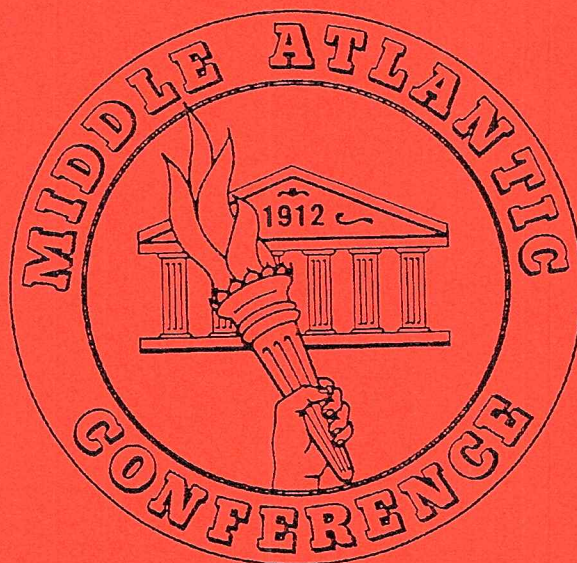


1997

MIDDLE ATLANTIC CONFERENCE



MEN'S AND WOMEN'S

OUTDOOR TRACK & FIELD CHAMPIONSHIPS

MAY 2-3, 1997

COMPLETE FINAL RESULTS

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SUSQUEHANNA UNIVERSITY  
AMOS ALONZO STAGG FIELD  
SELINGROVE, PA

---

♦ Albright ♦ Delaware Valley ♦ Juniata ♦ Lebanon Valley  
♦ Lycoming ♦ Messiah ♦ Moravian ♦ Susquehanna ♦ Widener

# 1997 MAC TRACK & FIELD CHAMPIONSHIP

## TEAM SCORING

| <u>MEN'S</u>       | <u>SCORE</u> | <u>WOMEN'S</u>     | <u>SCORE</u> |
|--------------------|--------------|--------------------|--------------|
| 1) SUSQUEHANNA     | 171.5        | 1) MORAVIAN        | 180.0        |
| 2) Lebanon Valley  | 111.0        | 2) Susquehanna     | 118.0        |
| 3) Moravian        | 99.5         | 3) Lebanon Valley  | 92.0         |
| 4) Widener         | 98.5         | 4) Juniata         | 54.0         |
| 5) Messiah         | 67.5         | 5) Messiah         | 40.0         |
| 6) Juniata         | 21.0         | 6) Widener         | 34.0         |
| 7) Delaware Valley | 14.0         | 7) Albright        | 20.0         |
| 8) Albright        | 5.0          | 8) Lycoming        | 9.0          |
|                    |              | 9) Delaware Valley | 4.0          |

## Gold Medalists from 1997 MAC Track & Field Championships

### Men

|                         |                                    |          |
|-------------------------|------------------------------------|----------|
| 100 Meter Dash          | Ian Smith, Susquehanna*            | 11.06    |
| 200 Meter Dash          | Tony Brown, Widener                | 22.16    |
| 400 Meter Dash          | Nathan Hillegas, Lebanon Valley*   | 48.60    |
| 800 Meter Dash          | Greg Jacoby, Messiah               | 1:56.57  |
| 1500 Meter Run          | Tim Pfluger, Moravian              | 4:02.37  |
| 3000 Meter Steeplechase | Art Dicola, Widener*               | 9:59.10  |
| 5000 Meter Run          | James Hillary, Moravian*           | 15:37.91 |
| 10000 Meter Run         | Craig Neiman, Moravian             | 34:32.91 |
| 110 Meter Hurdles       | Charles Barley, Susquehanna*       | 15.19    |
| 400 Meter Hurdles       | Nathan Hillegas, Lebanon Valley*   | 54.70    |
| 4 x 100 Meter Relay     | Susquehanna*                       | 41.96    |
| 4 x 400 Meter Relay     | Lebanon Valley                     | 3:21.18  |
| High Jump               | Chris Biever, Susquehanna*         | 6'07.25" |
| Pole Vault              | Jacob Tshudy, Lebanon Valley       | 14'3.25" |
| Long Jump               | Matt Fenstermacher, Susquehanna    | 21'10"   |
| Triple Jump             | Jason Piazza, Lebanon Valley       | 44'8.75" |
| Shot Put                | Frank Arenella, Susquehanna        | 45'2"    |
| Discus                  | Jon Long, Juniata                  | 145'8"   |
| Javelin                 | Anthony Bernarduci, Lebanon Valley | 202'1"   |

### Women

|                     |                                 |          |
|---------------------|---------------------------------|----------|
| 100 Meter Dash      | Joann Kertesz, Moravian         | 12.71    |
| 200 Meter Dash      | Jennifer Nauss, Lebanon Valley* | 25.71    |
| 400 Meter Dash      | Jennifer Nauss, Lebanon Valley* | 59.57    |
| 800 Meter Dash      | Katie L'Armand, Widener         | 2:19.01  |
| 1500 Meter Run      | Tara Wartman, Moravian          | 4:53.03  |
| 3000 Meter Run      | Kasie Hornberger, Moravian*     | 10:39.12 |
| 5000 Meter Run      | Tara Wartman, Moravian          | 18:56.54 |
| 10000 Meter Run     | Tara Wartman, Moravian*         | 38:18.14 |
| 100 Meter Hurdles   | Joce Megargell, Susquehanna     | 16.26    |
| 400 Meter Hurdles   | Cori Nolen, Lebanon Valley*     | 1:06.85  |
| 4 x 100 Meter Relay | Lebanon Valley                  | 50.51    |
| 4 x 400 Meter Relay | Moravian*                       | 4:07.49  |
| High Jump           | Jessica Herb, Messiah           | 5'1.75"  |
| Long Jump           | Jennifer Nauss, Lebanon Valley  | 17'3.5"  |
| Triple Jump         | Karyn Kern, Susquehanna         | 35'9.75" |
| Shot Put            | Ann Musser, Lebanon Valley      | 42'1.5"  |
| Discus              | Ann Musser, Lebanon Valley      | 141'6"   |
| Javelin             | Amy Gladfelter, Juniata*        | 142'3"   |

\* - Repeat Gold Medalists

**Bold = MAC Record**

### Outstanding Individual Performers

**Men: Nathan Hillegas, Lebanon Valley**

**Women: Jennifer Nauss, Lebanon Valley**

### David B. Eavenson Award Winners

**Men: Ian Smith, Susquehanna, 100 Meter Dash Winner**

**Women: Ann Musser, Lebanon Valley, Discus Winner**

MEN'S FINAL TEAM STANDINGS - THROUGH 19 EVENTS

EASY MEET by EASYWARE

Middle Atlantic Conference Championships  
 May 2-3, 1997 400M All-weather track

=====

TEAM SCORES AS OF EVENT # 51 MENS 1600 METER RELAY

=====

|   | TEAM            | THIS EVENT | TOTAL    |
|---|-----------------|------------|----------|
| 1 | SUSQUEHANNA     | 8.0000     | 171.5000 |
| 2 | LEBANON VALLEY  | 10.0000    | 111.0000 |
| 3 | MORAVIAN        | 4.0000     | 99.5000  |
| 4 | WIDENER         | 6.0000     | 98.5000  |
| 5 | MESSIAH         | 2.0000     | 67.5000  |
| 6 | JUNIATA         | 1.0000     | 21.0000  |
| 7 | DELAWARE VALLEY | 0.0000     | 14.0000  |
| 8 | ALBRIGHT        | 0.0000     | 5.0000   |

MEN'S OUTSTANDING PERFORMER: Nathan Hillegas, Lebanon Valley

DAVID B. EAVENSON AWARD: Ian Smith, Susquehanna (100-Meter Dash winner)

MEN'S INDIVIDUAL SCORERS; DOES NOT INCLUDE RELAY POINTS

HIGH POINT SCORES

MALE

|    | NAME                 |                 | TOTAL   |
|----|----------------------|-----------------|---------|
| 1  | MATT FENSTERMACHER   | SUSQUEHANNA     | 22.0000 |
| 2  | NATHAN HILLEGAS      | LEBANON VALLEY  | 20.0000 |
| 3  | TONY BROWN           | WIDENER         | 18.0000 |
| 4  | CHRIS BIEVER         | SUSQUEHANNA     | 16.0000 |
| 4  | IAN SMITH            | SUSQUEHANNA     | 16.0000 |
| 4  | BRIAN SELL           | MESSIAH         | 16.0000 |
| 4  | GREG JACOBY          | MESSIAH         | 16.0000 |
| 8  | JEREMY ZETTLEMOYER   | LEBANON VALLEY  | 14.0000 |
| 8  | JAMES HILLARY        | MORAVIAN        | 14.0000 |
| 8  | JEFFREY MINNICH      | MORAVIAN        | 14.0000 |
| 8  | DAVE COLE            | WIDENER         | 14.0000 |
| 12 | MATTHEW LEONARD      | LEBANON VALLEY  | 12.0000 |
| 12 | JASON PIAZZA         | LEBANON VALLEY  | 12.0000 |
| 12 | ART DICOLA           | WIDENER         | 12.0000 |
| 12 | KEVIN CONNELLY       | WIDENER         | 12.0000 |
| 16 | KAMIEF JENKINS       | SUSQUEHANNA     | 11.0000 |
| 16 | TIM PFLUGER          | MORAVIAN        | 11.0000 |
| 18 | NICK QUAGLIA         | SUSQUEHANNA     | 10.0000 |
| 18 | JACOB TSHUDY         | LEBANON VALLEY  | 10.0000 |
| 18 | CRAIG NEIMAN         | MORAVIAN        | 10.0000 |
| 18 | DAVID HAMILTON       | MESSIAH         | 10.0000 |
| 18 | FRANK ARENELLA       | SUSQUEHANNA     | 10.0000 |
| 18 | ED BANIAK            | DELAWARE VALLEY | 10.0000 |
| 18 | ANTHONY BERNARDUCI   | LEBANON VALLEY  | 10.0000 |
| 18 | CHARLES BARLEY       | SUSQUEHANNA     | 10.0000 |
| 18 | JON LONG             | JUNIATA         | 10.0000 |
| 18 | BILL KOTT            | MORAVIAN        | 10.0000 |
| 28 | RICH KNEALE          | SUSQUEHANNA     | 8.0000  |
| 28 | NATHAN GROFF         | MORAVIAN        | 8.0000  |
| 28 | DANIEL OLIYNIK       | MORAVIAN        | 8.0000  |
| 28 | RICHARD HOPF         | LEBANON VALLEY  | 8.0000  |
| 28 | JIM WOLYNETZ         | SUSQUEHANNA     | 8.0000  |
| 28 | ADAM RESSLER         | SUSQUEHANNA     | 8.0000  |
| 28 | MATT MENOLD          | SUSQUEHANNA     | 8.0000  |
| 35 | CHRISTOPHER LOWTHERT | MORAVIAN        | 6.0000  |
| 35 | FRANK GENSEMER       | WIDENER         | 6.0000  |
| 35 | BLAKE MOILAN         | JUNIATA         | 6.0000  |
| 35 | MARTY PINTER         | SUSQUEHANNA     | 6.0000  |
| 35 | JONATHAN PETERSON    | MESSIAH         | 6.0000  |
| 35 | MIKE ANGELO          | SUSQUEHANNA     | 6.0000  |
| 35 | OWEN ZIMMERMAN       | MORAVIAN        | 6.0000  |
| 35 | DAN CURRAN           | WIDENER         | 6.0000  |
| 43 | LONNIE HOCKENBERRY   | MESSIAH         | 4.0000  |
| 43 | JOSH COLEMAN         | MESSIAH         | 4.0000  |
| 43 | PATRICK LOUGHNEY     | LEBANON VALLEY  | 4.0000  |
| 43 | BRADEN SNYDER        | LEBANON VALLEY  | 4.0000  |
| 43 | PAT GALLO            | WIDENER         | 4.0000  |
| 43 | JIM DELP             | ALBRIGHT        | 4.0000  |
| 43 | WADE ESBENSHADE      | DELAWARE VALLEY | 4.0000  |
| 43 | MARK RANDALL         | SUSQUEHANNA     | 4.0000  |
| 43 | JEFF TALERICO        | SUSQUEHANNA     | 4.0000  |
| 43 | LLOYD HILL           | WIDENER         | 4.0000  |
| 53 | NATE SAUVE           | MESSIAH         | 3.5000  |

|    |                 |                |        |
|----|-----------------|----------------|--------|
| 54 | DAVE KENWORTHY  | WIDENER        | 2.0000 |
| 54 | ANDREW WALLER   | MORAVIAN       | 2.0000 |
| 54 | MARK MARSHALL   | JUNIATA        | 2.0000 |
| 54 | KIMATHI CHOMA   | MESSIAH        | 2.0000 |
| 54 | JASON TETE      | WIDENER        | 2.0000 |
| 54 | DONNIE AUGUSTIN | SUSQUEHANNA    | 2.0000 |
| 54 | DYLAN COIA      | MORAVIAN       | 2.0000 |
| 54 | JACK STEPHANI   | WIDENER        | 2.0000 |
| 54 | ANDY QUAILE     | WIDENER        | 2.0000 |
| 63 | GEORGE YOUNG    | MORAVIAN       | 1.5000 |
| 64 | JOSHUA GOLD     | MORAVIAN       | 1.0000 |
| 64 | JEFF ANGELO     | SUSQUEHANNA    | 1.0000 |
| 64 | RYAN CLEMM      | SUSQUEHANNA    | 1.0000 |
| 64 | JAMIE YODER     | SUSQUEHANNA    | 1.0000 |
| 64 | DANIEL PALOPOLI | LEBANON VALLEY | 1.0000 |
| 64 | JAMES O'ROURKE  | MORAVIAN       | 1.0000 |
| 64 | JOHN SALDIBAR   | ALBRIGHT       | 1.0000 |
| 64 | ERIC DAVIS      | SUSQUEHANNA    | 1.0000 |
| 64 | JOSHUA TIRADO   | MORAVIAN       | 1.0000 |
| 73 | DAVE GARGIONE   | WIDENER        | 0.5000 |
| 73 | ADAM SAYLOR     | SUSQUEHANNA    | 0.5000 |
| 75 | BEN CARTWRIGHT  | MESSIAH        | 0.0000 |
| 75 | DREW SAMUELSEN  | MESSIAH        | 0.0000 |

WOMEN'S FINAL TEAM STANDINGS - THROUGH 18 EVENTS

EASY MEET by EASYWARE

Middle Atlantic Conference Championships  
 May 2-3, 1997 400M All-weather track

=====

TEAM SCORES AS OF EVENT # 50 WOMENS 1600 METER RELAY

=====

|   | TEAM            | THIS EVENT | TOTAL    |
|---|-----------------|------------|----------|
| 1 | MORAVIAN        | 10.0000    | 180.0000 |
| 2 | SUSQUEHANNA     | 6.0000     | 118.0000 |
| 3 | LEBANON VALLEY  | 1.0000     | 92.0000  |
| 4 | JUNIATA         | 4.0000     | 54.0000  |
| 5 | MESSIAH         | 2.0000     | 40.0000  |
| 6 | WIDENER         | 8.0000     | 34.0000  |
| 7 | ALBRIGHT        | 0.0000     | 20.0000  |
| 8 | LYCOMING        | 0.0000     | 9.0000   |
| 9 | DELAWARE VALLEY | 0.0000     | 4.0000   |

WOMEN'S OUTSTANDING PERFORMER: Jennifer Nauss, Lebanon Valley  
 DAVID B. EAVENSON AWARD: Ann Musser, Lebanon Valley (Discus winner)

WOMEN'S INDIVIDUAL SCORERS - DOES NOT INCLUDE RELAY POINTS

HIGH POINT SCORES

FEMALE

|    | NAME                |                 | TOTAL   |
|----|---------------------|-----------------|---------|
| 1  | TARA WARTMAN        | MORAVIAN        | 30.0000 |
| 1  | JENNIFER NAUSS      | LEBANON VALLEY  | 30.0000 |
| 3  | KASIE HORNBERGER    | MORAVIAN        | 24.0000 |
| 4  | KARYN KERN          | SUSQUEHANNA     | 22.0000 |
| 4  | KRISTEN RECCEK      | MORAVIAN        | 22.0000 |
| 6  | ANN MUSSER          | LEBANON VALLEY  | 20.0000 |
| 7  | JOANN KERTESZ       | MORAVIAN        | 18.0000 |
| 7  | BECKY RITCHIE       | SUSQUEHANNA     | 18.0000 |
| 7  | JENNIFER BECKER     | SUSQUEHANNA     | 18.0000 |
| 10 | CORI NOLEN          | LEBANON VALLEY  | 16.0000 |
| 10 | AMY CAVANAUGH       | MORAVIAN        | 16.0000 |
| 10 | BECKY PAGE          | MORAVIAN        | 16.0000 |
| 13 | ALYSSA STRAUSBERGER | MORAVIAN        | 14.0000 |
| 13 | JOCE MEGARGELL      | SUSQUEHANNA     | 14.0000 |
| 13 | KIM AURAND          | SUSQUEHANNA     | 14.0000 |
| 16 | JESSICA HERB        | MESSIAH         | 13.0000 |
| 17 | AMY GLADFELTER      | JUNIATA         | 10.0000 |
| 17 | KATIE L'ARMAND      | WIDENER         | 10.0000 |
| 17 | SKYE TANDY          | ALBRIGHT        | 10.0000 |
| 20 | NICOLE HARRIS       | JUNIATA         | 8.0000  |
| 20 | GWEN HOFFMAN        | MORAVIAN        | 8.0000  |
| 20 | JEN ORCHOWSKI       | LYCOMING        | 8.0000  |
| 20 | CHRISTEL YUDT       | SUSQUEHANNA     | 8.0000  |
| 20 | EILEEN MCMENAMIN    | WIDENER         | 8.0000  |
| 20 | KRISTIN DAMICO      | JUNIATA         | 8.0000  |
| 26 | LEAHN AGNEW         | MORAVIAN        | 7.0000  |
| 27 | JULIE KORNBAU       | MESSIAH         | 6.0000  |
| 27 | KIM BIERMAN         | SUSQUEHANNA     | 6.0000  |
| 27 | JENNIFER EMERICH    | LEBANON VALLEY  | 6.0000  |
| 27 | LAURA ZIMMERMAN     | MESSIAH         | 6.0000  |
| 31 | BETH ENGLE          | MESSIAH         | 5.0000  |
| 31 | LISA MUELLER        | JUNIATA         | 5.0000  |
| 33 | CASEY KLINE         | JUNIATA         | 4.0000  |
| 33 | THEA ROOMET         | LEBANON VALLEY  | 4.0000  |
| 33 | CARRIE MILLER       | WIDENER         | 4.0000  |
| 33 | MARIBETH FIVES      | SUSQUEHANNA     | 4.0000  |
| 33 | AMY LEARN           | MORAVIAN        | 4.0000  |
| 33 | JENN MILLS          | DELAWARE VALLEY | 4.0000  |
| 33 | BONNIE LANGER       | JUNIATA         | 4.0000  |
| 33 | CARA KELLY          | JUNIATA         | 4.0000  |
| 41 | MAGGIE WARD         | ALBRIGHT        | 3.0000  |
| 41 | MICHELE KAUFFMAN    | SUSQUEHANNA     | 3.0000  |
| 43 | ROSIE METZ          | SUSQUEHANNA     | 2.0000  |
| 43 | CHRISTY HERING      | ALBRIGHT        | 2.0000  |
| 43 | JENNIFER HERSHEY    | LEBANON VALLEY  | 2.0000  |
| 43 | JENNIFER SAMSON     | MORAVIAN        | 2.0000  |
| 43 | LINDELL ZIMMERMAN   | MESSIAH         | 2.0000  |
| 43 | SHARON POSSESSKY    | LEBANON VALLEY  | 2.0000  |
| 43 | MONICA WELLS        | ALBRIGHT        | 2.0000  |
| 43 | AMY THOMPSON        | MESSIAH         | 2.0000  |
| 43 | LAUREN SUMMA        | ALBRIGHT        | 2.0000  |
| 52 | JILL WHALEN         | MORAVIAN        | 1.0000  |
| 52 | MELISSA RUOZZI      | SUSQUEHANNA     | 1.0000  |

|    |                   |                 |        |
|----|-------------------|-----------------|--------|
| 52 | CHRISSEY HOUSLAND | WIDENER         | 1.0000 |
| 52 | MARIA MAGUIRE     | WIDENER         | 1.0000 |
| 52 | LIZ ROBERTS       | WIDENER         | 1.0000 |
| 52 | COLETTE HALL      | LYCOMING        | 1.0000 |
| 52 | SHARON SIMPSON    | JUNIATA         | 1.0000 |
| 52 | LYNNE HEISEY      | LEBANON VALLEY  | 1.0000 |
| 52 | NICOLE PALAZZOLO  | WIDENER         | 1.0000 |
| 61 | SUZANNE HERRON    | ALBRIGHT        | 0.0000 |
| 61 | GENNY KUHNS       | DELAWARE VALLEY | 0.0000 |
| 61 | KELLY MUSSELMAN   | DELAWARE VALLEY | 0.0000 |
| 61 | JEN PAGE          | MORAVIAN        | 0.0000 |
| 61 | ANGELA WAGNER     | MESSIAH         | 0.0000 |
| 61 | AMANDA BAKER      | SUSQUEHANNA     | 0.0000 |
| 61 | SARAH WEBB        | ALBRIGHT        | 0.0000 |



FINAL RESULTS

Middle Atlantic Conference Championships

May 2-3, 1997 400M All-weather track

-----  
Event #1 WOMENS 10000 METER RUN  
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Division III NQT 37:10.74  
Middle Atlantic Conference Record  
TAMARA LAVE HAVERFORD 1990 37:24.90  
Division III Provisional NQT 38:25.24

|   |               |             |          |
|---|---------------|-------------|----------|
| 1 | TARA WARTMAN  | MORAVIAN    | 38:18.14 |
| 2 | AMY CAVANAUGH | MORAVIAN    | 40:56.01 |
| 3 | CHRISTEL YUDT | SUSQUEHANNA | 43:20.45 |
| 4 | CARA KELLY    | JUNIATA     | 43:42.57 |
| 5 | AMY THOMPSON  | MESSIAH     | 44:22.15 |
| 6 | JILL WHALEN   | MORAVIAN    | 45:39.96 |
| 7 | ELAN HANSON   | MESSIAH     | 45:48.06 |
|   | NICOLE NORRIS | JUNIATA     | DNF      |

-----  
Event #2 MENS DISCUS  
-----

Division III NQT 162'09.00"  
Middle Atlantic Conference Record  
PHIL MASSENET SUSQUEHANNA 1991 169'06.25"  
Division III Provisional NQT 154'09.00"

|    |                     |                 |            |
|----|---------------------|-----------------|------------|
| 1  | JON LONG            | JUNIATA         | 145'08.00" |
| 2  | DAVID HAMILTON      | MESSIAH         | 141'08.00" |
| 3  | DAVE COLE           | WIDENER         | 136'02.00" |
| 4  | LLOYD HILL          | WIDENER         | 134'09.00" |
| 5  | JASON TETE          | WIDENER         | 132'09.00" |
| 6  | JOSHUA TIRADO       | MORAVIAN        | 131'06.00" |
| 7  | DREW SAMUELSEN      | MESSIAH         | 128'03.00" |
| 8  | ROBERT WENTZEL      | LEBANON VALLEY  | 127'01.00" |
| 9  | FRANK ARENELLA      | SUSQUEHANNA     | 125'09.00" |
| 10 | JAI-T RANDALL       | ALBRIGHT        | 124'07.00" |
| 11 | BRENDON ROONEY      | DELAWARE VALLEY | 123'09.00" |
| 12 | JEREMY SCHOENBERGER | MORAVIAN        | 122'01.00" |
| 13 | JEFF ANGELO         | SUSQUEHANNA     | 122'00.00" |
| 14 | JOHN ZEMBRUSKI      | SUSQUEHANNA     | 120'01.00" |
| 15 | JAY WINGARD         | LYCOMING        | 120'00.00" |
| 16 | ANTHONY BERNARDUCI  | LEBANON VALLEY  | 117'07.00" |
| 17 | JIM DELP            | ALBRIGHT        | 112'01.00" |
| 18 | JIM MORAN           | SUSQUEHANNA     | 104'01.00" |
|    | WADE ESBENSHADE     | DELAWARE VALLEY | DNF        |
|    | LONNIE BAGWELL      | LYCOMING        | DNF        |

-----  
Event #3 WOMENS DISCUS  
-----

Division III NQT 144'04.00"  
Middle Atlantic Conference Record  
JOCELYN WILSON MESSIAH 1986 127'10.00"  
Division III Provisional NQT 134'06.00"

|    |                   |                 |              |
|----|-------------------|-----------------|--------------|
| 1  | ANN MUSSER        | LEBANON VALLEY  | 141'06.00" * |
| 2  | BECKY RITCHIE     | SUSQUEHANNA     | 120'09.00"   |
| 3  | JENNIFER EMERICH  | LEBANON VALLEY  | 118'09.00"   |
| 4  | SKYE TANDY        | ALBRIGHT        | 118'03.00"   |
| 5  | MONICA WELLS      | ALBRIGHT        | 115'04.00"   |
| 6  | MELISSA RUOZZI    | SUSQUEHANNA     | 113'09.00"   |
| 7  | CHRISTINA MUELLER | DELAWARE VALLEY | 109'01.00"   |
| 8  | JESS WHEELER      | JUNIATA         | 107'11.00"   |
| 9  | SHARON POSSESSKY  | LEBANON VALLEY  | 107'07.00"   |
| 10 | CARRIE MILLER     | WIDENER         | 106'05.00"   |
| 11 | AMY GLADFELTER    | JUNIATA         | 106'01.00"   |
| 12 | MICHELLE BYER     | ALBRIGHT        | 104'08.00"   |
| 13 | GENNY KUHNS       | DELAWARE VALLEY | 103'11.00"   |
| 14 | SUSAN GABERT      | MESSIAH         | 98'06.00"    |
| 15 | ANGELA WAGNER     | MESSIAH         | 93'08.00"    |
| 16 | LAURA MARTARANO   | WIDENER         | 91'08.00"    |
| 17 | CHRISSEY HOUSLAND | WIDENER         | 81'06.00"    |
|    | SUZANNE HERRON    | ALBRIGHT        | SC           |
|    | TARAUGH MAPLES    | ALBRIGHT        | SC           |

-----  
Event #4 MENS HIGH JUMP  
-----

Division III NQT 6'10.25"  
Middle Atlantic Conference Record  
CHRIS BIEVER SUSQUEHANNA 1996 6'07.00"  
Division III Provisional NQT 6'09.25"

|   |                |                |          |
|---|----------------|----------------|----------|
| 1 | CHRIS BIEVER   | SUSQUEHANNA    | 6'07.25" |
| 2 | RICHARD HOPF   | LEBANON VALLEY | 6'06.00" |
| 3 | OWEN ZIMMERMAN | MORAVIAN       | 6'05.00" |
| 4 | MARK RANDALL   | SUSQUEHANNA    | 6'03.25" |
| 5 | ADAM RESSLER   | SUSQUEHANNA    | 6'03.25" |
| 6 | JAMES O'ROURKE | MORAVIAN       | 6'03.25" |
| 7 | BEN CARTWRIGHT | MESSIAH        | 6'01.25" |

May 2-3, 1997 400M All-weather track

-----  
Event #5 WOMENS HIGH JUMP  
-----Division III NQT 5'06.50"  
Middle Atlantic Conference Record  
DOROTHEY O'MALLY URSINUS 1990 5'03.00"  
Division III Provisional NQT 5'05.00"

|    |                 |                 |          |
|----|-----------------|-----------------|----------|
| 1  | JESSICA HERB    | MESSIAH         | 5'01.75" |
| 2  | GWEN HOFFMAN    | MORAVIAN        | 5'01.00" |
| 3  | LEAHN AGNEW     | MORAVIAN        | 5'01.00" |
| 4  | KARYN KERN      | SUSQUEHANNA     | 5'01.00" |
| 5  | ROSIE METZ      | SUSQUEHANNA     | 5'01.00" |
| 6  | BETH ENGLE      | MESSIAH         | 5'01.00" |
| 7  | ERICA LANDES    | MORAVIAN        | 5'01.00" |
| 8  | THEA ROOMET     | LEBANON VALLEY  | 4'11.00" |
| 9  | AMANDA BAKER    | SUSQUEHANNA     | 4'11.00" |
| 10 | JEN PAGE        | MORAVIAN        | 4'11.00" |
| 11 | SARAH WEBB      | ALBRIGHT        | 4'11.00" |
| 12 | KELLY MUSSELMAN | DELAWARE VALLEY | 4'07.00" |
| 13 | MINDY OWENS     | MESSIAH         | 4'05.00" |

-----  
Event #6 MENS 10000 METER RUN  
-----Division III NQT 30:45.00  
Middle Atlantic Conference Record  
SEAMUS McELLOGOTT HAVERFORD 1990 30:29.25  
Division III Provisional NQT 31:29.34

|   |                      |                |          |
|---|----------------------|----------------|----------|
| 1 | CRAIG NEIMAN         | MORAVIAN       | 34:32.91 |
| 2 | KEVIN CONNELLY       | WIDENER        | 34:37.66 |
| 3 | CHRISTOPHER LOWTHERT | MORAVIAN       | 34:56.87 |
| 4 | LONNIE HOCKENBERRY   | MESSIAH        | 35:36.71 |
| 5 | ANDY QUAILE          | WIDENER        | 35:43.58 |
| 6 | ERIC DAVIS           | SUSQUEHANNA    | 35:58.87 |
| 7 | ANDREW STYER         | LEBANON VALLEY | 40:49.00 |
| 8 | JOSIAH NOVACK        | LEBANON VALLEY | 42:54.64 |
|   | STEVE PLENCNER       | MESSIAH        | DNF      |

-----  
Event #7 WOMENS 3000 METER RUN  
-----Division III NQT 10:08.74  
Middle Atlantic Conference Record  
CARLA THOMAS MORAVIAN 1994 10:04.38  
Division III Provisional NQT 10:18.74

|    |                   |             |          |
|----|-------------------|-------------|----------|
| 1  | KASIE HORNBERGER  | MORAVIAN    | 10:39.12 |
| 2  | KRISTEN RECCEK    | MORAVIAN    | 10:39.71 |
| 3  | BECKY PAGE        | MORAVIAN    | 11:10.26 |
| 4  | CASEY KLINE       | JUNIATA     | 11:24.64 |
| 5  | JENNIFER SAMSON   | MORAVIAN    | 11:28.01 |
| 6  | NICOLE PALAZZOLO  | WIDENER     | 11:43.32 |
| 7  | TINA MABEY        | MORAVIAN    | 11:43.36 |
| 8  | LIZ ROBERTS       | WIDENER     | 11:49.95 |
| 9  | TAMI GOLL         | SUSQUEHANNA | 11:51.84 |
| 10 | MARIBETH FIVES    | SUSQUEHANNA | 11:58.64 |
| 11 | MARY RACKOVAN     | JUNIATA     | 12:12.29 |
| 12 | MICHELE KASZNICKI | JUNIATA     | 12:26.43 |
| 13 | ANGELA HAPPEL     | SUSQUEHANNA | 12:33.66 |
| 14 | JEANELLE BOYER    | LYCOMING    | 12:39.97 |
| 15 | TANYA ZELGER      | SUSQUEHANNA | 12:41.29 |
| 16 | SARA GUTWILLIG    | MESSIAH     | 12:52.04 |
| 17 | JOCELYN BELLEW    | MORAVIAN    | 13:15.78 |
| 18 | MICHELLE HANRAHAN | ALBRIGHT    | 13:33.18 |
|    | DAWN FEGLEY       | MESSIAH     | DNF      |

-----  
Event #8 MENS 3000 METER STEEPLECHASE  
-----Division III NQT 9:15.00  
Middle Atlantic Conference Record  
MATT LEIGHNINGER HAVERFORD 1991 9:09.13  
Division III Provisional NQT 9:24.24

|   |                   |             |          |
|---|-------------------|-------------|----------|
| 1 | ART DICOLA        | WIDENER     | 9:59.10  |
| 2 | JEFFREY MINNICH   | MORAVIAN    | 10:05.40 |
| 3 | JONATHAN PETERSON | MESSIAH     | 10:29.50 |
| 4 | JEFF TALERICO     | SUSQUEHANNA | 10:32.80 |
| 5 | DYLAN COIA        | MORAVIAN    | 10:35.50 |
| 6 | JOHN SALDIBAR     | ALBRIGHT    | 10:45.40 |
|   | TODD DONAHUE      | WIDENER     | NT       |

continued ...

May 2-3, 1997 400M All-weather track

|                 |                |    |
|-----------------|----------------|----|
| BOB THEAR       | MORAVIAN       | NT |
| EDWARD BRIGNOLE | LEBANON VALLEY | NT |
| JAYSON TOSTO    | MORAVIAN       | NT |
| PETE LOBIANCO   | LEBANON VALLEY | NT |

Event #25 MENS POLE VAULT

Division III NQT 15'09.75"

Middle Atlantic Conference Record

KRANTZ SUS 1993 BROWN MOR 1996 15'03.00"

Division III Provisional NQT 15'03.00"

Event #14 WOMENS TRIPLE JUMP

Division III NQT 37'09.50"

Middle Atlantic Conference Record

JANINE SHIRK MESSIAH 1996 37'00.00"

Division III Provisional NQT 36'05.50"

|                  |             |           |
|------------------|-------------|-----------|
| 1 KARYN KERN     | SUSQUEHANNA | 35'09.75" |
| 2 KIM AURAND     | SUSQUEHANNA | 33'07.50" |
| 3 JULIE KORNBÄU  | MESSIAH     | 32'09.25" |
| 4 BETH ENGLE     | MESSIAH     | 32'07.00" |
| 5 JESSICA HERB   | MESSIAH     | 32'01.00" |
| 6 SHARON SIMPSON | JUNIATA     | 31'04.00" |
| ALEXIS KATCHUK   | MORAVIAN    | SC        |

Event #15 MENS TRIPLE JUMP

Division III NQT 47'10.00"

Middle Atlantic Conference Record

MIKE WILLIAMS WIDENER 1975 51'01.50"

Division III Provisional NQT 46'04.00"

|                      |                 |           |
|----------------------|-----------------|-----------|
| 1 JASON PIAZZA       | LEBANON VALLEY  | 44'08.75" |
| 2 MATT FENSTERMACHER | SUSQUEHANNA     | 44'05.50" |
| 3 ADAM RESSLER       | SUSQUEHANNA     | 43'06.00" |
| 4 KAMIEF JENKINS     | SUSQUEHANNA     | 42'11.75" |
| 5 ED BANIAK          | DELAWARE VALLEY | 42'10.75" |
| 6 NATE SAUVE         | MESSIAH         | 42'02.75" |
| 7 JONATHAN BORGER    | MORAVIAN        | 42'01.00" |
| 8 GIA PHAM           | ALBRIGHT        | 42'00.50" |
| 9 JEREMY TOMASCHIK   | SUSQUEHANNA     | 41'01.25" |
| 10 WILLIAM BROSEY    | ALBRIGHT        | 41'00.75" |
| 11 JEREMY SNYDER     | LEBANON VALLEY  | 40'10.75" |
| 12 WALT MERIWETHER   | WIDENER         | 40'09.75" |
| 13 TOM BOZMAN        | SUSQUEHANNA     | 40'06.25" |

|                  |                 |           |
|------------------|-----------------|-----------|
| 1 JACOB TSHUDY   | LEBANON VALLEY  | 14'03.25" |
| 2 NATHAN GROFF   | MORAVIAN        | 13'03.50" |
| 3 DAN CURRAN     | WIDENER         | 13'03.50" |
| 4 PAT GALLO      | WIDENER         | 12'09.50" |
| 5 JACK STEPHANI  | WIDENER         | 12'09.50" |
| 6 DAVE GARGIONE  | WIDENER         | 12'03.50" |
| 6 ADAM SAYLOR    | SUSQUEHANNA     | 12'03.50" |
| 8 BOB LEACH      | DELAWARE VALLEY | 11'09.75" |
| 9 RILEY GLANZ    | JUNIATA         | 11'09.75" |
| 10 MATT SOLTESZ  | ALBRIGHT        | 11'09.75" |
| 11 J.R. LUBISCO  | SUSQUEHANNA     | 11'03.75" |
| 12 NATHAN DAVIS  | LEBANON VALLEY  | 11'03.75" |
| 13 RON ZUKLEY    | DELAWARE VALLEY | 10'10.00" |
| JEREMY WAWRZONEK | ALBRIGHT        | DNF       |
| KEVIN HUNSICKER  | LEBANON VALLEY  | SC        |

Event #26 MENS JAVELIN

Division III NQT 200'01.50"

Middle Atlantic Conference Record

STU LEVITT HAVERFORD 1963 229'08.00"

Division III Provisional NQT 189'07.50"

|                      |                 |            |
|----------------------|-----------------|------------|
| 1 ANTHONY BERNARDUCI | LEBANON VALLEY  | 202'01.00" |
| 2 MATT MENOLD        | SUSQUEHANNA     | 194'05.00" |
| 3 MARTY PINTER       | SUSQUEHANNA     | 188'08.00" |
| 4 PATRICK LOUGHNEY   | LEBANON VALLEY  | 181'02.00" |
| 5 MARK MARSHALL      | JUNIATA         | 179'08.00" |
| 6 JOSHUA GOLD        | MORAVIAN        | 178'03.00" |
| 7 BRENDON ROONEY     | DELAWARE VALLEY | 175'10.00" |
| 8 FRANK ARENELLA     | SUSQUEHANNA     | 171'02.00" |
| 9 MIKE MCGOUGH       | LYCOMING        | 163'08.00" |
| 10 ERIK BENSON       | SUSQUEHANNA     | 162'10.00" |
| 11 BRIAN CUMMINGS    | DELAWARE VALLEY | 162'09.00" |

continued ...

FINAL RESULTS

Middle Atlantic Conference Championships

May 2-3, 1997 400M All-weather track

|                      |                 |            |  |
|----------------------|-----------------|------------|--|
| 12 RON DEROUIN       | WIDENER         | 159'00.00" | -----                                  |
| 13 DREW TOUCHER      | MESSIAH         | 157'11.00" | Event #28 WOMENS LONG JUMP             |
| 14 KEVIN BYMA        | MESSIAH         | 157'08.00" | -----                                  |
| 15 NICHOLAS GORETSKI | LEBANON VALLEY  | 156'10.00" |  |
| 16 RON ZUKLEY        | DELAWARE VALLEY | 153'04.00" | Division III NQT 18'04.50"             |
| 17 JIM DELP          | ALBRIGHT        | 152'00.00" | Middle Atlantic Conference Record      |
| 18 JACK STEPHANI     | WIDENER         | 145'01.00" | JANINE SHIRK MESSIAH 1996 18'6.00"     |
| 19 TIM STEIN         | ALBRIGHT        | 143'03.00" | Division III Provisional NQT 17'11.00" |

-----  
Event #27 WOMENS JAVELIN  
-----

|                  |                |           |
|------------------|----------------|-----------|
| 1 JENNIFER NAUSS | LEBANON VALLEY | 17'03.50" |
| 2 KARYN KERN     | SUSQUEHANNA    | 16'07.00" |
| 3 KIM AURAND     | SUSQUEHANNA    | 14'11.25" |
| ALEXIS KATCHUK   | MORAVIAN       | SC        |

Division III NQT 132'10.50"  
Middle Atlantic Conference Record  
SYLKE KNUPEL JOHNS HOPKINS 1992 155'11.00"  
Division III Provisional NQT 124'08.00"

-----  
Event #29 MENS LONG JUMP  
-----

|                     |                 |            |
|---------------------|-----------------|------------|
| 1 AMY GLADFELTER    | JUNIATA         | 142'03.00" |
| 2 JEN ORCHOWSKI     | LYCOMING        | 133'00.00" |
| 3 KIM BIERMAN       | SUSQUEHANNA     | 114'03.00" |
| 4 JENN MILLS        | DELAWARE VALLEY | 109'01.00" |
| 5 BECKY RITCHIE     | SUSQUEHANNA     | 107'10.00" |
| 6 LEAHN AGNEW       | MORAVIAN        | 105'10.00" |
| 7 CHRISTINA MUELLER | DELAWARE VALLEY | 105'00.00" |
| 8 MICHELLE BYER     | ALBRIGHT        | 103'00.00" |
| 9 GENNY KUHN        | DELAWARE VALLEY | 99'04.00"  |
| 10 CORI NOLEN       | LEBANON VALLEY  | 96'11.00"  |
| 11 MARY MCNITT      | LEBANON VALLEY  | 93'03.00"  |
| 12 SKYE TANDY       | ALBRIGHT        | 92'11.00"  |
| 13 SHANNON KITLAS   | LYCOMING        | 92'02.00"  |
| 14 MONICA WELLS     | ALBRIGHT        | 91'06.00"  |
| 15 LAURA MARTARANO  | WIDENER         | 90'09.00"  |
| 16 CHRIS CHAMPI     | MORAVIAN        | 87'10.00"  |
| 17 SUSAN GABERT     | MESSIAH         | 82'11.00"  |
| CATHERINE HUEGLER   | MORAVIAN        | SC         |
| TARAUGH MAPLES      | ALBRIGHT        | SC         |
| JAMIE LATOURETTE    | DELAWARE VALLEY | SC         |

Division III NQT 23'10.25"  
Middle Atlantic Conference Record  
DAN REICHENBACH MORAVIAN 1989 24'03.00"  
Division III Provisional NQT 23'1.50"

|                      |                 |           |
|----------------------|-----------------|-----------|
| 1 MATT FENSTERMACHER | SUSQUEHANNA     | 21'10.00" |
| 2 ED BANIAK          | DELAWARE VALLEY | 21'10.00" |
| 3 KAMIEF JENKINS     | SUSQUEHANNA     | 21'09.25" |
| 4 CHRIS BIEVER       | SUSQUEHANNA     | 21'05.00" |
| 5 JASON PIAZZA       | LEBANON VALLEY  | 21'03.00" |
| 6 RYAN CLEMM         | SUSQUEHANNA     | 20'08.50" |
| 7 JON HOXWORTH       | DELAWARE VALLEY | 20'06.50" |
| 8 SHANE BOWMAN       | MESSIAH         | 20'04.00" |
| 9 BRANDON IRVIN      | WIDENER         | 20'03.00" |
| 10 JEREMY SNYDER     | LEBANON VALLEY  | 19'05.75" |
| 11 GIA PHAM          | ALBRIGHT        | 19'04.25" |
| 12 JOSH COLEMAN      | MESSIAH         | 19'00.50" |
| TEDDY BENNETT        | WIDENER         | SC        |

May 2-3, 1997 400M All-weather track

-----  
Event #30 MENS SHOT PUT  
-----

Division III NQT 52'06.00"  
Middle Atlantic Conference Record  
ODD HAUGEN WESTERN MARYLAND 1973 55'01.00"  
Division III Provisional NQT 50'00.00"

|    |                 |                 |           |
|----|-----------------|-----------------|-----------|
| 1  | FRANK ARENELLA  | SUSQUEHANNA     | 45'02.00" |
| 2  | DAVE COLE       | WIDENER         | 44'01.50" |
| 3  | BLAKE MOILAN    | JUNIATA         | 42'09.50" |
| 4  | WADE ESBENSHADE | DELAWARE VALLEY | 42'08.00" |
| 5  | DAVID HAMILTON  | MESSIAH         | 42'02.50" |
| 6  | JEFF ANGELO     | SUSQUEHANNA     | 42'02.00" |
| 7  | BRENDON ROONEY  | DELAWARE VALLEY | 41'06.00" |
| 8  | MIKE COLLINS    | DELAWARE VALLEY | 41'00.00" |
| 9  | ROBERT WENTZEL  | LEBANON VALLEY  | 39'06.50" |
| 10 | WILLIAM MARKLEY | LEBANON VALLEY  | 38'10.50" |
| 11 | RON ZUKLEY      | DELAWARE VALLEY | 38'08.00" |
| 12 | DREW SAMUELSEN  | MESSIAH         | 38'06.00" |
| 13 | LLOYD HILL      | WIDENER         | 38'05.00" |
| 14 | KEVIN MCDERMITT | LEBANON VALLEY  | 38'01.00" |
| 15 | JAKE SMITH      | ALBRIGHT        | 37'08.50" |
| 16 | JASON TETE      | WIDENER         | 37'06.50" |
| 17 | MIKE STRUBBE    | ALBRIGHT        | 37'02.00" |
| 18 | MARK MARSHALL   | JUNIATA         | 37'00.00" |
|    | LONNIE BAGWELL  | LYCOMING        | FOUL      |

-----  
Event #31 WOMENS SHOT PUT  
-----

Division III NQT 43'01.75"  
Middle Atlantic Conference Record  
SHAWN WALSH MORAVIAN 1992 41'00.25"  
Division III Provisional NQT 40'08.25"

|    |                   |                 |             |
|----|-------------------|-----------------|-------------|
| 1  | ANN MUSSER        | LEBANON VALLEY  | 42'01.50" * |
| 2  | BECKY RITCHIE     | SUSQUEHANNA     | 41'05.50" * |
| 3  | SKYE TANDY        | ALBRIGHT        | 37'10.50"   |
| 4  | CARRIE MILLER     | WIDENER         | 36'05.00"   |
| 5  | SHARON POSSESSKY  | LEBANON VALLEY  | 35'08.50"   |
| 6  | CHRISSE HOUSLAND  | WIDENER         | 33'10.50"   |
| 7  | MELISSA RUOZZI    | SUSQUEHANNA     | 32'00.00"   |
| 8  | MONICA WELLS      | ALBRIGHT        | 31'08.50"   |
| 9  | CHRISTINA MUELLER | DELAWARE VALLEY | 31'06.00"   |
| 10 | KELLY ZIMMERMAN   | LEBANON VALLEY  | 31'00.00"   |

|    |                |                 |           |
|----|----------------|-----------------|-----------|
| 11 | JESS WHEELER   | JUNIATA         | 30'07.50" |
| 12 | GENNY KUHNS    | DELAWARE VALLEY | 29'11.50" |
| 13 | JENN MILLS     | DELAWARE VALLEY | 27'11.00" |
|    | SUZANNE HERRON | ALBRIGHT        | SC        |

-----  
Event #32 WOMENS 400 METER RELAY  
-----

Division III NQT 48.80  
Middle Atlantic Conference Record  
MORAVIAN 1992 49.62  
Division III Provisional NQT 49.51

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | LEBANON VALLEY | LEBANON VALLEY | 50.51 |
| 2 | MORAVIAN       | MORAVIAN       | 50.64 |
| 3 | JUNIATA        | JUNIATA        | 52.51 |
| 4 | MESSIAH        | MESSIAH        | 53.12 |
| 5 | SUSQUEHANNA    | SUSQUEHANNA    | 53.49 |
| 6 | ALBRIGHT       | ALBRIGHT       | 54.36 |

-----  
Event #33 MENS 400 METER RELAY  
-----

Division III NQT 41.70  
Middle Atlantic Conference Record  
SUSQUEHANNA 1983 41.75  
Division III Provisional NQT 42.10

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | SUSQUEHANNA    | SUSQUEHANNA    | 41.96 |
| 2 | WIDENER        | WIDENER        | 42.70 |
| 3 | LEBANON VALLEY | LEBANON VALLEY | 42.71 |
| 4 | MESSIAH        | MESSIAH        | 44.11 |
| 5 | JUNIATA        | JUNIATA        | 44.46 |
|   | MORAVIAN       | MORAVIAN       | DQ    |

May 2-3, 1997 400M All-weather track

-----  
Event #34 WOMENS 1500 METER RUN  
-----

Division III NQT 4:39.44  
Middle Atlantic Conference Record  
TRACY WARTMAN MORAVIAN 1996 4:37.88  
Division III Provisional NQT 4:45.14

|    |                  |             |         |
|----|------------------|-------------|---------|
| 1  | TARA WARTMAN     | MORAVIAN    | 4:53.03 |
| 2  | KRISTEN RECCEK   | MORAVIAN    | 4:57.61 |
| 3  | KASIE HORNBERGER | MORAVIAN    | 4:59.31 |
| 4  | BECKY PAGE       | MORAVIAN    | 5:04.29 |
| 5  | MAGGIE WARD      | ALBRIGHT    | 5:05.43 |
| 6  | LIZ ROBERTS      | WIDENER     | 5:11.63 |
| 7  | JENNIFER SAMSON  | MORAVIAN    | 5:13.09 |
| 8  | SARAH COSTELLO   | SUSQUEHANNA | 5:15.99 |
| 9  | CASEY KLINE      | JUNIATA     | 5:16.28 |
| 10 | MARIBETH FIVES   | SUSQUEHANNA | 5:23.65 |
| 11 | TAMI GOLL        | SUSQUEHANNA | 5:24.94 |
| 12 | ERIN COSTELLO    | WIDENER     | 5:30.24 |
| 13 | LEIGHANN MCLAUD  | LYCOMING    | 5:34.94 |
| 14 | MARY RACKOVAN    | JUNIATA     | 5:35.25 |
|    | DAWN FEGLEY      | MESSIAH     | SCR     |

-----  
Event #35 MENS 1500 METER RUN  
-----

Division III NQT 3:51.90  
Middle Atlantic Conference Record  
KEVIN FOLEY HAVERFORD 1983 3:45.68  
Division III Provisional NQT 3:54.94

|    |                   |                |         |
|----|-------------------|----------------|---------|
| 1  | TIM PFLUGER       | MORAVIAN       | 4:02.37 |
| 2  | BRIAN SELL        | MESSIAH        | 4:03.23 |
| 3  | GREG JACOBY       | MESSIAH        | 4:04.45 |
| 4  | JAMES HILLARY     | MORAVIAN       | 4:07.21 |
| 5  | JIM WOLYNETZ      | SUSQUEHANNA    | 4:09.30 |
| 6  | DANIEL PALOPOLI   | LEBANON VALLEY | 4:10.04 |
| 7  | DONNIE AUGUSTIN   | SUSQUEHANNA    | 4:13.33 |
| 8  | JONATHAN PETERSON | MESSIAH        | 4:15.74 |
| 9  | PAT MEARN         | WIDENER        | 4:17.20 |
| 10 | DYLAN COIA        | MORAVIAN       | 4:24.73 |
| 11 | ART DICOLA        | WIDENER        | 4:26.19 |
| 12 | JOHN SALDIBAR     | ALBRIGHT       | 4:28.39 |
| 13 | BRETT SHULL       | JUNIATA        | 4:29.03 |
| 14 | BRADEN SNYDER     | LEBANON VALLEY | 4:40.99 |

15 JASON BADMAN LEBANON VALLEY 4:43.53

-----  
Event #36 WOMENS 100 METER HURDLES  
-----

Division III NQT 14.70  
Middle Atlantic Conference Record  
GINA GONZALES WIDNER 1995 15.13  
Division III Provisional NQT 15.20

|   |                  |                |       |
|---|------------------|----------------|-------|
| 1 | JOCE MEGARGELL   | SUSQUEHANNA    | 16.26 |
| 2 | KRISTIN DAMICO   | JUNIATA        | 16.65 |
| 3 | CORI NOLEN       | LEBANON VALLEY | 17.00 |
| 4 | AMY LEARN        | MORAVIAN       | 17.04 |
| 5 | JENNIFER HERSHEY | LEBANON VALLEY | 17.08 |
| 6 | MARIA MAGUIRE    | WIDENER        | 17.28 |

-----  
Event #37 MENS 110 METER HURDLES  
-----

Division III NQT 14.68  
Middle Atlantic Conference Record  
MIKE HERB MESSIAH 1990 14.73  
Division III Provisional NQT 14.90

|   |                    |                |       |
|---|--------------------|----------------|-------|
| 1 | CHARLES BARLEY     | SUSQUEHANNA    | 15.19 |
| 2 | DANIEL OLIYNIK     | MORAVIAN       | 15.45 |
| 3 | JEREMY ZETTLEMOYER | LEBANON VALLEY | 15.52 |
| 4 | JIM DELP           | ALBRIGHT       | 15.71 |
| 5 | CHRIS BIEVER       | SUSQUEHANNA    | 15.75 |
| 6 | NATE SAUVE         | MESSIAH        | 16.14 |

## FINAL RESULTS

## Middle Atlantic Conference Championships

7

May 2-3, 1997 400M All-weather track

-----  
Event #38 WOMENS 400 METER DASH  
-----Division III NQT 57.60  
Middle Atlantic Conference Record  
NANCY JACOBY GETTYSBURG 1991 58.36  
Division III Provisional NQT 58.70

|   |                     |                |         |
|---|---------------------|----------------|---------|
| 1 | JENNIFER NAUSS      | LEBANON VALLEY | 59.57   |
| 2 | ALYSSA STRAUSBERGER | MORAVIAN       | 1:00.04 |
| 3 | JENNIFER BECKER     | SUSQUEHANNA    | 1:01.01 |
| 4 | LISA MUELLER        | JUNIATA        | 1:01.53 |
| 5 | LAUREN SUMMA        | ALBRIGHT       | 1:02.62 |
| 6 | MICHELE KAUFFMAN    | SUSQUEHANNA    | 1:07.88 |

-----  
Event #39 MENS 400 METER DASH  
-----Division III NQT 48.00  
Middle Atlantic Conference Record  
DAVE GERMAN SUSQUEHANNA 1983 47.02  
Division III Provisional NQT 48.80

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | NATHAN HILLEGAS | LEBANON VALLEY | 48.60 |
| 2 | BILL KOTT       | MORAVIAN       | 49.20 |
| 3 | MIKE ANGELO     | SUSQUEHANNA    | 49.70 |
| 4 | MATTHEW LEONARD | LEBANON VALLEY | 50.50 |
| 5 | ANDREW WALLER   | MORAVIAN       | 51.60 |
| 6 | DAVE KENWORTHY  | WIDENER        | 52.10 |

-----  
Event #40 WOMENS 100 METER DASH  
-----Division III NQT 12.31  
Middle Atlantic Conference Record  
DENISE SHOTWELL DICKINSON 1988 12.12  
Division III Provisional NQT 12.50

|   |                  |                |       |
|---|------------------|----------------|-------|
| 1 | JOANN KERTESZ    | MORAVIAN       | 12.71 |
| 2 | JENNIFER BECKER  | SUSQUEHANNA    | 13.20 |
| 3 | NICOLE HARRIS    | JUNIATA        | 13.43 |
| 4 | THEA ROOMET      | LEBANON VALLEY | 13.68 |
| 5 | MICHELE KAUFFMAN | SUSQUEHANNA    | 13.85 |
| 6 | JESSICA HERB     | MESSIAH        | 13.95 |

-----  
Event #41 MENS 100 METER DASH  
-----Division III NQT 10.70  
Middle Atlantic Conference Record  
DAVE BELL WIDENER 1991 10.70  
Division III Provisional NQT 10.85

|   |                    |             |       |
|---|--------------------|-------------|-------|
| 1 | IAN SMITH          | SUSQUEHANNA | 11.06 |
| 2 | TONY BROWN         | WIDENER     | 11.07 |
| 3 | NICK QUAGLIA       | SUSQUEHANNA | 11.17 |
| 4 | MATT FENSTERMACHER | SUSQUEHANNA | 11.22 |
| 5 | KIMATHI CHOMA      | MESSIAH     | 11.25 |
| 6 | KAMIEF JENKINS     | SUSQUEHANNA | 11.60 |

-----  
Event #42 WOMENS 800 METER RUN  
-----Division III NQT 2:15.13  
Middle Atlantic Conference Record  
REBECCA WIEDERRECHT MESSIAH 1989 2:14.06  
Division III Provisional NQT 2:17.84

|   |                  |          |         |
|---|------------------|----------|---------|
| 1 | KATIE L'ARMAND   | WIDENER  | 2:19.01 |
| 2 | KASIE HORNBERGER | MORAVIAN | 2:22.81 |
| 3 | KRISTEN RECCEK   | MORAVIAN | 2:24.32 |
| 4 | BONNIE LANGER    | JUNIATA  | 2:27.51 |
| 5 | CHRISTY HERING   | ALBRIGHT | 2:27.69 |
| 6 | MAGGIE WARD      | ALBRIGHT | 2:31.14 |

-----  
Event #43 MENS 800 METER RUN  
-----Division III NQT 1:51.80  
Middle Atlantic Conference Record  
KEVIN FOLEY HAVERFORD 1982 1:51.79  
Division III Provisional NQT 1:53.44

|   |               |                |         |
|---|---------------|----------------|---------|
| 1 | GREG JACOBY   | MESSIAH        | 1:56.57 |
| 2 | RICH KNEALE   | SUSQUEHANNA    | 1:57.44 |
| 3 | JIM WOLYNETZ  | SUSQUEHANNA    | 2:00.38 |
| 4 | BRADEN SNYDER | LEBANON VALLEY | 2:02.12 |

continued ...

FINAL RESULTS

Middle Atlantic Conference Championships

May 2-3, 1997 400M All-weather track

5 DONNIE AUGUSTIN SUSQUEHANNA 2:02.56  
 6 JAMIE YODER SUSQUEHANNA 2:05.71

-----  
 Event #46 WOMENS 200 METER DASH  
 -----

-----  
 Event #44 WOMENS 400 METER HURDLES  
 -----

Division III NQT 1:03.70  
 Middle Atlantic Conference Record  
 JOANN GIANNETLINO L.V.C. 1989 1:04.66  
 Division III Provisional NQT 1:05.10

1 CORI NOLEN LEBANON VALLEY 1:06.85  
 2 EILEEN MCMENAMIN WIDENER 1:08.05  
 3 LAURA ZIMMERMAN MESSIAH 1:08.23  
 4 JOCE MEGARGELL SUSQUEHANNA 1:09.29  
 5 LINDELL ZIMMERMAN MESSIAH 1:09.64  
 6 COLETTE HALL LYCOMING 1:15.34

Division III NQT 25.25  
 Middle Atlantic Conference Record  
 DENISE SHOTWELL DICKINSON 1988 24.80  
 Division III Provisional NQT 25.80

1 JENNIFER NAUSS LEBANON VALLEY 25.71  
 2 JOANN KERTESZ MORAVIAN 25.90  
 3 ALYSSA STRAUSBERGER MORAVIAN 26.95  
 4 JENNIFER BECKER SUSQUEHANNA 27.24  
 5 NICOLE HARRIS JUNIATA 27.41  
 6 LISA MUELLER JUNIATA 27.91

-----  
 Event #45 MENS 400 METER HURDLES  
 -----

Division III NQT 53.40  
 Middle Atlantic Conference Record  
 CAL WILLIAMS DICKINSON 1988 52.18  
 Division III Provisional NQT 54.40

1 NATHAN HILLEGAS LEBANON VALLEY 54.70  
 2 JEREMY ZETTLEMOYER LEBANON VALLEY 55.40  
 3 FRANK GENSEMER WIDENER 55.80  
 4 JOSH COLEMAN MESSIAH 56.70  
 5 NATE SAUVE MESSIAH 57.30  
 5 GEORGE YOUNG MORAVIAN 57.30

-----  
 Event #47 MENS 200 METER DASH  
 -----

Division III NQT 21.60  
 Middle Atlantic Conference Record  
 MIKE SPANGLER SUSQUEHANNA 1988 21.37  
 Division III Provisional NQT 21.90

1 TONY BROWN WIDENER 22.16  
 2 MATTHEW LEONARD LEBANON VALLEY 22.58  
 3 IAN SMITH SUSQUEHANNA 22.74  
 4 NICK QUAGLIA SUSQUEHANNA 22.84  
 5 BILL KOTT MORAVIAN 22.94  
 6 DAVE KENWORTHY WIDENER 23.17

-----  
 Event #48 WOMENS 5000 METER RUN  
 -----

Division III NQT 17:39.04  
 Middle Atlantic Conference Record  
 CARAL THOMAS MORAVIAN 1994 17:20.87  
 Division III Provisional NQT 18:05.54

1 TARA WARTMAN MORAVIAN 18:56.54  
 2 AMY CAVANAUGH MORAVIAN 19:31.56  
 3 BECKY PAGE MORAVIAN 19:52.31  
 4 MARIBETH FIVES SUSQUEHANNA 20:20.91

continued ...



May 2-3, 1997 400M All-weather track

|   |                   |                |          |                                      |
|---|-------------------|----------------|----------|--------------------------------------|
| 5 | CHRISTEL YUDT     | SUSQUEHANNA    | 20:31.29 |                                      |
| 6 | LYNNE HEISEY      | LEBANON VALLEY | 20:37.24 | -----                                |
| 7 | MARIA DELIBERATO  | LEBANON VALLEY | 20:40.95 | Event #51 MENS 1600 METER RELAY      |
| 8 | NICOLE PALAZZOLO  | WIDENER        | 20:51.41 | -----                                |
| 9 | CARA KELLY        | JUNIATA        | 21:01.19 |                                      |
|   | MICHELE KASZNICKI | JUNIATA        | NT       | Division III NQT 3:15.00             |
|   | JILL WHALEN       | MORAVIAN       | NT       | Middle Atlantic Conference Record    |
|   | AMY THOMPSON      | MESSIAH        | NT       | DELEWARE VALLEY 1982 3:15.62         |
|   |                   |                |          | Division III Provisional NQT 3:19.00 |

-----  
Event #49 MENS 5000 METER RUN  
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Division III NQT 14:40.94  
 Middle Atlantic Conference Record  
 MIKE SHEELY HAVERFORD 1982 14:46.62  
 Division III Provisional NQT 14:57.04

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | LEBANON VALLEY | LEBANON VALLEY | 3:21.18 |
| 2 | SUSQUEHANNA    | SUSQUEHANNA    | 3:22.29 |
| 3 | WIDENER        | WIDENER        | 3:24.95 |
| 4 | MORAVIAN       | MORAVIAN       | 3:25.34 |
| 5 | MESSIAH        | MESSIAH        | 3:28.65 |
| 6 | JUNIATA        | JUNIATA        | 3:35.66 |
| 7 | ALBRIGHT       | ALBRIGHT       | 3:40.96 |

|    |                      |                |          |
|----|----------------------|----------------|----------|
| 1  | JAMES HILLARY        | MORAVIAN       | 15:37.91 |
| 2  | BRIAN SELL           | MESSIAH        | 15:46.09 |
| 3  | JEFFREY MINNICH      | MORAVIAN       | 15:50.75 |
| 4  | KEVIN CONNELLY       | WIDENER        | 15:54.71 |
| 5  | ART DICOLA           | WIDENER        | 16:20.45 |
| 6  | TIM PFLUGER          | MORAVIAN       | 16:33.84 |
| 7  | CHRISTOPHER LOWTHERT | MORAVIAN       | 16:35.94 |
| 8  | ERIC DAVIS           | SUSQUEHANNA    | 17:04.31 |
| 9  | JOHN HECK            | ALBRIGHT       | 17:17.35 |
| 10 | ANDY QUAILE          | WIDENER        | 18:07.40 |
|    | EDWARD BRIGNOLE      | LEBANON VALLEY | SCR      |
|    | BOB THEAR            | MORAVIAN       | SCR      |

-----  
Event #50 WOMENS 1600 METER RELAY  
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Division III NQT 3:55.64  
 Middle Atlantic Conference Record  
 MESSIAH 1985 4:00.14  
 Division III Provisional NQT 4:00.74

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | MORAVIAN       | MORAVIAN       | 4:07.49 |
| 2 | WIDENER        | WIDENER        | 4:14.24 |
| 3 | SUSQUEHANNA    | SUSQUEHANNA    | 4:14.94 |
| 4 | JUNIATA        | JUNIATA        | 4:15.67 |
| 5 | MESSIAH        | MESSIAH        | 4:19.00 |
| 6 | LEBANON VALLEY | LEBANON VALLEY | 4:29.73 |
| 7 | ALBRIGHT       | ALBRIGHT       | 4:32.45 |
|   | LYCOMING       | LYCOMING       | SCR     |