

Outdoor Track

2001 MAC Men's Outdoor Track & Field Championships

May 3-5

at Messiah College

Team Standings

<u>School</u>	<u>Score</u>
Widener	219
Messiah	116.5
Moravian	111
Susquehanna	103
Juniata	84
Elizabethtown	75
DeSales	48
Lebanon Valley	26
Delaware Valley	21
Albright	9.5

Individual Results - Top 8

100 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Jerome Robinson	Widener	10.77
Doug Joseph	Moravian	11.10
Mike Coleman	Widener	11.10
Kevin Bush	Moravian	11.19
Beau Heeps	Susquehanna	11.23
Jason Jenkins	Widener	11.36
Ashley Mort	Juniata	11.36
Bona Summer	Albright	11.41

200 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Jerome Robinson	Widener	21.84
Kevin Bush	Moravian	21.88
Beau Heeps	Susquehanna	22.12
Ashley Mort	Juniata	22.43
Jason Jenkins	Widener	22.50

Nate Tuttle	Widener	22.59
Anthony Giles	Widener	22.93
Doe Slanger	Widener	25.02

400 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Anthony Giles	Widener	49.18
Joshua Heebner	Moravian	49.39
Nick Wolfe	Juniata	49.39
Doe Slanger	Widener	49.73
Matt Shingara	Susquehanna	50.08
Bill Walsh	Widener	50.32
Jason Ward	Susquehanna	50.41
Doug Malefyt	Messiah	51.11

800 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Will Brownback	Widener	1:55.76
Matt Doumaux	Widener	1:56.58
George Wacker	Moravian	1:57.72
Jeff Harmon	Elizabethtown	1:58.39
Dave McGuire	Widener	1:59.11
Clint Swartz	Susquehanna	1:59.23
Bobby Ward	Widener	1:59.34
Noah Fredette	Juniata	2:06.51

1500 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Matt Doumaux	Widener	4:01.62
Noah Fredette	Juniata	4:04.23
Mike Zwatty	Elizabethtown	4:04.48
Seon Mulcahy	Elizabethtown	4:04.51
Stephen Lafferty	Delaware Valley	4:05.34
Joe Grady	Moravian	4:09.01
Damon Rutherford	Moravian	4:09.13
Micha Van Waesberghe	Susquehanna	4:11.40

3000 m Steeplechase

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Dustin Scott	Elizabethtown	9:34.11
Ryan Gleason	Susquehanna	9:38.36
Damon Rutherford	Moravian	9:44.19
Tim Callinan	Widener	9:48.16
Joe Grady	Moravian	9:55.10
Joe McMannus	Messiah	10:00.19
Rick Garminati	DeSales	10:02.05
Brandon Newbould	Messiah	10:06.43

5000 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Dustin Scott	Elizabethtown	15:12.91
Dave Berdan	Elizabethtown	15:24.52
Tim Callinan	Widener	15:32.65
Ryan Gleason	Susquehanna	15:37.75

Mike Lehtonen	Susquehanna	15:53.39
Josh Lyman	Elizabethtown	16:00.56
Chip Hazewski	Widener	16:12.01
Joe McMannus	Messiah	16:16.18

10000 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Mike Lehtonen	Susquehanna	32:53.12
Tres Nolett	Lebanon Valley	33:51.25
Josh Lyman	Elizabethtown	34:27.27
Mike Scott	DeSales	35:06.13
Sabastien Moissard	Juniata	35:22.29
Chip Hazewski	Widener	36:00.20
Dave Olszewski	Widener	36:00.60
Jim Humble	DeSales	36:14.40

110 High Hurdles

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Dusty Lehr	Juniata	15.15
Chris Boyles	Messiah	15.17
McDonald Roberts	Widener	15.33
Matt Wilson	Messiah	15.94
Eugene Williams	DeSales	16.21
Stephen Hartenstine	Moravian	16.50
Jarred Sipe	Messiah	16.71

400 Hurdles

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Matt Wilson	Messiah	54.70
McDonald Roberts	Widener	55.38
Nick Hoffman	Susquehanna	55.70
Timothy Redding	Albright	56.99
Stephen Hartenstine	Moravian	57.50
Bryan McGuire	DeSales	57.54
Rob Hickox	Elizabethtown	59.83

400 m Relay

<u>School</u>	<u>Time/Distance</u>
Widener	41.94
Moravin	43.22
Susquehanna	43.47
Lebanon Valley	43.49
Messiah	43.98
Juniata	44.08
Albright	44.90
DeSales	45.10

1600 m Relay

<u>School</u>	<u>Time/Distance</u>
Widener	3:19.72
Moravian	3:20.89
Susquehanna	3:20.98
Messiah	3:22.58
Juniata	3:23.86

Elizabethtown	3:28.35
DeSales	3:29.59
Albright	3:30.20

High Jump

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Chris Boyles	Messiah	6-10
Joseph Moore	Moravian	6-3
Dave Pappentick	Elizabethtown	6-3
Anthony Rediger	Moravian	6-3
Dusty Lehr	Juniata	6-1
Jemell Rayam	DeSales	6-1
Josh Martin	Lebanon Valley	5-11
William McGee	Albright	5-11
Jarred Sipe	Messiah	5-11

Pole Vault

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Mike Gillis	Messiah	14-6
Dusty Lehr	Juniata	14-6
Chris Boyles	Messiah	13-0
Scott Kenney	Susquehanna	12-6
Brian McDonald	DeSales	12-0
Erick Bennett	Elizabethtown	12-0
Dan Logee	Messiah	11-6 1/4

Long Jump

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Hylton Kipe	Messiah	21-10 1/4
Mike Coleman	Widener	21-7
Nevin Brubaker	Messiah	21-6 3/4
Joseph Moore	Moravin	21-4 1/4
Dante Trader	Widener	20-11 1/2
Dave Pappentick	Elizabethtown	20-10 3/4
Chris Boyles	Messiah	20-10 1/4
Matt Lowe	Susquehanna	20-7 3/4

Triple Jump

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Mike Coleman	Widener	49-1/4
Anthony Rediger	Moravian	46-1 1/2
Hylton Kipe	Messiah	46-1
Ben Mellish	Lebanon Valley	45-1/4
Ryan Hollis	Susquehanna	42-10 1/4
Doug Malefyt	Messiah	42-2 3/4
John Green	Susquehanna	42-0
Josh Martin	Lebanon Valley	41-11 1/4

Shot Put

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
John Creuzberger	Juniata	47-6
Mike England	Widener	46-2
Matt Shaffer	Susquehanna	45-3 1/2
Mike Kistler	Elizabethtown	45-2

Bill Geiger	Widener	43-9 1/2
Deron Powell	DeSales	43-7 1/4
Michael Sobotor	Susquehanna	41-9 1/2
Dennis Rowland	Delaware Valley	39-2 1/4

Discus

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Deron Powell	DeSales	140-8
John Creuzberger	Juniata	139-6
Jeff Siglin	Messiah	133-6
Bill Geiger	Widener	132-4
Matthew Showalter	Delaware Valley	127-9
Dennis Rowland	Delaware Valley	125-8
Michael Sobotor	Susquehanna	124-4
Alex Moor	Widener	123-1

Javelin

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Josh Kline	Juniata	192-7
Jeremy Damia	Widener	189-4
Robert Woodring	Delaware Valley	187-0
Tom Kuhn	Lebanon Valley	186-11
Matt Deamer	Susquehanna	186-9
Dennis Rowland	Delaware Valley	185-8
Steve Turzanski	Susquehanna	177-10
Scott Shacreaw	Juniata	177-7

Hammer

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Jeff Siglin	Messiah	142-1
Jeff Shanan	Widener	135-9
Matthew Bowers	Moravian	131-3
Ryan Killian	Widener	128-9
Anthony Oneill	Widener	127-11
Alex Moor	Widener	127-11
Bill Geiger	Widener	122-4
Tom Demoss	Widener	110-10

Decathlon

<u>Name</u>	<u>School</u>	<u>Score</u>
Brian McDonald	DeSales	5502
Aaron Fairbanks	Susquehanna	5107
Jim McIntyre	Moravian	4666
Chris Jones	Widener	4461
Mike Hamberger	Widener	3906

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Outdoor Track

2001 MAC Women's Outdoor Track and Field Championships

*May 3-5
at Messiah College*

Team Standings

<u>Team</u>	<u>Points</u>
Moravian	225
Messiah	123
Susquehanna	119
Widener	82
Juniata	67
DeSales	66
Lebanon Valley	39
Albright	31
Elizabethtown	29.5
Delaware Valley	21
Lycoming	14.5

Individual Results - Top 8

100 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Megan Patrono	Susquehanna	12.93
Eileen Golias	Lebanon Valley	13.12
Williametta Simmons	Widener	13.22
Beth Hansen	Messiah	13.27
Meredith Roberts	Lebanon Valley	13.29
Stefanie Rynkewitz	Juniata	13.38
Renee Fortune	Widener	13.40
Tiffany Bower	Messiah	13.46

200 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Megan Patrono	Susquehanna	25.57
Jessica Sauve	Messiah	26.64
Stefanie Rynkewitz	Juniata	27.08
Renee Fortune	Widener	27.09

Williametta Simmons	Widener	27.34
Tiffany Bower	Messiah	27.34
Candice Coombs	Widener	27.55
Rebecca Brown	Messiah	27.90

400 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Stefanie Rynkewitz	Juniata	59.11
Jessica Sauve	Messiah	59.81
Candice Coombs	Widener	61.13
Stacy Adair	Lebanon Valley	62.02
Charlotte Gould	Susquehanna	62.08
Audrey Hallinan	DeSales	62.45
Rebecca Brown	Messiah	62.64
Jaime Marks	Moravian	63.74

800 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Heidi Wolfsberger	Moravian	2:19.89
Amanda Samok	Moravian	2:24.50
Jennifer Burkholder	Moravian	2:25.98
Grace Trabulsi	Messiah	2:26.48
Laura Capik	Widener	2:27.23
Erin Boyle	Moravian	2:27.65
Kristi Koch	Susquehanna	28:28.23
Tiffany Catalino	Moravian	2:34.01

1500 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Heidi Wolfsberger	Moravian	4:42.57
Kim Jaick	Moravian	4:46.80
Erin Boyle	Moravian	4:53.40
Christine Howe	DeSales	4:59.70
Grace Trabulsi	Messiah	5:02.12
Tiffany Catalino	Moravian	5:10.17
Angela Luino	Susquehanna	5:10.94
Robin Edward	Moravian	5:11.56

3000 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Heidi Wolfsberger	Moravian	10:13.00
Kim Jaick	Moravian	10:31.06
Erin Boyle	Moravian	11:00.32
Rebecca Lewis	Messiah	11:10.01
Tori LaRose	DeSales	11:53.43
Kassi Tylenda	Susquehanna	12:07.78
Heather Bacon	Messiah	12:14.95
Heather Horton	Messiah	12:20.19

5000 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Emily Shertzer	Moravian	18:43.89
Kim Jaick	Moravian	19:07.41
Rebecca Lewis	Messiah	19:17.09

Kim Owen	Susquehanna	19:25.87
Delina Cefaratti	Susquehanna	19:41.24
Grace Trabulsi	Messiah	19:44.48
Erin Colwell	Susquehanna	19:53.59
Susan Plissey	Messiah	20:23.78

10000 m

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Emily Shertzer	Moravian	39:57.35
Heidi Wolfsberger	Moravian	40:00.38
Kim Owen	Susquehanna	41:47.35
Erin Colwell	Susquehanna	42:05.08
Maggie Martin	Elizabethtown	42:29.32
Susan Plissey	Messiah	42:35.24
Kelly Harris	Elizabethtown	43:36.22
Becki McClintock	Messiah	43:56.40

100 m Hurdles

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Carrie Kerna	Elizabethtown	15.81
Stephanie Horne	Moravian	16.26
Emily Dugan	Susquehanna	16.57
Jessica Sprankle	Juniata	16.60
Elizabeth Harker	Susquehanna	16.61
Stacy Doderer	Delaware Valley	16.71
Alison Ream	Susquehanna	16.75
Prisca Chase	Messiah	16.88

400 m Hurdles

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Emily Dugan	Susquehanna	64.33
Stephanie Horne	Moravian	65.87
Alison Ream	Susquehanna	66.14
Kristy Wagner	Juniata	68.70
Bethany Rowland	DeSales	69.15
Kristen Sheerin	Widener	70.69
Jessica Sprankle	Juniata	71.92
Jessica Hawthorne	Messiah	73.36

400 m Relay

<u>School</u>	<u>Time/Distance</u>
Widener	49.88
Lebanon Valley	50.62
Susquehanna	50.63
Albright	51.58
Elizabethtown	51.65
Juniata	52.02
Moravian	53.73

1600 m Relay

<u>School</u>	<u>Time/Distance</u>
Susquehanna	4:05.12
Messiah	4:07.88
Juniata	4:09.52

Widener	4:11.96
Moravian	4:12.57
DeSales	4:13.58
Albright	4:22.02
Elizabethtown	4:28.08

High Jump

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Holly Whitpan	Albright	5-3
Shannon Barnett	Susquehanna	5-1
Laurie Scherer	Lycoming	4-11
Christy Pierce	Widener	4-11
Melissa Flint	Juniata	4-11
Lauren Derrick	Lycoming	4-9
Carrie Kerna	Elizabethtown	4-9
Prisca Chase	Messiah	4-9

Pole Vault

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
April Mafturek	Delaware Valley	9-6
Sara Brown	Messiah	9-6
Amy Wagner	Lebanon Valley	8-0
Kim McGuinness	Widener	7-6
Becky Tice	Lebanon Valley	7-6
Carol Longenecker	Juniata	7-6
Kate D'Imperio	Lebanon Valley	7-6

Long Jump

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Holly Whitpan	Albright	16-7 1/2
Williametta Simmons	Widener	16-1 1/4
Megan Patrono	Susquehanna	15-8 1/2
Prisca Chase	Messiah	15-6 1/2
Beth Hansen	Messiah	15-5
Kristy Wagner	Juniata	15-4 3/4
Heidi Kaucher	DeSales	15-4 3/4
Casey Moser	Elizabethtown	15-3 1/4

Triple Jump

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Uma Allimuthu	Messiah	35-8
Prisca Chase	Messiah	35 3/4
Ellen Mull	Susquehanna	34-5
Kristy Wagner	Juniata	34 1/2
Hillary Bright	Juniata	33-10
Casey Moser	Elizabethtown	33-9
Eileen Golias	Lebanon Valley	33-8 3/4
Bethany Rowland	DeSales	32-8 1/4

Shot Put

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Sarah Shaneberger	Moravian	38-4
Jen Rautzhan	DeSales	36-8 1/4
Carrie McCaffrey	Moravian	35-9 1/4

Emily Hester	Delaware Valley	35-2
Carrie Addis	Widener	34-11
Jessica Worrilow	Widener	33-11 1/2
Kate Lassiter	DeSales	33-7
Jen Hawbaker	Susquehanna	32-6 1/2

Discus

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Laura Peipher	DeSales	121-11
Sarah Shaneberger	Moravian	119-10
Carrie McCaffrey	Moravian	117-10
Jen Rautzhan	DeSales	115-8
Lisa Banta	DeSales	114-0
Emily Hester	Delaware Valley	113-11
Jessica Russell	Elizabethtown	110-9
Carrie Addis	Widener	106-7

Javelin

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Jennifer Lohn	Moravian	134-9
Carrie McCaffrey	Moravian	120-4
Vicki Hoover	Lycoming	120-2
Courtney Albano	Messiah	115-7
Jenni Anderson	Juniata	112-0
Erin McGarity	DeSales	109-1
Nadia Gabryluk	DeSales	103-11
Andrea Dankovich	Juniata	98-5

Hammer

<u>Name</u>	<u>School</u>	<u>Time/Distance</u>
Sarah Shaneberger	Moravian	125-5
Kate Lassiter	DeSales	124-5
Carrie McCaffrey	Moravian	117-9
Janessa Rempala	Messiah	117-3
Jessica Worrilow	Widener	116-0
Dorothy Vauls	Albright	115-6
Lisa Banta	DeSales	114-10
Melissa Sepnefski	Albright	114-7

Heptathlon

<u>Name</u>	<u>School</u>	<u>Score</u>
Brooke Dancho	Moravian	3222
Nicole Sabaliauskas	Moravian	3115
Kristen Sheerin	Widener	3073
Liz Nole	Messiah	2945
Shannon McNeil	Moravian	2713
Stacy Boxum	Messiah	2629
Misty Heuston	Juniata	2621
Brianne Zimmerman	Susquehanna	2233

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