

Mid-Atlantic Conference Championships • Collegeville, PA • May 2-3, 1986

MEN: 1. Susquehanna 100; 2. Messiah 58; 3. Moravian 57; 4. Haverford 56; 5. Delaware Valley 53; 6. Gettysburg 41; T7. Dickinson, Ursinus 40; 9. Juniata 38; 10. Franklin & Marshall 24; 11. Swarthmore 22; 12. Albright 20; 13. Lebanon Valley 10; 14. Western Maryland 9; 15. Muhlenberg 8; 16. Lycoming 7; 17. Johns Hopkins 6.

WOMEN: 1. Messiah 121; 2. Franklin & Marshall 92; 3. Dickinson 69; 4. Gettysburg 44; T5. Moravian, Swarthmore 42; 7. Susquehanna 29; 8. Delaware Valley 28; 9. Albright 18; 10. Johns Hopkins 10; T11. Lebanon Valley, Widener 8; T13. Juniata, Ursinus 6; 15. Lycoming 4.

MEN

100m

1. Spangler, Mike	Susquehanna	10.98
2. SanGiorgio, Tom	Moravian	11.20
3. Thoden, Ken	Albright	11.30
4. Williams, Cal	Dickinson	11.31
5. Glackin, Chris	Moravian	11.43
6. Rau, Shane	Swarthmore	11.45
7. Flynn	Gettysburg	11.47

200

1. Spangler, Mike	Susquehanna	22.00
2. Rowson, Abe	Ursinus	22.36
3. Thoden, Ken	Albright	22.62
4. Williams, Andy	Gettysburg	22.69
5. Williams, Mike	Delaware Valley	22.76
6. San Giorgio, Tom	Moravian	22.85
7. Rau, Shane	Swarthmore	22.89
8. Pocquat	Lycoming	23.92

400

1. Spangler, Mike	Susquehanna	49.54
2. Rowson, Abe	Ursinus	50.47
3. Gunn, Geoff	Moravian	51.02
4. Goebel, Ed	Moravian	51.13
5. Fogelsanger, Dale	Messiah	52.29
6. Williams, Andy	Gettysburg	52.73
7. Boileau, Joe	Susquehanna	52.76
8. Pocquat	Lycoming	53.49

800

1. O'Neill, Liam	Haverford	1:57.53
2. Persick, Mike	Haverford	1:59.23
3. Walker Bob	Susquehanna	1:59.58
4. Lent, Dean	Ursinus	1:59.59
5. Holihan, Gavin	Franklin & Marshall	1:59.61
6. Kasko, Greg	Susquehanna	2:00.34
7. Reub	Delaware Valley	2:02.04
8. Hibschan, John	Lebanon Valley	2:02.64

1500

1. O'Neill, Liam	Haverford	4:02.3
2. Whorral, Greg	Franklin & Marshall	4:04.1
3. Miller, Josh	Swarthmore	4:04.5
4. McManus, Pete	Moravian	4:05.7
5. Hibshman, John	Lebanon Valley	4:06.3
6. Carton, Jake	Haverford	4:07.9
7. McDaid, Ken	Delaware Valley	4:09.66
8. Swaisgood, Roy	Messiah	4:10.64

5K

1. Ndlovu, Shylock	Messiah	15:26.43
2. Swaisgood, Roy	Messiah	15:28.51
3. McGuire, Walsh	Haverford	15:33.44
4. Swenson, Kirk	Swarthmore	15:45.82
5. Russo, Brian	Western Maryland	15:52.89
6. Lehr, Bob	Swarthmore	15:59.99
7. Welch, Bruce	Gettysburg	16:08.68
8. Spotts, David	Delaware Valley	16:11.68

10K

1. Ndlovu, Shylock	Messiah	33:20.5
2. Crist, Douglas	Albright	33:22.4
3. Spotts, David	Delaware Valley	33:25.8
4. Welch, Bruce	Gettysburg	33:35.7
5. Lehr, Bob	Swarthmore	33:39.8
6. Faranetta, Tim	Moravian	33:54.9
7. Clifford	Franklin & Marshall	34:30.54
8. Thomson	Delaware Valley	35:13.29

110 HURDLES

1. Walden, Jeff	Susquehanna	14.83
2. Hoke, Dave	Dickinson	15.06
3. Gehl, Pete	Susquehanna	15.45
4. Spayd, Doug	Juniata	15.61
5. Luft, John	Messiah	15.61
6. Martin, Ben	Messiah	15.73
7. Kuriger, Ted	Haverford	15.74
8. McGill	Franklin & Marshall	15.99

400 HURDLES

1. Walden, Jeff	Susquehanna	54.81
2. Hoke, Dave	Dickinson	56.04
3. Mermelstein, Larry	Johns Hopkins	56.81
4. Spayd, Doug	Juniata	56.92
5. Skeath, Greg	Haverford	57.57
6. Emma, Steve	Messiah	57.63
7. Martin, Ben	Messiah	58.08
8. Boehm, Chris	Susquehanna	59.31

3K STEEPLECHASE

1. McDaid, Ken	Delaware Valley	9:36.2
2. Swenson, Kirk	Swarthmore	9:42.5
3. Swaisgood, Roy	Messiah	9:44.7
4. Kuruna, Dan	Haverford	9:46.5
5. Cavanaugh, Pete	Susquehanna	9:48.6
6. Mears, Dan	Haverford	10:02.0
7. Harbst, Jeff	Susquehanna	10:12.2
8. Johnston, Adam	Haverford	10:14.7

Mid-Atlantic Conference Championships • Collegeville, PA • May 2-3, 1986

MEN: 1. Susquehanna 100; 2. Messiah 58; 3. Moravian 57; 4. Haverford 56; 5. Delaware Valley 53; 6. Gettysburg 41; **T7.** Dickinson, Ursinus 40; 9. Juniata 38; 10. Franklin & Marshall 24; 11. Swarthmore 22; 12. Albright 20; 13. Lebanon Valley 10; 14. Western Maryland 9; 15. Muhlenberg 8; 16. Lycoming 7; 17. Johns Hopkins 6.

WOMEN: 1. Messiah 121; 2. Franklin & Marshall 92; 3. Dickinson 69; 4. Gettysburg 44; **T5.** Moravian, Swarthmore 42; 7. Susquehanna 29; 8. Delaware Valley 28; 9. Albright 18; 10. Johns Hopkins 10; **T11.** Lebanon Valley, Widener 8; **T13.** Juniata, Ursinus 6; 15. Lycoming 4.

400 RELAY

1. Susquehanna	43.82
2. Moravian	43.89
3. Gettysburg	44.28
4. Dickinson	44.35
5. Messiah	44.36
6. Delaware Valley	44.49
7. Franklin & Marshall	45.44
8. Swarthmore	45.54

1600 RELAY

1. Susquehanna	3:19.86
2. Moravian	3:20.94
3. Haverford	3:23.79
4. Ursinus	3:25.00
5. Messiah	3:26.47
6. Franklin & Marshall	3:27.97
7. Delaware Valley	3:29.26
8. Swarthmore	3:29.54

HIGH JUMP

1. Buckley, Chris	Delaware Valley	6-6
2. Bridgeman, Andy	Dickinson	6-6
3. Lowe, Rich	Ursinus	6-6
4. Charnitski, Jim	Gettysburg	6-6
5. Hubley, Steve	Messiah	6-5
6. Swain, Dan	Messiah	6-5
7. Cordes	Ursinus	6-2
8. Trosino	Muhlenberg	6-2

POLE VAULT

1. Hooton, Jeff	Gettysburg	13-11 $\frac{3}{4}$
2. Wallach, Dave	Franklin & Marshall	13-5 $\frac{3}{4}$
3. Sadd, Kevin	Messiah	13-3
4. Noyes, Willard	Dickinson	13-3
5. Labrecque, Chris	Susquehanna	13-3
6. Heniss, William	Western Maryland	12-11 $\frac{1}{2}$
7. Pindzola	Haverford	12-6
8. Stump	Moravian	12-6

LONG JUMP

1. Bradley, Dave	Delaware Valley	21-8 $\frac{1}{4}$
2. Pollock, Jeff	Moravian	21-6 $\frac{1}{4}$
3. Kuriger, Ted	Haverford	21-3 $\frac{1}{4}$
4. Walden, Jeff	Susquehanna	21-0 $\frac{1}{2}$
5. Erb, Chris	Gettysburg	20-10
6. Schwartz, Dwight	Messiah	20-7 $\frac{1}{4}$
7. Longenderfer	Moravian	20-1 $\frac{3}{4}$
8. Daniels	Albright	19-11 $\frac{1}{2}$

TRIPLE JUMP

1. Hess, Rick	Ursinus	44-10 $\frac{1}{4}$
2. Bradley, Dave	Delaware Valley	44-7 $\frac{3}{4}$
3. Guyton, Darrell	Western Maryland	44-3 $\frac{1}{2}$
4. Schwartz, Dwight	Messiah	43-3 $\frac{1}{4}$
5. Kuriger, Ted	Haverford	43-1 $\frac{3}{4}$
6. Rounsavill, Brian	Moravian	43-1 $\frac{1}{4}$
7. Longenderfer	Moravian	42-11 $\frac{3}{4}$
8. Ortiz	Gettysburg	41-11 $\frac{1}{4}$

SHOT PUT

1. Perri, Gino	Juniata	49-7 $\frac{1}{4}$
2. Yanckello, Bob	Juniata	46-7
3. Kern, Mike	Lycoming	45-4
4. Metzger, Pharon	Moravian	45-3 $\frac{1}{4}$
5. Quiggle, Brian	Susquehanna	45-1 $\frac{3}{4}$
6. VanSaders, Rich	Franklin & Marshall	45-1
7. Arduini, Pete	Susquehanna	43-11 $\frac{3}{4}$
8. Franceschini	Gettysburg	43-5 $\frac{1}{4}$

DISCUS

1. Perri, Gino	Juniata	155-4 $\frac{3}{4}$
2. Mullane, Tom	Muhlenberg	154-0
3. Arduini, Pete	Susquehanna	152-11 $\frac{3}{4}$
4. Ridinger, John	Franklin & Marshall	148-7 $\frac{1}{4}$
5. Metzger, Pharon	Moravian	138-10 $\frac{3}{4}$
6. Stuart, Doug	Susquehanna	137-11
7. Tranchina, Sal	Swarthmore	137-5
8. Derstine, Doug	Moravian	131-11

JAVELIN

1. Cicala, Dan	Gettysburg	182-9
2. Kurjiaka, Dave	Lebanon Valley	182-1
3. Flukey, Jim	Delaware Valley	181-0
4. Kjelleren, Don	Dickinson	170-10
5. Bonardi, Sam	Juniata	165-5
6. Rucker, Shane	Lycoming	162-0
7. Deckard, Steve	Susquehanna	161-9
8. Miller	Lebanon Valley	161-5

WOMEN

100m

1. Kahlefeld, Pia	Moravian	12.66
2. Shotwell, Denise	Dickinson	13.02
3. Betz, Michelle	Moravian	13.05
4. O'Halloran, Ramona	Swarthmore	13.08
5. Strine, Angi	Messiah	13.10
6. Parent, Marjory	Messiah	13.16
7. Weaver	Franklin & Marshall	13.21
8. Fisher	Swarthmore	13.24

Mid-Atlantic Conference Championships • Collegeville, PA • May 2-3, 1986

MEN: 1. Susquehanna 100; 2. Messiah 58; 3. Moravian 57; 4. Haverford 56; 5. Delaware Valley 53; 6. Gettysburg 41; **T7.** Dickinson, Ursinus 40; 9. Juniata 38; 10. Franklin & Marshall 24; 11. Swarthmore 22; 12. Albright 20; 13. Lebanon Valley 10; 14. Western Maryland 9; 15. Muhlenberg 8; 16. Lycoming 7; 17. Johns Hopkins 6.

WOMEN: 1. Messiah 121; 2. Franklin & Marshall 92; 3. Dickinson 69; 4. Gettysburg 44; **T5.** Moravian, Swarthmore 42; 7. Susquehanna 29; 8. Delaware Valley 28; 9. Albright 18; 10. Johns Hopkins 10; **T11.** Lebanon Valley, Widener 8; **T13.** Juniata, Ursinus 6; 15. Lycoming 4.

WOMEN

200

1. Kahlefeld, Pia	Moravian	25.69
2. Shotwell, Denise	Dickinson	26.24
3. O'Halloran, Ramona	Swarthmore	26.61
4. Florin, Cindy	Gettysburg	26.72
5. Schoner, Denae	Susquehanna	26.76
6. Kegarise, Kelly	Messiah	26.84
7. Fisher	Swarthmore	27.38
8. Betz, Michelle	Moravian	27.65

400

1. Florin, Cindy	Gettysburg	60.76
2. Frazer, Chris	Delaware Valley	63.33
3. Gill, Sue	Juniata	63.60
4. Beyer, Karen	Dickinson	63.92
5. Murray, Lisa	Messiah	64.36
6. Breslin, Pat	Dickinson	64.53
7. Riehl	Dickinson	64.68
8. Gladden	Gettysburg	65.62

800

1. McGinn, Suzi	Johns Hopkins	2:22.69
2. Beyer, Lynn	Dickinson	2:24.18
3. Gebhart, Cecelia	Messiah	2:24.19
4. Shirk, Sarah	Swarthmore	2:25.05
5. Smith, Terri	Franklin & Marshall	2:26.25
6. Sladek, Cindy	Lebanon Valley	2:27.51
7. Wederrecht, Rebecca	Messiah	2:33.48
8. Stackhouse, Debbie	Delaware Valley	2:35.57

1500

1. Smith, Terri	Franklin & Marshall	4:46.7
2. Lucente, Lois	Franklin & Marshall	4:47.2
3. Reinman, Linda	Dickinson	4:50.4
4. Walsh, Tammy	Messiah	4:55.7
5. Teufel, Kelly	Messiah	4:56.4
6. Stackhouse, Debbie	Delaware Valley	4:58.9
7. Gladden	Gettysburg	5:00.27
8. Leet, Nancy	Franklin & Marshall	5:00.48

3K

1. Teufel, Kelly	Messiah	10:15.22
2. Shaw, Amanda	Franklin & Marshall	10:20.71
3. Lucente, Lois	Franklin & Marshall	10:24.15
4. Reinman, Linda	Dickinson	10:24.96
5. Leet, Nancy	Franklin & Marshall	10:49.78
6. Walsh, Tammy	Messiah	10:56.53
7. Harley, Gecole	Swarthmore	11:13.6
8. Edgar	Moravian	11:14.6

5K

1. Tuetel, Kelly	Messiah	17:47.56
2. Shaw, Amanda	Franklin & Marshall	17:54.10
3. Reinman, Linda	Dickinson	17:56.27
4. Lucente, Lois	Franklin & Marshall	18:22.80
5. Leet, Nancy	Franklin & Marshall	18:42.83
6. Reinman, Theresa	Gettysburg	19:05.65
7. Harley, Gecole	Swarthmore	19:53.97
8. Buckley, Jennifer	Albright	19:54.07

100 HURDLES

1. Strine, Angi	Messiah	15.98
2. Malles, Heidi	Franklin & Marshall	16.40
3. Meekins, Becky	Messiah	16.57
4. Frazer, Chris	Delaware Valley	16.84
5. Smith, Laurie	Dickinson	16.93
6. Asker, Sara	Messiah	16.99
7. Baer	Albright	17.36
8. Calderon	Susquehanna	17.40

400 HURDLES

1. Malles, Heidi	Franklin & Marshall	65.74
2. Meekins, Becky	Messiah	66.42
3. Lain, Candy	Susquehanna	67.60
4. Frazer, Chris	Delaware Valley	68.75
5. Horenkamp, Beth	Franklin & Marshall	69.18
6. Olcott, Cynthia	Dickinson	69.36
7. Beyer, Lynn	Dickinson	70.49
8. Asker, Sara	Messiah	70.50

400 RELAY

1. Messiah	50.80
2. Franklin & Marshall	51.32
3. Swarthmore	52.82
4. Moravian	53.19
5. Albright	53.44
6. Gettysburg	54.05
7. Delaware Valley	55.00
8. Susquehanna	nt

1600 RELAY

1. Gettysburg	4:07.27
2. Messiah	4:11.64
3. Franklin & Marshall	4:13.30
4. Moravian	4:17.60
5. Swarthmore	4:18.12
6. Dickinson	4:20.42
7. Juniata	4:29.04
8. Delaware Valley	4:31.30

Mid-Atlantic Conference Championships • Collegeville, PA • May 2-3, 1986

MEN: 1. Susquehanna 100; 2. Messiah 58; 3. Moravian 57; 4. Haverford 56; 5. Delaware Valley 53; 6. Gettysburg 41; **T7.** Dickinson, Ursinus 40; 9. Juniata 38; 10. Franklin & Marshall 24; 11. Swarthmore 22; 12. Albright 20; 13. Lebanon Valley 10; 14. Western Maryland 9; 15. Muhlenberg 8; 16. Lycoming 7; 17. Johns Hopkins 6.

WOMEN: 1. Messiah 121; 2. Franklin & Marshall 92; 3. Dickinson 69; 4. Gettysburg 44; **T5.** Moravian, Swarthmore 42; 7. Susquehanna 29; 8. Delaware Valley 28; 9. Albright 18; 10. Johns Hopkins 10; **T11.** Lebanon Valley, Widener 8; **T13.** Juniata, Ursinus 6; 15. Lycoming 4.

WOMEN

HIGH JUMP

1. Lee, Tracy	Gettysburg	5-2
2. Wishousky, Sharon	Moravian	5-1
3. Yingst, Sue	Lebanon Valley	5-1
4. Sargent, Jen	Swarthmore	5-1
5. O'Halloran, Ramona	Swarthmore	5-0
6. Lain, Candy	Susquehanna	5-0
7. Beyer, Lynn	Dickinson	4-10
8. Twiford, Kris	Western Maryland	4-1

LONG JUMP

1. Schoner, Denae	Susquehanna	16-8 $\frac{3}{4}$
2. Shotwell, Denise	Dickinson	16-8
3. Keearise, Kelly	Messiah	16-6
4. O'Halloran, Ramona	Swarthmore	16-3 $\frac{3}{4}$
5. Lee, Tracy	Gettysburg	16-3 $\frac{1}{4}$
6. Cabrera, Carisa	Albright	16-0 $\frac{1}{4}$
7. Palinski	Gettysburg	15-11 $\frac{1}{2}$
8. Kunkel, Randi	Delaware Valley	15-7

TRIPLE JUMP

1. O'Halloran, Ramona	Swarthmore	34-3 $\frac{3}{4}$
2. Walker, Barbara	Franklin & Marshall	34-0 $\frac{3}{4}$
3. Kunkel, Randi	Delaware Valley	33-11 $\frac{1}{2}$
4. Schoner, Denae	Susquehanna	33-11
5. Smith, Laurie	Dickinson	33-3 $\frac{1}{4}$
6. Cabrera, Carisa	Albright	33-1 $\frac{3}{4}$
7. Maniar, Neena	Gettysburg	32-11 $\frac{3}{4}$
8. Winters, Sandy	Messiah	32-5 $\frac{3}{4}$

SHOT PUT

1. Wilson, Jocelyn	Messiah	38-1 $\frac{1}{2}$
2. Krouse, Donna	Albright	37-11 $\frac{1}{4}$
3. Long, Nedra	Albright	33-7
4. Jones, Ruth	Susquehanna	33-1
5. Kunkel, Randi	Delaware Valley	32-10
6. Munnich, Krissie	Messiah	31-4
7. Witkowski, Lisa	Lycoming	31-2 $\frac{1}{2}$
8. Drey, Tina	Delaware Valley	31-0 $\frac{1}{2}$

DISCUS

1. Wilson, Jocelyn	Messiah	127-10
2. Mckinney, Sue	Messiah	113-0 $\frac{1}{2}$
3. Rideout, Laura	Ursinus	109-11 $\frac{1}{2}$
4. Witkowski, Lisa	Lycoming	107-0 $\frac{1}{2}$
5. Jones, Ruth	Susquehanna	106-0
6. Drey, Tina	Delaware Valley	103-6 $\frac{3}{4}$
7. Krouse, Donna	Albright	103-4
8. Dissinger, Susan	Franklin & Marshall	102-8

JAVELIN

1. Baldwin, Sue	Dickinson	126-0
2. Bowers, Donna	Widener	123-0
3. Johnson, Denise	Gettysburg	122-0
4. Patton, Jen	Messiah	114-0
5. Drey, Tina	Delaware Valley	99-8
6. Mutz, Laurie	Lebanon Valley	96-9
7. Smith	Dickinson	92-6
8. Johnson	Gettysburg	92-4