

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

Women 100 Meter Dash

NCAA A: 12.05 A

NCAA B: 12.36 B

MAC Record: 12.12 * 1988

Denise Shotwell, Dickinson

Name	School	Prelims	Finals	Points
Finals				
1 Megan Patrono	Susquehanna University	12.78	12.37	
2 Erin Lichti	Elizabethtown College	12.69	12.45	
3 Monique Gaillard	Widener University	12.53	12.51	
4 Kirsten Rotzell	Moravian College	12.66	12.76	
5 Ashley Beck	Messiah College	13.08	12.77	
6 Jen Minnig	Susquehanna University	13.03	12.81	
7 Williametta Simmons	Widener University	12.92	13.00	
8 Stefanie Rynkewitz	Juniata College	13.10	13.38	
Preliminaries				
9 Dena Shibib	Albright College	13.81		
10 Jessica Mohr	Messiah College	14.02		

Women 200 Meter Dash

NCAA A: 24.55 A

NCAA B: 25.40 B

MAC Record: 24.80 * 1988

Denise Shotwell, Dickinson

Name	School	Prelims	Finals	Points
Finals				
1 Megan Patrono	Susquehanna University	25.68	25.61	
2 Monique Gaillard	Widener University	25.82	25.84	
3 Erin Lichti	Elizabethtown College	25.92	25.85	
4 Crystal Gibson	Lebanon Valley College	25.75	25.91	
5 Ashley Beck	Messiah College	26.20	26.31	
6 Jen Minnig	Susquehanna University	26.19	26.49	
7 Nicole Day	Widener University	26.20	26.76	
8 Stefanie Rynkewitz	Juniata College	26.43	26.96	
Preliminaries				
9 Kirsten Rotzell	Moravian College	26.47		
10 Stacey Adair	Lebanon Valley College	27.41		
11 Caley Mincemoyer	Lebanon Valley College	27.80		
12 Dena Shibib	Albright College	28.70		
13 Kate McNally	DeSales University	28.98		

Women 400 Meter Dash

NCAA A: 56.10 A

NCAA B: 58.00 B

MAC Record: 57.72 * 5/3/2003

Jess Sauve, Messiah

Name	School	Prelims	Finals	Points
Finals				
1 Jess Sauve	Messiah College	59.95	57.72 *	
2 Stefanie Rynkewitz	Juniata College	58.27	58.65	
3 Betsy Burroughs	Elizabethtown College	59.48	59.17	
4 Stacey Adair	Lebanon Valley College	1:00.16	59.21	
5 Maria Vircinski	DeSales University	1:02.00	1:00.89	
6 Liz Kelly	DeSales University	1:00.76	1:01.04	

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Finals ... (Women 400 Meter Dash)

Name	School	Prelims	Finals	Points
7 Jen Lockman	Susquehanna University	1:03.12	1:02.12	
8 Lauren McGarrity	DeSales University	1:02.99	1:03.39	

Preliminaries

9 Rebekah Becker	Messiah College	1:03.90		
10 Kate McNally	DeSales University	1:04.78		
11 Leanne Hurtack	Susquehanna University	1:05.15		
12 Christy Neill	Widener University	1:08.15		

Women 800 Meter Run

NCAA A: 2:12.00 A

NCAA B: 2:16.20 B

MAC Record: 2:14.06 * 1989

Rebecca Wiederrecht, Messiah

Name	School	Prelims	Finals	Points
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Finals

1 Gina Lucrezi	DeSales University	2:23.96	2:19.24	
2 Heather McGarvie	Moravian College	2:17.84	2:19.32	
3 Jessica Hawthorne	Messiah College	2:24.44	2:21.31	
4 Meghan Johnson	Susquehanna University	2:23.78	2:21.93	
5 Stephanie Beitler	Moravian College	2:24.34	2:23.40	
6 Jordan Bolduc	Susquehanna University	2:23.88	2:23.58	
7 Becky Abrecht	Susquehanna University	2:21.55	2:24.47	
8 Elizabeth James	Widener University	2:22.51	2:25.86	

Preliminaries

9 Bri Lambert	Elizabethtown College	2:24.47		
10 Kim Whalen	Elizabethtown College	2:25.61		
11 Amanda Santore	Elizabethtown College	2:25.98		
12 Juliana Hillegass	Juniata College	2:27.54		
13 Sarah Bacon	Messiah College	2:28.04		
14 Christine Howe	DeSales University	2:28.78		
15 Kate Bennis	Susquehanna University	2:30.84		
16 Susan Plissey	Messiah College	2:32.81		
17 Jill Brobst	Elizabethtown College	2:37.62		
18 Kellie Smith	Moravian College	2:39.45		
19 Julie Vercinski	DeSales University	2:39.56		

Women 1500 Meter Run

NCAA A: 4:36.00 A

NCAA B: 4:42.00 B

MAC Record: 4:37.88 * 1996

Tracy Wartman, Moravian

Name	School	Finals	Points
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1 Gina Lucrezi	DeSales University	4:43.61	
2 Heather McGarvie	Moravian College	4:44.82	
3 Bri Lambert	Elizabethtown College	4:48.23	
4 Emily Nye	Messiah College	4:49.41	
5 Elizabeth James	Widener University	4:49.45	
6 Jessica Hawthorne	Messiah College	4:52.93	
7 Kacie Aristide	DeSales University	4:56.10	
8 Kate Bauer	Messiah College	5:02.56	
9 Kelly Ogurcak	Lebanon Valley College	5:06.29	
10 Grace Trabulsi	Messiah College	5:08.93	

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(Women 1500 Meter Run)

Name	School	Finals	Points
11 Sarah Bacon	Messiah College	5:12.17	
12 Mary Wheatley	Delaware Valley College	5:18.78	
13 Liz Heppard	Elizabethtown College	5:22.63	
14 Laura Holmes	Messiah College	5:25.85	
15 Kelly Harris	Elizabethtown College	5:26.63	
16 Carol Longenecker	Juniata College	5:27.42	

Women 5000 Meter Run

NCAA A: 17:15.00 A

NCAA B: 17:55.00 B

MAC Record: 17:20.87 * 1994

Carla Thomas, Moravian

Name	School	Finals	Points
1 Shannon Klick	Widener University	18:26.16	
2 Susan Plissey	Messiah College	18:42.70	
3 Sarah Cole	Messiah College	18:59.07	
4 Laura Nye	Messiah College	19:00.44	
5 Chrissy Matticola	Albright College	19:06.97	
6 Nancy Hayes	Juniata College	19:16.09	
7 Chelsea Mullins	Moravian College	19:28.84	
8 Erin Colwell	Susquehanna University	19:43.46	
9 Pam Mazzola	DeSales University	19:52.75	
10 Danielle Frye	Elizabethtown College	19:53.46	
11 Ashley Klees	Elizabethtown College	19:54.11	
12 Katey Glunt	Juniata College	20:19.13	
13 Emily Maurer	Widener University	20:34.82	
14 Heather Bacon	Messiah College	20:41.22	
15 Laura Holmes	Messiah College	21:15.88	

Women 10000 Meter Run

NCAA A: 36:24.00 A

NCAA B: 37:50.00 B

MAC Record: 37:24.90 * 1990

Tamara Lave, Haverford

Name	School	Finals	Points
1 Susan Plissey	Messiah College	40:28.84	
2 Sarah Cole	Messiah College	40:33.66	
3 Erica Angell	Moravian College	40:46.72	
4 Chelsea Mullins	Moravian College	41:00.34	
5 Melissa St Clair	Elizabethtown College	41:12.95	
6 Jennifer Wagner	Moravian College	41:26.82	
7 Nancy Hayes	Juniata College	41:41.31	
8 Erin Colwell	Susquehanna University	42:28.15	
9 Angie Morgan	Moravian College	43:46.95	
10 Kim Bushner	Moravian College	44:10.40	
11 Laura Nye	Messiah College	44:30.51	
12 Katey Glunt	Juniata College	44:39.38	
13 Heather Bacon	Messiah College	46:09.46	
--- Tori LaRosa	DeSales University	DNF	
--- Holly Bofinger	Moravian College	DNF	

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Women 100 Meter Hurdles

NCAA A: 14.43 A

NCAA B: 15.10 B

MAC Record: 14.79 * 2002

Carrie Kerna, Elizabethtown

Name	School	Prelims	Finals	Points
Finals				
1 Carrie Kerna	Elizabethtown College	15.65	15.07 B	
2 Nicole Day	Widener University	15.61	15.73	
3 Margaret Benny	Moravian College	16.59	16.03	
4 Liz Harker	Susquehanna University	16.07	16.04	
5 Sarah Willbergh	Susquehanna University	17.04	16.88	
6 Bethany Rowland	DeSales University	17.17	16.96	
7 Vonelle Allocco	Messiah College	17.41	17.51	
8 Caley Mincemoyer	Lebanon Valley College	16.87	17.75	
Preliminaries				
9 Bridget Daniels	DeSales University	18.32		
10 Rebecca Shoaf	Juniata College	18.37		
11 Lindsey Serfecz	DeSales University	18.88		
12 Desarae Mauldin	Albright College	19.33		
--- Caroline Simmons	Messiah College	DQ		

Women 400 Meter Hurdles

NCAA A: 1:02.40 A

NCAA B: 1:04.70 B

MAC Record: 1:04.33 * 2001

Emily Dugan, Susquehanna

Name	School	Prelims	Finals	Points
Finals				
1 Carrie Kerna	Elizabethtown College	1:06.40	1:05.55	
2 Rebecca Moore	Moravian College	1:07.64	1:06.43	
3 Meredith Troutman	Juniata College	1:06.28	1:06.68	
4 Rebecca Shoaf	Juniata College	1:07.14	1:07.11	
5 Kristin Lander	Elizabethtown College	1:07.55	1:07.69	
6 Bethany Rowland	DeSales University	1:08.23	1:08.13	
7 Audrey Hallinan	DeSales University	1:08.14	1:09.03	
8 Laura Hughes	Widener University	1:07.51	1:09.51	
Preliminaries				
9 Liz Harker	Susquehanna University	1:08.54		
10 Kelly Hilkert	Lebanon Valley College	1:08.86		
11 Sarah Willbergh	Susquehanna University	1:11.25		
12 Caroline Simmons	Messiah College	1:12.07		
13 Bridget Daniels	DeSales University	1:14.02		
14 Erin Baker	Delaware Valley College	1:14.30		
15 Christina Dille	Albright College	1:18.55		
16 Lindsey Serfecz	DeSales University	1:19.03		

Women 3000 Meter Steeplechase

NCAA B: 11:30.00 B

MAC Record: 11:25.90 * 2002

Emily Shertzer, Moravian

Name	School	Finals	Points
1 Gina Lucrezi	DeSales University	11:30.40	
2 Erica Angell	Moravian College	11:53.58	

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(Women 3000 Meter Steeplechase)

Name	School	Finals	Points
3 Grace Trabulsi	Messiah College	11:53.62	
4 Susan Plissev	Messiah College	12:16.40	
5 Emily Nye	Messiah College	12:27.37	
6 Alexis Vergalla	Moravian College	12:42.58	
7 Lauren Bahnatka	Moravian College	12:43.56	
8 Emily Maurer	Widener University	12:48.09	
9 Alicia Gould	DeSales University	13:14.01	
10 Julie Viercinski	DeSales University	13:26.67	
11 Lindsay DuRoss	Widener University	15:40.34	

Women 4x100 Meter Relay

NCAA A: 47.70 A

NCAA B: 49.20 B

MAC Record: 48.38 * 2002

Widener, Widener
Simmons, Day, Gaillard, Fortune

Team	Relay	Finals	Points
1 Elizabethtown College	A	50.14	
1) Betsy Burroughs	2) Erin Lichti	3) Kristin Lander	4) Carrie Kerna
2 Susquehanna University	A	50.43	
1) Jen Minnig	2) Jen Lockman	3) Kelly Kennedy	4) Megan Patrono
3 Lebanon Valley College	A	50.63	
1) Latoya Stewart	2) Caley Mincemoyer	3) Stacey Adair	4) Crystal Gibson
4 Widener University	A	50.87	
1) Nicole Day	2) Williametta Simmons	3) Christy Neill	4) Monique Gaillard
5 Juniata College	A	51.37	
1) Stefanie Rynkewitz	2) Rebecca Shoaf	3) Misty Heuston	4) Meredith Troutman
6 DeSales University	A	52.29	
1) Audrey Hallinan	2) Maria Viercinski	3) Lauren McGarrity	4) Liz Kelly
7 Moravian College	A	52.43	
1) Nicole Sabaliauskas	2) Margaret Benny	3) Rebecca Moore	4) Lynsey Boggess
8 Messiah College	A	52.98	
1) Ashley Beck	2) Rebekah Becker	3) Jessica Mohr	4) Erin Weaner

Women 4x400 Meter Relay

NCAA A: 3:51.00 A

NCAA B: 3:58.00 B

MAC Record: 4:00.14 * 1985

Messiah, Messiah

Team	Relay	Finals	Points
1 Juniata College	A	4:03.91	
1) Rebecca Shoaf	2) Juliana Hillegass	3) Stefanie Rynkewitz	4) Meredith Troutman
2 Messiah College	A	4:04.37	
1) Ashley Beck	2) Rebekah Becker	3) Jessica Hawthorne	4) Jess Sauve
3 Elizabethtown College	A	4:04.79	
1) Betsy Burroughs	2) Erin Lichti	3) Kristin Lander	4) Carrie Kerna
4 Lebanon Valley College	A	4:07.19	
1) Stacey Adair	2) Kelly Hilkert	3) Kelly Ogurcak	4) Crystal Gibson
5 DeSales University	A	4:09.00	
1) Audrey Hallinan	2) Maria Viercinski	3) Lauren McGarrity	4) Liz Kelly
6 Susquehanna University	A	4:11.62	
1) Meghan Johnson	2) Becky Abrecht	3) Jen Lockman	4) Megan Patrono

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Women High Jump

NCAA A: 5-07.75 A

NCAA B: 5-04.50 B

MAC Record: 5-05.25 * 1990

Dorothy O'Malley, Ursinus

Name	School	Finals	Points
1 Crystal Gibson	Lebanon Valley College	5-03.00	
2 Lynsey Boggess	Moravian College	5-01.00	
2 Shannon Barnett	Susquehanna University	5-01.00	
4 Sarah Willbergh	Susquehanna University	J5-01.00	
4 Latoya Stewart	Lebanon Valley College	J5-01.00	
4 Carrie Kerna	Elizabethtown College	J5-01.00	
4 Kirsten Sundberg	Susquehanna University	J5-01.00	
8 Erin Baker	Delaware Valley College	4-05.00	
9 Kathleen Noll	Delaware Valley College	J4-05.00	
9 Misty Heuston	Juniata College	J4-05.00	
11 Amanda Hargrove	Widener University	J4-05.00	

Women Pole Vault

NCAA A: 12-00.75 A

NCAA B: 10-10 B

MAC Record: 10-06 * 5/2/2003

April Mafturak, April Weaner, Del. Valley, Messiah

Name	School	Finals	Points
1 Erin Weaner	Messiah College	10-06.00 *	
2 April Mafturak	Delaware Valley College	J10-06.00 *	
3 Amanda Wynn	Moravian College	10-00.00	
4 Jessica Popp	Elizabethtown College	J10-00.00	
5 Rebecca Moore	Moravian College	9-00.00	
5 Amy Wagner	Lebanon Valley College	9-00.00	
5 Jessica Mohr	Messiah College	9-00.00	
8 Casey Kauffman	Susquehanna University	J9-00.00	
9 Rachel Stone	Susquehanna University	8-06.00	
9 Leanne Hurtack	Susquehanna University	8-06.00	
11 Bethann Pagano	Albright College	J8-06.00	
12 Stephanie Wasyluk	Juniata College	J8-06.00	
13 Amelia Mazza	Albright College	8-00.00	
14 Christy Puthawada	Lebanon Valley College	J8-00.00	
15 Christina Dille	Albright College	J8-00.00	
16 Kate Glaab	Delaware Valley College	7-06.00	
--- Sarah Butler	DeSales University	NH	
--- Vonelle Allocco	Messiah College	NH	

Women Long Jump

NCAA A: 5.80m A

NCAA B: 5.50m B

MAC Record: 5.64m *

Two times, Messiah, 1996 and 1989

Name	School	Finals	Points
1 Kirsten Rotzell	Moravian College	5.50m B	
2 Jamie Nace	Elizabethtown College	5.16m	
3 Megan Patrono	Susquehanna University	5.07m	
4 Williametta Simmons	Widener University	4.96m	
5 Kelly Kennedy	Susquehanna University	4.94m	

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(Women Long Jump)

Name	School	Finals	Points
6 Ellen Mull	Susquehanna University	4.75m	
7 Casey Moser	Elizabethtown College	4.61m	
8 Stacy Voegeli	DeSales University	4.60m	
9 Lisa Landis	Lebanon Valley College	4.50m	
10 Katrina Rogers	Susquehanna University	4.48m	
10 Bonnie Susan	Lebanon Valley College	4.48m	
12 Michelle Browne	Widener University	4.31m	
13 Gina Malatesta	DeSales University	4.28m	
14 Maria Welch	Juniata College	4.27m	
15 Latoya Stewart	Lebanon Valley College	4.24m	
16 Audrey Hallinan	DeSales University	3.98m	

Women Triple Jump

NCAA A: 11.95m A

NCAA B: 11.25m B

MAC Record: 11.65m * 2002

Kirsten Rotzell, Moravian

Name	School	Finals	Points
1 Kirsten Rotzell	Moravian College	11.60m B	
2 Williametta Simmons	Widener University	10.82m	
3 Casey Moser	Elizabethtown College	10.60m	
4 Jamie Nace	Elizabethtown College	10.56m	
5 Latoya Stewart	Lebanon Valley College	10.49m	
6 Audrey Hallinan	DeSales University	10.44m	
7 Kelly Kennedy	Susquehanna University	10.37m	
8 Ellen Mull	Susquehanna University	10.31m	
9 Stacy Voegeli	DeSales University	9.92m	
9 Desarae Mauldin	Albright College	9.92m	
11 Lisa Landis	Lebanon Valley College	9.62m	
12 Gina Malatesta	DeSales University	9.58m	
--- Bonnie Susan	Lebanon Valley College	FOUL	

Women Shot Put

NCAA A: 13.70m A

NCAA B: 12.57m B

MAC Record: 14.31m * 5/2/2003

Christina Scherwin, Moravian

Name	School	Finals	Points
1 Christina Scherwin	Moravian College	14.31m *	
2 Kaleena Lockard	Susquehanna University	10.92m	
3 Jen Rautzhan	DeSales University	10.82m	
4 Anna Kent	Elizabethtown College	10.51m	
5 Jacki Jensenius	Susquehanna University	10.08m	
6 Medalana Smith	Messiah College	10.06m	
7 Denise Showalter	Juniata College	9.75m	
8 Aileen Mulligan	Albright College	9.62m	
9 Debbie Delaney	Juniata College	9.36m	
10 Betsy Kusniez	Juniata College	9.36m	
11 Andrea Denkovich	Juniata College	9.33m	

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Women Discus Throw

NCAA A: 46.50m A

NCAA B: 41.50m B

MAC Record: 43.28m * 1998

Ann Musser, Lebanon Valley

Name	School	Finals	Points
1 Christina Scherwin	Moravian College	42.56m B	
2 Jen Rautzhan	DeSales University	39.27m	
3 Anna Kent	Elizabethtown College	33.41m	
4 Andrea Denkovich	Juniata College	32.29m	
5 Kaleena Lockard	Susquehanna University	32.28m	
6 Alicia Fowler	Moravian College	31.88m	
7 Julie Anderson	Moravian College	31.22m	
8 Debbie Delaney	Juniata College	30.72m	
9 Cheryn Courtney	Juniata College	30.04m	
10 Medalana Smith	Messiah College	29.84m	
11 Jacki Jensenius	Susquehanna University	29.10m	
12 Jan Jennings	Juniata College	28.55m	
13 Jessica Russell	Elizabethtown College	27.44m	
14 Aileen Mulligan	Albright College	26.86m	

Women Hammer Throw

NCAA A: 51.50m A

NCAA B: 38.50m B

MAC Record: 40.67m * 2002

Sarah Shaneberger, Moravian

Name	School	Finals	Points
1 Jen Rautzhan	DeSales University	39.20m B	
2 Janessa Rempala	Messiah College	37.39m	
3 Julie Anderson	Moravian College	35.52m	
4 Jacki Jensenius	Susquehanna University	35.22m	
5 Aileen Mulligan	Albright College	35.03m	
6 Dottie Vauls	Albright College	31.73m	
7 Betsy Kusniez	Juniata College	31.34m	
8 Alicia Fowler	Moravian College	30.69m	
9 Andrea Denkovich	Juniata College	29.49m	
10 Melissa Sharrer	Messiah College	29.42m	
11 Kristin Eickstadt	Albright College	29.19m	
12 Jan Jennings	Juniata College	27.55m	
13 Cheryn Courtney	Juniata College	26.52m	
14 Jamie Moyer	Lebanon Valley College	25.77m	
15 Bryn Lipovsky	Moravian College	23.78m	

Women Javelin Throw

NCAA A: 42.00m A

NCAA B: 38.50m B

MAC Record: 50.19m * 2002

Christina Scherwin, Moravian

Name	School	Finals	Points
1 Christina Scherwin	Moravian College	49.24m A	
2 Kira Troutman	Juniata College	40.64m B	
3 Jamie Greenfield	Lebanon Valley College	36.70m	
4 Anna Kent	Elizabethtown College	35.42m	
5 Vonelle Allocco	Messiah College	34.83m	

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(Women Javelin Throw)

Name	School	Finals	Points
6 Andrea Denkovich	Juniata College	32.87m	
7 Jan Jennings	Juniata College	32.37m	
8 Jacki Jensenius	Susquehanna University	32.09m	
9 Erin McGarrity	DeSales University	31.36m	
10 Denise Borrell	Albright College	27.23m	
11 Nadia Gabryluk	DeSales University	26.27m	

Women Heptathlon

NCAA A: 4500 A

NCAA B: 4100 B

MAC Record: 3427 * 2002

Kira Troutman, Juniata

Name	School	Finals	Points
1 Katrina Rogers	Susquehanna University	3315	
2 Kira Troutman	Juniata College	3247	
3 Nicole Sabaliauskas	Moravian College	3243	
4 Misty Heuston	Juniata College	3148	
5 Ann Guzevich	Moravian College	2735	
6 Kate Billings	DeSales University	2688	
7 Jessica Moreland	Widener University	2608	

Men 100 Meter Dash

NCAA A: 10.53 A

NCAA B: 10.81 B

MAC Record: 10.62 * 1988

Mike Spangler, Susquehanna

Name	School	Prelims	Finals	Points
Finals				
1 Jed Warsager	Moravian College	11.09	11.21	
2 Danny Wicks	Messiah College	11.25	11.34	
3 Doyne Sumner	Lebanon Valley College	11.29	11.36	
4 Jason Jenkins	Widener University	11.27	11.39	
5 Tom Kuhn	Lebanon Valley College	11.45	11.56	
6 Hylton Kipe	Messiah College	11.41	11.63	
Preliminaries				
1 Joe Moore	Moravian College	11.06		
5 Grant Curry	Moravian College	11.27		
9 James Van Dien	DeSales University	11.51		
10 Jonn Abshire	DeSales University	11.53		
11 Bona Sumner	Albright College	11.62		
12 Evan Johnson	Widener University	11.67		
13 Jeremy Weber	Juniata College	11.77		
14 Mitch Nyman	Lebanon Valley College	11.78		

Men 200 Meter Dash

NCAA A: 21.40 A

NCAA B: 21.80 B

MAC Record: 21.34 * 2000

Tony Brown, Widener

Name	School	Prelims	Finals	Points
Finals				
1 Kyle Sanders	Susquehanna University	22.58	22.43	
2 Scott Silvoy	Moravian College	22.32	22.45	

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Finals ... (Men 200 Meter Dash)

Name	School	Prelims	Finals	Points
3 Danny Wicks	Messiah College	22.58	22.70	
4 Billy Walsh	Widener University	22.58	23.01	
5 Doe Slinger	Widener University	22.83	23.07	
6 Ryan Flynn	Widener University	22.65	29.70	

Preliminaries

1 Joe Moore	Moravian College	22.02		
8 Grant Curry	Moravian College	22.86		
9 Jason Jenkins	Widener University	22.99		
10 James Van Dien	DeSales University	23.16		
11 Josh Madkins	Albright College	23.49		
12 Brad Riedl	Susquehanna University	23.86		
13 Mitch Nyman	Lebanon Valley College	24.04		
--- Doyne Sumner	Lebanon Valley College	DO		

Men 400 Meter Dash

NCAA A: 47.80 A

NCAA B: 48.50 B

MAC Record: 47.02 * 1983

Dave German, Susquehanna

Name	School	Prelims	Finals	Points
Finals				
1 Kyle Sanders	Susquehanna University	50.39	49.42	
2 Billy Walsh	Widener University	49.71	49.96	
3 Scott Silvoy	Moravian College	49.78	50.47	
4 Doe Slinger	Widener University	50.77	50.68	
5 Josh Martin	Lebanon Valley College	50.32	50.71	
6 Lou Corominas	DeSales University	50.44	51.04	
7 Sean Capkin	Susquehanna University	51.45	51.78	
8 Clinton Swartz	Lycoming College	51.68	52.18	

Preliminaries

9 Jason Warner	Susquehanna University	51.74		
10 John Paul Krupa	Moravian College	52.58		
11 Matt Yoder	Albright College	52.66		
12 Ryan Harris	Messiah College	54.68		

Men 800 Meter Run

NCAA A: 1:51.30 A

NCAA B: 1:53.10 B

MAC Record: 1:51.79 * 1982

Kevin Foley, Haverford

Name	School	Prelims	Finals	Points
Finals				
1 Mike McGinley	Lebanon Valley College	1:56.89	1:57.11	
2 Sean Mulcahy	Elizabethtown College	1:56.99	1:57.75	
3 Shane Cartwright	Susquehanna University	1:56.26	1:58.07	
4 Greg Wetzel	Elizabethtown College	1:57.40	1:59.05	
5 Matt Doumaux	Widener University	1:57.41	1:59.45	
6 Bobby Dressler	Messiah College	1:57.64	1:59.69	
7 John Walsh	DeSales University	1:57.91	1:59.75	
8 Michael Zwattzy	Elizabethtown College	1:57.28	2:00.44	
Preliminaries				
9 Tom Pescatore	DeSales University	2:00.66		

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

Preliminaries ... (Men 800 Meter Run)

Name	School	Prelims	Finals	Points
10 Matt Yoder	Albright College	2:00.88		
11 Daren Lake	Susquehanna University	2:01.94		
12 Todd Colistro	DeSales University	2:03.94		
13 Dan Hennessy	Widener University	2:10.12		

Men 1500 Meter Run

NCAA A: 3:50.60 A

NCAA B: 3:55.50 B

MAC Record: 3:45.68 * 1983

Kevin Foley, Haverford

Name	School	Finals	Points
1 Bobby Dressler	Messiah College	3:59.44	
2 Shane Cartwright	Susquehanna University	4:00.41	
3 Macharia Yuot	Widener University	4:00.69	
4 Steve Sanko	Elizabethtown College	4:01.46	
5 Sean Mulcahy	Elizabethtown College	4:02.35	
6 Ryan Sheppard	DeSales University	4:04.97	
7 Dennis Soden	DeSales University	4:05.51	
8 Nate Moore	Elizabethtown College	4:07.69	
9 Greg Rarick	Moravian College	4:08.96	
10 Nick Patterson	Elizabethtown College	4:11.81	
11 Matt Doumaux	Widener University	4:11.89	
12 Zach Miller	Widener University	4:12.36	
13 Rob Schaefer	Lebanon Valley College	4:12.52	
14 Larry Hannon	Messiah College	4:13.86	
15 Andy Hannah	Delaware Valley College	4:14.04	
16 Kevin Cunningham	Widener University	4:14.12	
17 Jeremy Rea	Lebanon Valley College	4:14.96	
18 John Henry	DeSales University	4:16.05	
19 Sean McDonnell	Moravian College	4:16.56	
20 Chris Sheaffer	Juniata College	4:17.04	
21 Jeremiah Howard	Messiah College	4:18.49	
22 John Walsh	DeSales University	4:18.81	
23 Chris Wiegand	Susquehanna University	4:19.22	
24 Tom Pescatore	DeSales University	4:20.86	
25 Mike Vella	Juniata College	4:21.11	
26 Jeremy Lampert	Juniata College	4:24.40	
27 Russell Susko	DeSales University	4:26.81	
28 Ryan McGuire	Susquehanna University	4:30.87	

Men 5000 Meter Run

NCAA A: 14:32.00 A

NCAA B: 14:55.00 B

MAC Record: 14:27.83 * 1991

Seamus McElligott, Haverford

Name	School	Finals	Points
1 Ed Doreau	Messiah College	14:55.28	
2 Macharia Yuot	Widener University	15:00.12	
3 Paul Little	Widener University	15:00.74	
4 Jose Miranda	Elizabethtown College	15:03.12	
5 Dave Berdan	Elizabethtown College	15:06.30	
6 Dustin Scott	Elizabethtown College	15:07.69	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

(Men 5000 Meter Run)

Name	School	Finals	Points
7 Ryan Gleason	Susquehanna University	15:07.86	
8 Steve Sanko	Elizabethtown College	15:18.14	
9 Mike Vidumsky	DeSales University	15:25.24	
10 Matt Rockwell	Elizabethtown College	15:37.71	
11 Joshua Lyman	Elizabethtown College	15:46.64	
12 Brandon Newbould	Messiah College	15:50.76	
13 Keith Miller	Messiah College	15:53.44	
14 Matt Enders	Widener University	15:55.01	
15 Josh Evans	Messiah College	16:01.58	
16 Kevin Cunningham	Widener University	16:03.34	
17 Ryan Beltz	Elizabethtown College	16:08.54	
18 Jonathan Volpi	Widener University	16:09.79	
19 Chris Williams	Elizabethtown College	16:19.09	
20 Patrick Hayburn	Widener University	16:33.61	
21 Mike Hamill	Widener University	16:55.31	

Men 10000 Meter Run

NCAA A: 30:37.00 A

NCAA B: 31:30.00 B

MAC Record: 30:29.25 * 1990

Seamus McElligott, Haverford

Name	School	Finals	Points
1 Ed Doreau	Messiah College	31:54.18	
2 Paul Little	Widener University	32:19.87	
3 Mike Vidumsky	DeSales University	32:35.68	
4 Matt Enders	Widener University	33:07.29	
5 Jose Miranda	Elizabethtown College	33:10.22	
6 Joshua Lyman	Elizabethtown College	33:32.42	
7 Jonathan Volpi	Widener University	34:04.11	
8 William Shimer	Moravian College	34:52.98	
9 Ryan Beltz	Elizabethtown College	35:53.22	
10 Ryan Gingrich	DeSales University	35:54.08	
11 Dave Olszewski	Widener University	36:26.84	
12 Marty Miller	Moravian College	36:26.86	
13 Justin Fritzius	Juniata College	37:12.49	
14 Nate Rudd	Messiah College	37:23.32	
15 Chris Morgan	Messiah College	38:58.47	
--- Tyson Snader	Susquehanna University	DNF	

Men 110 Meter Hurdles

NCAA A: 14.45 A

NCAA B: 14.90 B

MAC Record: 14.49 * 1982

Mark Tankersley, Delaware Valley

Name	School	Prelims	Finals	Points
Finals				
1 Dusty Lehr	Juniata College	15.83	15.14	
2 Steve Voss	Messiah College	15.55	15.53	
3 Darren DeAngelis	Elizabethtown College	15.95	15.71	
4 Derrick Washington	Elizabethtown College	15.60	15.79	
5 Chris Hite	Widener University	16.28	15.88	
6 Aaron Fairbanks	Susquehanna University	16.22	16.26	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

Finals ... (Men 110 Meter Hurdles)

Name	School	Prelims	Finals	Points
7 Dennis Hagan	Widener University	16.10	16.31	
8 Sky Dumont	Susquehanna University	16.25	16.47	

Preliminaries

9 Matt Hauk	Lebanon Valley College	16.99		
--- Chris Mikaya	Messiah College	DQ		

Men 400 Meter Hurdles

NCAA A: 52.40 A

NCAA B: 54.00 B

MAC Record: 52.18 * 1988

Cal Williams, Dickinson

Name	School	Prelims	Finals	Points
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Finals

1 Dennis Hagan	Widener University	55.18	54.69	
2 Darren DeAngelis	Elizabethtown College	55.54	55.21	
3 Steve Voss	Messiah College	54.91	55.46	
4 Matt Hauk	Lebanon Valley College	56.81	55.76	
5 Robert Hickox	Elizabethtown College	55.90	56.56	
6 Stephen MacDonald	Messiah College	56.87	57.14	
7 Chris Hite	Widener University	56.79	58.36	
8 Bryan McGuire	DeSales University	57.03	59.22	

Preliminaries

9 Dan Sndver	Messiah College	57.70		
10 Aaron Fairbanks	Susquehanna University	58.00		
11 John Myers	Messiah College	58.40		
12 Brian Mee	DeSales University	58.91		
13 Geoff Dieck	Susquehanna University	1:01.85		
--- Greg Cardullo	DeSales University	DNF		

Men 3000 Meter Steeplechase

NCAA A: 9:06.40 A

NCAA B: 9:23.50 B

MAC Record: 9:09.13 * 1991

Matt Leighninger, Haverford

Name	School	Finals	Points
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1 Brandon Newbould	Messiah College	9:25.58	
2 Ryan Gleason	Susquehanna University	9:26.36	
3 Dustin Scott	Elizabethtown College	9:45.91	
4 Ryan Sheppard	DeSales University	9:51.98	
5 Rick Carminati	DeSales University	9:52.67	
6 Keith Miller	Messiah College	9:58.18	
7 Jeremy Rea	Lebanon Valley College	9:59.84	
8 Josh Evans	Messiah College	10:16.62	
9 Chris Williams	Elizabethtown College	10:22.30	
10 Justin Fritzius	Juniata College	10:56.51	
11 Russell Zaleski	Moravian College	10:59.98	
12 Tony Beers	Messiah College	11:16.82	
13 Keith Greenawalt	Elizabethtown College	11:50.33	
--- Patrick Hayburn	Widener University	DNF	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

Men 4x100 Meter Relay

NCAA A: 41.40 A

NCAA B: 42.00 B

MAC Record: 41.75 * 1983 Susquehanna, Susquehanna

Team	Relay	Finals	Points
1 Widener University	A	43.03	
1) Jason Jenkins	2) Billy Walsh	3) Doe Slinger	4) Ryan Flynn
2 Susquehanna University	A	43.69	
1) Tim Yosca	2) Duane Park	3) Jason Warner	4) Kyle Sanders
3 Messiah College	A	43.71	
1) Danny Wicks	2) Justin Bollinger	3) Hylton Kipe	4) Steve Voss
4 Lebanon Valley College	A	44.11	
1) Doyne Sumner	2) Josh Martin	3) Mitch Nyman	4) Tom Kuhn
5 Juniata College	A	44.92	
1) Jeremy Weber	2) Dusty Lehr	3) Shawn Miller	4) Gary Ondecko
6 DeSales University	A	46.25	
1) Glenn Thomas	2) James Van Dien	3) Jonn Abshire	4) Joe Thomas
7 Elizabethtown College	A	48.34	
1) Robert Hickox	2) Derrick Washington	3) Darren DeAngelis	4) Aaron Lyle

Men 4x400 Meter Relay

NCAA A: 3:13.70 A

NCAA B: 3:17.50 B

MAC Record: 3:15.62 * 1982 Delaware Valley, Delaware Valley

Team	Relay	Finals	Points
1 Widener University	A	3:21.84	
1) Jason Jenkins	2) Doe Slinger	3) Dennis Hagan	4) Billy Walsh
2 Susquehanna University	A	3:24.02	
1) Daren Lake	2) Jason Warner	3) Sean Capkin	4) Kyle Sanders
3 Lebanon Valley College	A	3:25.48	
1) Josh Martin	2) Mike McGinley	3) Mitch Nyman	4) Matt Hawk
4 Messiah College	A	3:25.80	
1) Dan Snyder	2) Bobby Dressler	3) Danny Wicks	4) Steve Voss
5 Elizabethtown College	A	3:26.27	
1) Robert Hickox	2) Jason Patterson	3) Darren DeAngelis	4) Michael Zwatty
6 DeSales University	A	3:26.87	
1) Bryan McGuire	2) Brian Mee	3) Greg Cardullo	4) Lou Corominas
7 Juniata College	A	3:40.37	
1) Dusty Lehr	2) Gary Ondecko	3) Chris Sheaffer	4) Shawn Miller

Men High Jump

NCAA A: 6-10.75 A

NCAA B: 6-08 B

MAC Record: 6-10 * 2001 Chris Boyles, Messiah

Name	School	Finals	Points
1 Jason Patterson	Elizabethtown College	6-06.00	
2 Adam Loser	Juniata College	6-04.00	
3 Chris Mikava	Messiah College	J6-04.00	
4 Matt Lowe	Susquehanna University	6-02.00	
5 Keith Miller	Messiah College	6-00.00	
6 Derrick Washington	Elizabethtown College	J6-00.00	
7 Kyle Boudreau	Susquehanna University	J6-00.00	
8 Chris Binns	Widener University	5-10.00	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

(Men High Jump)

Name	School	Finals	Points
8 Joe Harkins	Albright College	5-10.00	

Men Pole Vault

NCAA A: 16-01.25 A

NCAA B: 15-02.25 B

MAC Record: 15-03 *

Two times, Moravian, Susquehanna

Name	School	Finals	Points
1 Eric Bennett	Elizabethtown College	14-03.00	
2 Shawn Miller	Juniata College	13-09.00	
3 Joe Moses	Elizabethtown College	J13-09.00	
4 Michael El Kazzaz	Moravian College	13-03.00	
4 Jeff Feverston	Albright College	13-03.00	
6 Rob Poiesz	Messiah College	J13-03.00	
7 Todd Colistro	DeSales University	12-09.00	
8 Casey Hoffman	Moravian College	J12-09.00	
9 Scott Kenny	Susquehanna University	11-09.00	
10 David Howells	DeSales University	J11-09.00	
--- Jimmy Buckson	Lebanon Valley College	NH	
--- Brian Olszewski	Widener University	NH	
--- Rob Daniele	Susquehanna University	NH	
--- Michael Moore	Delaware Valley College	NH	

Men Long Jump

NCAA A: 7.33m A

NCAA B: 7.00m B

MAC Record: 7.39m * 1989

Dan Reichenbach, Moravian

Name	School	Finals	Points
1 Hylton Kipe	Messiah College	6.74m	
2 Jeremy Weber	Juniata College	6.55m	
3 Jason Patterson	Elizabethtown College	6.52m	
4 Duane Park	Susquehanna University	6.50m	
5 Matt Lowe	Susquehanna University	6.30m	
6 Scott Haldeman	Susquehanna University	6.20m	
7 Chris Mikaya	Messiah College	J6.20m	
8 Tim Pelc	Susquehanna University	6.16m	
9 Grant Curry	Moravian College	6.13m	
10 Joe Moore	Moravian College	6.11m	
11 James Guerin	Messiah College	5.97m	
12 Pablo Callejas	Elizabethtown College	5.90m	
13 Derrick Washington	Elizabethtown College	5.67m	

Men Triple Jump

NCAA A: 14.90m A

NCAA B: 14.10m B

MAC Record: 15.58m * 1975

Mike Williams, Widener

Name	School	Finals	Points
1 Hylton Kipe	Messiah College	14.85m B	
2 Jason Patterson	Elizabethtown College	14.22m B	
3 Scott Haldeman	Susquehanna University	13.49m	
4 Pablo Callejas	Elizabethtown College	12.92m	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

(Men Triple Jump)

Name	School	Finals	Points
5 Tim Pelc	Susquehanna University	12.66m	
6 Joe Ryan	DeSales University	12.62m	
7 Duane Park	Susquehanna University	12.49m	
8 John Boyer	Juniata College	12.43m	
9 Jonn Abshire	DeSales University	12.31m	

Men Shot Put

NCAA A: 16.67m A

NCAA B: 15.34m B

MAC Record: 16.79m * 1973

Odd Haugen, Western Maryland

Name	School	Finals	Points
1 John Rauer	Widener University	14.26m	
2 William Shue	Albright College	13.70m	
3 Mike Sobotor	Susquehanna University	13.54m	
4 Matt Hill	Susquehanna University	13.01m	
5 John Lesoine	Moravian College	12.42m	
6 Dave Pringle	Widener University	12.37m	
7 Josh Martin	Messiah College	12.15m	
8 Mike Wrubel	Widener University	12.13m	
9 Joe Thomas	DeSales University	12.12m	
10 Andrew Klinksiek	Albright College	12.04m	
11 Geoff Gaither	Widener University	11.67m	
12 Joe D'Arcangelo	DeSales University	11.60m	
13 Jason Brandle	Lebanon Valley College	11.38m	

Men Discus Throw

NCAA A: 52.40m A

NCAA B: 47.25m B

MAC Record: 51.70m * 1973

Knut Hjeltness, Western Maryland

Name	School	Finals	Points
1 Mike Sobotor	Susquehanna University	40.53m	
2 Josh Martin	Messiah College	40.13m	
3 Dave DeVita	Susquehanna University	39.85m	
4 Adam Summers	Susquehanna University	39.83m	
5 Mike Lesoine	Moravian College	38.97m	
6 Brian Poore	DeSales University	37.79m	
7 Matt Hill	Susquehanna University	36.59m	
8 Joe D'Arcangelo	DeSales University	35.95m	
9 Brian MacDonald	DeSales University	35.35m	
10 John Rauer	Widener University	34.37m	

Men Hammer Throw

NCAA A: 56.00m A

NCAA B: 50.40m B

MAC Record: 51.80m * 2002

Mike Ruff, Widener

Name	School	Finals	Points
1 John Lesoine	Moravian College	48.96m	
2 Jeff Shahan	Widener University	46.57m	
3 Matt Bowers	Moravian College	46.38m	
4 John DiSabatino	Widener University	42.95m	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003

Widener University

Results

(Men Hammer Throw)

Name	School	Finals	Points
5 Anthony O'Neill	Widener University	40.95m	
6 Matt Hill	Susquehanna University	40.43m	
7 Andrew Klinksiek	Albright College	39.83m	
8 Thomas DeMoss	Widener University	38.14m	
9 Clayton Devine	Widener University	37.44m	
10 Justin Steiner	Widener University	34.65m	
11 Mike Wrubel	Widener University	33.67m	
12 Jason Brandle	Lebanon Valley College	33.66m	
13 Jonathan Fehringer	DeSales University	33.65m	
14 Tony Chomiszewski	Widener University	33.60m	
15 Scott Williams	Moravian College	32.13m	
16 Mark Snitzer	Albright College	31.56m	
17 Jeff Watts	Widener University	31.51m	
18 John Rauer	Widener University	31.49m	
19 Brian Poore	DeSales University	31.34m	
20 Ryan Cook	Widener University	31.11m	
21 Michael Dinan	DeSales University	30.73m	
22 Andy Weitkamp	Susquehanna University	30.00m	
23 Shawn Nelson	Moravian College	29.68m	

Men Javelin Throw

NCAA A: 62.40m A

NCAA B: 57.40m B

MAC Record: 68.91m * 2002

Matt Deamer, Susquehanna

Name	School	Finals	Points
1 Matt Deamer	Susquehanna University	57.65m B	
2 Joe Thomas	DeSales University	56.23m	
3 Tom Kuhn	Lebanon Valley College	55.35m	
4 Eric Ruffenach	Widener University	54.17m	
5 Scott Shacreaw	Juniata College	54.07m	
6 Tim Yosca	Susquehanna University	47.18m	
7 John Stiner	Lebanon Valley College	46.48m	
8 David Howells	DeSales University	46.27m	
9 Dusty Lehr	Juniata College	44.71m	
10 Daniel Wray	Albright College	44.43m	
11 Mark Dreibelbis	Susquehanna University	37.63m	

Men Decathlon

NCAA A: 6550 A

NCAA B: 6000 B

MAC Record: 6339 * 5/1/2003

Dusty Lehr, Juniata

Name	School	Finals	Points
1 Dusty Lehr	Juniata College	6339 *	
2 Scott Haldeman	Susquehanna University	5621	
3 Dan Snyder	Messiah College	5378	
4 Eric Paul	Moravian College	5376	
5 Joe Ryan	DeSales University	5142	
6 Brian MacDonald	DeSales University	5102	
7 Joe Thomas	DeSales University	5005	
8 Mike Galli	Elizabethtown College	4749	

Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003**Widener University****Results****(Men Decathlon)**

	Name	School	Finals	Points
9	Brian Olszewski	Widener University	4560	
10	John Boyle	Widener University	4061	

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 Middle Atlantic Conference Championships - 5/1/2003 to 5/3/2003
 Widener University
 Results

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Points
1 Katrina Rogers	Susquehanna	28.36	603
2 Ann Guzevich	Moravian	28.57	587
3 Misty Heuston	Juniata	28.76	572
4 Nicole Sabaliauskas	Moravian	29.35	528
5 Jessica Moreland	Widener	29.85	493
6 Kate Billings	DeSales	30.01	481
7 Kira Troutman	Juniata	31.44	386

Women 10000 Meter Run

Name	Year School	Finals	Points
NCAA A: A 36:24.00			
NCAA B: B 37:50.00			
MAC Record: * 37:24.90 1990 Tamara Lave, Haverford			
Name	Year School	Finals	Points
1 Susan Plissey	Messiah	40:28.84	
2 Sarah Cole	Messiah	40:33.66	
3 Erica Angell	Moravian	40:46.72	
4 Chelsea Mullins	Moravian	41:00.34	
5 Melissa St Clair	Etown	41:12.95	
6 Jennifer Wagner	Moravian	41:26.82	
7 Nancy Hayes	Juniata	41:41.31	
8 Erin Colwell	Susquehanna	42:28.15	
9 Angie Morgan	Moravian	43:46.95	
10 Kim Bushner	Moravian	44:10.40	
11 Laura Nye	Messiah	44:30.51	
12 Katey Glunt	Juniata	44:39.38	
13 Heather Bacon	Messiah	46:09.46	
-- Tori LaRosa	DeSales	DNF	
-- Holly Bofinger	Moravian	DNF	

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 Nicole Sabaliauskas	Moravian	17.56	1	535
2 Misty Heuston	Juniata	17.67	2	523
3 Katrina Rogers	Susquehanna	17.72	1	518
4 Kira Troutman	Juniata	18.39	2	449
5 Kate Billings	DeSales	18.72	1	417
6 Ann Guzevich	Moravian	19.95	1	306
7 Jessica Moreland	Widener	20.63	2	252

Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Misty Heuston	Juniata	1.40m	512
1 Katrina Rogers	Susquehanna	1.40m	512
1 Kira Troutman	Juniata	1.40m	512
4 Nicole Sabaliauskas	Moravian	1.34m	449
5 Jessica Moreland	Widener	1.28m	389
6 Ann Guzevich	Moravian	1.25m	359
7 Kate Billings	DeSales	1.13m	248

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 Kira Troutman	Juniata	9.25m	480
2 Nicole Sabaliauskas	Moravian	9.09m	470
3 Ann Guzevich	Moravian	8.68m	443
4 Misty Heuston	Juniata	7.56m	371
5 Katrina Rogers	Susquehanna	7.09m	341
6 Jessica Moreland	Widener	6.67m	314
7 Kate Billings	DeSales	6.42m	298

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	H#	Points
1 Joe Thomas	DeSales	11.63	2	725
2 Mike Galli	Etown	11.73	1	705
3 Dusty Lehr	Juniata	11.74	2	703
4 Brian Olszewski	Widener	11.86	1	679
5 Scott Haldeman	Susquehanna	11.97	2	657
6 Eric Paul	Moravian	12.00	1	651
7 Brian MacDonald	DeSales	12.24	1	605
8 Dan Sndyer	Messiah	12.28	2	597
9 Dan Corey	Moravian	12.31	1	591
10 John Boyle	Widener	12.62	2	534
11 Joe Ryan	DeSales	12.72	2	516

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	H#	Points
1 Dusty Lehr	Juniata	51.50	2	747
2 Scott Haldeman	Susquehanna	51.93	2	728
3 Dan Sndyer	Messiah	52.09	1	721
4 Joe Thomas	DeSales	52.56	2	700
5 Joe Ryan	DeSales	53.22	1	672
6 Eric Paul	Moravian	53.24	1	671
7 Mike Galli	Etown	53.43	1	663
8 John Boyle	Widener	53.97	2	641
9 Brian Olszewski	Widener	54.61	2	615
10 Brian MacDonald	DeSales	54.98	2	600

Men 10000 Meter Run

NCAA A: A 30:37.00				
NCAA B: B 31:30.00				
MAC Record: * 30:29.25 1990 Seamus McElligott, Haverford				
Name	Year School	Finals	Points	
1 Ed Doreau	Messiah	31:54.18		
2 Paul Little	Widener	32:19.87		
3 Mike Vidumsky	DeSales	32:35.68		
4 Matt Enders	Widener	33:07.29		
5 Jose Miranda	Etown	33:10.22		
6 Joshua Lyman	Etown	33:32.42		
7 Jonathan Volpi	Widener	34:04.11		
8 William Shimer	Moravian	34:52.98		
9 Ryan Beltz	Etown	35:53.22		
10 Ryan Gingrich	DeSales	35:54.08		
11 Dave Olszewski	Widener	36:26.84		
12 Marty Miller	Moravian	36:26.86		

13	Justin Fritzius	Juniata	37:12.49
14	Nate Rudd	Messiah	37:23.32
15	Chris Morgan	Messiah	38:58.47
--	Tyson Snader	Susquehanna	DNF

Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1	Dusty Lehr	Juniata	1.92m	731
2	Scott Haldeman	Susquehanna	1.80m	627
2	Joe Ryan	DeSales	1.80m	627
4	Brian Olszewski	Widener	1.77m	602
5	Mike Galli	Etown	1.74m	577
6	Dan Sndyer	Messiah	1.71m	552
6	Eric Paul	Moravian	1.71m	552
8	Dan Corey	Moravian	1.68m	528
9	Joe Thomas	DeSales	1.65m	504
9	Brian MacDonald	DeSales	1.65m	504
11	John Boyle	Widener	1.38m	303

Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Points
1	Scott Haldeman	Susquehanna	6.24m	639
2	Dusty Lehr	Juniata	5.84m	552
3	Joe Ryan	DeSales	5.71m	525
4	Dan Sndyer	Messiah	5.69m	521
5	Brian Olszewski	Widener	5.60m	502
6	Joe Thomas	DeSales	5.40m	461
7	Eric Paul	Moravian	5.35m	451
8	Brian MacDonald	DeSales	5.26m	433
9	Mike Galli	Etown	5.13m	407
10	John Boyle	Widener	4.77m	339
11	Dan Corey	Moravian	4.66m	319

Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points
1	Joe Thomas	DeSales	12.07m	611
2	Dan Sndyer	Messiah	10.90m	540
3	Brian MacDonald	DeSales	10.68m	527
4	Eric Paul	Moravian	10.31m	504
5	Joe Ryan	DeSales	10.16m	495
6	Mike Galli	Etown	10.13m	493
7	Dan Corey	Moravian	10.12m	493
8	Dusty Lehr	Juniata	10.10m	492
9	Scott Haldeman	Susquehanna	9.89m	479
10	John Boyle	Widener	7.79m	354
11	Brian Olszewski	Widener	7.22m	320