

METRO CONFERENCE

MILE RELAY

1948	Bakersfield Archie Parks Don Palmer Walt Grainger James Frazier	3:25.4	San Diego	Glendale			
1949	Bakersfield --- Davis --- Winder Don Palmer Alec Thompson	3:30.7	East LA	SMCC			
1950	East LA Gil McFadden Laurence Brewer Clifton Ivory Bob Smith	3:27.2	Bakersfield	SMCC			
1951	Bakersfield Bob Self Arlyn Melcher Ray Buechler Ron Packard	3:25.7	LBCC	East LA	SMCC	LA Valley	
1952	LA Valley Johnny Hermann Bill Taylor Warren Tamblyn Phil Serrins	3:27.2	LBCC John Van Houten Tom Ferreira Jack Launson Darrel Piercy	SMCC	Bakersfield	El Camino	
1953	LA Valley Joe Haas Ralph Smith Bill McCormick Clarence Anderson	3:27.0	LA Harbor	East LA	Bakersfield	LBCC	
1954	Bakersfield Clive Alexander --- Knox Osceola McClinton Leonard Brown	3:24.6	LA Valley	East LA	LBCC	SMCC	
1955	LA Harbor Everett Jackson Al Ross Warren Eisenberg LeRoy Bates	3:26.3	LBCC Lonnie Rhodes Duane Duncan Bill Leitch 49.8 Bob Adams 49.8	Bakersfield	LA Valley	SMCC	East LA
1956	LA Valley	3:25.4	East LA	SDCC	SMCC	El Camino	LBCC
1957	Bakersfield Bob Mills Bob Clerrico	3:23.2	LA Valley	El Camino	East LA	SMCC	LBCC

	Harvey Warren J.C. Phillips						
1958	Bakersfield Doug Wold Bill Stanberry (Knocke) J.C. Phillips Jesse Bradford	3:19.8	LBCC 3:20.8	LA Harbor	LA Valley	SDCC	El Camino
1959	LBCC Jim Pitkin Ron Alice Matthew Shipp Jim Duke 47.8	3:17.2	El Camino	Bakersfield	SDCC	LA Valley	LA Harbor
1960	Bakersfield Leonard Brown Ron Suggs Leland Sheppard Earl Harlan	3:18.5	LA Valley	East LA	LBCC	El Camino	no sixth
1961	Bakersfield Charlie Harvey Alfred McDaniels Chick Fero Thearthur White	3:20.0	East Los Angeles 3:20.4	San Diego 3:23.5	LA Harbor 3:24.5	El Camino 3:25.0	LA Valley 3:27.9
1962	El Camino	3:19.5	LBCC Gary Downey Chuck Hunt Phil Rodasta Tim Russell 47.2	SMCC Carl Toothman Mike Boone Roger Allen Harold McCauley 49.9 3:20.8	East LA	SDCC	LA Valley
1963	Cerritos Bob Frey 50.1 Lynn Taylor 50.4 Ted Wray 48.5 Kerry Wright 47.6	3:16.8	San Diego 3:17.0	LBCC 3:17.5	LA Valley 3:20.9	El Camino 3:22.9	
1964	Cerritos Bob Frey George Herold Walt Hales Wes Fendia	3:18.1	LA Valley 3:20.2	San Diego 3:20.7	Bakersfield 3:21.4	El Camino 3:22.9	LBCC 3:23.8
1965	Cerritos Craig Ptak Bill Massey Ron Nordschow Les Fendia	3:17.9	LA Valley 3:20.4	Bakersfield 3:20.5	East LA 3:21.0	LBCC 3:21.9	El Camino 3:24.5
1966	Bakersfield Dennis Powers 50.9 Pat Weddle 48.7 Don Johnson 49.0 Ben Olison 48.1	3:16.7	LA Valley 3:17.7	Cerritos 3:21.0	East LA 3:21.0	LBCC --- Ell 52.9 Mike Post 51.4 Fred Muench 50.5 Jim Antenore 51.0 3:25.8	El Camino 3:31.3
1967	Cerritos Tom Amestoy Allen Carlson	3:17.0	LA Valley Steve Appleby 49.8 Ron Couser 50.0	Bakersfield	LBCC	El Camino	SMCC

