

**MIDDLE ATLANTIC CONFERENCE  
TRACK AND FIELD CHAMPIONSHIPS  
May 6-7, 1994**

**Breidegam Track  
Moravian College  
Bethlehem, PA**

Men's Results

<b>100 Meter Dash (Heat 1)</b>			<b>100 Meter Dash (Heat 2)</b>		
1. David Jackson	SU	11.4	1. Gregg Barrett	WI	11.31
2. Ian Smith	SU	11.4	2. Darby Graybill	ME	11.57
3. Fred Allen	WI	11.5	3. Mark Vottero	AL	11.80
4. Dave Cook	LV	11.6	4. Jim Carey	MO	12.18
5. Ernest Rehrig	SU	11.7	5. Chad Davis	LV	12.33
6. Jeff Hess	DV	12.0	6. Tom Austin	ME	12.61
<b>100 Meter Dash (Heat 3)</b>			<b>100 Meter Dash (Finals)</b>		
1. Scot Sechler	SU	11.46	1. Scot Sechler	SU	11.12
2. Kamief Jenkins	SU	11.50	2. Kamief Jenkins	SU	11.16
3. Kerry Miller	ME	11.76	3. Ian Smith	SU	11.22
4. Chris Cambiotti	MO	11.89	4. David Jackson	SU	11.35
5. Matthew Burd	SU	12.02	5. Gregg Barrett	WI	11.37
6. Jeff Bell	ME	12.23	6. Darby Graybill	ME	11.38
<b>200 Meter Dash (Heat 1)</b>			<b>200 Meter Dash (Heat 2)</b>		
1. Ian Smith	SU	23.35	1. Dan Cregan	SU	22.44
2. Ernest Rehrig	SU	23.63	2. Scot Sechler	SU	23.06
3. Jeff Hess	DV	23.65	3. Mark Vottero	AL	23.54
4. Derek Zbyszinski	AL	24.24	4. Andy shirlow	WI	23.78
			5. Ryan Stimers	ME	23.98
<b>200 Meter Dash (Heat 3)</b>			<b>200 Meter Dash (Heat 4)</b>		
1. David Jackson	SU	22.93	1. Kamief Jenkins	SU	23.08
2. Darby Graybill	ME	23.13	2. Dave Cook	LV	23.44
3. Greg O'Neil	MO	23.39	3. Chris Cambiotti	MO	24.35
4. Chad Davis	LV	24.72	4. Fred Allen	WI	24.39
5. Grant Willman	WI	24.88	5. Jim Carey	MO	25.08
<b>200 Meter Dash (Finals)</b>					
1. Dan Cregan	SU	22.33			
2. Kamief Jenkins	SU	22.63			
3. David Jackson	SU	22.67			
4. Scot Sechler	SU	22.79			
5. Ian Smith	SU	22.82			
6. Darby Graybill	SU	22.83			

<b>400 Meter Dash (Heat 1)</b>			<b>400 Meter Dash (Heat 2)</b>		
1. Dan Gregan	SU	51.09	1. David Jackson	SU	50.45
2. Kevin Byma	ME	51.58	2. Nathan Hillegas	LV	51.76
3. Chris Stamm	MO	51.62	3. Brian Blanford	LV	53.82
4. Peter Amme	SU	52.41	4. Aaron Rush	LV	54.96
5. Rich Adamo	DV	53.62	5. Ryan Stimers	ME	55.32
<b>400 Meter Dash (Heat 3)</b>			<b>400 Meter Dash (Finals)</b>		
1. Andy Shirlow	WI	52.61	1. Dan Cregan	SU	49.39
2. Derek Zbyszinski	AL	53.01	2. David Jackson	SU	49.54
3. Erami Botchway	WI	53.43	3. Nathan Hillegas	LV	49.69
4. Doug Goldblatt	SU	53.84	4. Chris Stamm	MO	50.59
5. Grant Willman	WI	55.39	5. Kevin Byma	ME	50.64
6. Mark Longenberger	JU	55.54	6. Andy Shirlow	WI	51.28
<b>800 Meter Run (Heat 1)</b>			<b>800 Meter Run (Heat 2)</b>		
1. Rodney Clark	WI	1:59.57	1. Marcus Sanger	ME	1:58.40
2. Matt Ollikainen	SU	1:59.24	2. David Mullen	MO	1:59.38
3. Ian Wallace	ME	2:00.87	3. Brandon Snyder	LV	2:02.50
4. Jason Barnes	SU	2:06.69	4. Walt Zeller	WI	2:03.35
5. Scott seymour	MO	2:18.02	5. Jerry DeNight	WI	2:10.19
<b>1,500 Meter Run</b>			<b>3,000 Meter Steeplechase</b>		
1. Chuck Holiday	DV	4:02.70	1. Phil Koser	ME	10:07.5
2. Bryan Garrido	ME	4:04.95	2. Jason switzer	MO	10:12.0
3. Rodney Clark	WI	4:06.83	3. Pete Ossen	DV	10:16.8
4. Greg Jacoby	ME	4:08.70	4. Daniel Andrus	SU	10:32.5
5. Patrick Egan	MO	4:10.38	5. Walt Zeller	WI	10:39.7
6. Jeff Wukitch	SU	4:10.45	6. Matt Sikora	AL	10:41.0
			7. Andrew Plantz	WI	10:45.7
			8. Adam Prowker	MO	11:52.0
<b>5,000 Meter Run</b>			<b>10,000 Meter Run</b>		
1. Patrick Egan	MO	15:19.90	1. James Hubbard	ME	32:30.60
2. Jeff Koegel	LV	15:29.02	2. Jeff Koegel	LV	32:39.35
3. James Hubbard	ME	15:32.48	3. Mike Browne	WI	34:09.91
4. Chuck Holiday	DV	15:42.45	4. Ryan O'Connell	AL	34:13.47
5. Ed Brignole	LV	16:02.22	5. Daniel Fikre yesus	MO	34:33.44
6. Pete Ossen	DV	16:23.12	6. Brian Frank	ME	35:11.58
			7. Craig Neiman	MO	35:26.19
			8. Mark Bersheim	WI	35:41.41
<b>110 Meter Hurdles (Heat 1)</b>			<b>110 Meter Hurdles (Heat 2)</b>		
1. Greg O'Neil	MO	15.4	1. Charles Moore	AL	15.9
2. Jim Kolovos	WI	16.4	2. John Wilkins	WI	16.2
3. Brian Altimare	SU	16.4	3. Barry Bosket	DV	17.7
4. Dave Prudenti	JU	16.6	4. Ben Cartwright	ME	17.3
5. Nathan McNitt	SU	17.1	5. Mark Thomas	AL	18.7
<b>110 Meter Hurdles (Finals)</b>					
1. Greg O'Neil	MO	14.73			
2. Charles Moore	AL	15.35			
3. Dave Prudenti	JU	15.45			
4. John Wilkins	WI	15.64			
5. Brian Altimore	SU	15.76			

**400 Meter Hurdles (Heat 1)**

1. Nathan Hillegas	LV	56.47
2. Charles Moore	AL	57.68
3. Ed McDonald	WI	58.75
4. Greg Sawicki	SU	58.91
5. Barry Bosket	DV	1:02.59

**400 Meter Hurdles (Heat 2)**

1. David Prudenti	JU	57.49
2. Jim Kolovos	WI	57.73
3. Brian Altimire	SU	58.20
4. Andy Huber	ME	58.47
5. Larry Sabia	MO	58.84

**400 Meter Hurdles (Finals)**

1. Nathan Hillegas	LV	56.16
2. David Prudenti	JU	57.35
3. Jim Kolovos	WI	57.61
4. Brian Atimire	SU	58.31
5. Andy Huber	ME	58.61

**400 Meter Relay (Heat 1)**

1. Susquehanna	SU	42.3
2. Widener	WI	44.0
3. Messiah	ME	44.0

**400 Meter Relay (Heat 2)**

1. Moravian	MO	43.8
2. Lebanon Valley	LV	43.8
3. Albright	AL	44.8
4. Delaware Valley	DV	46.2

**400 Meter Relay (Finals)**

1. Susquehanna	SU	42.05
2. Widener	WI	43.43
3. Lebanon Valley	LV	43.48
4. Moravian	MO	43.67
5. Messiah	ME	43.97
6. Albright	AL	45.00

**1,600 Meter Relay**

1. Moravian O'Neil, Sabia, Mullen, Stamm	MO	3:25.40
2. Lebanon Valley	LV	3:26.38
3. Susquehanna	SU	3:26.62
4. Messiah	ME	3:27.61
5. Widener	WI	3:30.82

**High Jump**

1. Greg O'Neil	MO	6- 5
2. David Vargason	SU	6- 5
3. Chris Biever	SU	6- 3 1/4
3. J.D. Kline	LV	6- 3 1/4
3. Gerald Ross	SU	6- 3 1/4
6. Owen Zimmerman	MO	6- 3 1/4

**Long Jump**

1. Gregg Barrett	WI	22-10 1/2
2. Gerald Ross	SU	22-4 1/2
3. Dave Cook	LV	22- 3
4. Greg O'Neil	MO	22- 1 1/2
5. Michael Bennett	SU	21- 2 1/2
6. Erik Olson	LV	21- 2 1/2

**Triple Jump**

1. Sam Kimmel	ME	46-10 3/4
2. James Burton	WI	44-11 3/4
3. Nathan McNitt	SU	44- 2
4. Gerald Ross	SU	43- 5 3/4
5. Michael Bennett	SU	43- 1 3/4
6. Arthur Owens	SU	42- 9

**Pole Vault**

1. Nate Groff	MO	13- 3 1/2
2. Andy Ulsh	LV	13- 3 1/2
3. Todd Ewald	WI	13- 3 1/2
4. Greg O'Neil	MO	12- 9 1/2
5. C.J. Brown	MO	12- 9 1/2
6. Kell Morton	MO	12- 3 1/2

**Shot Put**

1. Ross DeNisco	LV	49- 3 3/4
2. Dennis Condomitti	MO	47- 8 1/2
3. Mike Hopstetter	DV	46- 0 3/4
4. Jason Long	JU	45- 5 3/4
5. Rich Sculli	WI	44- 1 1/2
6. Paul Massenat	SU	42- 9 3/4

**Discus Throw**

1. Ross DeNisco	LV	142- 1
2. Phil Massenat	SU	140- 8
3. Karl Dyrli	ME	134- 3
4. Mike Hopstetter	DV	127-10
5. Cory Rider	SU	126- 9
6. Rich Sculli	WI	124- 2

**Javelin Throw**

1. Ron Zukley	DV	202- 4
2. Mike Natale	MO	195- 8
3. Takashi Nishizawa	WI	177-11
4. Michael Hannon	SU	177- 3
5. Michael Shorter	SU	170- 2
6. Nathan McNitt	SU	168- 8

\* Automatic NCAA Qualifier  
 % Provisional MAC Qualifier

! MAC Record  
 # Breidegam Track Record

**FINAL TEAM STANDINGS**

1. Susquehanna	SU	164
2. Moravian	MO	108
3. Lebanon Valley	LV	87
4. Widener	WI	78
5. Messiah	ME	76
6. Delaware Valley	DV	41
7. Juniata	JU	18
8. Albright	AL	14
9. Lycoming	LY	-

David B. Eavenson Award:  
 Outstanding Performer:

Ron Zukley, Delaware Valley Javelin  
 Dan Cregan, Susquehanna

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Women's Results

<b>100 Meter Dash (Heat 1)</b>			<b>100 Meter Dash (Heat 2)</b>		
1. Janine Shirk	ME	13.64	1. Michelle Kaufman	SU	13.59
2. Tammy Litts	SU	13.83	2. Kathy Lauletta	WI	13.60
3. Gina Gonzalez	WI	13.96	3. Christy Davis	ME	14.38
4. Wendy Roberts	AL	15.23	4. Claudia Jay	WI	15.54
5. Darah Bahn	DV	15.45			
<b>100 Meter Dash (Finals)</b>					
1. Janine Shirk	ME	13.02			
2. Michelle Kaufman	SU	13.14			
3. Kathy Lauletta	WI	13.18			
4. Tammy Litts	SU	13.31			
5. Gina Gonzalez	WI	13.48			
6. Christy Davis	ME	13.84			
<b>200 Meter Dash (Heat 1)</b>			<b>200 Meter Dash (Heat 2)</b>		
1. Anne Bolt	ME	27.05	1. Kathy Lauletta	WI	27.21
2. Tammy Litts	SU	27.80	2. Michelle Kaufman	SU	27.28
3. Heidi Peterson	SU	28.27	3. Janine Shirk	ME	27.44
4. Melissa Meade	AL	28.64	4. Christina Zarnas	MO	27.62
5. Carly Donnelly	SU	30.01	5. Christy Davis	ME	29.25
			6. Bryn Metcalf	LV	30.16
<b>200 Meter Dash (Finals)</b>					
1. Anne Bolt	ME	26.46			
2. Tammy Litts	SU	26.68			
3. Christina Zarnas	MO	26.75			
4. Kathy Lauletta	WI	26.84			
5. Janine Shirk	ME	26.96			
6. Michelle Kaufman	SU	27.00			
<b>400 Meter Dash (Heat 1)</b>			<b>400 Meter Dash (Heat 2)</b>		
1. Melissa Meade	AL	1:00.87	1. Anne Bolt	ME	1:00.04
2. Heidi Peterson	SU	1:01.21	2. Christina Zarnas	MO	1:01.30
3. Alyssa Strausberger	MO	1:01.76	3. Julie Kornbau	ME	1:05.30
4. Heather Newbegin	SU	1:04.08	4. Lisa Mueller	JU	1:06.55
5. Tanja Schneck	SU	1:05.42			
<b>400 Meter Dash (Finals)</b>					
1. Anne Bolt	ME	59.97			
2. Heidi Peterson	SU	1:00.28			
3. Christina Zarnas	MO	1:00.68			
4. Alyssa Strausberger	MO	1:01.76			
5. Melissa Meade	AL	1:02.79			
6. Heather Newbegin	SU	1:05.22			

## 800 Meter Run (Heat 1)

1. Joan Ginder	ME	2:17.18	1. Tracy Wartman	MO	2:18.57
2. Shannon McDonald	MO	2:18.87	2. Lisah Hamilton	WI	2:18.61
3. Amy Henry	ME	2:22.40	3. Diana Auter	MO	2:26.35
4. Jody Eiswerth	SU	2:29.99	4. Erica Schneck	LV	2:32.00
5. Heather Riese	ME	2:31.78	5. Amy Zimmerman	MO	2:32.62
			6. Jennifer Bachman	LV	2:33.19

## 800 Meter Run (Finals)

1. *Joan Ginder	ME	2:15.18
2. %Shannon McDonald	MO	2:16.78
3. Amy Henry	ME	2:19.92
4. Lisah Hamilton	WI	2:20.55
5. Tracy Wartman	MO	2:23.14
6. Diana Auter	MO	2:25.51

## 1,500 Meter Run

1. *#Amy Henry	ME	4:39.30
2. Tracy Wartman	MO	4:41.70
3. Carla Thomas	MO	4:41.80
4. Erika Chiavetta	MO	4:48.60
5. Justine Johnson	MO	4:51.20
6. Lori Choynowski	AL	5:06.60

## 3,000 Meter Run

1. *!#Carla Thomas	MO	10:04.38
2. *Amy Henry	ME	10:06.09
3. %Tracy Wartman	MO	10:16.57
4. Justine Johnson	MO	10:39.02
5. Collen Supinski	SU	12:19.96
6. Celeste Wells	MO	12:22.84
7. Heather Stoume	WI	12:34.91
8. Jen Bacon	ME	12:52.81
9. Lexi Loomis	DV	13:18.81

## 5,000 Meter Run

1. *!#Carla Thomas	MO	17:20.87
2. Justine Johnson	MO	18:01.08
3. Cara Jones	ME	18:12.93
4. Jenny Miller	MO	18:32.31
5. Andrea Lanier	ME	20:38.78
6. Maribeth Fives	SU	20:58.49

## 10,000 Meter Run

1. #Jenny Miller	MO	37:49.57
2. Cara Jones	ME	38:22.66
3. Andrea Lanier	ME	43:30.66
4. Debra Popper	LV	44:00.40
5. Jen Makim	MO	44:25.21
6. Michelle Graham	DV	47:18.91
7. Maribeth Fives	SU	47:28.98
8. Kristen Preuss	SU	50:55.69

## 100 Meter Hurdles (Heat 1)

1. Gina Gonzales	WI	16.04
2. Michelle McBride	DV	17.97
3. Stacey Frey	MO	18.05
4. Colette Drumheller	LV	19.54
5. Maria Zuarino	DV	19.55

## 100 Meter Hurdles (Heat 2)

1. Maria Peterkin	ME	16.94
2. Cherie Solomon	ME	17.50
3. Jennifer Malarik	SU	18.38
4. Lindell Zimmerman	ME	19.09

## 100 Meter Hurdles (Heat 3)

1. Bryn Metcalf	LV	17.24
2. Kelly Mokay	ME	17.51
3. Brigitte Hoff	JU	17.58
4. Michelle Liechty	SU	18.52

## 100 Meter Hurdles (Finals)

1. %!Gina Gonzales	WI	15.18
2. Maria Peterkin	ME	15.77
3. Cherie Solomon	ME	16.39
4. Bryn Metcalf	LV	16.51
5. Kelly Mokay	ME	16.98
6. Brigitte Hoff	JU	17.84

## 400 Meter Hurdles (Heat 1)

1. Cherie Solomon	ME	1:08.05
2. Nicole Deinarowicz	SU	1:10.84
3. Bryn Metcalf	LV	1:13.17
4. Kathy Saggio	WI	1:14.23
5. Michelle Treibler	AL	1:17.98

## 400 Meter Hurdles (Heat 2)

1. Daphne Rhoton	MO	1:08.00
2. Stacey Frey	MO	1:12.70
3. Denise Auter	MO	1:14.30
4. Michelle McBride	DV	1:16.90
5. Jennifer Bachman	LV	1:20.30

## 400 Meter Hurdles (Heat 3)

1. Brigitte Hoff	JU	1:09.91
2. Lindell Zimmerman	ME	1:11.31
3. Kelly Mokay	ME	1:15.23
4. Colette Drumheller	LV	1:18.71

## 400 Meter Hurdles (Finals)

1. Cherie Solomon	ME	1:06.74
2. Daphne Rhoton	MO	1:07.77
3. Brigitte Hoff	JU	1:08.98
4. Lindell Zimmerman	ME	1:10.52
5. Nicole Deinarowicz	SU	1:10.90
6. Stacey Frey	MO	1:12.14

## 400 Meter Relay

1. Messiah	ME	49.83
2. Susquehanna	SU	51.04
3. Widener	SI	51.05
4. Moravian	MO	52.04
5. Albright	AL	57.03
6. Delaware Valley	DV	57.57

## 1,600 Meter Relay

1. %Moravian	MO	4:01.5
Zarnas, Strausberger,		
Rhoton, McDonald		
2. Messiah	ME	4:02.6
3. Widener	WI	4:13.1
4. Susquehanna	SU	4:14.4
5. Lebanon Valley	LV	4:34.7
6. Delaware Valley	DV	4:54.5

## High Jump

1. %Angela Hazuda	JU	5- 5
2. Christine Theodore	MO	5- 1
3. Michelle Lichty	SU	4-11
4. Krisa Murray	MO	4-11
5. Daphne Rhoton	MO	4- 9
6. Maria Peterkin	ME	4- 9

## Long Jump

1. Jen Frantz	MO	18- 3
2. Janine Shirk	ME	17- 9 1/2
3. Gina Gonzalez	WI	17- 2 1/4
4. Amy Cashman	SU	17- 2 1/4
5. Kathy Lauletta	WI	16- 9 3/4
6. Maria Peterkin	ME	16- 7 1/4

## Triple Jump

1. Jen Frantz	MO	37- 3 3/4
2. Gina Gonzalez	WI	35- 5 1/4
3. Maria Peterkin	ME	35- 5 1/4
4. Janine Shirk	ME	35- 0 1/2
5. Julie Kornbau	ME	33- 0 1/4
6. Leslie O'Mara	ME	32- 5 3/4

## Shot Put

1. Jess Beal	MO	38- 4 1/4
2. Margaret Kaleuati	MO	38- 2
3. Sharon Possessky	LV	36- 7 3/4
4. Maria Peterkin	ME	36- 4 1/4
5. Jenn Fry	SU	35- 2 1/2
6. Jenn Emerich	LV	33- 2

## Discus Throw

1. Jenn Fry	SU	119- 3
2. Jess Beal	MO	111-10
3. Terri Bischoff	MO	107- 6
4. Mindy Smith	ME	105- 8
5. Jenn Emerich	LV	103- 8
6. Becky Shufelt	ME	96-10

## Javelin Throw

1. Jenn Okchowsky	LY	122- 8
2. Amy Gladfelter	JU	120- 8
3. Lynelle Harbold	AL	111-10
4. Patrice Troutman	ME	98- 7
5. Kim Bierman	SU	93- 0
6. Jessica Kieter	ME	89- 9

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# Breidegam Track Record

## FINAL TEAM STANDINGS

1. Moravian	MO	191
2. Messiah	ME	173
3. Susquehanna	SU	71
4. Widener	WI	54
5. Juniata	JU	45
6. Lebanon Valley	LV	23
7. Albright	AL	11
8. Lycoming	LY	10
9. Delaware Valley	DV	4

David B. Eavenson Award:

Jenny Miller, Moravian (10,000 meter run

Outstanding Performer

Carla Thomas, Moravian