

METRO CONFERENCE

TWO MILE

1948	Warren Ward, Glendale	9:55.0	Chet Collins, SMCC	Cruz Ybenez, Bakersfield	Dick Perry, Glendale	Tom Esparza, SDCC	
1949	Wesley Butler, East LA	10:18.8	Robert Cosby, SMCC	Tom Esparza, SDCC	Bob Krauch, SMCC	John Malone, Bakersfield	
1950	Gil Hinzo, Bakersfield	10:31.6	Bob Krauch, SMCC	----- Guardez, SDCC	Sergio Gallego, East LA	John Malone, Bakersfield	
1951	Dick Johnson, LBCC	10:28.2	Jim Halen, LA Valley	Wes Morris, LA Valley	Al Warren, East LA	Dave Hotchkin, SMCC	
1952	Mal Robertson, SMCC	10:12.5	Dave Hotchkin, SMCC	----- Stoddard, LBCC	Al Warren, East LA	----- Miller, SMCC	
1953	Joe Leach, LA Valley	10:13.4	Paul Black, El Camino	Ernie Terrazas, East LA	John Brown, LA Harbor	Gordon McClenathen, El Camino	
1954	Allen Peterson, LA Valley	9:56.1	Bill Collins, LA Valley	Gordon McClenathen, El Camino	Ernie Terrazas, East LA	Gerald Keck, LBCC	
1955	Ray Hampton, LBCC	10:11.1	Allen Peterson, LA Valley	Raymond Meza, East LA	----- McGill, SMCC	Pete Grossman, Bakersfield	George Rivera, East LA
1956	Vern Crawford, Bakersfield	10:01.9	Gerald Strong, Bakersfield	Don Drake, SMCC	Ken Napier, Bakersfield	Jim Wren, Bakersfield	Dean Fife, LBCC
1957	Miles Eisenman, Bakersfield	9:52.4	Vern Crawford, Bakersfield	Don Perez, East LA	Tom Green, LBCC	Dean Fife, LBCC	Noel Trout, SMCC
1958	Tom Ryan, El Camino	9:36.9	Miles Eisenman, Bakersfield 9:50.9	Gerald Strong, Bakersfield 9:52.5	John Bell, El Camino	Roy Mitchell, LBCC	----- Minnex, East LA
1959	Neville Shaw, Bakersfield	9:36.7	Dennis Haserot, East LA	Jesse Hernandez, Bakersfield	Al Guzman, LBCC	Fred Fenton, SMCC 10:15.5	Ray Morris, LBCC
1960	Horace Whitehead, East LA	9:43.5	Steve Matthews, LA Valley	Ron Clark, LBCC 9:52.0	Art Nava, East LA	Furman Marsh, El Camino	Roger Lawson, El Camino
1961	Alvino Lujan, Bakersfield	9:44.5	Steve Matthews, LA Valley 9:52.3	John Hatton, Bakersfield 9:54.8	David Hayes, Bakersfield 9:55.0	Larry Silver, LA Valley 9:57.6	Fred Dwight, El Camino 9:58.6
1962	Dick Krenzer, LA Valley	9:33.6	Dick Fernandez, El Camino	Joe Jacobson, LA Valley	David Hayes, Bakersfield	----- Taylor, Bakersfield	Elmer Harlan, LA Valley
1963	Dick Krenzer, LA Valley	9:06.0	Sterling Jenkins, SDCC 9:11.4	Jim Peeso, Cerritos 9:24.5	Mit Hunt, LBCC 9:36.5	Don McCarthy, SMCC 9:44.9	
1964	Bill Trujillo, SDCC	9:22.6	Wes Rizor, El Camino 9:23.1	Dwight Walsh, SMCC 9:29.8	Eddie Peraza, East LA 9:39.9	Ernie Calderon, East LA 9:39.9	Don McCarthy, SMCC 9:44.2
1965	Clem Woolridge, East LA	9:32.7	Eddie Peraza, East LA 9:36.4	Steve Dunlap, El Camino 9:38.4	Gary Clement, LBCC 9:45.5	Jim Druckenmiller, LBCC 9:47.7	Tom DeCew, Bakersfield 9:49.0
1966	----- Van Camp, Bakersfield	9:35.8	Jim Perez, East LA 9:36.6	Joe Santa Cruz, LA Valley 9:36.9	Jim Arriaga, Bakersfield 9:37.2	Bruce Traasdahl, LBCC 9:43.8	Paul Robison, SMCC 9:46.2
1967	Paul Robison, SMCC	9:15.9	Ole Oleson, SMCC 9:16.2	Joe Santa Cruz, LA Valley 9:16.2	Eddie Cadena, Bakersfield 9:17.3	Jim Perez, East LA 9:20.4	Hartzell Alpizar, LBCC 9:20.6
1968	Hartzell Alpizar, LBCC	9:17.1	Frank Rodriguez, Bakersfield 9:21.2	Mike Wagenbach, LA Valley 9:26.0	Dick Ring, Cerritos 9:28.9	Alan Silver, LA Valley 9:30.5	Lenny Jay, El Camino 9:34.5
1969	Jesse Gomez, Pasadena	9:00.9	Bob Macias, LA Pierce 9:02.4	Rick Hitchcock, Bakersfield 9:03.9	Frank Rodriguez, Bakersfield 9:13.3	Nick Rosner, Pasadena 9:13.3	Mark Covert, LA Valley 9:17.5
1970	Rick Hitchcock, Bakersfield	9:05.1	Mark Covert, LA Valley 9:10.5	Mark Evans, Pasadena 9:15.3	Mike Butler, LA Pierce 9:18.7	Keith Grinnell, LA Valley 9:20.0	Dave Gathings, Bakersfield 9:21.1

THREE MILE

1971	Dave Gathings, Bakersfield	14:13.3	Bruce Johnson, El Camino 14:15.6	Ray Stephens, El Camino 14:16.9	Ron Sasser, LBCC 14:23.1	John Caldwell, Bakersfield 14:33.4	Joe Carlson, LBCC 14:46.9
1972	Dave Babiracki, LA Valley	13:47.5	Ed Granillo, Bakersfield	Bruce Johnson, El Camino	Richard Lozano, Bakersfield	John Schmickrath, LBCC	Ron Sasser, LBCC

			13:56.2	13:56.9	13:58.7	14:17.5	14:20.6
1973	Danny Villalobos, Bakersfield	14:17.5	Tomas Rodriguez, El Camino 14:23.4	Jerry Alexander, LA Valley 14:27.0	Scott Schweitzer, LA Valley 14:31.0	----- Woesner, Bakersfield 14:49.6	George Marshall, LA Pierce 14:53.5
1974	Cliff Morden, LA Valley	14:07.3	Steve Walsh, El Camino 14:14.2	Tomas Rodriguez, El Camino 14:18.5	Harold Marshall, El Camino 14:25.5	Joel Scott, LA Valley 14:32.7	Bill Entz, LA Pierce
1975	Cliff Morden, LA Valley	4:14.2	Tim Anderson, Bakersfield 14:27.9	Ron Adams, LA Valley 14:35.5	Rich Weiman, LBCC 14:36.5	Harold Ketting, El Camino 14:38.8	Gerado Canchola, LA Valley 14:43.8
1976	Geraldo Canchola, LA Valley	14:32.0	Mike Seeker, Pasadena 14:45.0	John Beck, Bakersfield 14:48.0	Mike Vasquez, Bakersfield 14:49.0	Harold Ketting, El Camino 14:49.5	----- Bales, LA Valley 15:09.0

5,000-METERS

1977	Sal Godinez, Pasadena	15:02.1	Kevin Burkin, LA Valley 15:20.3	--- Meyer, Bakersfield 15:28.5	--- Bray, Bakersfield 15:33.2	--- Zaragoza, LBCC 15:38.0	Mike Seeker, Pasadena 15:38.2
1978	Kevin Burkin, LA Valley	14:57.4	Frank Gonzales, Pasadena 15:06.4				
1979	Clark Cox, LBCC	14:29.8	Ron Cornell, LBCC 14:42.0	Chris Schaller, LA Valley 14:47.2	Carmello Rios, LBCC 14:51.2	Greg Parks, LA Valley 14:51.5	