

**MEN**

**TEAM SCORES:** 1. Frostburg, 209½; 2. Mt. St. Mary's, 160; 3. Liberty Baptist, 47; 4. Christopher Newport, 36½; 5. UMBC, 35; 6. Catholic, 34; 7. Gaulladuet, 20; 8. UP-Johnstown, 14; 9. Towson State, 10; 10. Mary Washington, 7; 11. York, 6; 12. Salisbury State, 5.

**Shotput:** 1. Complo, Frostburg, 47-1; 2. Washington, TSU; 3. Motti, MSM.

**10,000 run:** 1. Sterling, UMBC, 31:07.23; 2. Maier, Frost; 3. Bacci, UPJ.

**Long jump:** 1. Motti, MSM, 22-11½; 2. Williams, CNC; 3. Barber, Frost.

**3,000 steeplechase:** 1. Holder, Frost, 9:29.34; 2. Engelhardt, LB; 3. Rizzuto, York.

**4 x 100 relay:** 1. Mt. St. Mary's, 41.53; 2. Frostburg; 3. Catholic.

**High Jump:** 1. Tobias, MSM, 6-6; 2. Buzash, Frost; 3. Kuhn, Gaul, and Perry, UMBC.

**Javelin:** 1. Skramstad, MSM, 197-11; 2. Burgess, Sal; 3. Motti, MSM.

**1,500 run:** 1. Flynn, Catholic, 3:50.2; 2. Kreft, LB; 3. Arias, Frost.

**110 high hurdles:** 1. Ekpete, MSM, 14.56; 2. Hurd, Frost; 3. Skramstad, MSM.

**400 run:** 1. White, MSM, 47.55; 2. Owusu, MSM; 3. Walker, Frost.

**100 dash:** 1. Barber, Frost, 11.04; 2. Acker, Frost; 3. Kroger, Frost.

**800 run:** 1. Flynn, Cath, 1:50.29; 2. Evans, LB; 3. Buck, Frost.

**Pole vault:** 1. Webb, Frost, 14-0; 2. Keegan, MSM; 3. Motti, MSM.

**400 IM hurdles:** 1. West, Frost, 55.43; 2. Arthur, Frost; 3. Frank, Gaul.

**Triple jump:** 1. Toppins, Frost, 47-4; 2. Williams, CN; 3. Buzash.

**200 run:** 1. White, MSM, 21.84; 2. Owusu, MSM; 3. Kroger, Frost.

**Discus:** 1. Motti, MSM, 156-2½; 2. Conley, Gaul; 3. Ekpete, MSM.

**5,000 run:** 1. Sterling, UMBC, 15:00.5; 2. Arias, Frost; 3. Nagy, UPJ.

**4 x 400 relay:** 1. Mt. St. Mary's, 3:15.04; 2. Frostburg; 3. Catholic.

**WOMEN**

**TEAM SCORES:** 1. George Mason, 207; 2. Frostburg, 75.6; 3. Mt. St. Mary's; 64.3; 3. Liberty Baptist, 58; 4. Christopher Newport, 51; 5. Mary Washington, 30; 6. UMBC, 9; 7. Gallaudett, 6; 8. Catholic, 5; 9. Salisbury State, 3.

**Javelin:** 1. Richards, LB, 127; 2. Welsh, MSM; 3. Andrejack, MW.

**Triple jump:** 1. Bocus, MSM, 36-3; 2. Peets, CN; 3. Barber, GM.

**High jump:** 1. Scallan, MSM, 5-4; 2. Gainor, GM; 3. Scott Frost.

**5,000 run:** 1. Fleenor, GM, 17:40.76; 2. Wagner, UMBC; 3. Forsyth, MW.

**Discus:** 1. Addison, GM, 122; 2. Ralph, LB; 3. Stanley, CN.

**Shot put:** 1. Addison, GM, 43-11½; 2. Stanley, CN; 3. Cook, LB.

**4 x 100 relay:** 1. Frostburg, 49.27; 2. George Mason; 3. Christopher Newport.

**Long jump:** 1. Gibson, LB, 19-7; 2. McVey, GM; 3. Reynolds, GM.

**1,500 run:** 1. Meeks, GM, 4:38.89; 2. Moreno, MW; 3. Simpson, GM.

**100 Hurdles:** 1. McVay, GM, 14.86; 2. Brown, Frost; 3. Esquibel, Gall.

**400 run:** 1. Dendy, GM, 54.96; 2. Gibson, LB; 3. Proctor, Frost.

**100 dash:** 1. Williams, GM, 12.25; 2. Hence, GM; 3. Litchfield, MW.

**800 run:** 1. Reimer, LB, 2:15.27; 2. Hargrove, GM; 3. Smith, CN.

**400 Hurdles:** 1. Williams, GM, 1:02.13; 2. Crotty, Frost; 3. Brown, Frost.

**200 run:** 1. Dendy, GM, 44.71; 2. McVay, GM; 3. Hence, GM.

**3,000 run:** 1. Fleenor, GM, 10:07.65; 2. Tossey, GM; 3. Uptegrove, MSM.

**4 x 400 relay:** 1. Frostburg, 3:55.64; 2. George Mason; 3. Liberty Baptist.