

METRO CONFERENCE

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1948	Dan Guest, SMCC	1:59.8	Dave Kamanski, Glendale	Bob Devlin, Bakersfield	Bob McMillen, Glendale	Don Palmer, Bakersfield	
1949	Dick Conner, El Camino	2:02.1	Bob Bishop, Bakersfield	Rabern Prante, East LA	Wally Fouts, SMCC	----- Winder, Bakersfield	
1950	John Sage, SMCC	1:57.8	Bob Bishop, Bakersfield	Gerald Burns, SMCC	Rabern Prante, East LA	Don Hoover, LA Valley	
1951	Don Hoover, LA Valley	1:58.7	Jim Boyd, LBCC	Gerald Burns, SMCC	Bob Self, Bakersfield	Jim Smith, LA Valley	
1952	Bill Taylor, LA Valley	2:00.1	Bob Timson, LA Valley	Jeff Downing, El Camino	Ralph Smith, LA Valley	Nick Wilson, SMCC	
1953	Bill Taylor, LA Valley	1:59.0	Frank Denkins, East LA	Dale Brooks, SMCC	Ray Cencieros, East LA	Jerry Montgomery, LBCC	
1954	Ray Houghton, SMCC	1:56.7	Ray Cencieros, East LA	Harrison Strong, LA Valley	Bill Abbott, LA Valley	Coke McClinton, Bakersfield	
1955	Jack Schroeder, LA Valley	2:10.3	Ron Eccles, LBCC	Morris Kyle, Bakersfield	Len Bourget, SMCC	Lonnie Rhodes, LBCC	Bob Hagerty, LA Valley
1956	Coyt Davis, Bakersfield	1:59.5	Jack Nevarov, Bakersfield	Arnold Steele, SDCC	Rudy Jackson, LA Valley	Ralph Nevis, LBCC	----- Williams, LA Harbor
1957	Coyt Davis, Bakersfield	1:58.1	Chuck Hayes, East LA	Jack Nevarov, Bakersfield	Jim Erbes, LA Valley	Len Bourget, SMCC	Lee Miller, El Camino
1958	Jim Hester, El Camino	1:55.0	Steve Maynard, LBCC	Bill (Knocke) Stanberry, Bak	Chuck Baldwin, El Camino	Reuben Lopez, SDCC	Jim Bevins, El Camino
			1:55.4	1:55.8			
1959	Leland Sheppard, Bakersfield	1:54.9	Gary Smythe, SMCC	Steve Maynard, LBCC	Fred Morris, Bakersfield	Raul Chavez, East LA	Walt Lewis, LA Valley
			1:56.1				
1960	Tom Webb, LA Valley	1:54.3	Leland Sheppard, Bakersfield	Walt Lewis, LA Valley	Mel Keck, LBCC	Mel Margolis, SMCC	Chuck Walsh, SMCC
			1:54.5	1:55.0	1:55.6		
1961	Steve Matthews, LA Valley	1:54.9	Dennis Hanson, El Camino	Leroy Dansby, Bakersfield	Mike Bartell, El Camino	Chick Fero, Bakersfield	Don Shaw, LBCC
			1:56.3	1:58.0	1:58.2	1:58.3	1:58.6
1962	Bill Sheue, East LA	1:55.1	Ron Steele, SDCC	Bob Severance, El Camino	Chick Fero, Bakersfield	Wayland Franklin, East LA	Mike Thornton, El Camino
1963	George Davis, LBCC	1:52.5	Kurt Klein, El Camino	Marvin Murray, LA Valley	Keith Dailey, Bakersfield	Steve Sheppard, LA Valley	
			1:53.2	1:54.3	1:54.3	1:55.2	
1964	Les Fendia, Cerritos	1:53.7	Marvin Murray, LA Valley	George Davis, LBCC	Stan Bauer, LBCC	Mike Parson, El Camino	Jim Hamlin, LBCC
			1:54.8	1:55.6	1:56.5	1:56.8	1:56.8
1965	Les Fendia, Cerritos	1:52.7	Doug Hall, El Camino	Jim Hamlin, LBCC	Mike Post, LBCC	Art Uranga, East LA	Frank Hensley, Bakersfield
			1:53.5	1:55.4	1:55.7	1:57.0	1:57.6
1966	Jose Avila, East LA	1:53.8	Doug Hall, El Camino	John Nichols, East LA	Mike Post, LBCC	Ralph Spicer, LBCC	Frank Hensley, Bakersfield
			1:54.2	1:54.2	1:55.0	1:55.9	1:56.0
1967	Tom Nichols, Bakersfield	1:52.8	Frank Tepper, LA Valley	Bill DeVore, LBCC	Chip Minnick, Cerritos	Roy Spece, LBCC	Dennis Schmitz, Cerritos
			1:53.5	1:53.6	1:53.8	1:55.3	1:56.3
1968	Greg Hall, El Camino	1:52.8	Art Martinez, East LA	Jim Miller, El Camino	Steve Crane, LBCC	Jim Estes, LA Valley	Brian Castleman, Bakersfield
			1:52.8	1:53.2	1:53.3	1:53.5	1:53.6
1969	Bruce Sutherland, Pasadena	1:53.0	Jim Estes, LA Valley	Bob Stevens, El Camino	Mike Hageman, Cerritos	Tom Lynch, SMCC	Brian Castleman, Bakersfield
			1:53.9	1:54.0	1:54.2	1:54.4	1:54.5
1970	Manuel Greene, LA Valley	1:53.2	Tom Garcia, Bakersfield	Jim Morden, LA Pierce	John Gembrini, Pasadena	Tom Lynch, SMCC	----- Robertson, Bakersfield
			1:54.5	1:54.9	1:55.6	1:55.9	1:57.3
1971	Jim Roberts, LBCC	1:53.8	Jim Morden, LA Pierce	Steve Carnahan, Pasadena	Vernell Jackson, Bakersfield	Mark Kennedy, LA Valley	Jim Thomas, El Camino
			1:55.6	1:56.0	1:56.2	1:56.3	1:59.1
1972	Phil Foster, Bakersfield	1:53.3	Vernell Jackson, Bakersfield	Glenn Harmatz, LBCC	Mark Kennedy, LA Valley	Mike Goff, Bakersfield	
			1:53.6	1:53.7	1:56.0	1:56.7	
1973	Phil Foster, Bakersfield	1:53.4	Larry Boan, Bakersfield	Steve Wulf, LA Pierce	-----Black, Pasadena	----- Cox, Bakersfield	Steve Sheehy, LA Valley
			1:54.0	1:54.2	1:55.6	1:56.6	1:57.5
1974	Steve Wulf, LA Pierce	1:51.6	Dan Barry, LA Pierce	Jeff Haynes, LBCC	Ben Neil, Pasadena	Dan LaGorio, LA Pierce	John Clifton, LBCC

			1:51.7	1:52.0	1:52.8	1:54.2	1:54.2
1975	Jeff Haynes, LBCC	1:51.8	Randy Smith, LA Pierce 1:52.7	Dan Barry, LA Pierce 1:53.5	Dan LaGorio, LA Pierce 1:55.1	----- Martinez, Pasadena 1:56.9	Mike Edwards, Bakersfield 1:56.9
1976	----- Donahue, LA Pierce	1:52.1	Randy Jones, Bakersfield 1:52.7	Mike Henry, El Camino 1:54.8	----- Johnson, El Camino 1:56.5	Rouse, Pasadena 1:57.0	Mike Edwards, Bakersfield 1:58.2
1977	Sam Sawney, Pasadena	1:52.7m	Steve McKenna, LA Valley 1:54.0m	Art Grasso, El Camino 1:54.0m	--- Podolski, LA Pierce 1:54.1m	Mike Henry, El Camino 1:54.4m	--- Klarenbeck, LA Pierce 1:55.3m
1978	Ed Wright, Pasadena	1:53.9m	Roman Gutierrez, Bakersfield 1:55.5m	Joe Berry, Bakersfield 1:55.7m			
1979	Ed Wright, Pasadena	1:53.4m	----- Crawford, LBCC	----- Boyd, Bakersfield 1:54.5m	Sam Caesar, LBCC 1:54.6m		