

2000 Middle Atlantic Conference Track and Field Championships

	100	200	400	800	1500	3000	5000	10000	100HH	400HH	4x100	4x400	High Jump	Long Jump	Triple Jump	Shot Put	Discus	Javelin	Pole Vault	Hammer	SCORE	
MEN																						
Widener	26	22	16	26	11	18	11	11	5	7	10	10	0	0	0	17	18	3	0	24	235	
Susquehanna	8	6	0	0	0	1	2	5	4	6	8	6	8	23	20	0	0	23	5	0	125	
Messiah	0	0	11	0	0	0	0	0	12	10	2	4	12.5	10	7	0	5	0	16	6	95.5	
Moravian	1	6	0	9	15	8	4	0	6	0	4	5	8	0	12	5	2	0	0	3	88	
Juniata	0	2	6	1	3	0	0	0	8	8	6	8	4	0	0	11	6	9	8	0	80	
Elizabethtown	0	0	0	0	8	4	21	19	0	0	0	0	5.5	0	0	6	4	0	0	0	67.5	
Albright	0	0	6	0	0	0	0	0	4	4	1	3	0	1	0	0	0	0	0	4	23	
Allentown	4	0	0	0	2	5	0	0	0	3	3	2	0	0	0	0	1	0	0	2	22	
Lebanon Valley	0	3	0	3	0	0	1	4	0	0	5	1	0	0	0	0	0	0	0	0	17	
Delaware Valley	0	0	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	4	0	0	9	
Lycoming	0	0	0	0	0	3	0	0	0	0	0	0	1	0	0	0	3	0	0	0	7	
	39	39	39	39	39	39	39	39	39	38	39	39	39	39	39	39	39	39	29	39		
WOMEN																						
Moravian	1	0	1	28	19	26	14	20	10	6	4	4	5	5	0	11	15	23	0	18	210	
Lebanon Valley	21	22	6	8	4	8	14	0	0	0	10	2	1	18	10	12	8	0	7	7	158	
Messiah	3	9	14	2	9	0	0	4	9	5	8	10	5.5	11	13	0	0	4	15	1	122.5	
Juniata	6	0	2	0	0	0	0	0	8	8	6	6	0	0	4	12	3	0	0	0	55	
Allentown	0	0	0	0	5	4	0	0	0	1	2	3	8	4	6	0	10	2	0	9	54	
Susquehanna	0	2	13	0	0	0	1	8	3	6	5	8	0	0	0	0	2	0	0	0	48	
Elizabethtown	8	6	0	0	0	0	7	6	0	0	0	0	0	0	5	0	0	0	0	0	32	
Widener	0	0	3	1	2	1	3	0	4	0	3	5	4	0	0	4	1	1	0	0	32	
Albright	0	0	0	0	0	0	0	1	0	3	0	1	5.5	1	1	0	0	6	9	4	31.5	
Lycoming	0	0	0	0	0	0	0	0	5	10	0	0	10	0	0	0	0	0	0	0	25	
Delaware Valley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	8	0	11	
	39	39	39	39	39	39	39	39	39	39	38	39	39	39	39	39	39	39	39	39	39	

Most Outstanding Performers: Tony Brown, Widener and Heidi Wolfsberger, Moravian

MAY-08-2000 08:42

WIDENER ATHLETICS

610 499 4481 P. 01/02

MEN'S 100 Meter Dash

1. Tony Brown Widener 10.63 NCAA B

MEN'S 200 Meter Dash**MAC Record****21.34 Tony Brown, Widener, 2000**

1. Tony Brown Widener 21.34 NCAA A MAC

MEN'S 400 Meter Dash - David B. Eavenson Award

1. Miguel Pena Widener 49.85

MEN'S 800 Meter Run

1. Will Brownback Widener 1:53.09

MEN'S 1,500 Meter Run

1. Tim Pfluger Moravian 3:57.80

MEN'S 3,000 Meter Steeplechase

1. Tim Callinan Widener 9:51.00

MEN'S 5,000 Meter Run

1. Larry Bullock Elizabethtown 15:41.63

MEN'S 10,000 Meter Run

1. Larry Bullock Elizabethtown 33:12.18

MEN'S 110 Meter Hurdles

1. Chris Boyles Messiah 15.19

MEN'S 400 Meter Hurdles

1. Matt Wilson Messiah 54.58

MEN'S 4x100 Meter Relay

1. Widener NCAA B 41.98

Jerome Robinson, Ashley Lockley, Dante Trader, Tony Brown

MEN'S 4x400 Meter Relay

1. Widener 3:20.96

John Bennett, Will Brownback, Miguel Pena, Tony Brown

MEN'S High Jump

1. Chris Boyles Messiah 6-8.25 NCAA B

MEN'S Long Jump

1. Matt Fenstermacher Susquehanna 21-10.5

MEN'S Triple Jump

1. Matt Fenstermacher Susquehanna 45-10.75

MEN'S Shot Put

1. John Creuzberger Juniata 47-1.5

MEN'S Discus

1. Mike Ruff Widener 151-11

MEN'S Javelin

1. Adam Ressler Susquehanna 204-3 NCAA A

MEN'S Pole Vault

1. Jeremy Graham Messiah 14-0

MEN'S Hammer**MAC Record****153-10 Jason Tete, Widener, 2000**

1. Jason Tete Widener 153-10 MAC

100

100

MEN'S 100 Meter Dash

MAC Record	10.62 Mike Spangler, Susquehanna, 1988
NCAA 'A'	10.61
NCAA 'B'	10.76

HEAT TIME

Jerome Robinson	Widener	10.83 Heat Winner
Tony Brown	Widener	11.05 Heat Winner
Bob Morcom	Allentown	11.16 Heat Winner
Matt Fenstermacher	Susquehanna	11.10
Ashley Lockley	Widener	11.19
Beau Heeps	Susquehanna	11.24
Anthony Giles	Widener	11.27
Kevin Bush	Moravian	11.28
Ashley Mort	Juniata	11.44
Jerry Evangelista	Susquehanna	11.45
Tom Kuhn	Lebanon Valley	11.46
Pat Hardy	Delaware Valley	11.51
Jason Jenkins	Widener	11.58
Dante Trader	Widener	11.60
Greg Hayles	Widener	11.72
Mark Davis	Widener	11.87
Jason Goldan	Moravian	11.92
Larry Hodges	Elizabethtown	11.92

FINAL PLACES**POINTS**

1. Tony Brown	Widener	10.63 NCAA B	10
2. Jerome Robinson	Widener	10.84	8
3. Matt Fenstermacher	Susquehanna	11.04	6
4. Ashley Lockley	Widener	11.06	5
5. Bob Morcom	Allentown	11.20	4
6. Anthony Giles	Widener	11.28	3
7. Beau Heeps	Susquehanna	11.35	2
8. Kevin Bush	Moravian	11.38	1
9. Ashley Mort	Juniata	11.44	
10. Jerry Evangelista	Susquehanna	11.45	
11. Tom Kuhn	Lebanon Valley	11.46	
12. Pat Hardy	Delaware Valley	11.51	
13. Jason Jenkins	Widener	11.58	
14. Dante Trader	Widener	11.60	
15. Greg Hayles	Widener	11.72	
16. Mark Davis	Widener	11.87	
18. Jason Goldan	Moravian	11.92	
19. Larry Hodges	Elizabethtown	11.92	

MEN'S 200 Meter Dash

MAC Record	21.34 Tony Brown, Widener, 2000
NCAA 'A'	21.53
NCAA 'B'	21.72

HEAT TIME

Tony Brown	Widener	22.03 Heat Winner
Jerome Robinson	Widener	22.03 Heat Winner
Kevin Bush	Moravian	22.37 Heat Winner
Beau Heeps	Susquehanna	22.48
Ashley Lockley	Widener	22.52
Matt Fenstermacher	Susquehanna	22.71
Ashley Mort	Juniata	22.87
Tom Kuhn	Lebanon Valley	22.90
Anthony Giles	Widener	22.91
Jerry Evangelista	Susquehanna	22.99
Miguel Pena	Widener	23.00
Pat Hardy	Delaware Valley	23.16
Jason Jenkins	Widener	23.23
Jason Scheerer	Albright	23.23
Dusty Lehr	Juniata	23.26
Doug Malefyt	Messiah	23.31
Dante Trader	Widener	23.55
Greg Hayles	Widener	23.79
Chris Colley	Moravian	23.90
Larry Hodges	Elizabethtown	24.25
Garrison Lockley	Widener	24.27
Bob Morcom	Allentown	30.71

FINAL PLACES**POINTS**

1. Tony Brown	Widener	21.34 NCAA A	10	MAC
2. Jerome Robinson	Widener	22.23	8	
3. Kevin Bush	Moravian	22.36	6	
4. Beau Heeps	Susquehanna	22.47	5	
5. Ashley Lockley	Widener	22.52	4	
6. Tom Kuhn	Lebanon Valley	22.69	3	
7. Ashley Mort	Juniata	22.73	2	
8. Matt Fenstermacher	Susquehanna	22.89	1	
9. Anthony Giles	Widener	22.91		
10. Jerry Evangelista	Susquehanna	22.99		
11. Miguel Pena	Widener	23.00		
12. Pat Hardy	Delaware Valley	23.16		
13. Jason Jenkins	Widener	23.23		
14. Jason Scheerer	Albright	23.23		
15. Dusty Lehr	Juniata	23.26		
16. Doug Malefyt	Messiah	23.31		
17. Dante Trader	Widener	23.55		
18. Greg Hayles	Widener	23.79		
19. Chris Colley	Moravian	23.90		
20. Larry Hodges	Elizabethtown	24.25		
21. Garrison Lockley	Widener	24.27		
22. Bob Morcom	Allentown	30.71		

MEN'S 400 Meter Dash - David B. Eavenson Award

MAC Record	47.02	Daye German, Susquehanna, 1983
NCAA 'A'	48.04	
NCAA 'B'	48.44	

HEAT TIME

Miguel Pena	Widener	50.28	Heat Winner
Doug Malefyt	Messiah	50.57	Heat Winner
Mike Henley	Widener	50.46	
Nevin Brubaker	Messiah	50.85	
Nick Wolfe	Juniata	51.14	
Jason Scheerer	Albright	51.29	
Khaled El-Zahhar	Juniata	51.32	
Tim Redding	Albright	51.54	
Matt Shingara	Susquehanna	51.62	
Todd White	Albright	52.46	
John Bennett	Widener	53.08	
Chris Colley	Moravian	53.23	
Jason Ward	Susquehanna	54.95	
Jamie Flannery	Allentown	56.62	

FINAL PLACES**POINTS**

1. Miguel Pena	Widener	49.85	10
2. Doug Malefyt	Messiah	50.19	8
3. Mike Henley	Widener	50.67	6
4. Nick Wolfe	Juniata	51.20	5
5. Jason Scheerer	Albright	51.26	4
6. Nevin Brubaker	Messiah	51.51	3
7. Tim Redding	Albright	52.06	2
8. Khaled El-Zahhar	Juniata	52.14	1
9. Matt Shingara	Susquehanna	51.62	
10. Todd White	Albright	52.46	
11. John Bennett	Widener	53.08	
12. Chris Colley	Moravian	53.23	
13. Jason Ward	Susquehanna	54.95	
14. Jamie Flannery	Allentown	56.62	

MEN'S 800 Meter Run

MAC Record	1:51.79	Kevin Foley, Haverford, 1982
NCAA 'A'	1:51.84	
NCAA 'B'	1:52.74	

HEAT TIME

Dave McGuire	Widener	1:58.44	Heat Winner
Matt Doumaux	Widener	1:57.50	Heat Winner
Josh Heebner	Moravian	2:00.99	Heat Winner
Will Brownback	Widener	1:58.54	2
George Wacker	Moravian	1:57.92	2
Robert Ward	Widener	2:01.25	2
Braden Snyder	Lebanon Valley	1:57.97	
Noah Fredette	Juniata	1:59.34	
Joe Palmieri	Susquehanna	1:59.91	
Darin Hickethier	Messiah	2:01.24	
Brian McDonnell	Widener	2:01.53	
Jake Trevino	Susquehanna	2:02.26	
Ian Tracy	Elizabethtown	2:02.74	
John Pearson	Allentown	2:03.39	
Jamie Yoder	Susquehanna	2:04.37	
Luke Peterson	Susquehanna	2:05.32	
Nick Wolfe	Juniata	2:08.77	
Jason Scheerer	Albright	2:10.14	

FINAL PLACES**POINTS**

1. Will Brownback	Widener	1:53.09	10
2. Dave McGuire	Widener	1:55.99	8
3. Matt Doumaux	Widener	1:56.43	6
4. George Wacker	Moravian	1:56.97	5
5. Josh Heebner	Moravian	1:57.39	4
6. Braden Snyder	Lebanon Valley	1:59.39	3
7. Robert Ward	Widener	2:00.67	2
8. Noah Fredette	Juniata	2:01.34	1
9. Joe Palmieri	Susquehanna	1:59.91	
10. Darin Hickethier	Messiah	2:01.24	
11. Brian McDonnell	Widener	2:01.53	
12. Jake Trevino	Susquehanna	2:02.26	
13. Ian Tracy	Elizabethtown	2:02.74	
14. John Pearson	Allentown	2:03.39	
15. Jamie Yoder	Susquehanna	2:04.37	
16. Luke Peterson	Susquehanna	2:05.32	
17. Nick Wolfe	Juniata	2:08.77	
18. Jason Scheerer	Albright	2:10.14	

MEN'S 1,500 Meter Run

MAC Record	3:45.68 Kevin Foley, Haverford, 1983
NCAA 'A'	3:51.84
NCAA 'B'	3:56.24

FINAL PLACES

		FINAL TIME	POINTS	
1.	Tim Pfluger	Moravian	3:57.80	10
2.	Jeff Harmon	Elizabethtown	3:58.82	8
3.	Matt Doumaux	Widener	4:03.06	6
4.	Damon Rutherford	Moravian	4:03.16	5
5.	Carmine Gentile	Widener	4:04.27	4
6.	Noah Fredette	Juniata	4:07.44	3
7.	Vic Longo	Allentown	4:08.02	2
8.	Robert Ward	Widener	4:09.92	1
9.	Joe Palmieri	Susquehanna	4:12.52	
10.	Rick Carminati	Allentown	4:13.02	
11.	Jake Trevino	Susquehanna	4:14.18	
12.	Pete LoBianco	Lebanon Valley	4:14.84	
13.	Matt Lanning	Susquehanna	4:15.85	
14.	Tim Kosces	Messiah	4:16.83	
15.	Brent Hurley	Albright	4:17.28	
16.	Steve Lafferty	Delaware Valley	4:18.73	
17.	John Alvanitakis	Widener	4:19.75	
18.	John Pearson	Allentown	4:19.86	
19.	Nate Crissman	Messiah	4:20.82	
20.	Tom Pescatore	Allentown	4:21.04	

MEN'S 3,000 Meter Steeplechase

MAC Record	9:09.13 Matt Leighninger, Haverford, 1991
NCAA 'A'	9:12.44
NCAA 'B'	9:20.64

FINAL PLACES

		FINAL TIME	POINTS	
1.	Tim Callinan	Widener	9:51.00	10
2.	Damon Rutherford	Moravian	9:52.13	8
3.	Carmine Gentile	Widener	10:03.36	6
4.	Rick Carminati	Allentown	10:11.38	5
5.	Larry Bullock	Elizabethtown	10:11.58	4
6.	Scott Condello	Lycoming	10:23.19	3
7.	Tom McLaughlin	Widener	10:26.47	2
8.	Matt Wooley	Susquehanna	10:31.60	1
9.	Chris DeWalt	Moravian	10:40.24	
10.	Tres Nolett	Lebanon Valley	10:43.35	
11.	Scott Hobbie	Juniata	10:58.57	
12.	Mark Mango	Albright	11:05.98	
13.	Ryan Gingrich	Allentown	11:06.73	
14.	Chris Heidenreich	Messiah	11:21.01	
15.	Keith Greenawalt	Elizabethtown	11:33.22	
16.	Nate Rudd	Messiah	11:51.34	
17.	Joe McMannus	Messiah	DNF	

MEN'S 5,000 Meter Run

MAC Record	14:27.83	Seamus McElligott, Haverford, 1991
NCAA 'A'	14:41.74	
NCAA 'B'	14:57.04	

FINAL PLACES

		FINAL TIME	POINTS	
1.	Larry Bullock	Elizabethtown	15:41.63	10
2.	Tim Callinan	Widener	15:49.09	8
3.	Dave Berdan	Elizabethtown	15:51.66	6
4.	Mike Zwatty	Elizabethtown	16:04.95	5
5.	Damon Rutherford	Moravian	16:06.68	4
6.	Brian Klick	Widener	16:09.20	3
7.	Mike Lehtonen	Susquehanna	16:19.39	2
8.	Scott Lewandowski	Lebanon Valley	16:23.37	1
9.	Scott Condello	Lycoming	16:32.14	
10.	Matt Enders	Widener	16:36.28	
11.	Tom McLaughlin	Widener	16:41.63	
12.	Vic Longo	Allentown	16:49.25	
13.	Mark Boyer	Albright	17:02.43	
14.	Chip Hazewski	Widener	17:15.13	
15.	Andy Stryer	Lebanon Valley	17:22.13	
16.	Dennis Soden	Allentown	17:30.72	
17.	John Pearson	Allentown	17:54.27	
18.	Tim Pfluger	Moravian	DNF	
19.	Jim Humble	Allentown	DNF	

MEN'S 10,000 Meter Run

MAC Record	30:29.25	Seamus McElligott, Haverford, 1990
NCAA 'A'	31:01.04	
NCAA 'B'	31:24.74	

FINAL PLACES

			FINAL TIME	POINTS
1.	Larry Bullock	Elizabethtown	33:12.18	10
2.	Brian Klick	Widener	33:25.08	8
3.	Dave Berdan	Elizabethtown	33:33.91	6
4.	Mike Lehtonen	Susquehanna	34:06.41	5
5.	Scott Lewandowski	Lebanon Valley	34:08.51	4
6.	Matt Enders	Widener	34:20.19	3
7.	Frank Rivera	Elizabethtown	34:29.12	2
8.	Dustin Scott	Elizabethtown	35:05.92	1
9.	Wes Zimmerman	Moravian	35:35.60	
10.	Mark Boyer	Albright	35:44.35	
11.	Jim Humble	Allentown	36:20.36	
12.	Craig Oakum	Elizabethtown	36:22.07	
13.	Scott Nye	Messiah	36:28.37	
14.	Chip Hazewski	Widener	36:35.35	
15.	Andy Stryer	Lebanon Valley	36:48.98	
16.	Justin Arnold	Moravian	38:06.19	
17.	Ryan Neumyer	Susquehanna	38:15.33	
18.	Jerry Reilly	Lebanon Valley	38:23.92	
19.	Dennis Spanoudakis	Allentown	39:05.68	
20.	Eric Mundy	Allentown	39:22.17	
21.	Bill Smith	Albright	39:25.61	
22.	Mike Keysock	Moravian	DNF	

MEN'S 110 Meter Hurdles

MAC Record	14.49 Mark Tankersley, Delaware Valley, 1982
NCAA 'A'	14.57
NCAA 'B'	14.84

HEAT TIME

McDonald Roberts	Widener	15.43 Heat Winner
Chris Boyles	Messiah	15.65 Heat Winner
Dan Oliynik	Moravian	15.67
Dusty Lehr	Juniata	15.78
Trever Fike	Susquehanna	15.81
Matt Wilson	Messiah	15.97
Tim Stein	Albright	16.18
Nick Hoffman	Susquehanna	16.34
Jim O'Rourke	Moravian	16.50
Eugene Williams	Allentown	16.91
Dan Kiss	Susquehanna	17.20

FINAL PLACES

			POINTS
1. Chris Boyles	Messiah	15.19	10
2. Dusty Lehr	Juniata	15.32	8
3. Dan Oliynik	Moravian	15.53	6
4. McDonald Roberts	Widener	15.60	5
5. Tim Stein	Albright	15.65	4
6. Trevor Fike	Susquehanna	15.72	3
7. Matt Wilson	Messiah	16.18	2
8. Nick Hoffman	Susquehanna	16.23	1
9. Jim O'Rourke	Moravian	16.50	
10. Eugene Williams	Allentown	16.91	
11. Dan Kiss	Susquehanna	17.20	

MEN'S 400 Meter Hurdles

MAC Record	52.18 Cal Williams, Dickinson, 1988
NCAA 'A'	53.14
NCAA 'B'	53.84

HEAT TIME

Matt Wilson	Messiah	56.31 Heat Winner
Tim Redding	Albright	56.49 Heat Winner
Khaled El-Zahhar	Juniata	56.85
Travis Frenay	Juniata	57.46
McDonald Roberts	Widener	57.72
Nick Hoffman	Susquehanna	57.92
Eugene Williams	Allentown	58.40
Larry Currie	Widener	59.02
Aaron Fairbanks	Susquehanna	59.11
Brian Mee	Allentown	59.89
Matt Graf	Susquehanna	1:02.59

FINAL PLACES

			POINTS
1. Matt Wilson	Messiah	54.58	10
2. Travis Frenay	Juniata	55.29	8
3. Nick Hoffman	Susquehanna	55.61	6
4. McDonald Roberts	Widener	55.62	5
5. Tim Redding	Albright	56.26	4
6. Eugene Williams	Allentown	58.86	3
7. Larry Currie	Widener	1:00.15	2
8. Khaled El-Zahhar	Juniata	DNF	1
9. Aaron Fairbanks	Susquehanna	59.11	
10. Brian Mee	Allentown	59.89	
11. Matt Graf	Susquehanna	1:02.59	

MEN'S 4x100 Meter Relay

MAC Record	41.75 Susquehanna, 1983
NCAA 'A'	41.54
NCAA 'B'	42.04

FINAL PLACES

		FINAL TIME	POINTS
1. Widener	NCAA B	41.98	10
Jerome Robinson, Ashley Lockley, Dante Trader, Tony Brown			
2. Susquehanna		43.21	8
3. Juniata		43.78	6
Ashley Mort, Michael Gembar, Travis Frenay, Dusty Lehr			
4. Lebanon Valley		44.37	5
Josh Martin, Tom Kuhn, Mitch Gibson, Tom Killian			
5. Moravian		44.44	4
Chris Colley, Jason Goldan, Dan Olinyk, Kevin Bush			
6. Allentown		44.81	3
Norm Frey, Kevin Miller, Eugene Williams, Bob Morcom			
7. Messiah		44.82	2
Nevin Brubaker, Matt Lavalley, John Hendrickson, Doug Malefyt			
8. Albright		44.97	1

MEN'S 4x400 Meter Relay

MAC Record	3:15.72 Delaware Valley, 1982
NCAA 'A'	3:14.84
NCAA 'B'	3:17.64

FINAL PLACES

	FINAL TIME	POINTS
1. Widener John Bennett, Will Brownback, Miguel Pena, Tony Brown	3:20.96	10
2. Juniata Ashley Mort, Nick Wolfe, Kalid El-Zahhar, Travis Frenay	3:23.35	8
3. Susquehanna	3:25.10	6
4. Moravian Josh Heebner, Chris Colley, George Wacker, Kevin Bush	3:25.31	5
5. Messiah Matt Wilson, Nevin Brubaker, Chris Boyles, Doug Malefyt	3:25.54	4
6. Albright Todd White, Tim Redding, Tim Stein, Jason Scheerer	3:28.12	3
7. Allentown Brian Mee, Jamie Flannery, Mark Boyer, Eugene Williams	3:34.35	2
8. Lebanon Valley Josh Martin, Pete Lobianco, Bradon Snyder, Tom Killian	3:34.37	1
9. Elizabethtown Tony Alicea, Jeff Harmon, Barrett Hoffman, Mike Zwatty	3:39.52	

MEN'S High Jump

MAC Record	6-8.75 Chris Boyles, Messiah, 1999
NCAA 'A'	6-10.75
NCAA 'B'	6-7

FINAL PLACES

		HEIGHT	POINTS
1. Chris Boyles	Messiah	6-8.25 NCAA B	10
2. Adam Ressler	Susquehanna	6-6	8
3. Anthony Rediger	Moravian	6-0	5.5
3. Dave Pappentick	Elizabethtown	6-0	5.5
5. Dusty Lehr	Juniata	6-0	4
6. Jarred Sipe	Messiah	6-0	2.5
6. Jim O'Rourke	Moravian	6-0	2.5
8. Erik Beck	Lycoming	5-10	1
9. Josh Martin	Lebanon Valley	5-10	

MEN'S Long Jump

MAC Record	24-3 Dan Reichenbach, Moravian, 1989
NCAA 'A'	23-7.5
NCAA 'B'	23-2

FINAL PLACES

		DISTANCE	POINTS
1. Matt Fenstermacher	Susquehanna	21-10.5	10
2. Matt Lowe	Susquehanna	21-8.5	8
3. John Hendrickson	Messiah	21-7.75	6
4. Jon Hoxworth	Delaware Valley	21-6.75	5
5. Chris Boyles	Messiah	21-4.75	4
6. Tim Pelc	Susquehanna	21-3.75	3
7. John Green	Susquehanna	21-1	2
8. Bill McGee	Albright	20-6	1
9. Anthony Rediger	Moravian	20-1.75	
10. Ryan Renfrow	Elizabethtown	20-0.75	
11. Dave Pappentick	Elizabethtown	20-0.75	
12. Josh Kline	Allentown	20-0.5	
13. Ryan Hollis	Susquehanna	19-9.5	
14. Tom Killian	Lebanon Valley	19-5	

MEN'S Triple Jump

MAC Record	50-1.5 Mike Williams, Widener, 1975
NCAA 'A'	47-4.5
NCAA 'B'	46-6

FINAL PLACES

		DISTANCE	POINTS	
1.	Matt Fenstermacher	Susquehanna	45-10.75	10
2.	Anthony Rediger	Moravian	44-4.25	8
3.	Chris Boyles	Messiah	43-10.75	6
4.	Tim Pelc	Susquehanna	43-7.75	5
5.	John Stanko	Moravian	43-5	4
6.	John Green	Susquehanna	43-0.5	3
7.	Ryan Hollis	Susquehanna	42-10.5	2
8.	Doug Malefyt	Messiah	42-7	1
9.	Ryan Renfrow	Elizabethtown	42-6.5	
10.	Wes Reppert	Juniata	41-4.75	
11.	Kevin Kuhn	Messiah	40-11.5	
12.	John Hendrickson	Messiah	40-2.75	
13.	Josh Martin	Lebanon Valley	39-5	

MEN'S Shot Put

MAC Record	55-1 Odd Haugen, Western Maryland, 1973
NCAA 'A'	54-4.5
NCAA 'B'	51-2.25

FINAL PLACES

		DISTANCE	POINTS	
1.	John Creuzberger	Juniata	47-1.5	10
2.	Michael England	Widener	46-0.5	8
3.	Mike Kistler	Elizabethtown	45-7	6
4.	Bill Schmidt	Moravian	45-5.5	5
5.	Alex Moor	Widener	41-5.5	4
6.	Jason Tete	Widener	41-4.25	3
7.	Bill Geiger	Widener	41-0.25	2
8.	Mark Marshall	Juniata	39-9.75	1
9.	Shawn Chen	Juniata	37-4.25	
10.	Roger Soper	Lycoming	-	

MEN'S Discus

MAC Record	169-7 Knut Hletness, Western Maryland, 1973
NCAA 'A'	167-4
NCAA 'B'	154-6

FINAL PLACES

		DISTANCE	POINTS	
1.	Mike Ruff	Widener	151-11	10
2.	Jason Tete	Widener	147-7	8
3.	John Creuzberger	Juniata	135-2	6
4.	Jeff Siglin	Messiah	130-10	5
5.	Mike Kistler	Elizabethtown	130-7	4
6.	Erick Miller	Lycoming	128-4	3
7.	Josh Tirado	Moravian	128-3	2
8.	Deron Powell	Allentown	121-9	1
9.	Josh Kline	Juniata	121-2	
10.	Bill Geiger	Widener	116-0	
11.	Roger Soper	Lycoming	fail	

MEN'S Javelin**MAC Record**

222-9 John Wood, Ursinus, 1989

NCAA 'A'

198-8

NCAA 'B'

187-0

FINAL PLACES

		DISTANCE	POINTS
1. Adam Ressler	Susquehanna	204-3 NCAA A	10
2. Matt Deamer	Susquehanna	198-11 NCAA A	8
3. Mark Marshall	Juniata	191-6 NCAA B	6
4. Steve Turzanski	Susquehanna	191-4 NCAA B	5
5. Rob Woodring	Delaware Valley	188-5 NCAA B	4
6. Josh Kline	Juniata	186-9	3
7. Mike Ruff	Widener	181-11	2
8. Jeremy Damia	Widener	176-4	1
9. Brian Cummings	Delaware Valley	175-10	
10. Erik Benson	Susquehanna	173-6	
11. Tom Kuhn	Lebanon Valley	172-5	
12. Kyle Harryn	Moravian	165-0	
13. Josh Zimmerman	Susquehanna	152-6	
14. Kevin Kmett	Widener	149-1	
15. Mike Zarnas	Allentown	143-4	

MEN'S Pole Vault**MAC Record**

15-3 Frank Krantz, Susquehanna, 1993

C.J. Brown, Moravian, 1996

NCAA 'A'

15-8.25

NCAA 'B'

15-2.25

FINAL PLACES

		DISTANCE	POINTS
1. Jeremy Graham	Messiah	14-0	10
2. Dusty Lehr	Juniata	13-9	8
3. Mike Gillis	Messiah	13-6	6
4. Frank Dumbreski	Susquehanna	12-6	5
Scott Kenney	Susquehanna	-	
Dave LoBianco	Lebanon Valley	-	

MEN'S Hammer**MAC Record**

153-10 Jason Tete, Widener, 2000

NCAA 'A'

180-6

NCAA 'B'

164-0

FINAL PLACES

		DISTANCE	POINTS
1. Jason Tete	Widener	153-10	10
2. Mike Ruff	Widener	150-4	8
3. Jeff Siglin	Messiah	135-9	6
4. Ben Bechtel	Widener	133-3	5
5. Chris Noordzy	Albright	128-7	4
6. Josh Tirado	Moravian	115-6	3
7. Jason Troutman	Allentown	113-0	2
8. Alex Moor	Widener	112-4	1
9. Bill Geiger	Widener	110-9	
10. Michael England	Widener	105-8	
11. Roger Soper	Lycoming	102-0	
12. Mark DelTin	Widener	93-10	
13. Tyler Roberts	Lebanon Valley	89-10	
14. Mark Snitzer	Albright	88-3	
15. Matt Corkery	Widener	85-3	
16. Rick Donovall	Messiah	70-10	

WOMEN'S 100 Meter Dash

1. Meredith Roberts Lebanon Valley 12.84

WOMEN'S 200 Meter Dash

1. Meredith Roberts Lebanon Valley 26.76

WOMEN'S 400 Meter Dash

1. Jessica Sauve Messiah 59.76

WOMEN'S 800 Meter Run

1. Heidi Wolfsberger Moravian 2:17.73

WOMEN'S 1,500 Meter Run

1. Heidi Wolfsberger Moravian 4:44.02

WOMEN'S 3,000 Meter Run

1. Heidi Wolfsberger Moravian 10:18.58

WOMEN'S 5,000 Meter Run

1. Emily Shertzer Moravian 18:34.00

WOMEN'S 10,000 Meter Run

1. Emily Shertzer Moravian 40:26.52

WOMEN'S 100 Meter Hurdles

1. Steph Horne Moravian 15.87

WOMEN'S 400 Meter Hurdles**MAC Record 1:04.46 Adrienne Wydra, Lycoming, 2000**

1. Adrienne Wydra Lycoming 1:04.46 NCAA B MAC

WOMEN'S 4x100 Meter Relay

1. Lebanon Valley 50.23

Eilene Golias, Meredith Roberts, Tara Ruhl, Bobbi Fessler

WOMEN'S 4x400 Meter Relay

1. Messiah 4:06.13

Mindy Miller, Susan Normington, Megen Brooks, Jessica Sauve

WOMEN'S High Jump

1. Laurie Scherer Lycoming 5-2

WOMEN'S Long Jump

1. Eileen Golias Lebanon Valley 16-7.5

WOMEN'S Triple Jump - David B. Eavenson Award

1. Eileen Golias Lebanon Valley 34-10

WOMEN'S Shot Put

1. Hope Myers Juniata 40-7.5

WOMEN'S Discus

1. Lisa Banta Allentown 126-4

WOMEN'S Javelin

1. Carrie McCaffery Moravian 128-0 NCAA B

WOMEN'S Pole Vault**MAC Record 9-0 Sara Brown, Messiah, 2000**

1. Sara Brown Messiah 9-0 MAC

WOMEN'S Hammer**MAC Record 123-7 Carrie McCaffery, Moravian, 2000**

1. Carrie McCaffery Moravian 123-7 MAC

WOMEN'S 100 Meter Dash

MAC Record 12.12 Denise Shotwell, Dickinson, 1988
NCAA 'A' 12.16
NCAA 'B' 12.36

HEAT TIME

Meredith Roberts	Lebanon Valley	13.07	Heat Winner
Eileen Golias	Lebanon Valley	13.17	Heat Winner
Jamie Kudel	Elizabethtown	13.20	
Tara Ruhl	Lebanon Valley	13.23	
Steph Horne	Moravian	13.35	
Diana Coulson	Juniata	13.40	
Tiffany Bower	Messiah	13.45	
Jessica Sprankle	Juniata	13.54	
Annalisa Ellis	Elizabethtown	13.70	
Elisha Franczuski	Widener	14.05	

FINAL PLACES**POINTS**

1. Meredith Roberts	Lebanon Valley	12.84	10
2. Jamie Kudel	Elizabethtown	13.03	8
3. Eileen Golias	Lebanon Valley	13.08	6
4. Tara Ruhl	Lebanon Valley	13.23	5
5. Jessica Sprankle	Juniata	13.42	4
6. Tiffany Bower	Messiah	13.49	3
7. Diana Coulson	Juniata	13.52	2
8. Steph Horne	Moravian	13.53	1
9. Annalisa Ellis	Elizabethtown	13.70	
10. Elisha Franczuski	Widener	14.05	

WOMEN'S 200 Meter Dash

MAC Record	24.80 Denise Shotwell, Dickinson, 1988
NCAA 'A'	25.11
NCAA 'B'	25.37

HEAT TIME

Meredith Roberts	Lebanon Valley	26.77 Heat Winner
Tara Ruhl	Lebanon Valley	26.80 Heat Winner
Jamie Kudel	Elizabethtown	26.91 Heat Winner
Jessica Sauve	Messiah	27.23
Stacy Adair	Lebanon Valley	27.36
Tiffany Bower	Messiah	27.47
Jen Becker	Susquehanna	27.55
Bobbi Fessler	Lebanon Valley	27.61
Diana Coulson	Juniata	27.67
Heidi Kaucher	Allentown	27.91
Susan Normington	Messiah	28.10
Charlotte Gould	Susquehanna	28.13
Lexi Smith	Lebanon Valley	28.20
Toni Yorks	Juniata	28.43
Elisha Franczuski	Widener	28.62
Shelly Schaeffer	Allentown	29.81
Katie Brown	Widener	30.81
Kirsten Reis	Delaware Valley	DQ

FINAL PLACES**POINTS**

1. Meredith Roberts	Lebanon Valley	26.76	10
2. Tara Ruhl	Lebanon Valley	27.03	8
3. Jamie Kudel	Elizabethtown	27.12	6
4. Jessica Sauve	Messiah	27.39	5
5. Tiffany Bower	Messiah	27.68	4
6. Stacy Adair	Lebanon Valley	27.86	3
7. Jen Becker	Susquehanna	28.07	2
8. Bobbi Fessler	Lebanon Valley	28.45	1
9. Diana Coulson	Juniata	27.67	
10. Heidi Kaucher	Allentown	27.91	
11. Susan Normington	Messiah	28.10	
12. Charlotte Gould	Susquehanna	28.13	
13. Lexi Smith	Lebanon Valley	28.20	
14. Toni Yorks	Juniata	28.43	
15. Elisha Franczuski	Widener	28.62	
16. Shelly Schaeffer	Allentown	29.81	
17. Katie Brown	Widener	30.81	
Kirsten Reis	Delaware Valley	DQ	

WOMEN'S 400 Meter Dash**MAC Record**

58.36 Nancy Jacoby, Gettysburg, 1992

NCAA 'A'

57.04

NCAA 'B'

58.84

HEAT TIME

Jessica Sauve	Messiah	1:01.13 Heat Winner
Jen Becker	Susquehanna	1:01.37 Heat Winner
Susan Normington	Messiah	1:01.81
Stacy Adair	Lebanon Valley	1:02.10
Charlotte Gould	Susquehanna	1:02.11
Ann Corless	Moravian	1:02.70
Leilani Manuel	Widener	1:03.12
Toni Yorks	Juniata	1:03.38
Danielle Seibert	Elizabethtown	1:04.06
Robin Bixler	Lycoming	1:06.63

FINAL PLACES

			POINTS	
1.	Jessica Sauve	Messiah	59.76	10
2.	Jen Becker	Susquehanna	1:00.16	8
3.	Stacy Adair	Lebanon Valley	1:01.19	6
4.	Charlotte Gould	Susquehanna	1:01.72	5
5.	Susan Normington	Messiah	1:01.89	4
6.	Leilani Manuel	Widener	1:02.48	3
7.	Toni Yorks	Juniata	1:02.95	2
8.	Ann Corless	Moravian	1:03.50	1
9.	Danielle Seibert	Elizabethtown	1:04.06	
10.	Robin Bixler	Lycoming	1:06.63	

WOMEN'S 800 Meter Run

MAC Record 2:14.06 Rebecca Weiderrecht, Messiah, 1989
NCAA 'A' 2:13.94
NCAA 'B' 2:15.84

Heidi Wolfsberger	Moravian	2:19.26	Heat Winner
Liz Shover	Lebanon Valley	2:23.88	Heat Winner
Jen Wagner	Moravian	2:25.54	Heat Winner
Jessica Hawthorne	Messiah	2:21.36	2
Erin Boyle	Moravian	2:25.29	2
Hannah Wood	Moravian	2:26.00	2
Jen Burkholder	Moravian	2:25.31	
Laura Capik	Widener	2:27.38	
Tiffany Catalino	Moravian	2:27.553	
Julie Augustin	Susquehanna	2:27.557	
Katie McKeever	Susquehanna	2:28.93	
Kate L'Armand	Widener	2:29.04	
Amanda Samok	Moravian	2:29.29	
Tara Shaw	Widener	2:31.28	
Stacey Chaklos	Allentown	2:31.46	
Cindy Felter	Messiah	2:32.81	
Michelle Lomas	Lebanon Valley	2:34.85	
Sheree Goodman	Messiah	2:35.83	
Kristi Riley	Lebanon Valley	2:37.84	
Megan Marquette	Susquehanna	2:38.48	
Sarah Oakman	Juniata	2:40.42	
Jen Busillo	Albright	2:41.39	

FINAL PLACES

			POINTS	
1.	Heidi Wolfsberger	Moravian	2:17.73	10
2.	Liz Shover	Lebanon Valley	2:21.85	8
3.	Jen Burkholder	Moravian	2:22.90	6
4.	Hannah Wood	Moravian	2:23.45	5
5.	Erin Boyle	Moravian	2:23.46	4
6.	Jen Wagner	Moravian	2:27.00	3
7.	Jessica Hawthorne	Messiah	2:36.90	2
8.	Laura Capik	Widener	2:44.97	1
9.	Tiffany Catalino	Moravian	2:27.553	
10.	Julie Augustin	Susquehanna	2:27.557	
11.	Katie McKeever	Susquehanna	2:28.93	
12.	Kate L'Armand	Widener	2:29.04	
13.	Amanda Samok	Moravian	2:29.29	
14.	Tara Shaw	Widener	2:31.28	
15.	Stacey Chaklos	Allentown	2:31.46	
16.	Cindy Felter	Messiah	2:32.81	
17.	Michelle Lomas	Lebanon Valley	2:34.85	
18.	Sheree Goodman	Messiah	2:35.83	
19.	Kristi Riley	Lebanon Valley	2:37.84	
20.	Megan Marquette	Susquehanna	2:38.48	
21.	Sarah Oakman	Juniata	2:40.42	
22.	Jen Busillo	Albright	2:41.39	

WOMEN'S 1,500 Meter Run

MAC Record	4:37.88 Tracy Wartman, Moravian, 1996
NCAA 'A'	4:38.74
NCAA 'B'	4:43.34

FINAL PLACES

		FINAL TIME	POINTS
1. Heidi Wolfsberger	Moravian	4:44.02	10
2. Jessica Hawthorne	Messiah	4:54.99	8
3. Hannah Wood	Moravian	4:56.07	6
4. Christine Howe	Allentown	4:57.19	5
5. Kelly Stewart	Lebanon Valley	4:57.93	4
6. Erin Boyle	Moravian	4:59.55	3
7. Laura Capik	Widener	5:03.72	2
8. Katie Bauer	Messiah	5:05.67	1
9. Rebecca Lewis	Messiah	5:08.4	
10. Tiffany Catalino	Moravian	5:09.87	
11. Angela Lunio	Susquehanna	5:10.6	
12. Jen Wagner	Moravian	5:11.1	
13. Kim Jaick	Moravian	5:12.9	
14. Amanda Samok	Moravian	5:13.5	
15. Michelle Lomas	Lebanon Valley	5:16.43	
16. Cindy Felter	Messiah	5:19.85	
17. Kate L'Armand	Widener	5:21.1	
18. Joanna Bissell	Lebanon Valley	5:23.61	
19. Sarah Oakman	Juniata	5:26.17	
20. Sarah Brill	Widener	5:28.32	
21. Regina Lacombe	Moravian	5:32.97	
22. Melissa Gudleski	Elizabethtown	5:36.1	
23. Rachel Mayette	Delaware Valley	5:43.07	
24. Laura Detwiler	Widener	5:54.0	

WOMEN'S 3,000 Meter Run

MAC Record	10:04.38 Carla Thomas, Moravian, 1994
NCAA 'A'	10:08.54
NCAA 'B'	10:15.24

FINAL PLACES

		FINAL TIME	POINTS
1. Heidi Wolfsberger	Moravian	10:18.58	10
2. Kelly Stewart	Lebanon Valley	10:51.94	8
3. Emily Shertzer	Moravian	10:57.42	6
4. Hannah Wood	Moravian	11:03.97	5
5. Christine Howe	Allentown	11:07.47	4
6. Kim Jaick	Moravian	11:07.51	3
7. Jessica Giampolo	Moravian	11:26.65	2
8. Liz Roberts	Widener	11:32.72	1
9. Michele Palmer	Juniata	11:35.68	
10. Rebecca Lewis	Messiah	11:47.57	
11. Laura Prezlomiec	Widener	11:52.46	
12. Jennifer Haas	Susquehanna	11:54.39	
13. Kate Connelly	Widener	11:55.74	
14. Melissa Gingerich	Messiah	11:58.30	
15. Katie Price	Messiah	12:14.37	
16. Joanna Bissell	Lebanon Valley	12:20.93	
17. Maria Grabowski	Moravian	12:33.47	
18. Rachel Mayette	Delaware Valley	12:37.43	
19. Kristin Joyce	Widener	12:52.37	
20. Sandy Tatarynw	Delaware Valley	13:08.87	
21. Allison Reger	Widener	13:37.64	
22. Maria DeLiberato	Lebanon Valley	13:48.97	

WOMEN'S 5,000 Meter Run

MAC Record	17:20.87	Carla Thomas, Moravian, 1994
NCAA 'A'	17:37.54	
NCAA 'B'	18:05.54	

FINAL PLACES

		FINAL TIME	POINTS
1. Emily Shertzer	Moravian	18:34.00	10
2. Kelly Stewart	Lebanon Valley	18:56.17	8
3. Lauren Hindley	Lebanon Valley	19:40.16	6
4. Gretchen Junko	Elizabethtown	19:48.27	5
5. Maria Grabowski	Moravian	20:07.41	4
6. Liz Roberts	Widener	20:09.41	3
7. Jenna Nugent	Elizabethtown	20:11.80	2
8. Erin Colwell	Susquehanna	20:22.87	1
9. Laura Prezlomiec	Widener	20:24.25	
10. Dawn Metzler	Allentown	20:25.52	
11. Kim Owen	Susquehanna	20:38.42	
12. Melissa Gingerich	Messiah	20:39.09	
13. Michele Palmer	Juniata	20:41.91	
14. Delina Cefaratti	Susquehanna	20:44.73	
15. Heather White	Messiah	20:47.80	
16. Sarah Kapinus	Lycoming	21:06.96	
17. Lori LaRose	Allentown	21:10.85	
18. Kate Connelly	Widener	21:13.63	
19. Nicole Palazzolo	Widener	21:22.95	
20. Rebecca Lewis	Messiah	22:18.49	
21. Maria DeLiberato	Lebanon Valley	22:57.88	

WOMEN'S 10,000 Meter Run

MAC Record	37:24.90	Tamara Lave, Haverford, 1989
NCAA 'A'	37:10.74	
NCAA 'B'	38:07.44	

FINAL PLACES

		FINAL TIME	POINTS
1. Emily Shertzer	Moravian	40:26.52	10
2. Maria Grabowski	Moravian	41:19.44	8
3. Gretchen Junko	Elizabethtown	41:42.96	6
4. Erin Colwell	Susquehanna	43:05.45	5
5. Heather White	Messiah	43:36.16	4
6. Sarah Costello	Susquehanna	45:36.20	3
7. Kate Westermann	Moravian	47:18.24	2
8. Laura Byrade	Albright	47:49.92	1
9. Michelle Walmsley	Lebanon Valley	DNF	
10. Kristen Lane	Widener	DNF	

WOMEN'S 100 Meter Hurdles

MAC Record	15.13 Gina Gonzalez, Widener, 1995
NCAA 'A'	14.68
NCAA 'B'	15.20

HEAT TIME

Steph Horne	Moravian	15.77 Heat Winner
Mindy Miller	Messiah	16.19 Heat Winner
Jessica Sprankle	Juniata	16.32
Emily Dugan	Susquehanna	16.60
Prisca Chase	Messiah	16.75
Adrienne Wydra	Lycoming	16.88
Alison Ream	Susquehanna	16.89
Erin Kilrain	Widener	16.96
Abigail Urion	Albright	17.02
Jen Ketz	Moravian	17.08
Stacy Boxum	Messiah	17.34
Anne Williams	Susquehanna	17.75
Melissa Flint	Juniata	17.86
Natalie Smith	Juniata	18.29
Jennifer Brown	Lebanon Valley	18.90

FINAL PLACES**POINTS**

1. Steph Horne	Moravian	15.87	10
2. Jessica Sprankle	Juniata	16.08	8
3. Mindy Miller	Messiah	16.27	6
4. Adrienne Wydra	Lycoming	16.67	5
5. Erin Kilrain	Widener	16.68	4
6. Prisca Chase	Messiah	16.79	3
7. Emily Dugan	Susquehanna	16.85	2
8. Alison Ream	Susquehanna	16.87	1
9. Abigail Urion	Albright	17.02	
10. Jen Ketz	Moravian	17.08	
11. Stacy Boxum	Messiah	17.34	
12. Anne Williams	Susquehanna	17.75	
13. Melissa Flint	Juniata	17.86	
14. Natalie Smith	Juniata	18.29	
15. Jennifer Brown	Lebanon Valley	18.90	

WOMEN'S 400 Meter Hurdles

MAC Record 1:04.46 Adrienne Wydra, Lycoming, 2000
NCAA 'A' 1:03.34
NCAA 'B' 1:04.84

HEAT TIME

Adrienne Wydra	Lycoming	1:05.64 Heat Winner
Jessica Sprankle	Juniata	1:06.84 Heat Winner
Jen Ketz	Moravian	1:07.16 Heat Winner
Emily Dugan	Susquehanna	1:07.07
Steph Horne	Moravian	1:07.43
Audrey Hallinan	Allentown	1:07.50
Mindy Miller	Messiah	1:08.53
Abigail Urion	Albright	1:09.13
Kristen Sheerin	Widener	1:09.66
Kristy Wagner	Juniata	1:09.68
Alison Ream	Susquehanna	1:10.87
Kristy Miller	Messiah	1:11.21
Ann Corless	Moravian	1:11.97
Sarah Roberts	Messiah	1:13.28
Lesley Ammon	Lycoming	1:16.72
Natalie Smith	Juniata	1:19.91
Colleen Costello	Widener	1:24.80

FINAL PLACES

			POINTS	
1.	Adrienne Wydra	Lycoming	1:04.46 NCAA B	10 MAC
2.	Jessica Sprankle	Juniata	1:05.56	8
3.	Emily Dugan	Susquehanna	1:05.99	6
4.	Mindy Miller	Messiah	1:06.09	5
5.	Jen Ketz	Moravian	1:07.15	4
6.	Abigail Urion	Albright	1:08.20	3
7.	Steph Horne	Moravian	1:10.14	2
8.	Audrey Hallinan	Allentown	1:11.28	1
9.	Kristen Sheerin	Widener	1:09.66	
10.	Kristy Wagner	Juniata	1:09.68	
11.	Alison Ream	Susquehanna	1:10.87	
12.	Kristy Miller	Messiah	1:11.21	
13.	Ann Corless	Moravian	1:11.97	
14.	Sarah Roberts	Messiah	1:13.28	
15.	Lesley Ammon	Lycoming	1:16.72	
16.	Natalie Smith	Juniata	1:19.91	
17.	Colleen Costello	Widener	1:24.80	

WOMEN'S 4x100 Meter Relay

MAC Record	48.89 Moravian, 1989
NCAA 'A'	48.04
NCAA 'B'	49.24

FINAL PLACES	FINAL TIME	POINTS
1. Lebanon Valley	50.23	10
Eilene Golias, Meredith Roberts, Tara Ruhl, Bobbi Fessler		
2. Messiah	51.51	8
Mindy Miller, Tiffany Bower, Prisca Chase, Jessica Sauve		
3. Juniata	52.05	6
Jessica Sprankle, Diana Coulson, Toni Yorks, Kristy Wagner		
4. Susquehanna	52.59	5
5. Moravian	52.60	4
Steph Horne, Jen Burkholder, Ann Corless, Jen Ketz		
6. Widener	53.72	3
Katie Brown, Erin Kilrain, Leilani Manuel, Elisha Franczuski		
7. Allentown	54.09	2
Audrey Hallinan, Sue Filaseta, Shelly Schaeffer, Heidi Kaucher		

WOMEN'S 4x400 Meter Relay

MAC Record	4:00.14 Messiah, 1984
NCAA 'A'	3:53.44
NCAA 'B'	3:56.94

FINAL PLACES	FINAL TIME	POINTS
1. Messiah	4:06.13	10
Mindy Miller, Susan Normington, Megen Brooks, Jessica Sauve		
2. Susquehanna	4:09.74	8
3. Juniata	4:12.58	6
Toni Yorks, Kristy Wagner, Jessica Sprankle, Diana Coulson		
4. Widener	4:13.09	5
Leilani Manuel, Kate L'Armand, Tara Shaw, Kristen Sheerin		
5. Moravian	4:13.52	4
Erin Boyle, Jen Burkholder, Jen Wagner, Tiff Catalino		
6. Allentown	4:15.90	3
Audrey Hallinan, Heidi Kaucher, Stacey Chaklos, Christine Howe		
7. Lebanon Valley	4:18.51	2
Meredith Roberts, Tara Ruhl, Liz Shover, Stacy Adair		
8. Albright	4:32.06	1
Jen Busillo, Courtney Kroh, Holly Whitpan, Abby Urion		
9. Elizabethtown	4:38.15	
Danielle Seibert, Gretchen Junko, Melissa Gudleski, Jamie Kudel		
10. Delaware Valley	4:39.03	
Kirsten Reis, Tara Corkery, Rachel Mayette, Corinna Strange		

WOMEN'S High Jump

MAC Record	5-5.25 Dorothy O'Malley, Ursinus, 1990
NCAA 'A'	5-6.5
NCAA 'B'	5-4.5

FINAL PLACES

		HEIGHT	POINTS
1. Laurie Scherer	Lycoming	5-2	10
2. Sue Filaseta	Allentown	5-2	8
3. Beth Engle	Messiah	5-0	5.5
3. Holly Whitpan	Albright	5-0	5.5
5. Christy Pierce	Widener	5-0	4
6. Brooke Dawson	Moravian	4-10	2.5
6. Erica Landes	Moravian	4-10	2.5
8. Bobbi Fessler	Lebanon Valley	4-10	1
9. Melissa Flint	Juniata	4-8	
9. Megen Brooks	Messiah	4-8	
11. Anne Williams	Susquehanna	4-6	

WOMEN'S Long Jump

MAC Record	18-6 Kelly Kegarise, Messiah, 1989
NCAA 'A'	18-7.5
NCAA 'B'	18-1

FINAL PLACES

		DISTANCE	POINTS
1. Eileen Golias	Lebanon Valley	16-7.5	10
2. Bobbi Fessler	Lebanon Valley	16-6.5	8
3. Mindy Miller	Messiah	16-5.25	6
4. Ann Corless	Moravian	16-0.75	5
5. Heidi Kaucher	Allentown	15-11	4
6. Megen Brooks	Messiah	15-11	3
7. Prisca Chase	Messiah	15-9	2
8. Holly Whitpan	Albright	15-9	1
9. Kristy Wagner	Juniata	15-8	
10. Kati Young	Elizabethtown	15-1.75	
11. Christy Pierce	Widener	14-10.5	
12. AnnElise Collier	Widener	14-5.5	
13. Beth Engle	Messiah	13-7.5	

WOMEN'S Triple Jump - David B. Eavenson Award

MAC Record	37-8.5 Michelle Duffy, Susquehanna, 1990
NCAA 'A'	38-2
NCAA 'B'	36-11

FINAL PLACES

		DISTANCE	POINTS
1. Eileen Golias	Lebanon Valley	34-10	10
2. Prisca Chase	Messiah	34-5.5	8
3. Audrey Hallinan	Allentown	33-10	6
4. Kati Young	Elizabethtown	33-7.5	5
5. Kristy Wagner	Juniata	33-4	4
6. Megen Brooks	Messiah	32-9.5	3
7. Beth Engle	Messiah	31-4.75	2
8. Holly Whitpan	Albright	31-0.75	1
9. AnnElise Collier	Widener	31-0.75	
10. Danielle Seibert	Elizabethtown	30-1.75	

WOMEN'S Shot Put

MAC Record	42-8.5 Ann Musser, Lebanon Valley, 1998
NCAA 'A'	43-0.5
NCAA 'B'	42-1.5

FINAL PLACES

		DISTANCE	POINTS
1. Hope Myers	Juniata	40-7.5	10
2. Ann Musser	Lebanon Valley	40-1.5	8
3. Sarah Shaneberger	Moravian	39-9.5	6
4. Carrie McCaffery	Moravian	35-6.75	5
5. Carrie Addis	Widener	34-7.25	4
6. Amanda Conger	Lebanon Valley	34-3.5	3
7. Jenni Anderson	Juniata	34-0	2
8. Ann Foose	Lebanon Valley	32-11.25	1
9. Ryann Houseknecht	Juniata	32-9	
10. Kate Lassiter	Allentown	29-6	
11. Lisa Banta	Allentown	29-2	

WOMEN'S Discus

MAC Record	142-0 Ann Musser, Lebanon Valley, 1998
NCAA 'A'	144-10
NCAA 'B'	139-6

FINAL PLACES

		DISTANCE	POINTS
1. Lisa Banta	Allentown	126-4	10
2. Ann Musser	Lebanon Valley	123-3	8
3. Sarah Shaneberger	Moravian	120-9	6
4. Carrie McCaffery	Moravian	116-6	5
5. Melissa Webber	Moravian	116-3	4
6. Jenni Anderson	Juniata	111-5	3
7. Jess Ladd	Susquehanna	102-10	2
8. Carrie Addis	Widener	98-9	1
9. Hope Myers	Juniata	98-9	
10. Kate Lassiter	Allentown	91-10	
11. Ryann Houseknecht	Juniata	81-10	
12. MaryBeth Geiman	Messiah	fail	

WOMEN'S Javelin

MAC Record	155-11 Sylke Knuppel, Johns Hopkins, 1992
NCAA 'A'	140-9
NCAA 'B'	128-0

FINAL PLACES

		DISTANCE	POINTS	
1. Carrie McCaffery	Moravian	128-0	10	NCAA B
2. Jen Lohn	Moravian	125-1	8	
3. Johanna Dotts	Albright	124-3	6	
4. Kate Warren	Moravian	113-11	5	
5. Courtney Albano	Messiah	110-0	4	
6. Jen Mills	Delaware Valley	109-0	3	
7. Nadia Gabryluk	Allentown	108-1	2	
8. Hope Myers	Juniata	107-11	1	
9. Jenni Anderson	Juniata	107-11		
10. Ryann Houseknecht	Juniata	100-8		
11. Kathy Habecker	Messiah	96-4		
12. Jess Ladd	Susquehanna	92-5		
13. Heather McElwain	Lycoming	90-4		
14. Becky McMichael	Juniata	76-2		

WOMEN'S Pole Vault**MAC Record****9-0 Sara Brown, Messiah, 2000****NCAA 'A'**

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NCAA 'B'**9-5.75****FINAL PLACES**

		HEIGHT	POINTS	
1.	Sara Brown	Messiah	9-0	10
2.	April Mafturak	Delaware Valley	8-6	8
3.	Johanna Dotts	Albright	8-3	6
4.	Kristy Miller	Messiah	7-6	5
5.	Becky Tice	Lebanon Valley	7-6	4
6.	Crystal Wyman	Lebanon Valley	7-6	3
7.	Stephanie Manzella	Albright	7-0	2
8.	Colleen Barhight	Albright	6-6	1
9.	Jaclyn Snelling	Delaware Valley	6-6	
10.	Rachel Dailey	Lebanon Valley	--	

WOMEN'S Hammer**MAC Record****123-7 Carrie McCaffery, Moravian, 2000****NCAA 'A'****156-8****NCAA 'B'****146-4****FINAL PLACES**

		DISTANCE	POINTS	
1.	Carrie McCaffery	Moravian	123-7	10
2.	Sarah Shaneberger	Moravian	122-3	8
3.	Kate Lassiter	Allentown	121-4	6
4.	Ann Musser	Lebanon Valley	116-11	5
5.	Melissa Sepnefski	Albright	114-11	4
6.	Lisa Banta	Allentown	108-1	3
7.	Amanda Conger	Lebanon Valley	104-4	2
8.	Janessa Rempala	Messiah	100-8	1
9.	Ann Foose	Lebanon Valley	92-0	
10.	Colleen Kearns	Albright	91-6	
11.	Jessica Moreland	Widener	79-5	
12.	Carrie Addis	Widener	73-0	