO Hamline	16.31m	15.75m	51-08.25	2				
	15.42m	15.75m	14.50m	FOUL	FOUL	FOUL				
2	Katie Keelin	JR Gustavus Adolphus	15.83m	15.16m	49-09.00	2				
	FOUL	13.69m	FOUL	15.16m	13.74m	14.98m				

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Women Weight Throw**

3	Megan Gehrke	FR St. Thomas	14.98m	15.03m	49-03.75	2
	14.43m FOUL 14.94m 14.48m 15.03m FOUL					
4	Bailey Van Den Heu	SR Gustavus Adolphus	14.64m	14.61m	47-11.25	2
	14.61m 13.77m 14.45m FOUL FOUL FOUL					
5	Berit Borstad	SO St. Thomas	14.60m	14.13m	46-04.25	2
	13.53m FOUL FOUL 13.82m 14.13m 13.68m					
6	Kelsey Rajewsky	JR Concordia-Moorhead	13.75m	14.11m	46-03.50	2
	FOUL 13.13m 13.31m 13.29m FOUL 14.11m					
7	Kaylea Hoenigschmi	SR St. Catherine	13.52m	13.27m	43-06.50	2
	13.27m FOUL 12.75m FOUL 12.42m FOUL					
8	Lauren Wagner	SO Bethel (Minn.)	12.79m	13.25m	43-05.75	1
	13.25m 12.50m 12.86m 12.52m 12.27m FOUL					
9	Alexandra Kolstad	FR Hamline	12.60m	13.21m	43-04.25	1
	13.21m 13.06m FOUL 12.55m 12.49m 12.87m					
10	Emma Klaustermeier	FR Bethel (Minn.)	12.55m	13.16m	43-02.25	1
	FOUL 13.16m 12.50m					
11	Claire Baker	SR St. Benedict	14.21m	13.09m	42-11.50	2
	12.71m 13.01m 13.09m					
12	Sarah Gigstad	JR St. Benedict	12.41m	12.76m	41-10.50	1
	12.76m 12.51m 12.66m					
13	Kenna Bannister	SO Augsburg	13.74m	12.69m	41-07.75	2
	FOUL 12.18m 12.69m					
14	Cayle Hovland	FR Concordia-Moorhead	13.12m	12.63m	41-05.25	2
	12.34m 12.63m 11.98m					
15	Eli Walter	JR St. Benedict	11.64m	12.23m	40-01.50	1
	10.78m 12.23m 11.61m					
16	Haley Anderson	SR St. Benedict	12.91m	12.11m	39-08.75	1
	11.65m 11.71m 12.11m					
17	Alex Jagler	FR St. Thomas	13.07m	11.97m	39-03.25	1
	11.89m 11.13m 11.97m					
18	Maggie Beckmann	FR St. Benedict	11.60m	11.70m	38-04.75	1
	FOUL 11.70m 11.70m					
19	Jacey Schlosser	FR Concordia-Moorhead	12.48m	11.67m	38-03.50	1
	11.06m FOUL 11.67m					
20	Sofia Palme	SO Concordia-Moorhead	11.67m	9.98m	32-09.00	1
	9.87m 9.98m FOUL					

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

800m. Run will be seeded according to point totals after LJ  
MIAC Record: # 2:28.16 2/21/2019 Carly Fornshell, Concordia-Mo

Name	Year School	Finals	Points
1	Carly Fornshell	SO Concordia-Moorhead	2:28.16# 716
2	Jordan Sifferle	JR St. Thomas	2:29.13 704
3	Mackenzie Schoustr	JR St. Olaf	2:29.70 697
4	Jenna Degen	SR St. Benedict	2:32.20 666
5	Syri Williams	SO Bethel (Minn.)	2:34.54 637
6	Eve Farrell	FR Carleton	2:35.79 622
7	Tonya Piergies	SR Carleton	2:37.36 604
8	Katie Jobe	SO Concordia-Moorhead	2:41.26 558
9	Stephanie Pickthor	FR St. Benedict	2:43.06 538
10	Mariah Terhaar	JR St. Thomas	2:43.62 532
11	Muna Abraham	FR Hamline	2:45.25 514

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

12	Megan Grimes	SR St. Olaf	2:46.19	504
13	Emily Bohlig	JR St. Olaf	2:47.87	486
14	Jenna Stilwell	SR Concordia-Moorhead	2:49.50	469
15	Anna Grove	SO Carleton	3:02.29	344
16	Rachel Studer	SO Gustavus Adolphus	3:03.43	334
17	Taylor Thompson	SO Gustavus Adolphus	3:08.52	290

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

MIAC Record: # 9.31 2/21/2019 Jenna Degen, St. Benedict

Name	Year	School	Finals	H#	Points
1	Mackenzie Schoustr	JR St. Olaf	9.31#	6	846 9.304
2	Jenna Degen	SR St. Benedict	9.31#	6	846 9.305
3	Jordan Sifferle	JR St. Thomas	9.76	5	758
4	Tonya Piergies	SR Carleton	9.81	5	748 9.802
5	Megan Grimes	SR St. Olaf	9.81	5	748 9.809
6	Rachel Studer	SO Gustavus Adolphus	9.88	4	735
7	Syri Williams	SO Bethel (Minn.)	9.90	6	731
8	Emily Bohlig	JR St. Olaf	9.92	2	727
9	Stephanie Pickthor	FR St. Benedict	9.94	4	723
10	Jenna Stilwell	SR Concordia-Moorhead	10.00	2	712
11	Carly Fornshell	SO Concordia-Moorhead	10.17	3	681
12	Katie Jobe	SO Concordia-Moorhead	10.27	3	662
13	Mariah Terhaar	JR St. Thomas	10.30	3	657
14	Anna Grove	SO Carleton	10.43	4	634
15	Taylor Thompson	SO Gustavus Adolphus	10.64	2	597
16	Muna Abraham	FR Hamline	10.85	1	561
17	Eve Farrell	FR Carleton	11.75	1	420

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

MIAC Record: # 1.63m 2/21/2019 Mackenzie Schoustra, St. Olaf

Name	Year	School	Finals	Points
1	Mackenzie Schoustr	JR St. Olaf	1.63m#	5-04.25 771
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66			
	P P P P P P O O O XO XO O O XXX			
2	Jenna Degen	SR St. Benedict	1.57m	5-01.75 701
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60			
	P P P P P P P O O O XO XXX			
3	Emily Bohlig	JR St. Olaf	1.54m	5-00.50 666
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57			
	P P P P P P O O O O XXX			
3	Mariah Terhaar	JR St. Thomas	1.54m	5-00.50 666
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57			
	P P P P P O P O O XO XXX			
5	Tonya Piergies	SR Carleton	1.51m	4-11.50 632
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54			
	P O P O O XO XXO O XXO XXX			
6	Eve Farrell	FR Carleton	1.48m	4-10.25 599
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51			
	P P P O P O O O XXX			

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

7	Anna Grove	SO Carleton	1.45m	4-09.00	566
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48				
	P P P O P O O XXX				
8	Katie Jobe	SO Concordia-Moorhead	1.42m	4-07.75	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45				
	P P P O O XXO XXX				
8	Jenna Stilwell	SR Concordia-Moorhead	1.42m	4-07.75	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45				
	P P O O O O XXX				
8	Taylor Thompson	SO Gustavus Adolphus	1.42m	4-07.75	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45				
	P P O O XO O XXX				
11	Stephanie Pickthor	FR St. Benedict	1.39m	4-06.75	502
	1.27 1.30 1.33 1.36 1.39 1.42				
	P O O O XXO XXX				
11	Megan Grimes	SR St. Olaf	1.39m	4-06.75	502
	1.27 1.30 1.33 1.36 1.39 1.42				
	P P O O XXO XXX				
13	Muna Abraham	FR Hamline	1.36m	4-05.50	470
	1.27 1.30 1.33 1.36 1.39				
	O P O XO XXX				
13	Rachel Studer	SO Gustavus Adolphus	1.36m	4-05.50	470
	1.27 1.30 1.33 1.36 1.39				
	P P XO XO XXX				
13	Carly Fornshell	SO Concordia-Moorhead	1.36m	4-05.50	470
	1.27 1.30 1.33 1.36 1.39				
	P O XO O XXX				
16	Syri Williams	SO Bethel (Minn.)	1.33m	4-04.25	439
	1.27 1.30 1.33 1.36				
	O O O XXX				
16	Jordan Sifferle	JR St. Thomas	1.33m	4-04.25	439
	1.27 1.30 1.33 1.36				
	O O O XXX				

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

MIAC Record: # 5.04m 2/21/2019 Mackenzie Schoustra, St. Olaf

Name	Year School	Finals	Points
1 Mackenzie Schoustr	JR St. Olaf	5.04m# 16-06.50	570
4.87m 4.92m 5.04m			
2 Jenna Degen	SR St. Benedict	5.03m 16-06.00	567
5.00m 5.03m FOUL			
3 Tonya Piergies	SR Carleton	4.95m 16-03.00	546
4.95m 4.90m 4.93m			
4 Syri Williams	SO Bethel (Minn.)	4.78m 15-08.25	500
4.78m 4.77m FOUL			
5 Emily Bohlig	JR St. Olaf	4.77m 15-07.75	498
FOUL 4.77m 4.73m			
6 Jordan Sifferle	JR St. Thomas	4.72m 15-06.00	485
4.72m FOUL 4.45m			
6 Rachel Studer	SO Gustavus Adolphus	4.72m 15-06.00	485
4.64m 4.57m 4.72m			

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**....Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

8	Megan Grimes	SR St. Olaf	4.70m	15-05.00	479
	FOUL 4.49m 4.70m				
9	Katie Jobe	SO Concordia-Moorhead	4.66m	15-03.50	469
	4.66m 4.40m 4.53m				
10	Carly Fornshell	SO Concordia-Moorhead	4.64m	15-02.75	464
	4.34m 4.20m 4.64m				
11	Jenna Stilwell	SR Concordia-Moorhead	4.49m	14-08.75	426
	4.45m 4.47m 4.49m				
11	Taylor Thompson	SO Gustavus Adolphus	4.49m	14-08.75	426
	FOUL 4.49m 4.48m				
13	Mariah Terhaar	JR St. Thomas	4.37m	14-04.00	396
	4.37m 4.26m 4.27m				
14	Stephanie Pickthor	FR St. Benedict	4.19m	13-09.00	352
	4.19m 3.90m FOUL				
15	Anna Grove	SO Carleton	4.07m	13-04.25	324
	FOUL 3.99m 4.07m				
16	Eve Farrell	FR Carleton	4.03m	13-02.75	315
	3.58m 4.03m 3.70m				
17	Muna Abraham	FR Hamline	3.82m	12-06.50	267
	FOUL FOUL 3.82m				

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

MIAC Record: # 10.49m 2/21/2019 Megan Grimes, St. Olaf

Name	Year School	Finals	Points
1 Megan Grimes	SR St. Olaf	10.49m# 34-05.00	562
		9.75m 10.39m 10.49m	
2 Jenna Stilwell	SR Concordia-Moorhead	10.45m 34-03.50	559
		10.45m 9.67m 9.58m	
3 Jenna Degen	SR St. Benedict	10.25m 33-07.50	546
		10.25m 9.47m 10.18m	
4 Mackenzie Schoustr	JR St. Olaf	10.17m 33-04.50	541
		10.17m 9.88m 10.14m	
5 Emily Bohlig	JR St. Olaf	9.63m 31-07.25	505
		9.09m 9.46m 9.63m	
6 Syri Williams	SO Bethel (Minn.)	9.55m 31-04.00	500
		8.14m 9.55m 9.38m	
7 Anna Grove	SO Carleton	9.48m 31-01.25	495
		9.45m FOUL 9.48m	
8 Katie Jobe	SO Concordia-Moorhead	9.46m 31-00.50	494
		9.46m 8.44m 8.55m	
9 Carly Fornshell	SO Concordia-Moorhead	9.33m 30-07.50	486
		7.77m 8.71m 9.33m	
10 Jordan Sifferle	JR St. Thomas	8.92m 29-03.25	459
		8.29m FOUL 8.92m	
11 Stephanie Pickthor	FR St. Benedict	8.81m 28-11.00	452
		8.81m 7.67m 7.61m	
12 Tonya Piergies	SR Carleton	8.70m 28-06.50	445
		8.70m 8.63m FOUL	
13 Eve Farrell	FR Carleton	8.35m 27-04.75	422
		8.21m 8.35m 7.89m	
14 Muna Abraham	FR Hamline	8.11m 26-07.25	406
		8.11m 7.98m 7.61m	

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

15	Taylor Thompson	SO Gustavus Adolphus	7.49m	24-07.00	366
	7.39m 7.49m 7.21m				
16	Mariah Terhaar	JR St. Thomas	7.44m	24-05.00	363
	7.00m FOUL 7.44m				
17	Rachel Studer	SO Gustavus Adolphus	6.73m	22-01.00	318
	6.73m 6.09m 5.96m				

**Women Indoor Pentathlon**

MIAC Record: # 3914 2014 Amelia Campbell, Carleton						
Name	Year	School	Seed	Finals	H#	
1	Mackenzie Schoustr	JR St. Olaf		3425		
2	Jenna Degen	SR St. Benedict		3326		
3	Tonya Piergies	SR Carleton		2975		
4	Emily Bohlig	JR St. Olaf		2882		
5	Jordan Sifferle	JR St. Thomas		2845		
6	Carly Fornshell	SO Concordia-Moorhead		2817		
7	Syri Williams	SO Bethel (Minn.)		2807		
8	Megan Grimes	SR St. Olaf		2795		
9	Katie Jobe	SO Concordia-Moorhead		2717		
10	Jenna Stilwell	SR Concordia-Moorhead		2700		
11	Mariah Terhaar	JR St. Thomas		2614		
12	Stephanie Pickthor	FR St. Benedict		2567		
13	Eve Farrell	FR Carleton		2378		
14	Anna Grove	SO Carleton		2363		
15	Rachel Studer	SO Gustavus Adolphus		2342		
16	Muna Abraham	FR Hamline		2218		
17	Taylor Thompson	SO Gustavus Adolphus		2213		

Women - Team Rankings - 20 Events Scored

1) St. Thomas	198	2) Hamline	113.50
3) Carleton	72.50	4) Bethel (Minn.)	71
5) Gustavus Adolphus	59.50	6) St. Olaf	58
7) Concordia-Moorhead	56	8) St. Benedict	51.50
9) St. Catherine	36	10) Macalester	32
11) Saint Mary's (Minn.)	19	12) Augsburg	13