

## Mid-Atlantic Conference Championships • Westminster, MD • May 6-7, 1988

**MEN:** 1. Susquehanna 199; 2. Haverford 80; 3. Ursinus 66; 4. Delaware Valley 63; 5. Messiah 52; 6. Swarthmore 49; 7. Moravian 40; 8. Gettysburg 39; 9. Dickinson 29; 10. Lebanon Valley 24; 11. Albright 11; 12. Widener 6; 13. Muhlenberg 4; 14. Juniata 3; 15. Franklin & Marshall 2; T16. Western Maryland, Johns Hopkins 1.

**WOMEN:** 1. Messiah 140; 2. Moravian 70; 3. Ursinus 60; 4. Dickinson 44; 5. Johns Hopkins 40; 6. Delaware Valley 32; 7. Lebanon Valley 28; 8. Gettysburg 26; 9. Franklin & Marshall 22; 10. Susquehanna 21; 11. Widener 16; 12. Western Maryland 9; T13. Swarthmore, Albright 7; 15. Haverford 4; 16. Muhlenberg 1.

### MEN

#### 100m

1. Spangler, Mike	Susquehanna	10.72
2. Williams, Robard	Haverford	10.85
3. Williams, Calvin	Dickinson	10.86
4. Lovett, Kenneth	Gettysburg	10.99
5. Phelps, Frank	Juniata	11.08
6. Walley, Rocky	Widener	11.09

#### 200

1. Spangler, Mike	Susquehanna	21.37
2. Williams, Robard	Haverford	21.60
3. Lovett, Kenneth	Gettysburg	22.06
4. Gayles, Antoine	Swarthmore	22.13
5. Walley, Rocky	Widener	22.20
6. Phelps, Frank	Juniata	22.40

#### 400

1. Spangler, Mike	Susquehanna	47.42
2. Reason, Marc	Delaware Valley	48.43
3. Williams, Andy	Gettysburg	49.02
4. Gayles, Antoine	Swarthmore	49.04
5. Cloak, Ray	Widener	50.08
6. Enoch, James	Delaware Valley	50.67

#### 800

1. Lent, Dean	Ursinus	1:57.59
2. Benner, Robert	Delaware Valley	1:57.68
3. Persick, Mike	Haverford	1:57.71
4. Austin, Dante	Delaware Valley	1:58.18
5. Hendricks, James	Gettysburg	1:58.36
6. Fitzgerald, John	Albright	1:58.55

#### 1500

1. Graham, Thomas	Swarthmore	4:00.50
2. Burton, Mike	Susquehanna	4:01.22
3. Persick, Mike	Haverford	4:04.18
4. Benner, Robert	Delaware Valley	4:04.77
5. Martynuska, Marty	Susquehanna	4:05.89
6. Hendricks, James	Gettysburg	4:06.00

#### 5K

1. Graham, Thomas	Swarthmore	15:24.09
2. Burton, Mike	Susquehanna	15:24.29
3. Bonenberger, Ken	Haverford	15:36.31
4. Urbanek, Wolfram	Swarthmore	15:41.85
5. Quackenboss, Todd	Susquehanna	15:43.10
6. Clark, Thom	Gettysburg	15:49.52

#### 10K

1. Heinze, James	Ursinus	32:33.99
2. Fratus, Tim	Haverford	32:37.22
3. Clark, Thom	Gettysburg	32:38.17
4. Marx, Robert	Swarthmore	32:53.94
5. McGuire, Walsh	Haverford	33:00.70
6. Marean, Tim	Johns Hopkins	33:20.01

### MEN

#### 110 HURDLES

1. Herb, Mike	Messiah	14.96
2. Kuriger, Ted	Haverford	14.97
3. Gehl, Pete	Susquehanna	15.16
4. Mabry, Cory	Susquehanna	15.34
5. Martin, Ben	Messiah	15.45
6. Elvidge, Chris	Susquehanna	15.56

#### 400 HURDLES

1. Williams, Calvin	Dickinson	52.18
2. Wiederrecht, Dave	Messiah	54.28
3. Martin, Ben	Messiah	54.59
4. Kuriger, Ted	Haverford	55.38
5. Boehm, Chris	Susquehanna	55.65
6. Skeath, Jim	Haverford	55.65

#### 3K STEEPLECHASE

1. Quackenboss, Todd	Susquehanna	9:49.54
2. Bonenberger, Ken	Haverford	9:58.28
3. Hacker, Robert	Ursinus	10:02.89
4. Drummond, Brian	Ursinus	10:06.04
5. Ramsey, Dave	Messiah	10:29.86
6. McCabe, Will	Swarthmore	10:30.51

#### 400 RELAY

1. Delaware Valley	42.78
2. Moravian	43.08
3. Susquehanna	43.13
4. Haverford	43.59
5. Messiah	43.82
6. Widener	43.9

#### 1600 RELAY

1. Haverford	3:17.94
2. Susquehanna	3:18.47
3. Delaware Valley	3:18.50
4. Messiah	3:19.29
5. Gettysburg	3:21.97
6. Franklin & Marshall	3:22.27

#### HIGH JUMP

1. Hubley, Steve	Messiah	6' 6 <sup>3</sup> / <sub>4</sub>
2. Reichenbach, Dan	Lebanon Valley	6' 6 <sup>3</sup> / <sub>4</sub>
3. Lowe, Richard	Ursinus	6' 6
4. Wolfe, Leo	Susquehanna	6' 4
5. Byer, Owen	Messiah	6' 4
6. Kern, Lance	Susquehanna	6' 4

#### POLE VAULT

1. Hooton, Jeffrey	Gettysburg	15-1 <sup>1</sup> / <sub>2</sub>
2. Boyer, Jerrel	Susquehanna	14-0 <sup>1</sup> / <sub>4</sub>
3. Collins, Chris	Swarthmore	14-0 <sup>1</sup> / <sub>4</sub>
4. Stevens, John	Messiah	13-9
5. Baer, Dallas	Messiah	13-9
6. Langford, Ethan	Western Maryland	13-9

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### MEN

#### LONG JUMP

1. Reichenbach, Dan	Lebanon Valley	23-3½
2. Wandall, Walt	Moravian	23-3¼
3. Kilcollum, Geoff	Moravian	22-6½
4. DeShield, Charles	Delaware Valley	22-1¾
5. Jackson, Damien	Swarthmore	21-8¾
6. Sterling, Robert	Franklin & Marshall	21-8¼

#### TRIPLE JUMP

1. Mabry, Cory	Susquehanna	46-4¼
2. Rounsavill, Brian	Moravian	46-2¼
3. Reichenbach, Dan	Lebanon Valley	45-11¼
4. Jackson, Damien	Swarthmore	45-8¼
5. Holmes, Joseph	Dickinson	44-10¼
6. Kuriger, Ted	Haverford	44-8¾

#### SHOT PUT

1. Wood, John	Ursinus	51-4½
2. Jones, Jeff	Delaware Valley	47-0¼
3. Chilicki, Andy	Dickinson	46-6¼
4. Pfund, Dave	Muhlenberg	46-4¾
5. Liller, Steve	Delaware Valley	45-5¾
6. Shaw, Bob	Susquehanna	44-9¾

#### DISCUS

1. Wood, John	Ursinus	143-8½
2. McElwee, Ted	Delaware Valley	135-10
3. Shaw, Bob	Susquehanna	129-11
4. Wernersbach, Tom	Dickinson	129-3
5. Czepukaitis, Vince	Moravian	127-11½
6. Banner, Kenneth	Gettysburg	127-3½

#### JAVELIN

1. Wood, John	Ursinus	203-0
2. Krouse, Rick	Moravian	202-6
3. Guadagno, Ralph	Albright	180-5
4. Mulroe, Tom	Albright	180-4
5. Shaw, Bob	Susquehanna	178-3
6. Kjelleron, Donald	Dickinson	170-8

#### 100m

1. Shotwell, Denise	Dickinson	12.12
2. Johnson, Krista	Johns Hopkins	12.44
3. Gifford, Mary	Johns Hopkins	12.51
4. Betz, Michelle	Moravian	12.58
5. Apgar, Tammy	Moravian	12.82
6. Lerew, Sheila	Messiah	12.87

#### 200

1. Shotwell, Denise	Dickinson	24.80
2. Betz, Michelle	Moravian	25.97
3. Gifford, Mary	Johns Hopkins	26.09
4. Johnson, Krista	Johns Hopkins	26.15
5. Kegarise, Kelly	Messiah	26.27
6. Apgar, Tammy	Moravian	26.30

### WOMEN

#### 400

1. Wolfe, Sue	Gettysburg	60.07
2. Dennis, Yvette	Ursinus	60.34
3. Kegarise, Kelly	Messiah	60.44
4. Wansley, Joy	Messiah	60.78
5. Masciulli, Deborah	Delaware Valley	61.35
6. Logan, Diana	Johns Hopkins	62.12

#### 800

1. Sladek, Cindy	Lebanon Valley	2:17.28
2. Fetrow, Jackie	Messiah	2:20.75
3. Mattson, Michelle	Dickinson	2:21.81
4. Jansen, Jenneane	Swarthmore	2:22.15
5. Stackhouse, Debbie	Delaware Valley	2:22.89
6. Snyder, Tracey	Western Maryland	2:23.94

#### 1500

1. Walsh, Tammy	Messiah	4:44.27
2. O'Donohue, Gwen	Ursinus	4:46.69
3. Stackhouse, Debbie	Delaware Valley	4:47.78
4. Fetrow, Jackie	Messiah	4:49.95
5. Sladek, Cindy	Lebanon Valley	4:54.31
6. Schofield, Stephanie	Gettysburg	5:00.32

#### 3K

1. O'Donohue, Gwen	Ursinus	10:25.38
2. Walsh, Tammy	Messiah	10:30.95
3. Duffy, Sharon	Moravian	10:37.02
4. Teufel, Kelly	Messiah	10:43.55
5. Lewis, Linda	Moravian	10:46.41
6. Keller, Kitty	Swarthmore	10:52.75

#### 5K

1. Walsh, Tammy	Messiah	17:59.69
2. O'Donohue, Gwen	Ursinus	18:03.99
3. Teufel, Kelly	Messiah	18:19.07
4. Duffy, Sharon	Moravian	18:32.85
5. Keller, Kitty	Swarthmore	18:53.95
6. Segar, Terri	Moravian	19:19.87

#### 100H

1. Krawiec, Liz	Messiah	15.53
2. Gazda, Mary Ellen	Franklin & Marshall	15.74
3. Lain, Candance	Susquehanna	15.77
4. Grimes, Marcia	Haverford	16.12
5. Helms, Jennifer	Messiah	16.44
6. Cameron, Deb	Messiah	16.54

#### 400H

1. Lain, Candace	Susquehanna	64.97
2. Giannittino, Joann	Lebanon Valley	66.17
3. Thorpe, Donna	Widener	66.50
4. Masciulli, Deborah	Delaware Valley	66.57
5. Horenkamp, Elizabeth	Franklin & Marshall	66.70
6. Perlinn, Laura	Johns Hopkins	66.71

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### WOMEN

#### 400 RELAY

1. Moravian	49.80
2. Messiah	49.89
3. Johns Hopkins	50.83
4. Franklin & Marshall	51.58
5. Ursinus	52.65
6. Susquehanna	52.76

#### 1600 RELAY

1. Messiah	4:02.48
2. Gettysburg	4:05.80
3. Moravian	4:06.81
4. Lebanon Valley	4:08.99
5. Delaware Valley	4:10.03
6. Johns Hopkins	4:11.01

#### HIGH JUMP

1. O'Malley, Dorothy	Ursinus	5-1
2. Twiford, Kris	Western Maryland	4-11 <sup>3</sup> / <sub>4</sub>
3. Gazda, Mary Ellen	Franklin & Marshall	4-11 <sup>3</sup> / <sub>4</sub>
4. Lain, Candy	Susquehanna	4-10
5. Farrell, Erin	Gettysburg	4-10
6. Case, Sarah	Albright	4-10

#### LONG JUMP

1. Kegarise, Kelly	Messiah	17-11 <sup>3</sup> / <sub>4</sub>
2. Krawiec, Liz	Messiah	17-8 <sup>1</sup> / <sub>2</sub>
3. Shotwell, Denise	Dickinson	17-6 <sup>1</sup> / <sub>4</sub>
4. Giannittino, Joann	Lebanon Valley	17-1 <sup>1</sup> / <sub>2</sub>
5. Bauerschub, Lisa	Messiah	16-10 <sup>1</sup> / <sub>2</sub>
6. Johnson, Krista	Johns Hopkins	16-2 <sup>1</sup> / <sub>2</sub>

#### TRIPLE JUMP

1. Krawiec, Liz	Messiah	36-5
2. Kegarise, Kelly	Messiah	35-9 <sup>1</sup> / <sub>4</sub>
3. Johnson, Krista	Johns Hopkins	35-5 <sup>1</sup> / <sub>4</sub>
4. O'Malley, Dorothy	Ursinus	35-3 <sup>3</sup> / <sub>4</sub>
5. Cabrera, Carisa	Moravian	34-9 <sup>3</sup> / <sub>4</sub>
6. Borosky, Pat	Franklin & Marshall	34-9

#### SHOT PUT

1. Henderson, Andrea	Widener	35-11 <sup>1</sup> / <sub>2</sub>
2. Kunkel, Randi	Delaware Valley	35-1
3. Long, Nedra	Albright	33-11 <sup>1</sup> / <sub>2</sub>
4. Santangelo, Monica	Ursinus	33-1 <sup>1</sup> / <sub>4</sub>
5. Gorsline, Deidre	Messiah	32-9 <sup>3</sup> / <sub>4</sub>
6. Boykin, Deborah	Franklin & Marshall	32-6 <sup>1</sup> / <sub>4</sub>

#### DISCUS

1. Becker, Jodi	Moravian	118-5
2. Rittenhouse, Jamie	Moravian	116-2
3. Santangelo, Monica	Ursinus	104-5 <sup>1</sup> / <sub>2</sub>
4. Schindler, Karrie	Messiah	103-6
5. Baldwin, Susan	Dickinson	103-5
6. Barton, Regina	Gettysburg	100-11

#### JAVELIN

1. Baldwin, Susan	Dickinson	134-8
2. Kunkel, Randi	Delaware Valley	133-11
3. Rittenhouse, Jamie	Moravian	124-11
4. Paulin, Lindsey	Gettysburg	122-0 <sup>1</sup> / <sub>2</sub>
5. Patton, Jennifer	Messiah	118-0 <sup>1</sup> / <sub>2</sub>
6. Pop, Melissa	Muhlenberg	108-9

### WOMEN