

METRO CONFERENCE

DISCUS

| | | | | | | | |
|------|-----------------------------|--------|--|--------------------------------------|--------------------------------------|------------------------------------|--|
| 1948 | Fred Valentich, Bakersfield | 137-6 | Joe Johnson, SMCC | Ray Aguirre, Bakersfield | ----- Branford, Glendale | George McWhirter, Bakersfield | |
| 1949 | Ernest Watson, SMCC | 131-1 | Warren Kettering, East LA | Bob Thesman, Bakersfield | George McWhorter, Bakersfield | Harry Winegar, El Camino | |
| 1950 | Burt Mulford, Bakersfield | 135-6 | Warren Kettering, East LA 135-0 | Al Murgia, East LA 128-0 | S----- Miller, SMCC 119-6 | Bob Thesman, Bakersfield 119-4 | |
| 1951 | Ken Peach, SMCC | 185-5 | Charles Savage, Bakersfield | Clarence Lewis, LA Valley | Fred Miller, SMCC | Bob Borghi, Bakersfield | |
| 1952 | Clarence Lewis, LA Valley | 141-11 | Richrad Wahl, Bakersfield | Marvin Gelder, LBCC | ----- Vander, Bakersfield | Joe Muldowney, LBCC | |
| 1953 | Sherwin Sosnovsky, East LA | 149-1 | Leon Harris, Bakersfield | ----- Habbitt, East LA | Dan McClanahan, SMCC | Mason Benner, SMCC | |
| 1954 | Duane Nowack, SMCC | 139-9 | Jerry Hurst, SMCC | Clark Holden, LA Valley | Leon Harris, Bakersfield | John Rhods, SMCC | |
| 1955 | Duane Nowack, SMCC | 161-0 | Gary Phillips, LA Harbor | Bob Humphreys, LBCC | Don Nelson, LA Valley | Gene Maroni, LA Valley | Duane Lemon, El Camino |
| 1956 | Gary Phillips, LA Harbor | 143-7 | Elias Castaneda, East LA 137-5 | Gene Freudenthal, El Camino 135-9 | ----- Silver, Bakersfield 132-6 | Clay Westling, SDCC 130-11 | Bill Atkins, LA Valley 127-6 |
| 1957 | Norm Volen, East LA | 144-9 | Isaiah Davis, Bakersfield 139-2 | Tom Lyon, LBCC 139-0 | Bill Atkins, LA Valley 136-6 | Ron Provost, Bakersfield 136-1 | ----- Green, LBCC 129-1 |
| 1958 | Harold Tomlin, Bakersfield | 152-3 | Bob Sbordone, LA Valley 143-11 | Ernie Gordon, LBCC | Frank Olsen, El Camino | John Ahmann, SMCC | Doug Brown, LBCC |
| 1959 | Doug Brown, LBCC | 154-3 | J.R. Williams, Bakersfield | Dave Washington, SMCC 150-5 | Jack Slocombe, LBCC | Tony Pallante, El Camino | Jim Smith, LBCC |
| 1960 | Dick Merritt, LBCC | 150-5 | Hymatchus Fields, LA Harbor 149-8 | Alan Roebuck, LBCC 139-9 | Jack Henderson, El Camino | Rod Yraceburn, Bakersfield | Robert Birtja, East LA |
| 1961 | Lou Fasano, LA Valley | 147-7 | Tom Hayden, El Camino 143-11 | Mike McConnell, Bakersfield 143-9 | George Frenn, LA Valley 142-7 | Bill Hlywka, LA Valley 141-10 | George Fleckenstein, SMCC 132-1 |
| 1962 | Lou Fasano, LA Valley | 152-4 | Roger Davy, Bakersfield 146-3 | Bill Hlywka, LA Valley 138-0 | Rich Hearons, LBCC 133-5 | Don Ellison, Bakersfield 131-2 | Phil Thames, SMCC 129-6 |
| 1963 | Gary Ordway, Cerritos | 163-9 | Roger Davy, Bakersfield 153-0 | Bill Patterson, Bakersfield 149-4 | Don Ellison, Bakersfield 143-8 | Phil Thames, SMCC 145-0 | |
| 1964 | Jeff Smith, LBCC | 154-1 | Dave Weber, Cerritos 149-11 | Perry Parks, East LA 143-11 | Spain Musgrove, Bakersfield 139-5 | Jack Hale, LBCC 138-10 | Dan Dye, El Camino 135-4 |
| 1965 | Gary Barr, LA Valley | 156-9 | Jack Hale, LBCC 153-3 | Dennis Born, Cerritos 145-7 | Isiah Oakes, SMCC 141-1 | Dan Dye, El Camino 140-4 | Roy Thurman, LBCC 139-9 |
| 1966 | Isiah Oakes, SMCC | 156-0 | Rocky Rasley, Bakersfield 151-9 | Mike Hale, Bakersfield 145-9 | Brodie Dunn, Cerritos 144-9 | Jim Zuieback, LA Valley 140-0 | Roy Thurman, LBCC Tom Kirkwold, El Camino 134-10 |
| 1967 | Steve Wilson, Bakersfield | 161-4 | Brodie Dunn, Cerritos 150-5 | Bob Morris, LBCC 149-11 | Greg Art, Bakersfield 149-9 | Gary Knox, Bakersfield 146-10 | ----- Banks, El Camino 141-3 |
| 1968 | Steve Wilson, Bakersfield | 153-5 | Gary Knox, Bakersfield 152-1 | Dave Fields, LBCC 136-0 | Dick Woolsey, LBCC 130-9 | Ray DeShane, Bakersfield 127-4 | Bruce Dunn, Rio Hondo 126-2 |
| 1969 | Kevin Johnson, Cerritos | 150-9 | Greg Art, Bakersfield 146-11 | Steve Lounsbury, LA Pierce 146-8 | Dave March, LA Pierce 146-4 | Steve Sutton, Cerritos 142-11 | Mike Craig, Bakersfield 142-0 |
| 1970 | Ron Earnest, El Camino | 163-5 | Craig Fair, Bakersfield 161-2 | Mike Craig, Bakersfield 154-11 | Steve Lounsbury, LA Pierce 146-1 | Greg Millward, El Camino 140-2 | Tom Williams, Bakersfield 139-2 |
| 1971 | Craig Fair, Bakersfield | 170-8 | Charles Anderson, Bakersfield 157-0 | Bruce Hueners, Pasadena 154-5 | Steve Lauriano, LBCC 150-1 | Tom Williams, Bakersfield 145-4 | Wally Wirick, Pasadena 143-7 |
| 1972 | Bob Yourek, Bakersfield | 161-2 | Charles Anderson, Bakersfield | Mike LaFave, Bakersfield | Ggeg Millward, El Camino | Nick Daffern, SMCC | Don Turri, El Camino |

| | | | 157-9 | 157-8 | 151-9 | 138-5 | 137-4 |
|------|----------------------------|-------|-------------------------------------|--------------------------------------|------------------------------------|----------------------------------|---------------------------------------|
| 1973 | Mike Lafavre, Bakersfield | 151-0 | ----- Boyd, Pasadena 145-3 | ----- Nelson, Bakersfield 143-8 | Jay Ott, El Camino 134-9 | Maurice Valentine, LBCC 133-0 | ----- Hendricks, Bakersfield 131-7 |
| 1974 | Rodney Palla, Bakersfield | 146-9 | Willie Harris, Bakersfield 143-4 | Maurice Valentine, LBCC 137-2 | Dan Arnold, LA Valley 133-4 | John Nomis, LA Pierce 125-4 | Scott Avery, LBCC 124-1 |
| 1975 | Willie Harris, Bakersfield | 157-3 | Rodney Palla, Bakersfield 152-8 | ----- Mason, Pasadena 150-7 | Darrick Danta, LA Pierce 147-10 | John Nomis, LA Pierce 147-5 | Dan Henggeler, El Camino 147-3 |
| 1976 | Dave Fuller, LBCC | 156-7 | Bob Smith, El Camino 153-2 | Dan Henggeler, El Camino 141-4 | Andy Carbon, El Camino 139-3 | Paul Fuller, El Camino 137-1 | Don Giorgi, Bakersfield 136-7 |
| 1977 | Dave Fuller, LBCC | 168-2 | Don Giorgi, Bakersfield 154-7 | Paul Fuller, LBCC 154-2 | John Fox, Bakersfield 152-2 | Steve Summers, Pasadena 151-6 | --- Koch, Pasadena 145-11 |
| 1978 | Brian McBride, Bakersfield | 152-5 | | | | | |
| 1979 | Jay Kovar, Bakersfield | 160-5 | ----- Lozano, LBCC 153-2 | Henry Scarborough, Pasadena 142-9 | ----- Moody, El Camino 138-0 | | |