

# Metro Conference Indoor Track and Field Championship • February 18-19, 1995

Virginia Tech University

**Men:** 1. VCU 169; 2. Virginia Tech 153½; 3. So. Florida 93½; 4. So. Mississippi 56; 5. UNC-Charlotte 26; 6. Louisville 17; 7. Tulane 12.

**Women:** 1. So. Florida 144½; 2. Virginia Tech 124½; 3. VCU 62; 4. Louisville 47; 5T. So. Mississippi, UNC-Charlotte 40; 7. Tulane 38.

Men			Women		
<b>55m</b>			<b>55m</b>		
2. Henry Wilson	So. Mississippi	6.44	2. Sophia Minor	So. Mississippi	7.17
5. Armon Matthews	So. Mississippi	6.65			
<b>55 Hurdles</b>			<b>55 Hurdles</b>		
1. Jason Fullmer	Virginia Tech	7.62	2. Kia Van Wright	UNC-Charlotte	
2. Shaun Evans	So. Mississippi	7.76			
3. Charles Green	So. Mississippi	7.80			
<b>200</b>			<b>200</b>		
1. Hillard Sumner	Virginia Tech		4. Sophia Minor	So. Mississippi	26.46
4. Maurice Banyon	So. Mississippi	22.86			
6. Karlos Cummings	So. Mississippi	23.15			
<b>400</b>			<b>400</b>		
1. Hillard Sumner	Virginia Tech	48.90	1. Marilyn Payton	So. Florida	57.75
3. Maurice Banyon	So. Mississippi	50.00			
<b>800</b>			<b>800</b>		
1. Bruce Berger	VCU	1:51.68	1. Jennifer Chapman	Virginia Tech	2:19.33
2. Brett Matthews	Virginia Tech	1:51.78	2. Michelle Bogart	Louisville	2:19.43
<b>3000</b>			<b>Mile</b>		
1. Muchapiwa Mazano	So. Florida	8:23.6	1. Sarah Erickson	So. Florida	4:59.80
<b>5000</b>			<b>Mile Relay</b>		
1. Gray Mayhera	So. Florida	14:51.0	1. Virginia Tech		
<b>1600 Relay</b>			<b>Distance Medley Relay</b>		
1. Virginia Tech			1. So. Florida	12:08.0	
4. So. Mississippi	3:26.2		5. So. Mississippi	13:43.2	
<b>Distance Medley Relay</b>			<b>High Jump</b>		
1. So. Florida	10:07.6		2. Shannon Powell	So. Mississippi	5-3¾
5. So. Mississippi	10:35.4				
<b>High Jump</b>			<b>Long Jump</b>		
1. Kelvin Williams	So. Mississippi	6-9¾	2. Tanisha Brown	So. Mississippi	18-4
<b>Long Jump</b>			<b>Triple Jump</b>		
1. Greg Henley	Virginia Tech	23-5½	1. Detra Edmunds	Virginia Tech	
2. Will Dickerson	VCU	23-5½			
<b>Triple Jump</b>			<b>Shot Put</b>		
1. Robb Marks	UNC-Charlotte		1. Johli Carscallen	Virginia Tech	
<b>Shot Put</b>			2. Tracy Knight	So. Mississippi	40-6
6. Brian Newman	So. Mississippi	47-11¼	6. Tanisha Brown	So. Mississippi	35-11¼
<b>Pentathlon</b>			<b>Weight Throw</b>		
1. Dave Hannett	Virginia Tech	3,668	1. Meredith Newby	Virginia Tech	48-11
4. Charles Green	So. Mississippi	3,230	5. Tracy Knigh	So. Mississippi	32-10