

Metro Championships

Saturday's final results of the Metro Conference Championships in track and field at Mike Long Track at Florida State University. Florida State's Leander McKenzie and Southern Mississippi's Donny Young were named the meet's Most Valuable Performers.

Team results

1. Florida State 181; 2. Virginia Tech 116; 3. South Carolina 88; 4. Cincinnati 84; 5. Southern Mississippi 82; 6. Memphis State 64; 7. Tulane 27; 8. Louisville 9.

400-meter relay

1. Southern Mississippi (Bryant Gilbert, Ples Wilkerson, Pat Chism, Donny Young) 40.29; Memphis State 40.60.

1,500-meter run

1. Colin Hume (Memphis State) 3:44.64; 2. Alan Drosky (South Carolina) 3:46.46.

110-meter high hurdles

(wind plus 0.87 m.p.s.) 1. Leander McKenzie (Florida State) 14.20; 2. Bryant Gilbert (Southern Mississippi) 14.25.

400-meter dash

1. Victor Lacey (Memphis State) 46.28; 2. Reggie Ross (Florida State) 46.37.

High jump

1. Kenny Smith (Florida State) 7-2...conference record; 2. Rodney Johnson (Cincinnati) and Jake Howitt (Virginia Tech) 6-10.

100-meter run

(wind plus 0.01 m.p.s.) 1. Donny Young (Southern Mississippi) 10.43; 2. Ollie Taylor (South Carolina) 10.59.

800-meter run

1. Doug Wiesman (Cincinnati) 1:48.91; 2. William Singleton (Memphis State) 1:49.53.

400-meter intermediate hurdles

1. Leander McKenzie (Florida State) 49.58...conference record; 2. Charlie Carr (Florida State) 51.39.

200-meter dash

(wind minus 0.16 m.p.s.) 1. Donny Young (Southern Mississippi) 20.91; 2. Pat Chism (Southern Mississippi) 21.44.

5,000-meter run

1. Douglas Law (Virginia Tech) 14:31.25; 2. Robert Herndon (Virginia Tech) 14:33.52.

Triple jump

1. Andy Latimer (Florida State) 51-10; 2. Phil Saunders (Virginia Tech) 50-7.

1,600-meter relay

1. Florida State (Leander McKenzie, Charlie Carr, Vince Bostic, Reggie Ross) 3:08.44; 2. South Carolina 3:12.10.

Pole vault

1. Kevin Haxter (Virginia Tech) 16-0; 2. Dusty Harmon (Florida State) 16-0.

Discus

1. Greg Weber (Cincinnati) 166-6; 2. Mike Droogsma (Florida State) 162-3.

Decathlon — 1. Lenx Jackson (FSU) 6,792; 2. Tom Reither (FSU) 6,762; **Hammer** — 1. Steve Moran (Va. Tech) 163'6"; 2. Steve Braford (Va. Tech) 159'4"; **Shot put** — 1. Ron Yarab (S. Car.) 57'; 2. Greg Weber (Cin) 56'1½"; **Long jump** — 1. Peter Edeh (S. Car) 25'½"; 2. Wayne Smith (S. Car.) 24'4¼"; **3,000-meter steeplechase** — 1. Colin Hume (Mem. St.) 8:55.04; 2. Ronnie Treadway (FSU) 8:59.34; **10,000-meter run** — 1. David Topham (Mem. St) 29:35.48; 2. Paul Waldron (FSU) 29:43.1; **Javelin** — 1. Danny English (Tul) 201'3"; 2. Ed O'Sullivan (Tul) 196'8".