

1992 MAC TRACK AND FIELD WEEKLY REPORT (THRU 5/5)

1992 Middle Atlantic Conference Track and Field Championships

(Franklin & Marshall College, Lancaster, PA)

(Williamson Field -- May 1-2)

Men's Final Team Standings (19 events)

1. Haverford	132
2. Moravian	100
3. Messiah	96
4. Susquehanna	90
5. Gettysburg	54
6. Lebanon Valley	41
7. Widener	39
8. Dickinson	36
9. Western Maryland	34
10. Delaware Valley	31
11. Frank. & Marsh.	30
12. Ursinus	14
13. Albright	10
Tie Lycoming	10
15. Swarthmore	9
16. Juniata	8
17. Johns Hopkins	2
18. Muhlenberg	0

Women's Final Team Standings (18 events)

Messiah	130
2. Moravian	123
3. Johns Hopkins	55
4. Gettysburg	53
5. Ursinus	50
6. Susquehanna	47
7. Swarthmore	40
8. Widener	35
9. Delaware Valley	33
10. Haverford	26
11. Muhlenberg	25
12. Frank. & Marsh.	23
13. Dickinson	20
14. Juniata	14
15. Albright	11
16. Lebanon Valley	10
17. Western Maryland	6
18. Lycoming	0

Outstanding Male Athlete -- Matt Leighninger, Haverford

Outstanding Female Athlete- Shawn Walsh, Moravian

Men's Coach of the Year -- Tom Donnelly, Haverford

Women's Coach of the Year- Doug Miller, Messiah

David B. Eavenson Award for women's 1,500-meter run -- Kim Wurth, Juniata

David B. Eavenson Award for men's 200-meter run -- Arif Husain, Gettysburg

**1992 Middle Atlantic Conference
Track & Field Championships
at Franklin & Marshall College
May 1-2, 1992**

MEN'S FINAL TEAM SCORES

1.	Haverford	132
2.	Moravian	100
3.	Messiah	97
4.	Susquehanna	92
5.	Gettysburg	54
6.	Lebanon Valley	43
7.	Widener	39
8.	Dickinson	36
9.	Western Maryland	34
10.	Delaware Valley	31
11.	Franklin & Marshall	27
12.	Ursinus	14
13.	Albright	10
Tie	Lycoming	10
15.	Swarthmore	9
16.	Juniata	8
17.	Johns Hopkins	2
18.	Muhlenberg	0

AWARDS

Outstanding Athlete	Matt Leighninger, Haverford
Coach of the Year	Tom Donnelly, Haverford
David B. Eavenson Award	200M dash, Arif Husain, Gettysburg

MEN'S INDIVIDUAL RESULTS

100M DASH				TRIALS	FINALS
1.	Arif Husain	Jr.	Gettysburg	10.77	10.87
2.	Byron Pugh	So.	Moravian	11.04	11.21
3.	Bill Bailey	Fr.	Widener	11.16	11.35
4.	Greg Standford	Sr.	Messiah	11.33	11.41
5.	T.J. Martino	Sr.	Moravian	11.37	11.52
6.	Dan Nunoo-Quarcoo	Sr.	Dickinson	11.33	11.57
7.	Jeraime Martin	Fr.	Susquehanna	11.41	11.66
DO	Joe Love	Sr.	Widener	11.20	
9.	John Ulsh	So.	Lebanon Valley	11.44	
10.	Kwane Lloyd	Sr.	Susquehanna	11.57	
11.	Don Helton	Fr.	Delaware Valley	11.61	
12.	Dave Cook	So.	Lebanon Valley	11.63	
13.	Kerry Miller	Fr.	Messiah	11.64	
14.	Rich Page	So.	Haverford	11.70	
15.	Shawn Ivie	So.	Lycoming	11.79	

1992 MAC MEN'S INDIVIDUAL RESULTS

200M DASH				TRIALS	FINALS
1.	Arif Husain	Jr.	Gettysburg	21.45	21.97
2.	Byron Pugh	So.	Moravian	22.45	22.52
3.	Pete Landon	Jr.	Haverford	22.50	22.62
4.	Kent Lightbourn	Fr.	Western Maryland	22.59	22.69
5.	Bill Bailey	Fr.	Widener	22.89	23.18
6.	Greg Standford	Sr.	Messiah	23.00	23.44
7.	Joe Love	Sr.	Widener	22.90	23.45
DO	T.J. Martino	Sr.	Moravian	22.72	
9.	Wayne Powell	Sr.	Gettysburg	23.13	
10.	Dave Cook	So.	Lebanon Valley	23.19	
11.	Dan Nunne-Quarcoo	Sr.	Dickinson	23.24	
12.	Mark Page	So.	Haverford	23.26	
13.	John Ulsh	So.	Lebanon Valley	23.36	
14.	Jon Rupert	So.	Messiah	23.51	
15.	Kerry Miller	Fr.	Messiah	23.56	
16.	Kris Smith	Sr.	Messiah	23.60	
17.	Don Helton	Fr.	Delaware Valley	23.67	
400M DASH				TRIALS	FINALS
1.	Kent Lightbourn	Fr.	Western Maryland	48.83	48.41
2.	Pete Landon	Jr.	Haverford	49.18	48.98
3.	Barret Zeigler	Jr.	Moravian	50.69	49.61
4.	Brian Chadwick	Sr.	Moravian	50.50	49.63
5.	Roland Ngwee Ngijol		Dickinson	50.95	50.48
6.	Ron Rux	Jr.	Susquehanna	50.95	51.00
7.	Chris Burd	So.	Lebanon Valley	51.16	51.02
8.	William Bunnell	Sr.	Ursinus	51.16	51.60
9.	Duane Malone	Jr.	Swarthmore	51.50	
10.	Eric Widmaier	Fr.	Ursinus	51.94	
11.	Ed Faison	Fr.	Dickinson	52.03	
12.	Mike Beardsley	Jr.	Franklin & Marshall	52.37	
13.	Stuart James	Sr.	Dickinson	52.45	
14.	Sam Kimmel	So.	Messiah	52.60	
15.	Jon Rupert	So.	Messiah	52.80	
16.	Mike George	Jr.	Gettysburg	54.07	
17.	Scott Byers	Fr.	Susquehanna	54.33	
800M RUN				TRIALS	FINALS
1.	Matt Leighninger	Sr.	Haverford	1:56.13	1:57.80
2.	Brian Peabody	Jr.	Haverford	1:55.06	1:57.89
3.	Bill Schaefer	Jr.	Haverford	1:57.02	1:58.24
4.	Craig Copeland	Sr.	Dickinson	1:56.34	1:58.70
5.	Dave Graham	Sr.	Swarthmore	1:56.21	1:58.97
6.	Tim Myers	Jr.	Franklin & Marshall	1:55.07	1:59.43
7.	Joe Kibbler	So.	Juniata	1:56.52	2:00.09
8.	Aaron Curry	So.	Haverford	1:56.22	2:03.51
9.	Jared Colflesh	Jr.	Gettysburg	1:57.41	
10.	Pete Hohl	Jr.	Gettysburg	1:57.71	
11.	Ben Dyer	So.	Moravian	1:58.35	
12.	David Baker	Jr.	Dickinson	1:58.59	
13.	Matt Murphy	So.	Franklin & Marshall	1:58.62	
14.	Mark Anderson	So.	Messiah	1:59.90	
15.	John Edgar	So.	Swarthmore	2:00.66	
16.	Michael Miley	Sr.	Muhlenberg	2:00.99	
17.	Josh Billings	Fr.	Susquehanna	2:01.16	
18.	Chris Esh	Sr.	Lebanon Valley	2:02.06	
19.	Peter Jetton	So.	Dickinson	2:05.49	

1992 MAC MEN'S INDIVIDUAL RESULTS

1500M RUN				FINALS
1.	Matt Leighninger	Sr.	Haverford	3:56.32
2.	David Entenmann	Sr.	Messiah	3:57.83
3.	Brian Peabody	Jr.	Haverford	3:58.58
4.	Aaron Curry	So.	Haverford	4:00.15
5.	Ben Dyer	So.	Moravian	4:04.51
6.	Michael McMullin	Sr.	Ursinus	4:04.87
7.	Nathan Suter	Fr.	Haverford	4:05.30
8.	Bryce Lindamood	So.	Haverford	4:06.37
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9.	Jeff McManus	Jr.	Moravian	4:06.96
10.	Matt Warshawsky	Sr.	Swarthmore	4:07.99
11.	Mark Belasco	Sr.	Haverford	4:07.99
12.	Scott Falkner	Jr.	Messiah	4:09.00
13.	Charles Holliday	So.	Delaware Valley	4:13.50
14.	Joe Kibler	So.	Juniata	4:35.80

3,000M STEEPLECHASE				FINALS
1.	Matt Leighninger	Sr.	Haverford	9:24.41
2.	David Entenmann	Sr.	Messiah	9:27.28
3.	Derek Johnston	Jr.	Western Maryland	9:36.47
4.	Nathan Sutter	Fr.	Haverford	9:40.19
5.	Scott Young	Sr.	Lebanon Valley	9:42.01
6.	Ron Dietzel	Jr.	Messiah	9:42.79
7.	Erik Bresnahan	Jr.	Gettysburg	9:49.23
8.	Bill Schaefer	Jr.	Haverford	9:49.66
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9.	Bryce Lindamood	So.	Haverford	9:58.47
10.	Scott Faulkner	Jr.	Messiah	10:03.22
11.	Jon Fewster	Sr.	Swarthmore	10:03.23
12.	Cliff LePage	Jr.	Moravian	10:04.62
13.	John Watkins	Fr.	Johns Hopkins	10:06.46
14.	Victor VanBuchem	Jr.	Muhlenberg	10:06.79
15.	Ari Tuckman	Sr.	Swarthmore	10:08.24
16.	Craig Arnold	So.	Haverford	10:10.61
17.	Craig Plue	Jr.	Albright	10:15.92
18.	Tom Hiscott	Sr.	Haverford	10:21.11
19.	Dave Forman	Jr.	Haverford	10:27.01

5,000M RUN				FINALS
1.	Elliott Frieder	Sr.	Haverford	15:34.45
2.	David Entenmann	Sr.	Messiah	15:39.72
3.	Matt Leighninger	Sr.	Haverford	15:41.91
4.	Derek Johnston	Jr.	Western Maryland	15:46.46
5.	Frank McGovern	Sr.	Widener	15:50.39
6.	Anthony Belber	Fr.	Haverford	15:52.82
7.	Brian Todd	So.	Franklin & Marshall	15:54.51
8.	Lorin Obler	Jr.	Swarthmore	15:56.12
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9.	Matt Warshawsky	Sr.	Swarthmore	16:04.89
10.	Scott Young	Sr.	Lebanon Valley	16:06.07
11.	Tuomi Forrest	Sr.	Haverford	16:07.15
12.	James Hubbard	Sr.	Messiah	16:11.30
13.	Morgan Andrae	Jr.	Haverford	16:12.90
14.	Jeff Koegel	Fr.	Lebanon Valley	16:15.30
15.	Bassil Dahiyat	Sr.	Johns Hopkins	16:32.00
16.	Jason Tripp	So.	Haverford	16:47.50
17.	Michael McMullin	Sr.	Ursinus	16:58.70
18.	Joseph Kershner	Sr.	Ursinus	17:04.50

1992 MAC MEN'S INDIVIDUAL RESULTS

10,000M RUN

				FINALS
1.	Frank McGovern	Sr.	Widener	31:41.53
2.	Elliott Frieder	Sr.	Haverford	31:46.10
3.	James Hubbard	Sr.	Messiah	32:31.31
4.	Anthony Belber	Fr.	Haverford	32:35.12
5.	Joseph Kershner	Sr.	Ursinus	32:54.30
6.	Jeff Koegel	Fr.	Lebanon Valley	32:59.76
7.	Aaron Wolpert	Fr.	Haverford	33:10.87
8.	Morgan Andrae	Jr.	Haverford	33:16.49
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9.	Jason Tripp	So.	Haverford	33:23.66
10.	Guian McKee	Sr.	Swarthmore	33:27.70
11.	Bassil Dahiyat	Sr.	Johns Hopkins	33:30.62
12.	David Weiss	Jr.	Ursinus	33:52.41
13.	Bob Carducci	Sr.	Moravian	33:58.21
14.	Mike Rahnis	Sr.	Franklin & Marshall	34:15.99
15.	Scott Kreider	Fr.	Delaware Valley	35:04.16
16.	Pat Kennedy	Fr.	Franklin & Marshall	36:05.03

110M HURDLES

				TRIALS	FINALS
1.	Greg O'Neill	So.	Moravian	15.23	15.09
2.	Dwayne Brouse	Sr.	Susquehanna	15.40	15.48
3.	Brian Zatorski	Jr.	Moravian	15.34	15.55
4.	Billy Tyrrell	Fr.	Western Maryland	15.44	15.66
5.	Einar Peters	Fr.	Messiah	15.56	15.87
6.	Barry Bosket	So.	Delaware Valley	15.41	15.88
7.	Craig Znotens	Jr.	Susquehanna	16.08	16.24
8.	Robert Baglio	So.	Dickinson	16.14	17.12
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9.	Dave Prudenti	So.	Juniata	16.24	
10.	Pat Polinski	Fr.	Haverford	16.63	
Tie	Carl Brandreth	So.	Ursinus	16.63	

400M HURDLES

				TRIALS	FINALS
1.	Barry Bosket	So.	Delaware Valley	55.49	54.97
2.	Dwayne Brouse	Sr.	Susquehanna	56.86	55.80
3.	Craig Znotens	Jr.	Susquehanna	56.24	56.22
4.	Robert Baglio	So.	Dickinson	57.16	56.54
5.	Ted Jones	Jr.	Lebanon Valley	58.15	57.74
6.	Paul Burnside	Jr.	Messiah	58.57	58.11
7.	Einar Peters	Fr.	Messiah	57.59	58.76
8.	Dave Padrusch	Sr.	Franklin & Marshall	57.42	59.00
9.	Mark Darmofal	So.	Lebanon Valley	59.67	

400M RELAY

		TRIALS	FINALS
1.	Gettysburg	42.79	43.01
2.	Susquehanna	43.33	43.40
3.	Messiah	44.05	43.65
4.	Dickinson	44.04	43.73
5.	Delaware Valley	44.63	44.04
6.	Haverford	44.32	44.06
7.	Moravian	43.26	49.15
DO	Widener	43.50	
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9.	Johns Hopkins	44.86	
10.	Lebanon Valley	45.13	

1992 MAC MEN'S INDIVIDUAL RESULTS

1600M RELAY		FINALS
1.	Haverford	3:21.57
2.	Moravian	3:22.20
3.	Dickinson	3:22.35
4.	Gettysburg	3:25.55
5.	Swarthmore	3:26.48
6.	Western Maryland	3:27.29
7.	Messiah	3:28.56
8.	<u>Franklin & Marshall</u>	<u>3:30.97</u>
9.	Lebanon Valley	3:31.63
10.	Widener	3:32.61
11.	Susquehanna	3:33.33
12.	Ursinus	3:35.70

LONG JUMP				FINALS
1.	Greg Stanford	Sr.	Messiah	7.01m (23-0)
2.	Kwane Lloyd	Sr.	Susquehanna	6.98m (22-10 3/4)
3.	Steve Luisser	Sr.	Moravian	6.91m (22-8)
4.	Matthew Timm	So.	Lycoming	6.90m (22-7 3/4)
5.	Dave Cook	So.	Lebanon Valley	6.89m (22-7 1/4)
6.	Curt Engle	Fr.	Widener	6.73m (22-1)
7.	Chris Russell	Jr.	Johns Hopkins	6.60m (21-8)
8.	<u>James Cunningham</u>	<u>So.</u>	<u>Delaware Valley</u>	<u>6.55m (21-6)</u>
9.	Michael Bennett	Fr.	Susquehanna	6.48m (21-3 1/4)
10.	Bill Bailey	Fr.	Widener	6.44m (21-1 1/2)
11.	Greg O'Neill	So.	Moravian	6.40m (21-0)
12.	Ron Rux	Jr.	Susquehanna	6.34m (20-9 3/4)
13.	Kent Barnds	Sr.	Gettysburg	6.25m (20-6 1/4)
14.	Matt McAllister	Jr.	Moravian	6.23m (20-5 1/4)
Tie	Jon Noble	Jr.	Haverford	6.23m (20-5 1/4)
16.	Chris DeFranco	Fr.	Moravian	6.19m (20-3 3/4)
17.	Boris Chen	Jr.	Haverford	6.01m (19-8 3/4)
18.	Mark Erb	So.	Messiah	No marks

TRIPLE JUMP				FINALS
1.	Greg Stanford	Sr.	Messiah	14.15m (46-5 1/2)
2.	Brian Debnam	Fr.	Albright	13.79m (45-3)
3.	Ron Rux	Jr.	Susquehanna	13.73m (45-0 1/2)
4.	Sam Kimmel	So.	Messiah	13.73m (45-0 1/2)
5.	Nathan McNitt	Fr.	Susquehanna	13.34m (43-9 1/4)
6.	Greg Boozer	Jr.	Susquehanna	13.22m (43-4 1/2)
7.	Steve Luisser	Sr.	Moravian	13.19m (43-3 1/4)
8.	<u>Mike Horvath</u>	<u>So.</u>	<u>Susquehanna</u>	<u>13.12m (43-0 1/2)</u>
9.	Justin Marquis	Jr.	Dickinson	12.74m (41-9 3/4)
10.	Michael Bennett	Fr.	Susquehanna	12.50m (41-0 1/4)
11.	Carl Brandreth	So.	Ursinus	12.39m (40-7 1/4)

1992 MAC MEN'S INDIVIDUAL RESULTS

HIGH JUMP

				FINALS
1.	Mark Cunningham	Jr.	Gettysburg	1.98m (6-6)
2.	Matt Wines	Fr.	Moravian	1.98m (6-6)
3.	Andy Huber	Fr.	Messiah	1.93m (6-4)
4.	Jack Altland	So.	Lycoming	1.93m (6-4)
5.	John Kastelein	So.	Messiah	1.93m (6-4)
6.	Brad Biester	So.	Moravian	1.88m (6-2)
Tie	Scott Seymour	Fr.	Moravian	1.88m (6-2)
8.	Bryan Pettit	Fr.	Susquehanna	1.88m (6-2)
9.	Fritz Bayer	So.	Juniata	1.83m (6-0)
Tie	Al Randall	Jr.	Franklin & Marshall	1.83m (6-0)
11.	Troy Gehret	Fr.	Ursinus	1.83m (6-0)
12.	Paul Nye	Fr.	Susquehanna	1.83m (6-0)

POLE VAULT

				FINALS
1.	Frank Krantz	Jr.	Susquehanna	4.62m (15 1 3/4) *
2.	Greg Kutz	Jr.	Lebanon Valley	4.26m (13-11 3/4)
3.	Brian Kendall	Fr.	Widener	4.06m (13-3 3/4)
4.	Stephen Powell	So.	Dickinson	3.96m (12-11 3/4)
5.	Ped Young	Sr.	Widener	3.86m (12-8)
6.	Chris Rumer	So.	Moravian	3.66m (12-0)
7.	Chris Prewo	Fr.	Albright	3.66m (12-0)
8.	Rob Kreider	Jr.	Lebanon Valley	3.56m (11-8)
9.	Farrok Farroki	So.	Johns Hopkins	No Height
Tie	Mark Dickerson	Fr.	Widener	No Height
Tie	Justin Marquis	Fr.	Dickinson	No Height

* Note: Breaks MAC record held by Jeff Hooton, Gettysburg, 1988, 15-1 1/2

SHOT PUT

				FINALS
1.	Talavou Alailima	Fr.	Franklin & Marshall	15.94m (52-2 3/4)
2.	Greg Malczon	So.	Susquehanna	14.92m (48-11 1/20)
3.	Frank Macrina	Sr.	Juniata	14.60m (47-10 3/4)
4.	Joseph MacMillan	So.	Delaware Valley	14.39m (47-2 1/2)
5.	Ross Denisco	Fr.	Lebanon Valley	14.06m (46-1 1/2)
6.	Joe Perilli	So.	Moravian	13.69m (44-11)
7.	Rob Donlan	Jr.	Susquehanna	13.28m (43-7)
8.	Pat Morris	So.	Gettysburg	12.78m (41-11 1/4)
9.	Phil Massenat	So.	Susquehanna	12.56m (41-2 1/2)
10.	Mike Vagner	So.	Swarthmore	12.46m (40-10 1/2)
11.	Sean Casey	Jr.	Johns Hopkins	12.45m (40-10 1/4)
12.	Brian Derrer	Fr.	Susquehanna	12.37m (40-7)
Tie	Dan Morgan	Fr.	Susquehanna	12.37m (40-7)
14.	Robert Shoemaker	So.	Lycoming	12.25m (40-2 1/4)

1992 MAC MEN'S INDIVIDUAL RESULTS

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1.	Talavou Alailima	Fr.	Franklin & Marshall	47.20m (154-10)
2.	Joseph MacMillan	So.	Delaware Valley	46.00m (150-11)
3.	Phil Massenat	So.	Susquehanna	44.08m (144-7)
4.	Greg Malczon	So.	Susquehanna	41.96m (137-8)
5.	Pat Morris	So.	Gettysburg	41.78m (137-1)
6.	Ross Denisco	Fr.	Lebanon Valley	40.92m (134-3)
7.	Jeremy Dalton	So.	Gettysburg	40.64m (133-4)
8.	Rob Donlan	Jr.	Susquehanna	40.34m (132-4)
9.	Karl Dyrli	So.	Messiah	39.66m (130-1)
10.	Mark Newsome	Sr.	Moravian	39.14m (128-5)
11.	Darryl Campanella	Fr.	Moravian	38.02m (124-9)
12.	Frank Macrina	Sr.	Juniata	37.40m (122-8)
13.	Chris Caizzo	Jr.	Albright	37.30m (122-4)
14.	Mario Sindaco	Sr.	Franklin & Marshall	36.74m (120-6)
15.	Nick Sacco	Jr.	Moravian	36.70m (120-5)
16.	Mike Hopstetter	Fr.	Delaware Valley	36.68m (120-4)
17.	Sean Casey	Jr.	Johns Hopkins	36.44m (119-7)
Tie	Jeff Smith	Fr.	Franklin & Marshall	36.44m (119-7)

JAVELIN

1.	Scott Davis	So.	Lebanon Valley	59.20m (194-7)
2.	Mike Natale	Fr.	Moravian	57.06m (188-0)
3.	Albert Parrillo	Fr.	Ursinus	53.74m (178-7)
4.	John Botti	Sr.	Haverford	51.14m (177-8)
5.	Duane Cosner	Sr.	Moravian	51.08m (167-7)
6.	Greg Edsell	Sr.	Messiah	51.06m (167-6)
7.	Eugene Ritter	Jr.	Dickinson	49.60m (166-9)
8.	Karl Dyrli	So.	Messiah	48.60m (166-2)
9.	Mario Sindaco	Sr.	Franklin & Marshall	47.80m (156-10)
10.	Adam Hilbish	Fr.	Juniata	46.90m (153-10)
11.	Neil Gutekunst	Fr.	Dickinson	45.82m (150-4)
12.	Jason McNitsky	Fr.	Moravian	45.60m (149-7)
13.	Scott Wasserman	Sr.	Haverford	45.36m (148-10)
14.	Mike Finelli	Jr.	Albright	45.04m (147-9)
15.	Michael Hopstetter	Fr.	Delaware Valley	44.48m (145-11)
16.	Boris Chen	Jr.	Haverford	43.50m (142-8)
17.	Rob Frantz	Jr.	Lebanon Valley	42.28m (138-8)

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6.	Susquehanna	47
7.	Swarthmore	40
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9.	Delaware Valley	33
10.	Haverford	26
11.	Muhlenberg	25
12.	Franklin & Marshall	23
13.	Dickinson	20
14.	Juniata	14
15.	Albright	11
16.	Lebanon Valley	10
17.	Western Maryland	6
18.	Lycoming	0

AWARDS

Outstanding Athlete	Shawn Walsh, Moravian
Coach of the Year	Doug Miller, Messiah
David B. Eavenson Award	1,500M run, Kim Wurth, Juniata

WOMEN'S INDIVIDUAL RESULTS

100M DASH				TRIALS	FINALS
1.	Stacy Spencer	Fr.	Gettysburg	12.86	13.03
2.	Kim Douglass	Sr.	Delaware Valley	12.78	13.04
3.	Anne Bolt	So.	Messiah	12.93	13.06
4.	Gabby Yates	Fr.	Moravian	12.91	13.09
5.	Lisa Kravelk	So.	Moravian	13.18	13.23
6.	Ann Horsky	Sr.	Swarthmore	13.09	13.26
7.	Carolyn Scott	Jr.	Widener	13.10	13.27
DO	Jodi Angell	Jr.	Messiah	13.05	
9.	Amanda Long	Sr.	Franklin & Marshall	13.23	
10.	Tawanna Shelton	Fr.	Delaware Valley	13.37	
11.	Africa Smith	Fr.	Johns Hopkins	13.42	
12.	Manya Duhoffman	So.	Ursinus	13.67	
13.	Kristie Maravelli	Jr.	Susquehanna	13.78	
14.	Rachel Huffman	Jr.	Dickinson	13.84	

1992 MAC WOMEN'S INDIVIDUAL RESULTS

200M DASH				TRIALS	FINALS
1.	Kim Douglas	Sr.	Delaware Valley	25.74	26.23
2.	Anne Bolt	So.	Messiah	26.70	26.54
3.	Stacy Spencer	Fr.	Gettysburg	26.56	26.70
4.	Tyson Severin	Sr.	Messiah	26.57	26.89
5.	Lisa Kraelk	So.	Moravian	27.10	27.11
6.	Laura Stotz	Sr.	Dickinson	26.91	27.13
7.	Ann Horsky	Sr.	Swarthmore	26.84	27.82
DO	Jodi Angell	Jr.	Messiah	26.50	
9.	Gabby Yates	Fr.	Moravian	27.18	
10.	Carolyn Scott	Jr.	Widener	27.33	
11.	Mary Glendinning	Sr.	Johns Hopkins	27.35	
12.	Nancy Jacoby	So.	Gettysburg	27.60	
13.	Mary Beth Cunnane	Sr.	Haverford	27.76	
14.	Tawanna Shelton	Fr.	Delaware Valley	27.94	
15.	Amanda Long	Sr.	Franklin & Marshall	28.25	
16.	Manya Duhoffman	So.	Ursinus	28.39	
17.	Kristin Salloom	Fr.	Johns Hopkins	28.52	
18.	Tara Wentz	So.	Moravian	28.66	
19.	Yoland Laird	Jr.	Gettysburg	29.17	
20.	Britt Gamache	Fr.	Muhlenberg	29.43	
21.	Liz Eckstein	Sr.	Johns Hopkins	30.43	
400M DASH				TRIALS	FINALS
1.	Tyson Severin	Sr.	Messiah	59.09	58.72
2.	Mary Glendinning	Sr.	Johns Hopkins	59.28	59.09
3.	Nancy Jacoby	So.	Gettysburg	1:00.55	59.65
4.	Erika Bruner	Sr.	Haverford	59.54	1:00.07
5.	Katie Dempsey	Fr.	Swarthmore	1:00.41	1:00.49
6.	Jodi Angell	Jr.	Messiah	59.49	1:01.02
7.	Jennifer Duin	Sr.	Muhlenberg	1:00.21	1:01.09
8.	Tara Wentz	So.	Moravian	1:00.22	1:02.35
9.	Ruth Kline	So.	Dickinson	1:01.74	
10.	Kristie Maravelli	Jr.	Susquehanna	1:02.73	
11.	Kristin Salloom	Fr.	Johns Hopkins	1:02.77	
12.	Julia Hollander	Sr.	Susquehanna	1:03.32	
13.	Melanie Garber	Fr.	Messiah	1:03.04	
14.	Heidi Peterson	So.	Susquehanna	1:02.97	
15.	Alison Baird	So.	Dickinson	1:03.76	
16.	Kerri Temos	So.	Moravian	1:03.84	
17.	Doreen Piercy	Jr.	Franklin & Marshall	1:04.21	
18.	Jen Bacon	So.	Messiah	1:04.29	
19.	Anne Gage	Sr.	Dickinson	1:04.85	
20.	Abby Tobias	Fr.	Susquehanna	1:04.99	
21.	Michele Moore	Sr.	Albright	1:06.11	

1992 MAC WOMEN'S INDIVIDUAL RESULTS

800M RUN				TRIALS	FINALS
1.	Mary Glendinning	Sr.	Johns Hopkins	2:20.60	2:18.78
2.	Rachel Spear	Sr.	Swarthmore	2:21.45	2:19.68
3.	K.C. Johnson	Jr.	Moravian	2:22.12	2:20.65
4.	Danielle Wolfrom	So.	Haverford	2:20.78	2:21.76
5.	Anne Shybunko	Jr.	Franklin & Marshall	2:21.45	2:22.61
6.	Susan Bergh	So.	Dickinson	2:23.84	2:22.88
7.	Jennifer Duin	Sr.	Muhlenberg	2:22.20	2:23.37
8.	Kimberly Wurth	Sr.	Juniata	2:21.20	2:24.51
9.	Cecilia Mendez	So.	Johns Hopkins	2:24.48	
10.	Erika Chavetta	So.	Moravian	2:25.20	
11.	Janie DeVito	Fr.	Gettysburg	2:26.72	
12.	Sharon Britt	Fr.	Messiah	2:26.90	
13.	Christine Lang	Sr.	Gettysburg	2:26.96	
14.	Megan Cunningham	Fr.	Swarthmore	2:30.93	
15.	Heater Riese	So.	Messiah	2:32.01	

1500M RUN				TRIALS	FINALS
1.	Kimberly Wurth	Sr.	Juniata		4:48.40
2.	Danielle Wolfrom	So.	Haverford		4:51.58
3.	Cara Jones	So.	Messiah		4:52.46
4.	Susan Bergh	So.	Dickinson		4:54.36
5.	Amanda Wachter	Sr.	Muhlenberg		4:56.68
6.	Erika Chiavetta	So.	Moravian		4:56.80
7.	Tatiana Aguirre	So.	Johns Hopkins		4:57.38
8.	Marjorie Stelwagon	Sr.	Muhlenberg		4:57.92
9.	Susan Ferguson	Sr.	Dickinson		4:58.79
10.	Christine Lang	Sr.	Gettysburg		4:59.16
11.	Amy Iwan	So.	Swarthmore		4:59.59
12.	Janine DeVito	Fr.	Gettysburg		5:01.39
13.	Yvonne Lui	Fr.	Swarthmore		5:09.9 HT
14.	Christine Studzinski	Sr.	Franklin & Marshall		5:10.8 HT
15.	Liz Acker	Sr.	Franklin & Marshall		Time not reported

3,000M RUN				TRIALS	FINALS
1.	Kristen Wagner	Sr.	Ursinus		10:18:45
2.	Cara Jones	So.	Messiah		10:25.61
3.	Amy Iwan	So.	Swarthmore		10:37.49
4.	Frieda Behrens	Fr.	Gettysburg		10:50.50
5.	Marjorie Stelwagon	Sr.	Muhlenberg		10:57.81
6.	Tatiana Aguirre	So.	Johns Hopkins		11:03.44
7.	Patty Trimmell	Sr.	Muhlenberg		11:05.64
8.	Jessica Rabb	Sr.	Swarthmore		11:09.21
9.	Kate Heath	So.	Dickinson		11:14.73
10.	Danielle Groce	So.	Franklin & Marshall		11:31.80
11.	Michelle Bailey	Jr.	Dickinson		11:49.35

1992 MAC WOMEN'S INDIVIDUAL RESULTS

5,000M RUN				FINALS
1.	Jennifer Orehowsky	So.	Ursinus	18:51.60
2.	Kristen Wagner	Sr.	Ursinus	18:51.80
3.	Cara Jones	So.	Messiah	19:06.40
4.	Tatiana Aguirre	So.	Johns Hopkins	19:21.80
5.	Frieda Behrens	Fr.	Gettysburg	19:31.60
6.	Gina Randazza	Fr.	Albright	19:48.50
7.	Jessica Rabb	Sr.	Swarthmore	19:53.20
8.	Patty Trimmell	Sr.	Muhlenberg	20:05.60
9.	Jennifer Miller	So.	Moravian	20:16.00
10.	Danielle Groce	So.	Franklin & Marshall	20:28.50
11.	Tracy Robinson	Sr.	Franklin & Marshall	20:33.90
12.	Robyn Trenner	So.	Gettysburg	20:44.40
13.	Dawn Scharlach	Sr.	Messiah	21:20.80

10,000M RUN				FINALS
1.	Jenn Orehowsky	So.	Ursinus	38:49.17
2.	Tatiana Aguirre	So.	Johns Hopkins	39:24.80
3.	Nicole MacLennan	Jr.	Franklin & Marshall	39:30.47
4.	Gina Randazza	Fr.	Albright	39:35.08
5.	Tracy Robinson	Sr.	Franklin & Marshall	41:06.88
6.	Amanda Wachter	Sr.	Muhlenberg	41:13.78
7.	Jenn Miller	So.	Moravian	41:35.95
8.	Susan O'Hanlon	Jr.	Moravian	41:50.95
9.	Dawn Scharlach	Sr.	Messiah	44:13.00
10.	Katie Terry	Fr.	Haverford	44:13.85
DQ	Hope Raschke	Jr.	Johns Hopkins	

100M HURDLES				TRIALS	FINALS
1.	Virginia Dietrich	Fr.	Messiah	15.69	15.72
2.	Gina Gonzales	Fr.	Widener	16.07	16.08
3.	Kelsey Purnell	Sr.	Widener	16.13	16.17
4.	Kathy Poist	Fr.	Gettysburg	16.53	16.37
5.	Africa Smith	Fr.	Johns Hopkins	16.65	16.65
6.	Jennifer Slavin	Jr.	Moravian	16.51	16.67
7.	Sandra Slanker	Sr.	Delaware Valley	16.64	16.92
8.	Karen Warner	Jr.	Susquehanna	16.64	17.65
9.	Cherie Solomon	So.	Messiah	16.70	
10.	Heather Underwood	So.	Juniata	16.77	
11.	Michelle McBride	Fr.	Delaware Valley	17.07	
12.	Kataryna Kavulak	Fr.	Franklin & Marshall	17.33	
13.	Christine Gill	So.	Lebanon Valley	17.51	
14.	Qelani Dhlwayo	Fr.	Franklin & Marshall	17.60	
Tie	Michaele Hughey	Sr.	Messiah	17.60	
16.	Christy Parkhurst	Fr.	Dickinson	17.66	
17.	Rachel Spear	Sr.	Swarthmore	17.68	
18.	Sherry Barber	Sr.	Muhlenberg	17.88	
19.	Rebecca Weber	Jr.	Messiah	17.91	
20.	Brenda Dunfee	Fr.	Lebanon Valley	17.92	
21.	Vasudha Bhavaraju	Fr.	Franklin & Marshall	18.1 HT	
22.	Rachael Durst	So.	Widener	18.3 HT	

1992 MAC WOMEN'S INDIVIDUAL RESULTS

400M HURDLES

				TRIALS	FINALS
1.	Cherie Solomon	So.	Messiah	1:07.41	1:06.40
2.	Liz Dempsey	Jr.	Swarthmore	1:06.80	1:06.49
3.	Virginia Dietrich	Fr.	Messiah	1:06.16	1:06.89
4.	Kelsey Purnell	Sr.	Widener	1:06.89	1:07.07
5.	Jennifer Slavin	Jr.	Moravian	1:07.42	1:09.41
6.	Heather Underwood	So.	Juniata	1:09.77	1:10.45
7.	Sandra Slanker	Sr.	Delaware Valley	1:10.65	1:12.30
8.	Cathy Dunn	Jr.	Swarthmore	1:10.12	1:15.75
9.	Vasudha Bhavaraju	Fr.	Franklin & Marshall	1:10.66	
10.	Kathy Poist	Fr.	Gettysburg	1:10.81	
11.	Doreen Piercy	Jr.	Franklin & Marshall	1:10.99	
12.	Jessica Hyde	Sr.	Dickinson	1:11.85	
13.	Lisa Rubel	So.	Dickinson	1:12.37	
14.	Jill Gicking	Fr.	Gettysburg	1:14.18	
15.	Carol Held	Fr.	Susquehanna	1:15.42	

400M RELAY

		FINALS
1.	Moravian	49.69
2.	Messiah	49.96
3.	Widener	51.03
4.	Dickinson	51.25
5.	Susquehanna	51.64
6.	Johns Hopkins	51.78
7.	Delaware Valley	52.45
8.	Gettysburg	52.80
9.	Franklin & Marshall	52.16
10.	Haverford	52.83
11.	Johns Hopkins	52.91

1600M RELAY

		FINALS
1.	Messiah	4:05.91
2.	Haverford	4:08.54
3.	Moravian	4:09.02
4.	Swarthmore	4:09.52
5.	Dickinson	4:10.10
6.	Susquehanna	4:12.91
7.	Johns Hopkins	4:13.36
8.	Delaware Valley	4:15.04
9.	Franklin & Marshall	4:18.65
10.	Gettysburg	4:21.76
11.	Widener	4:27.80

1992 MAC WOMEN'S INDIVIDUAL RESULTS

LONG JUMP

				FINALS
1.	Diana Inhof	So.	Moravian	5.32m (17-5 1/2)
2.	Virginia Dietrich	Fr.	Messiah	5.28m (17-4)
3.	Karen Warner	Jr.	Susquehanna	5.16 m(16-11 3/4)
4.	Amy Cashman	Fr.	Susquehanna	5.15m (16-10 3/4)
5.	Jennifer Frantz	Fr.	Moravian	5.10m (16-8 3/4)
6.	Kataryna Kavulak	Fr.	Franklin & Marshall	5.10m (16-8 3/4)
7.	Meredith Sandherr	Fr.	Franklin & Marshall	5.05m (16-7)
8.	Jodi Angell	Jr.	Messiah	<u>5.04m (16-6 1/2)</u>
9.	Ellen Cosgrove	Fr.	Ursinus	4.99m (16-4 1/2)
10.	Gina Gonzales	Fr.	Widener	4.94m (16-2 1/2)
11.	Dawn Warner	Sr.	Ursinus	4.83m (15-10)
12.	Debbie Smuda	Jr.	Widener	4.67m (15-4)
13.	Tyson Severin	Sr.	Messiah	4.63m (15-2 1/2)
14.	Michelle McBride	Fr.	Delaware Valley	4.62m (15-2)
15.	Christine Gill	So.	Lebanon Valley	4.60m (15-1 3/4)
16.	Timarie May	Fr.	Susquehanna	4.59m (15-0 3/4)
17.	Andrea Yost	So.	Messiah	4.53m (14-10 1/2)
18.	Africa Smith	Fr.	Johns Hopkins	4.48m (14-8 1/2)
19.	Manya Duhoffman	So.	Ursinus	4.44m (14-6 3/4)
Tie	Jessica Kemp	So.	Albright	4.44m (14-6 3/4)
21.	Joanna Vondrasek	So.	Swarthmore	4.32m (14-2 1/4)

TRIPLE JUMP

				FINALS
1.	Jennifer Frantz	Fr.	Moravian	11.20m (36-9)
2.	Debie Smuda	Jr.	Widener	10.77m (35-1)
3.	Karen Warner	Jr.	Susquehanna	10.45m (34-3 1/2)
4.	Ellen Cosgrove	Fr.	Ursinus	10.45m (34-3 1/2)
5.	Meghan LeFevre	Jr.	Messiah	10.28m (33-8 3/4)
6.	Krisa Murray	Fr.	Moravian	10.10m (33-1 3/4)
7.	Ana Droskoski	Fr.	Franklin & Marshall	10.02m (32-10 1/2)
8.	Timarie May	Fr.	Susquehanna	<u>9.99m (32-9 1/2)</u>
9.	Meredith Sandherr	Fr.	Franklin & Marshall	9.87m (32-4 3/4)
10.	Angie Gessner	Sr.	Juniata	9.86m (32-4 3/4)
11.	Tina Shepardson	So.	Swarthmore	9.85m (32-3 1/4)
12.	Stacey Workinger	Jr.	Messiah	9.81m (32-0 3/4)
13.	Leslie O'Mara	So.	Messiah	9.70m (31-10)
14.	Jessica Kemp	So.	Albright	9.61m (31-6 1/2)
15.	Manya Duhoffman	So.	Ursinus	9.58m (31-5 1/4)
16.	Jessica Lease	So.	Franklin & Marshall	9.57m (31-4 3/4)
17.	Dawn Warner	Sr.	Ursinus	9.46m (31-0 1/2)
18.	Andrea Yost	So.	Messiah	9.34m (30-7 3/4)
19.	Jennifer Murnyak	Jr.	Juniata	9.22m (30-3)
20.	Heidi Gruber	Sr.	Messiah	9.17m (30-1)

1992 MAC WOMEN'S INDIVIDUAL RESULTS

HIGH JUMP

				FINALS
1.	Krisa Murray	Fr.	Moravian	1.62m (5-3 3/4)
2.	Karen Warner	Jr.	Susquehanna	1.62m (5-3 3/4)
3.	Yolañd Laird	Jr.	Gettysburg	1.59m (5-2 1/2)
4.	Ellen Cosgrove	Fr.	Ursinus	1.56m (5-1 1/4)
5.	Virginia Dietrich	Fr.	Messiah	1.56m (5-1 1/4)
6.	Stacey Workinger	Jr.	Messiah	1.56m (5-1 1/4)
7.	Kataryna Kavulak	Fr.	Franklin & Marshall	1.51m (4-11 1/2)
8.	Christine Gill	So.	Lebanon Valley	1.51m (4-11 1/2)
9.	Meghan Lefever	Jr.	Messiah	1.51m (4-11 1/2)
10.	Jessica Lease	So.	Franklin & Marshall	1.46m (4-9 1/2)
11.	Stephanie Smith	Fr.	Juniata	1.46m (4-9 1/2)
Tie	Joanna VonDrasek	So.	Swarthmore	1.46m (4-9 1/2)
13.	Anne Gage	Sr.	Dickinson	1.46m (4-9 1/2)
14.	Tammy Bray	Jr.	Gettysburg	1.41m (4-7 1/2)
15.	Jennifer Thomas	Fr.	Lebanon Valley	1.36m (4-5 1/2)
Tie	Angie Gessner	Sr.	Juniata	1.36m (4-5 1/2)

SHOT PUT

				FINALS
1.	Shawn Walsh	Sr.	Moravian	12.50m (41-0 1/4)
2.	Lori Wiggins	Sr.	Messiah	11.94m (39-2 1/4)
3.	Beth Moyer	Jr.	Lebanon Valley	11.74m (38-6 1/4)
4.	Liz Nicodemus	Jr.	Susquehanna	11.50m (37-8 3/4)
5.	Tamara Collins	Sr.	Muhlenberg	11.30m (37-1)
6.	Colleen Sheerin	Sr.	Gettysburg	11.27m (36-11 3/4)
7.	Jennifer Laidlaw	Fr.	Ursinus	11.24m (36-10 1/2)
8.	Kristen Buck	Fr.	Muhlenberg	10.81m (35-5 3/4)
9.	Terri Bischoff	Fr.	Moravian	10.35m (33-11 1/2)
10.	Jen Fry	So.	Susquehanna	10.28m (33-8 3/4)
11.	Candy McCue	Jr.	Messiah	10.20m (33-5 3/4)
12.	Sylke Knuppel	Jr.	Johns Hopkins	10.16m (33-4)
13.	Denise Kehm	So.	Delaware Valley	9.93m (32-7)
14.	Bridget Peechatka	Fr.	Moravian	9.88m (32-5)
15.	Christina Wtulich	So.	Muhlenberg	9.76m (32-0 1/4)
16.	Sherry Albright	So.	Western Maryland	9.29m (30-5 3/4)
17.	Meggan Nolen	Fr.	Gettysburg	9.12m (29-11 1/4)
18.	Jennifer Hayes	Fr.	Ursinus	8.96m (29-4 3/4)

1992 MAC WOMEN'S INDIVIDUAL RESULTS

DISCUS

1.	Shawn Walsh	Sr.	Moravian	38.56m (126-6)
2.	Jen Fry	So.	Susquehanna	38.36m (125-10)
3.	Colleen Sheerin	Sr.	Gettysburg	37.12m (121-9)
4.	Terri Bischoff	Fr.	Moravian	36.58m (120-0)
5.	Sherry Albright	So.	Western Maryland	34.74m (113-11)
6.	Beth Moyer	Jr.	Lebanon Valley	34.38m (112-9)
7.	Denise Kehm	So.	Delaware Valley	34.14m (112-0)
8.	Mindy Sevin	So.	Messiah	33.54m (110-0)
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9.	Lisa Dechano	Jr.	Juniata	32.88m (107-10)
10.	Liz Nicodemus	Jr.	Susquehanna	32.14m (105-5)
11.	Tamara Collins	Sr.	Muhlenberg	31.30m (102-8)
12.	Meggan Nolan	Fr.	Gettysburg	30.36m (99-7)
13.	Candy McCue	Jr.	Messiah	30.34m (99-6)
14.	Pat Troutman	So.	Messiah	29.64m (97-3)
15.	Kris Buck	Fr.	Muhlenberg	28.10m (92-2)
16.	Liz Perry	Fr.	Swarthmore	27.28m (89-6)
17.	Jenni Hayes	Fr.	Ursinus	27.04m (88-8)

JAVELIN

1.	Sylke Knuppel	Jr.	Johns Hopkins	47.52m (155-11)
2.	Heather Moyer	So.	Moravian	36.24m (118-11)
3.	Sandra Slanker	Sr.	Delaware Valley	35.04m (114-11)
4.	Karen Roberts	So.	Messiah	34.76m (114-0)
5.	Carrie Norcross	Jr.	Moravian	34.44m (113-6)
6.	Lynelle Harbold	So.	Albright	33.74m (110-8)
7.	Sherry Albright	So.	Western Maryland	32.90m (107-11)
8.	Kristen Buck	Fr.	Muhlenberg	32.50m (106-7)
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9.	Liz Nicodemus	Jr.	Susquehanna	31.88m (104-7)
10.	Tamara Collins	Sr.	Muhlenberg	30.72m (100-9)
11.	Jeanine Rosar	Fr.	Dickinson	29.78m (97-8)
12.	Meggan Nolen	Fr.	Gettysburg	27.72m (90-11)
13.	Colleen Sheerin	Sr.	Gettysburg	27.68m (90-10)
14.	Jennifer Hayes	Fr.	Ursinus	24.02m (78-9 3/4)